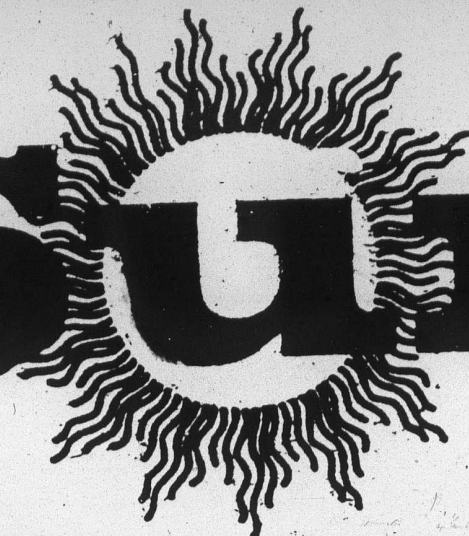


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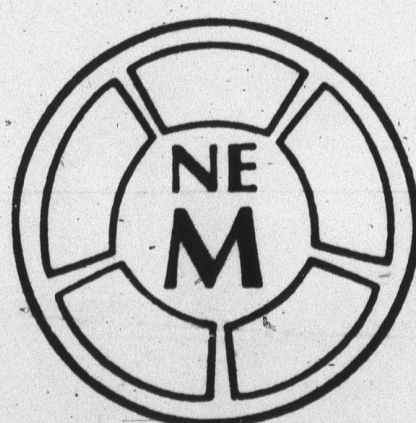
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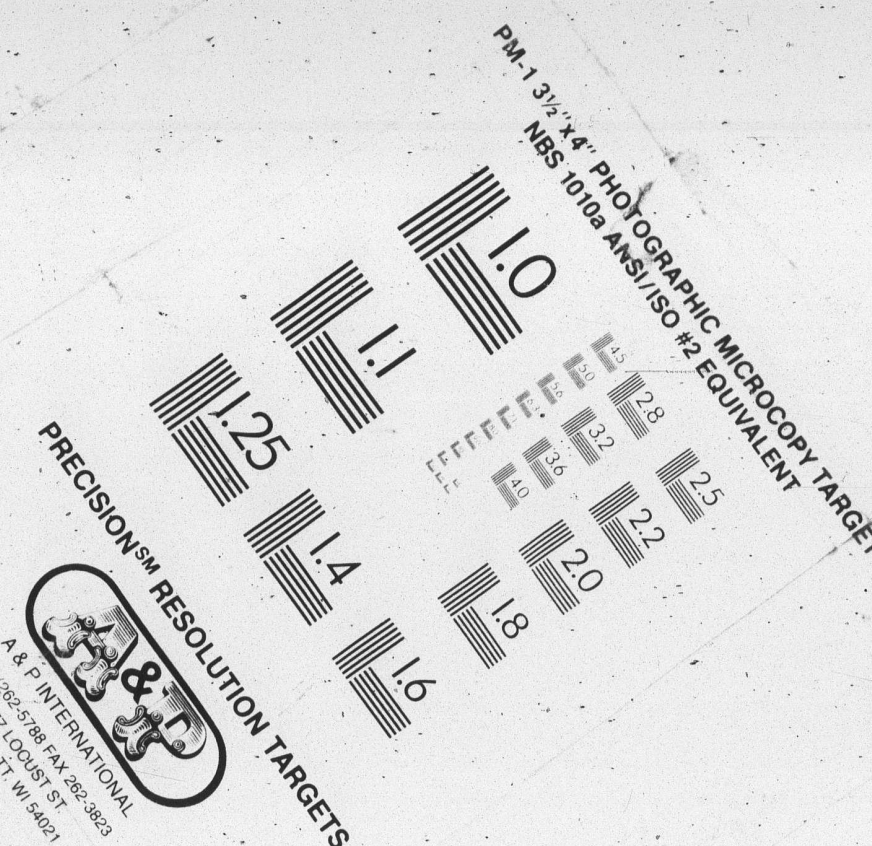
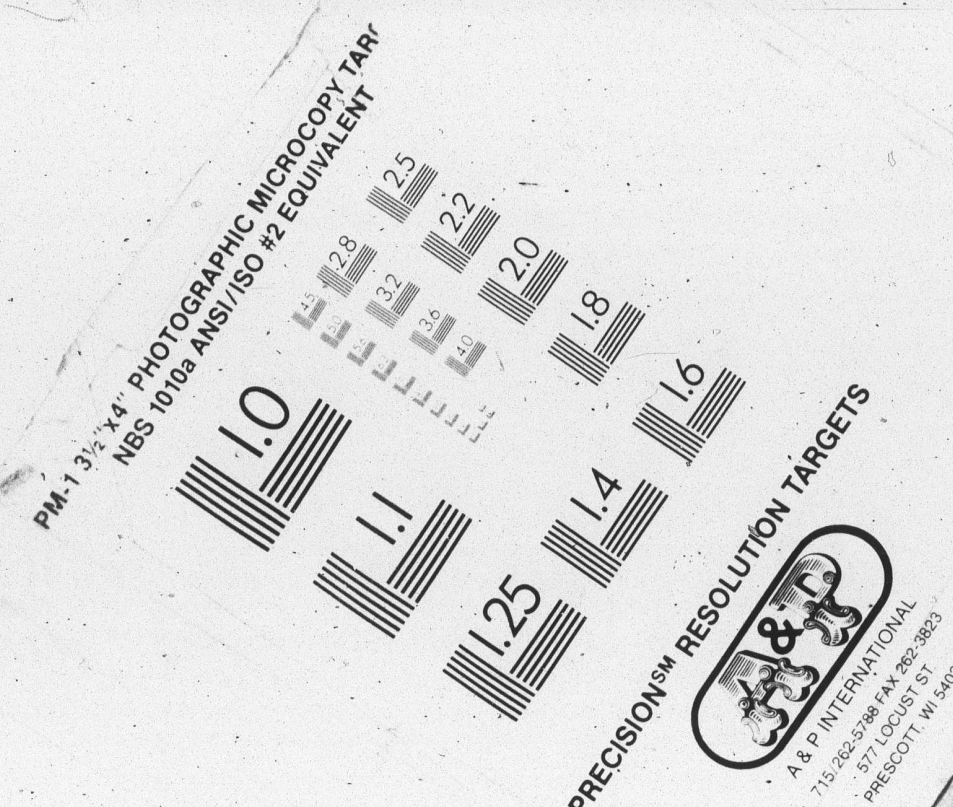
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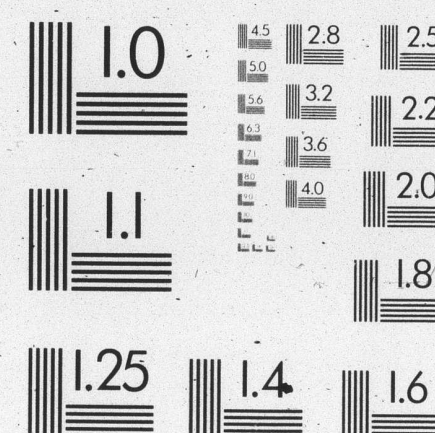
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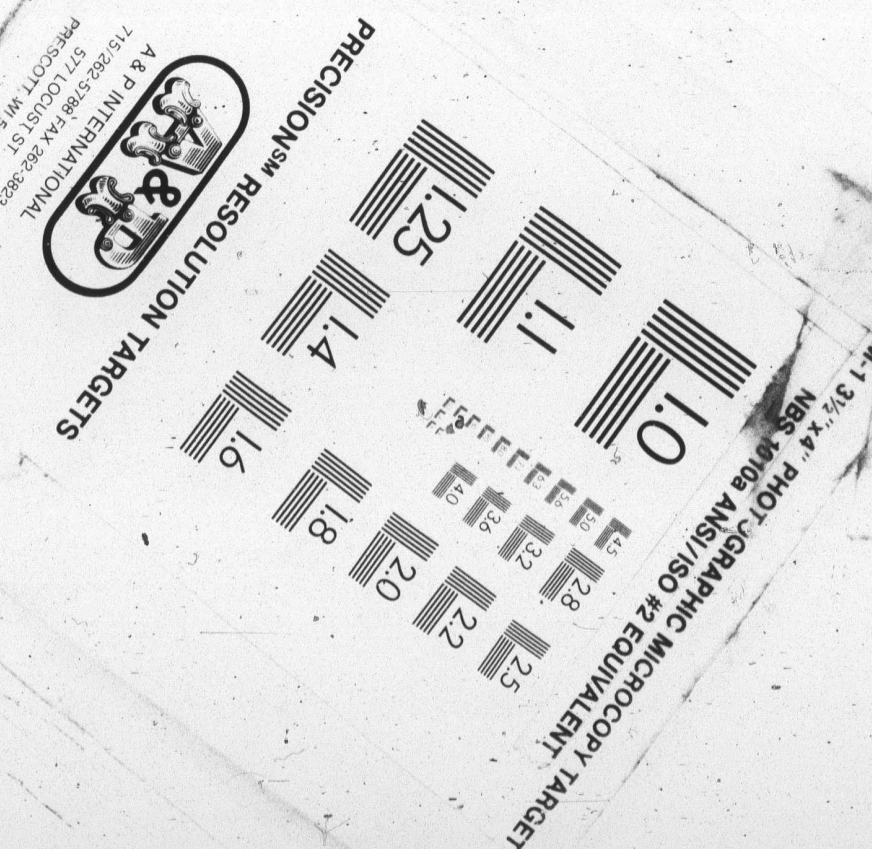
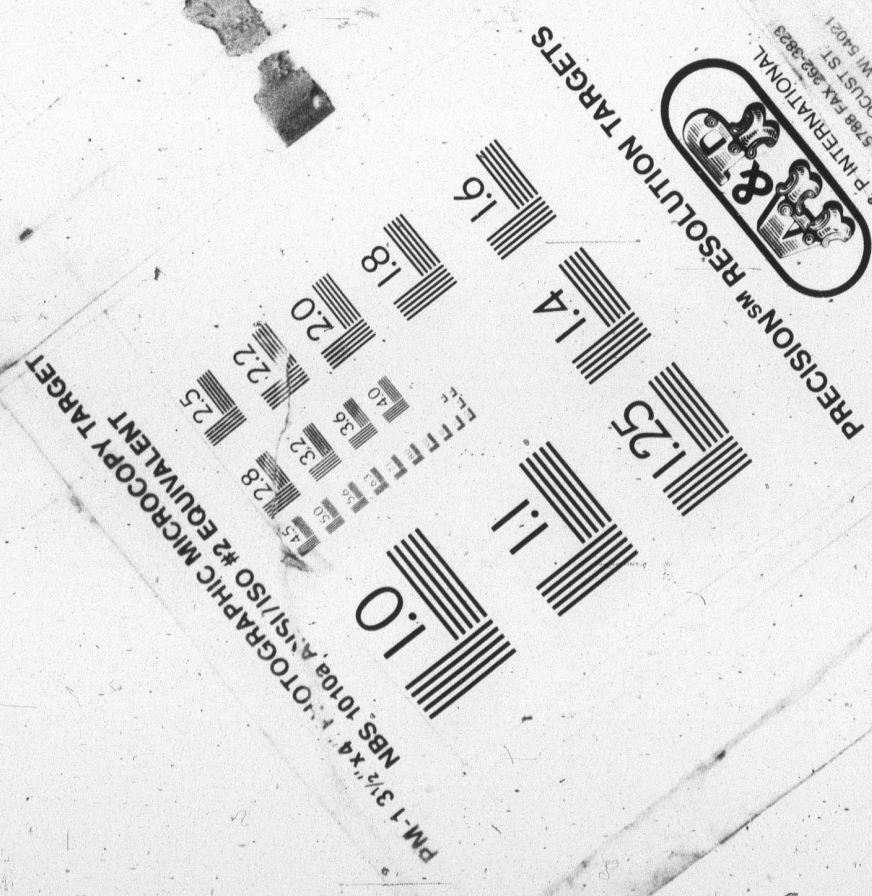
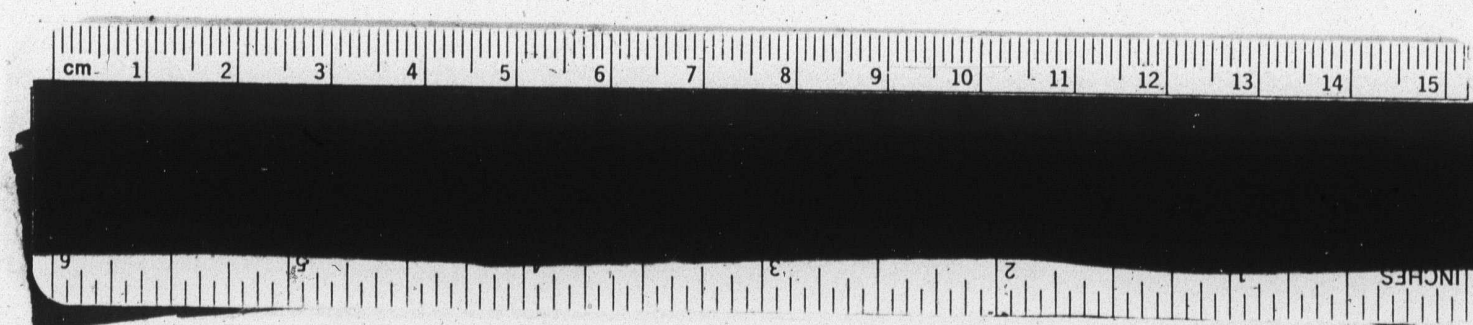
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Polar Plunge Raises \$1,500 For
Atherton Hough PTO - Page 2

Big Goals For QNQ Girls
Ice Hockey Team - Page 18



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VOL. 48 No. 16

Thursday, January 7, 2016

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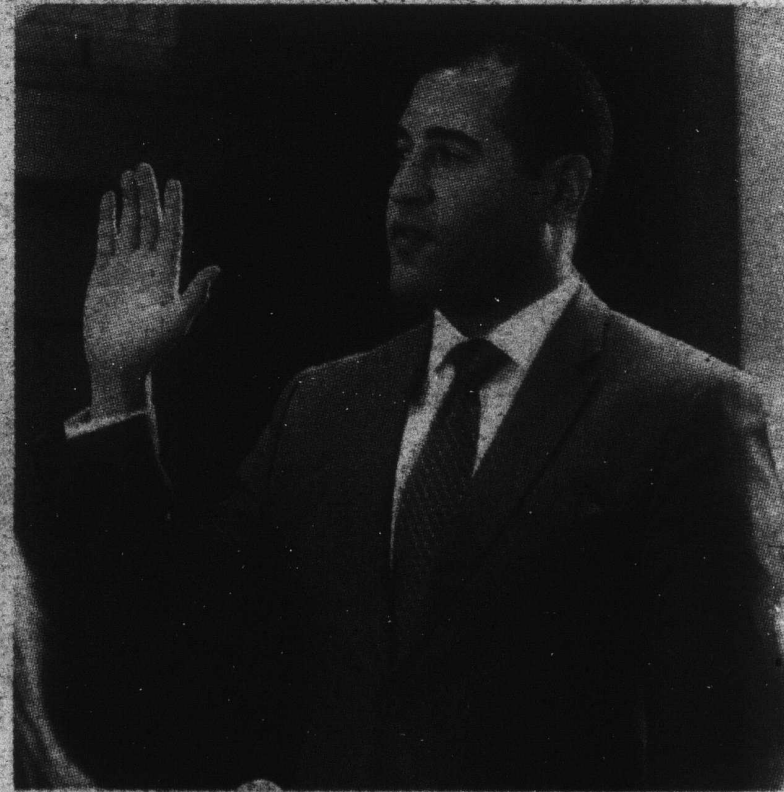
Koch: Success 'Will Take All Of Us'



MAYOR THOMAS KOCH, sworn into a fifth term and the first four-year mayoral term in city history Monday, delivered a 21-minute Inaugural Address outlining goals and challenges to move Quincy forward by its 400th anniversary as a settlement in 2025. Standing in The Great Hall of the James R. McIntyre Government Center before 400 people, Koch said: "This plan will only be made complete by the commitment made in sweat, talent and passion brought by all of us to the table. And it will take all of us - elected officials, business leaders, our nonprofits, community groups, and residents from every neighborhood ... to be successful."



NEW CITY COUNCILLORS Nina Liang (left), Noel DiBona (center) and Ward 3's Ian Cain (right) are sworn in at Monday's Inauguration ceremonies in the James R. McIntyre Government Center. Liang and DiBona, elected at-large, are the first Asian-Americans to serve on the Quincy City Council. Cain is the first African-American to serve as a Quincy city councillor.



NEW CITY COUNCIL President Kirsten Hughes shakes hands with City Clerk Joseph Shea after being sworn in Monday. Hughes, who represents Ward 5, is only the second woman to serve as Quincy City Council president.

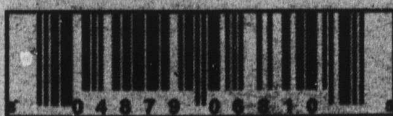


JAMES DeAMICIS (left), age 19, a new member of the Quincy School Committee, is the youngest resident to serve in elected office in Quincy. Here he joins School Committee colleagues Kathryn Hubley and Paul Bregoli as they are sworn into a four-year term by Mayor and School Committee Chairman Thomas Koch. Bregoli was also elected vice chairman of the school board by his colleagues at Monday's Inauguration ceremonies.

Quincy Sun Photos/Robert Bosworth

Coverage Begins On Page 3

Three Eye Vacant Ward 6 Council Seat - Page 4
Open School Seat To Be Filled Monday - Page 5



For more Quincy news, visit:

The Quincy Sun.com

Very Quick Dip In Chilly Quincy Bay Raises \$1,500



SOME 65 BRAVE souls took the plunge for a very good cause Jan. 2 at the Public Landing in Houghs Neck. The "polar plungers" ranging in ages 6 to 76 waded, jumped and dunked in 41-degree Quincy Bay to raise \$1,500 for the Atherton Hough School. The winners of the best costume were second graders Benjamin and Nathan Aronoff, they were dressed as Darth Vader. The top people who received pledges were: students Alex Rheault and Abrianna King; and adults Bill Hennessey and Ryan Hurlihy. These photos show some of the plungers who participated in the second annual event coordinated by the Atherton Hough School PTO. Other photos on Page 36 and online: www.TheQuincySun.com (galleries).

Quincy Sun Photos/Robert Bosworth



AMONG THE POLAR PLUNGERS who participated in Saturday's fundraiser for the Atherton Hough PTO were Houghs Neck residents (from left) Maureen O'Hara and her daughter Madison O'Hara Kelly who gets a big, warm lift by her uncle, Bryan Kravitz. Madison is a fourth grader at the Atherton Hough School.

HN Martin Luther King, Jr. Service Day

The Houghs Neck Community Council will host its second annual Martin Luther King Jr. Service Day

on Monday, Jan. 18th from noon to 3 p.m. at the HN Community Center, 1193 Sea St.

Families and youth groups are invited to attend an open house set up with five service stations. Activities include a winter coat drive, letters to troops, goodie bags for homeless children, valentines for seniors along with creating and planting an herb garden.

Products donated or produced will be distributed to Quincy and South Shore youth and families via partner agencies. The coat drive is in partnership with the First Congregational Church of Milton who has administered the drive for several years.

Letters to troops will be handed off to Care Packs for delivery to active personnel. Goodie bags for homeless children will help toddlers, youth and teens. Packages will be distributed by Birthday Wishes to families in need on the South Shore.

Spring

SEMESTER

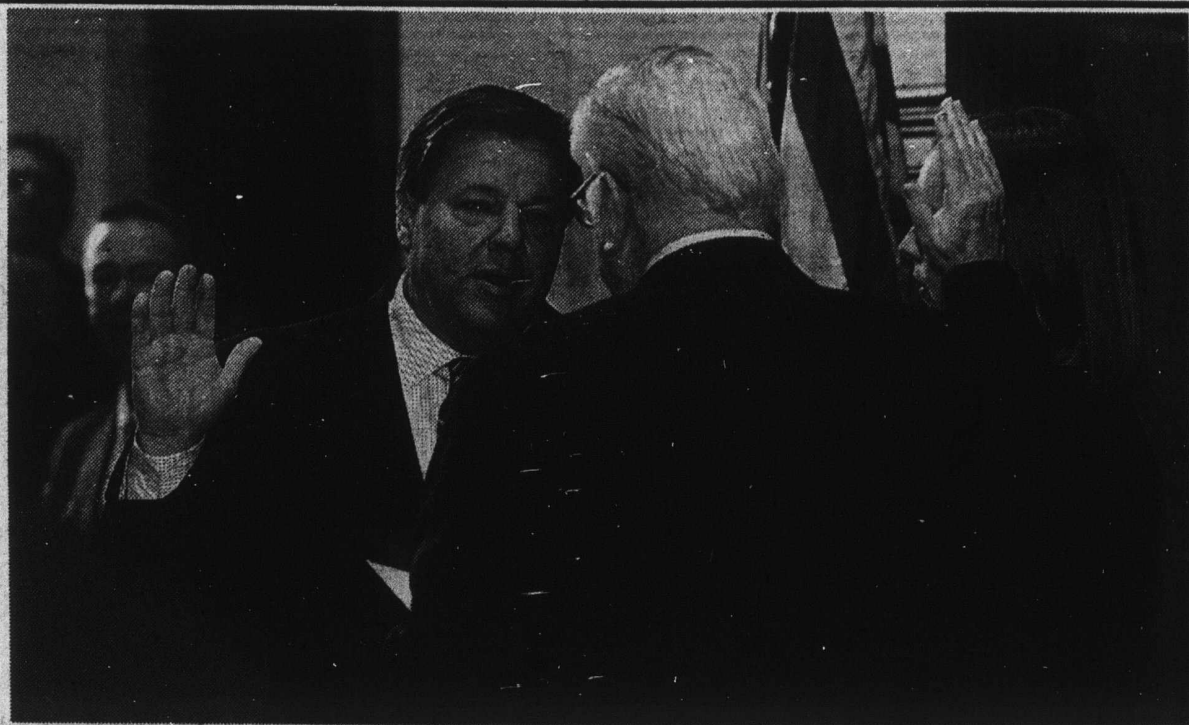
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JANUARY 20, 2016

QUINCY COLLEGE
PLYMOUTH, QUINCY & ONLINE

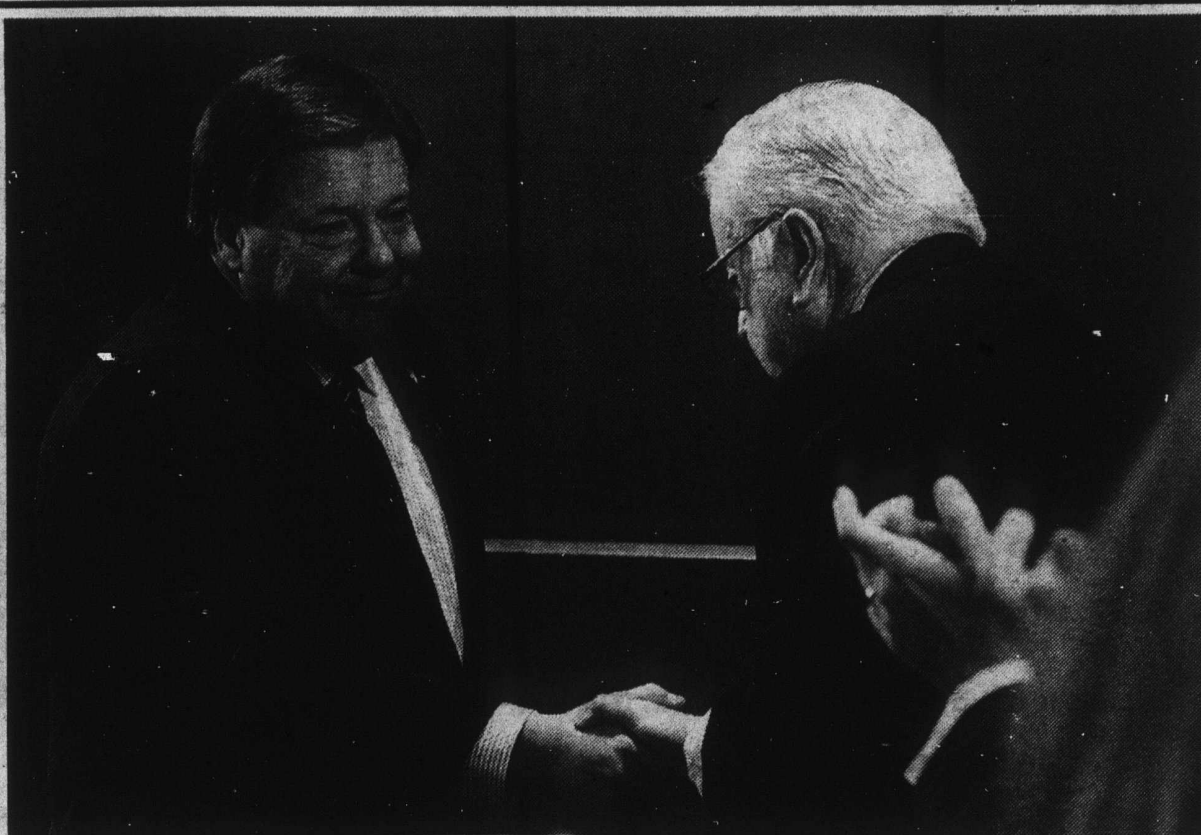
REGISTER





MAYOR THOMAS P. KOCH, Quincy's 33rd mayor, is sworn in to his fifth term – and the first four-year mayoral term in city history – by City Clerk Joseph Shea at Monday's Inauguration ceremonies at the Great Hall, James R. McIntyre Government Center. Looking on at right is Mr. Koch's daughter, Abigail. RIGHT PHOTO: Mayor Koch shakes hands with City Clerk Joseph Shea after being sworn in to his fifth term. Monday marked the final inauguration for Shea as clerk. Shea will be retiring in the spring.

Quincy Sun Photos/Robert Bosworth



MEMBERS OF Mayor Thomas Koch's family (from left) son Thomas, Jr., wife Christine, daughter Abigail and son Cornelius, listen as the mayor delivers his fifth Inaugural Address Monday morning.

Koch Focuses On 400th Anniversary

33rd Mayor Takes Oath For 5th Term And City's First 4-Year Mayoral Term

By SCOTT JACKSON

Mayor Thomas Koch focused on Quincy's upcoming quadricentennial in 2025 after he began a new four-year term as the city's chief executive Monday, outlining a vision that features enhancements to all aspects of the city, including its school system, infrastructure, public safety facilities, natural and historic resources, and arts and culture.

Koch, 52, was sworn into his fifth term as mayor, and the first four-year mayoral term in Quincy's history, shortly after 10 a.m. Monday by City Clerk Joseph Shea. A standing-room-only crowd of more than 400 residents and elected officials were in attendance at the inaugural, held inside the Great Hall of the James R. McIntyre Government Center.

The mayor spoke for 21

- Hughes Council President - Page 10
- Bregoli School Vice Chair - Page 11

minutes Monday. He said it was easy to feel insignificant when reflecting on Quincy's nearly 400 years of history and the people who called the city home since Captain Wollaston settled Merry-mountain in 1625, "but in truth, we are making history; we, each of us, are important links in an historic chain."

"Our hard work and our hopes are the links that connect our proud past with our future – the link between Captain Wollaston and the celebration of our 400th anniversary just a few short years away. The strength of our community in 2025 will be determined by the decisions we make today," Koch

said.

Cont'd On Page 12

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 12/28/15 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 15-Year Loan would be repaid in 180 equal monthly principal plus interest payments of \$6.90 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater.



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Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



GOING BOLD WITH GOLD

While gold purchases may have been put on hold in recent years, the precious metal has maintained its position as a preeminent and stylish metal for fashion jewelry. As such, consumers are coming back to gold with a vengeance. The most popular pieces include those with dramatic designs that include sculptural cuffs, articulate bib necklaces, and industrial-chic collars. These pieces include gold chokers in the shape of twisted metal around the neck that almost look as though they were hand-forged. Taking the trend one step further are the golden breastplate necklaces that take the form of birds on the wing and other artful motifs.

Minimalist necklaces are also popular, as long as they carry a golden sheen.

Rogers Jewelry invites you to celebrate the timeless appeal of gold jewelry. From classic earrings to eye-catching necklaces and bracelets, you're sure to find what you're looking for. For more information, please call 617-773-3636. Our store at 1402 Hancock St. in Quincy Center carries the finest and most recognized names in jewelry and gifts. Our expert staff, unmatched selection, and reasonable prices have helped earn our reputation for convenience, quality, and value.

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Moments in time

THE HISTORY CHANNEL

• On Jan. 19, 1809, author Edgar Allan Poe is born in Boston. By the time he was 3 years old, Poe's parents had died, leaving him in the care of his godfather, John Allan. Allan eventually disowned Poe for gambling debts.

• On Jan. 22, 1879, U.S. soldiers badly bloody Cheyenne Chief Dull Knife and his people as they make a desperate march to flee the Indian Territory where they had been relocated and return to their Wyoming homeland.

• On Jan. 18, 1912, after a two-month ordeal, the expedition of British explorer Robert Falcon Scott arrives at the South Pole only to find that Norwegian explorer Roald Amundsen had preceded them by just over a month.

• On Jan. 21, 1959, Carl Dean Switzer, the actor who as a child played "Alfalfa," the freckle-faced boy with a cowlick, in the "Our Gang" comedy film series, dies at age 31 in a fight in California.

• On Jan. 23, 1968, the U.S. intelligence-gathering ship Pueblo is seized by the North Korean navy and its crew charged with spying. Negotiations to free the 83-man crew dragged on for nearly a year, and required a signed confession by the ship's captain admitting to spying.

• On Jan. 24, 1972, after 28 years of hiding in the jungles of Guam, farmers discover Shoichi Yokoi, a Japanese sergeant who was unaware that World War II had ended. Yokoi had gone into hiding rather than surrender to the Americans.

• On Jan. 20, 1981, minutes after Ronald Reagan's inauguration as the 40th president of the United States, the 52 U.S. captives held at the U.S. embassy in Teheran, Iran, are released, ending the 444-day Iran Hostage Crisis. President Jimmy Carter had been unable to diplomatically resolve the crisis.

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Financial REACH Services Orientation Jan. 8th, 29th At Quincy Community Action

The Greater Quincy Financial REACH Center will hold orientation Friday, Jan. 8 and Friday, Jan. 29 at 10 a.m. at Quincy Community Action Programs, Inc., 1509 Hancock St., second floor, Quincy Center.

The public is invited to attend one of the orientation sessions this month and learn more about Financial REACH services. Free ser-

vices include:

- Financial education and coaching
- Credit counseling and repair
- Workforce development, education, and training.
- Job search support and referrals.

To RSVP, call the Financial REACH Center at 617-657-5335.



Son Beams

By ROBERT BOSWORTH

Three Seeking Ward 6 Seat?

It appears the open Ward 6 city council seat will draw at least three candidates in the special election for that seat this spring.

Pending city council approval Jan. 19th, the election dates will be Tuesday, April 5th for a preliminary (three or more candidates) and Tuesday, May 3rd for the final election.

One Squantum resident and one North Quincy resident have informed The Sun they will seek the seat left vacant after the passing of longtime incumbent Brian McNamee Dec. 23. Another resident of Squantum told us he is considering a run for the open seat, too.



HARRIS

Two of the potential candidates have sought the Ward 6 seat before. The other will be making his first run for elected office in Quincy.

William Harris, who challenged McNamee this past November, says he will run again in the special election this spring. Harris, age 54, lives at 74 Ashworth Rd. He the postmaster for the U.S. Postal Service in Woburn. He received

almost 41 percent of the vote losing to McNamee by 708 votes in November. McNamee polled 2,243 votes (59.24%) and Harris polled 1,535 votes (40.54%).

Another Squantum resident political observers believe will also seek the Ward 6 seat is Brian Radell. The 34-year-old insurance underwriter for XS Brokers on Temple Street in Quincy Center lives at 21 Standish Rd.

Radell told us he is considering making a bid for the vacant Ward 6 seat but will not make an announcement until after the election dates are firmed up.

Radell also ran against McNamee in 2011 and came within 277 votes of defeating the incumbent. In that election, McNamee polled 1,864 votes (53.97%) and Radell polled 1,587 votes (45.95 percent.)

The third candidate is Nathan Knowles, age 43, of 44 Ocean St., North Quincy. Knowles is a member of the Park and Recreation Board and he is the franchise holder of the Squantum Storm Youth Football and Cheerleading organization. He has 20 years experience in health care management and project management.

KNOWLES

The Ward 6 seat represents neighborhoods in Squantum, North Quincy and Wollaston. McNamee - who was first elected in 2005 and was re-elected to his sixth term last November - was a North Quincy resident. He most recently resided on Newbury Avenue.

The special election in Ward 6 will be only the third special municipal election in Quincy in 81 years - and the first in 32 years.

In the spring of 1984, five candidates squared off for the Ward 1 council seat vacated by 10-year incumbent Leo Kelly who resigned in January of that year only two weeks into his sixth term on the council to take a post with the Quincy Housing Authority.

The five seeking the Ward 1 seat were all first-time candidates: Bernie Reisberg, Kevin Davis, Robert Johnston, Mary Crowley Gregoire and a 30-year-old Houghs Neck resident named Michael Cheney.

In the preliminary election May 15th that year, Johnston topped the ballot with 902 votes. Cheney was only eight votes behind with 894.

In the final, Cheney was elected by 79 votes - 1,588 to 1,509 for Johnston.

The key to Cheney's victory was big vote in his home precinct of Ward 1 Precinct 5 where he won 503 to 298.

Turnout was 38.1 percent - some 3,102 of the Ward's 8,142 registered voters went to the polls.

Cheney served five and a half years as the Ward 1 councillor before being elected a councillor at-large in 1989. He was re-elected three times at-large and served on the council until 1997 including two years as council president in 1994 and 1995.

Prior to 1984 the last special elections in Quincy occurred May 21 and June 11, 1935, when Thomas Burgin defeated Council President Leo Mullin in a special race to

succeed Charles A. Ross as mayor.

There was some consideration to hold the preliminary special election this year on March 1 - the same date as the Presidential Primary in Massachusetts. However, the city clerk's office was told by the Secretary of State's office to hold the preliminary on another date. The Presidential Primary is a partisan election - as Democrats and Republicans as well as unenrolled voters will cast ballots in the Democratic and Republican primary. City elections are non-partisan meaning they are not based on political parties.

SINCE THIS IS a Presidential Election Year, voters in Quincy will be asked to go to the polls three times this year but voters in Ward 6 will be heading to the polls five times when you add the special election for the Ward 6 seat.

Four of the five elections will be held on a Tuesday. The other on a Thursday.

The state primary date set by the Secretary of State will be held Thursday, Sept. 8 - just three days after Labor Day which this year falls on Monday, Sept. 5.

The state final election - which is also the Presidential Election - is Tuesday, Nov. 8.

This will be the second year in a row Quincy voters will go to the polls on a Thursday. Last year, the city preliminary election was held on Thursday, Sept. 24.

IF YOU'RE NOT registered to vote but want to cast a ballot in the Presidential Primary March 1, you have a few more weeks to register before the deadline passes.

Wednesday, Feb. 10 is the last day to register to vote to be eligible to go to the polls on March 1.

THERE'S SOME SPECULATION that the winner of the race for the White House could impact the local political scene.

The scenario involves Cong. Stephen Lynch, an early supporter of Democratic Presidential hopeful Hillary Clinton. Lynch, a South Boston Democrat who has represented Quincy in the 8th Congressional District since 2013, will be seeking re-election to his House seat this fall.

Some believe a Clinton victory this November could catapult Lynch into a position in her administration. Under that scenario, Lynch would have to resign his Congressional seat to serve in a Hillary Clinton White House.

And an open Congressional seat could trigger a domino effect here.

Some Quincy Democrats recently met over breakfast and discussed the possibility of an open Congressional seat. Among the names being mentioned as potential candidates: Norfolk County Dist. Atty. Michael Morrissey, Norfolk County Sheriff Michael Bellotti, Norfolk County Register of Probate Patrick McDermott and state Sen. John Keenan.

Bellotti and Keenan are expected to seek re-election for their current posts this fall.

Morrissey and McDermott are not up for re-election this fall.

The city's other legislators - state Reps. Ron Mariano, Tackey Chan and Bruce Ayers - are also seeking re-election.

It would behoove Quincy Democrats to line up behind one contender for any open Congressional seat. There are more Boston precincts than Quincy precincts in the 8th District. Any race to succeed Lynch could come down to a Boston candidate versus a Quincy-South Shore candidate in a Democratic primary.

An open Congressional seat would be quite appealing to a number of potential candidates. For one thing, a recent report suggests the Bay State's population is increasing and that could bode well for redistricting Congressional lines after the 2020 Census. A drop would probably mean the state loses a Congressional seat - from 9 to 8. But if the population continues to chug upward, the state may not lose a seat. And that would mean all incumbent Bay State Congressmen and women would retain their seats and avoid a showdown between two incumbents for that final eighth seat.

The Bay State lost a Congressional seat after the 2010 federal census. Massachusetts' population actually went up but not as much as some other states so that's why Massachusetts lost a seat. The Bay State also lost a Congressional seat after the 1990 federal census.



LYNCH

Scenes From Yesterday



THIS IS A 1915 postcard looking north from Mathew Smith Square in Norfolk Downs where Hancock Street and Billings Road intersect. On the right was the Norfolk Downs garage where Harold Fratus began his automobile dealership business. Next to it Joseph Fratus had a plumbing shop now home to Russell Chin's Law Office. On the left corner was the Norfolk Downs Pharmacy operated by druggist Paul Brown. That corner store is now a sushi restaurant. Beyond the large apartment building was the florist business known as the Norfolk

Downs Conservatory. The greenhouse at the sidewalk extended around the back of the buildings on the left out to Holmes Street. That is now the site of the branch library and a Citizens Bank. The Derringer family also had greenhouses and a florist business here, across the street on the corner of Glover Avenue, now the site of the Quincy Catholic Academy. The Sacred Heart Church was built here in 1924. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

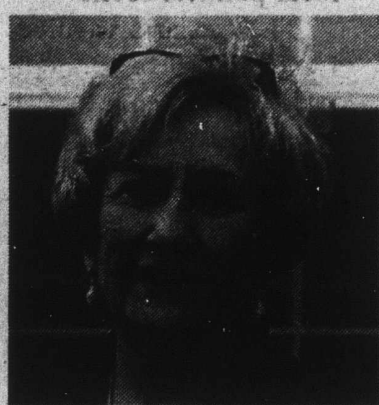
Joint Convention Monday To Fill Vacant School Seat

By SCOTT JACKSON

A joint convention of the City Council and School Committee to fill a vacant seat on the school board will be held Monday, Jan. 11 at 6:30 p.m. in the Great Hall of the James R. McIntyre Government Center (old City Hall), 1305 Hancock St.

The joint convention is being held to fill the School Committee seat being vacated by Noel DiBona, who was elected to an at-large council seat last November. He was among the elected officials sworn in at Monday's Inauguration ceremonies.

The resident appointed to the seat will serve out the remaining two years on



EMILY LEBO

DiBona's school committee term. The seat will be one of three up for grabs in the 2017 municipal election.

Any resident of the city is eligible to nominate themselves for the School Committee seat during the convention.

The 15 members of the City Council and the School Committee, including May-

or Thomas Koch who is the chairman of the latter as part of his duties as mayor, will each be able to vote for their preferred candidate. Koch will also serve as chairman of the joint convention.

Emily Lebo, a former member of the School Committee, has expressed interest in the vacant seat. Lebo, a longtime school administrator in Quincy and later Boston, was elected to the

committee in 2009 and unsuccessfully ran for re-election in 2013, losing her seat to DiBona. She launched a write-in campaign for one of three seats available in last year's election, finishing fourth behind incumbents Paul Bregoli and Kathryn Hubley and newcomer James DeAmicis, who became the youngest resident to win municipal office in city history at age 19.

READERS FORUM

Brian McNamee Will Be Missed

Quincy has lost a wonderful and effective ward councillor with the all too soon passing of Brian McNamee.

It was my pleasure to know Brian and work with him to make this city a better place. Brian was a man

"who said what he meant and did what he said," a trait that is all too rare not only in politics but in my own profession as well. He will be missed.

Rev. John Carl Swanson,
Pastor
Union Congregational Church, Wollaston

Toy Drive Success

The 2015 Friends of Wollaston Beach Toy Drive, the 10th annual, honoring the memory of long-time Vice President Richard "Dick" Herbert was a huge success.

FWB President Neil McCole said the event collected \$1,000 to \$1,500 worth of toys with FWB adding another \$500.

"This generosity was able to specifically help three local families, as well as, supply a van full of toys to other needy, local families through Interfaith Social Services," McCole said.

"We thank you once again and look forward to seeing you at our annual

meeting to be held sometime in March or April," he added.

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Quincy's Yesterdays

This Week
1970
46 Years Ago

McIntyre Predicts Substantial Tax Hike

Mayor James R. McIntyre gloomily predicted "another substantial" tax rate increase for Quincy this year.

In two major austerity moves to tighten the city's municipal belt and help head off a big tax hike, the mayor said he will:

- Reject any general pay increase requests for city employees.
- Cut department budgets "to the bone."

"There will be no general pay increases for city employees this year. We just cannot afford it," he said.

SHIPYARD SEEKS 2,000 WORKERS

The hiring of nearly 2,000 more tradesmen during the next few months will help make 1970 General Dynamics "busiest year at its Quincy Shipbuilding Division," it was predicted.

With current shipbuilding employment levels at 8,300, the drive for new employees will increase the total to more than 10,000, a \$12 million impact on General Dynamic's payroll is seen.

Welders led the way with 300 openings, followed by electricians, pipefitters and sheet workers.

266-UNIT SENIOR FACILITY 100% FILLED

The 266 unit south wing of Senior Citizen Housing at 1000 Southern Artery has been 100 percent leased and 275 names remain on the waiting list with more being added each day, according to a report from the center.

The non-sectarian, non-profit facility was built and is operated by Quincy Point Congregational Homes, Inc. for senior citizens age 62 and older.

QUINCY-ISMS

Mr. and Mrs. Henry Dondero were the proud parents of a daughter born at Quincy City Hospital... Mrs. Leonard, Mrs. Mark Russell and Mrs. Alex Engelmann were co-chairs of the Christ Church's Mothers' Club potluck supper... Mr. and Mrs. George S. Walker of Wollaston celebrated their 54th wedding anniversary at a Mass and reception at their house. The party was given by their five children... Hugh E. Dawes, Grand Knight North Quincy Knights of Columbus, appointed Charles J. Graham deputy grand knight to serve as chairman of its 50th anniversary program to be held April 24, 1971... Rev. Lloyd F. Martin assumed his new duties as minister of the Wollaston Congregational Church. He succeeded Rev. Harold G. Leland... Dr. Sumner D. Hirshberg received the Jewish War Veterans "Citizen of the Year Award" on behalf of the members of the Quincy Symphony Orchestra... Wollaston Federal Savings and Loan Association announced new banking hours: 8 a.m. to 6 p.m. daily and Thursday until 7:30 p.m.... Former Mayors Thomas S. Burgin and David S. McIntosh attended the third inaugural of Mayor James R. McIntyre. Former Mayor Amelio Della Chiesa was too ill to attend... Councillor at Large and State Representative Arthur H. Tobin was unanimously elected city council president when the Council organized for 1970. He succeeded Ward 6 Councillor J. Vincent Smyth who served as council president in 1968-1969... School Committeeman James F. McCormick, Sr. beginning his 11th year on the committee, was elected committee vice-chairman for 1970-1971... Heslip E. Sutherland, president of the Quincy Cooperative Bank, announced the election of Charles G. Peterson as vice president of the bank... James Lyons was installed as the president of the Ward 2 Civic Association. Other officers included James DeCristofaro, vice president, Maurice Horrigan, treasurer, Mrs. Elsie Fitzgerald, recording secretary and Mrs. James Lyons, corresponding secretary... The North Quincy High School basketball team, defending Greater Boston League champions, was seeking its third straight win in an upcoming game against Medfield at the Boston Garden... Coach Bob Sylvia's Quincy High School's hockey team would be seeking its fifth straight win when the team plays Medford at the Boston Arena... Rico Petrocelli, selected as the most valuable Red Sox player by the Boston Baseball writers, was honored at a dinner hosted by the Montclair Mens Club... James E. Davidson, 291 Billings St., North Quincy, won the Doorway Decorating contest sponsored by the Quincy South Shore Festival Committee. A Special Doorway Award was given to John and Anita Ricciuti, 31 Stone Brae Rd., Wollaston.

Arts & Entertainment

City Council Honors Quincy Choral Society

At its final meeting of the 2015 year, the Quincy City Council recognized the Quincy Choral Society for bringing music and joy to the City of Quincy for 35 years.

The choral group was founded in 1981. Two founding members, Martha McMahon and Diane Murphy, remain active with the chorus.

Outgoing Ward 3 Councilor Kevin Coughlin introduced the chorus on a personal note, reflecting that he begins his holiday festivities by attending the chorus's December concert every year. He noted that the chorus has performed not only in Quincy but also at Carnegie Hall in New York City, the Kennedy Center in Washington, D.C., and throughout Europe, making the group a worldwide cultural representative of the City of Quincy.

Led by Maestro John Nichols and accompanied by Virginia "Gingy" Grimes, the chorus performed "Simplify the Season," written by chorus member Kathy Ready and arranged by Mr. Nichols, followed by "Joy: A Medley of Carols," arranged by Jay Althouse, with soloist Gordon Behrer.

Following the performance, Coughlin presented a citation to Nichols, Grimes, and chorus president Jennifer Jovin. The citation reads in part:

"Your members have entertained the south shore and the world with musical brilliance. We commend all of your members on their hard work and dedication that continues to bring the community together thru [sic]



THE QUINCY CHORAL SOCIETY was recognized by the Quincy City Council at its final meeting of the 2015 year for bringing music and joy to the City of Quincy for 35 years. Here Choral Society members acknowledge the recognition in The Great Hall located in the James R. McIntyre Government Center.

the splendor of song. You have been great ambassadors for Quincy and the entire south shore community. We wish the Quincy Choral Society many more years of inspiration as you continue to share the joy of music."

On March 13 the chorus will present "Tradition! - Songs from Stage and Screen" including music from Fiddler on the Roof, Joseph and the Amazing Technicolor Dreamcoat, Shrek, and Milk and Honey.

On May 1 the chorus will conclude its season with choral traditions including Gabriel Fauré's Requiem, Johan Sebastian Bach's Jesu Joy of Man's Desiring, and Wolfgang Amadeus Mozart's Alleluia.

The March 13th concert will be held at Quincy Catholic Academy at 2 p.m. and will include a silent auction.

The May 1st concert will be performed with orchestra and will be held at Central Middle School at 4 p.m.

'How To Cook Your Life' Film

"How to Cook Your Life" is the second film of this season's Winter Movie Series of Cong. Beth Shalom of the Blue Hills, co-sponsored by the First Congregational Church of Milton.

The theme of the series is "Cooking Culture," and it is open to the public.

The film will be shown Saturday, Jan. 9 at 7 p.m. in Huntington Hall of the First Congregational Church, 495 Canton Ave., Milton. Doors open at 6:45 p.m. Enter through the side door en-

trance.

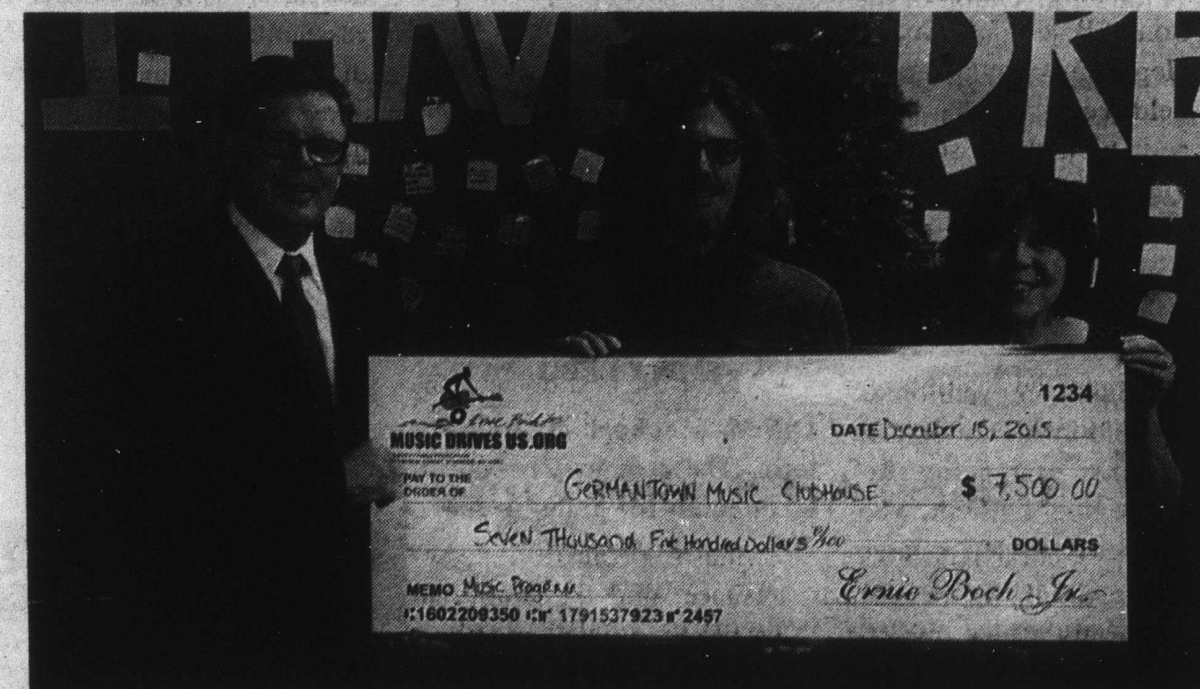
"How to Cook Your Life" features self-deprecating Zen Buddhist priest, chef, and Tessajara Bread Book author Edward Espe Brown taking over Buddhist center kitchens around the world to school viewers in the joys of organic cooking.

Donation for admission to the film is \$3 per person or two for \$5 in advance, \$4 per person at the door. To order tickets in advance or for more information, call 617-698-3394.



QUINCY CITY COUNCILLORS gather with some of the members of the Quincy Choral Society after a citation was presented to the music group in recognition of 35 years of performing in the city. From left: Councilors Margaret Laforest, Joseph Finn, Kevin Coughlin, Brian Palmucci, QCS's Jennifer Jovin, Councilor Kirsten Hughes, QCS's John Nichols, Councilor Michael McFarland, QCS's Virginia Crimes and Councilor Doug Gatto.

Photos Courtesy Quincy Choral Society



ERNIE BOCH JR., president and founder, Music Drives Us (center) presents a \$7,500 grant to Paul Gorman, president and CEO, South Shore YMCA (left) and Kathy Quigley, executive director, Germantown Neighborhood Center (right) to benefit the Salah Foundation Music Clubhouse.

Germantown Neighborhood Center Receives \$7,500 Music Grant

The South Shore YMCA's Germantown Neighborhood Center recently received a \$7,500 grant from Music Drives Us to support music education programs at the Salah Foundation Music Clubhouse.

The grant will help fund programs, instruments and equipment at the Music Clubhouse which helps at-risk youth in the Germantown neighborhood of Quincy build confidence and self-esteem through musical education.

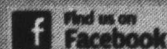
The grant was presented by Ernie Boch, Jr., president and founder, Music Drives

Us, to Kathy Quigley, executive director, Germantown Neighborhood Center, and Paul Gorman, president and CEO, South Shore YMCA, during a visit by Music Drives Us leadership to the Music Clubhouse. The visit began with a tour of Germantown Neighborhood Center and concluded with several musical performances by Music Clubhouse participants.

"The Salah Foundation Music Clubhouse has allowed the Y to expand our commitment to the arts as a tool to nurture the poten-

tial of youth and teens in our communities," Gorman said. "The Music Drives Us grant will help us to continue to grow this important initiative which is making an impact everyday in the lives of local kids."

The Salah Foundation Music Clubhouse, which is led by Conor McMahon, Music Clubhouse Director, opened in December of 2014 and currently serves approximately 320 children a month in its music education programs, which take place during afterschool hours.



Find us on Facebook
Highlights of Local Programming found on

QATV

Quincy Access Television
88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8

Thursday, January 7
6:00am: LIVE: AM Quincy (audio only)
6:00pm: Inauguration Ceremony

Friday, January 8
11:30am: LIVE: Currently in Quincy
5:30pm: Sound Advice with Tom Williams

Saturday, January 9
9:00am: Inauguration Ceremony
3:30pm: Real Estate Focus

Sunday, January 10
4:00pm: Inauguration Ceremony
6:30pm: At Your Library: January

Monday, January 11
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, January 12
6:00pm: Eye on Quincy (replay)
7:00pm: Taiwan Programming

Wednesday, January 13
6:00pm: Good News
10:00pm: The Constitution: Then & Now

Government Access Channel 11

Thursday, January 7
12:00pm: Inauguration Ceremony
8:30pm: At Your Library: January

Friday, January 8
6:00pm: City View with Mayor Koch
7:00pm: Veterans Corner
8:30pm: Crime Watch: Winter Safety

Saturday/Sunday, January 9/10
10:30am: At Your Library: January
12:00pm: Inauguration Ceremony
1:30pm: Crime Watch: Winter Safety
2:30pm: Veterans Corner
7:00pm: Inauguration Ceremony

Monday, January 11
6:00pm: Crime Watch: Winter Safety
6:30pm: FYI: QHD Winter Hazards

Tuesday, January 12
4:00pm: LIVE: License Board
6:00pm: Health Links: Rodent Control
7:00pm: License Board replay

Wednesday, January 13
12:00pm: License Board 01/12

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

Social

Explore Walking/Running Trail Saturday

The Park Department's Environmental Treasures program invites the public to explore the beautiful new Red Diamond walking/running trail in Faxon Park with trail creator Eagle Scout Paul Trubiano and Ward 2

Councillor Brad Croall on Saturday, Jan. 9.

Participants can also enjoy nature fun facts posted along the trail and a self-guided, kid-friendly scavenger hunt. The trail is next to a new playground.

The tour will start at 2 p.m. at the first parking lot on the right up the hill from the playground. Faxon Park is off Faxon Park Road.

For more information and inclement weather rescheduling, call 617-472-0799.

O'Donnell Appears On QATV Show

Norfolk County Register of Deeds William O'Donnell recently appeared on Joe Catalano's QATV show, Currently in Quincy.

O'Donnell discussed a number of issues involving the Norfolk County real estate market, most particularly what's happening in the City of Quincy.

O'Donnell provided an insightful perspective based on data driven assessments of the current real estate market as it relates to commercial and residential real estate sales, mortgage activities and the nagging and troubling issue of foreclosures. On the subject of foreclosures, O'Donnell spent time discussing the Registry's partnerships with Quincy Community Action Programs and Neighbor Works Southern Mass to help homeowners who have

received a Notice to Foreclose Mortgage, the first step in the foreclosure process.

O'Donnell also discussed other Registry consumer protection initiatives such as advising homeowners to make sure a mortgage discharge has been recorded once the mortgage has been paid off by the homeowner. Also, the Registry now offers, free of charge, a Consumer Notification Service, which alerts property owners via email when a land document has been recorded against their name.

The Register also explained how residents could utilize the Registry's website, www.norfolkdeeds.org to access a wealth of information about the Registry's operations and their own land document records. O'Donnell noted residents could sign-up for the Reg-

istry's newsletter to be kept abreast of Registry activities such as the bi-annual computer seminar where interested citizens are offered a tutorial on the Registry's land record research.

While the primary focus of the interview was on real estate activity and Registry operations, O'Donnell also spent a few minutes elaborating on the multiple charitable efforts undertaken by the Registry during the holiday season. These programs include; the Registry's Annual Holiday Food Drive; Toys for Tots Drive in conjunction with the US Marine Reserves and the Suits for Success; a program that collects donated business clothing to be distributed to county non-profit agencies who in turn provide these items to individuals seeking to reenter the workforce.

VNA Of Boston Gala Raises Over \$300,000

Visiting Nurse Association of Boston's 10th annual Heroes in Health Care Gala held recently at the Mandarin Oriental, Boston, honored industry leaders while raising a record-breaking \$300,000 for the nonprofit.

VNA of Boston, established in 1886, is the oldest organized visiting nurse association in the United

States. The nonprofit provides vital, home-based health care to Greater Boston residents, including infants with acute, chronic or terminal illnesses and mothers with at-risk pregnancies.

The agency has an office at 300 Crown Colony Dr., Quincy.

Over the past decade, the Heroes in Health Care Gala

has raised over \$2 million in essential funding for VNA of Boston's patient care and support for vulnerable, underserved populations through the nonprofit's Maternal Child Health Program and Charitable Care Fund. Amy and Joshua Boger were the Presenting Sponsor of the Gala.

Choral Art Society Open Rehearsals

The Choral Art Society of the South Shore invites prospective new members to two "open rehearsals" to meet the members and have fun singing spring music on Tuesday, Jan. 12th and 19th at the First Trinitarian Congregational Church, 381 Country Way, Scituate.

The Society is a non-auditioned community chorus. Performing members include singers of all ages, with a wide range of musical experience. Formal training in music is not a requirement of membership; members demonstrate a love

of music, dedication, perseverance, and the ability to carry a tune. New members of all voice parts - soprano, alto, tenor, and bass - are welcome.

Rehearsals are held on Tuesdays from 7:30 - 9:30

p.m. in Scituate. The next concert "Bach Meets the Beatles" will be held Sunday, May 1st.

For more details on membership and joining call 508-577-1466.



QUINCY COMMUNITY ACTION Programs' Chief Executive Officer Beth Ann Strollo recently joined U.S. Congressman Stephen F. Lynch to participate in a special German-American Dialogue hosted by the Aspen Institute/Germany in Berlin. From left: William Cunningham, Senior Vice President, AMERESCO; Roman Kern, Senior Director MassChallenge; Cong. Stephen F. Lynch; Zorica Pantić, President, Wentworth Institute of Technology; Beth Ann Strollo; and Daniel Kenary, CEO, The Harpoon Brewery.

Photo Courtesy QCAP

QCAP CEO Participates In German-American International Dialogue

Quincy Community Action Programs' Chief Executive Officer Beth Ann Strollo recently joined U.S. Congressman Stephen F. Lynch to participate in a special German-American Dialogue hosted by the Aspen Institute/Germany in Berlin.

The program brought together Members of Congress, Members of the Bundestag, and civil society participants to promote transatlantic dialogue on matters ranging from international trade to vocational training, health care, immigration, and energy policy.

"It was an honor to represent Congressman Lynch as part of his civil society delegation," Strollo said. "It was an enriching and rewarding experience that has inspired me as a community leader."

Strollo was one of five civil society representatives selected by Cong. Lynch to

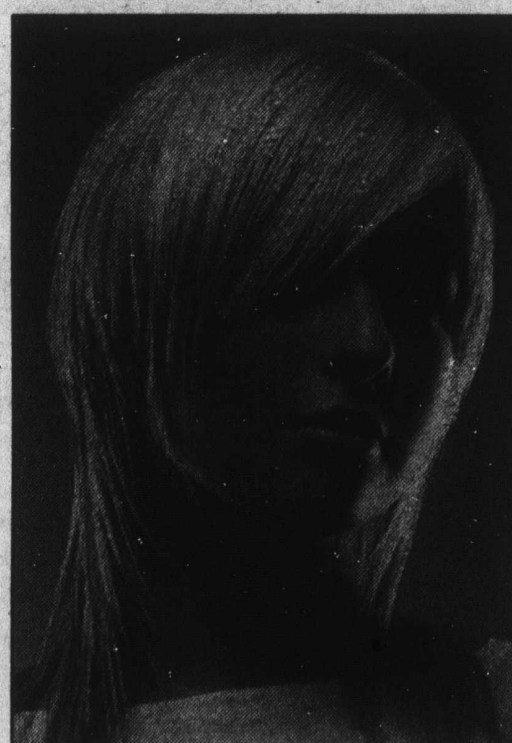
accompany him to Berlin. There, Cong. Lynch participated in a panel discussion entitled "Transatlantic Answers to Current Global Challenges" and "Shaping the Future World Order" along with Cong. Chellie Pingree (D-ME), Cong. Billy Long (R-MO), and members of the German Parliament. Over the course of the conference, Strollo and the Lynch delegation engaged in discussions with their German counterparts on issues related vocational training and business start-ups, access to health care, the environment and renewable energy, re-industrialization, and migration and immigration.

"The program was a unique opportunity for public and civil society representatives to share their perspectives with each other," Strollo said. "Our common ground naturally surfaced

and contributed to a mutual appreciation of our shared challenges."

Following the conference in Berlin, Strollo and Cong. Lynch's delegation travelled to the city of Siegen in the North Rhine-Westphalia district in western Germany. There they toured IPG Laser GmbH - a laser company with a manufacturing facility in Oxford, MA; a hospital in Siegen; Dango & Dienerthal - a metal foundry manufacturing facility; and a public accounting firm. They met with business leaders to discuss their operations and common challenges, such as immigration trends and the need for coordinated job training.

"It was a unique opportunity to meet business and public leaders that are actively engaged in developing solutions to those challenges and to bring that learning back to our communities," Strollo said.



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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Roast Stuffed Pork With Figs

By MARIE

For Christmas dinner I used a pork shoulder for my roast. I think it is actually much tastier than the pork loin.

To stuff this you can slit the top of the shoulder about 4 inches and then close it up with tooth picks when stuffed.

Here's the stuffing:

1 stock of celery chopped
1 small chopped shallot, chopped
3 or 4 dried figs (cut up in small pieces)
1/8 cup of white wine
1 cup of chicken stock

Salt and pepper to taste

2 tbsp. of olive oil and 1 tbsp. butter
1 cup of Panko seasoned bread crumbs
1 tsp. bell seasoning or thyme

In the hot oil and butter sauté the celery, shallots, figs, white wine and chicken stock and then add bread crumbs and salt and pepper until well blended set aside and cool. When cool place stuffing in cavity on top 2 to 3 inches deep and then seal with toothpicks.

Bake in 350-degree oven 20 minutes to the pound or until done.

Cake Recipe

By SUZIE

It's not every day you get a recipe from Maria Shriver's sister in law, Katherine Schwarzenegger. This recipe can be made with a little less sugar, and I would certainly use a healthier sugar such as coconut sugar, and make sure you use pasture butter! (KerryGold is my favorite.)

Maria makes this over the holidays, and got about 3,000 comments online and every one of them was positive.

This cake has a good amount of protein as well. Hope you enjoy it.

2 cups almond flour
1 cup all purpose flour or gluten-free all purpose baking flour mix
1 teaspoon baking powder
1/4 teaspoon salt
10 tablespoons (1 1/4 sticks) butter room temperature
1 cup sugar

6 eggs room temperature
1/2 cup honey
2 teaspoons vanilla extract

Directions:

Preheat oven to 325 degrees with the rack in the middle. Grease an 8-inch round cake pan with butter, and line the bottom with a round parchment paper.

Mix together the flours, baking powder and salt in a medium bowl.

Combine the butter and sugar in the bowl of a stand mixer and beat on high speed until light and creamy. Beat in the eggs one at a time, then beat in the honey and vanilla until well combined. Gently fold in the flour mixture. Pour the batter into the cake pan.

Bake until a toothpick inserted into the center comes out clean, about 55-60 minutes. Cool in the pan on a wire rack for 15 minutes.

Turn out onto a serving platter.

Fundraiser For Lynn Harrington Saturday At MB Water Club

By SCOTT JACKSON

A fundraiser will be held Saturday at the Water Club in Marina Bay to benefit Lynn Harrington, a mother of three battling cancer.

The fundraiser will begin at 7 p.m. inside the Water Club, located at 319 Victory Rd. Admission is \$25. The event will feature raffles, appetizers and a cash bar.

Anyone looking to purchase tickets or donate an item for the raffle can contact Kathy McCluskey at 617-571-8178. McCluskey helped organize the event

along with Matt Goreham and Sandy Verhault.

"We're just trying to do whatever we can for her," McCluskey said. "She just wants to see people."

Harrington was diagnosed with oral and throat cancer after she felt a pain under her tongue in October 2014. She had surgery to remove the cancer on April 2, 2015, and spent two weeks in the hospital and another two weeks in rehab. She underwent radiation and chemotherapy between June and August of 2015.

Harrington had an MRI scheduled for Monday to determine whether she needs to undergo another round of radiation and chemotherapy; she expected to have those results by Wednesday.

"It's been tough," Harrington said. "I'm just taking it day-by-day."

Harrington is a widow and mother of three sons: Bobby, Sean and Michael. Bobby and Sean both graduated from North Quincy High; Sean serves in the Air Force. Michael currently attends North.

Maggie Sergett Inducted Into Honor Society

Maggie Sergeff of Quincy was recently inducted into the Champlain College chapter of the National Society of Leadership and Success.

The National Society for Leadership and Success,

also known as Sigma Alpha Pi, is a leadership honor society for student leaders that operates chapters at different universities around the country. Invitation to the Society is exclusive, based on nomination from campus

faculty, academic achievement, and or leadership potential.

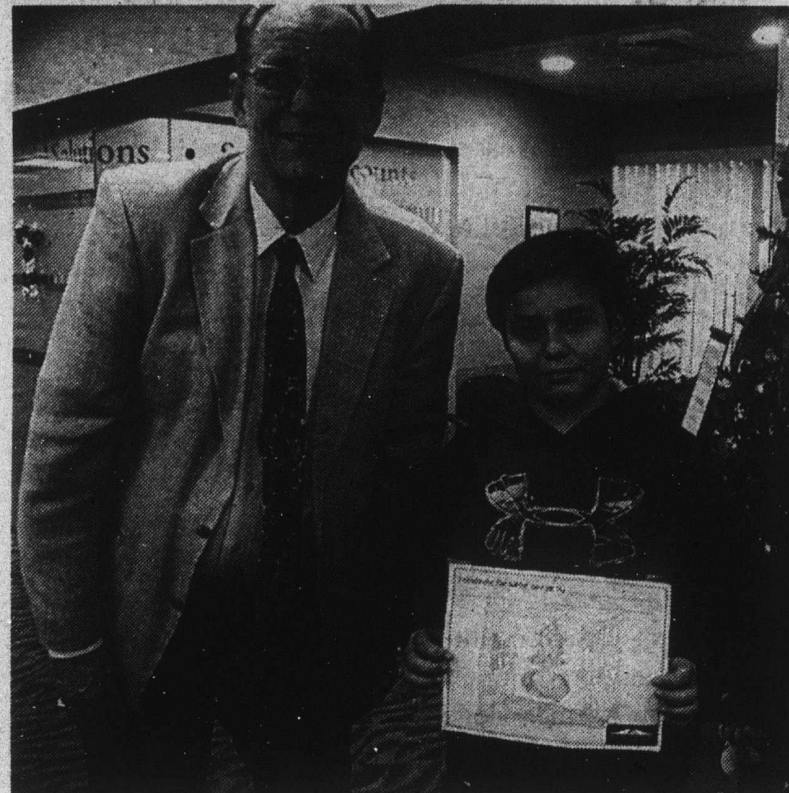
Students are also given access to leadership certification and scholarship opportunities through the organization.

Local Youth Wins Drawing Contest From Bank Of Canton

Bank of Canton announces Jared Gaven, 11, of Quincy was among the winners of its December drawing contest, which challenged young artists to depict how they celebrate the winter season.

The bank awarded a total of fifteen \$100 bills to children ranging in age from 3 to 12 years old, across Brookline and the South Shore. Approximately 70 children submitted entries, which were judged on artistic merit, creativity, and theme communication for their age bracket.

"We had a great time with this contest," said Ken Anderson, Quincy Branch Manager, Bank of Canton. "The children put a lot of thought into their work, which was reflected in the quality of the entries. Lots of creativity, lots of terrific scenes...it was a real challenge for us as judges."



JARED GAVEN, age 11, of Quincy, displays his winning picture, with Ken Anderson, Branch Manager, Bank of Canton, 60 Mayor Thomas McGrath Highway, Quincy.

The drawing contest was part of Bank of Canton's "Winter Celebration" promotion, which also included a free public showing of the film The Polar Express at the bank's 250-seat Canton auditorium on Dec. 18. Bank employees also randomly surprised 250 individuals with Dunkin' Donuts gift cards, and posted pictures of the lucky recipients to its Facebook page, www.facebook.com/thebankofcanton.

LGBTQuincy Meetup Membership Growing

More Than 550 Citizens Involved

By SCOTT JACKSON

Membership in Quincy's first LGBT community group continues to climb, according to the group's organizer, with more than 550 residents of the city and neighboring communities involved in it.

LGBTQuincy Meetup was established in 2014. The goal of LGBTQuincy Meetup is to "bring together Quincy's LGBT community through networking and social events, as well as to advocate for certain causes and elevate the LGBT profile in Quincy," according to Frank Rubino, who has served as the organizer of the group for the past six months.

"When I moved to Quincy a few years back, I was surprised at how little the city offers as far as LGBT resources and organizations," Rubino said. "I'm hoping that through LGBTQuincy Meetup, I can help fill this need and provide a strong voice for Quincy's LGBT community."

Membership in LGBT Quincy is free and 566 Quincy and South Shore residents had joined the group, as of late December.

Registration is done online, through meetup.com; Rubino said prospective members can set up a profile on the site and then lookup the Quincy group to join.

"There has been a lot of interest in the group," Rubino said. "Membership has climbed."

LGBTQuincy Meetup's page on meetup.com includes information on upcoming and previous social and networking events the group has organized.

"We organize social events, networking opportunities, happy hours, pot lucks and had a holiday party in December," Rubino said.

The group's events take place in various restaurants, bars and other locations in Quincy, Rubino noted. The holiday party in December was held at the View Tavern and Restaurant at Presidents Golf Course, for example.

LGBTQuincy Meetup has started to branch out from the social and networking functions and hosted several events during the run up to last year's municipal election. In August, for

instance, the organization hosted a public forum for candidates running in the races for mayor, City Council and School Committee. A standing-room-only crowd of more than 150 residents attended that forum in the Sons of Italy Hall.

"We received positive feedback after the candidates' night," Rubino said. He added that many residents present that night told him they were unaware Quincy's LGBT community had an organization before attending the forum and they were happy issues of importance to the community were raised at the event.

"At its core we want to provide social and networking opportunities for our members and bring together the LGBT community in Quincy. We are starting to get involved in causes we care about," Rubino added, noting the forum in August was one such event.

In the future, Rubino explained, he would also like to have guest speakers come and speak to members of LGBTQuincy Meetup at future events.

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Weight Loss Solutions For The New Year

City Weighing New Snow Equipment

By RUTH JONES
BSN, RN, BC, CP-FS

Holiday parties went straight to your hips? Looking to jump-start your New Year's weight loss? Before reaching for any pill, powder, patch, exercise belt, or cream, remember this, a lot of products promising quick, easy and permanent weight loss are bogus. They can injure your wallet, and injure your health too.

Your weight is a balancing act, and calories are part of that equation. Fad diets may imply that counting carbs or eating a mountain of grapefruit will make the pounds melt away. But when it comes to weight loss, it's calories that matter.

Weight loss comes down to burning more calories than you take in. You can do that by reducing extra calories from food and beverages, and increasing calories burned through physical activity. Once you understand that balance, you're ready to set your weight-loss objectives and make a plan for reaching them.

Talk to your doctor, family and friends for support. Ask yourself if now is the right time and if you're ready to make some necessary long term changes. Also, plan smart, anticipate how you'll handle encounters that challenge your resolve and the unavoidable marginal setbacks.

If you have serious health problems that are a result of your weight, your doctor may suggest weight-loss surgery or medications for you. In this case, you and your doctor will need to thoroughly discuss the prospective benefits and the possible risks. Bottom line is that the key to successful weight loss is a commitment to making indefinite changes in your diet and exercise habits.

When it comes to losing weight, there's no scarcity of diet plans. Check any magazine rack or commercial on the television and you're bound to see the latest and greatest diet strategies. So how do you know if a diet plan fits your needs and lifestyle? Ask yourself these questions about any diet plan you're contemplating:

- Does it include various foods from the major food



RUTH JONES

groups: fruits, vegetables, grains, low-fat dairy products, lean protein sources and nuts?

- Does it include foods you like and that you would enjoy eating for a lifetime — not just for several weeks or months?

- Can you easily find these foods in your local grocery store?

- Will you be able to eat your favorite foods, or better yet, all foods?

- Does it fit your lifestyle and budget?

- Does it include appropriate amounts of nutrients and calories to help you lose weight safely and effectively?

- Is regular physical activity part of the plan?

If the answer to any of these questions is no, keep looking. There are sounder diet plans out there for you.

Fad diets are not the most successful way to lose weight and keep it off. These diets often promise rapid weight loss if you strictly reduce what you eat, or totally avoid some types of foods. Some of these diets may assist you to lose weight in the beginning, but these diets are usually difficult to adhere to.

Most people quickly get bored with them and regain any lost weight. More importantly, fad diets may be unhealthy. They may not provide all of the nutrients necessary for your body.

Also, losing more than 3 pounds a week after the first few weeks may increase your chances of developing gallstones. Being on a diet of fewer than 1000 calories a day for an extended period of time may lead to serious health problems.

Research suggests, combining a reduced-calorie diet with physical activity to lose 1/2 to 2 pounds a week (after the first few weeks of weight loss), making healthy food choices, decreasing portions, and building exercise into your daily life may be the healthiest way to lose weight and sustain the loss. These habits may also lower your chances of developing heart disease, high blood pressure, and type 2 diabetes.

The key to successful weight loss is developing healthy diet and exercise habits. Although people appropriately focus on diet when they're trying to lose weight, being active also is an essential component of a weight-loss program. When you're active, your body utilizes energy (calories) to work, helping to burn the calories you take in from the food you eat. Cleaning the house, making the bed, shopping, mowing and gardening are all forms of physical activity. Exercise, on the other hand, is a structured and repetitive form of physical activity that you do on a consistent basis.

Whatever activity you choose, do it regularly. Aim for at least 150 minutes a week of moderate physical activity or 75 minutes a week of vigorous aerobic activity — preferably spread throughout the week. Keep in mind that you may need more physical activity to lose weight and keep it off.

Diet pills and surgery can help with weight loss, when combined with a healthy diet and physical activity.

But diet pills aren't for everyone.

Neither is surgery. In fact, many doctors consider them only if you have serious weight-related health issues. If you're in that group, you and your doctor need to carefully evaluate the potential benefits of diet pills or surgery and weigh them against the possible long-term risks. Your doctor will also counsel you about the lifestyle changes you'll need to make to be successful over the long term.

Although you can find diet pills and supplements at the pharmacy, supermarket, health food store and online, virtually none have been proved effective, and some are actually dangerous. Talk with your doctor before taking any diet pills or supplements.

Instead of getting down about dieting, rejoice in the lifelong health benefits you'll be creating. Losing weight becomes easy when you invest your mental energy in making positive, healthy changes for yourself and your well-being.

Focus on changes that you can make a part of your lifestyle seamlessly so you'll be able to sustain them for the long haul. Strive for a happy and healthy New Year!

By SCOTT JACKSON

Officials are contemplating the purchase of new equipment to help remove snow from city streets in the wake of record-breaking snowfall seen in 2015.

Mayor Thomas Koch said the city is contemplating purchasing snow blowers that can be attached to the front of front-end loaders as part of a new capital improvement plan he expects to finalize in the coming months. The city employed the specialized attachments, borrowed from the Massachusetts Department of Transportation, last year while removing the 114 inches (9.5 feet) of snow that fell on the city over the course of the winter, including 85 inches in just three weeks.

"What I would buy first is one of those giant snow blowers, an attachment that goes on the front of a front-end loader," Koch said in a recent interview. "We borrowed a couple from MassDOT during that craziness and I thought the value in one of those is tremendous because you're limiting the amount of equipment needed when you're moving snow."

ing snow.

"You have trucks that line up and it dumps it right in. It's not handling it three times by a loader piling it and then piling into the truck. I think that has tremendous value and we'll be looking at that in the capital program."

Koch was cool to the idea of purchasing specialized snow melters, such as those used by the city of Boston last winter on loan from the Massachusetts Port Authority and others.

"The melters, I don't know," the mayor responded when asked about the idea of purchasing the snow melters. "That's a lot of money and a lot of fuel to operate. They make a hell of a lot of noise."

During the interview, Koch also reflected on lessons learned during the winter of 2015.

"You know what I learned? You can have all the plans you want, but when you have a winter like that...you've just got to grab the bull by the horns and deal with it each and every day," the mayor said.

"You want the city to be

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PUBLIC NOTICE

PUBLIC NOTICE

Mayor Thomas P. Koch has called for a joint convention of the Quincy City Council and Quincy School Committee to meet on Monday January 11, 2016 at 6:30 p.m. in the Great Hall of the James R. McIntyre Government Center, 1305 Hancock Street.

The sole purpose of the convention is to fill the vacant School Committee seat created by the resignation of Noel DiBona.

Thomas P. Koch, Mayor
Presiding Officer

January 5, 2016

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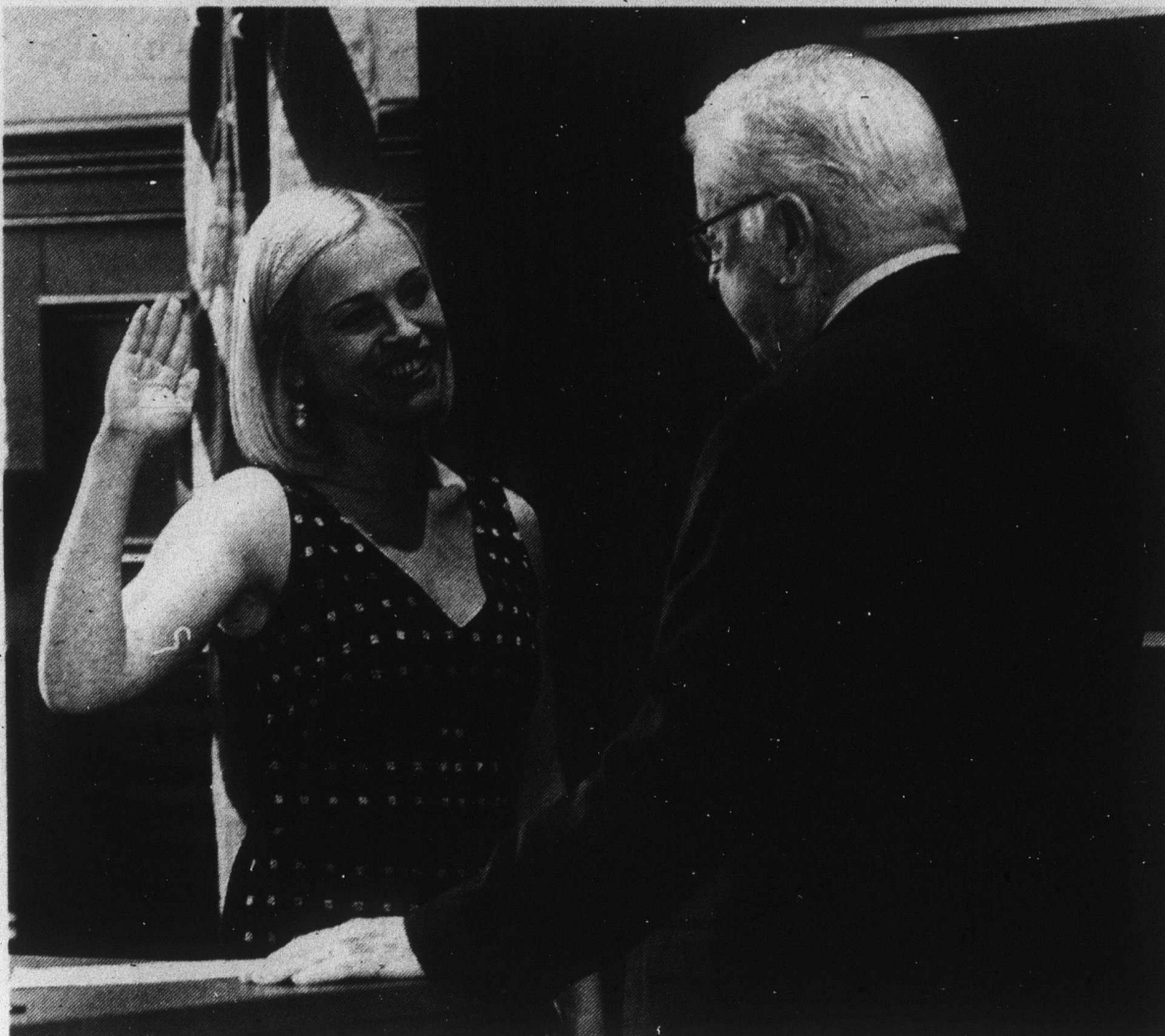
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MADAM PRESIDENT – Ward 5 Councillor Kirsten Hughes is sworn in as the new president of the City Council by City Clerk Joseph Shea at Monday's Inauguration ceremonies in The Great Hall, James R. McIntyre Government Center. Hughes, who was elected to her third two-year term as the Ward 5 representative, is only the second woman to serve as Quincy City Council President. The other is the late Patricia Toland who also served as a vice chairwoman of the Quincy School Committee before being elected a councillor at-large.

Newly Elected City Council President

Hughes: Downtown Will Be The Place To Be

By SCOTT JACKSON

Ward 5 Councillor Kirsten Hughes focused on the revitalization of Quincy Center and vowed to work with state and local officials to bring jobs and economic growth to the city after being unanimously chosen by her colleagues as the body's president.

Hughes was elected council president for the upcoming year during the council's organizational meeting Monday morning, following the inauguration of Mayor Thomas Koch in the James R. McIntyre Government Center. Hughes became the second woman elected council president in city history; the late Patricia Toland was the first.

The eight members of the council, including three new ones – Councillors at-Large Noel DiBona and Nina Liang and Ward 3 Councillor Ian Cain – were sworn in during the ceremony. DiBona, whose mother is of Thai descent, and Liang, whose parents emigrated from China, are the first two Asian Americans elected to the council and Cain is the first African American.

A resident of Wollaston's Willow Avenue, Hughes was first elected to the council in 2011. She is an attorney and the chairwoman of the Massachusetts Republican Party.

Speaking to the crowd of more than 400 residents and elected officials in atten-

dance, Hughes said she and her husband, Phil Doherty, are raising their two sons in Quincy, which she called a wonderful place to live with a vibrant downtown.

"Phil and I are raising our boys in Quincy just as my parents raised me and my brothers here. It's a wonderful place to live and have a family. It's a big city, but has the charm of individual neighborhoods where we know and look out for our neighbors," Hughes said.

"It has a vibrant downtown that is the focus of so much of our effort. Together with the mayor, we are working to make it a destination for Quincy residents and visitors. I remember as a kid my mom taking us to Child World every payday to get a

prize. Downtown was once the place to be – bustling with activity and safe for the whole family – and it should and will be again."

Hughes said the council would work with the mayor, the city's delegation on Beacon Hill and Gov. Charlie Baker and Lt. Gov. Karyn Polito to address issues important to the city and the state as whole, including economic development. The city should also look out for its many small businesses, she stated.

"I look forward to the council joining with Mayor Koch, our State House delegation and Gov. Baker and Lt. Gov. Polito to address those issues vital to Quincy and our entire state. We will focus on bringing jobs and

economic development to our city. And while we seek new businesses we will remember our many locally owned, family businesses," Hughes said.

"My second home, as many of you know, is the Common Market, where I have worked for 22 years. Jack and Greg run a family business that is like family to so many of its employees and customers. When we address economic development, let's be sure we provide equal assistance to our small businesses that are homegrown."

The council, Hughes continued, will seek community solutions to the opioid epidemic seen in Quincy and throughout the state.

"The epidemic of opioid abuse is tearing apart families across Massachusetts and we are not immune here in Quincy," Hughes said. "Together the council will work with police and fire to ensure they have the resources they need and we will seek community solutions to address this serious issue and help our neighbors struggling with addiction."

The body will also work to honor veterans and active duty military personnel, as well as their families, Hughes stated.

"It has been my privilege – my absolute joy – to chair the council's veterans' committee and work closely with our veterans to address the needs of those who served our nation," she said. "We will continue our work and will always honor the veterans and active duty military and their families who all hail from Quincy."

Hughes paid tribute to late Ward 6 Councillor Brian McNamee early on in her remarks. McNamee died Dec. 23 following a brief battle with cancer at age 59. He had been re-elected to a sixth term in November's election.

"This morning's ceremony marks the start of a new term for the mayor and City Council. We are excited, energized and ready to work together for our beloved city. Yet, we are also saddened by the sudden loss of our friend and colleague, Councillor Brian McNamee."

Cont'd On Page 15

NEW QUINCY CITY Council President Kirsten Hughes waves to her family after being unanimously elected to the council's leadership position by her peers at Monday's Inauguration ceremonies.

Quincy Sun Photos/Robert Bosworth

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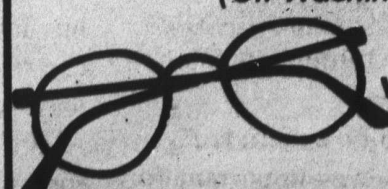
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Bregoli Identifies Seven School Priorities

Elected New School Committee Vice Chairman

By SCOTT JACKSON

Paul Bregoli, the newly elected vice chairman of the School Committee, identified seven priorities he hopes the board will address over the next two years, including a comprehensive program for dating violence at the high school level, creating an athletics subcommittee focused on competitiveness, and pressing for changes to the state board of education.

A longtime Quincy Public Schools educator and the current girls' soccer coach at North Quincy High, Bregoli was unanimously chosen as the School Committee's vice chairman during the board's organizational meeting Monday at the James R. McIntyre Government Center. (Mayor Thomas Koch is the chairman of the committee in his capacity as mayor.)

Three members of School Committee were sworn into four-year terms at the opening of the organizational meeting. Bregoli and Kathryn Hubley began their second four-year terms and James DeAmicis began his first term. DeAmicis, 19, became the youngest elected official in Quincy's history.

Bregoli, who resides on Willow Avenue in Wollaston, highlighted the accomplishments made by the committee since he was first elected to a seat in 2011.

Among the feats he identified were an initiative making community service a prerequisite for high school graduation; increasing academic standards for athletes; hiring health educators and athletic trainers at both high schools; taking steps to address concerns over non-resident students, resulting in the dismissal of 50 non-resident students last year at a savings of \$750,000; CPR training for middle schoolers; new elementary report cards; opportunities for swimming, wrestling and tennis in the middle schools; and plans to replace Sterling Middle School as well as the installation of new doors, windows and roofs at other schools.

Despite those accomplishments, Bregoli said the committee could not be satisfied.

"There is a saying that if what you did yesterday looks good to you today, then you haven't done much today," Bregoli said. "We as a committee, as a school system, cannot be satisfied. Rather, we must continue to identify deficits and shortcomings that confront the school system and find solutions, because 'if you are

not part of the solution, you are part of the problem."

Bregoli identified seven priorities for his colleagues to explore:

- A requirement that high school students register to vote;

- Expansion of the high school band, totally outfitted, and creating a middle school marching band;

- Continuing to ensure opportunities at both high schools are equal, which Bregoli credited to former member David McCarthy;

- Creating an ad hoc subcommittee on athletics to review possible changes to ensure competitiveness, including changing divisions, leagues or combining teams;

- Putting in place a comprehensive program on dating violence for high schoolers;

- Exploring the changing school population and identifying long-term solutions, such as redistricting, to address overcrowding; and

- Working with state legislators to reform the state Board of Education.

Bregoli, earlier in his remarks, was critical of the Massachusetts Board of Elementary and Secondary Education, citing "nonsensical mandates" that don't help teachers.

"Our teachers are our most valuable assets in all of this. Their dedication to the profession, their investment of themselves in the daily lives of our children is second to none. This happens on a daily basis, despite nonsensical mandates from the board of education, which do not help but instead hinder our teachers," Bregoli said.

"Most members of the board have no educational credentials, let alone never having stepped foot in a classroom. I liken this system to a plumber telling a heart surgeon how to operate on a patient. I suggest our legislators take steps to ensure that all members of the board of education have some type of educational experience."

Bregoli said it was his teachers in the Quincy school system, particularly Pat Drew, Mario Casali, Robert "Knobby" Nolan and John Walsh, a principal at North, who inspired him to pursue a career in education. Bregoli taught in Connecticut and Greenfield, Mass., before returning to Quincy for 34 years.

Bregoli concluded by saying it was important for the committee to listen to concerns raised by parents, students and teachers to bet-



NEW SCHOOL COMMITTEE Vice Chairman Paul Bregoli acknowledges the support of his colleagues on the committee after he was unanimously elected to the leadership post at Monday's Inauguration ceremonies in The Great Hall, Jame R. McIntyre Government Center. From left in the background are School Committee member and immediate past vice chairperson Kathryn Hubley, new Councillor at-large and former School Committee member Noel DiBona and Ward 5 Councillor and new City Council President Kirsten Hughes. Hubley and Bregoli were also sworn in to their second four-year terms.

ter the system.

"We on the School Committee are the voices, the advocates for the children, parents and staff members of the school system," Bregoli said. "We must listen to concerns, sometimes take political risk, and do what is best for the entire system."

"I am excited about the next several years and look forward to working with my colleagues, the mayor, the superintendent, Allison Cox and the [Quincy Education Association], and the people of the city of Quincy. Let's continue to move forward and remain amongst the leaders in education in the Commonwealth of Massachusetts."

Hubley nominated Bregoli for the vice chairman position. She was vice chair the past two years.

"He is a very caring person who comes across a bit rough at first, but is all heart," Hubley said. "When Mr. Bregoli talks about any of his past students or his current soccer team players, he gets so filled with pride you can see it in his face, you can hear it in his voice, and you just know how much he really cares as he recalls all of their efforts and achievements."

Barbara Isola, who was vice chair before Hubley, seconded the nomination.

"It's because of Paul's absolute commitment to the Quincy Public Schools and the students we all serve that it is my privilege to second his nomination. One thing I can say about Paul is you always know where he stands - he'll tell you if you're not sure - and that's always a good thing," Isola said. "It is a pleasure working with you."



NEWLY-MINTED School Committee member James DeAmicis - at age 19 the youngest Quincy resident to serve in elected office - offers congratulations to new School Committee Vice Chairman Paul Bregoli. DeAmicis, Bregoli and Kathryn Hubley were sworn in to four-year terms Monday.

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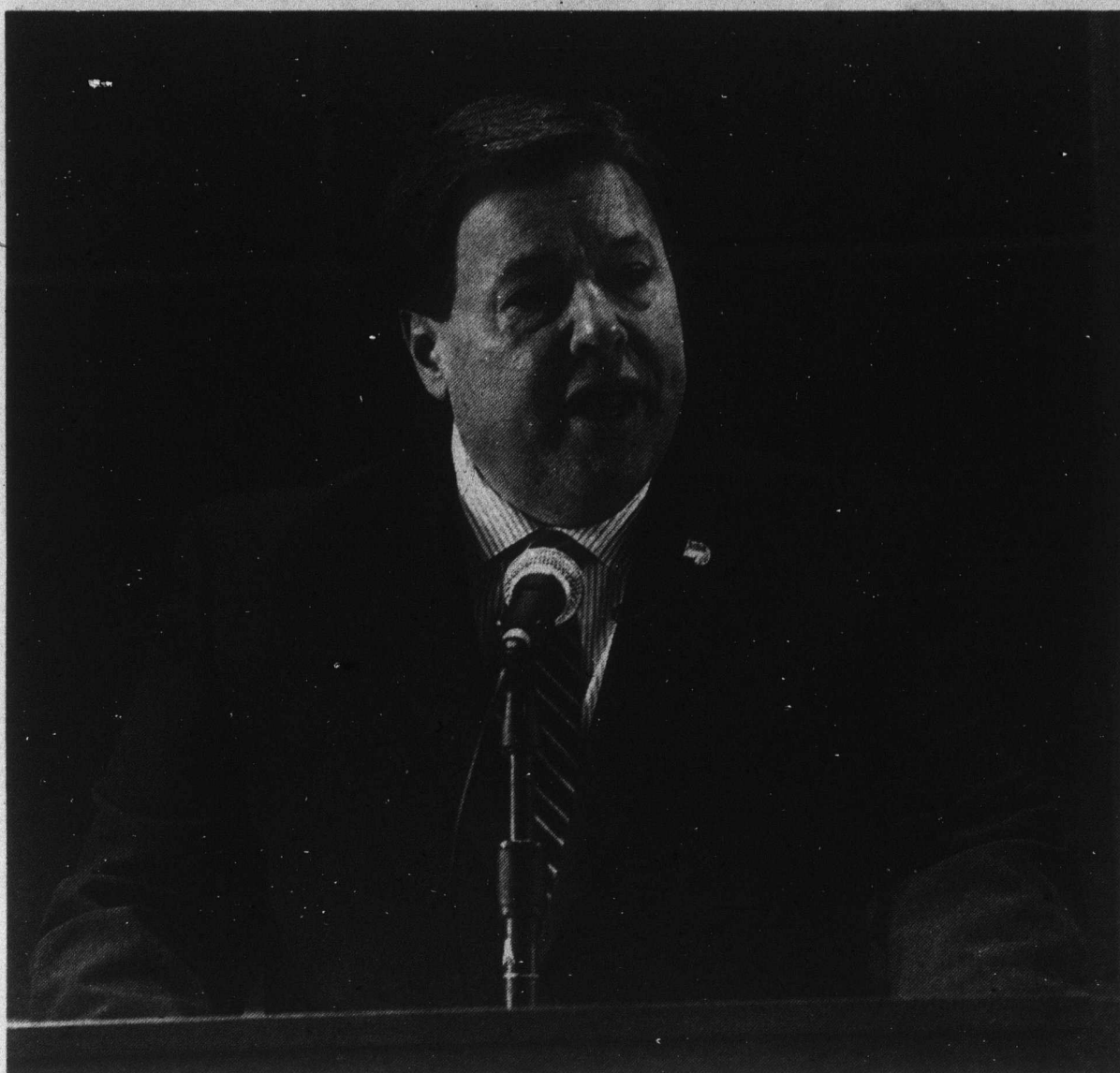
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"LET'S TAKE THIS great opportunity, build upon what we've started together, and move Quincy toward 2025," Mayor Thomas Koch said in his fifth Inaugural Address Monday in The Great Hall of the James R. McIntyre Government Center. Quincy Sun Photos/Robert Bosworth



PAST AND PRESENT city, state and federal officials including former Mayor James Sheets (right) congratulated Mayor Thomas Koch (left) after the mayor was inaugurated into his fifth term Monday. Koch would tie Sheets as the city's longest serving Plan A mayor with 12 years he completes his current and first four-year mayoral term in 2019.

Koch Focuses On City's 400th Anniversary

Cont'd From Page 3

"Each generation has met the challenges of the day, and I truly believe we are meeting ours. But let's ask ourselves, 'how can we make it better, how do we want to leave it to our children and grandchildren? Where do we want our city to be in 2025? How do we do our part to strengthen that chain between our past and the future?'"

"Let's take this great opportunity, build upon what we've started together, and move Quincy toward 2025. And let's do it with the kind of shared vision, collaboration and hard work that would make all of those who came before us proud of what they created."

As part of this vision to better the city by 2025,

Koch said he plans to unveil the framework for a "multi-year plan that will touch every possible aspect of civic life," to the City Council, School Committee and residents in the coming months. Some parts of the plan, he said, are underway already while others can be accomplished in the short- or long-term.

"This plan will only be made complete by the commitment made in sweat, talent and passion brought by all of us to the table," Koch said. "And it will take all of us — elected officials, business leaders, our nonprofits, community groups, and residents from every neighborhood."

As part of his vision for the city's public schools, Koch said state and federal

mandates have forced educators to "teach-to-the-test." The mayor said those mandates put each student in an identical box, while each child is unique.

"We know that what children need to succeed in school is a broad range of experiences, opportunities, and support; time spent exploring ideas, responding to our world through the arts; collaborating with peers; creating, building, writing, reading, finding success in school, all within a supportive environment of caring adults, appropriate facilities, and up-to-date materials and equipment," Koch said. "This is where our focus must be in the next decade."

As the city grows, the mayor added, so must the

educational space available in the public schools.

"Our continued growth as a community must be coupled with the continued growth of our school system, and we'll work together to provide the additional educational space necessary as part of our growth and to ensure that every child has the chance to succeed," Koch said. "This also means the continued progress on rebuilding and restoring our existing school buildings — the new Sterling Middle School on its way is just the next step in our progression."

"Fewer things will define our future, and what we leave for our children and grandchildren, than the education we provide. Our community is counting on

us, and our legacy demands it of us."

Turning to the city's infrastructure and transportation network, Koch said no planning for the future would be complete without plans for city infrastructure.

"No vision can be complete without a comprehensive action plan to address the long-term needs for roads, bridges, sidewalks, underground utilities, flood-relief, and seawalls," he stated. "This expanded focus will include augmenting state financing for road reconstruction with additional local funding."

"As we make this commitment to upgrading our infrastructure, we must be mindful that many of these same roads were laid out for 18th century travel — horses and cows more than cars and buses," Koch added.

"We are a 21st century city, and it's time we move beyond the 18th when it comes to our transportation system. This will require a total reimagining of traffic and parking systems in dire need of new innovation and neighborhood collaboration; making travel easier and safer; and working with our state and federal partners to create a public transportation system that is functional, reliable and prepared for the growth our community anticipates in the coming

years."

The mayor's capital plan will also include a new public safety headquarters for the Police and Fire Departments and renovations to the city's eight firehouses.

"Now more than ever, we must be ready to address whatever public safety crisis emerges next — with the right training, the right technology, the right equipment and the right facilities," Koch said. "Our public safety buildings were quite literally built for horse and wagon — and this must change. We will move forward with plans for a new public safety headquarters and improvements to our firehouses as part of the capital portion of the plan."

Shifting his attention to the city's natural and historic resources, Koch said his administration is eyeing the purchase of two Adams Street parcels in the vicinity of the Adams National Historical Park as well as an upgrade to the entrance to the crypt under the United First Parish Church where Presidents John and John Quincy Adams and First Ladies Abigail and Louisa Adams are entombed.

"As part of our long-term plan, we propose the use of community preservation funds to purchase two very significant parcels on Adams

Cont'd On Page 13

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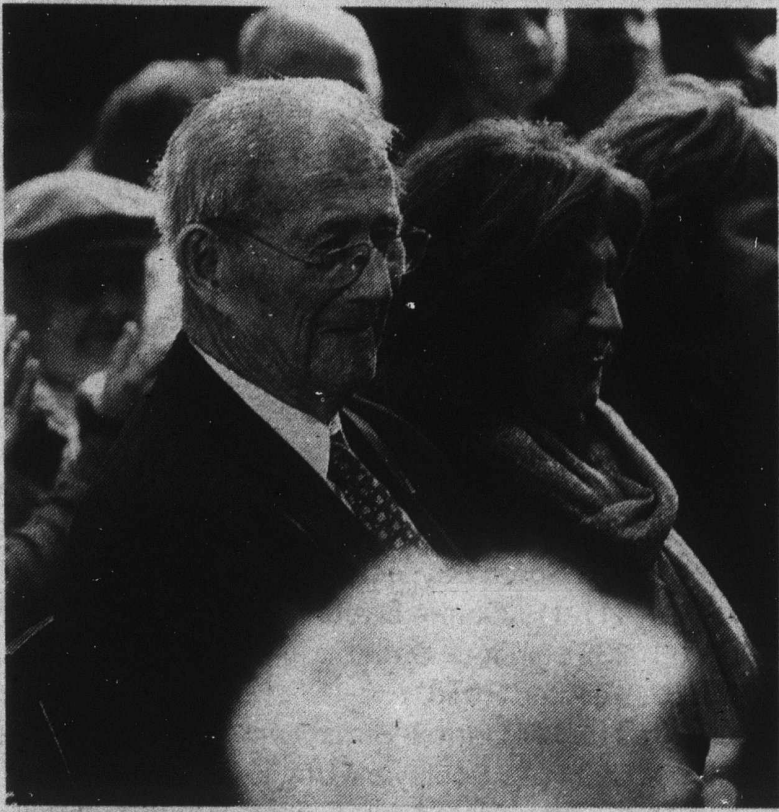
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RECENTLY RETIRED Norfolk County Commissioner and former City Clerk John Gillis, age 90, smiles after being introduced at Monday's Inauguration ceremonies at the James R. McIntyre Government Center. At right is Josephine Shea, wife of City Clerk Joseph Shea. Joe Shea succeeded Gillis as city clerk and as county commissioner.



CITY CLERK Joseph Shea (second from left) receives applause after Mayor Thomas Koch noted in his remarks that Monday's Inauguration was Shea's last as city clerk. Shea will be retiring in the spring. Among those applauding are School Supt. Dr. Richard DeCristofaro (left) and School Committeewoman Barbara Isola (right). Quincy Sun Photos/Robert Bosworth

Koch Focuses On City's 400th Anniversary

Cont'd From Page 12

ams Street as open space to protect the Peace Field and Beale properties, both national treasures," the mayor said.

"Our plans, with the consultation of the Adams family and the First Parish Church will include an upgrade to the entrance to the crypts of our presidents and give them the dignity they deserve. This is a sacred shrine, which will be made more welcoming by the Hancock/Adams Green which will honor our Founding Fathers and provide a beautiful park space for our residents and visitors to enjoy."

Koch said more needs to be done to cultivate arts and culture in the city. Planning for the next decade will include a new arts center and efforts to preserve existing centers, including potentially the Wollaston Theatre.

"From the author John Cheever to the actresses Ruth Gordon and Lee Remick all the way to the earliest performances of the Dropkick Murphys, our cultural and artistic heritage is almost as rich as our history. We must do more to cultivate and grow this heritage," Koch said.

"Our visioning process for the next 10 years will include planning for an arts center and an effort to protect and expand our existing cultural centers - including the possibility of preserving the Wollaston Theatre for performing arts."

Plans for economic growth in the city over the next decade will move beyond the revitalization of the downtown district, Koch said, and also focus on growth in the areas around Quincy's three other MBTA stations.

"Today, more people want to live in our city than at any time in recent history,

and we have a critical role to play in harnessing that growth into the potential we have as a community. That means not only continuing our decades-long drive to revitalize Quincy Center but [also] fostering growth in our other transportation hubs - Wollaston Center, North Quincy and Quincy Adams," Koch said.

"It means new thinking and a new vision about how we create workforce housing; how we keep our identity as a middle-class community while welcoming growth; and how and where we create the opportunity for responsible commercial expansion. It means building upon our existing planning framework, developing new ideas, and soliciting the community's input to foster development in the right places and while at the same time maintaining the character of our existing neighborhoods."

In terms of public buildings and services, Koch said it is time to look at the Thomas Crane Public Library's three neighborhood branches in Wollaston, North Quincy and Adams Shore to make decisions about locations and upgrades. Additionally, planned outdoor amenities at the Kennedy Center should be completed, the mayor stated, while also moving forward with plans for a satellite facility at the Fore River Club House in Quincy Point.

Koch also re-iterated a commitment to veterans' services, and said any plan for the future must maintain or improve such services.

Environmentally, Koch said Quincy would be on the forefront of sustainability statewide. He called for plans for coastal resiliency and the largest tree-planting campaign in city history.

"The health of our coastline and our marshes,

brooks and ponds are vital components to the health of our city and our efforts must focus on protecting these waterways - and protecting the neighborhoods that surround them," Koch said.

"As we safeguard our coastal resources, we must do the same for our urban forest. To that end, as part of our planning process, I will ask that we embark on the largest tree-planting effort in our city's history."

Koch concluded by saying that those who most need the city's help must also be accommodated in his vision for the next decade.

"Our work must include those who need us most - those suffering from addiction, homelessness and mental illness and abject poverty," he said.

"Much has been said about the progress we've made on many of these issues, but let us not shrink from brave thinking in the coming years: that by 2025 we can end opiate addiction; that every member of our community will have a roof over their head; that the mentally ill will have the treatment they need and that the desperately poor will have the opportunity to rise up like so many of our ancestors did.

"This may sound like an unreachable goal - and perhaps it is - but our work should strive toward nothing less."

As part of the opening of his speech, Koch thanked former City Councillors Michael McFarland, Doug Gutro and Kevin Coughlin and former School Committee member David McCarthy for their service to the city and welcomed new Councillors Ian Cain, Noel DiBona and Nina Liang and new school board member James DeAmicis.

The mayor also acknowledged the passing of Ward 6

Councillor Brian McNamee and retired Quincy Public Schools Superintendent Eugene Creedon.

Additionally, Koch recognized Shea, who previously announced he will retire from the city clerk position in the spring and was officiating over his final inaugural ceremony.

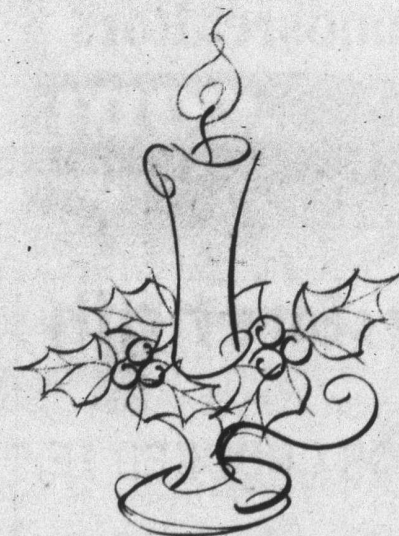
The crowd present for Monday morning's ceremony, which also included

organizational meetings for the City Council and School, included dozens of past and present city, county, state and federal elected officials.

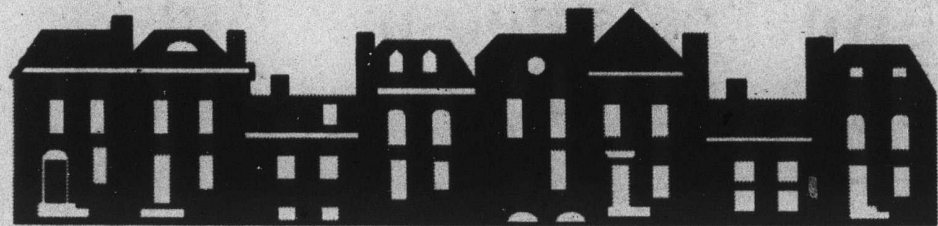
Among them were former Mayors Walter Hannon, James Sheets and William Phelan, whom Koch defeated in November's election; U.S. Rep. Stephen Lynch and former U.S. Rep. William Delahunt; state Sen. John Keenan and Reps.

Bruce Ayers and Tackey Chan; former state Treasurer Tim Cahill; Braintree Mayor Joseph Sullivan; Norfolk Sheriff Michael Bellotti, District Attorney Michael Morrissey, Register of Probate Patrick McDermott and Register of Deeds William O'Donnell; retired City Clerk and County Commissioner John Gillis; and Mark Coven, presiding justice of the Quincy District Court.

A Mass of Blessing for the City of Quincy



Sacred Heart Church
Thursday, January 7, 2016
7:00 p.m.
Collation to follow



Real Estate

Quincy Real Estate Transactions Dec. 28 - Dec. 31

Seller	Buyer	Amount	Address
Joseph A. & Cettina Schepis	Shu Z. Zhang & Feng Chen	\$609,000.00	59 Holmes Street
Ellen Corbett & Michaela Sullivan	Jose L.O. Ramos, Varicela & Carlos L.V. Velazco	\$575,000.00	80-82 Edwards Street
CJ&E Property Management LLC	Justin Lau & Brigitte Arle	\$250,000.00	105 South Bayfield Road
Bruce D. Luscombe	John & Kaliopo Kyriakidis; Sabra Park	\$300,000.00	117-119 Centre Street
George G. & Sandra J. Burke	JQK LLC	\$900,000.00	339 Hancock Street
Joseph J. & Angelika A. Priscella	Ryan M. Stuart & Jonathan P. Murphy	\$529,900.00	42 Alton Road
Miriam M. Salvaggi	Steven F. Fossella	\$460,000.00	115-117 Darrow Street Unit 1
Malgorzata K. & Mark Moreau	Brittany Dolan	\$252,500.00	200 Falls Boulevard Unit E-202
Mary McLaughlin	Lenny L. Chen	\$200,000.00	10 Presidents Lane Unit 10-1
Linda M.Z. Capiferri	Jiafan & Xiaorong Huang	\$303,000.00	228 Centre Street
Stephen G. MacDonald	Ilango & Vijayakshmi Kumaran	\$348,000.00	85 Village Drive Unit 8-1
Merri M. McNeil Marden & Edward A. Marden	Forest Avenue Realty Trust	\$310,000.00	118 Forest Avenue & 52 Holliston Street
Constitution Properties LLC	John B. & Sarah L. Mattes	\$393,000.00	66 Randlett Street
Patrick G. & Bernadette Queally	Michael Thornton	\$475,000.00	48 Shea Street
Scribi Irrevocable Trust	Future Trust	\$218,500.00	14 Sampo Place
Paul Miller & Elizabeth O'Brien	Michael J. Miller	\$388,000.00	85 Manet Avenue
Edward L. & Margaret R. Devlin	TAJ Family Trust	\$117,500.00	1243A Sea Street
Anthony & Dawn Kosinski	Shi Wu Huang & Min Hui Zheng	\$480,000.00	146 Harriet Avenue
Joseph & Megan Yeretsian	James D. & Lorraine P. Kehoe	\$369,000.00	100 Marina Drive Unit 508
U.S. Bank National Association	Png C. Cai	\$235,000.00	90 Quincy Shore Drive Unit 621
Roman C. Mangapit	Huyen & Mikel Bui	\$311,000.00	750 Willard Street Unit 6B

After Historic Winter, City Weighing New Snow Equipment

Cont'd From Page 9

safe, first and foremost. By saying that, I mean a fire truck or ambulance can get up and down every street to respond to a call. Obviously, we have a lot of walkers in our city with the T stations, so safe walking routes.

"It was a nightmare. Does it put a strain on equipment and things? Yeah, we would like to have this or like to have that. The flipside is you don't want to overreact in a sense of buying all this equipment and you could have a couple years with nothing."

"I thought we responded fairly well," Koch continued. "I really do. People worked extremely hard. Everybody, the departments and managers, we were working around the clock. I was out there every night and making decisions every day; we were attacking it each and every day."

The mayor said Quincy also benefited from a decision made previously to use larger contractors for snow removal. By doing so, Koch explained, the city had better access to heavy equipment.

"A few years ago when I went to more outside contractors, real contractors, not just little pickup trucks, it enabled us to immediately access a lot of heavy equipment that those companies had either in inventory or because of the business they're in they could call in 'x' amount," Koch said. "That was huge for us."

Koch said the city fared better than neighboring towns and promised Quincy would do so again this winter, if severe snowstorms strike back.

"We were in far better shape than the communities around us," he said. "I witnessed that. I heard that from people that lived around and worked in Quincy. There

was a significant difference when you left the roads in those towns and came into the city and that's my expectation again. We will lead the way in that. I just hope it's not as bad."

In total, Quincy spent \$13.5 million on snow and ice removal during the fiscal year that ended June 30, 2015; the city had allocated \$1.76 million for such costs in budget. Of that total, \$7 million was spent hauling snow from city streets to three snow farms and \$1.5 million went towards operations inside those locations — such as stacking and pushing the snow. Plowing and salting city streets cost \$2.2 million and \$1.3 million was spent on snow preparation, a category that includes the purchase of fuel, salt and sand as well as vehicle maintenance.

The city will pay the \$11.1 million deficit incurred in the snow and ice removal budget last year over the course of three years interest free, taking advantage of a program offered by state officials to municipalities across the Bay State in the aftermath of last winter. The lion's share of the first year's payment of \$3.7 million — \$2.17 million — is from the free cash left over at the end of the previous fiscal year with the remaining \$1.53 million collected from this year's tax levy.

Koch, in the interview, said he bristles when he hears comparisons of the amount Quincy spent on snow removal with other communities, which did not undertake as much hauling

of snow as the city did.

"The smaller towns, they don't do the removal we do. I still get aggravated when people talk about it... Worcester just did some removal in downtown like they always do. They didn't do anything in the neighborhoods," Koch said.

"We were removing from virtually every neighborhood in the city; we were clearing streets in every neighborhood and that's tedious work. With the loaders you're hitting trees, hitting power lines. You've got to be so careful backing up."

"We're a city so people are coming home all hours of the night walking from the T — that was one of my biggest fears, someone getting run over by a front loader or something. So you have to be slow, you have to be methodical."

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Technology Helps Police Locate Missing 84 Year-Old Local Woman

An 84 year-old Quincy resident who suffers from Alzheimers wandered from her home and was located by a Quincy police officer Tuesday morning using SafetyNet by Lojack technology. She was found safe lying inside a vehicle near her home.

At approx. 2 a.m., Quincy Police responded to a call of a lost person. The reporting party stated that he was unable to locate his elderly grandmother. He stated that he last saw her in the home at approximately 9:30 p.m.

last night when she was assisted to bed for the evening. After checking the home and unable to find his grandmother, he contacted the Quincy Police. Several police units were dispatched to assist.

It was quickly learned that the elderly female was part of the SafetyNet by Lojack program. Using the technology, Officer Andrew Keenan was able to follow the signal from the woman's SafetyNet by Lojack tracking bracelet. She was found alert and unharmed within

one hour of being reported missing. This was the officer's first time using the SafetyNet tracking equipment since his training this spring.

More information on the SafetyNet by Lojack Service, which is available for individuals with cognitive conditions such as Alzheimer's and autism that may cause them to wander, can be found at

<https://www.safetynetby-lojack.com/> or on the Quincy Police website www.quincypolice.org

Hughes: Downtown Will Be The Place To Be

Cont'd From Page 10

"Our thoughts and prayers are with his family and friends," Hughes said.

"Brian was a fierce advocate for Ward 6 with a unique sense of humor. Though originally from Rhode Island, his passion for his ward and the city showed he was as much a part of Quincy as any of us. We will miss him."

Councillor at-Large Joseph Finn, a resident of Ward 6, will ensure the needs of the district are looked after until a new councillor is seated following a special election this spring, Hughes said.

Hughes concluded her remarks by saying the new council reflects the changing face of the city, and its members are ready to make Quincy a better place to live and work.

"We have a lot of work ahead of us. As I look out at our new City Council, I see three new councillors - all born and raised here. This new City Council reflects

the changing face of the city," Hughes said.

"Like the city, the council is energized and ready to work hard toward a brighter future and with a common purpose of making Quincy an even greater place to live and work."

Ward 4 Councillor Brian Palmucci nominated Hughes for the council presidency at Monday's ceremony.

"Kirsten continues on a daily basis to prove her deep commitment to the city of Quincy and has shown her dedication to making life better for its residents through her service. She is a dynamic and pragmatic leader who puts solving problems above politics," Palmucci said.

"I believe she is the right choice to lead this body - the most diverse and perhaps energetic that the city has ever seen - as it embarks on a new voyage of service and commitment to the community."

Finn, who served as

president of the council in 2014 and 2015, seconded the nomination.

"A person's true character and true attributes of leadership are most on display here not when we agree, but when we disagree," he said. "It is when a person is able to disagree without ridicule, without rancor or ad hominem attacks that we are all able to call out the best of each other. We really need such character here. I'm confident that our next president has displayed such traits."

7 Students On NDA Honor Roll

Seven students from Quincy made the term one Honor Roll at Notre Dame Academy, Hingham.

President's List: Kristen Fahey, Mackenzie Maguire.

Principal's List: Kelsie Dwyer, Marissa Gallotto, Erin Moriarty, Catherine Yameen

Honor Roll: Elsie Murphy.

Bill Burke Announces Bid For Congress In 8th District

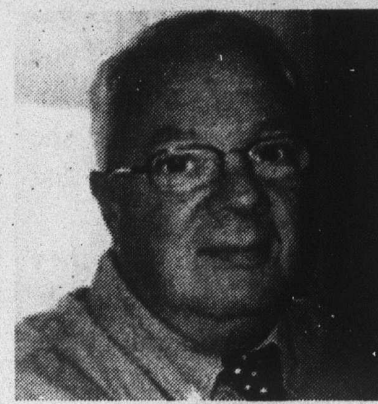
Bill Burke of Quincy, owner for 25 years of a small heating oil company in Quincy, former union laborer and computer programmer, announces his candidacy for the Massachusetts 8th Congressional seat.

Burke, a Republican, says he will wage a vibrant campaign focusing on fiscal responsibility.

"I am pleased and honored to announce my candidacy for Congress. I am one hundred percent positive that the people of the 8th district will value the work I wish to do. My main focus will be to identify and end wasteful and unnecessary spending.

"As your Congressman I feel it would be a conflict of interest to take any campaign money from anyone ever for any reason. To ensure your trust and so you will know that I only have one employer I vow to never take any money except my paycheck.

"Most importantly, the primary role for the next congressman should be to advocate for the people of the 8th district," Burke said. "There are many issues that will come before us in the



BILL BURKE

next two years. They may include transportation issues, roads, small business, housing and veteran's service. Advocating for the people's best interests will always be priority one.

"Second, your congressman should be a vital and active communications link between the government and the people. In my role as your congressman, it will be my responsibility to report back on a consistent basis what's happening in Washington. Also report back to the people who have employed me with a status of what I am doing and the progress there of. I will be constantly conscious of the responsibility I have to the people.

"Third, as your congressman, I will be a non partisan representative, by taking

the stance that I am for the people. I don't and will not vote based on party preferences. My voting judgments will be based on conservative values with mindfulness towards compassion and frugality.

"Fourth, because of my experience in retail and management, I believe I have the 'people skills' necessary to bring people together toward common goals and unity.

"I believe that the foundation of any thriving community should include technical education, the arts, helping small business form and grow, shopping and recreation. If we want to attract strong companies to the area with better jobs, we must work to enhance and expand these categories.

"I look forward to a positive campaign, meeting citizens, and tackling challenges."

For more information on Burke, please visit www.BillBurkeforcongress.com.

Burke is seeking the seat currently held by Cong. Stephen Lynch. The South Boston Democrat will be running for re-election this fall.

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On Sunday, December 20, 2015, just after midnight, Officers Jeffrey Bossart and Steve Dabilis were dispatched to a Spear Street rooming house on a report of loud neighbors who were fighting.

Upon arrival, the Officers were met by a female who was visibly upset. She led the Officers inside to the door of one of the apartments where a loud party had been going on for several hours and now people were arguing. She said she has had a long history of problems with the tenant and that he was being evicted.

As the Officers made their way to the second floor, they could hear an extremely loud TV/Stereo. The door suddenly opened and a male passed by and left the building as the Officers attempted to speak to him. The female said that he was just a visitor and he wasn't a problem. The door to the apartment was wide open and there was two males drinking beers glaring at the Officers. The Officers entered the apartment, turned the TV down and asked the males what happened. They denied any argument occurred, were cooperative, promised to keep the music off and were just leaving for the night.

As the Officers were preparing to leave, another male entered the room and angrily asked what the Officers were doing inside his room. Officer Bossart informed the male of the loud music complaint and he responded that he was deaf and wears hearing aids. This male's friends assured the Officers that they would quiet down for the night. The Officers accepted this promise and left, however, at 1:12 a.m., Officer Bossart and Officer Crowley were dispatched to the same address because the male who owned the apartment was now harassing the complainant.

Upon arrival, the Officer spoke with the female, who was upset and on the verge of tears saying that they male was playing loud noise again and was banging on her door several times while repeatedly yelling through the door calling her derogatory names. The Officers returned

A Job Well Done

By QUINCY POLICE LT. DAN MINTON



LT. DAN MINTON

to the apartment and were met by the male who immediately became belligerent and making all sorts of accusations against the female caller. The Officers attempted to convince the male to turn his music down but he could not refrain from yelling at the Officers, saying it was his home and he wasn't going to stop playing the music. The male then retorted, "In fact you know what? I'm going to turn my music up even louder." The male then raised the volume on the TV.

The Officers explained to the male that that even though it was his home he did not have the right to disturb others who lived right on the other side of the wall from his room. Repeated attempts to calm the male were met with sarcasm, vulgar language and yelling. The Officers warned the male numerous times that if he did not stop causing a disturbance he would likely be brought in for Disturbing the Peace. The male dismissed the warnings, saying that it was his room and he would do what he wanted.

As the Officers left, the male stood in his doorway swearing at them. At approximately 2:05 a.m., Sergeant Matt Tobin, Officers Crowley and Bossart were dispatched to the same address again and met by the female complainant, who was now in complete tears and very upset. She said that the male was still banging on her door, slamming other doors and repeatedly yelled to her through the wall calling her names.

The Officers then stood outside the male's door to listen

and assess his behavior. The TV could be heard clearly from the hallway and after a few moments the door opened and the male opened his door and invited the Officers into his room. Sergeant Tobin explained that this was the third complaint and asked the male if he was going to head to bed for the night. With beer in hand, the male promptly responded, "No" stating that he had a hearing disability and was going to play the TV loud in his home. The Officers noted that the male appeared to be intoxicated. When the Sergeant suggested putting headphones on to remedy the situation, the male yelled out, "What is this f@#\$%^& Walpole?! I'm gonna do what the f@#\$ I want!" He repeatedly said that he did not care if other people were disturbed because he was going to continue to act the same and was not going to go to bed or lower the volume. The male ordered the Officers to leave his apartment.

Once in the hallway, the male closed the door and yelled, "F@#\$%^& f@#\$%!" The Officers stood in the hallway hoping that the male would comply. While doing so the building Manager arrived on scene and confirmed that this behavior was common and that the eviction process was in effect. While standing in the hallway with the TV quieter, the Officers could hear the sound of a can being opened and suspected that it was another beer. He was now yelling out and laughing. He even called the Quincy Police Station wanting to know why the Officers were there. He then opened his door and started yelling, demanding to know why the Officers were still there. At this time, the decision was made to place the 28 year old male under arrest for "Disturbing the Peace." The Officers noted that even though the male wore hearing aids and claims to have a hearing disability, it was apparent to all Officers involved that he was able to properly hold a conversation and recognize what they were saying to him. Nice Work!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Dec. 19 - 26

ARRESTS:

TOTAL CALLS:

STOLEN MOTOR VEHICLES:

SATURDAY, DEC. 19

BREAKING AND ENTERING, 7:52 p.m., 300 block Granite St. Arrest made.

MONDAY, DEC. 21

VANDALISM/PROPERTY, 11:21 a.m., Grossman St. Graffiti on caller's door; has suspect info. No credible suspect info.

BREAKING AND ENTERING, 6:08 p.m., 100 block Davis St. Caller just returned home to find a bracelet, some Christmas presents and some medication were stolen.

ARMED ROBBERY, 9:59 p.m., Cliveden St. & Ross Way. Bleeding from the hand and arm. Brewster notified. Caller stated incident happened in front of Revel. Unable to confirm stabbing or beaten up; put hand through glass at landlord's apartment looking for help. One party to QMC for evaluation. Negative results for evidence at 79 Parkingway.

LARCENY, 10:08 p.m., YMCA, 79 Coddington St. Wallet containing Mass. license, credit cards and approximately \$25 cash.

TUESDAY, DEC. 22

LARCENY, 3:22 a.m., Stop & Shop, 495 Southern Arty. White minivan fled after taking bags of cloths from donation bin. Occupied by two black males. Unable to locate suspect vehicle. Unknown what was taken.

LARCENY, 8:04 a.m., North Quincy High, 318 Hancock St. iPhone.

LARCENY, 12:25 p.m., 1000 Southern Arty. Wallets taken.

LARCENY, 1:39 p.m., Quincy Auto Center, 330 Quincy Ave. Caller stated someone took his phone then he hung up. Caller called back stating a man he did not know came into his office and attempted to take his phone. There was a physical altercation, caller got his phone back and the suspect took off. One under arrest. Two warrants.

VANDALISM/PROPERTY, 8:38 p.m., 494 Willard St. Caller states he heard a pop and noticed a male running and fleeing in a small black car. His tires had been slashed.

LARCENY, 10:08 p.m., Doane St. Star shower. No suspect info.

WEDNESDAY, DEC. 23

VANDALISM/PROPERTY, 8:05 a.m., Town Brook House, 45 Brackett St. At about 4 a.m. a white female with shoulder length hair in a pony tail can be seen throwing trash around the property on video.

LARCENY, 8:14 a.m., 7-Eleven, 76 Franklin St. Victim left \$300 cash on counter at store. It was later taken by a female suspect. Happened Dec. 12.

LARCENY, 3:04 p.m., Hovey St. Package.

LARCENY, 3:28 p.m., Davis St. Larceny of packages. Two black males took package after UPS delivery. Blue 2015 Nissan Rouge; caller got plate number. Caller thinks car is following UPS truck.

LARCENY, 6:55 p.m., Stop & Shop, 65 Newport Ave. Laptop.

LARCENY, 7:32 p.m., Glover St. Off of porch.

LARCENY, 9:40 p.m., Woodbine St. Wallet taken from his motor vehicle.

LARCENY, 10:32 p.m., Davis St. Several packages taken from his home.

THURSDAY, DEC. 24

LARCENY, 8:26 a.m., Hamilton Bay, Quincy Shore Dr. Caller states snowblower was taken sometime over last week.

LARCENY, 9:55 a.m., Quirk Ford, 540 Southern Arty. Caller reporting one of her prescriptions was taken from her pocketbook. Adderall was prescription that was taken.

LARCENY, 12:32 p.m., Brackett St. Pocketbook.

LARCENY, 4:27 p.m., Warwick St. Package was stolen yesterday between 12:20 p.m. and 2:30 p.m. Caller does not wish to speak to officer, just wants it documented.

MOTOR VEHICLE LARCENY, 7:17 p.m., Dominos Pizza, 233 Quincy Ave. 2003 black Lexus. Dominos sign on roof.

LARCENY, 7:53 p.m., Brooks Ave. States suspect took her prescription and fled in unknown direction. All in black with backpack.

FRIDAY, DEC. 25

BREAKING AND ENTERING, 11:02 a.m., South St. Bedroom door kicked in:

VANDALISM/PROPERTY, 3:58 p.m., Islamic Center of New England, 470 South St. Graffiti.

SATURDAY, DEC. 26

VANDALISM/PROPERTY, 11:10 a.m., Fenno St. Rear window.

VANDALISM/PROPERTY, 11:57 a.m., Franklin Ave. Car windshield and front house window both have BB gun marks. No suspect info.

LARCENY, 1:58 p.m., McIntyre Mall, 1305 Hancock St. Caller states a bag with prescriptions stolen earlier today.

ASSAULT AND BATTERY, 3:34 p.m., Washington St. Yelling. Party possibly injured. Called in by library. White male, blue sweatshirt and jeans and work boots took off toward old city hall. Victim's bicycle secured and to be tagged and brought to station. One victim to South Shore Hospital. Victims uncooperative.

BREAKING AND ENTERING, 6:30 p.m., 1025 Hancock St. Confirmed forced entry for previous call.

MOTOR VEHICLE LARCENY, 10:38 p.m., Centre St. Service truck. Already in a hit and run in Braintree.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.



Solemn Salute For Ward 6 Councillor Brian McNamee

FUNERAL PROCESSION for Ward 6 Councillor Brian McNamee passes under a large American Flag raised by two Quincy Fire ladder trucks outside the James R. McIntyre Government Center (old City Hall) the morning of Dec. 29. At left Quincy firefighters salute in tribute to the longtime city councillor. Hundreds attended Mr. McNamee's wake and funeral at Sacred Heart Church in North Quincy. Mr. McNamee represented Ward 6 on the City Council for 10 years and was re-elected to a sixth two-year term last November. He died Dec. 23 after a brief bout with cancer. He was buried in his native Rhode Island.

Quincy Sun Photo/Robert Bosworth

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QUINCY-NORTH QUINCY Co-Op girls varsity hockey team is off to a winning start this season. Front row from left: Lindsay Lee, Dianne Cayer, Co-Captain Maura Crump, Jessica Bille, Co-Captain Savannah Flynn, Caitlyn Dooley and Katie McGahey. Back row- Head Coach Jeff Craig, Leila Hovey, Chynna Staco, Nora McLaughlin, Jordan Currie, Gretah DiOrio, Riley McLaughlin, Cassandra Davis, Meghan Greene, Carly McMorrow, Julie Whalen, Meghan Mulhern, Coach Meg Eleanor and Coach Kyle Craig. Missing from photo: goalie Karissa Beal, Kay O'Connor, Mairead Connolly and Coach Peter Chrisom. Quincy Sun Photos/Robert Bosworth

QNY Girls Hockey Goals: League Title, Tournament

10 Points In Seven Games Half Way To Tourney Berth

By ROBERT BOSWORTH

The Quincy-North Quincy Co-Op girls varsity ice hockey team is enjoying some early season success which head coach Jeff Craig hopes is a barometer of bigger and better things to come.

"Our goal is to not win just a few games," says first year Head Coach Jeff Craig. "Our goals are to make the tournament and compete for the league title if we work hard enough and do what we're supposed to do."

QNY needs 20 points to make the tournament and so far the varsity skaters representing both high schools have amassed 10 points in seven games this season. The team has 11 regular season games remaining plus contests in the Martha's Vineyard Tournament over the Martin Luther King Jr. holiday weekend.

Last Saturday, QNY skated to a 2-2 tie with Hanover/Cohasset. The team's record is 4-1-2 tied with Hanover/Cohasset for first place in the league at 3-0-1. Savannah Flynn and Kate McGahey scored for QNY.

QNY's next regular season game is Saturday, Jan. 9 at 8:30 p.m. against Peabody-Lynnfield at Quincy Youth Arena.

Craig, who joined the coaching staff late last season before taking the helm at the start of this campaign, noted last year's team got off to a challenging start dropping the first seven games. But the players continued to work hard to turn things around.

"We finished well picking up five wins and a few ties down the stretch. This

year my expectations are extremely high for this team with how we finished, the talent we had coming back, and the freshmen coming in," Craig said. "Also having a full year with them was very important to me and for them. Our goal is a league title and the tournament. There's no reason why we can't get there if we play hard and do what the coaches ask."

"We're a pretty young team age wise but not experience wise," added Craig.

This year's QNY girls hockey team has only four seniors in the whole program led by captains Savannah Flynn and Maura Crump. "Both will be huge for us this year with Flynn at center and Crump on defense," Craig said.

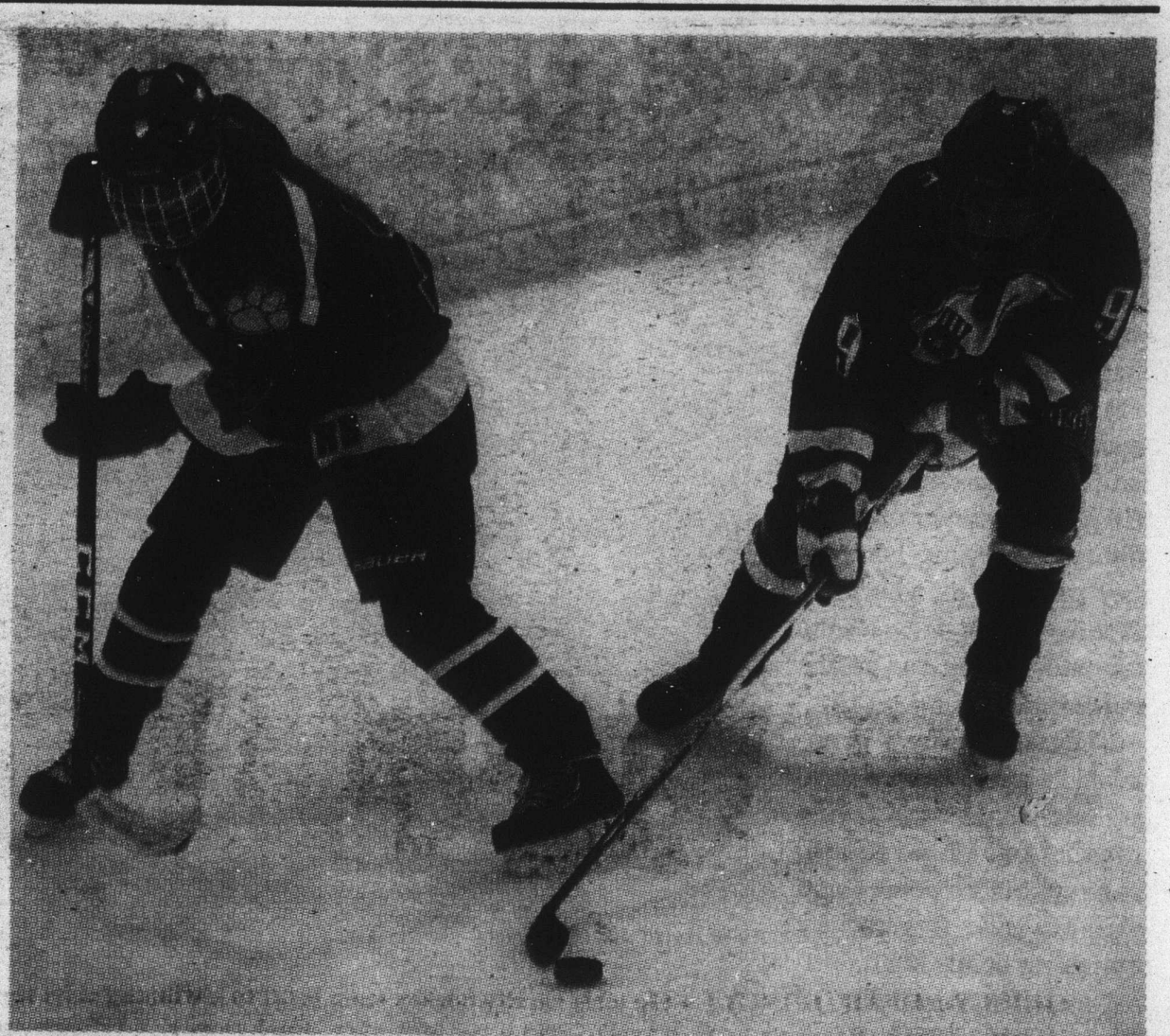
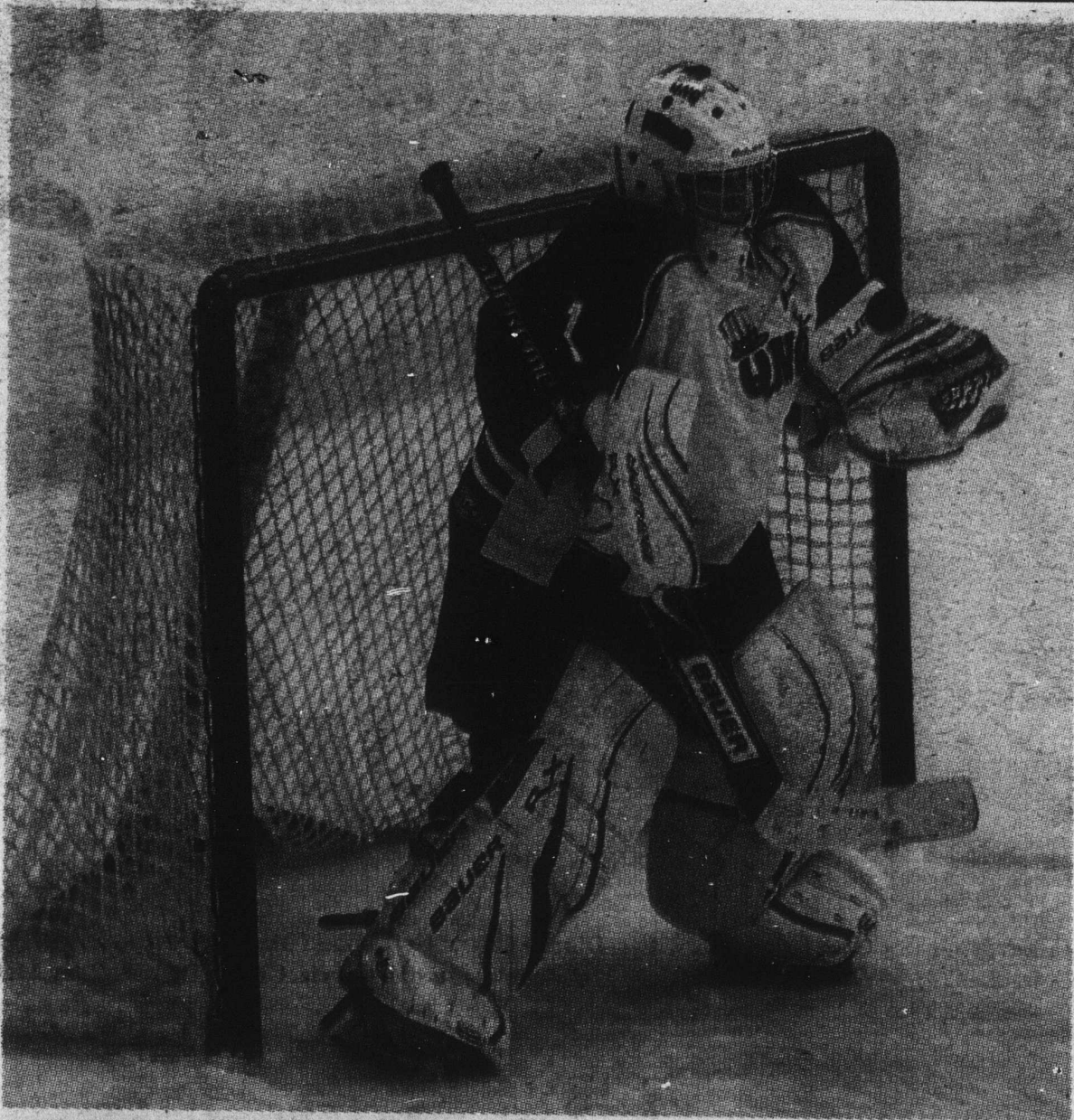
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QUINCY-NORTH QUINCY girls hockey co-captains Savannah Flynn (left) and Maura Crump with Head Coach Jeff Craig.



RILEY McLAUGHLIN lights the lamp for the Quincy-North Quincy girls varsity hockey team wristing a shot past the Oliver Ames-Mansfield-Foxboro goalie in a Dec. 29th game at Quincy Youth Arena. The teams skated to a 4-4 tie. McLaughlin has scored eight goals in seven games for QNY.



GOALIE KARISSA BEAL (left photo) has stood tall in the Quincy-North Quincy net this season. Here she makes one of her 38 saves in a 4-4 tie against Oliver Ames-Mansfield-Foxboro. Above: defenseman Chynna Staco gains control of the puck in Quincy-North Quincy's defensive zone against OA-M-F.
Quincy Sun Photos/Robert Bosworth

QNNQ Girls Hockey Goals: League Title, Tournament

Cont'd From Page 18

"The line of Julie Whalen, Riley McLaughlin and Kate McGahey is as good or better than any line I have seen this year. Freshman Cassandra Davis has been awesome for us, scoring a hat trick in her first varsity game. Forwards Kaye O'Connor, Chynna Staco and Diane Cayer will also help

up front."

Through seven games, Davis has seven goals, Flynn five and McGahey four.

"On defense we are led by Crump, Carly McMorro and freshman Meghan Greene. Greene has been a much needed addition," Craig says. "She is good defensively but also a threat with the puck scoring three

goals in her first five games.

"The forwards are led so far in goals by Davis and McLaughlin with five apiece and Flynn and McGahey with three each. Last year we probably had four goals through our first seven game. This year QNNQ has 28 goals through seven games (not including Sat. night).

"In goal we are led by

junior Karissa Beal. She has been great so far and we will need her to be throughout the season. When she gets on she is tough to beat."

After a season opening loss to a very strong Masconomet team, QNNQ ripped off four consecutive wins

defeating Norwood (3-2), Stoughton (8-0), Scituate (5-3) and Whitman Hanson/Silver Lake (4-1). QNNQ tied Oliver Ames-Mansfield-Foxboro 4-4 in an exciting and physical game Dec. 29.

Besides hard work, Craig said the team's success can

be traced to chemistry and coaching.

"You couldn't ask for a better group of girls," Craig, a 1993 QHS graduate and member of the Presidents Hockey Hall of Fame said before a recent practice at

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Quincy Girls Down NQ For 5th Straight Win

By BILL GRIFFIN

Their season is best viewed as a marathon. They are a talented, experienced team moving through the first miles of their run. There was an opening stumble against Hanover, but they have righted themselves. They have grown stronger with each passing game as they push on to what they hope is a shot at a league title and a deep run in the tournament.

They are led by a dominating senior center who can rule a game by scoring a bushel-full of points and by a sophomore point guard who can rule a game by scoring no points at all.

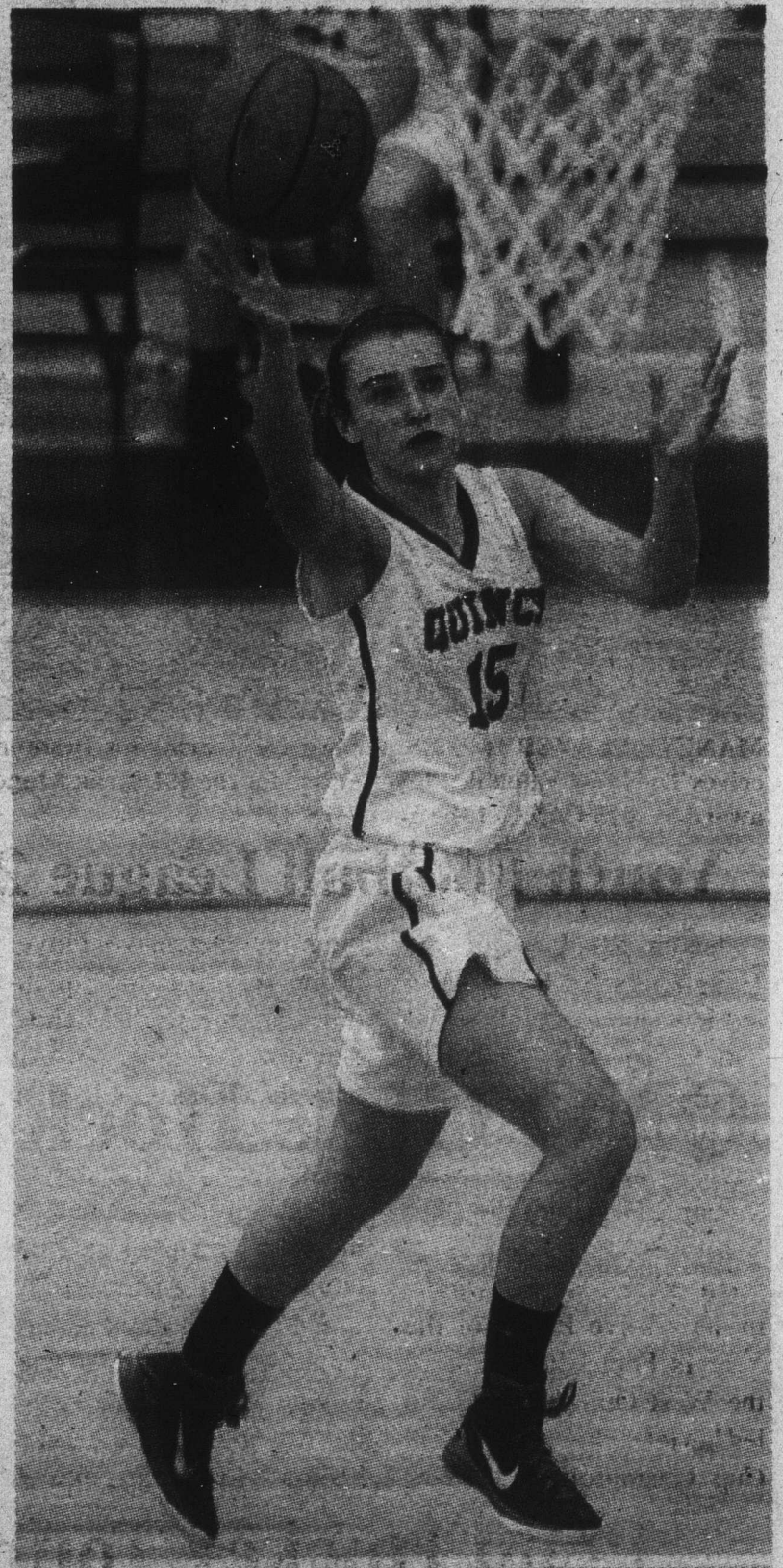
Nicole Jorgensen had 18 points, 19 rebounds and four blocks in just 19-minutes of play, and Liana Cunningham proved that the score-sheet really doesn't matter at all with a brilliant floor game to lead Quincy to its fifth straight win, a 57-33 victory over North Quincy in a Patriot League contest before a good crowd at the Quincy High gym Saturday afternoon.

"We started strong, and that's important in rivalry game like this," said Quincy coach Jeff Bretsch whose club was up 16-5 after one, 27-13 at the half and 45-21 after three. "Our press" was good early, and we able to get out on the break especially in the second half."

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NORTH QUINCY'S Remy Aucoin (left) and Quincy's Sarah Gibbons battle for a loose ball in the Presidents 57-33 win over the Red Raiders last Saturday at Quincy High.



QUINCY'S LIANA CUNNINGHAM puts up a shot for the Presidents against the North Quincy Red Raiders.

Presidents Defeat Raiders, Improve Record To 4-2

By BILL GRIFFIN

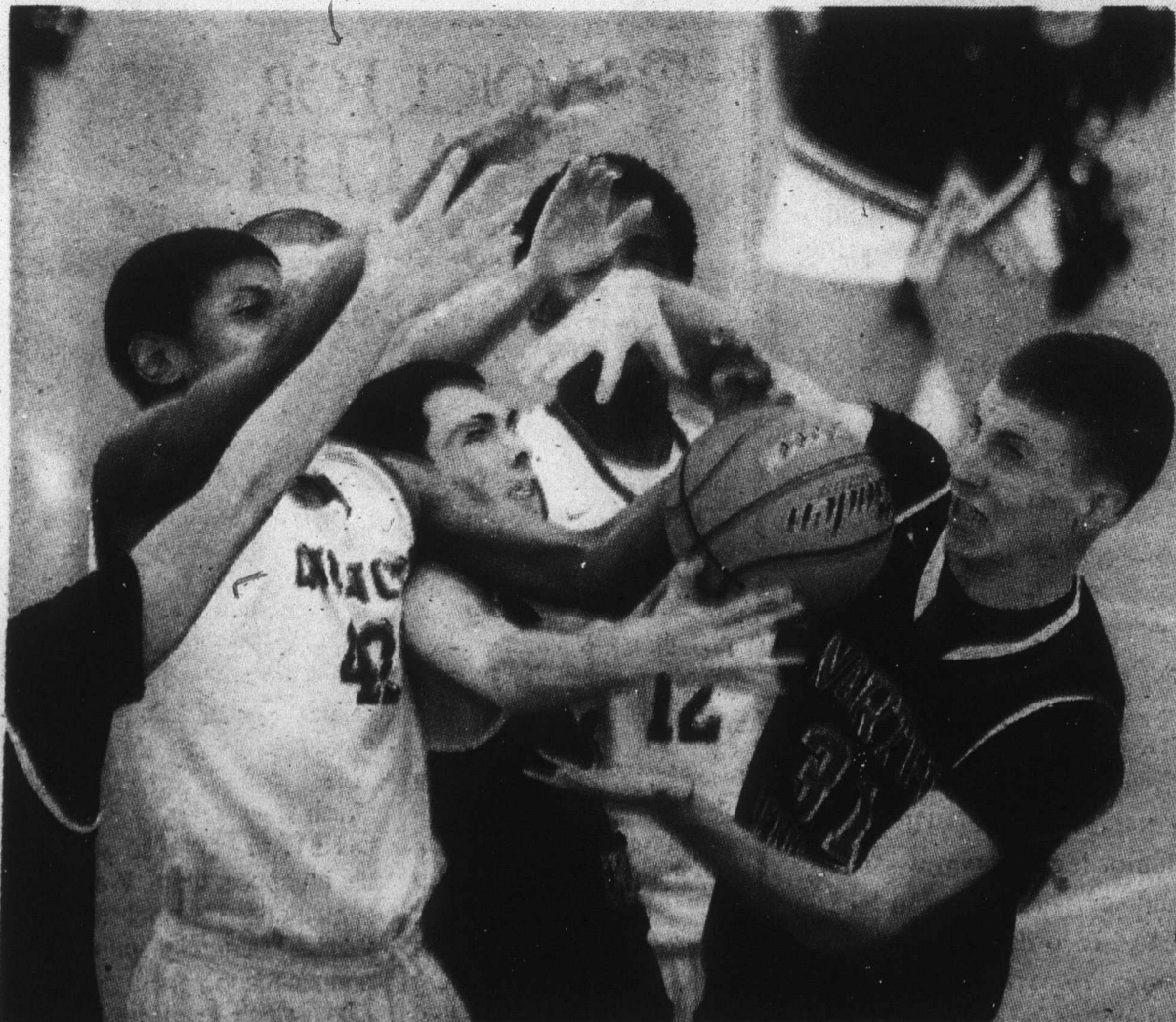
Unleash a platoon of athletes on defense, rebound the ball, give up nothing inside on one end, and get many points inside on the other.

Do all this and good things will almost always happen in a basketball game.

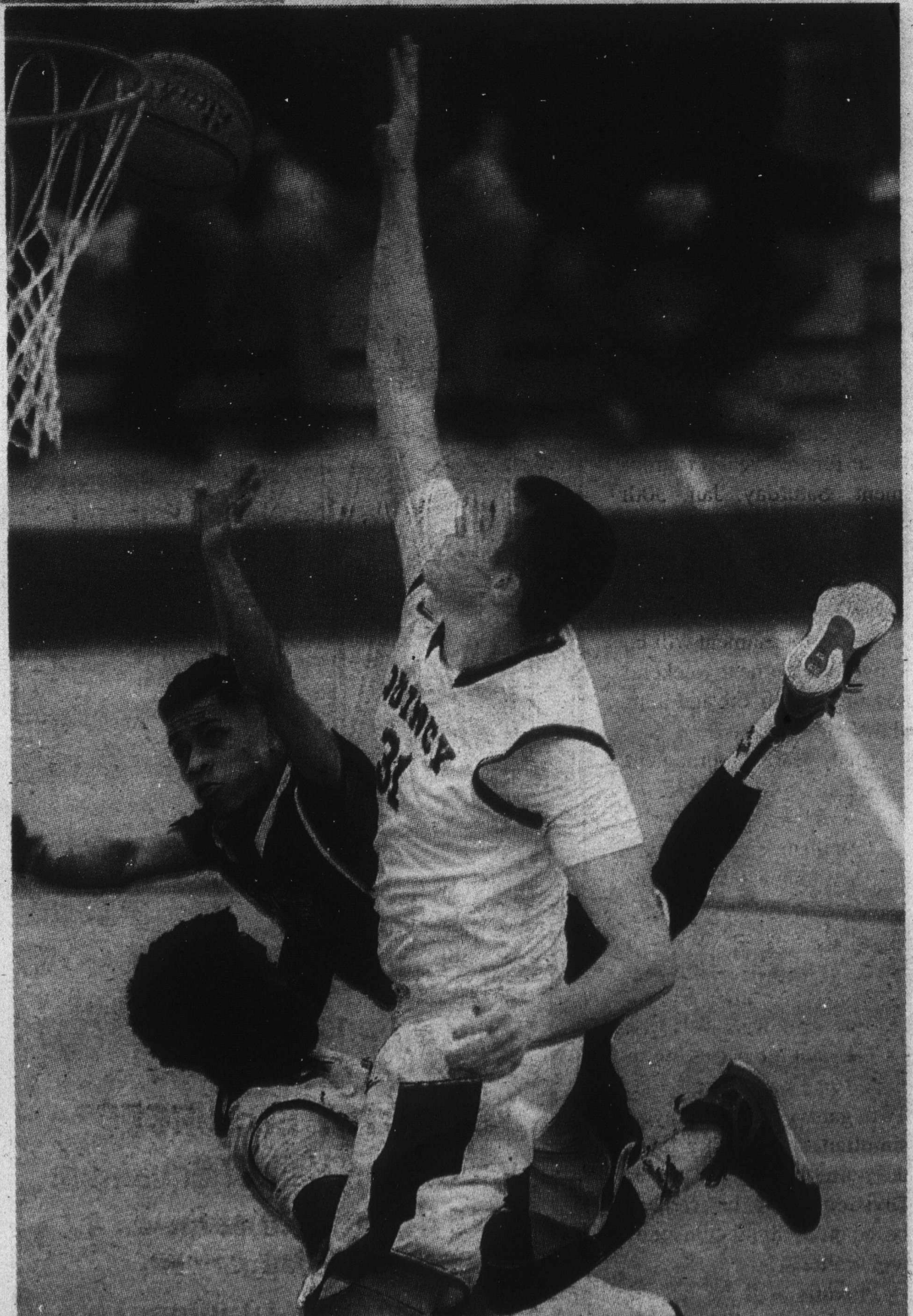
Senior Mike Munroe had 12 points and eight rebounds to lead a deep, powerful in-

side presence, and senior Dyreke Johnson headlined a sticky man-to-man defense with a pair of highlight-film plays to lead Quincy to a 55-

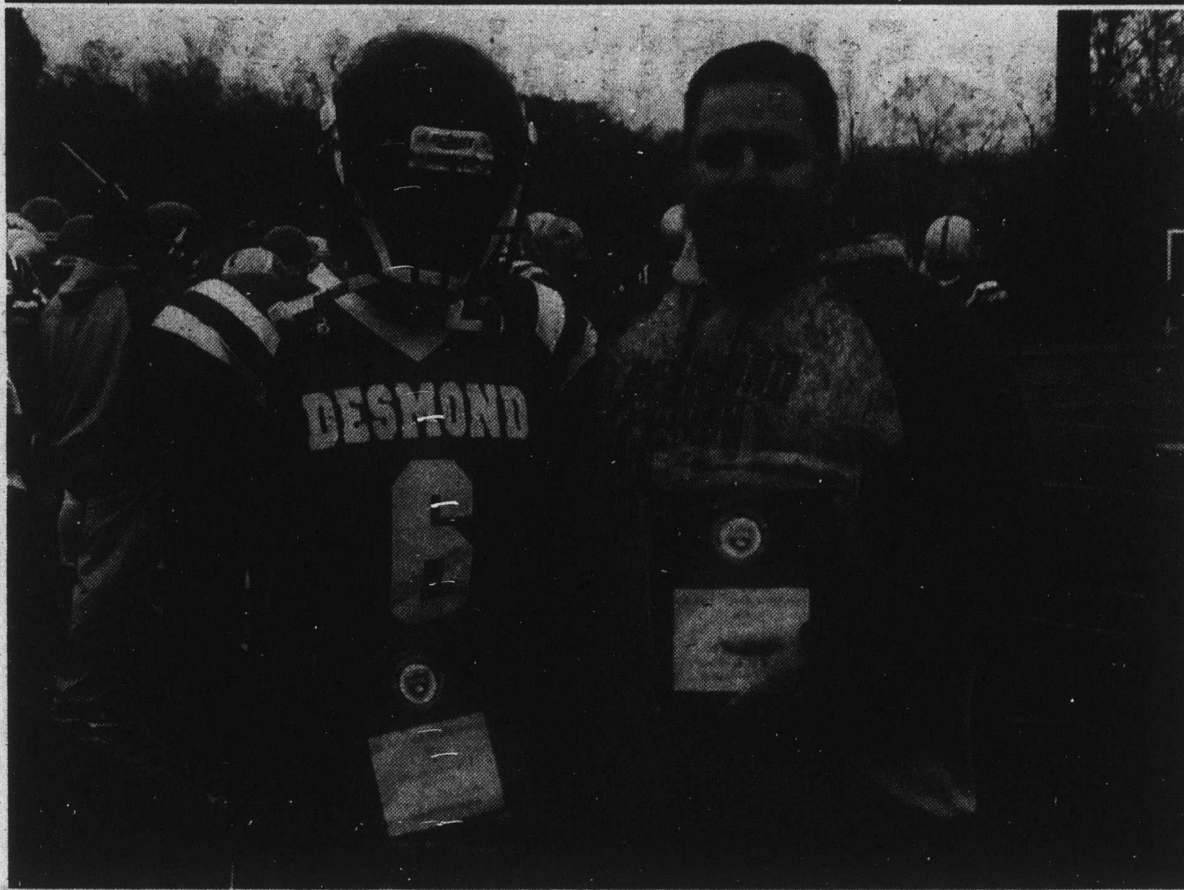
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THAT'S MINE - Quincy and North Quincy players try to gain control of a loose ball in the second half of a basketball doubleheader last Saturday at Quincy High. From left are Ugo Kamalu of Quincy, Tom McLaughlin of North Quincy, Darius Setalsingh (Quincy) and Conor Pound (North Quincy). Quincy Sun Photos/Robert Bosworth



QUINCY'S DARIUS SETALSINGH draws an offensive foul on North Quincy's Dhaaky Drake as the Presidents Mike Munroe also defends the Quincy hoop.



MANETS PLAYER Isaiah Steinberg # 6 wearing his Desmond League All Star uniform receives The Most Valuable Player award for the 2015 year. Manets Head Coach Mike Flavin was awarded 2015 Coach of the Year.

Youth Football League 2015 Awards

Isaiah Stenberg of the Houghs Neck Manets, who led the Quincy Youth Football League with 24 touchdowns and had a league-best 11 interceptions, has been named the QYFL's Most Valuable Player for the 2015 season.

In other League awards, the Offensive Player of the Year is Franco Calabro of the West Quincy Elks who led his team the the Founders Cup Championship. Win-

ning the Defensive Player of the Year from the Squantum Storm was Michael Adamson. Other awards were the Offensive Lineman of the Year Sean Butts of the Quincy Point Panthers and Defensive Lineman of the Year Thomas Le of the North Quincy Apaches.

Receiving the Sportsmanship Awards were Michael Levine of the Apaches and Patrick Devoy of the Elks. Milton Mustangs player

Ethan Aaker was rewarded the Unsung Hero Award.

Rounding off the awards was the Coach of the Year which was given to Mike Flavin of the Houghs Neck Manets. Flavin coached the Manets to an undefeated regular season.

The Quincy Youth Football league would like to congratulate all on another successful season and looks forward to 2016.

Pond Hockey Tournament

Mayor Thomas Koch and the Quincy Park and Recreation Departments announce that the City of Quincy will be holding the "City of Quincy Pond Hockey Classic."

Games will be held on Sailors Pond on Rice Road and Butlers Pond on Butler Road, weather permitting. The tournament is available to those who are of the age of 18 and above.

Due to the unpredictable weather in New England, two weekends have been set aside for this year's tournament. Saturday, Jan. 30th and Sunday, Jan. 31st has been selected as the tournament weekend. If weather does not allow for puck drop, the tournament will be moved to the next weekend (Saturday, Feb. 6th and Sunday, Feb. 7th).

Last year's tournament was cancelled after the region was hit with the first of several major snowstorms.

Each team will be guaranteed two games on Saturday. Number of teams to make the playoffs will be dictated by team registration.

The game format will be two, 15-minute periods with a two-minute intermission. Two games will be played simultaneously with a master horn starting the game. Divisions will be created based on the number of team registrations.

Playoffs will be played on Sunday and will be determined by team registration.

Each team can have up to eight players and the tournament games will be played in a 4-on-4 format.

To register a team, visit the City of Quincy website at www.quincyma.gov. Under the departments tab, select Park and Forestry and then select "Program and Events" for the online registration form. Once the form

is filled out, a tournament representative will reach out to team captain with all information.

Registration is limited to 24 teams, and the registration deadline is Wednesday, Jan. 20th at 4:30 p.m.

For more information contact Chris Rooney at 617-376-1251 or at crooney@quincyma.gov.



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Rick Beach QHS Baseball Coach

By BILL GRIFFIN

Quincy chose a Baseball Man.

Rick Beach will succeed Pat Bryan as head baseball coach at Quincy High this spring. It can be safely said that he is ready for the job.

Beach has eight years experience as a head baseball coach on the varsity level. That is merely the beginning. For the past 15 summers, he has spent more time at Adams Field than the sun and the grass. He has coached Junior League, junior legion, senior legion, AAU travel teams, Showcase clubs, and this year, just to give himself a bit of a break from the game he has loved since he was a child, he will coach the Quincy Phillies of the Cranberry League.

"I couldn't be more excited to be coaching at Quincy High. I'm smiling from ear-to-ear," said Beach. "I know more than half the kids from youth baseball and camps I've done. I can't wait to get started."

There is a common theme to all his coaching stops. His teams have always improved, always played better baseball under his coaching. He was an assistant at North from 2001-2004 and head coach from 2004-2008. North won three games his first year and then won five, seven and nine in the following three years.

He was head coach at Randolph from 2008-2012. The Blue Devils won one game his first year and followed that with three, five and seven-win seasons. His teams, his players get better.

"I honestly think that seven games was the most Randolph had won in a season in a long time," said Beach.

He didn't coach high-school ball for three years, so he could watch his son Tyler play for Quincy. Tyler was a terrific shortstop for the Presidents and is now playing for Westfield State. Beach watched in the spring and he coached in the summer.

He coached a 14-year-old Junior League team to a state title. He coached a 16-year-old Junior League team to a state championship and the finals of the regionals where Quincy fell to Pennsylvania and missed a trip to the Junior League World Series by one game.

He coached two AAU clubs to New England Championships. His first junior league team went undefeated, and his club had a 38-3 record over two seasons. He was an assistant coach on the last two senior legion teams which captured first and second place in the zone. He is a Baseball Man,



RICK BEACH

and it started, as this game almost always does, with a game of catch between father and son.

"The movie Field of Dreams tells it perfectly. Remember that final scene when the father turns to his son and says: Want to have a game of catch? It's about fathers and sons," said Beach. "I first played baseball with my dad, and I got my love of the game from him. Tyler first played catch with me and I think I passed it down to him."

"I have a seven-year old son Ryan and he wants to be a catcher. Guess where I'll be helping this year? The instructional league. I want to be with my son when he plays baseball."

Beach plays an aggressive, go-go style. His teams run. And then they run some more. There is plenty of small-ball. They hit-and-run, they bunt, the squeeze home runs. The style energizes the kids and keeps them playing baseball as they grow through their teenage years when too many lose interest in the game.

At North, his team stole 102 bases in one season.

"I like to keep pressure on the other team," said Beach. "In the major leagues, a good catcher throws out 35 percent of base-stealers. In high school, your chances of success are at least 70 percent. At Randolph, I had a player, Jason Gonzalez, who stole 104 bases by himself in one season. The kids like to play that style. It keeps

them playing baseball."

Watching Beach and his ex-players at Adams Field during the summer is like watching an outdoor reunion. Many of them now play college ball, and they clearly enjoy returning in the summer and talking with their old coach.

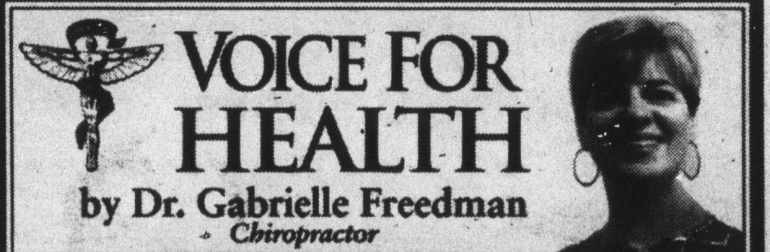
"I love being part of their lives. That's the best part of coaching," said Beach. "Seven kids went on to play college baseball from an AAU team I coached. From the Showcase team, 12 of 15 played college ball. I always stress how important their grades are. It's a great feeling to see them succeed and think that I was a small part of it."

His teams at Quincy will play the same style he's played for 15 years. They will run and they will have fun. His goals are simple and clear.

"I would like to make the state tourney each year and I would like to put as many kids as possible in college baseball. Grades come first. If they don't play baseball in college, I want them to continue their education," said Beach.

There will be another new look in spring sports. Quincy and North Quincy will form one co-op boys lacrosse team between the two schools.

"Neither school had enough players to field a team, so it was the natural thing to do," said North Quincy Athletic Director Micheal Joyce. "If numbers improve, we can always go back to having a separate team at each school. That's the hope. That's what happened with the swimming program. We went co-cop, the numbers improved, now we have teams at each school."



by Dr. Gabrielle Freedman
Chiropractor

EMBARRASSING PAIN

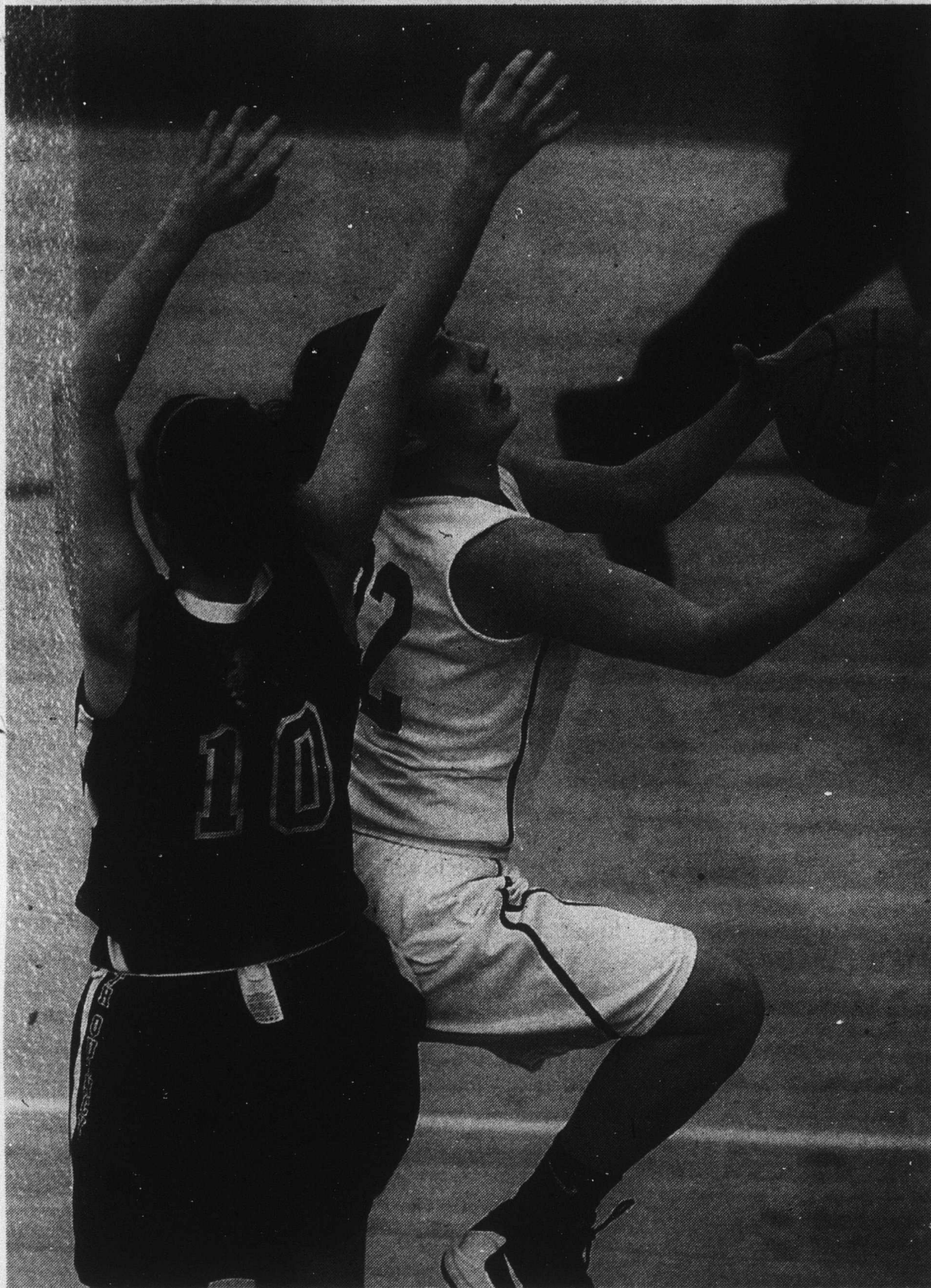
There is pain involving a nerve that some feel is so embarrassing to talk about that its name is derived from the Latin word for "shame." The "pudenda" nerve lies deep in the pelvis and travels from the sacral area and later separates into three branches: one going to the anal-rectal area, one to the perineum, and one to the genitals. Problems may arise when a fall, irritation, or entrapment of this nerve leads to the very painful condition known as "pudenda neuralgia." Symptoms of stabbing pain and numbness are often accompanied by urinary and bowel problems and sexual dysfunction. As embarrassing as these symptoms may be,

only a frank discussion with the chiropractor can lead to effective treatment.

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P.S. Pudenda neuralgia often leads to severe depression, which is more reason to have the painful condition properly diagnosed and treated.

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ALYSSA CAMARA drives to the basket for two of her 16 points in the Presidents 57-33 win over the Red Raiders last Saturday.

Quincy Girls Down NQ For 5th Straight Win

Cont'd From Page 20

"Quincy is an excellent, well-coached team. They do a lot of things well. Their fast break was very good," said North coach Brian

Buckley.

Junior center Remy Aucoin gave away a half foot and played an excellent game for North with 12 points and 14 rebounds. Ma-

rissa McGué delivered terrific defense and hustled on every play for every second

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NORTH QUINCY'S REMY AUCOIN (right) scored 12 points and grabbed 14 rebounds for the Red Raiders against the Quincy Presidents.

Quincy Sun Photos/Robert Bosworth

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The Quincy Sun.com

Viewing Quincy Sun Online Galleries

The Quincy Sun's website has a wide selection of photo galleries available for viewing.

Galleries include community events, high school sports and other subjects of interest.

To view the galleries, follow these simple steps:

- Go to www.TheQuincySun.com
- At the top of the home page click "galleries."
- The gallery page will open.

• To view a specific gallery, click the headline at the top of gallery post. For example, one of the headlines reads "QNQ Girls Hockey 4 - Oliver Ames-Mansfield-Foxboro 4.")

• After clicking the headline for the gallery, all of the images for that gallery will be loaded and available for viewing. Some galleries have more than 20 photos so be sure to click "#2" at the bottom of the gallery to see the rest of the images.

• To view older galleries, scroll down to the bottom of the page and look for the words "older posts" on the left.

Click this arrow and other galleries will be available for viewing.

For further help or to order reprints of photos featured in any gallery, email the publisher at rbosworth@thequincysun.com.



QUINCY'S NICOLE JORGENSEN continued her dominance on the basketball court with 18 points, 19 rebounds and four blocked shots in 19 minutes of play to lead the Presidents past North Quincy, 57-33.

Presidents Defeat Red Raiders

Cont'd From Page 20

36 win over North Quincy before a large crowd at the Quincy High gym Saturday night.

"A lot at times at practice, our players talk about not touching the ball enough. That's because we work on defense so much. We work hard at getting ready with our man-to-man, and I thought we played good defense tonight," said Quincy coach Dave Parry after his club posted its third straight win over North and went to 4-2 on the season.

The focus of Quincy's defense was North's terrific senior point guard Dhaaky Drake. Drake can control a game with his quickness and passing. He penetrates, draws the defense and finds the open shooter. He can finish himself, and is clearly the engine that makes North's offense go.

Quincy sent a rotation of Johnson, Darius Setal Singh, and Jean Louis Jr. at Drake. All three are athletes, all three had a significant size advantage, and because Parry rotated them, all three were rested when it was their turn to chase Drake around the floor. Drake played well with 11 points and eight assists, but the Presidents prevented him from taking over the game.

"He's one of the best point guards in the league, and he never gets tired. We had to use three men on him," said Parry. "He's an excellent player, but I thought we did a good job on him defensively."

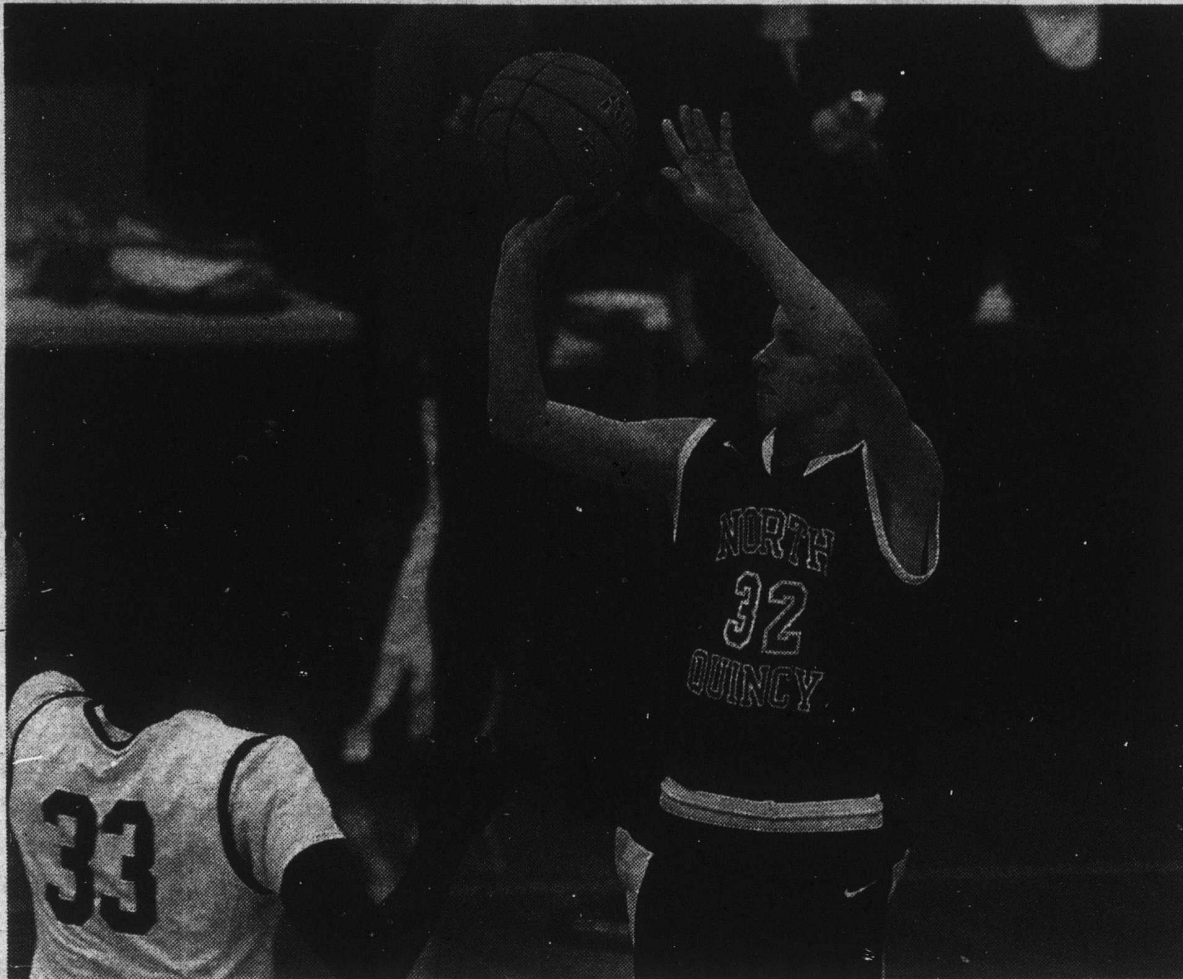
Johnson was not only part of the wave that Quincy sent at Drake, he made the two most memorable plays of the night. In the second period, he roared to the bucket off a beautiful fast-break pass from Setal Singh for a crowd-pleasing dunk. In the third period, he blocked a three-point jump shot, gained possession before the ball hit the court, and made a solo dash for a strong, lefty finish. He had eight loud points.

"He can be a special player," said Parry.

There are two stats which tell the story well. Quincy blocked 14 shots. North got nothing easy or close to the basket. Sixteen of Quincy's 22 field goals came on layups, offensive rebounds or jump shots inside five feet. Quincy, with Johnson, Munroe, Louis, and Ugo Kamalu attacking the inside relentlessly, got easy buckets.

"The thing that hurt us most tonight was rebounding," said North coach Kevin Barrett. "We gave up too many second chances. It's something we have to clean up. It's a matter of toughness and discipline."

"We are fortunate to have



NORTH QUINCY'S AIDAN GOLDEN scored five points for the Red Raiders in a 55-36 loss to Quincy Jan. 2.

Quincy Sun Photos/Robert Bosworth



QUINCY'S JEAN LOUIS JR. blocks a Red Raider shot.

three or four good people in the post," said Parry. "We did a good job off the boards limiting them to one shot, and our rebounding let us get out on the break at times (10 fast-break points)."

North played a tough, disciplined 2-3 zone which slowed down Quincy and forced the Presidents into a slow-paced, low-scoring game which gave the Red Raiders a shot. Drake, Mike Soricelli, Aidan Golden and Will Ortiz did a good job chasing off perimeter shooters and passers. Conor Pound battled Quincy's size underneath. A 9-2 run led by six points and an assist by Drake drew North within 32-25 with 2:30 left in the third.

"Dhaaky played well. He took care of the ball, and he was able to get to the basket in spurts," said Bar-

rett. "Quincy played good defense on him. They're a good ball club. They're going to win a lot of games."

"The zone slowed us down. We want to run, but it forced us to settle into an offense and be patient. It worked well for them," said Parry.

After North drew close, Quincy put it away with a 12-0 run to finish the third. Louis (eight points) drained a pair of threes. Johnson cashed two strong drives and Setal Singh (five points) finished a good pass from Kyle Murphy with a drive for a 44-25 lead entering the fourth which was not seriously threatened.

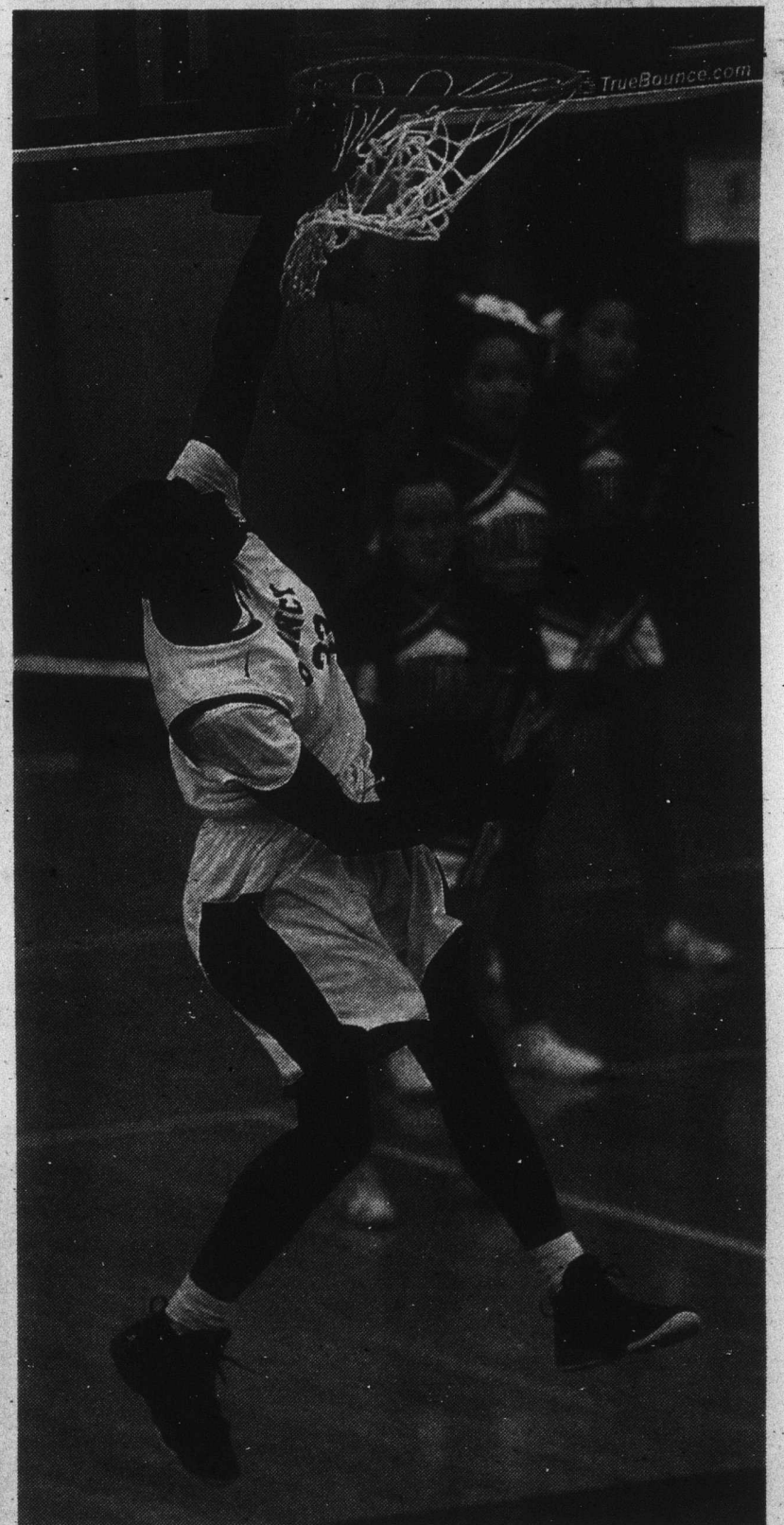
"We attacked their zone a little differently in the third period," said Parry. "We put

Dyreke at the foul line, and he found the open shooter or cutter. He had some nice assists. He's an unselfish player."

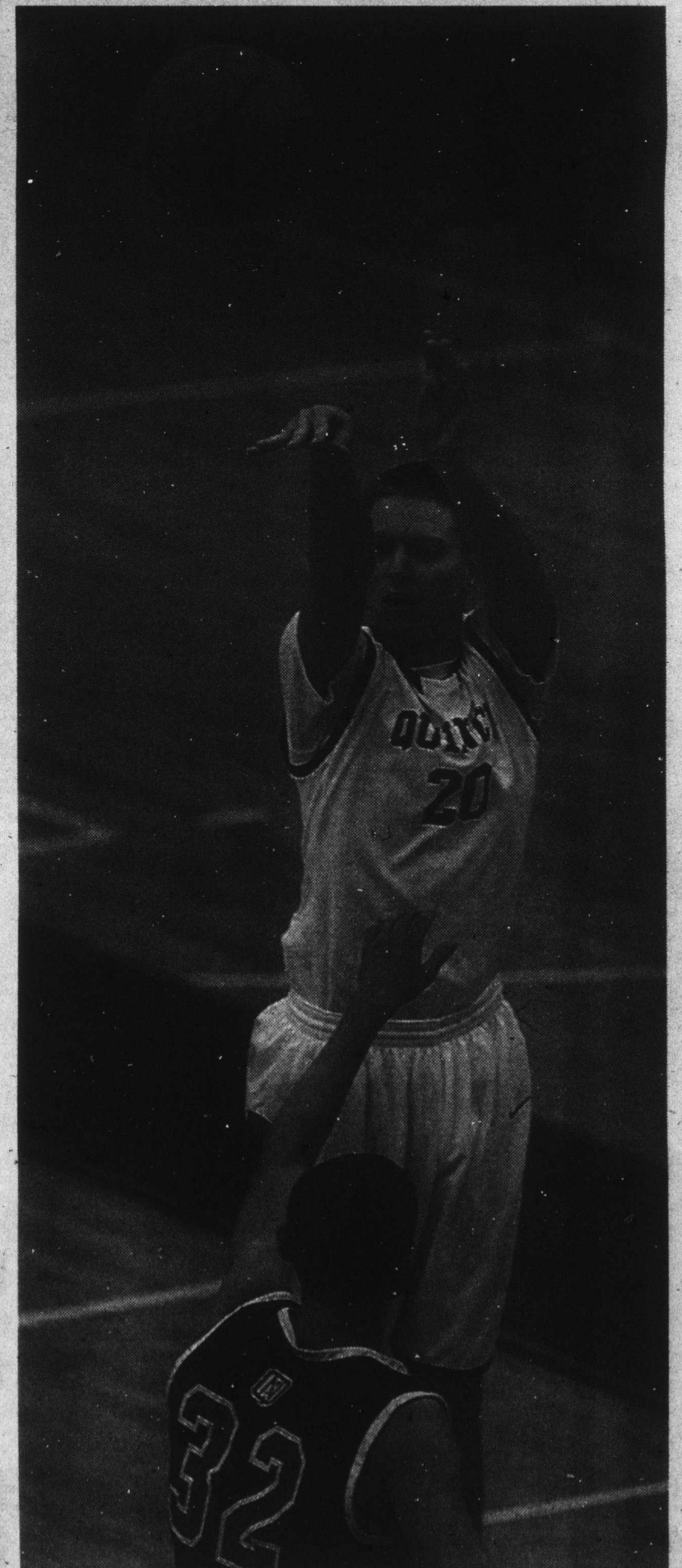
Quincy led, 11-6 after one and 26-13 at the half. Senior Quinlan Evans (eight points) played a solid game at the point and scored eight points. Scott Mele (five), Jeff Petithomme (five), and Kamalu (four) also made the scoring column for Quincy.

Ortiz, Golden, and Andrew Huang each had five for North. Pound added four while Soricelli, Johnny He, and Tom McLaughlin had two apiece for the Red Raiders.

Quincy is at Silver Lake Friday at 6:30 p.m. North (0-5) hosts Middleboro Friday at 7 p.m.



QUINCY'S DYREKE JOHNSON slams home two points for the Presidents with this jam in the third quarter.



SCOTT MELE drains a jumper for two of his five points in a 55-36 win over North Quincy Jan. 2.

More Photos Online At
www.TheQuincySun.com (click galleries)

Presidents Win First Christmas Hockey Tournament

By BILL GRIFFIN

The best moments are those which are not planned.

After Quincy defeated Milton, 5-4 in the championship game last week, after the Presidents won their first Quincy Christmas Tournament title, senior defenseman Mike Calnan asked his mother to take a picture of him and junior Pat Quirk. It would be a fine moment. The two would smile. They would stand at center ice. The picture would be taken. It would be a nice souvenir. Just the two best friends.

As Calnan's mother took the photo, the rest of the team - with no direction, with no planning - skated into the frame and lined themselves in two happy, perfect rows better than any professional photographer could ever hope to arrange.

They faced the bleachers. They looked at the blue and white ribbon which traced across the wall. They saw the hand-made sign which

simply said: Go Presidents. Their families and friends stood and cheered. They would always have this picture, this moment forever frozen: They were the first Quincy players to win their holiday tournament, in their rink, before their fans.

"This is the last hockey team I'm going to play for, so it means everything to me," said Calnan.

"Nobody planned anything. I saw everybody skating toward Mike and Pat. I just jumped into the first row and started cheering," said senior defenseman Brandon Nunnink.

This is not a senior team, but it was very much a senior victory. Calnan was granite-solid on defense in the two games against North Quincy and Milton. Nunnink scored what proved to be the winning goal late in the second period with a low laser of a wrist shot. Senior Paul Blake skated his lanes, handed out and took hits, and added two assists.

"What makes this so special to me is how hard we worked and checked. This team works harder than any team I've played on," said Calnan.

And mostly there was senior goalie Chris Connolly. Connolly had 29 stops against Milton, 57 in the tournament and if there had been an MVP chosen, it surely would have been Connolly. He had 12 saves in the third period while guarding a one-goal lead as if it were a golden treasure.

He made five saves in the final, wild 49 seconds. Milton pulled its goalie for an extra skater. Slap shots blazed through screens, through scrambled mazes of legs and skates. Connolly saw them, stopped them and then got his pads down in time to handle the rebound.

"Chris was phenomenal. He's the reason we're winning. When we mess up, he covers for us," said Calnan.

This is a young team, a roster sprinkled with fresh-

men, sophomores and juniors. Blake was the only senior to crack the score sheet. The seniors did not bring goals, but they did bring experience. Too many Quincy teams - three of them - have fallen in the championship test because it came the night after the rivalry game. They were still skating around in the happy fog of victory over their city rivals. The senior spoke of this fog.

"The North win was huge, it means so much to everyone in the city. The first thing we said before the game was: Forget about North," said Calnan. "We told them to forget about the tournament, forget about the trophy. We wanted to go play-to-play, shift-to-shift. Don't give away a play. Don't give away a shift. Don't quit."

The younger players listened. The first line of Quirk, junior James O'Leary, and freshman Dan O'Leary

buzzed the Milton net for two goals in the first 3:20 of the game. James and Dan O'Leary both had a goal and an assist. Junior Owen Lynch had a goal and an assist. Junior Mike Tervakoski scored. Freshman Griffin Lynch, junior Shamus McBride, and Quirk added assists. The kids delivered.

Quincy led, 2-1 after one and stretched it to 5-2 in the second before Milton scored twice to make it a 5-4 game entering the third. The game had grown too loose. The goals were too easy. The checking needed to be more tight. The effort needed to be more high. The seniors spoke of this effort.

"After the second period, coach (Ted Walsh) spoke briefly and then told us it was our locker room," said Nunnink. "The seniors spoke and we said: If you're not going lay it all out, stay in the locker room."

After Connolly did his magic tricks in the final sec-

onds, the puck trickled loose and came to rest in the slot in front of an open patch of net with three seconds left. The skaters, frozen by their effort and exhaustion, seemed to move in slow motion. If Milton gets there, it's a tie game. If Quincy gets there, the game is over.

"I thought the puck just lay there forever. It was like frozen in time. I thought: Somebody get it into the corner, and finally somebody did. I don't know who or how," said Calnan.

The best moments are those which are not planned.

In the consolation game, North fell into an early four-goal hole and saw a terrific comeback fall just short in a 4-3 loss to King Philip.

Kevin Mock scored twice for North while Austin Lee added a goal. Timmy Glynn had a pair of assists. Matt McDonald and Hunter Phillips also had assists.

Q, NQ Athletes Shine At Freshman-Sophomore Meet

The Auerbach Freshman-Sophomore annual meet held Jan. 2 was started in 1985 and has become the premier indoor invitational for 9th and 10th graders.

Former North Quincy and Hall of Fame Track Coach Lou Tozzi serves as meet director and Quincy Public Schools serves as the host high school. The Quincy and North Quincy athletes did not disappoint. Alex Case, Abby Murphy and the Relay team of Case, Allison Wong, Shayla Massiah and Devin Hiltunen all picked up medals. In all 1,500 athletes competed. Top eight places earned medals.

SUMMARY

Allison Wong (NQ) 55 meters 10th out of 77 competitors 7.98 - personal best.

Shayla Massiah (Q) 55 meters 50th out of 77 competitors 8.50.

Alex Case (Q) 300 meters 6th out of 74 competitors 44.54.

Devin Hiltunen (NQ) 300 meters 16th out of 74 competitors 46.41 - season best.

Abby Murphy (Q) 600 meters 7th out of 64 competitors 1:47.91.

Maggie McGoldrick (NQ) 600 meters 56th out of 64 competitors 2:04.36.

Samantha Smith (NQ) Mile 6:36.22 55th out of 66 competitors - personal best.

Isabel Doherty (Q) 55m Hurdles 28th out of 56 competitors 10.95.

4 x 200m Relay: Shayla Massiah (Q), Alex Case (Q), Allison Wong (NQ), Devin Hiltunen (NQ) 5th out of 30 teams 1:56.44 - best time this season.

Michael Ladas (NQ) 600 meters 79th out of 82 competitors 1:53.55 - personal best.

Nathan Sleiman (NQ) 55m Hurdles 20th out of 57 competitors 9.67.

In other recent action, the combined Quincy/North Quincy Indoor track team keeps coming up with fantastic individual performances but team wins are hard to come by.

In the Patriot league open

vs. Scituate, the boys cruised racking up six individual wins while the girls lost a heartbreaker by 2 points 50-48. In the boys 73-22 win. Aidan Brown took victories in the long jump and 300, freshman Mike Ladas took the 600, Peter Saccoach took the 1,000 Jimmy Cannon won the mile and two mile, Mike Munroe led a sweep of the shot and the 4 x 400 relay of Saccoach, Edinson Fernandez, Nick Cheney and Mike Ladas won.

In the girls race Mia Healy took the long jump, 55 dash and led off the 4 x 200 relay, Devin Hiltunen won the 300, Maggie McGoldrick took the 600, Abby Murphy took the 1000, Izzy Flaherty took the hurdles and Nakiya Douglas won the shot. The 4 x 400 relay of Murphy, McGoldrick, Hiltunen and Alex Case also won.

In the Middleboro meet a shorthanded squad losing

several athletes to vacation and some key athletes to injury limped into the Reggie Lewis Center and suffered near identical losses 69-30 for boys and 67-31 for girls. No meet is without silver linings however, and some juggling of the lineup produced several awesome performances.

The 600 meter run seems to be a favorite as Senior Peter Saccoach turned in the best time in Quincy High school history with a 1:30.4 600 meter run only .1 off the Patriot League best the season.

In the girls race Abby Murphy clocked a 1:49.2 for her win becoming the first Quincy girl to break 1:50 since Erin McFarland in 2003. Jimmy Cannon improved his best with a 4:51 mile win.

Freshman Isabel Doherty produced a personal best in winning the hurdles in 10:39. Mia Healy contin-

ued to be undefeated in the 55 dash and long jump. The 4 x 200 relay, which QNQ appeared to have won, was disqualified due to a lane infraction.

"We had three people who had never run the 4 x 2 indoors," said Coach Geoff Hennessy. "Mia got us a huge lead, but inexperience was our undoing. We'll be back next meet faster and better."

Freshman Samantha Smith clocked a big PR 6:45 in the mile and qualified to run in the Red Auerbach Freshman-Sophomore meet on Jan 2. League All Stars Demoy Holding and Izzy Flaherty are both nursing leg injuries but are expected back soon. Their absence leave huge holes that few can fill.

"Izzy does high jump, hurdles and 4 x 200, Demoy sprints and also can jump and leads off our 4 x 2. We're not deep enough to

overcome these absences. Notwithstanding, we have 45 hard working kids who are all improving and having fun with the sport."

The team received good news having been invited to the Paul Davey Invitational at Wheaton College after a one year hiatus.

"Franklin High School hosted this for years, but tore down their field house when they built their new high school," Hennessy said. "The meet was moved to Wheaton a year ago but Wheaton put restrictions on the number of schools so only Hockomock League schools were allowed in (Franklin is a perennial powerhouse in the Hocks). Now we're back and its a freshman-sophomore meet that we can bring all our 9th and 10th graders to. Its really fun and great big-meet experience for our younger kids, some who won't qualify for states."

Correction

A story in the Dec. 30th issue of The Quincy Sun erroneously stated that student-athlete Abby Murphy is a freshman at North Quincy High School.

Murphy attends Quincy High School.

The Sun regrets the error.

North Quincy Slips to Duxbury

Sophomore Tommy Zhang qualified for the Massachusetts state championship but the North Quincy boys swimming and diving team (0-2) still slipped to host Duxbury, 50-30, Dec. 22. The girls team (0-2) fell 78-41.

Zhang swam 30.67 in the first leg of the 100-yard breaststroke finishing with the event's best time of 1:05.55. On the girls side, freshman Juliana Chieng clocked 27.01 in the 50 freestyle qualifying her for the South Sectional swimming championships, and Zhang's

effort of 24.29 in the same event landed him second overall. Zhang teamed with classmate Daniel Wong, junior Hou Nan Wong, and freshman Terry Guo for third (2:21.13) in the 200 medley relay, and the same four swam 2:08.37 in the 200 freestyle relay.

Chieng joined fellow Red Raiders Danielle O'Driscoll, senior Grace Anderson, and freshman Anastasia Zygoras for fourth in the 200 medley relay (2:23.80). Senior Kara Carched clocked 1:34.29 in the 100 backstroke and earned fourth in

the 200 free (2:56.46) where classmate Gabrielle Doddy was fifth (3:06.46). The Red Raiders also finished fourth and fifth in the 200 individual medley thanks to Grace Anderson (2:51.15) and Danielle O'Driscoll (3:09.19). Anderson also collected third in the 100 butterfly swimming 1:15.90. Juliana Chieng's 1:15.61 was the fourth-best effort in the 100 freestyle followed by O'Driscoll's time of 1:20.25.

North Quincy hosted Silver Lake Tuesday.

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Quincy Girls Down NQ For 5th Straight Win

Cont'd From Page 22

that she was on the court. Junior point guard Kerin Coleman played a solid game for the Red Raiders.

"I thought Remy rose to the occasion in a big game like this. Marissa has the heart of a lion. Kerin drove to the basket well," said Buckley.

In her first six games, Jorgensen has scored 117 points (19.5 per game) and grabbed 109 rebounds (18.3 per game), but more than numbers she looks very much like a polished senior player headed to a Division 1 college program. She showed off two lefty finishes of drives against North. And more than points and rebounds, the talk after the game was of her outlet passes which fired the Quincy running game.

If you're old enough, think Wes Unseld. If you're not old enough, buy a book and read about him. She grabs the defensive rebound cleanly, looks immediately down the floor, and fires a cannon of a pass to a streaking Cunningham or Alyssa Camara for a breakaway layup. They are fastballs, legitimate fastballs, which catch a moving target 50 feet away with spot-on accuracy.

"Nicole throws one of the best outlet passes I've ever seen in high school basketball," said Buckley.

"She always had the cannon, but as a freshman she would throw some away for turnovers," said Bretsch. "I

told her to keep throwing them because some day, the accuracy would come as well."

Cunningham scored no points. Forget points. She had six assists, seven rebounds and four steals. Her defense is relentless. She handles with either hand and can control the floor with her passing. She has the quickness to get into the lane and find the open shooter. She had a drive and look-away pass to Jorgensen for a layup in the third period which was the best play of the game.

"The points will come, but she can dominate the floor with the way she moves the ball," said Bretsch.

Camara had her third straight double-digit scoring game with 16. She hit the open three, finished cleanly on the break and gave the Presidents a second strong hand on the ball at point guard.

"We're fortunate with Alyssa and Liana that we really have two good point guards," said Bretsch.

Sarah Gibbons scored six, finished strongly when she came open off Jorgensen double-teams, and played well when Jorgensen sat with her second foul less than two minutes into the second quarter. Senior Gabby Jerahian had nine points and played a fine defensive game.

"Sarah played well. We need her as a second option when Nicole is double-teamed, and she gave us

that," said Bretsch.

Aucoin was impressive for North. She hit the boards hard against one of the best centers on the South Shore, kept the ball high, and finished with a soft touch. McGue had eight points and played a strong floor game. Coleman was steady with the ball, especially against the Quincy press, and found well the open shooter.

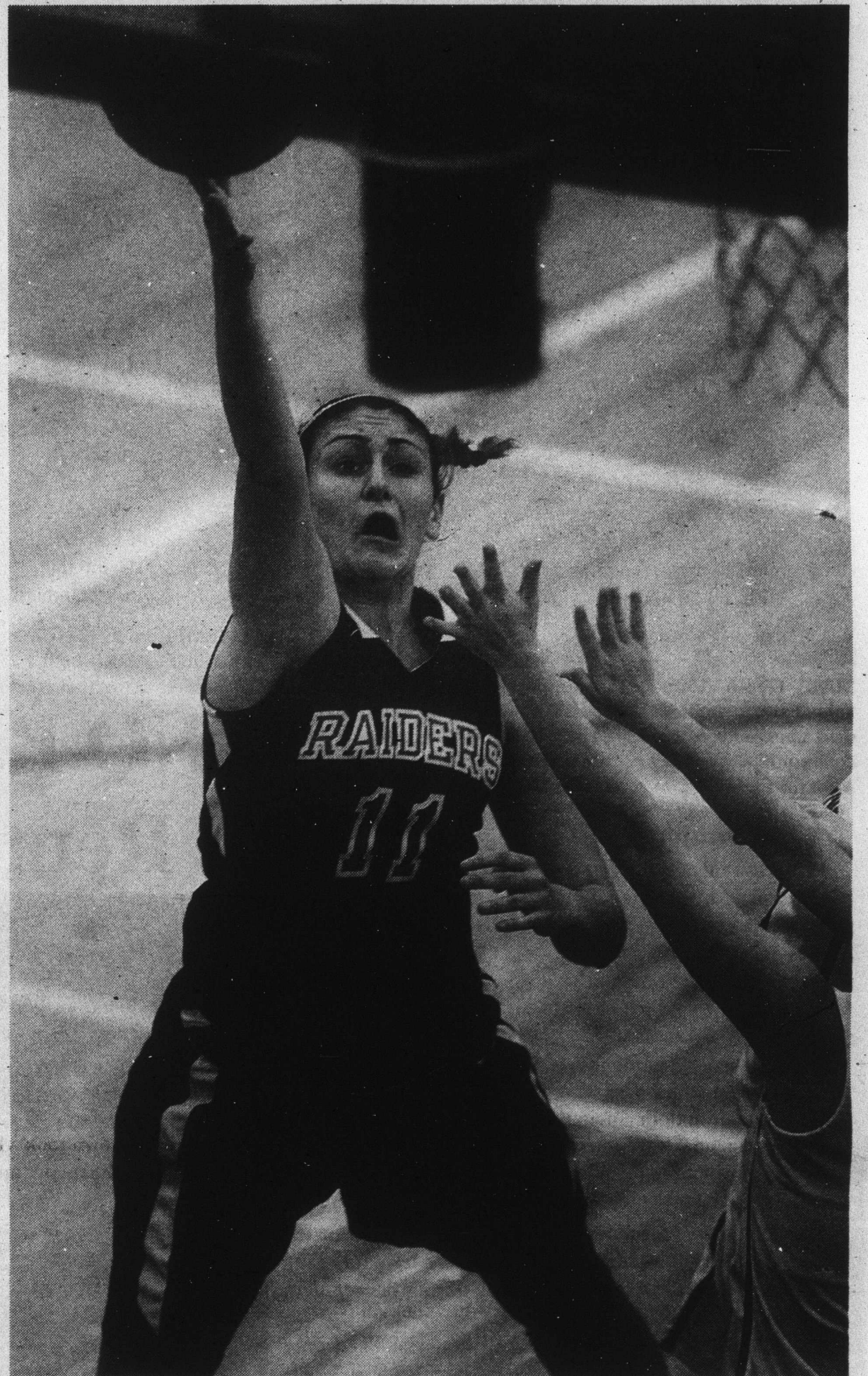
"Remy was excellent against a great center," said Buckley. "Marissa does so many things well for us, and I was impressed with Kerin's play, especially when she drove to the basket."

Ariana Paulo (five) and Maeve Hernon (three) cracked the scoring column for Quincy. Celia Hussey had four and Karyn McEvoy added three for North.

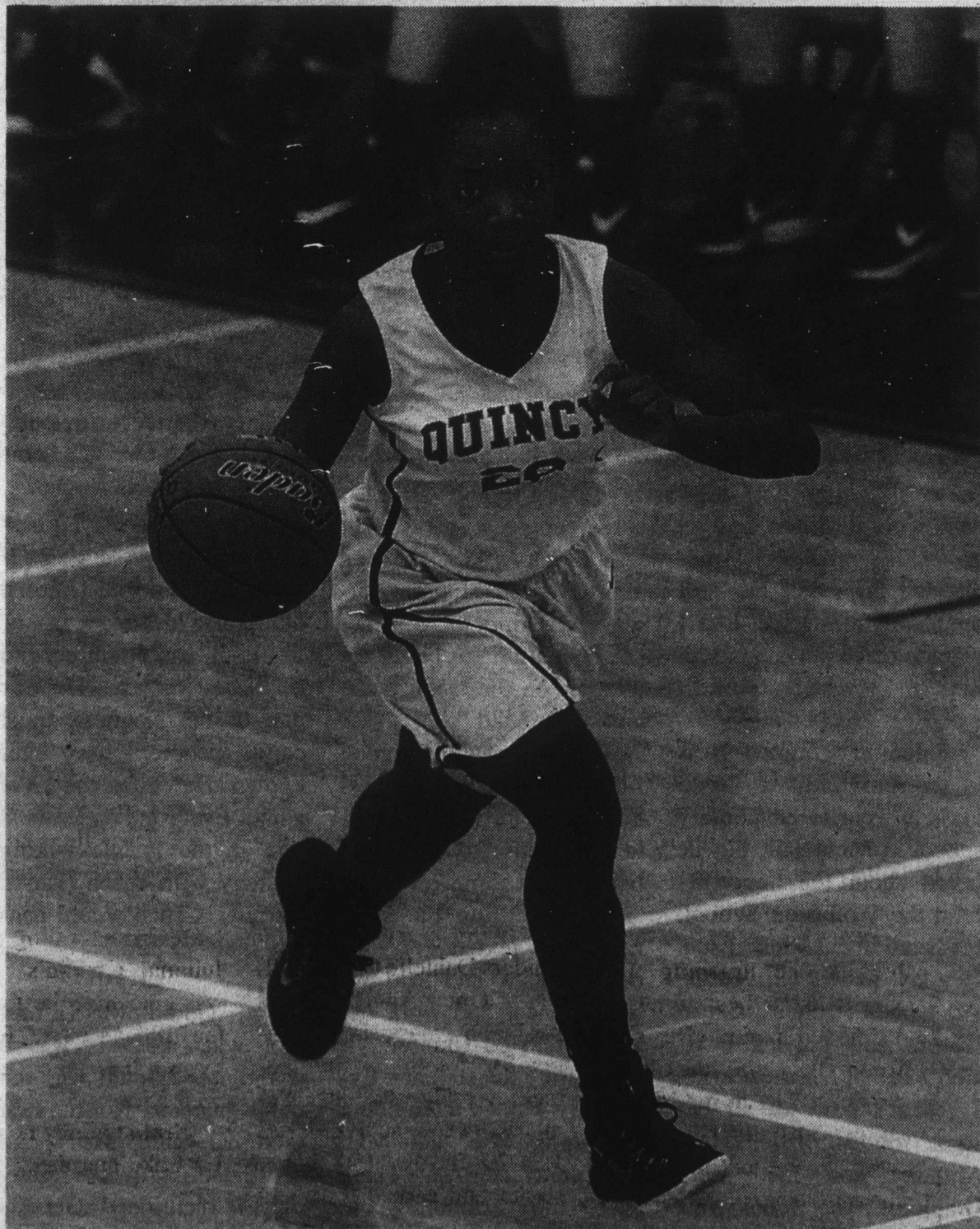
Quincy hosts Silver Lake Friday at 6:30 p.m. North Quincy visits Middleboro Friday at 7 p.m.

In other action last week, Quincy defeated Scituate, 64-48 to win the Quincy Holiday Tourney for the second straight year. Jorgensen had 23 points and 14 rebounds. Jerahian added 14 while Camara had 12. Jorgensen and Jerahian made the all-tourney team.

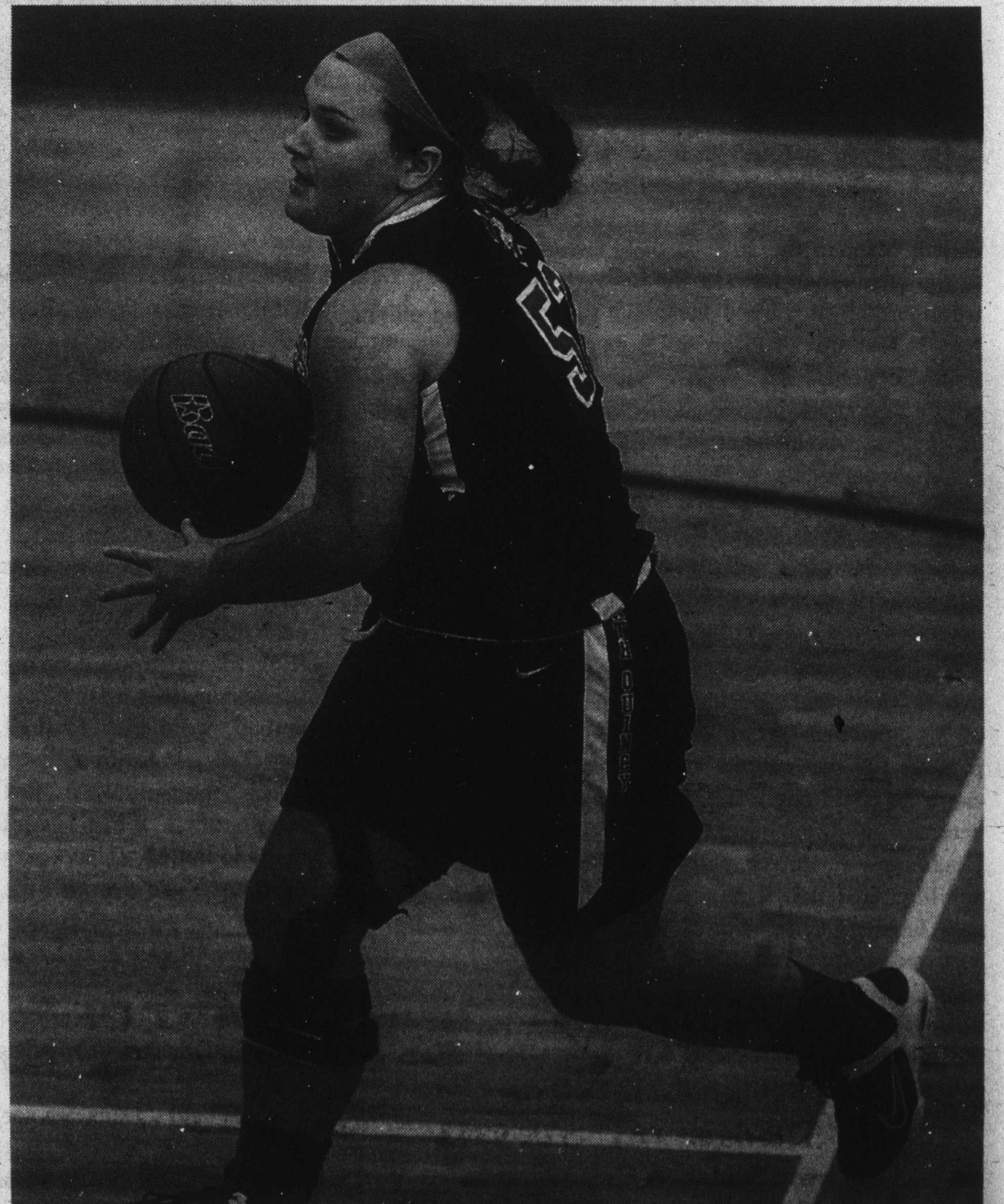
Jorgensen had 15 points, 13 rebounds and five blocks as Quincy rolled past New Bedford, 71-22 in the tourney opener. Jerahian (16), Camara (13), Cunningham (nine points, ten assists), and Amanda Moosick (six points) played well for the Presidents.



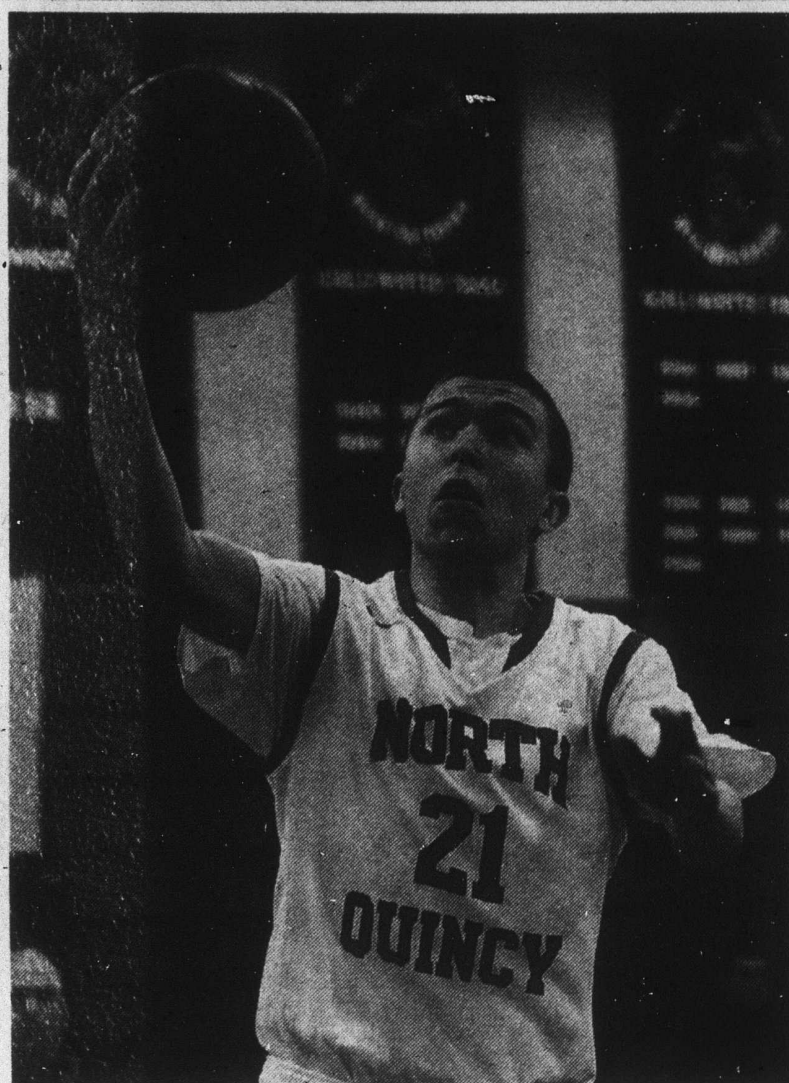
NORTH QUINCY'S Marissa McGue reaches for a basket against Quincy. McGue scored eight points for the Red Raiders in a 57-33 loss to the Presidents last Saturday.



TAISHA ALEXANDRE brings the ball up court for the Quincy Presidents.



ALI COLEMAN drives to the basket for the North Quincy Red Raiders.



MATT GERAKIS, a 2015 graduate of North Quincy High School and a standout basketball player for the Red Raiders, died unexpectedly Oct. 16. His passing saddened the NQHS community especially his former teammates who remembered Matt for his love of the game and his friendship.

By **BILL GRIFFIN**

If it is true that a man is best measured by his friendships, if it is true that he lives forever in the memories of the people he touched, then Matt Gerakis led an exceptional life.

Gerakis was a standout basketball player and a brilliant student at North Quincy High who died unexpectedly in October. He graduated with the Class of 2015.

Gerakis was a Patriot League All Star. His strength as a player was he did everything well. He could shoot, rebound, pass, and defend. He was an intelligent player who saw the game with a coach's eye and understanding. He was the No. 1 ranked student in his class and scored a perfect 800 on his SAT math test.

He played during what was arguably the greatest four-year run by any basketball team in the history of the city. When he was a freshman, North earned the No. 1 seed in Division 1 South Sectionals. As a sophomore and junior he played on teams which went to the sectional finals, a place where North had not been since 1972. As a senior, he was a captain on a team which made the tourney for the fifth straight year.

Gerakis' place in all of this is important. Because of his age, because of his passion for the game, because he could reach out to veterans like Danny and Pat Gould and to newer players like Solomon Umoren and Jackie Chen, because he cared so much about his sport and his teammates, he was the link between all the classes from freshman to senior of the great teams which passed through North for four years.

When his friends, teammates, coaches, and teachers

speak of him, there is still shock and sadness. There is also the love of great friends which will not pass away.

Kyle Richardson knew Gerakis since grammar school. Richardson was a senior when Gerakis was a junior. Richardson was the point guard on the second North team that went to the sectionals. Gerakis swung between forward and guard, scored 32 against Scituate and carried the team for long stretches during the regular season.

Their houses looked out onto the same path in Wollaston. They went to grade school at the Wollaston School and discovered the joy and the hold that basketball can have on a young boy's soul.

"Our houses were connected by a path which linked to the same corner," said Richardson. "We walked to school together, and then we started playing basketball behind the Wollaston School. If I didn't show up to play, Matt would come and find me."

Two themes which dominate the conversation about Gerakis are caring and humor. He was serious about school and basketball. He cared about achieving and improving. But he was also a great and easy friend. He loved to laugh and, even better, he liked make other people laugh.

"Basketball was important to Matt. He practiced and he worked to get better," said Richardson. "But he was also laid-back, a funny kid. He was easy to be around. He had a great sense of humor, and he was always cracking jokes."

Richardson and Gerakis were more than teammates. Their friendship extended far past basketball.



REMEMBERING #21 - Members of this year's boys varsity basketball team at North Quincy High School wear practice jerseys with Matt Gerakis' number 21 on the back in tribute to the late high school basketball standout. Matt was an integral part of two Red Raiders teams that advanced to the finals of the Division 1 South Sectional finals.

NQ Basketball, Teammates Remember Matt Gerakis



A WINNER - Matt Gerakis (second from left, number 21) celebrates with his Red Raider teammates and fans after North Quincy defeated Quincy in the second round of the South Sectional Basketball Tournament Feb. 28, 2014 on North Quincy's home court. Matt died suddenly Oct. 16.

"I was always close with my teammates, but it went beyond that with Matt maybe because we knew each other for so long," said Richardson. "It was a strong friendship. If it wasn't basketball, we'd play football together or go over each others' house. We'd just hang around. When I went away to college (University of Tampa), we'd text all the time."

When Richardson heard the news, he was deeply shaken. He still has difficulty understanding it.

"Matt's brother called me," he said. "I flew up for the funeral. By the time I got back to college, it was over a week and I still couldn't

deal with it. Even now, I go online, read social media and his pages are still up. Sometimes I feel like I want to reach out and talk to him."

Solomon Umoren was in the same class as Gerakis. He went to elementary school at Montclair, but he heard about the hoop behind the Wollaston School. He heard about Richardson, Gerakis, and a tall, young kid named Anthony Green who is now playing Division 1 ball at Northeastern.

"That's how we all became friends. Kyle, Matt, Anthony and me," said Umoren. "The focus was on basketball, but what

some people forget is Matt was a funny kid. He was almost goofy at times, always cracking jokes. I got the reputation for being the jokester on the team, but it was really Matt."

Intertwined with the good fun was a deep love for basketball and strong work ethic to get better, to always get better at his game.

"Once during the summer, Matt texted everyone on the team and said we had to meet and work out together," said Umoren. "It was during the summer. Everybody wanted to be doing something else, but Matt was pretty serious. There was a little grumbling, but everybody showed up. We

worked out and played basketball."

Richardson told Umoren of Gerakis' death.

"I still can't comprehend it," said Umoren. "He was one of the smartest, most caring people I have ever known. He really knew the game. Everyone remembers him in the huddle talking strategy with coach (Kevin Barrett). Coach would usually listen to him."

Pat Gould was a senior when Gerakis was a sophomore. Gould was the point guard on North's first sectional team. He spoke of something which many players mentioned. Gerakis

Cont'd On Page 27

NQ Basketball, Teammates Remember Matt Gerakis

Cont'd From Page 26

loved to work with younger kids. He would learn from players like Pat and Danny Gould and share the knowledge with players coming into the program. He was the link from the older to the younger players, and he enjoyed his role thoroughly.

"He was just great with the younger players. That's one thing I remember. He really enjoyed working with them. You could see that, and you knew he would be a great leader when he was a senior," said Gould.

Even as a sophomore, Gerakis' knowledge of the game was so impressive that the seniors would listen.

"He watched my games when I was a senior," said Gould. "During timeouts, we'd talk, and he'd slow me down. He'd point out things that I hadn't seen. It sounds funny, but when I was a senior and he was a sophomore, he helped me become a better player."

Pat, Danny and Gerakis played together during the summer. They played in leagues, they played two-on-two and three-on-three long after the sun had vanished. Nobody played more basketball than the Goulds. But there were times when Danny and Pat left the courts, and Gerakis would still be there long past dusk working on his shot and dribble.

"That's my memory of Matt, up the Mount (Fenno Street courts)," said Gould. "No matter what time I would drive by there in the summer, no matter how hot it was, Matt would be there. Everybody else would be at the beach, and Matt would up there working on his shooting form."

Brendan Cunningham went to Quincy High. He was in the same year as Gerakis. They were rivals. Their teams played against each other in games which captivated the city. They were also friends who worked out together most days at the Mount during the summer and in the off-season.

"My memory is sunlight or darkness, rain or snow, Matt would be there. The lights would be off. It would be completely dark and Matt would be shooting the ball," said Cunningham.

But there was more than basketball. There was time to talk between jump shots, and they became friends who knew each other well.

"He was smart, so smart. Whenever I had a problem with math, I would text him, and he would always have the answer," said Cunningham. "He could be quiet and thoughtful, but when he wanted to be, he was really funny. He was a good kid, a

kid who was laid-back and easy to hang out with."

Cunningham and Gerakis played against each other in the second round of 2013 tourney in an historic game for the city. The two teams had played twice during the regular season and split 1-1. Quincy had ended North's 19-game winning streak and its chances for an unbeaten season. The gym was packed and ticket sales shut off two hours before the tourney game. North won. Cunningham remembers the image of his good friend wearing a different uniform riding off the floor on the shoulders of his teammates.

"That's my memory of Matt," said Cunningham. "I'm not saying it didn't hurt to lose to them, but I will always remember that picture of Matt. He was jumping on top of Efthim's (Butka) shoulders, and he had this big smile on his face. I didn't want to lose, but I was happy for him. He cared so much about basketball and he worked so hard, that I thought he deserved it."

Danny Gould was a matchless clutch shooter who carried North to sectional finals against Mansfield when Gerakis was a sophomore. He remembers the summer before his senior year playing in a league with this sophomore who knew the game so well.

"Matt was only going into his sophomore year but we developed a real chemistry during the summer," said Gould. "He was the hardest working kid I was ever around. Whether it was basketball or a chemistry test in school, Matt worked to be his best. I think if we had been in the same grade we would have been best friends."

Gould remembers how much Gerakis liked to practice, how much he simply loved being around basketball.

"When I remember Matt, I think of basketball," said Gould. "One thing that stands out is how much he loved the Celtics. He knew everything about every player. I think his favorite was KG (Kevin Garnett). Of course, he knew every play they ran just like he knew every play North ran."

Andy He was a senior when Gerakis was a junior. He played on both teams that went to the sectional finals. He remembers the hard worker and the basketball player, but he recalls another side of Gerakis that was more important than hoop or the games that young men play.

"I remember how much he cared about people," said



MATT GERAKIS (center) leads his teammates including Efthim Butka (left) and Anthony Green (right) to shake hands with Quincy High School basketball players after the Red Raiders defeated the Presidents 65-56 in the second round of the Div. 1 South Sectional Tournament Feb. 28, 2014 on North Quincy's home court. Former teammates fondly remembered Matt who died unexpectedly Oct. 16. His loss is still felt at NQHS and throughout the city today. Quincy Sun Photo/Robert Bosworth

He. "He never gave up on anyone. He wanted people to succeed. He didn't want to leave anybody behind. Matt seemed so happy, and he wanted other people to be happy too."

"It was especially true of younger player, but it was more than just basketball players. It didn't stop with basketball. It didn't matter if you played basketball or not, he looked at you as a human being he cared about. And he wanted you to be happy."

For He, as with all the players and coaches, there is still a sense of shock and disbelief.

"He texted me two weeks before he died. He seemed great. He asked me about my major and said we would get together over the holiday break," said He.

Chuck O'Brien taught and coached Gerakis. O'Brien was his English teacher in middle school at Central, and he coached Gerakis on the North JVs. Aside from family, few know a young man as well as his teacher and coach.

"As a student, he was off the charts. I don't think he missed a vocabulary word through all of seventh grade," said O'Brien. "He had the ability, but it was more than ability. His work ethic was tremendous, his

classwork was meticulous.

"But there was always the funny side of Matt as well. I gave them an assignment to work in groups and write a play. There were five girls and two boys. The girls were the bank robbers, the boys were the superheroes. I could hear Matt arguing about a line he wanted in the play. He won the argument, and the line stayed in. It was a funny line which said if the robbers got away with it, the one thing they would buy was a golden toilet. When he delivered it, the whole class roared."

O'Brien saw Gerakis play and improve as a basketball player in middle school. When Gerakis was a freshman at North, O'Brien came to realize how much the game meant to him.

"We were doing running drills, and I could tell something was wrong with Matt," he said. "Matt kept saying he was OK, but something wasn't right. What happened was he ate a walnut and he had a peanut allergy. He just kept running. I found out, told Kevin and Kevin called an ambulance. The next day Matt is in school for class in the morning and in the gym at 2:45 for the freshman game. He wanted to play."

O'Brien spoke of Gerakis' place in the basketball program.

"I have never seen any-

one who was better at working with younger players. He was always positive, never negative. It was something that came naturally to him," said O'Brien. "We had some amazing kids and some amazing players come through during those four years. They were all close, freshmen as well as a seniors. Matt was a big reason for that."

Jackie Robinson once said that a man's life should be measured by the impact it has on other people. Kevin Barrett coached Gerakis and he saw well what Robinson meant.

"Impact is the word I would choose," said Barrett. "He was the epitome of the student-athlete, but it was more than that. It was the way he cared about his teammates, whether they were varsity, JVs or freshmen that made Matt special. He made an impact on the lives of others."

Barrett and Gerakis enjoyed being hoop junkies together. Barrett allowed Gerakis to suggest strategy during timeouts. Gerakis was usually correct. The love of basketball drew them close. The relationship grew after senior season was over and Gerakis graduated.

"We stayed in touch and talked a lot through the summer and into the fall," said

Barrett. "Our relationship changed from coach-player to two friends who could talk to each other. I knew he was struggling, that he was in pain. I just hope he's found peace in a better place."

The Gerakis family asked Barrett to give the eulogy at the funeral.

"It was the most difficult thing I've ever had to do. It's still hard to talk about Matt," said Barrett. "The one thing I hope people remember is how much Matt cared. He cared about basketball and his school work, but mostly he cared deeply about other people. He inspired others. He made them better people."

Matt Gerakis' mother, Gosia, discovered in her grief what many already knew about the kids who played for North for those four glorious years. They are great basketball players. They are better human beings.

"The response of the North Quincy basketball program has been overwhelming," she said. "It means so much to me that these young men are speaking in tribute to my son. What my family and I are going through is hard to express, but we would not have made it this far without Matt's teammates and coaches from North Quincy."

OBITUARIES

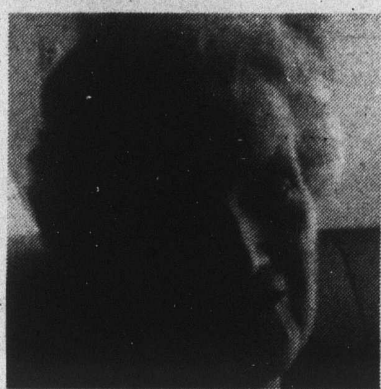
Alice F. Shea

A funeral Mass for Anna F. (Cronin) Shea of Dorchester and Quincy was celebrated Dec. 30 in St. Ann's Church, Quincy.

Mrs. Shea died Dec. 25.

She was a retired employee of Verizon, originally New England Telephone Company, and remained an active member of the Pioneer Organization. Mrs. Shea loved to travel and took many trips as a young woman with her dear friends and later with her husband. She was dedicated to the care of her family as well as volunteering in the community and will be greatly missed by all.

Beloved wife to the late Robert S. Shea. Loving mother of Patricia Shea of Foxborough and Eileen (Shea) Murphy of RI. Cherished sister of the late Margurite (Cronin) Marble, Geraldine (Cronin) Montgomery,



ALICE F. SHEA

Mary (Cronin) Coughlin, Katherine (Cronin) White and Timothy Cronin. Devoted grandmother to Cameron and Kyle Murphy. Also survived by many nieces and nephews.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Forest Hills Cemetery, Boston.

Memorial donations may be made to Father Bill's Place, Development Office, 422 Washington St., Quincy, MA 02169.

Celia M. Zacchine, 84

Funeral services for Celia M. (Ursini) Zacchine, 84, a lifelong resident of Quincy, were held Monday in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Zacchine died peacefully Dec. 29 at Colonial Rehabilitation and Nursing Center in Weymouth.

She was born in Quincy, where she was raised and educated. Mrs. Zacchine was a homemaker who was devoted to her family and especially to her grandchildren.

Former wife of the late

Richard D. Zacchine. Beloved mother of Gregory Zacchine and his wife Donna, Dean Zacchine and Jessica Breen, all of Quincy. Loving grandmother of Jacqueline Zacchine, Joshua Zacchine, and Victoria Zacchine. Dear sister of Carmela Balzarini of NH and the late Ida Antonucci. Also survived by several nieces and nephews.

Interment Mount Wollaston Cemetery.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

Alice M. Cogliano

A funeral home service for Alice M. (Scanlon) Cogliano of Quincy was held Dec. 30 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Cogliano died Dec. 25.

She was a graduate of Sacred Heart High School in Weymouth in 1951 and Regis College in 1957. Mrs. Cogliano worked as a dietitian consultant and was a member of the American Dietetic Association. She was a founding member, along with her husband, of the Lay Franciscan Order of St. Francis at St. Anthony's Shrine in Boston. She was a devout Catholic and her faith was very important to her.

Mrs. Cogliano loved cooking and baking and would give away her baked goods to family and friends. She was a camp fire leader and enjoyed giving back to others. She was an avid fan of all Boston sports and adored the girls at the Cof-



ALICE M. COGLIANO

fee Break Cafe in Wollaston. Mrs. Cogliano was a kind, loving, and supportive person who was always accepting and sociable. She will be greatly missed by all who knew her.

Daughter of the late Michael and Alice (Hansberry) Scanlon. Wife of the late Louis A. Cogliano. Loving mother of Kevin F. Cogliano and his wife Lisa of Weymouth and Kathleen A. Cogliano of Quincy. Sister of the late Robert Scanlon. Also survived by many nieces and nephews.

Memorial donations may be made to American Cancer Society, 30 Speen St., Framingham, MA 01701.

Doris E. Thomas

Doris E. (Cullinane) Thomas died suddenly at home on Dec. 26.

The daughter of the late Marie (Maguire) Cullinane and Joseph Cullinane, she was raised in Dorchester. The wife of the late Robert E. Thomas, she was the cherished mother of Barbara Such and her husband Robert of Brockton, Janet Thomas of Quincy and Robert J. Thomas and his wife Nia of Easthampton. Much beloved grandmother of Allison Such of Brockton; sister of Ruth DiPietro of CT and the late Joseph Cullinane of TX; sister-in-law of David Thomas and Richard Thomas, both of

Quincy. She is also survived by several loving nieces and nephews.

Mrs. Thomas was a wonderful and caring mother who loved spending time with her family, organizing holiday celebrations, summer vacations in Maine and providing a helping hand to all. She will be greatly missed.

A private family service will be held in early January with arrangements coordinated by the Lydon Chapel for Funerals.

Memorial donations may be made to Homes for Our Troops, 6 Main St., Taunton, MA 02780.

Lester H. Lee, 84

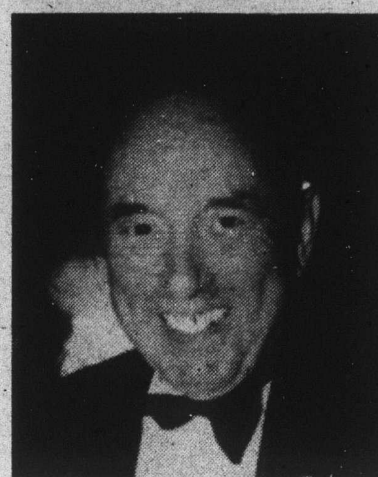
A funeral Mass for Lester Howard Lee, 84, of Mashpee and formerly Quincy and Braintree was celebrated Dec. 28 in Christ the King Church, Mashpee.

Mr. Lee died peacefully at Falmouth Hospital on Dec. 23.

He was the beloved husband of Barbara (Fitzgerald) Lee and son of the late George and Alta Lee. Mr. Lester graduated from Quincy High School, Class of 1949, and Northeastern University. He worked for 19 years at General Dynamics when he left there as welding superintendent to work for General Electric in Lynn as a manager until his retirement in 1991. He then worked at New Seabury Country Club for 23 summers until age 83.

Nicknamed "Wing Lee," he was honored as a two-time football All Scholastic while playing for the Presidents and then went on to play for the semi-professional Quincy Manets team. He was a coach, manager and umpire for the East Braintree Little League for several years.

Mr. Lee was past president of the Adams Heights Men's Club and a parishioner at St. Thomas More and Christ the King Church. He enjoyed all sports, was the ultimate handyman and an avid reader. He was a loving husband, father, grandfather, neighbor and friend



LESTER H. LEE

who will be dearly missed by all who were blessed to have known him.

In addition to his high school sweetheart wife Barbara of 63 years, Mr. Lee was the cherished father of Michael Lee of RI, Gary Lee and his wife Debbie of NH, and Nancy Carey of Quincy. "Grampy" was the proud grandfather and loving "best friend" of Max, Alex, Abigail, Dana, Mary and Julianne. Also survived by his sister Margaret Goselin of Weymouth, daughters-in-law Barbara Lee and Melinie Lee, son-in-law Mark Carey as well as many dear nieces and nephews.

Funeral arrangements were made by Chapman Cole and Gleason Funeral Home, Mashpee.

Interment at Great Neck Woods Cemetery, Mashpee.

Memorial donations may be made to the Mashpee Boys and Girls Club, P.O. Box 895, Mashpee, MA 02649.

Kevin Hoban

A funeral Mass for Kevin Hoban of Quincy was celebrated Dec. 31 in St. Ann's Church, Quincy.

Mr. Hoban died Dec. 25.

He worked as a social services supervisor for the Commonwealth of Massachusetts for many years. He was a graduate of Boston College High School and Boston State College. He also served in the U.S. Army.

His family, especially the grand nieces and grand nephews, gave him great pleasure over the years. Mr. Hoban was proud of his Irish heritage, was an avid reader, a Boston sports fan, and was always aware and could converse about current events. He will be re-

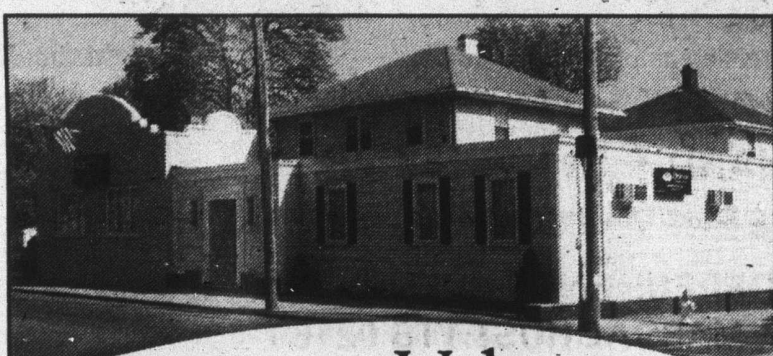
membered for his outgoing personality, friendly nature, and his love of family.

Cherished son of the late John R. Hoban and Marie A. (Noonan) Hoban. Loving brother of Donna Clark of Raynham, John Hoban of Quincy, and the late Robert Hoban. Also survived by several nieces, nephews, grand nieces and grand nephews.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Knollwood Memorial Park, Canton.

Memorial donations may be made to the American Heart Association, P.O. Box 417005, Boston, MA 02241-7005.



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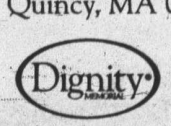
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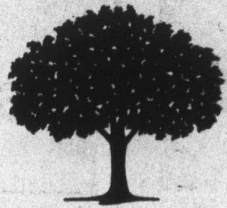
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Robert O. Creamer, Jr., 89

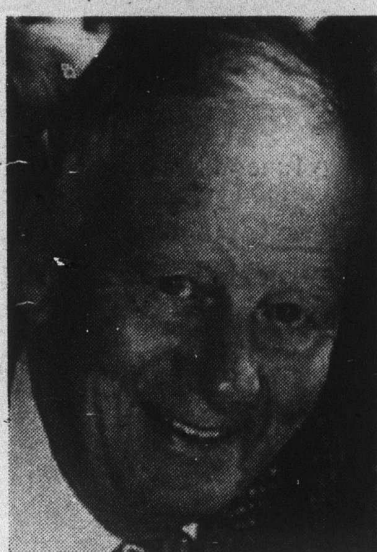
A funeral Mass for Robert Owen "Bob" Creamer, Jr., 89, of Wollaston and formerly Dorchester was celebrated Tuesday in St. Agatha Church, Milton.

Mr. Creamer died at home on Jan. 1 surrounded by his family.

Son of the late Mary "Mae" and Robert O. Creamer, Sr. Loving brother of Mary "Betty" Creamer of Wollaston, Jeanne Lynch and her husband Hugh of NY, Helen "Denise" McCarthy and her husband Charles "Chuck" of Braintree, and the late Kathryn "Kay" Lynch and her husband William "Bill" of Squantum, and John "Jack" Creamer and his wife Janet of Scituate.

Also survived by many nephews and nieces: Denise Vespa and Barbara Lynch; John Creamer, Sue Dreamer and Tracey Dickerson; Kathy Distler, Maura Gray and Mike Lynch; Sean McCarthy, Christine McCarthy and Michelle Hume; and Lisa Finnegan and Paula McCloud; as well as many grandnephews and grandnieces: Billy, Johnny and Bobby Vespa; Amanda, Rachael, Sara and Jacob Creamer; Lily McCarthy; Hanna and Luke Dickerson; Brian Ernst, Max and Zachary Distler; Erin Gray; Charlie, Fiona and Molly Hume; John and Kelly Finnegan, and Megan and Kylie McCloud. He was a very special friend to the late Nonie Sullivan and her family.

Mr. Creamer was born and raised in Dorchester and attended Boston English High and the Franklin Institute of Technology. He served in the U.S. Navy during WWII. Mr. Creamer



ROBERT O. CREAMER, JR.

was a civil engineer for the Massachusetts Department of Public Works for 35 years before retiring in 1985.

He enjoyed golfing and playing cribbage, listening to music from the era of Bing Crosby and Frank Sinatra, watching old musicals, and keeping up with the stock market. He was a daily walker at Castle Island for more than 50 years and enjoyed going to Nantasket Beach all of his life. He loved all family gatherings, but especially his Thursday visits with Charlie, Fiona and Molly.

Funeral mass at St. Agatha Church Milton, Tuesday morning at 10:30. Visiting hours at the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton, Monday 4-8 p.m. Burial St. Joseph's Cemetery, W. Roxbury.

Special thanks to Hospice of the South Shore, and especially to Leeann and Anderson, for the love, kindness, support and guidance they provided to him and his family over the past several months.

Memorial donations may be made to Hospice of the South Shore, 100 Bay State Dr., Braintree MA 02184.

Robert J. Wade

A funeral Mass for Robert J. Wade, 89, of Quincy was celebrated Jan. 2 in Holy Trinity Parish at the Most Blessed Sacrament Church, Quincy.

Mr. Wade died peacefully Dec. 26 at home, surrounded by his loving family.

He had lived in Quincy for 49 years and was a summer resident of Falmouth and a winter resident of Naples, Fla., both for many years. Mr. Wade was born in Taunton, raised and educated in Taunton schools where he was a talented athlete, playing football and basketball. He left Coyle High School at the age of 17 to join the U.S. Navy during World War II.

Mr. Wade proudly served as a seaman first class aboard the USS Arenac (APA-128), an amphibious attack transport in the Pacific Theater where he operated a 26' LCVP, a landing craft vehicle personnel boat. He and his crew participated in the support effort following the invasion of Okinawa and received the World War II Victory Medal and the Asiatic Pacific Area Ribbon with one battle star. Following the war, Mr. Wade returned to graduate from Coyle High School and also the Franklin Institute of Technology, earning an engineering degree.

He was a structural engineer for the former Tucker Concrete Form Company in Malden for many years and later worked several years for the J.F. White Construction Company, retiring in 1995. Employing his boating skills, learned in the U.S. Navy, Mr. Wade enjoyed the ocean and boating on Cape Cod. He was a member of the American Legion in Naples, Fla., and the Quincy Lodge of Elks.

*In Loving Memory
On Your 4th Anniversary
January 10, 2012*



Arthur Ducharme

*Your wife Alma and children
Cheryl, Linda,
Bill, Jed, Laura
& nine grandchildren*



ROBERT J. WADE

Beloved husband for 49 years to his princess, Mary Ellen (Hassett) Wade. Devoted father of twin daughters, Geraldine M. Piturro of Falmouth and Kathleen E. Gullins of Quincy and the late Richard J. Wade. Loving grandfather of Heidi McLaughlin and her husband Justin, Roxanne and Krystal Gullins, Geraldine Piturro and her partner Craig Costa, Roberta Piturro and the late Richard J. Wade, Jr. and cherished great-grandfather of 11. Dear son of the late John and Margaret (Collins) Wade. He was one of four siblings and predeceased by Donald Wade, Eileen Sherry and Clement Wade. He is also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with Military Honors at Mount Wollaston Cemetery in Quincy.

Memorial donations may be made to the Germantown Neighborhood Center, 336 Palmer St., Quincy, MA 02169.

Cynthia G. Randall

A funeral service for Cynthia G. (Fraser) Randall of Quincy was held Dec. 29 in the First Baptist Church of Wollaston.

Mrs. Randall died Dec. 19.

Wife of the late Bruce D. Randall. Loving mother of Ruth Randall Dempsey and her husband John of TX, Rhonda Dowling and her partner Michael Tobin of Weymouth, Jeffrey Randall and his wife Una of Hanover, Abigail Childs and her husband Warren of Norwell, Allison Rescigno and her fiancé David DeLorenzo of Marston Mills and the late Adam and Timothy Randall. Sister of Linda Gallagher of GA and the late Alyce Pratt. Also survived by 13 grandchildren and seven great-grandchildren.

Mrs. Randall enjoyed playing scrabble with her sisters-in-law. She loved to travel. She and her late husband Bruce were fortunate to enjoy two separate trips that took them around the world. She was a very cultured woman who enjoyed classical music, trips to museums and learning about the environment and astrology.

Mrs. Randall worked as the church clerk for the First Baptist for many years. Her family and her faith were the cornerstone of all that was truly important to her. She will be sadly missed.

Arrangements by Keohane Funeral Home, 785 Hancock St., Quincy.

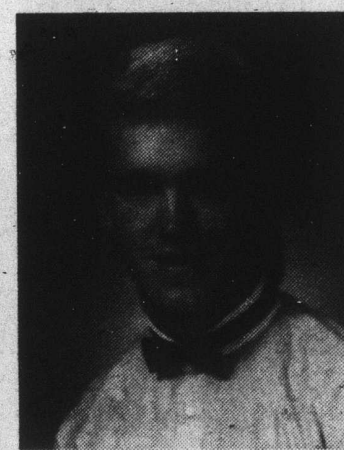


CYNTHIA G. RANDALL

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the First Baptist, 81 Prospect Ave., Quincy, MA 02170.

In Memoriam Maurice M. "Moss" Houlihan



August 20, 1968 -
January 7, 2013

3rd Anniversary Remembrance

He had a nature you could not help loving
And a heart that was pure as gold
And to those that knew and loved him
His memory will never grow old

We will always love you

Mum, Da, Sean, Tom, Jim,
Cathy, Brian, Madison,
Kyleigh, Sarah

Michael J. Mullins, 75

Michael J. Mullins, 75, of Quincy died unexpectedly Dec. 26 at Boston Medical Center.

He was the husband of 38 years of Mary Ann (Kmiotek) Mullins. Born in Natick, he was raised and educated in Dorchester and was a longtime resident of Dorchester. He moved to Quincy 18 years ago.

Mr. Mullins worked as a courier at South Shore Hospital in Weymouth for more than 15 years, retiring four months ago. He loved the fire department and enjoyed chasing fires as a "spark." He also helped with the fire patrol and boarding up properties damaged by fire. In his free time, he enjoyed watching television and, above all, spending time with his family.

In addition to his wife, Mr. Mullins is survived by his sisters, Helena Mullins of RI and Cheryl Pitrone of

NH. He was predeceased by his sister Carol Mullins. He is also survived by several nieces, nephews and grandnieces and nephews.

Private family services were held.

Arrangements by Farley Funeral Home, Stoughton.

Memorial donations may be made to the charity of your choice.

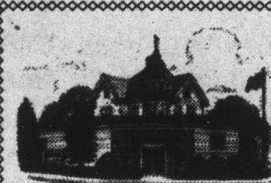
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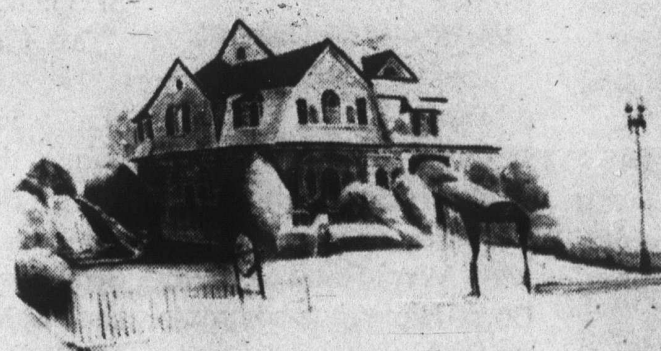
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OBITUARIES

Fr. Demetrios Michaelides, 98

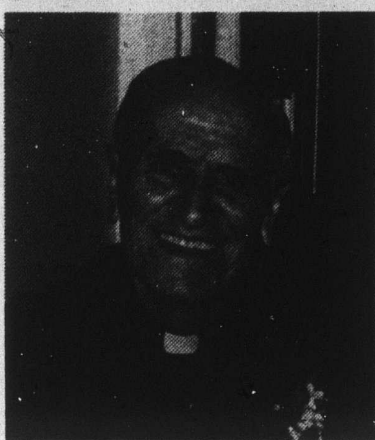
A funeral service for Reverend Father Demetrios Michaelides, 98, of Quincy, will be held Friday at 11 a.m. in St. Catherine's Greek Orthodox Church, Braintree.

Fr. Demetrios died Jan. 1. He lived a full life in dedication to the Greek Orthodox Church, his family and friends.

Fr. Demetrios was born in Larnaca, Cyprus, in 1917. After graduating high school, he and his twin brother, Themistocles, immigrated to America to join their father, Very Reverend John Michaelides, who had immigrated to Massachusetts several years earlier.

In 1937, Fr. Demetrios, after deciding to become a priest, responded to an invitation by the archbishop to attend the newly opened Holy Cross Theological School in Pomfret, Conn. This was the first Greek Orthodox Seminary in America. He was among the pioneers of the church in America and a member of the first class to graduate from the seminary in 1942. He was later honored to receive the title of Protopresbyter.

Father was the beloved husband of the late Angelina (Cotoulas). Loving father of John Michaelides and his wife Natasha of Shrewsbury; Cathy Donath and her husband Cliff of Waltham; and Helen Cobban and her husband Rick of Abington. Cherished "Papou" (grandfather) of Christina Michaelides McLaughlin and her husband John; Scott Cobban; and Stacey Cobban Gigante and her husband Rick. He also leaves his twin great-grandchildren Alexis and Nathaniel McLaughlin. Father is also "Papou" to Jason and Jen Donath and their twins



FR. DEMETRIOS MICHAELIDES

Brooke & Evan. Demetrios is predeceased by his brothers Christos, Michalakos, Paraskevas, Themistocles, Antonios and his sister Helen Psakis. He is also survived by several nieces and nephews.

For more than 50 years, he dedicated his service to the church. Father served parishes in Chattanooga, Tenn.; Savannah, Ga.; Wheeling, W.Va., and several communities in the New England area.

In 1961, he became the first full-time priest at St. Catherine's Greek Orthodox Church in Quincy. In the past several years, he felt honored to be able to occasionally take part in services at the new St. Catherine's Church in Braintree.

Fr. Demetrios had a great love for music, particularly liturgical music and chanting. He had formal vocal training, organized choirs in his parishes and for special performances. He participated in choral groups through the years and enjoyed writing music. As one colleague noted, "His melodic voice still rings with confidence" even through his senior years.

Visiting hours are 4-8 p.m. Thursday at the church.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to St. Catherine's Greek Orthodox Church, 119 Common Street, Braintree, MA 02184.

Arrangements by Keohane Funeral Home, 785 Hancock St., Quincy.

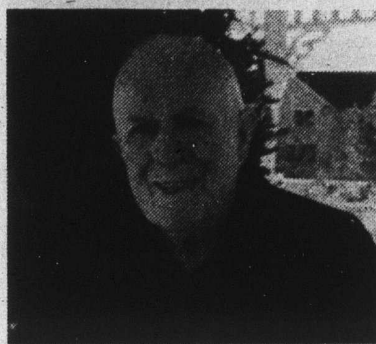
Bernard J. Coleman, 93

A funeral Mass for Bernard J. Coleman, 93, was celebrated Tuesday in St. Mary's Church, Hanover.

Mr. Coleman died peacefully Dec. 30, surrounded by his devoted children.

He lived for more than 40 years in the Merrymount section of Quincy. He was a retired field engineer for Univac/Unisys. Mr. Coleman achieved the rank of chief warrant officer and was a proud U.S. Marine, member of the WWII "Greatest Generation."

Husband of the late Lorraine M. (Walsh) Coleman. Devoted and cherished father to Dr. Daniel and his wife Marguerite Coleman of Andover, Dr. John and his wife Jill Coleman of Downer's, IL, Marian and her husband Ronald Jeffries of Hingham, Stephen and his wife Joan Coleman of CA, Ellen Bradley of Braintree, Suzanne Coleman and her



BERNARD J. COLEMAN

partner Deborah Carlson of Hanover and Jacqueline and her husband Mark Sointu of Hanover. He was the father of the late Andrea B. Coleman. He was Grandpa to 17 grandchildren and 10 great-grandchildren. He leaves behind his sisters Ann Hayward of Dorchester, Grace Finnell and Marylou Cooney, both of SC; his brothers Robert Coleman of Woburn and Raymond Coleman of Harwichport.

Funeral arrangements by Sullivan Funeral Home, Hanover.

Interment at Blue Hill Cemetery, Braintree.

Evdokia Bandis, 81

A funeral service for Evdokia "Eva" (Klisariis) Bandis, 81, of Quincy was held Dec. 31 at St. Catherine Greek Orthodox Church, Braintree.

Mrs. Bandis died Dec. 27.

Born in Rodia, Greece, where she was raised and educated, she immigrated to the U.S. in 1967, lived on the South Shore since 1972 and in Quincy since 1993. With her family, Mrs. Bandis owned and operated Copeland Pizza in West Quincy for 30 years.

The beloved wife of Antonios Bandis, she was the loving mother of Ekaterini "Kathy" Fournarakis and her husband David of Hull, Despina "Debbie" Varsamis and her husband Stergios of Milton and Vasiliki "Betsy" Castonguay and her husband Marc of Ipswich; dear grandmother of Nikolaos "Niko" Fournarakis, Maria Fournarakis, Zacharenia



EVDOKIA BANDIS

"Loula" Varsamis, George Varsamis, Antonios Bandis, Marc Castonguay and Evdokia "Kia" Castonguay. Mrs. Bandis is also survived by her relatives in Greece.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the charity of your choice.

Paul J. Francis

A funeral service for Paul J. Francis of Quincy, formerly of Dorchester and South Boston, will be held Friday at 10 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Francis died Dec. 24. He was a U.S. Navy Veteran who served his time during the Cuban Missile Crisis. He was a longtime employee for the U.S. Postal Service working as a mail handler. Mr. Francis enjoyed watching sports, especially the Boston Bruins and the New England Patriots. He will be greatly missed by all those who had the pleasure

of knowing him.

Loving brother of Richard A. Francis Jr. and his late wife Joan of PA, Dennis J. Francis of NH and the late John A. Francis, Thomas N. Francis and Brian O'Neil. Beloved son of the late Richard and Helen (Norton) Francis. Devoted uncle of many nieces and nephews.

Visiting hours are 6-8 p.m. Thursday at the funeral home.

Interment at Mount Benedict Cemetery, West Roxbury.

Memorial donations may be made to charity of your choice.

Adeline L. Yurkstas, 92

Funeral services for Adeline L. (Zuffante) Yurkstas, 92, of Quincy and Scituate will be held Friday at 11 a.m. in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Yurkstas died peacefully Jan. 3 at South Shore Hospital in Weymouth, surrounded by her loving family.

She was born in Dorchester where she was raised and educated. She attended Simmons College and graduated from Northeastern University where she also earned a master's degree in education. She later earned a master's degree from Boston University in library science. She had lived in Quincy and was also a summer resident in Scituate for more than 60 years.

As a young woman, Mrs. Yurkstas had worked for United Airlines. She was devoted to her family and loved family parties and entertaining. She was an avid card player and enjoyed painting, reading, music and dancing and bingo. Mrs. Yurkstas also enjoyed her many friendships at the Neighborhood Club of Quincy, the Wollaston Golf Club in Milton, the Hatherly Country Club in Scituate



ADELINE L. YURKSTAS and the Puritan Bridge Club in Braintree.

Beloved wife for 57 years of the late Algirdas Albert Yurkstas D.M.D. Devoted mother of Laurajean McDonald and her husband Joseph of Cohasset, Jody Yurkstas of Braintree and the late Carolynne E. Yurkstas. Loving grandmother of Caroline Cabral and her husband Chris of Hanover and cherished great-grandmother of Cameron and Cassandra.

Visitation prior to the service from 10 to 11 a.m. Friday.

Interment Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Carolynne E. Yurkstas Memorial Scholarship Fund, Bridgewater State University, 131 Summer St., Bridgewater, MA 02325.

Marie C. Nosalek, 86

Memorial services for Marie C. Nosalek, 86, of Quincy will be held Saturday at 11 a.m. at the Emanuel Lutheran Church, Manchester, Conn.

Ms. Nosalek died peacefully in her sleep on Dec. 27.

She is survived by her three sons, James Purtell and his wife, Carol; Ray Purtell and his wife, Kathy; and Edward Nosalek. Grandmother of Shannon, Andrew, Dan, Tim, Emily, Matthew, and Lindsey and great-grandmother of Teagan, Connor, and Melanie.

Ms. Nosalek was a caring, compassionate person who, for many years, volunteered as a foster grand-

parent in the Quincy Public School system. Honoring her wishes, her body has been donated to the Harvard University Medical School as an anatomical gift.

Special thanks to the staffs at Fenno House Assisted Living, Carney Hospital, and the Pat Roche Hospice House for their compassionate care of Ms. Nosalek and her family.

Memorial donations may be made to the Quincy Animal Shelter, P.O. Box 690088, Quincy, MA 02269 or to the charity of your choice.

Funeral arrangements by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

St. Agatha Parish To Host Scripture Study This Lent

St. Agatha Parish, 432 Adams St., Milton, will host small group Scripture Study this Lent.

The "Circles of Faith" will discuss the Acts of the Apostles in small groups of 6-10 people who will meet in homes or at the parish.

The study group begins the week of Ash Wednesday Feb. 10 and runs once a week for six weeks. Sessions last no more than 90 minutes.

No Bible experience needed. Book costs \$5. Various days and times will be available. To register contact Mary Campion mcampion@stagathaparish.org, 617-698-2439 x209 or drop by St. Agatha Church to sign up after Masses on Saturday, Jan. 9 and Sunday, Jan. 10 in the Gathering Space, Lower Church. Books will be available for purchase at that time. All are welcome.

SECONDARY LUNCH MENU

Monday, Jan. 11

Big Daddy's Pizza, Fresh Veggie Sticks, Ranch Dressing, Yogurt with Strawberries.

Tuesday, Jan. 12

Early Release Day MS and HS - Grilled hotdog on a bun, baked beans, cabbage/carrot slaw.

Wednesday, Jan. 13

Chicken Fajita over Spanish Rice with Beans, Green Peas and Carrots, WW Tortilla.

Thursday, Jan. 14

Beef Burger with Cheese on a WG Bun, Oven Fry Potatoes, Green Beans.

Friday, Jan. 15

Baked Potato with Broccoli and Cheese Sauce, Chicken Tenders, WG Dinner Roll.

ELEMENTARY LUNCH MENU

Monday, Jan. 11

French bread pizza, carrot snack pack, honey soy nuts.

Tuesday, Jan. 12

Early Release Day - no lunch served.

Wednesday, Jan. 13

Turkey Hot Dog on a Bun, Baked Beans, Mixed Fruit Cup.

Thursday, Jan. 14

Beef and Tomato Sauce with WW Rotini Pasta, Corn Niblets, Snowman Pretzel.

Friday, Jan. 15

Spanish Rice, Popcorn Chicken, Peas and Carrots, Dinner Roll.

Pastor Swanson Begins Sermon Series

The Rev. John Swanson, Pastor of Union Congregational Church, corner of Beach Street and Rawson Road, Wollaston has begun a sermon series on personalities of the Bible.

This Sunday and continuing through the first Sunday of Lent, Feb. 14, Pastor Swanson will present a different person of the Bible each week focusing on who they were, what they did, why they are important

and what can one learn from them.

This Sunday, Jan. 10th the Pastor will present King Saul of the Bible Book 1 Samuel. Saul was the first king of Israel who united the people and set the nation on the path to glory. Popular and charismatic, Saul could inspire and lead. He was also insecure and a flawed individual.

Sunday's service at UCC is at 10 a.m.

Monthly Spaghetti Supper at Union Church

The monthly Spaghetti Supper at Union Congregational Church, corner of Beach Street and Rawson Road, will be held Saturday Jan. 9th at 6 p.m.

On the second Saturday of each month Chef Brian Sennett from the Irish Riviera prepares a home-

made spaghetti sauce with meatballs. The cost of the meal is \$5. The public is invited. Reservations are not necessary but are appreciated.

For more information call the Church Office at 617-479-6661

Winter Bible Camp

Fort Square Presbyterian Church will host a free Winter Bible Camp for children in kindergarten to grade 5 during February school vacation.

It will start on Tuesday, Feb. 16th and run through Friday, Feb. 19th from 9 a.m. to noon.

Registrations are limited to 30 children. Forms and more information can be found at the Church website fortsquare.org and then click on the Fort Square's Kid's page. For more information call 617-471-6806 or email childrensministry@fortsquare.org

RELIGION

Houghs Neck Congregational

A Reception of New Members worship service at the Houghs Neck Congregational Church, 310 Manet Ave. will start at 10 a.m.

Pastor Felix Carrion will lead the service. Deacon Ralph Jacobs will preach the sermon "Our Church Family."

Liturgist Chris Keating will call to worship and read the scripture lesson.

Serving for the Diaconate are Robert Rheault and Joseph Giggey.

After the children's message the Sunday School will

go to classes and the Nursery opens.

Sock Drive for ISS continues this Sunday and next Sunday. Brand new socks for all ages will be displayed on a clothesline in the sanctuary.

Following the service a coffee hour is hosted by Nancy and Molly Jacobs.

All are invited.

Yoga classes meet at 7 p.m. in Fellowship Hall on Tuesdays with Amy Ross and Thursdays with Linda Beck. Bring a mat, water and \$5.

Bethany Congregational

Bethany Congregational Church will have Worship Service and Sunday School at 10:00 a.m. The Rev. Peter M. Preble will conduct the service and preach the sermon entitled "The Gifts We Bring." Fellowship with light refreshments will follow.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works. Rev. Preble will lead a weekly adult Bible Study group on Tuesday evenings

at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at our Web Page: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. and Sundays at 10 a.m. on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Many Happy Returns To Social Security

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

Now that the holidays over, you're also probably happy to return to your calmer routine. And part of that routine is planning for retirement. That's where Social Security comes in.

Your secure my Social Security account allows you to do a number of important things throughout the year, at your convenience:

Keep track of your earnings and verify them every year;

Get an estimate of your future benefits if you are still working;

Get a letter with proof of your benefits if you currently receive them; and

Manage your benefits:

Change your address;

Start or change your direct deposit;

Get a replacement Medicare card; and

Get a replacement SSA-1099 or SSA-1042S for tax season.

Signing up for my Social Security at www.socialsecurity.gov/myaccount is quick, easy, and secure.

We also have another invaluable tool at www.socialsecurity.gov that you can use over and over. The Retirement Estimator allows you to calculate your potential future Social Security benefits by changing variables such as retirement dates and future earnings. You may discover that you'd rather wait another year or two before you retire to earn a higher benefit. Or, you might learn that you are ready to retire now — which you also can do online and often in less than 15 minutes. To get instant, personalized estimates of your future benefits, go to www.socialsecurity.gov/estimator.

It's exciting to see the happy returns you'll be getting when you retire, and returning to my Social Security on a regular basis will ensure you get the right amount at the right time. Give yourself the gift of a secure future at www.socialsecurity.gov/myaccount. No ugly sweaters here.



Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 Masses Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church "A Roman Catholic Community walking together in Faith, Worship, Education and Service" 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service begins at 10 a.m. Deacon Ralph Jabobs will preach the sermon "Our Church Family" All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com UNION CONGREGATIONAL Beach St. & Rawson Rd., Wollaston (617) 479-6661 Rev. John Swanson, Pastor Sunday Worship Service 10 AM
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Worship Service and Sunday School at 10AM Rev. Peter M. Preble will conduct the service and preach the sermon "The Gifts We Bring" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible	Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 9:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Rev. Krutten, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617-472-5668 Email: office@wollastonnazarene.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1st & 3rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	QUINCY POINT CONGREGATIONAL CHURCH 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Ann Suzedell, Pastor email: office@quincypointcong.org Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Dr. Susan Jarek-Glidden, Pastor
Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY			

To Advertise in this Directory, Call 617-471-3100

PEACE

CLASSIFIEDS

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304 Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 Docket No. NO15P3407GD
In the matter of: Ann Clougher Of: Quincy RESPONDENT Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Beth Israel Deaconess of Milton, MA in the above captioned matter alleging that Ann Clougher is in need of a Guardian and requesting that Charles Ford of Quincy, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 01/27/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D Casey, First Justice of this Court.

Date: December 21, 2015
PATRICK W. McDERMOTT
Register of Probate

1/7/16

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304 Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 Docket No. NO15P3408GD
In the matter of: Robert H McDermott Of: Braintree, MA RESPONDENT Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by James J Morgan of Quincy, MA in the above captioned matter alleging that Robert H McDermott is in need of a Guardian and requesting that James J Morgan of Quincy, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 01/27/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D Casey, First Justice of this Court.

Date: December 22, 2015
PATRICK W. McDERMOTT
Register of Probate

1/7/16

NOTICE OF PUBLIC HEARING

City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 15-076

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, January 26, 2016 at 7:15 pm** on the First Floor in the Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Colleen Giacomozzi for a Variance/ Finding to raze existing single story block, barn building and subdivide the existing site to create two parcels and construct a two-family on the newly created parcel in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.4 (nonconforming) on the premises numbered 83 DYSART STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/7/16, 1/14/16

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American Heart Association

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PERSONAL

Happy Birthday to Papa in Heaven. We miss you dailly! Sending our love! Love, the Kennedys

1/7

THANKS TO ST. JUDE, ST. ANTHONY AND THE BLESSED VIRGIN MARY A.C.

1/7

PRAYER TO THE BLESSED VIRGIN

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mother, I place this cause in your hands (three times). Say this prayer 3 consecutive days, and then you must publish and it will be granted to you. A.W.

1/7

Want to pick up a copy of The Quincy Sun? Here are stores in Quincy that sell it on their newsstands:

QUINCY MARKET
Corner of Temple & Washington St.

GOODIE'S STORE
1250 Hancock St., Presidents Place

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HANCOCK TOBACCO
1500 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

RITE-AID
132 Granite St.

COFFEE BREAK CAFE
77 Parkingway

HANCOCK PARK LOBBY SHOP
164 Parkingway

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

CVS
178 Washington St. Braintree

SHOP N SAVE LIQUORS
20 Independence Ave.

DONUT + DONUTS
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25 Scammell St.

TEDESCHI'S
85 Quincy Ave.

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291 Quincy Ave.

ROCHE BROTHERS
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418 Quincy Ave.

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495 Washington St.

DAIRY FARM
330 Washington St.

TEDESCHI'S
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STOP & SHOP
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CVS
Southern Artery

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TEDESCHI'S
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7-11
Adams St.

VILLAGE COMM. MARKET
100 Willard St.

COPELAND LIQUORS
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7-11
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494 Sea St.

PALMER STREET MARKET
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WEST ELM VARIETY
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7-11
721 Hancock St.

BEALE ST. SMOKE SHOP
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFE
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

HANNAFORD BROTHERS
475 Hancock St.

RITE-AID
475 Hancock St.

MULLANEY'S VARIETY
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

RED APPLE FOOD SHOP
48 Billings Rd.

SAM'S VARIETY
125 Billings Rd.

DAVE'S GENERAL STORE
66 Newbury Ave.

ATLANTIC MARKET & LIQUORS
247 Atlantic Ave.

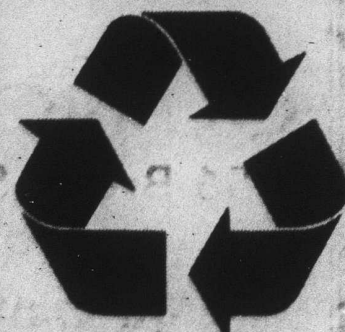
CVS
321 Quincy Shore Dr.

CARMINE'S CAFE
69 Huckins Ave.

TEDESCHI'S
751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

ANDRE'S STORE
20 Brook St.



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3/24

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Chippy: 9, male, gray tabby

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Mariah: 9, female, black & white

Tigs & CoCo: 10, male & female

Tobey: 1, male, Siamese mix

Patience: 1, female, orange & white

The Quincy Sun

CLASSIFIED AD FORM

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INDEX

- ☐ Services
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- ☐ Help Wanted
- ☐ Work Wanted
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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

QNO Girls Hockey Goals: League Title, Tournament

Cont'd From Page 19

Shea Rink. "They all work hard, they listen, they get along and they're a fun group of kids. They're excited because they're winning and they're having fun."

Craig, who was a two-year captain at Plymouth State University and is among the Panthers' top five goal scorers in men's hockey, says his assistant coaches have also been instrumental in the team's progress this season. His assistants are Kyle Craig, who played hockey at Franklin Pierce University, Meg Eleanor and Peter Chrisom.

"Hiring Craig has been a big addition to the team. It is immediately paying off with our strong defensive play. Meg Eleanor and Peter Chrisom are also big parts of the team."

Here is the roster of players suiting up for the Quincy-North Quincy girls co-op ice hockey team this season:

From Quincy High:

Goalie Kariissa Beal, junior; forward Kate McGahey, junior; defenseman Carly McMorrow, junior; defenseman Maura Crump, senior; forward Chynna Stacco, sophomore; forward Riley McLaughlin, junior; defenseman Meghan Mulhern, freshman; forward Julie Whalen, sophomore; forward Gretah DiOrio, sophomore; forward Cassandra Davis, freshman; and forward Mairead Connolly, sophomore.

From North Quincy High School:

Defenseman Leila Hovey, freshman; forward Dianne Cayer, senior; forward Kay O'Connor, junior; forward Nora McLaughlin, sophomore; defenseman Lindsay Lee, sophomore; defenseman Meghan Greene, freshman; forward Jordan Currie, junior; goalie Jessica Bille, freshman; forward Savannah Flynn, senior; and forward Caitlin Dooley, senior.

Craig also praised the parents and two high school communities for supporting the program.

"The parents are great. I talk to most of them at the rink whether it's at the games or practice. They have been very supportive. They're taking care of the hotel arrangements for the Martha's Vineyard tournament and they've even set up a Facebook page for the team that highlights activities and recent game results."

"The support for the program has been great off the ice," Craig says. "We're hoping to shop people that this program is for real and we're going to be winning. We hope off and on the ice to represent both schools really well."

As the season progresses, Craig is optimistic the team will continue to enjoy success.

"If we work hard and the kids listen to what we're asking them to do then we can beat anybody that's on our schedule this season," the head coach says. "That doesn't mean it's going to happen but as long as we work hard, play the way



NORTH QUINCY HIGH School players suiting up for the Quincy-North Quincy Co-Op girls varsity hockey team. Front row from left: Lindsay Lee, Caitlin Dooley, Jessica Bille, Savannah Flynn and Dianne Cayer. Second row: Assistant Coach Peter Chrisom, Meghan Greene, Jordan Currie, Leila Hovey and Nora McLaughlin.



QUINCY HIGH School players suiting up for the Quincy-North Quincy Co-Op girls varsity hockey team. Front row from left: Kate McGahey, Maura Crump, Riley McLaughlin, Gretah DiOrio, Julie Whalen. Back row: Meghan Mulhern, Cassandra Davis, Chynna Stacco and Carly McMorrow.

"we're supposed to play and support each other, we'll be fine."

"I expect big things."

More Photos at www.TheQuincySun.com (galleries)



CO-CAPTAIN SAVANNAH FLYNN (right) celebrates a goal by Cassandra Davis (left) after Davis scored on a long shot with two seconds remaining in the first period against Oliver Ames-Mansfield-Foxboro. Flynn scored the team's final goal in a 4-4 tie with OA-M-F Dec. 29th.



JUNIOR RILEY McLAUGHLIN celebrates her second goal of the night against Oliver Ames-Mansfield-Foxboro with teammate Julie Whalen. QNO and OA-M-F tied 4-4 Dec. 29th at Quincy Youth Arena. Quincy-North Quincy hosts Peabody-Lynnfield Saturday, Jan. 9 at 8:30 p.m. at the Quincy Youth Arena.



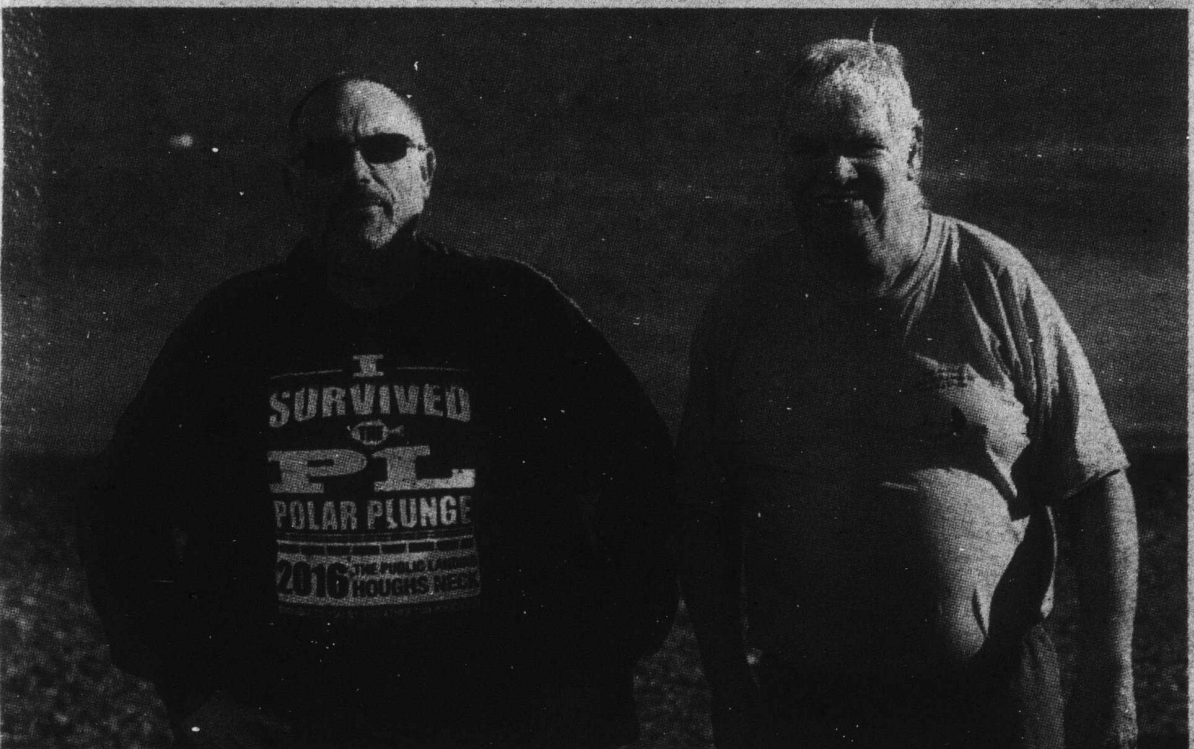
Splish, Splash For Cool Cash

SECOND ANNUAL Polar Plunge at the Houghs Neck Public Landing Jan. 2nd raised some "cool cash" for the Atherton Hough School PTO. About 65 participants braved 41-degree water temperature for a very quick dip in Quincy Bay. These photos show some of the folks ages 6 to 76 who took part in the fundraiser. Among those supporting the cause (bottom row left) were Fr. Bob Carr (left), pastor of Holy Trinity Parish and Jack McCourt of Houghs Neck.

More Photos
Online At
TheQuincySun.com
(click galleries)



Quincy Sun Photos/Robert Bosworth



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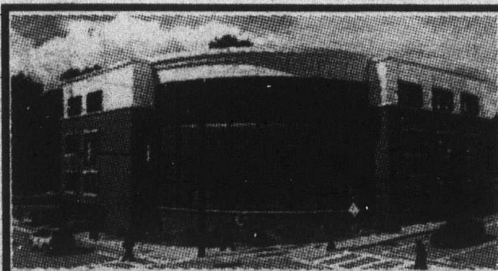
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Large Cheese Pizza

\$5⁹⁹

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Office Building Proposed For
Former IHOP Site - Page 15

Elks Free Throw Contest
Winners - Page 21



THOMAS CRANE PUBLIC LIBRARY
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2 *****CAR-RT LOT#C-004

The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 48 No. 17

Thursday, January 14, 2016

75c



QUINCY HIGH SCHOOL freshman Kevin Warner placed first in the 200 yard freestyle and second in the 50 yard freestyle swim at the Jan. 7th swim/dive meet with North Quincy High School at the Lincoln-Hancock Community Pool. More photos, story on Page 16.

Quincy Sun Photo/Robert Bosworth

Lebo Named To Fill Open School Seat

By SCOTT JACKSON

A familiar face was chosen Monday night to fill a vacant seat on the School Committee.

Emily Lebo, a former member of the school board, was unanimously elected to the seat at a joint convention of the City Council and School Committee. She replaces Noel DiBona, who was halfway through a four-year term when he won a council at-large seat in November's election. Lebo's term expires after the 2017 municipal election.

"My priorities have always been career and technical education and making sure kids have career plans and educational plans and have some vision of the future moving forward, and I would really like to do some work on mental health issues," Lebo told The Sun shortly after being sworn in to the school seat by City Clerk Joseph Shea.

Lebo, a 65-year-old Highland Avenue resident, previously served one term on the committee. She was

Cont'd On Page 32

AG, Former Patriot Meet With Students In Anti-Violence Effort

By SCOTT JACKSON

Students and staff from Quincy's two high schools are participating in a new anti-violence initiative being undertaken by Attorney General Maura Healey and the New England Patriots.

Two staff members each from Quincy High and North Quincy High will be trained in violence prevention along with faculty from other area schools during a session in March at the Upper Cape Cod Regional Technical High School in Bourne. The sessions will be conducted by Mentors in Violence Prevention, an organization based out of Northeastern University's Center for Study of Sport in Society. MVP has provided similar training to Major League Baseball and the National Football League, among others.

Those staff members will then work with a group of student volunteers from each school, who will be trained as peer leaders to teach fellow students about healthy relationships and bystander



STATE ATTORNEY GENERAL Maura Healey (left) greets local high school students who attended Monday's anti-violence initiative at the James R. McIntyre Government Center. Healey was joined by NFL Hall of Fame linebacker Andre Tippett, executive director of community relations for the New England Patriots.

Quincy Sun Photo/Robert Bosworth

intervention.

Healey was in Quincy Monday to discuss the new initiative, known as "Game Change: The Patriots Anti-Violence Partnership," at the James R. McIntyre Government Center. She was joined by Hall of Fame linebacker Andre Tippett, the Patriots' executive director of com-

Cont'd On Page 15

Hughes Adding Outreach Committee

By SCOTT JACKSON

City Council President Kirsten Hughes plans to launch a new council committee aimed at fostering community engagement and would support plans to convert the Wollaston Theatre into a center for performing arts, if the project were fea-

sible.

Hughes, 38, was chosen by her colleagues to lead the council Jan. 4. An attorney and chairwoman of the Massachusetts Republican Party, is starting her third term representing Ward 5 on the City Council.

Hughes, in a recent inter-

view, said she reached out to two of her colleagues, Councilors Nina Liang and Brian Palmucci, about increasing outreach and engagement in the community.

Hughes was inspired to start a committee on com-

munity engagement, she explained, after campaigning during last year's municipal election; many of the residents she met during her previous contested race in 2011 had moved out, replaced by

Cont'd On Page 32



EMILY LEBO was unanimously elected by a joint convention of the City Council and School Committee Monday night to fill the open school committee seat vacated by new City Councilor Noel DiBona. Here Lebo receives congratulations from City Clerk Joseph Shea after she was sworn in. The seat has two years remaining on the term.

Quincy Sun Photo/Robert Bosworth



Naloxone For School Nurses, Trainers - Page 2
Real Estate Market Shows Positive Signs - Page 3

For more Quincy news, visit:
TheQuincySun.com

School Nurses, Trainers To Have Naloxone

Police Lt. Glynn: 'This Is A Necessary Tool,'

By SCOTT JACKSON

Nurses and athletic trainers in the city's public schools will be trained to use and equipped with naloxone, the drug used to reverse opioid overdoses, joining more than 130 other school districts statewide.

School Committee members Paul Bregoli and Kathryn Hubley had proposed allowing nurses and athletic trainers to use naloxone, also known by the trade name Narcan, last month. The committee will not be required to vote on that proposal, however, because the nurses will be trained and equipped with naloxone under the existing section of school policy that allows those individuals to dispense medications to students.

Several school nurses previously attended a training session on naloxone sponsored by Norfolk County District Attorney Michael Morrissey. Those nurses, along with officials with the Quincy Police Department, will now train nurses and athletic trainers on how to administer the nasal spray.

Morrissey and Lt. Patrick Glynn of the Quincy Police Department appeared at the Jan. 6 policy subcommittee meeting to speak in favor of allowing school personnel to administer naloxone if needed. Both expressed concern about people from outside the schools, including parents and other community members, entering a school building and overdosing.

"School nurses have EpiPens and all sorts of medications," the district attorney said. "We thought it was one more tool in the toolbox, particularly not so much the younger children...it's really the people coming in to so many events that we use the schools for... if it's around it's one more plus. If it isn't, pray that the police or fire [departments] get there first."

"This is a tool we want in the box that we never, ever want to use, but what a tragedy it would be if it was necessary and we didn't have it," Glynn said. "This is a necessary tool. It is not putting a stigma on the school system by any means. This

is just a forward, proactive approach to the issues in society today. We have to so-called circle the wagons and protect all of our children, their parents and [grandparents] should some issue attack them, so to speak, and this is one of the best ways to do it."

Glynn added that naloxone does not cause ill effects or have a potential for abuse. It also has no street value.

"It's not a high theft item," he said. "It's not a high risk item for anyone."

Naloxone is available in schools in 133 districts statewide, including Braintree Public Schools, according to Rita Bailey, the nurse coordinator for the Quincy school system. Weymouth is also in the process of making naloxone available in its schools.

Quincy police officers have carried naloxone since October 2010. The drug has been used to reverse nearly 500 overdoses since then, Glynn said, including 109 times in 2015. There were 24 fatal overdoses in the city last year.

Special Election Dates For Open Ward 6 Seat April 5, May 3

By ROBERT BOSWORTH

The special election to fill the vacant Ward 6 seat created by the passing of incumbent Brian McNamee last month will be held Tuesday, May 3rd.

If necessary, a preliminary election to pare the field of candidates down to two would be held Tuesday, April 5.

The City Council is expected to approve the dates for the special election at its next meeting Tuesday, Jan. 19th.

Mr. McNamee, a five-term incumbent who was re-elected to a sixth term last November, died Dec. 23 after a brief battle with cancer. He was 59 years old.

After the election dates are confirmed by the council, the election timetable

will also be determined. Included will be dates when nomination papers are available and the deadline to submit papers to appear on the ballot.

Signatures from at least 50 registered voters in Ward 6 are required to secure a spot on the ballot. If three or more candidates file nomination papers, a preliminary election would take place April 5th. The top two vote getters would be nominated and advance to the final election May 3.

Ward 6 includes the neighborhoods of Squantum, North Quincy and Wollaston. Residents must be 18 years of age or older to seek the council seat.

As of Tuesday, three candidates had informed The

Sun that they will seek the open Ward 6 seat. They are:

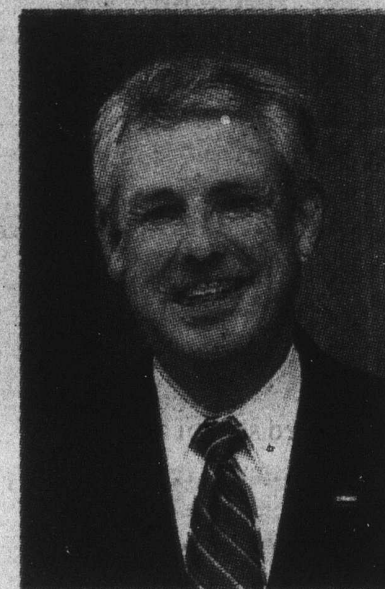
William Harris, age 54, of 74 Ashworth Rd., Squantum; Brian Radell, 34, of 21 Standish Rd., Squantum; and Nathan Knowles, age 43, of 44 Ocean St., North Quincy. Harris ran for the seat last November and Radell made a bid for the seat in 2011. This would be Knowles' first campaign for public office.

This will be the first special election since 1984 when then Ward 1 Councilor Leo Kelly resigned his seat to take a position with the Quincy Housing Authority. The contest drew five candidates in the preliminary. Michael Cheney succeeded Kelly after defeating Robert Johnston in the final.

Quincy State Senator's Opioid Plan Stirs National Conversation

When the Massachusetts State Senate passed Senate Bill 2022 back in early October, it approved a provision pushed by Sen. John F. Keenan (D-Quincy) that would allow patients to direct pharmacists to provide a partial fill of their opioid prescriptions. Inclusion of the provision came after lengthy debate on whether the proposal may have conflicted with federal regulations.

Keenan fought to have the provision included in the Senate's comprehensive opioid addiction prevention bill, arguing that, "our health infrastructure is skewed towards encouraging - even



JOHN KEENAN

forcing - patients to take home a far greater quantity of opioid drugs than necessary." To exclude the provision, said Keenan, "stripped

the bill of one of its most critical elements."

Now, three Democratic and two Republican U.S. Senators, led by Massachusetts Senators Elizabeth Warren and Edward Markey, have sent a letter to the Drug Enforcement Administration (DEA) supporting state-level "partial fill" proposals to curb opioid abuse. Such policies would allow patients to fill their opioid prescriptions in a partial quantity, returning to the pharmacy for the remaining quantity only if they need it. Partial fill policies, the Senators wrote, could help patients and the medical com-

Cont'd On Page 28

Schools Closed For Nov. Election

By SCOTT JACKSON

When voters head to the polls in November to cast ballots for a new president, Quincy Public Schools students could be able to stay home for the day.

A draft calendar for the upcoming 2016-2017 school year was introduced at the School Committee's policy subcommittee meeting on Jan. 6. The draft calendar will need to go before the

full school board for review and approval before it takes effect.

The proposed calendar follows the same template as previous years, with school starting after Labor Day and winter, February and April vacations.

Because of the presidential election, schools would be closed on Election Day, Tuesday, Nov. 8; eight of the city's public schools

host polling places. Students would only be in class for three days that week, because Veterans Day is that Friday, Nov. 11.

Another change being proposed is the elimination of rain dates for the high school graduation ceremonies in June 2017. In recent years, graduation ceremonies for the two high schools have been scheduled for a

Cont'd On Page 28



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Report From Norfolk Register Of Deeds Shows:

Real Estate Market Mostly Positive In 2015

Despite significant challenges resulting from last year's brutal winter, Register of Deeds William O'Donnell reports the Norfolk County real estate market showed mostly positive and sunny results for 2015.

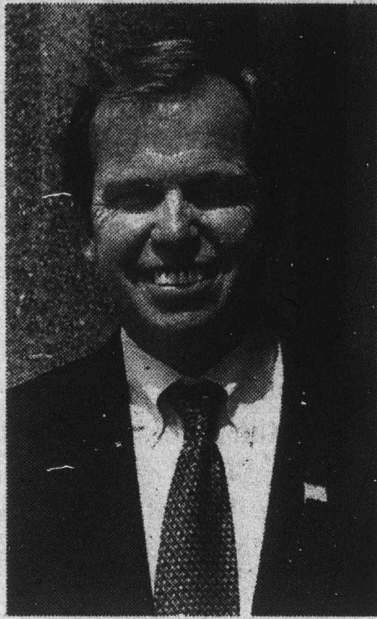
"When it came to the Norfolk County real estate market in 2015, the sun was shining brightly over most indicators," O'Donnell said. "Last year, we saw healthy increases in the number of commercial and residential properties sold. A total of 17,819 properties were purchased in 2015 compared to 16,718 in 2014, resulting in a solid 7 percent growth rate."

O'Donnell also reported "some warm smiles" when it came to the total dollar volume of commercial and residential real estate sold in 2015 which was \$8.1 billion, a 10 percent jump from last year. Additionally, the average sale price of commercial and residential sales in Norfolk County was \$719,679, a 2 percent increase from 2014.

O'Donnell also noted another sign of improved real estate performance in Norfolk County: 157,817 land documents recorded during 2015, a 12 percent increase from the previous year.

"These numbers clearly indicate that despite a rough beginning, the Norfolk County real estate market weathered the storm and rebounded nicely, particularly in the summer and fall months," O'Donnell said.

There were a few mixed results, however, in 2015. Despite a significant 21 percent increase in the number of mortgages recorded, the overall amount of mortgage financing actually fell



WILLIAM O'DONNELL

9 percent, closing at \$18.4 billion. This decrease is partly explained by a large mortgage that was recorded on commercial retail properties in Dedham, Canton and Medfield during the 3rd quarter of 2014.

Last year, property owners were also active on the consumer front, signing up for protections accorded to them under the Homestead Act. A total of 12,077 Homesteads were recorded in 2015, an 8 percent increase from the previous year.

"A Homestead provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. I urge homeowners who have not recorded a Homestead against their primary residence to consider this valuable consumer protection tool," O'Donnell said.

In a continuing sign that some residents have not benefited from the robust economy in eastern Massachusetts, 2015 saw 250 foreclosure deed recordings, a 22 percent increase from 2014. Furthermore, the number of Notice to Foreclose Mortgage filings – the first step

in the foreclosure process – rose by 36 percent.

"The increases in foreclosure activity can be explained in part by lending institutions working to resolve foreclosure issues that in many cases date back to the height of the economic slowdown in 2008," O'Donnell said.

The Registry has partnered with Quincy Community Action Programs at (617) 479-8181 x-376 and NeighborWorks Southern Mass at (508) 598-0950 to help anyone who has received a Notice to Foreclose Mortgage from a lender. Another option for consumers is to call the Massachusetts Attorney General's HomeCorps program at (617) 573-5333.

"Despite a stormy start, 2015 turned out to be a solid year for Norfolk County real estate. For the most part, I

Cont'd On Page 14



LANDMARK LEVELED – Building at 111 Washington St., Quincy Center – home for many years to an International House of Pancakes and later a steak house – was razed last week. The owner of the property – Galvcon Development – is proposing to build a three-story office building on the site. The new structure would include a bank and other retail space on the ground floor. Story on Page 15.
Quincy Sun Photo/Robert Bosworth

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 01/06/16 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 15-Year Loan would be repaid in 180 equal monthly principal plus interest payments of \$6.90 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater.

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BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



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prong setting, diamonds adjacent to one another are held in place by a prong shared between them.

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Moments in time

THE HISTORY CHANNEL

- On Jan. 26, 1500, Spanish explorer Vicente Yanez Pinzon, who had commanded the Nina during Christopher Columbus' first expedition to the New World, sights the coast of Brazil during a voyage under his command, the first European explorer to do so.
- On Jan. 25, 1759, Scottish poet Robert Burns is born. The day is still celebrated by Burns fans with high-spirited "Robert Burns Night" feasts, featuring haggis and other Scottish delicacies, as well as enthusiastic drinking, toasting and speechmaking.
- On Jan. 29, 1936, in Cooperstown, New York, the Baseball Hall of Fame elects its first members: Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson and Walter Johnson. Today it has elected 278 individuals, including 225 players, 17 managers, eight umpires and 28 executives and pioneers.
- On Jan. 30, 1948, Mohandas Gandhi, the world's chief advocate of non-violence, is assassinated in New Delhi, India. Assassin Nathuram Godse was hanged in 1949 against the wishes of Gandhi's sons, who argued that the execution stood against everything Gandhi believed in.
- On Jan. 31, 1950, President Harry Truman publicly announces his decision to support development of the hydrogen bomb. The discovery of a Soviet spy in the U.S. nuclear program forced Truman to approve massive funding to build the world's first "superbomb."
- On Jan. 27, 1965, the Shelby Mustang GT 350 is launched. The Shelby, a Mustang modified for racing, featured a 306 horsepower V-8 engine and today is a valuable collector car.
- On Jan. 28, 1973, a cease-fire goes into effect in Saigon, Vietnam, but military operations quickly resumed after each side claimed the other had violated the truce. What resulted was an almost endless chain of retaliations, averaging 2,980 combat incidents per month.

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QCAP First-Time Homebuyers Workshop

Quincy Community Action Programs, Inc., is offering a First-Time Homebuyers Workshop this month.

There are two sessions: Thursday, Jan. 21 from 6 to 9 p.m. and Saturday, Jan. 23 from 9 a.m. to 3 p.m.

Attendance for the entirety of both sessions is required.

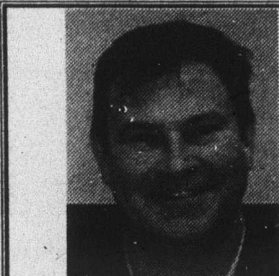
The workshop will be held at QCAP's fourth floor conference room, 1509 Hancock St., Quincy.

Fee to register is \$30 per person. Payment must be received by Tuesday, Jan. 19.

Pay by credit card online at www.qcap.org. Go to the News and Events section and look for "First-Time Homebuyers Workshop."

Topics include financing options, finding a home, legal issues, home inspection, government loans and home insurance.

For more information, call Toni Gershon-Stern at 617-657-5315.



Son Beams

By ROBERT BOSWORTH

A Woman's World

You might say Quincy is becoming a "woman's world" when it comes to city government.

And there are many out there who think the day will come in the not-too-distant future when the city elects its first woman mayor.

Consider the political landscape by gender of today to just a few decades ago.

Last week, the second woman City Council president ever was elected by her peers to the body's top leadership post. Kirsten Hughes, who represents Ward 5, is the first woman councillor to serve as city council president in . . . get this . . . almost 30 years.

That's right.



HUGHES



TOLAND

The last woman to serve as City Council president was the late Patricia Toland. Pat served as council president in 1988 and 1989. At the time, she was only the third woman in Quincy history to serve as a city councillor. That's three woman councillors since Quincy became a city in 1888.

The other woman councillors before Toland were Edna Austin who was first elected in 1943 and served for 15 years and Joanne Condon Walsh who served as a Ward 6 councillor from 1978 to 1985.

Fast forward to today.

There are three woman city councillors presently serving on the City Council. They are Ward 1's Margaret Laforest, first-term councillor at-large Nina Liang and Hughes. That's the most women on the council at one time in Quincy history.



LAFOREST



LIANG

Further proof that gender is balancing out in local politics?

When Emily Lebo was elected and sworn in to fill the vacant School Committee seat Monday evening, she became the seventh woman to be currently serving in Quincy city government. That's almost half of all 16 local elective offices posts: mayor, nine councillors and six elected school committee members. Besides the three councillors, there are four School Committee members who are women: Barbara Isola, Kathy Hubley, Anne Mahoney and now Emily Lebo.

And, depending on what happens in the special election for the Ward 6 council seat, we could have a 50-50 percent balance between men and women serving in elective office here in Quincy.

Want further proof that women have made significant strides serving in city government?

In the first 110 years of Quincy as a city government (from 1889 to 1999), 20 women served in municipal office. The first was Mabel Adams who served on the school committee from 1896 to 1904. There's an appropriate exhibit on Mabel in the museum space on the first floor of the James R. McIntyre Government Center.

The other 19 women who served in city government from 1889 to 1999 were school committee members plus Austin, Condon-Walsh and Toland on the council. Toland has the distinction of serving on both the school committee and city council.

The rise of women in elective office locally has been much more meteoric in the last 12 years. Since 2003, another nine women have been elected in city government: they are Alicia Gardner (Ward 6), Margaret Laforest (Ward 1), Hughes (Ward 5), Liang (councillor at-large) and school committee members Elaine Dwyer, Anne Mahoney, Emily Lebo, Barbara Isola and Kathy Hubley.

Women in government is not only a local trend. It's happening at the state and local levels. Of the state's five elected Constitutional officers, three are held by women: Atty. General Maura Healey, Auditor Suzanne Bump and Treasurer/Receiver General Deb Goldberg. Let's not forget that the lieutenant governor — who is not directly elected by the voters — is also a woman (Karyn Polito.)

At the federal level there are scores of woman senators and U.S. representatives.

And there are many who think the next president will be a woman — Hillary Clinton.

But back to Quincy.

While women have made considerable progress in holding local office here, women also hold an advantage in the number of registered voters. According to the city clerk's office, there are approximately 55,210 registered voters in Quincy. Of that number, 28,853 are listed as female and 24,440 are listed as male. More than 1,800 registrations indicate no gender preference.

The one political mountain women have not scaled in Quincy yet is the mayor's office.

Count new City Council President Kirsten Hughes among those who believe Quincy will elect a woman mayor someday relatively soon.

"Yes, definitely. There's just more female engagement politically anyway and I definitely see at the local level more women taking part. We will eventually have a female mayor," Hughes says.

There are some who also think Hughes will make a bid for the mayor's office some day.

"I would never say no," she told us. "I'm open to other political opportunities some day but right now I am very happy where I am and just doing the job as a city councillor and council president, she says."

THE INEVITABLE QUESTION surfaces at every inaugural: will the inaugurated mayor run for re-election again or be content serving out his final term as the incumbent.

It's much too early to speculate about Mayor Thomas Koch's political plans since he will have more time to ponder that question as he begins serving the historic first four-year mayoral term in Quincy.

There are some who think the mayor will not run again in 2019 and instead move on after what would be a 12-year tenure as the city's chief executive. That would tie him for the longest tenure of any Plan A mayor with his former boss and former Mayor James Sheets. Koch served as Sheets's executive secretary before becoming the director of the Park, Forestry and Cemetery Department — the same position his late father Richard Koch, Sr. held for many years.

Others believe Koch will run again for a sixth term in 2019. Completing a sixth term would give Koch 16 years as Quincy's mayor and set a new longevity mayoral mark. Koch, who just turned 53 years old, would be only 61 years old if he were to serve eight more years.

If you think 16 years is a long time to serve as mayor of a large city, consider Thomas Menino who served as Boston's mayor for 20 years — an unprecedented five terms for that city. Menino was 71 when he left office in January of 2014 and may have sought a sixth four-year term if he had not had health issues.

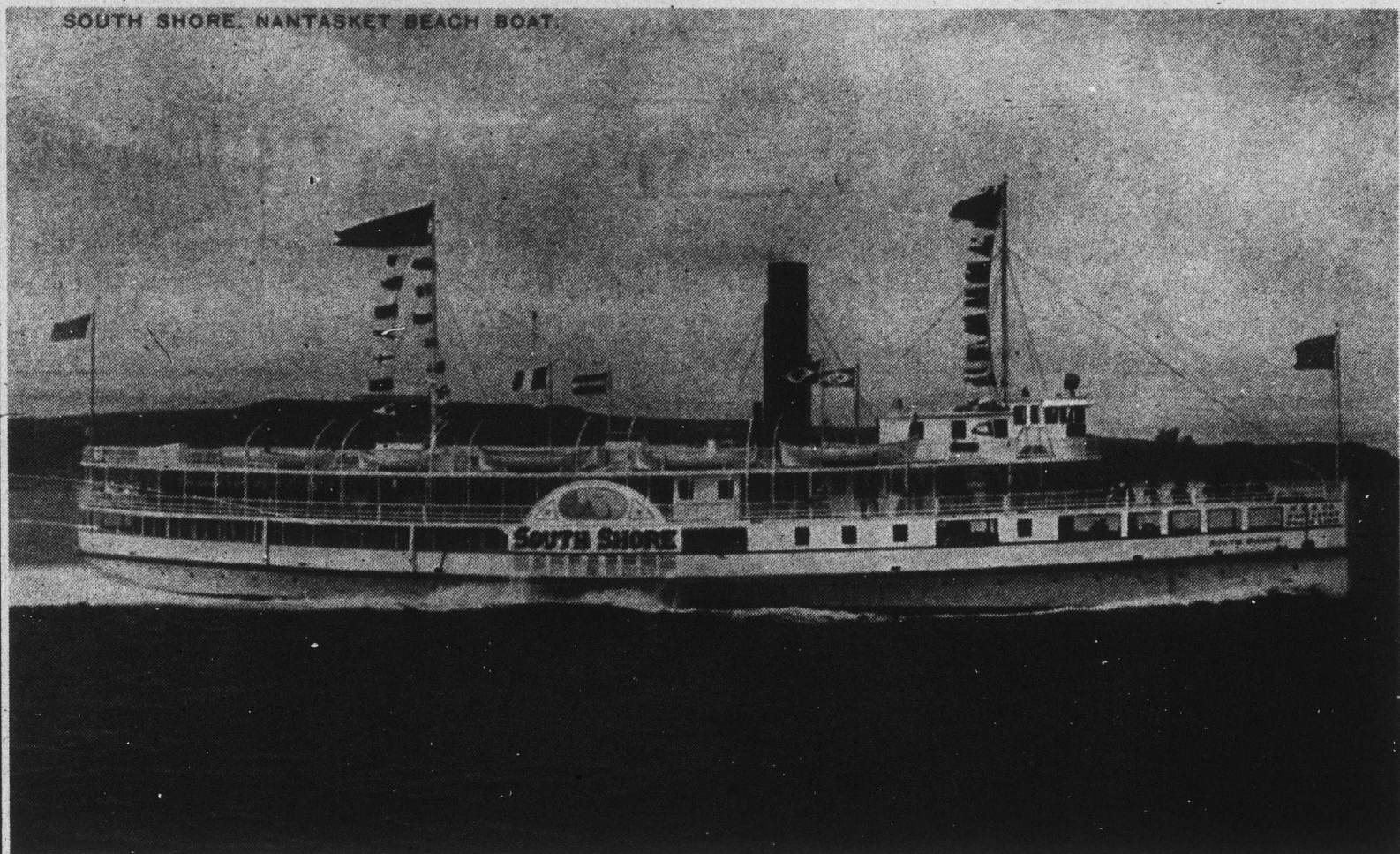
Anyone listening to Koch's inaugural address Jan. 4 got the impression the mayor may be setting his political sights past the next four years. He outlined an ambitious agenda focusing on the city's 400th anniversary as a settlement in 2025.

Who'll be the mayor for that historic milestone? Only time will tell.



KOCH

Scenes From Yesterday



THIS 1912 postcard shows the coastal steamer the "South Shore" built in 1906 at the Fore River Shipyard for the Nantasket Steamboat Company. Only two coastal steamers like this were built by the Quincy shipyard, the other was the "Sankaty" built for the New Bedford Steamship Co. The South Shore was 207 feet long and was the first Nantasket steamer built of steel. She had an opulent mahogany wood interior with a plush dining room where dinner was only \$2. The Nantasket Steam-

boat Company had a half dozen similar 1,000-passenger steamboats for trips between Rowe's Wharf in Boston and Nantasket Beach. All but this one were destroyed in 1929 by a fire at a pier in Nantasket. The South Shore broke up on Atlantic City's beach a year before when a towline snapped while she was being towed to New York. To contact Tom Galvin, e-mail: tmgalvin@verizon.net. From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1976
40 Years Ago

LaRaia Moves To Keep North Quincy High School Open

The hour of decision was due to arrive with Mayor Joseph J. LaRaia holding firm against a gathering momentum to shut down the nearly 50-year-old North Quincy High School.

School Supt. Lawrence Creedon planned to recommend at a meeting of the School Committee the closing of North Quincy High during renovation and construction and the transfer of its students to Quincy High where they would go on double sessions.

"We may have to sit on this for a week while we study alternatives," said LaRaia who is chairman of the School Committee by virtue of being mayor. "I am definitely against closing the school."

AGATHA DESCHENES PURCHASING AGENT

Agatha Deschenes, who went to work as a clerk typist in the City Purchasing Dept. in 1961, has been named to the \$15,000 a year post of purchasing agent. Deschenes, a 1933 graduate of Quincy High School, replaces Richard Buckley who was released from the job. She is believed to be the first woman to hold the position.

NO POLITICS IN SOLIMINI PROMOTION, SAYS MAYOR

Mayor LaRaia named Police Lt. Corady Solimini, a worker in his mayoralty campaign, to the post of inspector divisions in the Police Department and immediately stood up to fend off the flak. The position is considered to be second in command to Police Chief Francis Finn. Finn said that he plans to protest the appointment on grounds "the organization of the Police Department is the responsibility of the chief."

QUINCY-ISMS

Pasquale S. DiStefano was installed for a third term as president of the Quincy Citizens Association. Other officers include: Arthur Chandler, vice-president, Saul Lipsitz, treasurer, and Dorothy Kelly, secretary... Quincy Draft Board No. 27 moved from the Adams Academy in Quincy to Selective Service Headquarters, 150 Causeway St., Boston... Mr. and Mrs. William Weir, 78 Hamilton Ave., North Quincy, celebrated their 25th wedding anniversary at a reception given by their three children... William T. Flavin, historian, concert singer and teacher of voice at Curry College, spoke at a meeting of the Wollaston Women's Club, his topic: "Along Our Coast from New York to Calais"... The Ward 2 Civic Association held its installation of officers at Montello's Mass. Avenue, Quincy Point. The incoming officers included Ted DeCristofaro, president; James Lyons, vice-president; Dorothy Eaton, treasurer; Phyllis Bagen, recording secretary; and Isabel Brugge, corresponding secretary... Russell Edwards Hair Stylists, 27 Cottage Ave., Quincy, was advertising "blow cutting for guys and gals for \$6.50"... Ruth W. Randle, clerk of the First Baptist Church of Wollaston, announced that the church's 104th annual meeting would be held Jan. 23... Nine student members of the Quincy High School Honor Society and the school's men's swim team, recently donated a pint of blood at Quincy City Hospital. They included: Russell Hodgkins, David Ray, Richard MacKay, Michael Lee, Neil Rodbur, David Raftery, William Dalton, Joseph Harris, and Kevin Blake as well as swim team coach Elaine Murphy... Ward 2 Councillor Daniel G. Raymondi commended the School Committee for placing the \$150,000 in the FY 1976-1977 budget for renovation work at the Quincy Point Junior High School/Daniel Webster Elementary School Complex... Marion Andrews, director of senior citizens activities in Quincy, installed the officers of the St. John's Senior citizens group. They included Joseph Lawlor, president; Genevieve Lawlor, vice-president; Paul Locarni, treasurer and Francis Moynihan, secretary... Steve Martinelli, son of Mr. and Mrs. John A. Martinelli of Quincy, was named to the honor roll at Cushing Academy, Ashburnham... The Plaza Restaurant, 51 Billings Rd., North Quincy, was advertising a "top of the round roast" dinner for \$3.25... The Quincy High School hockey team hiked its record to 5-2-2 with a seven to three win over Newton North. Frankie Guest had the "hat trick" and two assists to increase his Suburban League scoring lead... Officials at the Thomas Crane Library announced that Sunday library services would begin Jan. 18. The main library at 40 Washington St. will be open from 1 to 5 p.m.... City Councillor and Mrs. John J. Quinn announced the engagement of their daughter, Andrea to Charles E. Santoro, son of Mr. and Mrs. Charles R. Santoro of North Quincy.

Quincy Receives \$16,100 Grant For Naloxone

By SCOTT JACKSON

Quincy will receive a \$16,100 state grant, which will go towards the purchase of the opioid overdose-reversing drug naloxone for emergency personnel.

The city was one of 31 Bay State communities awarded a grant Jan. 6 for the purchase of naloxone. A total of \$700,000 was awarded to the communities, with each receiving between \$10,000 and \$50,000.

"This grant will help save more lives as our administration continues to pursue new and wide-ranging tools

to combat the opioid epidemic, including the ability for medical personnel to intervene with those who have overdosed," Gov. Charlie Baker said in a statement. "We look forward to continuing to work with the legislature to pass meaningful reforms, and are pleased to support our first responders' access to immediate, life-saving resources."

Quincy police officers have carried naloxone, also known by the trade name Narcan, since 2010. The department was among the first nationwide to train and

equip each of its officers with the drug. Naloxone has been used to reverse nearly 500 overdoses since officers began carrying the nasal spray, according to Lt. Patrick Glynn, including 109 reversals in 2015.

"There is no faster and more effective way to reverse an opioid overdose than to administer naloxone," Health and Human Services Secretary Marylou Sudders said. "It is imperative we do everything we can to counteract the epidemic of opioid addiction by providing as many first

responders as possible the opportunity to use this life-saving medication."

Baker's administration said the grants announced last week were allocated to the communities hardest hit by the opioid epidemic. Municipalities were eligible to apply for the grants only if an they had an average annual rate of 6.0 and above of unintentional/undetermined opioid overdose deaths per 100,000 and an average annual count of unintentional/undetermined opioid overdose deaths of 4.0 and above (2009-2013).

READERS FORUM

Grateful For Lynn Harrington Fundraiser Support

Over 100 people attended the fundraiser for Lynn Harrington Jan. 9.

Thank you especially to Richie Zapata and the staff

at Water Club. The venue was decorated beautifully and the food was delicious. Noel Bowler donated Bruins tickets, Jay Gribaudo,

tickets to the Spring Boston Pops, Sue Canavan, the Gillis family and Dee Condon. Attorney George Burke donated wills and he will

help Lynn with all her legal matters. Special thanks to Matt and Beth Goreham, Bob Starck and others that helped out that night.

Kathleen McCluskey

Thank You For Cosmetics Donations

Dear Fellow Citizens of Quincy:

On behalf of the Quincy Community United Methodist Church congregation, I would like to thank you for your generous donations of cosmetics for Father Bill's; your kindness helped to make Christmas Day a bit more special for the women guests there.

In addition, thanks to your kindness, Quincy Community was also able to send gifts of cosmetics to the women at MainSpring Shelter in Brockton.

Thank you again for supporting Quincy Commu-

nity's Cosmetics Collection. May you have a healthy and

happy New Year 2016.

Rev. Dr. Susan F.

Jarek-Glidden
Pastor

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Arts & Entertainment



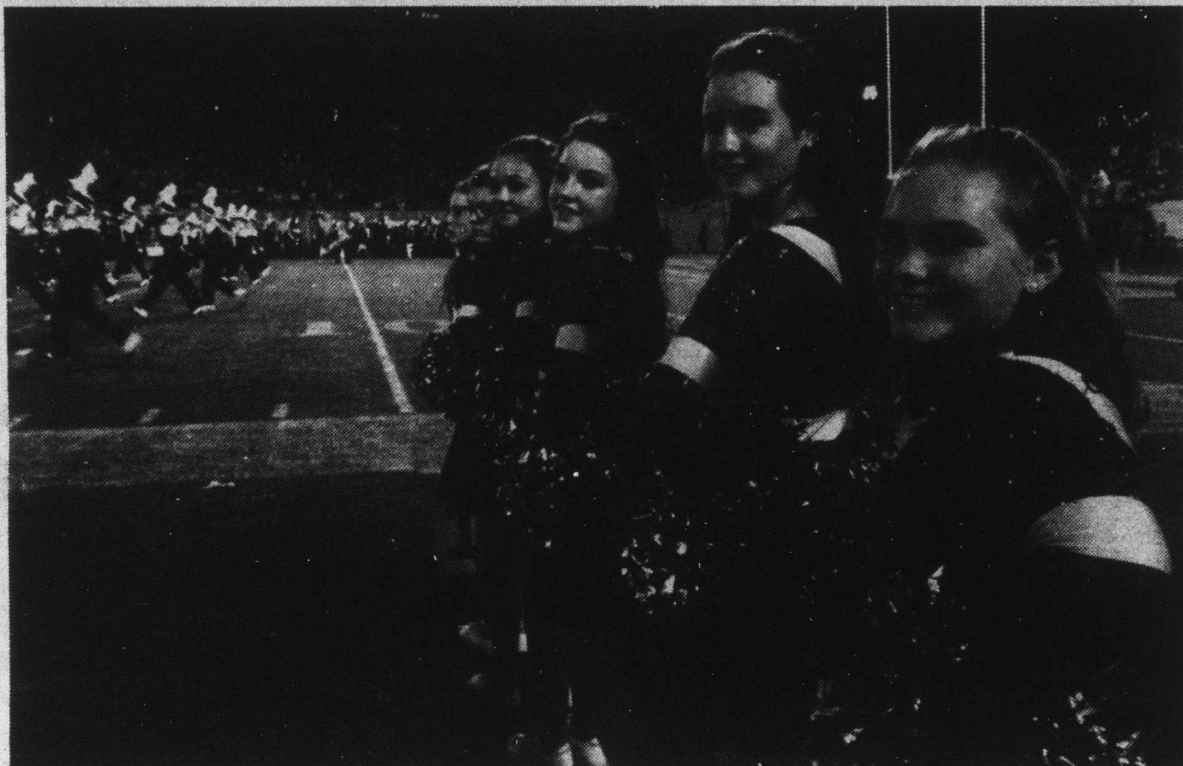
VELOCITY DANCE COMPANY of North Quincy recently performed at the Russell Bowl in Orlando Florida with pop artist Nico & Vinz singing their top hit, *Am I Wrong*. From left: Catherine Brown, Vincent Famador, Grace Lowe, Olivia Brown, Ryleigh Gilmartin, Maeve Griffin, Alex MacPherson, Brigid Duggan and Michaela Pettinelli.

Velocity Dancer Performs At Bowl Game

Velocity Dance Company of North Quincy recently performed at the Russell Bowl in Orlando, FL with pop artist Nico & Vinz singing their top hit, *Am I Wrong*.

Velocity Dance was selected to perform at the pre-game and half time show. They worked with Mandy Moore, considered one of the best choreographers in the industry. Moore is a four-time Emmy nominated choreographer from *So You Think You Can Dance* and creative producer for *Dancing with the Stars*.

The performers selected from Velocity Dance to represent Massachusetts were Catherine Brown, Olivia Brown, Brigid Duggan, Ryleigh Gilmartin, Maeve Griffin, Grace Lowe, Alex MacPherson, and Michaela



DANCERS FROM Velocity Dance Company in North Quincy performed at the pre-game and half-time shows at the Russell Bowl held recently in Orlando, FL. From foreground to background: Brigid Duggan, Michaela Pettinelli, Maeve Griffin, Ryleigh Gilmartin, Catherine Brown, Olivia Brown.

Photos Courtesy Velocity Dance Company

Pettinelli. The dance group traveled to Florida and only had two days to perfect the routines. Brigid Duggan

from Velocity Dance was awarded the MVP Dancer award before the big game. "Having our Dance Stu-

dio perform at the Russell Bowl and represent our hometown was an honor," said owners Vincent and Erica Famador. "It was a great experience for our students to perform in front of 40,000 fans and work with the best choreographers and dancers in the industry."

MLK Breakfast Celebration Jan. 18

Keynote Speaker, Youth Performances At Germantown Neighborhood Center

The 20th annual Celebration Breakfast honoring Dr. Martin Luther King, Jr. will be held Monday, Jan. 18 from 9 to 11 a.m. at the Germantown Neighborhood Center, 366 Palmer St., Quincy.

Keynote speaker will be Robert Benjamin, director of Residential Life/Multi-cultural Affairs at Eastern Nazarene College.

The program will feature special performances by talented local youth including Germantown Afterschool students with direction from

Christopher Jaqmes, Kinson Theodoris, Conor McMahon and Phil Dumka.

Among the community leaders expected to attend are Mayor Thomas Koch, Norfolk County Dist. Atty. Michael Morrissey and Paul Gorman, president of the South Shore YMCA.

Tickets are \$10 per person and \$100 for a table of 10.

Seniors and children are \$5.

For reservations, contact 617-376-1384.

Lunar New Year Festival Jan. 30

28th Celebration At NQHS

More than 8,000 people are expected at North Quincy High School on Saturday, Jan. 30th from 1 to 7 p.m. for the 28th annual Quincy Lunar New Year celebration.

Free and open to the public, the festival will follow a street market theme. The snow date is scheduled for Sunday, Jan. 31st.

Hosted by Quincy Asian Resources (QARI), the celebration will debut a new format titled the QARI New Year Market and Food Festival. The festival will open with a traditional Lion Dance at 1p.m., followed by hours of live entertainment, local vendors, a culinary competition and interactive games for people of all backgrounds and cultures to enjoy.

Also featured will be live entertainment and free karaoke run by a professional DJ

in the NQHS auditorium.

There will also be a New Year Market inspired by the night markets found in Asia, which will feature retail vendors selling traditional goods for New Year's and craft retailers from local artists and businesses.

Additionally, there will be a food festival where Asian local food vendors will compete in a Stanley Cup-style contest that allows visitors to purchase food using a carnival-styled ticketing system and voting for their favorite one.

There will also be a section devoted to game booths designed, organized and run by the QARI Youth Service Corps.

The festival is part of the global celebration of the Lunar Year of the Monkey. Occupying the ninth position in the Chinese Zodiac, the spirit of the monkey symbolizes such character traits as creativity, intelligence, curiosity, mischievousness, and cleverness.

The free event is supported by presenting sponsor South Cove Community Health Center, along with dozens of other businesses, community organizations, and government and social service agencies.

Free parking and access from the Red line at the North Quincy MBTA near North Quincy High School.

In the event of bad weather, the event may be rescheduled for Jan. 31st with announcements on QARI's Facebook page and local media channels. Information is available at www.quincyasianresources.org.

HN Community Council Martin Luther King, Jr. Service Day Jan. 18

The Houghs Neck Community Council will host its second annual Martin Luther King Jr. Service Day on Monday, Jan. 18th from noon to 3 p.m. at the HN Community Center, 1193 Sea St.

Families and youth groups are invited to attend an open house set up with five service stations. Activities include a winter coat drive, letters to troops, goodie bags for homeless children, valentines for seniors along with creating and

planting an herb garden.

Products donated or produced will be distributed to Quincy and South Shore youth and families via partner agencies. The coat drive is in partnership with the First Congregational Church of Milton who has administered the drive for several years.

Letters to troops will be handed off to Care Packs for delivery to active personnel. Goodie bags for homeless children will help toddlers, youth and teens. Packages

Find us on Facebook

Highlights of Local Programming found on

Quincy Access Television
QATV 88 Washington Street
 Quincy, MA 02169
 617-376-1440

Public Access Channel 8

Thursday, January 14
 6:00am: LIVE: AM Quincy (audio only)
 6:30pm: Mind & Money Matters

Friday, January 15
 11:30am: LIVE: Currently in Quincy
 11:00pm: Penny Dreadful's Shilling Shockers

Saturday, January 16
 12:00pm: QRD Elks Free Throw Contest
 12:30pm: Mornings on AM Quincy

Sunday, January 17
 12:00pm: Faces of South Asia
 3:30pm: Sound Advice with Tom Williams

Monday, January 18
 12:00pm: At Your Library: January
 1:30pm: QRD Elks Free Throw Contest

Tuesday, January 19
 6:00pm: Eye on Quincy (replay)
 7:00pm: Taiwan Programming

Wednesday, January 20
 6:00pm: Good News
 10:00pm: The Constitution: Then & Now

Government Access Channel 11

Thursday, January 14
 6:00pm: Update DPW: Winter
 7:30pm: Media Advisory: Game Change

Friday, January 15
 6:00pm: City View with Mayor Koch
 6:30pm: FYI: QHD Marfan Syndrome
 7:00pm: License Board 1/12

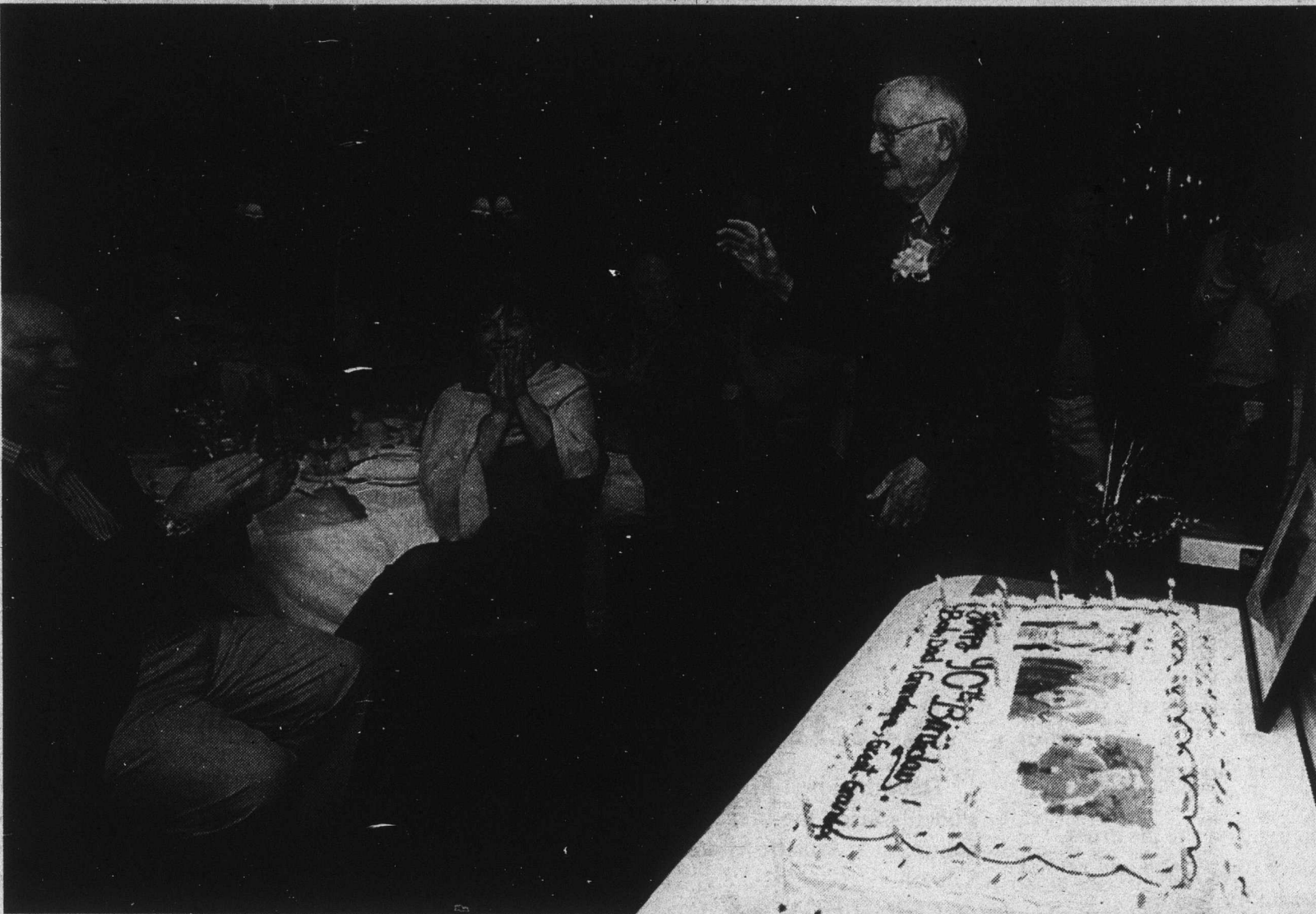
Saturday/Sunday, January 16/17
 9:00am: City View with Mayor Koch
 9:30am: Update DPW: Winter
 12:00pm: City Council/School Committee 1/11
 4:00pm: License Board 1/12
 7:00pm: City Council/School Committee 1/11
 11:00pm: License Board 1/12

Monday, January 18
 6:00pm: Crime Watch: Scenarios
 8:00pm: Elks Free Throw

Tuesday, January 19
 6:00pm: Health Links: Hammer Toe
 8:00pm: At the Library Concert: Jeff Snow

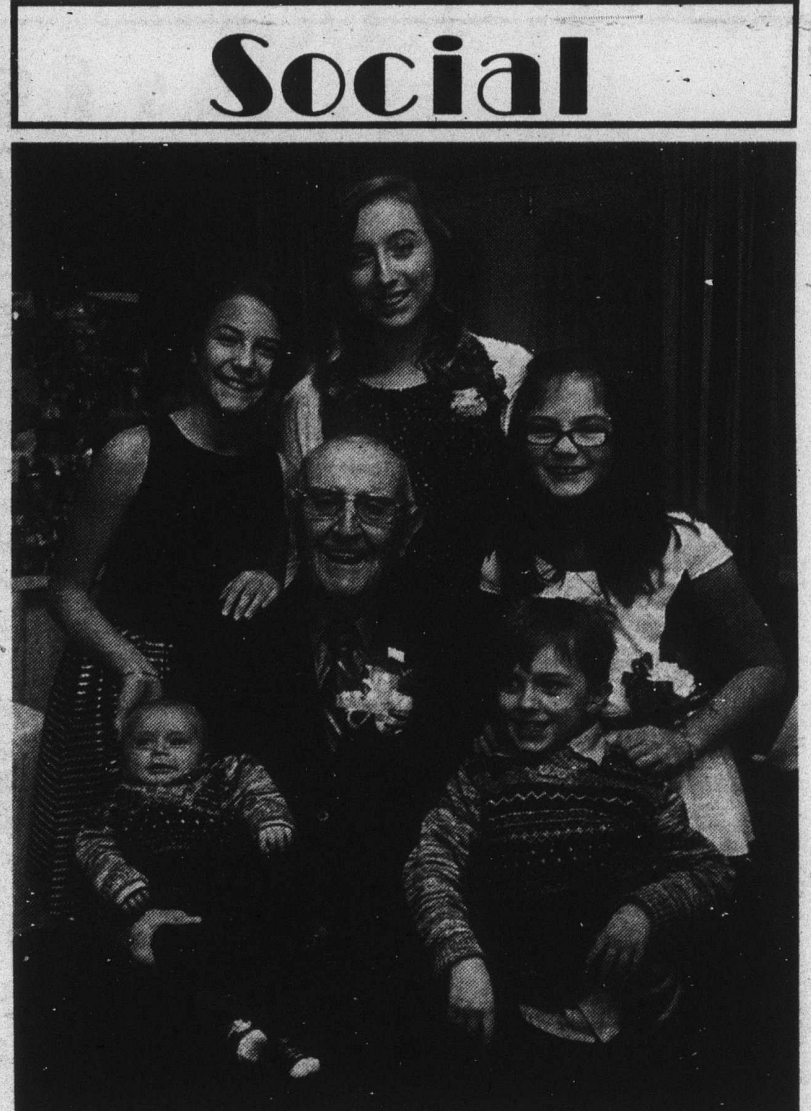
Wednesday, January 20
 8:00pm: Media Advisory: Game Change

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org



QUINCY'S BOB NOBLE, longtime community activist and a member of several local veterans organizations, recently celebrated his 90th birthday party with more than 100 family, friends and other guests at the Common Market Restaurant. Here Bob waves to well wishers after they joined in singing "Happy Birthday." His grandson Roger White, Jr., accompanied the singing with a beautiful rendition Happy Birthday on the piano. At the bottom right is an oversized decorated cake celebrating Bob's 90th milestone birthday.

Photos Courtesy Mindi Sokolowski



GREAT GRANDCHILDREN of Bob Noble (seated center) share a moment with Great Grandpa at his 90th party at the Common Market Restaurant. From left to right Nathan DeLisle, Devon Gatz, Macayla Noble, Meridith Gatz and Andrew DeLisle.



BOB NOBLE'S grandchildren wish their grandpa a Happy 90th Birthday. From left: Elizabeth Gatz, Kathryn Noble, Nancy DeLisle, Grandpa, Roger White, Jr., William Gardner, Jr. and Julia White.

QCAP Offering Career Ready Courses

Quincy Community Action Programs (QCAP) announces a new course designed to help individuals master the work readiness skills critical for job success.

Registration for the course, entitled "Career Ready 101," is open until Jan. 26.

Participants who successfully complete the Career Ready 101 program will receive the ACT National

Career Readiness Certificate (NCRC), a nationally portable credential that demonstrates achievement and workplace employability skills in applied mathematics, reading for information and locating information.

Section 1 will focus on Applied Mathematics. Course times are Mondays and Wednesdays from 6 to 9 p.m.

Section 2 will focus on Reading for Information.

Classes are Tuesdays and Thursdays from 6 to 9 p.m.

The class is self-paced, with teachers providing guidance and coaching to students to complete their lessons. A high school diploma is not a requirement to take this course.

Classes are free.

For more information and to register, contact Margaret Judge Doherty, educational and career advisor, at 617-479-8181 ext. 387 or email: mdoherty@qcap.org.

Financial REACH Services Orientation Jan. 29th

The Greater Quincy Financial REACH Center will hold orientation Friday, Jan. 29 at 10 a.m. at Quincy Community Action Programs, INC., 1509 Hancock St., second floor, Quincy Center.

The public is invited to attend the orientation session and learn more about Financial REACH services. Free services include:

- Financial education and coaching

- Credit counseling and repair

- Workforce development, education, and training.

- Job search support and referrals.

To RSVP, call the Financial REACH Center at 617-657-5355.

CPR Course Feb. 2

Health Ed of New England will hold a CPR certification course for healthcare providers Tuesday, Feb. 2 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is \$50 per person. The course requires pre-registration by Monday, Feb. 1. For more information, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.



BOB NOBLE with his children at his 90th birthday party. From left: Nancy Noble, Andrea White, Bob Noble, Alicia Gardner, and Bob Noble, Jr. The festive occasion featured heart-felt tributes from many family members as well as a sincere thank from Bob Noble who reminisced about his early days after moving to Quincy. He also lovingly remembered his late wife, Gloria, a beloved community activist who passed away Oct. 1, 2013.

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January Promotions are valid until 1/30/16.
Offers can not be combined and do not apply to past purchases.

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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Rice Crusted Asparagus Pie

By MARIE

Although I make my vegetable pies without a crust, I found this rice crust a delicious way to serve a vegetable pie.

Today's recipe is for a rice-crust asparagus pie. I used a cream sauce to go with it.

For the Rice Crust:

1 cup of cooked rice
1 egg
1/4 cup grated cheese
Salt and pepper to taste
Preheat oven to 425 degrees

Directions: cook rice according to directions. Add beaten egg and cheese, and mix until well blended.

In a slightly greased pie plate smooth rice on all sides as well as the center of the plate pressing until in place.

Bake from 5 to 7 minutes set aside and make the filling.

Filling:

1 pound fresh asparagus
3 tbsp. of butter
3 tbsp. of flour
2 cups of milk or cream
1 tbsp. of cooking sherry
And 6 ounces of shredded cheddar cheese

Blanche the asparagus in water and set aside:

In a skillet sauté the butter and add flour mixing until it becomes a Roux. Gradually add milk or cream and sherry and stir constantly until it thickens. Then add half of the shredded cheese in the cream sauce and set aside.

Layer the asparagus on the pie crust.

Pour cream sauce over it and add rest of cheddar cheese sprinkling on top

Bake in 350-degree oven for 25 minutes or when top is bubbly. Let set 10 minutes before cutting.

Winter Minestrone

By SUZIE

This soup recipe by James Trenda of "I'm No Chef" fame is so worth the work making the pesto. The soup part is easy, but the pesto requires some different ingredients than traditional pesto but it is incredibly delicious as well as healthy.

This soup utilizes rich and healthy root vegetables as well as lighter herbs and greens. The perfect soup for the cold weather we are finally "enjoying." Keep warm and fight off sickness with this soup. It also freezes well! Enjoy!

Minestrone ingredients:

- 3 tbsp. butter, olive oil, or ghee
- 2-3 leeks, cleaned and chopped
- 1 pound winter or bitter greens, such as collards, kale, dandelion, etc....
- 1 quart chicken or vegetable stock
- 3 cloves garlic, peeled and finely minced (about 2 tsp)
- 1 tbsp fresh chopped thyme
- 2 celery ribs
- 1 1/2 pound turnips or rutabagas
- 1 13.5-ounce can full fat, unsweetened coconut milk
- 1/2 ounce fresh flat-leaf parsley
- Juice of half a lemon
- Salt and pepper to taste

Pesto ingredients:

- 1 ounce fresh flat-leaf parsley
- 4 ounces fresh rosemary
- 1/4 cup fresh oregano or marjoram
- 1/2 cup shelled pistachios, dry roasted
- 1/2 cup Parmigiano-Reggiano (preferably raw), shredded
- 3 cloves garlic, peeled
- Juice of half a lemon
- 1/4 teaspoon salt (omit if using salted pistachios)
- 1/2 cup extra-virgin olive oil

INSTRUCTIONS:

1. Add the butter, oil or ghee to a large, heavy-bottomed stock pot or dutch oven.
2. Clean, quarter, and chop the leeks and set aside.
3. Wash the greens, remove fibrous stems (if necessary), and then add to a large skillet

with 1 cup of stock and cover tightly with lid.

4. Wash and trim the ends of the celery. Cut in half lengthwise, chop, and add to a large bowl. Peel and chop the rutabagas or turnips into 1/2-inch cubes. Add to the bowl with the celery and set aside.

5. Mince and chop the garlic and thyme.

6. Turn on the heat to medium and melt the butter or ghee, add the leeks and stir to coat. Continue cooking for 5 minutes, stirring frequently, so that the leeks do not brown. Add the minced garlic and thyme to the pot with the leeks and cook for another minute until fragrant.

7. Add the celery and rutabagas to the pot, and season with salt and pepper. Cook the vegetables for 5-7 minutes, stirring occasionally.

8. Add remaining chicken stock to the pot, cover and bring to a gentle boil. Reduce heat and simmer for 15 minutes.

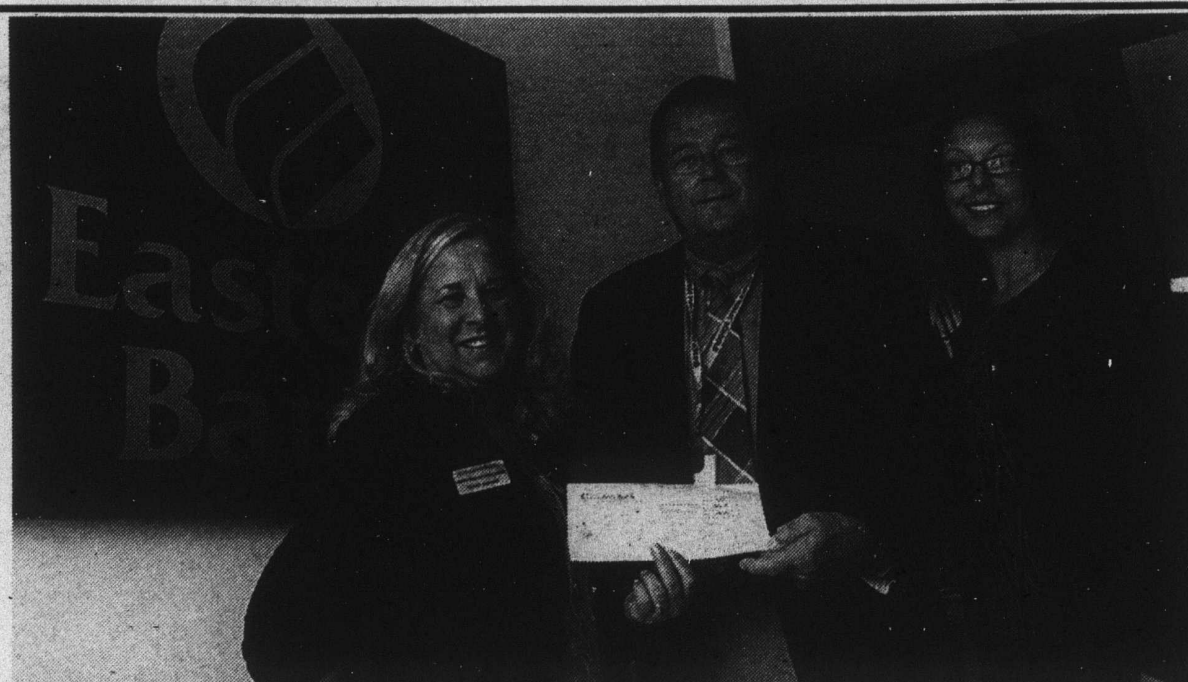
9. While the vegetables are simmering, steam the greens over medium heat until they are wilted down, but still vibrant in color and mild to taste, about 10-15 minutes. You may need to gently toss them halfway through the cooking time.

10. Transfer the wilted greens to a high-speed blender, along with the left over stock from the pan, coconut milk, lemon juice, fresh parsley, and about a third of the cooked vegetables. Puree until smooth, 30-60 seconds. Pour the puree into the pot and simmer uncovered for another 10 minutes to let the flavors come together and finish cooking the root vegetables.

11. Season with salt and pepper to taste. Top with a spoonful of Winter Herb Pesto, freshly cracked black pepper, and a drizzle of olive oil. Serve hot.

Instructions for the pesto:

1. Add all the ingredients except for the olive oil to the bowl of a food processor. Pulse a few times.
2. With the food processor running, slowly pour in the olive oil just until it all comes together. Serve immediately.



EASTERN BANK recently donated \$5,000 to Quincy Public Schools for technology upgrades within the city's elementary schools. Presenting the check to John Fagerlund, coordinator of the Quincy School - Community Partnership is Terry Bellottii-Palmieri (left), Branch manager and Vice President along with Lisa Fulton (right), Assistant Branch Manager II.

Photo Courtesy Quincy Public Schools

Atlantic School Honor Roll

Three hundred fifty-nine students made the first term honor roll at Atlantic Middle School.

HIGH HONORS

Grade 8: Samantha Cao, Rachel Capone, Amanda Chan, Brian Chen, Jeffrey Chen, Shirley Chen, Shuyang Chen, Aimee Cluett, Benjamin Debisschop, Audrey Duclos, Brigid Flynn, Xin Ui Hu, Aaron Huang, Hefi Jaing, Phoebe Johnston, Mairead Kelly, Olga Kosinski, Chor Yan Kwong, Anna Lai, Jacky Lam, Priscilla Lau, John Le, Qian Wen Li, Shiqin Lin, Weicheng Lin, Weinuo Lin, Xinkai Lin, Jessica Liu.

Dimitrije Marjanovic, Thomas McGovern, Michael Mei, Christina Nguyen, Justin Nguyen, Emily O'Malley, Emily O'Regan, Jillian O'Toole, Srujana Pannem, Olivia Peluso, Karen Phung, Xian Hao Ren, Bora Selvi, Joanna Setow, John Shi, Norika Tang, Kenny Tran, Twuyen Tran, Charles Undag, Jacob Vegnani, Ainsley Walsh, Xinyao Wang, Wen Bin Wu, Henry Zhang, Jackson Zhao, Junxi Zhao, Xiacong Zhen, Christine Zheng, Winnie Zhou.

Grade 7: Charlotte Airosus, Harris Altaf, Sebastian Banescu-Pryds, Lillian Burke, Chloe Chin, Emma Devin, Cindy Duong, Xiao Feng, Shariel Joy Fielder, Klejt Gega, Miguel Gonzales, Emmy Guan, Jimmy Huang, Mikayla Kennedy, Christy Li, Kenny Li, Sara Liang, Vicky Lin, Mary Loney, Daniel Lu.

Lauren Manning, Nancy McMahon, Cindy Mei, Viktoria Miller, Brigid Norris, Katrina Pham, Victoria Talarico, Elena Tran, Vanessa Tsang, Paris Vestal, Tammy Wang, Maeve White, Elaine Wong, Eric Wu, Qi Wu, Kelvin Xu, Jacob Zarges, Huirong Zeng, Michelle Zhen, Fanny Zheng, Marissa Zhu, Xiaoyue Zhu, Gina Zou.

Grade 6: Alexandra Abrahamovich, Deana Antunes, Yoon Aung, Emmett Bandzak, Kathryn Boylan, Christopher Chan, Crystal Chen, Fiena Chen, Jeffrey Chen, Nancy Chen, Rou Chen, Samantha Chen, Brian Choi, Mia Cluett, Mairead Curran, Liana Da-

raraksmei, Alana Defelice, Taylor Ferolito, Jamar Finn, Yuxuan Gang, Jared Gaven, Shayla Goba, Michael Gorman, Phoebe Guan, Vanessa Guan.

John Hall, Tina Hoang, Wilson Huang, Bridget Keane, Charlotte Kelliher, Olivia Kosinski, Emily Kuang, Moe Pwint Kyaw, Ada Lai, Brian Lee, Rachel Lee, Tanisha Liang, Jialing Lin, Kevin Lin, Sherri Lin, Yan Xin Lin, Kayla Lindsay, Matthew Lowe, Ashley Lu, Francesca Magnarelli, Jamie McAleavey, Ashley Morash, Phuong Nghiem, Andrea Ngo.

Orla O'Driscoll, Quinlan Perry, Michael Pollastretti, Myra Qasim, Melody Tai, Alexandra Talarico, Stanley Tian, Charlotte Trevisan, Martin Vo, Samuel Wong, Jeffrey Wu, Jeff Yu, Nancy Zhang, Decheng Zheng, Han Zheng, Ivan Zheng, Joyce Zhong, Jia Ye Zou.

HONORS

Grade 8: Zeynab Alzubaidy, Shannon Boylan, Jared Bragdon, James Cawley, Nicholas Chan, Charlie Chau, Yi Fei Chen, Maxwell Cheung, Tiffany Chiu, Brian Chum, Han Chung, Alexa Cohen, Michael Costello, Kevin Dinh, Thong Do, Teaaitha Duka, Mariah Everett-Ortiz, Angela Feng, Kyle Gassenheimer, Stephen Hallahan, Andrew Hally, Yixuan He, Wilhen Hui Mei, Nawal Khalif, Connor Kulig, Ava Lapsley, Brendon Lee, Jack Li, Tyler Li, Taylor Liang, Winston Liu, Boi Luu.

Hanna MacDonald, Peyton McGaffigan, Wei Mei, Richard Merna, Kathryn Moriarty, Hannah Myers, Melissa Myers, Brandon Nguyen, Du Nguyen, Keny Nguyen, Tony Nguyen, Shane O'Connell, Denise O'Donovan, Shaohang Ou, Marisa Riley, Isabella Thong, Michelle Tian, Joshua Welch, Julie Wong, Lin Zeng, Xiru Zeng, Yuweiming Zhao, Da Hao Zheng, Jenny Zhuo, Kevin Zou, Theodora Zygoras.

Grade 7: Sriya Annambhotla, James, Ash, Samantha Bouchie, Caitlyn Buckley, Brian Bui-Tran, Phillip Byrne, Pearl Carey, Canfeng Chen, Ke Chen, Xiao Lei

Chen, Yan Ling Chen, Kyle Coen, Narah Cohen, Jessica Collins, Anthony Coughlin, Daoning Cui, Jordan Della Barba, Peter Do.

Ava Fin, Cullen Flynn, Emma Ford, Yu Ting Gao, Nicole Hartnett, Kaylee Hirtle, Subear Hussein, Kevin Huynh, Megan Jonah, Olivia Keaney, Lindsay Keenan, Ronan Kelly, Tyler Le, Eric Lee, Michelle Li, Kevin Lin, Yuting Lin, Yutong Lin, Andy Luo, Charles Marcheski, Shane McDougall, Lauren Medeiros, Joyce Mo, Jade Murphy, Ryan Naili, Nicholas Nguyen.

Ciara O'Connor, Tai Ong, Ruiye Ou, Christian Perez, Thomas Roche, Sierra Rodriguez, Kevin Shi, Steven Tan, Seamus Trainor, Eliana Tran, Melanie Tran, Evan Truong, Luna Wan, Jia Wu, Timothy Xu, Jacob Yee, Annie Yu, Zeling Zhang, Cecily Zhao, Christina Zhen, Harry Zheng.

Grade 6: Gulisumuayi Aihemaiti, Yusef Alzubaidy, Sophia Barnes, Alexander Bartkiewicz, Rean Beqo, Kiyan Bias, Jieheng Cao, Liam Carey, Vivian Chen, Michael Conforti II, Marin Demo, Carson Douglas, Joseph Dyar, Omar Elhashash, Shane Feharty, John Fehan, Daniel Freeman, Daniel Gamble Jr., Ethan Gao, Maria Geary, Eric Guan, Stephanie Huang, Safiye Isken-deroglu, Kobe Khuong, Quinn Lamotte, Jing Yi Li, Zong Hai Li, Sebastian Liang, Man Hue Lien, Kitty Liu.

Jonathan Manning Jr., Victoria Mariano, Madison McGrath, Baileigh McMahon, Jamie Moran, Nikko Mortell, Kate Myers, Jaclynn Nguyen, Vincent Nguyen, Brendan O'Leary, Caitlin O'Regan, Sofina Paz, Nikki Phan, Wilson Phan, Tyler Salfity, Isabel Scott, Qunonuw Scott, Dahlia Smit, Ngoc-Hoang Thien, Marissa Tolini, Amber Tran, Ihudiya Ugwu, Elias Walsh, Minh Wei Wang, Aidan White, Pamela Williams, Brandon Wong, Oscar Wong, Jiawei Wu, Justin Wu, Meiyang Wu, Li Juan Zheng, Nathan Zheng, Yan Song Zhou.

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Radell Running For Ward 6 Seat

Brian Radell, a lifelong Quincy resident, announces his candidacy in the special election to replace the late Brian McNamee for the Ward 6 city council seat.

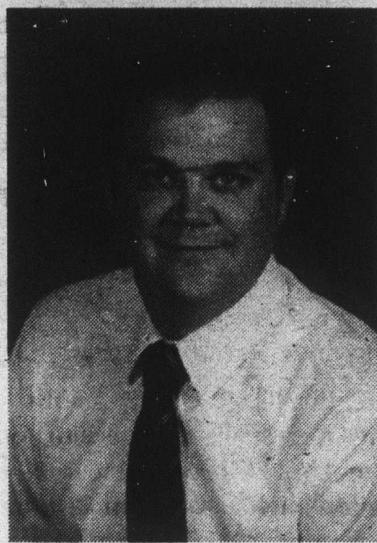
In his announcement statement, Radell has pledged to continue to provide effective constituent services, increase communication with residents, ensure public safety and to fight to preserve the ward's neighborhoods.

Radell previously ran for the Ward 6 City Council seat in 2011, losing narrowly to then incumbent McNamee. Since that time, he has become increasingly involved in the city and in the community which he loves. He was appointed to and has served on the Council on Aging, Zoning Board of Appeals, and as the Treasurer of the Quincy Democratic City Committee.

"With the tragic loss of our Councillor McNamee, Ward 6 has lost a strong and powerful advocate," Radell said. "It is important that our community elect an individual with the experience and ability to hit the ground running. With a lifelong relationship with the residents of the ward, I am uniquely positioned with an understanding of the relevant issues about which people care."

Radell, 34, an underwriter for XS Brokers, an insurance wholesaler located in Quincy Center, lives, with his wife, Katie in Squantum.

The son of a retired Bos-



BRIAN RADELL

ton Public School teacher, Barbara, and university professor, Ralph, Radell is a product of the Quincy Public Schools. He is a graduate of Squantum School, Central Middle School and North Quincy High School as well as a Cum Laude Graduate of Emmanuel College.

"Following the last campaign, I never relinquished my commitment to become more deeply involved in the community," Radell said. "I seek to leverage the experiences I have gained and the relationships I have built to continue the good work that Brian was able to accomplish on behalf of the residents of Ward 6. I look forward to reengaging with my neighbors and friends over the next few months, and to listen to their perspectives and desires for the ward and Quincy."

Radell's campaign kickoff event will be held Thursday, Jan. 28 at the Water-Club at Marina Bay from 6 to 9 p.m. For more information visit www.brianradell.nationbuilder.com.

NeighborWorks Homebuyers Workshop Feb. 2, Feb. 4

NeighborWorks South-eastern Mass. will offer a two-part workshop for first-time homebuyers, to be held from 5 to 9 p.m. Tuesday, Feb. 2 and Thursday, Feb. 4 at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance

agents, attorneys and loan originators. Attendees also will have an opportunity to learn about NeighborWorks' down payment assistance programs and speak to a lender about different mortgage options.

The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

Three On Dean College Dean's List

Three students from Quincy are on the honor roll for the fall semester at Dean College in Franklin.

They are: Sean Gallagher, Erika Lapierre and Alex Marculet.

Human Papilloma Virus

By RUTH JONES
BSN, RN, BC, CP-PS

HPV is a group of more than 150 associated viruses. Each HPV virus is given a number which is called its HPV type. HPV is named for the warts (papillomas) that some HPV types can cause.

Some other HPV types can lead to cancer, particularly cervical cancer. There are more than 40 HPV types that can infect the genital areas of males and females. HPV is transmitted through intimate skin-to-skin contact. You can get HPV by having vaginal, anal, or oral sex with someone who has the virus. It is most frequently spread during vaginal or anal sex.

HPV is the most common sexually transmitted infection (STI). Anyone who is sexually active can get HPV, even if you have had sex with only one person. HPV is so widespread that nearly all sexually active men and women get it at some point in their lives. HPV can be passed even when an infected person has no signs or symptoms. You can develop symptoms years after you have sex with someone who is infected, making it difficult to identify when you first became infected.

In the majority of the cases, HPV goes away on its own and does not cause any health complications. But when HPV does not go away, it can cause health problems like genital warts and cancer. Genital warts usually appear as a small bump or groups of bumps in the genital area. They can be small or large, raised or flat, or shaped like a cauliflower.

A healthcare provider can usually diagnose warts by examining the genital area. Cervical cancer usually does not have symptoms until it is fairly advanced, severe and hard to treat. For this reason, it is important for women to get regular screening for cervical cancer. Screening tests can find



RUTH JONES

early signs of disease so that problems can be remedied early, before they ever turn into cancer. Other HPV-related cancers might not have signs or symptoms until they are advanced and difficult to treat. These include cancers of the vulva, vagina, penis, anus, and oropharynx (cancers of the back of the throat, including the base of the tongue and tonsils).

Statistics reveal that every year, over 27,000 women and men are affected by a cancer caused by HPV—that's a new case every 20 minutes. Cancer often takes years, even decades, to develop after a person gets infected with HPV.

The types of HPV that can cause genital warts are different from the types of HPV that can cause cancers. There is no way to know which people who have HPV infections will develop cancer or other diseases. People with weakened immune systems (including individuals with HIV/AIDS) may be less able to fight off HPV and more prone to de-

veloping subsequent health problems.

Cervical cancer can be detected with routine cervical cancer screening (Pap test). The Pap test can find abnormal cells on the cervix so that they can be removed before cancer develops. Abnormal cells often convert back to normal over time, but can sometimes turn into cancer. These cells can usually be treated, depending on their severity and on the woman's age, past medical history, and other test results.

An HPV DNA test, which can find certain HPV types on a woman's cervix, may also be used with a Pap test in certain cases. Even women who were vaccinated when they were younger need regular cervical cancer screening because the vaccines do not protect against all cervical cancers.

There is no routinely recommended screening test for anal or penile cancer, as well as no approved test to find early signs of oropharyngeal cancer. Also, while there is no routine screening test for HPV-associated diseases other than cervical cancer, you should visit your doctor regularly for check-ups. Most of these cancers could be prevented by HPV vaccination at ages 11-12.

HPV vaccine is essential because it protects against cancers caused by human papillomavirus (HPV) infection. Nearly 80 million peo-

ple—about one in four—are currently infected with HPV in the United States. About 14 million people, including teens, become infected with HPV each year.

The HPV vaccine is suggested for preteen boys and girls at age 11 or 12 so they are protected before ever being exposed to the virus. HPV vaccine also produces a more robust immune response during the preteen years. Finally, older teens are less likely to get health check-ups than preteens. If your teen hasn't gotten the vaccine yet, talk to their doctor or nurse about getting it for them as soon as possible.

All kids who are 11 or 12 years old should get the three-dose series of HPV vaccine to protect against HPV. Teen boys and girls who did not start or finish the HPV vaccine series when they were younger should get it now. Young women can get HPV vaccine through age 26, and young men can get vaccinated through age 21. The vaccine is also recommended for any man who has sex with men through age 26, and for men with compromised immune systems (including HIV) through age 26, if they did not get HPV vaccine when they were younger.

Human Papilloma Virus can be prevented, talk to your healthcare provider; learn how to protect the children in your life from HPV and its consequences.

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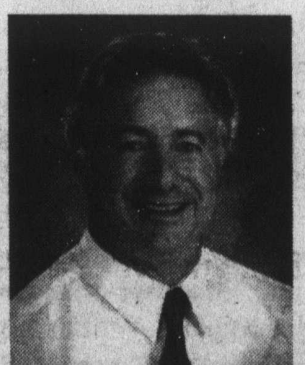
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Sunrise Scavenger

865 Students On Quincy High Honor Roll

Eight hundred sixty-five students made the first quarter honor roll at Quincy High School.

DISTINCTION

Grade 12: Abdullah Alsaleh, Laqueen Arias, Grace Baker, Jessica Ball, Eleanor Ballard, Daisy Ban, Antonio Barbosa, Mahmoud Berikaa, John Bonfiglioli, Kayla Bowden, Caroline Bowes, Shayna Boyle, Kalima Bukanya, Ann-Estelle Burke, Guo Wei Cai, Michael Callan, Rene Carbajal, Stephen Carinci, Marissa Cawley, Parawat Changthong, Jayda Chase, Karen Chen, Katherine Choi, Sarah Clancy, Theresa Cronin, Maura Crump, Philip Czajkowski, Victoria Deery, Stanley Deng, Julie Devico, Haley DiCristofaro, Nakiya Douglas, Julia Doyle, Mayra Sophie Fantaw Carvalho Semedo, Megan Fox, Laina Frazier, Tylor Gruchy.

Leena Ha, John Hallisey, Corrine Corrina Hartford, Anxhela Hoti, Elizabeth Huynh, Junbong Jang, Julianna Kane, Manal Khan, Ridha Khawar, McKenna Kiley, Austin Kimmell, Yan Li, Jia Li Liu, Christopher Llaga, Lauren Lo, Stephanie Lopez, Man Ting Lui, Megi Maci, Emma Mahn, Garrett McMorro, Xiao Xin Mei, Kayla Merchant, Jian Cheng Mo, Stiv Mucollari, Julie Nguyen, Christine Norton, Brandon Nunnink, Margaret Parker, Ariana Paulo, Matthew Pham, My Pham, Tiffany Pham, Harrison Pitts, Thoma Qafko.

Samantha Reardon, Benjamin Regan, Alexandria Richards, Aaron Rodriguez, Olivia Salvucci, Robert Smith, Aidan Smith, Scarlett Stanhope, Katherine Stevenson, Andrew Szeto, Vicki Szeto, Brenna Tabbut, Sylvene Tran, Vivian Tran-Vo, Khoa Trang, Jason Truong, Kevin Vasconcelos, Jackson Vo, Kyle Vo, Alicia Walker, Nicholas Warner, Wen Yi Wei, Yunting Wong, Stephanie Zeng, Yuming Zeng, Joyce Zhang, Lucy Zhang, Jessie Zhu, Vivian Zou.

Grade 11: Yusra Ahmed, Kayla Ahrens, Noor Al-bannein Al-Saad, Yaseen Alkhafaji, Areej Areej, Carla Awed, Emily Barker, Amy Blois, Nathaniel Bock, Rebecca Brennan, Virianni Cardosa, Bailee Carey, Kenneth Chan, Shirley Chen, Joanne Chung, Sammy Cordahi, Maya Correia, Kelan Curran Cross, Mattia Dema, Hoai Diep, Linda Do, Julia Ford, Emma Fuchs, Wing Ru Goh, Leanne Gough, Eva Gurra.

Grace Hall, Michelle He Lam, Maeve Hernon, Bao Huynh, Marcus Johnson, Emilia Kapcia, Ammar Kazem, Casey Kelliher, Maysoon Khan, Tien Lam, Jake Latini, Yi Li, Alyson Linik, Claudnardon Louissaint, Michelle Lun, Zhi Yang Luo, Judy Luu, Alexandra

MacPherson, Jessica Mahoney, Harold Marcheski, Josefina Marstjepovic, Zachary McCabe, Shauna McGolgan, Scott McGahey, Teresa McMillen, Zhuo Feng Mei, Alicia Murphy, Julie Nabstedt, Thao Nguyen, Frank Nunziato Jr.

James O'Leary, Danielle Parry, Luis Peguero Isalguez, Simona Petkova, Vanan Phan, Connor Porter, Thomas Pugsley, Joelle Robinson, Liam Rogers, Kelsey Rose, Jacqueline Ryan, Grace Scuzzarella, Liam Sheedy, Lichuan Situ, Paulo Soares, Stephanie Stadler, Danny Szeto, Alissa Tam, Mya Terry, Quan Thi, Yvonne To, Alexa Topalli, Kristen Tran, Thomas Tran, Vincent Tran, Odris Vasquez Gutierrez, Yashi Xu, Andy Zhen, Yixuan Zhu, Rachael Zisk.

Grade 10: Elliot Alpert, Yaser Alsaab, Stephen Andrews, Caroline Austin, Neliza Baptista, Rachel Beck, Rahma Benmouffok, Gabriella Bertoldi, Jonathan Boyd, Rachel Brown, Amanda Burke, Slade Burke, Arsul Chaudhry, Ziling Cheung He, Dashiell Chin, Brendan Corbett, Julia Crawford, Emily Crosta, Liana Cunningham, Jennifer Danh, Neha Deepak, Terry Deng, Paul Donahue, Elise Ducharme, Ava Falco, Yu Hui Feng, Shannon Foley, Michaela Galligan, Endi Gjeli, Alyssa Grimaldi, Klei Hamzallari, Brandon Ho, Steven Honrado-Foster, Reagan Hutchens.

Meghan Joyce, Rachel Knight, Catlinh Le, Izadora Lenna, Ami Lesha, Justin Li, Nhu Lieu, Kevin Lin, Michelle Lo, Brian Mahabir, Julia Mayo, Katelyn McDewitt, Bryan McGilliduddy, Kezia Mlenga, Kevin Mortimer, Ashley Murphy, Celia Murphy, Brendon Ngo, Emily Nguyen, Emma Nguyen, Jamie Nguyen, Timothy Nguyen, Brielle O'Malley, Danielle Pacione, Samantha Pan, Benjamin Parrish, Jack Peckham, Michaela Pettinelli.

Soniya Rana, Norapat Remngkasetkig, Allison Russell, Lauren Saccoach, Luisa Santa, Erika Sato, Kathleen Saverse, Rachel Shen, Victoria Shen, Davi Soares, Kailante Taylor, Kaylee Teranova, William Tran, Chi Jung Tsao, Cathleen Veiga, Tina Vo, Adam Vu, Ryan Warner, Chan Juan Weng, Yong Jie Yu, Anthony Zero, Zhen Hao Zheng.

Grade 9: Emily Alkhatib, Alyamman Al-Saad, Joseph Amendolare II, Abigail Amichetti, Kathryn Anderson, Andrew Artinian, Emma Ayer, Megan Bailey, Anne Ballard, Nicole Balcerino, Abigail Barker, Abigail Barry, Brianna Broderick, Alyssa Brolin, Camryn Burgio, Lynn Butler, Angel Caisachana Ortiz, Cathy Chen, Jack Chen, Kelly Chen, Lesley Chen, Tiffa-

ny Chen, Elizabeth Colins, Maeve Collins, Colleen Connor, Jack Cook, Jessica Cruz, Eni Daci, Meghan Davis, Joseph Desmond, Kumudini Devalla.

Abigail Fay, Hannah Ford, Theo Fox, Katherine Fuchs, Mary Galecia, Shara Galvani, Julianne Gazzola, Kaitlyn Goff, Wingmei Goh, Lucas Gomes, Angelica Gonzales, Andrew Grant, Allen Ha, Andy Ha, Catherine Hall, Pei Heng Han, Olivia Haney, Salma Hassan, Rachel Hawley, Julia Henck, Nicholas Hewer, Rachael Higgins, Dorothy Huang, Jiayi Huang, May Huang, Ajijolaoluwa Laguda, Frantz Lamarre, Maxine Lau, Christine Le, Sarah Le May, Lilia Leonard, Tiffany Li, Vivian Li, Abigail Little, Karina Livingstone, Karmirna Cielo Llaga, Taylor Lo, Vivian Lo, Megan Lyons.

Minjun Ma, Emily Manson, Yusuf Masood, Catherine Mayo, Kyle McCann, Sara McDonald, Emma McGillicuddy, Julia McQuaid, Xavier Molina, Kyle Mullen Lopez, Abigail Murphy, Daniel Murphy, Nikolas Natsios, Usama Navced, Stanley Ngo, Brandon Nguyen, Kiet Nguyen, Nina Nguyen, Steven Nguyen, Elton Nin, Amber Norton, Daniel O'Leary, Olivia Paggiarulo, Rodney Parisien, Emma Peterson, Brian Pham, Steven Pham, Shelley Ramirez, Chase Reardon, Bryan Reilly, Nieyah Remy, Unique Robinson, Andrew Rocha, Andrew Rooney, Evan Ross, William Ryan.

Lindsay Sheridan, Matthew Sheridan, Dean Siros-Watts, Rachel Smith, Hannah Stengel, Shane Stokes, Kayleigh Susinetti, Lucien Theberge, Henry Thi, Emily Thorpe, Kristen Topalli, Cindy Trac, Aaron Tran, David Tran, Lily Tran, Lisa Tran, Samantha Van Gestel, Dominic Venuti, Maria Villalon, Nolan Walker, Nicholas Wong, William Zarges, Xiao Xuan Zhang, Maggie Zheng, Tina Zhou.

HIGH HONORS

Grade 12: Christina Bither, Jaquelyn Bither, Patrick Burke, Stephanie Maritza Duan E Lorena, Cody Desmond, Luma Dos Santos, Quinlan Evans, Michael Fernald, Joseph Ferracane, Keren Garcia, Sarah Gibbons, Cailyn Halley, Tiffany He Lam, Carmen Huang, Gabriela Jerahian, Emily Kelly, Ryan Landers, Jasmin Las, Christopher Lopez, George Maier, Jonathan Maung, Michael McNelley, Jinming Mei, Scott Mele Jr., Amanda Moosick, Jenna Morris, Conor Mortimer, Michael Munroe, Michael Nazzaro, Nathan Peddie, David Pham, Dallane Quintero.

Kevin Rivera, Brian Rooney, Robin Ross, Juliet Wilma Samson, Raquel Santana, Kayla Scibilio,

Shanelle Serrano, Zachary Smith, Asajeon Soriano, Jhonata Sousa, Bernardo Teixeira, Tommy Tran, Selina Tsang, Bryant Wang, Jia Xin Wang, Bianca Warren, Haoming Wu, Jack Wu, Xing Yi Wu, McKayla Young, Jennifer (Yu Juan) Zheng.

Grade 11: Bradford Ames, Evan Bausemer, Taylor Brann, Cassandra Brown, Lucia Buzzell, Donata Coletti, Brienne Dane, Clare Doherty, Aniruddha Doke, Katherine Dormady, Benito Dos Santos Carvalho, Kelsey Dunn, Edil Flores, Kania Grant, Jakki Guan, Alexander Huynh, Matthew Jonah, Kaylen Kozlowski, Catly Le, Crystal Le, Yu Lei, Ming Long Li, Zhenan Li, Daniel Liang, Vanessa Ly, Owen Lynch.

Colin Maloney, Melissa Martinello, Chantae Maynard, Kevin Mbogo, Shamus McBride, Christina McDonald, Anna McGillicuddy, Joshua Murphy, Molly Murphy, Minhthu Nguyen, Adam Oannass, Imane Oubtrou, Ashley Philibert, Joshua Rodriguez, Shaheen Soto, Madison Synan, Sadaf Tauhid, Michael Tervakoski, Eoin Tierney, Rachel Tran, Francis Wahlberg, Crystal Whynot, Jiapeng Wu, Wendy Zhou.

Grade 10: Mariam Ahmed, Ezequiel Arrendell Pimentel, Zachary Bakalos, River Barrett, Amanda Bottary, Stela Cala, Corrina Capobianchi, Carlos Cardoso, Devin Chan, Carmen Cheung, Ronin Contreras, Briana Davis, Emily Davis, Patrick Deery, Gretah Diorio, Melanie Fuentes, Noah Galvin, Lauren Gilmartin, Cecilia Gonzalez, Laila Ha, Christina Haley, Samantha Hamel, Haley Hartnett, Hannah Hodges, Julie Hong, Tiffany Hong, Bashkim Jacelli, Rebecca Jonah.

John Kamb, Naomi Kane, Smriti Kumar, Kenton Kwok, Luciana Lucio Dos Santos, Natalie Mallon, Danyan Markov, Quentin Martinous, Hebatullah Masood, Shayla Massiah, Carly McMorro, Luis Morales Armas, Rachel Ng, Christ Pham, Derek Phan, Edneisha Philibert, James Robinson, Grace Stone, Florence Tam, Whitney Tang, Kamal Thelagathoti, Amy Trillcott, Caroline Walsh, Kari Wismar, Huimei Yu, Yasmina Zaharian-Touirto.

Grade 9: Robert Agcaoli, Kiara Aguilar, Ziad Ahmed, Sarah Ainsley, Jacob Ball, Mayra Colon, Cassandra Davis, Isabel Doherty, Guilherme Eller, Lauren Farrell, Gianna Franceschini, Tianna Fucile-Prisco, Miguel Garcia, Margaret Guarente, Daniel Hagborg, Robert Hill, Donald Hurd, Kiersten Irion.

Bryan Jacobs, Ethan Johns, Braeden Johnson,

Stacie Kawalansky, Marcus Laptiste, Megan Latini, Sarah Le, Alan Leahy, Devon Li, Andy Lo, Collin MacDonald, Cecelia McGee, Mark McKenna, Nicholas Moosick, Aidan Murphy, Nicholas Murray, Patrick Nazzaro, Adam Nelson Jr., Gianna Parsons, Sophia Ragusa, Elizabeth Roos, Andrew Santos, Samantha Sceppe, Maeve Walsh, Eric Zhou, Kevin Zhu.

HONORS

Grade 12: Taisha Alexandre, Mark Bambrick, Patrick Bambrick, Amanda Broughton, Catherine Buttomer, Elaine Patricia Cabral, Alyssa Camara, Sabrina Carlin, Joselyn Clark, Shawna Clougher, Dean Colarusso, Brendan Collins, Shaun Cunningham, Steven Cyfeku, Ryañ Dang, Anita Dean, Alexander Demass, Vannessa Demore, Riley Driscoll, J'Quan Dunn, Emily Elwood, Olivia Fragoso Paiva, Liam Gambon.

Taylor Hall, Nicole Jorgensen, Trevor Kirby, Samantha Le, Tien Le, Si Li, Declan Mayo, Rubin Miller, Lauren Murphy, Kailey Neenan, Rebecca Nunziato, Kelly O'Connor, Samantha Pendleton, Leonardo Primo, Victoria Richards MacDonald, Peter Saccoach, Tariq Simmons, Mary Skudris, Morgan Smith, Emily Susslowicz, Wei Jun Tan, Shannon Tierney, Andrew Tran, Colleen Trenholm, Ryan Tucker, Timothy Walsh, Jenna Wermers, Kylie Whalen, Zhuljo Zyba.

Grade 11: Connor Adams, Ryan Ahol, Wejdan Almutairi, Gabrielle Amador, Acacia Anderson, Priscilla Anjurthe, Oksana Asllani, Noel Bailey, Samiyah Bailey, Karissa Beal, Damiah Brewer, Korea Burton, Joshua Campbell, Ya Tzu Chang, Dante Cofield, Amy Coy, Brianna Cristiani, Joseph Cristiani III, Chase Cuschera, Timmy Dao, Taylor Darcy, Luke DeAmicis, Miguel DeGrazia, Angelo DePaulo, Christine Ding, Owen Doherty, Kelsey Dyer, Gale Egan-Mullen, Jacklyn Fernandes, Edinson Fernandez, Ryan Foy, Shelley Frade.

Lauren Gardiner, Brittany Griffin, Emilia Guarente, Semi Harris-Eriyo, Semiya Harris-Eriyo, Shalaya Jones-Huff, Lilly Keenan, Robert Kyller, Jessie Lei, David Leuchte, Jennifer Leung, Nashalee Lopez, Samuel Luong, Maura MacDonald, Brian Maloney, Shelby Maze, Eryn McCarthy, Daniel McDewitt, Abigail McDonough, George McGee, Dylan McGowan, Ryan McLaughlin, Huimin Mei, Jason Mejia, Ronoldi Molina.

Kristina Nardone, Johnny Nguyen, Tiara Osgood, Duc Phu, Brian Quach, Pedrila Ramos, Michael Reardon, Nicole Salvatore, Julia Sil-

verman, Lidiane Teixeira, Liam Tollenger, Hillary Valenzuela, Brigitte Vasquez, Imani Williams.

Grade 10: Ainsley Connor, Curtis Ajavon, Humza Ali, Curran Archer, Sophia Baldino, Glayston Barbosa, Matthew Brown, Robert Buttomer Jr., Alexandra Case, Cheok Ian Chan, Meleah Chase, Ramy Chebbo, Benjamin Chen, Shane Conley, James Crump, Francesco Cugini, Noah Culp, Nolan Curran, Sommer Davenport, Kaleigh Davies, Vilena De Pina Alves, Kayla Deady, Victoria DeAmicis, Nicholas DeFranco, Lachelle Do, Oliver Dyer.

Christian Falco, Mikhayla Foley, Melvin Gonzalez, Cassidy Griffin, Jia Yi Han, Courtney Holler, Allison Karam, Kendall Kelleher, John Kelly, Talha Khawar, Peter Le, Chao Xiang Lin, Jake Louzan, Kathryn Lynch, Isabella Marcello, Destany Marquis, Alexis Marshall, Myrna Mathieu, Anthony McFarlane, Mark McGee, Alani Meng, Robert Mercier, Rosheline Molina, Jacob Morse.

Brian Nguyen, Devin Norton, Helena Norton, Cullen O'Connell, Margaret O'Leary, Shannon O'Reilly, Kevin O'Shea, Roberto Ortiz Caizachana, Olivia Palazzi, Cristian Pereira, Zarianna Pizzaro Garcia, Kadejah Roches, Clayton Rodrigues, Steven Ross, Taylor Routhier, Alexya Santos, Anna Scolaro, Renaldo Segui, Nathalia Silva Da Mata, Taniya Sprinkle, Tyler Sullivan, Dasier Tebeau, Juliani Teixeira, Gavin Thomas, Khang-Kenneth Tran, Jacob Walsh, Zachary Walsh, Tao Wang.

Grade 9: Isabella Allegro, Sara Avdulla, Elayne Barry, Robert Blowers, Robert Cabral Jr., Joseph Camara, Nicholas Cedrone, Natalie Chenette, Nora Comerford, Matthew Connolly, Andrew Cudmore, Alendera De Freitas, Olivia Deane, Gavin Degust, Jillian Devincentis, Kalie Dilks, Robert Dunn IV, Robert Familia Jr., Miah Francis, Anthony Gatturna, Robert Gough, Kellum Hoang, Valeria Inocente.

Jenna Jerahian, Colin Keaveny, Ensari Kokel, Christopher Leo, Griffin Lynch, Daniel Maier, Sarah Marius, Eamonn Mayor, Matthew Mercurio, Bill Nguyen, Kathy Nguyen, Ngochan Nguyen, Matthew O'Brien, Brian O'Connor, Alana O'Flaherty, Olivia Orseno, Thaddeus Ortiz, Nikola Penko, Ashleigh Prewitt.

Hannah Robinson, Paul Roche, Daniel Rose, Andrew Scott, Nick Simeon, Journey Strouble, Amani Sumpter, Peggy Tam, Maguire Tierney, Hannah Trembley, Kevin Warner, Garrell Willis, Robert Zangla.

Protecting Yourself, Love Ones In A House Fire

By MIKE SLADE
Fire Prevention Bureau
Quincy Fire Department

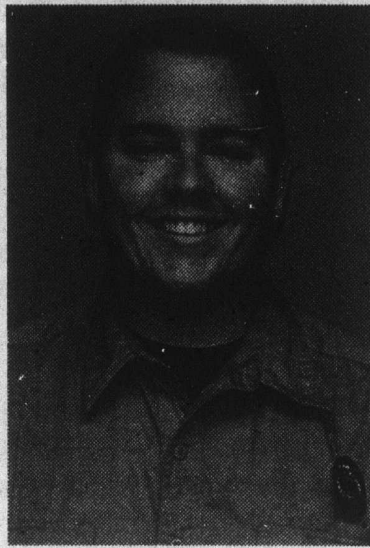
On Dec. 22nd, a fire broke out in a single family home located in the Wollaston section of Quincy.

The cause of the fire was determined to be unintentional due to cooking. Within seconds, the fire grew out of control for the occupants.

The Quincy Fire Department was on scene within two minutes of the call and arrived to heavy fire in the kitchen. Quincy Fire quickly ventilated the room and extinguished the fire, thereby keeping the fire within the room of origin.

However, the entire home had smoke damage and the family could not stay in the home for the holidays. The Quincy Firefighters union local 792 took the family shopping the following evening to assist the family with items needed that were lost in the home due to smoke damage.

The National Fire Protection Association recom-



By MIKE SLADE

mends that a fire extinguisher be placed on each floor of a home. A good place for a fire extinguisher in your kitchen is placed near the exit. Placing a fire extinguisher near an exit may allow for a small fire to be extinguished before firefighters arrive, or suppress the flames while escaping.

Never use water to extinguish a cooking oil fire. Using water to extinguish a cooking oil fire will cause the fire to become even more out of control and extremely dangerous. This is due to the water vaporizing into steam

Quincy Fire Department Statistics January 1, 2015 – December 31, 2015

Total Responses: 10,554

Total Fires: 801

Total Emergency Medical Service Calls and Rescues: 6,275

Total Hazardous Condition Responses: 744

Total Service Calls: 841

Total Good Intent Calls: 500

Total False Alarm Responses: 1,374

Other Type Calls: 19

which expands, causing it to spit out the oil which makes the flames much larger almost instantaneously.

Quincy Fire recommends that fire extinguishers with an ABC rating be used in the home.

Fire extinguishers with a Class A rating are effective against fires involving paper, wood, textiles, and plastics.

Fire extinguishers with a Class B rating are effective against flammable liquid fires. These can be fires where cooking liquids, oil, gasoline, kerosene, or paint have become ignited.

Fire extinguishers with a Class C rating are suitable for fires in "live" electrical equipment. When purchasing a fire extinguisher for your home, look for fire extinguishers that have all three ratings.

As important as it is to have a fire extinguisher located on each floor of your home, it is equally important that households have a fire escape plan. It is critical to make sure that everyone in your family knows how to get out in a hurry, where to meet outside, and how to call 911.

The National Fire Protection Agency recommends the following when creating a fire escape plan:

Pull together everyone in your household and make a plan. Walk through your home and inspect all possi-

ble exits and escape routes. Households with children should consider drawing a floor plan of your home, marking two ways out of each room, including windows and doors. Also, mark the location of each smoke alarm. This is a great way to get children involved in fire safety in a non-threatening way.

Everyone in the household must understand the fire escape plan. When you walk through your plan, check to make sure the escape routes are clear and doors and windows can be opened easily.

Choose an outside meeting place that is a safe distance in front of your home where everyone can meet after they've escaped. Make sure to mark the location of the meeting place on your escape plan.

Go outside to see if your street number is clearly visible from the road. If not, install house numbers to ensure that responding emergency personnel can find your home.

Be fully prepared for a real fire: when a smoke alarm sounds, get out immediately.

Once you're out, stay out! Under no circumstances should you ever go back into a burning building. If someone is missing, inform the fire department dispatcher when you call. Quincy firefighters will be on scene within three minutes and

have the skills and equipment to perform rescues.

- Practice your home fire escape plan twice a year, making the drill as realistic as possible.

- Make arrangements in your plan for anyone in your home who has a disability.

- Allow children to master fire escape planning and practice before holding a fire drill at night when they are sleeping. The objective is to practice, not to frighten, so telling children there will be a drill before they go to bed can be as effective as a surprise drill.

It's important to determine during the drill whether children and others can readily waken to the sound of the smoke alarm. If they fail to awaken, make sure that someone is assigned to wake them up as part of the drill and in a real emergency situation.

If your home has two floors, every family member (including children) must be able to escape from the second floor rooms. Escape ladders can be placed in or near windows to provide an additional escape route. Always choose the escape route that is safest – the one with the least amount of smoke and heat – but be prepared to escape under toxic smoke if necessary.

When you do your fire drill, everyone in the family should practice getting low

and going under the smoke to your exit. It is estimated that 50–80% of fire deaths are the result of smoke inhalation injuries, so please stay low to the ground when escaping a fire. Closing doors on your way out slows the spread of fire, giving you more time to safely escape.

In some cases, smoke or fire may prevent you from exiting your home or apartment building. Residents of high-rise and apartment buildings may be safer "defending in place." To prepare for an emergency like this, practice "sealing yourself in for safety" as part of your home fire escape plan. Close all doors between you and the fire. Use towels to seal the door cracks and cover air vents to keep smoke from coming in.

If possible, open your windows at the top and bottom so fresh air can get in, only after making sure that the door is closed between yourself and the fire. Call the fire department to report your exact location. Wave a flashlight or light-colored cloth at the window to let the fire department know where you are located.

The Quincy Fire Department is committed to serving the citizens of Quincy. If you should have any questions whatsoever, do not hesitate to call our fire prevention bureau at 617-376-1015.

Democratic Caucuses Feb. 6 At Fore River Clubhouse

The Quincy Democratic City Committee (QDCC) will hold the Quincy Democratic caucuses to determine delegates and alternate delegates to the 2016 Massachusetts Democratic State Convention.

The date of the caucus is Saturday, Feb. 6. Doors will open at 9 a.m. and the caucuses will start at 10 a.m. at the Fore River Clubhouse, 16 Nevada Road. All Wards; 1, 2, 3, 4, 5 and 6 will be holding their caucuses at this location.

The caucuses are open to all registered Democrats as of Jan. 31. Any registered Democrat that is not elected

as a delegate or an alternate delegate and who meets the qualifications may apply to be an add-on delegate in the following categories: youth (between 18 and 35 years of age), minority and disabled. Elected delegates, alternate delegates must pay a convention fee of \$75.

This year's Massachusetts Democratic State Convention will be held on Saturday, June 4th at the Tsongas Center, Lowell.

For more information regarding the Quincy Democratic caucuses contact QDCC City-Wide Chair Alicia Gardner by email at alicia.gardner6@gmail.com

5 On Elizabeth Seton Honor Roll

Five students from Quincy qualified for the first quarter honor roll at Elizabeth Seton Academy, Dorchester.

Making high honors,

minimum 3.5 GPA, were seniors Caitlin Darcy and Meghan Forde; junior Zeline Bartolome; sophomore Genevieve Santilli; and freshman Stasha Owusu-Mensah.

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827 Students On North Quincy High School Honor Roll

Eight hundred twenty-seven North Quincy High School students qualified for the first quarter honor roll.

DISTINCTION

Grade 12: Nancy Aimola, Grace Anderson, Diana Bennett, Aidan Brown, Ronan Buggle, Yaquelyn Calero, Kara Carchedi, Misael Cartagena, Dyane Cayer, Wai Yin Chan, Lily Chapman, Alan Chen, Hellen Chen, Jing Chen, Charlotte Chretien, Nicole Chu, Jacqueline Coleman, Alexander De Jesus, Ann Doherty, Molly Donahue, Shaina Donovan, Zachary Erickson, Robert Fitzgerald, Langwen Guan, Haley Houlihan, Gary Hu, Carmen Huang, Emily Huang, Shu Xin Huang, Zixuan Huang, Joseph Hutchins Jr., Anh Kieu.

Samantha Lapierre, Janice Lau, Anna Laugelle, Justin Lee, Robert Leung, Hui Lin Li, Jia Yin Li, Jiajia Liang, Kelly Liang, Kevin Liang, Jennifer Luo, Amber Man, Molly McGoldrick, Miquela Murray, Amanda Ng, Luu Pham, Karl Preza, Maeve Riordan, Olivia Rothwell, Julia Sands, Katherine Sautter, Fernanda Segura, Lincy Shen, Jenny Shi, Michael Sporicelli, Emily Spagnuolo, Sammy Szeto.

Anxhelo Taho, Makasy Tan, Miller Tan, Tiffany Tang, Wilson Tang, Regina Tham, Nassim Touil, Michael Truong, Michael T. Truong, Sarah Tsan, Leona Tu, Karen Urdaneta, Marty Vo, Kathy Wong, Kevin Wu, Huiyi Wu Liang, Peishan Xie, Bing Mei Xu, Jia Hao Xu, Jia Pei Xu, Jeffrey Zhang, Benjamin Zou, Ken Zou.

Grade 11: Remy Aucoin, James Cannon, Anthony Chen, Xiuzhi Chen, Janelle Chin, Jason Chow, Stephen Cobble, Kerin Coleman, Westley Diep, Andrew Feng, Anthony Fong, Jin Hong Gan, Hannah Gray, Maggie Huang, Victoria Huynh, Zhiwei Jiang, Daniel Johnson-Tatelbaum, Sinead Kelly, Abigail Koch, Zi Bin Kuang, Jason Kung, Bui Hin Lam, Cindy Lam,

Helen Lam, Vincent Leung, Ling Li, Wayland Li, Xin Li, Lan Gui Liang, Jie Lin, Li Bin Lin, Xu Huang Lin, Yu Lin, Alex Liu, Sinan Liu.

Meichang Ma, Ya Wen Ma, Michelle Mark, Kevin McDonald, Karyn McEvoy, Brigham McKee, Tianette McKee, Shane Mitchell, George Mouthsopoulos, Brenna Murphy, Amanda Ngo, Tara Nguyen, Brian O'Connell, Margaret Powers, Veer Shah, Ethan Sit, Ivy Tang, Vivian Tran, Quynh Vu, Magdalena Wierzbowski, Jonathan Wong, Jonathan Yip, Yawen Yu, Qiu-Yan Zhang, Ziqing Zhang, Sandra Zhen.

Grade 10: Peter Anderson, Nicholas Andrade, Kara Breslin, Jennifer Butka, Melissa Cai, Jessica Caldwell, Steven Chen, Wilson Chen, Brendan Chow, Anthony Chu, Victor Chu, Cora Cluett, Kevin Devine, Elizabeth Dimattio, Taylor Fenton, Jillian Hallisey, Megan Herlihy, Ethan Herman, Derek Hunter, Ming Yi Jiang, Angel Ke, Olivia Keenan, Thomas Kelly, Julia Klinecicz, Ryan Kou, Cynthia Lau, Andrew Lee, Irving Li, Jing Jing Li, Jinxui Li, Jonathan Liang, Tamara Liang, Yun Lin, Jue Ying Lu, Sydney y.

Michaela Marino, Maggie McGoldrick, Nora McLaughlin, Joseph Merrigan, Christine Nguyen, Wen Jing Pan, Frances Papandile, Ryan Pham, Jessica Tai, Tiffany Tan, Kristen Thornton, Amanda Tran, Boi Tu, Leonardo Vasquez, Allison Wong, Gi Gi Wong, Ryan Wong, Angela Wu, Matthew Wu, Alison Xi, Fiona Xu, Bonnie Yee, Gina Zheng, Brian Zou.

Grade 9: Jose Domenico Anciano, Jessica Au, May Aung, Brittini Bastiani, Samuel Brenner, Britney Bui-Tran, Veronica Byrne, Carrie Chan, Chun Chan, Dennis Chan, Jasmine Chan, Carmen Chen, Henry Chen, James Chen, Jason Chen, Loretta Chen, Luo Jing Chen, Nan Chen, Ning Yu Chen, Qi Chen, Yazhi Chen, Yuting Chen, Aaron Cheng, Chun Cheng, Elisa Chong

Mei, Matthew Chung.

Jamane Depina, Jeffrey Diep Jr., Yi Ding, Anh Do, Samantha Duong, Elisa Dylja, Si Si Feng, Anny Gan, Michael Golden, Sharon Guan, Zhou Lun Guan, Weiqi He, Nha Ho, Eric Huang, Kenny Huang, Yong Na Huang, Caroline Huynh, Samuel Hwang, Steven Jiang, Grace Kelliher, Zaahir Khalif, Danielle Lacolla, Katherine Li, Kevin Lin, Wancheng Lin, John Liu, Maria Liu, Rachel Liu, Tengfei Louie, Ya Ting Lu.

David Maher, Neil Mai, Mahnoor Malik, Angelina Manganese, Erion Mbrice, Mary-Kate McDonald, Sara Mei, Vanessa Mei, Luke Molloy, Kar Yeung Ng, Meghan O'Boyle, Tiffany Phan, Nikki Roman, Aymen Sadaka, Mari Salmanowich, Nicole Setow, Patricia Simaku, Samantha Smith, Joslyn Sommers, Alexandria Soricelli.

Bryan Tan, Emily Tan, Bryan Tran, Jenny Tran, Vivian Tran, Marilyn Tseng, Tayonna Tucker, Ilan Valencius, Talia Viera, Graham Vradenburg, Jason Wang, Xin Ming Wu, Iris Xie, Ruining Xiong, Cyrus Xu, Kelly Xu, Angela Yang, William Yang, Brian Zhang, Hui Qian Zhang, Jasmine Zhen, Justine Zhen, Melissa Zhen, James Zheng, Sharon Zheng, Zhi Le Zheng, Joyce Zhu, Jeffrey Zou, Tony Zou, Anastasia Zygoras.

HIGH HONORS

Grade 12: Samantha Maliya Anciano, Eugene Bolden III, Evgeny Buckley, Emily Caddick, Wei Cai, Molly Kate Cannon, Kari Chen, Miao Yi Chen, Ka Tsun Choi, Alison Coleman, Stephen Condon, Michael DeAmicis, Grace Dinh, Joseph Fallon, Rachael Fung, Vanessa Guan, Joshua Helfrich, Quan Ho, Phong Hua, Tien Ho Huang, Chi Chun Lee, Cindy Lei, Xue Ying Li, Ying Lin Lin, Xinying Lu.

Mathew McDonald, Edward Merrigan, Devon Merrill, Raneen Nassar, Nelson Nguyen, Julia O'Donnell, Takeshi Oikawa, Wantip Phet-iam, Nicholas Sarro, Nadine Sharpe, Annie Shitino, Casey Stevenson, Raymond Tan, Douglas Vangorder, Ying Min Wang, Daniel Wenerowicz, Yi Jie Wu, Lanny Xie, Jia Ying Yu, Nadine Zaherredine, William Zhang, Catherine Zheng, Wei Zheng, Fengjiao Zhong, Qi Wen Zhu, Chang Zhi Zou.

Grade 11: Anthony Alexander, Anthony Boring, Alexander Bui, Samantha Caldwell, Samin Charepoo, Darren Chau, Peter Chau, Andy Chen, Calvin Chen, Taren Chen, Gary Chi, Alexander Cox, Jordan Currie, Isabelle Flaherty, Ni-

cole Flora, Johnny He, An Ho, Bridget Hoban, Ziwei Hu, Amy Huang, Mandy Huang.

Austin Lee, Chia Chien Lee, Emily Li, Benny Lin, Hong Kie Lin, Vivian Liu, Jia Bin Lu, Nina Luu, Helen Mai, Wie Qi Mai, Ryan Manning, Kaleigh Manton, Thomas Maranian, Kelly McDonough, Kimberly Merrifield, Declan Murphy, Justin Nickerson, Charles O'Brien, Kay O'Connor, Jermaine Oliver Jr., Kishan Patel, Katarina Pollastretti.

Alison Radzik, Matthew Soohoo, Michael Soohoo, Jeremy Tai, Alessandra Toscanini, Neenah Tran, Nhi Truong, Maureen Valli, Jamie Van, Raymond Wong, Wilson Wong, Jason Xiao, Jon Yee, Devan Yilgor, Tiffany Yung, Jun Shan Zeng, Yurou Zeng, Yushan Zeng, David Zhang, Franky Zhang, Maggie Zhang, Mindy Zhang, Li Ting Zheng, Suki Zhu, Joe Zhuo, Karen Zou.

Grade 10: Isabel Altaf, Larissa Bunmee, Alan Chen, Annie Chen, Davie Chen, Jian Tao Chen, Shishi Chen, Shuo Chen, Ye Chen, Choyi Chu, Sammi Chu, Connor Donaghey, Supattida Duangpratheep, Erin Fallon, Sophie Forbes, Shuhan Gao, Timothy Goon, Shirley Guan, Lilly Hanley, Sirin Horburapa, Zizheng Huang, Jessica Huynh, Ashley Jee, Greis Kalajnxhiu, Brenna Kirby, Tiffany Kwan, Daniel Lin, Nina Lin, Xin Mei Lin, Amy Liu.

Jared McDonough, Evan Mei, Cindy Nguyen, Jennifer Nguyen, Vincent Nguyen, Nicholas O'Connell, Zhexi Pan, Jalyssa Queen, Joanna Rafti, Ryan Salazar, Angelina Spiropoulos, Andrew Tham, Richie Tran, Mindy Truong, Qianyi Weng, Daniel Wong, Kai Qing Xue, Sharon Tang, Calvin Zhang, Chen Xuan Zhang, Joanna Zhou, Jame Zou.

Grade 9: Eve Anderson, Aminata Bangura, Jessica Bile, Elijah Blondin, Min Xia Chen, Reina Cheng, Juliana Chieng, Kevin Chiu, Andrea Cristiani, Sean Croft Jr., Joshua Dangora, Leila Dumas Hovey, Tyjante Finn, Ryan Goon, Jonathan Guan, Shuling Guan, Hongcheng Guo, Dinh Huynh, Akima Khuong, Jonathan Knowles.

Nathan Landaverde, Steven Le, Andrew Lee, Lindsay Lee, Brian Li, Olivia Liang, Wei Tao Liang, Emily Lin, Yi Lin, Ze Xuan Lin, Xiao Ying Lu, Anny Ly, Mary McAleavey, Marcus Mok, Aidan Mordas, Tommy Nguyen, Kieran O'Driscoll, Brian Pham, Vincent Pham, Aidan Ring, James Rizzitano.

Angela Shi, Rowan Sloan, John Starkey, Elena Stratoberdha, Pheobe Tang,

Andrew Tobin, Evon Tran, Annie Trinh, Nelson Wal-injom, John Walsh, David Whitson, Eric Wong, Sara Wong, Kevin Xiao, Carmen Xu, Donna Xu, Jennifer Zeng, Ryan Zeng, Tanya Zeng, Alan Zheng, Zhi Shan Zheng.

HONORS

Grade 12: Emily Anglehart, Jia Yi Ao, McKenzie Balzarani, Christopher Bentley, James Bille, Corey Boretti, Zola Boris, Jason Chan, Allison Chen, Amy Chieu, Jenny Chin, Raymond Ching, Wilson Chong Mei, Italia Colon, Christen Couture, Jayne Davis, Ngoc Do, Kevin Doherty, Gabrielle Doody, Dhaaky Drake, Cameron Ebrecht, Savanna Flynn, Emily Garner, Rachel Gillespie, Qian Wen Hu, Jia Ying Huang.

Caroline Keenan, Garrett Kulig, Erin Labollita, Joel Lawless, Duyen Le, John Le, Caitlin Lee, Yu Ying Lei, Bo Levine, Trina Liang, Hao Wei Lin, Ping Lin, Cassidy Lothrop, Naika Louis, Luong Luu, Nguyen Ly.

Daniel MacIsaac, Alexandra Maragioglio, Siobhan Marshall, Deirdre McDougall, Thomas McLaughlin, Elvis Monteiro, Brianna Neuman, Conor Pound, Aditya Raj, Jie Hua Rong, Jack Ryder, Dalia Sadaka, Kurthy Yvania Saint Marc, Ashley Saunders, Alexandria Scanlan, Kaylin Silva, Maierdan Subinuer.

Andrew Tang, Anthony Tang, Khoa Tran, Michael Travers, Han Truong, Hei Ngok Tse, Nhut Khang Verrier, Tram Huyen Vo, Ye Yang Wang, Yihan Wang, Jia Yi Weng, Cameron White, Daniel Wong, Xijun Wu, Longhao Xie, Xiao Jie Zeng, Yu Ying Zhang, Kant Ting Zheng.

Grade 11: Aili Aifan, Phyliss, Aleman, Derek Bille, Kristen Bragel, Wiggins Cadet, Maria Cao, Anna Chen, Jessica Chen, Jia Ying Chen, Karen Chen, Li Chen, Frank Chin, Kayla Cunningham, Allison Diep, Tenzin Dorjee, Joshua Dossantos, Bridget Durgin, Matthew Eagles, Abdelrahman Elhashash, Kang Fang, Ai Hua Feng, Brendan Ganno, Sean Griffin, Amber Hiller, Skerdilaid Hoti, Jimmy Huang, Victoria Huang, Gary Hui, Sacha Ivanov, Shaoxi Jian, Wen Di Jiang.

Shannan Kennedy, Man Ching Lam, Thuylan Le, Tong Dan Lin, Xiao Hong Lin, Siyu Liu, Priscilla Ly, Samantha Marshall, Ariel Mei, Raymond Mei, Thien Ngo, Daniel Nguyen, Biao Pan, James Pham, Kaelin Ryan, Alexandra Schuboth, John Slattery, Jason Soohoo, Devlin St. Marie, Ying Long Tang, Philipp Simon Thalheim, Rebecca Thorne, Anthony Thornhill, Kevin Tran,

Melody Umoren, Kevin White Jr., Kevin Wong, Zian Bin Wu, Devin Zhang, Jian Kun Zhang, Charlie Zheng, Mona Zheng.

Grade 10: Antonio Alvarado, Enmanuel Barroso Morales, Kelly Bishop, Douglas Brown, Brendan Chau, Emmy Chau, Cynthia Chen, Daniel Chen, Hong Zhi Chen, Kevin Xhen, Faye Cheng, Ivy Chiu, Alyssa Connaughton, Ryan Cox, Austin Devane, Christopher Donaghey, Grace Dugan, Erkhembileg Erdenebileg, Catherine Eynatian.

Kevin Finn, Brendan Gallant, Zhen Gao, Aisha Hamad, Ina Hoti, Ri Yang Huang, Wun Ling Huang, Ali Hussein, Celia Hussey, Olivia Hussey, Jimmy Huynh, Justin Le, Josephine Lee, Joshua Lee, Dimitri Legaspi, Lynn Li, Shen Hong Li, Mengting Lin, Yan Ping Lin, Weitong Lu, Dennis Mei, Eric Mei, Audrey Merrill, Shehab Nassar, Jeffrey Nguyen, John Norton.

Sarah O'Donovan, Alexander Pham, Kelly Phelan, Brianna Quinn, Jonathan Santos, Samuel Serjani, Anne Shi, Serena Silva, Luca Smith, Xiang Lin Su, Jeffrey Sullivan, Raymond Szeto, Kevin Tran, Saorise Walsh, Hexian Weng, Sam Ut Wong, Raymond Wu, Qiang Wei Xu, David Yang, Jacqueline Yip, Zi Ting Zhang, Jingyi Zhao, Hua Feng Zhou, Wenlong Zhou.

Grade 9: Gina Ash, Peter Ayers, Brianna Baldeo, Alessandra Bastien, Eric Billard, Kestrel Boyce, Laura Butruccio, Lucjan Ceca, Kelsey Coughlin, Kayleigh Crevier, Austin Currie, Stephen Debisschop, Katrina Dong, Evan Driscoll, Benjamin Egan, Aiden Foley, Lingjie Gao, Sarah Glozheni, Julianna Guinto.

Nicholas Hallak, Maeve Hally, Jillian Harrington, Eric Hellmuth, Donald Hobin, Jeffrey Huang, Justin Huynh, Bang Wei Jiang, Victoria Kazangian, Kirian Philip Kofoworola-Kuti, Margaret Laugelle, Timothy Layden, Kuan-Yi Lee, Zi Ying Li, Jia Wei Liang, Joshua Linik, Neo Liu, Timmy Ly, Victor Ly.

Dylan Malcolm, Bridget Marsters, Kaleigh Matulonis, Emiliano Mbrice, Stephanie Melnek, Holly Nguyen, Jason Nguyen, Viena Njoroge, Jake O'Brien, David Olcott Jr., Shiv Patel, Scarlett Piotrowski-Manning, Joseph Sands, Sean Scanlan, Rio Six-Tiger, Vivian Smith, Joshua Smith Jr., Andrew Sullivan, Stephany Thach, Adam Tlacoxolal-Chua, Kenny Tran, Win Tran, Celia White, Kayla White, Anthony Xu, Zechong Yan, Joey Zhang, Xin Tong Zheng.

High School Equivalency

Test Prep Classes Start Feb. 1

High School Equivalency Test Preparation Classes will begin Feb. 1 at Quincy Community Action Programs, Inc., 1509 Hancock St., Quincy Center.

Free classes are held Monday and Wednesday

from 6 to 9 p.m.

QCAP is enrolling new students for its second semester of classes.

To schedule an assessment test, call Margaret Doherty at 617-479-8181 ext. 387.

2 On Saint Paul School Honor Roll

Two students from Quincy have earned academic awards at Saint Paul School Middle School in Hingham for the first term.

Brady O'Connor, a sixth

grader, received first honors.

Ainsley Kane, grade 7/8, received honorable mention.

Bregoli: Educated Look At School Districts Needed

By SCOTT JACKSON

Officials need to take an "educated look" at school redistricting to help alleviate overcrowding, School Committee Vice Chairman Paul Bregoli said in a recent interview while also making the case for adding new sports and a band program for middle school students.

Bregoli, 67, was elected vice chairman of the school board by his peers on Jan. 4. A longtime Quincy Public Schools educator and coach, he is starting a second four-year term on the committee; he does not plan to seek re-election when the seat is contested again in 2019.

Following his election to the vice chairmanship, Bregoli outlined seven initiatives he hoped the committee would address during his two years in the post, including the need for redistricting as the city and school population continues to grow. In the recent interview, Bregoli said the School Committee cannot do the redistricting in a haphazard fashion and must consider future population growth.

"There are a couple of schools that are overcrowded — they're reaching their maximum. I think if we don't take a look at where the population is increasing and where we're low and try to fix it by just moving a couple lines, then we're not doing our jobs," Bregoli said.

"There is a trickle-down. It's almost like a domino effect. If you move a line over here, you have to push some kids over here. It's something you really, really have to take an educated look at. You just can't do it haphazardly. You have to see where the families are, where the kids are... You can't just say we're going to move this line over from here to over there; maybe it won't impact any kids, maybe you won't impact any families."

As an example, Bregoli noted the Merrymount School is among those with high enrollments. To help alleviate that issue, he said the committee could possibly redistrict the area in the vicinity of the new Central Middle School, shifting those students from the Merrymount School to the Bernazzani School, but not without weighing the impact on the latter.

"In terms of mileage, if you look at where they're going they might be better off going to Bernazzani. Can you do that? Is Bernazzani overcrowded too? That's what you have to look at," Bregoli explained.

"You just can't move a line to take those kids away from Merrymount and put them over in Bernazzani

and make a problem worse at Bernazzani. So you really have to look at it very carefully and it's not something that's going to be done haphazardly or without a lot of thought."

Bregoli attended Quincy Public Schools growing up and graduated from North Quincy High School in 1966. While in the system as a student, he noted there were numerous opportunities for middle school athletics — an area he also addressed during his remarks Jan. 4 — that are no longer offered.

"I played junior high school football, junior high school soccer, I could play junior high school basketball, junior high school baseball. Not one of those programs exists anymore. Not one," Bregoli said, noting the school system does offer middle school cross country, volleyball, swimming, tennis and wrestling.

Adding new programs would help serve as a farm system for the high school programs, Bregoli said.

"We don't have a true feeder system anymore for the high schools," he stated. "There are a lot of basketball programs in the city but there are no feeder systems that go specifically to our high schools. You have Presidents basketball, you have Sacred Heart basketball, the Y league, St. John's and all those leagues that have teams, but everybody is doing their own thing so when the kid finally reaches the point where they're going to high school, you don't know what you're going to get."

The volleyball teams at the two high schools have benefited from the middle school program, Bregoli said, as well as the Mass Patriots Volleyball Club founded by those involved with the school programs.

"It's no secret why the volleyball program is so strong. They have a feeder system and the Mass Pats — that's a program that was initiated by the volleyball coaches in the city," Bregoli said.

Likewise, Bregoli would like to see a band that students from each of the city's five middle schools could participate in. From there, he would like to see each school have its own band as opposed to sharing a band. Students in those bands should also have full uniforms, he said.

Bregoli said participation in the band program is a way to additional opportunities for students as they look for college. His niece, for example, was an athlete in growing up in Orlando who also played the trombone. She received a schol-

arship to play the trombone at the University of Central Florida and went on to get a doctorate in music from the University of Kansas.

"There are opportunities for kids and if we don't do the job here that we're supposed to do in terms of giving them all we can in terms of being a real band, they lose out," Bregoli said.

He noted the music program has made great strides in recent years under the leadership of Elizabeth Hallett, the school system's coordinator for high school curriculum and programs.

"A lot of credit goes to Beth Hallett for hiring some terrific, just outstanding, people in the music area the last several years. They've made a difference — a huge difference — both at the elementary and middle school levels," Bregoli said.

"They have a jazz band that Joe Salvucci runs, which is like phenomenal. I suggested they have a band camp. They had a band camp this summer for the first time ever. At the Thanksgiving Day game, that was the first time they've had a marching band on the field at a football game in 20 years. We are making some progress and the kids sound great — I think they sound terrific."

Bregoli also believes voter registration should be a requirement for high school students.

"It's not a hard thing to do. Somebody from the City Clerk's Office comes down and has a voter registration," he said. "The reason I'd like to see it done is because when I was knocking doors, even a lot of my kids who I had or who I knew, weren't registered to vote. I used to go up to City Hall, take a voter registration form and have it in my car and actually registered kids to vote and even adults."

Overall, Bregoli said the Quincy Public School system is in a good place, crediting School Superintendent Dr. Richard DeCristofaro and his leadership team for the effort they put in.

"I think the school system is in a good place. I really do," Bregoli said. "[DeCristofaro and the leadership team] are incredibly intelligent, they're hard working, they're professionals and it's a good group of people because they really are invested in the school system. The superintendent loves the school system. It really and truly is his whole life. I never appreciated him until I started to work with him."

Bregoli attended the University of Massachusetts Amherst. It was there that he met fellow student Paul Harold, the late city councillor and state senator who Bregoli said left a

lasting impression on him and was a dear friend after being named vice chairman Jan. 4.

In the recent interview, Bregoli recalled returning from Quincy in 1972 after teaching outside the city for two years and seeing a sign that read "Paul Harold, Councillor Ward 1" while driving along Sea Street. Bregoli volunteered to help out on that campaign, and the others that followed.

"From that point on I was with him in every cam-

paign," Bregoli said. "I was his treasurer for just about all those years. When he ran for state Senate I was his Braintree coordinator and one time I was his campaign manager, but that was really like in name only because he ran his own campaigns. He really did. He was a smart politician and he knew what he wanted to do and what he wanted to say."

Bregoli said Harold was there for his family when his wife, Carolyn, died in 1990 at the age of 41. And

Harold rented function halls for Bregoli's sons, Christopher and Patrick, when they graduated high school.

"He was very good to my family when my wife passed away. He was very good to my kids," Bregoli said. "When both my kids graduated from high school, he was the one who rented the hall. He rented Sirois for Chris and even though he was very sick he rented the Neighborhood Club for Pat so that they could have a nice party."

Hughes Appoints New City Council Committees

Croall Chairman Finance Committee; Liang To Lead Downtown Committee

By SCOTT JACKSON

City Council President Kirsten Hughes finalized committee appointments for the council's new term, selecting Ward 2 Councillor Brad Croall to chair the finance committee and Ward 1 Councillor Margaret Laforest to lead the ordinance committee.

Hughes finished her committee selections just days after being named the body's president Jan. 4. The council has 16 committees — three of which include all nine councillors while the other 13 have five councillors each.

Croall was chosen to helm the finance committee — one of the three committees with all nine councillors — and Ward 3 Councillor Ian Cain will serve as the vice chairman. The committee was previously chaired by Councillor Michael McFarland, who lost a bid for re-election in November. Late Ward 6 Councillor Brian McNamee was the previous vice chairman.

Laforest will chair the ordinance committee, which also includes all nine councillors; Councillor Joseph Finn was named vice chairman. Kevin Coughlin, who did not seek re-election as the Ward 3 councillor in the fall, served as ordinance committee chairman the past four years with Croall as vice chairman the previous two years.

Ward 4 Councillor Brian Palmucci will remain as chairman of the nine-member

oversight committee, a post he held the previous two years. Finn will serve as vice chairman of that committee as well. Doug Gutro, who opted to run for mayor and leave the council in the fall election, was previously the vice chairman.

Gutro had been the longtime chairman of the downtown and economic growth committee. Councillor Nina Liang has been named the chairwoman of that committee with Palmucci (vice chairman), Cain, Finn and Laforest joining her.

Finn has been named chairman of the public works committee, previously chaired by Laforest. Rounding out that committee will be Liang (vice chairwoman), Palmucci, Noel DiBona and the winner of this spring's special election to fill the vacant Ward 6 seat.

Palmucci will lead the public safety committee, which McNamee chaired the past two years. Joining him are Croall (vice chairman), DiBona, Finn and Liang.

The newly created community engagement committee will be chaired by Liang with Cain as vice chairman. Laforest, Palmucci and the Ward 6 councillor will fill out that committee.

Cain will chair the park and recreation committee, which also includes DiBona (vice chairman), Croall, Laforest and Liang.

Cain will also chair the municipal technology committee with Laforest as vice

chairwoman and Croall, Finn and Palmucci on board.

DiBona is the new chairman of the education committee and will be joined by Cain, Liang and Palmucci. The Ward 6 councillor will serve as vice chairman.

DiBona was also named chairman of the veterans' services committee. Serving with him will be Laforest (vice chairwoman), Cain, Liang and the Ward 6 councillor.

Croall is continuing on as the chairman of the senior citizens committee. Liang is that committee's new vice chairwoman with Cain, DiBona and Laforest also on the committee.

Additionally, Croall will lead the housing committee. Filling out that committee will be Laforest (vice chairwoman), Finn, Palmucci and the Ward 6 councillor.

The library and historic places committee will be chaired by Laforest with the Ward 6 councillor as vice chair. DiBona, Finn and Palmucci round out the committee.

The Ward 6 councillor will assume chairmanship of two committees once seated this spring.

One is the environment and public health committee. DiBona was named vice chairman and is joined by Cain, Laforest and Liang.

The second is the rules committee. Palmucci will serve as vice chairman with Croall and Laforest also on board.

Entries Sought For Chili Cook-Off

Entries are being sought for the sixth annual "Chili Bowl" Chili Cook-Off, to be held Saturday, Jan. 23 from 2 to 5 p.m. at Hough's Neck Congregational Church, 310 Manet Ave., Quincy.

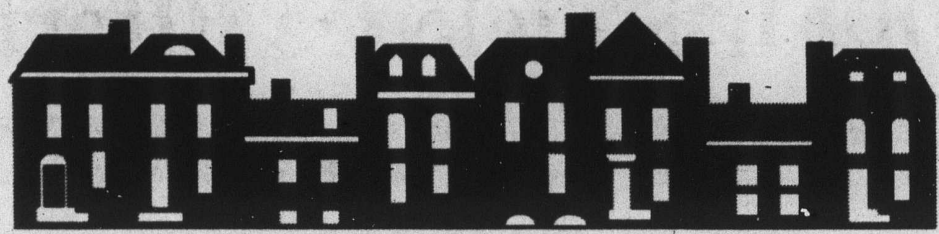
With categories for both home cooks and restaurants, the event will offer attend-

ees the chance to sample and savor up to 20 different varieties of chili, with trophies and medals awarded to the champion chili winners as voted on by attendees.

Admission to the cook-off is \$5 and includes all the chili attendees can eat. Hot

dogs, beer, soda and snacks will also be available for an additional charge.

There is no fee to enter chili in the cook-off. To enter or for more information, call 617-688-4044 or e-mail chilicookoffhnc@gmail.com



Real Estate

Quincy Real Estate Transactions Jan. 4 - Jan. 8

Seller	Buyer	Amount	Address
David H. Doyle	Liam Fleming	\$280,000.00	16 Albertina Street
Cumberland Farms Inc.	Blue Hills Fuels LLC	\$605,630.00	1284 Furnace Brook Parkway
Gerald R. & Maryrose A. Weitz	Langs Century Service Inc.	\$599,000.00	218 Independence Avenue
Homestead Avenue Realty Trust	Jacqueline Moran	\$295,000.00	14 Homestead Avenue
433 Furnace Brook LLC	City PT Quincy LLC	\$2,700,000.00	433 Furnace Brook Parkway
Eileen Lisook	Teng Zhang & Na Lin	\$550,800.00	10-12 Bedford Street
Paul F. & Elizabeth A. Holmgren	Elizabeth Queally	\$750,000.00	150 Bromfield Street
Qiong Lin & Zhi M. Huang	Elizabeth Queally	\$595,000.00	106-108 Pine Street
Julie K.N. Le	Barry Pugatch	\$235,000.00	82-D Centre Street Unit 82D
Frank J. Leong & Wai L. Wong	Ling Chu	\$260,500.00	100 West Squantum Street Unit 6
NQ-II LLC	Cheung W. & Mei X. Mak	\$407,000.00	39 Fayette Street Unit 106
H&L Realty Investment LLC	Bao Z. Li	\$420,000.00	157 Fenno Street
Walter P. & Pamela R. Swierk	Christine S. Murphy	\$565,000.00	235 Beach Street
Beverly A. Kidney	William McBirney	\$170,000.00	85 Spring Street
Mary V. Bimmler Irrevocable Trust	Thomas W. & Joanne M. Dalabon	\$364,000.00	21 Deerfield Street
Janet M. Brushingham	Daniel A. & Sheila C. Smith	\$345,000.00	9 Moon Island Road
Robert A. Rantuccio	Yan Zhen Chen	\$399,000.00	50 Pope Street
Qiong Lin	Yi Wei & Bigui Chen	\$390,000.00	279 Farrington Street Unit 4
Steven R. Mansfield	Jonathan X. Skerry & Patricia A. Dravinskas	\$342,500.00	81 Scotch Pond Place

Real Estate Market Mostly Positive In 2015

Cont'd From Page 3

believe the positive trends seen in 2015 can continue into the new year. Clearly, Norfolk County remains a destination location for individuals and families to live and work," O'Donnell said.

"However, the lingering concerns I have are that real estate inventory will remain low, potentially chocking

off increased activity and also that any upticks in interest rates could put a chill on mortgage financing. Additionally, we need to watch for potential disruptions in the housing market as real estate professionals continue to get used to new federal disclosure rules for mortgages introduced this past October."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource

for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

Ask Barbara Graceffa: 'Secretary Of The Interior'

I need an idea for a bar cart and prefer to recycle/reuse rather than buy new. Do you have a creative solution for my handy husband to build or repurpose for me? Saadia

Yes, try a baby's changing table. The height is just right and the shelves most useful. Replace the pad with tile or glass (or even sheet vinyl) and use the top for pouring drinks. Install a rack for your stemmed glasses (to the bottom of the top shelf) and a hook on the side for a bar towel. You can always add a wine rack, can rack, or cut a hole in the top shelf in which you can fit a removable bowl for ice. Add wheels to the bottom, if desired.

On home improvement shows and in magazines, I've also seen upright pianos, short bureaus (minus a drawer or two), and metal rolling carts transformed into attractive bar carts.

I live in an apartment with a beautiful but inoperable fireplace in my living room. How can I decorate the firebox? Mrs. C

Try real logs (I'm partial to the beauty of birch!) and candles in glass votive holders or a candelabra as your fire. Or place a large plant (like a fern) or a faux floral arrangement to fill the space.

Do both nightstands have to be identical? Gloria Ann

Absolutely not. In fact, it's more interesting if they are different. Think outside the box and use a bookcase, a small desk, or a skirted table – all of which do double duty as storage for your "stuff."

May I use an outdoor rug indoors? Jo

Yes, of course, the "decorating police" will not haul you off to decorating jail. However, there are pros and cons.

On the positive side, the rug will be less expensive, easier to wipe up spills, and very durable. On the flip side, you'll have less selection, less softness under foot, and the beautiful design element might be missing. I'd recommend them for only in a casual style room or beach or pool house.

Do you have a decorating problem needing a professional solution? Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.

City To Receive National CD Award

The City of Quincy's Department of Planning and Community Development has again won the Audrey Nelson Community Development Achievement Award from the National Community Development Association (NCDA).

This is the fourth time the City of Quincy has applied for and won this award over the past seven years.

The Audrey Nelson award recognizes exemplary uses of Community Planning and Development program funding from the U.S. Dept. of Housing and Urban Development.

The award is being presented to the City of Quincy for the construction and operation of the Salah Founda-

tion Music Clubhouse at the Germantown Neighborhood Center, in collaboration with the South Shore YMCA; the Salah Family Foundation; and the Music and Youth Initiative, based in Boston.

In February 2014, the City of Quincy's Community Development Division allocated \$50,000 of Community Development Block Grant funding to be used towards the construction of the clubhouse inside the center. The clubhouse held its grand opening on April 9, 2015 as part of a special dedication during national Community Development Week.

The clubhouse is professionally equipped and is led by a director of music.

Participants have the opportunity to learn how to play instruments, and create and record the music they learn to play. The clubhouse offers lessons in voice, music recording, lyric writing, beat making and other audio production subjects.

The award will be presented at the annual Winter Legislative Meeting of NCDA in Washington, D.C.

The award is called the Audrey Nelson Award, in memory of the first Deputy Executive Secretary of NCDA. Audrey Nelson's intense commitment to her neighborhood, her local program efforts, and her drive to serve low income people was cut short by death from cancer at the age of 29. NCDA created this award in her honor in 1987.

"I wish to congratulate the community development staff and our project partners for this national recognition," said Mayor Thomas P. Koch. "This is a tremendous honor for the City of Quincy."

"Our partnership with the City of Quincy was imperative in making the Salah Foundation Music Clubhouse a reality in Germantown, and has allowed the Y to expand our commitment to the arts as a tool to nurture the potential of youth and teens in our communities," said Paul Gorman, South Shore YMCA President & CEO. "Congratulations to the City of Quincy and the Department of Planning and Community Development team on this well-deserved honor."

Tom "Coach" Carter is celebrating his 20th year as a full time Realtor with Granite Group Realtors



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"STILL NUMBER ONE"

AG, Tippet Meet With Students In Anti-Violence Effort



STATE ATTORNEY GENERAL Maura Healey and retired Patriots linebacker Andre Tippett visited Quincy Monday to discuss a new anti-violence initiative, which students and staff from both city high schools are participating in. Ninety-eight high schools statewide are taking part in the new initiative, known as "Game Change," a partnership between Healey's office and the New England Patriots.

Quincy Sun Photos/Robert Bosworth

Cont'd From Page 1

munity relations.

"From our perspective in the office, we think that an effective way to get to kids is bringing you in, empowering you to take care of yourselves, take care of one another, [teach] what to do if you're a bystander or you witness harassment, bullying, abuse or violence, because you need to know what the steps are and what the tools you can use to address that," the attorney general said.

Tippett, borrowing an analogy from the gridiron, said the student volunteers would serve as "bell cows" for their peers, and thanked them for participation in the program.

"You guys are going to be asked to be a bell cow. Bell cow is the greatest honor you can be - that's a leader. Everybody listens to the bell cow. The bell cow takes everybody to the pasture and back to the barn," Tippett said. "I know what you guys are going to be tasked with. I know how important your role is going to be in your individual schools and this community. You guys are being asked to do a lot of things and you ought to be commended for it...I thank you for it."

The retired linebacker remembered being 10 or 11 years old, when a downstairs neighbor would knock on his family's door late at night having been beaten by her boyfriend. Tippett's mother encouraged the woman to go to the police and show them her black eyes. Within a year or two, the woman, after not getting any help, killed her abuser.

"She got tired of getting beaten up and not getting any help and did what she did to protect herself - they had two young kids together," Tippett said. "It was a sad, sad time. She was very special to my family. She was very special to me."

Tippett also recalled being bullied by other students who targeted him because he was the biggest kid in his class and they wanted to see how tough he was.

"I used to have to plot ways to get in and out of the school. I would try to avoid

going to certain parts of the hallways, because I knew there were certain people looking out for me because I was the biggest person in my class," he said. "I had to avoid those types of things."

Healey, who played basketball at Harvard and professionally in Europe, thanked Tippett for sharing his stories, which she said are far too common.

"This is about changing that," she said.

The attorney general said a woman is beaten every nine seconds nationwide and one-third of young people have experienced some form of physical, sexual or emotional abuse in a relationship.

"These are things we need to work on," Healey said.

School Committee Vice Chairman Paul Bregoli, who has called for dating violence education at the high school level, expressed support for the high schools' participation in the initiative.

"I'm very excited about the program you're bringing to Quincy," Bregoli said. "I think it's an issue that needs to be addressed. I'm hoping it empowers our young people to recognize relationships that are not

healthy and where to go for resources in order to get out of those unhealthy relationships.

"I think it's critical that we educate our students in that way so it does not continue when they're adults and they get in situations where now they're involved with DOVE (Domestic Violence Ended), because that's where it goes. I'm very excited. I can't tell you how happy I am you people are here today to begin this program."

"This is a great opportunity and program," said School Superintendent Dr. Richard DeCristofaro. "As much as I've read about it and heard about it, I think it's going to be a wonderful, wonderful thing for our kids."

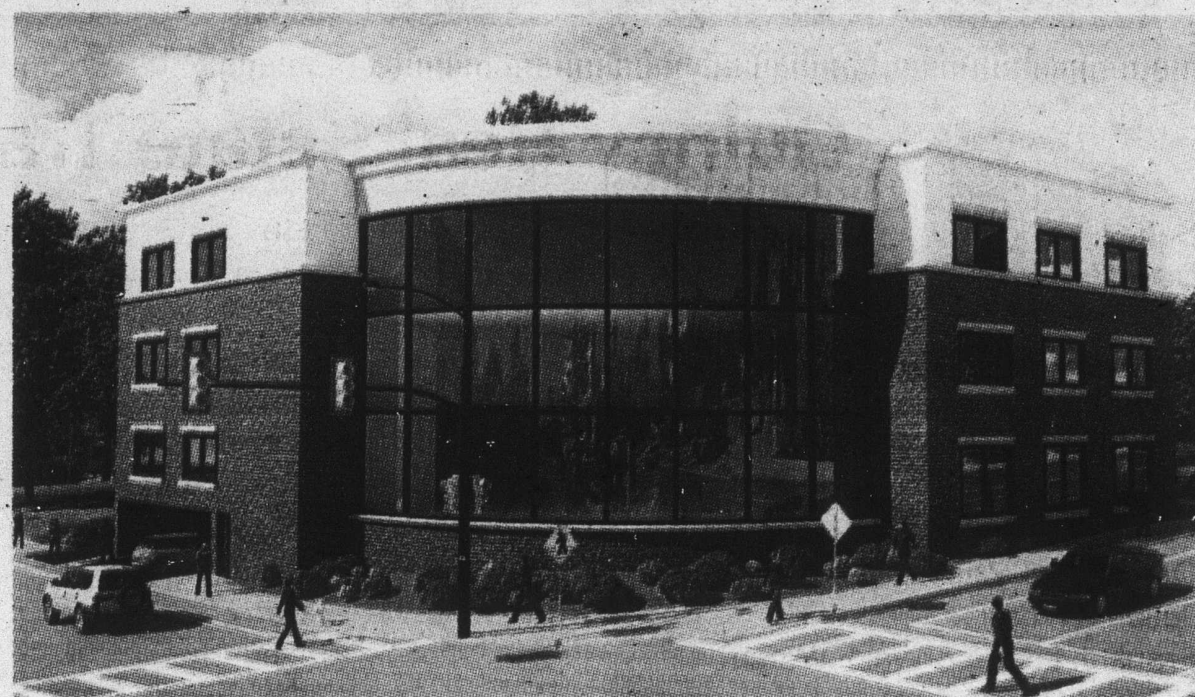
Patience Machaby, a senior at Plymouth South High School, said she was concerned about statistics showing one-third of women in college are sexually harassed. She said that number was far too high and women should be able to feel safe while getting in education in high school or college.

"We're tomorrow's future," Machaby said. "We need to embrace each other and teach each other we're not opponents, we're on the same team. Having peer-on-

peer advice...unfortunately sometimes us teens don't

want to listen to parents or adults or even confide in an

adult. Having peer communication is important."



ARTIST RENDERING of a three-story office building, which would include a bank and other retail space on the ground floor, proposed at the site of a former IHOP restaurant at 111 Washington St. in Quincy Center. The Planning Board will hold a public hearing on the project proposed by Galvcon Development Jan. 27th.

Rendering Courtesy Lunar Studios/Charles Leo

Office Building Proposed For Former IHOP Site

By SCOTT JACKSON

A Quincy developer on Tuesday announced plans to construct a three-story office building, which will include a bank and other retail space on the ground floor, at the site of a former IHOP restaurant at 111 Washington St. in Quincy Center.

Galvcon Development, a division of the Galvin Companies, began demolition of the former restaurant at the corner of Washington Street and McGrath Highway late last week. The structure was built in 1950 and had been home to an IHOP and most recently a Brazilian steak house.

Plans for the site include a three-story brick office building and an underground parking structure. A bank branch, other retail space and retail parking will fill out the first floor of the

building. Galvcon plans to announce which bank plans to operate in the space later this month.

The two upper floors will include professional office space, with suites ranging between 3,000 and 9,000 square feet.

"We have had a tremendous amount of interest in this building," Galvcon President Sean Galvin said in a press release. "I think it will be the small to mid-size businesses that will be the first to recognize the value of Quincy's new downtown residents; they will bring great energy to the area."

The project will require a special permit from the Planning Board. The board will hold a public hearing on the project during its Jan. 27 meeting, which will take place at 7 p.m. inside the community meeting room

at the Thomas Crane Public Library.

The 19,495-square foot (0.45-acre) project site is located in the Quincy Center Zoning District - 15.

Galvcon anticipates construction on the 111 Washington St. project to begin this summer, pending permits; leasing has already begun. Moeser & Associates of Harvard, Mass., designed the proposed building.

The Washington Street project is Galvcon's second in Quincy Center. The company received permission from the Planning Board last fall to construct Cliveden Place at 1545 Hancock St., home of a former Woolworth's. Cliveden Place features two six-story buildings with a total of 56 condo units and 8,000 square feet of ground level retail between them.

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QUINCY HIGH'S Julie Hong finished first in the grueling 500 yard freestyle at a Jan. 7th meet between the city's two swim/dive teams at Lincoln-Hancock Community Pool.



NORTH QUINCY HIGH'S Kenny Ng swept the 50 and 100 freestyle events.



QUINCY HIGH SCHOOL junior Grace Scuzzarella swims towards a first-place finish in the 200 yard freestyle at the Jan. 7th swim/dive meet with North Quincy High School at the Lincoln-Hancock Community Pool. Scuzzarella also took first place in the 100-yard backstroke.

Quincy Sun Photos/Robert Bosworth



NORTH QUINCY CAPTAIN Gabby Doody competes in the 500 yard freestyle Jan. 7th at the Lincoln Hancock School pool. The Red Raiders boys swimming and diving team edged the Presidents and the Quincy girls defeated North Quincy in an intra-city competition.



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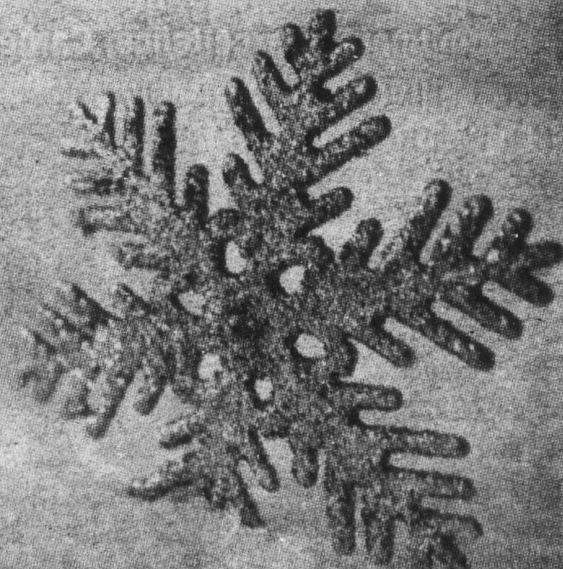


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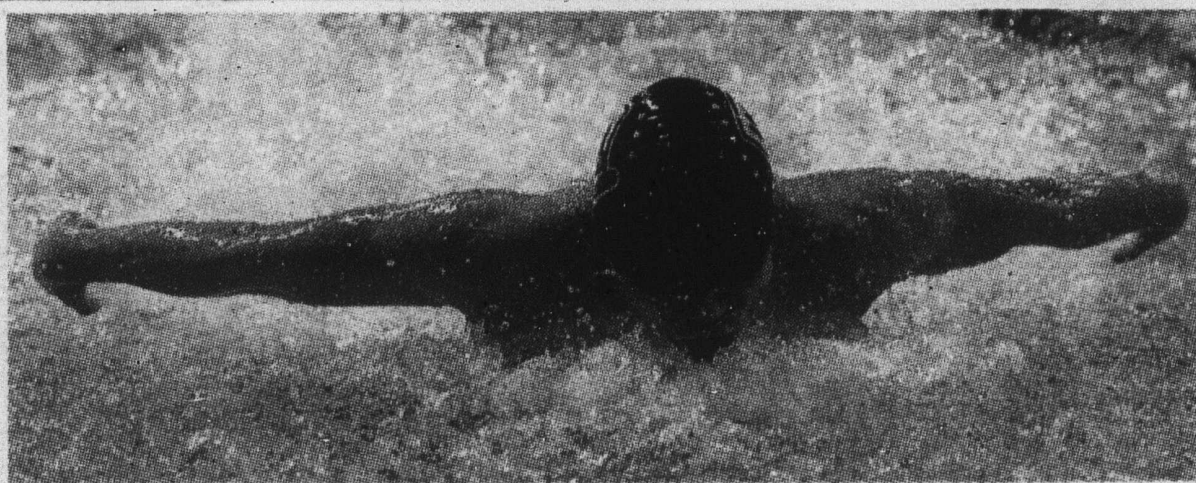
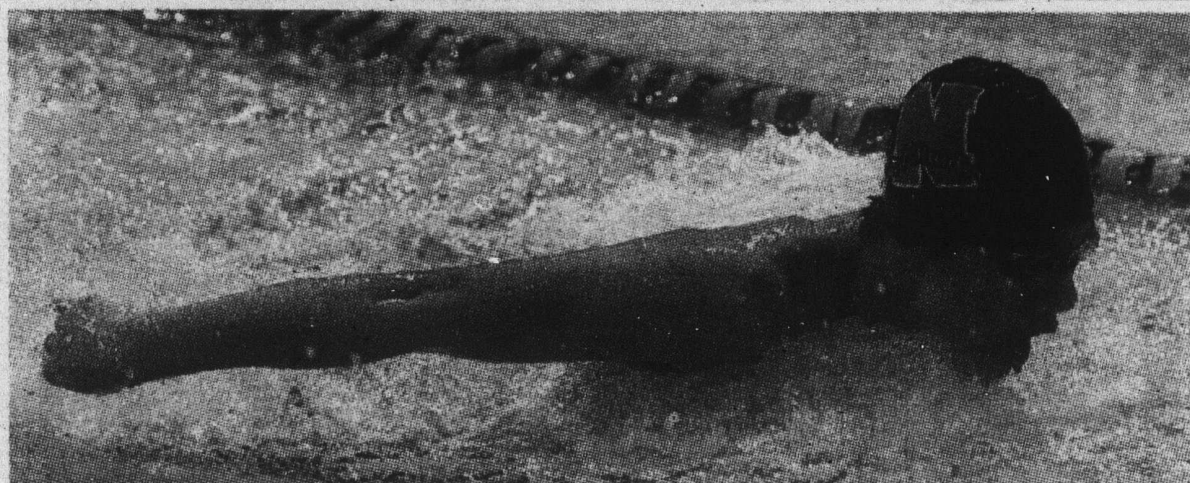


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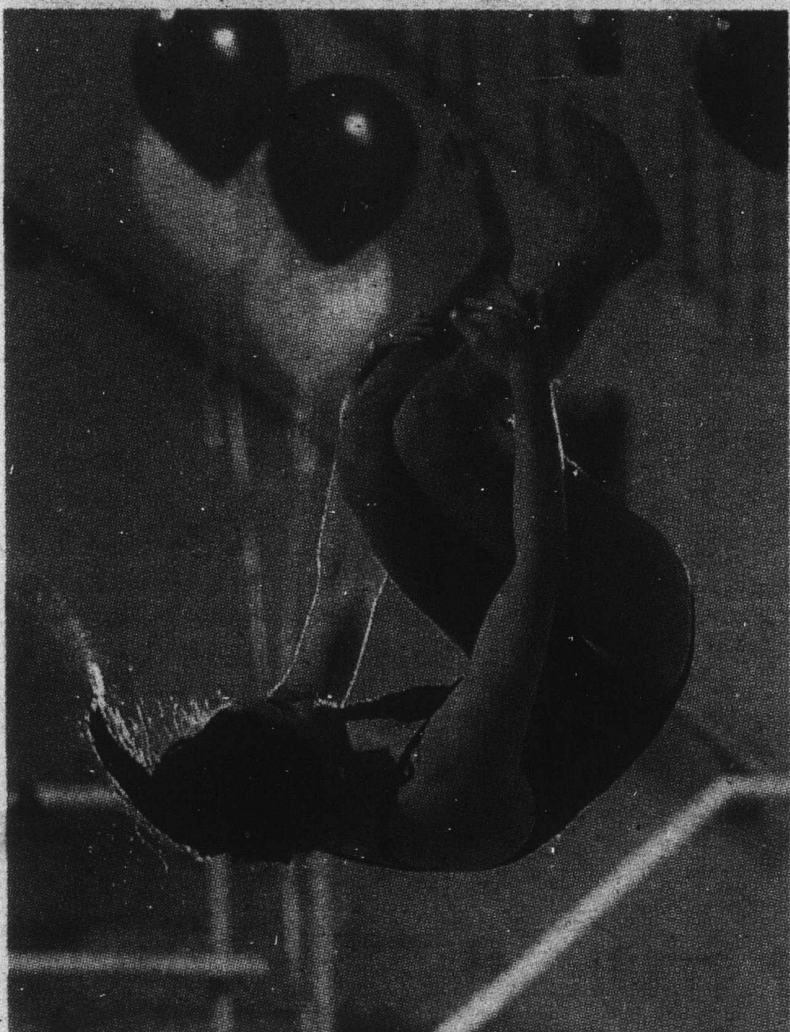
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NORTH QUINCY'S Tommy Zhang (left) finished first in the 100-yard butterfly just seventh tenths of a second ahead of Quincy's Thomas Tran (right). Both swimmers have qualified for the Massachusetts State Championships. Zhang also held off Tran in the 100 yard breaststroke clocking a new school standard of 1:03.37 to Tran's 1:03.60, a new Quincy school record as well.



QUINCY CAPTAIN Bailee Carey won the diving competition at the intra-city swimming and diving meet Jan. 7 at the Lincoln Hancock School Pool. This was the fourth time Carey has finished first this season.



NORTH QUINCY'S Grace Anderson swims towards a first-place finish in the 200 individual medley.

Draw In Intra-City Swim Showdown

By **BILL GRIFFIN**

Stephanie MacFarland wore a red T-shirt with a message written across the back. The message captured well the sense of good feeling from the swimming and diving meet between Quincy and North Quincy.

The message read simply: One city. Two schools. One goal.

It was a landmark meet for the swimming program in the city. It was the first time in 19 years that the boys' teams from the two schools had competed

against each other in a swim meet. Previously, the boys swam on a co-op team. The girls' teams have had separate squads for each school and have competed in dual meets against each other for the past three years.

"It's a great day for

swimming in the city. To have enough swimmers for separate boys and girls teams at each school shows how far swimming has progressed. To have the meet in an atmosphere like this is great," said North coach

Cont'd On Page 18

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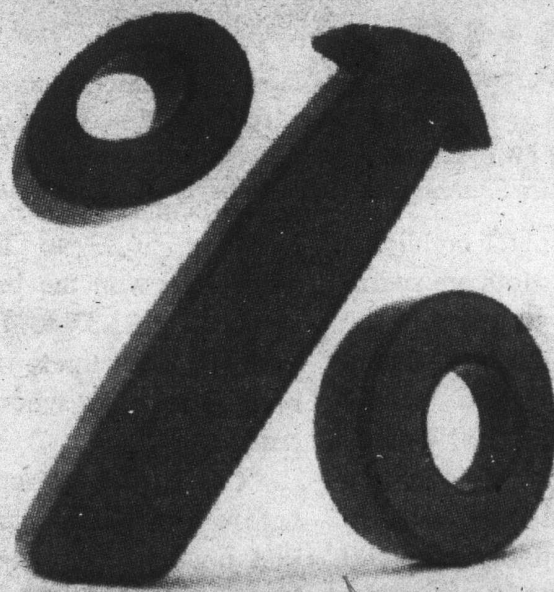


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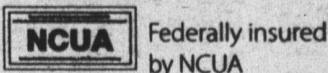


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Draw In North Quincy, Quincy Swim Showdown

Cont'd From Page 17

Bob McGillicuddy who has devoted seven years to building the swimming program in the city.

Quincy won the girls meet, 79-76. North won the boys meet, 68-61 at the Lincoln-Hancock School pool last week.

The bleachers were packed. Scores of alumni from the swim program returned from college to watch the meet. The crowd was wonderful. It was wild and loud and chaotic when North's Tommy Zhang and Quincy's Thomas Tran staged stirring duels in the 100 breast-stroke and the 100 butterfly which were each decided by a fraction of an instant. It was quiet in almost hushed respect when Quincy's brilliant diver Bailee Carey stepped to the platform to perform her routine.

"It's the best of both worlds. There is a sense of everybody being on one team, but it lets the kids have pride in their own school at the same time. It gives friends from each school a chance to see each other do well. It was a great day," said Quincy coach Marissa Forrester.

Every rivalry meet, match or game in the city is a battle between friends. It is most true for the swimmers. They are friends. They have been swimmers together since middle school. But there is more. They practice together. Every day. In the same pool. The friendships grow stronger. They push each other to improve. They support each other. Swimmers from Quincy want swimmers from North to be better. Swimmers from North want swimmers from Quincy to be better. It's a good thing.

When they meet in competition, there is a strange, wonderful, almost surreal feeling.

"It's almost weird," said Quincy's senior captain Olivia Baldino. "We practice together, we encourage each other, we all have close friends from each school. It's a strange feeling to be on separate sides for one day. But in the end, I think of us as one team from two schools."

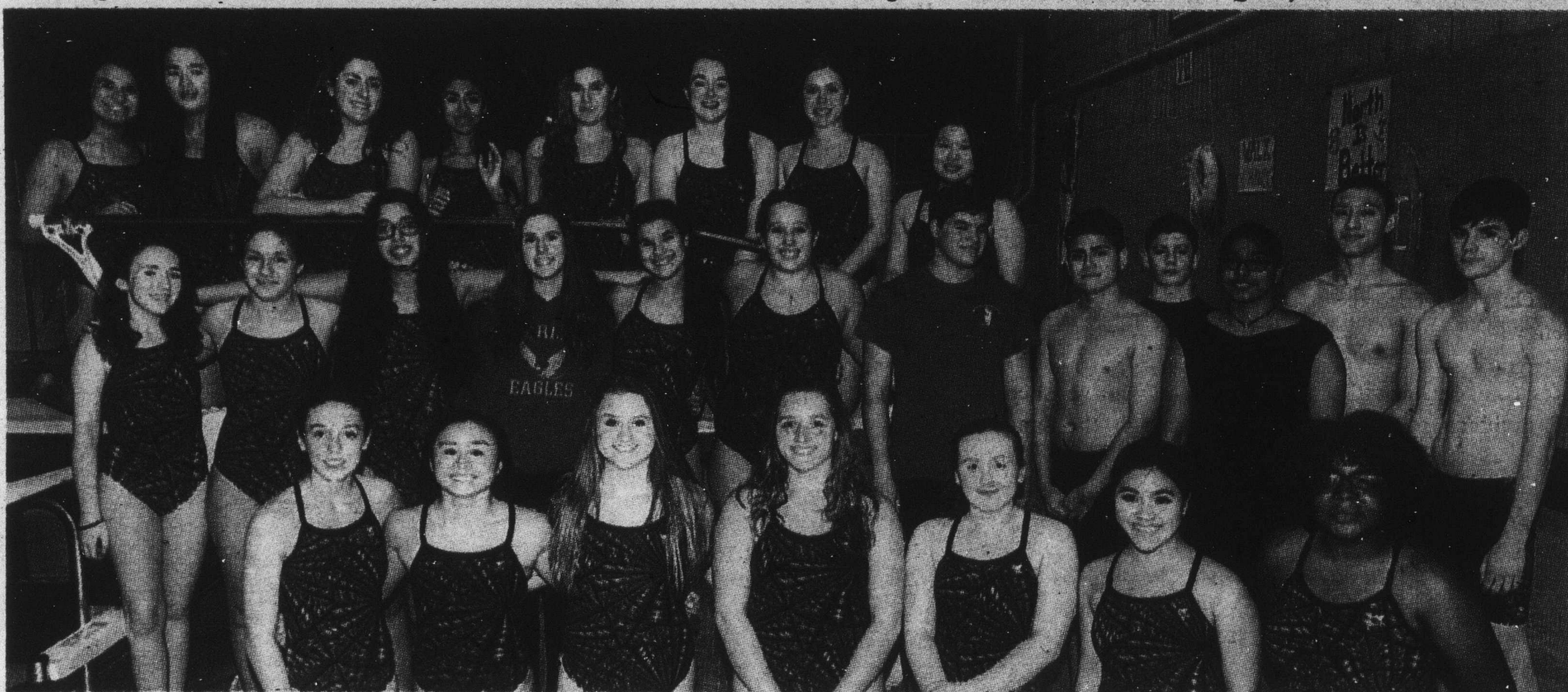
"When you compete against a school like Pembroke or Scituate, there is pressure to do things just right so you have the best chance to win," said North Quincy captain Kara Carchedi who is also a crackerjack soccer player. "This meet has different feeling. We cheer for each other, we're supportive, we are positive about everything. The atmosphere is more relaxed. I love it."

The duels between Zhang



NORTH QUINCY HIGH SCHOOL swim and diving team. Bottom row left to right: Fiona Xu, Juliana Chieng, Danielle O'Driscoll, Jenny Tran, Ivy Tang, Tina Vo and Bonnie Tu. On the block: Stephanie Melnick and Anastasia Zygouras. Middle row left to right: Quan Ho, Tommy Zhang, Alexander Bui, David Wong, Adam Tlacolal, Hou Man Wong, Aymen Sadaka, Daniel Wong and Kenny Ng. Top row from left to right - Kara Carchedi, Gabby Doody, Grace Anderson, Helen Chen, Stephanie MacFarland, Brenna Kirby, Rebecca Thorne, Ina Hoti and Tamara Liang.

Quincy Sun Photos/Robert Bosworth



QUINCY HIGH SCHOOL swim and dive team. Bottom row from left: Hannah Ford, Captain Bailee Carey, Emilia Kapacia, Kayla Ahrens, Catherine Hall, Tina Vo and Jola Laguda. Middle row (from left) Emma Peterson, Emily Manson, Izadora Lenna, Eni Daci, Yasmina Zaharian, Madison Syman, Guilherme Eller, Antonio Vega, Kevin Warner, Kumudini Devalla, Matthew Pham and Nikollas Natsios. Top row (from left) Kat Casey, Tammy Ma, Captain Olivia Baldino, Vanessa DeMore, Grace Scuzzarella, Clare Doherty, Haley DiCristofaro and Julie Hong.

and Tran were the highlights of the meet. Both are swimmers who will swim in the state championships. Zhang owns the North school record in the 100 breast-stroke. He has qualified for sectionals and states in the 100 butterfly and 100 breast-stroke. Tran owns the Quincy record in the 100 breast-stroke. He has qualified for state and sectionals in both events. Their tales are identical.

They matched up in two terrific races which had the crowd in the bleachers standing and roaring, and their teammates crowding the finish line shouting and shaking fists in encouragement. In each race, they were never separated by more than a hand. In each race, they made 50-yard turn turn dead, solid even. In each race Zhang won by the length of a finger. In each race, they turned to each other as soon as it was over, grinned widely, and shook hands in friendship.

Zhang won the 100 but-

terfly in 56.93 to Tran's 57.63. He won the breast-stroke in 1:03.37 to Tran's 1:03.60. Both times in the breast-stroke set school records.

"Coach told me the day before the race in practice that I would swim against him," said Zhang. "I didn't sleep all night thinking about it. It was all I thought about in school. I kept looking and the clock and thinking: The race is almost here. We swim against each other in practice. It's always this close. Tomorrow, he'll probably beat me. What did I think of while I was in the pool? Go faster."

"We've competed against each other since freshman year. It's always like this. It always comes down to a fraction of a second," said Tran. "I like the nervousness, the anxiety of a close race. You hear the crowd, and you almost get a rush while you're swimming. Every time I glanced over, he was right there. It made me swim better."

Carey, who medaled last year as a sophomore with a seventh in sectionals and eighth in the states, won her fourth diving competition of the season. As she prepared to dive, the pool grew quiet. Phones were raised as cameras to record her effort. Her teammates, from both schools, know and appreciate how good she is. They seem to sense that were watching something special. Her best effort and scores came on her inward, one-and-a-half.

"I've been working on my twistings going into the water, and I thought I did them pretty well today," she said. "So far my season has been pretty good. My goal this year is to be in the top four in states. Hopefully, I'm making progress towards that goal."

Freshman Adam Tlacolal took the 200 IM and the 100 backstroke along with swimming on two winning relay teams for the North boys. Freshman Kenny Ng was a double winner in the

50 and 100 freestyle. Ng also swam on two winning relay teams.

Alex Bui, Hou Nan Wong, Aymen Sadaka, and Ng took the 200 freestyle relay. Tlacolal, Wong, Zhang and Bui won the 200 medley relay. Sadaka, Tlacolal, Ng, and Zhang won the 400 freestyle for North.

Freshman Guilherme Eller won the 500 freestyle and took second in the 200 IM for Quincy. Freshman Kevin Warner won the 200 freestyle and grabbed second in the 50 freestyle.

"I was proud of Guilherme. It was the first time he has ever swam the 500 and he took first. He has a lot of talent, and he's been willing to swim in whatever event we've asked him to swim," said Forrester.

Grace Scuzzarella (100 backstroke), Emilia Kapacia (100 freestyle), and Julie Hong (500 freestyle) earned first places for the Quincy girls team.

Teams of Madison Syman, Kayla Ahrens, Clare

Doherty, Tammy Ma, Kat Casey, Izadora Lenna, Carey, and Scuzzarella took first and third in the 200 IM relay. Carey, Ma, Casey and Kapacia won the 200 freestyle relay.

For the North girls, Grace Anderson won the 200 IM and teamed with Danielle O'Driscoll for a 1-2 finish on the 100 butterfly. Anastasia Zygouras and Rebecca Thorne finished 2-3 in the 100 backstroke. Anderson, O'Driscoll, Brenna Kirby and Juliana Chieng won the 400 freestyle.

Beyond the winners, there were two stories to tell of the senior captains. For Quincy's Baldino, there was the joy of being a teammate. For North's Carchedi, there was the satisfaction of not only finishing the most grueling 500 free, but finishing in style to grab second in 8:33.02.

"I came from a private school of maybe 90 kids to Quincy High. Suddenly, I was in a class of 300," said

Cont'd On Page 20

Talented Senior Captains Lead Quincy High Wrestling

The 2015-16 Quincy High School wrestling season has had its share of change but one thing has remained a constant.

The Presidents have been led by a very talented group of senior captains. Peter Orseno at 120 lbs., Tariq Simmons at 126 lbs. and Kreshnik Mullahi at 138 lbs. provide returning Coach Lou Venturelli and his staff with plenty of punch at the start of the line-up.

The problem for the Presidents has been both the inexperience for the remainder of the line-up and several holes at the upper weights. That combination has left the team with a 5-9 start to the regular season but hope for a future built on the 20 freshman and sophomores who make-up the roster.

In its most recent action last Saturday, Quincy split in its home tri-match losing to Walpole 54-20 and defeating Taunton 48-36. Going 2-0 for the day included Quincy's three senior captains Orseno, Simmons and Mullahi. Also winning both his matches was Heavyweight Freshman Pat Nazzaro, who has been a pleasant surprise for the Presidents.

Quincy opened the season with a quad match at Lincoln-Sudbury and impressed everyone with a 57-18 drubbing of Brookline, but was quickly brought back to earth with defeats to Mansfield, Pentucket and host Lincoln-Sudbury. Quincy then faced a powerful Silver Lake squad and were no match for the well-balanced Patriot League opponents who won 55-9. Quincy built its confidence back at the Sandwich Tournament finishing third as a team highlighted by the championships won by Orseno, Simmons and Mullahi at 120, Simmons at 126, Mullahi at 138 and Nazzaro at heavyweight. Also earning medals at the 8-team tournament were sophomore Kenny Dong (2nd at 126), sophomore Alan Van Gorder (3rd at 132), sophomore Ryan Warner (3rd at 145), and sophomore Peter Le (3rd at 182).

"This was a nice tournament for team confidence," said head coach Lou Venturelli. "We only finished one point out of second place and we had some nice efforts by the underclassmen who hadn't experienced a whole lot of success in the past."

That confidence carried over into a quad just before Christmas with Quincy defeating Carver-Wareham (24-18) and Dighton-Rehoboth (39-36) before bowing to a powerful Plymouth South squad.

The Dighton-Rehoboth win was keyed by the efforts of freshman Yusuf Masood's comeback 12-10 overtime win and a huge pin recorded by freshman Zac Carson at 195.

As is tradition, Quincy then entered the Marshfield Holiday tournament which brought over 30 schools for the two-day event. It was Senior Tri-Captain Tariq Simmons who wrestled his way through the brackets as a #6 seed and found himself in the finals after four impressive wins. His upset bid fell just short as he was denied the title by the #1 seeded wrestler from New Bedford.

"I feel Tariq put his name in the conversation for post-season tournaments with his great showing at Marshfield," said Venturelli.

The New Year brought a 1-2 record at a quad meet



QUINCY HIGH SCHOOL wrestling team: Front row from left: Kenny Dong, Tim Dao, Robert Buttomer, James Robinson, Karina Livingstone, Zack Warner and Ryan Warner. Second row: Yusuf Masood, Mario Ragusa, Peter Le, Jack Cook, Jake Walsh, John Kelly and Emma Nguyen. Third row: Richie Rose, Andrew Nickerson, Zac Carson, Alan Van Gorder, Pat Nazzaro and Ryan Malloy. Top row: Coach Arrrendondo, (C) Kreshnik Mullahi, (C) Peter Orseno, (C) Tariq Simmons, Coach Venturelli.

at Hanover, with Quincy's only win coming against Josiah Quincy by a score of 36-33. This was followed by a loss in Quincy's first home match against Hingham, another powerhouse in the Patriot League.

Senior Tri-Captain Peter Orseno sports an undefeated record at 13-0. Simmons has only the Marshfield final loss at his weight class and Mullahi has an impressive 13-2 mark.

Freshman Karina Livingstone has held down the 106 lb. weight class at the varsity level. Sophomore Robert Buttomer has had key victories at 113 lbs. and Sophomores John Kelly, Davi Soares and Jake Walsh have all seen Varsity action. Additional members of the team include Senior Richie

Rose, Junior Tim Dao, Sophomores Ryan Malloy, Andrew Nickerson, Emma Nguyen, Yaser Alsaab,

James Robinson and Zack Walsh and Freshman Jack Cook and Joe Desmond. Venturelli credits his Assis-

tant Camillo Arrrendondo for his able help with working with a team with such varied experience in the sport.



QUINCY SENIOR CAPTAINS (from left) Kreshnik Mullahi, Peter Orseno, Tariq Simmons are leaders of the Presidents' wrestling team this season. Quincy Sun Photos/Robert Bosworth

Encouraging Signs For North Quincy Wrestling Team

By BILL GRIFFIN

The early signs for North Quincy's wrestling program have been encouraging.

The numbers, a turnout of 24 wrestlers, are good. There is talent and aggressiveness in the underclassmen, and there has been excellent senior leadership from senior captains Mac Deegan and Derek Huynh.

The Red Raiders have competed in four tournaments and three dual matches. They fell to Hanover and Cohasset, but scored an impressive win over Middleboro last week.

"Overall, it's been good so far this season," said coach Mark Nutley. "We wrestled a good match against Cohasset, and I was very pleased with our effort against Middleboro. We have a lot of young talent out for the team. They'll get

better and grow into good wrestlers as they gain varsity experience."

Deegan and Huynh are the leaders. Deegan won eight of his first ten matches and scored an impressive pin in the Middleboro match. Huynh has been a standout in the heavyweight division.

"Mac is an excellent, experienced wrestler. His opponent in the Middleboro match is a very good wrestler, and Mac had a great pin against him," said Nutley. "Derek has such a low center of gravity that he's almost impossible to move. He's quick, strong, and he knows how to play good defense in a match."

Freshman Ben Nutting showed well in early matches at the 113-pound division. Junior Brendan Ganno and freshman Brendan Palmarin

are at 126 pounds while two-year starter Dimitri Legaspi and freshman Nick Halak are wrestling in the 132-pound class.

Junyang Chen and Jonah Trujillo have also shown promise for the Red Raiders.

"Ben had a pin in his first match, but he hurt his shoulder recently. He has great desire, and he's strong," said Nutley. "Ganno has worked and improved his technique. Legaspi has just come back from an injury, and we're looking for big things from him."

Freshman Dimitri Dimitriou and sophomore Brian Jackson wrestle at 138 pounds. Veteran junior Tom Koch is at 145. Sophomore Alex Pham has impressed at 152 pounds. Joe Merri-gan backs up Deegan at 160 pounds.

"Dimitri has wrestled in Greece," said Nutley. "He returned for the Middleboro match and, with no practice, pinned his opponent. Tom Koch is injured right now, but he's a quick, athletic wrestler. Pham only had one practice before the Middleboro match. He dominated the first three minutes before losing, 5-4. He's going to be a good wrestler."

Freshman Nelson Wal-injom has shown strength and promise at 170 pounds. Luca Smith and Kevin Finn also wrestle at 170. Sophomore Kevin Ganno has already posted three varsity wins in the young season at 182 pounds. Sophomore Jeff Sullivan also wrestles in this weight class.

Senior Jack Ryder has been excellent at 195 pounds. North doesn't currently have a wrestler at 220

pounds, but John Griffin is a possibility to compete in this class as the season progresses.

"Wal-injom is one of the strongest wrestlers on the team," said Nutley. "He's long and lanky. He's 6'1" now, and I think he'll be 6'5" before he's finished. He's working on his balance. Smith and Finn are first-year wrestlers who really battle in practice."

"Ganno is very aggressive and will only get better with experience. Ryder has been phenomenal. He's big and strong. He should do big things before the season is over. John Griffin might be the strongest kid

in school. He's working on losing weight, so he can wrestle at 220."

It's no surprise that the roster is loaded with football players. Nutley is also the football coach. He enjoys watching their progress in their winter sports which will only make them stronger and better football players.

"When I think of the progress we've made from December 1 to this point, I'm very happy," said Nutley. "If we keep improving on that same pace for the rest of the season, we'll be a good wrestling team."

North will wrestle at Norwell Saturday at 8 a.m.

Aidan Flaherty On JMU Dean's List

Aidan Michael Henry Flattery of Quincy has been named to the dean's list at James Madison University

for the fall semester.

Flattery is scheduled to graduate this year and is majoring in finance.

NQ Boys Hoop Notch 1st Win

By BILL GRIFFIN

The first win is always the sweetest

Senior point guard Dhaaky Drake played a terrific all-around game with 18 points, six assists and six rebounds, and Aidan Golden drained a pair of clutch jumpers in overtime to lead North Quincy to its first win of the season, 60-53 overtime decision over Middleboro in a Patriot League Fisher Division game at the North Quincy gym Friday night.

"The kids played well. They did a good job of taking control of the game in the overtime. It was a well-deserved win," said coach Kevin Barrett.

The cornerstone to the victory was the defense, which is something North has played well all season.

"Holding a team to 53 points in an overtime game is playing good defense," said Barrett. "Over the course of the season, our defense has been steady. Our offense has come in spurts, but the defense has been consistent."

Golden supplied the necessary offense in the OT by hitting a three-point jumper and a shot from along the baseline. This gave the Red Raiders the lead, and they protected it with their defense and clutch foul shooting.

Senior forward Will Or-

tiz was 4-4 from the line in the overtime.

"Aidan hit a pair of big baskets and, when they started chasing us, we made our free throws," said Barrett.

Ortiz finished with 15 points and 10 rebounds. Golden had 16 points.

Middleboro grabbed an early 15-8 lead after the first period. North clamped on the defense and Drake fired up the offense to lead the Red Raiders to a three-point advantage at halftime. The game stayed close until Golden and Ortiz took over in overtime.

One area of improvement was the rebounding. It is something the Red Raiders have worked to improve, and it showed in the win against the Sachems.

"We cleaned it up a little. It's still a work in progress, but it was better against Middleboro," said Barrett.

Despite its slow start, North has played hard in every game and worked hard in every practice. This makes the win just a bit sweeter.

"It's one of the hardest working groups I've had from one-through-13 on the roster," said Barrett. "The quality of the work in practice is excellent. They're a great group of kids to be around."

North (1-6) hosts Pembroke Friday at 7 p.m.

Handsom-Fields On All State Team

USA Today has named Quincy senior Jahvae Handsom-Fields to its second team USA Today All Massachusetts squad as a defensive back.

Handsom-Fields was a two-way standout for the Presidents for three years.

He broke the all-time rushing record for the Thanksgiving Day against North Quincy by gaining 296 yards. He also scored four touchdowns in the game. He rushed for over 3,000 yards in his career at Quincy High.

Draw In Intra-City Swim Showdown

Cont'd From Page 18

Baldino "I didn't know anybody. I came out for swimming my junior year and everyone on the two teams became my friend. Everyone is always positive and encouraging. My one regret is I didn't come out as a freshman. I want to improve so much that I'm working in training with an Army Ranger."

"I started with the 50 free in high school. That's a long way from the 500. The 500 was always a goal for me. For me, it's exciting just to finish," smiled Carchedi.

For McGillcuddy, it was a milestone day which offered testimony to a job well done.

"When I started seven years ago, we had 20 swimmers combined from both schools. Today we had 60 swimmers," he said. "We have swim programs at all five middle schools. We have a partnership with the YMCA to send swim instructors into the elemen-



NORTH QUINCY Captain Stephanie MacFarland competes in the 100 yard free style.

Quincy Sun Photo/Robert Bosworth

tary schools. Swimming in Quincy is going to keep growing and growing."

NQ Hockey Improves To 5-4-0

By TOM JOYCE

Short in numbers this season, the North Quincy Red Raiders boys' hockey team is not short on talent.

The Red Raiders do not have a junior varsity team or even a freshman team. The 22 players on their varsity roster are it - they comprise the Red Raiders' entire hockey program.

Just 22 players with nothing below them presents a serious issue for the team - on the depth chart. But even with those low numbers, they have more contributors than most Division 2 teams.

The Red Raiders use four lines of forwards and six defensemen. In addition, they have an extra forward who subs in on those four lines on a regular basis.

"Numbers wise, we're perfect for a varsity team," Red Raiders head coach Matt Gibbons said. "It's just there's nothing else. We were a little sick last week, but we got through that. We're not deep. But at least we have enough for a solid varsity team."

Last Saturday, the Red Raiders beat a highly ag-

gressive Plymouth North Eagles team, 3-1. With the league win, they improved to 5-4-0 (3-2-0 Patriot League) on the season, garnering another two points in the standings.

Matt McDonald, Hunter Phillips and Kevin Mock scored North Quincy's goals. Mock had the assists on the other goals and his goal was unassisted. Goalie Kevin Doherty made 14 saves in the win.

Since the Eagles were aggressive, laying down big and at times, illegal hits, the Red Raiders found themselves on power plays often. Instead of engaging with their foes, they capitalized on the opportunities.

With the power play in mind, the Red Raiders recently switched senior captain Timmy Glynn, who had been a varsity forward and contributor for the previous three seasons, to defense. So far, Coach Gibbons has been pleased with the results.

"He's making a big difference," Gibbons said of Glynn. "He's a skill guy. He can skate well, he handles the puck well and we're not

getting into too many jams on our own end.

"It's been a fun kind of change to see. We didn't know how long it would last. But we're going to keep going with it."

Glynn went from being a top line forward to joining fellow senior captain Matt McDonald on the top line defense.

In addition to his top defensemen, Gibbons added that senior captain Kevin Mock as well as juniors Hunter Phillips and Austin Lee have been key as forwards. He added that senior Corey Hernandez has been playing well while freshmen AJ Currie and Kieran O'Driscoll have impressed him so much that they are seeing regular shifts now.

It appeared as though O'Driscoll scored against Plymouth North on a slapshot from the blue line. But it bounced out of the net and was not called a goal.

Senior Kevin Doherty has been key in net for the Red Raiders.

"Everyone has a role on this team," Gibbons said. "There's a few guys who aren't on a shift, but they're a big help in practice and can come off the bench for us. Everyone is contributing."

For Gibbons, the end goal this year is the same as it is any year.

"We want to make it back to the tournament," he said. "We were at four in a row before last year. Not making it last year was extremely disappointing. Our goal is to get 20 points in the standings and so far, we have ten at about the halfway point of the season. If we can get into the tournament, we'll be tough to get out."

Last year, the Red Raiders would have needed to win their final two games to make the tournament. But they narrowly missed the cut.

10 On Xaverian Honor Roll

Ten students from Quincy have been named to the first term honor roll at Xaverian Brothers High School in Westwood.

Kevin Chau, grade 9, son of Mr. Hong Chau and Mrs. Dung Vu, second honors.

Ryan Fleming, grade 10, son of Mr. and Mrs. Edward Fleming, second honors.

Michael Fonte, grade 8, son of Mr. and Mrs. William M. Fonte, first honors.

Peter Gagne, grade 11, son of Mr. and Mrs. Paul F. Gagne, second honor.

Jared Grier, grade 11, son of Mr. and Mrs. Derek Grier,

second honors. Andrew Mariano, grade 11, son of Mr. and Mrs. Andrew Mariano, second honors.

John Mariano, grade 9, son of Mr. and Mrs. Andrew Mariano, second honors.

William O'Brien, grade 12, son of Col. and Mrs. William O'Brien.

Ronan O'Farrell, grade 11, son of Mr. Desmond O'Farrell and Ms. Ciara Batt O'Farrell, second honors.

Fiachra O'Farrell, grade 8, son of Mr. Desmond O'Farrell and Ms. Ciara Batt O'Farrell, first honors.

Thomas Tran Breaks Two Quincy Swim Records

On Thursday, Jan. 7 in the Quincy vs. North Quincy swim meet, Quincy Junior Captain Thomas Tran swam the 100 yard butterfly in 57.63 seconds. This exciting finish broke a record that stood for almost 40 years.

The record was previously held by Jim LaHive from 1977. LaHive currently still holds four other

records on the Quincy High record board. The records stand from 1976 and 77 in the 200 yard freestyle, 200 individual medley, 100 yard freestyle, and 500 freestyle.

Tran later swam the 100 yard breaststroke in 1:03.60 breaking a record he set last season. In one swim meet Tran broke two records.



VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor

IS IT WORTH A SHOT?

Some back-pain sufferers have a great deal of confidence in a steroid injection's ability to relieve their discomfort. After all, corticosteroids, which mimic the effects of hormones that the body produces naturally in the adrenal glands, have a proven ability to suppress inflammation. For this reason, lower back pain associated with herniated discs and (sometimes) spinal stenosis is often medically treated with epidural steroid injections. However, these injections may not be as effective as perceived. After reviewing 38 published studies, researchers found no reason to prescribe steroid injections for the treatment of these conditions, because their effects were relatively small

and short-lived. Chiropractic treatment, on the other hand, gets to the root of the problem, providing long-term pain relief.

If you suffer from back pain, you're certainly not alone. Let us at **FAMILY PRACTICE OF CHIROPRACTIC** help you perform your personal best. Give us a call at 617.472.4220 to schedule an appointment. We have the experience and expertise to give you the care you need. Let us make a difference for your good health and comfort right now and in the future. We're located at 112 McGrath Hwy., Quincy.

P.S. Injected corticosteroids can cause side effects near the site of the injection, including shrinking of soft tissue and loss of color in the skin.

www.freedmanchiro.com

City Loses C-Mart Decision; 'Lacked Rational Factual Basis'

By SCOTT JACKSON

The owner of the C-Mart chain of supermarkets will be allowed to open a new store at the former Boston Gear Works site on Hayward Street after a Land Court judge ruled the City Council's denial of a special permit for the project in 2013 "lacked a rational fac-

tual basis."

In a 45-page decision dated Jan. 7, Justice Keith C. Long vacated and reversed the council's rejection of the special permit for the project. The application will be remanded back to the council, but only so the body can consider "reason-

able mitigation conditions" for the project that Long would have the ability to review.

The council in May 2013 voted 5-3 to reject Miao Kun "Michael" Fang's plan to convert the former Boston Gear Work's building into a 25,000-square-foot

supermarket targeted to the neighborhood's Asian American residents. The council had previously rejected C-Mart's proposal in May 2009 in a 7-1 vote, which was appealed and remanded back to the council.

In his Jan. 7 decision, Long said the council ig-

nored his remand order, which instructed councillors to weigh the traffic impact of the proposed grocery store against by-right uses allowed on site.

"Any use of the C-Mart property will cause traffic, and the project is no different," Long wrote. "C-Mart

showed that the traffic impact of its proposed supermarket will be minimal and, with the mitigation it offered, less than the impact of the other [by-right] uses that the zoning ordinance deem suitable and appropriate. The council thus based its decision on the improper standard."

Quincy Elks, Recreation Dept. Host Free Throw Contest

The Quincy Lodge of Elks 943 and the Quincy Recreation Department recently held the City of Quincy Championship of the Elks National Hoop Shoot free throw shooting contest at the Atlantic Middle School.

The winners, Ella Roche, Sean Conroy, Adriana Moosick, Kyle Deboer, Stephanie Huang, and Harris Altaf will now be eligible to advance and represent Quincy at the District level competition to be held later this month in Marshfield. This year's champions are highlighted by Adrianna Moosick, who is a returning district and state champion from 2014-2015.

The Elks National Hoop Shoot is a contest for youth ages 8 to 13. The program is free to all participants and has over a million youngsters compete nationwide each year. In Quincy, the event starts with a preliminary round in local neighborhood recreation programs under the supervision of the recreation department. The neighborhood winners then

advance to the city championship. The District championships advance through to state and regional contests that result in the National Finals held April 14-17 in Chicago, IL. At all levels of the event, contestants shoot 25 shots for score. Age categories for boys and girls are 8/9, 10/11, and 12/13.

Second place winners at the City Championship were Leah Liberman, Kevin Ryan, Emilia Henry, Aoibhe Gormley, Thomas Roche, and Jerald Mortel. The third place finishers were Nicole Accera, Maggie Lynch, Jack Nelson, Brendan Glynn, and Joseph McNeil.

Gym championship trophies and medals were awarded to Cady Kelly, Maura Hays, Ciara Golden, Victoria Berry, Mollie Nelson, Shaelyn Clark, Lovina Ugwa, Makayla Batson, Alex Wu, Parker Mullen, Joel Alcantara, Nikko Mortel, Billy Macdonald, Elise Roche, Kylie Accera, Alyssa Ryan, and Lily Scola.

Mr. Ed Miller, the former

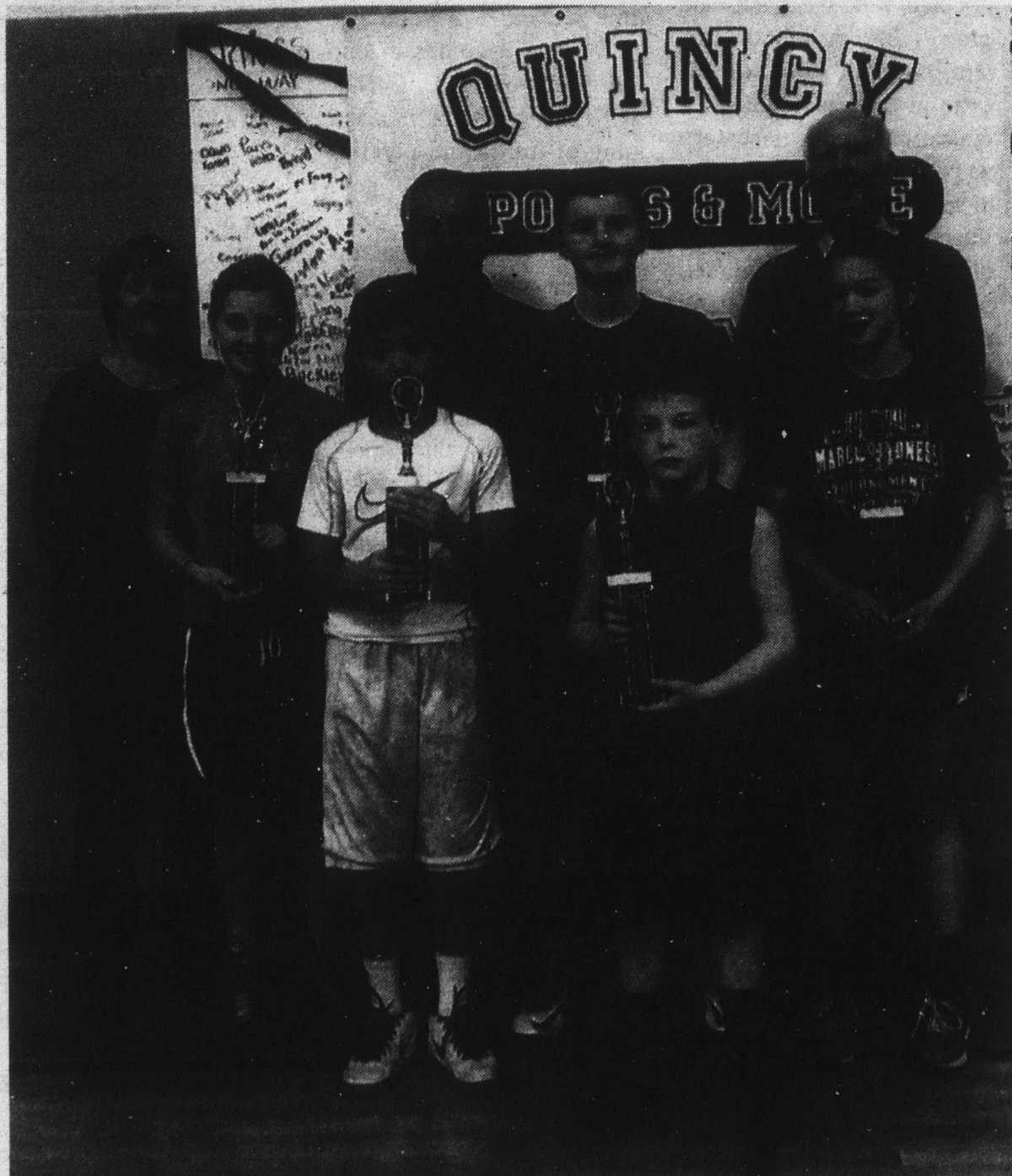
Director of Athletics for the City of Quincy, is the Quincy Lodge Hoop Shoot Director. He presented trophies along with Maureen Mesheau, the Exalted Ruler of the Quincy Elks 943, to all participants involved in the city final.

At the trophy presentation, Director of Recreation, Barry Welch, thanked exalted ruler Maureen Mesheau and the members of the Quincy Elks for their continued generosity. "The members of the Quincy lodge have supported this event for more than thirty years; this program provides our youth an opportunity to compete, connect, and succeed through hard work and demonstrate great sportsmanship. The generosity of the Elks has enriched each child in the program." Welch also commended the members of the recreation staff who officiated at the local gym level and the City Championship event for their competence and enthusiasm while encouraging the youth to have fun at each level of the program.

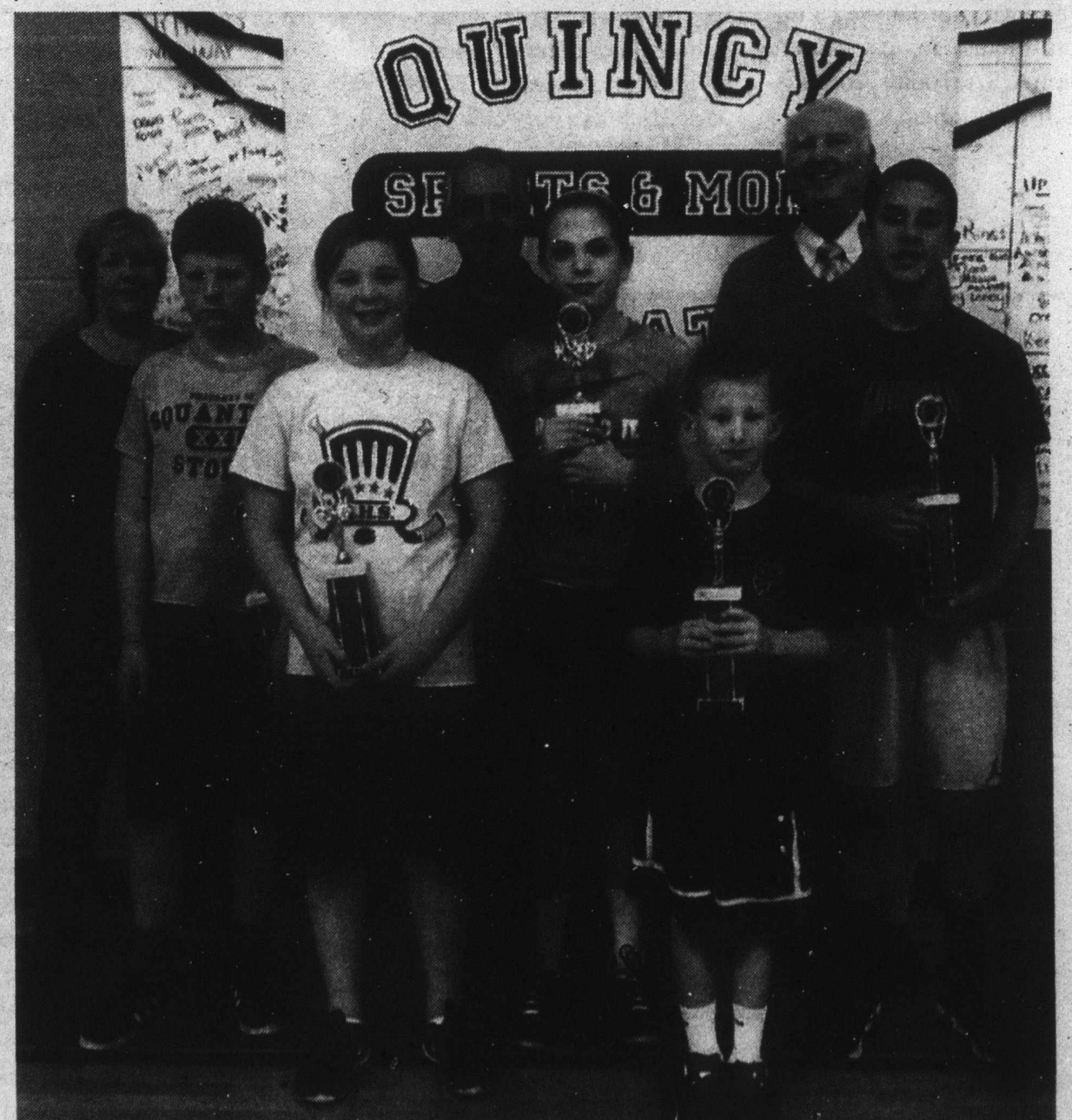


ELKS FREE THROW CONTEST CITY CHAMPIONS—First Place Winners. Back row from left to right: Maureen Mesheau, Exalted Ruler; Ed Miller, Quincy Lodge of Elks Chairman; and, Barry Welch, Director of Recreation. Front row from left to right: Stephanie Huang, Adrianna Moosick, Ella Roche, Harris Altaf, Sean Conroy, and Kyle Deboer.

Photos/Courtesy of Quincy Recreation Department



SECOND PLACE WINNERS of the Quincy Recreation Department Elks Free Throw Contest. Back row from left to right: Maureen Mesheau, Exalted Ruler; Ed Miller, Quincy Lodge of Elks Hoop Chairman; and, Barry Welch, Director of Recreation. Front row from left to right: Aoibhe Gormley, Jerald Mortel, Thomas Roche, Kevin Ryan, and Emilia Henry.



QUINCY RECREATION DEPARTMENT Elks Free Throw Contest-Third Place Winners. Back row from left to right: Maureen Mesheau, Exalted Ruler; Ed Miller, Quincy Lodge of Elks Hoop Chairman; and, Barry Welch, Director of Recreation. Front row from left to right: Brendan Glynn, Maggie Lynch, Nicole Accera, Joseph McNeil, and Jack Nelson.

Text Of Mayor Thomas Koch 5th Inaugural Address

Monday, Jan. 4, 2016 - The Great Hall, James R. McIntyre Government Center

The following is the text of Mayor Thomas Koch's Inaugural Address delivered Monday, Jan. 4 in The Great Hall, James R. McIntyre Government Center.

Mr. Koch was sworn in to a fifth term and the first four-year mayoral term in Quincy history.

Mr. Clerk, Reverend Clergy, Senator Markey, Congressman Lynch, Congressman Delahunt, Justice Coven, Senator Keenan and members of our state delegation, Sheriff Bellotti, District Attorney Morrissey, Register McDermott, and all of our county officials, former Mayors, members of the city council and school committee, citizens of Quincy, friends all.

Let me first express my gratitude to the years of public service to Councillor at Large Michael McFarland, Councillor at Large Doug Gutro, Ward 3 Councillor Kevin Coughlin, and school committee member David McCarthy. Our City is a far better place because of your decades of work - work that you performed over countless hours for no other reason than you cared about our community and its future. Thank you.

Today also marks the final Inaugural Ceremony lead by our esteemed City Clerk, Joe Shea - we thank you for your years of dedicated service to the City we love.

I wish to welcome Ward 3 Councillor Ian Cain, Councillors at Large Noel DiBona and Nina Liang and School Committee member James DeAmicis. Your commitment, passion and energy for this City is an inspiration and gives me great faith in our future. I'm looking forward to working together with all of you.

And while we gather today to celebrate new beginnings, it is important for us to acknowledge two people who have us left us just in the last several days: Ward 6 City Councillor Brian McNamee and School Superintendent Eugene Creedon. Our City continues to send its sincerest condolences to the friends and family of both Councillor McNamee and Superintendent Creedon. They will be missed, but their legacy will live on.

Today I stand before you duly sworn as your Mayor - know of my deep gratitude for this tremendous honor and privilege. A gratitude made more significant because of where we meet today.

The place of this ceremony is truly special... hallowed ground if you will - made so by the men and

women who came before us and called this remarkable spot their home... Men and women laid to rest just outside this hall in the Hancock Cemetery, some more than a century before the Revolutionary War... Men and women who set the bar for values of hard work, perseverance, and commitment to one another... Hallowed by the first veterans listed on the bronze plaque at the entrance to that cemetery.

Hallowed by the Old Stone Temple across the street, the resting place of four of the greatest Americans. And by the men and women who served their people and their time in Quincy's history as civic and public servants and debated the issues of the day in this very room.

You see, the restoration of this granite edifice was not only a preservation project, but a visible commitment that celebrates our past and connects that past to the future.

The restoration of this building is truly symbolic of our commitment to the future.

Like the building we are in, the foundation and structure of this city were laid out long ago and today we have the opportunity to build upon the hard work and the hopes of those who came before us.

We are on the eve of our 400th anniversary as a Settlement, one which began in 1625 with Captain Wollaston landing at Merrymount to create a trading post.

A place where the Hutchinsons, Coddingtons, Houghs, Hancocks and Adams' called home. A place which would play a vital part in the creation of our great Republic.

When reflecting on our nearly four centuries of history and the giants who have come through this place, it would be easy to feel insignificant in the scheme of things. But ... in truth, we are making history... We, each of us, are important links in an historic chain.

Our hard work and our hopes are the links that connect our proud past with our future - the link between Captain Wollaston and the celebration of our 400th anniversary just a few short years away.

The strength of our community in 2025 will be determined by the decisions we make today.

Each generation has met the challenges of the day, and I truly believe we are meeting ours. But let's ask ourselves, "how can we make it better, how do we want to leave it to our children and grandchildren?"

Where do we want our City to be in 2025? How do we do our part to strengthen that chain between our past and the future?

Let's take this great opportunity, build upon what we've started together, and move Quincy toward 2025. And let's do it with the kind of shared vision, collaboration and hard work that would make all of those who came before us proud of what they created.

It is in that spirit that today we begin discussing a multi-year plan that will touch every possible aspect of civic life. In the coming months, we will be providing the framework for these efforts to the City Council, School Committee and the residents of our City. Some parts are already underway, some can happen in the very near term, and others will take time. Ideas will be shared and input sought.

This plan will only be made complete by the commitment made in sweat, talent and passion brought by all of us to the table. **And it will take all of us** - elected officials, business leaders, our nonprofits, community groups, and residents from every neighborhood.

In the end, if we are successful, we will capture this opportunity collectively and say emphatically: **"This is where we want Quincy to be in 2025."**

From education to transportation and infrastructure to public safety, natural and historic resources to arts, culture and the environment. This is our time. This is our city. This is our opportunity. And this is our responsibility!

Where do we want our education system to be in 2025?

In the late 1800s, our community's first School Superintendent, Francis W. Parker, developed what became known as the Quincy Method - revolutionizing the way children were taught.

Educational leaders from around the country came to Quincy to study these successful teaching strategies developed by Colonel Parker. Strategies that moved students away from rote memorization and instead into cultural activities and project-based learning. Each child's unique talents, abilities, and interests were nurtured.

Years later, in reflecting on his time in Quincy, Colonel Parker said, "If you ask me to name the best of all in results, I should say the more humane treatment of little folks. Each child has his own individuality, his stream of thought, his de-

sires, his hopes and fears, his grief and joy."

Today, our community's deep commitment to public education remains, with good class sizes, outstanding educators, and excellent academic programs. However, the mandates of the past two decades too often force school administrators and educators to constantly teach-to-the-test rather than working to inspire that love of learning at the heart of a good education.

Our school committee recently acknowledged the unintended consequences of these mandates by passing a resolution calling for a moratorium on high-stakes standardized tests. Too often, these requirements strain to fit every student in a same identical box, when we all know that every child is unique.

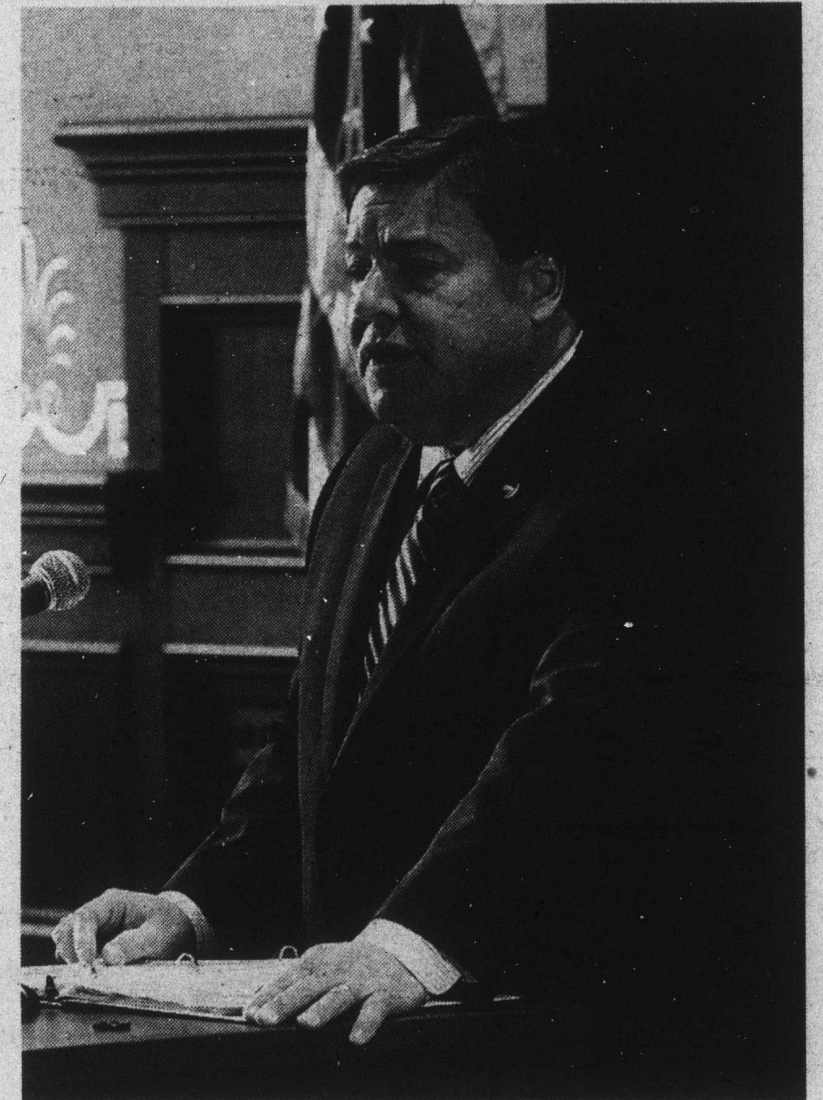
We know that what children need to succeed in school is a broad range of experiences, opportunities, and support; time spent exploring ideas, responding to our world through the arts, collaborating with peers, creating, building, writing, reading, finding success in school, all within a supportive environment of caring adults, appropriate facilities, and up-to-date materials and equipment. This is where our focus must be in the next decade.

Our continued growth as a community must be coupled with the continued growth of our school system, and we'll work together to provide the additional educational space necessary as part of our growth and to ensure that every child has the chance to succeed. This also means the continued progress on rebuilding and restoring our existing school buildings - the new Sterling Middle School on its way is just the next step in our progression.

Fewer things will define our future, and what we leave for our children and grandchildren, than the education we provide. Our community is counting on us, and our legacy demands it of us.

Where do we want our infrastructure to be in 2025?

John Quincy Adams was decades ahead of his time in the 19th century, rightfully identifying public improvements - roads, rails, bridges, utilities, as a great catalyst to our nation's potential as a true land of opportunity. No vision can be complete without a comprehensive action plan to address the long-term needs for roads, bridges sidewalks, underground utilities, flood-relief, and seawalls. This expanded



MAYOR THOMAS KOCH delivers his fifth inaugural address Jan. 4th in The Great Hall, James R. McIntyre Government Center. Quincy Sun Photo/Robert Bosworth

focus will include augmenting state financing for road reconstruction with additional local funding.

Where do we want our transportation system to be in 2025?

As we make this commitment to upgrading our infrastructure, we must be mindful that many of these same roads were laid out for 18th century travel - horses and cows more than cars and buses. We are a 21st century City, and it's time we move beyond the 18th when it comes to our transportation system. This will require a total reimagining of traffic and parking systems in dire need of new innovation and neighborhood collaboration; making travel easier and safer; and working with our state and federal partners to create a public transportation system that is functional, reliable and prepared for the growth our community anticipates in the coming years.

Where do we want our public buildings and public services to be in 2025?

This building, the H.H. Richardson-designed Thomas Crane Public Library, the Coddington Building and so many of our school buildings and fire houses come from a time of unprecedented investment in public buildings - and the services they provide. Working together, we've accomplished much over the last several years to live up to commitments of the past, but we must continue that progress when it comes to our public buildings, schools, and the enhancement of services our residents have come to count on and rightfully deserve.

Services like the Crane Library - where thousands of

people visit every year, and where even amid this technological revolution of the last decade - materials are being borrowed at record levels. It is time we look at the three neighborhood branches and make decisions about locations and upgrades.

Services like the Kennedy Center, which in just its first 5 years boasts more than 4,000 seniors enjoying its programs and facilities. It is time that we complete the plan for outdoor amenities at the Kennedy Center and move forward with a satellite senior center at the Fore River Club House in Quincy Point.

Services like the Department of Veterans Services. I mentioned the plaque at the Hancock Cemetery with the names of men who fought in the Revolutionary War. Every war and conflict this Nation has experienced has been supported by the men and women of Quincy who responded to the call. Yes, there are monuments and dedications throughout our City with the names of those brave men who gave the ultimate sacrifice. But our responsibility goes much further than that. We must continue to provide the services and programs - and improve upon them where possible - to today's returning veterans and their families. We owe them no less, and our plans must ensure we abide by this commitment.

Where do we want public safety to be in 2025?

I think we all would agree that our first responders, our police officers and fire fighters, are always there to protect us and serve us in our time of need with great

Cont'd On Page 23

Text Of Mayor Thomas Koch 5th Inaugural Address

Cont'd From Page 22

compassion. Historically, these departments have also always been on the forefront of innovation and strategies in dealing with the ever-changing world of emergency response. Now more than ever, we must be ready to address whatever public safety crisis emerges next – with the right training, the right technology, the right equipment and the right facilities. Our public safety buildings were quite literally built for horse and wagon – and this must change. We will move forward with plans for a new public safety headquarters and improvements to our fire houses as part of the capital portion of the plan.

Where do we want our natural and historic resources to be in 2025?

Our forefathers left us with a great gift – the kind of open spaces, parks and historic resources unmatched by any City of our size in the Commonwealth. The vision we build together will include continued protection and expansion of those resources, including providing the much-needed recreational space for dog

owners and their pets and an animal shelter facility that meets current standards and our future needs.

As part of our long-term plan, we propose the use of Community Preservation Funds to purchase two very significant parcels on Adams Street as open space to protect the Peace Field and Beale properties, both national treasures.

Our plans, with the consultation of the Adams family and the First Parish Church will include an upgrade to the entrance to the crypts of our Presidents and give them the dignity they deserve. This is a sacred shrine which will be made more welcoming by the Hancock/Adams Green which will honor our Founding Fathers and provide a beautiful park space for our residents and visitors to enjoy.

Where do we want our environment to be in 2025?

This collaborative vision for the next decade must take into serious consideration the environment we leave the next generation. Our efforts to reduce energy consumption with solar panels on our schools and

energy efficiencies in our buildings citywide are but a first step. Together we will develop strategies that will keep Quincy on the forefront of sustainability statewide – and that must include plans for our coastal resiliency. The health of our coastline and our marshes, brooks and ponds are vital components to the health of our city. And our efforts must focus on protecting these waterways – and protecting the neighborhoods that surround them. As we safeguard our coastal resources, we must do the same for our urban forest. To that end, as part of our planning process, I will ask that we embark on the largest tree-planting effort in our city's history.

Where do we want arts and culture to be in 2025?

From the author John Cheever, to the actresses Ruth Gordon and Lee Remick all the way to the earliest performances of the Dropkick Murphys, our cultural and artistic heritage is almost as rich as our history. We must do more to cultivate and grow this heritage. Our visioning process for the next 10 years will include planning for an arts

center and an effort to protect and expand our existing cultural centers – including the possibility of preserving the Wollaston Theater for performing arts.

Where do we want our economic growth to be in 2025?

People have to come to this great City to live and work for generations – from the first settlers, to the first patriots, to granite workers and shipbuilders – from all over the world. They've come here because they learned what we know about this great City – safe streets and terrific schools, 27 miles coastline and tremendous natural resources. Today, more people want to live in our City than at any time in recent history, and we have a critical role to play in harnessing that growth into the potential we have as a community. That means not only continuing our decades-long drive to revitalize Quincy Center but fostering growth in our other transportation hubs – Wollaston Center, North Quincy and Quincy Adams.

It means new thinking and a new vision about how we create workforce hous-

ing; how we keep our identity as a middle-class community while welcoming growth; and how and where we create the opportunity for responsible commercial expansion. It means building upon our existing planning framework, developing new ideas, and soliciting the community's input to foster development in the right places and while at the same time maintaining the character of our existing neighborhoods.

Where do we want our people to be in 2025?

John F. Kennedy famously said "Let God's work truly be our own." Our work must include those who need us most – those suffering from addiction, homelessness and mental illness and abject poverty.

Much has been said about the progress we've made on many of these issues, but let us not shrink from brave thinking in the coming years: that by 2025 we can end opiate addiction; that every member of our community will have a roof over their head; that the mentally ill will have the treatment they need and that the desperately poor will

have the opportunity to rise up like so many of our ancestors did. This may sound like an unreachable goal – and perhaps it is – but our work should strive toward nothing less.

My friends, 2025 may seem like a distant date, but we all know time waits for no one. So let us take this opportunity today to build the Quincy we want to see when we come together to celebrate our 400th anniversary as a community.

In 1739, the Rev. John Hancock, father of the Patriot, while celebrating the 100 anniversary of the First Parish, said:

"Above all things, put on charity, which is the bond of perfectness. This is the bond of union, the cement of societies."

This quote is inscribed on our Town Bell in the belfry atop the Stone Temple.

As we depart this place today, let us recommit ourselves to a more perfect society with the underlying value of charity to all.

May God Bless our work in strengthening the chain that binds our past to the future, and may God continue to Bless the United States of America.

Remarks By New City Council President Kirsten Hughes

The following remarks were given by Ward 5 Councilor Kirsten Hughes after she was unanimously elected president of the City Council at Inauguration ceremonies Jan. 4 in The Great Hall, James R. McIntyre Government Center.

Hughes is the second woman to be elected Quincy City Council president. The first was the late Patricia Toland who served in the leadership role in 1988 and 1989.

Thank you, Mr. Clerk, not only for the introduction but for your guidance and many years of dedicated service to our city.

Good morning and Happy New Year.

Thank you to our state and county leaders who are joining us today. I congratulate Mayor Koch on his inauguration. Because of his leadership, you are sitting in a City Hall and council chambers that have been restored to their former beauty. This building is a reflection of the high-esteem and respect we should have for our democratic form of government.

This morning's ceremony marks the start of a new term for the Mayor and City Council. We are excited, energized, and ready to work together for our beloved city. Yet, we are also saddened by the sudden loss of our friend and colleague, Councilor Brian McNamee. Our thoughts and prayers are

with his family and friends.

Brian was a fierce advocate for Ward 6 with a unique sense of humor. Though originally from Rhode Island, his passion for his ward and the city showed he was as much a part of Quincy as any of us. We will miss him. Our outgoing Council President, Joe Finn, will ensure the needs of Brian's district are looked after. I thank Joe for his leadership and stewardship of the Council over the past term.

I wish to thank my council colleagues for their support and entrusting me to lead the council. Thanks for Brian and Joe for their kind words. I congratulate all of you for taking office today and thank you for your loyal service to the city.

I would not be here without the support of the voters of Ward 5. I thank you all. I am humbled, and will continue to do my best for Ward 5 and the city.

I would like to introduce my family who are here today. I really would not be here without the support of my husband, my two boys, and my Mom and Dad.

Phil and I are raising our boys in Quincy just as my parents raised me and my brothers here. It's a wonderful place to live and have a family. It's a big city, but has the charm of individual neighborhoods where we know and look out for our neighbors.

It has a vibrant downtown that is the focus of so much of our effort. Together with the Mayor we are working to make it a destination for Quincy residents and visitors.

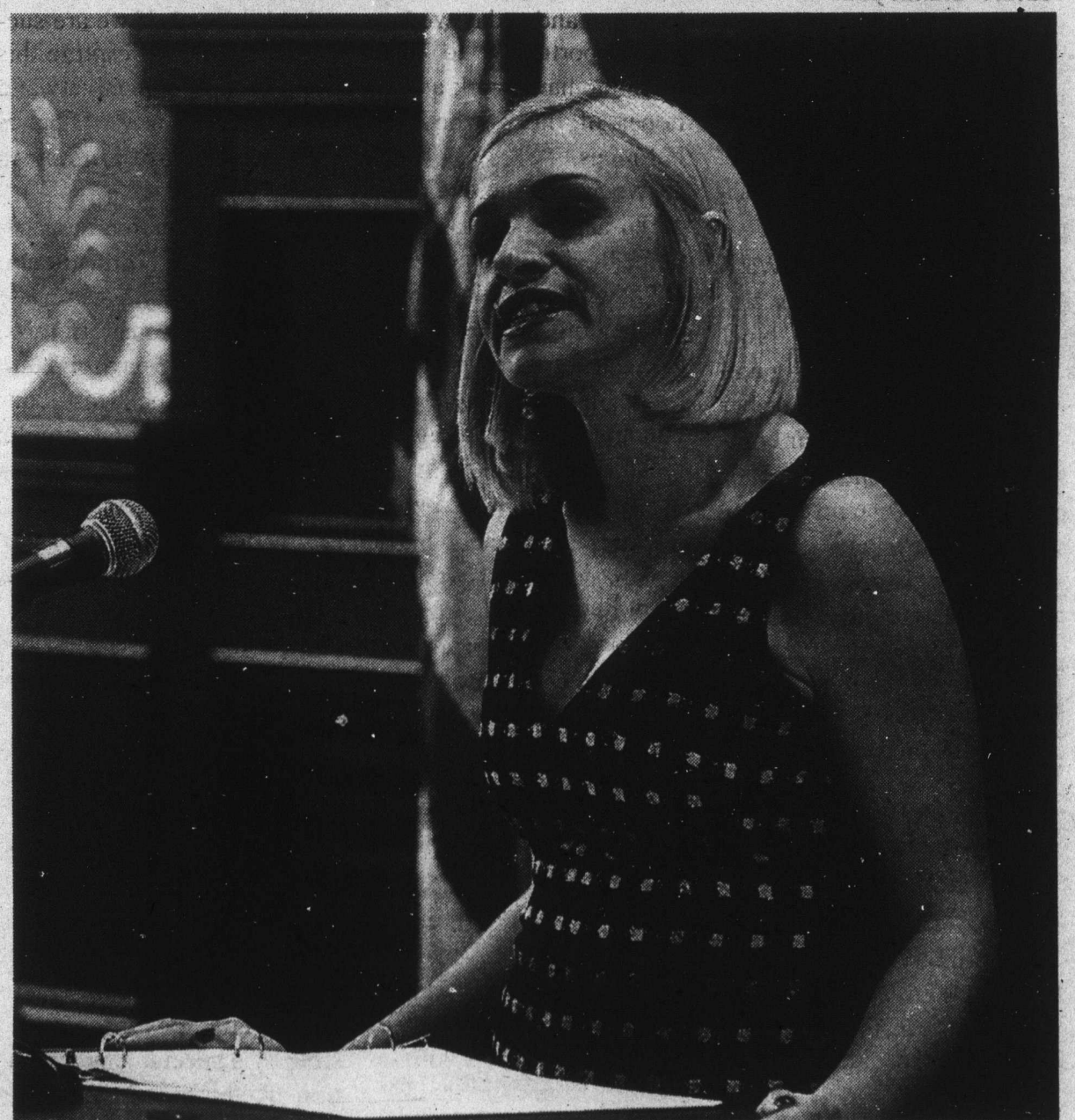
I remember as a kid my Mom taking us to child world every Pay Day to get a prize. Downtown was once the place to be – bustling with activity and safe for the whole family – and it should and will be again.

I'm a kid from Quincy, a mother and wife from Quincy, and a professional from Quincy. And now I am honored and humbled to be the city council president from Quincy.

I look forward to the council joining with Mayor Koch, our State House delegation, and Governor Baker and Lieutenant Governor Polito to address those issues vital to Quincy and our entire state.

We will focus on bringing jobs and economic development to our city. And while we seek new businesses, we will remember our many locally owned, family businesses.

My second home is the Common Market, where I have worked for 22 years. Jack and Greg run a family business that is like family to so many of its employees and customers. When we address economic development, let's be sure we provide equal assistance to our small businesses.



NEW CITY COUNCIL President Kirsten Hughes offers remarks after becoming only the second woman to serve as council president in Quincy history. Quincy Sun Photo/Robert Bosworth

The epidemic of opioid abuse is tearing apart families across Massachusetts, and you know, our city is not immune. We will work with police and fire to ensure they have the resources they need. And we will seek community solutions to address this serious issue and help our neighbors struggling with addiction.

It has been my privilege

to chair the council's veterans' subcommittee, and work closely with our veterans to address the needs of those who served our nation. We will continue our work and always honor the veterans and active duty military and their families who hail from Quincy.

We have a lot of work ahead of us. As I look at our new City Council, I see

three new councilors – all born and raised here. This new City Council reflects the changing face of the city. Like the city, the council is energized and ready to work hard toward a brighter future and with a common purpose of making Quincy an even greater place to live and work.

Thank you.

Remarks By New School Vice Chairman Paul Bregoli

The following remarks were delivered by School Committee member Paul Bregoli after he was unanimously elected vice chairman of the committee by his colleagues at Inauguration ceremonies Jan. 4 in The Great Hall, James R. McIntyre Government Center.

Good morning and happy New Year!

Mayor Koch, City Clerk Shea, Council President Hughes, Mayors Hannon, Sheets and Phelan, our federal and state delegations, county officials, members of the City Council, colleagues on the School Committee and Superintendent DeCristofaro.

I want to thank outgoing Vice Chairperson Kathy Hubley for nominating me and Barbara Isola for her second. My goal is to do as fine a job as Kathy, and before her, Barbara, in my new role as vice chairman.

Congratulations to Kirsten Hughes on her election as council president. I can't be positive, but it might be the first time the council president and the School Committee vice chair lived on the same street. I guess we won't have to worry about whether Willow Avenue will get plowed this winter. Just kidding, mayor.

I appreciate the vote of confidence my colleagues on the School Committee have given me in electing me vice chair for the next two years. I also want to express my gratitude to the people of Quincy for my re-election to the School Committee.

Many people helped make this possible. First, I want to remember my dear friend Paul Harold, former city councillor and state senator, who left us far too soon. His selfless dedication to the citizens of Quincy

and the manner in which he conducted himself has made a lasting impression on me. I miss him and am proud to have called him my friend.

I want to thank my family: my two sons Christopher and Patrick, my sisters Diane, Laura, Maria, and my brother David. Thank you to my campaign manager Peter Coleman, my advisor Karl Schwendenman. Also, to Dave McCarthy, whose presence on the School Committee will be sorely missed. And finally, a heartfelt thank you to Jeanne, the woman who stands by my side and continues to encourage me to do what makes me happy.

I am proud to say that I am a lifelong resident of the city, having the good fortune to attend the Quincy Public Schools. Of course, I am so old that there was no kindergarten in Quincy when I began school.

Throughout my 12 years in the Quincy Public Schools, many teachers had a positive impact on my life, especially Pat Drew, Mario Casali (who still tells me he is proud of me), Robert "Knobby" Nolan and North Quincy Principal John Walsh. Somehow they, and many others, made me feel the schools were part of an extended family. They inspired me to pursue a career in education which spanned 36 years, 34 in Quincy.

After landing in Darien, Connecticut, my first year and later in Greenfield, Massachusetts, I knew I wanted to come home, just like Dorothy, because there is no place like home.

È tutti de la famiglia – it's all about family. That is what the Quincy school system is all about. Under the tireless leadership of Superintendent DeCristofaro and Deputy Superintendent Kevin Mulvey, our school system is a leader in the

Commonwealth in so many areas. Supported by the Superintendent's Leadership Team – a group of highly intelligent, professional and dedicated women and men – we have developed an impressive array of programs, which allow our children to maximize their learning potential. With such a high-quality education available, I don't understand the need to pursue a costly private education outside the city.

The superintendent, his leadership team and principals have put together an impressive 25 initiatives for the 2015-2016 school year. I will touch on some of them:

- Parent academies designed to strengthen home-school connections;

- Integrating tools and resources for digital learning for all classrooms;

- Middle school reteach, which allows regular and special education teachers to integrate and service students;

- A parent academy at each high school to help students prepare for the new SATs this spring;

- A mentoring program for the over 50 newly hired educators this year;

- The BOKS program at all elementary and middle schools through the support of the parents of Emily Zarnoch and Reebok International;

- Substance abuse prevention programs throughout the year, in collaboration with the Mayor's Drug Task Force;

- The dual enrollment program where over 60 high school students at North Quincy and Quincy are earning college credits through a partnership with Quincy College;

- Our School-Community Partnership initiative, which has grown to over 100 partners;

- Security improvements to every school in the system, including new cameras, door locks in each classroom, improved outdoor lighting, made possible through the efforts of Mayor Koch and the City Council;

- Recent classroom technology upgrades made possible by a special appropriation by the mayor and the City Council;

- And, a technology/engineering program providing increased opportunities to all middle school students.

All of the initiatives just mentioned have gotten done through the collective efforts of the superintendent, his leadership team, the mayor, the School Committee and the City Council. At the local level, agendas are put aside and egos are checked at the door to ensure the important

programs and materials are provided to the children of this city and to the teachers, paraprofessionals, aides and secretaries who make it all happen.

Our teachers are our most valuable assets in all of this. Their dedication to the profession, their investment of themselves in the daily lives of our children is second to none. This happens on a daily basis, despite nonsensical mandates from the board of education, which do not help but instead hinder our teachers.

Most members of the board have no educational credentials, let alone never having stepped foot in a classroom. I liken this system to a plumber telling a heart surgeon how to operate on a patient. I suggest our legislators take steps to ensure that all members of the board of education have some type of educational experience.

Teachers are unique. Their reward is not in the paycheck they receive every two weeks, but rather in the excitement they see in their students' eyes when they finally master a concept. Sometimes, those rewards come years later, when a former student returns to thank a teacher for all they had done for him/her.

Four years ago, I was fortunate to be elected to the School Committee. Since that time, with the help of my colleagues, much has been accomplished:

- We completed the initiative put forth by former School Committee member JoAnn Bragg making community service a high school graduation requirement;

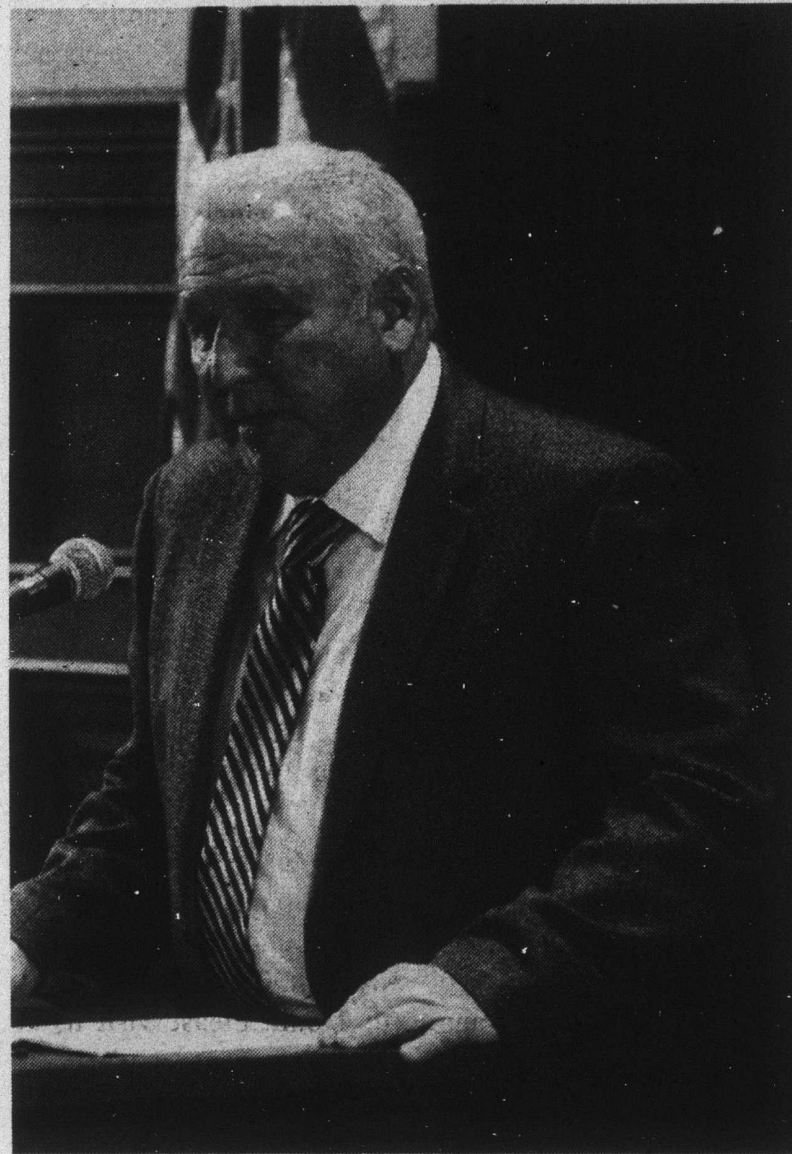
- Academic standards for athletes have been strengthened, going above and beyond the minimum standard set forth by the MIAA;

- Health educators have been returned to both high schools;

- Athletic trainers have been hired at each high school to service athletes in immediate need of attention following an injury;

- Concerns about non-resident students have been addressed with the hiring of an additional attendance officer. In addition, system-wide verification of residency is now happening with each transition between levels. As a result of these efforts, last year alone 50 non-resident students were dismissed at an approximate savings to the taxpayer of \$750,000;

- I urged CPR to be taught to our students at the middle school level. Last spring, 120 students and coaches were certified. This is now a yearly event coordinated



NEW SCHOOL COMMITTEE Vice Chairman Paul Bregoli offers remarks after being elected to the vice chairmanship by his colleagues at Inauguration ceremonies Jan. 4 in The Great Hall, James R. McIntyre Government Center.

Quincy Sun Photo/Robert Bosworth

by John Fagerlund and Rita Bailey, in partnership with Brewster Ambulance;

- This past summer, five schools had new windows and doors installed. Plans for windows and doors at Beechwood Knoll are underway and roof projects for Merrymount and Beechwood Knoll pending;

- A new elementary report card aligned with the new standards has been completed;

- Opportunities in swimming, wrestling and tennis have been introduced at the middle school level;

- A new Sterling Middle School facility is well on its way to becoming a reality.

However, there is a saying that "if what you did yesterday looks good to you today, then you haven't done much today!"

We as a committee, as a school system, cannot be satisfied. Rather, we must continue to identify deficits and shortcomings that confront the school system and find solutions, because "if you are not part of the solution, you are part of the problem."

Going forward, I would propose my colleagues explore the following:

1. Require students at both high schools to register to vote;

2. Continue, with the guidance of Beth Hallett, the expansion of our high school band, totally outfitted, along with the creation of a middle school marching band;

3. Continue the dialogue with our legislative delegation in hopes of changing

the makeup of the board of education, realizing that high-stakes testing does not define a child and his/her potential to learn. We must get back to letting teachers teach and the holistic approach to educating a child;

4. Continue to look closely at both high schools as proposed by former member Dave McCarthy to ensure opportunities are equal;

5. Create an ad hoc sub-committee on athletics to determine what changes need to be made to ensure our athletes are competitive, whether that be by changing divisions, changing leagues, combining teams or a combination of the above;

6. Put a comprehensive program in place at each high school addressing dating violence;

7. Explore our changing school population and identify long-term solutions where overcrowding could be lessened by redistricting.

We on the School Committee are the voices, the advocates for the children, parents and staff members of the school system. We must listen to concerns, sometimes take political risk, and do what is best for the entire system.

I am excited about the next several years and look forward to working with my colleagues, the mayor, the superintendent, Allison Cox and the QEA, and the people of the city of Quincy. Let's continue to move forward and remain amongst the leaders in education in the Commonwealth of Massachusetts.

Thank you!

SECONDARY LUNCH MENU

Monday, Jan. 18
Martin Luther King Day - No School

Tuesday, Jan. 19
BBQ Pulled Pork on a Bulkie Roll, Baked Potato Wedges, Spicy Bean Dip, Fresh Veggie Sticks.

Wednesday, Jan. 20
Shepherds Pie Mashed Potatoes, Ground Beef, Corn Niblets and Gravy, Dinner Roll.

Thursday, Jan. 21
Egg Patty with Cheese and Turkey Sausage Patty, WW Croissant, Carrot Raisin Salad, Cup of Tomato Soup.

Friday, Jan. 22
Beef Meatballs with Tomato Sauce on a Jr Sub Roll, Potato Puffs, Broccoli Florets.

ELEMENTARY LUNCH MENU

Monday, Jan. 18
Martin Luther King Day - No School

Tuesday, Jan. 19
Early Release Day - no lunch served.

Wednesday, Jan. 20
French Toast Sticks, Maple Syrup, Sausage Links, Potato Puffs, Applesauce Cup.

Thursday, Jan. 21
Broccoli with Cheese Sauce over Baked Potato Wedges, Chicken Tender, Dinner Roll.

Friday, Jan. 22
Beef Taco with Cheese, WG Tortilla Boat, Green Beans.

Quincy Point Congregational

"Crisis in Cana" is the title of Rev. Ann Suzedell's sermon that she will preach this Sunday at 10 a.m. Worship at Quincy Point Congregational Church, 444 Washington St.

Sheena DelMonte will be the deacon of the day. After worship there will be coffee and refreshments in the social hall.

The Confirmation class is starting a mission campaign, "Socks for The Sole" to provide new socks to guests of Father Bill's/MainSpring. Since 1982, Father Bill's/MainSpring has been dedicated to preventing and ending homelessness.

On average 225 adults come in from the cold each night at Father Bill's in Quincy.

or MainSpring House in Brockton. A new clean, dry pair of socks may not change the world, but it can make a big difference to someone who is a guest at one of these emergency shelters. Cold, wet feet can contribute to infections which can become major medical problems.

To help, bring in a pair of new crew socks for men or women to the church, or make a contribution (on Sundays, a table will be set up in the Social Hall. Find the Giraffe).

Those wishing to help can also buy or bid for a pair of socks at the upcoming sock sale/auction to be held soon at the church (tentative date is Feb. 14th).

Bethany Congregational

Bethany Congregational Church will have a Worship Service and Sunday School at 10:00 a.m. David Wang, layperson, will conduct the service and preach the sermon entitled "Rise From The Ashes." Fellowship with light refreshments will follow.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works. Rev. Preble will lead a weekly adult Bible Study group on Tuesday evenings

at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at our Web Page: www.bethanycongregational.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6 p.m. and Sundays at 10 a.m. on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

RELIGION

Houghs Neck Congregational

The Sunday worship service at the Houghs Neck Congregational Church, 310 Manet Avenue begins at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "The Best First" from John 2:1-11. Gayle Mackay, liturgist, will call to worship and read the scripture lesson. Helen Miller and Nancy Jacobs will serve for the Diaconate.

Steve Reed, minister of music, will direct the choir singing the anthem. The Sunday school and nursery will start after the Children's message by Pastor Felix.

Following the service a fellowship coffee hour is hosted by Nancy and Molly Jacobs.

This is the last Sunday for the Sock Drive for ISS.

Tuesday evening at 7 p.m. the Seaside Sisters will meet in the Coffee Room for a Game Night. Gayle Mackay, president, will provide the games and refreshments.

This Thursday, Jan. 14th, Diaconate meets in the Gordon Room at 1:30 p.m.

Hatha Yoga meets at 7 p.m. on Tuesdays with Amy Ross and Thursdays with Linda Beck. Bring a mat, water and \$5.

The church is seeking entries for the Chili Bowl Cook-Off on Jan 23rd. For more information call 617-688-4044 or chili-cookoffhnc@gmail.com.

Union Congregational Church

Union Congregational Church, corner of Beach Street and Rawson Road in Wollaston, recently collected gifts for Conway House in Middleboro.

Since the 1970's the church has collected gifts for children and adults on the first or second Sunday of January wrapped in white paper. Named "The White Gifts," in past years they have been given to a wide range of charities such as

The Down East Seacoast Mission, The Visiting Nurse Association of Somerset County Maine and The Long Island Homeless Shelter.

Conway House was chosen this year for their great and good work in Middleboro and the surrounding area and in tribute to its namesake, the late Jack Conway, an acquaintance of the pastor, the Rev. John Swanson.

Winter Bible Camp

Fort Square Presbyterian Church will host a free Winter Bible Camp for children in kindergarten to grade 5 during February school vacation.

It will start on Tuesday, Feb. 16th and run through Friday, Feb. 19th from 9 a.m. to noon.

Registrations are limited to 30 children. Forms and more information can be found at the Church website fortsquare.org and then click on the Fort Square's Kid's page. For more information call 617-471-6806 or email childrensministry@fortsquare.org

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS

TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run; new volunteers always needed.

FOR LOST or FOUND ANIMALS call ANIMAL CONTROL at 617-376-1364

AVAILABLE CATS

Frankie: 5, male, orange & white

Shado: 5, male, black

Courtney: 11, female, tortie

Tabasco: 10, female, tortie

Tigs & CoCo: 10, male & female

Tobey: 1, male, Siamese mix

Patience: 1, female, orange & white

Freddy: 1, male, black & white

Bella: 7, female, black

Largo: adult, male, buff & white

Catholic

St. Mary's Church

95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH

MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439

Schedule of Masses:
Saturday: 8:00AM and 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment

Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned

St. John The Baptist

ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021

Weekend Mass Schedule
Saturday, 4:00 PM
Sunday 7:30, 9:00, 11:00 AM
Sunday night 5:30 PM

Weekday Masses
Monday - Saturday 8:00 AM
Latin Mass
1st & 3rd Wednesdays (Lower Chapel) 7:00 AM

Confessions
Wed. 8:30 - 9:00 AM
Sat. 2:30 - 3:30 PM
Handicapped Accessible

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

Sacred Heart Church

"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666

Sunday Masses
4 pm (Saturday)
7:30 & 10:00 am and 6:00 pm

Weekday Masses
Monday - Friday 7 am
Monday & Saturday 9 am
Handicapped Accessible

Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church

550 Washington Street
Quincy, MA 02169
617-472-6321

SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

Saint Ann's Church

757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH

310 Manet Avenue
617-479-8778
www.hncong.org

Sunday Worship Service
begins at 10 a.m. Pastor Felix Carrion will preach the sermon "The Best First" from John 2:1-1
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH

Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongregational.org
Worship Service and Sunday School at 10AM
David Wang, layperson will conduct the service and preach the sermon "Rise From the Ashes"
Child Care Available
For Infants And Toddlers
ALL ARE WELCOME!
Fellowship Time following Service
The church is wheelchair accessible

PEACE

Congregational



Wollaston
Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts

Worship and Sunday School at 10 a.m.

Fred Hayes
Interim Pastor

617-773-7432

www.wollastonucc.com

UNION CONGREGATIONAL
Beach St. & Rawson Rd., Wollaston
(617) 479-6661

Rev. John Swanson, Pastor
Sunday Worship Service 10 AM

QUINCY POINT CONGREGATIONAL CHURCH

444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
email: office@quincypointcong.org

Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service, Church School & Childcare: Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099

Sunday Services and Sunday School
10:30 a.m.
Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m.



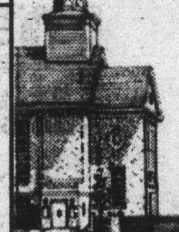
ALL ARE WELCOME!

Nazarene

Wollaston
Church of the Nazarene

Sunday Worship

8:30 AM Liturgical Worship
9:45 AM Sunday School
11:00 AM Celebration Worship



Stephen "Stretch" Dean, Lead Pastor
Rev. Keutchen, Children's Pastor
Don Reed, Visitation Pastor
37 E. Elm Ave., Wollaston
617-472-5669
E-mail: office@wconaz.org
www.wollastonnazarene.org

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH

40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
8:30PM WEDS. BIBLE STUDY

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Philip J. Johnston, 74

A funeral Mass for Philip J. Johnston, 74, of Southern Pines, N.C., and formerly Quincy will be celebrated Saturday at 10 a.m. in St. John the Baptist Church, Quincy.

Mr. Johnston died peacefully Dec. 3 at the FirstHealth Hospice House in Pinehurst, N.C., surrounded by his loving family.

He was born in Woodstock, New Brunswick, Canada, and immigrated to the United States in 1943. A resident of Quincy for more than 40 years, he and his family also later resided in Guelph, Ontario, Canada; Portland, OR; and Prospect, CT, before retiring to Southern Pines, N.C., 12 years ago.

A graduate of St. John the Baptist Grammar School, Archbishop Williams High School, Class of 1959 and Boston College, Class of 1963, Mr. Johnston had been employed in marketing and sales for Oregon Saw Chain-Blount Industries for most of his career. He was an avid hunter and fisherman who traveled to Alaska, the Pacific Northwest, Maine and Canada on many expeditions with his son, Philip, his brothers and his many good friends.

Beloved husband for 53 years of Joanne (White) Johnston and devoted father of Denise Hafenbrack and her husband Dan of WA, Patricia Poole and her husband Darryl of GA, Mary Sullivan and her husband Walter of Weymouth, Nancy Mallory and her husband Stephen of NH, Elizabeth Tyle and her

husband Scott of NH and Philip Johnston and his wife Maryellen of CT.

Loving grandfather of 11LT Caroline Hafenbrack, USANC, Kaitlin Hafenbrack, Matthew Garafalo, Dylan and Nicholas Poole, Jake and Leo Sullivan, Kevin, Patrick and Daniel Mallory, Jack and Molly Tyle, and Emma and Audrey Johnston and his great-grandson, Oliver Mallory. He was predeceased by his grandson, Henry Tyle.

Son of the late Hugh J. and Grace E. (McCarron) Johnston and brother of Mary Johnston, he was predeceased by siblings Frank and Peter Johnston and Bette Morris. Also survived by one niece, many nephews and longtime friends.

Funeral from the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy at 9:30 a.m. Saturday. Visiting at the funeral home from 8:30 to 9:30 a.m.

Interment Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Foundation of FirstHealth, 150 Applecross Rd., Pinehurst, NC 28374-9859 to benefit both the Hospice House and Clara McLean House, which provided great comfort and compassion to Mr. Johnston and his family, or to the Saint Joseph's Cemetery Association C/O St. Gertrude's Parish, 105 Union St., Woodstock NB, Canada E7M 2W4 where his ancestral church and cemetery are located and his grandfather helped to build.

James E. Mullaney

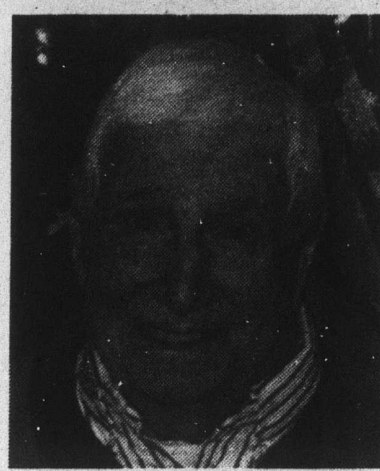
A funeral Mass for James E. Mullaney of Quincy was celebrated Wednesday in St. Ann's Church, Quincy.

Mr. Mullaney died Dec. 29 in his home.

Born on July 21, 1929, he was son of the late James E. Mullaney and Katherine (Carroll) Mullaney. He grew up in Somerville where he excelled athletically and scholastically earning the Outstanding Scholar Athlete Award at Somerville High School in 1947. Mr. Mullaney attended Tufts University and played basketball where he became the first 1,000-point scorer in the school's history. During the 1949-50 season, he set a school season scoring record of 462 points, helping Tufts to a 20-5 record while being named to the All New England team. He co-captained the 1950-51 team.

Upon his graduation from Tufts in 1951, Mr. Mullaney was called into active service in the U.S. Marine Corps Reserve from 1951-1953 where he earned the rank of captain. He entered the field of public accounting 1953 serving as partner in Segal, Greenfield, Mullaney, and Frank from 1968-1975. Mr. Mullaney then opened his own CPA firm in Quincy and later joined with his son to form Mullaney and Mullaney in Quincy. He served his many clients from his Quincy offices for 40 years.

He was active in the business community as well as in the Greater Quincy Knights of Columbus and the Quincy Elks. Mr. Mullaney was an usher, CCD teacher and CYO basketball coach at St. Ann's



JAMES E. MULLANEY

of Wollaston. He was a member of the Somerville High School Athletic Hall of Fame and Tufts University Athletic Hall of Fame.

Loving husband of 40 years to the late Evelyn T. (Sears). He was the loving father of Dorothy M. Mullaney of NH, James E. Mullaney III and his wife, Carolyn, of Quincy, and Robert S. Mullaney and his wife, Joanne, of North Attleboro. He was "Pops" to his beloved grandchildren Jake, Danielle, Briana and Michael of Quincy, and Erin, Kara, and Chris of North Attleboro. He loved spending time with his grandchildren and their friends in Lakeville. Loving brother to the late Carol P. Lynch, Jean E. Mullaney, Ann M. Whitney, and Joan M. Mullaney.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Children's Hospital at Dartmouth, 100 Hitchcock Way, Manchester, NH 03104 or to St. Joseph's Abbey, 167 North Spencer Road, Spencer, MA 01562.

John Grant, 66

Services for John "Rats" Grant, 66, of Quincy, a devoted dad and caring friend, were held Sunday at Casper Funeral Home, Boston.

Mr. Grant died Jan. 3, after a long, courageous fight with cancer.

Throughout his often painful battle with his illness, he never lost his infectious sense of humor. Mr. Grant was born in 1950 to parents Mary and Edward Grant and was raised in South Boston. He attended "Southie" High. He was an accredited security guard for more than 15 years. He was also a lifelong core member of the "Bar-racudas," a group of friends

that recently celebrated their "50th" anniversary.

He is survived by his significant other, Linda Sidock. Devoted father to Tanya and Jesse Everett. Loving brother to Patty Sampson and Donna Kilday, and their spouses and children Larry Sampson, and Melissa Sampson, and Jimmy, Courtney and Ashley Kilday, as well as cousins. John was devoted to his family and friends. He will be deeply missed.

Memorial donations may be made to gofundme.com/grantcancersucks or to Tanya Everett, 270 Malcolm X Blvd., 2C Brooklyn NY 11233.



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1.800.441.8884

Daniel E. Morris, 49

A prayer service for Daniel E. Morris, 49, a lifelong resident of Quincy, was held Tuesday in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Morris died unexpectedly Jan. 7 at home.

He was born, raised, and educated in Quincy. He was a graduate of Quincy Vot-Tech, Class of 1984. Mr. Morris was a proud member of the International Union Elevator Constructors (IUEC) Local 4 for 14 years. He loved spending time with his nephews and nieces, enjoyed playing golf and was an avid fan of the Boston sports teams. His family and friends will miss his great sense of humor and infectious laugh.

Beloved son of the late John E. and Elizabeth A. "Betty" (Johnston) Morris. Devoted brother of John D. Morris and his wife Chris-



DANIEL E. MORRIS

tine of NH, Brian A. Morris and his wife Vilma of NH, and Michael F. Morris and his wife Pamela of Norton. Loving uncle of Charlie Morris, Abigail Morris, Julie Morris, Kelley Morris, Maggie Morris, Johnny Morris, and Jay Morris.

Private interment.

Memorial donations may be made to the American Diabetes Association, 10 Speen Street, Framingham, MA 01701.

Dorothy M. Orlando

A funeral Mass for Dorothy M. (Doyle) Orlando of Quincy was celebrated Jan. 9 at St. Ann's Church, Quincy.

Mrs. Orlando died Jan. 4.

Beloved wife of 68 years to Jasper Orlando. Loving mother of Thomas Orlando and his wife Peg of Quincy, Joseph Orlando and his wife Laura of Franklin, John Orlando and his wife Mary of Quincy, Stephen Orlando and his wife Janice and Marianne Willett and her husband Stephen, all of Hanover. Sister of Mary Connolly of Braintree and her late husband Edward and the late Theresa Milroy and her late husband James. Also survived by her 12 grandchildren, one great-grandchild and several nieces and nephews.

Mrs. Orlando grew up in Roxbury and was a proud graduate of St. Patrick's High School. She lived in Medford before moving to Quincy where she raised her family. Mrs. Orlando worked at Capitol Market on Hancock Street in Quincy and later worked for BFDS at State Street South.

She enjoyed crocheting, cooking and was always up to the challenge of a puzzle. She always enjoyed walking Wollaston Beach. Mrs. Or-



DOROTHY M. ORLANDO

lando was a member at the Quincy YMCA as well as the Wollaston Mother's Club. As a devout catholic, she supported St. Patrick's and St. Ann's Churches.

She along with her beloved husband Jasper enjoyed many years up in Gunstock, N.H., where they created many fond memories. The foundation of her life was her family; they were the cornerstone of all that was truly important to her. They are grateful for all the blessings she brought into their lives. She will be sadly missed.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Hopkinton Mass. Special Olympics, 290 Wood St., Hopkinton, MA 01748.

Rita E. Fay, 86

Visiting hours for Rita E. Fay, 86, of John Adams Healthcare in Quincy, previously of Weymouth, were held Jan. 9 at Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Mrs. Fay died Jan. 7.

Beloved wife of the late Edward Fay. Daughter to the late Angelo and Carmella Moccia. Loving sister of the late Michael and George

Moccia, Theresa Christello, Helen Graham, Florence Collins, Thelma Kenny, Marie Beaulieu, Emma Eng, and Dorothy Gallant. Survived by many nieces and nephews who will miss her dearly.

Mrs. Fay worked as a special needs assistant at St. Colletta School in Braintree.

Private interment.

A Better Value
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At Deware Funeral Home, we are proud to offer more value and superior service to Quincy families. A full service traditional funeral is \$5,995* with no hidden costs. The price includes:

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For more information visit
www.dewarefuneralhome.com

*\$5,995 plan includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, casket entombment, and memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).

A Service Family Affiliated with Service Corporation International, 200 Winter Street, Boston, MA 02109. 1-800-541-2434.

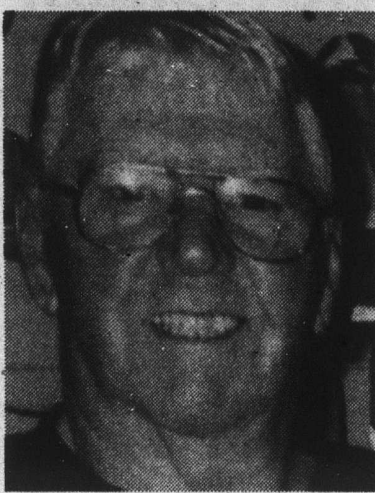
George Gill

Services and interment for George "Chuck" Gill of Quincy, formerly of Hull, will be privately held.

Mr. Gill died Jan. 6.

The South Braintree native attended Braintree High School. From an early age, he worked alongside his father, George, on the family's Holbrook dairy farm, Ashland Farms Milk Company, including delivering milk by horse and wagon and later by truck, before school each morning. During the Korean War, Mr. Gill served in the Army where he was posted to West Germany as a tank commander in a reconnaissance unit.

He was an avid outdoorsman, learning to trap, fish and hunt as a youth. A longtime member of the Massachusetts Striped Bass Association, he won multiple striped bass fishing tournaments sponsored by the Nantasket Salt



GEORGE GILL

Water Club.

A 1996 fall left Mr. Gill paralyzed, initially as a quadriplegic, but with a great deal of determination and the constant care and support of his wife, Sandy, and a dedicated team of professionals at the VA Medical Center in West Roxbury, he recovered the use of his hands. In the years that followed, Mr. Gill was able to set up a modified woodshop where he could again carve birds and make large-

scale fishing boat replicas and lighthouses. His bird carvings earned a number of ribbons at the Marshfield Fair.

For the past two years, Mr. Gill resided at the VA Medical Center in Brockton where he enjoyed kind and professional care from the staff.

He is survived by his wife Sondra (Owen) of Quincy; daughter Kathleen and her husband Christian Langevin, of MO; daughter Susan and her husband Paul Sherman of Malden; daughter Amy and her husband Jim of VA. He also leaves two grandchildren, Christian and Gabrielle Langevin.

Visiting hours were 4-8 p.m. Wednesday at Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

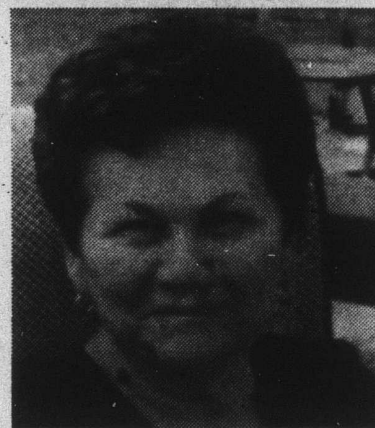
Memorial donations may be made to: Fisher House Foundation, 111 Rockville Pike, Rockville, MD 20850.

Betilde Faiella, 76

A funeral Mass for Betilde "Betty" Faiella, 76, of Easton will be celebrated Thursday at 10 a.m. in St. John the Baptist Church, Quincy.

Mrs. Faiella died Jan. 9 at the Braemoor Nursing & Rehabilitation Center in Brockton.

Born in Venezuela on July 17, 1939, she was the loving daughter of the late Louis and Cira (Valbueina) Urdaneta. Mrs. Faiella worked as a cafeteria supervisor at North Quincy High School for more than 30 years. She was a loving and devoted wife and



BETILDE FAIELLA

mother who loved cooking for her family and dancing with her husband.

Beloved wife of Fabiano Faiella for 61 years. Lov-

ing mother of Silvina Miller and her husband Billy, Robert Faiella and his wife Janet and Nancy Sheehy and her husband Anthony. She was the cherished grandmother of five, great-grandmother of four and is also survived by many relatives in Venezuela.

Visiting hours are tonight (Wed.) 5-8 p.m. at Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy. Funeral from the funeral home at 9 a.m. Thursday, prior to the Mass.

Interment at Blue Hill Cemetery, Braintree.

Loretta M. Barrasso, 53

A funeral Mass for Loretta M. (Foley) Barrasso, 53, of Weymouth and formerly Quincy will be celebrated Saturday at 11:30 a.m. in Immaculate Conception Church, Weymouth.

Mrs. Barrasso died Monday.

She worked as a medical assistant for 29 years at Cambridge Pediatrics.

Beloved wife of Larry Barrasso of Weymouth and the late Tom Cairns. Cherished daughter of the late Simon and Margaret (Shea) Fo-



LORETTA M. BARRASSO

ley. Loving sister of Charles Foley and his wife Beverly of Lyden, Martha Locke and her husband Edward of Braintree

and James Foley of Pembroke. Also survived by many nieces and nephews.

Visiting hours are 4-8 p.m. Friday in McDonald Keohane Funeral Home, South Weymouth. Gathering at the funeral home at 10:30 a.m. Saturday, prior to the Mass.

Interment at Fairmount Cemetery, Weymouth.

Memorial donations may be made to the Retta Fund, Children's Care Foundation, c/o Cambridge Pediatrics, 1495 Cambridge Street, Cambridge, MA 02139.

Susan M. Killion, 52

Visiting hours for Susan M. Killion, 52, of Quincy were held Jan. 7 at Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Ms. Killion died surrounded by her family on Dec. 31.

Originally from Dorchester and Roxbury, she lived in Quincy for 30 years and

worked in retail.

The loving daughter of Priscilla L. (Newton) Hallahan of Quincy and the late Francis Killion, Ms. Killion was the wife of Richard Tight, beloved mother of Stephanie Webb of Brockton, Cassie Webb of Quincy and Christene Killion of Quincy; dear

Neil M. Beagle

Services for Neil M. Beagle of Quincy were held Tuesday at Schlossberg Solomon Memorial Chapel, Canton.

Mr. Beagle died Jan. 7.

Devoted son of Syril (Weingarten) Beagle and the late Robert Beagle. Dear brother of Jeffrey Beagle and his wife

Martha of Randolph, Jack Beagle and his wife Barbara of Marshfield and Kenneth Beagle and his wife Susan of Braintree. Uncle of Stephanie, Alison, Sharie, Eric, Kerri and granduncle of three. Nephew of Leon Weingarten and his wife Penny of NY, and the

late Norman Weingarten.

Interment at Knollwood Memorial Park, Canton.

Memorial donations may be made to Hope House, 8 Farnham St., Boston, MA 02119.

Blanche C. Szymanczyk

A funeral Mass for Blanche C. (Geniusz) Szymanczyk of Quincy, formerly of Dorchester, will be celebrated Thursday at 10:30 a.m. in Our Lady of Czestochowa Church, Dorchester.

Mrs. Szymanczyk died Jan. 9.

Her life revolved around her loving family, especially her grandchildren and great-grandchildren. She had worked at the South Postal Annex in South Boston for more than 25 years and developed many close friendships in that timeframe.

In her youth and early adult years, Mrs. Szymanczyk was an active member in the choir at Our Lady of Czestochowa Church in Dorchester. She also belonged to the church guild, which produced many plays, concerts and social events. She will be remembered for her sense of humor, love of animals, and her enjoyment at special family events.

Beloved wife of the late Mitchell J. Loving mother of Julianna S. of Rockland, Christine Perry and her husband John of Woburn, Susan Diggin and her late husband James of Quincy, Paula S. of Hull, Kathleen S. of Shrewsbury, and Michele S. and her husband Peter Louzan of Quincy. Sister of Edna Fabian of Bridgewater and the late Jean Boc, Mary Kolacz, and Walter Geniusz. Babci to Brian Perry and his wife Nori, Christine Crosby and her husband Arthur, Shamus Diggin, Mitchell Baker, Carolyn Baker, and Jake and Tess Louzan. Big Babci to Aidan, Quinlan, Roan, Audrey, Greyson, Truman and Valen. Also survived by many nieces and nephews.

Visiting hours were 4-8 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:30 a.m. Thursday, prior to the Mass.

Interment at Blue Hill

Cemetery, Braintree.

Memorial donations may be made to Easter Seals Massachusetts, 484 Main St., Denholm Building, Worcester, MA 01608-1817.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §§304 & §5-405

Docket No. NO15P3467PM
**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Francis W. Deltufo-Boudreau
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)**

To the named Respondent and all other interested persons, a petition has been filed by Marie G. Deltufo of Quincy, MA in the above captioned matter alleging that Francis W. Deltufo-Boudreau is in need of a Conservator or other protective order and requesting that Marie G. Deltufo of Quincy, MA (or some other suitable person) be appointed as Conservator to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/03/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 30, 2015
PATRICK W. McDERMOTT
Register of Probate
1/14/16

Nicholas A. Consolazio

A funeral Mass for Nicholas A. "Nick" Consolazio of West Bridgewater, formerly of Quincy, was celebrated Monday in St. John the Baptist Church, Quincy.

Mr. Consolazio died Jan. 5.

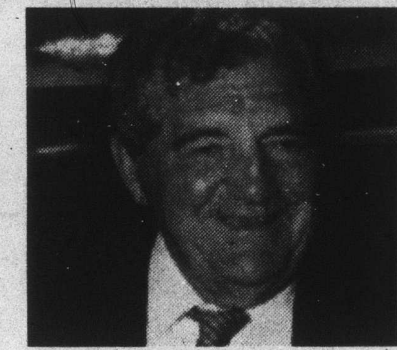
He was a WWII Navy veteran and was a boxer while serving in the Navy. He worked for the railroad and later for the Federal Reserve Bank of Boston as a heavy mechanic. Mr. Consolazio was an assistant harbormaster in Quincy and had a love for boating, fishing and simply being on the water. He was a lifetime member at Town River Yacht Club in Quincy. He enjoyed going on cruises and especially spending time with his family. Mr. Consolazio will be sadly missed by all those who had the pleasure of knowing him.

Beloved husband of Nancy Consolazio of West Bridgewater, formerly of Quincy. Loving father of Catherine Consolazio of Quincy, Daniel Consolazio of Weymouth and Justina "Tina" Pettinelli and her husband Robert of Quincy. Devoted grandfather of Peter, Lily, Nicky and Christian. Caring brother of Mary Gallagher of Quincy, James Conso of Quincy and the late Dom Consolazio and Joe Consolazio. Also survived by many nieces and nephews.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.



NICHOLAS A. CONSOLAZIO

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No: NO15P1688EA

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200**

**Estate of:
Gregory P. Taylor
Date of Death:
January 01, 2015**

To all persons interested in the above captioned estate, by Petition of

Petitioner **Michael A. Covais of Quincy, MA** a Will has been admitted to informal probate. **Michael A. Covais of Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve **Without Surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 1/14/16

Athletic Subcommittee Should Review Divisions, Leagues, Combining Teams

Discussion Should Start ASAP, Says School Vice Chairman Paul Bregoli

By BILL GRIFFIN

Paul Bregoli, who was unanimously elected as the new vice chairman of the School Committee, stated in his acceptance speech that there is a need to create a subcommittee to review issues including changing divisions, leagues or combining teams to ensure a proper competitive situation for the city's two high schools.

Bregoli feels the discussion should begin as soon as possible. He thinks that the current situation is diminishing the student-athlete experience at Quincy and North Quincy high schools. "Our kids are being impacted negatively. We need to act as advocates for them to improve their competitive situation," said Bregoli.

The first issue involves divisions which are established by the MIAA. Currently, most teams from North Quincy and Quincy are in Division 1. Only 20 percent of the students at North participate in sports. When teams from North or Quincy make the tournaments, they often face larger schools with significantly higher rates of participation. It is an unfair situation.

"The MIAA establishes its divisions based on a five-year cycle," said Bregoli. "This year is the end of the current five-year cycle. The MIAA will decide new divisions this year. Both schools belong in Division 2. The athletic directors at both schools should have proposals which present the case for changing divisions. I assume the work has been done and the MIAA will make the correct decision."

The second issue concerns a possible change of leagues. Currently, North and Quincy are in the Patriot League. The problem of a proper competitive situation is more urgent at North. Because of declining numbers in the athletic programs, North is finding it increasingly difficult to compete in several sports.

The football team won one game. The boys soccer team went winless. The girls and boys basketball teams were each winless in their first six games. There is a good chance the boys hockey team will not have enough players for a team next year. In 2014, North struggled to find enough players to field a softball team. The baseball and softball teams are

playing schedules which do not include games against teams from the large-school division of the league, the Keenan Division, in favor of more non-conference games which offer North a greater chance to be competitive.

"In my opinion, North Quincy does not belong in the Patriot League. Quincy High may feel differently, but I think North should seriously consider a change of leagues," said Bregoli.

Bregoli suggests the Greater Boston League as an alternative. The GBL presently includes Everett, Malden, Medford and Somerville.

"I think we should take a look at the Greater Boston League," said Bregoli. "I think our teams compare well with them. It would keep us more local and avoid long bus rides like the one to Plymouth. Their participation rate is around 20 percent which is where we are. Duxbury is between 80 and 90 percent. That's not a fair situation for our kids."

To be sure, there have been successful sports teams at North in recent years. The girls soccer team, which is coached by Bregoli, has made the tournament in 15 of the last 20 years. The boys and girls volleyball teams are annual tournament contenders. The boys basketball team enjoyed a great run from 2012 to 2015. The girls basketball team made the tournament in 2014.

However, the overall trend has been towards lower turnouts for most teams which makes competing in the Patriot League difficult.

"I don't think it's cyclical either. I don't think the numbers are coming back," said Bregoli. "The demographics at the school are against it. I don't think it has anything to do with user's fees. Any student who qualifies for a

free or subsidized lunch is exempt from a user fee to play sports."

The third issue Bregoli would like to further explore is combining teams from the two city high schools. Currently, the co-op girls hockey team from North and Quincy is enjoying success. The boys' lacrosse team will be a co-op club this spring. Co-op teams have worked well in swimming and track.

"I think it's a good way to go. What I would like to find out this year is the specific criteria the MIAA requires before it approves combining two teams," said Bregoli.

The over-riding issue is competition. The worst experience for an athlete is a situation in which he or she is not competitive in a game, or worse, in several games during a season. It drains the joy out of playing sports.

"I'm not looking for undefeated seasons or league titles. I'm looking for a more competitive situation for our kids. Not being competitive is not good for their mental health or self esteem," said Bregoli.

There is also the increased risk of injury. North has been forced to use a number of underclassmen to field teams in contact sports. It is unfortunate if an athlete does not have the skill-set to compete on the varsity level. It is dangerous if the player is not sufficiently developed physically to protect himself or herself on the playing field.

"If you have a problem dribbling a basketball. You might turn the ball over. That's one thing. But if you're not big or strong enough to go up for a rebound, you might end up with a concussion," said Bregoli. "We need to do a better job for our student-athletes."

Six On Lasell Dean's List

Six students from Quincy are on the Dean's List for the fall semester at Lasell College.

They are:

Suzanne Nguyen who is studying Hospitality and Event Management and is a member of the class of 2016.

Linda Lam who is studying Criminal Justice and is a member of the class of 2017.

Emma Kimmell who is studying Fashion and Re-

tail Merchandising and is a member of the class of 2018.

Thuy Ngo who is studying Fashion Design and Production and is a member of the class of 2018.

Kimberly Andrews who is studying History with Secondary Education and is a member of the class of 2019.

Emma Papile who is studying Undeclared Option and is a member of the class of 2019.

Quincy State Senator's Opioid Plan Stirs National Conversation

Cont'd From Page 2

munity "achieve the desired level of pain control while also limiting the amount of unused medications."

In their letter to the DEA, the Senators noted that "over 70% of adults who misuse prescriptions get the medication from friends or relatives," in part because "many patients filling legitimate prescriptions for opioids aren't using all of those medications." This leaves the remaining quantity subject to misuse by other people, often by youth in the home or neighborhood who might not otherwise be exposed or become addicted to opioids. The Centers for Disease Control (CDC) re-

ported earlier this year that people misusing opioid prescriptions are 40 times more likely to eventually begin using heroin.

The partial fill debate led by Senator Keenan in the Massachusetts State Senate gained Warren's attention, who with her colleagues wrote that DEA "regulations do not specifically prohibit partially filling prescriptions...[but] the lack of clarity has deterred states from moving forward with partial fill policies." A similar bipartisan letter was spearheaded in November by Congresswoman Katherine Clark, who led a group of 47 Representatives, including Quincy's Congressman

Stephen Lynch and all 9 members of the Massachusetts Congressional delegation, asking the DEA to update their regulations and to remove any roadblocks preventing states from adopting partial fill policies.

"The efforts of the Massachusetts State Senate to push the partial fill proposal have gained national attention, and I am grateful that our delegation in Washington is willing to seek the clarity necessary to address the excessive number of unused painkillers that are being diverted from medicine cabinets and being misused by so many, fueling the opioid epidemic," said Keenan.

Schools Closed For Nov. Election

Cont'd From Page 2

Monday and Tuesday, with rain dates on a Wednesday and Thursday.

Committee member Barbara Isola recommended nixing the rain dates at the Jan. 6 subcommittee meeting, citing concerns from parents and family members who might not be able to adjust their schedules if the graduation ceremony is postponed two days. Instead, Isola recommended moving the ceremony indoors on the originally scheduled date in the event of inclement weather.

"A lot of parents don't have flexibility as far as taking time off from their jobs and have to put in for those days way in advance to have it off. To move it to a rain date wreaks havoc on a lot of people's lives," Isola said.

"I think for ease of scheduling for parents, for grandparents, for people who are traveling, for people who want to go out to dinner, for

people who want to have a celebration, I would propose we not put rain dates in for graduations so people could know a date certain."

Quincy High's graduation ceremony would take place on Monday, June 12, 2017, and North Quincy's on the following day.

Under the proposed calendar for the next school year, elementary and middle school offices would reopen Aug. 29. Professional staff would return on Tuesday, Sept. 6.

Students in grades 1 through 9 would return to school Sept. 7 and grades 10 through 12 on Sept. 8. Sept. 8 is also the day of the state primary election, but classes would go on as scheduled that day.

Kindergarten and pre-K orientation would take place Sept. 9 with the first day for both on Sept. 12.

With Christmas falling on a Sunday this year, students would have a shortened winter break from Saturday,

Dec. 24, to Sunday, Jan. 1. There would be no half-day scheduled for Friday, Dec. 23, the final day before winter vacation.

February vacation in 2017 would extend from Saturday, Feb. 18, to Sunday, Feb. 26.

No classes would be held on Good Friday, April 14. That would also be the first day of April vacation, which would extend to Sunday, April 23.

The final day for graduating seniors is May 31. That day would be unaffected by any cancellations, such as snow days.

The final day of classes for all other students would be Friday, June 16, assuming no days are cancelled because of snow or other reasons; there are ten remaining weekdays in June if necessary.

The last day for professional staff would be Monday, June 19, if there were no snow days.

'The Immigrant Experience' Topic Jan. 24

"The Immigrant Experience" will be the topic of conversation at the next Cong. Beth Shalom of the Blue Hills Brunch Speaker Series on Sunday, Jan. 24th, at the Pierce Middle School, 451 Central Ave. in Milton.

The brunch and discussion are open to the public.

The conversation will be led by members of the synagogue's Book Club, based on the book "The Fam-

ily: Three Journeys into the Heart of the Twentieth Century," by David Laskin. The discussion also will allow for sharing of family stories by the audience.

Congregation Beth Shalom of the Blue Hills, formerly Temples Shalom of Milton and Beth El of Quincy, invites the public to its Brunch Speaker Series which begins at 10:15 a.m.,

with the speaker starting at approximately 11 a.m.

A \$5 donation for the brunch is requested to defray food costs, and a call or email to the congregation office is appreciated for planning. The speaker portion can be attended for free.

For more information, call 617-698-3394 or email: office@BethShalomBlueHills.org.

Croall 'Talk And Coffee' Saturday

Ward 2 Councillor Brad Croall will host a "Talk and Coffee" Saturday, Jan. 16 from 8:30 to 9:30 a.m. at McKay's Breakfast, 144 Franklin St., Quincy.

Neighbors are invited to attend and connect over a cup of coffee and share thoughts and ideas regarding Ward 2.

Croall has also set up two

neighborhood meetings this month.

On Jan. 20, there will be a meeting on a proposal by the Agnitti family to build 17 townhouses located on lots at 150-154 Quincy Ave. next to Olindy's. The meeting will begin at 6:30 p.m. in the basement of the James R. McIntyre Government Center (Old City Hall), 1305

Hancock St.

On Thursday, Jan. 21 at 6:30 p.m. also at the McIntyre Center, there will be a discussion on the opening of the MBTA gate.

Croall has asked the city's traffic engineer to attend so that residents can share their thoughts on traffic and parking.

On Friday, January 1, 2016, at approximately 2:00 a.m., Officer Sean McCormack was dispatched to Burgin Parkway for a motor vehicle accident. As the Officer approached the intersection of Quincy Street and Burgin Parkway, he spotted one car facing southbound in the northbound side with damage. The Officer approached a male standing next to his vehicle who stated that he was the driver.

When asked what happened, the driver said he was driving south on Burgin Parkway when his vehicle's "power steering went" and he lost control of the vehicle, hitting the median while swerving to miss a pole. The driver said that he worked a wedding earlier in the evening in Brockton but just left a Quincy pub, where he had a couple of beers. The driver appeared unsteady on his feet and had difficulty following simple directions.

Officer McCormack was unsure if the driver was under the influence of alcohol or if the visible injuries to his head and face sustained during the accident were the cause of his unsteadiness. The driver consented to going to the hospital to be checked out. No field sobriety tests were given on scene due to possible injuries sustained by the driver.

Once the driver was transported by ambulance, Officer McCormack began his accident investigation. Following the trail of debris left behind from the accident, the first point of impact was when the vehicle struck the median curbing between the north and south bound lanes of traffic, causing the vehicle to cross over to the wrong side of the road where he struck the jersey barrier dividing Burgin Parkway and the MBTA train tracks. The vehicle continued to travel down the wrong side of the road until it hit the jersey barrier again and before stopping. The Officer estimated that the vehicle traveled about 200 meters, putting all drivers at risk. The impact of the car with the jersey barriers pushed them back about 4 inches, causing it to separate from the road.

As the vehicle was being towed, a Brewster Ambulance EMT who was transporting the driver to the hospital called over the radio for Officer assistance, stating that their patient

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

opened the side door of the ambulance and took off running once they arrived at the hospital. Officer David Levine responded and located the driver on Cranch Street running down a driveway.

When Officer Levine cornered the driver, he became combative and actively resistant. Officers Parisi, Gaeta and Paccioretti assisted Officer Levine in handcuffing the driver and placing him on a stretcher to be transported back to Quincy Medical Center for treatment. During this time, the driver was screaming, thrashing and putting Officers' safety at risk. He woke up five separate households, with residents coming outside to see what was going on. Once back at the hospital, the driver was verbally abusive to Officers and medical staff. He made threats towards Officers' and medical staffs' families, jobs and threatened to sue everyone involved. The driver told a Nurse that he did not drink much and that his blood alcohol wouldn't be "that high." Once results were back, it showed that the driver's Blood Alcohol Content was 210 or 0.21.

At this point, the driver refused to comply with medical staff so he was transported to the Quincy Police Station to begin the booking process. At first, he would not cooperate during that booking process, stating, "I don't know" when he was asked for basic personal information. After doing this for a brief period, the driver opted to take the breathalyzer test which was administered by Officer Bossart. The results of the breathalyzer test stated that the driver's Blood alcohol content was at 0.11.



LT. DAN MINTON

The driver, a 28 year old Braintree resident, was charged with "Operating under the Influence, Alcohol, Negligent Operation, Marked Lanes violation, Wanton Destruction of Property +\$250, Disorderly Conduct and Resisting Arrest." Nice Work!

ANOTHER JOB WELL DONE: On Monday, January 4, 2016, at approximately 1:50 A.M., numerous Officers were dispatched to a Wollaston neighborhood to search for a missing 84 year old woman diagnosed with Alzheimer's disease and Dementia. Family members noticed that she was missing from her bed and immediately called "911."

Fortunately, the woman was registered with the Quincy Police Department's electronic tracking program. A huge concern was the very cold temperature and it was unknown what she was wearing. While the Patrol Supervisor set up a perimeter, Officer Andrew Keenan and Dispatcher Carol Flynn responded to the scene with the tracking equipment. John Dunn from the Norfolk County Sheriff's Office was notified and he sent tracking Officer Diorio and Sergeant Flynn to the area.

The tracking Officers began at the residence and immediately picked up a signal indicating she was nearby. As Officer Keenan approached the family vehicles, he located the female asleep in the front seat under a blanket. As a precaution, the woman was brought to the hospital for evaluation and then sent home. Thanks goes out to Norfolk County Sheriff's Office for their assistance. Nice Work to all!

COPS AND YOUR PETS: A simple request. Please put your pets in another room when you call us for service. We understand that you love your pet and would like to introduce them to friendly Police Officers, but we are trying to give full attention to your situation. Pets jumping on us, sniffing us, barking at us, wanting to be patted are distractions to Officers performing their jobs. Remember, not everyone loves animals and some are even allergic!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 1 - 8

ARRESTS: 28

TOTAL CALLS: 885

STOLEN MOTOR VEHICLES: 2

FRIDAY, JAN. 1

ASSAULT AND BATTERY, 1:14 a.m., Hancock Lot, 50 Revere Rd. Two arrests A&B and disorderly.

ATTEMPTED BREAKING AND ENTERING, 3:16 a.m., Beale Street News, 19 Beale St. Suspect can be seen pushing on glass. Taken into custody for attempted B&E and malicious damage.

LARCENY, 3:22 p.m., Assembly, 425 Hancock St. Car keys. White male, black jacket, carrying two bags, one pink. Believes may have headed toward Stop & Shop. Caller called back; keys were found.

SATURDAY, JAN. 2

LARCENY, 11:05 a.m., E. Elm Ave. Clock. Party just wanted advice. Not going to pursue.

BREAKING AND ENTERING, 11:09 a.m., Brook Rd. Construction site. Toolbox.

LARCENY, 11:24 a.m., Chapman St. Package taken off porch.

ATTEMPTED LARCENY, 11:38 a.m., Citizens Bank, 85 Quincy Ave. Bad check. White female in her 40s, white shoes, black jacket, black pants. Arrest made. Uttering and larceny.

VANDALISM/PROPERTY, 2:26 p.m., Imperial Terrace, 105 Sea St. Caller's tires were slashed. Happened last night.

LARCENY, 4:10 p.m., Burns Ave. Tools stolen by a former employee.

BREAKING AND ENTERING IN PROGRESS, 8:49 p.m., Captain's Wk. Called had her TV stolen by her daughter's boyfriend. Party fled further into Germantown. Unable to locate suspect.

SUNDAY, JAN. 3

MOTOR VEHICLE LARCENY, 6:39 a.m., Dunkin' Donuts, 687 Hancock St. Silver 2003 Malibu. He went in to get a coffee and car was gone when he came out. Unknown direction of travel. Caller states there is damage to the front bumper and rust near the gas tank.

LARCENY, 5:29 p.m., YMCA, 79 Coddington St. Wallet was taken from inside caller's locker.

LARCENY, 6:43 p.m., Fuji, 698 Hancock St. Someone stole \$100 from her purse.

MONDAY, JAN. 4

MOTOR VEHICLE LARCENY, 9:35 a.m., Granite Links, 100 Quarry Hills Dr. Trailer by maintenance building.

LARCENY, 10:41 a.m., South Shore Veterinary Clinic, 579 Adams St.

LARCENY, 12:07 p.m., Crane Library, 40 Washington St. Follow up.

LARCENY, 1:37 p.m., CVS, 42 Beale St. Beige Buick, black male, gray Buick, wearing all blue in parking lot. Second suspect black male, brown jacket, brown hat on foot headed toward Hancock St. on Chapman. Suspects stopped; trespassed by store employee and sent on way.

TUESDAY, JAN. 5

ASSAULT AND BATTERY, 7:33 a.m., Alrick Rd. Argument. Caller claiming she was assaulted by a neighbor.

BREAKING AND ENTERING, 11:28 a.m., 400 E. Squantum St. Happened Dec. 19.

VANDALISM/PROPERTY, 12:01 p.m., Quirk Nissan, 595 Southern Arty. Malicious damage to vehicles in lot.

VANDALISM/PROPERTY, 4:29 p.m., Inn at Bay Pointe, 64 Washington Ct. Both sides of car keyed on Jan. 2.

LARCENY, 9:48 p.m., YMCA, 79 Coddington St. Party reports iPhone stolen from basketball courts. Last seen around 8:45 p.m. Went missing from backpack while he was playing basketball.

WEDNESDAY, JAN. 6

LARCENY, 2:01 p.m., McDonald's, 275 Hancock St. Money missing.

LARCENY, 3:14 p.m., Walmart, 301 Falls Blvd. Loss prevention reporting past larceny with estimated total of \$6,000.

LARCENY, 3:29 p.m., 10 Winter St. Jewelry worth \$5,000.

VANDALISM/PROPERTY, 10:35 p.m., 1025 Hancock St. Elevator.

THURSDAY, JAN. 7

VANDALISM/PROPERTY, 9:27 a.m., 425 Washington St. Broken window. No entry.

LARCENY, 10:47 a.m., Santander Bank, 1150

Hancock St. Caller's girlfriend drained account. Advised no crime in Quincy.

LARCENY, 1:46 p.m., 1 Billings Rd. Copper.

LARCENY, 7:54 p.m., Merrymount Rd. Caller said a roommate stole some of his belongings. No theft. Blankets were located.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 687 Hancock Street, 100 Quarry Hills Drive.

CAR BREAKS: Fayette Street, 184 Washington Street, 100 Granite Street.

BREAKS AND ATTEMPTED BREAKS: Brook Road, 400 block of East Squantum Street, 19 Beale Street (arrest).

If you have information on the above crimes, drug activity or any crime, please call the **Quincy Police Detective Bureau** at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the **Drug Hot-Line** at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the **Registered Sex Offenders** book, call **Detective James Dentremon** at 617-745-5755.

To contact the **Crime Prevention Officer** for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

SUN FUN PAGE

King Crossword

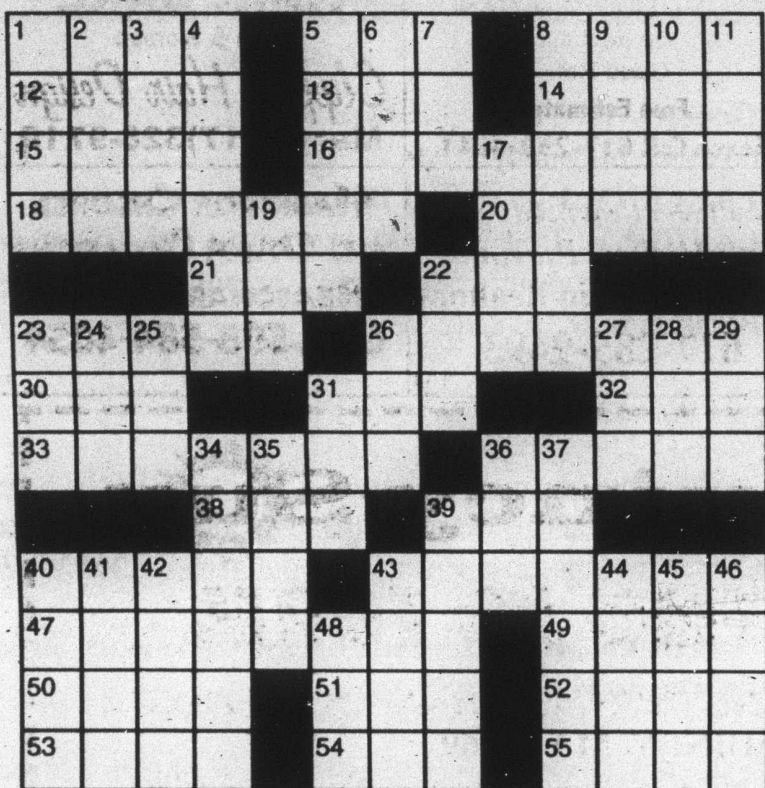
ACROSS

- 1 React to gravity
5 G-man's org.
8 Gym-floor padding
12 Sandwich cookie
13 "— the fields we go ..."
14 Shrek is one
15 Paper quantity
16 Leave
18 Distinguish
20 Senate staffers
21 "Monty Python" starter
22 Solidify
23 Intended
26 Faint
30 Noah's boat
31 Actor Cruise
32 Omega preceder
33 Protract
36 Tablet bearer
38 Bagel topping
39 Yon maiden
40 Rice (Sp.)

DOWN

- 43 Endure
47 Omit
49 Emanation
50 Logical
51 Ailing
52 "— It Romantic?"
53 Probability
54 Deposit
55 "Untouchable" Eliot
1 Dress-maker's dummy
2 Vicinity
3 Plumbing problem
4 Chinese noodle recipe
5 Concentrate (on)
6 Suspenders alternative
7 Anger
8 Aesopian conclusions
9 Enthusiastic, plus
10 Verifiable
11 Collections
17 Tarzan's clique
19 Giant in

- Coopers-town
22 Group of whales
23 Crazy
24 Blunder
25 Alias (Abbr.)
26 Cauldron
27 Chances, for short
28 Work with
29 "— the sea son to be jolly"
31 Formal wear
34 Boxer's gear
35 Seep
36 First name of 19-Down
37 Invest with authority
39 With ardor
40 Moreover
41 Peruse
42 McNally partner
43 Island dance
44 River of England
45 Coffee shop array
46 Skin art, for short
48 Lubricate



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MAGIC MAZE • PHOBIAS: FEAR OF —

N Q N K H D A X U R P M J G D
A X V S Q N K I F D A X V T Q
O M J H F C A Y W U R F Y P N
L S N A K E S S J H I A T F D
S B Z X S R H T T S V I I G T
R T Q T E M A O H S M L S N K
I H A W F G R D D G E U E I B
Z C O B I N K O E Y I R B Y W
V L T N R I S Q W H O E O L N
F L G K I Y H F D C T A H F Z
X W S R E D I P S V U S R Q O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Aging Bats Cats Dying
Failure Fish Flowers Flying
Forests Heights Obesity Sharks
Snakes The dark Worms

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Clothesline is missing. 2. Hat is different. 3. Collar is different. 4. Hat is different. 5. Clothesline is missing. 6. Pocket is missing. 7. Hat is different. 8. Pocket is missing. 9. Hat is different. 10. Pocket is missing. 11. Hat is different. 12. Pocket is missing. 13. Hat is different. 14. Pocket is missing. 15. Hat is different. 16. Pocket is missing. 17. Hat is different. 18. Pocket is missing. 19. Hat is different. 20. Pocket is missing. 21. Hat is different. 22. Pocket is missing. 23. Hat is different. 24. Pocket is missing. 25. Hat is different. 26. Pocket is missing. 27. Hat is different. 28. Pocket is missing. 29. Hat is different. 30. Pocket is missing. 31. Hat is different. 32. Pocket is missing. 33. Hat is different. 34. Pocket is missing. 35. Hat is different. 36. Pocket is missing. 37. Hat is different. 38. Pocket is missing. 39. Hat is different. 40. Pocket is missing. 41. Hat is different. 42. Pocket is missing. 43. Hat is different. 44. Pocket is missing. 45. Hat is different. 46. Pocket is missing. 47. Hat is different. 48. Pocket is missing. 49. Hat is different. 50. Pocket is missing. 51. Hat is different. 52. Pocket is missing. 53. Hat is different. 54. Pocket is missing. 55. Hat is different. 56. Pocket is missing. 57. Hat is different. 58. Pocket is missing. 59. Hat is different. 60. Pocket is missing. 61. Hat is different. 62. Pocket is missing. 63. Hat is different. 64. Pocket is missing. 65. Hat is different. 66. Pocket is missing. 67. Hat is different. 68. Pocket is missing. 69. Hat is different. 70. Pocket is missing. 71. Hat is different. 72. Pocket is missing. 73. Hat is different. 74. Pocket is missing. 75. Hat is different. 76. Pocket is missing. 77. Hat is different. 78. Pocket is missing. 79. Hat is different. 80. Pocket is missing. 81. Hat is different. 82. Pocket is missing. 83. Hat is different. 84. Pocket is missing. 85. Hat is different. 86. Pocket is missing. 87. Hat is different. 88. Pocket is missing. 89. Hat is different. 90. Pocket is missing. 91. Hat is different. 92. Pocket is missing. 93. Hat is different. 94. Pocket is missing. 95. Hat is different. 96. Pocket is missing. 97. Hat is different. 98. Pocket is missing. 99. Hat is different. 100. Pocket is missing.



1. GEOGRAPHY: Which U.S. state lies east of Indiana?
2. MYTHOLOGY: In Roman mythology, Neptune is the equivalent of which Greek god?
3. COMICS: In what year did detective Dick Tracy make his debut in a comic strip?
4. HISTORY: How many presidents have served more than two terms of office?
5. MOVIES: What was the first Pixar film to receive a PG rating?
6. LITERATURE: Who wrote the children's book "Black Beauty"?
7. CHEMISTRY: What is the Periodic Table symbol

- for the element iron?
8. AD SLOGANS: What 1960s and '70s aftershave warned consumers to "be careful how you use it"?
9. LANGUAGE: What is a ewer?
10. MEDICAL: What part of the body does Bell's palsy affect?
Answers
1. Ohio
2. Poseidon
3. 1931
4. One -- Franklin D. Roosevelt
5. "The Incredibles"
6. Anna Sewell
7. Fe
8. Hai Karate
9. A vase-shaped pitcher or jug
10. The face
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Wishing Well®

8 2 6 7 8 4 3 7 3 2 6 2 7
Y I K B O F A E S N E T S
2 7 3 8 2 3 4 6 7 6 4 6 3
E E W U L I R E N P I Y T
2 3 2 3 6 5 4 6 3 4 6 4 2
L C E H O B E U T N R D C
4 2 8 4 2 3 7 2 3 2 3 5 4
S T A V U O S A S L U E I
7 4 3 6 5 4 8 2 6 4 8 7 8
I S C D T I R E R T E B N
2 7 2 3 5 2 8 7 6 5 8 3 8
X L C C I H O E E D W E G
5 8 2 3 6 3 2 8 2 6 2 6 8
Y L A S A S N A G M E S D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ARIES (March 21 to April 19) Single Lambs looking for romance could find Cupid especially accommodating this week. Paired partners also find their relationships benefiting from the chubby cherub's attention.

TAURUS (April 20 to May 20) Keep your keen Bull's eye focused on your target, and shake off any attempt to turn your attention elsewhere. You should get some news later in the week that might answer some questions.

GEMINI (May 21 to June 20) Your early enthusiasm for a project might have been somewhat premature. Although you feel positive about it, you might need more information in order to make an informed decision.

CANCER (June 21 to July 22) Taking on a new responsibility might seem like the politically correct thing to do. But even with the promise of support, was it the wisest? Consider reassessing your upcoming decision.

LEO (July 23 to August 22) Apply yourself to completing your task despite all the distractions that might be interfering with your work. Then reward yourself with a weekend of fun shared with people who are close to you.

VIRGO (August 23 to September 22) A business agreement from the past might need to be looked at again. Use this unexpected development to check out other matters related to it. A weekend venture proves to be rewarding.

LIBRA (September 23 to October 22) Don't ignore that uneasy feeling about mak-

ing a commitment. It could be a case of understandably cold feet, or a warning that something isn't as right as it should be.

SCORPIO (October 23 to November 21) A colleague could be more supporting of one of your efforts. But it's up to you to make the case for it, and that could mean opening up a secret or two, which might be a problem for you.

SAGITTARIUS (November 22 to December 21) Expect some good news about a relative you've been worried about. But don't expect the full story to be told -- at least not yet. A workplace matter might face shifting priorities.

CAPRICORN (December 22 to January 19) Despite some anxious moments, you could have good reason to be pleased with how things are turning out. An end-of-the-week call might hold some interesting information.

AQUARIUS (January 20 to February 18) A long-overdue expression of appreciation could be offered soon. But admit it: You never really expected it would happen, right? Meanwhile, keep your weekend options open.

PISCES (February 19 to March 20) It's a good time to dive right into a new challenge, whether it's learning a computer app, or how to drive a stick shift, or making a new friend. Whatever it is, good luck.

BORN THIS WEEK: You see the wisdom in honesty, and you help others appreciate your vision.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals T

ES RT HERQNY KQMSWT YOER, F
REDM MEZU KEWSFZFKECS
MJMCSNEOOT SEDM E SNWC
HQW SUM JMWYM.

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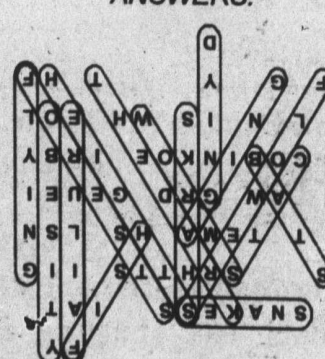
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King Crossword — Answers

Solution time: 21 mins.



Magic Maze ANSWERS:



Cryptoquip ANSWER:

At my famous poetry slam, I make each participant eventually take a turn for the verse.

CLASSIFIEDS

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304 Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 Docket No. NO15P3465GD In the matter of: Pearl Alexander Of: Quincy, MA RESPONDENT Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by South Shore Elder Services of Braintree, MA in the above captioned matter alleging that **Pearl Alexander** is in need of a Guardian and requesting that Jewish Family & Children's Services of Waltham, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/03/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 30, 2015
PATRICK W. McDERMOTT
Register of Probate

1/14/16

PERSONAL

THANK YOU ST. JUDE M.S.

1/14

CHRIS - I HEARD YOU PLAY YOUR GUITAR "A NEW STAR IS BORN!" - MARTY

1/14

Holy Spirit, you solve all problems, light all roads, so that I can attain my goal. You who give the divine gift to forgive and forget all evil against me and that in all instances of my life you are with me. I want in this short prayer to thank you for all things, confirming once again that I never meant to be separated from you even in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy toward me and mine. The person must say this prayer for three consecutive days. After 3 days the favor will be granted even if it is difficult. This prayer must be published after the favor is granted. N.L.

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING City of Quincy ZONING BOARD OF APPEALS

CASE NO. 15-076

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, January 26, 2016 at 7:15 pm** on the First Floor in the Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Colleen Giacomozzi for a Variance/ Finding to raze existing single story block, barn building and subdivide the existing site to create two parcels and construct a two-family on the newly created parcel in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.4 (nonconforming) on the premises numbered 83 DYSART STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/7/16, 1/14/16

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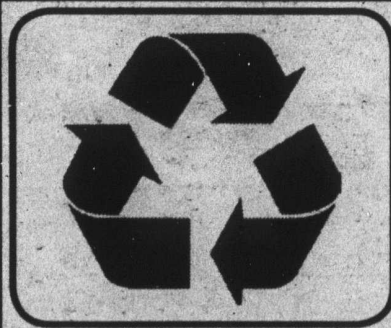
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FAMILY of Emily Lebo (front row, center) applauds Monday night after she was unanimously chosen to fill a vacant seat on the School Committee. Lebo previously served four years on the committee and is filling the seat vacated by Noel DiBona who was elected a city councillor at-large last fall and was sworn in Jan. 4. Seated next to Lebo are her grandchildren Oliver and Dorothy Lebo. Oliver is a kindergartner at the Bernazzani School.

Quincy Sun Photo/Robert Bosworth

Lebo Named To Fill Open School Seat

Cont'd From Page 1

elected to a seat in 2009 and unseated by DiBona in 2013. She worked for the Quincy Public Schools for two decades and was the director of career and technical education before joining the Boston school system in a similar capacity. She is now retired and works as a consultant for the Boston Public Schools.

Lebo launched a write-in campaign for a school board seat in the final month of the 2015 election, attempting to become the first resident to win a municipal election through a write-in effort. Incumbents Paul Bregoli and Kathryn Hubley each received more than 12,000 votes in the November balloting and newcomer James DeAmicis garnered 8,341. A total of 4,357 write-in votes were cast.

Bregoli, the school board's vice chairman, nominated Lebo for the vacant

seat Monday.

"Emily is a person for whom I have great respect. She is intelligent and hard working — a woman with knowledge and expertise in the field of education. Emily spent 20 years in the Center for Technical Education, where she nurtured the minds, bodies and spirits of the students there," Bregoli said.

"Emily previously served on the School Committee for four years and I had the privilege of working with Emily for two of those years and witnessed firsthand her dedication and professional approach to every issue. Emily has no other ambition but to return to the School Committee where she served the children, parents and staff so well."

School Committee member Barbara Isola seconded the nomination. She recalled Lebo's last meeting on the committee in 2013.

"One of the things I said is having Emily on the committee made me a better committee member, and that's true to this day so I'm hoping I get to work with her again," Isola said.

"She brings the perspective of a parent and a grandparent, an educator, an administrator and a nurse. All of those things, combined with her work ethic, her sense of humor, her absolute dedication to Quincy Public Schools, will just add to our committee and allow us to do great work."

No other residents were nominated for the vacant seat.

Lebo thanked her colleagues for their votes and said she was thrilled and honored to be able to rejoin the committee and continue her work on behalf of the city. Her first act as a committee member was to make a motion to adjourn the joint convention, which lasted less than seven minutes.

New Outreach Committee

Cont'd From Page 1

younger residents.

"I would like to try to engage a newer group to the city. Not just Asian involvement, although I think that's a part of it, which is why I'm looking to Councillor Liang to help that out, but newer residents. Newer people. People who are new to the city," Hughes said.

"As I knocked doors this time, I noticed a huge change from just when I knocked four years ago. You lose the people through attrition or whatever; people I could count on for signs or people I've known for 30 years, and they don't live there anymore...It's a younger group moving to the city — and people that want to get involved."

One thing the new committee could do to foster engagement is hold meetings at different locations in the city. Those meetings would not be for residents of one specific ward. Hughes noted ward councillors often hold community meetings on neighborhood-specific issues such as proposed developments. The three at-large councillors, however, may not have a chance to connect that way with residents — nor does the council as a whole.

Mayor Thomas Koch, in his Jan. 4 inaugural address, said plans for a new community arts center would be incorporated into his vision for the next decade. The mayor also referred to the possibility of preserving the 90-year-old Wollaston Theatre on Beale Street and making it into a center for performing arts.

The Wollaston Theatre's current owner, Miao Kun "Michael" Fang, said in September he plans to de-

molish the structure, citing concerns over its structural integrity.

Hughes, whose district includes Wollaston Center, said she would support plans for a new performing arts center in the city and preserving the Wollaston Theatre for future use, if a feasible plan were put forward to do so.

"We don't really have that (a performing arts center) here and that's something that is close to my heart, but I'm not as wedded to the fact that it has to be there in that location," Hughes said. "But I think if that's something that works — that we feel we can do — I'm certainly happy to listen to any proposals or be open to talking about it to anybody."

The cost of renovating the theater, which first opened in 1926 and has remained closed since 2003, was estimated at upwards of \$7 million in 2009, when Street-Works opted out of an agreement to purchase and restore the historic building.

Hughes had the opportunity to tour the building recently.

"It is in bad shape," she said. "When people say 'a lot of things are in bad shape,' I'm not a builder, that's not my area of expertise, but it looked pretty bad to me."

"It would be great if that location could be rehabilitated and we could find a feasible way to do it — I think that would be great and it's a worthwhile endeavor to see if that's possible. But if it's not, you don't have to honor the idea of something or the history of something always at the spot it's in...I'm 100 percent with the mayor when he talks about being a supporter of the arts and making sure we have some-

thing that reflects that in the community and I don't know that we do right now."

In her remarks following her election to the council presidency, Hughes said the body would work with the mayor and Gov. Charlie Baker's administration to encourage economic development in the city.

One way the council could do that, Hughes suggested in the recent interview, would be to take a look at zoning regulations in areas where development could be encouraged. The City Council last approved changes to the zoning code in June 2011, before Hughes was elected.

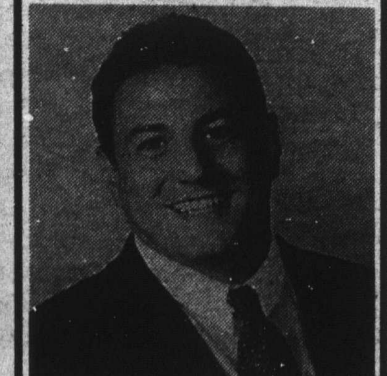
The Metropolitan Area Planning Council in 2013 released a report on redeveloping Wollaston Center, which called for changes to the zoning code, such as allowing taller buildings and requirements for fewer parking spaces per project.

"One of the things we talked about in my own ward, in Wollaston, is making that a more attractive place to developers in terms of changing height requirements in the area, parking changes. I know the mayor talked about that in his address, sort of reimagining the parking and traffic situation here in the city," Hughes said.

"The table really has to be set for developers to come and I think relooking — and I know they did it before I came on the council — at the zoning code in the city and maybe trying to look at some of those maybe defunct or struggling business areas in the city and seeing what we can do to encourage business development there is important. Wollaston is certainly one of those areas that I think is able to be revitalized."

Hughes is only the second woman to serve as president of the City Council. The late Patricia Toland was the first to do so.

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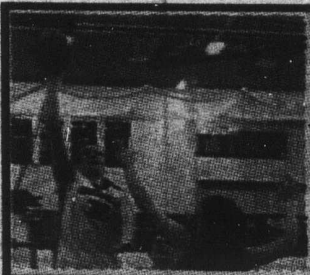
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Quincy's Nicole Jorgensen On
Threshold Of Historic Milestone - Page 18

Quincy-North Quincy Football
Hall Of Fame Inductees - Pages 22, 23



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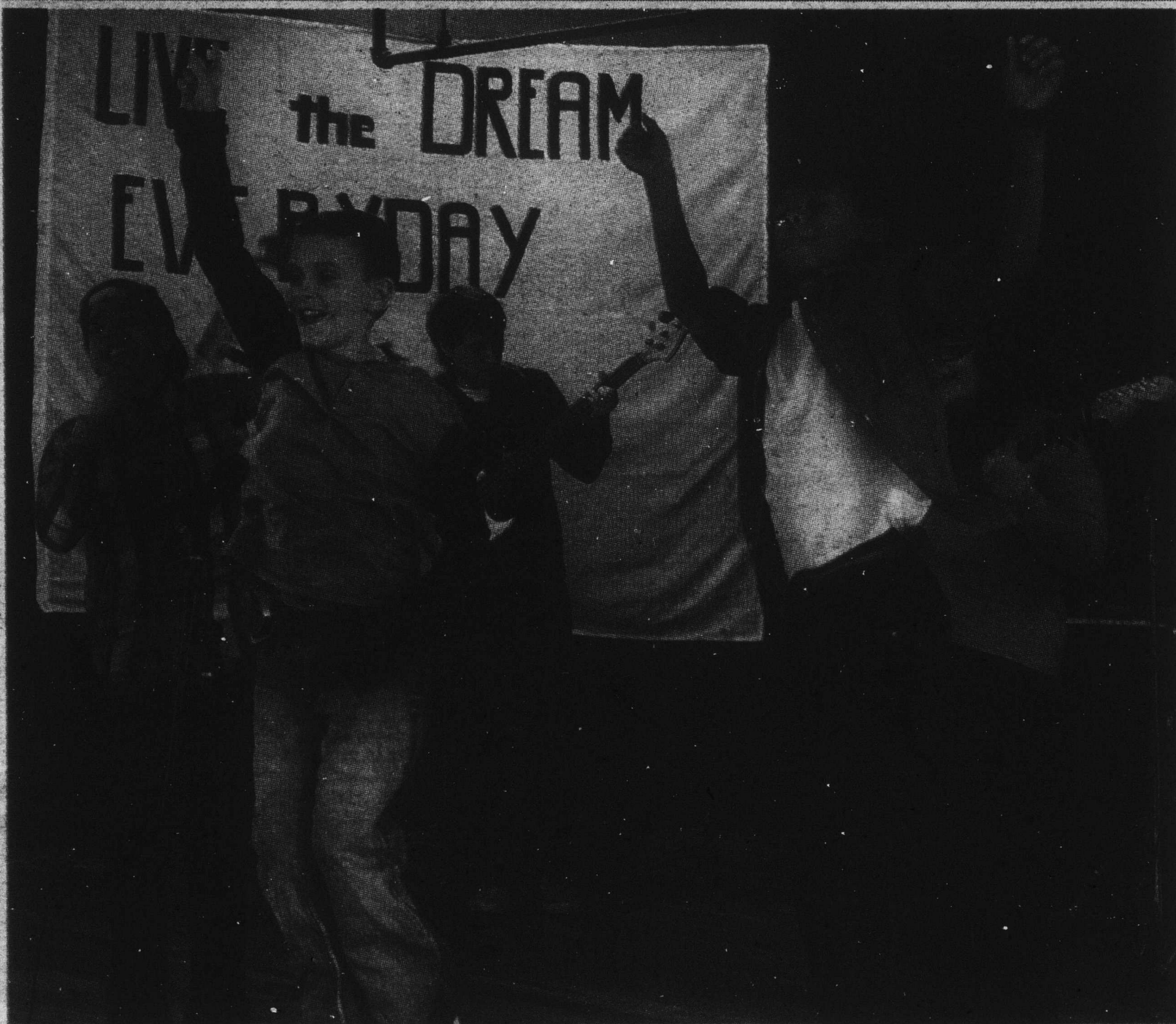


Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 48 No. 18

Thursday, January 21, 2016

75c



GERMANTOWN NEIGHBORHOOD CENTER youngsters jump and sing to an original song, "The Germantown Anthem," similar to the well-known tune "Respect" by Aretha Franklin at Monday's 20th annual Martin Luther King, Jr. breakfast presented by the Germantown Neighborhood Center and South Shore YMCA. The sign in the background reads "Live the Dream Everyday" in tribute to the late Civil Rights leader.

Quincy Sun Photos/Robert Bosworth

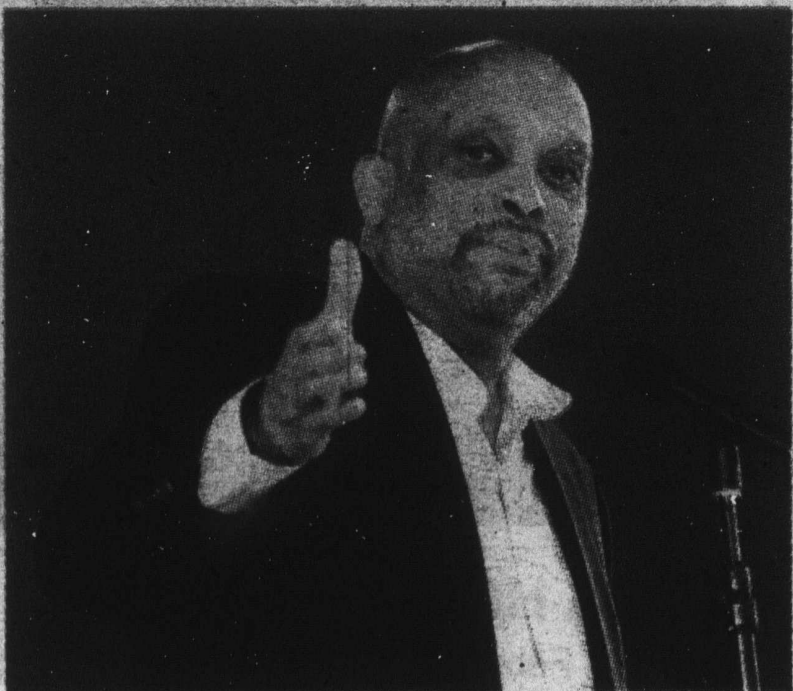
Community Remembers, Honors Martin Luther King, Jr.

Speaker Robert Benjamin: 'Always Know That You Count'

By SCOTT JACKSON

The keynote speaker at a breakfast Monday honoring the Rev. Dr. Martin Luther King, Jr., said the late civil rights leader's message to Philadelphia middle school students about having a blueprint for their lives based around their own dignity and self worth is still important today, nearly 50 years later.

More than 100 residents attended Monday's breakfast at the Germantown Neighborhood Center. This year marked the 20th anniversary of Quincy's commemoration of King's life and work and the ninth year



ROBERT BENJAMIN, associate dean for Multicultural Affairs and Student Transitions at Eastern Nazarene College, was the keynote speaker at Monday's 20th annual Martin Luther King, Jr. breakfast.

the event has taken place at the neighborhood center.

Robert Benjamin, the associate dean for multicultural affairs and student transition at Eastern Nazarene College, was the keynote speaker Monday. Benjamin is a native of Trinidad and grew up in Brooklyn. He has worked at ENC for the past 18 years and resides in Quincy with his wife Michele; their four children all attended Quincy Public Schools.

Benjamin reflected on King's speech entitled "What Is Your Life's Blueprint?" which he delivered

Cont'd On Page 2

City Preps For First Big Snowstorm

By SCOTT JACKSON

After a mild start to the season, the first major storm of the winter is coming and city officials are bracing themselves for its impact.

"We'll be ready for whatever Mother Nature brings," Mayor Thomas Koch said Tuesday. "We've already triggered our planning protocols and will have the full complement of snow,

flooding and emergency response teams prepared for the worst."

Forecasters on Tuesday anticipated the storm to strike Greater Boston Friday night and into the weekend; it was too soon, however, to predict the timing or intensity of the storm.

The National Weather Service said one storm

Cont'd On Page 3

\$6.75M For School Repairs

By SCOTT JACKSON

The city is seeking to replace the roof, windows and doors at the Beechwood Knoll Elementary School and the roof at the Merry-mount School this summer.

The City Council was poised to approve borrow-

ing \$6.75 million to finance the projects at its meeting Tuesday night, which took place after The Sun went to press for the week.

The two projects would be completed as part of the Massachusetts School

Cont'd On Page 11

City Census Mailed

The City Census is being mailed to every household in Quincy. City officials ask that residents update their information and return the census form in the postage paid envelope provided.

Compliance with the

City Census is a state requirement which provides proof of residence to protect voting rights, veteran's bonus, housing and related benefits as well as providing information for selection of jurors.



AN INTERESTING LOOKING bird, this American oyster catcher was lunching on various shellfish at Wollaston Beach one day recently. This bird is distinguishable by its black and white plumage and a long, bright orange beak. If close enough you can see it has yellow irises with orange orbital rings.

Photo Courtesy Karen Walker

For more Quincy news, visit:

The Quincy Sun.com



Remembering Gene Creedon - Page 4
Updated American Dietary Guidelines - Page 9

Community Honors Martin Luther King, Jr.

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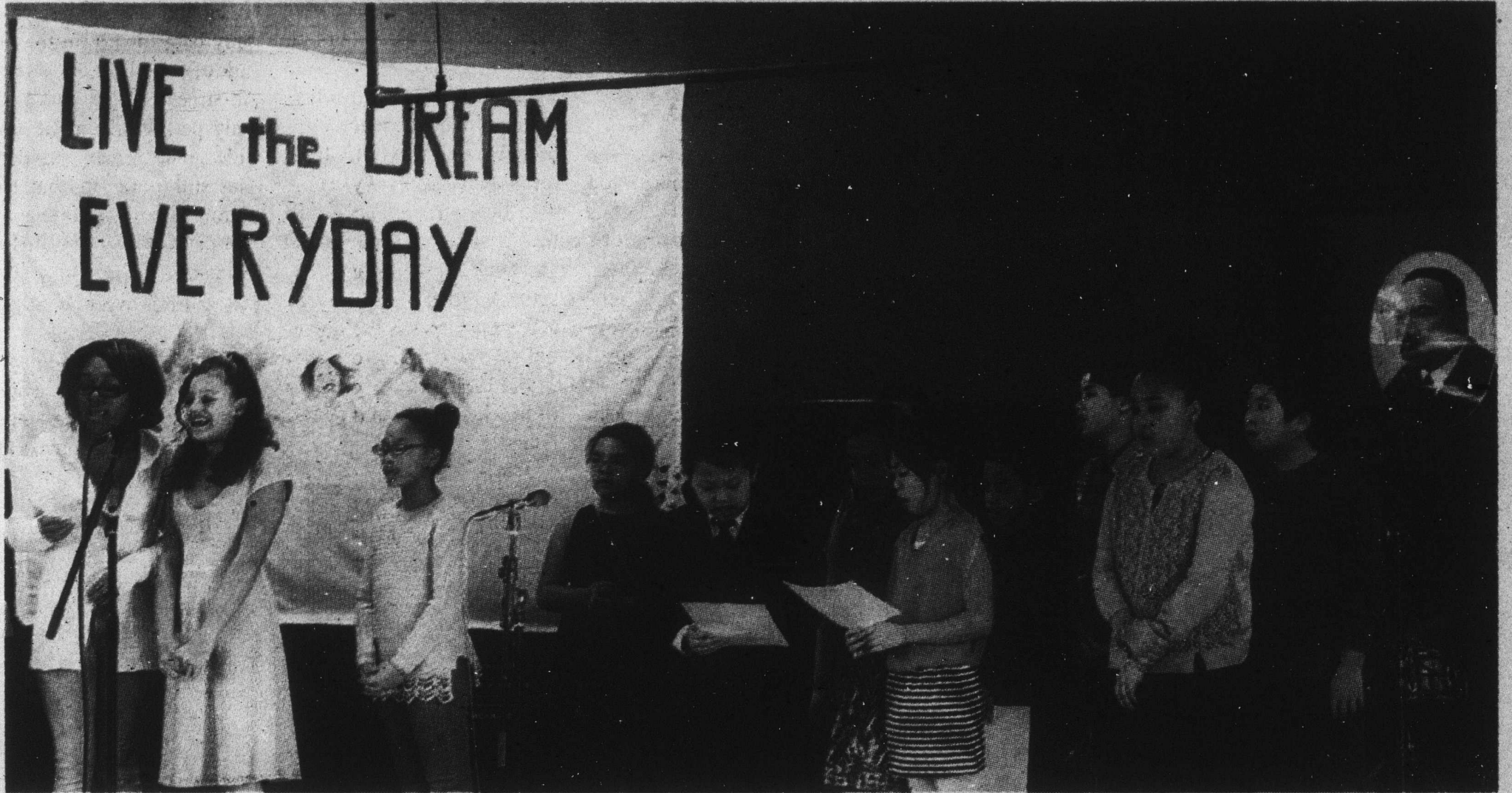
at Philadelphia's Barratt Junior High School in October 1967, six months before his assassination.

"You should have a deep belief in your own dignity, your own self worth, your own somebody-ness," Benjamin said, quoting King's speech. "Always know that you count. Know that your life has worth, that your life has ultimate significance."

Benjamin said King's words applied to the many students present Monday, "no matter where you're from, no matter what your heritage is, no matter what your culture might be, your race, your color" and to those adults in attendance, even if "you feel your life may be short of where you want it to be."

"Our potential is limitless," Benjamin continued. "This is part of the reason we all have to take history in classes. That is why we have to listen to elders in our families. In classes we learn history — we learn American history, we learn world history — a history that covers the people that populate this world...we get a sense of our own potential."

For students whose history might not be taught in



LOCAL YOUTH sang several songs at the 20th annual Martin Luther King, Jr. breakfast presented by the Germantown Neighborhood Center and the South Shore YMCA. An image of the late civil rights leader appears on the back wall on the right. Quincy Sun Photo/Robert Bosworth

school, Benjamin said that should not be taken as an indictment of their heritage or potential.

"Even though your history might not be taught in school, it is not a statement on the value or an indictment on your heritage, nor your potential," he said. "I urge you to supplement with

your own research, speaking to those in your families, recognize where they have come from and some of the sacrifices we have made so that we can all be here today."

Benjamin said Quincy's increasingly diverse population has enriched the community.

"Quincy's population is tremendously rich," he said. "According to the U.S. Census, close to 32 percent of the people here in Quincy today are [in] households that speak a language other than English. Quincy has gone from a population in 2000 being 80 percent white to 64 percent white in 2015. It has changed dramatically. We are rich. In every area of Quincy you will encounter someone different than yourself, whether it's in church or in the grocery store."

Benjamin said the phrase "I don't see color" should be removed from discourse, though he gets the sentiment

behind the statement and understands it is often used to indicate the person saying it treats everyone equally.

"Those things that are different don't necessarily mean they are bad. It is to be celebrated. Let's enjoy our differences. I'm originally from Trinidad and I want you to see when you talk with me that I am from Trinidad," Benjamin said. "If I don't see and hear you in that difference, then my perception is only going to be based on the stereotypes that I have in my own mind."

Monday's event also featured several performances by students who take part in the Germantown Neighbor-

hood Center's various programs, including the after-school program, the Music Studio and Teen Success.

A group of students performed the Golden Globe and Academy Award-winning Common and John Legend song "Glory" from the 2014 film "Selma" as well as the song "If You're Out There," also by Legend. The Germantown Music Clubhouse closed the event with an original song, "Germantown Anthem," based on Aretha Franklin's "Respect."

Kathy Quigley, the neighborhood center's executive director, said the annual

Cont'd On Page 15

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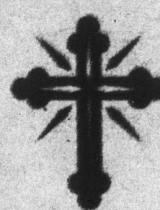
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Granite St. Condos Draw Neighborhood Opposition

32 Units Proposed At Granite & Parker Sts. Site

By SCOTT JACKSON

Residents living near the site of a proposed six-story, 32-unit condominium building a developer is seeking permission to construct at 151 Granite St. voiced their objections to the plan at a recent public hearing, identifying concerns such as the use of jackhammers to remove rock from the plot of land, the impact on water service on Parker Street and impaired sightlines while driving.

A public hearing on the proposal by Anton Cela of Boston to raze the multi-family home on the site, located at the intersection of Granite and Parker Streets, and replace it with the new condo building was held at the Planning Board's Jan. 13 meeting. The developer made an initial presentation on the project Aug. 12.

A half dozen residents spoke against the project during the public hearing on Jan. 13.

Mark Bauman of 50 Parker St. was among those opposed. He cited the need for jackhammering on site and "dangerous" sightlines created by the six-story building.

"I think it's the wrong project for this location," Bauman said. "They're trying to put ten pounds of material in a five-pound bag. It can't be done."

Bauman's house on Parker Street had to be rebuilt following a four-alarm fire in 2005. The fire was able to spread because there was insufficient water pressure at hydrants located on the street and firefighters had to tap hydrants on Granite Street instead, more than 1,000 feet from Bauman's house. Residents of Parker Street said the situation has not improved a decade later.

"You're going to put all these units in with all this water - our pressure isn't good to begin with," said Mike Gilcoine of 60 Parker St. "That's the reason he has a new house - no water."

Mark Bartlett, of the engineering firm Stantec, said one of the recommendations in the peer review of the project is to complete a water flow test as soon as possible. The applicant, he said, wants to wait to complete that test.

"They should do it now to get that information in front of everyone to know if supplemental pressure is required to make it work or not," Bartlett said. "At the same time, you're going to know about impacts on abutters and impacts on the network there - the water system - so we still stand firm on that recommendation."

Regarding the issue of sightlines, Bartlett said they

would be improved at the intersection of Granite and Parker Streets because plans call for the lot's grade to be lowered. The new building, however, would block sightlines from vehicles heading down Parker Street until they pass by it.

Christopher Harrington, the attorney representing Cela, attempted to assuage concerns regarding the removal of rock on site. He said the project has been reduced in size since it was first unveiled at a neighborhood meeting last spring. The developer initially proposed 52 units on site and reduced that number first to 40 and then 32 in the current proposal.

The reduction of the building's size allows it to sit further away from the rear property line - the setback between the rear of the building and the property line is 120 feet in the

Cont'd On Page 11

City Preps For Major Storm

Cont'd From Page 1

model "yields a blockbuster event for all of Southern New England." A second model shows the storm taking a more southeasterly approach, which would limit the threat of heavy snow - in the range of six to 12 inches - to Rhode Island and Southeastern Massachusetts. A blend of all models, NWS said, shows the potential for up to a foot of snow in the Interstate 95 corridor of Massachusetts and Rhode Island.

Chris Walker, Koch's spokesman, said the city has 5,000 tons of salt on hand for the storm and the ability to utilize up to 130 pieces of equipment if necessary.

Walker encouraged Quincy residents to sign up for emergency alerts online at quincyma.gov and follow the city's Facebook (City of Quincy) and Twitter (@cityofquincy) pages for updates as the storm approaches. For snow-related assistance, residents can call the city's 24-hour hotline at 617-376-1927, which is fully staffed throughout the duration of any major storm.

In the event of a snow emergency, parking would only be allowed on the odd side of neighborhood streets; on streets where parking is only permitted on the even side at all times, residents can still park on that side during a snow emergency. No parking is permitted on designated emergency arteries during snow emergencies.

Walker said residents in low-lying, flood prone areas should pay close attention to the weather forecast and the timing of the tides and take necessary precautions. A full moon will occur Saturday night.

urday night.

School officials are also closely watching the forecast. Laura Owens, assistant to School Supt. Dr. Richard DeCristofaro, said Tuesday the decision to cancel or postpone any events scheduled for Friday or this weekend, including the middle school volleyball tournament on Saturday, would be made later in the week.

"Those determinations will be made closer to the end of the week when we know what the storm track is," Owens said. "Students will definitely know by Friday."



SOUTH COVE MANOR recently presented two \$1,000 scholarships to local high school students. Here South Cove Manor President and CEO Wendy Lee (right) presents an award to Juliet Wilma Samson of Quincy High School. Story, other photo on Page 12.

Photo Courtesy South Cove Manor

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 01/13/16 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 15-Year Loan would be repaid in 180 equal monthly principal plus interest payments of \$6.90 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater.



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Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



STRAP YOURSELF IN!

One of the most popular fashion trends in women's wristwatches has more to do with the watchband than the watch. "Double wrap" (or "wrap around") straps consisting of extra-long strips of leather that wrap around the wrist two or more times are all the rage. The added strap provides a stacked look that offers an extra degree of feminine sophistication to any wrist it graces. When worn at work, a watch with a wraparound strap can be combined with a single metallic bracelet to create a double bracelet appearance that would look at home on any runway. At play, colorful bracelets can be worn with a

watch with a wraparound strap for a decidedly bohemian look.

Let us help you find a watch, necklace, bracelet, ring, or pair of earrings that will show your special someone how much you care. Our store at 1402 Hancock St. in Quincy Center features a constantly changing assortment of estate and pre-owned jewelry and other items. This category makes unusual treasures available at attractive pricing to the public. Included at any time may be watches or gems from the 1800's along with items as recent as the 1990's. For the latest trends in jewelry, stop by our store or call 617-773-3636.

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Moments in time

THE HISTORY CHANNEL

- On Feb. 7, 1881, plea bargaining gains favor in American courts when Albert McKenzie pleads guilty to a misdemeanor count of embezzlement instead of a felony. Today, over 90 percent of criminal cases are resolved through plea bargain in many jurisdictions.
- On Feb. 5, 1917, Congress overrides President Woodrow Wilson's veto and passes the Immigration Act, requiring a literacy test for immigrants.
- On Feb. 6, 1928, a woman calling herself Anastasia Tschaikovsky and claiming to be the daughter of the murdered czar of Russia arrives in New York City hoping to claim the Romanov fortune. In 1994, DNA analysis finally showed that Anastasia was not a Romanov, but was in fact a Polish-German factory worker.
- On Feb. 1, 1951, the United Nations General Assembly condemns the communist government of the People's Republic of China for acts of aggression in Korea. It was the first time the United Nations condemned a nation.
- On Feb. 4, 1976, a 7.5-magnitude earthquake levels one-third of Guatemala City, killing 23,000 people and leaving 1 million others homeless. Roads and bridges leading to the area sustained extensive damage, making it difficult for help to arrive.
- On Feb. 2, 1980, details of ABSCAM, an FBI sting operation to uncover political corruption in government, are released. Thirty-one public officials were targeted. FBI agents had posed as representatives of Abdul Enterprises, Ltd., a fictional business owned by an Arab sheik.
- On Feb. 3, 1998, a U.S. Marine jet flying low over the town of Cavalese in the Italian Alps severs a ski-lift cable, sending a tram crashing 250 feet to the ground and killing 20 people. The pilot and navigator destroyed a videotape that had recorded their flight. They were court-martialed for obstruction of justice and dismissed from the Marines.

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Son Beams

By ROBERT BOSWORTH

Remembering Gene Creedon

The city lost an esteemed member of the community Dec. 24 with the passing of former Quincy Public Schools Supt. Eugene Creedon.

During his more than 40 years in education, Gene served the QPS system as a teacher, principal, assistant superintendent and superintendent. The 80-year-old proud lifelong Quincy resident retired in 2001 after nine years as superintendent.

Gene - always kind and gracious - shared his accomplishments with his predecessors and current staff. Remark on his career in an interview with the late John Noonan in a Quincy Sun article dated Nov. 1, 2001, Gene said any success and achievement he had serving Quincy schools "is due largely to those who have served before me, and because of the cooperation received from parents, students, teachers, staff and Quincy city officials."

The feeling of respect was mutual. Those who served with Gene held firmly that his leadership was the driving force and ultimately the reason for progress in the city's school system.

Gene was also a historian of the school system and noted he shared similar views on the matter of quality education with Quincy's first school superintendent, Francis W. Parker, who was appointed in 1875.

"The same comments about students not being able to read, write and spell leveled at Supt. Parker in the early days of the public school system, we hear about today's students."

He placed great emphasis on the importance of providing a strong core of liberal arts subjects coupled with a technical education for students in developing vocational skills.

"Why wait until students are in the 10th grade to introduce them to good literature and develop an appreciation for the arts," he asked.

"If you were to ask me right now what is it that defines the soul of America, you would find that of all the things people have done to draw strengths, demonstrate love of country and unity, you would find many soul components.

"You see it in the signs, symbols, songs like *God Bless America, America the Beautiful, Let There be Peace on Earth*. It is being done in many cases through music, drama, the dance and patriotic displays such as flying the American flag and singing the National Anthem. It is being done through the arts and religion.

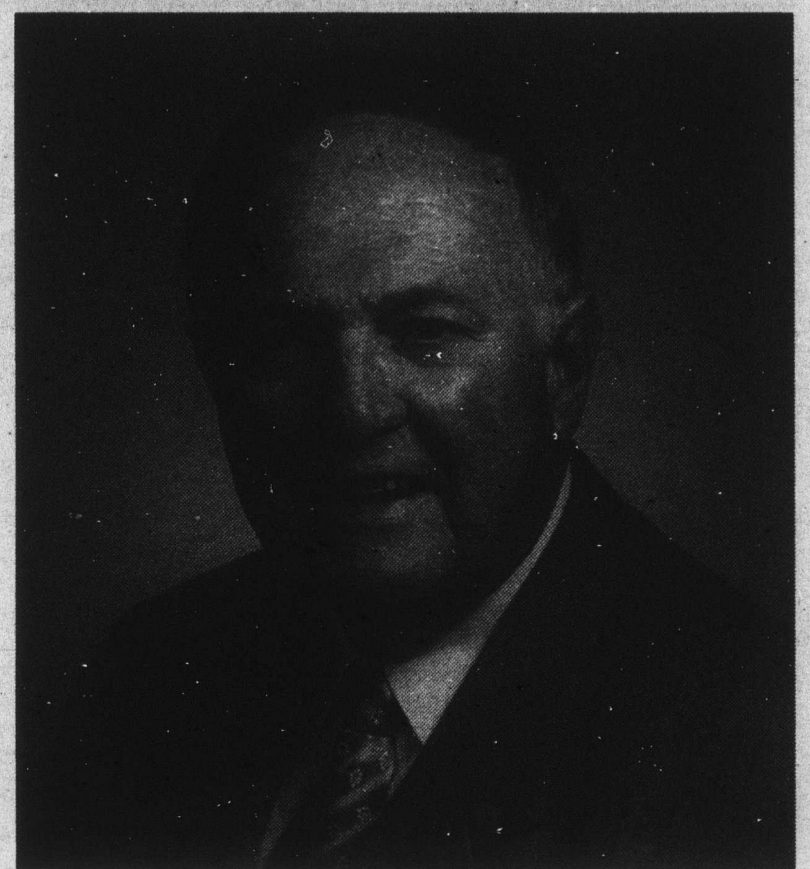
"If we didn't have all these wonderful components," Gene continued, "we would not have the opportunity to express our feelings the way the American public does today in the time of crisis."

Gene Creedon touched many lives during his distinguished career in education, including thousands of students, teachers and administrators in the Quincy Public Schools. One of those individuals is current School Supt. Dr. Richard DeCristofaro - a former student of Gene's who succeeded him as superintendent 15 years ago.

At last week's School Committee meeting, Dr. DeCristofaro offered a kind and eloquent tribute to his friend and former mentor.

The text of that tribute follows:

Superintendent Eugene Creedon served in so many roles in his over forty years in Quincy Public Schools. He began as an English teacher at Point Junior High



EUGENE CREEDON

School, became the first lay Principal of St. Ann's, then on to Principal at the Parker Elementary School, where he made sure that there was always "humane treatment of little folk," as the Mayor mentioned in his inaugural speech, quote from Colonel Francis Parker.

Gene then became the Principal of Broad Meadows Middle School, Director of Elementary and Secondary Schools, Assistant Superintendent of Schools and Programs, and then was appointed Superintendent of Quincy Public Schools for Kindergarten through Grade 14 at the time, including Quincy College, where he served and administered so successfully until his retirement.

As I perused his personnel file, I was not surprised by the many accolades written about who he was and his leadership from former Superintendents Larry Creedon, John Osterman, and Bob Ricci, as well as so many parents, administrators, colleagues, teachers, and students. Gene was always proud of his Kendall Street/North Quincy roots and full of his passion for teaching and always sharing his gift and love of drama and the arts, personally directing so many musical productions and plays.

Staff and colleagues described Gene as a true friend, excellent leader, and a Principal who made a lasting impression on all students. They praised him for always being collaborative, thoughtful, and concerned about all in his care - sensitive, trusted, loved, admired, and an advocate for the self-confidence and self-esteem of students.

A student once wrote about him "He instilled in all a will for us to do better" and "A day never passed that he did not make a student feel ten feet tall." I was one of his Point Junior students and an eventual colleague and feel so very fortunate to have had such a wonderful teacher and mentor.

Superintendent Creedon epitomized everything good in our Quincy Public Schools - creating his own legacy of "humane treatment of little folk (and all folk)" that will live in the hearts of so many for so many years to come...

We send our best to Erin, Susan, Patrick, and Gene's lovely wife Kathy, and their grandchildren.

Public Schools Kindergarten Registration Feb. 23

Quincy Public Schools Kindergarten Registration for the 2016-2017 school year will be held Tuesday, Feb. 23 from 9 a.m. to 2 p.m. at all elementary school locations.

Children do not need to attend registration. A screening date will be scheduled for May as part of the registration process.

Children who will be 5 years of age on or before Aug. 31, 2016 are eligible to attend Kindergarten in 2016-2017 and should be registered at their home school. To determine home school, check the QPS Street Directory found under Parent Links on the main page of the Quincy Public Schools website, www.quincypub

licschools.com. Note that students seeking open enrollment must be registered at their home school.

If a child attends the Pre-Kindergarten program at either the Snug Harbor Community School or the Amelio Della Chiesa Early Childhood Center, it is not necessary to register for kindergarten.

The following documents must be produced in order for a student to be registered:

- Child's birth certificate (with a raised seal)
- Proof that the child resides in the home school district (any two: tax bill, utility bill, mortgage statement, 1099 or W-4 form)
- Photo I.D. of the adult

seeking to enroll the student

- Copy of a recent (within one year) physical examination by a physician
- Written records of immunizations

Required forms for kindergarten registration may be accessed on the Quincy Public Schools website www.quincypublicschools.com. On the main page,

Kindergarten Registration is found under Parent Links. Scroll down to access the link to the registration packet.

Questions regarding the Kindergarten program may be directed to the home school principal. Those who are not comfortable filling out the necessary forms may bring someone that can assist them.

Scenes From Yesterday



WASHINGTON STREET FROM QUINCY SQUARE, QUINCY, MASS.

THIS 1923 POSTCARD was the first that we published in this Scenes from Yesterday column 22 years ago this week. This view was from Foy's Market at 1259 Hancock St. in Quincy Square looking down Washington Street. Today, 93 years later, this view would be from the recently relocated Grandasia Bridal and Fashion shop in the street level corner of the Munroe Building. On the left the W.G. Shaw's furniture store later became the home of the Bargain Center for 50 years. It is now the home of the Presidents Place complex which includes

Quincy College. The trolleys in the right center went straight down Washington Street to the shipyard or left to Hough's Neck. Saville Street (now a walkway) in the immediate right foreground will be the northern end of the new Hancock/Adams Green that will encompass the First Parish Church, city hall and the Hancock Cemetery. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1983
33 Years Ago

Nicastro Succeeds Golden As City Solicitor

Atty. Dean Nicastro has been named City Solicitor of Quincy effective Feb. 7, succeeding William B. Golden who resigned to return to private practice.

Appointment of the 30-year-old Nicastro, who has been an assistant city solicitor since February, 1982, was announced by Mayor Francis X. McCauley.

At the same time, McCauley announced he was moving the city's equal opportunity administrator, Joseph A. "Jay" MacRitchie, into Nicastro's old position of assistant city solicitor.

Nicastro, a summa cum laude graduate of Harvard College and Harvard Law School, served from 1978 to 1982 as a trial attorney in the eminent domain utilities division of the attorney general's office.

\$1,885,000 REVENUE BOND

SOUGHT FOR PILGRIM PLAZA

The Pilgrim Plaza \$1,885,000 industrial revenue bond would be used to finance a new mini-mall at the corner of Quincy Avenue and Scammell Street. It was referred to the council's finance committee.

Approval by the city council would enable the developers, a Boston group, to borrow funds at below market rates since financial leaders can collect interest on the bonds free of federal taxes. Both city and state approval of such bonds are necessary.

QUINCY-ISMS

The Quincy Sunbeams column reported that City Clerk John M. Gillis is not going to run for mayor in 1983. . . Rev. John J. McMahon, pastor of St. Mary's Church, West Quincy, was honored at a testimonial Mass and dinner in observance of his 40th anniversary as a Catholic priest. . . Patricia Toland, city councillor at-large and former school committee member, was the featured guest on Quincy Community Television Channel 3. . . Edie's Sweet Shoppe, 550 Hancock St., Wollaston, was opening a six-week diploma course in cake decorating. "We make cake decorating fun and easy." . . Robin Starck, daughter for Mr. and Mrs. Edward C. Starck, 19 Phipps St., South Quincy, won academic honors for the fall semester at Lesley College in Cambridge. . . Mrs. M. Jane Mudge, R.N., M.Ed., health promotions nurse at Quincy City Hospital, led a program entitled "How to Measure Stress." The program was held at the hospital. . . The Luciano Room, 211 Sea St., Quincy, was offering senior citizens one of five full course dinners for only \$4.95. . . Dorothy A. Lee, first director of volunteers at Quincy City Hospital, died at the hospital. . . Rev. Cornelius Heery, pastor of Sacred Heart Church, North Quincy, delivered the address of welcome during an Epiphany Feast of Lights. Nine area churches participated in the event. . . Margaret Davidson, director of adoption program at the Protestant Social Services Bureau, 776 Hancock St., Wollaston, reported 23 children had been placed in permanent homes by the agency since 1975. . . The Quincy Junior College basketball team bombed Bunker Hill Community College by a margin of 102 to 86. Coach Brian Buckley noted that Steve Belcastro paced QJC with 27 points. The college's record stood at 12 and 4. . . The Quincy High School wrestling team won three recent victories to improve its record to 9-0. Carmen Mariano was the Presidents' coach. . . The Quincy Sons of Italy Lodge was planning an Italian Festival to benefit the United Cerebral Palsy Association. The event will be held at the lodge, 120 Quarry St. . . Sheriff Clifford H. Marshall was the honorary chairman of Norfolk County's Fight Against Leukemia. The group was planning a Feb. 5th dance at the Fore River Club House to raise funds for Leukemia Research. . . "An Officer and a Gentleman" starring Richard Gere and Debra Winger was playing at the Wollaston Theatre. . . The Crust and Crumb Bakery, 110 Willard St., West Quincy, was offering: Italian bread at \$.69 a loaf and whole wheat bread at \$.79 a loaf. . . Coach Lou Tozzi's North Quincy Raiders' track team improved its record to three wins and one loss with a 52-34 victory over Brookline.

READERS FORUM

Brian McNamee: A Dedicated Public Servant

Reading about Brian McNamee's passing in the Dec. 30th issue of The Quincy Sun was a shock to both my wife and me.

During the last five plus years we have been fortunate to have had the opportunity to deal with Brian on a num-

ber of issues affecting our North Quincy neighborhood one of which had a direct impact on both our abutting neighbors and us. The number of emails that passed between Brian and me are too numerous to mention. It was not unusual for our phone

to ring after 9 p.m. and see that it was Brian calling to follow up on an email that I had sent to him.

To say that Brian was a truly unique individual falls far short in describing one of the most dedicated people both my wife and

I have ever met. I echo the thoughts of all those already quoted in The Quincy Sun in saying that we are better because of having met and had the opportunity to have known Brian for this all too brief time.

Tom and Corinne O'Brien
North Quincy

O'Donnell Thanks Contributors To Registry's Food Drive

Norfolk County Register of Deeds William P. O'Donnell thanks those who contributed to the Registry's 2015 Annual Food Drive.

The food drive, an annual event that runs through the holiday season, concluded on New Year's Eve, Dec. 31st.

"I want to express my appreciation to all who contributed to the Registry's Annual Food Drive," O'Donnell said. "While the economy, particularly in eastern Massachusetts, shows continuing signs of growth, many of our fellow citizens face economic hardships, such as rent payments, medical bills, heating costs and food bills. I am thankful that so many Norfolk County residents remembered to help those less fortunate.

"I am also appreciative of the Registry's employees who helped make the food drive a great success. The non-perishable food collected during the food drive will help designated Norfolk County food pantries feed their clients.

"While the holiday food drive has ended, it does not stop hunger from affecting many of our neighbors. I urge residents to consider dropping off food supplies at their local pantries across Norfolk County.

"Pantries are requesting canned goods, breakfast cereals, pasta, sauces, toiletries and paper products. Dropping off a food donation at a local pantry can make a world of difference in helping a family in need,"

O'Donnell added.

For a list of food pantries, visit the Registry of Deeds website at www.norfolkdeeds.org. To learn more about these and other Registry of Deeds events and initiatives, like us at [facebook.com/NorfolkDeeds](https://www.facebook.com/NorfolkDeeds) or follow us on twitter.com/NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real

property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

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Arts & Entertainment

Visitor Center Videos Highlight National Park Service Centennial

During the week of February Vacation, the Adams National Historical Park Visitor Center will air videos from National Parks across the country as part of the National Park Service's 100 Years Anniversary Celebration.

Learn about parks from Denali National Park and Preserve to the Allegheny Portage Railroad, and even some New England favorites like Adams National Historical Park. The Visitor Center is located at 1250 Hancock St. and will be open from 10 a.m. to 4 p.m., Feb. 16 - 19.

The Visitor Center also offers a bookstore and restrooms. Validated parking is located on the 4th and 5th floors in the Galleria Parking Garage. Visit the park website at <http://www.nps.gov/adam> or call 617-770-1175 for more information.

Adams National Historical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the "Old House at Peace field," home to both presidents and four generations of their distinguished family.

During the open season, April 19 through Nov. 10, tickets to the historic homes can be purchased at the Visitor Center located at 1250 Hancock St., Quincy. A free park trolley transports visitors from the Visitor Center to the Birthplaces and the "Old House at Peace field" for a two and a half hour tour. The first tour leaves at 9:15 a.m. and the last tour leaves at 3:15 p.m., seven days a week including federal holidays.

Tickets are \$10 for adults (children 15 and under are free) and sold on a first-come, first-served basis.

'Valentine's Ball' Feb. 13 At Common Market Restaurant

The Common Market Restaurant of Quincy announces its "Valentine's Ball" featuring Boston's own White Heat Swing Orchestra Quartet with vocalist Steve Marvin Saturday, Feb. 13th at 6:30 p.m.

The evening includes a four course dinner (tax and gratuity included), a cash bar and dancing before, during and after dinner. Cost is \$49 per person.

The \$49 per person four course dinner package includes a pasta course, salad,

entrée and dessert as well as tax, gratuity and show entertainment for the Saturday evening event.

The Valentine's Ball will feature nationally known White Heat Swing Orchestra Quartet featuring smooth jazz, big band and popular vocalist Steve Marvin. White Heat has recorded for Warner Brothers, Walt Disney Motion Pictures, backed up Norah Jones, Tony Bennett, Cab Calloway, Lou Rawls in concert,

and won Boston Magazine's "Best Dance Band" award. In addition to playing at the Roxy in Boston for the last four years, WHSO recently introduced its own summertime, "Dancing Under the Stars", series at the Boston Harbor Hotel.

All tickets are \$49 in advance and are all inclusive with doors opening at 6 p.m. For tickets, stop in to The Common Market Restaurant or call 617-773-9532 for reservations.

'Dearest Friend' Stage Reading Feb. 6 At Wollaston Congregational Church

Dragonfly Theater Company will present "Dearest Friend" (The letters of John and Abigail Adams) by Caroline Hughes Saturday, Feb. 6 at 8 p.m. at the Wollaston Congregational Church, 48

Winthrop Ave., Quincy.

"Dearest Friend" will be presented as a stage reading.

Tickets are \$10 and are available via email and at

the door.

For more information contact Dragonfly Theater at 781-492-2239 or via email at info@dragonflytheater.net.

28th Celebration Jan. 30th At NQHS Street Market Theme For Lunar New Year Festival

More than 8,000 people are expected at North Quincy High School on Saturday, Jan. 30th from 1 to 7 p.m. for the 28th annual Quincy Lunar New Year celebration.

Free and open to the public, the festival will follow a street market theme. The snow date is scheduled for Sunday, Jan. 31st.

Hosted by Quincy Asian Resources (QARI), the celebration will debut a new format titled the QARI New Year Market and Food Festival. The festival will open with a traditional Lion Dance at 1p.m., followed by hours of live entertainment, local vendors, a culinary competition and interactive games for people of all backgrounds and cultures to enjoy.

Also featured will be live entertainment and free kara-

oke run by a professional DJ in the NQHS auditorium.

There will also be a New Year Market inspired by the night markets found in Asia, which will feature retail vendors selling traditional goods for New Year's and craft retailers from local artists and businesses.

Additionally, there will be a food festival where Asian local food vendors will compete in a Stanley Cup-style contest that allows visitors to purchase food using a carnival-styled ticketing system and voting for their favorite one.

There will also be a section devoted to game booths designed, organized and run by the QARI Youth Service Corps.

The festival is part of the global celebration of the Lunar Year of the Monkey. Oc-

cupying the ninth position in the Chinese Zodiac, the spirit of the monkey symbolizes such character traits as creativity, intelligence, curiosity, mischievousness, and cleverness.

The free event is supported by presenting sponsor South Cove Community Health Center, along with dozens of other businesses, community organizations, and government and social service agencies.

Free parking and access from the Red line at the North Quincy MBTA near North Quincy High School.

In the event of bad weather, the event may be rescheduled for Jan. 31st with announcements on QARI's Facebook page and local media channels. Information is available at www.quincyasianresources.org.

Garden Club Federation Offering 11 Scholarships

The Garden Club Federation of Massachusetts (GCFM) offers 11 different scholarships each year to qualifying students who are planning to enjoy in "green" sciences in college including horticulture, environmental studies, botany and biology.

The deadline for applying for these scholarships is March 1. One application, available at <http://www.gcfm.org/Education/Scholarships/GCFMScholarships.aspx>, allows you to

apply for all of those stipends for which you are eligible.

To be eligible for the scholarships, students must be a legal resident of Massachusetts for at least one year, have maintained a minimum 'B' average in school, have good character, and have a financial need. Each scholarship has a specific set of additional requirements, which are described in detail on the GCFM website.

For example, one scholarship requires that the student

be a "graduate or undergraduate pursuing a degree in horticulture, landscape design, environmental science or related fields of interest." Another is open to "juniors, seniors or graduate students majoring in landscape architecture, city planning, or related fields of interest." Three are restricted to students enrolled at one of the University of Massachusetts campuses in areas such as floriculture, horticulture or landscape design.

Eligibility for the scholarships is determined by the GCFM Scholarship Committee and is determined based on the completed application package. All necessary forms, including those to determine financial need, are available at the GCFM website.

"No one from the Quincy area has received one of these scholarships in many, many years," said Wollaston Garden Club President Anita Fasano.

For additional information contact: gcfmscholarship@aol.com.

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Public Access Channel 8	Government Access Channel 11
Thursday, January 21 7:00pm: QHS vs. NQHS Girls Basketball 8:00pm: QHS vs. NQHS Boys Basketball Friday, January 22 11:30am: LIVE: Currently in Quincy 11:00pm: Penny Dreadful's Shilling Shockers Saturday, January 23 12:00pm: Media Advisory: Game Change 1:00pm: QHS vs. Plymouth South Girls BB Sunday, January 24 10:30am: Terra Santa News 3:30pm: Sound Advice with Tom Williams Monday, January 25 11:30am: LIVE: Currently in Quincy 5:30pm: Real Estate Focus Tuesday, January 26 6:00am: LIVE: AM Quincy (audio only) 6:00pm: Eye on Quincy (replay) Wednesday, January 27 6:00pm: Good News 10:00pm: The Constitution: Then & Now	Thursday, January 21 6:00pm: Update DPW: Winter Season 6:30pm: FYI: QHD Psoriatic Arthritis Friday, January 22 6:00pm: City View with Mayor Koch 6:30pm: FYI: QHD HPV 7:00pm: Update DPW: Winter Season Saturday/Sunday, January 23/24 9:00am: City View with Mayor Koch 9:30am: Update DPW: Winter Season 12:00pm: City Council 1/19 3:00pm: At the Library: Jeff Snow 7:00pm: City Council 1/19 Monday, January 25 8:00pm: Media Advisory: Game Change 8:30pm: Update DPW: Winter Season Tuesday, January 26 6:00pm: Health Links: Fitness Centers 8:00pm: At the Library: Bloom & Leighton Encore Wednesday, January 27 6:00pm: In the Know: Carbon Monoxide 7:30pm: Norfolk County Prevention Coalition

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

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Social

Community Invited To Attend 'Pollinators' Garden Club Program

The community is invited to attend a horticulture and conservation program on "Pollinators and Pollination, Why It Matters" at Wollaston Congregational Church, 47 Winthrop Ave. on Thursday, January 21st at 7:30 p.m.

The program is sponsored by the Wollaston Garden Club. This is the first program of the new year for the garden club, which is in its 89th year.

The program is given by author, speaker and garden coach, Ellen Sousa, who lives in Spencer at Turkey Hill Brook Farm. Sousa will challenge attendees to consider what it means to have a pollinator friendly landscape, an earth friend or habitat landscape; and why citizens should create a bird and beneficial insect friendly garden.

Sousa is the author of "The Green Garden - A New England Guide to Planting and Maintaining the Eco-Friendly Habitat Garden."

After hearing the lecture, Wollaston Garden Club members may consider participating in "The Million Pollinator Garden Challenge," a National Garden Club President's Project.

The Wollaston Garden Club invites members of the community to attend all of its community educational programs as a part of the club's mission to "promote and encourage the love of gardening and the study of horticulture, floral design and conservation."

Future community programs include:

- "Plan It, Plant It, Pick It, Prepare It" on Feb. 18 (Gardening - 7:30 p.m.);
- "Begonias In All Their Diversity" on March 17 (Horticulture - 12:30 p.m.); and
- "Hope Floats on White - The White Garden" on May 19 (Garden Design - 12:30 p.m.)

The Wollaston Garden Club is a long-time member of The Garden Club Federation of Massachusetts, Inc. and the National Garden Clubs, Inc. The public is welcome to attend all of its meeting programs.

Squantum's Lotta Crabtree Topic For Alpha Delta Kappa

Alpha Delta Kappa, an educational organization, met at North Quincy High School to learn about Squantum's Lotta Crabtree.

Crabtree, called the "First American Superstar," was an entertainer in the latter part of the 19th century in California, particularly San Francisco, during the Gold Rush and later in New York.

Crabtree earned a fortune and bought a large parcel of land in the southern part of Squantum. Several streets - roads Ashworth, Livesey, Sonoma and Crabtree - are family names. The group included Deanna White Hebert, Mary Young, Angela Yu, Rita McKenna, Gay Carboneau and Peggy Walker who enjoyed the



LOTTA CRABTREE

film "Golden Girl." It told a great amount of her story.

Crabtree was very philanthropic and left money for veterans, animals and aging actors. Her fortune in 1924 was worth \$4 million. A statue on the Charles River Esplanade remembers Crabtree.

Entries Sought For 'Chili Bowl' Cook-Off

Entries are being sought for the sixth annual "Chili Bowl" Chili Cook-Off, to be held Saturday, Jan. 23 from 2 to 5 p.m. at Hough's Neck Congregational Church, 310 Manet Ave., Quincy.

With categories for both home cooks and restaurants, the event will offer attendees the chance to sample and savor up to 20 different varieties of chili, with trophies and medals awarded to the

champion chili winners as voted on by attendees.

Admission to the cook-off is \$5 and includes all the chili attendees can eat. Hot dogs, beer, soda and snacks will also be available for an additional charge.

There is no fee to enter chili in the cook-off. To enter or for more information, call 617-688-4044 or e-mail chilicookoffhncc@gmail.com

5 Stonehill College Students Intern During Fall Semester

Five Stonehill College students from Quincy spent the fall semester interning at places throughout the world.

Julia Murphy interned at 47 Brand in Westwood. While there, Murphy worked in the Graphic Design department.

Caroline Murray of Quincy interned at Quincy Police Department.

Rachel Selbert interned at Commonwealth Informatics in Waltham. While there, Selbert worked in the Software Quality department.

Kayla Stravin interned at New England Revolution in Foxborough.

Victoria Wallace interned at Plymouth County Juvenile Probation in Brockton. While there, Wallace worked in the Wareham District Court.



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Force Is Strong With Social Security's Online Services

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

"There's been an awakening. Have you felt it?"

This winter, Americans of all generations are awakening to the newest film in the Star Wars franchise, Star Wars: The Force Awakens. Many readers probably remember seeing the first Star Wars film in theaters in 1977. Audiences watched with fascination at the advanced technology used by the Jedi and Sith in a galaxy far, far away.

We still don't have interstellar travel, personal robots, or holographic communication, but we now use technology in our daily lives that would have seemed like science fiction in 1977. At that time, it would still be years until the modern Internet and smart phones would be part of our lives. Now, many of us can't imagine life without such technology.

Many people who need to do business with Social Security are finding an awakening of sorts in how easy it is to use our online services. We continually expand our online services to reflect changing customer needs, and to provide you with world-class service that would even have interplanetary traveler Han Solo saying, "Chewie, we're home." Our online services are convenient and secure, and allow you to conduct much of your business with us from the comfort of your home, office, or space freighter. (Not all services are available in all galaxies).

For instance, you can use our website at www.socialsecurity.gov to apply for retirement, spouse's, or disability benefits online. You can also apply for Medicare and Extra Help with your Medicare prescription drug costs on our website. We also have online benefit planners to help you estimate your future retirement, disability, and survivors benefits.

You can open a free personal online my Social Security account, where you can keep track of your annual earnings and verify them. Why is that important? Because your future benefits are based on your annual earnings. With your account, you can also get an estimate of your future benefits if you are still working; or, if you currently receive benefits, you can use your account to manage your benefits, and get an instant letter with proof of your benefits. You can also request a Medicare card replacement.

"The force is calling to you. Just let it in." This winter, check out our online services and join the millions of other Americans who have already awakened their own personal my Social Security accounts. A my Social Security account is a force to be reckoned with. And you don't need to be a Jedi to have one.

Learn more at www.socialsecurity.gov. Once you go online, this force will be with you ... always.



57 Quincy Students On St. Agatha School Honor Roll

St. Agatha School in Milton announces 55 students from Quincy on its honor roll for the first term.

They are:

GRADE 5

High Honors: Juan Barrosa, Farrah Borkowski, Martin Connolly, Caitlin Cormican, Paige Holleman, Joseph Hurton, Sabrina Ford, Javlyn Jean-Pierre, Logan Keldsen, Caroline Killilea, James McGrath, Theodore Stevens.

Honors: Kailey Dalton.

GRADE 6

High Honors: Anna Adams, Sophia Cintolo, Matthew Gratch, Cooper Hernon, Michael Loughnane, Andrew Stevens, Rima Zahreddine.

Honors: Lily Baldwin, Ersi Doci, Irene Kelly, Grace O'Hara, Eric Peter-

son, Justin Pham, Kevin Salmanowich.

GRADE 7

High Honors: Nicole Dalton, Luke Donovan, Nora Donovan, Samantha Ford, Emily Hutchinson, Fiona McDonald, Shaun Ormond, Kristin Shalvey and Kira Szilva.

Honors: Jessica Danilecki, Kate Golden and Grace O'Malley-Wilshire.

GRADE 8

High Honors: Britany Acloque, Sara Cole, Meghan Cormican, Nalani DePina, Taryn Healy, Kylie Heron, Grace Hobin, Julia Keldsen, Grace Kennedy, Eimear McGowan, Anne Mortimer, Meghan Stravin, Abigail Vixama, Jacqueline White and Britney Zheng.

Honors: Margaret Farrell, Colleen Goulart and Jaren Mehtala.

Living With Diabetes Topic At Kennedy Center

Ruth Jones, Public Health Nurse Educator for the Quincy Health Department,

will be at the Kennedy Center on Thursday, Jan. 28 at 10 a.m. to talk about living

healthy with diabetes.

Registration is required for this event. To register call (617) 376-1506.

High School Equivalency Test Prep Classes

High School Equivalency Test Preparation Classes will begin Feb. 1 at Quincy Community Action Programs, Inc., 1509 Hancock

St., Quincy Center.

Free classes are held Monday and Wednesday from 6 to 9 p.m.

QCAP is enrolling new

students for its second semester of classes.

To schedule an assessment test, call Margaret Doherty at 617-479-8181 ext. 387.

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213 Students On Broad Meadows School Honor Roll

Two hundred thirteen students made the first term honor roll at Broad Meadows Middle School.

HIGH HONORS

Grade 8: Kawtar Abouyoussef, Zahraa Al-Saadi, Yasmin Amimer, Megan Beck, Elajia Boyd, Candace Chan, Alyssa Che, Jin Rui Chen, Rui-Feng Chen, Ivy Ching, Erin Collins, Vanessa Czajkowski, Kevin Ferent, Chloe Ford,

Nicolle Ligia Gudiel Winter, Abigail Hanley, Sydney Hester, Shelagh Holler, Shi Ting Huang, Vincent Joyce, Iris Katorri, Braeden Kopp, Cuong Luong.

Ryan Mahoney, Karya Mandalinci, Margaret Martin, Meghan McDonald, John O'Brien Jr., Michael O'Connor, Shabella Oliver, Aidan Perry, Alexis Robertson, Simon Rong, Michael Scibilio, Ying Xin Song,

Brooke Theriault, Alec Thompson, Juliana Tracey, Daisy Tran, Ethan Voerun-Ros.

Grade 7: Grace Akkara, Eleanor Anderson, Veronica Bentley, Allison Boyd, Kayleigh Caldwell, Juliana Gee, Jacob Gordon, Ilkim Gumus, Jacquelyn Kane, Aisling Kelly, Emily Kraunelis, Megan MacNeil, Robert McClelland, Aidan McDonnell, Eric Mei, Ales-

sia Mochi, Alyssa Ruan, Julianne Sheehan, Ryleigh Smith, Jefferson Tian, Danielle Toomer, Anna Weng.

Grade 6: Leila Akhouzine, John Alessandro, Almas Alhazmy, Madilyn Bailey, David Bridges, Louis Brown, Sophie Cerone, Abigail Codner, Aleksandra Dedo, Margaret Fay, Dylan Green, Lillian Hanley, Cooper Hansen, Ryan Hester, Kathleen Higgins, Trinity Joyce, Alex Keeley, Allison Keeley, Timothy Kelly, Kellen Kopp, Tony Le, Jacob Justig, Lucy Lynch, Thomas Murphy, Isabella Pagliarulo, John Shen, Ninh Thi.

HONORS

Grade 8: Jane Berberan, Robert Carney Jr., Ty Chafa, Justin Collotta, Alexandra Gagne, Jacob Galligan, Brody Gillespie, Rebecca Keane, Ty Kehoe, Michael Kiley, Shyana Lucas Eaton, Matthew McCratic, Makinley Morrison, Joseph Murphy, Shane Murphy, Amy Nguyen, Derek Nguyen, Riley O'Connor, Kayla Osorio, Timothy Pick, Genevieve

Reardon, Jocelyn Saldi, Klejdan Struga, Jenny Tran, Jade Watson, Yong Qi Ye.

Grade 7: Marijo Jessica Ajavon, Benjamin Akkara, Kevin Ballerino, Jack Barry, Maria Bengoa Croxatto, Christopher Cabezas, Michael Capone, Willy Chen, Samantha Coletti, Brooke Deady, Brody Degust, Bella Delprete, Olivia Delprete, Andrew Devlin, London Donnee, Abigail Drinkwater, Bryson Dunbar, Rebecca Fitzpatrick, Gianna Gutturna, Mia Hurley, Delana Jordan, Brianna Joyce.

Ryan Laroche, Tommy Luong, Patricia MacLeod, Shane Matranga, Stephanya Mendes, Joseph Mesa Velez, Shannen Murphy, Martin Muscato, Celine Nguyen, Cindy Nguyen, Erin O'Callaghan, Samantha O'Neil, Andrew Peterson, Christy Pham, Jaida Reid-Jackson, Yinyin Ruan, Joseph Saccoach, Colby Simone, Harrison Stengel, Emily Suarez, Joseph Tam, Jennifer Truong, Jason Vo,

Asher Wines, Benjamin Wines, Owen Wu, Li Xin Xu, Christina Zero, Steven Zheng, Ivy Zhou.

Grade 6: Samee Akhouzine, Aliridha Al-Saadi, Jania Astacio, Nicholas Blasi, Anthony Butler, Robert Cannon, Kevin Carroll, Yuan Yi Chen, Lawrence Ching, Joseph Connor, Owen Coppola, Kate Downey, Leah Forte, Zachary Galligan, Sarah Gorham, Alfredo Gudiel, Sandy He, Aniah Hernandez, John Hopps, Sarah Houlihan, Mairene Ibardaloza.

Breanna Laroche, Vivian Leung, Jeffrey Louissaint, Mona Ly, Chloe Lynch, Destiny Moldonado, Calvin Mandawe, Adriana Moosick, Morgan Novak, Julia O'Leary, Mathew Olaince, Max Pacheco, William Ploof, Charles Quigley, Brendan Regan, Kyle Regan Cinneide Santoro, Brian Silcox, Jaycee Sloan, Lily Tang, Paige Tompkins, Tiffany Tran, Matthew Wong, Ryan Zheng.

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Manicotti

By MARIE

I always love a steaming hot roasting pan of Manicotti – and the good part is it is only three ingredients to make these delicious crepes.

They can also be made a day ahead of time.

MANICOTTI

1 cup flour
2 eggs
1 cup of water

Mix all the ingredients together until smooth. Heat a small frying pan (about 6 inches) until hot. With a pastry brush, brush oil on pan and wait until that is hot. Measure a quarter cup or so of the mixture and spread it around with a spoon until the pan is covered with the liquid. Do not turn. In about a minute it is done and slips out of the pan with a spatula.

Line Manicotti up on waxed paper until they are all cooked and then fill with the following:

Ricotta Spinach Filling:

1 bag or 1 package chopped spinach
1 lb. Ricotta cheese
1 tbsp. seasoned bread crumbs, and some fresh parsley chopped fine
¼ cup grated Romano Cheese
1 egg
Salt and pepper to taste
Grated cheese for the topping

Cook the spinach and drain. Mix with all other ingredients. Fill each manicotti in the center and then roll and put rolled part on the bottom of the pan. Layer them in a slightly greased baking pan and cover with tomato sauce and grated cheese. Bake covered in a 350-degree oven for 20 minutes and then uncovered for 15 minutes longer or until done.

If you make these ahead of time, don't put tomato sauce on the top until you are ready to bake them. You may also eliminate the spinach and just use the regular Ricotta filling.

Grain Free Herb Sesame Crackers

By SUZIE

Crackers are something many folks crave (salty crunchy) with either a dip or with some cheese, and end up eating too many or eating the kind out of a box made with refined flours and sugars.

These crackers are gluten and grain free, loaded with protein, as well as fiber, calcium, healthy fats, and some important vitamins and minerals not found in your everyday crackers.

Did you know that a serving of sesame seeds contain more calcium than a glass of milk? These are easy too!

Grain Free Herb Sesame Crackers

3 cups almond flour (I use Honeyville brand, you can get online, it is by far, the best and fluffiest)

1 1/2 tps sea salt
1/2 tsp garlic powder
1/2 tsp onion powder
1 cup sesame seeds
2 tablespoons olive oil or avocado oil
2 eggs

Preheat oven to 350. In one bowl combine dry ingredients and in the other combine eggs and oil. I like to mix well with a mixer or immersion blender. Combine and mix well with wooden spoon.

Place dough between 2 pieces of parchment paper and roll to about 1/16 inches. Take off top piece and cut into squares with sharp knife or even a pizza cutter. You can even use cookie cutters.

Bake about 12 minutes until lightly golden.

Pumpkin Bread With Pecans

By MARIE

This is a delicious recipe for pumpkin bread with pecans. My daughter, Rita, brought it as part of the dessert menu over the holidays and it bakes up with such a delicious aroma. There is nothing like the scent of pumpkin bread baking in the oven.

Pumpkin Bread With Pecans

Preheat oven to 350 degrees
Grease and flour 2 loaf pans

Ingredients:
1 – 15 ounce can pumpkin puree, unsweetened
4 eggs
1 cup of vegetable or safflower oil
2/3 cup of water
2 tsp. pure vanilla extract

2 cups of cane or raw sugar
3 ½ cups all-purpose flour
2 tsp. baking soda
1 ½ tsp. Kosher salt
2 tbsp. pumpkin pie spice or a combo of cinnamon, nutmeg, allspice and ginger
1 cup of chopped pecans (or other nuts if preferred.)

In a bowl combine pumpkin, eggs, oil, water, vanilla and sugar and beat until well blended.

Wisk together the flour, baking soda, salt and pumpkin spices, stir the dry ingredients into the pumpkin mixture until well blended. Add pecans and pour half of mixture into each loaf pan. Bake for 60 to 70 minutes or until toothpick comes out clean from center.

159 On Point Webster School Honor Roll

One hundred fifty-nine students made the first term honor roll at Point Webster Middle School.

HIGH HONORS

Grade 8: Joseph Ban, Karen Cao, Hillary Chen, Alessandro Cosgrove, Owen Dacunha, Rebecca Dang, Amaryllis Gu, Kyler Hoang, Elizabeth Huynh, Hannah Kyller, Annabelle Le, Qi Wen Mai, Eric Manner, Lorena Martinez, Kiana Molina, Sydney Nguyen, Tiffany Pham, Rolinsky Saint Cyr, Alexandra Smith, Quintin Thompson, Virginia To, Adam Trac, Timothy Truong, Caren Wang, Qi Wen Zhou.

Grade 7: Russell Alexander, Ruihua Chen, Jacky Chiu, Abigail Deane, Kelsy Duong, Ray Daniel Feliciano, Jacob Ferrullo, Noela Janka, Limei Li, Annie Liang, Raymond Liu, Antonia Logan, Mia Mar-

cello, Rachel McKenna, Dana McKinley, Donovan Murray, Daniel Nguyen, Thuan Duc Nguyen, Vera Nguyen, Emily Phamnguyen, Kenia Rosemberg, Shrutti Roy, Joselle Samson, Susanne Tedeschi, Andrew Tran, Khiara Tran, Nelson Tsang, Hsiu-Chu Tsao, Lilian Uong, Kenny Vo, Xiang Guang Xu, Yuyang Zheng.

Grade 6: Bryan Amorim, Peter Boylan Jr., Andrew De Franca, Jasmine Duong, Kareem El-Dayisty, Kyle Galecia, Sandy Guan, Varshanasri Kannan Neelamegam, Emily Leong, Oscar Li, Nicola Liang, Adriana MacPherson, Tammy Nguyen, Dhanvi Puttur, Paige Raiber, Harini Raman, Varshini Raman, Ekow Sam, Sandra Tan, Mackenzie Thai, Belle Tran, Natalie Tran.

HONORS

Grade 8: Abdulaziz Alnasiri, Jelinsky Alteus,

Anthony Alves, Arianna Dalrymple, Han Diep, Kayleigh Donofrio, Ryan Duong, Brooke Farr, Jean Feliciano, Kara Geoffrion, Calvin Graves Jr., Thomas Harnedy, Anthony Ho, Thomas MacPherson, Paige Maze, Hanna Nguyen, Melanie Nguyen, Etham Pham, Megan Piquette, Krystyna Ryan, Michael Semancik, Michelle Sinawski, Olivia Skinner, Josiah Sleeper, Terry Su, Avash Subedi, Amber Tran, Alexia Zappi.

Grade 7: Sara Amimer, John Cawley Jr., Gary Collins Jr., Isabela Do Vale, Kelli Dumont, Yaritza Flores, Gianna Freeman, Eldrick Gardiner, Benjamin Graney, Houda Haiti, Quang Huynh, Muhammad Khan, Rachel Anne Lafferty, Mounir Maloof, Robert Morgan III, Manuel Murillo-Wong, Mark Nguyen, Henry Nim, Cassandra Patch, Richelle Robinson, Katherine Shaughnessy, Taylor Thomas, Jose Villalon Martinez, Dong Pei Zhang.

Grade 6: Daniel Alexandre, Kevin Aprea Cabrera, Madison Bolton, Emma Brown, Ricky Chieng, Thomas Christian, Nicolas Costantino, Emma Crosby, Emily Huang, Nick Janka, Julia Lin, Andy Le, Caleb Liang, John Lynch III, Priyal Nanda, Sarah Nguyen, Alexander Norton, Pyetra Pereira, Brandon Pham, Tony Pham, Emily Ryan, Tamba Sewa, Jamie Tam, Itati Toledo Richard, Brandy Tran, Thy Tran, Vivian Tran, Celine Zheng.

10 Local Students On Stonehill Dean's List

Ten students from Quincy are on the Dean's List for the fall semester at Stonehill College.

They are:

Marisa L. Adams, Class of 2016, political science and International Studies and Foreign Languages major.

Alexandra R. Baylis, Class of 2017, a psychology and education major.

Krista M. Ferent, Class of 2017, a criminology major.

Andrew W. Fonte, Class of 2016, an interdisciplinary studies major.

Julia R. Murphy, Class of 2016, a graphic design major.

Caroline B. Murray, Class of 2016, criminology and Spanish major.

Rachel F. Selbert, Class of 2016, a mathematics major.

Kayla M. Stravin, Class of 2016, a marketing major.

Victoria A. Wallace, Class of 2016, criminology and psychology major.

Qian Wang, Class of 2017, finance major.

FYI: The Updated American Dietary Guidelines

By RUTH JONES
BSN, RN, BC, CP-FS
Updated nutritional guidelines were recently released that encourage Americans to adopt a series of recommendations to improve their eating habits, in order to reduce obesity and avert chronic diseases like Type 2 diabetes, hypertension, and heart disease.



RUTH JONES

The 2015-2020 Dietary Guidelines for Americans is the nation's reliable resource for evidence-based nutrition proposals and assists in providing the general public, as well as policy makers and health professionals with the data they need to help people make informed choices about their diets at home, school, work and in their communities.

The major goal for the 2015 Dietary Guidelines Advisory Committee, authorized by the U.S. Department of Agriculture and HHS was to look at healthy diets overall, not just individual nutrients. The committee examined three dietary patterns: healthy U.S. style, Mediterranean and vegetarian eating patterns. In the latest sanctions, fruits and vegetables are encouraged, sugar takes a hit, fat content changes, eggs win a pardon (the advisory committee is taking back its 2010 recommendation to limit cholesterol intake to 300 milligrams per day), and meat loses ground.

The advisory committee suggests that a healthy diet is high in vegetables and fruits, whole grains, low-fat and nonfat dairy, seafood and legumes and nuts. It's moderate in alcohol (for adults). It's lower in red and processed meats. It's decreased in sugar-sweetened foods and drinks and refined grains such as white bread, pasta and pizza crust.

According to the committee it's not just about lessening certain foods, but also modifying to healthier options, like replacing saturated fats with polyunsaturated fatty acids. The impact of new guidelines is widespread, school lunch standards will shift and nutrition labels will reflect revised daily values. In addition, experts say, the recommendations increase the burden on food manufacturers, restaurants, stadiums and other food vendors to put out healthier products.

Vegetables and fruits – This was the only category recognized as beneficial across all health outcomes. Fruits and vegetables help prevent heart disease, diabetes and hypertension and there's no restriction as to

how much you should eat. The new guidelines recommend eating at least 2½ cups of a wide variety of vegetables from all the subgroups of colors a day.

Dairy – Because it provides calcium among other nutrients, dairy is a recommended part of the American diet. Skim milk and low-fat dairy are healthy choices.

Coffee – The committee found strong evidence that moderate coffee consumption – three to five cups daily – does not pose a long-term health hazard. Actually, it's associated with a reduced risk of Type 2 diabetes and cardiovascular disease, with a possible protective association for Parkinson's disease risk.

Eggs and shellfish – While high in cholesterol, eggs and shellfish are low in saturated fat. In itself, cholesterol in food doesn't play a part in raising blood cholesterol levels. However, saturated and trans fats do contribute to high blood cholesterol, which is unhealthy for your heart.

Eggs are recommended as an economical, low-calorie source of antioxidants, protein and nutrients, including choline – which may have inflammation-lowering and memory-improving benefits. People should still strive to eat as little dietary cholesterol as possible because foods that are higher in dietary cholesterol, such as fatty meats and high-fat dairy products, are also higher in saturated fats.

Lean meat and poultry – Lean meat, chicken and turkey are no longer favored foods. While lean meats are a source of protein most people are already getting twice as much protein as they need. The committee gave chicken and turkey kind of a neutral pass.

Sugar – It is suggested that added sugars should make up no more than 10 percent of your daily calories. Sugar has been a huge offender in American diets. That includes sugar-sweetened beverages. Drinking more than one can of full sugar soda maxes out the limit. Rather than switching to drinks with artificial sweeteners, the committee recommends water.

Refined grains – When choosing white bread, which has no fiber, you're more likely to have an increase in your blood sugar and your insulin. Refined-grains products include white rice, white bread and white flour. They make up noodles, pasta, crackers and some breakfast cereals. Whole grains are the preferred choice and are a better source of fiber, vitamins and minerals.

Red and processed meats – A vast change to the American diet is the recommendation to reduce red and processed meats. If you're going to have steak, make sure it comes from a cow that's grass-fed. We recognize that these animals might have a little less saturated fat and a bit more omega-3 fatty acids because of their diet. Avoid having steak every day; limit it to maybe once a week, or even better, a couple times a month.

Saturated fats – The recommendation is taking in less than 10 percent of total daily calories from saturated fat. "Good" fat includes heart-healthy Omega-3 fatty acids like the kind found in some fish. Saturated fat or the "bad" kind that comes from meat, poultry and dairy can raise blood cholesterol, which might increase the risk for cardiovascular disease, weight gain, Type 2 diabetes and cancer.

Salt – Americans also continue to consume too much salt. The goal for the general population is less than 2,300 milligrams of dietary sodium per day. The advice to manufacturers is to reduce sodium in their products, and for consumers to replace salt with herbs and spices. Adhering to guidelines can help keep blood pressure under control.

Alcohol – Alcohol consumed in moderation is ok. For women, that means no more than one drink a day. For men, it's two.

The updated recommendations are general suggestions on what you should consume to avoid illness and to maintain a healthy weight. They outline the basics of a beneficial eating plan rather than an inflexible prescription, and encompass an adaptable framework in which people can enjoy foods that meet their individual, cultural, and traditional preferences and fit within their budget.

Discuss the changes with your health professional and see how the new dietary guidelines can help you achieve and maintain a healthier and more satisfying lifestyle.

According To Data From U.S. Dept. Of Education

Quincy College Delivers Highest Return On Education Investment

According to data from the U.S. Department of Education's innovative tool, the College Scorecard, Quincy College students are ranked #1 as Top Salary Earners in Massachusetts and New England across two-year public colleges. The College Scorecard is a free resource that provides information for families and students to make educated decisions in the college search process.

The U.S. Department of Education's data reviewed the outcomes of students across the nation, who received federal financial aid, and revealed that Quincy College students are top earners ahead of all 2-year public colleges in Massachusetts. This includes colleges within the Massachusetts state-supported public community college system. In addition to being ranked first in the Commonwealth, Quincy College students also ranked #1 in the region as Top Salary Earners in all of New England across two-year public colleges. Quincy College students rank #5 in Massachusetts and #9 in New England for top earners among all 2-year public and private colleges.

Quincy College, Massachusetts' only municipally-affiliated public college, was additionally mentioned in the U.S. Department of Education's October 30, 2015 blog post which listed by state the top two-year public colleges across the U.S. at which earnings exceed those of the typical two-year college.

"Besides traditional majors, Quincy College provides a rigorous and relevant post-secondary education to prepare students for careers in high growth allied health and STEM fields. In addition, through strong relationships with both students and industry partners, the College's faculty serve as an important bridge to real jobs that pay family sustaining wages. The U.S. Department of Education's College Scorecard reflects the high value of a Quincy College education not only for our current students and alumni but for future students as well," said Aundrea Kelley, Senior Vice President for Academic Affairs at Quincy College.

The U.S. Department of Education's College Scorecard is a new initiative by the White House to help students and their families make more educated decisions about college. Using the College Scorecard, students and their families can look up the cost and assess the value of colleges. Each scorecard highlights five key pieces of data about a college: costs, graduation rate, loan default rate, average amount borrowed, and median earnings of former students who received federal financial aid, at 10 years after attending.

In as little as two years, students can learn more to eventually earn more. Quincy College programs are designed to provide students with specific skills and job training so they may enter the workforce or pursue advanced degrees. The U.S. Department of Education's College Scorecard data reveals the successful outcomes of Quincy College students and reflects the high value of a Quincy College education beyond the classroom.

Quincy College's programs, partnerships, and curriculum are addressing a critical skills gap for the Commonwealth and the New England region. Ongoing collaboration with the College's multiple industry advisory boards keeps course offerings relevant to industry needs, establishes workforce pipelines, and helps students maximize their return on investment in their studies.

Commenting on the recent U.S. Department of Education's ranking, Quincy College President Peter H. Tsaffaras, J.D. said: "Our goal is to provide people with an education that allows them to become socially and economically productive members of society. This information, which was developed by the U.S. Department of Education and is available to the public, indicates that we are making progress on behalf of our students in achieving our goal."

Quincy College offers 35 associate degree programs and 21 certificate programs in a variety of disciplines, including those within Professional Programs, Liberal Arts, Natural & Health Sciences, and Nursing. For more information on Quincy College programs, visit: www.quincycollege.edu.

CPR Course Feb. 2

Health Ed of New England will hold a CPR certification course for healthcare providers Tuesday, Feb. 2 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is \$50 per person. The course requires pre-registration by Monday, Feb. 1. For more information, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.

Quincy Democratic City Committee

Democratic Caucuses for Wards 1, 2, 3, 4, 5 and 6 to elect Delegates & Alternate Delegates to the 2016 Massachusetts Democratic State Convention on June 4th at the Tsongas Center, Lowell, MA will be held on



Saturday, February 6, 2016

Fore River Club House
16 Nevada Road

Doors open at 9:00AM – Caucus at 10:00AM
All Registered Democrats as of 1-31-2016 are welcomed to participate

Questions? Email: alicia.gardner6@gmail.com
Paid for by the Quincy Democratic City Committee

580 Students On Central Middle School Honor Roll

Five hundred eighty students made the term one honor roll at Central Middle School.

HIGH HONORS

Grade 8: Sarah Alkhafaji, Madeline Bergonzi, Jose Betancourt, Jaya Bhalla, Lindsay Bina, Andrew Bradley, William Brown, Taylor Burgess, Ashley Caldwell, Kaylin Chan, Lydia Chan, Samantha Chan, Alyssa Chen, Arleena Chen, Kelly Chen, Li Qi Chen, Na Chen, Stanley Chen, Yu Xin Chen, Molly Cronin, Charles Justin Culata, Xhoana Cuni, Isabella DeAmicis, Abigail Der, Alecia Diccico, Brendan Donovan, Victoria Durham, Isabella Enbar-Salo, Maevae Farrell, Benjamin Fehan, Olivia Fitzpatrick, Cormac Flaherty.

Kevin Gallagher, Gerard Gannon, Rinoa Alexandria Gárces, Alyssa Gonzales, Eoin Gormley, Jack

Gurwitch, Nejwa Hamad, Aakash Hasabanis, Yuxin He, Aidan Healey, Amanda Hellmuth, Olivia Herman, Jordan Hoang, Jasmine Horburapa, Aaron Huang, William Huang, Christopher Hussey, Alexander Ireland, Gina Jiang, Julia Kapcia, Melissa Knight, Sarah Knight, Henry-McAnthony Kofoworola-Kuti, Serena Krejci-Papa.

Sarina Lau, Mya Le, Thomas Le, Shane Lerkvikarn, Erin Leung, Daniel Levine, Michael Levine, Jenny Li, Yong Yu Li, Jaman Liang, Jin Liang, Alice Lin, Linda Lin, Xin Yi Lin, Ethan Lunny, Anastasia Luong, Wei Ning Mai, Aisling Mannion, Erik Mayo, Tara McCleary, Thomas McCormack, Jake McGahey, Joshua McMillen, William McMillen, Allison Morrow, Megan Miller, Su Yee Mon, Amanda Morris,

Aidan Murphy, Delaney Murphy, Madison O'Brien, Kasey O'Mahony, Damian Papajani, Sarah Pillone.

Ryan Quirk, Patrick Rak, Jullana Louise Salbiba, Jennifer Small, Sabrina Soto, Juliana Stagg, Jonathan Tan, Peter Tang, Alisha Tran, Brandon Tran, Jessica Tran, Michelle Vu, Sokha Walsh, Alita Wanasilp, Sophie Wilson, Amanda Wong, Jim Xi, Feng Xu, Kathy Xu, Jenny Zeng, Christina Zhao Zhen, Elva Zheng, Melissa Zheng, Wen Qi Zheng, Jake Zhu, Juner Zhu, Linda Zou.

Grade 7: Kylie Acerra, Nicole Acerra, Kayla Agcaoili, Caitlin Ainsley, Michael Allen, Isabelle Assaf, Dea Avdulla, Reilly Barrett, Anatoliy Berezyuk, Arya Bhalla, Emma Boothroyd, Darby Boudreau, Catherine Brown, Julie Buckley, Kely Chan, Sabrina Chan, Dusing Chau, Benson Chen,

Dennis Chen, Janet Chen, Janet Chen, Jiecy Chen, Michelle Chen, Timothy Chen, Benjamin Chin, Kasey Chow, Alex Chui, Renee Clermont, Charles Clifford, Charles Codner, Michael Collins, Robert Conboy Murphy, William Cook, Patrick Cullinane.

Steve Dalla, Marlana Davis, Hannah Demore, Kaylan Dunlea, Eileen Durgin, Ted Eng, Chloe Flynn, Gabriella Franceschini, Liana Gao, Marsha Germain, Ryleigh Gilmartin, Ashley Grehan, Brian Gutro, Jaden Hallisey, Isabella Hanley, Manar Hassan, Emilia Henry, Kyla Ho, Fallon Hobin, Zhiyuan Hong, Oceana Huang, Michelle Huynh, Thuan Huynh, Thuy Huynh, Angela Jee, Joseph Johnson, Madison Kubera, Jose Maria Gabriel Las, Matthew Leonard, Jenny Li, Lawrence Li, Michelle Li, Thomas Li, Vicky Li, Xing Yu Lin, Youliang Liu, Ying Loo, Tengda Louie, Amy Ly, Emma Lyons.

Kelly Ma, Charles Maher, Dongrong Mai, Horace Mai, Sarah McDonald, James McGillicuddy, Julia McGillicuddy, Nicole Mei, Mikala Moy, Hannah Murphy, Niamh Mwafurirwa, Jack Nelson, Courtney O'Brien, Rayne O'Garra Pratt, Emma O'Neil, Adam O'Neill, Conor Ollmann, Joyce Ramos, Lily Scola, Daniel Scolaro, Rebekah Shields, Blake Smith, Fiona Smith, Samantha Smith, Lena Solimini, Samuel Stone, Shirley Tang, Abigail Toland, Danny Tran, Julia Tran, Quangvinh Tran, Eileen Trenholm, Standy Truong, Vivian Truong, Dayana Ukraine, Leah Walsh, Kylie Wright, Helen Yan, Jenny Yang, Michael Yu, Sonny Zhang, Marsha Zheng, Menglin Zheng, Ryan Zheng, Jessica Zisk.

Grade 6: Charles Affleck, Melissa Ainsley, Noel Jose Alvero, Carly Amendolare, Maurice Ampane, Kaung Aung, Brandon Baker, Fiona Berberi, Jonathan Bina, Julia Bo, James Bradley, Dorothy Brown, Sandy Cai, Carmela Canavan, Caroline Cavicchi, Adelin Chan, Katelyn Chan, Flora Chen, Michelle Chen, Nicholas Chen, Song Yu Cheng, Cheuk Yin Cho, Florence Daley, Amyah Davis, Ryan Dear, Rebecca Deng, Natalya Desmond, Maya Dijkstra, Zachary Donaghué, Maeve Dugan, Sabrina Egan, Nicholas Ferrara, Aidan Fleming, Pablo Flores-Munoz, Simon Ford, Emma Glavin, Cassandra Gordon, Aoibhe Gormley, Alexander Gu, Nathan Guan, Scott Gutro.

Lily Hart, Lindsey Hatfield, Grace Hickey, Xing Hao Huang, Antenella Ibrahim, Upasana Joshi, Angelina Lee, Frank Lee, Trista

Lee, Joe Lei, Sabrina Leung, Jaden Liang, Ada Lin, Shelly Lin, Annie Lu, Madeline Mayo, Sophie Mayo, Kayla McNelley, Matthew Miranda, Colleen Moran, Rebecca Morris, Quinn Murphy, Thomas Murray, Nandan Nair, Liem Nguyen, Gabriel O'Brien, Riley O'Connell, Olivia Pham, Samarth Prashanth, Zoe Rakarich, Jordan Reilly, Dylan Rizzo, Elise Roche, Coleman Ross.

Olivia Santangelo, Michael Schinazi, Karthik Shankar, Teresa Sheedy, Sarah Shisko, Anaya Singh, Oliver Smith, Benjamin Snyder, Seamus Stirling, Amy Truong, Shayla Truong, Jada Tu, Elisa Van Dijk, Grace Xu, Ivan Yang, Kathy Yang, Kely Yang, Songen Yu, Yongmei Yu, Aiden Zeng, Zhi Ming Zeng, Nicole Zhang, Justin Zhao, Jilin Zheng, Tiger Zhu, Elena Zlatanov.

HONORS

Grade 8: Logan Almeida, Shilan Arda, Philip Austin, Badr Eddine Bahri, Brendan Bailey, Sarah Baker, Richelle Barry, Jessamine Bearchell, Evan Bentley, Shania Butler, Alison Cahill, Frank Calabro, Hau Chan, Robert Chin, Julia Collins, Thomas Conroy, Ian Cramond, Abigail Decie, Zachary Demore, Jamie Diccico, Joey Diep, Christopher Donahue, Jordan Feng, Madelyn Ferreira, Coleman Flaherty, Kaitlyn Fox, Xue Er Gao, Nicole Gaykova, Kailie Ham, Zachary Hatfield, Wil Hingston.

Emily Irion, Taylor Kinsley, Wai Lam Kwong, Zi Yan Lin, Rory Mahoney, Ethan McDevitt, Colleen McGee, Elizabeth McGough, Michelle McLaughlin, Emma McLoughlin, Jackson McMahon, Sophia Mercurio, Sara Mitchell, Edwin Nguyen, Jessica Nguyen, Coryn Nompheff.

Dylan O'Brien, Landon Pierron, Amanda Powers, Alexa Radzik, Courtney Ross, Anastasia Roth, David Ryan, Andrew Smith, Colby St. Marie, Cheng Sun, Brenna Tobin, Ygan Jae Tumapang, Nyri Tyler, Shaylen Vangestel, Benjamin Welch, Vivian Wilson, Jaydek Wong, Matthew Wong, Jordan Wu, Cayla Zapata, Crystal Zeng, Shu Qian heng, Angela Zyba.

Grade 7: Daniel Artinian, Michael Bassett, Patrick Bates, John Bell, Shayna Bellotti, Luke Bertrand, Jeffrey Burke, MacKenzie Canty, Brendan Cavin, Vineeth Chandrapu, Di Chen, Ryan Chetwynd, Christopher Comlin, Alexander Demeritt, Joseph Dinh, Robert Donovan, Haley Drinkwater, Collin Driscoll, Kylie Driscoll, Victoria Duong, Caitlyn Enos, Emily Fitzpatrick, Kylee Flemming,

Colleen Flynn, Ashton-Enzo Foley, Bridget Gardiner, Seamus Geary, Nicholas Govostes, Caleb Gray.

Gent Haviari, Victoria Hill, Qilin Huang, Steven Huang, Charlotte Hughes, Samuel Hurley, Aaradhana Joshi, Matthew Kelly, William Lau, Shawn Lee, Ryan Li, Wei Cheng Liang, Selina Lin, Tina Lin, Samantha Liu, Christopher Joshua Llaga, Isabella Lombardi, Marco Ma, Calvin Mai, Vanessa Mazzini, Amy Melchan, Connor Mui, Steven Nguyen, Liam Norton, Michael Orla, Sarah Patacchiola, Kaci Pettigrew-Lynch, Khoa Ngoc Pham, Ryan Phelan, Luis Ramos, Alyssa Ryan.

Jasmine Santos Frago, Byron Smith, Cindy Su, Landon Thong, Campbell Tierney, Olivia Tierney, Kevin Toler, Diana Truong, Casimir Valencius, Dan Vu, Tiffany Vu, Sean Williams Jr., Richard Xie, Abby Yanovitch, Gregory Zeng, Michael Zhang, Sophia Zheng, Vincent Zheng, Hoa Bin Zhong, Alvis Zou.

Grade 6: Alex Andoni, Dallas Burnes, Anna Cahill, Nia Cahill, Jerry Caldwell Jr., Eric Chan, Holly Chan, Justin Chan, Natalie Chan, Bin Chen, Chonghao Chen, Kevin Chen, Serena Chen, Sho Chen, Michael Colantonio, Jack Collins, Clayton Corley, Matthew Craig, Liam Crampton, Tong Eng, Mario Evora Fonseca, Gracie Falletti, Elle-Teresa Frechette, Niahm Gallen, Ryan Gately, Harrison Gaudiano, Colm Geary, Avery Glennon, Brendan Glynn, Muen He, Alivea Healy, Ronan Healy, Molly Hendry, Colin Hingston, Adam Huang.

Kyle Jacobs, Leslie Kahugu, Thomas Kelly, Charles Kelson, Natalia Kepczynski, Sai Kuchulakanti, Nicholas Ladas, Kevin Le, Alex Li, Hsuan Yu Lin, Jeffrey Lin, Wilson Lin, Benson Liu, Ting Shing Liu, Lane Lowry, Maggie Ma, Hunter Mac Isaac, William MacDonald, Adam Maier, Megan Mann, Adam Manter, Adam McDermott, Patrick McDonald, Keighley McLaughlin, Benny Mei, Kevin Mei, Cameron Melchin, Dylan Mui.

Henry Neil, Michael Nellany, Helios Ng, Jim Nguyen, Max Nixon, Patrick Nompheggi Jr., Ben O'Mahony, Ruben Parrilla, Phoenix Petrucci, Luke Pierron, Kailey Ross, Megan Ross, Gerelle San Jose, Mia Scott, Renea Smart, Cameron Sullivan, Tarianna Thomas-Smoot, Alexander Tran, Tan Dat Tran, Athina Vrap, Bonnie Zeng, Gina Zheng, Ivan Zheng, Selina Zheng, Steven Zhou, Xuqiu Zhu, Jenny Zou, Sarah Zyba.

Democratic Caucuses Feb. 6 At Fore River Clubhouse

The Quincy Democratic City Committee (QDCC) will hold the Quincy Democratic caucuses to determine delegates and alternate delegates to the 2016 Massachusetts Democratic State Convention.

The date of the caucus is Saturday, Feb. 6. Doors will open at 9 a.m. and the caucuses will start at 10 a.m. at the Fore River Clubhouse, 16 Nevada Road. All Wards; 1, 2, 3, 4, 5 and 6 will be holding their caucuses at this location.

The caucuses are open to all registered Democrats as of Jan. 31. Any registered Democrat that is not elected as a delegate or an alternate delegate and who meets the qualifications may apply to be an add-on delegate in the following categories: youth (between 18 and 35 years of age), minority and disabled. Elected delegates and alternate delegates must pay a convention fee of \$75.

This year's Massachusetts Democratic State

Convention will be held on Saturday, June 4th at the Tsongas Center, Lowell.

For more information regarding the Quincy Democratic caucuses contact QDCC City-Wide Chair Alicia Gardner by email at alicia.gardner6@gmail.com

Vincent Tran On Hamilton Dean's List

Vincent H. Tran, son of Tam Ho and Tony Tran of Quincy, has been named to the Dean's List at Hamilton College in Clinton, N.Y. for the fall semester.

2 Students On Champlain Dean's List

Two students from Quincy are on the Dean's List for the fall semester at Champlain College in Burlington, VT.

They are: Dennis Ngo, majoring in game design; and Maggie Sergeff, majoring in graphic design and digital media.

Two More Students On NQHS Honor Roll

The names of two North Quincy High School students were inadvertently omitted from the school's first quarter honor roll that was published in the Jan. 14th issue of The Quincy Sun.

Senior Marissa McGue and senior Ryan Moreschi both earned distinction on the honor roll.

The Sun regrets the omission.

Bryan Turner On Arizona State Dean's List

Bryan Turner of Quincy, a freshman at Arizona State University, has been named to the Dean's List for the first semester.

Turner, a 2015 graduate of North Quincy High School, is enrolled in the W.P. Carey School of Business at ASU.



DENTISTRY
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by Steven A. Brustin, D.M.D.

BACTERIUM LINKS GUM AND HEART DISEASES

There has been a great deal of discussion in recent years about the link between gum disease and heart disease. Now, researchers have found the culprit responsible for this link. The bacterium known as "Porphyromonas gingivalis" is well known to dentists and periodontists for causing the development of "periodontitis," the serious form of gum infection that damages soft tissues surrounding the teeth and attacks underlying bone. Teeth are often lost as a result. Researchers recently found that P. gingivalis also changes the code of the genes in proteins responsible for boosting inflammation and atherosclerosis (hardening of the arteries) in coronary arteries. This finding gives everyone more reason to con-

scientiously brush, floss, and guard against gum disease. Periodontal disease is often silent, meaning symptoms may not appear until an advanced stage of the disease. If you need answers to a dental problem, remember that we are committed to your best interests. Please call 617 479-6220 to schedule your next appointment. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist.

P.S. Studies previous to the one mentioned above found Porphyromonas gingivalis in the coronary artery plaques (cholesterol combined with fatty substances, cellular waste products, calcium, and fibrin) of heart-attack patients.



New Operator For Sober House

By SCOTT JACKSON

A health care company based out of Weymouth and Watertown will be running a sober house on Arlington Street after plans by a different group to convert the site into a lodging house fell through.

The Board of License Commissioners on Jan. 12 granted a lodging house license for the sober house at 210 Arlington St. in Wollaston. The facility's new manager of record is Jeff Gershman, the director of operations for Square Medical Group.

The actress Ruth Gordon at one time owned the home at 210 Arlington St. The building was later a nursing home and 12-step program before becoming a sober house. In October, New Country Inn LLC went before the license board to request a lodging house license to convert the sober house into a 24-room lodging house. Those plans were ultimately withdrawn before the board could take a vote on the proposal.

Gershman, at the Jan. 12 license board meeting, said his company will provide certain medical services at the Arlington Street location not typically offered in sober homes; residents of other sober houses have to go elsewhere to seek such treatment.

"We want to take Square Medical Group and what we do so well and layer on medical services — psych

evals, ongoing medication management, weekly group therapy," Gershman said. "It's all going to be tied in through one electronic medical system, through one treatment plan. If residents leave the sober house, they always have a medical home; they can come back to our Weymouth facility and get treated there."

Many sober houses in Massachusetts do not require local permitting and are licensed by the state Department of Public Health. City Clerk Joseph Shea said Quincy asks applicants hoping to open a sober house to apply for a lodging house license to ensure proper inspections — such as those conducted by the Fire and Building Departments — can be conducted.

Gershman said his company wants to be cooperative and transparent with city officials.

"Most sober houses do not have a lodging license," he stated. "The reason why we're doing this is so you do have full access to the house, to what we're doing. We want to be completely transparent."

The sober house's lodging license allows for up to 24 occupants; Gershman said there are no plans to house more residents than that on site currently. At present, 21 men live in the sober house.

Gershman said the sober house would not provide treatment for anyone who is

a sex offender or who has a history of violent offenses.

The license board approved the new lodging house license in a unanimous vote. Inspection Services Director Jay Duca was initially hesitant about approving the license, however, as he felt it would be more of a medical facility than a sober house. He ultimately voted in favor of the license after hearing more than an hour of testimony from the applicant.

"It's a sober house. While we can't regulate them, I appreciate that they are here so they are transparent and we're able to go in there," Duca said. "I think it's a sober house and they're adding in the fact that they go in there and provide medical/psychiatric services."

In other action Jan. 12, the Board of License Commissioners also:

- Approved a change of manager for Great Chow, 17 Beale St., from Wah Tat Kwan to Chak Sing Lau.

- Approved a pledge of the liquor license awarded in November for 16C, 16 Cottage Ave., to Everett Co-Operative Bank.

- Approved applicants for change of manager and new officers and directors for both CC's Club (Knights of Columbus), 5 Hollis Ave., and the South Quincy Social Club, 252R Washington St. A similar request from the 1170 Club (Masonic temple), 1170 Hancock St., was continued to a future meeting.

- Approved two road races: the annual Squirrel Run on June 11, beginning at Pageant Field and the annual Bill Dunn Jr. Memorial Race in Houghs Neck on June 25, which starts at St. Thomas Aquinas.

15 Apartments Proposed At North Quincy Eatery Site

By SCOTT JACKSON

The owner of a North Quincy eatery plans to tear down his restaurant and build a 15-unit apartment building in its place, a project his attorney said will enhance one of the major entry points into the city.

Bledar "Reno" Huxhallari went before the Planning Board Jan. 14 with his proposal to tear down Basta Pasta, located at 150 Hancock St., and replace it with the new apartment building. Huxhallari plans to re-open the restaurant elsewhere in the city if the apartment project is approved, according to his attorney, William Keener.

The proposed building would stand four stories tall — three floors of two-bedroom apartments atop a 15-spot garage on the ground level. An additional two parking spaces would be provided on the exterior of the building. Keener said the plan would help revitalize one of the city's most important gateways.

"We feel that this [project] will enhance to the city of Quincy by making it a beautiful piece of property. Right now it's just a tough looking piece of property, I hate to say that to Reno but it really is," Keener said. "It's going to be green — more green than it is now. On the roof, there will be access for future development of solar panels. As we see it, it's an improvement to the neighborhood."

As part of the project, the sidewalk adjacent to the property would be rebuilt and new trees planted between the building and

sidewalk. The applicant is working with city officials to determine which species of trees to plant.

In addition to seeking a special permit for the project, the applicant is also seeking parking waiver. The site is in a Business C zoning district, which requires 1.5 parking spaces per each residential unit, meaning 23 spaces would be required for the project without the waiver.

Keener said each lease would limit the tenants to one spot in the garage. He noted the project site is within walking distance of the North Quincy MBTA station. Additionally, only 10 of 12 tenants in a new residential building on the opposite side of Hancock Street have vehicles currently.

Planning Board Chairman Coleman Barry asked Keener if it would have been possible to incorporate the required number of parking spaces on site. He expressed concern about tenants of the proposed building at 150 Hancock St. parking in the residential neighborhood on the other side of the thoroughfare.

"I think the reality is with 15 units — two bedrooms each in each unit — there is a scenario where you could have 30 cars, understanding only 17 are going to have spots. My concern is spill off into the neighborhood directly across the street," Barry said.

"On a citywide basis, I think there is some concern that we get too wrapped up in this proximity to the T and we start to make as-

sumptions that don't play out in reality.

In response, Keener said one or two more spots could possibly be added, though one spot was previously removed from the proposal to accommodate a bike rack at the city's request. If residents did park in the residential streets on the opposite side of Hancock Street, Keener said the city could solve the problem by towing or ticketing those vehicles.

"If they want to park across the street — it's a two-hour parking limit, I believe — they risk getting towed," Keener said. "If people are going to park there all day or all night, all they have to do is come and either give them a ticket or tow them. It's that simple."

The board did not vote on the plan at the Jan. 13 meeting and will review the proposal again on Jan. 27. The project will also require approval from the MBTA and the State Building Code Appeals Board because the site abuts Red Line and commuter rail tracks, according to Keener. The city's Zoning Board of Appeals does not need to rule on the project.

In other action Jan. 13, the Planning Board also:

Modified the special permit awarded in August 2015 to developer Michael Grehan, who proposed building eight townhouse units at 65 Cleverly Ct. in Quincy Point. The original project called for an L-shaped building with five units stretching front to back at 65 Cleverly Ct. and the other three about 80 feet behind the neighboring home at 57 Cleverly Ct., parallel to the street. Under the revised plan, only the five units at 65 Cleverly Ct. will be built.

Continued a public hearing on a proposed Hancock Street hotel to the board's meeting on Feb. 10, the location of which is to be determined. Haocheng Trading USA has proposed converting the existing office building at 1073 Hancock St. into the 36-room Kendon Hotel. Residents had voiced dissatisfaction with the proposal when it first went before the Planning Board Nov. 19.

School Repairs

Cont'd From Page 1

Building Authority's accelerated repair program, which reimburses communities for a portion of costs. The MSBA has set a reimbursement rate of 68.96 percent for all eligible project costs for the work at the two schools, which means the building authority would reimburse the city \$4.66 million for the project and Quincy's cost would come to about \$2.1 million.

Laura Owens, the assistant to School Superintendent Dr. Richard DeCristofaro, said the two projects are in the schematic design phase, which is where the budget for each will be finalized. The plan is to complete both projects during the summer when school is not in session.

"That is the goal for the two projects," Owens said.

The city submitted statements of interests to the MSBA for both projects in February 2015 and the building authority invited the two projects into the accelerated repair program in May.

New windows and doors were installed at the Lincoln-Hancock, Mer-

rymount, Parker and Wollaston Elementary Schools and at North Quincy High School through the MSBA accelerated repair program in the summer of 2015.

latest plan. Harrington said that portion of the property is where the most rock removal would have been required.

"By making the building footprint so much smaller, the amount of rock we have to remove with the current plan that is before the board is way, way, way less than what that first version would have required," he said.

At the August meeting, Harrington said the developer was considering the use of Ecobust, a special type of chemical that could be poured into holes in the rock that would then expand and break the ledge apart. At the latest meeting, he said doing so would likely be cost prohibitive.

"It's 95 percent off the table," Harrington said. "The estimate was crazy — it was sky high — it was over \$2 million."

Granite St. Condos Draw Opposition

Cont'd From Page 3

Jackhammering, he added, would be the fastest and easiest way to remove the rock on site without using explosives.

Joining the area residents in opposition to the project was former Ward 3 Councillor Kevin Coughlin. He identified several of the concerns residents had raised, including the effect on sewer and water service, potential traffic impacts and

the removal of rock.

"I believe this is a desperate development," Coughlin said. "I lived through and helped create many developments in the city during my tenure and I know that you can do just about anything, but there are certain locations that are inappropriate for development."

Current Ward 3 Councillor Ian Cain said he hopes the developer would be able

to address the safety concerns raised by residents at the meeting as well as any traffic issues the project may cause.

"I understand the frustrations and the concerns," Cain said. "I look forward to working together to make sure this is going to be the least disruptive project that takes place, something that makes sense and is developed in a smart fashion."

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School Committee Notebook

By MIRIAM JOSEPH

Two new School Committee members received warm welcomes at the committee's first official meeting of the new year Jan. 13.

Emily Lebo, who was recently unanimously elected by a joint convention of the City Council and School Committee to fill the unexpired term of former committeeman Noel DiBona - now a city councillor - had served on the committee for four years from 2010 to the end of 2013.

Newcomer James DeAmicis, a 19 year-old Quincy High graduate and now a freshman at Suffolk University, was also recognized, as was the new vice chairman of the committee, Paul Bregoli.

Before the meeting officially was opened, School Supt. Dr. Richard DeCristofaro offered a heartfelt tribute to his predecessor, former QPS Supt. Eugene Creedon, who passed away Dec. 24.

DeCristofaro spoke of his personal relationship with Creedon and recalled fondly that Creedon was once his teacher at Quincy Point Junior High and remembered what a "good listener" he was. DeCristofaro praised Creedon's positive impact on all students.

In school committee business, Erin Perkins, coordinator for Elementary Curriculum and Programs, presented an update on the city's new elementary school electronic-based report cards, a program which was inaugurated last month

for grades 1 through 4.

Training has been offered to teachers and "parent academies" have been held to assist parents in the transition to the new card, which enhances the ability of parents and teachers to identify areas in which a student may require help.

Hard copies of the detailed elementary report cards still go home with the students, but this is yet another feature of the ASPEN program, which is the Quincy Public Schools online Student Information System.

In complete pace with modern communication, ASPEN is a student portal which provides for direct and prompt on-line communication between teachers, parents and students, where attendance records, homework assignments, schedules, etc., can all be accessed. The electronic report card system is set to expand to other grades next fall.

Elizabeth Hallett, Coordinator of Curriculum for grades 9 through 12, offered an update of the city's Dual Enrollment program which allows honors-level seniors to receive college credits for specific high school courses offered in tandem with Quincy College.

The high school teachers of the four courses currently offered - Psychology, Accounting I, marketing and management, and public speaking - are aligned with professors at Quincy College and students can receive three college credits

per course at a significant financial savings compared to Quincy College's regular tuition rates.

Some discussion was had by the committee regarding this choice of courses, the general feeling among committee-members being that English and Math would be important additions to the curricula.

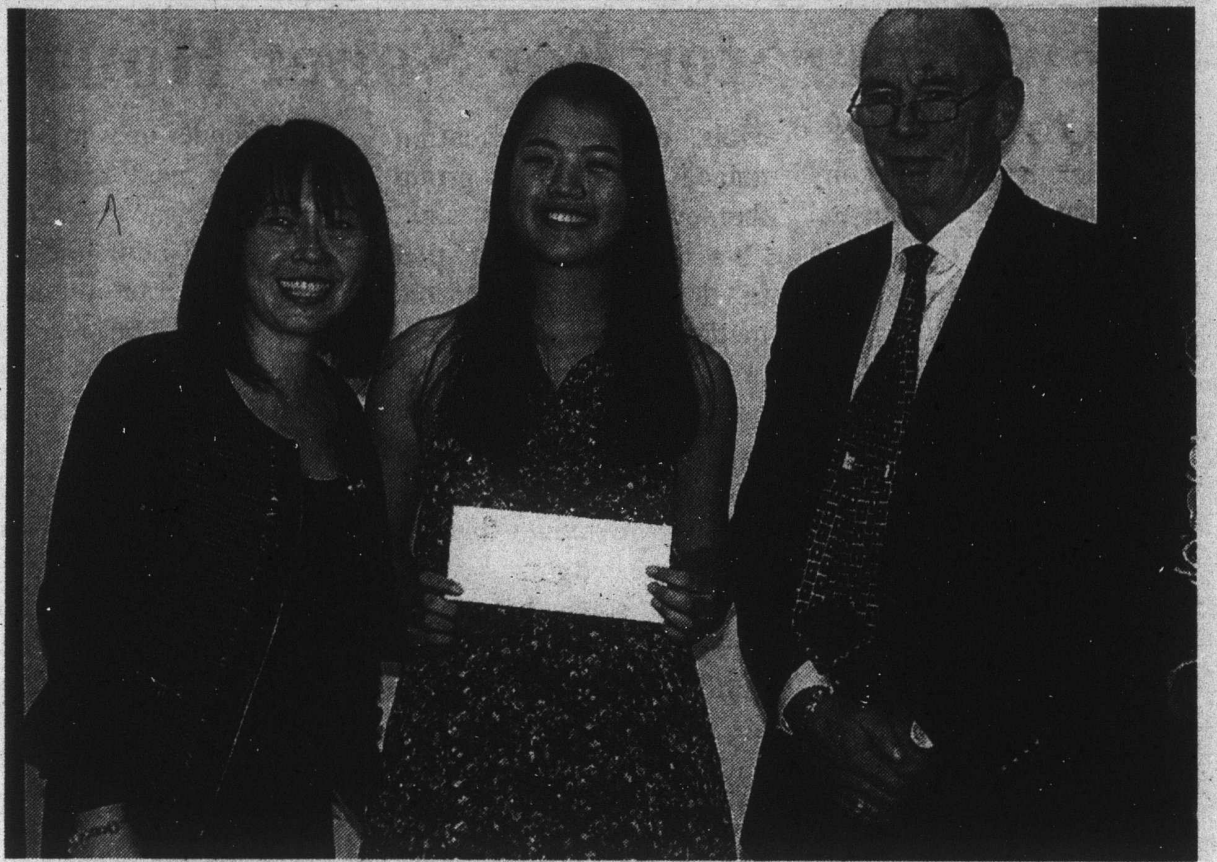
Hallett projected that the program could one day be expanded to junior honors-level students, and that follow-up courses, such as accounting II could one day be offered at the high schools for college credit.

In other news, North Quincy High will continue its academic competitiveness with another appearance on WGBH's High School Quiz Show. Season 7 begins on Feb. 6 at 6 p.m.

Judy Todd, director of Special Education, and Mary Fredrickson, director of Assessment and Analysis, have retired and were both recognized for their extended commitment to Quincy Public Schools.

Long-time and highly-praised School Committee Clerk Laura Owens was unanimously reappointed to her position.

The next School Committee meetings will be held on Jan. 27 and Feb. 10, both at 7 p.m. at the Coddington Building. Future subcommittee meetings are Special Education: Wednesday, Jan. 20 at 6 p.m.; Teaching & Learning: Monday, Jan. 25 at 5 p.m.; Budget & Finance: Monday, Jan. 25, at 6 p.m.



WEI ZHEN of North Quincy High School (center) receives a \$1,000 scholarship award from Lisa Mui of Granite Telecommunications and the South Cove Manor Board (left) and Martin Judge from CliftonLarsonAllen LLP (right.)
Photo Courtesy South Cove Manor

Two Quincy Students Awarded South Cove Manor Scholarships

South Cove Manor at Quincy Point, a skilled nursing care and rehabilitation community focused on serving Asian elders and their families, recently awarded \$1,000 scholarships to two Quincy seniors in recognition of their service to elders.

The scholarships were awarded to Wei Zhen of North Quincy High School and Juliet Wilma Samson of Quincy High School. The recipients were selected based on their involvement with and commitment to elders in their communities.

The scholarships, underwritten by CliftonLarsonAllen LLP, may be used for any college-related expenses, including application fees, books, or other expenses.

The scholarship judges were Pastor Ryan Lun from the Good Neighbor Lutheran Church, Dean Rizzo, president of the Quincy Chamber of Commerce, and Lisa Mui, South Cove Manor board member and senior corporate counsel at Granite Telecommunications.

"We were simply bowled over with the response we received to the call for ap-

plications," Ms. Mui said. "It was a very competitive process given all the wonderful work our young people are doing with elders. Every student who applied inspired our panel of judges and deserves an award. We thank them all for their service."

Opened in Boston in 1985, South Cove Manor moved into their new state-of-the-art building at 288 Washington St. in Quincy in May 2014, expanding their rehabilitation capacity significantly, and creating a series of small resident communities for elders.

Duo In Concert Sunday At Crane Public Library

Thomas Crane Public Library will host a winter concert featuring a duo known as ALLISON Sunday, Jan. 24 at 3 p.m.

Comprised of harpsichordist Paul Cienniwa and mezzo-soprano Allison Messier, they will be playing a collection of popular songs that range from baroque composers to more modern stars.

Both classically trained musicians, ALLISON is their vehicle for exploring popular songs, from Joni Mitchell and Cat Stevens to Björk. Their first CD, "Volume One," is available on Amazon and iTunes. For more information, visit

www.WeAreALLISON.com.

Messier has appeared with Opera Providence in the title roles of Carmen and The Romany Maid, is an active oratorio soloist throughout New England, and is currently Artist-in-Residence at the Cathedral of St. Paul in Worcester.

She graduated from New England Conservatory. For more information, visit www.allisonmessier.com.

Cienniwa has an active career as a soloist, recording artist, and ensemble player. He is Chorus Master of the New Bedford Symphony Orchestra, directs choirs

at Stonehill College and Framingham State University, teaches at the University of Massachusetts, Dartmouth, and serves as music director at First Church in Boston, where he can be heard weekly on WERS (88.9 FM) Boston.

He was awarded the Doctor of Musical Arts degree in harpsichord from Yale University in 2003. For more information, visit www.paulcienniwa.com.

The concert is sponsored by the Friends of the Thomas Crane Public Library. For more information, visit thomascranepubliclibrary.org or call 617-376-1316.

155 On Sterling Honor Roll

One hundred fifty-five students at Sterling Middle School are on the honor roll for the first term.

They are:

HIGH HONORS

Grade 8: Sham Almaleh, Orion Byrne, Isabella Carey, Timothy Dargon, Jona Fejzaj, Stephanie Henriquez, Toan Luong, Patrick MacMillan, Maggie Murphy, Katelyn Nguyen, Mihir Patel, Rodrick Pendleton, Tammy Pham, Victoria Primo, John Pritchard, Tedi Qafko, Ricardo Santos Filho, Jennifer Segale, Adam Truong, Emily Vu, Kayla Vu, Michalina Weglarzy.

Grade 7: Lezly Acevedo, Maggie Cristiani, Grace Devine, James Doan, Michael Duong, Anthony Haviland, Supriti Karki, Jenelle Kimura, Huy Nguyen, Huy Van Nguyen, Issabella Nguyen, Wayne Nguy-

en, Andrew Nickerson, Cepherino Rodriguez, Sean Ryan, Chengrong Zheng.

Grade 6: Brahim Atif, Dany Darwich, Meaghan Foley, Garrett Hinkley, Kevin Jarek, Walker Jeffery, Athena Perry, Bryan Pham, Doan Tran, Gabriel Villarino, Brian Wallace.

Grade 5: Mufaydah Almutairi, Yousef Alsaab, Mahmoud Arghan-Mazlan, Emilio Davila Castro, Thomas McGillicuddy, Connor Putnam, Sean Rosado Jr.

HONORS

Grade 8: Sherissa Alexis, Lauren Anshewitz, Mohammed Basabrain, Kenneth Brownlow, Tynierah Cantave, Niyah Cardoso, Liny Chea, Sophia Collins, Joseph Corbett Jr., David Devoy, Patrick Devoy, Ainslee Eaton, Justin Echols, Olivia Fritz, Kelly Gerrish, Telemachos Gregoriadis, Kamani Herbin, Ayanna Jones, Ilia Karello, Kendrick Kheav, Eddie Lei, Erin Mackay, Lilieth Mandrake, Keren Miralda, Zahra Ouanass, Harsh Patel, Dayna Phan, Matheus Santos, Keylin Taylor, John Valenzuela, Luana Vilarino, Thuy Vong, Nicholas Wong, Andrew Zemotel.

Grade 7: Kristina Carter, Jayden Chui, Amanda Depaula, Akai Fitzpatrick, William Hibbard, Susan Hoare, Sunny Huang, Ethyn Kerr, Colby Lai, Parishkrit Lamichhane, Ngaik Lee, Danny Ly, Shannon Mackay, Hannah Mahn, Kristen Mahoney, Angel Marquis, Molly McGillicuddy, Dev Patel, Sorchia Quinn, Delana Wiley, Xuefeng Zhao.

Grade 6: Ahmad Al-Rekabi, Abdulrahman Almaleh, Caleb Baliton, Meira Baliton, Suad Basabrain, Wesley Byrne, Tia DiBona, Jordan Ray Dizon, Lawsun Do, Tiarnan Eaton, Rachel Feng, Alissa Fernandes, Stephen Folkes, Malik Francis, Amelia Goodfellow, Adriana Healy, Mia Heim, Helena Huynh, Kaila Jacques, Nyck Jean-Philippe, Malik Justice, Daniel Lung, Thu Luong, Giovanna Macedo, Harry McGuire Jr., Mackenzie McLellan, David Meng, Jennifer Meng, Benny Nguyen, Cindy Nguyen, Mia Nguyen, Haley O'Reilly, Julianna Paluzzi, Evelyn Parker, Vansh Patel, Gianni Perea-Nunez, Vy Yen Pham, Sarah Rizzi, Abby Romano, Sophie Saint Marc, Latreen Tam, Jacqueline Tang, Kayla Tran, Kaitlyn Zemotel.

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AG Also Highlights QMC's Financial Difficulties Report: Steward Didn't Meet Quincy Commitment

By SCOTT JACKSON

A new report issued by Attorney General Maura Healey says Steward Health Care failed to live up to its commitment of maintaining an acute care hospital in Quincy after purchasing Quincy Medical Center in 2011, but also highlights financial difficulties the hospital faced in its final years.

The 60-page report, issued Dec. 30, was required as part of an agreement reached in 2010 that allowed the for-profit company to purchase the Caritas Christi hospitals previously run by the Roman Catholic Archdiocese of Boston. Steward, a subsidiary of private equity firm Cerberus Capital Management, acquired Quincy Medical Center and Taunton's Morton Hospital in separate 2011 agreements.

As part of the 2011 agreement to acquire Quincy Medical Center, Steward agreed to maintain an acute care hospital in the city until 2021, though it could have closed as soon as 2018 under certain circumstances. Quincy Medical Center closed in December 2014; the emergency department remained open as a satellite facility operating under the license of the Steward-owned Carney Hospital in Dorchester.

"Steward failed to abide by the commitment it had made to maintain an acute care hospital in Quincy," Healey's report stated.

In January 2015, then-Attorney General Martha Coakley reached an agreement with Steward regarding the hospital's closure. Steward was required to maintain an emergency facility in the city through the end of 2016 and offer urgent care and specialty and primary care services until at least Oct. 1, 2018, under terms of the new deal. The company was also required to fund the relocation of a VA community outpatient clinic, which moved to Manet Community Health Center's flagship location in North Quincy, and provide transportation services between the satellite ER, Manet's facilities, Carney Hospital and Steward physicians in the city until at least

Oct. 1, 2018.

Healey's report noted Steward did abide by the requirement to make certain capital and other expenditures at Quincy Medical Center. The company was required to make \$34 million in such expenditures at the hospital through October 2016 and the attorney general's report noted Steward made \$81.1 million in capital expenditures or expenditure commitments to date, including a \$38 million payment to "make creditors whole." Excluding that \$38 million, Steward made or committed to making \$43.1 million in capital and other expenditures at the Whitwell Street hospital.

The report from Healey's office stated Quincy Medical Center lost \$5.4 million in fiscal year 2012, \$20.5 million in FY2013 and \$63.3 million in FY2014. The FY2014 losses, according to the report, included both \$39 million in operating losses prior to the closure and a \$24 million closing charge to write-down the hospital's assets to market value.

As a whole, Steward Health Care, which currently operates nine hospitals statewide, incurred operating losses of \$22.2 million in FY2012, \$55 million in FY2013 and \$75 million in FY2015, according to Healey's report.

Brooke Thurston, a Steward spokeswoman, said those losses forced the company's hand.

"Of Steward's reported \$75 million loss in 2014, more than \$63 million was directly attributed to the operations and closure of Quincy Medical Center," Thurston said in an emailed statement. "Faced with the choice of making short-term cost cuts to create immediate financial returns, Steward instead has invested \$850 million in the system to produce long-term financial sustainability."

Healey's report detailed some the challenges faced by Quincy Medical Center prior to its closure.

Total inpatient discharges at the hospital fell from 6,047 in 2010 to 4,774 in 2013 and 4,408 in 2014,

the year the hospital closed before reopening as a satellite emergency department. The 27.1 percent drop off in total inpatient discharges from 2010 to 2014 was significantly higher than the decrease of 7.7 percent seen across Massachusetts over the same time period.

The percentage of Quincy Medical Center inpatients and outpatients with commercial insurance also decreased in that time span. In fiscal year 2010, 32.72 percent of patients had commercial insurance compared to 49 percent who had Medicare and 17.18 percent who had Medicaid. In fiscal year 2014, 24.38 percent had commercial insurance, 49.38 percent had Medicare and 24.84 percent Medicaid.

No hospital in the Metro South area had a smaller percentage of commercial patients than Quincy Medical Center did in 2014, except for the Steward-owned Carney Hospital; 21.2 percent of that hospital's patients had commercial insurance. The percentage of commercial patients at other hospitals in the area was 38.1 at Beth Israel Deaconess Hospital - Milton, 41 at South Shore Hospital and 43.6 at Brigham and Women's Faulkner Hospital.

Compared to South Shore Hospital and BIDH - Milton, which together with Quincy Medical Center comprised the Quincy Service area, the report found QMC treated a higher percentage of patients seeking medical and psychiatric care than more financially lucrative surgical and obstetrics patients. (Quincy Medical Center did not offer obstetrics services, though the hospital did treat obstetrics patients in unusual circumstances, according to the AGO's report.)

In 2014, 68.5 percent of QMC patients sought medical services, 24 percent sought surgical services, 7 percent psychiatric and 0.1 percent obstetrics. In the Quincy service area as a whole, 48.5 percent of patients sought medical care, 24.6 percent surgical, 6.9 percent psychiatric, and 19.5 percent obstetrics.

Lecture By Physician To Forecast Health Effects Of Compressor Station

Jan. 26 At Thomas Crane Public Library

Opposition by residents and officeholders to the proposed Fore River compressor station stems largely from the idea that emissions from the facility would harm the health of Quincy and Weymouth residents.

In a lecture to be held Tuesday, Jan. 26 at 7 p.m. at the Thomas Crane Public Library, Quincy Center, Curtis Nordgaard, M.D., a pediatrician who practices in Dorchester, will back up that idea with some hard numbers.

Spectra Energy, the company proposing the compressor station, has downplayed any health effects that the facility might cause. "Spectra claims that pollution from the compressor station will be insignificant," said Susan Harden, a board member of Fore River Residents Against Compressor Station, a cosponsor of the lecture. "The lecture will give people a chance to hear that claim debunked by an unbiased researcher with great credentials."

The other cosponsors of the lecture are the library and Quincy Climate Action Network.

Research on the Spectra proposal by Nordgaard, who also has a master's in biology, has taken him deep into the scientific literature on health effects of compounds such as benzene, formaldehyde, and acrolein, three of many pollutants that will be emitted by the compressor station, according to Spectra's application to the Federal Energy Regulatory

Commission. The emissions will result in large part from the burning of gas to power the compressor, Nordgaard said in a telephone interview, and they will come on top of airborne pollutants from a pair of nearby power plants, a chemical factory, a sewage-pelletizing plant, and a tank farm. As part of his research, Nordgaard has been measuring air quality at two locations in Weymouth near the site of the proposed compressor station, and he hopes to have baseline air quality numbers to share at the lecture.

The few existing studies of compressor stations, which are limited in scope, have found effects including headaches, nosebleeds, and eye and throat irritation. Pollutants listed in the Spectra application are also known to cause elevated levels of heart and lung disease, said Nordgaard. The coauthor of ten journal articles, on topics as varied as medical care for homeless people, macular degeneration, and the functioning of the human brain, he plans to publish his research on the compressor station in a peer-reviewed scientific journal.

Gas companies and their allies are proposing natural gas as a "bridge fuel" that can break the world's dependence on dirty fuels like coal and oil, supplying the world with cleaner energy for a few years, until renewable technologies like wind and solar are ready to take over. Nordgaard disagrees with this characterization.

"Gas power plants have lifetimes of 30 to 50 years and need to stay open for many years to recoup their cost," he said. In addition, he said, research has shown that, because of leaks at gas wells and in gas transmission lines, natural gas produced by fracking may actually be dirtier than coal when it comes to greenhouse gas emissions.

"Renewable technologies have been ready to take over for some years now," added QCAN board chair David Reich, "especially when combined with conservation and efficiency. What Massachusetts needs now is not more gas pipelines and compressor stations but more solar energy and more wind turbines—projects like the massive Bay State Wind Farm being proposed for waters off of Martha's Vineyard, which would power half a million homes without harming the health of anyone."

SECONDARY LUNCH MENU

Monday, Jan. 25

North End Style Pizza, Romaine Tossed Salad with Tomato/Cukes and Kidney Beans.

Tuesday, Jan. 26

Early Release Day MS and HS - Baked Lasagna with Beef and Tomato Sauce, Green Beans, WG Dinner Roll.

Wednesday, Jan. 27

Deli Turkey Gobbler on a WG Bun, Stuffing and Roasted Sweet Potatoes, Corn Niblets.

Thursday, Jan. 28

Pasta with Chicken and Broccoli in a Italian Cheese Sauce, Carrot Coins, WG Bread Stick.

Friday, Jan. 29

Chili with Beef and Beans, Shredded Cheese, in a Baked Potato Skin, Green Peas, WG Dinner Roll.

Applications Available For Edith B. MacDonald Scholarship

Applications are available for the Edith B. MacDonald Scholarship given by the Seaside Gardeners of Squantum.

Any high school senior currently living in Squantum and any relative of a member of the Seaside Gardeners planning to at-

tend a two year or four year college is eligible for the \$1,000 award.

To be considered, applications must be postmarked by March 20th.

Contact Laurie Kelliher at 617-797-3349 or email her at lauriekelliher@verizon.net.

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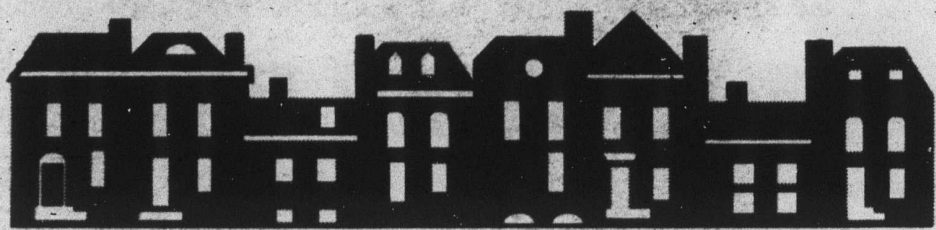
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Real Estate

Quincy Real Estate Transactions Jan. 11 - Jan. 15

Seller	Buyer	Amount	Address
391 Quarry Street Realty Trust	Robert E. & Deborah A. Malvesti	\$322,000.00	391 Quarry Street
Rae A. O'Rourke	Lily Q.H. Mai	\$257,500.00	934 Southern Artery Unit 213
Walter & Janet Gropp; Darleen J. & Sean McAleney	Nicholas Campagna	\$452,000.00	7-9 Richie Road
Adam D. Norcott & Darcy J. Conroy	Mary Randazzo & Jeffrey Burke	\$328,200.00	12 Stevens Street
Michael & Madelene Cheney	Tuscany 27 LLC	\$572,000.00	27-29 Des Moines Road
Mary O. Sherman Security Trust	19-21 Trask Realty Trust	\$425,000.00	19-21 Trask Avenue
Margaret K. Brangiforte	67 Madison Avenue LLC	\$225,000.00	67 Madison Avenue
Yin T. Wong	David J. Chen & Tsai S. Wong	\$300,250.00	100 West Squantum Street Unit 408
Robert C. & Lori A. Maynard	Rakeem A. & Tumelano Chapman	\$445,000.00	26 Hughes Street
Alice T. Welch Family Revocable Trust	Zi W. Li & Mei L. Wu	\$480,000.00	26 Tyler Street
Mary J. Gibson	Paul M. Daley	\$255,000.00	61 Newton Street
Michael A. Covais	Matthew J. Coughlin	\$179,000.00	47 Packards Lane
Richard & Andrea Gibbons	Kim T. Nguyen	\$515,000.00	715 Adams Street
Keith B. & Nancy M. Myers	Yi Wang	\$352,000.00	29 Lafayette Street
Stacey R. Caporiccio	Tammy Choi	\$230,000.00	230 Willard Street Unit 808
Richard H. Davis	Charles Davis & Teresa Milano	\$410,000.00	46 Randlett Street
Wei Z. Li	Zhining Xia	\$150,000.00	422 Hancock Street Unit 5
Eric J. & Alicia L. Chiasson	Peter Y. & Yvonne L. Ko; Zhen Feng Shen	\$440,000.00	36-38 Murdock Avenue
CRE Realty Trust	Kim H. Vo	\$385,000.00	128 Mayor Thomas J. McGrath Hwy

GNEF Kicks Off 'Give The Gift Of Warmth' Campaign

The Massachusetts Good Neighbor Energy Fund (GNEF) will kick off its 31st annual "Gift the Gift of Warmth" campaign today (Thursday) at 8 a.m. at the Lantana, 43 Scanlon Dr., Randolph.

Featured speakers at the breakfast will be House Speaker Robert DeLeo and

Mike Wankum, meteorologist at WCVB Channel 5.

GNEF is a non-profit cooperative effort by Massachusetts energy companies and The Salvation Army of Massachusetts, which administers the fund, to provide assistance to state residents in temporary financial crisis who cannot pay their

energy bills and do not qualify for federal or state funds.

The participating energy companies support their customers' contributions to the fund through various giving programs.

GNEF's fundraising goal is \$750,000. Since its inception, the fund has raised

more than \$19.8 million and has helped more than 85,000 families.

DeLeo will update the audience on legislation concerning energy issues. Wankum will offer predictions on the winter weather and how it might impact the urgency of need.

Homebuyer Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in February.

The workshop will be held Saturday, Feb. 13 and Saturday, Feb. 20 from 8:30 a.m. to 12:30 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real

estate brokers, insurance agents, attorneys and loan originators. Attendees also will have an opportunity to learn about NeighborWorks' down payment assistance programs and speak to a lender about different mortgage options.

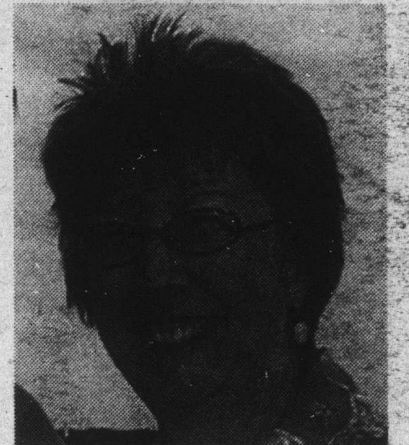
The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

Ask Barbara Graceffa: Secretary Of The Interior

We are adding an addition to enlarge our kitchen. How do I know if we have enough room for an island and, if so, what should we consider as we design one. Genny

You need at least 48 inches around the island as walk space on all sides. If this space would be a high-traffic zone, 54-60 inches is recommended. Draw out your plan of the new space to scale, then transfer the measurements to the floor of your addition by taping off the island and cabinets. Then walk around the island with another person in your household. Are you bumping into each other? Into other cabinets? You will quickly see how much room is needed. Also, if you plan to add stools to the island for seating, remember that you need approximately 36" to pull your chair out to get into and out of the seat ... that might require more space or at least the 60-inch maximum so people can walk behind a seated guest.

When designing an island, bear in mind your everyday needs: consider adding the primary or second sink, a dishwasher or wine refrigerator, cooktop, recycling and trash center, and certainly prep and storage space. But do not overcrowd the top as you'll want the extra countertop space and make sure you have sufficient space to the right and left of a sink or cooktop.



BARBARA GRACEFFA

For a trendy, custom look, islands today often have a different counter top or base cabinet color as the rest of your kitchen. For example, if you have white kitchen cabinets, try dark stained cabinets for your island. You might also splurge on a fancy edge to the countertops or a waterfall edge where your contractor will carry the countertop down two sides of the base for a dramatic look. (I wouldn't necessarily do both the different cabinet colors and waterfall countertops; remember: less is more.)

If the new space doesn't allow for an island, consider a peninsula or an island on wheels to offer you extra prep and storage space.

Do you have a decorating problem needing a professional solution? Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.

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"STILL NUMBER ONE"

Martin Luther King, Jr. Remembered

Cont'd From Page 2

tradition of honoring King provides the city's residents with a chance to reach out and meet each other.

"This is my favorite holiday and I'm glad this tradition continues in the city

of Quincy and it's strong because it brings all of us together in the city as neighbors and we have the opportunity to reach out to each other and meet each other," Quigley said. "It's a day to see that we're all different

but we can all bring wonderful things to the city of Quincy."

Norfolk County District Attorney Michael Morrissey served as master of ceremonies at Monday's breakfast. He noted Quincy has

become more diverse since his childhood; when Morrissey graduated North Quincy High School in 1972, there was just one Asian American student in his graduating class.

"When you look around the community now, it's a far different community than when we were kids. The richness of diversity we have in this community, in the city, is really a wonderful thing," the district attorney said.

City Council President Kirsten Hughes reminded those in attendance that Quincy's commemoration of King's life and work is just one of many similar ones that took place nationwide.

"Even though we're in our community here in



GERMANTOWN NEIGHBORHOOD CENTER Director Kathy Quigley said the tradition of honoring the late Civil Rights Leader Martin Luther King, Jr. is strong in Quincy "because it brings all of us together as neighbors."

Quincy Sun Photos/Robert Bosworth

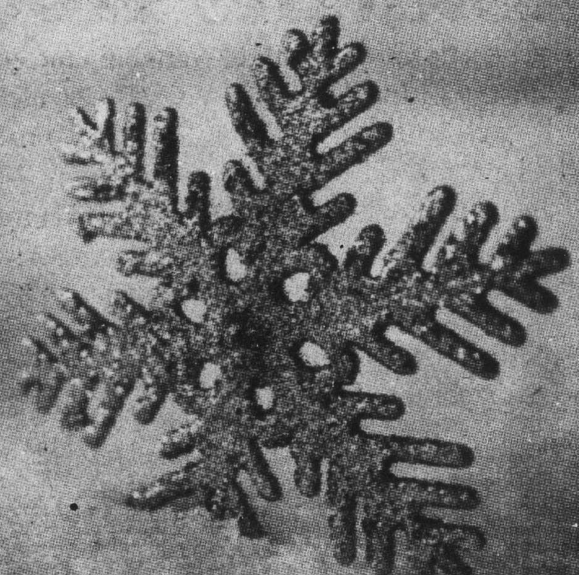
Quincy, it's important to remember that there are thousands of Martin Luther King celebrations going on today throughout our country," Hughes said. "It is so important for us to remember

that even though we're here in our community, we are a part of something much larger and it's about bringing that message of patience and tolerance and love and change through strength."



NORTH QUINCY High School student cadets in the Air Force JROTC color guard presented colors before the Pledge of Allegiance at Monday's Martin Luther King, Jr. breakfast in the lower level of the Germantown Neighborhood Center on Palmer Street.

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Tuesday, Jan. 26

Early Release Day - no lunch served.

Wednesday, Jan. 27

Pasta with Chicken, Broccoli and Italian Cheese Sauce, Pineapple Cup.

Thursday, Jan. 28

Make your own Sub: Beef Meatballs with Tomato Sauce on a JR Submarine Roll, Green Beans.

Friday, Jan. 29

Mashed Potatoes with Popcorn Chicken, Corn Niblets and Gravy, WG Dinner Roll, Box of Raisins.

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QUINCY HIGH SCHOOL boys varsity hockey team. Kneeling from left: Thomas Pugley, Dan O'Leary, James O'Leary, Pat Quirk, Brandon Nunnink, Jason Whalen and Chris Connolly. Second row Coaches Mike McNeice, Kami Medeiros and Ted Walsh, Jr.; players Paul Blake, Mike Tervakoski, Shamus McBride, Josh Campbell, Owen Lynch, Mike Calnan, Corey Shaw, Scott Parrish, Nick Murray and Tim Walsh; and Coaches Ted Walsh III and Mike MacPherson. Third row: Shane Kabilian, Sam McGahey, Matt O'Brien, Griffin Lynch, Steve Montgomery, Ryan Larsen, and Bobby Dunn.

Quincy Sun Photos/Robert Bosworth

Presidents Hockey Ties Dedham, Seeks Consistency

By TOM JOYCE

After losing four straight games, the Quincy High School boys hockey team found themselves on the right track on Monday.

They might not have won, but the Presidents (5-6-2), garnered a point in the standings as they tied Dedham High School, 2-2, at the Quincy Youth Hockey Arena.

Freshman defenseman Griffin Lynch had both of the Presidents' goals. He tied the game at two apiece as his team took senior captain and goaltender Chris Connolly out of net with under a minute remaining. The Presidents were also on a power play, so they had a six skaters on the ice as opposed to their opponents, who had just four.

Presidents head coach Ted Walsh Jr. understood that the tie was a step in the right direction but overall, he has not exactly been thrilled with his team's performance as of late.

"We're very inconsistent," he said. "We've got about half the guys on board and half that are not. Until that changes, we're not going to win many games. That's the stuff we're talking about in the locker room. We need to get everyone on board. We also need to get a little bit healthier. We don't use excuses though."

As of Monday, the Presidents were on a five-game winless streak.

"We have some people underachieving right now," Walsh said. "Other than that, we are what we are. I didn't know what to think heading in. But we have a lot of kids who have not played varsity hockey. So if we can go to practice and work hard, we can get better."

When speaking of his freshman class, Walsh pointed out three players who



CAPTAINS AND COACHES for the 2016 Quincy High School boys varsity hockey team. From left: Head Coach Ted Walsh, Jr., junior Owen Lynch, defense senior Mike Calnan, defense junior Pat Quirk, forward senior Chris Connolly, goalie; and assistant coaches Mike MacPherson and Ted Walsh III.

have been playing particularly well: Lynch and forwards Daniel O'Leary and Jason Whalen. Walsh said that they are not surprising him because heading into the season, he knew what they were capable of doing for his team.

"He's very gifted," Walsh said of Lynch. "He's talented offensively and defensively. There are kids who play hockey and then there are hockey players. He's a hockey player."

So far this season, Walsh noted that Connolly, who recorded 23 saves on 25 shots against Dedham, has been the most consistent player on his team.

In addition to their goaltender, experience on defense has been arguably the team's biggest strength.

Senior captains Owen Lynch and Mike Calnan have been leaders on the defense while senior Brandon Nunnink, freshman Griffin Lynch and sophomore Ryan

Larsen have been big time contributors.

With that experience, Walsh decided before the season that the team should make it a point to get their defense involved on offense — especially on power plays.

"We knew heading into the season, our most experience was on defense," Walsh

said. "We felt like they were our strength, so we wanted to get them up in the play."

Lately, the team has been without injured junior defenseman Josh Campbell. But Walsh believes his return will be big for his team.

"That hurts," he said. "Not having him in the lineup really hurts us. He's a great defender."

This year, the Presidents' ultimate goal is the same as ever.

"We want to get into the tournament," Walsh said. "Every time we take the ice, I expect to win. I don't know if that's the entire team's mentality, but it's what the coaching staff believes. We want to win."

Through 12 games, the

Presidents had amassed 12 points in the standings. To make the playoffs, they would need 20 points in 20 games — so they were on the right track.

"If they are willing to stay with it and work hard at practice, I'm confident we'll make the tournament," Walsh said. "I do believe in this team."

QHS-Hanover Swim Meet Highlights

The QHS swim team traveled to Hanover Sunday for a swim meet. Despite a loss for both the girls (89-68) and boys (60-48), there were a lot of close and exciting races to watch.

For the girls, the two freestyle relays came in second place. The 200 yard freestyle relay consisted of Juniors Emilia Kapacia and Captain Bailee Carey and Sophomores Kat Casey and Tammy Ma. The 400 yard freestyle relay consisted of

Juniors Clare Doherty and Emilia Kapacia, Sophomore Julie Hong, and Freshman Kumudini Devalla.

Individually, Emilia Kapacia had season best times in her second place finishes in the 200 and 100 Freestyle races. In the second heat of the 50 yard freestyle race Junior Madison Synan had a first place finish while Senior Captain Olivia Baldino came in third.

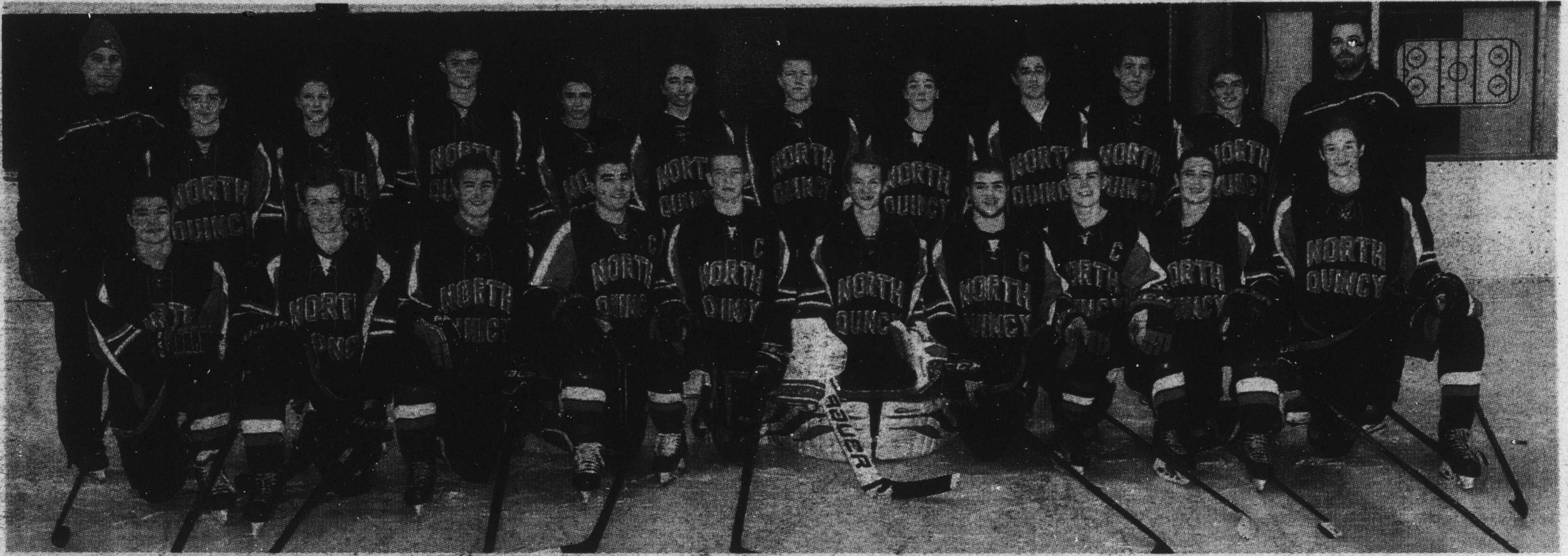
Sophomore Julie Hong also had season best times in

both of her races — finishing second in the 200 yard Individual Medley and a close third in the 500 yard swim. Her teammate Freshman Kumudini Devalla came in first in the 500 yard freestyle swim.

For the boys, the 200 yard freestyle relay had a close race, out touching their opponents for a second place finish with a time of 2:06.06 minutes. The relay consisted of Juniors Mattia Dema and Captain Thomas

Tran, and Freshmen Kevin Warner and Nikolas Natsios. Freshman Kevin Warner had second place finishes in both of his races — the 200 yard freestyle and 100 yard freestyle races. Junior Captain Thomas Tran had a first place finish in the 100 yard breaststroke race.

QHS swimming and diving team travels to the Percy Walker Pool in Duxbury for a meet against Pembroke High School today (Thursday.)



NORTH QUINCY HIGH SCHOOL boys varsity hockey team. Kneeling from left: Joey England, Garrett Kulig, Evan O'Connor, Cam White, Kevin Mock, Kevin Doherty, Timmy Glynn, Matt McDonald, Corey Hernandez and Ryan Moreschi. Second row: Coach Jamie Schatzl, Connor Donaghey, John Norton, Kieran O'Driscoll, John Early, Ethan Herman, Kevin McDonald, Hunter Phillips, Austin Lee, AJ Currie, Chris Donaghey, Coach Matt Gibbons. Missing from photo: Derek Bille.
Quincy Sun Photos/Robert Bosworth

Red Raiders Hockey Optimistic Program Will Continue

By TOM JOYCE

As long as they can, the North Quincy Red Raiders boys' hockey team would like to hold on to tradition.

Their future outlook might not be as positive as it has been in the past, but they are optimistic that they can keep their program alive.

Rumors have swirled that they could potentially become a co-op with Quincy High School. With respect to their rivals, that is not the Red Raiders' intent.

In terms of numbers though, the Red Raiders (6-5) are hurting. This season, they have just 22 players in the entire program – and that is it. There is no freshman team or even a JV team.

To make matters worse, they are graduating nine seniors so next year, if everyone returns, they would only be guaranteed 13 players.

Red Raiders head coach Matt Gibbons, who is in his seventh year as the team's head coach and his eighth year in the program, wants to do whatever he can to keep the team intact.

"We're hoping for a strong freshman class and a few transfers," he said. "Who know what happens during the year and over the summer? We'll have enough to play but hopefully, we can add a few more pieces. The youth program is strong, so hopefully it just keeps going. There's been a lot of talk as to whether or not this is the last year. I don't want that to be a question in anyone's heads. We want to keep this thing going for as long as we can."

"Believe me, we're thinking outside of the box," he added.

Since North Quincy is right near a number of private schools, Gibbons stressed how important transfers could be to help keep the program afloat – especially since there will be varsity spots up for grabs.

"It would be huge," he

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CAPTAINS AND COACHES for the 2016 North Quincy High School boys varsity hockey team. From left: Head Coach Matt Gibbons, senior Kevin Mock, forward; senior Cameron White, forward; senior Tim Glynn, forward; senior Matt McDonald, defense; and Coach Jamie Schatzl.

spring

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Jorgensen On Threshold Of Historic Milestone

Quincy Senior Closing In On 1,000 Points, 1,000 Rebounds

By BILL GRIFFIN

As their season drew past the midway-point, as they rolled to their ninth straight victory, the main actors in their story grew more sharp and clear.

At the middle of it all is senior center Nicole Jorgensen who has stepped to the threshold of doing something no girls basketball player in the history of the city has ever done. There is sophomore point guard Liana Cunningham who passes and runs an offense with uncommon touch and poise. There is senior forward Gabby Jerahian who can elevate her entire team with her shooting. Cunningham and Jerahian also chase and contain the best scorers in the Patriot League.

There is senior guard Alyssa Camara, the most consistent of players, who contributes double-digit scoring, passing and strong drives to the hoop in every game she plays. There is

Sarah Gibbons who provides a second inside force to support Jorgensen. There are Joelle Robinson and Ariana Paulo who bring energy and defense off the bench. It is an impressive package.

Jorgensen concluded a monster week with 25 points, 11 rebounds and 11 blocks to lead Quincy to an impressive 63-44 over Hingham and open a two-game lead over the Harborwomen, their closest pursuer for the Patriot League Keenan Division title, at the Quincy High gym Friday night.

"We knew this was a big game for what we want to achieve this year," said coach Jeff Bretsch after his club went to 9-1 on the season. "What I liked was our attitude before the game. We were strong and confident, not nervous and edgy. We were ready to play a game like this. I can't remember when we've had a nine-game winning streak."

Jorgensen had 29 points



DIVIDE AND CONQUER - Quincy Senior Center Nicole Jorgensen splits five Hingham defenders for two of her game-high 25 points in the Presidents 63-44 win over Hingham last Friday night. Jorgensen was 30 points shy of 1,000 heading into a game Tuesday night against Plymouth North. The URI-bound senior also needed 53 rebounds to reach 1,000 for her high school career. Quincy Sun Photo/Robert Bosworth

and 24 rebounds in a 51-44 victory over Whitman-Hanson earlier last week. The 54-point, 35-rebound week brought her career totals to 970 points and 947 re-

bounds. No girls' basketball player in the history of Quincy and North Quincy High Schools has ever posted a 1,000-point, 1,000-rebound career. Barring the unfors-

een, Jorgensen is about the shake hands with history.

"Her growth as a player has been amazing," said Bretsch. "As a senior, she is more, confident, more con-

trolled. Her moves are more powerful. There's nothing tentative in anything she does. She gives us what we need on any given night."

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Aucoin, McGue Lead NQ Past Plymouth South

By BILL GRIFFIN

It is possible that there were happier people in happier places than North Quincy's girls basketball team after last week's game against Plymouth South. It is possible. It is not likely.

Senior forward Marissa McGue did everything a player can do on a basketball floor except polish the backboard, and junior center Remy Aucoin posted her sixth double-double in eight games to lead North to a satisfying 61-48 win over Plymouth South in a Patriot League Fisher Division contest at the North Quincy gym.

The Red Raiders needed

this one. The early part of their season had been difficult. They had lost seven straight. Coach Brian Buckley resigned after five games. Greg Lannon succeeded Buckley. It is not easy for a professional team to handle a coaching change just one-quarter into its season. Asking a high school team to handle it is especially challenging. But, against Plymouth South, North handled it just fine.

"It's been quite a week around here. There has been so much change, it's been like a whirlwind," said Lannon who coached the freshman girls team for the last three seasons. "I give credit

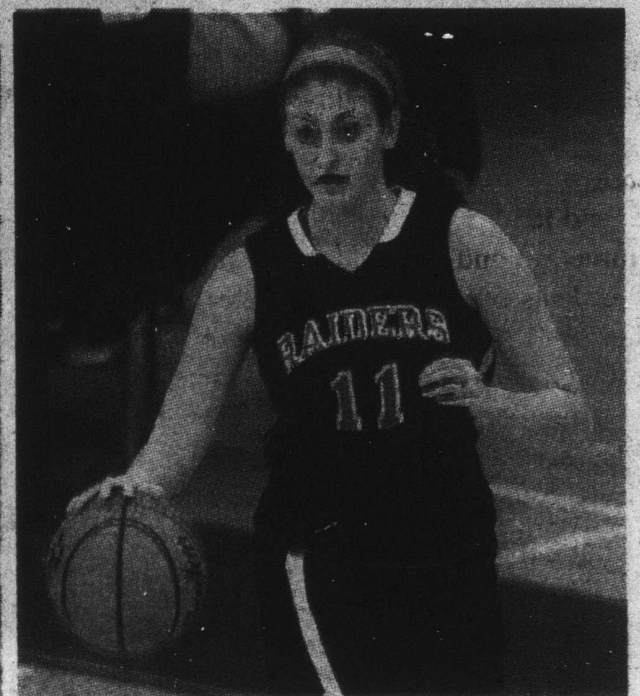
to our senior leadership: Marissa and Ali Coleman. We asked a lot of the kids, and they showed their character tonight with a complete, four-quarter effort."

North played two outstanding games last week. On the road Friday night against one of the league powers, Pembroke (9-1 overall, 7-0 in the league), Aucoin was brilliant again with 20 points and 18 rebounds, her seventh double-double of the season. North was tied with the Titans midway through the fourth period before falling, 61-49.

"Remy played great. She did it against double and triple teams," said Lannon.



NORTH QUINCY SENIORS Remy Aucoin (left) and Marissa McGue (right) led the Red Raiders to a 61-48 win over Plymouth South Jan. 12. Aucoin posted her sixth double-double (16 points, 11 rebounds) and McGue contributed 11 points, 10 rebounds, six steals and five assists. Quincy Sun File Photos/Robert Bosworth



Quincy Sun File Photos/Robert Bosworth

"I liked our intensity on defense right from the start. Pembroke has an excellent player Sam McGibbon who scored 27, but we did a good job on everyone around her."

McGue had 10 and Karyn McEvoy added nine points and seven rebounds for North who was tied 47-47 with just over 4:00 left in the game.

"Pembroke made some big shots," said Lannon. "I think we showed that when we come with intensity, we have a good basketball team. We're not pushovers for anyone."

Begin the Plymouth story with McGue. She had 11 points, 10 rebounds, six steals and five assists. Plymouth South had two hot outside shooters. She shut down both. She flew to the hoop, fought through picks, creat-

ed turnovers on defense and second chances on offenses. She hit the floor more often than the basketball. And she proved, as she has in three sports for four years, that no player, not anywhere, competes as hard as she does.

"She is like having a second coach. She picks us up when we are down whether it be in a game or in practice," said Lannon.

Aucoin has had a remarkable year. She had 16 points and 11 rebounds in just 23 minutes of action against the Panthers. Due to the absence of Jen Butka (ACL injury), Aucoin has been double and triple-teamed in most games. She is likely the shortest center in the league at 5' 9". Still, she has delivered consistently. She is quick, she carves out a spot, she keeps her arms high and finishes with a soft

touch.

Her technique for boxing out is right of a textbook, and this technique got North two huge defensive rebounds in the final minutes against Plymouth South.

"I think she is one of the best post players in the league," said Lannon.

"I try to use my speed and quickness to beat my defender to the spot," said Aucoin. "When I box out, I try to get as low as I can and get a good foundation with my legs. My dad worked with me on keeping my arms up high, and it's become such a part of my game that I'm not even aware I'm doing it."

It was far more than a two-player show. Junior point guard Kerin Coleman scored nine points and ran the offense almost flawlessly. She handled the ball

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Trivia Night Jan. 30 Supports Red Stockings



A TRIVIA NIGHT to benefit the Quincy Red Stockings U12 baseball team will be held Saturday, Jan. 30 from 7 to 11 p.m. at the Quincy Lodge of Elks, 254 Quarry St., Quincy. Proceeds will help support the team compete in Cooperstown, N.Y. in August in the The Field Of Dreams Tournament against some of the best teams in the country. For tickets to the fundraiser call: 617-347-0410 or speak to a team member. Players shown here (from left to right) Danny Bellotti, Brendan O'Leary, Scott Ritz, Carson Douglas, John Hall, Donovan Murray, Brendan Hines, Liam Hines, Coleman Ross, Timmy Kelly, Owen Coppola, Kellen Kopp and Danny Freeman. Missing from photo: Colm O'Malley. Photo Courtesy Jim Ross

Quincy Boys Bounce Back To Beat Hingham

Presidents Battle But Bow To W-H In Overtime

By BILL GRIFFIN

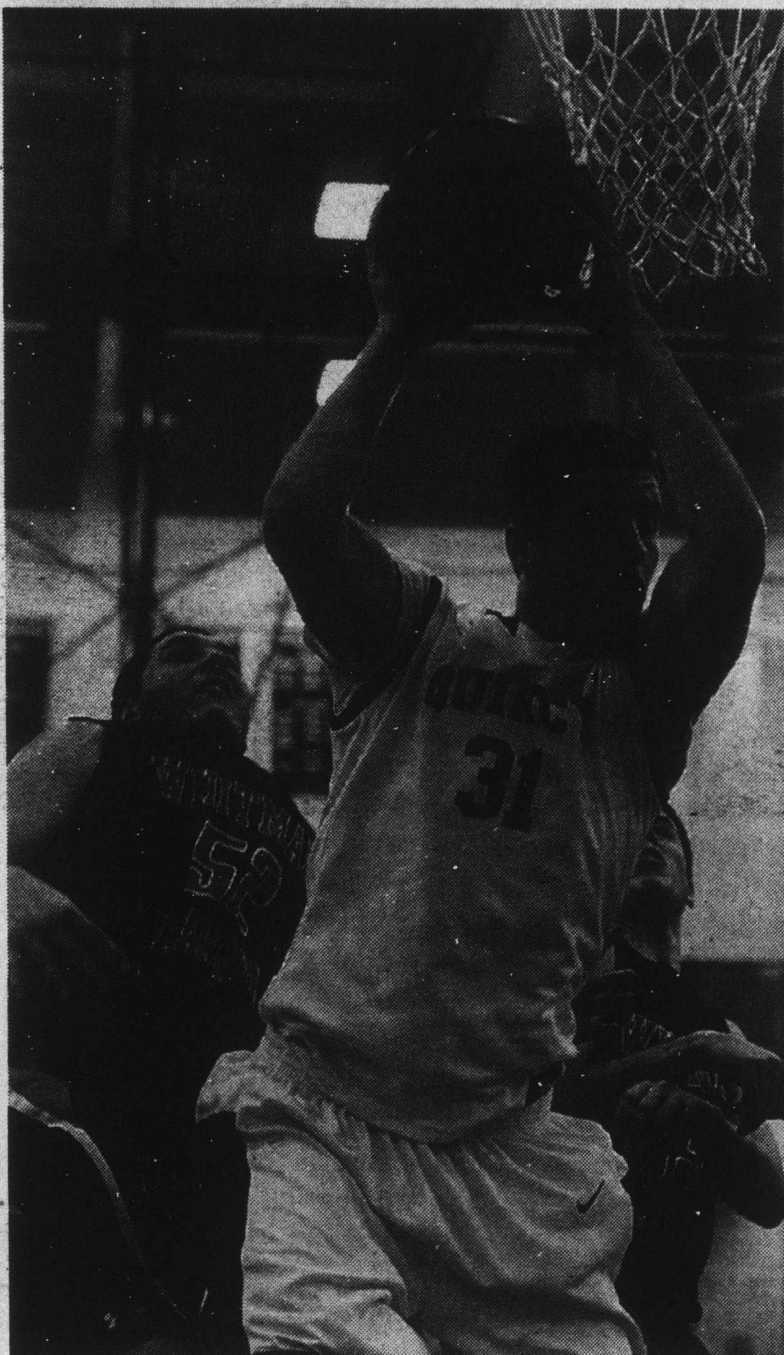
Flash back to the beginning of the season. Quincy is the defending champion of the Keenan Division of the Patriot League. Quincy graduated its top six players. Whitman-Hanson finished a game behind Quincy last year. Whitman-Hanson graduated nobody. W-H was the consensus pick in the league and a favorite to make a deep run in the tournament.

If anyone had predicted that at the midpoint of the season, Quincy would be one missed jump shot away from an undefeated league record and sole possession of first place, the response would have been, to be polite, disbelief.

It is time to believe. The Presidents did what all good teams must do by going into one of the toughest road gyms in the league and edging Hingham, 47-45 Friday night behind a lockdown defense in the final two minutes and a pair of clutch free throws by Dyreke Johnson.

Tough road wins are special. They are even more meaningful when a team wins on the road following a brutal overtime loss. Earlier last week, a final-second jumper in regulation rimmed in and out, and the Presidents fell to Whitman-Hanson, 81-70 in overtime at the Quincy High gym.

"I am very proud of the kids," said coach Dave Parry whose club ended the week at 7-1 in the league and 7-3 overall. "They've worked



QUINCY FORWARD Mark Munroe grabs a rebound for the Presidents against Whitman-Hanson Jan. 12. Quincy bowed to W-H in overtime, 81-70 but rebounded for a 47-45 road win over Hingham last Friday night.

hard, and they get better every time out. In the Hingham game, they showed they had learned a lesson which is how to execute and win a game in the final two minutes. That's what wanted to take away from the Whitman game."

The Hingham game was close throughout. Quincy

was up 26-23 at the half and down 36-32 entering the fourth period. The defense was the key. Parry went with his seniors: Scott Mele, Quinlan Evans, Darius Setalsingh, Mark Munroe and Johnson. They packed in a tough zone, limited Hingham to one shot and grabbed control of the game in the fi-



QUINCY GUARD Quinlan Evans (left) scored 24 points including six three-pointers in the Presidents 81-70 overtime loss to Whitman-Hanson Jan. 12. Evans scored 11 points in Quincy's 47-45 win over Hingham last Friday night. Quincy Sun Photos/Robert Bosworth

nal four minutes.

"Team defense was the key to the win. We buckled down and played good defense in the final quarter," said Parry.

Johnson made a free throw to put Quincy up by four in the final minute. After Hingham cut it to one with a three-point jumper, Johnson drained a free throw to put away the game. The fact that he did it while shooting into the end of the court where Hingham's most enthusiastic rooters stand, wave, and shout made his calm under pressure worth noting.

"We talked about it at halftime," said Parry. "We knew we would be shooting into that end. We told the kids to zone out the crowd, lock on the rim, and follow through. That's just what Dyreke did."

Evans had 11 to lead a balanced scoring attack which saw eight players crack the score-sheet. John-

son and Setalsingh each had seven. Johnson had an excellent rebounding effort in the win.

The Whitman game was a treat. W-H had to hit 16 threes, shoot over 50 percent from the field, and over 40 percent from three-point land to beat the Presidents. Evans answered with 24, including six threes of his own. Several of the threes brought Quincy even in the final quarter.

Munroe had 14 points and 12 rebounds for the Presidents while Ugo Kamalu added 10 points and 10 rebounds.

Quincy was down 38-35 at the half and 54-49 after three. Once again the defense high-lighted the comeback. Quincy held the high-scoring Panthers to 11 points in the final period thanks to a 3-2 zone which both surrounded Whitman's big man and also chased the outside marksmen off their spots.

"The defense brought us back in the final period," said Parry.

Quincy knotted the score

at 65-65 in the final seconds of regulation. The Presidents missed the final jump shot, and W-H took control in the OT behind a pair of threes and an offensive rebound.

Those who are surprised by Quincy's success and suggest that the Presidents just clicked by some sort of magic are incorrect. Quincy's players work hard in-season and in the off-season. Parry runs the same system through his freshman and JV programs. The Presidents want to run. They want to dig in on defense. They want to share the ball on offense. It's a fun way to play basketball.

"I think when you reward a player with a touch on offense because he played hard on defense, it keeps everyone involved. I think it's a brand of basketball that kids enjoy playing," said Parry. "We're also fortunate enough to have Scott and Quinlan who have high basketball IQs. They've been good leaders for everyone on the team."

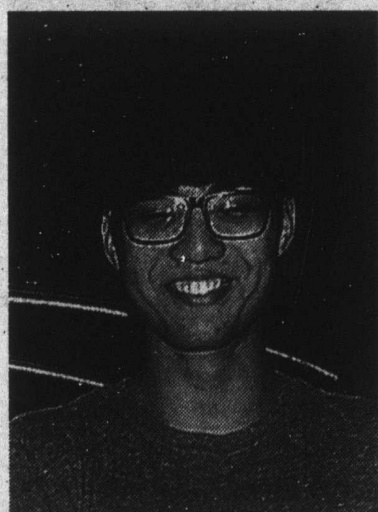
Quincy is at Duxbury Friday night.

Zhang Sets New NQHS Swim Record

Sophomore Tommy Zhang established a new school record but it was not enough to lift the North Quincy swimming and diving team (2-4) over visiting Middleboro as the hosts fell one shy, 73-72, Jan. 14 at the Lincoln-Hancock Pool in Quincy.

The Whitman-Hanson and Middleboro (WHAM) girls team prevailed 93-69 over the Red Raiders (1-5).

After trailing by 13 points, the Red Raider boys won the next four consecutive races in convincing fashion to capture a 68-65 advantage with one event to go when NQ's second-place finish led to the final count. In that four-event stretch, freshman Kenny Ng, who swam 7:06.34, staved off Middleboro's second-half push in the grueling 500-yard freestyle to win by seven seconds. Then the NQ quartet of Hou Nam Wong,



TOMMY ZHANG
New School Record
In 100 Backstroke

Daniel Wong, Adam Tlaxolal, and Zhang clocked 1:55.78 for first in the 200 free relay.

The next race saw Tommy Zhang break the 100 backstroke record (1:00.10) set by James Keyes in 1996 by fourteen one-hundredths of a second. In perhaps the most exciting race of the day, Ng earned first in the 100 breaststroke while Hou Nam Wong behind on the fi-

nal lap passed Middleboro's John Boersdamm for silver and the glorious 10 points that set the dramatic showdown for the final event.

To start the meet, NQ's 200 medley relay unit of Adam Tlaxolal, H. Wong, Tommy Zhang trailed until the final leg when Kenny Ng erased a 10-yard deficit falling just shy of overtaking Middleboro who won by one-tenth of a second. Junior Alex Bui earned second in the 200 freestyle, and Tlaxolal was second in the 200 individual medley.

Freshman Juliana Chieng won two decisive victories, clocking 26.87 in the 50 free and 1:24.43 in the

100 breaststroke. Earlier in the meet, senior Grace Anderson (2:48.00) and sophomore Brenna Kirby (3:06.47) finished two-three in the 200 individual medley. Anderson headed another two-three finish, this time in the 100 butterfly when she clocked a best time of 1:14.81 followed by Danielle O'Driscoll at 1:29.09. Two events later, O'Driscoll stymied another Middleboro surge when she won the 500 freestyle (7:16.50). The Red Raider 200 free relay contingent of Stephanie MacFarland, Anastasia Zygoras, Anderson, and Chieng touched the wall first with their time of 2:06.62.

Jamie Figueiredo On Coastal Carolina Dean's List

Jamie Figueiredo of Quincy has been named to the Dean's List for the fall semester at Coastal Carolina

University in Conway, S.C. Figueiredo is a junior majoring in communication.



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by Dr. Gabrielle Freedman
Chiropractor



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Red Raiders Hockey Optimistic Program Will Continue

Cont'd From Page 17

said. "There's definitely a good amount of kids in private schools and that's their decision. It's great. But we would love to have some of those kids back and playing varsity hockey with us. North Quincy is a great school. We've got kids going to every school you can think of. One kid got into Harvard the other day. Academically, it's awesome. On the surface, I just hope people can see that it's a great school close to home and maybe save some money."

Gibbons said that it would be out of his jurisdiction, but he would consider putting a talented enough eighth grader on the varsity team — if he could get approval.

The other place Gibbons has found players outside of North Quincy High School is kids who live in the area who attend other schools that do not have high school hockey teams.

Freshman forward John Early attends the Landmark School in Beverly.

Forward Matt Hannon, who graduated last spring, was a similar case — attending a school in Boston that lacked a hockey program.

Gibbons said that finding hockey players in that situation could also be key.

Even if the future is in question, this current season could be huge for the Red Raiders and the future of their program.

"This season means a lot to us and the alumni," senior captain Timmy Glynn said. "We hope to make it far in the tournament."

So far, the Red Raiders seem to be on that track. For them to find a spot in the MIAA Division Two South playoff bracket, they would most likely need 20 points in the standings. At the start

of the week, they had 12. And they could achieve their goal with a losing record in their final nine regular season games (4-5).

"It would be an honor because the guys before us made the tournament," senior captain Matt McDonald said. "We just want to do the same thing and carry it on. Hopefully it's not one of the last seasons."

The loss of this year's senior class will hit the Red Raiders particularly hard not only because they are low on numbers already, but because so many of them are contributing this season.

In the team's 4-3 loss to Duxbury at The Bog in Kingston last Saturday night, senior captain Kevin Mock had a goal while senior goaltender Kevin Doherty recorded 24 saves on 27 shots. One of Duxbury's goals was an empty netter with less than two minutes remaining in the third period.

While it allowed a goal, the empty net strategy had merit for the Red Raiders. Junior Hunter Phillips scored a pair of goals with under a minute remaining. With the empty net and power play, the Red Raiders outmaneuvered their foes, six to four.

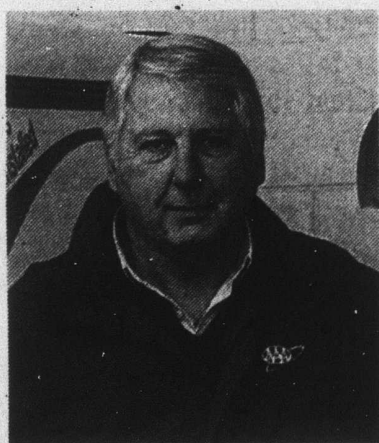
Outside of the current senior class, Gibbons noted that in addition to Phillips, junior forward Austin Lee is among his top forwards. Junior Kevin McDonald has been among the team's top defensemen this season.

Gibbons added that his team has also been seeing strong contributions from freshmen forwards Kieran O'Driscoll and AJ Currie as well as sophomore forwards Ethan Herman and John Norton.

"We definitely have plenty of contributors coming back," said Gibbons. "It's just we want to make sure we have enough players."

Faulty Batteries, Window Frost Buildup, Bad Breaks

Ask John Paul: AAA New England's Car Doctor



JOHN PAUL

I had a problem with my Honda Accord; the check engine light was on. When I went to a Honda specialist they tested everything out and told me the battery was faulty. They replaced the battery and the check engine light is off. The car had been starting fine, but they claim it was a battery problem. I want to believe the shop, but the battery was only a couple of years old. Did the battery actually cause the problem?

So many of today's car problems are caused by faulty/undercharged batteries or poor electrical connections. It is entirely possible that the battery was faulty causing low voltage at the computer, which in turn can turn on the check engine light. Most good shops today will test a car's battery before performing any complicated diagnostic testing.

I replaced the battery on my car after the recent cold snap and was dabbing a little grease on my car's battery cables, when my neighbor came over and told me grease isn't a good idea. When he changed his battery he used a sticky spray which he told me is now the recommended by professional repair shops. What is wrong with grease?

Grease is an acid and although aids in sealing the connections at the cables it can dissolve and cause its own share of problems. The battery sprays are designed for this and work well. If you don't want to buy dedicated battery cable spray try barbecue paint; it dries quickly and forms a good seal to prevent corrosion and you can always touch up the barbecue with the leftover paint.

I have a 2003 Jeep Grand Cherokee and am having an issue with the display on the radio. It's the radio that came with the Jeep (not aftermarket).

It has a single CD slot and (believe it or not) a cassette tape slot along with many pre-sets for the radio stations. The display went out months ago but everything else works fine, just no display, until this most recent frigid cold morning. I got in to start the car and the clock was showing! But, when I went back once the car had warmed up, it was gone again. Websites I've read, and mechanics I've spoken to, said once the display is gone it's time to get a new radio as the display will never return. Any ideas as to what it could be and if it can be fixed?

It is possible to get it fixed but the cost may be more than a good quality replacement radio with updated features. More than likely there is a poor solder joint that opens up when the radio gets warm. There are several shops online that do these repairs once you remove the radio. If this were my car and I was going to keep it I would get an upgraded radio with more modern features such as Bluetooth and iPod connections.

My car has a problem with frost building up on the inside of the windows. The other day I needed to use an ice scraper to clean the side windows while the defroster was on. What is causing this?

There is moisture getting in the car it could be from a leaking windshield or door gasket. The other possibility is that is the heater is set on the recirculation setting rather than fresh air setting

which will cause moisture to build up in the car. Start by making sure the interior is as dry as possible. Use a wet vacuum and try to dry as much of the carpets as possible. Then put "dry-packs" in the car. These packets contain calcium chloride or silica gel that will absorb any dampness. If the problem continues then it is time to look for a water leak.

I own a Volvo C70 and I don't know if I'm just experiencing a series of bad breaks or what; however, these are the issues. I purchased the car new in 2012. In 2015, I had an issue with the door becoming unlatched when I had the top down. Got that fixed then all of a sudden the anti-skid indicator would activate in dry weather after I hit a bump. This caused the wipers to start and the car to decelerate, clearly a safety issue. Most recently I took the car in for the 65,000 mile check-up and they are saying I need a new crankshaft. I have only taken my vehicle to the dealer for service. I have also called the Volvo customer care for some explanation for the anti-skid and crankshaft issue since my vehicle is 3 years old. They could not provide any real explanation; however, did offer to provide a discount on the repairs. I do enjoy driving my vehicle and have always felt that Volvo was a top notch car manufacturer. My question for you is; are other Volvo C70 owners experiencing these issues?

I did a little research and didn't find any technical service bulletins that would indicate any history of faults concerning a faulty crankshaft or problem with the stability control system. Even a check on Volvo forums don't show problems with the crankshaft although there are many other issues

that pertain to the Volvo C70 that indicate this model is not one of Volvo's most dependable.

I have been leasing a 2014 Toyota 4Runner since June 2014. Now that winter is here I would like to get your opinion about a problem I experienced last winter while driving with four-wheel-drive engaged (4H). When I would make turns or back up, I would have to disengage the four-wheel drive mechanism. It was as if the emergency brake was applied. There was no problem while driving straight ahead or when driving in 2 wheel drive. I only use 4 wheel drive when road conditions dictate. I brought the 4Runner to the dealership to have the problem checked and the mechanic told me there was nothing wrong. The technician said "that is how 4 x 4's work, power needs to be evenly distributed to all 4 wheels and that does not happen when making turns and/or backing up." I told him I never experienced this problem with my old 2003 and 2006 4Runners, which also required turning a "dial" to engage the 4 wheel drive mechanism. I have also owned other 4 x 4 makes/models and never experienced this issue with any of them. I thought maybe I was crazy, but when I mentioned the issue to friends who own 4 x 4's, they all say it is not normal. I have read a few blogs from other Toyota 4Runner owners complaining about the same problem. Can you shed any light on this problem?

The repair tech is correct that there will be a drag when driving in reverse or turning but it shouldn't be "as if the parking brake were on." I have driven many Toyota products off-road and there are many instances where

the vehicle needs to be in four-wheel-drive and it is necessary to back-up or take tight turns. On a dry road in four-wheel-drive you will get a sensation of crab-walking or wheel-tripping and that sensation would be normal for most any traditional the four-wheel-drive. I recently drove the 2016 Tacoma off-road and although I could feel the four-wheel drive system on turns or in reverse, there was never a sense that I needed to switch out of four wheel drive to maneuver the truck. I would return to the dealer and go for a road test on a gravel road and demonstrate your concerns.

I have 2015 Lexus RX 350 and want to add a trailer hitch. I don't plan on towing a trailer at this time, but plan to use the trailer hitch for a bike rack or cargo rack. I have seen trailer hitches priced from \$150.00 to more the \$250.00 with labor to match. Is this something I can do myself?

There are several companies that make custom trailer hitches (Reese, Valley, and Draw-Tite among a few). These hitches are all pre-assembled and in the case of your Lexus would just bolt to the frame. You will need to move one exhaust hanger temporarily before you bolt the hitch in place, but this is about as complicated as it gets. With the help of a friend, the installation shouldn't take more than 60 minutes.

Last week I was driving my daughter's 2014 GM Arcadia, and I noticed it had a calibrated heat gauge, which I like. However, the engine ran at 210 degrees. My Toyota and Nissans have 180 degree thermostats and get plenty hot. I always thought that engine temperatures above 190 degrees was the beginning of engine

meltdown. Is there any issue with these high engine temperatures and engine longevity?

There was a time when 160 degrees was typical of a normal operating engine, but over the years engine temperatures have gone up. Today we see most engines operating at 185-205 degrees and even higher as in the case of your GMC. These higher temperatures are accomplished with a mixture of engine coolant and system pressure. A 50/50 mix of water and coolant raises the boiling point of water to 223 degrees and for each pound of system pressure raises the temperature by 2 degrees. A system running a 16 pound radiator cap and the proper mix of coolant would raise the boiling point to 255 degrees. Even at these temperatures there will be no damage to the engine.

I have a question and a concern about driving my 2014 Toyota Camry. The first is, I worry about other drivers and how every accident seems to be a way for someone to make money. The second issue is I wish I ordered my car with navigation. Would it be possible to have an aftermarket "dash" cam installed to protect me if I was involved in a crash? The second question can a factory navigation system be installed in a car that didn't come with one?

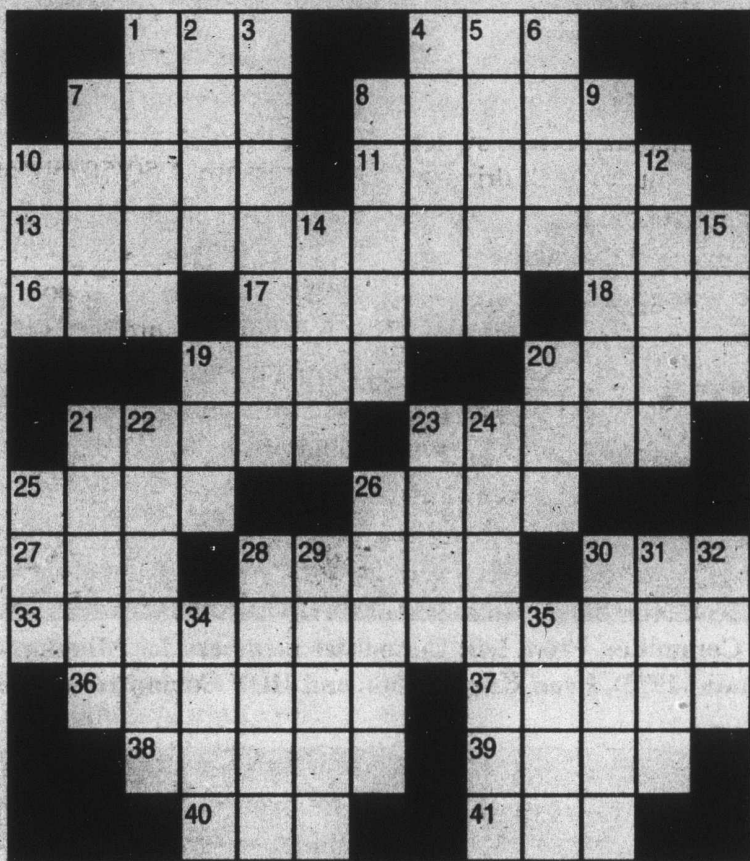
Yes a skilled installer at a mobile audio store could certainly do the work and the end result would most likely look similar to the factory system. They could also easily put a dash cam in place, most likely mounted near the rear view mirror and essentially out of sight. A simpler solution might be a combination GPS and dash cam. Garmin has a new product — the NUVI Cam LMT. This unit repli-

Cont'd On Page 25

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Moo goo
4 Snitch
7 Prop for Sherlock
8 Intrinsically
10 Insertion mark
11 Mountain-eering tool
13 New Orleans section
16 Scoundrel
17 Storefront sign info
18 Raw rock
19 Olympic sled
20 Desert-like
21 Harvests
23 Ski trail
25 Nevada city
26 Sex Pistols genre
27 Suitable
28 Highlanders
30 Island garland
- 33 "3rd Rock From the Sun" cast member
36 Baltimore bird
37 Change
38 Hairnet
39 Carry
40 Mimic
41 Crafty
- DOWN**
- 1 Sent a telegram
2 Admitting customers
3 Burger enhancer
4 Happen again
5 Neighbor-hoods
6 Despot
7 Prefix with legal or medic
8 Resentment
9 Blackmail
10 Ozone
- 12 depletor (Abbr.)
14 Weird
15 Swine
16 Scarlet
19 "7 Faces of Dr. —"
20 Request
21 Copy, for short
22 Goes in
23 Green shot
24 Entomologist's study
25 U.K. fliers
26 Sat for a picture
28 Ice cream tool
29 Actress
30 Non-clergy
31 Sea eagle
32 "—"
34 NPR's
35 Totenberg
36 Sweater material



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MAGIC MAZE • ANAGRAMS OF MLB TEAMS

W V S P N K I F C A X V E S Q
O L J T H E S C S E P A R D A
L X T H I V S R L T R P O N L
J I H N I X S T E I F D C B Y
X V O T A L E G S N A G I T R
P O M E Y S L W O A R N K K I
G E D O S B N P O D O A S Z X
W U A T T O R O I H D R G R Q
O R E N P A R T I E S E L J M
I M G F D C D N A L S I R A C
A Y X K C O M S D I A D N A B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

A lions ant
Band aid smock
Car island
Gamers

Hill pies
Mrs. Nail
Parties
Red dogs

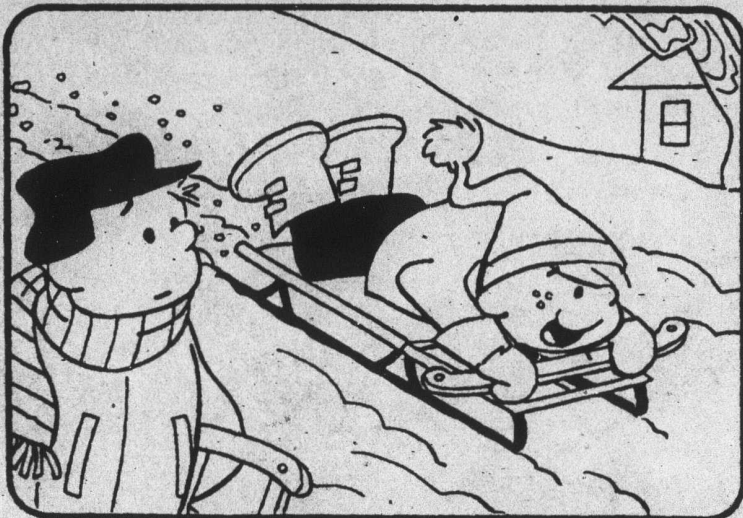
Roasts
Rose oil
Show exit
Ski core

Sly oar
Snag it
Stern

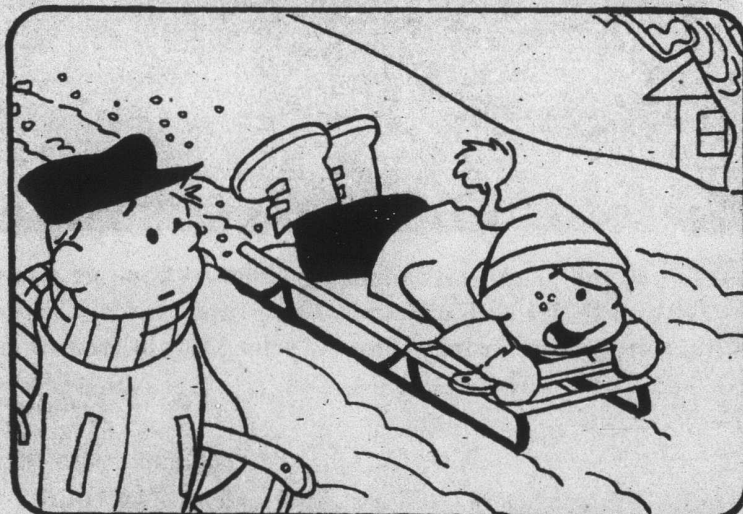
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Earflap is missing. 2. Scarf is moved. 3. Leg is moved. 4. Cap tassels is shorter. 5. House is missing. 6. House is moved. 7. House is moved. 8. House is moved. 9. House is moved. 10. House is moved. 11. House is moved. 12. House is moved. 13. House is moved. 14. House is moved. 15. House is moved. 16. House is moved. 17. House is moved. 18. House is moved. 19. House is moved. 20. House is moved. 21. House is moved. 22. House is moved. 23. House is moved. 24. House is moved. 25. House is moved. 26. House is moved. 27. House is moved. 28. House is moved. 29. House is moved. 30. House is moved. 31. House is moved. 32. House is moved. 33. House is moved. 34. House is moved. 35. House is moved. 36. House is moved. 37. House is moved. 38. House is moved. 39. House is moved. 40. House is moved. 41. House is moved.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmail.com



1. GEOGRAPHY: Where is the country of Belize located?
2. HISTORY: In what country did the 1960 Sharpeville massacre occur?
3. LITERATURE: In what state did poet Emily Dickinson live her entire life?
4. MOVIES: What was the name of the spaceship in "Alien"?
5. GENERAL KNOWLEDGE: A strong, cool wind called the mistral is associated with which country?
6. MYTHOLOGY: What kind of creature is a griffin?
7. TELEVISION: Which character on "The Addams Family" spoke the catchphrase "you rang"?
8. THEATER: Which play's

title character was nicknamed "The Demon Barber of Fleet Street"?

9. MUSIC: Who wrote the song "Lucy in the Sky with Diamonds"?

10. ANCIENT WORLD: What figure is depicted by the Colossus of Rhodes?

Answers

1. Central America
2. South Africa
3. Massachusetts
4. Nostromo
5. France
6. A lion's body with an eagle's head, wings and claws
7. Lurch
8. "Sweeney Todd"
9. John Lennon and Paul McCartney
10. The Greek sun god Helios

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Wishing Well®

7 6 7 3 7 4 8 3 2 3 8 4 8
P L R H O U W A A V I S D
3 8 7 5 7 2 7 5 4 6 7 6 5
E E F T I P T A E I F F K
2 4 7 6 5 8 5 8 6 8 7 8 7
A T R E E N C T I H O O M
8 6 5 2 6 8 3 7 3 7 5 3 6
U S H R N G C W O R A U O
5 3 8 6 2 8 7 6 8 7 2 6 2
R R H T T T I B S T N O E
6 4 5 3 6 3 2 6 3 6 2 7 4
R A G A I G R N E G I L L
7 5 2 7 2 4 2 4 2 4 2 4 2
N E S G F E O N U T N S D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ARIES (March 21 to April 19) Guess what, Lamb? You're about to experience a new perspective on a situation you long regarded quite differently. What you learn could open more opportunities later.

TAURUS (April 20 to May 20) The Bold Bovine is tempted to charge into a new venture. But it might be best to take things one step at a time so that you know just where you are at any given point.

GEMINI (May 21 to June 20) It's a good time to go on that fun getaway you've been planning. You'll return refreshed, ready and, yes, even eager to tackle the new challenge that awaits you.

CANCER (June 21 to July 22) The Moon Child loves to fantasize about magical happenings in the early part of the week. But the sensible Crab gets down to serious business by week's end.

LEO (July 23 to August 22) What goes around comes around for those lucky Leos and Leonas whose acts of generosity could be repaid with opportunities to expand into new and exciting areas of interest.

VIRGO (August 23 to September 22) Your concern about your job responsibilities is commendable. But you need to take some quiet time to share with someone who has really missed being with you.

LIBRA (September 23 to October 22) Aspects favor getting out and meeting new people. And as a bonus, you could find that some of your

newly made friends could offer important business contacts.

SCORPIO (October 23 to November 21) You might take pride in wanting to do everything yourself. But now's a good time to ask family members to help with a demanding personal situation.

SAGITTARIUS (November 22 to December 21) Pay more attention to the possibilities in that workplace change. It could show the way to help that long-sought turn on your career path.

CAPRICORN (December 22 to January 19) Your need to succeed might overwhelm obligations to your loved ones. Ease up on that workload and into some well-deserved time with family and friends.

AQUARIUS (January 20 to February 18) Love rules for amorous Aquarians who can make good use of their ability to communicate feelings. Don't be surprised if they're reciprocated in kind.

PISCES (February 19 to March 20) Fishing for compliments? No doubt, you probably earned them. But it's best to let others believe they were the ones who uncovered the treasure you really are.

BORN THIS WEEK: Your good works flow from an open, generous heart. Nothing makes you happier than to see others happy as well.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals W

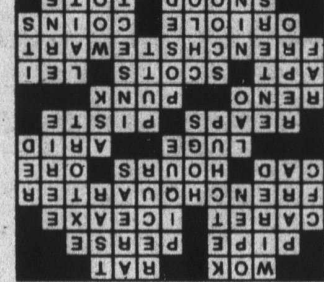
ZCTW XCT CJY UTKRBT LQFVT
URNTY ZFVC CTN KQNNTWV
IJDDJWV HWFICV, XCT ZTWV
UJKH VR XLQFNT RWT.

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King Crossword

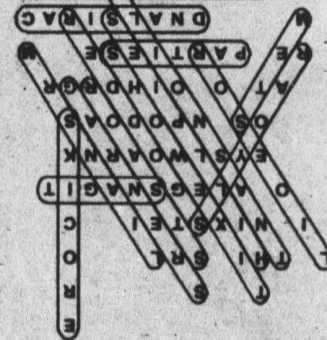
Answers

Solution time: 25 mins.



Magic Maze

ANSWERS:



Cryptoquip

ANSWER:

When she had become quite bored with her current gallant knight, she went back to square one.

Q-NQ Football Hall Of Fame Inducts New Members



QUINCY-NORTH QUINCY Football Hall of Fame recently inducted 14 new members at its annual installation banquet. Shown here are members of the Hall of Fame Committee with inductees from Quincy High School. From left: Committee members Matthew Ivil and Dick Lombardi, inductees Frank Guido (Class of 1973), Ed DeWitt (2004), Jeff Burrell (1994), Ted Brogioli (1950), Mike Kavanaugh (1993) and committee members Ron Ivil and Ken Burgess. Missing from photo: inductee Marvin Weinstein (Class of 1954.)



NEW FOOTBALL HALL of Fame inductees from North Quincy High School with members of the Q-NQ Football Hall of Fame Committee. From left: Committee members Joe Minukas and Matt Ivil; NQHS inductees Tom Callahan (Class of 1974), Paul "Whitey" McGuiggan (1975), Pat Bregoli (2002), Dr. James Sarruda (1970), Evan Kiley (1966), and HOF Committee members Ron Ivil and Ken Burgess.



POSTHUMOUS INDUCTEES into the Quincy-North Quincy Hall of Fame included the late Barbara Tappen Mahar, a Presidents cheerleader and 1957 graduate of Quincy High School. Members of the Tappen-Mahar families accept Barbara's award from the Hall of Fame Committee. From left: HOF President Ron Ivil, Steve Tappen, Madeline Gatti, Sean Griffin, Deborah Griffin, Robert Mahar, Jr., Paul Tappen, Jeanne Tappen, and Hall of Fame Committee member Joe Minukas. Front row: Olivia Griffin, Jackie Mahar, Katherine Mahar, Jennifer Mahar and Karen Sullivan. More photos on Page 23.

Photos Courtesy Ron Ivil



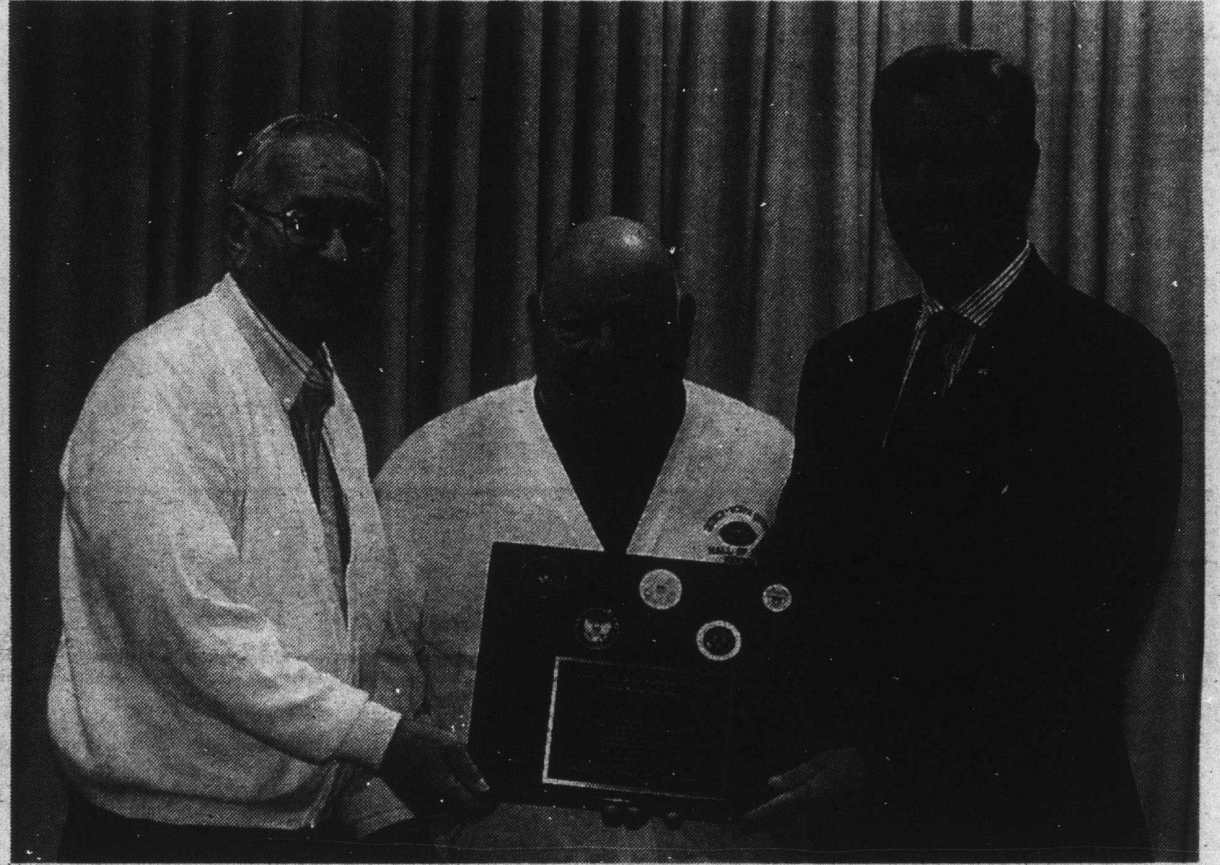
Quincy North Quincy Football Hall Of Fame Inducts New Members



FAMILY OF THE late Joe Baker - a 1989 graduate of Quincy High School and one of the posthumous inductees at the recent Quincy-North Quincy Football Hall of Fame installation dinner - gather with his award. From left: Bill Baker, Pam Baker, Ann Baker, Amy Baker, Jillian Baker, Tama Baker, Joe Baker and Matthew Baker.



ANOTHER POSTHUMOUS SELECTION for the Quincy-North Quincy Football Hall of Fame was the late Frank Regan, a 1952 graduate of North Quincy High School. Accepting Regan's award on his behalf are family members (from left) Bill Regan, Christine Regan and Jane Regan.



SPECIAL AWARD was presented in memory of the men and women from Quincy who served as student-athletes and served their country as U.S. servicemen. Stephen Tobin (right) accepts the award from Q-NQ Football Hall of Fame Committee members Dick Lombardi and Ron Ivil.

Girls Hockey Sweeps Martha's Vineyard Holiday Tournament

By **JOE REARDON**

The Quincy-North Quincy girls hockey team put on an offensive show scoring 14 goals to sweep the Martha's Vineyard Holiday Tournament.

The team defeated Dover/Sherborn 9-0 in the opening round on Sunday and then shut out Scituate 5-0 to win the championship Monday. This was the second time QNQ has defeated Scituate this season winning 5-3 on Dec. 23.

In the title clincher, Cassandra Davis scored two goals while teammates Riley McLaughlin, Julie Whalen and Kate McGahey added a goal apiece. Goalie Karissa Beal knotted her third consecutive shutout.

Quincy-North Quincy tuned up for the holiday tournament last Wednesday battling Hanover-Cohasset to a scoreless tie.

Walking through the line after last Wednesday's game at Zapustas Arena, Hanover/Cohasset head coach Debbie Beal had some friendly words with Quincy/North

Quincy head coach Jeff Craig.

"Going through the line, she said she's glad they're not playing us again," said Craig.

That was just fine with Craig as well. With first place in the Southeast Massachusetts Girls Hockey League (SEMGHL) up for grabs, the two teams had to settle for a 0-0 tie, thanks to some tremendous play by both goaltenders. The deadlock left the squads with identical 3-0-2 records in the league and their second tie in as many meetings after a 2-2 contest last week.

Quincy/North Quincy (5-1-2) couldn't have done more to earn a win against the scrappy South Shore squad, and the white hot Shea Kearney simply shut-down Q/NQ's bids from the start.

Kearney was nothing short of brilliant as she turned away a Q/NQ barrage of 32 shots, leaving Craig's crew shaking its collective head.

"We played well and

we had chances," said Crag. "That's all you can ask for. Their goalie is really good. There's a reason why they're undefeated. I thought we outplayed them. We had plenty of chances. We did what we had to do defensively and offensively and the puck just wouldn't go in the net."

As good as Kearney was between the posts, Craig was confident at least one shot would find the back of the net. "(During second period intermission) I told them to keep doing what you're doing and keep working," he said. "We're getting chances and we're doing everything we need to do. I told them the goalie's going to break, and she just didn't. It happens. I heard one time they should call it goalie instead of hockey."

Q/NQ dominated the first period and peppered Kearney with six shots in the opening three minutes after some sloppy turnovers by H/C in its own end. Julie Whalen was near the net the entire game and had

four shots on Kearney in the first period alone. The best came with 3:05 left in the period on a wrist shot that was headed top shelf only to be gloved by the quick netminder.

C/H was able to penetrate the goal in the second, only to have Q/NQ goaltender Karissa Beal (15 saves) didn't face as many shots as Kearney, but was just as

sharp. Beal nabbed a Samantha Taylor wrist shot with her glove and stoned Jillian Doucette's wrist shot bid with 9:03 left. She proceeded to turn away a pair of bids in a scrum in front of the net with 8:30 left.

Whalen very nearly put Q/NQ on the board with 6:53 left in the second, but Kearney had a bead on it and made yet another glove

save. Q/NQ kept the pressure in the H/C end in the third period, putting 11 shots on the talented goaltender.

"We had a ton of shots on net," said Craig. "We couldn't ask for more chances. Everybody skated hard, they backchecked, we did everything we needed to do to win, except we didn't get the puck in the net."

Quincy-Rockland Swim Highlights

Quincy swimmers joined North Quincy swimmers again in the pool Jan. 12 for a tri-meet against Rockland.

Quincy girls and boys both left with wins of 54-44 and 49-36 respectively. For the girls, all three relays took first place. Relays combinations consisted of Juniors Grace Scuzzarella, Emilia Kapacia, Kayla Ahrens, Clare Doherty and Captain Bailee Carey, Sophomore Tammy Ma, and Freshman Kumundini Devalla.

Individual highlights include many first-second finishes for the Presidents.

Kumundini Devalla and Julie Hong finished first and second in the 200 yard individual medley, followed by another 1-2 finish in the 50 freestyle by Eni Daci and Kayla Ahrens.

Later in the 100 freestyle, Emilia Kapacia and Clare Doherty got the first-second. Bailee Carey got a season high with a score of 227.93 for her fifth straight first place finish this season. The boys also had all three relays place first on Tuesday. Relay combinations include Senior Matthew Pham, Juniors Antonio Vega and

Captain Thomas Tran, and Freshmen Guilherme Eller, Kevin Warner, and Nikollas Natsios.

On top of the three first place relay swims, the boys secured six other first place finishes: Kevin Warner in the 200 freestyle and 100 yard freestyle swim, Matthew Pham in the 50 yard freestyle, Thomas Tran in the 100 yard butterfly and 100 yard breaststroke, and Guilherme Eller in the 500 freestyle. Antonio Vega also placed 2nd in the 100 yard freestyle- another first-second finish for Quincy.

On Monday, January 11th 2016, Officer Paul Foley and K-9 partner Charlie were working the 4-midnight shift as the City's single purpose narcotic detection K-9 team.

At approximately 10:04 p.m., the Officer was on patrol traveling northbound on Quincy Avenue behind a grey Nissan Altima when he noticed that he could not read the license plate because one of the plate lights was broken. When the Nissan came to a stop at a red light, Officer Foley was able to get close enough to read the plate.

As he waited for a response from the Registry of Motor Vehicles on his computer, he followed the vehicle as it turned left onto Water Street, then left onto Phipps Street, right onto Pearl Street and finally right onto Franklin Street before pulling into the 7-11 convenience store parking lot (Franklin St) and stopping. The route the Nissan traveled was meaningless and not consistent with the most direct route one would take. Officer Foley watched as the vehicle pulled out of the parking lot and concluded that the operator had probably realized he was being followed by a low profile Police vehicle back at Quincy Avenue and Water Street (which shows he was conducting counter surveillance) and as a result, engaged in the non-routine driving behavior in an effort to evade Officer Foley.

Officer Foley stopped the suspect vehicle at 130 Water Street and approached the operator, asking for license and registration. There was also a male sitting in the front passenger seat. The operator responded, "Oh, I don't have any of that with me. I left it back at my girl's crib." When asked if the vehicle was his, he said "No, it's my friend Dave's." When asked for Dave's last name and address, the operator replied, "I don't really know his last name and I think he lives in Abington."

Based on the RMV response, the owner was from Rockland MA. The registered owner of the Nissan (David) has recent arraignments for drug possession. As Officer Foley stood at the front passenger side window speaking with the operator, he noticed his passenger was not wearing a seat belt. With the aid of his flashlight, he also observed a single key in the ignition and a small opened plastic corner baggie

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

with white powder material inside resting on the center console shelf just below the radio. All around the baggie was a white residue. The corner baggie and white powder residue had the packaging and appearance consistent with that of either cocaine or heroin based on my training and experience.

Officer Foley requested a back up unit and was soon joined by Officer Bossart. He then conducted license, warrant and criminal record checks on the occupants. The operator had no license and an open case for Assault and Battery with a Dangerous Weapon (BB gun) out of Brockton District Court. The passenger also had no license and a violent criminal record including an open case for Armed Assault to Rob and past arraignments for multiple Assault and Battery offenses, 2 counts of Assault to Kill, multiple Disorderly Conduct arrests and Resisting Arrest with Assault and Battery on a Police Officer. Officer Foley requested the operator step to the rear of the vehicle where he conducted a pat frisk, which turned up negative for weapons. The operator said that "Dave" lent the vehicle to him so he could help "move his girl Briana." He said that he had just left Briana's new apartment (but did not know her last name and could not tell where she lived) and said Dave was there and planned to meet Dave at his home in Abington to return the Nissan to him.

Officer Foley then questioned the passenger privately, inquiring where they were coming from. He gave a different account of what they were doing. He did not know the operator's girlfriend's name, they were not at her apartment and they were driving home to Brockton (not returning the



LT. DAN MINTON

Nissan to Dave). The passenger also showed the Officer his GPS ankle bracelet, stating that he had just been released from custody today (after being held on a robbery charge) and had to be home by 11 p.m. or his bracelet would trigger a violation of his probation.

Based on the totality of the circumstances, Officer Foley commanded K-9 Charlie to sniff the space that surrounded the Nissan, which would either confirm or refute his suspicions. K-9 Charlie alerted to the presence of a narcotic odor at the drivers side door. During an interior K-9 sniff, K-9 Charlie again alerted to the presence of a narcotic odor at both the center console shelf area (where the bag and residue was in plain view) as well as the interior drivers door pocket area. Approximately six additional opened plastic corner baggies (containing a white powder residue) were located in that pocket along with white residue all around them.

No additional narcotics were located in the vehicle. K-9 Charlie sniffed both occupants; but there was no indication that either had drugs on them. Officer Foley tested the white powder on the center console shelf (and the powder inside the plastic corner bag) using a Mistral brand Herosol Heroin detection test kit, which tested was positive for the presumptive presence of Heroin.

Both passengers were placed under arrest for possession of Heroin. The passenger had almost \$200 cash in multiple separate folds inside his wallet. He also had two cell phones, one of which rang constantly throughout the encounter with different names visible on the exterior LCD screen. For all of these reasons mentioned in this investigation, it is highly probable that both suspects were engaged in the sale of Heroin and attempted to destroy the evidence by opening the plastic corner baggies and dumping their contents inside the vehicle. The suspects, a 34 year old male resident of Dorchester and a 32 year old male resident of Weymouth were transported to the station for booking. Nice Work!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 8 - 15

ARRESTS: 29

TOTAL CALLS: 811

STOLEN MOTOR VEHICLES: 0

FRIDAY, JAN. 8

LARCENY, 11:47 a.m., New Century Realty, 83 Billings Rd. Checks.

VANDALISM/PROPERTY, 2:32 p.m., 293 E. Squantum St. One in custody for malicious destruction.

VANDALISM/PROPERTY, 2:49 p.m., Station St.

SATURDAY, JAN. 9

LARCENY, 11:41 a.m., Planet Fitness, 50 Adams St. Phone.

LARCENY, 12:27 p.m., Quality Dental Care, 1255 Hancock St. Money from wallet. Has suspect info. Suspect's girlfriend still on scene. Complaint for larceny from building.

VANDALISM/PROPERTY, 1:44 p.m., Newbury Ave. Super glue placed inside lock.

SUNDAY, JAN. 10

BREAKING AND ENTERING, 2:09 a.m., Arnold St. Caller reporting an individual known to him broke into his home through the basement door sometime during the week and stole some items including antiques and medicine. The door is damaged and he is unable to secure it. Will call back tomorrow when he gets up to speak with an officer.

LARCENY, 8:53 a.m., Quincy Mental Health, 460 Quincy Ave. Medication taken from her bag. Party is at McDonald's on Southern Artery. Now caller is stating no larceny, just wants a ride to Quincy Mental Health. After call to QMH, she is not wanted. Advised to go to Fr. Bill's.

LARCENY, 3:47 p.m., Edison Pk. Ex girlfriend stole medication.

LARCENY, 10:18 p.m., Winter St. Fighting over a wallet. Tell him to return the wallet or charges will be filed.

MONDAY, JAN. 11

LARCENY, 1:23 p.m., 540 Southern Arty. Complaint for larceny over.

TUESDAY, JAN. 12

BREAKING AND ENTERING, 8:41 p.m., Main St. Vacant house. Can see tracks in the snow. Tools taken. Inside of the house is trashed. No one in the house now.

LARCENY, 9:33 p.m., Franklin St. Caller claims party gave him fake \$100 bills.

WEDNESDAY, JAN. 13

LARCENY, 8:12 a.m., Winthrop St. Compressor taken within last couple months from shed.

BREAKING AND ENTERING, 3:42 p.m., Main St. Caller just arrived home. Entry through door.

ASSAULT AND BATTERY, 4:38 p.m., Belmont St. Male just attacked caller. White male, black hat, 14 to 18 years old, all black clothing. Caller states she does not need an ambulance. Suspect ran towards Montclair School. Caller states she got out of NQ train station. She started walking home, just past the playground she saw him walking past on the street. She turned right on Belmont Street and the male used his right hand to grab her leg and then pushed her to the ground.

THURSDAY, JAN. 14

LARCENY, 10:00 a.m., Quincy Career Center, 152 Parkway. Notebook. Contains ID info.

LARCENY, 10:26 a.m., Copeland St. Sometime last night.

LARCENY, 10:50 a.m., Sagamore St. Caller states she was defrauded \$30,000 for medical treatment. Complaint for larceny by false pretense.

LARCENY, 12:57 p.m., 7-Eleven, 721 Hancock St. Wallet.

VANDALISM/PROPERTY, 1:51 p.m., Stop & Shop offices, 1385 Hancock St. Graffiti.

BREAKING AND ENTERING, 4:56 p.m., Willard St. Saw parties breaking into apartment an hour ago.

LARCENY, 7:09 p.m., YMCA, 79 Coddington St. iPad taken from caller's locker.

ARMED ROBBERY, 11:13 p.m., Greenleaf St. & Hancock St. Three males wearing hoodies, one was red, one was black. One of the men was carrying a knife. Suspects fled up Greenleaf St. towards Hancock. Arrests for armed assault with intent to rob.

FRIDAY, JAN. 15

LARCENY, 8:29 a.m., 395 Water St. Person who owns laptop is not home. Could be a miscommunication. Will call back if laptop is really missing.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: None.

CAR BREAKS: 125 Granite St. (arrest made), 400 block Washington St.

BREAKS AND ATTEMPTED BREAKS: 800 block Willard St., Main St., Arnold St.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/yt6td>.

To report suspicious drug activity, call the Drug Hot-Line at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

Edward J. Hurley, 95

A funeral Mass for Edward Joseph Hurley, 95, of Eastham will be celebrated Friday at 10 a.m. in St. Joan of Arc Church, Orleans.

Mr. Hurley died Jan. 12 surrounded by his loving family.

He was born in the Charlestown section of Boston to the late John and Frances (Mahoney) Hurley. He lived in Medford, where he met the love of his life Nancy Ann (Edwards) Hurley. They later moved to Quincy and Warwick, R.I., before retiring to their family's home on the Cape in Eastham 30 years ago.

Mr. Hurley was a proud WWII veteran of the U.S. Navy. As part of his service and dedication to our country he served as a machinist's mate second class and was awarded the WWII Victory Medal, American Campaign Medal and Asiatic Pacific Medal with two stars reflecting his service in the South Pacific. He was an architectural draftsman and before his retirement a building inspector for the U.S. Department of Housing and Urban Development (HUD).

Mr. Hurley had several interests and loves: he was a parishioner of St. Joan of Arc Church in Orleans, a member the Knights of Columbus, and CCD teacher. He was vice president of the Eastham Non-Resident Taxpayers Association, member of the Eastham Council on Aging and a volunteer delivering Meals on Wheels. Mr. Hurley enjoyed gardening, ice-skating, tennis and bike rides to the ocean. He was a hockey coach and beekeeper. He had a thirst for knowledge, his family has fond memories of him sitting on the sun porch reading. Above



EDWARD J. HURLEY

all else, he loved spending time with his family.

Predeceased by his baby sister Mary Hurley, sister Dorothy Cummings and brother John Patrick Hurley. He is survived by his beloved wife of 62 years, Nancy Ann (Edwards) Hurley; his loving children John Patrick Hurley of VT, Michael Edward Hurley of Eastham, Marianne T. Hurley of Weymouth, Suzanne F. Minichiello (and late husband Ernie) of Sausalito, Dianne M. Leslie (and husband Todd) of Quincy, and Julianne M. Mosolgo (and husband William) of Norfolk. He is also survived by three adored grandchildren Kristen Curran (and husband Kevin), Victoria and Olivia Mosolgo and his two great-grandchildren Bridget and Sean Curran. He is also survived by four nieces and nephews.

The family will receive friends and relatives at the church at 9:30 a.m., prior to the Mass.

A committal service with military honors will follow at 1 p.m. at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Nickerson Funeral Home, Orleans.

Memorial donations may be made to the Eastham Council on Aging.

Carolyn A. Mannai, 78

A funeral service for Carolyn A. (Burgess) Mannai, 78, of Pembroke and formerly Quincy was held Monday at St. Thecla Parish Church, Pembroke.

Mrs. Mannai died Jan. 13 surrounded by her loving family.

She was the loving wife of the late Italo (Sid) Mannai and was the devoted mother of David Mannai of NH, Laurie (Mannai) Slinger and her husband Frederick of Rockland and Steven Mannai and his wife Missy of Marshfield. She was the loving grandmother of Samuel and Hannah Mannai, Allison and Carrie Mannai, and Seamus Slinger. She is also survived by her devoted brother and sister-in-law Kenneth and Patricia Burgess of Quincy, her loving daughter-in-law Jessica Mannai of NH, as well as many loving nieces, nephews, close friends and neighbors.

Mrs. Mannai was the daughter of the late Thomas and Mary Burgess and sister of the late Janet Bergman and James, Charles and Thomas Burgess.



CAROLYN A. MANNAI

She graduated from Quincy High School in 1955 and worked for Kemper Insurance Companies in Boston as well as Caldor Department Store in Pembroke. After retiring, she enjoyed spending time with her family. Mrs. Mannai was an avid sports fan, religiously following the Boston Red Sox, the New England Patriots and the B.C. Eagles.

Funeral arrangements were made by Downing Cottage Funeral Chapel, Hingham.

Private interment at a later date.

Memorial donations may be made to the Pan Mass Challenge, 77 Fourth Ave., Needham, MA 02494 noting ID# SM0357 on the check.

Katherine C. Walsh, 80

A funeral Mass for Katherine C. Walsh, 80, of Quincy was celebrated Wednesday at Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Ms. Walsh died Jan. 14.

Raised in Jamaica Plain, she graduated from St. Mary of the Assumption High in Brookline. Before retiring, she worked for 25 years as a word processor for IBM. A longtime member of the YMCA, Ms. Walsh was a member of the Sewing Circle where she shared her love of knitting and crocheting and enjoyed traveling, bingo at St. Boniface Church, reading, cards and crossword puzzles.

The devoted daughter of the late Clem and Bessie Walsh, Ms. Walsh was the loving sister of the late Thomas and William Walsh and Helen Gamache and her husband Robert of Hough Neck with whom she lived for many years. She is also survived by many nieces and nephews.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Royal Rehab. & Nursing Center 95 Commercial St. Braintree, MA 02184.

Francis J. Flynn, 91

A graveside service for Francis J. Flynn, 91, of Quincy will be held at a later date in Joseph Cemetery, West Roxbury.

Mr. Flynn died Jan. 11.

Born in Boston where he was raised and educated, he was a U.S. Army veteran of WWII. A Quincy resident for 60 years, he worked as a millwright for General Electric before his retirement.

The beloved husband of the late Catherine (Prendergast) and Agnes (Looney), Mr. Flynn was the loving father of Theresa Saccone

and her husband James of Pembroke and Kathy Flynn D'Agostino and her husband Joseph of Weymouth; dear grandfather of Patrick Saccone and his wife Laura of Whitman; great-grandfather of Giuliana Saccone; and is also survived by many nieces and nephews.

Memorial donations may be made to the Alzheimer's Assoc., 480 Pleasant St., Watertown, MA 02472.

Arrangements by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Catherine L. Wolfenden, 83

Memorial funeral services for Catherine L. (Gariboldi) Wolfenden, 83, of Quincy, formerly of Dorchester and Waltham, will be held Monday, Jan. 25, at 1:30 p.m. in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Wolfenden died peacefully Sunday at the John Adams HealthCare Center.

She was born in Dorchester where she was raised and educated. Mrs. Wolfenden was a graduate of the former Cardinal Cushing High School and had lived in Quincy for many years, previously in Dorchester and Waltham.

Mrs. Wolfenden was employed as a sales associate at the former Jordan Marsh Company in Boston for many years. After re-

tirement, she worked at T.J. Maxx in Quincy for several years.

Former wife of the late Leon J. Wolfenden. Devoted mother of Leon J. Wolfenden, Jr. and his wife Glynece of Revere, Sharon M. Colclough and her husband Jack of Brockton, Susan A. Branskey and her husband William of Charlton. Mrs. Wolfenden is survived by three grandchildren and eight great-grandchildren. Sister of Edna Needham of Hanover and Rita Gariboldi of Holbrook. She is also survived by one niece and one nephew.

Visitation prior to the service from 12:30 - 1:30 p.m.

Memorial donations may be made to the Salvation Army, 6 Baxter St., Quincy, MA 02169.

Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 20

cates some of the best features found in new cars. It uses voice commands, real time traffic updates, forward collision warning and lane departure warning systems. There is a built in dash-cam that saves video files on an impact/crash. The maps are very good and when you are approaching your destination the display switches to a camera view to easily identify the destination in real time. My only complaint with this unit is it is big. The overall dimensions are 4 inches by 7 inches and takes up a fair amount of dash/windshield real estate.

My 2005 Dodge Caravan did something weird the other day when I went to start it. After I turned the key, all the gauges went to full range, fluctuated and then went back to normal. It did start and ran good the rest of the day. When I tried to start it the next day, it did the same thing. I also noticed that the red flashing security light went out and never came back on. It has been about a week now and the car starts and runs fine, what do you think caused this?

This type of problem is usually related to a poor electrical connection. I would look at the main battery cables and well as all

the grounding points. Some of these older Caravans also had issues with the instrument clusters. If it is the instrument cluster there is no easy repair other than replacing the circuit board on the back of the gauge cluster.

LEGAL NOTICE

NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. NO15C0345CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Charlene Nguyen
Of: Quincy, MA

To all persons interested in petition described:

A petition has been presented by Tiffany Tim Nguyen on behalf of Charlene Nguyen requesting that:

Charlene Nguyen be allowed to change his/her/their name as follows:

Charlene Truong
IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: Canton ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON 01/26/2016.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 16, 2015
PATRICK W. McDERMOTT
Register of Probate

1/21/16

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS

TUESDAY and THURSDAYS 6:00 to 8:00 pm
SATURDAYS 10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed. 100% volunteer run, new volunteers always needed.

**FOR LOST or FOUND ANIMALS call
ANIMAL CONTROL at 617-376-1364**

AVAILABLE CATS

Frankie: 5, male, orange & white

Shado: 5, male, black

Courtney: 11, female, tortie

Tabasco: 10, female, tortie

Tigs & CoCo: 10, male & female

Tobey: 1, male, Siamese mix

Patience: 1, female, orange & white

Freddy: 1, male, black & white

Bella: 7, female, black

Largo: adult, male, buff & white

More Obituaries On Pages 27-29 and online at:

www.TheQuincySun.com

RELIGION

Bethany Congregational

Bethany Congregational Church will have a Worship Service and Sunday School at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon entitled "He Never Fails to Respond!" Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany's Services and its

numerous group activities: an active Youth Group and a Missions and Growth Committee doing various charity works. Rev. Preble will lead a weekly adult Bible Study group on Tuesday evenings at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at: www.bethanyconchurch.org.

org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, it is broadcast on QATV at 6 p.m. and Sundays at 10 a.m. on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Quincy Point Congregational

Peter Johnston will be preaching at 10 a.m. worship this Sunday at Quincy Point Congregational Church, 444 Washington St.

Jane Raymond will be the deacon of the day. After worship there will be coffee and refreshments in the social hall.

The Confirmation class is starting a mission campaign, "Socks for The Sole," to provide new socks to guests of Father Bill's/MainSpring.

Since 1982, Father Bill's/MainSpring has been dedicated to preventing and ending homelessness.

On average, 225 adults come in from the cold each night at Father Bill's in Quincy or MainSpring House in Brockton. A new clean, dry pair of socks may not change the world, but it can make a big difference to someone who is a guest at one these emergency shelters. Cold, wet feet can contribute to in-

fections which can become major medical problems.

To help, bring a pair of new crew socks for men or women to the church, or make a contribution (on Sundayss, a table will be set up in the Social Hall - Find the Giraffe). Church members can also buy or bid for a pair of socks at the upcoming sock sale/auction to be held soon at the church (tentative date is Feb. 14th).

Houghs Neck Congregational

The Sunday worship service at the Houghs Neck Congregational Church, 310 Manet Avenue begins at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "Because He Has Anointed Me." Kara Kuntupis, liturgist, will call to worship and read the scripture

lesson. Shirley Pearson and Janice Hughes will serve for the Diaconate. Steve Reed, minister of music will direct the choir.

The church is seekiPrayer Shawls will be displayed in the sanctuary and the prayer shawl ministry will be explained. Following the ser-

vice a fellowship coffee hour is hosted by Nancy and Molly Jacobs.

The 7th annual Chili Bowl Cook-off will be held Saturday, Jan. 23 in Fellowship Hall from 2 to 5 p.m. Come taste and vote for the best. Admission is \$5.

First Baptist Church

Sunday Worship Service begins at 10:30 a.m. at the First Baptist Church of Wollaston, 81 Prospect Ave. All are Welcome.

Interim Pastor Stephen Trimble will preach the sermon "The Joy of the Sanctuary." Greeters will be Patrick Leonard and Bev-

erly Moulton and Scripture Reader Ellen Leonard. A Coffee Hour of Fellowship and light refreshments in the chapel will follow the service.

On Tuesday, Jan. 26th at 6 p.m. Baptist Church Women will meet for a Potluck Supper and Gift of Love to

Charity Collection.

Information about the Church and its activities can be obtained by calling the Church office at 617-472-0824. Office hours are Tuesday, Thursday and Friday, 10:30 a.m. to 5:30 p.m.

All areas of the church are handicap accessible.

Six Tips To Keep Pets Safe This Winter

Your pets may be covered with fur, but their best defense against bitter cold is what you provide: common sense.

Dogs and cats can suffer from frostbite and hypothermia just like humans, so the doctors at BluePearl Veterinary Partners developed a list of ways to keep your pets safe in the worst of winter. Chief among them is to remember that in spite of their natural coats, animals do suffer physically from the cold.

"If it feels cold to you, it's probably cold to your indoor cat or dog," said Dr. Will Fischbach, a senior clinician in emergency medicine for BluePearl.

With hospitals open around the clock, BluePearl sees plenty of animals each winter who suffer injuries because of the cold, and veterinarians always are on hand to treat them. BluePearl hospitals are staffed with veterinarians trained in emergency medicine and specialties such as surgery and critical care, so they are well-equipped to

help. Here are some of the veterinarians' tips for keeping your pets safe throughout the winter cold:

- The most common-sense tip is, don't leave your pets in the cold for too long. Fur coats won't protect them from prolonged exposure. Monitor your pets and bring them inside if they start to shiver or if you see redness in their tails or ears (which could be frostbite.) Once inside, get the ice out from between their toes.

- If you spread a de-icer on your driveway or sidewalks, find one that's pet-friendly. Various toxins and even salt can cause problems for pets, who tend to lick the substances off their paws.

- Don't leave your pet alone in a car while you go into the store. It's a bad idea in the heat and it's a bad idea in the cold.

- Pets sometimes spend more time in garages and basements in winter, so make sure to clear these spaces free of antifreeze and rat poison,

both highly toxic. And remember, cats love to crawl into anything warm, including a nice cozy car engine. If Fluffy spends the night in the garage, make sure to locate her before starting the car.

- Winter can make it hard for pets to find their way back home because ice and snow mask familiar scents and paths. Keep pets on leashes so they don't get confused and lost. Be sure your dogs and cats are wearing identification tags. And don't forget to have pets microchipped.

- Your dog will never tell you, "Oh, my arthritis acts up in the cold." And yet, it does. If your pet struggles when getting up and moving around the house, make a trip to the veterinarian. Also, make sure your pets have soft, warm bedding.

Another idea is to get your dog a sweater or coat, especially if they are short-haired. "This type of dog clothing is actually functional," Fischbach said.

Quincy Religion Directory			Christian Science
Catholic	Congregational	Congregational	First Church of Christ, Scientist
St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service begins at 10 a.m. Pastor Felix Carrion will preach the sermon "Because He Has Anointed Me" All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 9:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Rev. Knutson, Children's Pastor Don Reed, Visitation Pastor 57 E. Elm Ave., Wollaston 617-472-3668 Email: office@wcnaz.org www.wollastonnazarene.org	ALL ARE WELCOME! Nazarene Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 9:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Rev. Knutson, Children's Pastor Don Reed, Visitation Pastor 57 E. Elm Ave., Wollaston 617-472-3668 Email: office@wcnaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1st & 3rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Worship Service and Sunday School at 10AM Rev. William C. Harding will conduct the service and preach the sermon "He Never Fails To Respond!" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible	UNION CONGREGATIONAL Beach St. & Rawson Rd., Wollaston (617) 479-6661 Rev. John Swanson, Pastor Sunday Worship Service 10 AM QUINCY POINT CONGREGATIONAL CHURCH 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Ann Suzedell, Pastor email: office@quincypointcong.org Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.uipc.org
			THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

PEACE

OBITUARIES

Joyce W. Nolan, 57

A funeral Mass for Joyce Warren Nolan, 57, was celebrated Jan. 15 in Church of the Resurrection, Hingham.

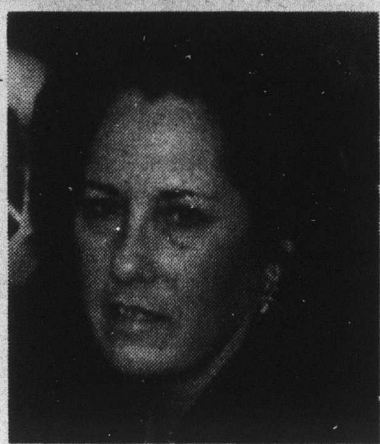
Mrs. Nolan died peacefully at home on Jan. 10, after a valiant fight against cancer. "Joycie" was surrounded by her family and friends, and was welcomed into heaven by parents, Catherine and Warren Grady, and her sister, Susan Grady.

She was a Valentine's Day baby, born on Feb. 14, 1958, in Milton. She grew up on Oak Street in South Weymouth and graduated from Weymouth South High School and Quincy College School of Nursing. She married the great love of her life, George Nolan, when she was 23 years old on April 17, 1982. They have been best friends for more than 40 years.

The theme of Mrs. Nolan's life since the moment of her birth was love. She had an enviable passion and love for everyone she knew and everything she did. As her calling to care for others grew, she enrolled in a licensed practical nursing program at Quincy College, eventually continuing her education and graduating as a registered nurse.

Nursing allowed Mrs. Nolan to touch numerous lives of both her patients and their families at Massachusetts Respiratory Hospital, Fresenius Dialysis, Hospice of Boston, and Old Colony Hospice. She was known for her zest for life and great sense of humor, which was contagious to everyone that was lucky enough to know her.

Besides sharing her compassion and grace with those most in need, Mrs. Nolan was also known for some of her other favorite things: beach getaways on Martha's Vineyard with requisite clam chowder on the ferry, vacations at the end of tax season with her husband, George, camping with friends in the Berkshires, Scrabble, cheering for the Patriots, bird watching and gardening in her backyard, and perform-



JOYCE W. NOLAN

ing the greatest hits of Tina Turner, Carly Simon, and the score from the Sound of Music in her living room, to entertain and delight family and friends.

Mrs. Nolan leaves behind many who will miss her terribly. Her husband, George Nolan of Hingham, her sisters, Joan Grady of Boston and Nancy Grady O'Connor of Shrewsbury, her brother, Warren Grady and his wife Mary Rose of Mashpee, her mother-in-law, Kay Nolan of Weymouth, and the late Joseph R. Nolan, sister-in-law of, Robert Nolan of Boston, Joseph Nolan of Weymouth, David Nolan and his wife Claire of Weymouth, John Nolan of Kingston, Gregory Nolan of Weymouth, Mary Nolan Carnell and her husband Paul of Weymouth, and Caroline Nolan of Hingham, along with many nieces, nephews, and cousins, including, Barbara Marks and Claire Niles.

Her family is grateful to the staff on 5A at Brigham and Women's Hospital, the staff at Dana Farber Cancer Institute and Dr. J. Paul Marcoux II. Her family also appreciates the loving care that Mrs. Nolan received from her colleagues and friends that she had worked with throughout the years. Each of you are angels and Mrs. Nolan will always be ours.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Interment at Mount Hope Cemetery, Weymouth.

Memorial donations may be made to Old Colony Hospice, 1 Credit Union Way, Randolph, MA.

Ruth A. Chiaramonte, 84

A funeral Mass for Ruth A. (Morgan) Chiaramonte, 84, a longtime resident of Quincy, was celebrated Jan. 14 in St. Joseph's Church, Quincy.

Mrs. Chiaramonte died peacefully Jan. 11 at home, surrounded by her loving family.

She was born, raised, and educated in Boston. Mrs. Chiaramonte was a graduate of the former Girls' High School in Roxbury. She had lived in Quincy for 54, previously in Boston for many years.

Mrs. Chiaramonte worked at the former Quincy Savings Bank in Quincy Center for many years. She was an active parishioner at Saint Joseph's Church in Quincy Point where she served as a Eucharistic minister and was also a member of the Sodality. Mrs. Chiaramonte enjoyed dancing and was devoted to her family, especially her grandchildren and great granddaughter.

Beloved wife for 60 years of Nicholas P. Chiaramonte. Devoted mother of Diane M. Taccone and her husband Michael of Newburyport, Cheryl A. Minghella and her



RUTH A. CHIARAMONTE

husband Jack of Ipswich, and Lisa K. Peters and her husband Alan of Holbrook. Loving grandmother of Jodi Bakula, Ariana Taccone, Nicole Minghella, Vincent Minghella, Nicholas Peters, and Bret Peters. Cherished great grandmother of Addison Bakula. Also survived by several siblings as well as many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Agnes V. Valois

A funeral Mass for Agnes V. Valois, 69, of Quincy was celebrated Jan. 16 at Sacred Heart Church, Quincy.

Mrs. Valois died suddenly Jan. 5.

Devoted mother of Carol Verde of CA, Cynthia Costello and her husband Michael of Norton, Alan Verde of FL, Christina Cavender and her husband Shaun of FL, Patrick Valois and his wife Sarah of FL and the late Richard Valois. Loving grandmother of 18 grandchildren. Sister of Gerald Cavanaugh of Canton. She also leaves behind many nieces, nephews and close friends.

Mrs. Valois worked as a construction electrician; she was one of the first women to work for Local Union



AGNES V. VALOIS

103. She also worked for the MBTA for 10 years. She had a strong love for animals, especially her dogs, she also loved to read and spend time with her family.

Funeral arrangements were made by Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Interment at Cedar Grove Cemetery, Dorchester.

Sharlene Volz

A funeral service for Sharlene (Brennan) Volz of Houghs Neck, Quincy, was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Volz died Jan. 10.

Her greatest treasure in this world was her family. She was a professional thrift shopper, enjoyed cooking, reading, and crafts. One of her guilty pleasures was an occasional trip to Foxwoods to try her luck. Mrs. Volz will be remembered for her strength, self-reliance and independence.

Beloved wife of the late Alfred E. Volz. Loving mother of Edward Brennan of W. Bridgewater, Michael Brennan of Weymouth, Lawrence Brennan of Taunton, Richard Brennan of TX, Cyndi Stepp of Stoughton and Shari Johnson of RI. Sister of Judi Grenier of



SHARLENE VOLZ

FL, Anna Nelson of Quincy, Cheryl Bunting of Brockton, Phyllip Bunting of Boston, Richard Bunting of Quincy, and the late William Lane and William Bunting. Dear companion of Thomas Morrell of Quincy. Also survived by her grandchildren, great grandchildren, nieces and nephews.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to DOVE, PO Box 690267, Quincy, MA 02269.

Charles G. Maguire, 66

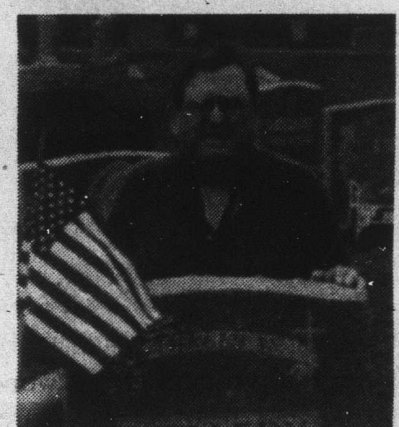
A celebration of life service for Charles G. Maguire, 66, of Quincy was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Maguire died unexpectedly Jan. 13.

He was known to his family as "Chuck" and his friends called him "Charlie."

He was the beloved son of the late Lawrence and Margaret (Melledy) Maguire. Brother of Lawrence Maguire Jr. and his wife Suki of Falmouth and Paul Maguire of Quincy. Loving uncle of Lawrence S. Maguire of Falmouth.

Mr. Maguire grew up in Quincy, he graduated from North Quincy High School and Curry College. He worked in health care for many years. He enjoyed sports and stay-



CHARLES G. MAGUIRE ing active; he also enjoyed ceramics and spending time with his family. Mr. Maguire will be remembered as an all-around good guy who will be sadly missed.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Catholic Relief Services, 228 West Lexington St., Baltimore, MD 21201-3443.

HAMEL FUNERAL CARE & CREMATION SERVICES OF MASSACHUSETTS

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(800) 696-5887

26 Adams Street, Quincy, Ma 02169
www.HamelFuneralCare.com

Card of Thanks TO ALL MY CUSTOMERS:

THANK YOU

for allowing MANTIS FLOWER SHOP to be your full service
Flower shop for the past 35 years

As of Jan. 1 2016, we will retire from the flower business.

FABIANO FLORIST has acquired all our accounts & is ready to service
you with the same great service that you are accustomed to.
Some of our designers will be joining the Fabiano design team.

FABIANO FLORIST has been in the floral industry for more than
30 years. They are a family owned & operated company located at
28 Independence Ave. Quincy.

By calling MANTIS (617) 328-6875 you will be connected to
FABIANO'S or call @ (617) 778-4307 • fabianoflorist.com.

Again THANK YOU for many years of service.

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Service times and directions at:
www.dolanfuneral.com

THE DOLAN FAMILY
W. Craig
Paul F.
Frederick J.
Courtney

1140 WASHINGTON STREET
DORCHESTER, MA 02124
(617) 298-8011
460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

OBITUARIES

Rosina A. Pompeo, 95

A funeral Mass for Rosina A. "Rose" Pompeo, 95, of Quincy was celebrated Monday in St. John the Baptist Church, Quincy.

Ms. Pompeo died peacefully Jan. 15 at the Hancock Park Rehabilitation and Nursing Center, surrounded by her loving family.

She was born, raised and educated in Quincy and graduated from Quincy High School, Class of 1938. She was both a lifelong resident of Quincy and parishioner at St. John the Baptist Church in Quincy. Ms. Rose belonged to the St. John's M-3 Senior Citizens Group.

She worked outside the home to support the household. Ms. Pompeo was employed as a supervisor at the former Alves Photo Service in Braintree for 39 years and retired in 1981. Upon retirement, she worked as a sales associate at Amy's Hallmark Store in the South Shore Plaza in Braintree for more than 15 years.

Ms. Pompeo also contributed to the functioning of the home and was the primary caretaker of her youngest sister, Dora.

Beloved daughter of the late Pasquale and Carmela (Montopoli) Pompeo. She is survived by her loving sister-in-law, Lillian (Clancy) Pompeo of Quincy. Sister of the late Carmela "Katy" Ricci and her late husband Riccardo, the late Virginia M. Pompeo, the late An-



ROSINA A. POMPEO

tonietta T. "Anne" Pompeo, the late Dora B. Pompeo, the late Felice Pompeo, the late Nicola Pompeo and his late wife Rose (Nardo) Pompeo and the late Raffaele Pompeo and his late wife Clara (Pallucio) Pompeo. She is also survived by many nieces, nephews, grandnieces, grandnephews, great grandnieces and great grandnephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Saint John the Baptist Church, c/o 21 Gay Street, Quincy, MA 02169.

Ms. Pompeo's family would like to acknowledge the staff at Hancock Park Rehabilitation and Nursing Center for their compassionate care of Ms. Pompeo as well as her sisters for many years.

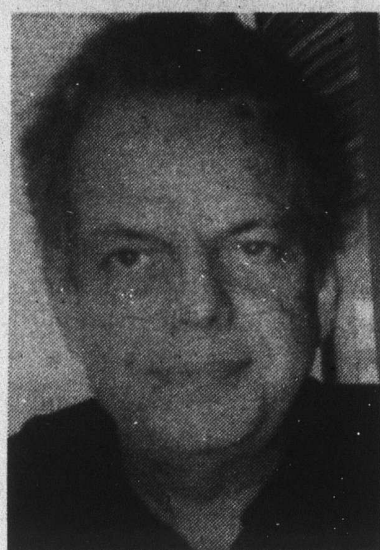
Arthur W. Shea, Jr., 64

Arthur W. "Artie" Shea, Jr., 64, of Beverly and formerly Cambridge and Quincy died unexpectedly Jan. 10 at home.

Mr. Shea was born in Quincy where he was raised and educated. He was a graduate of Quincy High School, Class of 1969, and Lowell Technical Institute in 1973. He had lived in Beverly for ten years, previously in Cambridge and Quincy.

He was employed as an electronics engineer for 40 years and was involved in developing several patents in the medical field. Mr. Shea loved music and played the guitar in several local bands.

Beloved husband of the late Carol A. Andrews. Devoted son of Margaret M. "Peggy" (Collins) Shea of Quincy and the late Arthur W. Shea, Captain, Quincy Police Department, Retired. Dear brother of Maureen A. Shea and her longtime companion Rick Andersen of CA. Uncle

ARTHUR W. SHEA, JR.
of Dakota Daniel Andersen
Shea of CA.

At the request of the family, funeral arrangements were private. A Memorial Mass will be celebrated at a later date.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy.

Memorial donations may be made to the charity of your choice.

Bruno Calderara, 101

A funeral Mass for Bruno Calderara, 101, of Quincy was celebrated Jan. 15 in St. John the Baptist Church, Quincy.

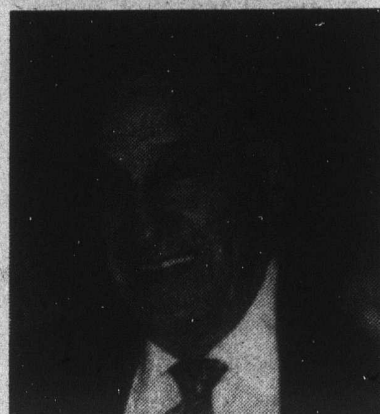
Mr. Calderara died peacefully at home on Jan. 10, surrounded by his loving family.

He was born, raised and educated in Quincy. He was the son of the late Josephine (Guerra) and Antonio Calderara. Devoted husband of the late Althea (Ashe) Calderara and cherished father of Marnelle Ranta and her husband Glenn, Janice Tapper Beaton and her late husband William. Loving brother of the late Guido Calderara, Ida Abate and Pierina Gallo.

Prior to his retirement in 1985, Mr. Calderara was the proud owner of McKenna's Woodworking Company. He was a valuable member of the advisory committee for Quincy Trade School, a member of the Sons of Italy and the South Quincy Bocce Club.

He and his wife enjoyed traveling to Puerto Rico, Europe, Virgin Islands, California, Las Vegas, Canada and winter vacations to Florida.

In his earlier years, Mr. and Mrs. Calderara enjoyed weekends dining and dancing with their closest friends. They enjoyed watching many Red Sox and Patriot games as well as taking numerous trips



BRUNO CALDERARA

to Foxwoods Casino. His true passion was his family of which he gave guidance, time and love but mostly he gave his heart.

He adored his six grandchildren Richard, David and Jamie Tapper, Jeffrey and Amy Ranta and Pamela Doran. He was also blessed to have had 15 great grandchildren: Alexandra, Sophia, Katherine and Madison Tapper, Shane, Ryan, Cole and the late David Matthew Tapper, Kyle and Cameron Tapper, Ashley and Josh Ranta, Sarah, Christopher and Andrew Doran. He was also a devoted uncle to many caring nieces and nephews.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Interment at Mount Wollaston Cemetery.

Memorial donations may be made to Saint Jude Children's Research Hospital, P.O. Box 1000, Dept. 142, Memphis, TN 38101-9908.

Janet M. Rizzotto

A memorial service for Janet Marie (Amyouny) Rizzotto of Plymouth was held Jan. 15 at Bartlett Funeral Home, Plymouth.

Mrs. Rizzotto died Jan. 11.

She was born in Brookline, the daughter of Elizabeth (McLean) and the late Joseph Amyouny. Mrs. Rizzotto was raised in the Houghs Neck section of Quincy.

She is survived by her daughter, Renee Rizzotto and her partner, Craig Gentry, of Plymouth. She was the proud grandmother of Caylee-Anna and Craig Gentry of Plymouth. She also leaves behind her mother,

Elizabeth Amyouny of Hull as well as her sisters Mary Anne Johnson and her husband Fred of Hanson, Linda Whitman and her husband Alan of Quincy and Karen Bandera and her husband James of Duxbury. She was the aunt of Elizabeth Amyouny and her wife, Kimberly, Thomas Whitman, Lauren Hess and her husband, Michael, John Bandera and Robert Bandera. She also leaves behind her former spouse, John Rizzotto, of Carver.

Private interment. Memorial donations may be made to Cameron's House, 5 Savery's Lane, Plymouth, MA 02360.

Robert P. Burke, 63

A funeral Mass for Robert P. Burke, 63, of Pembroke and formerly Quincy was celebrated Monday in St. Joseph the Worker Church, Hanson.

Mr. Burke died Jan. 10 in the comfort of his own home surrounded by his loving family.

Born in Boston and raised in Quincy, he was the devoted son of the late Francis and Stella (LeGrice) Burke. Beloved husband of Patricia J. (McCann) Burke. Loving father of four sons: Shawn Michael and wife Amanda of Quincy, Joseph Leo and wife Nichole of Weymouth, Jeffrey Robert and loving companion Vanessa Maksyn of Weymouth, and Ste-

phen Francis of RI. Loving brother of Edward and Marilyn of Hamden, Donald and Marty of NE, Denise Wells of Quincy, Neil and Sally of NC, Laurence and Vicki of Scituate, and Kenneth and loving companion Nancy Radigan of Winchendon. Adoring Pops to Jacob, Alyssa, Samantha and Nathan. Cherished uncle to many nieces, notably Michelle McCann of Boston and Alyson Kutz of North Andover, nephews, and grandnieces and grandnephews.

Mr. Burke graduated from North Quincy High School in 1971 and attended the University of Massachusetts Amherst. He was a member of the Teamsters Local 25 for 30 years and retired from Martignetti's Liquors after 20 years.

His favorite things to do included adventures with his grandchildren, hosting celebrations at the lake, and touring New England's lighthouses. Mr. Burke lived his life to the fullest and his passion for living was contagious. He will be dearly missed and forever remembered by the many whose lives he touched.

Funeral arrangements were made by Blanchard Funeral Chapel, Whitman.

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www.thequincysun.com

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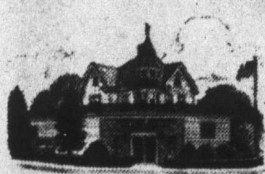
www.dewarefuneralhome.com

*\$5,995 includes basic services of funeral director and staff, embalming and preparation, visitation, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, casket, and floral arrangement. Memorial service package (a register book, 100 thank you cards, 100 prayer cards).

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Grace L. DiTocco

A funeral Mass for Grace L. (Doherty) DiTocco, a former Massachusetts Mother of the Year, was celebrated Jan. 16 in Holy Family Church, Rockland.

Mrs. DiTocco died Jan. 13.

She was born June 2, 1929, and grew up in Quincy. She was the past president of the Quincy Women's Club Jr., Holy Family Mothers Club and the Rockland PM Club.

Mrs. DiTocco was a member of the Rockland Centennial Committee, Visiting Nurses Association, Rockland Council of Aging and the Regional Council of Aging. She enjoyed sailing at the Wollaston Yacht Club and was named Miss Quincy Bay Race Week. Mrs. DiTocco worked for many years as the Rockland news correspondent for the Quincy Patriot Ledger and also retired from the Rockland Trust Company.

Mrs. DiTocco was the only child of Philip J. Doherty and Gladys Mellett (Doherty) of Quincy. She was the wife of the late W. John DiTocco for 56 years. She was the mother of five children: Debora Wolcott and her husband Wayne Wolcott of Wareham, W. John DiTocco Jr. and Anna Barra



GRACE L. DiTOCCO

of Quincy, Karen DelPrete and her husband Wayne DelPrete of Rockland, Mark DiTocco and his wife Sheila DiTocco of Pembroke, Darlene Sebastyn-Haley and her husband Edward Haley of Hanson. She was the grandmother of Wayne Wolcott Jr., Kristen Wolcott, Lindsay DiTocco, John Paul DiTocco, Brianna O'Rourke, Michelle DelPrete, Andrew DelPrete, Michael DiTocco, Lisa DiTocco, Nicholas Haley, Jessica Sebastyn and Hannah Sebastyn and the great grandmother of Roman DiTocco, Michael Sawyer and Alexis Sawyer.

Funeral arrangements were made by Magoun-Biggins Funeral Home, Rockland.

Interment at Blue Hill Cemetery, Braintree.

Rose M. Belcher, 85

A funeral service for Rose M. (Mercurio) Belcher, 85, of Weymouth and formerly Cranberry Village, Carver, was held Tuesday in Waitt Funeral Chapel, Brockton.

Mrs. Belcher died peacefully Jan. 13.

Raised in Quincy, she also resided in Braintree. A graduate of North Quincy High School, she worked in management at Weymouth Landing Bowling and Braintree Cinema. She was an avid Red Sox fan, and enjoyed knitting and cooking.

She was the wife of the late Reginald W. Belcher Jr.; Beloved mother of Reggie Belcher of Weymouth; dear grandmother of April Belcher (and Eddie Vega)



ROSE M. BELCHER

of Weymouth and Ryan and Alex Belcher of FL; great-grandmother of Nathaniel and Andrew Vega; sister of Lillian Garcia of Quincy; and a dear aunt of many.

Interment at Massachusetts National Cemetery, Bourne.

Carolyn M. Middleton

A funeral service for Carolyn M. (Wielhouwer) Middleton of Weymouth, formerly of Quincy, was held Tuesday in McDonald Keohane Funeral Home, South Weymouth.

Mrs. Middleton died Jan. 13.

She worked as a buyer for Talbots in Hingham and later as an accountant for State Street Bank in Quincy. She enjoyed dancing, reading and traveling. She will be sadly missed by all who had the opportunity to know and love her.

Devoted mother of Douglas Wielhouwer and his wife Lee Ann of Weymouth, Terry Verdin and her husband Mitchell of SC, Gregg Wiel-

houwer and his wife Margaret of Bridgewater and Debra Laskowski and her husband Richard of Weymouth. Former wife of the late Johan Wielhouwer. Cherished "Nonni" of 10 grandchildren and five great-grandchildren. Loving sister of Barbara Sandomato of Weymouth, Maureen Rowell of Pembroke, Diane McGilloy of Boxford and Cheryl Kulik of NC. Also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Alzheimer's Assn., MA Chapter, 480 Pleasant Street, Watertown, MA 02472.

Marion C. Folan, 87

A funeral Mass for Marion C. (Johnson) Folan, 87, of East Weymouth was celebrated Jan. 15 in St. Albert the Great Church, Weymouth.

Mrs. Folan died peacefully at home Jan. 10 with her loving companion, Guy K. Griffin, at her side.

Born and raised in Quincy, she was the wife of the late Michael (Bud) J. Folan and loving mother of Claire O'Neill and her husband Robert of Rockland, Patricia Brooks and her husband Gregory of Hanover, Michael J. Folan III and his wife Donna of Hanson, Robert Folan-Johnson of Boston, and Barbara Folan and John LaPrade of Hatfield. She was the beloved daughter of the late George W. Johnson and Marion L. (MacPherson) Johnson and loving sister of the late Phyllis and late Dorothy Johnson. Also, the beloved and loving grandmother of Robert, Michael, Jennifer, Leann, Jamie and Lauren and great-grandmother of Arielle and Aiden.

Mrs. Folan graduated from Quincy High in 1946 and worked as a secretary for several years. She married and settled in East Weymouth. Widowed in 1969,



MARION C. FOLAN

she raised her five children, and while doing so met Guy Griffin, who became her life partner.

An avid reader, she enjoyed poetry and Stephen King novels. Mrs. Folan loved to play Scrabble and word games, do jigsaw puzzles, and play whist. She also loved to go camping with Guy, her children, and later her grandchildren particularly to Russell Pond in N.H.

Funeral arrangements were made by McDonald Keohane Funeral Home, East Weymouth.

Interment at Mount Wollaston Cemetery.

Memorial donations may be to the South Shore Humane Society, P.O. Box 850187, Braintree, MA 02185 and Lewy-Body Dementia Association, 912 Killian Hill Rd SW #103, Lilburn, GA 30047.

Mary A. Goodwin, 61

A funeral Mass for Mary A. (Healy) Goodwin, 61, of Rockland was celebrated Monday in Holy Family Church, Rockland.

Mrs. Goodwin died Jan. 14 at the Kindred Hospital in Stoughton.

She was born in Boston, daughter of the late Robert and H. Marie (Sullivan) Healy. She was raised and educated in Quincy and had been a resident of Hough's Neck before moving to Rockland in 1977.

Mrs. Goodwin loved to shop and care for pets, she enjoyed annual trips to Puerto Rico, and she was very passionate about her manager's position at Doughboy Police & Fire Supply in Rockland.

She is survived by her husband Gary W. Goodwin, her daughter Jennifer N. Melo and her husband David of E. Bridgewater and her cherished granddaughter Liliana Blue Melo. She was the sister of Robert Healy of Whitman, James Healy of Rockland, Patricia Murphy of Whitman and the late Paul Healy.

Funeral arrangements were made by Magoun-Biggins Funeral Home, Rockland.

Interment at Holy Family Cemetery, Rockland.

Memorial donations may be made to the Standish Humane Society, 622 Congress St., Duxbury, MA 02332.



MARY A. GOODWIN

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-001
Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 9, 2016 at 7:15 pm** on the **Second Floor in the Council Chambers**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Samuel Y. Sung for a Variance/Finding to change the use of the home back to a 2-family home in violation of Title 17 as amended Chapter 3.4.4 (variance required) on the premises numbered 44 SUMMER STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/21/16, 1/28/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-002
Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 9, 2016 at 7:15 pm** on the **Second Floor in the Council Chambers**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of Anton Cela for a Variance to construct 2, 2-family townhouses on this undeveloped lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.0 (parking/turning radius) on the premises numbered 130 SUOMI ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/21/16, 1/28/16

Joseph L. Butler, 87

A funeral service for Joseph L. "Joe" Butler, 87, of Quincy and formerly South Boston was held Jan. 16 at Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mr. Butler died Jan. 10.

A son of Edward and Gertrude "Gert" (Morton) Butler of Boston, he was a U.S. Army veteran of the Korean War. After completing his time in the service, he worked as a stableman for the Massachusetts State Laboratory in Jamaica Plain where he cared for the Mounted State Police horses.

Loving husband of the late Mary E. (Lawrence) Butler, he was the beloved father of Rosemary Kelley of Braintree; Arleen Hitchcock of USVI; Josephine Aguiar of TX; Joseph Butler of Watertown; Betty Boucher of AZ; and Daniel Butler of IA. Dear brother of Frank Galvin of Foxborough; Charles Galvin of Middleborough; James "Porky"

Galvin of Quincy; and the late Edward, James, Robert and Russell "Rusty" Butler, Mary Clasby, Elizabeth Macaluso and George "Gigi" Galvin. He is survived by many grandchildren, great-grandchildren, nieces, and nephews.

Mr. Butler was an avid bicycle rider and was friends with many folks at the intersections where he stopped to rest during his daily rides. Three to five times a week, he visited the L Street Bathhouse in South Boston. Mr. Butler was passionate about his family, friends and grooming horses. He and his late wife Mary were longtime residents of the Town Brook House where they left many friends behind.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to New England Center and Home for Veterans, 17 Court Street, Boston, MA 02108.

George E. Durgin

A funeral Mass for George E. Durgin of Quincy and formerly South Boston was celebrated Tuesday in St. Monica Church, South Boston.

Mr. Durgin died Jan. 14.

He was the loving father of George E. Durgin Jr., his wife Louise of Dorchester, Eileen Durgin of Jamaica Plain, John Durgin, his wife Jaclyn of Quincy, Daniel Durgin, his wife Shirley of Boston, Darlene Kyne and her husband Donald of Quincy. Dear brother of the late Charles Durgin and Sandra McGarry. Also survived by his many loving grandchil-

dren, great-grandchildren, nieces and nephews.

Funeral arrangements by O'Brien Funeral Home, South Boston.

Interment at Holy Cross Cemetery, Malden.

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING
Docket No. NO15D1621DR
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Brevil, Jean vs. Massenet, Marie J
To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for **Irretrievable breakdown**. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Michael Maniscalco, Esq., Maniscalco & DiOrto, 21 McGrath Highway, Suite 306, Quincy, MA 02169** your answer, if any, on or before **03/31/2016**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. John D. Casey, First Justice of this Court.

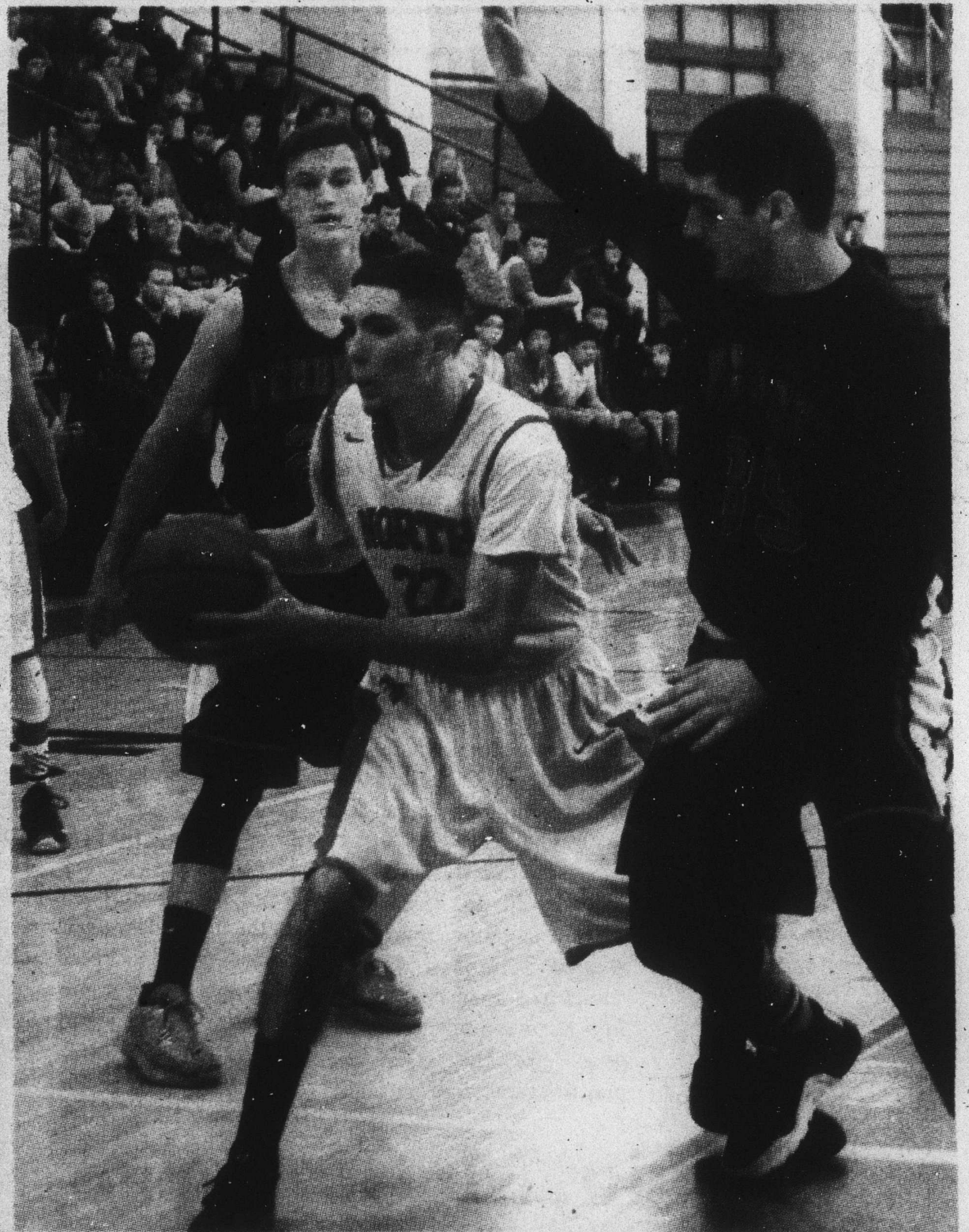
Date: January 12, 2016
PATRICK W. McDERMOTT
Register of Probate

1/21/16

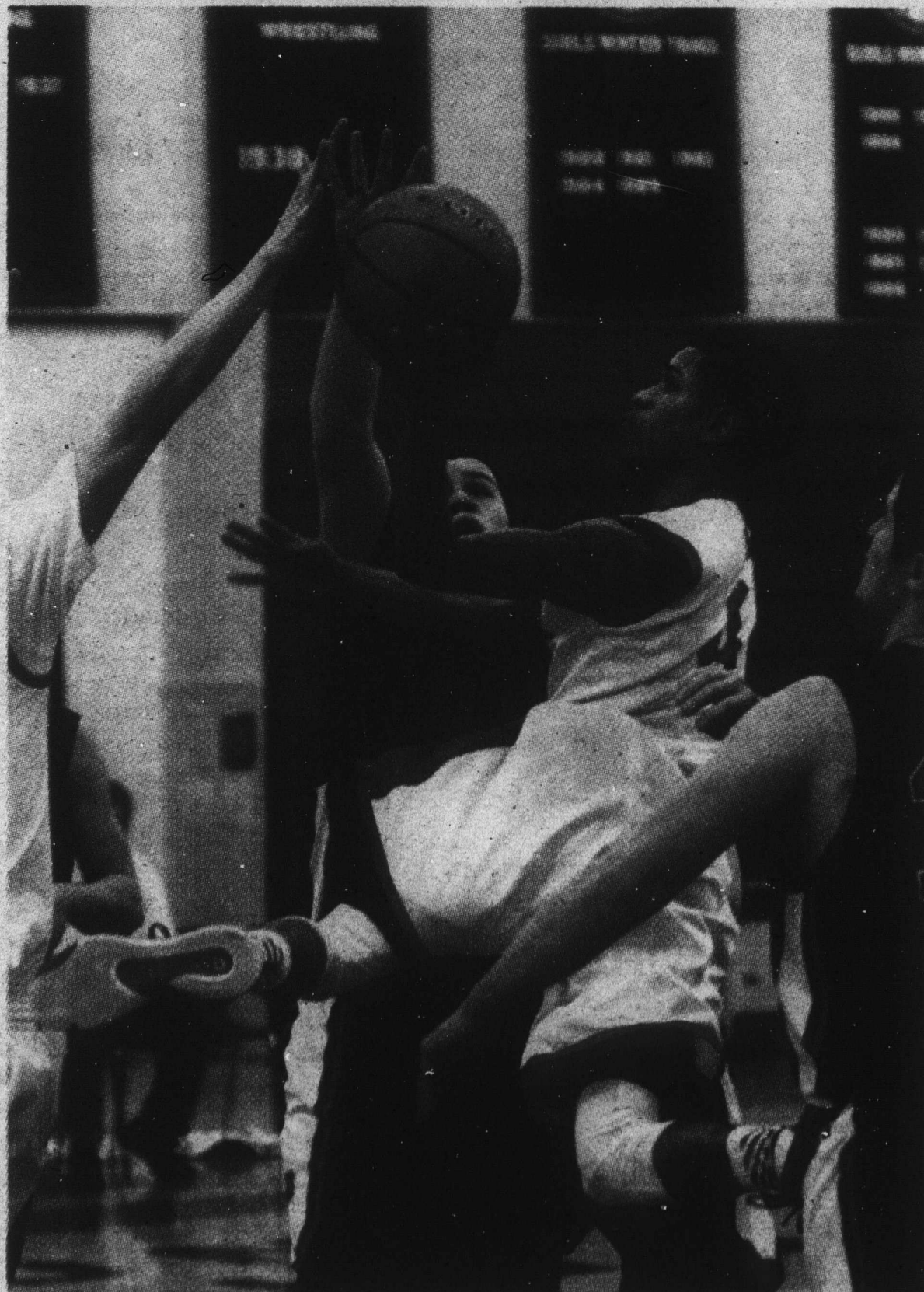
NQ Boys Bow To Pembroke



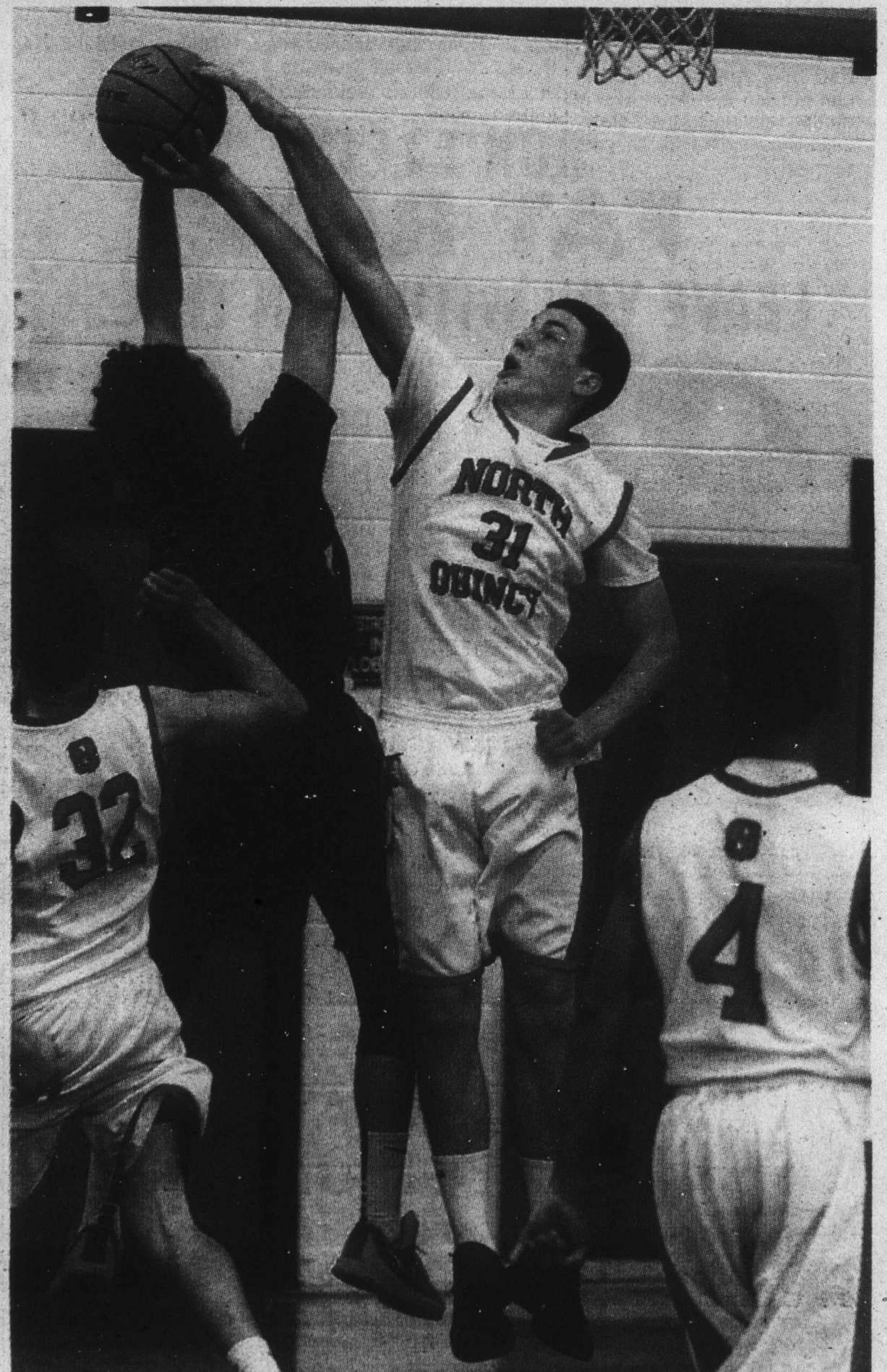
NORTH QUINCY senior forward Will Ortiz had a game-high 16 points and contributed six rebounds but the Red Raiders bowed to Pembroke, 51-41, Jan. 15.



SENIOR FORWARD Tom McLaughlin drives past Pembroke's Brad Rothhaar in the third quarter of last Friday night's match up. McLaughlin had five points and four rebounds for the Red Raiders.



SENIOR POINT GUARD Dhaaky Drake drives to the hoop for two of his nine points in a 51-41 loss against Pembroke High School Jan. 15. Drake, along with Conor Pound, each pulled down nine rebounds in the game.



NORTH QUINCY Senior Center Conor Pound blocks a shot attempt by a Pembroke player in the Red Raiders 51-41 loss to the Titans last Friday night. Pound also pulled nine rebounds in the game. NQ hosts Hanover Friday night at 7 p.m.

Quincy Sun Photos/Larry Carchedi

Jorgensen On Threshold Of Historic Milestone

Cont'd From Page 18

We needed those blocks tonight."

There were two stretches when the Presidents showed how good they can be. The first came in the second period when Quincy went on a 26-11 blitz to open a 39-17 lead. Jorgensen was surely at the center of it all, but there was much more. Cunningham and Jerahian led a shutdown defense in front of Jorgensen. Everybody ran. Everybody scored.

Jerahian (17 points) knocked home two of her three three-pointers and finished a layup off a flip pass on the break from Cunningham. Jerahian sent up Robinson with a beautiful pass. Camara (13 points) cashed two drives and a mid-range jumper. Three times Camara sprung Jorgensen clear with perfect entry passes for

layups. Jorgensen added a 12-foot jumper and blocked every shot that came near the rim. It doesn't get a lot better than this.

"Gabby gave us a boost with her shooting, and I liked the way we passed the ball. We were patient and waited for the right pass. We also got out in transition. Alyssa finishes her drives well," said Bretsch.

The second stretch came early in the fourth. Hingham had moved within 10 at 49-39 when Cunningham settled and took back the game with her high basketball IQ. With Quincy a bit shaky, she knew exactly where the ball should go. Inside. To Jorgensen. Four times, she slipped it through double-teams to Jorgensen for two free throws and three field goals. She knows how to play the game. She had eight

assists and no points. She could never score and still be one of the best guards in the league.

"I'm lucky to have her," smiled Jorgensen.

The defense was the foundation. Having a center who blocks 11 shots surely helps, but Cunningham, Jerahian and Robinson were also excellent. Hingham has two of the best scorers in the league in Haley and Sydney Blasetti. Cunningham held Haley to 12 through 32 minutes of no-rest, non-stop defense. Robinson and Jerahian limited Sydney to 10.

"The Blasettis are two of the best players in the league, and we did a good on them," said Bretsch. "We chased and scrambled and when we made a mistake, Nicole was there to stop the penetration."

Quincy hosts Duxbury Friday night.



QUINCY'S NICOLE JORGENSEN blocks a shot by Hingham's Haley Triggs in the Presidents 63-44 win over the Harborwomen last Friday night. Quincy Sun Photo/Robert Bosworth

Aucoin, McGue Lead NQ Past Plymouth South

Cont'd From Page 18

cleanly, broke the press, and fired North's running game. She also hit the biggest shot of the game, a 12-foot

jumper off a terrific assist from McGue after the Panthers had drawn within six (51-45) with 2:00 left in final period. She then drained

four free throws to put away the game.

"Kerin has worked hard in practice cutting down on her turnovers, and she did a

great job tonight," said Lannon.

Ali Coleman worked well close to the hoop for eight off the bench, including six in the final 4:00 of the second period when North went on a 9-0 run to build a 34-21 halftime lead which held up against a late Plymouth rally. Sophomore Jill Hallisey added speed, defense and three clutch free throws to protect the lead in the final 1:42 of the fourth period.

"I can't say enough about Ali. Those were eight big points she gave us tonight,

and she did a good job in the post. Her leadership, as a senior captain, has been outstanding," said Lannon.

North's defense was excellent throughout, but especially in the final 5:48 of the second when the Red Raiders held Plymouth scoreless. Aucoin had to sit with her second foul with 5:28 left in the period. Without its best post defender North gave no points in almost 6:00.

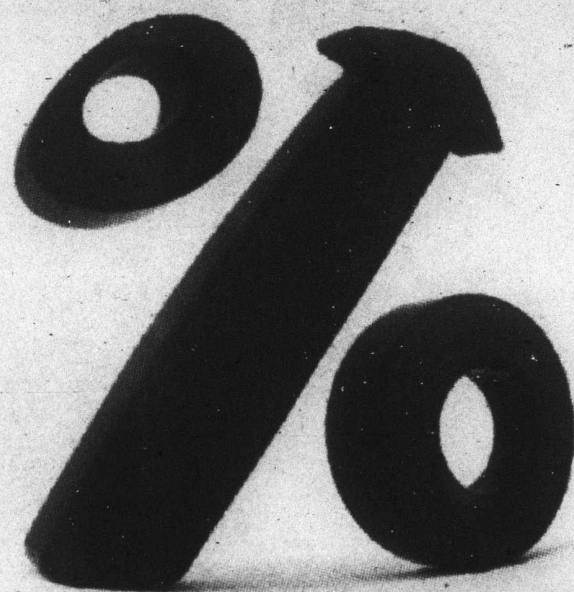
Jesse Caldwell and Ali Coleman protected the basket. McGue, Hallisey (six points), Kerin Coleman,

McEvoy (five points) Michelle Mark (two points) and Mary Kate McAleavey gave nothing easy around the perimeter, and North upped a four-point lead to 13 at intermission.

"That was the key to the game, our defense in the second period. We did it without our best post player. The girls dug in hard and went after every possession, every loose ball," said Lannon.

North Quincy is at Hanover Friday night.

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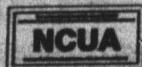


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Hancock Park

REHABILITATION & NURSING CENTER





Officials Eye Pine Hill Cemetery Expansion - Page 3
 DA Hosts Drunk Driving Prevention Training - Page 5
 Lebo Eyes Social, Emotional Learning Classes - Page 2



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The Quincy Sun

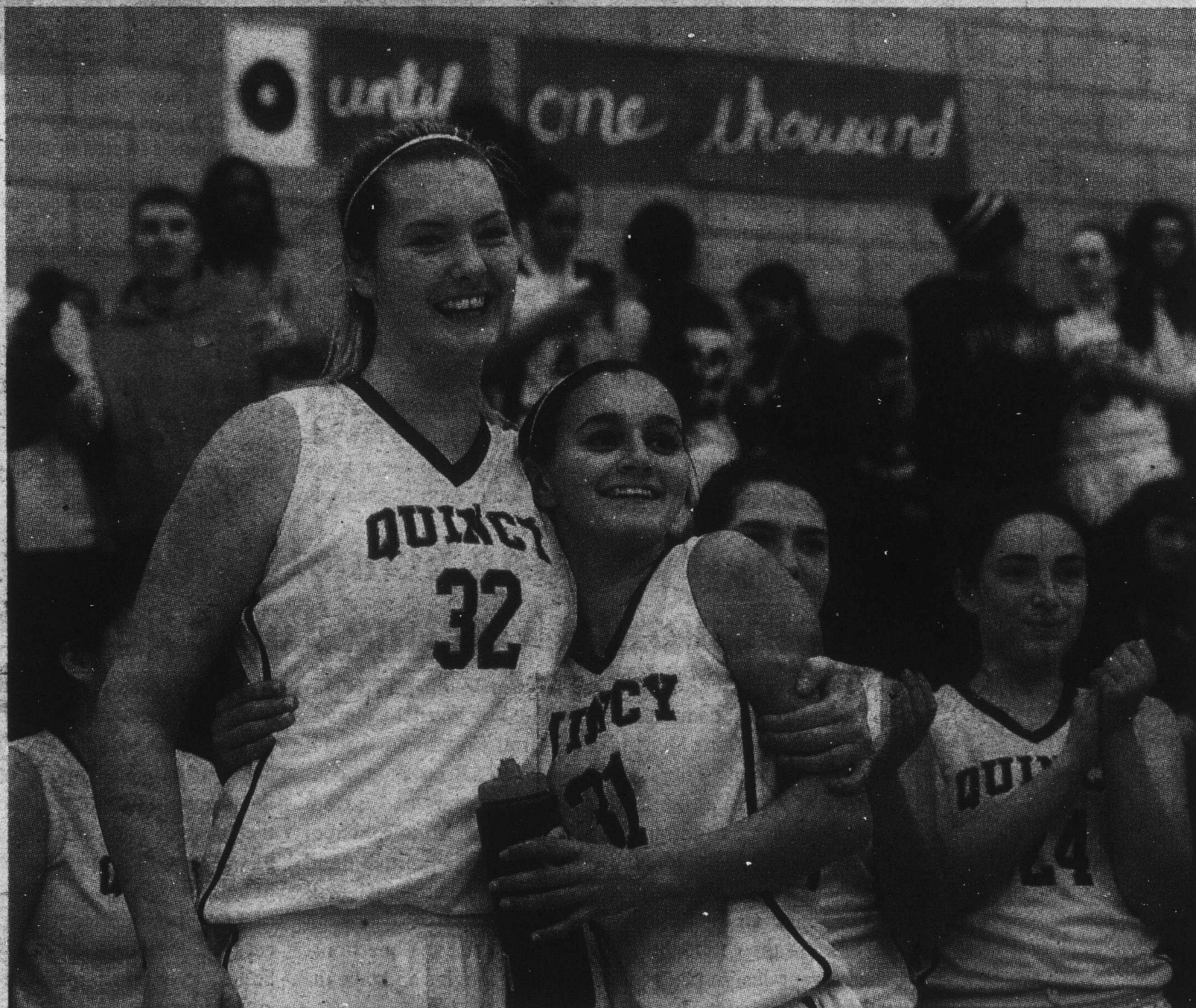


Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 48 No. 19

Thursday, January 28, 2016

75c



1,000TH POINT SMILE - Quincy High senior Nicole Jorgensen beams with teammates after scoring her 1,000th career point in the Presidents 46-42 win over Duxbury High Jan. 22. Jorgensen - who scored 29 points in the victory - closed in on another milestone: 1,000 rebounds. The tri-captain was 14 boards away from that mark entering Tuesday night's game at Pembroke. A make-shift sign on the QHS gymnasium wall (background) counted down the senior's milestone from 10 points to 1,000 during the game. Among the teammates celebrating with Jorgensen is good friend and fellow senior tri-captain Gabriela Jerahian (#31). More coverage begins on Page 18.
Quincy Sun Photo/Robert Bosworth

4 Pull Papers In Ward 6

By SCOTT JACKSON

A four-way race is shaping up in Ward 6, where residents will vote this spring in a special election for a new city councillor.

Voters in the ward, which includes Squantum and parts of North Quincy, will head to the polls twice in the

coming months to determine who will serve as their district's councillor through the end of 2017. A preliminary election, if necessary, will be held April 5 to whittle the field of candidates down to two with the final election on May 3.

Cont'd On Page 12

Council May Reconsider How Vacancies Filled

By SCOTT JACKSON

Ward 4 Councillor Brian Palmucci believes his colleagues should review how vacant seats are filled to ensure no residents are left

without a ward councillor for an extended period of time.

Home rule petitions approved by the council and Legislature in 1984 and

Cont'd On Page 12

Nut Island Fire Injures Five

By SCOTT JACKSON

A stubborn two-alarm fire in the underground portion of the Nut Island Headworks that sent five Massachusetts Water Resources Authority workers to the hospital was extinguished Tuesday afternoon, more than 27 hours after it started.

Ria Convery, a spokes-

woman for the MWRA, said the fire was put out by 3:30 p.m. Tuesday. The fire was initially called in around noon Monday and firefighters struck a second alarm about an hour later, according to Fire Chief Joseph Barron. On Monday, the fire was reported to be out around 4:45 p.m., but

started up again about an hour later.

A crane was brought in Tuesday to remove a concrete slab atop the underground portion of the facility; several feet of soil had to be removed before the crane could move the concrete slab. Firefighters were able to apply water directly onto

the smoldering duct work once the slab was removed around 2 p.m.

A fire watch was posted overnight Tuesday and into Wednesday to ensure there were no more flare-ups.

Five MWRA workers were repairing a fan that makes up part of the me-

Cont'd On Page 11

Telephone Scam Targets Electric Customers

Quincy Police are warning local homeowners and business of a telephone scam that threatens electric customers that service will be shut off if payment is not received.

"I have been contacted by local residents who have received telephone calls from someone claiming to

be from National Grid, stating that a large amount of money was due and electricity would be shut off if payment wasn't made immediately," said Quincy Police Lt. Dan Minton. "This is not a new scam but one that is now local."

In one case, Minton said, the caller recited the resi-

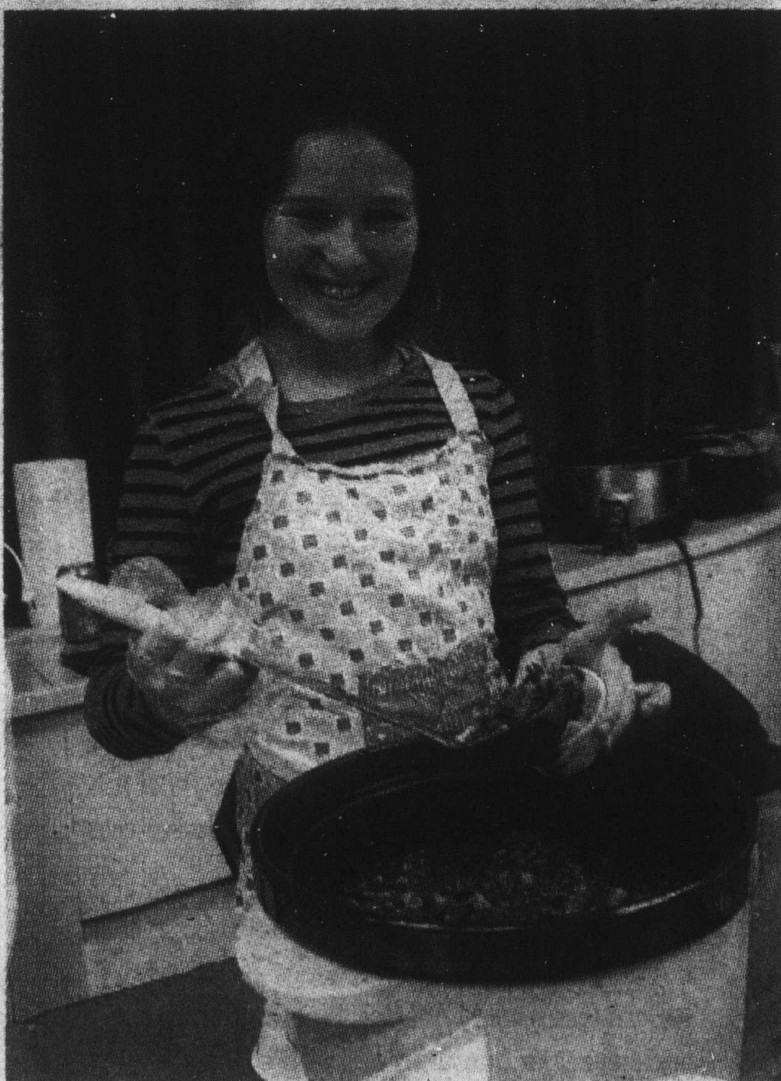
dent's account number.

"At this time it is unknown how they got it," Minton said. "The scammer will tell you that a crew is on the way to shut the electricity off unless the resident makes an immediate wireless payment."

"Two residents gave me the same telephone number

(844-493-9867), which is toll free, thus not traceable to a geographical location. I called the number and the answering service said, 'Welcome to National Grid, we are with you and here for you' followed by options. #2 is for collections and past due bills. I chose

Cont'd On Page 11



SERVING UP A WINNER - Cassidy Plante, age 10, serves a sample of her dad's first-place winning chili recipe at Saturday's seventh annual Houghs Neck Chili-Fest. Paul Plante and Alex Galligan-Kuntupis tied for first place in the individual competition. Story, other photos on Pages 16 and 17.
Quincy Sun Photo/Robert Bosworth

For more Quincy news, visit:

The Quincy Sun.com



Council To Weigh C-Mart Options - Page 10
 Fire Department Adopt-A-Hydrant - Page 31

Lebo Eyes Social, Emotional Learning Classes

Says School System Should Consider Other New Programs

By **SCOTT JACKSON**
New School Committee member Emily Lebo believes the school system should consider adding new classes on programming and web development at the high school level and add social and emotional learning to the curriculum for students in grades 1 through 12.

Lebo, 65, joined the school board Jan. 11 when she was appointed at a joint convention to fill out the remaining two years of Noel DiBona's term after he resigned his school seat to join the City Council. Lebo previously served on the School Committee from 2009 to 2013; she spent eight years as the school system's director of career and technical education before spending seven years in the same position in the Boston school system. Lebo retired from

the position in January 2015 and now works as a consultant for the Boston Public Schools.

In a recent interview, Lebo told *The Sun* she would like Quincy Public Schools to consider adding courses on programming and web development. She plans to meet with school administrators to see if there would be sufficient interest in adding the new program at either of Quincy's high schools.

"You can't really define that for the schools and the school populations themselves, but there are a couple [Career and Technical Education programs] I'd be interested in seeing if there is any interest out there. The main one that I'm thinking about right now is programming and web development because the IT industry is

so, so hot," Lebo said.

"It does not require a large amount of equipment or a large amount of space. You don't need like a big shop to do it. It could be done at either high school. A lot of kids, they're coding very young but this is much more sophisticated.

"You heard about GE moving to [Boston] and that's what they're all talking about, their technology and their responsive technology. But I have to talk to the schools and see if they're interested. There is grant funding out there for it, but you don't want to just put a program someplace and hope someone is interested."

Lebo also identified the need for adding social and emotional learning to the curriculum in grades 1 through 12; it is already part

of the curriculum in pre-kindergarten and kindergarten. Lebo identified mental health as an issue she heard about while running a write-in campaign for a school board seat during the 2015 municipal election.

"As a nurse and as somebody who has worked in the health care field for a long, long time I think it's a very important thing and I think the school system is doing some good things around that right now, but there is no system-wide work," she explained, referring to mental health.

"Anybody who's sent a child to preschool or kindergarten knows about social and emotional learning — caring for people and expressing how you feel. It's a lot of the curriculum in pre-K and kindergarten, but it's not in the curriculum in grades 1 through 12. Social and emotional learning is very important. It's really, really important to get kids



QUINCY SCHOOL COMMITTEE member Emily Lebo, shown here shaking hands with Mayor Thomas Koch, the committee's chairman, after she was unanimously elected to fill the vacant school seat earlier this month, says the school system should consider adding new programs including social and emotional learning for students in grades 1-12.

Quincy Sun File Photo/Robert Bosworth

to be able to self regulate, care about others, have positive relationships and make good decisions."

Lebo did note the school system does have a new initiative added to the middle and elementary schools

known as PBIS, which stands for positive behavioral interventions and supports. That initiative, however, is not curriculum-based and, Lebo said, would not go away if social and

Cont'd On Page 13

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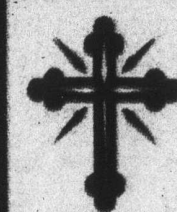


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Pine Hill Cemetery Expansion Eyed

*City Officials Pursuing 7-Acre Land Swap
With Department Of Conservation, Recreation*

By SCOTT JACKSON

With space running out at Pine Hill Cemetery, officials are planning an expansion that would allow for new burials for many years to come.

The City Council on Jan. 19 approved a \$50,000 appropriation, which will cover the final stage of permitting for the cemetery expansion as well as routine maintenance at both Pine Hill and Mount Wollaston Cemeteries. The \$50,000 was paid for using funds generated by the sale of plots at Pine Hill.

Park Department Director Chris Cassani said the city is pursuing a land swap to acquire approximately

seven acres of the land from the state Department of Conservation and Recreation. Those seven acres, he told The Sun, would meet the city's long-term needs.

"It will set us up for a long time," Cassani said. "Our vision is long term. It is a 100-year type of plan."

Though officials have yet to get into the design phase for the expansion project, Cassani said it is likely the new cemetery space will include a dedicated area for cremated remains. No space for cremains is currently available at Pine Hill, which means they must be buried in a regular grave; a dedicated area for them would save space.

Cassani said there is no estimate for how much the expansion of the cemetery will cost. He said there are several funding options being considered, including allowing for the pre-purchase of plots. Plots at Pine Hill are currently sold on an as needed basis, and no plots are available for sale at other city-owned cemeteries, including Mount Wollaston.

Without the expansion, Cassani told the council there is enough space remaining at Pine Hill for another two or three years of burials.

The money allocated Jan. 19, of which approximately \$35,000 will go towards the permitting process with the remainder for maintenance, is enough to complete the permitting phase.

Cont'd On Page 10



MEGAN STIRLING (left), age 4, shows her enthusiasm for the seventh annual Houghs Neck Chili Fest last Saturday. With Megan are her mother, Kelli Stirling and her 10-year-old sister, Katie. The Stirlings were among those who entered home-made recipes in the individual competition. More photos, story on Pages 16, 17 and 22. Quincy Sun Photo/Robert Bosworth

Knights Of Columbus Meet Raffle Feb. 5

The Knights of Columbus monthly Meat Raffle will be held Friday, Feb. 5 at 7 p.m. at the Council Hall, 5 Hollis Ave. in North Quincy.

Dinner is served at 6:30 p.m. followed by the raffle.

Proceeds will support the

Knight's scholarship fund that helps local students going off to the first year of higher education. This month's raffle is sponsored Norfolk Register of Probate Patrick McDermott. Quincy High School culinary arts

students will cook the dinner.

The KofC is partnering with the Culinary Arts program to endow a scholarship to a student who is continuing on their education in the field.

Boilers Sought For 4 Schools

By SCOTT JACKSON

The city is seeking to replace the boilers at four elementary schools and is hoping to receive state reimbursement for those projects.

The School Committee was set to vote yesterday (Wednesday) on submitting statements of interest to the Massachusetts School Building Authority to replace the boilers at Atherton Hough, Beechwood Knoll, Merrymount and Wollaston Elementary Schools.

Laura Owens, assistant to Superintendent Dr. Richard DeCristofaro, said the goal is to have those four boilers replaced during the summer of 2017. The first step in the

process is the submission of a statement of interest for each project, which requires approval from both the School Committee and City Council. In May or June, the MSBA will announce which projects it has invited to join in the accelerated repair program.

Projects in the accelerated repair program must cost a minimum of \$250,000, according to Walter MacDonald, the city's director of building maintenance. The cost for each boiler replacement would be determined later on during the MSBA process, as will the rate at which the building authority would reimburse Quincy for

Cont'd On Page 10

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Ask the
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BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



PLUM ASSIGNMENT

Amethyst is the most prized and valued type of the purple variety of quartz. Ranging in color from a light shade of lilac to deep plum, February's birthstone can vary in accordance with where it was mined. For instance, amethyst mined in Vera Cruz, Mexico, is pale clear, and typically "phantomed" (having a clear quartz interior and an amethyst exterior). Amethyst mined in Guerrero, Mexico, is quite the opposite - it is dark purple with "reverse" phantoming (having purple interior with a clear or white quartz exterior). These are among the most valuable amethysts in the world. While amethyst mined in the Ural Mountains, Russia, rivals its Mexican counterparts in quality, this clear, dark gemstone

is rare.

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Moments in time

THE HISTORY CHANNEL

• On Feb. 14, 1867, Sakichi Toyoda, whose textile machinery company spawned the Toyota Motor Corp., is born. In 1937, Toyota was formed as a spinoff of his Toyoda Loom Works. "Toyota" reportedly was considered a luckier name than "Toyoda" and is easier to write in Japanese characters.

• On Feb. 11, 1937, after a six-week strike by General Motors autoworkers in Michigan, GM president Alfred P. Sloan signs the first union contract in the American auto industry. Among other things, GM agreed to give workers a 5 percent raise and permission to speak in the lunchroom.

• On Feb. 8, 1943, Japanese troops evacuate Guadalcanal, leaving the island in Allied possession after a prolonged campaign in which an estimated 1,600 American troops were killed.

• On Feb. 10, 1962, Francis Gary Powers, an American who was shot down over the Soviet Union while flying a CIA spy plane in 1960, is released by the Soviets in exchange for the U.S. release of a Russian spy. The event was chronicled in the 2015 film "Bridge of Spies" starring Tom Hanks.

• On Feb. 9, 1971, pitcher Leroy "Satchel" Paige becomes the first Negro League veteran to be nominated for the Baseball Hall of Fame. In August of that year, Paige was inducted. Joe DiMaggio once called Paige "the best and fastest pitcher I've ever faced."

• On Feb. 12, 1988, in the waning days of the Cold War, two Soviet warships bump two U.S. Navy vessels in waters claimed by the Soviet Union off the Crimean peninsula. A confrontation was defused when the U.S. ships departed.

• On Feb. 13, 1991, Sotheby's announces the discovery of a manuscript of "Huckleberry Finn" by Mark Twain. The manuscript, missing for more than a century, was found in a trunk with some old papers.

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Videos Highlight Adams Park

During the week of February Vacation, the Adams National Historical Park Visitor Center will air videos from National Parks across the country as part of the National Park Service's 100 Years Anniversary Celebration.

Learn about parks from Denali National Park and Preserve to the Allegheny Portage Railroad, and even some New England favorites like Adams National Historical Park. The Visitor Center is located at 1250 Hancock St. and will be open from 10 a.m. to 4 p.m., Feb. 16 - 19.

The Visitor Center also offers a bookstore and restrooms. Validated parking is located on the 4th and 5th floors in the Galleria Parking Garage. Visit the park website at <http://www.nps.gov/adam> or call 617-770-1175 for more information.

Adams National Historical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the "Old House at Peace field," home to both presidents and four generations of their distinguished family.



Son Beams

By ROBERT BOSWORTH

Super Tuesday's Approaching

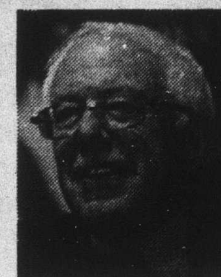
There's less than five weeks to go before voters in Quincy and across the state cast ballots in the Presidential Primaries on Tuesday, March 1.

For political observers there is much anticipation as the candidates seeking the Democratic and Republican Presidential nominations head into the first contests: the Iowa caucuses next Monday (Feb. 1) and the New Hampshire primary Tuesday, Feb. 9.

Winners of these early contests are typically perceived as frontrunners and the candidates to beat for the nomination of their respective parties.

Some recent polls show Democrat Bernie Sanders and Republican Donald Trump as the candidates to beat in Iowa and New Hampshire.

One poll has Sanders, a U.S. senator from Vermont, leading former Secretary of State Hillary Clinton 51 to 43 percent. Another poll has Trump, the real



SANDERS



TRUMP



CLINTON



CRUZ

estate mogul, with double-digit leads in both Iowa and New Hampshire over his nearest competitor - Texas Sen. Ted Cruz.

We all know polls are just samplings and the only real numbers that are important are the number of votes cast. Those vote totals will determine the number of delegates candidates receive which in turn will ultimately lead to the party nominations.

So far, the major headline for Election 2016 has been the rise of Trump - the former reality TV star and now boisterous "Make America Great Again" pitchman - to a credible Presidential candidate.

Why is "The Donald" getting so much traction in this year's 1600 Pennsylvania Avenue sweepstakes?

One state Republican leader believes Trump is identifying with a growing electorate frustrated with Washington politics and the path the country is on.

"I think Donald Trump speaks to a frustration that people have with the state of the nation but also the state of politicians and what they say or do and how they behave in order to get elected," said Kirsten Hughes, chairwoman of the Massachusetts Republican Committee and the Ward 5 city councillor in Quincy.

"There's a lot of frustration out there and it's not wrong. We live in turbulent times and scary times and people are right to be afraid and angry and want real answers and not some politically correct version of what people think people want to hear," Hughes said in a recent interview.

"Trump speaks to people's frustrations about politics and politicians and the state of the nation."

Hughes also says she understands questions that surface about Trump's leadership ability.

"I think there's also legitimate questions about his leadership ability and his ability to be a statesman and I think that's okay. . . I think if you question his demeanor and his tact that that's a legitimate thing that you should be doing with all your candidates.

"There's an anger and there's a frustration out there that he speaks to and I understand that I have it at times myself," Hughes added.

How well Trump does in the early contests will help shape the rest of the race for the GOP nomination, political logic would suggest. In terms of New Hampshire, it appears Trump will win that state and the race could really be for second place, if you believe the polls. And how close that second-place finisher comes to Trump could catapult the nomination contest into a two-candidate race.

For example, in 2000, Arizona Sen. John McCain won

the Republican Primary in the Granite State. Finishing second was Texas Governor George W. Bush. Bush of course would eventually win the nomination and be elected the nation's 43rd President serving two terms. So you don't actually have to win New Hampshire to become the eventual nominee. Second place can be a springboard to the nomination, too.

How does Hughes see the New Hampshire primary shaping up?

"I hear from the (New Jersey Gov.) Chris Christie folks whom I'm quite close with that their guy is going to get the number two or possibly the number one spot. I hear from the (former Florida Gov.) Jeb Bush folks that they think their guy has a good chance to be second or third. I don't hear from the Trump folks but everyone thinks he's going to win New Hampshire."

Some insiders believe Trump's support in New Hampshire is softening and an upset could be brewing north of the state border - perhaps with Cruz taking the top spot.

Regardless of the outcomes in Iowa and New Hampshire, it is certain the Democratic and Republican front-runners will not have commanding leads in the delegate count before March 1. That's because voters in only three other states will have a chance to cast ballots before March 1 which is "Super Tuesday." Massachusetts will be among 13 states holding primaries and caucuses on that date.

So that would seem to suggest there should be a lot of interest and thus a pretty good voter turnout in Quincy on March 1 - perhaps as good as 2008.

Eight years ago was the last time the race for the White House was wide open for both the GOP and Democratic nominations. The incumbent president - at the time George W. Bush - was not seeking renomination because he was nearing the end of his second term in office.

Voter turnout was 43 percent in Quincy for the Presidential primaries in 2008.

In the Democratic primary eight years ago, Hillary Clinton won Quincy with 63 percent of the vote over Barack Obama who had 29 percent of the vote (11,292 votes to 5,190 votes).

In the GOP primary in 2000, former Massachusetts Gov. Mitt Romney edged John McCain, 48 percent to 43 percent (2,716 votes to 2,466 votes.) Of course Clinton and Romney - who won the Massachusetts primaries - eventually lost the nominations to Obama and McCain.

The race for the Presidential nominations is about to get a lot more exciting. Voters in Quincy will have their say in 32 days.

□

WANT TO VOTE in the March 1 Presidential Primary but you're not registered?

You have until 8 p.m. on Wednesday, Feb. 10 to register. Quincy residents can register to vote at the Quincy Election Office located on the second floor of the glass annex City Hall building, 1305 Hancock St., Quincy Center. Call 617-376-1142 for more information.

Feb. 10th is also the last day for voters to change their enrollment status (from Democratic to Republican for example or from a particular party to unenrolled.)

□

YOU CAN CROSS off the name of Norfolk County District Attorney Michael Morrissey from the list of potential candidates for Congress in the event that Cong. Stephen Lynch's seat becomes vacant next year.

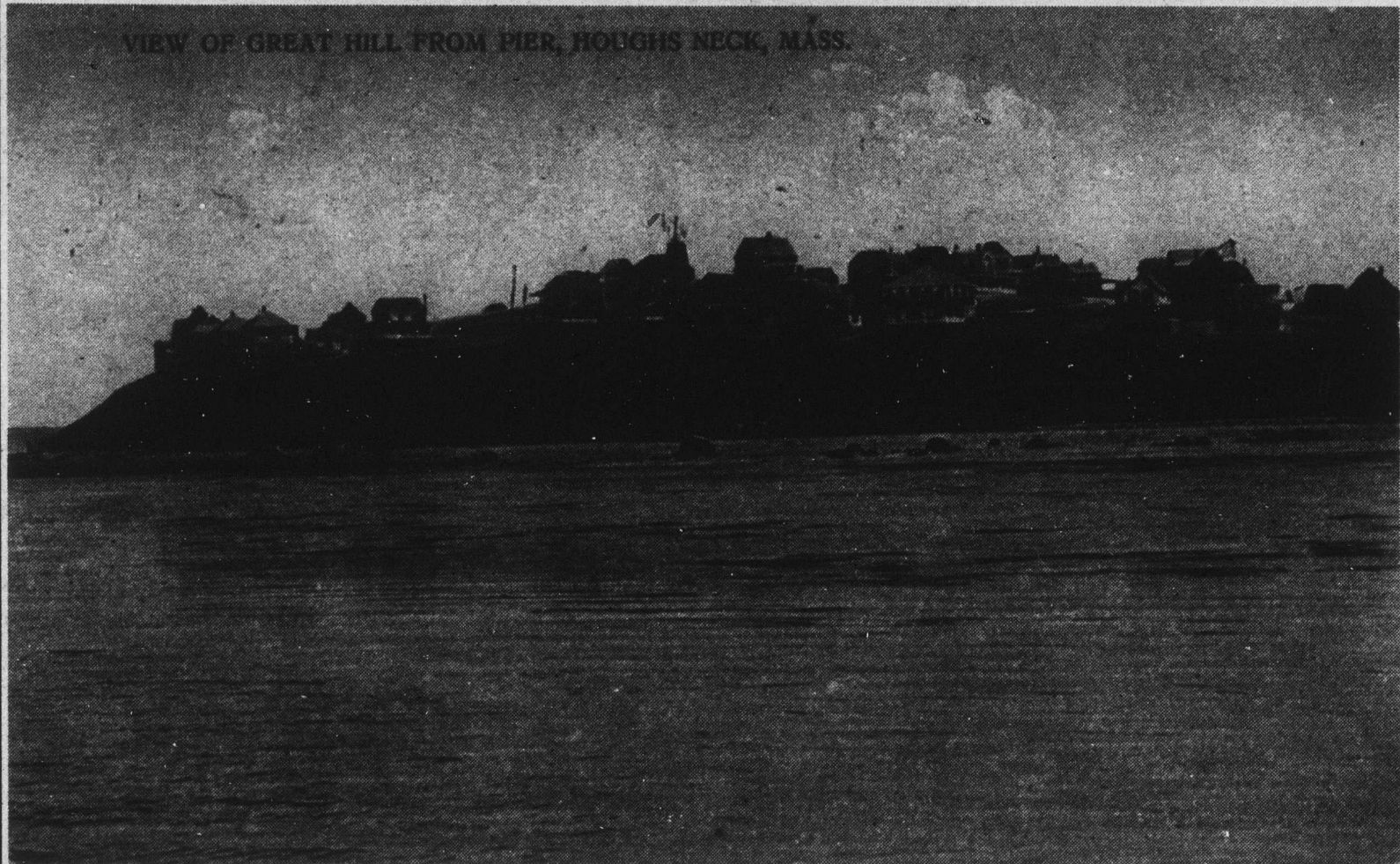
A rumor circulating the city is Lynch - who is running for re-election in the 8th District that includes Quincy - could be tapped for an appointment in a Hillary Clinton administration if the former First Lady and Secretary of State is elected president this fall. That would open his seat in Congress and necessitate a special election to fill out the remaining term that expires in 2018.

Morrissey - a former state representative and state senator before he was elected D.A., told us he is not interested in running for Congress. The Squantum Democrat says he plans to seek re-election as DA in 2018.



MORRISSEY

Scenes From Yesterday



THIS IS A 1916 postcard view of Great Hill at the end of Houghs Neck. When the Metropolitan Commission built the first sewer plant on Nut Island they built a pier extending to deep water for use by boats during construction. The pier is long gone, but it survived for many years. This view is from the pier showing the

cottages along Sea and Mears Avenues. Only a few of the cottages had stairways reaching down the slope to the water. Also notice the lack of trees and shrubs. The postcard was published in Germany. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Dist. Atty. Morrissey Hosts Drunk Driving Prevention Training

Bartenders, managers and wait staff from eight Quincy establishments attended a TIPS safe alcohol service training supplied by Norfolk Dist. Atty. Michael W. Morrissey at Quincy Police Headquarters on Monday.

"We know that a well-trained, well supported wait staff helps keep people from being over served when they are out for the night," Morrissey said. "Cut down the number of people being over served, you cut the number of drunk drivers on the road and, ultimately, the number of crashes and deaths."

TIPS training teaches the behavioral cues that servers should look for - mood swings, impaired judgment, slowed reaction, loss of coordination - when a patron is approaching intoxication, but also the establishment's legal responsibilities and strategies for intervention, the district attorney said.

An average of one person is killed or very seriously injured in a car crash in Norfolk County every week, and Morrissey said that the majority of those crashes



NORFOLK COUNTY Dist. Atty. Michael Morrissey, center, hosted a safe alcohol service training for Quincy establishments in the training room of the Quincy Police station this week. With him at the rear of the training session is, left, ABCC investigator Jack Carey and, at right, QPD's liquor inspector, Lt. Peter Turowski.

involve a driver impaired by drugs or alcohol.

Morrissey's office was awarded one of just five education and prevention grants from the state's Drunk Driving Trust Fund this year. Offering 10 TIPS trainings at locations around the county - each with a capacity of 35 servers - is an

important part of the work of that grant, he said. Master TIPS trainer Mike Marcantonio is instructing all ten sessions.

"We have had great partnership from the Trust Fund, from the Alcoholic Beverage Control Commission, and today from Chief Paul Keenan and Lt. Peter Tur-

owski, as well as the Quincy hospitality community," Morrissey said. Establishments that sent employees for the safety training included the Fox and Hound, The View, Morrisette Post, Maggy's Lounge, Supreme Liquors, Imperial Terrace, Taiyou Shabu and Kam Man Liquor, Inc.

Two Residents On Norwich Dean's List

Two students from Quincy have been named to the Dean's List for the fall semester at Norwich University in Northfield, VT.

They are:
Steven Manning Carter
and Brandon Charles Beal.

Quincy's Yesterdays

This Week
1963
53 Years Ago

\$5.50 Tax Rate Increase Estimated

By FRANK McCAULEY

The 1963 tax rate shapes up to approximately \$82.80, an increase of \$5.50 based on the budget Mayor Amelio Della Chiesa will send to the City Council after he spent the weekend completing cuts from the requested appropriations of department heads.

This advance estimate is subject to considerable variations since there are four big question marks in the formula: the 1963 property valuation, the cost of snow removal for the rest of the winter, the figures on the so-called "Cherry Sheet" and the mayor's final decision on estimated receipts.

DEADLINE NEAR ON

PLANS FOR DREDGING OF RIVERS

Maritime firms and other parties interested in the proposed \$12.5 million dredging project in the Town and Fore Rivers have only one more month to present their views before the Board of Engineers for Rivers and Harbors. Mayor Della Chiesa was informed today by Col. P.C. Hyzer, division engineer, U.S. Army Engineers.

The district engineers have reported favorably on the big project, which involves deepening the present 27-foot Fore River to 35-feet.

In addition to the general costs borne by the Federal Government, the State would have to assume the cost of about \$1,540,000 for making alterations on sewers under Fore River.

QUINCY-ISMS

Remick's of Quincy was urging potential customers to "Save Now" by buying Atlantic Plaid Luggage "20% Off: For Two Weeks Only"... Mr. and Mrs. Cesidio Tempesta, 28 Loring St., West Quincy, celebrated their 50th wedding anniversary at the home of their daughter, Mrs. Anna Emond... Judge Lewis Goldberg, justice of the Massachusetts Superior Court, was scheduled to be the guest speaker at the annual Brotherhood Week service at Temple Beth Israel Synagogue, Grafton St., Quincy Point... George E. Hamilton presided over a meeting of the Mr. and Mrs. Club of the Adams Shore EUB Community Church. Committees for 1963 were named at the meeting held at the home of Mr. and Mrs. Calvin Black, 504 Sea St... Carmen Mariano of 19 Woodward Ave., Quincy, was one of a number of South Shore area students to participate in the Junior Science Symposium at Mass. Institute of Technology. Carmen was a student at Archbishop Williams High School in Braintree... Robert Burgess of 112 Arnold St., Quincy Point, retired from the Fore River Shipyard. A native of England, he had worked at the shipyard since 1918... Over 200 people attended the "newly reconstructed" bungalow of the North Quincy Knights of Columbus. The keys to the building were presented to Michael Faherty, president of the Building Association, by architect Joseph Donahue. Construction costs were \$85,000... Capitol Super Markets, Hancock St., Quincy Center, was advertising "U.S. No. 1 (Size A) Maine Potatoes, 25-pound bag for \$.69"... Quincy's two baseball "diamond stars" were scheduled to be honored at the Surf Ballroom in Hull. Sam Mele, manager of the Minnesota Twins and Dick Donovan, a pitcher for the Cleveland Indians. Both individuals have been highly commended by the State for their ability, sportsmanship and success... Hancock Tire, 115 Franklin St., South Quincy, was offering "A Big 13.2 cubic foot Refrigerator that Defrosts Automatically" for \$259.95... Gerald Crowley, 1405 Quincy Shore Boulevard, Quincy, was named Manager of United Shoe Machinery Corporation's Industrial Machinery Division... Quincy Junior College, A Community College Serving Quincy and the South Shore, was offering "New Afternoon and Evening Courses with Low Tuition. \$12 per Semester Hour for Quincy Residents and \$14 per Semester Hour for Non-Residents"... Mr. and Mrs. John Fantucchio, 131 Bunker Hill Lane, welcomed a daughter, born Jan. 28 at Quincy City Hospital... State Senator James S. McCormack (D-Quincy), making his first speech as a member of the Massachusetts Senate, upset an adverse committee report and had his bill for bathhouse at Wollaston Beach sent to the Ways and Means Committee... Harold H. Slate, former Quincy Boy Scout Council president, was awarded the Scouting Silver Beaver Medal at the 44th annual banquet of the Council held at the Masonic Temple.

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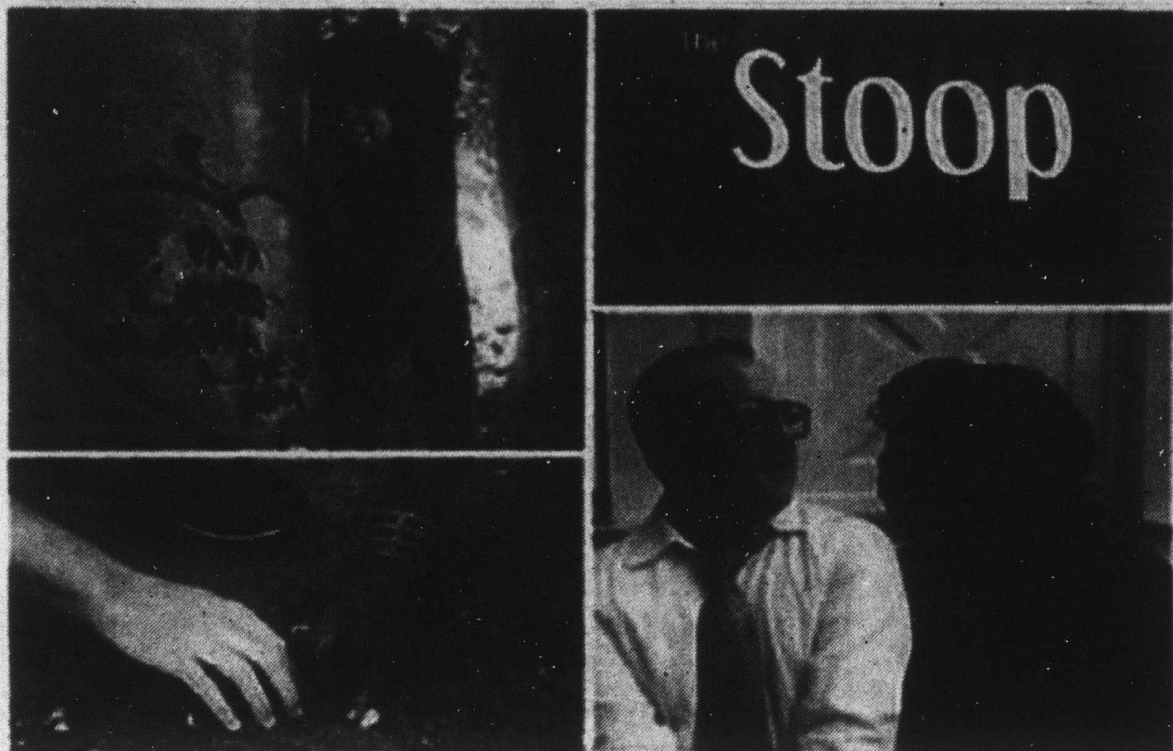
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Arts & Entertainment



THE FILM 'The Stoop!' – a black and white, melodramatic romantic comedy filmed in and around Quincy – will be screened Wednesday, Feb. 3 at 7 p.m. in the down stairs function room of The Fours Restaurant, 15 Cottage Ave., Quincy. Proceeds from the screening will help fight Multiple Sclerosis (MS.) The full-length feature film was produced by Joe Lemieux, a Quincy native, and co-produced by Jason York, another Quincy native.



BEAUTY AND THE BEST cast member Hannah Kohn tells In Sync dancers about her journey to Broadway.
Photos Courtesy In Sync Center of the Arts

ENC Theatre Department Celebrating Black History Month

Ti-Jean and His Brothers: A Caribbean Folk Tale At Cove Fine Arts Center Feb. 3

The Eastern Nazarene College Theatre Department will celebrate Black History Month by presenting *Ti-Jean and His Brothers: A Caribbean Folk Tale* Feb. 18-21 at 7:30 p.m. at the Cove Fine Arts Center on the college's main campus in Wollaston.

Written by Nobel Prize-winning author Derek Walcott, the play explores the age-old struggle between good and evil, God and the devil, and what it means to be human.

The play tells the story

of three brothers who live in poverty with their mother in the rainforest in the West Indies. The family's faith is tested when the devil promises to ease their hardship and give them all they desire: Shall they attempt to outwit the devil through their own wits or make use of the gifts God has given them to defeat him?

Director Tara Brooke Watkins said the play's set will enhance the story, with pieces of wood and bamboo filling the stage to cre-

ate a rainforest. "The pieces will move to create different pathways for each of the brothers' journeys," she said. "The play's animals will reflect the tradition of Trinidadian carnivals, with bright colors such as lime green, turquoise, tangerine and watermelon."

Because the play is folk tale, she added, "the play will look like it's a story within a story."

Eastern Nazarene College is located at 23 E. Elm Ave. in Quincy. Tickets for *Ti-Jean and His Brothers* are \$10 general admission, \$8 students and seniors.

For tickets or more information, call 617-745-3715 or visit www.brownpapertickets.com.

Amy Thompson On Dean's List

Amy Thompson of Quincy has been named to the Dean's List for the fall semester at Furman Univer-

sity in Greenville, S.C.

She is the daughter of Beth Thompson and Robert Thompson.

In Sync Dancers Study With Master Teachers

Students at In Sync Center of the Arts in Quincy have recently had several opportunities to study with teachers who are in the top of their field. These include taking dance classes in Boston, a workshop at the studio with a working Broadway dancer, and master classes at the Greater Brockton Dance Teacher's Association annual convention.

Over the holiday vacation, a dozen students and teachers travelled to Jeanette Neill Dance Studio for classes in jazz and contemporary.

"Our students are lucky to have drop-in dance classes available in Boston all year round to supplement their training," said In Sync Director Teri Mangiaratti. "Going together in a group is a great experience that gives them the confidence to continue to expand their dance training and take advantage of these opportunities independently in the future."

Jeanette Neill Dance Studio is a top studio for jazz and contemporary, where students and professionals alike hone their skills.

Students in grade 3 and older attended a master class at In Sync with Hannah Kohn, a member of the touring cast of *Beauty and the Beast*, which recently played at the Boston Opera House. Kohn led a jazz class for about 50 students and taught them original choreography from the musical. The "Be Our Guest" choreography was fast paced and intense, but students were beaming as they performed for each other at the end of the class.

Kohn also shared her journey with the students, as well as her routine for staying healthy while travelling and performing eight shows a week.

"This week, I've seen students who attended the workshop come in excited to focus on the hard work and attention to detail required to excel in dance," said Maggie Crowley, Ballet Program Director. "Hannah's amazing energy and positivity really inspired them."

Many students and parents boarded a bus to Boston to see a matinee performance of the show, where they got

to see the choreography they had just learned live on stage. They were treated to a backstage tour for a glimpse of what goes on behind the scenes of a major Broadway touring show.

In Sync students also attended a workshop sponsored by the Greater Brockton Dance Teacher's Association, where they received instruction in ballet, tap, jazz and hip-hop from instructors Jeffrey Louizia, Susan Larson Hall, Amanda Whitworth, and Tony Williams. The workshop offers students a chance to meet dancers from other parts of the South Shore and learn from watching their peers as well as from the master teachers.

In Sync Center of the Arts owner Teri Mangiaratti is a GBDTA member and scholarship chairperson. Being a member allows In Sync opportunities in this workshop as well as the GBDTA annual competition and College Scholarship program.

In Sync is taking enrolments for the current season and has released its summer program schedule as well at www.insyncarts.com.



IN SYNC DANCERS share a moment on the stage of the Opera House after a recent cast member workshop.

Find us on Facebook

Quincy Access Television

88 Washington Street
Quincy, MA 02169
617-376-1440

Public Access Channel 8

Thursday, January 28
7:00pm: Lecture on Alzheimer's Disease
8:35pm: QHS vs. Whit-Hanson Girls B&B

Friday, January 29
11:30am: LIVE: Currently in Quincy
11:00pm: Penny Dreadful's Shilling Shockers

Saturday, January 30
12:00pm: Faces of South Asia
3:30pm: Real Estate Focus

Sunday, January 31
10:30am: Terra Santa News
3:30pm: Sound Advice with Tom Williams

Monday, February 1
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, February 2
6:00am: LIVE: AM Quincy (audio only)
6:00pm: Eye on Quincy (replay)

Wednesday, February 3
6:00pm: Good News
10:00pm: The Constitution: Then & Now

Government Access Channel 11

Thursday, January 28
6:00pm: Update DPW: Winter Season
6:30pm: FYI: QHD HPV

Friday, January 29
6:00pm: City View with Mayor Koch
7:30pm: Your Federal Government
Precision Oncology Program
9:30pm: At Your Library: February

Saturday/Sunday, January 30/31
9:00am: City View with Mayor Koch
9:30am: Update DPW: Winter Season
11:00am: At Your Library: February
3:00pm: At the Library: Genesis Singers

Monday, February 1
7:30pm: Norfolk County Prevention Coalition
8:00pm: At Your Library: February

Tuesday, February 2
12:00pm: City Council w/SPGA:CMART 2/1
6:00pm: Health Links: Body Art

Wednesday, February 3
6:30pm: FYI: QHD GMO's
7:00pm: City Council w/SPGA:CMART 2/1

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

Social

'Chocolate: From Tree To Table' Topic Feb. 3 For HN Garden Club

The Houghs Neck Garden Club will meet Feb. 3 when Betsy Grecoe will make a presentation on "Chocolate: From Tree to Table" using digital images, discussion and demonstration about America's favorite treat, including its history.

Members and their guests will enjoy a taste-testing of some chocolate treats and take home an information booklet with some tried and true recipes. Grecoe, a lecturer for 20 years, is also a floorcloth maker and past president of the Tewkesbury Garden Club.

The meeting will be held in the Community Room at Nut Island, 149 Sea St., starting at 7 p.m. with refreshments and a brief business meeting followed by the program at 7:30 p.m. Refreshments will be served by Carol Hallet and Karen Walker.

The Houghs Neck Garden Club (HNGC) is granting awards to graduating high school seniors from Houghs Neck who have been accepted to a school of higher learning and are concentrating in the field of horticulture, botany, oceanography, environmental studies or an allied field. Applicants must currently be Houghs Neck residents and have been for at least two years.

Applications are available from local high school counselors or by contacting a member of the HNGC. Completed, signed applications must be delivered to Carol Johnston, 46 Bay View Ave., Quincy, MA, 02169. The deadline for submitting applications is May 1.

Upon timely receipt of completed applications, accompanied by a written statement of each student's educational goals (students should not write their names on the essay page), the HNGC Student Awards Committee will review and consider materials. Student(s) granted an award will be notified by phone or mail by May 15.

The Club is a member of the Garden Club Federation of Massachusetts. For more information visit <http://hngc123.wix.com/houghsneckgardenclub/>.

Quincy Quarry, Granite Workers Meeting Feb. 3

The Quincy Quarry and Granite Workers Museum will present at their February meeting a viewing of several DVDs related to the granite industry.

The meeting will be held Wednesday, Feb. 3 at 7 p.m. at the Ward 4 Community Ctr., 100 Brooks Ave., South Quincy.

The meeting is open to the public.

For weather-related information on meeting or any additional information call the museum at 617-472-1322.

The DVDs were acquired from the Massachusetts Commonwealth Museum at Columbia Point from their 1996 Granite Legacy exhibit. The DVDs were copied and converted from the original VHS tapes to CD discs by museum members for the museum's library collection.

The DVDs will include a demonstration of tools used for quarrying, lifting and working stone by Alan Williams owner of the Chester Granite Company.

The second DVD is a demonstration of award winning sculptor Reno Pisano working stone and includes a tour of his shop/studio where he also demonstrates blacksmithing and sharpening of his stone tools used in working stone in the granite industry.

On display at the meeting will be tools of the granite industry and lifting apparatus and a stone model of the process of preparing a dimensional granite block.



BRADY O'CONNOR of Quincy (standing, fifth from left), a sixth grade student at Saint Paul School in Hingham, is among the school students who were recently selected to the National Junior Honor Society. NJHS recognizes students who have demonstrated excellence in the areas of scholarship, leadership, service, citizenship and character. Other Saint Paul School National Honor Society Members are (seated from left) Teagan Schnorr (Hingham), Bela Taylor (Hingham), Lily Reardon (Marshfield), Robin Penza (Hingham). Standing (from left) Ryan Obremski (Hull), Principal Lisa Fasano, Abby Thomas (Hull), Emma Thomas (Hull), Brady O'Connor (Quincy), Frances Gallagher (Scituate), Grace Kondracki (Hingham), Madison Ferrie (Scituate), and Patrick Lynch (Hull).

Photo Courtesy Saint Paul School

Mardi Gras Feb. 9 At Kennedy Center

Join the Quincy Council on Aging in celebration of Mardi Gras on Tuesday, Feb. 9th at 1 p.m. at the Kennedy Center, 440 East Squantum St., Quincy.

The celebration will include entertainment provided by the Carrtunes, light

refreshments and festive masks, beads and hats.

Tickets are \$7 and are available at the Kennedy Center, 440 East Squantum St., Quincy.

Space is limited. For more information call the Kennedy Center at (617) 376-1506.

'Dearest Friend' Stage Reading Feb. 6 At Wollaston Church

Dragonfly Theater Company will present "Dearest Friend" (The letters of John and Abigail Adams) by Caroline Hughes Saturday, Feb. 6 at 8 p.m. at the Wollaston Congregational Church, 48 Winthrop Ave., Quincy.

"Dearest Friend" will be presented as a stage reading.

Tickets are \$10 and are available via email and at the door.

For more information contact Dragonfly Theater at 781-492-2239 or via email at info@dragonflytheater.net.

Two Quincy Students On Thayer Middle School Honor Roll

Two students from Quincy are listed on the Honor Roll for the first term at Thayer Academy Middle

School in Braintree.

They are:

Robert Keegan, grade 6, High Honors; and Gavin Tolland, grade 6, High Honors.

NQHS Senior Stayout Fundraiser At Roche Brothers

The North Quincy High School Senior Stayout Committee's annual fundraiser will be held Thursday, Feb. 4 from 5 to 8 p.m. at Roche Brothers in Quincy.

The supermarket will donate five percent of all receipts collected during

the 5 to 8 p.m. time frame. Those who do not have time to shop can purchase a gift card to shop at a later time.

All proceeds will benefit the "after-prom" all night party which takes place immediately after the senior prom.

Three On St. Anselm Dean's List

Three students from Quincy have been named to the Dean's List for the fall semester at Saint Anselm College, Manchester, NH.

They are:

Lauren M. Carter, nursing major, Class of 2019; Erin M. Koehler, nursing major, Class of 2018; and Emily M. Mazza, criminal justice major, Class of 2017.

Three On Delaware Dean's List

Two Quincy students are on the Dean's List for the fall semester at the University of Delaware, Newark,

DE.

They are:

Siobhan Deasy and Meredith Flaherty.



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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Ginger Bread Whoopie Pies

By MARIE

I remember how a whoopie pie tasted back in the day. No matter how many I have tried since then, none can replicate the taste of how it used to be. I found a recipe recently for Ginger Bread Whoopie Pies that sounded so good I just had to try it.

FOR THE COOKIES:

- 1 1/2 cups of flour
- 1/2 cup of sugar
- 2 1/2 teaspoons of ginger
- 1 1/4 teaspoons of baking soda
- 1 teaspoon cinnamon
- 1/2 teaspoon salt
- 1/3 cup of vegetable oil
- 1/2 cup of molasses
- 1 egg
- 1/3 cup boiling water

Preheat oven to 350 degrees. Stir together flour, sugar, ginger, baking soda, cinnamon and salt in a large bowl.

Then add oil, molasses and egg and mix well. Add boiling water and whisk until smooth. Drop dough in balls on to a cookie

sheet lined with parchment paper spacing one inch apart.

Bake until puffed about 12 minutes. Let cool for about 5 minutes and then transfer to wire rack. If you want to make these a day ahead of time they can be stored in an air tight container at room temperature.

FOR THE FILLING:

- 2 1/2 cups of powdered sugar
- 1 eight ounce package of cream cheese, softened
- 1/2 stick butter softened
- 1 teaspoon of vanilla
- 2 teaspoons heavy cream (you can use milk instead)

Beat together powdered sugar, cream cheese, butter, vanilla and cream (milk if you are using it instead.) Beat until light and fluffy about 3 minutes.

When cookies are cooled spread 1 tablespoon of filling onto flat side of cookie then top with another cookie. Make the rest of the cookie sandwiches in the same manner. Chill for half hour before serving.

Paleo Banana Muffins

By SUZIE

Here is one of my recipes that I hope you will make over the winter when you want something sweet but healthy!

There is nothing like the smell of baked goods straight from the oven and banana bread is one of those recipes that is so easy and good for you. Regular banana bread/muffins calls for white flour and sugar. Both No No's for those of you who are health conscious. If you substitute one thing for another, you can eat muffins and breads and things more often and not just as a "treat."

This banana bread recipe is a Paleo friendly recipe. It calls for almond flour and coconut flour rather than wheat flour. That means it is GRAIN FREE as well. Very low carbohydrate, less inflammatory while higher in protein.

Almond and coconut flour contain protein and fiber as well as important nutrients like vitamin E and manganese, copper, magnesium, and iron (combined). Almond flour has more fat while coconut flour has a bit more carbohydrates. Both are two different flours, but can be used from baking to

binding meatballs and thickening sauces.

I use Honeyville brand Almond flour since it is fluffy and less oily. Coconut flours are all pretty much the same, just make sure you get finely ground.

PALEO BANANA MUFFINS

- 3 bananas (ripe)
- 3 large eggs
- 2 teaspoons vanilla
- 1 tablespoon raw honey or Maple Syrup
- 3 Tablespoons butter, ghee, or organic shortening
- 1 1/2 cups blanched almond flour
- 2 tablespoons coconut flour
- 1 teaspoon baking soda
- 1/4 teaspoon sea salt

Place bananas, eggs, vanilla, and honey or syrup in blender and mix well. (I find this so much easier than mashing it all) In a separate bowl now, put in flours, salt and soda. Combine the liquid into the bowl and mix until just combined. Don't over mix. Place liners in muffin tins and spoon batter into 12 tins. Bake until done at 350 for about 15-18 minutes. Do not over bake! Enjoy!

Egg Noodles With Clam Sauce

By MARIE

Today's recipe for all-in-one-pan egg noodles with clam sauce is a simple way to make that popular pasta and clam sauce entrée, I did it all in one pan with great results.

Ingredients:

- 3 tablespoons of olive oil
- 2 tablespoons of butter
- 2 garlic cloves minced
- 1 small container of fresh minced clams
- One pound of fresh clams washed/rinsed thoroughly
- 1 tablespoon of fresh parsley (dried parsley is fine if you don't have fresh)
- 1/2 cup of white wine

- 1/2 cup water
- Juice of one lemon
- Salt and pepper to taste
- 1/2 of egg noodles

In hot oil and butter sauté garlic and add white wine, water and lemon juice, add clams and minced clams with the juice right into skillet and cover. While that is cooking, cook pasta according to directions. Drain and add pasta to skillet. Toss until clams, egg noodles and liquids are all well blended.

They say you should not use grated cheese on seafood but I love it so, if you like, sprinkle Romano or Parmesan cheese over the noodles.

12 Local Students On Wentworth Dean's List

Twelve students from Quincy are on the Dean's List for the fall semester at Wentworth Institute of Technology in Boston.

They are:
Phyu Han, Zi Heng Wang, Luka Kwok Ming Chong, Doris M. Hui, Tommy Zhang, Erica M. Ama-

to, Yversen Boutin, Jenny Chin, Matthew John Hines, Matthew F. Russell, Mark Solander and Huy A. Tran.

February Events For Children At Library

By JULIE RINES

Thomas Crane
Public Library

The Thomas Crane Public Library has scheduled the following events and activities for children during February.

Winter Storytimes

Weekday storytimes for children ages 4 months through 5 years old begin on Friday, Jan. 29th. The library offers several programs by age. Stop by the library or check our website thomascranelibrary.org for details

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler any time between 10 and 11:30 a.m. on Thursday, Feb. 4th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month we will be exploring space. Learn about constellations, meteors and our solar system. This program does not require registration.

Music and Movement with Rubi

On Saturday, Feb. 6th at 10 and 10:30 a.m. sing and dance with Rubi Lichauro! Rubi brings her popular preschool program to Quincy so put on your favorite dancing shoes and join us for this lively mix of music and movement for children ages 0-4 accompanied by an adult.

This program has become so popular there isn't room to move and dance as we would like so we have decided to split the group in two. No registration is required; when the 10 a.m. session fills we will close the doors. Spend some time in the children's room choosing books or playing with our early literacy activities while you wait for the 10:30 session. Thank you for your cooperation we really think two smaller groups will make this program more fun for everyone.

Book Clubs for Kids

Do you like to read? Would you like to talk to others about books? Then you will like our book discussion groups. Join us each month to discuss all kinds of books.

The Phoenix Book Club for children in grades 5-8 meets on the second Tuesday of each month to discuss a variety of books. The Club will meet on Tuesday, Feb. 9th at 7 p.m. at the Main Library.

This month we'll be discussing Award Winners. Each year the American

Library Association gives out many different awards to authors and illustrators. The most well-known children's literature awards are the Newbery and Caldecott medals, but those aren't the only ones. This month we'll be reading books that have won the Newbery, Caldecott, Coretta Scott King, Batchelder, Sibert, Schneider, and Belpre awards in the past several years. Pick an award winner and decide for yourself if you think it deserved to win.

The Night Owls Book Club for children in grades 3 and 4 meets on the second Thursday of each month. This month we will be meeting on Thursday, Feb. 11th at 7 p.m.

This month we will be reading Regarding the Fountain by Kate Klise. The Dry Creek Middle School drinking fountain has sprung a leak, so principal Walter Russ dashes off a request to Flowing Waters Fountains, Etc.

...We need a new drinking fountain. Please send a catalog.

Designer Flo Waters responds:

"I'd be delighted...but please understand that all of my fountains are custom-made."

Soon the fountain project takes on a life of its own, one chronicled in letters, postcards, memos, transcripts, and official documents. The school board president is up in arms. So is Dee Eel, of the water-supply company. A scandal is brewing, and Mr. Sam N.'s fifth grade class is turning up a host of hilarious secrets buried deep beneath the fountain.

Please stop by the main library children's room library any time to pick up a copy of the book to read before our meeting. Any questions? Call 617-376-2411 and ask to speak with Ms. Cronin.

Saturday Storytime @ North Quincy

Join children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch, on Saturday, Feb. 13th at 10 a.m. for a sweet family storytime full of stories and songs about chocolate.

This program is for children ages 2-5 accompanied by an adult. No registration required.

Children's Movie Matinee @ Adams Shore

Join us on Tuesday, Feb. 16th at 10 a.m. at the Adams Shore Branch Library for a showing of *Minions*.

The "revolutionary" minions: Kevin- the leader, Stuart- the rebel and Bob- their lovable little brother left

the "Minion Tribes"- which have served their ex-masters, from the famous dinosaur T-Rex to Napoleon the Great; and went seeking for a new "master". Finally, their journey ends in London after being recruited by a female super villain named Scarlet Overkill and her husband Herb in Orlando, who wanted to rule the world. Now, the three minions must face a new challenge: saving all of the Minion tribes from a huge plan of Minion annihilation.

Rated PG Run Time 90 minutes.

Candy Land Games and Crafts

Join us in the Children's Room any time between 10 and noon on Thursday, Feb. 18th to play the board game Candy Land and to create some candy inspired crafts. All ages welcome.

Children's Video Games

Join us in the large meeting room at the main library from 10 a.m. to noon on Friday, Feb. 19th for a morning of video game fun. Bring your friends or challenge someone new. This program is for children ages 7 and older.

Saturday Storytime

Join Diana Kane on Saturday, Feb. 20th at 10 a.m. for a family storytime full of stories, songs and rhymes for children ages 2-5 accompanied by an adult. No registration required.

Full STEAM Ahead with Science Saturday—Science Magic

Join Mad Science of Greater Boston on Saturday Feb. 27th at 10:00 am for some "cool" science with Egg-bert 'N' Ice. Children will be dazzled and entertained as they interact with our Mad Scientist.

The show includes foggy dry ice and demonstrations of how science is used to float beach balls in the air. And, with suggestions from the audience, the Mad Scientist will unlock the mystery of how to get "Egg-bert" back into his house. Ever see scissors sizzle and shiver? Ever taken a bubble shower? Here's your chance!

This program is suggested for families with children ages 3 and older.

No registration is required.

Throughout the school year Full STEAM Ahead will explore the areas of Science, Technology, Engineering, Art and Math on the fourth Saturday of each month.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

A Message From The Quincy Health Department

Urinary Incontinence

By RUTH JONES
BSN, RN, BC, CP-FS

Urinary Incontinence is also known as loss of bladder control or urinary leakage. Incontinence happens when urine leaks out before you can get to a bathroom. If you have urinary incontinence, you are not alone. Millions of women have this challenge, especially as they get older. Some women may lose a few drops of urine when they cough, sneeze or laugh. Others may feel an abrupt urge to urinate and cannot control it. Urine loss can also occur during sexual activity and can cause immense emotional distress. Urinary incontinence is typically caused by problems with muscles and nerves that help to hold or pass urine. Incontinence happens if the bladder muscles suddenly contract or the sphincter muscles are not strong enough to hold back urine.

Urinary incontinence is twice as common in women as in men, but both women and men can become incontinent from brain injury, birth defects, stroke, diabetes, multiple sclerosis, and physical changes associated with aging.

Some common causes of Urinary Incontinence in women are:

- **Pregnancy** – Unborn babies push down on the bladder, urethra and pelvic floor muscles. This pressure may weaken the pelvic floor support and lead to leaks or complications in passing urine.

- **Childbirth** – Labor and vaginal birth can weaken pelvic floor support and damage nerves that control the bladder. Most problems with bladder control during pregnancy and childbirth go away after the muscles have time to heal, usually 6 weeks after childbirth.

- **Menopause** – After menopause, the body stops making the female hormone estrogen. Researchers think this loss of estrogen weakens the urethral tissue.

Other causes that can affect women and men are:

- **Constipation** – Problems with bladder control can happen to people with long-term constipation.

- **Medicines** – Urinary incontinence may be a side effect of medicines such as diuretics ("water pills" used to treat heart failure, liver cirrhosis, hypertension, and certain kidney diseases). Hormone replacement has been shown to cause worsening urinary incontinence.

- **Caffeine and alcohol** – Drinks with caffeine, such as coffee or soda, cause the bladder to fill quickly and sometimes leak.

- **Infection** – Infections of



RUTH JONES

the urinary tract and bladder may cause incontinence for a short time. Bladder control returns when the illness subsides.

- **Nerve damage** – Damaged nerves may send signals to the bladder at the wrong time, or not at all. Trauma or diseases such as diabetes and multiple sclerosis can cause nerve damage. Nerves may also become damaged during childbirth.

- **Excess weight** – Obesity and being overweight is also known to put pressure on the bladder and make incontinence worse.

There are many varied types of urinary incontinence including:

- **Stress incontinence** – Leakage happens with coughing, sneezing, exercising, laughing, lifting heavy things, and other movements that place pressure on the bladder. This is the most common type of incontinence in women. It is often caused by physical changes from pregnancy, childbirth, and menopause. It can be treated and sometimes cured.

- **Urge incontinence** – This is sometimes called "overactive bladder." Leakage usually happens after a strong, sudden urge to urinate. This may arise when you don't expect it, such as during sleep, after drinking water, or when you hear or touch running water.

- **Functional incontinence** – People with this type of incontinence may have problems thinking, moving, or speaking that keep them from reaching a toilet. For example, a person with Alzheimer's disease may not plan a trip to the bathroom in time to urinate. A person in a wheelchair may be unable to get to a toilet in time.

- **Overflow incontinence** – Urine leakage happens because the bladder doesn't empty totally. Overflow incontinence is less common in women.

- **Mixed incontinence** – This is two or more types of incontinence together (usually stress and urge incontinence).

- **Transient incontinence** – Urine leakage happens for a short time due to an illness (such as a bladder infection or pregnancy). The leaking

stops when the illness is treated.

You may feel uncomfortable discussing incontinence with your doctor. But if incontinence is frequent or is affecting your quality of life, it's important to seek medical advice because urinary incontinence may indicate a more serious underlying condition, cause you to restrict your activities and limit your social interactions, or increase the risk of falls in older adults as they rush to the bathroom. Family practitioners and internists can treat bladder problems. If your doctor does not treat such problems, ask for help finding a doctor who does, such as a urologist, OB/GYN, or urogynecologist.

Your doctor will ask you about your symptoms and take a medical history. Your doctor will do a physical exam to look for signs of health problems that can cause incontinence and may do a test to figure out how well your bladder works and how much it can hold. Other tests that may be ordered include:

- **Bladder stress test** – during this test, you will cough or bear down as the doctor watches for loss of urine.

- **Urinalysis** – a urinalysis tests your urine for signs of infection or other causes of incontinence.

- **Ultrasound** – Sound waves are used to take a picture of the kidneys, bladder, and urethra.

- **Cystoscopy** – a doctor places a thin tube connected to a tiny camera in the urethra to look at the inside of the urethra and bladder.

- **Urodynamics** – a doctor places a thin tube into your bladder and your bladder is filled with water. The doctor then measures the pressure in the bladder.

There are many ways to treat urinary incontinence. Types of treatments include, behavioral therapy, medicines for treatment of infection or bladder control, devices, nerve stimulation, biofeedback, surgery, catheterization, dietary changes or combinations of several treatments. Your doctor will work with you to find the best treatment for you. If you're embarrassed about a bladder control problem, you may try to cope on your own by wearing absorbent pads, carrying extra clothes or even avoiding going out. It's important to contact your healthcare provider about symptoms and possible remedies. You'll be on your way to regaining an active and confident life.

Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.

Ayers Testifies On Legislation Regulating 'Puppy Mills'

State Representative Bruce Ayers (D – Quincy) testified at the State House Jan. 21 on legislation aimed at protecting consumers and improving the domestic animal business.

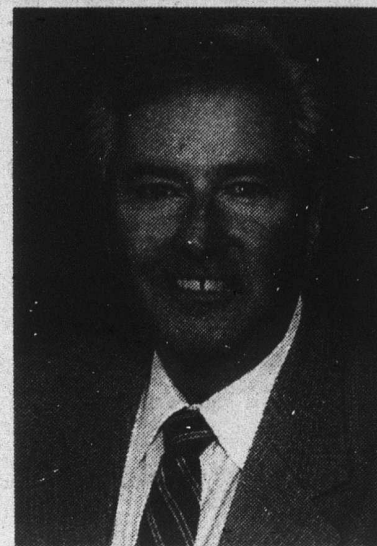
Ayers' legislation, HB3266 "An Act relative to puppy mills," was heard before the Joint Committee on Municipalities and Regional Government.

Ayers said the intent of his legislation was to protect animal health and welfare, and to ensure that puppies sold in Massachusetts come from responsible breeders.

"Unfortunately, there are many puppy mills throughout the country that have thousands of breeding dogs that are neglected and living in deplorable conditions," Ayers said. "Puppies are often kept in undersized cages stacked on top of one another, covered in feces. They are given poor quality food and water, and receive minimal vet care, resulting in pneumonia, heart disease, kidney disease, and others. This can result in substantial veterinarian bills for consumers."

"This bill holds puppy mills to a higher, more humane standard if they want to sell puppies in Massachusetts, and holds the bad breeders accountable," Ayers stated.

Under Ayers' proposed



BRUCE AYERS

legislation, breeders must provide pet stores in Massachusetts with the breeder's information and USDA inspection reports; animal health reports; and other general information. Pet stores must post this information on or near the animal's cage. Further, dogs and cats sold in Massachusetts must originate from breeders who are USDA licensed, and have no direct violations of the Animal Welfare Act.

Breeders located in Massachusetts must meet the strict sanitary guidelines set

forth by the Animal Welfare Act.

According to Ayers, the Department of Agricultural Resources will oversee enforcement of these standards, as will local animal control officials. Breeders and pet stores in violation of these statutes will be subject to fines and potential loss of licensing.

Ayers said the legislation he filed was based on research he has done on other states nationally, including a Connecticut law, which had been worked on for 5 years by a panel of legislators, business owners, animal advocates, and other interested parties. "We wanted to be sure to file something that is good for all involved," he said. "This bill not only protects consumers, but small businesses as well."

Residents wishing to learn more about HB3266 or express support are encouraged to contact Rep. Ayers at 617-722-2230 or by emailing bruce.ayers@mahouse.gov.

CPR Course Feb. 2

Health Ed of New England will hold a CPR certification course for healthcare providers Tuesday, Feb. 2 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is \$50 per person. The course requires pre-registration by Monday, Feb. 1. For more information, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.

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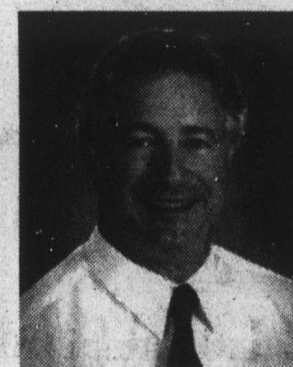
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Finns Seeks MBTA Updates; More Council News

By SCOTT JACKSON

Councillor Joseph Finn is seeking an update from the MBTA and city officials on plans for future development at both the North Quincy and Quincy Center transit stations.

Finn introduced an order seeking those updates during the council's Jan. 19 meeting. He said the MBTA previously held a meeting behind closed doors regarding future development in what is now the parking lot of the North Quincy station, which includes approximately seven acres of land.

"I believe there are probably some proposals that are forthcoming very shortly," Finn said. "What I'm really suggesting is we engaged both the mayor's office and the MBTA in some of the issues associated with this development."

Finn also wants an update on the city's plan to build a new Quincy Center station, which would include new

commercial office space and a garage. The MBTA closed the station's 870-car garage without warning in July 2012, citing structural concerns.

The city is taking the lead on efforts to build a new station on site, which could potentially house a new district courthouse and visitor center for the Adams National Historical Park.

Jennifer Manning was unanimously elected to a new term as the council's clerk of committees.

Manning was first elected clerk of committees in September 2015 after the retirement of Jeanne Reardon, who held the position for 34 years. Manning previously worked as a clerk in the Municipal Finance Department and for the Council on Aging.

"While I've only had the short opportunity to work with Jen Manning thus far as the current clerk of com-

mittees, I seek to nominate her for this role once again," Ward 3 Councillor Ian Cain said. "I know she's been quite influential at least in my coming up to speed and an invaluable asset to this council. I know we will continue to benefit from her organization and her institutional knowledge."

"She has been without a doubt a breath of fresh air," Ward 4 Councillor Brian Palmucci added. "With her attention to detail and her focus on the position, she has been not only a pleasure to work with but has proven herself to be extremely capable."

The council's clerk of committees is responsible for helping to draft the agenda for each council meeting, assisting with scheduling, and recording each vote or other action taken by the council.

A request to borrow \$6.75 million to replace the roof,

windows and doors at the Beechwood Knoll Elementary School and the roof at the Merrymount School was referred to the finance committee for review on Feb. 1.

The two projects would be completed as part of the Massachusetts School Building Authority's accelerated repair program, which reimburses communities for a portion of costs. The MSBA has set a reimbursement rate of 68.96 percent for all eligible project costs for the work at the two schools, which means the building authority would reimburse the city \$4.66 million for the project and Quincy's cost would come to about \$2.09 million.

School officials hope

to complete the two repair projects over the summer when classes are out of session.

The Police Department received a \$45,000 port security grant, which will be used to replace the engines of one of the department's boats.

The council unanimously approved allocating \$15,000 to meet the city's requirement to match a portion of the grant money. That money was transferred from the department's repair and maintenance account.

Police Chief Paul Keenan said there is enough money remaining in that account to last the remainder of the fiscal year without needing to

request additional funds.

The council accepted a total of \$6,300 in donations during the meeting. The largest donation was \$5,000 from Eastern Bank to the Mayor's Cup Charity Golf Tournament. Those funds go to various local charities.

Paul and Janet O'Neil of Ellington, CT, donated \$1,000 - \$500 for the Police Department's DARE program and \$500 for crime prevention.

Anastasios Kapsaskis of Ellerton Road donated \$100 to the DARE program and \$100 to crime prevention.

Ann Demoney of Ricciuti Drive gave \$50 for crime prevention and \$50 for fire prevention.

Council To Weigh C-Mart Options

By SCOTT JACKSON

City councillors will meet Feb. 1 to review their options after a judge overturned the council's 2013 rejection of a proposed Asian-American supermarket in North Quincy; those options include filing a notice of appeal or approving a special permit for the project.

Land Court Judge Keith C. Long, in a Jan. 7 ruling, vacated and reversed the council's rejection of a special permit for the C-Mart grocery store proposed by Miao Kun "Michael" Fang's for 10 Hayward St. at a former Boston Gear Works building. The council, acting as the city's special permit granting authority (SPGA), rejected the plan in 2009 and again in 2013, after Long remanded the application back to the council.

Fang had proposed opening a C-Mart supermarket with 25,000 square feet of retail space on site, in addition to a warehouse and offices.

In his Jan. 7 decision, Long said the council ignored his original remand order, which instructed councillors to weigh the traffic impact - the reason councillors cited for rejecting the proposal both times - of the proposed grocery store against by-right uses allowed on site. Long wrote that any use of the site would generate traffic, but C-Mart would have less of any impact than those by-right uses.

He remanded the application back to the council a second time, but this time he instructed the body to award the special permit and consider "reasonable mitigation measures" for the project.

City Solicitor Jim Timmins appeared before the council Jan. 19 to discuss the next steps in the process. He said the city has a 30-day window to file a notice of ap-

peal, starting from the date of Long's decision, and suggested the council approve filing the notice before the deadline. Filing the notice would not obligate the city to appeal the decision, but instead protects its right to do so later on if necessary.

"My recommendation to you is that we consider filing a notice of appeal in order to protect the permit granting authority's rights, but that does not necessarily mean that we have to act on the appeal or go forward," Timmins said.

During the council's next meeting on Feb. 1, the body will convene as the SPGA to consider whether or not to approve filing the notice of appeal.

Ward 4 Councillor Brian Palmucci, who was one of three councillors to vote in favor of granting the special permit in 2013, suggested instead that the supermarket should be approved at the next meeting.

"I have some concern as someone who sits on the SPGA that we're not scheduling a meeting to conform with the judge's ruling to issue the permit with conditions, that we're not just discussing the mitigation and the issuance of the permit," Palmucci said.

"I would like to see us resolve this matter at the next meeting of the SPGA rather than file a notice of appeal, negotiate with them and kick the can down the road. To me it seems a little like rearranging the deck chairs on the Titanic. The thing is decided here. It is what it is."

Palmucci asked that the Planning Department be ready to identify possible mitigation measures C-Mart could undertake at the upcoming meeting.

Fang had proposed several mitigation measures he would pay for during the

2013 permitting process, including a new traffic signal at the intersection of Hancock and Hayward Street and the addition of a left-turn only lane in the northbound direction of Hancock Street at the same intersection. The applicant also proposed re-signalizing several other Hancock Street intersections.

Timmins told the council he strongly disagreed with several conclusions Long reached in his decision.

"He saw some things here that rightly or wrongly sent signals to him that I think caused him to make conclusions that I strongly disagree with," Timmins said.

Long's ruling, for example, faulted the city for not evaluating mitigation measures or suggesting additional mitigation measures. Timmins said the Hancock Street and Hayward Street intersection is too close to other signalized intersections, including the entrance to the adjacent Hannaford Supermarket, to allow for the installation of a traffic signal.

"That was a constraint for this body and for the applicant in terms of mitigation along Hancock," Timmins said. "We already had existing red lights - we couldn't add the type of system Hannaford had done 200 yards to the south."

Long also concluded the city did not want an Asian-American supermarket at the proposed location and would prefer another use there - a general-target supermarket, retail store or offices, for example - but said he did not believe that was racially discriminatory, though it was still an improper zoning consideration. Timmins said the true concern was that C-Mart sells fresher food than typical supermarkets and its shoppers go there two, three or four times a week.

Pine Hill Expansion Eyed

Cont'd From Page 3

"We're at the 10-yard-line trying to punch the ball over the goal line right now," Cassani told the council. "We have a short way to go and I anticipate this will be the last request for this particular type of transfer from me specifically related to permitting. After this we'll be able to get all the permits we need in order to start the process."

He anticipated finalizing the permitting process within the next several months.

As part of the process, the city must acquire permits from the Massachusetts Division of Fisheries and Wildlife because the land is home to snakes on the state's endangered species list. It is also in a wetlands resource area, which will require an order of conditions from the Quincy Conservation Commission.

The area being eyed for expansion is on the northeast side of Pine Hill, Cassani said, contiguous with the cemetery. The new area

has many trees and the city hopes to capitalize on its natural beauty.

"The area into which we propose to expand is heavily, heavily treed, if you will. We hope to capitalize on the natural beauty that is there to make the nicest part of Pine Hill Cemetery the newest part," Cassani said.

"The goal here would be to create the nicest part of the cemetery. We're taking advantage of the natural and environmental benefits that are out there."

Boilers Sought For 4 Schools

Cont'd From Page 3

the projects.

In addition, the School Committee was also set to vote on a new statement of interest for the replacement of the Squantum Elementary School as part of the

MSBA's core program. A statement of interest was submitted last year, but the MSBA did not accept it into the core program.

Owens said the submission of multiple statements of interest for one school project is part of the process and not unexpected, as the MSBA has already begun working with the city to replace Sterling Middle School; that project advanced to the schematic design phase in November 2015, after the building authority gave its approval to constructing a new school on site.

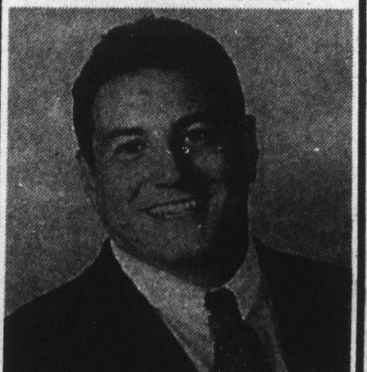
The city had to submit several statements of in-

terest before Sterling was accepted into the core program. Multiple statements of interest were also submitted for Central Middle School, which opened in 2013, while the city was working with the MSBA to build the new Quincy High School.

The Squantum Elementary School first opened in 1919 and was expanded several times since then. Mayor Thomas Koch has cited several problems with the current building, including its mechanical systems, layout, roofing and lack of compliance with the Americans with Disabilities Act.

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Fire At Nut Island Treatment Plant Injures 5 Workers

Cont'd From Page 1

chanical system responsible for controlling odor before the fire started, Convery said. All five were taken to Boston Medical Center to be treated for smoke inhalation and eye irritation. They remained in the hospital overnight for observation and were in stable condition Tuesday.

"They're doing better," Convery said. "That's a good thing."

At its peak, 27 firefighters were on scene, Barron said. One minor injury was reported after a firefighter

slipped and fell on ice.

The fire was located about 60 feet underground. Barron said it was like fighting a fire in high-rise building, only underground. It took each firefighter about 10 minutes to reach the scene of the blaze, giving them each 10 minutes to try and extinguish the fire before spending another 10 minutes to get back to the surface.

"It was a small fire but difficult to get to," Barron said.

A state trooper assigned to the Fire Marshal's Of-

fice was on scene Tuesday. The cause of the fire was undetermined as of press time and the investigation into it was unable to begin until after the fire was fully extinguished, according to Convery. The workers reported there was a small explosion before the fire, she said, though its cause was likewise unknown.

There were several chemicals in the odor control facility. Convery said it was too soon to know which ones contributed to the explosion and fire, if any.

The Quincy Fire De-

partment and the state Department of Environmental Protect were monitoring the air quality outside the sewage plant and there was no threat to the public. Some Houghs Neck residents had complained of a sulfur-like smell in the area.

The headworks at Nut Island screens sewer flows

from Quincy and 20 other communities south of Boston before transporting them to Winthrop's Deer Island for treatment via a five-mile underwater tunnel. Inside the headworks, sewage passes through screens and grit chambers that remove large objects, sand and gravel.

The portion of the head-

works where sewage is screened was not involved in the fire and sewer service was not affected.

The Nut Island Headworks opened in the summer of 1998. It replaced a former sewer treatment plant on site, since demolished, that discharged wastewater into Quincy Bay.



FIREFIGHTERS APPLY water directly to a fire in an underground portion of the Nut Island Headworks Tuesday afternoon. A concrete slab and several feet of soil were removed before water could be applied directly from above. The fire was fully extinguished by 3:30 p.m. Tuesday - more than 27 hours it began around noon on Monday. Photo courtesy Quincy Fire Department

Scam Targets Electric Customers

Cont'd From Page 1

#4, which was a meter reading. "A male with an accent answered and I asked where I could pay a bill. He asked me if I received a call from them and I said I did and wanted to make a payment at the local office. When I asked where the local office was, he said '40 Sylvan Road, Waltham,' which is accurate.

"I assume that he looked at the caller ID and quickly linked Waltham to my direct area. Because of his accent, I asked him to spell the road and it was at this time that he said, 'Who the f@#\$ is this?' He then hung up," Minton said.

National Grid has posted a message online reminding customers in New England of the payment scam.

The utility emphasized that customer phone payments are accepted, but never demanded.

Here is the text of that

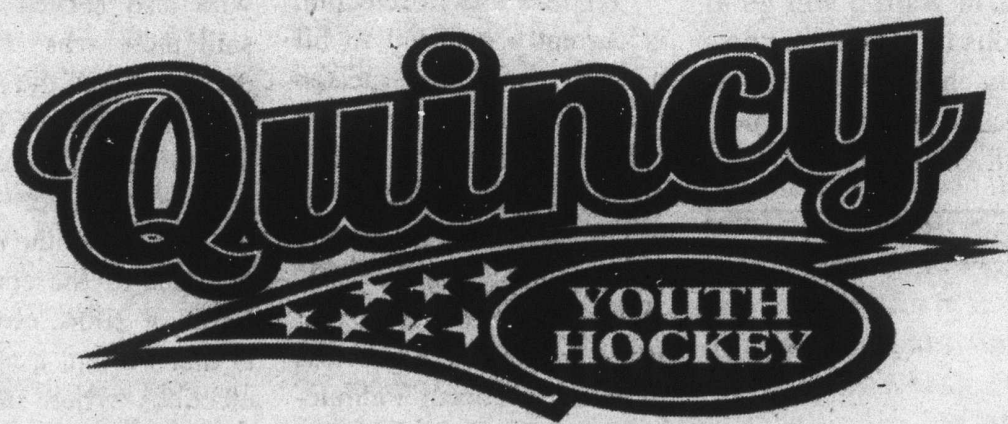
message:

"National Grid again is reminding its customers of a nationwide utility bill scam. National Grid electric customers have received telephone calls from individuals claiming to work for National Grid. These scammers demand payment, through a pre-paid card, on past due balances for electric accounts and threaten customers that their service will immediately be shut-off for non-payment.

"In some cases the caller also tells the customer that they may have a faulty meter that is dangerous and in need of replacing for a substantial fee. The electric meter is the property of National Grid. Customers are not responsible for meter replacement costs. Callers are then directed to purchase a pre-paid card to make an immediate payment in order to keep their power on.

"National Grid does contact customers with past due balances by phone to offer payment options, but never demands direct payment over the telephone. If customers wish, they can arrange for a payment by check, credit card or debit card if they speak directly to a customer service representative. Payment can also be made by credit card or debit card without a representative's assistance.

"Customers who have received calls demanding immediate payment through a pre-paid card or who may have been given fraudulent phone numbers for National Grid should make note of the company's published customer service number. To verify information and for any billing-related questions in New England, customers should call National Grid's Customer Contact Center at 1-800-322-3223."



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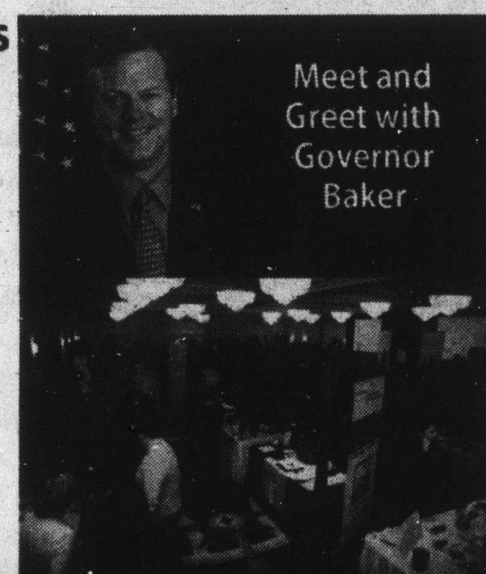
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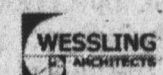
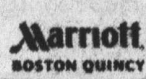
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QUINCY HIGH SCHOOL students (from left) Emily Crosta, Marcus Johnson and Leanne Gough have been accepted through audition into the 2015 Massachusetts Music Educators Eastern District Festival Chorus. The students prepared advanced choral music under the direction of QHS Choral Director Timothy Carew and recently performed in a 150-member chorus under the direction of Dr. Stephen Paparo at Boston Latin School with selected students from 30 Massachusetts cities and towns. Repertoire performed included "My Spirit Sang All Day" by Finzi and "Five Hebrew Love Songs" by Whitacre. The three students moved on to the Massachusetts All-State auditions competing for acceptance into the MMEA All-State Music Festival and a chance to perform at Symphony Hall in Boston. Photo Courtesy Lisa Johnson

4 Pull Papers In Ward 6

Cont'd From Page 1

Nomination papers were made available to would-be candidates Jan. 20. As of Tuesday, when The Sun went to press, four candidates had pulled nomination papers: William Harris of 74 Ashworth Rd. in Squantum, Nathan Knowles of 44 Ocean St. in North Quincy, Kevin Mock of 76 Alstead St. in North Quincy and Brian Radell of 21 Standish Rd. in Squantum.

The candidates are running to fill the seat previously held by longtime Ward 6 Councillor Brian McNamee, who passed away Dec. 23 following a short battle with cancer. He was first elected to represent the ward in 2005 and was re-elected to a sixth term in November.

Residents running for the open seat have to return the nomination papers – including the signatures of at least 50 of the ward's registered voters – to the Board of Registrars by Feb. 16 for certification. The clerk's office has two weeks to certify the nomination papers before submitting them to the city clerk by March 1.

Voting in the special election will take place at the same polling places used

during the 2015 municipal election. March 16 is the last day to register to vote in the preliminary and April 13 is the deadline to register for the final.

The field of candidates includes McNamee's two most recent challengers.

McNamee defeated Harris, 2,243 votes to 1,535, during the 2015 municipal election. McNamee defeated Radell in 2011, prevailing with 1,864 votes to Radell's 1,587. McNamee was unopposed in 2013.

Harris had previously contested the need for holding a special election to fill the vacant seat. His attorney, former City Solicitor Jay MacRitchie, wrote in a letter to current City Solicitor Jim Timmins that Harris was entitled to the serve the remainder of the two-year term, citing a 1953 state law that said the runner-up in a council election should be appointed to serve if the winner dies or otherwise vacates the seat before the term begins.

Timmins said the 1953 state law MacRitchie referenced is trumped in this instance by laws passed in 1984 and 2004. Those laws require a special election for

a ward councillor seat if it is vacated with more than a year left on its term.

Both Timmins and MacRitchie appeared before the council on Jan. 19, when the body was asked to approve the schedule for the special election. The call for the special election was approved unanimously.

Timmins said that language in the 1984 and 2004 laws that states if a vacancy occurs "for any cause" during the first year of a ward councillors' term, a special election is required, which makes the timing of McNamee's passing irrelevant.

"The language of the special act makes it clear that the vote occurs during the first year if there is a vacancy for any cause. The timing of the death and all of that, it's all taken off the table by the language 'for any cause,'" Timmins said.

MacRitchie said the 1953 act is solely applicable in this instance because it is the only law that specifically states what happens in the instance that a winner in a council election dies or is otherwise unable to assume his or her seat at the start of a new term.

"With respect to a councillor-elect that dies after the election and before their term of office commences, that is addressed in the 1953 act. [There is] no conflict with that provision with the 1984 or the 2004 act," MacRitchie said. "If the vacancy occurs between the election and the start of the term, the runner-up gets the seat."

Councillor Joseph Finn, the only incumbent member of the current council who also served in 2004, said there was concern at the time about the runner-up for a council seat being automatically appointed if the seat was vacated.

"I do know the intent – it was one of the concerns in terms of 2004, obviously – is that we had a number of elections where there had been folks who ran that were less than serious, let's put it that way, in terms of what they were doing. In many cases they would have been that second automatic placement. I know that's what engaged a lot of the thought," Finn said.

"It makes it particularly difficult when you have a solid person such as Mr. Harris in this particular situation."

This will be the first special election to fill an opening on the City Council since 1984.

This spring's special election is expected to cost approximately \$15,000, according to City Clerk Joseph Shea.

Council May Reconsider How Vacancies Filled

Cont'd From Page 1

2004 require a special election be held if a ward seat is vacated during the first half of the two-year term. If there are less than 12 months remaining on the term, the council appoints a resident who would then serve out the remainder of the term.

Palmucci said he was concerned that residents could be left for several months without a ward councillor

representing them.

"I think the job of ward councillor in this day and age is different than it was 10, 20 or 30 years ago when discussions were had about filling vacancies," he told The Sun. "A ward councillor is on the front lines when residents have concerns or constituent needs. If there is any lengthy vacancy the residents are underserved."

Palmucci said he is un-

sure how a ward seat should be filled if a vacancy were to occur during the first year of the term. He raised the possibility of the council appointing the runner-up in the most recent municipal election or allowing the body to make an interim appointment while still having a special election.

"I think there shouldn't be any lengthy period of time where there is a vacancy," Palmucci said.

"Whether it is seating the runner-up or an interim appointment before a special election, there needs to be some mechanism by which that seat is filled."

Quincy will have its first special election to a fill a vacant council seat in more than 30 years this spring. Voters in Ward 6 will go to the polls to fill the seat previously held by longtime Councillor Brian McNamee, who died Dec. 23. The final

election is May 3, with a preliminary election taking place April 5 if necessary. At-Large Councillor Joseph Finn, a Williams Street resident, has volunteered to assist with constituent needs until after the new Ward 6 Councillor is seated following the special election.

While a special election is currently required to fill a ward seat if it is vacated during the first 12 months of a new term, no special election is required to fill an at-large seat. The home rule petition approved in 2004 allows the council to fill those vacancies regardless of when they occur. Palmucci said that aspect of the law should also be revisited.

"We need to seek public input, hold public hearings before the council and make decisions that make sense for our city in 2016," he stated.

Changes to the laws that govern how City Council vacancies are filled would require a home rule petition, which would need to be approved both locally and on Beacon Hill.

Palmucci added that a conversation is also needed regarding what would happen if the mayor's seat were vacated now that the city's chief executive serves a four-year term and not a two-year term.

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

"BID FOR MAINTENANCE AND REPAIR OF TRAFFIC CONTROL SIGNALS"

DPW-TRAFFIC DIVISION

FEBRUARY 11, 2016 @ 11:00A.M

The City of Quincy, acting through its Purchasing Department, hereby solicits bids for maintenance and repairs of the City's Traffic Control Signals on various streets and at various intersection locations throughout the City of Quincy as determined necessary and as directed by the Director of Traffic Division

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through fax: 617-376-1074 and email: khobin@quincyma.gov and cc: to kimtrillcott@quincyma.gov Questions will be accepted until February 5, 2016 @ 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

The successful bidder will be required to conform to the payment of Prevailing Wage Rates, as determined by the Commissioner of Labor & Industries under the provision of M.G.L. Chapter 149, Section 26 to 27D as amended. All bids must be accompanied by a returnable bid deposit in an amount that is five percent (5%) of the value of the bid.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Hobin, PURCHASING AGENT

Lebo Supports Social, Emotional Learning Classes

Cont'd From Page 2

emotional learning were added to the curriculum.

Lebo identified two other issues she said parents were concerned about while she was campaigning, special education and advanced classes for elementary school students.

In terms of special education, she said the school system already has a great program in place but room for improvement always exists.

"I would really like to reach out to that group of parents—parents of kids with all sorts of disabilities...and find out where they think the roadblocks are," Lebo said. "Frequently I think with special education it is communication. People aren't speaking the same language. Parents aren't speaking the same language as educators so it feels like they're not being heard. I think Quincy has a great special education program but everything can get better."

Lebo was cool to the idea of adding advance programs at the elementary level.

"I'm not a big proponent of that," she said. "I don't like separating kids out too early between the 'I'm smarts' and the 'I'm not smarts.' I also think kids are smart in different ways and we need to be fostering those areas too."

Lebo added that the school system is putting in place AP English and math classes at all five middle schools starting next year; advanced classes are currently only available at Central Middle School. The change, she said, is a great idea because students who excel at math and don't do as well in English or vice versa would be excluded from the advanced program currently.

"I really think it's a great idea," Lebo said. "All middle schools now will have advanced placement classes for kids who are strong in a content area and I hope they expand that to science soon, because there are some kids who are very strong in science and not that strong in English."

At the elementary level, she said teachers could work individually with students.

"Our classrooms are small. We have a lot of supports—we have specialists and we have supports in the classroom," Lebo explained. "I think it's almost the responsibility of the teacher to do individualized education by separating the kids into where they're strong and giving them work they can be enhanced with."

"Lots of enhanced curriculum has been purchased in the district the last few years, so that kids who are good at something can move on electronically to get deeper knowledge of that subject."

Lebo's first meeting as a committee member the second time around was Jan. 13. During the meeting, she raised concerns about the dual enrollment program, which allows students at Quincy or North Quincy High School to earn college credit while taking an honors level course in their high school. Lebo said the courses being offered should be expanded.

"They have accounting, management, public speaking and psychology," Lebo said. "Those are really good courses but only if you're specifically interested in that major and if it's going to be beneficial to whatever you decide to take in college. If you went to school for nursing, say, except for the psychology course those other courses would not even be able to be part of your requirements."

"It's a really good first step but I would really love to try English and a first-year math course at the college level so kids can get a taste of what the work is like."

Lebo said the schools might have to look into the cost of the program, which costs students about \$225 per course if they want to earn the college credit. That could be cost prohibitive for some students, she said, noting those students who would be shut out by the cost are the most likely to receive financial in college, meaning there is less incentive for them to take the dual enrollment courses.

"This may be something we have to find a way to be more equitable," Lebo stated.

Going forward, Lebo said the committee needs to look at redistricting to alleviate overcrowding at the elementary and middle school levels. Committee Vice Chairman Paul Bregoli underscored the need for redistricting during his inaugural remarks Jan. 4.

"I do think we need to look at it," Lebo said. "I don't know if there is an easy answer to it and I don't think any parents like when all of a sudden you've moved to a town and bought a house and you're going to that school and suddenly you're going to a different school. I think it's a very, very difficult process."

"It needs to be carefully looked at, but it does need to

be looked at."

The contract of Superintendent Dr. Richard DeCristofaro expires at the end of this October. DeCristofaro, who turns 64 in April, has led the school department since 2001 and began working for the system in 1974 as a teacher at the former Polard and Willard Schools.

Lebo was asked if the school board should consider external candidates or just internal candidates in the event DeCristofaro decides to retire during the next two years. All things being equal, she replied, it's better to choose a candidate you're familiar with than one you're not so familiar with.

"I hired people when I was in Boston and I hired people when I was in Quincy. I don't believe that's always necessary, but when you really know someone and everything else is equal, you're much better off with the person you know, because unfortunately there are things you don't know about people," Lebo said.

"I try to make sure you hired the very best person, but if the very best person was equal to some other very best person and you knew this one, I think it's OK at that point to hire that person."

"I don't believe people should be hiring their families and their friends," she added. "I really do agree that's not a great idea."

Lebo said there are internal candidates she would support, but she is unsure if they would want the job of superintendent.

"I can think of some people in Quincy—if that job opened up—I would like to see them apply for it," Lebo said. "I don't know if they want to apply for it. It's a lot of work and most superintendents don't hang around as long as Dr. DeCristofaro's been around."

Lebo, despite having the appropriate state license to become a superintendent, said she is not interested in the position.

"I loved all the work I did and I never applied to be a principal or a superintendent because I need more life balance than that and I understand what kind of a job that entails," she said. "If you're principal of a school, you're 24-7 responsible for that building and everything that takes place in it...As a young mother and a parent I was not interested in moving in that realm and I am not interested in doing it, nor do I think I would be capable of doing it in Quincy. It's a big job."



SOUTH SHORE BANK has hired a group of six local bankers to staff its new Wollaston branch, which will open in February at 680 Hancock St. in Quincy. The six new South Shore Bank employees formerly worked at the Citibank branch in North Quincy, which has ceased operations as part of Citibank's recently announced decision to close its Massachusetts branches. Standing (from left to right) are Edmond Chan, Sidrit Veselaj, Jin Zhou, and Briana Liu. Seated (left to right) Michelle Moore and Lihua Mei.

Photo Courtesy South Shore Bank

South Shore Bank Hires Six For New Quincy Branch

South Shore Bank has hired a group of six local bankers to staff its new Wollaston branch, which will open in February at 680 Hancock St. in Quincy. The new branch will be the Bank's third location in Quincy, and its 15th overall.

The six new South Shore Bank employees formerly worked at the Citibank branch in North Quincy, which has ceased operations as part of Citibank's recently announced decision to close its Massachusetts branches.

Joining South Shore Bank are:

- Sidrit Veselaj, market area branch officer. Veselaj joined Citibank as a senior banker in 2014, and was promoted to vice president and branch manager in 2015. A resident of Quincy, he earned a BSBA degree in finance at Suffolk University.

- Michelle Moore, personal banking manager. Moore served as assistant branch manager at Citibank since 2007. She is a resident of Lynn.

- Edmond Chan, senior personal banking advisor. Chan joined Citibank as a personal banker in 2013. A resident of Randolph, he attended Bay State College and Quincy College.

- Briana Liu, personal

banking advisor. Liu worked as a teller at Citibank since 2015. A resident of Braintree, she is currently attending Suffolk University.

- Lihua Mei, personal banking advisor. Mei worked as head teller at Citibank since 2015. A Quincy

resident, she received a BA degree in accounting from Suffolk University.

- Jin Zhou, personal banking advisor. Zhou, of Malden, was a teller at Citibank. She earned her degree at the Shanghai Institute of Technology.

Social Security Evolves To Serve Customers

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

Social Security is at the forefront of adapting and meeting the ever-changing needs of our customers. Technology plays an important role in helping us provide the world-class customer service America expects and deserves. And we're changing to keep current with new laws and judicial rulings as well.

One way we've evolved is by developing the my Social Security account. Once you enroll for a free account at www.socialsecurity.gov/myaccount, Social Security can help you estimate your future retirement or disability benefits, or manage them if you are already receiving benefits. You can do all of this easily and securely from the comfort of your home or office.

Social Security listens to your needs as we improve the technologies that enhance the customer experience. We continue to look for new services to add to my Social Security to make it an even more powerful resource for you and your family.

Another way we're evolving is by adapting to legal and social changes. In 1935, when Social Security was created, the definition of "family" was different than it is today. On June 26, 2015, the Supreme Court issued a decision in *Obergefell v. Hodges*, holding that same-sex couples have a constitutional right to marry in all states. As a result, more same-sex couples will be recognized as married for purposes of determining entitlement to Social Security benefits or eligibility for Supplemental Security Income (SSI) payments.

Not only have we adapted to provide benefits for same-sex spouses, but transgender people can now change the gender marker on their Social Security records based on identity, with no requirement for reassignment surgery.

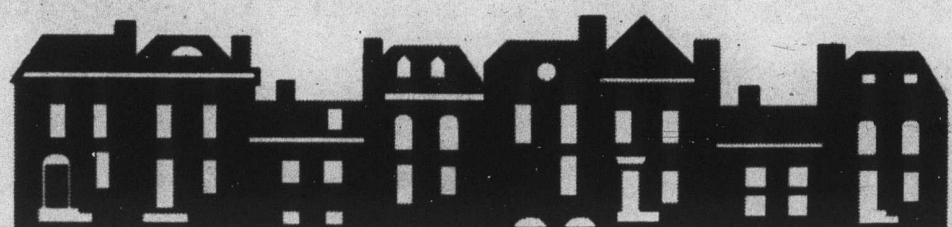
Our mission at Social Security is to deliver services that meet the changing needs of the public. By keeping the public informed of their benefit estimates with my Social Security and adapting to our changing society, we will continue to achieve our goals and help you achieve yours. No matter who you are, you deserve the benefits of Social Security. Find out more at www.socialsecurity.gov.

Living With Diabetes Topic Thursday

Ruth Jones, Public Health Nurse Educator for the Quincy Health Department, will be at the Kennedy Center on Thursday, Jan. 28 at 10 a.m. to talk about living healthy with diabetes.

Registration is required for this event. To register call (617) 376-1506.





Real Estate

Quincy Real Estate Transactions Jan. 18 - Jan. 22

SELLER	BUYER	AMOUNT	ADDRESS
Robert Tzong & Zerlina Wong	Hoi S & Alice Y Wong	\$255,000.00	100 West Squantum Street Unit 509
Pettipaw Irrevocable Trust	Krzysztof Sadlowski & Elena Nikolova	\$420,000.00	363 Southern Artery
Cyril P Morrisette Building Corporation	81-83 Liberty Street LLC	\$275,000.00	81-83 Liberty Street
Mary M Sy & Shu Wang	Meiyan & Jincheng Xu	\$378,000.00	39 Willow Avenue
Arlington Street Realty Trust	210 Arlington Street LLC	\$999,000.00	210 Arlington Street
Linda B Deng	Eric K & Anna M Leong	\$433,800.00	56 Baxter Street
Hyman Levine	Robert W Patterson	\$399,999.00	34 Harrington Avenue
Phyllis Lopes & Sandra Swanson	Shamrock Realty Trust	\$275,000.00	114 Piermont Street
Laquaglia Realty Trust	Siu M Luie	\$245,500.00	77 Adams Street Unit 105
Zou Z Yu & Siu M Cheng	113 Elm Street LLC	\$430,000.00	113 Elm Street
Jennifer C Adamczyk	Michelle Barry	\$344,000.00	10 Seaport Drive Unit 2403
Anton Repa Family Trust	Robert E David Jr	\$663,000.00	109 Springfield Street
Margaret C Maguire Trust	Brian P Kelly	\$393,000.00	21 Pilgrim Road
John F & Julie A Preston	Joan Dixon	\$580,000.00	26-28 Plymouth Street
John H Svagdis	Ashley LLC	\$595,000.00	210 West Squantum Street
City of Quincy	Quincy Shore Drive LLC	\$435,758.00	657 Quincy Shore Drive
Jesal J & Megha Sangani	Yongzhen Liu & Yammei Lin	\$455,000.00	117 Standish Avenue
Kelly L Blackburn & Brian Curran	Jessica Isenberg & Mark McPherson	\$790,000.00	21 Presidents Lane
Beverly J Johnston	Richard A Hallberg	\$305,000.00	5 Howe Street
Bernard & Marianne Anderson	Qiong Lin	\$350,000.00	48 Newton Avenue
David P Murphy	Fintan Murtagh	\$350,000.00	15 Monmouth Street
Denise N Rolfs	John W Brake & Natalie Keirstead	\$410,000.00	288 Wilson Avenue
Boston Scientific Corporation	Scannell Properties #240 LLC	\$31,000,000.00	500 Commander Shea Boulevard

Registry Aims To Protect Consumers From Fraud

Register of Deeds William O'Donnell reminds residents about the availability of a free on-line Consumer Notification Service offered by the Registry to protect Norfolk County property owners against fraud.

"The F.B.I. has reported that property and mortgage fraud is one of the fastest growing white collar crimes in the United States," O'Donnell said. "Multiple jurisdictions across the country have reported individuals recording fraudulent documents and making it appear like they own another person's home or property."

"While we have been fortunate that this problem has not revealed itself here in Norfolk County, I want to make sure my office is proactively and vigorously protecting consumers," O'Donnell said.

Any owner of real property in the 28 communities comprising Norfolk County can sign-up for the Consumer Notification Service free of charge by doing the following: Go to the Reg-

istry's website, www.norfolkdeeds.org, and click on the Consumer Notification Alerts button to complete the initial registration. From there, follow the remaining sign-up instructions.

Once signed up for the service, each subscriber will be able to input two names, individual or business, and the corresponding city or town in Norfolk County for monitoring. They can monitor their real estate for such activities as changes in deeds, mortgages, non-mortgage liens, homesteads or other land documents that might be recorded against the property.

If a document is recorded against one of the names inputted for monitoring, the subscriber will be alerted via email, usually within 24 hours. The person can check the Registry's on-line land research records at www.norfolkresearch.org as an option. If a subscriber believes a fraudulent land record has been recorded against their property, they should then immediately

contact the Norfolk County Registry of Deeds Customer Service Center at (781) 461-6101. The subscriber would also be given a list of public safety referrals by the Registry.

"As your Norfolk County Register of Deeds, I take very seriously the Registry's responsibility to provide secure, accurate and accessible land records for all Norfolk County communities," O'Donnell said. "I also want to be proactive in ensuring that there is no fraudulent activity related to land document recordings. By offering the Consumer Notification Service, we are able to provide a level of protection to the program's

subscribers against unscrupulous individuals who would attempt to commit real estate fraud."

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

Homebuyer Workshop

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in February.

The workshop will be held Saturday, Feb. 13 and Saturday, Feb. 20 from 8:30 a.m. to 12:30 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators.

The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

Ask Barbara Graceffa: 'Secretary Of The Interior'

Any ideas for unique art for my children's bathroom? Belle

Frame some of their artwork - paintings, collages, coloring book pages! Or try an alphabet poster or images from a favorite book. Or family photos from vacation. Or photos of them in younger days in the tub (if they would not be embarrassed by them). Because of moisture issues, I suggest you make copies of the photos or artwork to frame so they will not be damaged should the shower steam get under the glass.

I love all the decorative tiles available for kitchens but not enamored with the prices. Should I splurge? Roni

If you plan to be in your home for at least 10 years (the recommended time to remodel/update your kitchen), sure! Think about that expense divided over that decade, and the price tag becomes much more palatable.

If your wallet simply does not allow it, consider using the decorative tiles as a focal point behind your range or cook-top or create a 3-4" horizontal stripe of the pricey materials along your backsplash (in between more moderately-priced simpler-designed tiles).

Funny woman Lucille Ball once said, "I would rather regret the things that I have done than the things that I have not." And with professional advice, you won't choose the wrong tiles and regret it.

Dear Readers,

This week marks the beginning of my 8th year in business and the 3rd year of writing this column. I'm having loads of fun decorating everything from nurseries to wine tasting rooms. I've been sewing since I was a teenager and continue this passion making quilts and home décor for clients with a wide variety of styles and tastes. Please keep your questions coming; I'm having a blast writing this column, too.

Do you have a decorating problem needing a professional solution?

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.



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"STILL NUMBER ONE"

Center Stage Performing Arts Studio Dancers Perform At Disney World

Center Stage Performing Arts Studio in Quincy recently returned from their third trip to Disney World in Florida.

The team of 32 dancers ages 11 to 18 and close to 100 of their family members spent four days in Florida with a very busy schedule.

The dancers completed the nationally recognized Disney Performing Arts Workshop where they experienced a mock dance audition and learned original choreography from Disney performers straight from current Disney shows.

The group of over 100 also attended a celebratory group dinner with the dancers and had some fun time in the parks.

The highlight of the trip was on Sunday evening when the Center Stage dancers performed on the Disney Springs Waterside Stage to a crowd of close to 1,000 people.



ple. They prepared their 25 minute performance back here in Quincy for the past several months and decided

CENTER STAGE PERFORMING Arts Studio in Quincy recently traveled to Disney World in Florida to perform for their third time. Front row (from left): Nora Donovan, Mary Fitzgerald, Sarah Foley, Alyssa Yeragotelis, Jordan Dye, Kaleigh Conroy, Molly McGillivray, Lily Baldwin, Alison Swierczynski, Victoria Durham. Middle row: Jacqueline Brown, Ashley Morash, Julia Keldsen, Cecilia Gonzalez, Shayna Hanaphy, Amber Madeiras, Maeve Collins, Sarah Clancy, Eileen Trenholm and Brooke Harrington. Back row: Elizabeth Esdale, Jacqueline White, Amy Melchin, Melody Gately, Taryn Lamb, Molly O'Toole, Madison Keka, Julia Mayo, Carley O'Toole, Ally Graf and Jillian Brow. Photo Courtesy Center Stage Performing Arts Studio

their theme would be honoring America, supporting our troops and freedom.

"It was an amazing opportunity for our dancers!"

said studio owner Laurie Graf.

"They were able to bring strangers to tears with

their very emotional performance. We are beyond proud of these wonderful young ladies."



A SWAN COMES ashore in search of food along Wollaston Beach on a recent winter day. Quincy Sun Photo/Lisa Aimola

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INDIVIDUAL WINNERS in the 7th annual Houghs Neck Chili Fest last Saturday were Paul Plante (center) with his daughter Cassidy (left) and Alex Galligan-Kuntupis. The Plantes and Galligan-Kuntupis each tied for first place.

Photo Courtesy Kathy Hubley



IN THE RESTAURANT category, Coop's Bar & Grille earned the top spot at last Saturday's 7th annual Houghs Neck Chili Fest held at the Houghs Neck Congregational Church. Shown here are George Green and Susan Allen.

Quincy Sun Photo/Robert Bosworth

Houghs Neck Chili Fest Serves Up Another Winner

By **JOE REARDON**

The delicious smells of more than a dozen different chilis wafting from the cozy

basement of the Houghs Neck Congregational Church was a stark contrast to the snow that was blow-

ing sideways outside on Saturday afternoon as the 7th annual Houghs Neck Chili

Cont'd On Page 17

**WORRIED ABOUT
PAYING YOUR
WINTER HEATING
BILLS?**

THERE IS HELP!

QCAP's Energy Program may help you save money on your winter heating bills.

Income-eligible homeowners and renters in Braintree, Milton, Quincy, and Weymouth may qualify for fuel benefit and/or discount on heating and utility bills.

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fuelassistance@qcap.org



**Quincy Community Action Programs
1509 Hancock Street • Quincy, MA 02169**

P.S. If you know someone else that needs help, please pass this on!

Applications accepted through April 30. QCAP's Energy Program is funded by the U.S. Department of Health and Human Services, U.S. Department of Energy, MA Department of Housing & Community Development, Eversource, National Grid, United Way of Massachusetts Bay & Merrimack Valley, and private donors.

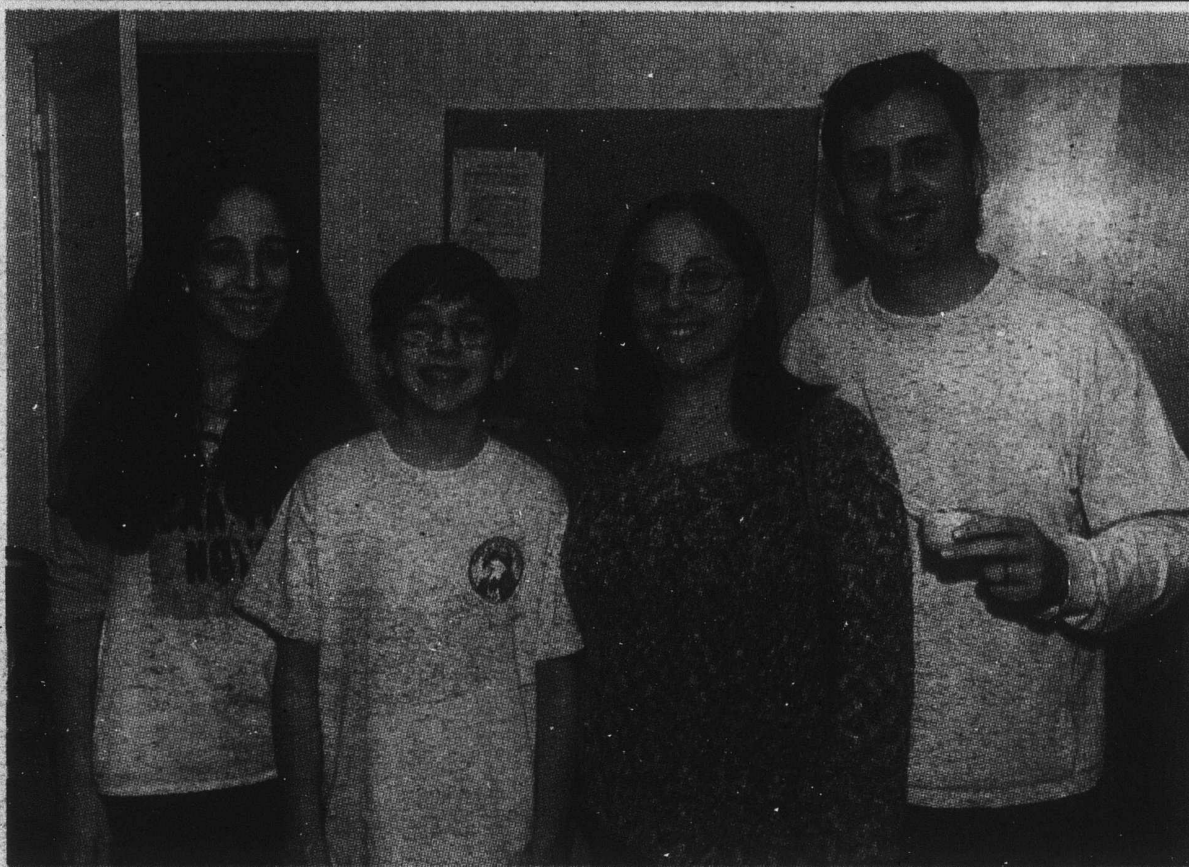


TAKING HOME third place in the individual recipe category at last Saturday's Houghs Neck Chili Fest were these three Boy Scouts from Troop 6. From left: Jake Gordon, Nathan Hubley and Cameron Jacobs.

Photo Courtesy Kathy Hubley



JAIME GORDON offers a sample of her home-made chili to one of the more than 200 chili lovers who turned out for the 7th annual "Chili Bowl" at the Houghs Neck Congregational Church last Saturday.



PASSING THE LADLE – Nathan Hubley (second from left) – shown with his family (from left) sister Vicky, mother Kathy and father Walter – participated in the 7th annual Houghs Neck Chili Fest last Saturday. Nathan and fellow Boy Scouts from Troop 6 took third place in the individual competition. Nathan's mom won the individual competition last year. Kathy also earned second and third place the two previous years.



MORE THAN 200 people turned out to sample chili from individual and restaurant recipes at the 7th annual Houghs Neck Chili Fest held in the basement of the Houghs Neck Congregational Church.



ENJOYING SOME OF samples of chili at the Houghs Neck Chili Fest are Barbara Gilliland (left) and Helen Duncan (right), both of North Quincy.

HN Chili Fest Serves Up Another Winner

Cont'd From Page 16

Cook Off attracted individual competitors and three businesses.

Nearly 200 people sampled the various chilis and voted on the ballot sheet they received at the door. The competition drew a tie for first place between Paul Plante and Alex Galligan-Kuntupis while third place went to the Cyberduck patrol of Boy Scout Troop #6, whose members included Jake Gordon, Nathan Hubley and Cameron Jacobs. In the restaurant competition, Coop's came away with the gold medal.

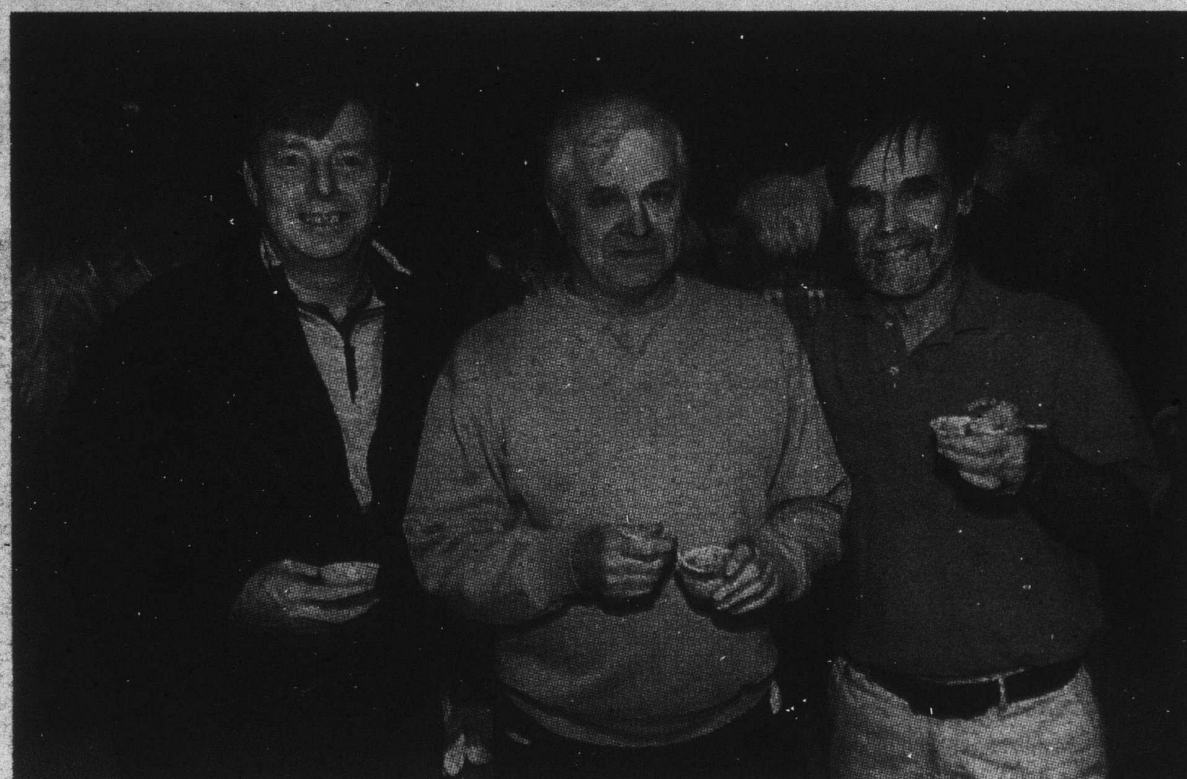
Kathryn Hubley, no stranger to the competition after winning last year and taking second and third the two previous years, was on hand to sample the tastiness of the afternoon.

Prior to the competitions she took part in, Hubley would have her family test the chili and then alter it depending on their feedback. "I started with a base recipe and made it for my family,"

she said. "I just kept tweaking it every time. They'd say it was a little too spicy, it wasn't spicy enough, it was

too sweet and I would just keep changing it and changing it. When I finally got it

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THREE FORMER 'Mayor's' of Houghs Neck were among the several hundred people who sampled chili at the 7th annual "Chili Bowl" last Saturday at the Houghs Neck Congregational Church. From left are Joe Giggey, Mike Berry and Ralph Jacobs.

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Quincy's Nicole Jorgensen Surpasses 1,000 Points

*Senior Center
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QHS Player
To Reach
Milestone*

By BILL GRIFFIN
Home.

Home is where Nicole Jorgensen wanted to be for her walk with history Friday night against Duxbury. She wanted to score her 1,000th point in her school, in her gym, before her family, in front of her friends, with her teammates and her coach watching in the place where she has grown into a basketball player who will be measured against the best to ever play for her school.

"This is just what I dreamed about, scoring my 1,000th at home. It is amazing," said Jorgensen. "I wanted so much for my family and friends to be a part of this. It came true tonight. I can't really describe my feelings."

-Home.

Home is family. Her mother Colleen and her father John walked to center court when Jorgensen threw in a back-to-the-basket layup for point No. 1,000 less than six minutes into the game. Her three brothers watched with pride. She has 35 first cousins, many of whom swarmed out of the bleachers with flowers and hugs and souvenirs. And there is this special young lady named Harper, her four-month old niece who was the star of the post-game celebration.

"I wanted so much for Nicole to get her 1,000th at home," said teammate and close friend Gabby Jerahian.

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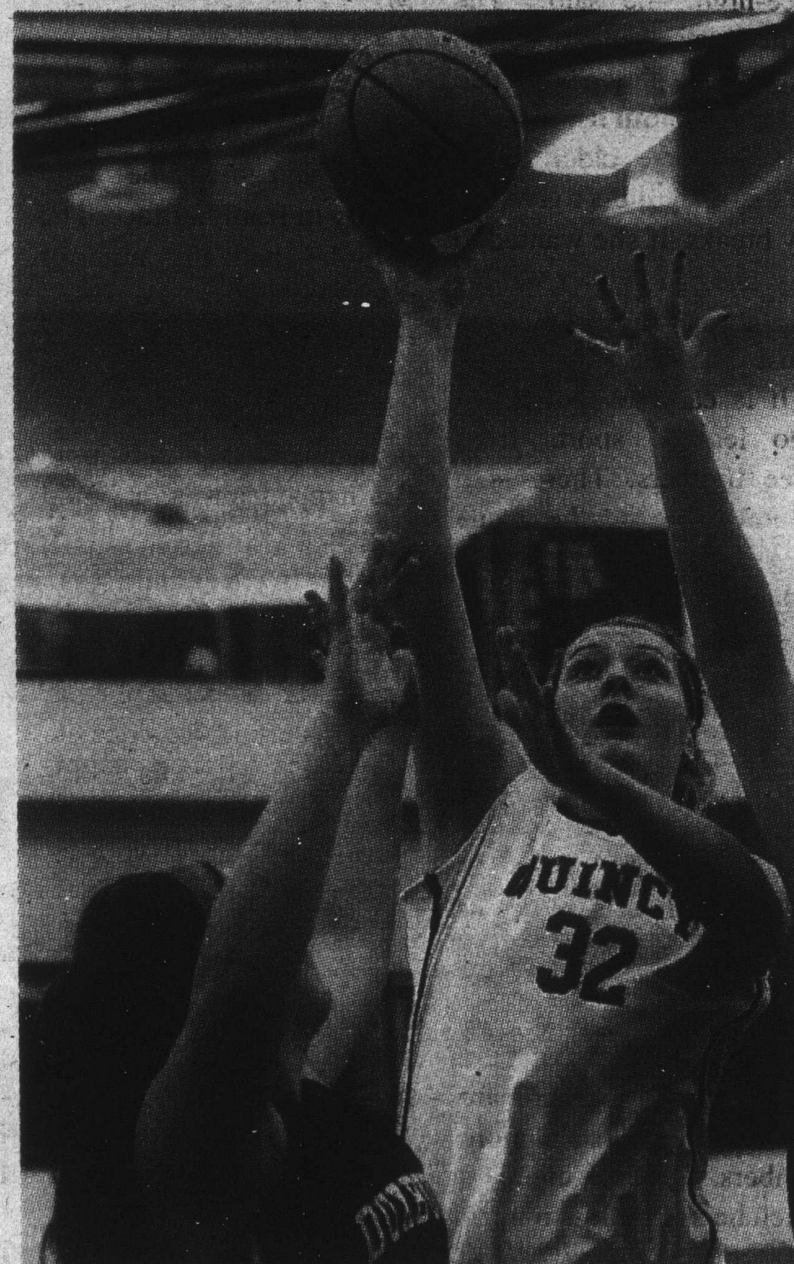


SHARING THE MOMENT - Nicole Jorgensen (#32) and her teammates are all smiles after the senior center scored her 1,000 career point in the first quarter of last Friday night's game against Duxbury. On the back wall of the gymnasium is a make-shift sign that counted down Nicole's points to 1,000. She entered the game needing 10 for the milestone mark. Jorgensen approached another milestone: 1,000 rebounds. She was 14 shy of the mark entering Tuesday night's game at Pembroke.

Quincy Sun Photos/Robert Bosworth



QUINCY SENIOR CENTER Nicole Jorgensen is mobbed by her teammates after scoring her 1,000 career point last Friday night. Teammates shown here (from left) are Liana Cunningham, Sarah Gibbons, Gabriela Jerahian and Alyssa Camara.



NICOLE JORGENSEN scores two of her 29 points against Duxbury to lead the Presidents to a 46-42 win over the Dragons. Jorgensen reached the 1,000 point mark in the game.

Pond Hockey Postponed

By SCOTT JACKSON

A pond hockey tournament originally scheduled this weekend has been postponed at least one week because of unseasonably warm temperatures in the forecast, though it's uncertain if it could be played then either.

The Quincy Pond Hockey Classic had been scheduled for Saturday, Jan. 30, and Sunday, Jan. 31, at Sailors Pond on Rice Road and Butlers Pond on Butler Road. With temperatures in the 40s expected for most of this week and into the weekend, the Park Department's Chris Rooney on Monday

said the Pond Hockey Classic has been postponed, because the ice at both ponds would be slushy and unplayable over the weekend.

Makeup dates for the tournament were Feb. 6 and 7. The forecast for next week, however, is also unfavorable for pond hockey with temperatures again in the 40s and several days of rain. If the tournament could not be played that weekend, Rooney said he would keep in contact with interested players about holding a more informal event later in February if colder weather returns.

STUDENT ATHLETES OF THE MONTH

Ariana Paulo
Basketball - Quincy H.S.

"She is a key contributor on our team as a deadly outside shooter, tenacious defender, and senior leader. Ariana is intelligent, hardworking, positive and encouraging and her teammates and coaches have tremendous respect for her as a player and person."

-Jeff Bretsch

Ariana has been a 4 year member of the Soccer and Basketball teams, serving as a captain this past season in Soccer. She currently has a 4.4 GPA taking 4 AP classes this year. She is a member of NHS, Science NHS, Foreign Language NHS, QHS F.A.S.T. and MFA Docents. She intends to major in Biology or Pre-Med. She is also the Vice President of the senior class.



Matthew McDonald
Ice Hockey - North Quincy H.S.

"Matt McDonald is the definition of a student athlete, he does extremely well in school, he is a great leader on and off the ice and on top of all that he is one of the better players in the Patriot league. He is an absolute pleasure to coach."

-Matt Gibbons



Matt has been a 3 sport student-athlete all four years at North Quincy High School. He has been a member of the Varsity Golf, Varsity Ice Hockey, and Varsity Baseball teams. He is currently a captain of the Varsity Boys' Hockey team and hopes to be a captain on the Varsity Baseball team in the spring. This fall he will be attending Mass Maritime Academy with a focus in Marine Engineering.

Sponsored by



1,000 Rebounds Next Milestone For Jorgensen

Cont'd From Page 18

"I've talked to girls who did it on the road, and they said it's not the same. Family is so important for Nicole. I wanted it to happen here. At home."

Her mother hasn't missed a game, a volleyball, basketball or softball game, home or away for four years. She knows well the strong feelings her daughter has for her home gym.

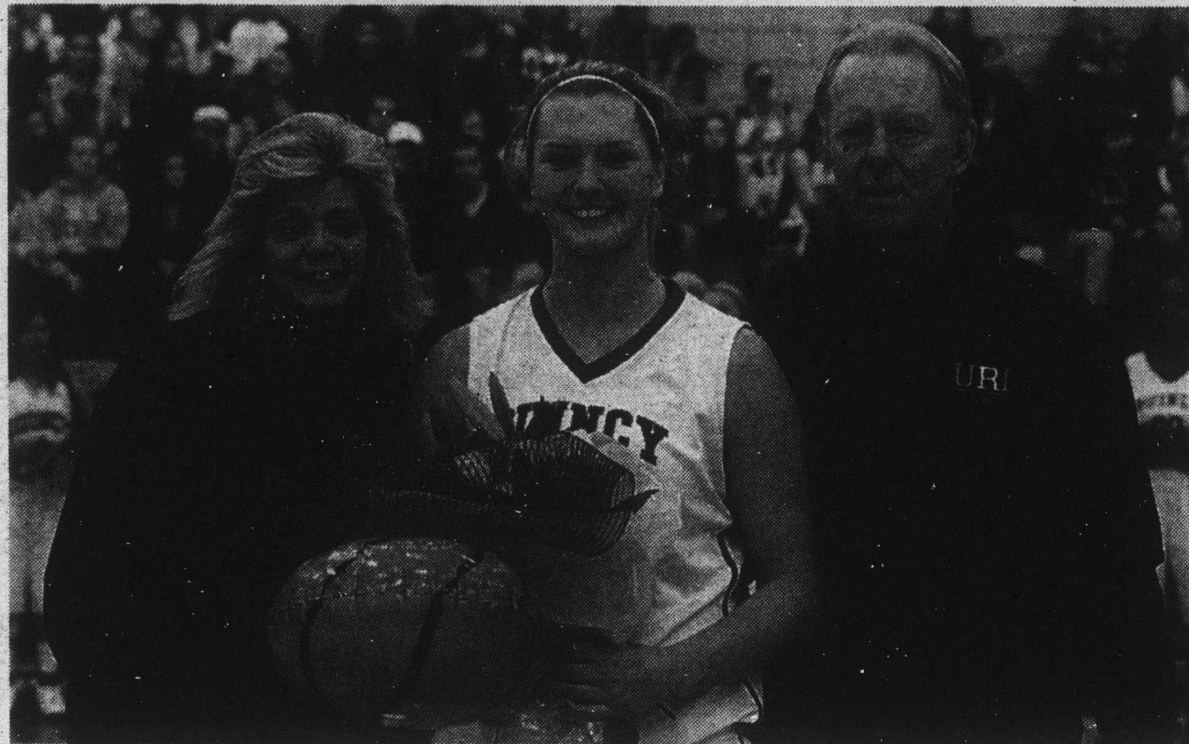
"As far as I'm concerned, it could happen anywhere as long as Nicole is happy. But she wanted it here," said her mother. "I think her teammates wanted it at home for her as well. A couple a weeks ago, we thought it might happen at Pembroke, but they just kept feeding her the ball and she kept scoring (103 points in her last four games)."

Her father remembers when the game first puts its hold on his daughter's soul.

"It was in the backyard and she was no more than knee-high," he said. "The game was in her blood. She just loved to play. She played and played until it was dark. She has three older brothers and they didn't give her any breaks. If she wanted to play, she had to play well. If not, they sent her back in the house."

It is easy to spot a girl who learned sports from three brothers. There is a natural feel for the game born of practice, and there is a toughness born of the need to survive.

"I remember playing with my brothers. I learned to take a shot and I guess I learned to give one as well. I had no choice," smiled Jorgensen.



NICOLE JORGENSEN'S mother Colleen (left) and father John (right) join their daughter near mid court for a short ceremony after their daughter scored the 1,000 point of her high school career. Jorgensen, who is heading to URI on a basketball scholarship after she graduates in the spring, scored 29 points in Quincy's 46-42 win over Duxbury.

gensen.

And there was her niece Harper. After most of the crowd had filed out into the cold night, after the Countdown to 1,000 sign which traced the home wall of the gym had reached zero, Jorgensen stood with her family. She played with Harper. She made goofy faces. The baby laughed. She rocked the baby and talked softly. The baby laughed. She joked and held the baby gently in front her face. The baby laughed. In a night of wide, wide grins, the widest belonged belonged to aunt and niece.

"She makes me as happy, or happier, than anything, that happened tonight," said Jorgensen.

Home.

Home is for best friends. Gabby Jerahian and Jorgensen have been playing basketball together since the sixth grade. They played for the Lady Presidents in middle school. They have been

teammates, teammates who both start, for four years. They traveled together for AAU ball in New York and Washington in the summer. They shoot hoops and they talk. They know each other.

"I'm so proud of her. I know how long she has worked for this," said Jerahian. "Nicole is so unselfish. She doesn't care about points. All she cares about is if the team wins. She doesn't care about scoring and she has 1,000 points. That's amazing."

Jerahian also knows the person as well as the player. She knows Nicole in the best and worst of times. When Gabby was a sophomore, she lost her father Jay to cancer. Her best friend was always there for her. Jerahian will always remember that.

"She is such a caring, compassionate person," said Jerahian. "What I went through with my family was

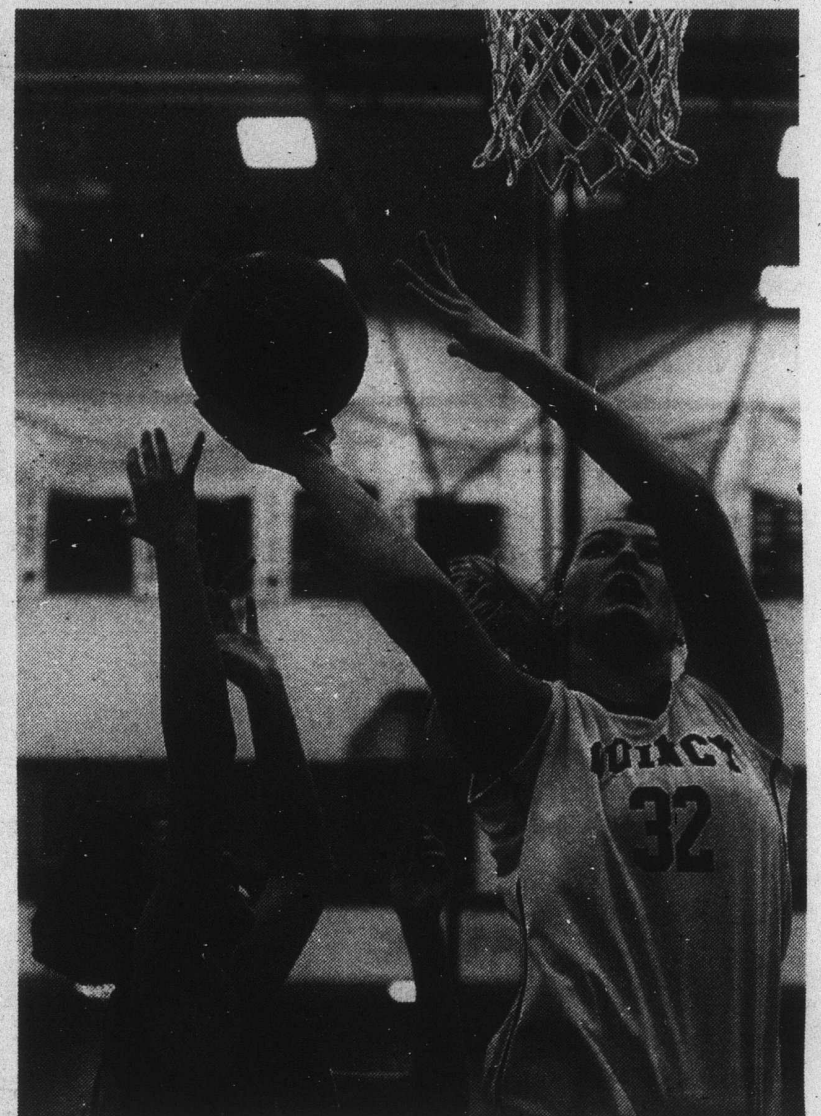
very hard, but Nicole was always there for me no matter what happened."

And there is also the light side, the silly side between friends. Apparently, Jorgensen can step lightly for an athlete who is 6'5" when there is a joke to be played.

"I have homeroom with her and our lockers are right next to each other," said Jerahian. "Every morning she sneaks up on me, surprises me and makes me jump when she yells: Good Morning. I know she's coming. I know what she's going to do it and she still surprises me. I love having homeroom with her."

Home.

Home is for teammates. Home is where a gifted sophomore point guard Liana Cunningham develops a bond with Jorgensen that is unique to those who pass and those who score. Home is where a respected coach like Duxbury's Bob Sul-



THE NEXT MILESTONE for Nicole Jorgensen is 1,000 rebounds. The senior center and tri-captain needed 14 more boards for that milestone heading into a game Tuesday night at Pembroke.

Quincy Sun Photos/Robert Bosworth

livan congratulates her and calls her one of the best post players in the history of the state. Home is where the banner in the sky hangs, with the names of five 1000-point scorers stitched in blue and white. Soon, there will be six.

"We trust each other. For me, it's easy. Nicole is 6'5", she's a great player, she raises her hand, and I throw her the ball," said Cunningham. "What Mr. Sullivan said meant a lot to me. He's always supported me. He's almost like a second coach to me," said Jorgensen.

The names on the banner read: Doug Scott (1,555 points), Bonnie Hirtle

(1,348), Kerrie Connolly (1,138), Dan Kelly (1,026) and Jack Uhlar (1,011). After Friday's game, Jorgensen was at 1,019 points. She had nine regular-season games left, plus the tournament. She has a chance to be the third leading scorer in Quincy High history when her name goes up on that honored piece of cloth.

"I walked past that banner so many times and dreamed one day I might be up there," said Jorgensen. "It came true tonight. It really hasn't sunk in yet. Maybe when I get home and think about it, I can understand it better."

Home.

Quincy Downs Duxbury For 11th Straight Win

By BILL GRIFFIN

There is history and there is more history. There are numbers, numbers and more numbers. The numbers which best tell of the road to 1,000 are: 29, 18, 10, 7, 6, and 3. Perhaps the next time Powerball rolls around, it might be a good idea to....

Nicole Jorgensen scored 10 points in the first 5:46 of the game Friday night against Duxbury to become the sixth basketball player, and only the third girl, in the history of Quincy High School to reach the 1,000-point mark.

She grabbed 18 rebounds to boost her career total to 986 and draw within 14 of the 1,000-rebound club which could be safely labeled as exclusive. No high school player in the history of the city has ever had 1,000 points and 1,000 rebounds.

She also blocked seven shots. Quincy needed every point, every rebound, every block. The Presidents held

off the Dragons who simply refused to go away quietly, 46-42, for their 11th straight victory and a sweep of the season series with Duxbury.

"It was such a mental challenge for Nicole. She had the crowd watching her every move, her every basket," said coach Jeff Bretsch whose club went to 11-1 overall and 8-1 in the Patriot League. "To respond with an effort like 29 points, 18 rebounds and seven blocks under that kind of pressure is just unbelievable."

Frequently, the actual game which follows these meetings with history is somewhat symbolic. The star player reaches her goal. Her team cruises to victory. Her numbers are there mainly for display, a neat little package which shows well a gifted player: 29 points, 18 rebounds, seven blocks. Very nice. Mission accomplished. Everyone back to the house for a party.

This was not true for Jor-

gensen and Quincy Friday night. This was no showcase. The Presidents needed her to win the game. Without her, they lose. Jorgensen, although she would never admit it, has carried more than one Quincy team to victory over the past four years, and it was never more true than it was against Duxbury Friday night.

She scored well over half of Quincy's points. She had 17 more points than the combined total of the rest of her team. She scored on drives, hook shots, jump shots, putbacks and fast-break layups. She was a perfect 6-6 from the line. In one memorable sequence in the fourth period, she blocked a shot, threw the outlet, ran the floor and took a return feed from Liana Cunningham for an easy bucket. Block, pass, run, layup. Special stuff.

In the final minute, after the Dragons had clawed within four, she blocked two shots and grabbed two

defensive rebounds to put away Duxbury, a team she had not beaten until her senior year. It was her night and it was her game.

Anything missing? One more point would have been just lovely. Jorgensen has never had a 30-point night in her career. Yet.

"She started strong, and I think that was important," said Bretsch. "Her whole family was here. They had a chance to celebrate. It was a special feeling for Nicole, and I wanted her to experience it. But we needed her to win the game. Her offense was there all night, and when we needed it at the end, she protected the basket for us."

Jorgensen had her first bucket on a jumper 20 seconds in to the game. She made four free throws and a hook shot before the midway point of the first period. She was at 998, two points away from the banner in the sky. Entry passes from

Gabby Jerahian (12 points) and Cunningham (seven as-

sists) set up the first eight

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VOICE FOR HEALTH
by Dr. Gabrielle Freedman
Chiropractor



SMOKING ISN'T SMART

According to a recent study, exposing children and teenagers to even trace amounts of secondhand smoke lowers their test scores in reading and reasoning tests. It's estimated that up to 33 million children and teenagers in the United States may be exposed to enough secondhand smoke to adversely affect their reading ability. Researchers checked the blood of 4,399 youngsters for cotinine, a substance created when the body breaks down nicotine. They found that children with more cotinine in their blood tended to score lower on reading, math, and reasoning tests. The higher the cotinine levels, the lower the scores. One reason for the low scores is that animal research

suggests that nicotine can alter the structure of the nervous system.

All smokers have their own reasons to quit and their own challenges. Improving your health is the main reason to quit smoking. We are here to help with the physical demands by eliminating the pain and discomfort from the withdrawal. At FAMILY PRACTICE OF CHIROPRACTIC, we're currently accepting new patients and welcome your call at 617.472.4220 to schedule an appointment. We're located at 112 McGrath Hwy., Quincy.

P.S. Everything you put in your body, either actively or passively, has some effect on your health and your ability to function

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High School Track Highlights

MSTCA Division 1 Relays
1/9/2016 @ Reggie Lewis Center

Boys

Shuttle Dash (4 x 50m): Nathan Sleiman, Peter Saccoach, Joshua Rodrigues, Aidan Brown. Time: 24.48 - 32nd place out of 41 teams.

Sprint Medley Relay (800-200-200-400): Nathan Sleiman, Peter Saccoach, Aidan Brown, Jimmy Cannon. Time: 3:56.32 - 11th place out of 32 teams.

Shotput Relay: Mike Munroe, Nick Kelly, Jhonata Souza. Total 39.16m (128'05.75"). 4th place out of 20 teams.

Girls

4 x 200m Relay: Mia Healy, Alex Case, Devin Hiltunen, Allison Wong. Time: 1:53.02 - 11th place out of 42 teams.

Sprint Medley Relay (800-200-200-400): Abby Murphy, Alex Case, Shayla Massiah, Devin Hiltunen. Time: 4:35.20 - 9th place out of 29 teams.

Dual Meet vs Silver Lake 1/13/2016 @ Reggie

Girls: SL 81 QNQ 11

Boys: SL 67 QNQ 28

Boy Winners: Peter Saccoach (600), Jimmy Cannon (mile), Mike Munroe (shot)

Girls Winners: Abby Murphy (600)

Paul Davey Invitational
@ Wheaton College 1/18/2016
(Freshman-Sophomore meet)

Scorers:

Boys 55m Hurdles: Nathan Sleiman 4th

Boys Long Jump: Nathan Sleiman 6th

Boys 55m: Dennis Chan 8th

Girls 55m Hurdles: Isabel Doherty 5th

Girls 55m: Shayla Massiah 7th

Girls 300m: Devin Hiltunen 1st, Alex Case 2nd

Girls 600m: Abby Murphy 2nd

Girls 4 x 200m Relay: Shayla Massiah, Alex Case, Abby Murphy, Devin Hiltunen 2nd

MSTCA COACHES invitational (1/23)

Boys Mile: Jimmy Cannon 4:44.60 - 26th out of 57 athletes

Boys 600m: Peter Saccoach 1:29.02 - 24th out of 66

Girls 55m: Allison Wong 7.88 - 24th out of 131 athletes

Girls 300m: Alex Case 43.80 (state qualifying mark) 18th out of 94

Girls 300m: Devin Hiltunen 44.31 - 26th out of 94

Girls 600m: Abby Murphy 1:45.71 - 39th out of 79

MSTCA COACHES Elite Meet (1/24)

Boys Shotput: Mike Munroe 51'07.25" 3rd place

Quincy Downs Duxbury

Cont'd From Page 19

points, but the tenth point, her 1,000th point, was all Nicole.

She got to the offensive boards. She wrestled for the ball, yanked it free and as she half-stumbled with her back to the basket, she flipped a touch shot over her head which kissed glass and dropped into the bucket. On any night, in any gym, it is a highlight. On point No. 1,000, it is a highlight which will last a lifetime.

"To have the balance, the touch, the awareness of where she was on the court to make that shot was remarkable. That was a special way to get her 1,000th," said Bretsch.

Milestone games are always difficult emotionally. After the player reaches her goal, there is an inevitable letdown. When it happens six minutes into the first period and there is still a game to be played, it can be dangerous. The action stops. There is a ceremony. Pictures are taken. Speeches are

given. Momentum is lost.

Quincy was not at its sharpest offensively. One reason was the emotion of the night. A better one was the Duxbury defense. The Dragons graduated all but one starter from last year's undefeated state champion, but they can still play defense.

"Duxbury's defense was excellent. That's the same kind of defense they played last year. We couldn't get our rhythm" said Bretsch.

The final margin was a bit deceiving. Quincy was up 27-16 at the half, 39-28 after three and Duxbury was never closer than the final margin of four points.

In other action last week, Jorgensen had 20 points and 20 rebounds in a 56-30 win over Plymouth North. Jerahian had 12 points on four three-pointers. Cunningham added eight points and six assists. Joelle Robinson played excellent defense in both wins last week.

Quincy is at Silver Lake Friday.

Presidents (9-1) Prevail In OT

By **BILL GRIFFIN**

Quit your job. Leave your home. Get in your car. Drive and watch basketball from the New York islands to the Redwood forests, and you may not see anything quite like Quincy's 73-72 overtime win over Plymouth North at the QHS gym last week.

Dyreke Johnson finally lifted Quincy over the top with 16 of his 20 points in the final period and OT. In other action Friday night, Quincy won in more traditional fashion, placing five players in double figures en route to a 65-55 road win over Duxbury to lift its record to 9-3 overall and 9-1 in the Patriot League.

"Our strength is we spread the ball around. We had eight players score against Duxbury. I think we've had at least eight players score in most of our games," said Quincy coach Dave Parry.

Senior Scott Mele led the way with 15. Quinlan Evans (12), Ugo Kamalu (11), Kyle Murphy (10) and Johnson (10) also hit double figures for the Presidents.

Quincy led from wire-to-wire. Mele hit two threes, and Murphy and Evans added one apiece as the Presidents built a 22-13 lead after one. Quincy was up 30-25 at the half and 48-37 after three en route to earning a season sweep of their series against the Dragons.

To fully appreciate the unique Plymouth experi-

ence, to fully understand how good Johnson was with his team in emotional free-fall, it is more important to know how the Presidents almost won the game in regulation rather than how they did win it in overtime.

It was a wonderful battle for four quarters. With 25 seconds left in regulation, Evans up-faked, let a shot-blocker soar by and coolly drained a three-point jumper for a 69-66 lead.

The Presidents played lockdown defense for 15 seconds while Plymouth desperately tried to free a three-point shooter. Quincy's Jean Louis deflected a pass. There were less than 10 seconds left. Johnson snatched the loose ball. He fired a perfect pass for a breakaway layup. The layup missed. Five seconds left.

Plymouth's Rayshon Ward cleared the rebound and fired a court-length fastball to Colby Parker. Three seconds. Quincy is up by three. If Parker makes a layup, the Presidents win by one. If he hesitates, the game is over. Instead he shovels a pass to Austin Ward deep behind the three-point line on the right wing. One second.

Ward lets go a jumper with perfect follow-through and rotation. It is good from the moment it leaves his hand. The ball is in the air. The buzzer sounds. Swish. Good hoop. Three points. Overtime. Plymouth North celebrates as if they had

won the Powerball. The Presidents are stunned in disbelief as if they had just seen ghosts and goblins.

How do you forget? How do you turn around that emotion in three minutes? How do you even show up for overtime, much less win it?

"I was shocked," said Johnson who scored all four of Quincy's points in the OT. "It was so random, but we have a lot of faith in each other. We just let go of the negativity."

"Resilience, thick skin, pride, trust. You have to get up off the mat after taking a punch. Pick one. They were all true," said Parry.

Johnson was terrific. With Quincy down, 71-69 in the overtime, he hit a foul-line jumper. With Quincy down, 72-71, he got to the bucket on a drive to put the Presidents up by one with 1:20 left. His defensive presence forced a miss with 40 seconds left.

Murphy then played perfect defense on Austin Ward (20 points in the second half and OT). Ward is quicker than thought. He can hit a three, stop and shoot a jumper, or get to the hoop. He gave Murphy a million moves. Murphy gave nothing. Murphy was isolated against a great player, and he did not give a thing. He forced Ward into a tough shot. It missed with three seconds left. Mele rebounded. It was over.

"Kyle played fantastic defense. He hit a couple of big shots, but his defense was what we needed," said Parry. "We want Dyreke to look to score more. He's almost too unselfish. He leads

the team in assists. He has more assists than the guards. We want him to look for his own shot."

"Some nights you just feel it, and tonight was one those nights for me," said Johnson who had 12 in the fourth on everything from powerful drives to the softest of jumpers from three-point land.

The game was a fast-paced treat of runs and streaks. Quincy had leads of eight and nine in the first half. The Eagles led by 10 in the second half and by four with 1:24 left in the game. Evans and Louis each had 12. Evans played the steadiest of games, and Louis nailed a clutch three to bring Quincy within 64-63 with 1:30 left in the game.

Ugo Kamalu added 11, including two hoops and an assist when Quincy went down 10 in the third period. Murphy and Mele each had five while Darius Setalsingh and Mark Munroe added four apiece.

Against Duxbury, Quincy played a tough zone to shut down the Dragons' offense when the lead narrowed in the third period. The Presidents protected the lead in the fourth with clutch foul shooting, going 9-12 from the line in the period and 15-19 for the game. Kamalu was 5-7 from the line in the fourth period.

"Our zone bothered their shooters, and we were able to stop their penetration," said Parry. "We were able to get turnovers and turn them into transition baskets. We did a good job on the defensive boards as well."

Quincy hosts Silver Lake Friday.

Quincy Bows To Pembroke

Quincy High School traveled to the Percy Walker Pool Jan. 21 for a meet against Pembroke High School.

The girls suffered a tough loss of 90-73 having had the lead at event 9 (out of 12). The boys also lost 97-49.

Once again, the 200 and 400 freestyle relays took first place. The 200 relay consisted of Juniors Kayla Ahrens, Emilia Kapcia, and Captain Bailee Carey, and Freshman Hannah Ford. The 400 relay consisted of Juniors Kayla Ahrens and Emilia Kapcia, Sophomore Julie Hong and Freshman Hannah Ford.

Individual highlights include Sophomore Julie Hong finishing first in the 200 yard Individual Medley and third in the 500 yard freestyle swim. Also in the 500 freestyle was Junior Emilia Kapacia who came in second place and dropped her time 50 seconds to 7:08.65 for a finishing time. Kapacia also placed first in

the 50 yard freestyle earlier in the meet.

Divers Bailee Carey and Madison Synan placed first and second respectively and each achieved a season high scores. Junior Kayla Ahrens also placed first in the 100 yard freestyle swim.

For the boys, Freshman Kevin Warner and Junior Antonio Vega placed second and third in the 200 yard freestyle race both with season best times. Freshman Guilherme Eller also got season best times in his second place finish in the 200 yard Individual Medley and 500 yard freestyle swim.

Finally, senior Matthew Pham also achieved season best times in his fourth place finish in the 100 yard freestyle and second place in the 100-yard backstroke.

QHS met Duxbury on Tuesday at Lincoln Hancock Pool. Four seniors were honored before the meet: Haley DiCristofaro, Olivia Baldino, Vanessa DeMore, and Matthew Pham.

North Quincy Slips To Scituate

The North Quincy boys swimming and diving team (2-6) slipped to visiting Scituate, 81-60, Jan. 21 at the Lincoln-Hancock Pool in Quincy. The girls fell 82-67 dropping their record to 1-7.

The most competitive event for both the girls and the boys teams was the 500-yard freestyle. The top-three girls swimmers finished within two seconds of each other, rare for a 20-length race. North Quincy senior Grace Anderson earned second with a time of 6:43.19, stymying a late surge by the third-place Scituate swimmer Julia Pasini. The fourth and fifth swimmer in that same race also finished a second apart with senior captain Gabby Doody capturing fifth (8:13.38).

For the boys, 20 seconds separated first and third which was claimed by NQ's Tommy Zhang clocking 5:35.97.

In the girls 100 butterfly, Grace Anderson and Scituate's Maddie Ryan clocked the very same time of 1:15.82 with the judges' decision going to Ryan who took the lead in the final lap.

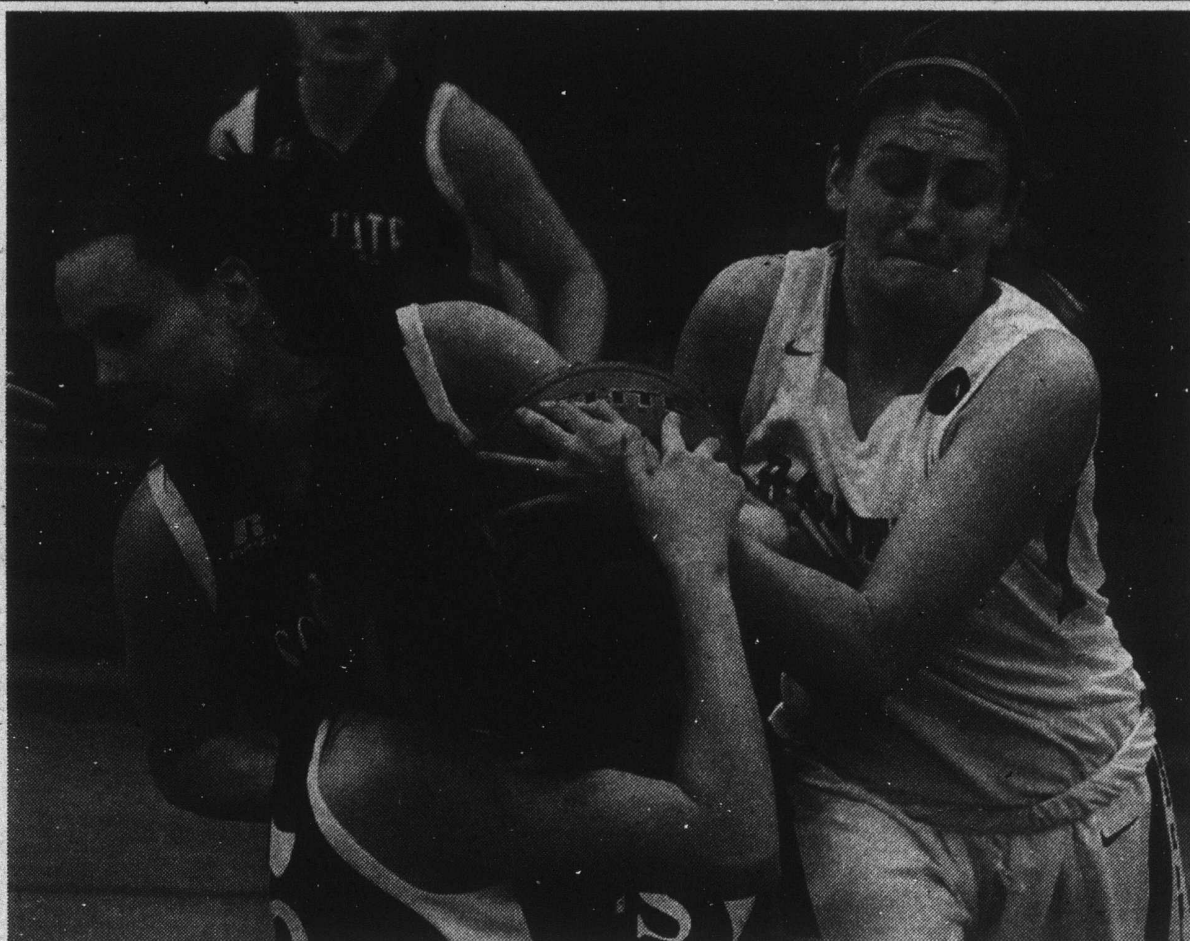
Another close swim happened in the girls 200 freestyle when junior Danielle O'Driscoll outlasted the Scituate competitor on her heels to earn the coveted silver (2:38.84).

Sophomore Brenna Kirby placed second in the 200 individual medley and also swam 1:39.03 in the 100 breaststroke. Senior captain Kara Carchedi earned third in the 200 freestyle (1:14.47). Freshman Anastasia Zygoras contributed the fourth-best times of 32.69 and 1:31.89 in the 50 free and 100 backstroke events, respectively.

Freshman Adam Tlaxolal took a page out of O'Driscoll's book when he battled for second in the 200 freestyle with his time of 2:26.50 beating the next Scituate competitor by four tenths of a second. Zhang won the 200 individual medley swimming 2:15.63, and Daniel Wong was second in the 100 butterfly (1:26.00). Wong joined teammates Aymen Sadaka, Tlaxolal, and Hou Nam Wong for second in the 200 free relay, beating the next Scituate squad by less than one second.



NORTH QUINCY junior guard Karyn McEvoy eyes a shot against Scituate. McEvoy scored 10 points and added four rebounds in the Red Raiders 53-42 loss against the Sailors Jan. 19. Despite some adversity, the Red Raiders remain upbeat with nine games to go this season.



SENIOR TRI-CAPTAIN Marissa McGue battles two Scituate players for possession. McGue scored six points in the Red Raiders loss to Hanover last Friday night. North Quincy hosts Middleboro at 7 p.m. Friday.
Quincy Sun Photos/Robert Bosworth

Resilient Red Raiders Remain Upbeat

By TOM JOYCE

Despite some unexpected adversity this season, the North Quincy High School girls' basketball team remains upbeat and positive as the season stretches into the final nine games of the regular schedule.

Midseason, the Red Raiders (1-10) endured a coaching change that put then-JV coach Greg Lannon in charge of the varsity program. This was supposed to be his first year as the head JV coach and before that, he spent three years coaching the freshman team.

Lannon replaced head coach Brian Buckley and albeit he was forced to make a difficult transition, he is happy with the way it has gone thus far.

"I've been thrown into the fire a bit," he said. "But it's been a great experience. The girls have made this 10 times easier for me. They make my life a lot easier because they listen, they're willing to learn and fix their mistakes."

"Every day in practice, they're always positive. They're always upbeat. For me, the experience alone going through late practices, early practices, Sunday morning practices, has built strong relationships for me with the girls. And that's what we're shooting for: building a winning program."

Last Friday night, the girls fell, 71-28, to an undefeated Hanover Indians team. Junior Kerin Coleman

led the Red Raiders with seven points while senior captain Marissa McGue and junior captain Remy Aucoin added another six apiece.

Earlier in the week, on Jan. 19, the Red Raiders showed their competitiveness battling Scituate in a 53-42 loss to the Sailors. Leading NQ were Remy Aucoin who had 18 points and 12 rebounds and Karyn McEvoy (10 points and four rebounds.)

Relatively speaking, the Red Raiders have a young team. With just three seniors on his roster, captains Marissa McGue and Ali Coleman as well as forward Niaki Louis, Lannon admits experience is an issue for his team. But he is happy with who he has.

"Experience is not where we need it to be to be successful," he said. "But we're working at that every day. Every game has been an experience for us. It'll only make us better not only for our next games, but in the years to come."

"My three seniors and my junior captain have been great. This whole transition has been tough — for the girls to get a new head coach a quarter of the way through the season. But it's good to have them."

Fortunately for the Red Raiders, since Lannon was the freshman coach for the previous three seasons, he had coached a handful of players who are on varsity now in the past.

Lannon said that his

team's biggest strength this season is their intensity — specifically on defense.

As far as intangibles, he said that his players work hard and have a positive attitude. He added that his team has strong chemistry and comradery.

"Everyone has really stepped up this year," he said. "Jill Hallisey and Jessie Caldwell as sophomores on varsity have been big. A few juniors — Kerin Coleman, Karyn McEvoy and Michelle Mark, have been key. Freshman Mary Kate McAleavey has been phenomenal for us. Everyone in practice wants to get better. And we have been getting better every day."

"It's been a tough year."



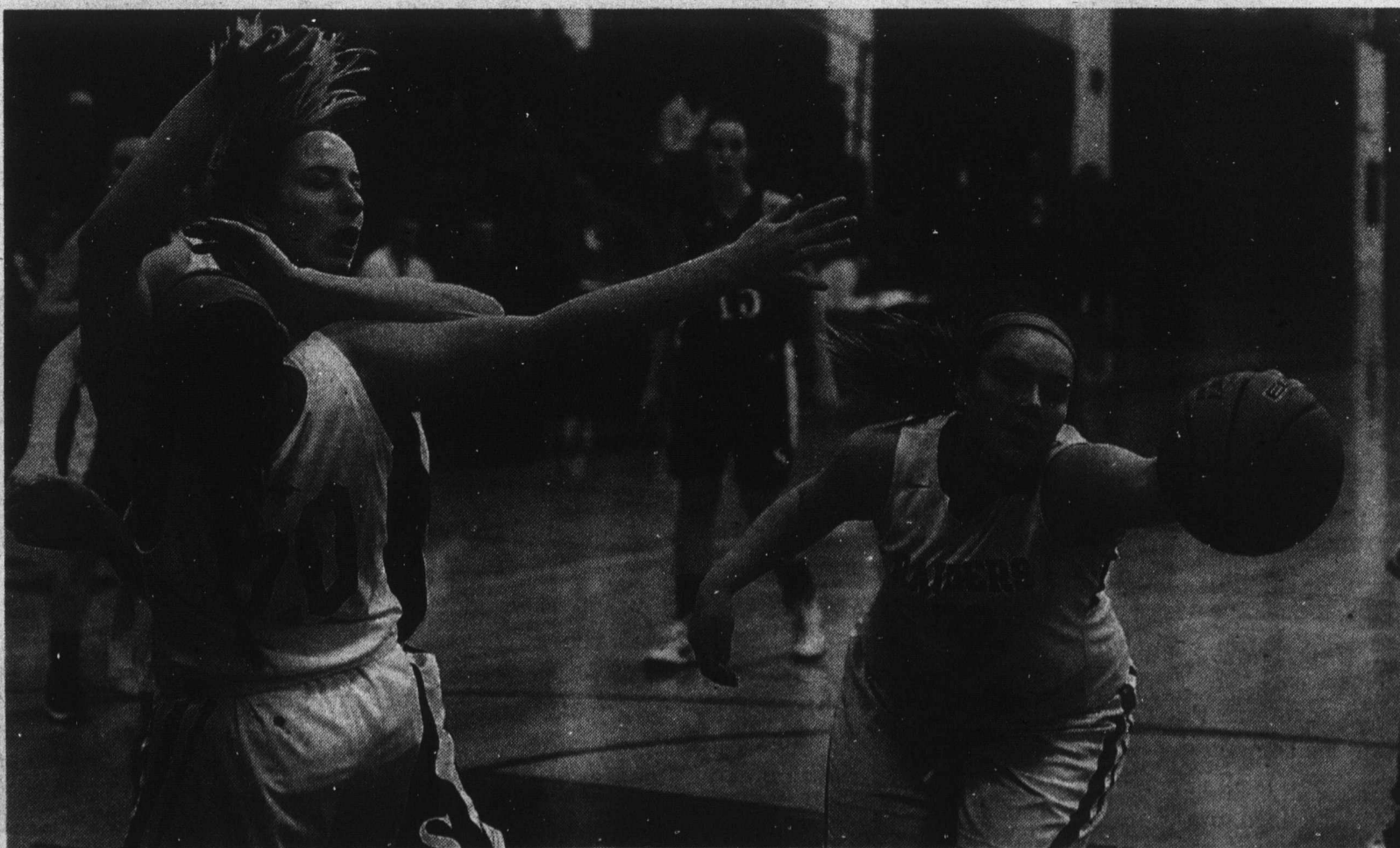
JUNIOR REMY AUCOIN, another tri-captain for North Quincy, collects one of her 12 rebounds against Scituate Jan. 19. Aucoin scored 18 points against the Sailors and six points against undefeated Hanover Jan. 22.

We've had a few injuries. But I couldn't be happier with these girls and couldn't ask for a better team to have. We're just going to fight through everything and get to where we need to be."

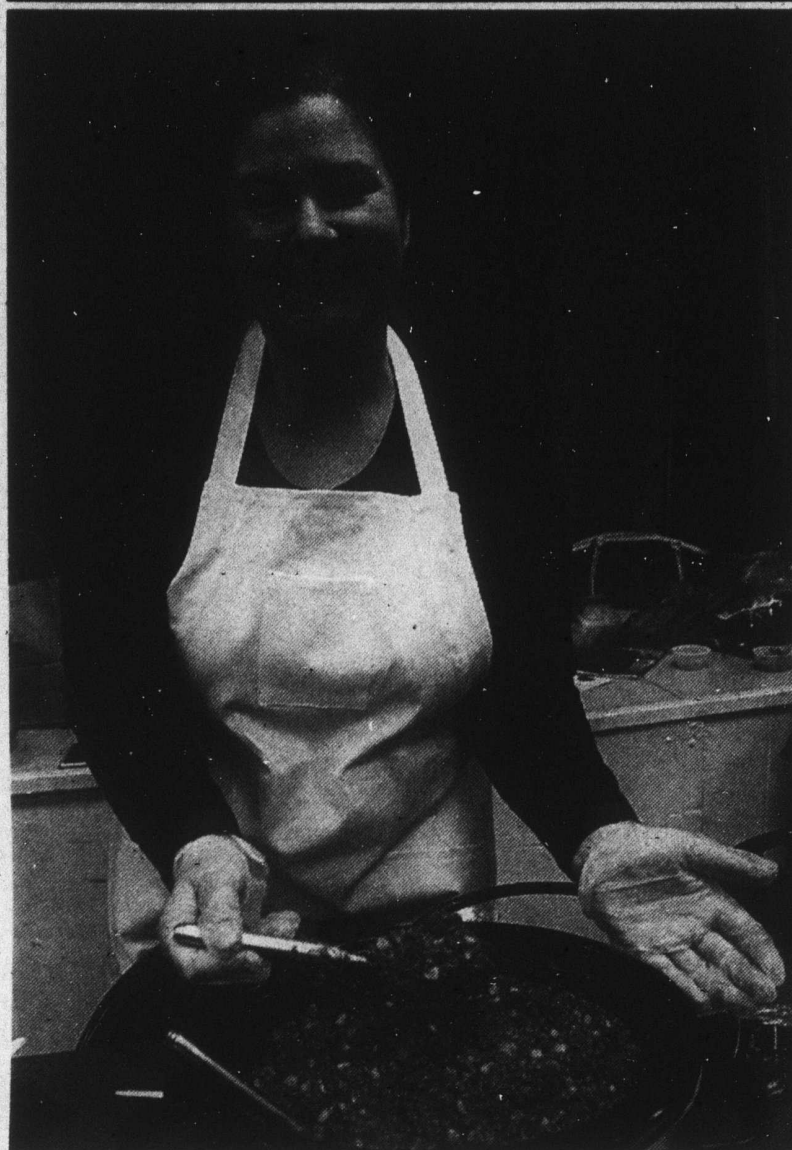
The Red Raiders are not shooting for a spot in the MIAA Tournament this season. But that does not mean that their season is a loss.

"We just want to see constant improvement," Lannon

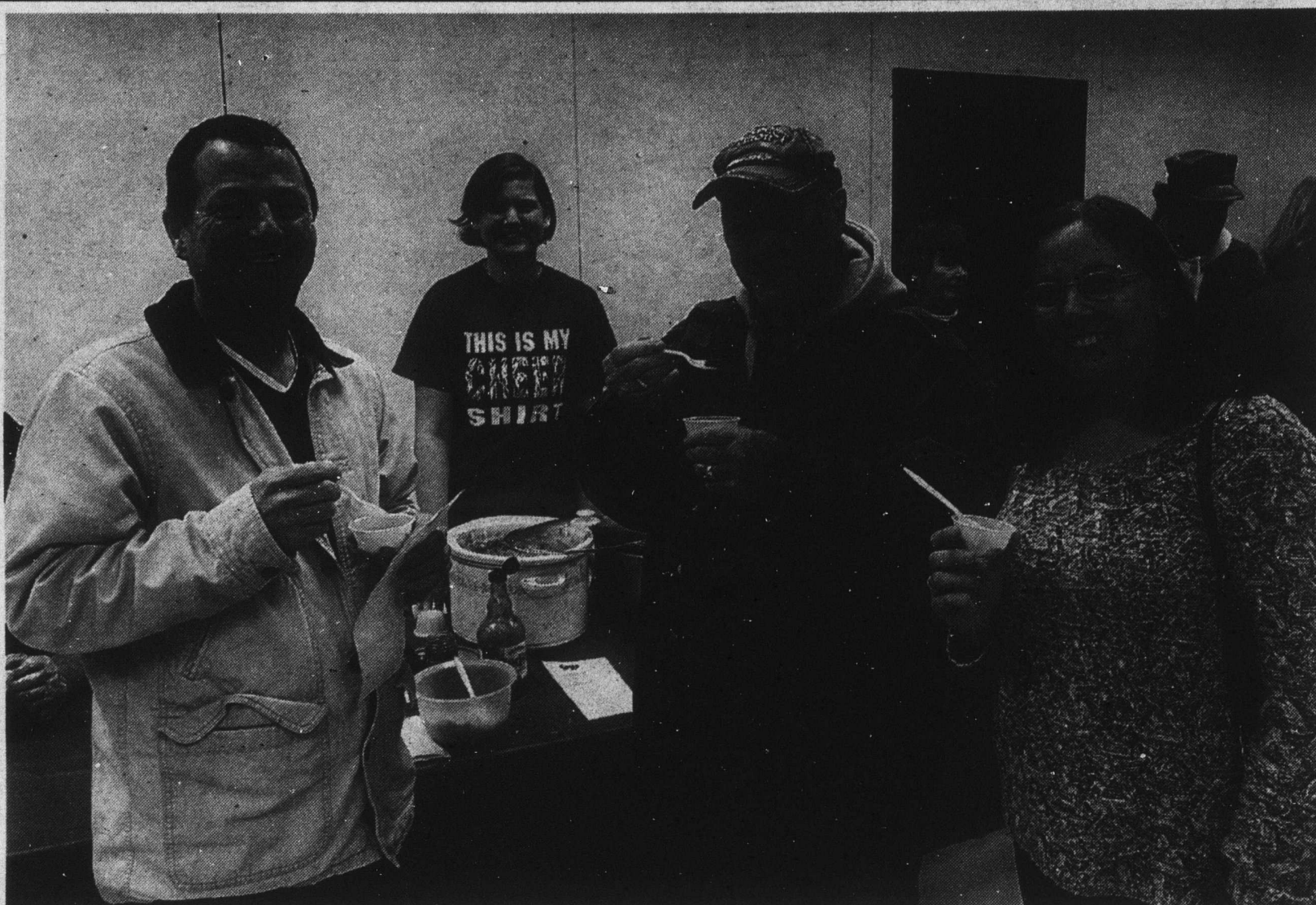
said. "We want to improve our individual skills and our team skills. If you look at us a month ago, we're not even close to the same team. We've improved every day. And I can't ask for more from the girls."



SOPHOMORE FORWARD Jessie Caldwell (right) hustles for a loose ball as teammate Karyn McEvoy (#20) blocks out a Scituate opponent.



PIPER JORNALES was among the individuals who competed at last Saturday's Houghs Neck Chili Fest.



ENJOYING SOME CHILI offered by Kristy Rose Arnott (second from left) at the seventh annual Houghs Neck Chili Fest at the Houghs Neck Congregational Church are (from left) Jim McCarthy, former Ward 1 councillor Leo Kelly and School Committeeewoman Kathy Hubley.

Quincy Sun Photos/Robert Bosworth

Houghs Neck Chili Fest Serves Up Another Winner

Cont'd From Page 17

right I started making it for the fire department."

Hubley was impressed with range of flavorful chilis on Saturday. "They're very unique," she said. "There's different beans in some. Some people put corn in or bacon. Some have a smokier taste than others. When you go down the line you can check out the difference."

Monies raised from the competition went directly to the church and is used for needs within the congregation.

Besides the many locals who turn out for the event year after year, the cook off also attracted people from outside of Quincy.

Sue Stellick and Erin O'Hare made the trip from Brookline. Stellick, an admitted chili junkie, looks forward to the event yearly.

"Years ago I was looking for something to do on the weekend and it popped up," said Stellick. "I love chili so I came down here and it was the best five dollars I spent in my life. One year I went to the national tobogan championships up in Camden, Maine, primarily because they had a chili and chowder cook off. It's a good excuse to go someplace."

The three patrols from Troop #6 were busy filling cups of piping hot chilis for the people who flocked to their tables. Twenty scouts worked throughout the afternoon in shifts as members of the Tube Man Patrol, Phoenix Patrol and Cyberduck Patrol.

Scoutmaster Rob Gordon said the competition between the scouts is all in good fun.

"The kids like it," said Gordon. "It's fun for them to make something and share it



ALSO TAKING PART in the 7th annual Houghs Neck Chili Fest were Susan Stimpson (left) and Helen Miller (right).

with other people. The ingredients are a little bit of a secret between the patrols. They got together, figured what recipe they wanted to do, got the ingredients and did all the cooking themselves."

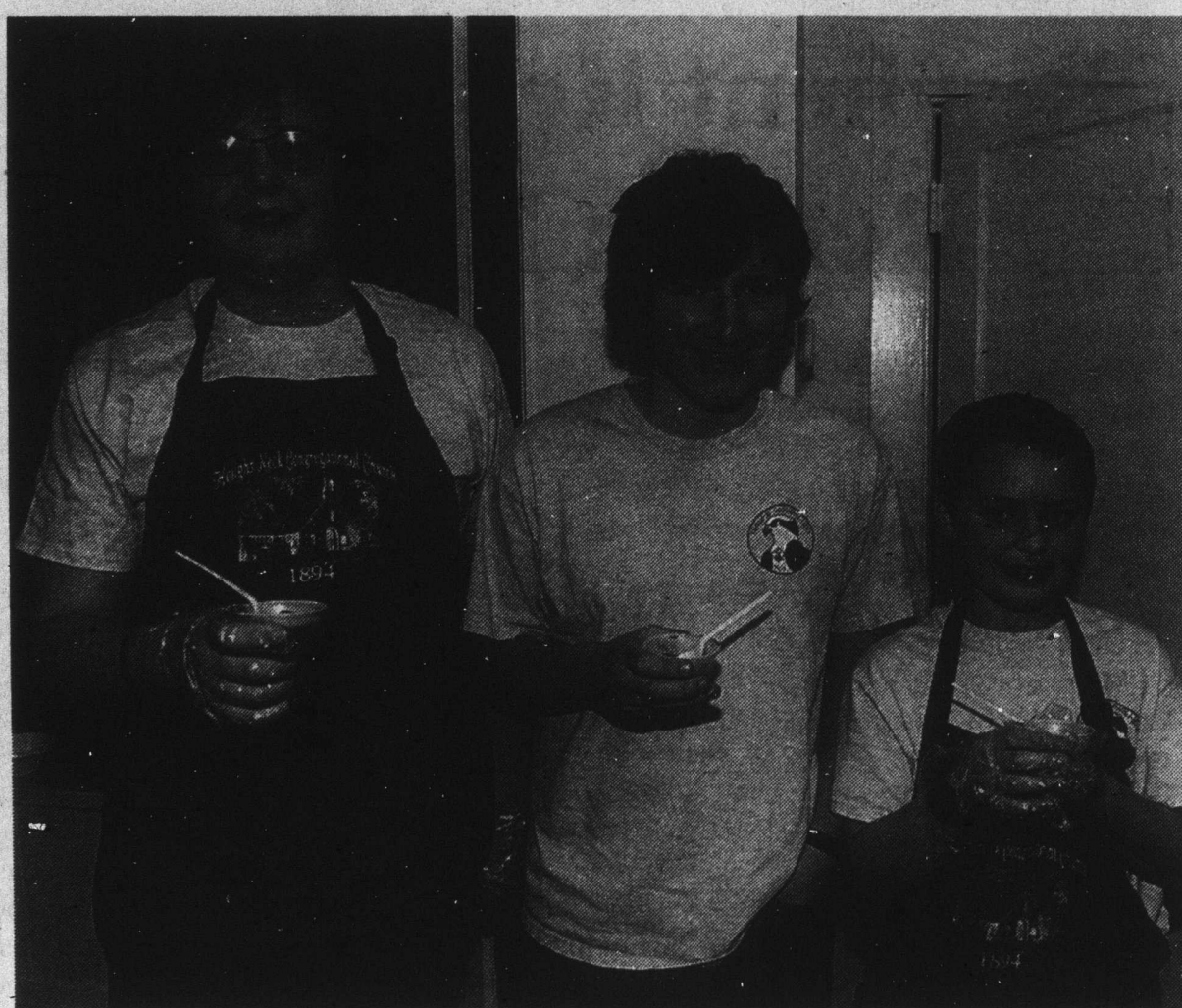
Scout Michael Richardson, an eighth grader at the Quincy Catholic Academy and member of the Phoenix Patrol, said the process of putting together a tasty chili was fun and rewarding. The secret ingredient, that Richardson finally divulged, was spicy hamburger meat.

"It's fun," said Richardson. "It's an experience worth having because I don't think it's something that I'd do if I wasn't in boy scouts. It's an opportunity to step out and try new things. We wanted to make some-

thing simple because I don't really know chili that well, but my dad does so we had him try it and he said it was pretty good. We stuck with that recipe."

Ted Arnott, an Apache coach in Quincy Youth Football, was competing for the second time and used his key ingredient - peppers. "I don't measure anything," Arnott admitted. "It's a little on the spicy side, but not overly spicy. It's easier to add stuff then take stuff out. If I was making it for me I would have added a ton more pepper."

Other competitors who participated include Pam Craig, Jaime Gordon, Piper Jorales, Helen Miller, Kelli Stirling and Bill Dahlgren, along with Boston BBQ and Louis.



TROOP 6 BOY SCOUTS (from left) Michael Richardson, Paul Donahue and Michael DeBono are ready to serve some samples of their home-made chili at last Saturday's Houghs Neck Chili Fest.



OTHERS ENTERING RECIPES in the individual competition were Pam Craig (left) and Bill Dahlgren (right.)

On Sunday, January 10, 2016, at approximately 10:45 p.m., Officers Joseph Paccioretti and Paul Murphy responded to the parking lot of 816 Willard Street on a report of a car accident with the operators arguing.

While en route to the call, the Officers were informed that the operator had fled the scene on foot walking towards Braintree on Willard Street. Officer Murphy arrived on scene to gather additional information while Officer Paccioretti searched for the driver. A description was given out of a blonde female driver and after a brief search, Officer Paccioretti spotted a female leaning against a retaining wall behind a local business not far from the accident scene. The Officer approached the suspect on foot and she asked him what he wanted. When told that she matched the description of a driver just involved in a car accident, the female responded, "I wasn't driving." The female had a moderate odor of alcoholic beverage coming from her, with glassy eyes and slightly slurred speech.

Officer Paccioretti transported the female back to the accident scene and then had her step from the cruiser where the caller and her husband confirmed that she was the driver of a pickup truck which backed into two parked vehicles in the parking lot. They added that they confronted the female driver and after a brief argument, the driver fled the scene on foot. The female driver then yelled out that she was in the truck but not driving, claiming that there was another blonde female who drove but she was now gone.

At this time, a female came out from between two vehicles in the parking lot and the female driver pointed at her and said that she was the driver. She was a blonde! Officer Paccioretti approached this female and after asking her if she had been driving the truck, she became belligerent and started yelling and swearing at the Officer, saying, "I

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

wasn't driving the f@#\$%^& truck." When asked what she knew about the accident, this female said, "You're going to be in trouble - I called my aunt." The female then attempted to walk around the Officer toward the female driver while yelling, "You dropped a f@#\$%^& dime on me - you know I wasn't driving." The female was advised to stop yelling and not to approach anyone because neighbors were coming out to their apartment balconies to see what was going on.

Due to the volatility of the situation, a third unit, Officer Acevedo responded to the scene. The female, still agitated, again attempted to get past the Officers to get at the female driver. This female also had a moderate odor of alcoholic beverage coming from her along with glassy eyes. When asked if she had been drinking, the female retorted, "I'm not f@#\$%^& driving" followed by yelling and swearing. She was strongly advised to stop but she continued which resulted in her arrest for disorderly conduct.

After a brief struggle, the female was handcuffed. Officer Acevedo took charge of the agitated female and placed her in a cruiser. At that time, the female driver told Officer Paccioretti that the female had her son's cell phone. As the Officers removed the cell phone, the female warned the



LT. DAN MINTON

Officers to take the cuffs off because she had called her Aunt and she would have the Officers fired. As the Officers attempted to shut the cruiser door, the female, wearing boots, began kicking at the Officers. Once the female was removed from the scene, Officer Paccioretti re-interviewed the witnesses again. They stated that they were there to pick up their son from a party. When they arrived, they observed a truck back out of a parking space and hit two parked vehicles. The truck pulled forward and backed into the two cars again going faster. They confronted the female driver and the male witness took the keys from the ignition. The female driver then walked away when she knew the Police were coming. Another witness who was walking his dog and observed the accident confirmed that the female driver was behind the wheel. Another witness viewed the incident from her balcony and also confirmed the female driver as being behind the wheel.

When told of the numerous witnesses identifying her as the driver, she denied this and said she would fight it in court. When asked how much she had been drinking, the female driver said it was "a little." After refusing to take field sobriety tests, the female driver, a 20 year old Canton resident, was placed under arrest for "Leaving the Scene after Causing Property Damage and OUI Liquor."

Soon after, the owner of the suspect vehicle arrived and said that he gave the keys to the female driver and that the other female was in the car. He stated that he didn't know she had been drinking. The other female, a 20 year old Braintree resident, was charged with "Disorderly Conduct, Resisting Arrest and Assault and Battery with a Shod foot." Coincidentally, while booking these two females separately, they both possessed stolen Massachusetts licenses. Nice Work!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 15 - 22

ARRESTS: 19

TOTAL CALLS: 852

STOLEN MOTOR VEHICLES: 1

FRIDAY, JAN. 15

VANDALISM/PROPERTY, 10:14 a.m., Kam Man Food, 215 Quincy Ave. Graffiti.

BREAKING AND ENTERING, 6:47 p.m., 300 block Water St. Laptop was taken.

VANDALISM/PROPERTY, 10:45 p.m., Copeland St. A group of males known to caller were over earlier drinking in his apartment. A while after they left, he went into his bedroom to find his window broken. Unsure which male may have done it.

SATURDAY, JAN. 16

LARCENY, 10:20 a.m., Holbrook Rd. Package.

VANDALISM/PROPERTY, 11:17 a.m., 500 block Hancock St. Damaged to window; occurred last night.

LARCENY, 3:05 p.m., Monro Muffler, 500 Southern Arty. Customer walked out without paying car bill. Person had left his credit card information and the bill was paid.

SUNDAY, JAN. 17

MOTOR VEHICLE LARCENY, 11:17 a.m., Raycroft St. Caller says her vehicle was stolen. Address was given by state; caller would not talk then hung up.

LARCENY, 4:09 p.m., Kam Man Food, 215 Quincy Ave. Caller's mother had her wallet stolen while she was out shopping.

BREAKING AND ENTERING, 5:32 p.m., 200 block Squantum St. Medications, \$700 missing.

MONDAY, JAN. 18

ATTEMPTED BREAKING AND ENTERING, 3:33 a.m., low numbers of E. Squantum St. Individual was trying to open window. Does not have description of individual or no direction of flight. Tracking across NQ high towards T station. Track ends in McDonald's parking lot. Appears as though suspect left from there in a vehicle. Two suspects.

BREAKING AND ENTERING, 1:08 p.m., Federal Ave. Trailer broken into.

LARCENY, 3:07 p.m., 300 block Water St. Laptop.

One under arrest. Felony straight warrant, Hingham District Court.

TUESDAY, JAN. 19

BREAKING AND ENTERING IN PROGRESS, 12:05 p.m., 145 Willard St. White males, dark hoodies, went into first floor window on right side of building. Unfounded; checked apartment with resident and unable to find any sign of a break.

BREAKING AND ENTERING, 6:03 p.m., Fensmere Ave.

BREAKING AND ENTERING, 6:33 p.m., Larry Pl. Basement and backdoor. Caller found both doors open. She did not enter the house. No B&E. Appears door blew open. Nothing missing and no tracks in the snow. Searched the residence and found nothing amiss.

WEDNESDAY, JAN. 20

LARCENY, 9:53 a.m., 540 Southern Artery. See previous incident. Winter Classic ticket fraud.

LARCENY, 11:05 p.m., Quincy Checker Cab, 673 Washington St. Generator.

LARCENY, 1:40 p.m., Quincy District Court, 1 Ryan Pkwy. Duffel bag.

ATTEMPTED LARCENY, 2:11 p.m., Santander Bank, 20 Beale St. Complaint for attempted larceny by check and uttering forged instrument.

LARCENY, 2:35 p.m., Bicknell St. Caller in QPD lobby state a Hispanic male last seen wearing red sweater and black pants took off with backpack while at the bus stop; happened more than an hour ago. Party changed story multiple times then left no report.

LARCENY, 3:59 p.m., Anytime Fitness, 475 Hancock St. Two jackets stolen from coatrack, containing keys to houses and vehicles. Fled approximately 10 minutes ago on foot.

THURSDAY, JAN. 21

VANDALISM/PROPERTY, 8:14 a.m., Fours, 15 Cottage Ave. Graffiti.

VANDALISM/PROPERTY, 8:17 a.m., Alba, 1486 Hancock St. Graffiti.

VANDALISM/PROPERTY, 8:20 a.m., Tully's Café, 26 Cottage Ave. Graffiti.

VANDALISM/PROPERTY, 8:20 a.m., Hancock Tobacco, 1500 Hancock St. Graffiti.

VANDALISM/PROPERTY, 8:22 a.m., Iron Furnace, 1495 Hancock St. Graffiti.

VANDALISM/PROPERTY, 8:23 a.m., Nova Suites, 3 Cottage Ave. Graffiti.

LARCENY, 6:54 p.m., 350 Hancock St. Reports an employee has been stealing money from him.

BREAKING AND ENTERING, 10:26 p.m., 400 block Palmer St.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Raycroft Street.

CAR BREAKS: Dale Avenue, Independence Avenue, Sumner Street, Parkway, Elm Avenue

BREAKS AND ATTEMPTED BREAKS: 400 block of Palmer Street, Lary Place, Fensmere Avenue, Federal Avenue, 300 block of Water Street.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log-onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hot-Line at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by *The Quincy Sun* as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

SUN FUN PAGE

King Crossword

ACROSS

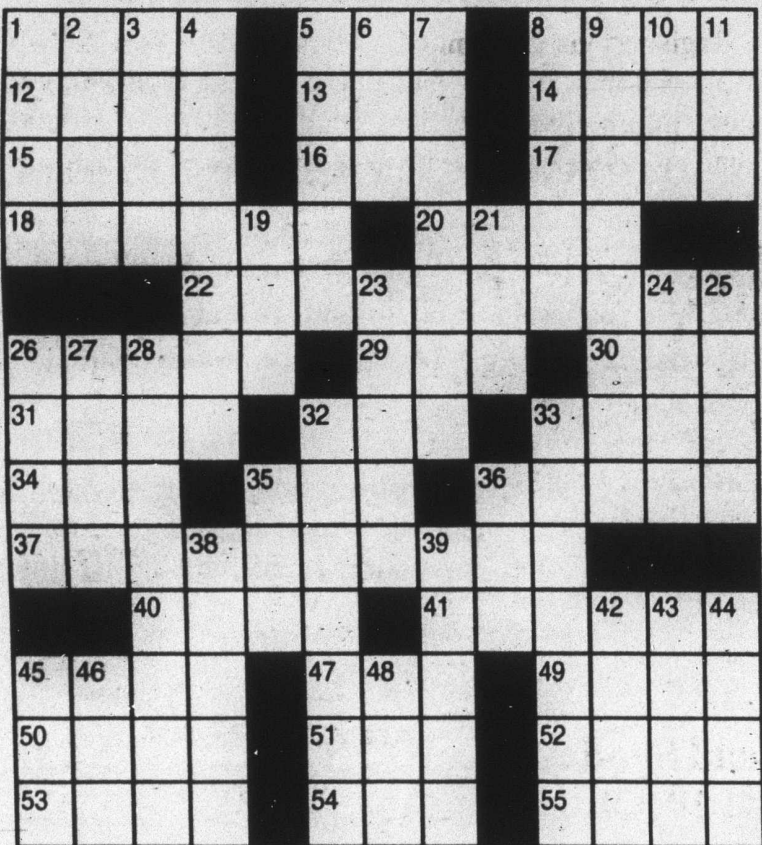
- 1 Hairstyle
5 Fond du —, Wisc.
8 Wan
12 Pitch
13 Bachelor's last words
14 Old portico
15 Largest continent
16 — canto
17 Get ready, for short
18 Catch sight of
20 Eye layer
22 West Virginia industry
26 — nerve
29 Japanese sash
30 Sticky stuff
31 Frog's cousin
32 Pair
33 Timely question?
34 Unwell
35 Miler Sebas-tian

DOWN

- 36 Name
37 "Kiss Me Kate" composer
40 Up to
41 Discomfort
45 Dressed
47 Botanical sticker
49 Walked (on)
50 Heap
51 "— was saying, ..."
52 Enthralled
53 PC operator
54 Scooted
55 Shetland, e.g.

36 Name

- 37 "Kiss Me Kate" composer
40 Up to
41 Discomfort
45 Dressed
47 Botanical sticker
49 Walked (on)
50 Heap
51 "— was saying, ..."
52 Enthralled
53 PC operator
54 Scooted
55 Shetland, e.g.



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MAGIC MAZE ● REMOVE LETTERS TO FIND A STATE

HNHLJHECAYWVTFN
ERIPNLHCAERTUOK
INRMTHGCECEIRE
BZOXATSHTRSUEV
MSHGRRAAPAEOMGA
ALIJEBIWWHHIGRW
TETDORBNOTATYOO
IXOTWUOCELUTUUR
NSUQPROFNSIOLNC
EAENIZAGAMKKJDI
ENIGAMIEHCATSUM

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Autobahn Imagine Marines Nuthatch
Cohesion Ironware Matinee Outreach
Foregone Kilowatt Microwave Outwash
Foreground Magazine Mustache

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HOCUS-FOCUS

BY HENRY BOLTIKOFF



Find at least six differences in details between panels.



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Trivia test by Fifi Rodriguez

- LITERATURE: Who wrote the children's book "Tales of a Fourth Grade Nothing"?
- MOVIES: Who played the lead female role in "The Silence of the Lambs"?
- ANIMAL KINGDOM: What kind of bird is the fast-moving roadrunner?
- GENERAL KNOWLEDGE: What occupation is traditionally associated with leprechauns?
- LANGUAGE: What is another name for comestibles?
- MEDICAL: What is the modern-day equivalent of the ailment once known as "grippe"?
- GEOGRAPHY: The country of Wales was

known in Roman times by what name?

- MEASUREMENTS: What is the unit of measurement for stacked firewood?
 - MUSIC: Which pop star's real name is Reg Dwight?
 - GAMES: Which two letters of the alphabet have the highest values in the game of Scrabble?
- Answers
- Judy Blume
 - Jodie Foster
 - Cuckoo
 - Shoe-making or mending
 - Food items
 - Influenza
 - Cambria
 - A cord
 - Elton John
 - Q and Z, 10 points apiece
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Wishing Well®

7 8 7 2 6 7 8 6 2 4 5 6 3
B F U D P S O L A A L E B
7 3 4 5 2 6 4 5 2 8 2 7 4
I E B I R A O F I R N N L
6 5 2 4 7 5 2 5 3 8 5 6 7
S E G D E I I S D T S A S
3 7 3 5 2 4 2 6 4 5 3 7 8
E S T U D E E N R N E T U
5 4 3 4 8 6 7 3 8 7 3 5 2
N O R U N T H M E R I Y A
8 7 3 8 7 3 7 4 6 7 3 8 4
I I N M V E E T D S D P L
8 6 4 6 8 4 8 4 8 6 8 6 6
R R O E O O V K E A S M S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) A gracious Lamb can learn more about a problem-filled situation than one who is openly suspicious of what could be happening. A friend might offer some well-directed advice.

TAURUS (April 20 to May 20) Getting adjusted to an unexpected change might be difficult for the Bovine who prefers things to go according to plan. But help could come from a most welcome source.

GEMINI (May 21 to June 20) This could be a good time to get a head start on those career-related plans. The sooner you check out the pluses and minuses, the sooner you can act on your information.

CANCER (June 21 to July 22) A personal situation you thought would no longer present a problem suddenly could produce some surprises. Try to sort things out with the help of trusted colleagues.

LEO (July 23 to August 22) An upcoming move holds both anticipation and anxiety for Leos and Leonas who have some big decisions to make. Advice is plentiful, but it's up to you to decide which way you want to go.

VIRGO (August 23 to September 22) Someone from a previous project could provide valuable guidance on how to handle a current problem, especially where it might involve a legal matter.

LIBRA (September 23 to October 22) A business situation presents some unexpected

ed complications. But rather than try to handle them all at once, it would be best to deal with them one at a time.

SCORPIO (October 23 to November 21) You just might get what you want, despite the odds against it. In any event, be sure to thank all those people involved who believed in you and went to bat for you.

SAGITTARIUS (November 22 to December 21) Before you even hint at an accusation, remember that you'll have to prove what you say. So be sure you have what you need to back up your comments.

CAPRICORN (December 22 to January 19) A romantic situation takes an unexpected turn that favors some Sea Goats, but causes others to reassess how they've been handling the relationship.

AQUARIUS (January 20 to February 18) A surprise turn of events could unsettle the Water Bearer. But it also might help open up an entirely different way of working out an important matter.

PISCES (February 19 to March 20) A smoothly running operation could bump up against an obstacle. This is where your ability to assess situations and make adjustments can restore things to normal.

BORN THIS WEEK: Your kindness is legendary, and so is your strong sense of responsibility.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: O equals P

MNJW CDGJPDYA CFAC "VNEC
IJWOEU. IDEWV EC GTON VDD
CNFKI," MDTUY VNFV PJ F
DEWVJY OKEVEOECG?

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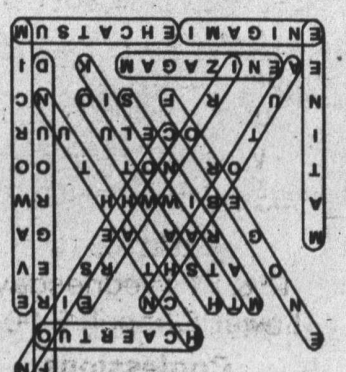
CryptoQuip puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

King Crossword — Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



Cryptoquip ANSWER: "This pointed criticism?"

sharp," would that be a pencil point is much too When somebody says "This

OBITUARY

Joseph N. Lenehan III, 48

A funeral Mass for Joseph N. Lenehan III, 48, a lifelong Quincy resident, will be celebrated at 10 a.m. Friday in St. John the Baptist Church, Quincy.

Mr. Lenehan died Jan. 23.

He was born, raised and educated in Quincy and graduated from Quincy High School, Class of 1985. Upon graduation, Mr. Lenehan entered the U.S. Army and served for three years. He was primarily stationed in Germany. After returning from the service, he received his bachelor's degree in history from UMass Boston.

Mr. Lenehan worked as a United Parcel Service driver for 26 years and was a member of Teamsters Local 25. He was an avid reader, enjoyed golfing and was an enthusiast of Boston sports. Mr. Lenehan was affectionately known as "Lenny" to his friends.

Devoted father of his cherished daughter, Bridget R. Lenehan of Quincy. Also survived by Maryellen McCarthy of Quincy. Beloved son of Ruth M. (Trainor) Lenehan of Plymouth and the late Joseph N. Lenehan, Jr. Dear brother of Patricia M. Lenehan of Newton, Jamaica Plain, Mass.



JOSEPH N. LENEHAN III

net L. Lothrop and her husband Norman of Marblehead and Elizabeth L. Egan and her husband Daniel of Quincy. Loving uncle of Julia and Kate Lothrop. Also survived by many cousins and friends.

Visiting hours are 4-8 p.m. Thursday at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9 a.m. Friday, prior to the Mass.

Interment private. Memorial donations may be made to a fund benefitting his daughter. Please make checks payable to: "Ruth Lenehan for the Benefit of Bridget Lenehan", c/o 14 Fairway Drive, Plymouth, MA 02360.

Union Congregational Church

The Rev. John C. Swanson, Pastor of Union Congregational Church, corner of Beach Street and Rawson Road, Wollaston, will continue his sermon series on characters of the Bible with a study of Rehoboam, son of King Solomon.

Sunday's message is titled "Rehoboam: Blowing One's Inheritance." On his father's death Prince Rehoboam inherited a united kingdom at peace and relatively prosperous. Advised by his father's ministers to

deal with a mild recession and reduce taxes, Rehoboam spurned their advice and instead unnecessarily alienated and enraged the people to the point that Israel was fragmented and split in two within months of his ascension. Conceit, arrogance and ineptitude undid in months what his father Solomon and grandfather David had accomplished in 80 years.

Sunday service at UCC is at 10 a.m. Coffee and conversation follows.

Valentine Princess Tea At Houghs Neck Church

A Valentine Princess Tea for pre-school through elementary age princesses will be held on Saturday, Feb. 13 in Fellowship Hall of the Houghs Neck Congregational Church, 310 Manet Ave.

There will be crafts, music, activities, and goodies and perhaps even a visit by special princesses. There will also be a Princess Boutique where royal accessories can be purchased.

Two sessions will be available: 10 a.m. to noon and 2 to 4 p.m. All princesses must be accompanied by an adult.

Princess dress and accessories are optional.

The event is always a sell-out. Cost is \$10 per child and \$5 per adult.

Reservations are required and can be made by e-mail to hncc@comcast.net or by calling Sue at 617-479-2311. Be sure to indicate how many adults and how many princesses will be attending and which session you prefer.

Those who leave a message on Sue's answering machine are asked to include a return phone number.

Fort Square Presbyterian Church Winter Bible Camp

Fort Square Presbyterian Church will host a free Winter Bible Camp for children in kindergarten to grade 5 during February school va-

cation. It will start on Tuesday, Feb. 16th and run through Friday, Feb. 19th from 9 a.m. to noon.

RELIGION

Bethany Congregational

Bethany Congregational Church will have a Worship Service and Sunday School at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon entitled "Unity and Well Being." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Worship Services and its numerous group activities: an active Youth Group and a Missions and Growth Committee doing various charity works. Rev. Preble will lead

a weekly adult Bible Study on Tuesday at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at: www.bethanyconchurch.org for updates and activities. Thanks to the Video Ministry, the Service is broadcast on QATV at 6 p.m. and Sundays at 10 a.m. on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational

Pastor Felix Carrion will preach the sermon "On the Brow of the Hill" at the Sunday morning worship service starting at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

Liturgist Laurel Wainwright will call to worship and give the scripture lesson. Molly and Nancy Jacobs will serve for the Diaconate. Minister of Music, Steve Reed will direct the

choir.

Nursery and Sunday school begin after the minister's Children's Message. Following the service a fellowship coffee hour is hosted by Molly and Nancy Jacobs in the Coffee Room.

The Boy Scout Troop 6 Blue and Gold dinner is at 5 p.m. Sunday.

Yoga classes are at 7 p.m. Tuesday with Amy Ross and Thursday with Linda Beck. Bring a mat, water and \$5.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic	Catholic	Congregational	Congregational	Christian Science
St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>MASSES</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8866 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service begins at 10 a.m. Pastor Felix Carrion will preach the sermon "On the Brow of the Hill" All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	 Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com UNION CONGREGATIONAL Beach St. & Rawson Rd., Wollaston (617) 479-6661 Rev. John Swanson, Pastor Sunday Worship Service 10 AM	First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	 BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Worship Service and Sunday School at 10AM Rev. William C. Harding will conduct the service and preach the sermon "Unity and Well Being" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible	Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 8:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Bev Keuthen, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617-472-3668 E-mail: office@wconaz.org www.wollastonnazarene.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Dr. Susan Jarek-Glidden, Pastor
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1 st & 3 rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	QUINCY POINT CONGREGATIONAL CHURCH 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Ann Suzedell, Pastor email: office@quincypointcong.org Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	

To Advertise in this Directory, Call 617-471-3100

PEACE

OBITUARIES

Gertrude E. Ennis, 96

A funeral home service for Gertrude E. "Tango" (Bowers) Ennis, 96, of Squantum was held Jan. 22 at Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Ennis died Jan. 17.

She had been a Quincy resident for more than 70 years and had been involved with the Squantum Fourth of July parade and Quincy Christmas parade for many years. Mrs. Ennis was a people person and loved to talk and tell stories. She also loved to play golf and ran tournaments every year. She enjoyed knitting, sewing, and teaching others how.

Mrs. Ennis made costumes for dancing schools and made all of the wedding gowns for family and friends. She designed the window display at Remick's Department Store in Quincy Center for many years as well. She enjoyed music and taught herself how to play the accordion. She will be greatly missed by all who knew her.

Wife of the late James



GERTRUDE E. ENNIS

Ennis. Loving mother of Barbara Klier of Rockland, Pamela Distefano of Peabody, Melodee Quipp of FL. Cherished grandmother of 11 grandchildren and 22 great grandchildren. She was predeceased by her son Ronald Ennis and grandson Darren Distefano.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675 or to Shriners Hospitals for Children, 2900 N. Rocky Point Dr., Tampa, FL 33607.

Deborah L. Foster, 65

Funeral services for Deborah L. Foster, 65, of Quincy were privately held.

Ms. Foster died unexpectedly Jan. 18.

She was the beloved daughter of the late Richard E. and Louise (Sweeney) Foster. Dear friend of Kristina Richards, Paula Young and Carol McLaughlin, all

of Hull, and Virginia Burbank of Quincy. Also survived by several other dear friends.

Interment at Pine Hill Cemetery, Quincy.

Arrangements were completed by Keohane Funeral Home, 785 Hancock St., Quincy.

Meredith L. Drummond, 73

A celebration of life service for Meredith L. (Poutree) Drummond, 73, of Marshfield, originally of Quincy, was held Jan. 23 at Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Drummond died Jan. 15.

Daughter of the late Theodore R. and Dorothy L. (Randolph) Poutree. Beloved mother of Yvonne Drummond Richards and her husband David of North Quincy. Cherished grandmother of Mark L., Scott D. and Daniel T. Richards. Sister of John R. Poutree and his wife Lauralee of ME, Anne L. Mooney of Quincy, Jeanne M. Poutree Astino and her husband Joseph Astino of Cohasset, David A. Poutree and his wife Janet Poutree of MD and the late Douglas R. Poutree. Loving aunt of Francesca and Liliana Astino, Debora Baptiste, Darlene Haskell and Carolyn Macdonald, Norma Jean and Robert Poutree, John Mooney, Alain, Emily and Jenna Poutree and several grand nieces and grand nephews. Also survived by her aunt Mary T. Randolph Sheahan of Quincy and her cousins Randy Sheahan, Suzanne Johnson, Jeffrey Sheahan, Pamela Brennan, Susan Frey, Bradley Randolph and Robert Randolph.

Mrs. Drummond was born and raised in Quincy.



MEREDITH L. DRUMMOND

She graduated from North Quincy High School, Class of 1960. She worked as a risk manager for Howard Johnson Company and the Ground Round. She enjoyed traveling, especially to Canada, where she enjoyed visiting her summer home on Campobello Island. She was the family photographer and her camera was always with her. She created many beautiful scrapbooks capturing family memories with the photos she took. She loved canning and gifting her friends with her jams, jellies and relishes.

Mrs. Drummond was a former member of the board of directors of the Massachusetts Chapter of the Risk and Insurance Management Society (RIMS).

Memorial donations may be made to the National Multiple Sclerosis Society, 101A 1st Ave., #6, Waltham, MA 02451.

Elizabeth M. Fitzpatrick, 88

A funeral Mass for Elizabeth M. (Kearns) Fitzpatrick, 88, of Quincy was celebrated Jan. 23 in St. Mary's Church, Quincy.

Mrs. Fitzpatrick died peacefully Jan. 19 at the William B. Rice Eventide Nursing Home, surrounded by her loving family.

She was born, raised, and educated in Shillelagh, County Wicklow, Ireland. She immigrated to the United States in 1991 and lived in Norwood for 20 years. Mrs. Fitzpatrick had lived in Quincy for the last five years.

She was a homemaker and was especially devoted to her family. Mrs. Fitzpatrick was an avid knitter, enjoyed cooking and was well known for her homemade breads.

Beloved wife of the late Andrew Fitzpatrick. Devoted mother of Breda Harte of

Ireland, Josie McDonagh of Stoughton, John Fitzpatrick of Ireland, Ann McDonagh of Quincy, Thomas Fitzpatrick of Ireland, Bernadette Lenehan of Norwood, Christine Fitzpatrick of Weymouth and the late Mary McCarthy. Loving grandmother of 19 grandchildren and 10 great-grandchildren. Sister of Thomas Kearns of England, the late Paddy Kearns, the late Aiden Kearns, and the late Michael Kearns. Also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Private interment.

Memorial donations may be made to the Susan G. Komen for the Cure, ATTN: Donor Services, P.O. Box 650309, Dallas, TX 75265-0309.

Arthur P. Della Barba, 94

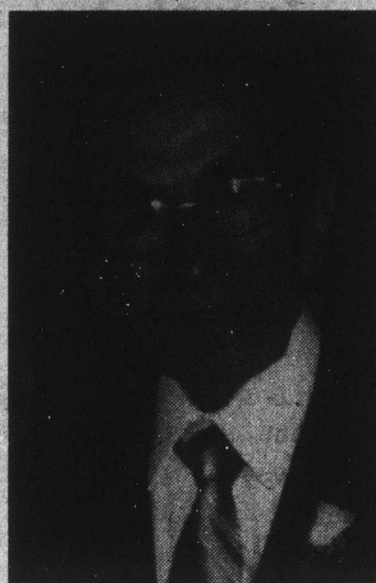
A funeral Mass for Arthur P. Della Barba, 94, a life-long Quincy resident, was celebrated Tuesday in St. Joseph's Church, Quincy.

Mr. Della Barba died peacefully Jan. 20 at South Shore Hospital in Weymouth, surrounded by his loving family.

He was born in Quincy where he was raised and educated. He was a graduate of Quincy Trade School, Class of 1940, and attended Wentworth Institute and Franklin Technical School.

Mr. Della Barba was proud to have served in the U.S. Army during World War II. He was employed at Stone & Webster Engineering Corporation in Boston for many years. Previously, he had worked at the former Fore River Shipyard in Quincy, Arch Gear Works and Lawley Shipbuilding in Boston.

Beloved husband for 68 years of the late Carmella M. (Covellucci-Nash) Della Barba. Devoted father of Dennis Della Barba and his wife Lydia of Weymouth, Jane Rubino and her husband Joseph of Quincy, and Deborah Englert and her husband David of FL. Loving grandfather of Dennis Della Barba, Jr., David Della Barba, Cara Della Barba, Brendan Gibbons and his wife Laurel, Lisa Rubino, Lynn Shepard, Jr., and his wife Onaisis and



ARTHUR P. DELLA BARBA

Jordan Shepard. Loving great-grandfather of Colin Michael Gibbons, Harrison James Gibbons and Cassia Lynn Shepard.

One of six siblings, Mr. Della Barba was the brother of Camillo Della Barba of Quincy and brother of the late Rocco Della Barba, Dominic Della Barba, Salvatore Della Barba and Maria Della Barba. Also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with military honors at Mount Wollaston Cemetery in Quincy.

Memorial donations may be made to the National Multiple Sclerosis Society, 101 1st Avenue, Waltham, MA 02451.

Fred B. MacDonald, 81

A funeral service for Fred B. MacDonald, 81, of Taunton and formerly Quincy was held Jan. 23 at North Taunton Baptist Church.

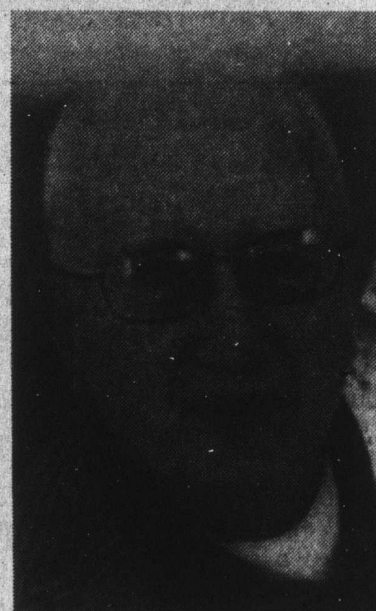
Mr. MacDonald died in his home on Jan. 9.

He was the husband of Bette L. (Gove) MacDonald for 56 years.

Born in Quincy, son of the late Frank and Louise (Baker) MacDonald, Mr. MacDonald was educated in the Horace Mann School for the Deaf in Roxbury, where he excelled playing basketball. He then graduated from Quincy High School. He was a retired sheet metal worker having been employed by D J Cutter Oil Co. in Dorchester and also by Grass Instrument Co. Braintree.

He lived in Quincy for 76 years moving to Taunton five years ago. Mr. MacDonald enjoyed gardening, yard work, planting flowers and veggies and fixing things around the house. He also enjoyed playing bingo at the deaf club in Quincy and traveling, especially taking cruises with his wife, Bette.

He is survived by his children, Jerry MacDon-



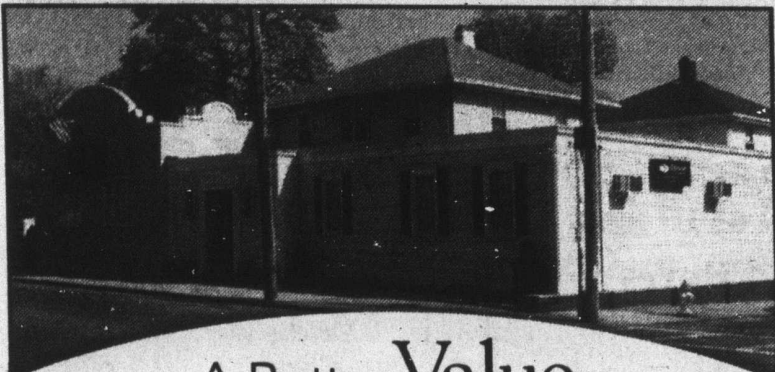
FRED B. MACDONALD

ald and his wife Doris of Taunton, Scott MacDonald and his wife Janet of TN, Roxanne Murray and her husband Don of CA and Shirley Braley and her husband Robert of Taunton. He is the grandfather of 10 and great-grandfather of three. Fred is the brother of Jean Peterson of CA and Nancy Cultrera of ME and he was the brother of the late Allan MacDonald.

Interment at Cedar Knoll Cemetery, East Taunton.

Funeral arrangements were made by Crapo-Hathaway Funeral Home, Taunton.

More Obituaries Online at
www.thequincysun.com



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Richard L. Darr, 77

A funeral Mass for Richard L. Darr, 77, of Plymouth will be celebrated at 10:30 a.m. Thursday in St. Agatha Church, Milton.

Mr. Darr died peacefully Jan. 22, at Massachusetts General Hospital, surrounded by his loving family.

A lifelong resident of the South Shore, he was well known for his love of his family and people in general, as well as his wide-ranging interests in cars, boats, fishing, and yard sales. Mr. Darr graduated from Archbishop Williams High School in 1956 and Boston College in 1960. He served in the U.S. Army Reserves.

Mr. Darr's business life involved automobiles. He was owner and president of Quincy Motor Company until 1981 and was a sales consultant for several dealerships until his retirement in 2011. He received many professional acknowledgements during his long career, including Ford Motor Company's "Top Hatter" awards, on numerous occasions.

He was a proud member of the Rotary Club of Quincy for 52 years, where he took great joy in leading the club in singing "God Bless America" each week. Mr. Darr served as president of the Club in 1986/1987 and was a Paul Harris Fellow. He was also a member of the Marshfield Yacht Club, a 25-year member of the U.S. Coast Guard Auxiliary and a former president of the Quincy Tax Payers Association.

Brian P. Carlson, 38

A Mass of Christian Burial for Brian P. Carlson, 38, of Quincy and formerly Milton was celebrated Jan. 22 at St. Agatha Church, Milton.

Mr. Carlson died unexpectedly after a lengthy and courageous battle with addiction Jan. 18.

He grew up in Milton playing baseball for numerous town teams and was a graduate of Milton High School, Class of 1996, where he was a star pitcher for the varsity baseball team. Mr. Carlson proudly joined the USMC and served in California from 1996 to 2000. He was honored to serve as a firefighter on the Milton Fire Department for nine years.

Anyone who knew Mr. Carlson knew he was a man who would gladly give the shirt off his back. He had a wonderful sense of humor, loved telling a good passionate story, talking baseball or football, and greeting his family and friends with huge hugs, but there was nothing that brought him more joy than being with his beloved sons. He will be



RICHARD L. DARR

Beloved husband for 41 years of Jeri L. (Davis) Darr. Devoted father of Richard L. Darr, Jr. and his wife Jean of Canton and Ryan T. Darr and his wife Kelly of Plymouth. Loving grandfather of Alexander and Emilia. Cherished son of the late Leo and Patricia J. (Collins) Darr. Dear brother of Suzanne E. (Darr) Sheehan and her husband Thomas and Stephen B. Darr and his wife Linda. In addition, he is survived by numerous relatives from both the Darr and Collins families.

Visiting hours were 3-8 p.m. Wednesday at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9:30 a.m. Thursday, prior to the Mass.

Interment Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Saint Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or to the Quincy Rotary Foundation, P.O. Box 692178, Quincy, MA 02269.

Betty J. Calabro, 91

Graveside services for Betty J. Calabro, 91, of Holbrook were held Wednesday in Pine Hill Cemetery, Quincy.

Mrs. Calabro died peacefully Jan. 22.

Born in Providence, R.I., she grew up in Quincy and graduated from Quincy High School, Class of 1943. Over the years she had worked at Quincy Mutual Fire Insurance Co., Quincy Savings Bank, Hennessey News and Citizens Bank.

Mrs. Calabro enjoyed spending time with her family, knitting, listening to music and watching the Boston Red Sox and New England Patriots. She will be greatly missed by all who were blessed to have known her.

Beloved wife of the late Anthony J. Calabro. Loving mother of William P. Lutz and his wife Kathy and Carla J. Kerr and her husband Al, all of Holbrook. Dear grandmother of W. Brian Lutz and his wife Shauna, Courtney A. Kerr and Cailley J. Kerr, all of Holbrook. Great-grandmother of Michael Lutz. Stepmother of Ronald J. Calabro of NH. Step-grandmother of Ronald J. Calabro, Jr. and his wife Dee of SC and step great-grandmother of Ava

Rosemarie Arthur, 83

A funeral Mass for Rosemarie (Drago) Arthur, 83, of Weymouth was celebrated Tuesday in Immaculate Conception Church, Weymouth.

Mrs. Arthur died Jan. 22, peacefully surrounded by her loving family.

She was born in South Boston then was raised and educated in the Wollaston area of Quincy. She married James Arthur, her husband of many years and settled in Weymouth where they raised a family. Mrs. Arthur also attended business college in Boston. She was formerly employed as medical office manager for Dr. William Helfrich in Quincy and Weymouth for many years and enjoyed her work there.

Mrs. Arthur's independence, ambition, and good humor were pillars of her role as matriarch of her family, which allowed her to lead great examples for the generations under her. Although Mrs. Arthur was an amazing mother, she was an even better grandmother. Even after constant claims by her grandchildren of her having a favorite grandchild, she always remarked how she could never and she loved all of them equally.

Mrs. Arthur lived a long happy life enjoying activities like tennis, trips with friends to Nantucket, and was an avid reader but most of all enjoyed spending time with her family.



BETTY J. CALABRO

and Jacob. Daughter of the late Earl and Alice Kettlety. Devoted sister of the late Jessie Reynolds, Robert Kettlety, Constance Kantola and Ernestine Norman. Also survived by many nieces, nephews and her dear friends, Dorothy and Herman Mersereau and Pat and Eugene McGraw. Former wife of the late Raymond V. Lutz.

Funeral arrangements were made by Cartwright Funeral Home, Holbrook.

Memorial donations may be made to the American Lung Association, 1661 Worcester Rd. #301, Framingham, MA 01701 or to the Wounded Warrior Project, 150 Cambridge Park Dr., Suite 202, Cambridge, MA 02140.



ROSEMARIE ARTHUR

Predeceased by her husband James Arthur. Survived by her loving children James Arthur of NH, Judy Sullivan and her husband John of Brockton and Laurie McDonald and her husband George of NH. Cherished grandmother to Michelle DiVincenzo, Brian McDonald, Joanna McDonald, Erica Sullivan, Garret McDonald, Cory Sullivan, and the late Michael Arthur. Also survived by devoted brother Robert Drago and his wife Edith of Braintree, the late Francis Drago Jr., and many other loving friends and relatives.

Funeral arrangements were made by C. C. Shepherd Funeral Home, Weymouth.

Interment at Fairmount Cemetery, Weymouth.

Memorial donations may be made to Gentiva Hospice, 406 Hemenway St., Suite 406U, Marlborough, MA 01752.

Janet E. MacDonald, 71

A funeral service for Janet Elizabeth (Eaton) MacDonald, 71, of Quincy was held Jan. 22 at Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Mrs. MacDonald died peacefully at her home on Jan. 18, surrounded by the love, comfort and care of her family. Her laughter, kindness and joy for life will be missed by all who knew her.

Born in Quincy June 12, 1944, she was the loving daughter of the late Dorothy "Dot" and Seth "Snookie" Eaton. Mrs. MacDonald knew how to live life to the fullest. She loved celebrating - especially the holidays - shopping, gambling, watching her favorite shows with those she loved, and most of all, being with her family.

She is survived by her daughter Jill Toner of Brockton, her son Richard of FL and her son Steven MacDonald and wife Juli of Amesbury. She is also



JANET E. MACDONALD

survived by her sister Susan Biagiotti and husband Jim of Weymouth and her brother Michael and wife Belinda of RI. She was the proud grandmother, or "Ma," to Amy and Kelly Toner and Colin and Eric MacDonald, and aunt to Mike, Mark and Julia Eaton, and Jennifer Biagiotti. Her love and kindness will live on in them.

Interment private.

Memorial donations may be made to the Quincy Animal Shelter, PO Box 690088, Quincy, MA 02269.

Jeremiah J. O'Connell, 95

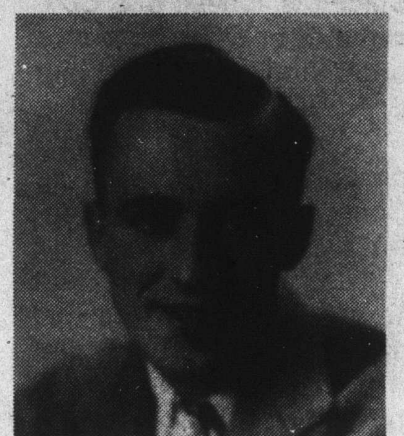
A funeral Mass for Jeremiah Joseph "Joe" O'Connell, 95, of Belmont, N.H., and formerly Quincy was celebrated Monday in St. Agatha Church, Milton.

Mr. O'Connell died Jan. 21 at Laconia Rehabilitation Center, after a period of declining health.

He was born in Boston to Margaret (Casey) O'Connell and Jeremiah Joseph O'Connell, Sr. He lived most of his life in Quincy and later moved to New Hampshire from July 2014 until present.

Mr. O'Connell served his country in the U.S. Army overseas during World War II. Upon his return he worked for Hathaway's Bread Company and later for Hood Milk Company where he delivered milk door to door. Mr. O'Connell spent the last of his working years before retirement as an employee of the Quincy School Department at North Quincy High School.

He was known for his many repeated stories, joke telling, teasing and grand sense of humor. Mr. O'Connell had a giving spirit and generous nature.



JEREMIAH J. O'CONNELL

Predeceased by his wife Gertrude (Hughes) O'Connell, his parents and his sister Margaret McIsaac. Survived by his two sons, Paul and Caryn O'Connell of NH and Kevin and Ester O'Connell of Marshfield, one brother William "Bill" O'Connell of Dorchester, as well as six grandchildren, eight great-grandchildren and several nieces and nephews.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at St. Joseph's Cemetery, West Roxbury.

Memorial donations may be made to a local veterans' home.

Paul A. Alosa

A memorial Mass for Paul A. Alosa of Quincy was celebrated Tuesday in St. Francis Xavier Church, Weymouth.

Mr. Alosa died Jan. 20.

Beloved son of Marie A. (DiMarino) Alosa of Weymouth and the late Pasquale Alosa. Loving brother of Daniel Alosa of Weymouth and Diane Alosa-Grievess and her husband, Richard, of ME. Cherished uncle of Jeremy Alosa and his wife,

Julie, Joy Gangloff and her husband, Michael, and Matthew and Lili Grievess. Also survived by many aunts, uncles, cousins, and friends.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Memorial donations may be made to the Prostate Cancer Foundation, 1250 Fourth St., Santa Monica, CA 90401.

OBITUARIES

Thomas Chen



THOMAS CHEN

Tuesday in Lydon Chapel for Funerals, 644 Hancock St., Quincy.

Mr. Chen died suddenly Jan. 21.

He was born in Vietnam and lived in Quincy for many years.

Husband of the late Kinh Pham. Cherished father of Minh Quan Tran and his wife Dap Tran and Grandson of Quincy, John Chen

and his wife In Ngo "Jane" Cheang of Quincy, Le Thu Nguyen-Tran and her husband Tam Tho Nguyen of WA, Minh Hai Tran and his wife Cuc Thi Nguyen of WA, Minh Quang Tran and his wife My Trinh of Vietnam, Minh Cam Tran and his wife Ngoc Khuu of Dorchester, Binh Tran and her husband Tommy La of Quincy. Cherished grandfather of Daniel Tran, Lesley W. Chen, Charles W. Chen, Tuan Anh Tran, Phuong Tran, Kevin Tran and Steven La.

A funeral service was held for Mr. Chen Monday at the funeral home, led by Pastor Daniel Lam from the Vietnamese Assembly of God of Boston.

Interment at Pine Hill Cemetery, Quincy.

LEGAL NOTICE

NOTICE AND ORDER:

Petition for Appointment of Guardian of a Minor
Docket No. NO16P0101GD

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the Interests of: Curran M. Archer
of Quincy, MA
Minor

NOTICE TO ALL INTERESTED PARTIES

1. **Hearing Date/Time:** A hearing on a Petition for Appointment of Guardian of a Minor filed on 01/12/2016 by Lori A. Koehler of Coopersburg, PA Thomas R. Gerbick of Quincy, MA will be held 02/17/16 8:30 AM Guardianship of Minor Hearing.

Located Canton.

2. **Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. **Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. **Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

IT IS ORDERED THAT copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least fourteen (14) days prior to the hearing date listed above.

If Service in hand cannot be accomplished on any interested party, IT IS ORDERED that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least fourteen (14) days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is not known, IT IS FURTHER ORDERED that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least fourteen (14) days prior to the hearing date by publishing a copy of the Order and Notice once in The Quincy Sun, Quincy, MA publication to be at least Seven (7) days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least Seven (7) days prior to the hearing.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: January 12, 2016

PATRICK W. McDERMOTT
Register of Probate

1/28/16

Ruth A. Scalata, 87

Funeral services for Ruth A. (Nickerson) Scalata, 87, of East Bridgewater, a former longtime resident of Quincy, were privately held.

Mrs. Scalata died peacefully of natural causes Jan. 23 at the Schem Skilled Nursing and Rehabilitation Center in East Bridgewater, surrounded by her loving family.

She was born in Osterville and raised and educated in Boston and Barnstable. She was a graduate of Barnstable High School, from where her mother had also graduated. Mrs. Scalata raised a loving family in Quincy for more than 40 years and especially enjoyed her later years at O'Brien Towers in Quincy



RUTH A. SCALATA

before moving to East Bridgewater, where she resided during her last years.

Mrs. Scalata was a devoted homemaker and mother to her seven children. She also worked for many years with in the Quincy Public School

system and at Venus Wafers in Hingham.

She was the former wife of Charles J. Scalata and a truly loving grandmother of 12 grandchildren and several great-grandchildren. Devoted mother of Joseph Scalata and his wife Claudia of Whitman, Christine Jenkins Devine and her husband Mike of Quincy, Mark Scalata and his wife Cindy of Middleborough, Peter Scalata and Bill Achorn of New Seabury, Paul Scalata of Fairhaven, Brian Scalata and his wife Tracey of Carver, and Sandy Scalata Jett of CO.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Ruth Mann, 82

A funeral Mass for Ruth (Driscoll) Mann, 82, of Quincy and formerly Dorchester will be celebrated at 10:30 a.m. Thursday in St. Ann's Church, Quincy.

Mrs. Mann died Jan. 19.

Predeceased by her beloved husband Francis Mann. Devoted mother of Francis Mann, Jr. and his wife Kathleen of CA, Richard Mann of Holbrook and Karen Rittmuller and her husband Robert of Salem. Cherished Nana



RUTH MANN

of Zachary Rittmuller of Salem. Also survived by many nieces, nephews, extended

family and dear friends.

Visiting hours were 4-8 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:45 a.m. Thursday, prior to the Mass.

Interment at Massachusetts National Cemetery, Bourne, at 1:30 p.m.

Memorial donations may be made to the Northeast Animal Shelter, 347 Highland Ave., Salem, MA 01970.

Denise L. Felaccio, 52

A funeral Mass for Denise L. (Antonuccio) Felaccio, 52, of Quincy will be held at 10 a.m. Thursday in Sacred Heart Church, Quincy.

Mrs. Felaccio died Jan. 22 surrounded by her loving family after long illness.

She was a strong and courageous woman. She was devoted to caring for others and spending time with those she loved. Mrs. Felaccio had a passion for cooking and enjoyed making large meals for

her family. She will be sadly missed by all those who had the pleasure of knowing her.

Loving wife of Paul A. Felaccio of Scituate. Devoted mother of Marissa R. Felaccio of Quincy. Beloved daughter of Marie L. Wiencko of Quincy and her stepfather the late Alexander A. Wiencko. Caring sister of Steven E. Antonuccio of Quincy. Also survived by many aunts, uncles, cousins and dear friends, especially Alfred Strugeon of

Rockland.

Visiting hours were 4-7 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at 9:15 a.m. Thursday, prior to the Mass.

Interment at Cedar Grove Cemetery, Boston.

Memorial donations may be made to the Susan G. Komen Breast Cancer Foundation, P.O. Box 650309, Dallas, TX 75265.

Secondino Rossicone, 88

A funeral Mass for Secondino Rossicone, 88, of Quincy was celebrated Wednesday at St. John the Baptist Church, Quincy.

Mr. Rossicone died Jan. 23 at Hancock Park in Quincy.

He was the loving husband of the late Giovanna (Paletta) Rossicone.

Born in Scanno, Italy, on March 3, 1927, Mr. Rossicone was the son of the late Angelo and Anna (Maiocco) Rossicone. He was raised and educated in Italy before

he immigrated to Quincy in 1979. Mr. Rossicone worked as a member of the Laborers Union 22 of Malden for many years. He enjoyed working in his garden and making homemade wine.

Mr. Rossicone is survived by his two children, Carmelo Rossicone and his wife Angela and Marisa Ranalli and her husband Massimo, all of Braintree. He was the loving grandfather of Cynthia, Roberto, Tanya and Adriana. Mr. Rossicone is also survived by

many extended family members in Italy.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Casa Monte Cassino in the North End at OSIA Charitable & Educational Trust (earmarked "Casa Monte Cassino" - Rossicone), 93 Concord Ave., Belmont, MA 02478.

Mark V. Lashua

M. (Walker) Lashua.

A funeral service for Mark V. Lashua of Hudson, formerly of South Boston and Quincy, was held at 7 p.m. Wednesday in Tighe-Hamilton Funeral Home, Hudson.

Mr. Lashua died unexpectedly Jan. 21 at the UMass Medical Center in Worcester from injuries he suffered in a fall.

He was the beloved son of the late Anthony and Lillian

M. (Walker) Lashua.

Mr. Lashua was born in South Boston and spent most of his early years growing up in the Boston area before moving to Hudson. He was an auto mechanic for Ashmont Tire Company of Dorchester for 25 years before retiring two years ago. He was a 1970 graduate of the Franklin Institute of Boston. Mr. Lashua was a member of River Side

Rod & Gun Club and proudly served his country in the U.S. Army before being honorably discharged in 1972.

He is survived by his brothers, David M. Lashua and his wife Joanne of Hudson, Paul Lashua of Lowell and Barry J. White of Hudson. Also survived by many cousins.

Visiting hours were 5-7 p.m. Wednesday in the funeral home.

A funeral for Thomas Chen of Quincy was held

LEGAL NOTICE

CITATION GIVING
NOTICE OF PETITION
FOR APPOINTMENT
OF CONSERVATOR OR
OTHER PROTECTIVE
ORDER PURSUANT TO
G.L. c. 190B, §5-304 &
§5-405

Docket No. NO15P3468PM

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Jean Stacey
Of: Quincy, MA
RESPONDENT
(Person to be
Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Quincy Health and Rehabilitation Center of Quincy, MA in the above captioned matter alleging that Jean Stacey is in need of a Conservator or other protective order and requesting that Bryan Woodford of Abington, MA (or some other suitable person) be appointed as Conservator to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/03/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: December 30, 2015
PATRICK W. McDERMOTT
Register of Probate

1/28/16

Nicholas A. Pepe, 94

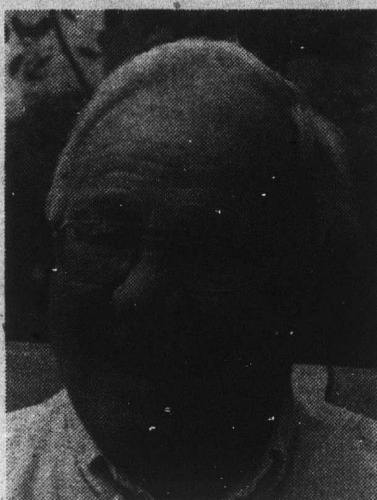
A funeral Mass for Nicholas A. Pepe, 94, a lifelong Quincy resident, will be celebrated at 10 a.m. Saturday in St. John the Baptist Church, Quincy.

Mr. Pepe died peacefully Sunday at the Allerton House Assisted Living facility in Quincy.

He was born and raised in Quincy. He was a graduate of Quincy High School, Class of 1939, and served as class president. He received an associate degree in accounting from Bentley University in 1941 and later a BA in business administration from Northeastern University and an MBA from Boston College.

Mr. Pepe was treasurer and COO of S.G.M. & Company, an advertising firm in Quincy for many years and in 1975 became a partner in the certified public accounting firm of Pepe, Pelletier & McShane. He retired in 1995.

He was a World War II veteran having served in the U.S. Army Air Corps as a captain. Mr. Pepe was a navigator on a B-17 with the 303rd Bomb Group 8th Air Force participating on thirty combat missions over occupied Europe. He received the Distinguished Flying Cross Air Medal with three oak leaf clusters, the Distinguished Unit Badge and



NICHOLAS A. PEPE

the European African Middle Eastern Theater Medal with one bronze star, and several other awards.

Mr. Pepe was a lifelong member and former usher at St. John the Baptist Church in Quincy. He enjoyed his membership at the Neighborhood Club of Quincy and served many years as club treasurer. He was also a member of the Board of Incorporators for the Bank of Canton. He was active serving on many committees for the Archdiocese of Boston, under the late Cardinal Humberto Medeiros. He was active in the Archbishop Williams High School Men's Club from 1961 through 1971 and had also served as a Boy Scout leader. Mr. Pepe was an avid Boston sports fan and enjoyed golf. He was devoted to his family and especially to his grandchildren and great-

grandson.

Beloved husband of the late Leona G. "Lee" (Gerace) Pepe. Devoted father of Ronald N. Pepe and his wife Elaine L. Darcy of Quincy, Valerie E. McNamara of Somerset and her late husband Donald McNamara, Leonard G. Pepe and his wife Margaret (Schopfer) Pepe of Milton, Marcia C. Goulart and her companion Ted Craigie of NH and Lorelee G. Graffeo and her husband Andrew Graffeo of Boxford. Loving grandfather of Tom and Amelia Pepe, Holly and Emily McNamara, Nick Pepe and his wife Betsy, Sam and Julia Pepe, Joey Goulart and Andrew Graffeo. Cherished great-grandfather of Brier Pepe. Brother of the late Vincent Pepe and is survived by many nieces and nephews.

Visiting hours are 4-8 p.m. Friday in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 9 a.m. Saturday, prior to the Mass.

Interment with Military Honors at Blue Hill Cemetery in Braintree.

Memorial donations may be made to Archbishop Williams High School, 80 Independence Ave., Braintree, MA 02184.

John P. O'Donnell, 61

Funeral services for John P. "Jack" O'Donnell, 61, of Braintree and formerly Quincy were privately held.

Mr. O'Donnell died peacefully Jan. 20 at South Shore Hospital in Weymouth.

He was born and raised in Quincy. He graduated from Weymouth North High School, Class of 1972, where he was a member of the Na-

tional Honor Society. He also attended the U.S. Military Academy at West Point, New York.

Mr. O'Donnell volunteered at the Paul Dever State School and was a former altar server. He was also an avid Boston Red Sox fan.

Beloved son of the late John F. and Mary E. (Leahy) O'Donnell. Devoted brother

of his twin sister, Doreen A. Cagnina and her husband Salvatore of West Bridgewater and his sister Linda M. Gantert and her husband Kirk of GA. Also survived by two nieces, two nephews and seven great nieces and nephews.

Arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-030

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking. Section 10.20.040 Parking- Prohibited and Restricted where

ADD THE FOLLOWING

Street	From	To	Type of Regulation
Hayden Street West Side	Loring Street	Willard Street	No Parking Tow Zone

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-031

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking. Section 10.20.040 Parking- Prohibited and Restricted where

ADD THE FOLLOWING

Street	From	To	Type of Regulation
Hayden Street East Side	Loring Street	Willard Street	No Parking - Tow Zone December, January, February & March

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-032

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking. Section 10.20.040 Parking- Prohibited and Restricted where

REMOVE THE FOLLOWING

Street	At	Type of Regulation
Hughes Street	65	No Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-033

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking. Section 10.20.040 Parking Restrictions- Prohibited-Handicapped Spaces- Curb Access-Applicability- Penalties.

ADD THE FOLLOWING

Street	At	Type of Regulation
Bedford Street	1	Handicap Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-034

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking. Section 10.20.040 Parking Restrictions- Prohibited-Handicapped Spaces- Curb Access-Applicability- Penalties.

ADD THE FOLLOWING

Street	At	Type of Regulation
Old Colony Ave	70	Handicap Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-027

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking.

Section 10.20.040 Parking Restrictions- Prohibited-Handicapped Spaces- Curb Access-Applicability- Penalties.

ADD THE FOLLOWING

Street	At	Type of Regulation
Burns Avenue	56	Handicap Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-028

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking.

Section 10.20.040 Parking Restrictions- Prohibited-Handicapped Spaces- Curb Access-Applicability- Penalties.

ADD THE FOLLOWING

Street	At	Type of Regulation
Farrington Street	91	Handicap Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2016-029

ORDERED:

January 19, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20. Stopping, Standing and Parking.

Section 10.20.040 Parking Restrictions- Prohibited-Handicapped Spaces- Curb Access-Applicability- Penalties.

REMOVE THE FOLLOWING

Street	At	Type of Regulation
Safford Street	120	Handicap Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

1/28/16

CLASSIFIEDS

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO16P0076EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Donna Jean Blais

Date of Death:
December 24, 2015

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by: **Patricia L Timcoe of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Patricia L Timcoe of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on the return day of 02/17/2016**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. John D Casey, First Justice of this Court.

Date: January 11, 2016

PATRICK W. McDERMOTT

Register of Probate

1/28/16

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PERSONAL

PRAYER TO THE BLESSED VIRGIN

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mother, I place this cause in your hands (three times). Say this prayer 3 consecutive days, and then you must publish and it will be granted to you. P.T.

REPORT POTHOLES

Potholes are a year-round problem and should be reported to the Department of Public Works.

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Shado: 5, male, black
Courtney: 11, female, tortie
Patience: 1, female, orange & white
Earl Grey: 1, female, gray
Elsa: 1, female, tabby
Griffin: 2, male, tabby
Luna: 6, female, black & white

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NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. 16-001

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, February 9, 2016 at 7:15 pm on the Second Floor in the Council Chambers, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Samuel Y. Sung for a Variance/Finding to change the use of the home back to a 2-family home in violation of Title 17 as amended Chapter 3.4.4 (variance required) on the premises numbered 44 SUMMER STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/21/16, 1/28/16

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE NO. 16-002

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, February 9, 2016 at 7:15 pm on the Second Floor in the Council Chambers, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Anton Cela for a Variance to construct 2, 2-family townhouses on this undeveloped lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.0 (parking/turning radius) on the premises numbered 130 SUOMI ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

1/21/16, 1/28/16

The Quincy Sun

CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

RATES

1 WEEK

☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS

☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS

☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE

☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

☐ Enclosed is \$_____ for the following ad to run _____ weeks in

The Quincy Sun.

COPY: _____

INDEX

- ☐ Services
- ☐ For Sale
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- ☐ Boats
- ☐ For Rent
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- ☐ Real Estate
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- ☐ Yard Sales
- ☐ Instruction
- ☐ Day Care
- ☐ Personal
- ☐ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Restaurants Support Quincy Fire Adopt-A-Hydrant

By MIKE SLADE
Fire Prevention Bureau
Quincy Fire Department

Understanding the importance of keeping our community safe, last year, the JP Fuji Group contributed five gift certificates totaling \$250 in support of the citizens who adopted a hydrant.

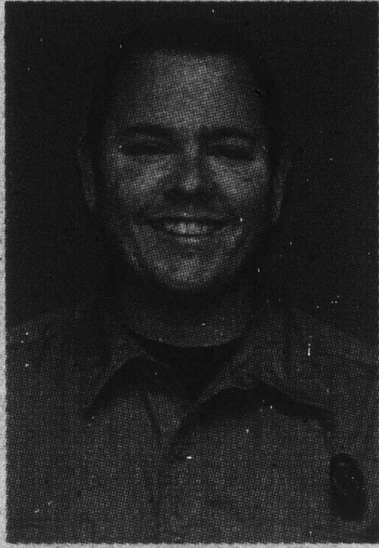
This year, the JP Fuji Group has once again led the support of this important program by donating \$565 in gift certificates to citizens who adopt a hydrant in Quincy.

"The JP Fuji Group continues to be avid supporters of the city of Quincy, the firefighters, and our community at large," says Jimmy Liang of the JP Fuji Group. "We strive to give back as much and as often as we can, so when our emergency response departments need support, we are more than happy to respond."

"We believe that the cornerstone of any city is its people and its community," Liang added.

The JP Fuji Group operates Fuji 1546, the B Café, the Shabu Restaurant, the Bistro Chi, and The Kama Lounge, all in Quincy. The JP Fuji Group also operates the Shabu and Mein in Cambridge, the Fuji at Assembly located at Assembly Row in Somerville, and Fuji Kendall located in the Kendall Square in Cambridge. The Fuji Group has given gift certificates to each of their restaurants in support of the citizens who adopt a hydrant this year in Quincy.

Another instrumental corporate citizen supporting the Adopt-a-Hydrant program this year is Louis



By MIKE SLADE

at 1269 Sea St. This year, Louis has given five gift certificates totaling \$250 in support of the citizens who adopt a hydrant this year.

In the heart of the historical Quincy Center is the Iron Furnace, the Fours Restaurant and Sports Bar, and the Fat Cat Restaurant.

The Iron Furnace is a casual American restaurant and bar serving creative pub food, including craft beer and cocktails. We would like to thank the Iron Furnace for supporting the citizens who adopt a hydrant in Quincy this year.

The Fours Restaurant and Sports Bar is located at 15 Cottage Avenue. They are recognized by Sports Illustrated as the Best Sports Bar in America, serving passionate fans among memorabilia that captures the excitement and lore of Boston sports. We would like to thank The Fours Restaurant and Sports Bar for supporting the citizens who adopt a hydrant in Quincy this year.

The Fat Cat Restaurant is located at 24 Chestnut St. The Fat Cat serves heaping plates of updated comfort food & craft brews served up in an intimate, brick-

To Participate Email mslade@quincyma.gov.

walled setting. The Quincy Fire Department appreciates the Fat Cat for supporting the citizens who adopt a hydrant in Quincy this year.

McKay's at 144 Franklin St. Located across the street from the birthplace of U.S. President John Adams, McKay's serves an incredible breakfast and delicious lunch. On Thursdays and Fridays, they serve a superb dinner as well. We would like to thank McKay's for being a great corporate citizen and supporting the citizens who adopt a hydrant this year.

Less than a block away from McKay's is a gem called Alfredo's Restaurant & Lounge located at 75 Franklin St. Alfredo's Restaurant & Lounge serves wonderful Italian lunch and dinner. We appreciate Alfredo's Restaurant & Lounge for supporting the citizens who adopt a hydrant in Quincy this year.

Another fantastic Italian Restaurant in Quincy is Gennaro's Eatery. Gennaro's Eatery is located at 12 Blanchard Rd. in Quincy. The Quincy Fire Department appreciates Gennaro's Eatery for supporting the citizens who adopt a hydrant in Quincy this year. Gennaro's Eatery invites everyone to join their family for a home cooked Italian meal.

Punjab Café is located at 653 Southern Artery. Grounded in Quincy, Punjab Café has been serving authentic Indian Cuisine to the citizens of Quincy for years. Punjab Café takes great pride in providing their customers with authentic Punjabi cuisine, made from scratch and

fresh premium ingredients. The owners, chefs and staff are devoted to their craft and in sharing the wonderful mysteries of Indian cuisine with the community. We would like to thank Punjab Café for supporting the citizens who adopt a hydrant in Quincy this year.

A few blocks away from Punjab Café is a local favorite called Coop's Bar & Grille. Located at 520 Washington St., Coop's Bar & Grille is a great place to enjoy great American food, have a cold beer, and watch the game. Coop's, formerly known as the Knotty Pine Restaurant, features many Hi-Def flat screen TVs throughout so you can watch your favorite team or sporting event from every seat in the house. We would like to thank Coop's Bar and Grille for supporting the citizens who adopt a hydrant in Quincy this year.

Just across the street from Coop's is a fantastic gem called Bravo Pizza. All of their pizzas are made fresh and are cooked at an extremely high temperature in their Baker's Pride pizza oven. Thank you Bravo Pizza for supporting the citizens who adopt a hydrant in Quincy this year.

A few doors down from Coops and Bravo Pizza is Wild Willy's Burgers at 588 Washington St. At Wild Willy's Burgers, their burger patties are made by hand every morning. The toppings range from simple hand cut, ripe tomatoes and Bermuda onion to fresh sautéed mushrooms and roasted green chilies from New Mexico. The buns are buttered and

toasted right on the char broiler for that homemade flavor. The Quincy Fire Department appreciates Wild Willy's Burgers for supporting the citizens who adopt a hydrant this year in Quincy.

The Inn at Bay Pointe sits on the docks amongst the boats and alongside the bay and offers a spectacular New England backdrop. Located at 64 Washington Court, The Inn at Bay Pointe aims to be the South Shore's premier destination for the freshest local and exotic seafood, perfectly grilled steaks and chops and a creatively executed menu that showcases quality and quantity at reasonable prices. Quincy Fire appreciates the Inn at Bay Pointe for supporting the citizens who adopt a hydrant this year in Quincy.

If restaurants wish to participate in support of the citizens who adopt a hydrant in Quincy this year, email mslade@quincyma.gov.

Last year, during the record breaking snowfall from Feb. 1st to Feb. 22nd, the Quincy Fire Department responded to over 750 emergency calls. Each fire truck balanced the duty of clearing the city's 2,549 hydrants with responding to emergency calls.

It is critical that hydrants be clear of snow in order to protect each and every dwelling in Quincy. Firefighters rely on the water in the tanks of their trucks to knock down fire until other responding units secure a

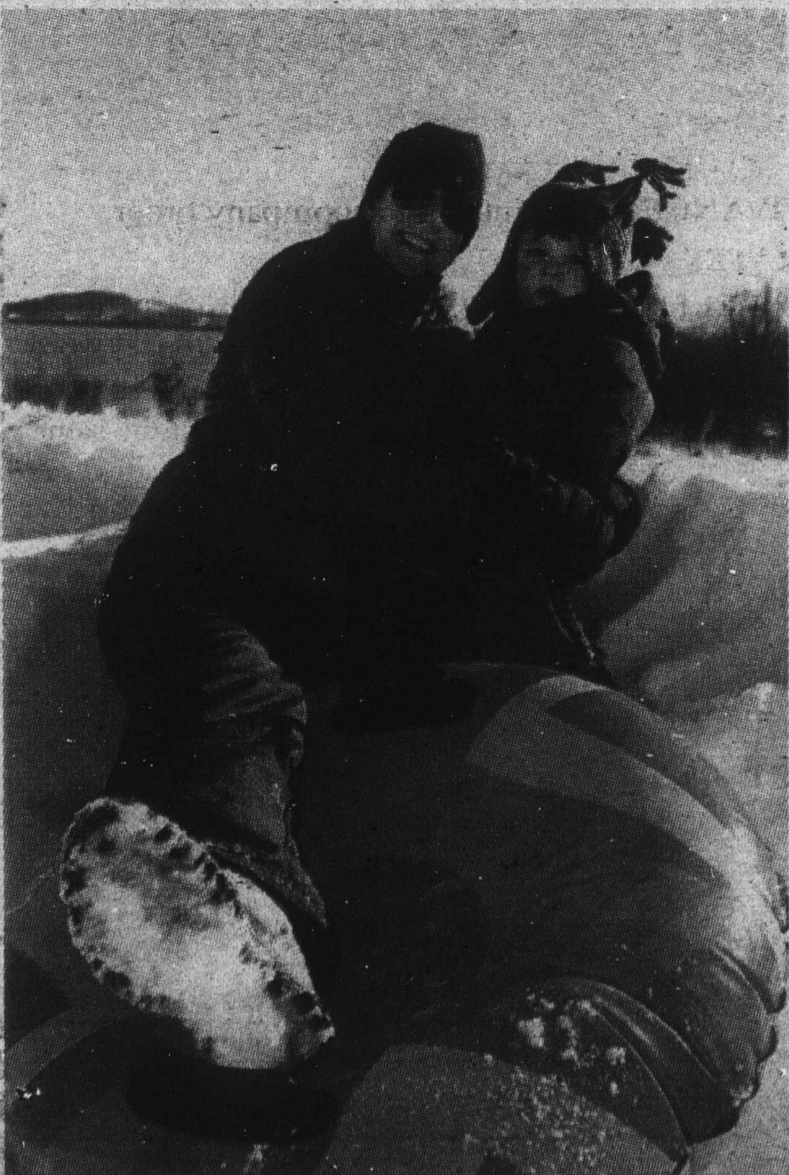
hydrant for continued water flow. If a hydrant is not secured quickly, fire crews will risk not having the water necessary to quickly knock down a fire.

Quincy Fire Department appreciates the citizens who participated in last year's Adopt-a-Hydrant program. This year, through community spirit, Quincy Fire is asking families, friends and neighbors, to adopt a hydrant within their community, and to keep their adopted hydrant(s) clear of the snow this winter season. Please keep the snow three feet away from the hydrant in all directions. At the end of the snow season, Quincy Fire will enter each of the participant's names into a hat. All of the gift certificates totaling more than \$1,000 will be given to each name drawn until all of the gift certificates are given away.

To participate in this year's Adopt-a-Hydrant program, citizens are asked to email mslade@quincyma.gov. Include in your email your name, contact number, your address, and the location of the hydrant in which you wish to adopt. Participants of last year's Adopt-A-Hydrant program will automatically be entered into this year's drawing.

The Quincy Fire Department is committed to serving the citizens of Quincy. If you should have any questions or concerns whatsoever, call Quincy Fire Prevention Bureau at 617-376-1015.

Snow & Sunshine

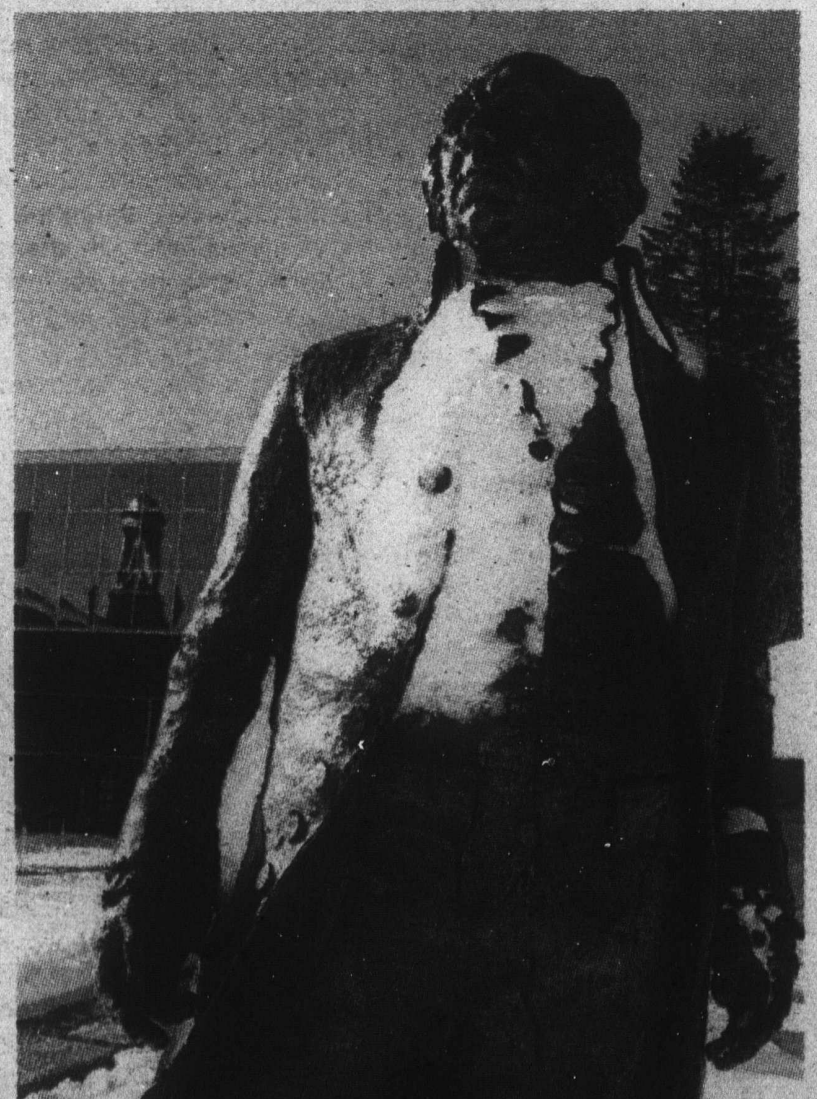


A FEW INCHES of freshly fallen snow from Saturday's snow storm provided ideal sledding conditions under a bright sun Sunday. Here Kelly Gilson and her son Teagan, 3, of Quincy, enjoy a morning of sledding at the Nickerson Post in Squantum.



JEPPE NIELSEN, 11, of Quincy, snowboards down the hill behind the Nickerson Post in Squantum on Sunday.

Quincy Sun Photos/Lisa Aimola



SUNDAY MORNING SUNSHINE melts Saturday night's snow in Quincy Center - including the John Adams Statue near City Hall and McIntyre Mall.

QUINCY COLLEGE RANKED #1 IN SALARIES AFTER ATTENDING

SOURCE: U.S. DEPARTMENT OF EDUCATION COLLEGE SCORECARD

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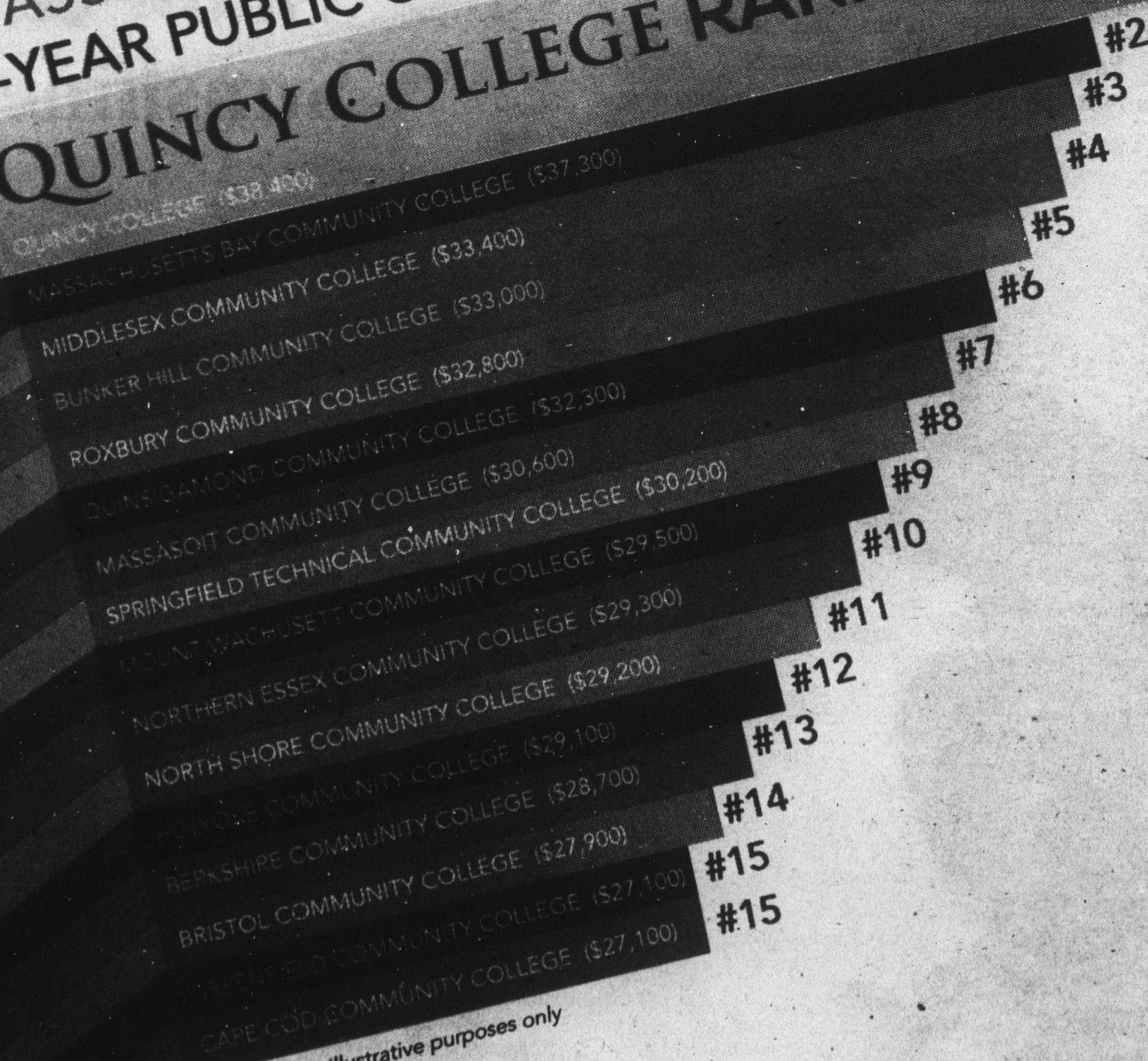
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About the U.S. Department of Education's College Scorecard

The College Scorecard (<https://collegescorecard.ed.gov/>) is a free resource from the U.S. Department of Education that provides information for families and students to make educated decisions in the college search process. Using the College Scorecard, students and their families can look up the cost and assess the value of colleges. Each scorecard highlights five key pieces of data about a college: costs, graduation rate, loan default rate, average amount borrowed, and median earnings of former students who received federal financial aid, at 10 years after entering school.

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Jorgensen Grabs 1,000th Rebound – And History - Page 17

New Ordinance Would Regulate Political Signs - Page 11

Harvard Women Hoopsters At QYB Skills Clinic - Page 23



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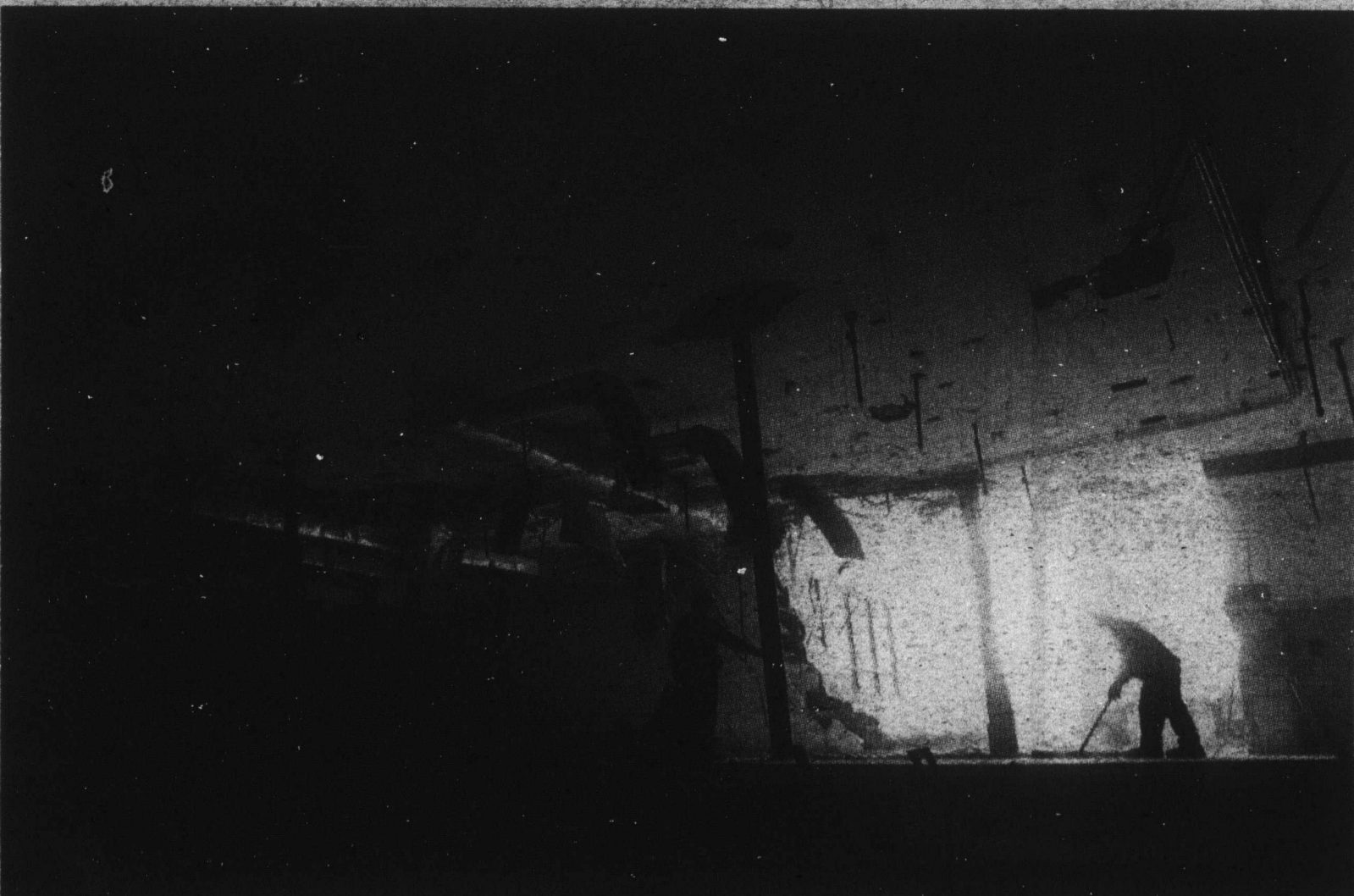
Thursday, February 4, 2016

75¢



CONCRETE BARRIERS are placed outside the former Woolworth's Department Store building at Hancock and Cliveden Streets to prepare the Quincy Center landmark for demolition. Woolworth's moved into the building in 1949 and was a downtown landmark until closing its doors in 1997. The building is being razed to pave the way for the second major redevelopment project in Quincy Center. Galvcon Development will be constructing 56 condominium units and 8,000 square-feet of ground floor retail space at 1545-1563 Hancock St. and 64 Ross Way. The bottom photo shows workers silhouetted by a large hole in the back of building as seen from the Ross Way and Cliveden Street rear entrance. Other photo Page 35.

Quincy Sun Photos/Robert Bosworth



Reminder: Keep Stairs, Walkways Clear Of Ice, Snow

With the winter now in full swing the Quincy Postal service would like to extend a friendly reminder to our customers to please keep their stairs and walkways

clear of ice and snow.

Massachusetts law states that residents are responsible for clearing their property and sidewalks to provide a safe environment for pedes-

trians walking by.

Safety is a top priority for our carriers and your cooperation is appreciated in this matter in order to provide you with the very best mail

service we can offer.

Thank you.

Carolyn Buck
Quincy Post Office
Safety Team

Resolution On C-Mart Seen Soon

By SCOTT JACKSON

City officials and representatives of the supermarket owner planning to open a new store on Hayward Street in North Quincy are working on potential mitigation for the project, which could go before the City Council for approval in 30 or 60 days, City Solicitor Jim Timmins said Monday.

The council also authorized Timmins to file a no-

tice of appeal to overturn the judge's ruling requiring the body to grant a special permit to Miao Kun "Michael" Fang, allowing him to open a C-Mart at 10 Hayward St. Timmins, however, does not intend to litigate the case further and asked for permission to file the notice of appeal as a protective measure should talks with the supermarket's owner turn

Cont'd On Page 12

Council Wants Update On Police Details

By SCOTT JACKSON

The City Council wants Police Chief Paul Keenan to explain any steps the department has taken to increase oversight of details in the wake of the suspension of a lieutenant following an investigation into private de-

tails he worked.

The council approved the resolution in a 7-0 vote Monday and referred it to the oversight committee. Ward 4 Councillor Brian Palmucci, the chairman of the oversight committee,

Cont'd On Page 35

Developer To Review Parking Plan For Wollaston Condos

By SCOTT JACKSON

The developer proposing to build a six-story condominium building in Wollaston Center said Monday he would rework the site's proposed garage after city officials and residents raised concerns about the plan to use tandem spaces and parking lifts during a public hearing last week.

Chapman Corner LLC proposed constructing the six-story, 30-condominium building at 28-34 Chapman St., the site of a vacant bank branch at the corner of Clay Street. The top five floors would include the market rate condos – 24 with two bedrooms and six one-bedroom units – with parking

Cont'd On Page 12

For more Quincy news, visit:

The Quincy Sun.com



Screenings For Pre-K Programs - Page 2
Absentee Ballots Available For Primary - Page 3

Screenings For Pre-K Programs

The Quincy Public Schools Integrated Pre-Kindergarten Programs serve 3- and 4-year old children with special needs and their typically developing peers.

Screenings for entering the Pre-Kindergarten programs for the 2016-2017 school year will be held on Tuesday, Feb. 23 and Tuesday, March 15. To schedule a screening appointment, call the school listed below which meets your eligibility requirements no later than Friday, Feb. 12.

Classes are half-day sessions held on Mondays, Wednesdays, Thursdays and Fridays. Children must be 3 years old on or before Aug. 31, 2016 to be considered for these programs. Priority is given to 4-year olds, followed by children who are 3 1/2 or older.

Title I Integrated Pre-Kindergarten Program: Children who reside in the following school districts are eligible for these classes, which are held at the Snug Harbor Pre-School (617-984-8951): Clifford Mar-

shall, Parker, and Snug Harbor. Children who reside in the Lincoln-Hancock and Clifford Marshall districts may attend Pre-Kindergarten classes at the Della Chiesa Early Childhood Center (617-984-8777).

City-Wide Integrated Pre-Kindergarten Program - Children who reside in a non-Title I school district are eligible for this program: Atherton Hough, Beechwood Knoll, Bernazani, Merrymount, Montclair, Squantum and Wol-

laston Schools. There is a tuition fee for this pre-kindergarten program, held at the Della Chiesa Early Childhood Center (617-984-8777).

Special Education Screening - Consistent with the Special Education Act, Quincy Public Schools conducts a screening for three- and four-year old children in order to identify those who have special needs. Call the Snug Harbor Pre-School at 617-984-8951 to make a Special Education screening appointment.



RED TAILED HAWK finds a high spot near Adams Field.
Quincy Sun Photo/Karen Walker

Harris Files Suit Seeking Vacant Ward 6 Council Seat

By ROBERT BOSWORTH

A judge will determine whether the vacant Ward 6 seat will be filled by the runner-up in last year's election or if voters will make that decision in a special election this spring.

William P. Harris, who ran unsuccessfully for the Ward 6 seat last November, has filed a five-page civil suit in Norfolk Superior Court seeking a declaratory judgment on the controversy. He is represented by former city solicitor Joseph "Jay" MacRitchie.

Harris contends he is entitled to fill the vacancy

created after the death of incumbent councillor Brian McNamee Dec. 23 because of a 1953 state law that stipulates the first runner-up in an election for a city council seat should fill that seat if the elected person dies or resigns before the beginning of the next legislative term.

McNamee died before the other eight elected city councillors were sworn in to office Jan. 4 - the beginning of the new council year.

However, the city's solicitor, James Timmins, says the council vacancy is now bound by a state law that was adopted in 2004. That

law fined tuned a statute from 1984.

According to the change, a special election would be called for a ward council seat if that seat is vacated within the first 12 months of a two-year term. Timmins contends the McNamee vacancy occurred Jan. 4 when the longtime councillor was not alive to be sworn in during inauguration ceremonies.

After receiving counsel from Timmins at the Jan. 19th council meeting, councillors voted 8-0 to schedule a special election for the Ward 6 seat. The final elec-

tion was set for May 3. A preliminary election would be held April 5 if there are more than two candidates vying for the open seat.

Harris, of 74 Ashworth St., Squantum, also took out nomination papers for the

Ward 6 seat last week. As of Tuesday, four other Ward 6 residents had pulled papers:

They are:
Nathan Knowles of 44 Ocean St., North Quincy;
Kevin Mock of 76 Alstead St., North Quincy; Brian

Radell, 21 Standish Rd., Squantum; and Herbert A. (Alie) Shaughnessy, 32 Essex St., Squantum.

As of Tuesday, there was no word on when the matter will be before a judge.

New Boilers, Repairs Sought For City Schools

By SCOTT JACKSON

The City Council on Monday night approved statements of interests to replace boilers at four of Quincy's elementary schools, the first step in the process of receiving reimbursement money for those projects from the state.

The city is looking to install new boilers at the Atherton Hough, Beechwood Knoll, Merrymount and Wollaston Elementary Schools as part of the Massachusetts School Building Authority's accelerated repair program, which reimburses communities a por-

tion of project costs.

The city will learn if those projects were invited into the program later this year, which would allow them to proceed to the schematic design phase. Installation of new boilers would likely take place in the summer of 2017.

Atherton Hough, Merrymount and Wollaston each have two boilers, according to Walter MacDonald, the city's director of building maintenance, one installed in 2007 as part of the Honeywell project and the other installed when the school first opened. The older boil-

ers will be replaced at the schools while the 2007 boilers remain in place.

"You really don't want to replace all boilers at the same time - two at a time - because they fail at the same time," MacDonald explained. "This would work well for us if we could get these, because there would be a 10-year difference."

In order to be eligible for the MSBA program, each project must cost at least \$250,000. While the boilers may cost approximately \$70,000 each, MacDonald said other related costs such

Cont'd On Page 16

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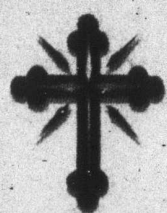
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Neighbors: Apartment Plan Too Big

By SCOTT JACKSON

A proposal to build a 24-unit apartment building in Quincy Center received an icy reception from residents, who objected to the project's size and impact on parking during a recent public hearing.

David and Peter Murphy have proposed building the four-story apartment building, featuring 24 two-bedroom units, at 32 Gilson Rd. and 18 Johnson Ave. Twenty-four parking spaces are included in the proposal – 21 in a below grade garage and three outside the building. The parking spaces would be accessible from Gilson Road, which connects to Greenleaf Street. A second entrance would be located on Johnson Avenue, a side street off Hancock Street, for pedestrian access.

The developers went before the Planning Board Jan. 27 seeking a site plan review

and a special permit for a parking waiver; the project would require 36 parking spaces under Quincy's zoning code. The board did not vote on the proposal that night and will again hear from the applicants on April 13.

William Keener, the attorney representing the Murphy brothers, said the project would eliminate the blighted property at 18 Johnson Ave., which has been problematic for more than 20 years.

"There have been arrests for drug dealing, trespassing, all kinds of stuff," he said. "It's been a blight on the city for a number of years."

A two-family home on Gilson Road, which Keener said does not conform to the zoning code, would also be demolished.

Five residents who spoke during the public hearing portion of the meeting said

the project would add to parking woes in the area and was too large for the neighborhood.

David Brophy, a Gilson Road resident, described the current parking situation in the neighborhood as "atrocious" – people parked in his driveway when he went away last summer – and the proposed 24-apartment building would add to the problem. Brophy was also concerned about water service; he said his water pressure is already low and the new building would exacerbate the issue.

"I think development in Quincy is good," Brophy said. "In this neighborhood, a project of this size concerns me."

Michael Griffin of Linden Court said the building would be too large for the neighborhood and would prefer it be scaled down.

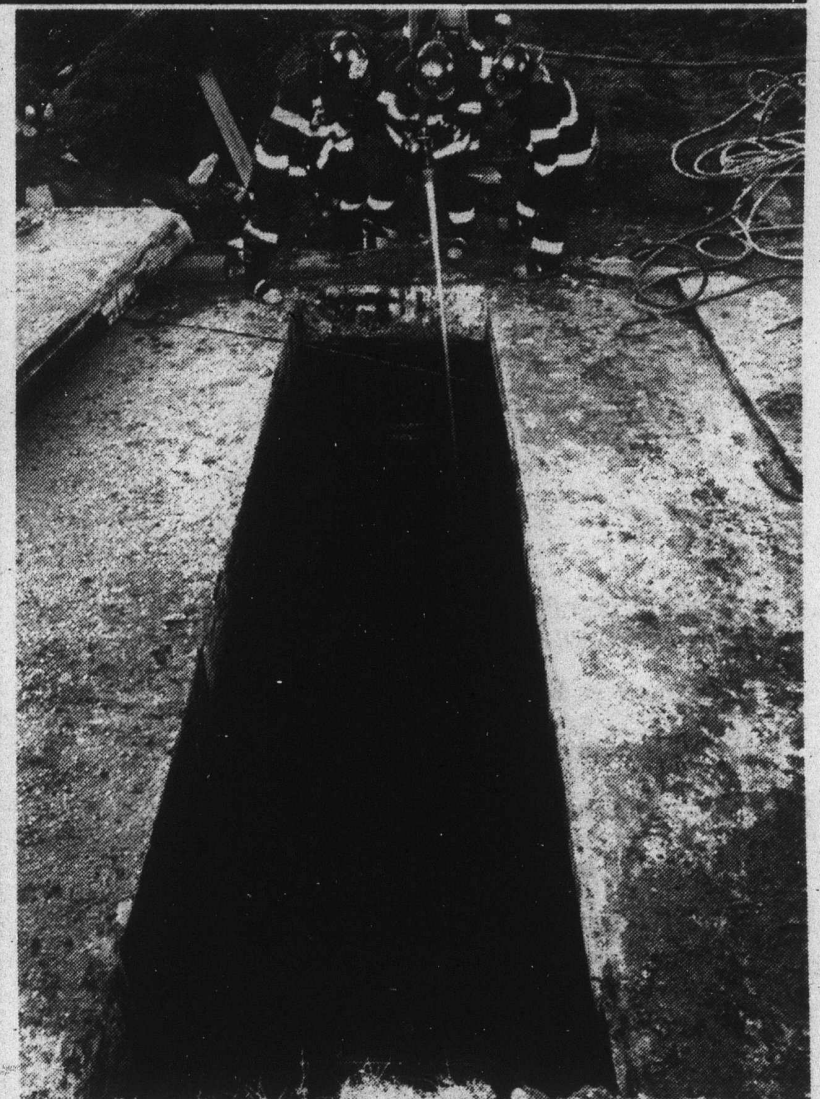
"It's just out of place. I wish it was scaled down a little bit. I think it's going to impact a nice little quiet neighborhood," Griffin said. "It's a dramatic change."

The project was supported by Arthur Kanavos, the owner of the Sullivan Tire property at 1132 Hancock St. He did, however, say he was concerned about the number of parking spaces provided for in the project because spillover vehicles might park on his property.

The Murphys held a community meeting on the proposal last year. Tim Johnson, the project's architect, said the developers agreed to add the three spaces on the exterior of the building as a result of concerns raised at that time.

The proposal underwent a peer review as part of the Planning Board, though the peer reviewer was not present Jan. 27.

Margaret Hoffman of the Planning Department recommended the board continue the hearing to the April meeting so the department could work with the developers on outstanding issues – no traffic study was submitted, for example – and to give the board members more time to consider the project.



FAILURE OF AN industrial circulation fan sparked a stubborn fire Jan. 25 at the Nut Island Headworks, which took more than 27 hours to extinguish. The mechanical failure led to a release of a sulfur-based dust cloud, which exploded and lead to the ensuing fire, according to state and city fire officials. The fire began approximately 60 feet underground. Quincy firefighters were able to apply water directly on the fire after a crane removed a concrete slab that had been covered by several feet of soil. Five MWRA employees who were in the part of the facility where the fire began were hospitalized overnight for smoke inhalation and eye irritation. One Quincy firefighter sustained a minor injury after slipping and falling on ice.

Photo courtesy Quincy Fire Department/Michael Worley

Absentee Ballots Available For March 1 Presidential Primary

Absentee ballots for the March 1 presidential primary are available in every Massachusetts city and town hall including Quincy, Secretary of the Commonwealth William Galvin announces.

"If you expect to be absent from your community on March 1 when the polls are open, you can apply in person at your local election

office beforehand and cast your absentee ballot there in one visit, but be sure to call the election office beforehand," Galvin said. He noted that this is the earliest absentee ballots have been available before a presidential primary.

Voters can also ask for an absentee ballot to be mailed to them. Completed ballots

Cont'd On Page 12

Cain Guest Speaker Tonight At Neighborhood Meeting

New Ward 3 Councillor Ian Cain will be the guest speaker at the Montclair Wollaston Neighborhood Association meeting tonight

(Thursday) at 7:30 p.m. in the Community Room at the Church of the Good Shepherd, corner of Harvard and West Squantum Streets.

Ask the
GEMOLOGIST
BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



ONCE IN A BLUE MOON

If the term "once in a blue moon" means that something is very rare, then the Blue Moon diamond certainly merits its name. Only 0.1% of diamonds show any evidence of blue color, which is the result of boron mixing with carbon during the gemstone's formation deep within the earth's crust. In this case, the 12.03-carat Internally Flawless, Fancy Vivid Blue diamond has a cushion brilliant cut and an intense blue color with no hint of gray (which a blue diamond normally has). This gorgeous blue diamond surely deserves mention in the same conversation with the most famous blue diamond of them all, the Hope diamond, which

has a darker blue undertone; however, the Blue Moon appears more vibrant.

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Moments in time

THE HISTORY CHANNEL

- On Feb. 20, 1792, President George Washington signs legislation renewing the United States Post Office as a cabinet department led by the postmaster general. While postmaster, Benjamin Franklin had streamlined postal delivery with surveyed and marked routes from Maine to Florida (the origins of Route 1).

- On Feb. 17, 1865, soldiers from Union Gen. William Tecumseh Sherman's army ransack Columbia, South Carolina, and leave a charred city in their wake. Sherman is most famous for his March to the Sea through Georgia in the closing months of 1864.

- On Feb. 19, 1878, the technology that made the modern music business possible was born in the New Jersey laboratory where Thomas Alva Edison created the first device to both record sound and play it back -- the phonograph.

- On Feb. 18, 1885, Mark Twain publishes his famous -- and controversial -- novel "The Adventures of Huckleberry Finn." Its satirical look at racism, religion and other social attitudes of the time led libraries to ban the book.

- On Feb. 21, 1948, NASCAR -- the National Association for Stock Car Racing -- is officially incorporated. NASCAR held its first Strictly Stock race in 1949 at Charlotte Speedway in North Carolina.

- On Feb. 15, 1961, the entire 18-member U.S. figure skating team is killed in a plane crash in Belgium. The team was on its way to the 1961 World Figure Skating Championships in Czechoslovakia. After the crash, an American woman (Peggy Fleming) would not capture Olympic gold until 1968, while a U.S. man (Scott Hamilton) would not do so until 1984.

- On Feb. 16, 1997, Jeff Gordon claims his first Daytona 500 victory, becoming at age 25 the youngest winner in the history of the 500-mile NASCAR race, dubbed the "Super Bowl of stock car racing."

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NeighborWorks Homebuyer Workshop Feb. 13, Feb. 20

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers in February.

The workshop will be held Saturday, Feb. 13 and Saturday, Feb. 20 from 8:30 a.m. to 12:30 p.m. at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators.

The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.



Son Beams

By ROBERT BOSWORTH

Casting A Ballot In The NH Primary

As my father occasionally did, I'm re-running an old column. This one first appeared Jan. 12, 2012 - four years ago. Dates in the column have been updated.

I get a little nostalgic around this time every four years. The intense media coverage of the New Hampshire presidential primaries -- set for next Tuesday -- reminds me of the day I cast a ballot in the nation's first Presidential primary.

It was 32 years ago -- Feb. 28, 1984. I was an undergraduate student at the University of New Hampshire in Durham. The campus is a popular campaign stop for Presidential contenders. Those visiting UNH during my time there included American civil rights activist Jesse Jackson, Ohio Sen. and astronaut John Glenn, Colorado Sen. Gary Hart (1984 race) and Tennessee Sen. Howard Baker, Missouri Cong. Dick Gephardt and Arizona Gov. Bruce Babbitt (early stages of the 1988 campaign). Some, like Glenn and Baker, showed up at some of my political science classes without notice. We had a chance to converse with them and ask them direct questions about their candidacies.

The parade of political figures was capped off on commencement day in the spring of 1987. Vice President George Bush -- seeking the GOP nomination in 1988 -- was the commencement speaker. He arrived by helicopter and landed adjacent to the football field where the ceremony was held.

Having a front row seat to Presidential politics can be interesting and exciting. But how engaged can one be in the political process if you're not registered to vote?

I took care of that.

Although I still resided in Braintree at the time, New Hampshire law does not require voters live a certain time in the state before being allowed to register there. So, after I got settled into my freshman dorm in the fall of 1983, I headed to Durham Town Hall to change my registration.

Primary day -- Tuesday, Feb. 28, 1984, was a snowy day in Durham. The voting precinct was located at the Oyster River Elementary School located a few miles from the main campus. As I walked to the school, the snow's intensity picked up.

Once I reached Oyster River, people were milling about near the doors leading to the gymnasium. "Campaign workers," I thought.

Yes, but not all.

One guy came up to me and introduced himself as a candidate from one of the Southern states -- perhaps South Carolina. This guy was more like a publicity hound trying to find 15 minutes -- or 15 seconds -- of fame.

I retreated indoors. A maze of voter booths filled the gym. The polling precinct buzzed with activity. Sample ballots were plastered on the walls.

My first decision: what ballot should I take?

As an undeclared (independent) voter, I had the option of taking a Democrat ballot or a Republican one. On the GOP side, it was a no-brainer. President Ronald Reagan was assured of re-nomination. No drama there.

So, I took a Democrat ballot instead.

It read more like a phone book. Name after name. Maybe 20 in all.

Now what?

I scanned all the names. Some were familiar, most were not.

Time to make a choice. And then I made it. After marking my paper ballot, I headed out the door and came

across some exit pollsters. I ignored their requests for my ballot selection.

That was personal, I reasoned.

Besides, I wanted to tell my dad first.

So, that night, I called home (reversed the charges from the dorm pay phone of course) and talked to my mom and then my dad. The polls had closed and news spread that Colorado

Sen. Gary Hart had upset former Vice President Walter Mondale in the Democrat primary. Just eight days prior, it was Mondale who had soundly defeated Hart in the Iowa Caucus.

After a little chit-chat, my dad asked the inevitable: "So who did you vote for today?"

He may have sensed that my vote contributed to Hart's impressive victory.

"I voted for George McGovern," I replied.

"McGovern?" Henry said his voice rising with disbelief. "How could you vote for McGovern?"

Henry had a way of getting right to the point.

McGovern, after all, was the Democratic nominee in 1972 who was trounced by Richard Nixon in one of the largest landslides in presidential election history. The former U.S. Senator from South Dakota had as much chance of winning New Hampshire as that guy outside the school -- zilch.

In retrospect, I'm not surprised that my dad reacted the way he did. That's because I really don't remember why I voted for McGovern.

Perhaps I found all of the Democrats uninspiring. Or maybe I just thought McGovern was a decent guy.

It was my only swing in the batter's box of New Hampshire presidential primary politics.

And I felt like I had whiffed.

McGovern finished tied with Jesse Jackson for fourth in the New Hampshire primary with five percent of the vote. Hart was first (37%), Mondale second (28%), John Glenn third (12%).

Hart later won key primaries in Ohio and California but his momentum stalled after a famous exchange with Mondale during a debate. Mondale, commenting on Hart's "New Ideas" platform, questioned the challenger by borrowing a fast-food ad slogan: "Where's the beef?"

The debate in part derailed Hart's campaign and Mondale eventually secured the nomination.

Thirty-two years later, my New Hampshire primary voting experience would have made a better story had it helped propel Hart to victory. Maybe a mention in Henry's coveted "Sunbeams" column, too.

But at least I voted. And learned that casting a ballot is more important than always being on the winning side.

In the general election, I voted for Reagan over Mondale.

And helped win another one for "The Gipper."

□

QUINCY RESIDENTS enrolled in the United Independent Party will be getting a letter from the Secretary of State's office reminding them they can only vote in their party's Presidential Primary in Massachusetts Tuesday, March 1.

The UIP, which is one of four political parties in Massachusetts, has no candidate for president on their March 1st primary ballot.

And UIP voters cannot take a Democratic ballot or a Republican ballot unless they change their party status by Wednesday, Feb. 10.

In Quincy, 411 voters are registered in the UIP. Statewide, that number is approximately 21,000.

There are four political parties in Massachusetts: Democratic, Republican, Green-Rainbow and United Independent Party. The Democratic party has four candidates on its presidential preference ballot, the Republican ballot has 13 on its ballot; and the Green-Rainbow Party has five candidates on its ballot.

To change voter enrollment status, Quincy voters may visit the City Election Office, second floor, City Hall glass annex building, 1305 Hancock St., or go online at: www.RegisterToVoteMA.com.

Next Wednesday, Feb. 10, is also the last day to register to vote to be eligible to vote in the March 1st Presidential Primary. The City Clerk's Office, City Hall, will be open until from 8:30 a.m. until 8 p.m. Feb. 10.



McGOVERN



REAGAN



HART



MONDALE

Scenes From Yesterday



THIS IS A 1926 real photo postcard view of the Welcome Young playground in Atlantic. The picture was taken from an entrance on what was then Old Colony Street now known as Young Street. The large building across the park on Sagamore Street is still standing and is pretty much unchanged. Hidden from view to the left is the old Atlantic post office building now the Boilermaker

Union's office. Also hidden just behind the trees on the immediate left was the old Atlantic railroad depot. Both the playground and the street alongside it were named for Quincy City Councillor Welcome G. Young who lived on Prospect Street and represented Ward 6 in the 1920s.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1948
68 Years Ago

Washington School Is Proposed For Veterans Housing

Mayor Charles A. Ross has advocated the expenditure of \$100,000 to convert the vacant Washington Street School into veterans apartments as advocated by the Mayor's Emergency Committee on Housing.

The Mayor said, "I will send a loan order to the city council as soon as I ascertain from state authorities the proper legal methods of financing the proposition. Something has to be done for the veterans along housing lines and it looks like the Washington School is one method of easing the situation a little."

CAPTAIN JAMES DALY NEW DEPUTY CHIEF

Captain James Daly was appointed Deputy Chief of the Quincy Fire Department by Mayor Ross. Daly, a first cousin of former governor and Boston mayor Maurice J. Tobin, topped the list of three captains certified for the position by the Civil Service Commission.

Ross also appointed 59 men to the department as privates to implement the 48 hour workweek which goes into effect Thursday, Feb. 4th at 8 a.m. All but three of the appointees are veterans of World War II.

QUINCY-ISMS

William C. Edwards, a member of the Board of Managers of Historic Places, was designated the board's chairman by Mayor Ross... The Quincy Market, 19 Chestnut St., Quincy Center, was advertising "Andy Boy" California Prunes for \$.10 a lb.... Quincy Granite chips basketball team defeated Hingham 56 to 48. Top scorers for Quincy included **John Killelea**, 13 points, **Jim Papile**, 12 points, and **Vin McDonald**, 11 points... **Joseph P. Mayo**, World War II veteran, seriously wounded during the hard fighting in Italy, was appointed investigator in the Veterans Services Department by **Director Edmund Genereau**. Mayo is a native of Quincy and the son of Mr. and Mrs. Paul Mayo of 39 Penn St.... **Lodgen's Market**, 30 Cottage Ave., Quincy Center, was advertising Specials: Sirloin Steak, \$.59 a lb. and Bay Fowl at \$.79 a lb.... **Miss Jeanne Zimmerman**, 16 Highfield Rd., Merrymount was chosen Queen of the Winter Sports Carnival by the Walpole Skating Club... "Killer McCoy" starring Mickey Rooney, Brian Donlevy and Ann Blyth was playing at the Capitol Theatre, Hancock St., Quincy Center... **Antoinette Chella** was installed as president of the Ladies Torre dei Passeri group of Washington St., Quincy Point... Patriot Ledger reporter **Fred Hunt** noted that the city council, with one Councillor **Frank N. Orcutt**, "lolling on the hot sands of Florida", completed all its business in 35 minutes flat... **Alexander Purdon**, new secretary of the Quincy Chamber of Commerce, speaking at the regular weekly meeting of the Quincy Kiwanis Club, urged all residents of Quincy to get behind the local C of C to build a bigger, better and busier Quincy... **Fred Cahoon** and **Sebastian Squatrito**, president and treasurer of the Blessed Sacrament Holy Name Society, and **John Collins**, president of the Our Lady of Good Counsel Holy Name Society, recently attended a Communion Breakfast at St. Joseph's Church, Quincy Point... Granite City Coal Co., 64 Penn St., South Quincy, was offering Aldrich Silent Oil Burners for \$149.50... The Bates Co., 312 Quincy Ave., Quincy Point, was advertising Kaiser or Frazier automobiles, noting "A Kaiser or Frazier gives you more miles to the gallon"... **Rt. Rev. Raymond A. Heron**, bishop of the Episcopal Diocese of Massachusetts, confirmed 23 people at St. Chrysostom's Church, Wollaston... Quincy Gold Star Mothers were inviting all Quincy mothers who have lost someone in the service to join the organization. **Rose Kelly**, 63 Vershire St., was the contact person... **Lt. Gov. Arthur W. Coolidge** was the main speaker at a meeting of the Quincy Federation of Women's Organizations, at which **Mrs. Arthur I. Burgess** was nominated president.

READERS FORUM

Affordable Care Act's Unintended Consequences

It is pretty sad that in America, as a working US citizen, who works 40 hours week, and pays for health insurance, and is also suffering from Multiple Sclerosis, can't afford to go to the doctor.

Why is this?

It is because the health care companies were allowed to raise their rates. My health care went up 30 percent. My deductible also went up as a result. I know the Affordable Care Act was to help the working class, but its unintended conse-

quences have had a negative effect on the working class.

I need to see a neurologist because of my disease, but I don't go. Why you might ask? Because then I get a huge bill for the portion that is not covered because of my increased deductible.

I should be getting MRIs once a year to see the status of my disease progression, but I can't get an MRI because I know I will be getting a bill for at least \$700 because of my increased deductible. The last MRI I had was almost two years ago.

It is a pathetic state that our health care system is in.

I take my children to the doctor because despite the fact that I can't afford it, I will not sacrifice their health, but I do sacrifice my own.

When you're living pay check to pay check, paying rent and bills, and trying to survive in general, worrying about whether you can go to the doctor should not have to be an issue, especially when you have insurance, but it is.

How is this fair? You're

sick, you have an incurable chronic progressive disease, but you can't see the doctor!! Because you can't afford to.

There are millions of Americans out there facing the same situation as me.

Please tell me how this is just. Something needs to change, for the millions of Americans like me who pay for insurance but can't afford to go to the doctor.

Regrettably disappointed with this system,

Tina Falconi
Quincy

Thank You From NQHS Boys Hockey Boosters

A big THANK YOU is due to all who attended and contributed to the North Quincy High School Boys Hockey Fundraiser.

The event was held on Friday, Jan. 22nd and it was a huge success.

Many friends, family, alumni and members of the community attended to show their support for the boys hockey program. Numerous people and organizations generously contributed to the raffle and silent



auction and also made monetary donations. This fundraiser raised enough money to support the team's games, trips and activities for the remainder of this hockey season, and will also help to ensure the hockey program's longevity for many years to come.

The team, coaches and parents would sincerely like to thank everyone for their support and contributions to this event.

Donna Mock
NQHS Boys Hockey
Boosters
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North Quincy

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Two On Becker Dean's List

Two students from Quincy are on the Dean's List for the fall semester at Becker College in Worcester.

They are:

Ian Hunter and Eltonjo Palushi.

Arts & Entertainment

Free Classical Guitar Concert At Crane Library

Guitarist Raley Beggs will share the artistry and craft of the classical guitar and its repertoire in a free concert on Sunday, Feb. 7 at 3 p.m. at the Thomas Crane Public Library, 40 Washington St., Quincy.

The program will include works from the traditional repertoire as well as new music. All ages are welcome to attend.

After earning his Bachelor's at Florida State University under profound pedagogue Bruce Holzman and a Master's from New England Conservatory with esteemed artist and performer Eliot Fisk, Raley Beggs has found a suitable podium from which to share and enrich the traditions of his instrument. Beggs performs widely throughout the greater Boston area as a soloist



and chamber musician, with a special focus on community engagement established during his two-year fellowship with the Community Performances and Partnerships Program. In addition to being a performer, Beggs

is on the faculty of EKS Music School in Quincy.

Sponsored by the Friends of the Thomas Crane Public Library. For more information, call 617-376-1316 or visit thomascranelibrary.org.

Monday Night Jazz At Maggy's Lounge

Maggy's Lounge at 609 Washington St. in Quincy hosts weekly jazz music Monday evenings beginning at 8 p.m.

For well over a year now, on Monday Nights Jazz musicians, Jazz singers and Jazz fans from all over the region have been congregating to Maggy's Lounge for "Maggy's Monday Night Jazz Jam."

The Jazz Jam is well organized and run by saxophonist and Berklee School of Music Alumni Andrew Hickman of Quincy and His JazzWorks Jazz Ensemble. Other members of JazzWorks are drummer Robert Buttomer of Quincy, Bassist Michael Angelo of Hingham

and Quincy business owner/guitarist Dr. Jack Arpano.

Everyone of the appropriate age is invited and there's no cover charge to attend or even sit in with the house band. It's a big Jam session so bring your own brass, woodwind, or stringed instrument. There is a full sound system and back line gear with drums, amplifiers and piano provided.

To keep the music fresh each week Maggy's Jazz Jam features a special guest musician. Special guests have included the multi-talented Mark Greel of Pembroke, who is well respected in the jazz community. Greel's primary instrument

is the trumpet but also plays guitar, flute and piano all exceptionally well.

Another guest is Hammond B3 Organ Master Ken Clark of Derry, N.H. who joins the Jam on every first Monday of the month.

The Monday Jazz Jam also features musicians and singers from all over region. Maggy's welcomes both the seasoned professional and the novice who are ready to start playing on stage. This is a great place for all musicians to get together, meet other musicians, network and it's also great for budding musicians to get their feet wet and perform in front of a captivated audience.

Storytelling, Kids Activities At ANHP Visitors Center

During February School Vacation Week, join Brain-tree Teacher and National Park Service Volunteer Kelly Halin at the Adams National Historical Park Visitor Center for an hour of storytelling and activities to learn some of the lesser-known lives of our American presidents.

The schedule includes:
Tuesday, Feb. 16 from 1:30 p.m. - 2:30 p.m.

George, Paul, John, and Ben by Lane Smith. This picture book tells the story of George Washington, Paul Revere, John Hancock, Benjamin Franklin, and Thomas Jefferson before they became Founding Fathers. Following the story, participants will make candles to bring home.

(Kelly will lead everyone making candles to bring home!)

Wednesday, Feb. 17 from 1:30 p.m. - 2:30 p.m.

Dangerous Crossing: The Revolutionary Voyage of John Quincy Adams by Stephen Krensky. Today, travelers who want to visit France get on an airplane. In 1778 when John Adams brought his 10 year-old son

Johnny they had to survive a dangerous boat ride that took weeks. After story time, everyone can make hand-print ships.

Thursday, Feb. 18 from 1:30 p.m. - 2:30 p.m.

A Black Hole is Not a Hole by Carolyn Cinami DeCrisofano. Budding scientists may be excited to learn that John Quincy Adams loved studying the skies. This book talks about Black Holes and how scientists find them. After, create some constellations of your own in a nifty art project.

Friday, Feb. 19 from 1:30 p.m. - 2:30 p.m.

Wackiest White House Pets by Gibbs Davis. Almost 400 pets have lived in the White House—including John Quincy Adams's pet alligator. What other wacky animals have lived there? This hour will end with everyone making an alligator puppet to take back home.

The National Park Service Visitor Center is located at the Galleria at Presidents Place, 1250 Hancock St. Validated Parking is in the garage in the rear of the building and accessed via Seville Street.

Each story hour is free and geared toward children ages 4 - 7. For more information, contact Jessica Pilkington at 617-773-1177 or Jessica_Pilkington@nps.gov.

Adams National Historical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the "Old House at Peace field," home to both presidents and four generations of their distinguished family. During the open season, April 19 through Nov. 10, tickets to the historic homes can be purchased at the Visitor Center located at 1250 Hancock St., Quincy.

A free park trolley transports visitors from the Visitor Center to the Birthplaces and the "Old House at Peace field" for a two and a half hour tour. The first tour leaves at 9:15 a.m. and the last tour leaves at 3:15 p.m., seven days a week including federal holidays. Tickets are \$10 for adults (children 15 and under are free) and sold on a first-come, first-served basis.

Videos Highlight Park Service Centennial

During the week of February Vacation, the Adams National Historical Park Visitor Center will air videos from National Parks across the country as part of the National Park Service's 100 Years Anniversary Celebration!

Learn about parks from

Denali National Park and Preserve to the Allegheny Portage Railroad, and even some New England favorites like Adams National Historical Park located in Quincy.

The Adams National Historical Park Visitor Center is located at 1250 Hancock St.

and will be open from 10 a.m. to 4 p.m., Feb. 16 - 19.

The Visitor Center also offers a bookstore and restrooms. Validated parking is located on the 4th and 5th floors in the Galleria Parking Garage. Visit the park website at <http://www.nps.gov/adam> or call 617-770-1175 for more information.

'Dearest Friend' Stage Reading Feb. 6

Dragonfly Theater Company will present "Dearest Friend" (The letters of John and Abigail Adams) by Caroline Hughes Saturday, Feb. 6 at 8 p.m. at the Wollaston

Congregational Church, 48 Winthrop Ave., Quincy.

"Dearest Friend" will be presented as a stage reading.

Tickets are \$10 and are

available via email and at the door.

For more information contact Dragonfly Theater at 781-492-2239 or via email at info@dragonflytheater.net.

Mardi Gras Feb. 9 At Kennedy Center

Join the Quincy Council on Aging in celebration of Mardi Gras on Tuesday, Feb. 9th at 1 p.m. at the Kennedy Center, 440 East Squantum St., Quincy.

The celebration will include entertainment provided by the Carrtunes, light refreshments and festive masks, beads and hats

Tickets are \$7 and are available at the Kennedy

Center, 440 East Squantum St., Quincy.

Space is limited. For more information call the Kennedy Center at (617) 376-1506.

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Highlights of Local Programming found on

QATV

Quincy Access Television

88 Washington Street

Quincy, MA 02169

617-376-1440

Public Access Channel 8

Thursday, February 4
7:30pm: Quincy in Focus
8:00pm: QHS vs. Duxbury Girls Basketball

Friday, February 5
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, February 6
7:00pm: At Your Library: February
8:30pm: Faces of South Asia

Sunday, February 7
10:30am: Terra Santa News
3:30pm: Sound Advice with Tom Williams

Monday, February 8
6:00am: LIVE: AM Quincy (audio only)
11:30am: LIVE: Currently in Quincy

Tuesday, February 9
6:00pm: Eye on Quincy (replay)
7:30pm: Quincy in Focus

Wednesday, February 10
6:00pm: Good News
7:00pm: Tarot by Lea Marie (replay)

Government Access Channel 11

Thursday, February 4
12:00pm: City Council/SPGA 2/1
5:30pm: Quincy in Focus
6:00pm: Update DPW: Winter Season
8:30pm: At Your Library: February

Friday, February 5
5:00pm: Currently in Quincy
6:00pm: City View with Mayor Koch
6:30pm: FYI: QHD Personal Care Safety

Saturday/Sunday, February 6/7
9:00am: City View with Mayor Koch
10:30am: At Your Library: February
12:00pm: City Council/SPGA 2/1
3:00pm: At the Library: Paul Agnew
7:00pm: City Council/SPGA 2/1

Monday, February 8
6:00pm: Crime Watch: Home Security
8:00pm: Media Advisory: Governor Baker

Tuesday, February 9
6:30pm: FYI: QHD Zika Virus

Wednesday, February 10
6:30pm: FYI: QHD Arrhythmias

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

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Social

COA To Host Caregiver Appreciation Day Feb. 19

In recognition of Caregiver Appreciation Day, the Quincy Council on Aging will host a luncheon and afternoon of reflection, relaxation and pampering at the Kennedy Center on Friday, Feb. 19th from noon to 3 p.m.

Caregivers rarely take

time for themselves as they are always making sacrifices for others. This promises to be an afternoon of respite for all.

The event is for caregivers only. Registration is required. To register, call the Kennedy Center at (617) 376-1506.

16 Quincy Students On Thayer Academy Honor Roll

Sixteen students from Quincy are on the first term honor roll at Thayer Academy's Upper School.

They are:

Beryl Chen, Grade 11, earned High Honors for Term 1 and Semester 1.

Amy Le, Grade 9, earned High Honors for Term 1 and Semester 1.

Jeffrey Liu, Grade 12, earned High Honors for Term 1 and Semester 1.

John Lucas, Grade 11, earned Honors for Term 1 and Semester 1.

Finley Mullally, Grade 11, earned Honors for Term 1 and Semester 1.

Molly Mullally, Grade 10, earned Honors for Term 1 and Semester 1.

Charlotte Nickerson, Grade 9, earned High Honors for Term 1 and Semester 1.

Eoin O'Sullivan, Grade 10, earned High Honors for Term 1 and Semester 1.

Lauren Petrie, Grade 11, earned Honors for Term 1 and Semester 1.

Miriam Post, Grade 9, earned Honors for Term 1 and Semester 1.

William Scola, Grade 9, earned Honors for Term 1 and High Honors for Semester 1.

Emma Steffan, Grade 10, earned Honors for Term 1 and Semester 1.

Maximilian Storch, Grade 10, earned Honors for Term 1 and Semester 1.

Maria Theodore, Grade 9, earned High Honors for Term 1 and Semester 1.

Arianna Urekew, Grade 10, earned Honors for Term 1 and Semester 1.

Dan Nguyen, Grade 11, earned Honors for Term 1.

Two On New Haven Dean's List

Two students from Quincy are on the Dean's List at the University of New Haven in Orange, CT, for the fall semester.

They are:

Lindsay Delaney who is studying for a Bachelor of Science in criminal justice; and Marianna Liang, studying for a Bachelor of Science, forensic science.

Denise LaFontaine On Dean's List

Denise LaFontaine of Quincy has been named to the Dean's List for the fall

term at Springfield College. LaFontaine is studying Human Services (UG).

Britney Broderick On Dean's List

Britney Broderick has been named to the Dean's List for the fall semester at

the University of New England.

Eliza McDonald On Dean's List

Eliza G. McDonald of Quincy has been named to the Dean's List at Saint Michael's College in Colchester, VT.

McDonald, a junior biology major, is the daughter of Nancy and Timothy McDonald of Quincy. She is a graduate of Fontbonne Academy.

ENC A Cappella Choir Valentine's Day Concert

Eastern Nazarene College's A Cappella Choir will present a Valentine's Day-themed benefit concert Thursday, Feb. 25 at 8 p.m. at the South Shore Baptist Church in Hingham.

The public is invited to attend.

Directed by Dr. Timothy Shetler, the concert will feature a wide variety of love songs, including classical, folk and contemporary arrangements. Joining the A Cappella Choir for this concert will be ENC alumni who sang with the group during their college years.

A free will offering will be taken during the concert, with all proceeds benefiting

Friends of the Homeless of the South Shore. Donations may also be made online at www.friendsofthehomeless.org.

ENC's A Cappella Choir tours regularly in the New England and Mid-Atlantic states. In addition to performing internationally, the choirs have performed at New York City's Carnegie Hall and Lincoln Center, and at Boston's historic Jordan Hall at New England Conservatory.

South Shore Baptist Church is located at 578 Main St, Hingham. For more information, contact the ENC Box Office at 617-745-3715.

Healthy Heart Topic At Kennedy Center

Ruth Jones, Quincy Health Department nurse educator, will be at the Kennedy Center on Friday, Feb. 12th at 11:30 a.m. to discuss heart health.

Topics will be nutrition, exercise and stress as well

as other important information relating to heart health. Refreshments will be provided.

Registration is required as space is limited. To register call the Kennedy Center at (617) 376-1506.

Alison Eeley On Dean's List

Alison Elizabeth Eeley of Quincy has been named to the Dean's List for the fall term at the University of the

South in Sewanee, TN.

Eeley is the daughter of Aileen and Peter L. Eeley.

Two On Mount Ida Dean's List

Two students from Quincy have been named to the Dean's List for the fall term at Mount Ida College in

Newton.

They are: Cynthia Bishop and Jared Johnston.

Two On Assumption Dean's List

Two students from Quincy are on the Dean's List for the fall semester at Assumption College in Worcester.

They are:

Tamra Adams, a member of the class of 2018; and Julianna Montminy, a member of the class of 2019.

Five On URI Dean's List

Five students from Quincy are on the Dean's List for the fall semester at the University of Rhode Island in Kingston, R.I.

They are:

Johnathan James Yacano, Si Han Huang, Ying Chen, Jessica M. Muscato and Robert Marshall Salvucci.

Valentine's Day Cabaret Feb. 14

Milton Community Concerts will present Ute Gfrerer, one of the world's most admired and accomplished cabaret singers, in "A Valentine's Day Cabaret" on Sunday, Feb. 14th at 4 p.m. at First Parish Church of Milton, 535 Canton Ave.

The Austrian soprano, teamed with pianist William Merrill, will present an entertaining program featuring music of Bernstein, Weill, Porter, Piaf, and others.

Gfrerer has been performing internationally in concerts, full stage productions, and on DVD for the past two decades. Today she is considered one of the best interpreters of Kurt Weill's music, having sung and recorded many of his works. In 2012 she made her Salzburg Festival debut in the opera "The Labrynth" and in 2015 she returned to sing Polly in "The Threepenny Opera."

Her career has taken her to major musical centers around the world, including the Zurich Opera, the

Vienna Volksoper, Barbican Hall in London, the NHK Hall in Tokyo, the Teatro National in Guatemala City, the Alte Oper Frankfurt, the Cologne Philharmonic, and the Herkulesaal in Munich. She also sings opera, operetta, musicals, chansons and lieder, and popular songs.

Gfrerer will be joined by one of Boston's most highly regarded pianists, William Merrill. He has accompanied for numerous eminent singers in concerts at Carnegie Hall and virtually every major concert venue in Boston.

Tickets for this special Valentine's Day event are \$20 for the public, \$10 for senior citizens 65 and over, and free for 18 and under. All tickets will be sold at the door on the day of the concert.

In case of heavy snow, an alternate date of Saturday, Feb. 20th at 7 p.m. may be offered. For more information on this and other upcoming concerts go to miltoncommunityconcerts.com.

12 Students On Framingham State Dean's, President's List

Twelve students from Quincy are on the Dean's List or the President's List at Framingham State University for the fall semester.

They are: Jillian Carchedi, President's List. Erin Fin, Dean's List. Sara Sullivan, Dean's List. Daniel Gould, President's List. Patrick Gould, President's List.

dent's List.

Megan Mahoney, President's List.

Jane Minton, President's List.

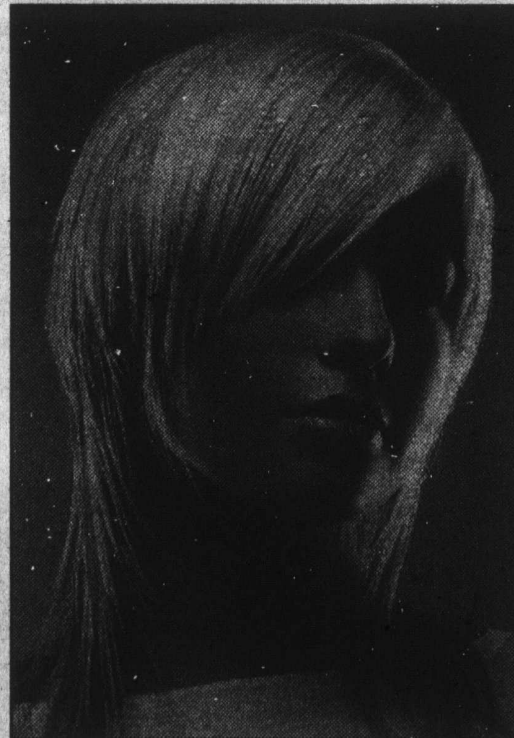
Christina Morrissey, Dean's List.

Savannah Morrissey, Dean's List.

Manna Zhou, Dean's List.

Emily England, Dean's List.

Cynthia Nelson, President's List.



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Bite-Sized Fried Dough

By MARIE

Whenever there is a carnival the aroma from the fried dough hits you upon arrival, and most kids love this snack.

So one day while visiting my daughter, Nancy, I noticed that she had made fried dough for her children, but she made them in bite-sized pieces. These are so simple to make with just three ingredients and great to use as a snack any time.

INGREDIENTS:

1 pound of dough (which can be bought at the super market)

1/3 cup of vegetable oil

Powdered sugar (enough to coat snack)

Place dough on lightly floured board and cut pieces and roll them in bite-sized balls. Heat oil and when oil is hot drop balls one by one and fry until lightly browned. Place on paper towel to drain and sprinkle with powdered sugar.

White Chili

By SUZIE

Here is a recipe that is delightfully simple, and equally delicious. Though not stated, please use organic vegetables when possible, to help unburden your body from all the pesticides that are used (especially the peppers and zucchini.)

Adjust seasonings to taste as well. You may like more cayenne or less, or none at all and use black pepper. Coriander is important for this chili and adds just the right balance of herbs, so try not to leave that out, but if you do, it will still be great. Add some cumin instead.

Beans are loaded with fiber and important nutrients, quinoa, which I have spoken of before, many times, contains protein, fiber, important vitamins, and even a good amount of calcium. I am sure this will be a hit with all, and make it your own.

You can add in carrots or other vegetables as well.

WHITE CHILI

(for these cold winter days)

2 tablespoon olive oil
1 medium onion, diced
2 stalks celery, diced
1 zucchini, chopped
1 red pepper, chopped
3 cloves garlic, minced
1 teaspoon ground cumin

1/2 teaspoon ground coriander

1 tablespoon chopped fresh parsley

1/4 teaspoon cayenne pepper, more to taste

1 pound ground organic white meat turkey or chicken

2 (15.5-ounce) cans white beans such as cannellini, drained and rinsed

5 cups organic chicken broth

3/4 teaspoon dried oregano

1 cup quinoa

Sea salt

1/2 cup full fat plain Greek-style yogurt

Chopped fresh cilantro leaves

Heat the oil in large pot or Dutch oven over moderate heat. Add the onion, celery, pepper, and zucchini, and cook, stirring occasionally, until the vegetables are soft, about 6 minutes. Add the garlic, cumin, coriander, parsley and cayenne and cook, stirring, until fragrant, about a minute.

Add the ground meat and cook, breaking up the meat with a spoon, until the meat is no longer pink about 2 minutes. Add the white beans, broth and oregano. Cook, partially covered, stirring occasionally, for 25 minutes.

Add the quinoa and salt to taste, and continue cooking, partially covered, 12 minutes longer. Ladle into individual bowls and top each serving with 1 tablespoon of yogurt and cilantro.

Eggplant Patties

By MARIE

In case you would rather have a veggie burger as opposed to a hamburger – today's recipe is for an eggplant patty.

When I prepared it, I cooked the eggplant in the morning and later in the day made the patties for dinner.

Instead of a soft roll, we used a crusty one – it was so delicious. You can also top the patties with tomato sauce.

EGGPLANT PATTIES

2 pounds of eggplant cubed
1 tablespoon of parsley
3 to 4 eggs
1 small clove of garlic - minced
1/4 cup grated cheese

2/3 cups breadcrumbs

1/2 teaspoon salt and pepper

3 tablespoons of oil for frying

Place cubed eggplant in a sauce pan with enough water to cover. Heat until water comes to a boil then cook eggplant 3 to 5 minutes longer. Drain well. When cooked, squeeze out all of the water.

Then place eggplant in a bowl and add cheese, breadcrumbs, eggs, parsley, minced garlic, salt and pepper. Blend well.

In a skillet add the oil and heat. Then drop eggplant mixture by spoonful in pan to size of a hamburger. Fry on both sides, adding more oil as needed.

Drain on paper towel.

Scenes From 'The Finest Hours' Filmed At Former Shipyard

"The Finest Hours," the new Disney film about the incredible true story of a daring Coast Guard rescue attempt off the coast of Cape Cod, previewed in Boston last week and hits movie screens globally this week.

Local elected officials, small business owners, community leaders, and film industry workers say the locally-filmed movie demonstrates the positive impact that Massachusetts' film and television production tax credit has had on local communities.

"I had the chance to visit the set of 'The Finest Hours' when the production was filming in my district at the old Quincy Shipyard," said Majority Leader and Quincy Democrat Ron Mariano. "I spent most of my time there talking with friends and neighbors of mine who either were working on the set or for a local business that had been hired by the production. I was able to see first-hand the economic benefits coming into my district as a result of the film."

Since the film tax credit was expanded in 2007, film and television productions have purchased goods and services from thousands of small businesses in over 225 local communities — nearly 70% of all cities and towns in Massachusetts. Money generated by the film industry in Massachusetts provides a valuable boost to thousands of local small businesses, including diners, caterers, hardware stores, lumber yards, printing companies, cleaning companies, hotels, and countless others.

"The Finest Hours," which filmed in Chatham, Cohasset, Duxbury, Marshfield, Norwell, and Quincy during the summer and fall of 2014, bought or rented goods and services from more than 1,300 Massachusetts businesses in 155 cities and towns during the time it filmed in Massachusetts.

"We've done a lot of business with movies over the last few years, but 'The Finest Hours' was one of the

biggest," said Steve Turner, an owner of Turner Steel, a family-owned steel service center in West Bridgewater that supplied steel for the construction of the ships used in the film. "We were on set almost every day for close to a year—it certainly kept us busy, and having that steady business helps out a lot."

"Working with the film industry as a whole, including on 'The Finest Hours,' has had such an impact on our business that we've hired two new employees, fulltime, year-round," said Craig Murphy, owner of Cambridge Reprographic in Somerville and Everett, which does custom printing and manufacturing of custom awnings, canopies, patio umbrellas, and other exterior covering solutions. "We go from one movie to the next, and the growth of the film industry in Massachusetts has allowed us to invest in our business with new employees and new equipment."

Over the 190 days "The Finest Hours" was in Massachusetts, the film spent \$1.7 million for nearly 13,400 nights at local hotels.

Film and TV productions continue to grow our vital tourism industry. After "The Finest Hours" shot in the Cape Cod area and featured the stories and displays of the Orleans Historical Society, the museum saw the number of visitors more than double and experienced a large jump in donations to the museum, all before the film was even released.

The film tax credit creates and supports thousands of jobs throughout the state—from the sales representative at the lighting rental company to the forklift operator at the lumber yard to the costumer on the film set. These and thousands of other jobs are the result of the new spending by film and television production companies.

"We had over 175 local men and women working for 4 or 5 months just to build and paint the sets for

"The Finest Hours" at the Quincy Shipyard and on Cape Cod," said Set Construction Foreman Adam McClain of Lynn. "Nearly 20 of those who worked to construct the steel sections of the ships were skilled but unemployed welders who had worked in other industries in Massachusetts, and many of them have continued to work on films since then."

"These are good paying jobs that provide health insurance and retirement for Massachusetts families."

Film and television productions have benefitted communities throughout the state. In the last four years, 76 percent of the shooting days by major productions occurred outside of Boston. Major motion pictures regularly spend millions of dollars on goods, services, and rentals with Massachusetts business, and often create other benefits for local communities.

In addition to providing jobs for working families and sales for Main Street businesses, the film & television production tax credit is helping to grow our high-tech economy. Dozens of local entrepreneurs are building small businesses that are part of the state's growing creative economy: film studios, post-production companies, film equipment rental businesses, visual effect companies, and many others.

"The Finest Hours" is a perfect example of how the film and television production tax credit creates jobs, helps local businesses, and grows the type of creative economy that Massachusetts needs to succeed in the 21st Century," said Margie Sullivan, president of the Massachusetts Production Coalition and Executive Producer at Redtree Productions, a commercial production company in Boston. "Dozens of post-production and visual effects companies are contributing to Massachusetts' tech sector because of the presence of the film industry here."

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MSIC

A Message From The Quincy Health Department

The Scoop On Salt

By RUTH JONES

BSN, RN, BC, CP-FS

Most Americans consume too much salt on a daily basis, potentially putting their health in jeopardy. More than 90 percent of children and 89 percent of adults ingest more sodium than is recommended in the new 2015-2020 Dietary Guidelines for Americans, according to the U.S. Centers for Disease Control and Prevention. The new guidelines advise no more than 2,300 milligrams (mg) of salt a day, about a teaspoon for most adults. If you're like the majority of people, you probably aren't even aware of just how much sodium is in your food. Consider that a single teaspoon of table salt has 2,325 milligrams (mg) of sodium. The average American gets about 3,400 mg of sodium a day, a substantial amount more than recommended. And it's not just table salt that should concern you. Many processed and prepared foods contain sodium.

The principal sources of sodium in a typical diet include:

- Processed and prepared foods. These foods are typically high in salt and additives that contain sodium. Processed foods include bread, prepared dinners like pasta, meat and egg dishes, pizza, cold cuts and bacon, cheese, soups, and fast foods.

- Natural sources. These include all vegetables and dairy products, meat, and shellfish. While they don't have an enormous amount of sodium, eating these foods does add to your overall body sodium content.

- In the kitchen. Many recipes utilize salt, and many people also salt their food at the table. Condiments also may contain sodium. One tablespoon of soy sauce, for example, has about 1,000 mg of sodium.

Your body requires some sodium to function appropriately because it helps maintain the right balance of fluids in your body, helps transmit nerve impulses and influences the contraction and relaxation of muscles. Your kidneys naturally balance the amount of sodium stored in your body for ideal health. Because sodium attracts and holds water, your



RUTH JONES

blood volume increases, which makes your heart work harder and increases pressure in your arteries. Certain diseases can make it hard for your kidneys to keep sodium levels balanced. Occasionally, some people's bodies are more sensitive to the effects of sodium than are others, leading to fluid retention and increased blood pressure. If this becomes chronic, it can lead to heart disease, stroke, kidney disease and congestive heart failure.

Essentially everyone can benefit from reducing the sodium in their diet. Some helpful ways you can cut back on sodium include:

- Eat more fresh foods. Most fresh fruits and vegetables are naturally low in sodium. Also, fresh meat is lower in sodium than are luncheon meat, bacon, hot dogs, sausage and ham. Buy fresh or frozen poultry or meat that hasn't been injected with a sodium-containing solution. Look on the label or ask your butcher.

- Choose low-sodium products. If you do buy processed foods, pick those that are labeled low sodium. Purchase plain whole-grain rice and pasta instead of ones that have added seasonings.

- Remove salt from recipes whenever possible including casseroles, soups, stews and other main dishes. Use herbs, spices and other flavorings to season foods.

- Limit use of sodium-laden condiments. Soy sauce, salad dressings, sauces, dips, ketchup, mustard and relish all contain sodium.

- Use salt substitutes wisely. Some salt substitutes or light salts contain a mixture of table salt and other compounds. To achieve that familiar salty taste, you may use too much of the substitute and get too much sodium. Also, many salt substitutes contain potassium

chloride that in excess can be harmful, especially if you have kidney problems or if you're taking medications for congestive heart failure or high blood pressure that cause potassium retention.

Taste alone may not reveal to you which foods are high in sodium. Read food labels. The Nutrition Facts label found on most packaged and processed foods lists the amount of sodium in each serving. It also lists whether the ingredients include salt or sodium-containing compounds, such as: Monosodium glutamate (MSG), Baking soda, Baking powder, Disodium phosphate, Sodium alginate, Sodium citrate and Sodium nitrite. Try to avoid products with more than 200 mg of sodium per serving.

The supermarket is full of foods labeled "reduced sodium" or "light in sodium." But don't assume that means they're low in sodium.

- Sodium-free or salt-free means each serving in this product contains less than 5 mg of sodium.

- Very low sodium is when each serving contains 35 mg of sodium or less.

- Low sodium is when each serving contains 140 mg of sodium or less.

- Reduced or less sodium means the product contains at least 25 percent less sodium than the regular version.

- Lite or light in sodium means the sodium content has been reduced by at least 50 percent from the regular version.

- Unsalted or no salt added. No salt is added during processing of a food that normally contains salt. However, some foods with these labels may still be high in sodium because some of the ingredients may be high in sodium.

Salt is an acquired taste. Gradually decrease your use of salt and your taste buds will adjust. After a few weeks of reducing your sodium, you probably won't miss it, and some foods may even taste overly salty. Your preference for it diminishes over time, allowing you to enjoy the taste of the food itself, while retaining all the heart-healthy benefits.

Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.

Sheriff's Dept., DA's Office Receive \$152,000 In Grants To Combat Opioid Abuse

The Norfolk County Sheriff's Department and the Norfolk County District Attorney's Office will receive more than \$150,000 in federal grants to strengthen and enhance their ongoing efforts to combat heroin and opioid abuse in Massachusetts.

The two county offices are among the criminal justice agencies in Massachusetts sharing in more than \$2.5 million in federal grants. The release of the grants was announced Monday by Gov. Charlie Baker, Lt. Gov. Karyn Polito, and Secretary of Public Safety and Security Dan Bennett.

The Norfolk County Sheriff's Department will receive \$112,882 while the Norfolk DA's Office will receive \$39,310.

"Law enforcement is on the front lines of the opioid crisis and it's incumbent on us to provide them with every available resource to save lives," said Gov. Baker. "These grants provide yet another tool for us to begin bending the trend of

overdoses and deaths as we combat this epidemic."

This competitive grant opportunity allows eligible state and county criminal justice agencies to solicit grant funding for services aimed at prevention, intervention, diversion, enforcement, and treatment. All proposals were required to include a law enforcement nexus and place a primary focus on targeting heroin and opioid abuse.

"These grant awards are great news for families across the state that have been negatively affected by drug use in their communities," said Lt. Governor Polito.

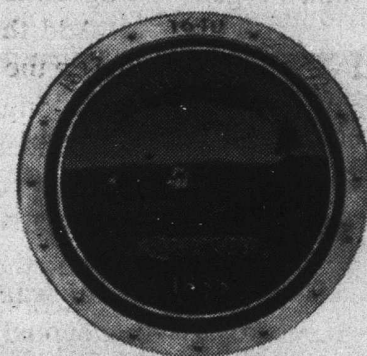
Secretary Bennett added: "The law enforcement leaders receiving these grants were selected for the innovative approaches they recommend, for their compassion, and for their commitment to addressing the devastating effects of the addiction crisis that has ruined and taken so many lives."

The awards will comple-

ment the Governor's Opioid Task Force recommendations by expanding access to services for medicated-assisted treatment, development of a youth drug prevention curriculum, dissemination of educational materials as part of a public awareness campaign, treatment beds, and training for law enforcement personnel.

Last year, Gov. Baker filed legislation to provide medical personnel with the power to intervene with patients suffering from addiction, control the spread of addictive prescription opioids, and increase education about substance use disorder for providers and in the community. Over one hundred additional treatment beds have been made available across the Commonwealth, with more expected thanks to funding from this grant program.

More information about the Governor's Opioid Task Force is available at: www.mass.gov/statewithoutstigma.



PRESIDENTIAL PRIMARY ELECTION

Tuesday, March 1, 2016

Last Day To Register To Vote For The Presidential Primary Election is

Wednesday, February 10, 2016

At Quincy City Clerk's Office

1305 Hancock Street

Second Floor, Glass Annex Building

From 8:30 AM to 8:00 PM

Voter Registration Is Also Weekdays at the City Clerk's Office from 8:30 AM to 4:30 PM

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QUINCY DEPARTMENT OF Planning and Community Development was recently honored for exemplary uses of Community Planning and Development program funding from the U.S. Department of Housing and Urban Development. From left: Paul Gorman, President and CEO, South Shore YMCA; Kathy Quigley, Executive Director, Germantown Neighborhood Center; Mayor Thomas P. Koch; David Bickel, Associate Executive Director, Music & Youth Initiative; Sean Glennon, Community Development Director; and Jim Fatsas, Planning Director.

Photo by Katie Conso

Quincy Receives National Community Development Award

The City of Quincy's Department of Planning and Community Development has again won the Audrey Nelson Community Development Achievement Award from the National Community Development Association (NCDA).

This is the fourth time the City of Quincy has applied for and won this award over the past seven years.

The Audrey Nelson award recognizes exemplary uses of Community Planning and Development program funding from the U.S. Department of Housing and Urban Development.

The award was presented to the City of Quincy for the construction and operation of the Salah Foundation Music Clubhouse at the Germantown Neighborhood Center, in collaboration with the South Shore YMCA; the Salah Family Foundation; and the Music and Youth Initiative, based in Boston.

In February 2014, the City of Quincy's Community Development Division

allocated \$50,000 of Community Development Block Grant funding to be used towards the construction of the clubhouse inside the center. The clubhouse held its grand opening on April 9, 2015 as part of a special dedication during national Community Development Week.

The clubhouse is professionally equipped and is led by a director of music. Participants have the opportunity to learn how to play instruments, and create and record the music they learn to play. The clubhouse offers lessons in voice, music recording, lyric writing, beat making and other audio production subjects.

The national award was presented at the annual Winter Legislative Meeting of NCDA held recently in Washington, D.C.

The award is called the Audrey Nelson Award, in memory of the first Deputy Executive Secretary of NCDA. Audrey Nelson's intense commitment to her

neighborhood, her local program efforts, and her drive to serve low income people was cut short by death from cancer at the age of 29. NCDA created this award in her honor in 1987.

"I wish to congratulate the community development staff and our project partners for this national recognition," said Mayor Thomas P. Koch. "This is a tremendous honor for the City of Quincy."

"Our partnership with the City of Quincy was imperative in making the Salah Foundation Music Clubhouse a reality in Germantown, and has allowed the Y to expand our commitment to the arts as a tool to nurture the potential of youth and teens in our communities," said Paul Gorman, South Shore YMCA President and CEO. "Congratulations to the City of Quincy and the Department of Planning and Community Development team on this well-deserved honor."

Taste Of The South Shore Benefits YMCA Camp Appeal

20th Anniversary Event At Lombardo's March 24

The South Shore YMCA will hold its 20th annual "Taste of the South Shore" event Thursday, March 24 at Vincent's Night Club at Lombardo's, 6 Billings St., Randolph.

The event will feature some 35 local restaurants, wineries and breweries. Tastings from 6 to 9 p.m. followed by an after party from 9 to 11 p.m.

The Taste of the South Shore is co-chaired by Jonathon Dunn, Owner and Executive Chef at Lavishly Dunn Catering and Event

Planning, and Jimmy Liang, Founder/President/Chef at JP Fuji Group.

The Taste of the South Shore is a fundraiser to benefit the YMCA's Send a Kid to Camp appeal, which supports financial assistance opportunities so that all children have the opportunity to enjoy South Shore YMCA summer camps. The goal of this appeal is not only to raise campership funds, but to also educate the community about the value of camp. At camp, children have the opportunity to be part of a

community and are in an environment which fosters belonging, acceptance, independence and relationships.

Tickets are \$100 per person when purchased before March 4th and \$125 per person when purchased after. Entry into the After Party is included in Taste of the South Shore ticket purchases. After Party-only tickets are \$25 per person.

For more information and to purchase tickets, visit www.ssymca.org/donations/events.

Free Business Forum On Resources To Train Employees

A partnership consisting of business groups, media outlets and community-based organizations will host a free information session for businesses in Quincy and the South Shore on the Massachusetts Workforce Training Fund Program (WTFP) today (Thursday) from 8:30 to 10 a.m. at the Quincy Center for Innovation.

The Center is housed on the third floor of the Quincy Chamber of Commerce, 180 Old Colony Ave. in Quincy. Registration is required; interested parties can sign up by contacting Franklin Peralta at (617) 982-6863 or fperalta@englishfornew-bostonians.org.

The WTFP is a pool of money that, according to the Massachusetts Department of Labor, "provide[s] resources to Massachusetts businesses and workers to train current and newly hired employees." Any business that pays into the Common-

wealth's Unemployment Insurance system is eligible to receive Workforce Training Fund dollars to train incumbent workers.

Participants in the forum will discuss eligibility requirements for those who wish to apply for WTFP monies as well as applica-

tion pointers and tips. Grants from the Workforce Training Fund Program have been used to train workers in a wide variety of needs, including English language training, new manufacturing production methods, supervisory and leadership skills, and many other topics.

Public Meeting Feb. 17 On FedEx Proposal

By SCOTT JACKSON

A public meeting will be held Feb. 17 on a proposal to open a FedEx distribution center at 500 Commander Shea Blvd., currently home to Boston Scientific.

Councillor Joseph Finn is organizing the meeting, which will begin at 7 p.m. inside the cafeteria at 500 Victory Rd. in Marina Bay.

The site at 500 Commander Shea Blvd. is home to two warehouses. FedEx plans to renovate and then move into the north warehouse. Those renovations include reducing the building's footprint from 471,000 square feet to 373,000 square feet, of which FedEx will operate 277,830 square feet.

Boston Scientific would then move in to the south warehouse.

A planning board hearing on the proposal was scheduled for Jan. 27 but was rescheduled to March 9 to allow the community meeting

to take place beforehand.

In other action on Jan. 27, the Planning Board also:

Approved a site plan review and special permit for Chris Pappas' proposed residential building at 52 Grafton St. in Quincy Point, which is currently a vacant lot. The project will include eight parking spaces.

Continued to Feb. 10 a public hearing on the proposal to tear down Basta Pasta at 150 Hancock St. and build a four-story apartment building in its place. The proposal, as introduced to the board on Jan. 14, would 15 two-bedroom apartments atop a 15-space garage.

Continued to March 9 the hearing to discuss a definitive subdivision plan that would include the extension of Holliston Street and Forest Avenue. If approved, the subdivision plan would create three new lots that could be developed into single-family homes.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

HARMFUL HABITS

Consuming sports drinks, fruit juices, and carbonated beverages that are high in sugar content is not the only habit that can threaten the health of your teeth. Habits involving chewing on pencils and ice can also cause teeth to crack. If this absentminded chomping on inappropriate objects irritates the soft tissue inside a tooth (pulp), sharp or lingering toothaches triggered by eating hot or cold foods and drinks may follow. With this in mind, it is potentially equally harmful to use your teeth to open bottles or plastic packaging. Teeth should never be used in place of scissors, razors, bottle openers, and other tools. Misusing teeth for anything other than their in-



tended purposes invites damage, which may prove costly.

Today's helpful and interesting column has been brought to you as a public service. We take the time to listen to our patients and suggest ways they can help themselves to better dental health. Please call us at 617 479-6220 to make an appointment. We're located at 44 Greenleaf Street, where our extremely qualified staff will provide you with dental care of the highest quality available, utilizing the most modern procedures. Visit us on the web at www.quincydentist.com.

P.S. Always floss (or use a toothpick) after eating potato chips; raisins; and other sticky, sugary, or starchy foods.

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Alie Shaughnessy Ward 6 Candidate

H.A. "Alie" Shaughnessy, crane operator and business owner, announces he is a candidate for Ward 6 city councillor.

"I've always been proud of Quincy's patriotism and contribution to American history. I consider serving on the council a public service and a privilege rather than politics," Shaughnessy said in his campaign announcement Tuesday.

"I will do all I can to preserve all that's great about Quincy. I will be your voice on many critical issues," he said. Those issues include aging infrastructure, economic development/redevelopment, supporting city services, ensuring economic strength of the community and quality of life.

"I stand committed and seek the input of more citizens in the decision process," Shaughnessy said.

He said he recognizes the need for a balance of smart growth for proposed developments in Quincy. He said his chief desire is to "encourage businesses to make Quincy their headquarters thus increasing tax



ALIE SHAUGHNESSY

revenue helping to relieve tax burdens on you, the citizen. By maintaining control and caution we can insure Quincy remains a vibrant and desired community."

Shaughnessy noted his family has deep roots in the community.

"My grandfather settled here to raise a family and be close to his business," he said. "Ancestors began Shaughnessy & Ahern Truckmen and Riggers of Boston in 1916. The Shaughnessys were always involved in their community. My father told stories of the mayor's official reviewing stands for Merrymount's 4th of July Parade in their front yard, and my grandfather's

own run for City Council many years ago."

Shaughnessy has worked on sites such as Father Bills, Quincy City Hall's renovation, the Town Brook Project, and Quarry Hills. He said he has devoted personal time, labor skills and equipment to over three decades of Quincy's parades, playgrounds and social service buildings.

"I will continue on to serve the city that gave my family so much," Shaughnessy added.

Shaughnessy also announced members of his campaign team.

They include: Patrick Morrissey, a third generation Quincy resident, father of three and career Union Teamster Rigger who will serve as treasurer; and Tina Giambro Dell'Orfano, a former Local 33 Carpenter who during 25 years of residency has managed commercial property, a marina, and her own business all within Ward 6.

For more information visit: voteshaughnessy.org and [facebook.com/vote-shaughnessy](https://www.facebook.com/vote-shaughnessy).



HARVARD AND HOOPS - The Harvard Women's Basketball team recently visited Quincy to conduct a clinic for Quincy Youth Basketball. From left to right: Jenna Zarges, Benny Nguyen, Brianna Alvarado, Niamh Gendron, Harvard player Madeline Raster (Class of 2019), Victoria Berry and Shaelyn Clark. More photos on Page 23. Quincy Sun Photo/Larry Carchedi

Writing Love Letters Topic At Library Feb. 9

The art of writing a love letter will be the subject at the Thomas Crane Public Library Tuesday, Feb. 9 at 7 p.m.

The program will be led by Kevin Symmons, a published author of four romance novels. Symmons grew up in Quincy and is also a teacher and a former

president of a local plumbing manufacturing company.

For more information, visit thomascranepubliclibrary.org or call 617-376-1316.

Parkinson's Support Group

The Quincy Parkinson's Support Group will meet Wednesday, Feb. 10 at 6 p.m. in the Ward 4 Community Room, 100 Brooks Ave., Quincy.

The discussion topic will be "Best of It and the Worst of It: Shared Strategies for Keeping Sane."

For more information, call 617-770-2090.

New Ordinance Would Regulate Political Signs

By SCOTT JACKSON

A new ordinance pending before the City Council would cap the number of political signs that could be displayed on any property in the city and limit the length of time they could be put up.

The proposed regulations, introduced by Councilor Joseph Finn, were referred to the council's ordinance committee Monday night for further deliberation. The city's zoning code currently does not regulate

political signs, except for prohibiting them from being placed on any public property and allowing them on private property only with permission from the property's owner.

The new regulations would prohibit signs from being installed in any residential or planned urban development zoning district until 10 days prior to a primary or preliminary election. In business and industrial districts, signs would be prohibited until 30 days

before the primary or preliminary election. All signs would have to be removed 72 hours following the final election.

The proposed ordinance would also limit the number of signs allowed on each property to a total of three; no more than one sign could be installed for any candidate.

Signs larger than four feet by four feet would also be banned under the proposed ordinance.

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Developer To Review Parking Plan For Wollaston Condos

Cont'd From Page 1

spaces on the ground floor.

The ground floor garage would hold 34 vehicles. Those would include both tandem spaces, where one vehicle parks in front of another, and spaces with lifts, which allows one vehicle to park on top of the other. A valet company would have been hired to manage operations inside the garage.

Timothy Long, the manager of Chapman Corner LLC, told The Sun Monday the project team was in the process of reconfiguring the garage to alleviate concerns raised during a Planning Board meeting Jan. 27. The revised parking plan, he said, would look to improve the configuration of the garage and have the project better conform to other transit oriented developments in the city.

It will take several weeks before the revised parking plan is finished. Long said there are a number of factors that need to be looked at during the redesign, including everything from the entrance and exit to the garage, to its layout, and even the sprinkler system.

"This is not an easy 10-minute, one-hour discussion," he stated.

The Planning Board's public hearing on Long's proposal Jan. 27 lasted more than an hour and forty minutes. The board did not take a vote that night and the hearing was continued to March 9.

Officials and residents questioned several facets of the proposed condo building, including the parking plan, during the Jan. 27 hearing.

Board member Coleman Barry said it was nice to see a project like the one being proposed at Chapman Street being planned for an area of the city outside of Quincy Center, but questioned the idea of using tandem spaces and lifts because they would likely be shared by residents of different units inside the building.

"Something that jumps out to me is this parking

configuration," he said.

Planning Director James Fatseas said the developer had not mentioned the intent of hiring a valet for the garage prior to the public hearing. He requested further information on the valet plan, including the names of companies being considered for that role.

William Stevenson, a resident of Tobin Towers at 80 Clay St., said he was concerned visitors would park in his building's lot.

"When this new place has visitors, they can't park on the street," he said. "They're going to park at the spaces at Clay Street and handicapped people who drive and park at Clay Street won't have a parking space."

Shu Chen, a Chapman Street resident, said those visitors would park on Chapman Street or at the nearby CVS parking lot.

City Council President Kirsten Hughes voiced her support for the project. She called the project a great opportunity for an area of the city outside of Quincy Center to be developed, and urged the Planning Board and applicant to work on ways to mitigate any issues the building may cause.

"It's an attractive looking project. It's something that I do think the area could use," Hughes said. "But I do hear concerns and I would urge you, as well as the proponents, to look to some mitigation strategies to find something that works for the space, because I do think in the overall picture it's a good project."

Dean Rizzo, the former president of the Quincy Chamber of Commerce, said Long's proposal is in line with the standards for revitalizing Wollaston Center included in a 2013 Metropolitan Area Planning Council report.

"This is the type of density that is needed not only in Wollaston but in all the business districts in the city. This is really the ideal location that you want this kind of density, in the business district in the Wollas-

ton downtown area," Rizzo said.

"This is the type of development you want in Quincy. This is the type of development you want near the business areas."

Wollaston resident Benjamin Ha said the project appeals to individuals who take the Red Line into Boston for work, given the building's proximity to the Wollaston station.

"I think there is a group of individuals who are in the same situation as me who would like to take the train. It's very close, very convenient," Ha said. "It seems like a great idea, especially in the Wollaston area."

The Rev. Dr. Susan F. Jarek-Glidden, pastor of the Quincy Community United Methodist Church, which is located across Chapman Street from the proposed building, said traffic from the proposed entrance and exit to the garage would add to traffic woes at the intersection.

"The intersection of Clay and Chapman is absolutely treacherous," she said. "There is traffic coming from all different directions and there is also pedestrian traffic. The location of your entrance/exit would only add to that difficulty."

Jack Gillon, the applicant's traffic engineer, said the development would add 30 vehicle trips during the peak service hour, which would not affect the level of service at the intersection of Chapman and Clay Streets.

Alice Finn, a trustee of the church, expressed concern that Long's project and other future developments in the area would begin to squeeze out Wollaston residents.

"I have some concerns about the residents who have been here a long time, that they're not going to be pushed out of this neighborhood they've been in for like decades because all of a sudden you're building something that the average person who lives in Wollaston or Quincy could never afford," she said.

"What's going to happen to the long term residents here that will feel like they're being pushed out?"

Resolution On C-Mart Seen Within 2 Months

Cont'd From Page 1

sour.

The council, acting as the city's special permit granting authority, had rejected Fang's application to open the Asian-American supermarket at the Hayward Street location, which was formerly home to Boston Gear Works, in 2009 and then again in 2013 after the application was remanded back to the council.

Land Court Judge Keith C. Long, in a Jan. 7 ruling, vacated and reversed the council's 2013 rejection, stating the council ignored his original remand order that instructed councillors to weigh the traffic impact – the reason cited for rejecting the proposal both times – of the proposed grocery store against by-right uses allowed on site. Long ordered the council to approve the permit and consider reasonable mitigation measures Fang could undertake.

Timmins told the council Monday that both sides have begun looking at possible mitigation.

"The work to that end is underway in terms of looking at mitigation options," the solicitor said. "The parties will determine jointly what is acceptable and the goal is to make a recommendation to this body so there is a joint plan submitted by the parties – the applicant and the city – in regard to mitigation."

Fang's representatives have already met with May-

or Thomas Koch to discuss the project, Timmins said, and have also indicated Fang might modify his plans for the former Boston Gear Works Building. Fang in 2013 had proposed opening a supermarket with 25,000 square feet of retail space on site, in addition to a warehouse and offices.

Timmins anticipates both sides agreeing on the mitigation measures within 30 to 60 days, at which point they would go before the council for review. The sides have to work around two constraints – the proximity of a signalized intersection on Hancock Street at the entrance to the adjacent Hannaford Supermarket and the MBTA tracks to the west of the project site.

"We're a little constrained as to what we can do and those are the things we're looking at – how we can deal with those constraints and come up with something meaningful," Timmins said. "Beyond that, I would say the universe of potential mitigation measures has been established. It needs to be refined."

Fang had proposed several mitigation measures he would pay for during the 2013 permitting process, including a new traffic signal at the intersection of Hancock and Hayward Street and the addition of a left-turn only lane in the northbound direction of Hancock Street at the same intersection. The applicant also pro-

posed re-signalizing several other Hancock Street intersections.

Timmins said the notice of appeal is "prophylactic in nature" and is intended to protect the council's rights. He does not intend on going forward with the appeal.

"This is nothing more than making certain that your position as the SPGA is as protected as possible," Timmins said. "We don't intend to go forward with the appeal...I think the point now is to try to work directly with the applicant in light of the judge's order."

He told the council Fang's attorneys have filed a motion to recoup their legal fees in the case; the notice of appeal would not need to be filed until 30 days after that judgment is made. Timmins said the motion for legal fees was made by Fang's attorneys as a way to protect their interests.

The council approved allowing Timmins to file a notice of appeal in a 6-1 vote. Ward 4 Councillor Brian Palmucci opposed allowing the solicitor to do so and Councillor Joseph Finn was not in attendance Monday.

Council President Kirsten Hughes said she was happy both side are now working on mitigation, but the council must preserve its right to appeal the case if necessary. Hughes represents Ward 5, where the proposed C-Mart would be located.

"This is just simply preserving our rights and is good legal practice. This is an adversarial process – the law and lawsuits. They have gone ahead and filed for these expenses, which is also an acknowledgement that this is an adversarial process. They're reserving their rights therefore we should do the same," Hughes said.

"I appreciate the discussions of mitigation in good faith. I am happy to hear that Mr. Fang and the mayor are working along those lines."

Palmucci, who was one of three councillors to vote in favor of the project in 2013, said he was concerned the city could be on the hook for additional costs if the appeal did go forward.

"I have real concerns about appealing for the sake of an appeal that in the end could cost taxpayers money," Palmucci said. "The city tends to pick fights, lose them, and then the taxpayers pay for them. I don't want to see that here."

Timmins re-iterated that he was not looking to pick a fight and the council could rescind its vote authorizing him to file a notice of appeal in the future.

Absentee Ballots

Available For Primary

Cont'd From Page 3

must be returned by mail to arrive at the election office before 8 p.m. on March 1, the time the polls close.

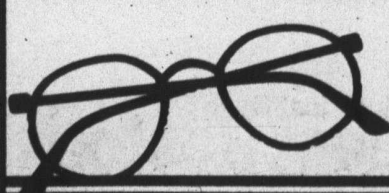
The deadline for persons to register to vote in the presidential primary is Feb. 10.

"Voters who are unenrolled or who are registered in a party can vote in that party's primary," Galvin said. "With intense campaigns underway in both parties, it is important to remember that Feb. 10 is also

the last day to change your enrollment status if you wish to."

This year, eligible persons can register online and more than 20,000 have done so already, Galvin said. Those who are U.S. citizens, residents of Massachusetts, and who will be at least 18 years old on or before March 1 are eligible to register. It is recommended that those who mail in their registration application have the mailing hand-canceled to ensure it is postmarked before the deadline.

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Galvins Get Go Ahead For Center Office Building

By SCOTT JACKSON

The Planning Board gave its approval to a three-story office building in Quincy Center, featuring a new bank and other ground-level retail space, proposed by Sean and Scott Galvin.

The board on Jan. 27 approved Galvcon Development's plan to build the 27,000 square foot office building and parking structure at 111 Washington St. The site, located at the intersection of Washington Street and McGrath Highway, was previously home to an IHOP that later became a Bickfords and most recently a Brazilian steakhouse. The former restaurant, which was built in 1950, was demolished in January.

Construction of the new building is expected to begin this summer and leasing has already begun.

The project site is located in a Quincy Center zoning district. Ed Fleming, the attorney who represented the Galvins at the Jan. 27 meeting, said the new office building was designed to meet standards for new projects in the downtown. The corner of the building closest to the intersection, for example, includes a large glass wall. The building was also designed to mirror the

aesthetics of the building at 106 Washington St., directly across the street, he noted.

Sean Galvin said there has been an incredible amount of interest in leasing space in the new building.

The first floor will accommodate retail space. A bank branch will occupy about one-third of the ground level and will also have a drive through area for an ATM. Galvin said the bank is financing the project and will be new to the city, though he did not identify it by name.

"The nice thing about banks coming to Quincy is banks follow the residential development and then they're followed by the other professional service groups," Galvin said, adding that those professional service groups, such as insurance brokers, would occupy the remainder of the first floor space.

The top two floors will house professional offices. Suites on the floors will be in the range of 3,000 to 9,000 square feet. Galvin anticipates attorneys moving in because of the site's proximity to the nearby Francis X. Bellotti Courthouse.

The new project includes 57 total parking spaces. Of those spaces, 34 are in a

below grade garage accessible from McGrath Highway — those spaces will be for employees working in the building. A surface level lot off of Washington Street will house 23 spaces for retail customers.

The Planning Board approved a parking waiver for the project. The developers would have been required to provide eight more spaces under the zoning code had it not been granted.

Board member Coleman Barry did question the egress from the parking garage and the drive through ATM, which both exit on to McGrath Highway. His concern was about vehicles taking a left hand turn onto the road and blocking traffic.

Galvin said the intent is to have both those exits be right-turn only to prevent that problem from occurring. There is rumble strip in the median of McGrath Highway in the vicinity of the new building that should dissuade drivers from taking a left and Galvin said the exits could be skewed so vehicles are naturally headed to the right while leaving.

A visual signal will be added at the exit to ensure the safety of pedestrians on the sidewalk, Galvin added.

Residents had a chance

to comment on the proposal during the board's meeting.

Liz McIntyre Engelke, a trustee for McGrath Highway Realty Trust, which owns the building next door, said the project would be an improvement for the site.

"I think the building is going to be an improvement on the vacant lot," she said. "I think it will be good to see an improvement in the area."

She did have several questions for the developers regarding construction impacts, stormwater runoff and snow plowing. Galvin said there is no rock removal needed during construction, stormwater on site would

be captured and recharged, and any significant snowfall would be hauled offsite.

Donna Ricks of Walpole Street said she was concerned about the traffic situation at the intersection of McGrath Highway and Washington Street, and its impact on her neighborhood. The project, she said, was too large.

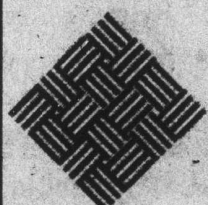
"I think it's too big of a project for that corner," Ricks stated.

Elm Street resident Jeff Hynes said he was concerned no neighborhood meeting was held prior to the Planning Board hearing, adding the building looks too modern and is too large.

"I think before we go any further we should have a neighborhood meeting," Hynes. "I think the building is too big and too modern."

The Washington Street project is Galvcon's second in Quincy Center. The company received permission from the Planning Board last fall to construct Cliveden Place at 1545 Hancock St., home of a former Woolworth's. Cliveden Place features two six-story buildings with a total of 56 condo units and 8,000 square feet of ground level retail between them.

Demolition of the former Woolworth's building at the site began last week.



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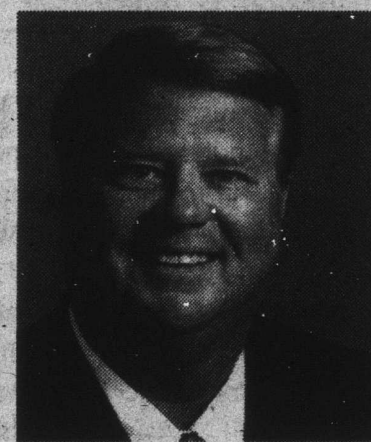
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LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

ORDER NO. 2016 - 048
ORDERED:

February 1, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10: Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking Restrictions-Prohibited - Handicapped Spaces - Curb Access - Applicability - Penalties

Add the following:

Street	At	Type of Regulation
Narragansett Road	110	Handicap Parking

A TRUE COPY
ATTEST: Joseph P. Shea
Clerk of Council

2/4/16

LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

ORDER NO. 2016 - 049
ORDERED:

February 1, 2016

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

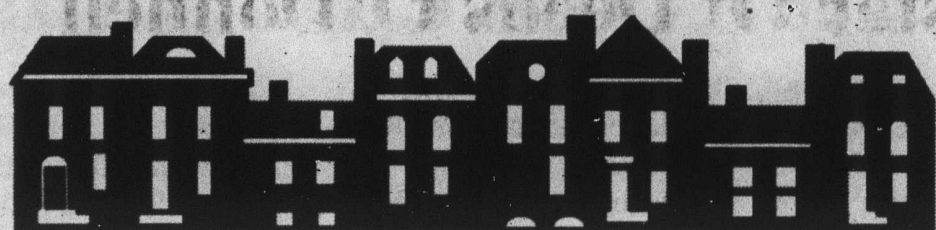
In Title 10: Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.08.300 Operation of Vehicles - Turning Movements Restricted where.

Add the following:

Street	Intersecting with	Type of Regulation
Rogers Street	Willard Street	Do Not Enter 4 pm - 6 pm

A TRUE COPY
ATTEST: Joseph P. Shea
Clerk of Council

2/4/16



Real Estate

Quincy Real Estate Transactions Jan. 25 - Jan. 29

Seller	Buyer	Amount	Address
Douglas E. & Kathleen Civiello	Phuong Nguyen	\$367,500.00	345 Granite Street
Remon M. & Vivian F. Sharkawy	Mei F. Wang	\$305,000.00	100 Cove Way Unit 401
Jamal A. Hussein	Lin L. Jiang	\$275,000.00	10 Weston Avenue Unit 334
Jacquelyn Berardi	Cai Gao & Stephen T. Karasek	\$405,000.00	31 Parker Street Unit E
McDonald Family Irrevocable Trust	Peter DiBona & Steven M. McDonald	\$245,000.00	14 Watson Road
Jeffrey J. Bernard & Christine Ng	Jason & Tram Roberts	\$387,500.00	50 Des Moines Road Unit C1
Smith Family Realty Trust	Romilly Quain & Stephen Moorhead	\$415,000.00	228, 230 Hollis Avenue
Ann M., John E. & Elizabeth Yaxter; Janet & Donald Hansen; Margaret & Daniel Coletti	Douglas & Kathleen Civiello	\$450,000.00	84 Norton Road
Brittney N. & Steven E. Boyce	Michelle H. Leister	\$172,500.00	211 West Street Unit 3A
Donald & Joan M. Gillespie	Jane E. & Julie E. Sullivan	\$380,500.00	159 Willard Street Unit 5
Roberto S. & Anne A. Cecchetto	Jorge A. Santi	\$324,000.00	12 Gannett Road
Soyun Lee & Soowoo Kim	Desmond R. Tan	\$323,000.00	112 Darrow Street
Corrie Ferguson	Shuting Feng & Miao Wang	\$203,888.00	133 Commander Shea Blvd. Unit 802
David L. Gustafson & Tammy A. O'Toole	Anlin Wang & Qianmei Wu	\$395,000.00	126 Bromfield Street
Devin Long	Zi Z. Zhang & Ying Lu	\$580,000.00	68 Kendall Street
Omer & Nancy J. Hancer	Reggie H. & Christine Trang	\$449,888.00	3 Odom Street Unit 3
Ivan V. & Detelina I. Markov	Timothy Clifford	\$195,000.00	195 Thomas Burgin Parkway Unit 502
Georgina & Paris I. Esquivel	Kathleen McKinney	\$334,000.00	148 Presidents Land Unit 10
HSBC Bank NA	Joseph Marsh & Ming X. Li	\$200,250.00	230 Willard Street Unit 606
Village of Green IV LLC	Xiu Y. Lu	\$226,700.00	175 Quincy Shore Drive Unit B61
Nicholas A. Tenaglia Revocable Trust of 2013	Wei F. Yu & Lan X. Ding	\$580,000.00	23 Standish Avenue
Wei T. Cheng & Bao D. Nguyen	Ross B. Macomber	\$298,000.00	15 Ida Street
Domicila Feliu	Shilei Zhou	\$215,000.00	215 Thomas Burgin Parkway Unit G4
Freddy Jian Peng & Jian P. Mei	Mei Mei Weng & Zhong Hong Yu	\$265,000.00	35 Field Street
Frederick F. & Susan A. Doldt	Daibes Faris Malouf	\$615,000.00	2001 Marina Drive Unit 510W
Amanda Neff	Qifeng Xue	\$487,500.00	14 Hamilton Avenue
Daniel Brown & Jessica Chaput	Karina R. Salas	\$390,000.00	125 Harriet Avenue

O'Donnell Promotes Homestead Act

Norfolk County Register of Deeds William O'Donnell reminds homeowners regarding the importance of filing for Homestead protection.

Under Massachusetts law, a Homestead recording provides for limited protection against the forced sale

of an individual's primary residence to satisfy unsecured debt up to \$500,000.

"Protecting one's primary residence is a key objective for all homeowners," O'Donnell said. "Additionally, homeowners who own property jointly and are age 62 and above, by statute can

file an elderly homestead, which affords them additional protection."

For all individuals who have an interest in their primary home - for example both spouses - they are jointly required to sign-up if they want to avail themselves of the full \$500,000 protection.

"One of the major changes under the 2011 Homestead Law passed by the Massachusetts Legislature is that a valid homestead cannot be terminated when

refinancing a mortgage," O'Donnell noted. "Another clarification of the statute is that a homestead can provide protections for a primary home kept in trust."

It is important to note there are certain debts that are exempted from protection under the Homestead Act, such as federal, state and local tax liens, as well as mortgages contracted for the purchase of a primary home and nursing home liens. Most other mortgag-

Cont'd On Page 15

QCAP First-Time Homebuyers Workshop Feb. 18, Feb. 20

Quincy Community Action Programs, Inc., 1509 Hancock St., Quincy Center, will host a first-time homebuyers workshop this month.

The two sessions will be held Thursday, Feb. 18 from 6 to 9 p.m. and Saturday, Feb. 20 from 9 a.m. to 3 p.m. in QCAP's fourth floor conference room. Attendance for the entirety of both sessions is required.

The fee to register is \$30 per person. Payment must be received by Feb. 16. To register and payment, go to www.qcap.org.

Topics include financing options, finding a home, legal issues, home inspection, government loans and home insurance.

For more information, contact Toni Gershon-Stern at 617-657-5315 or visit www.qcap.org.

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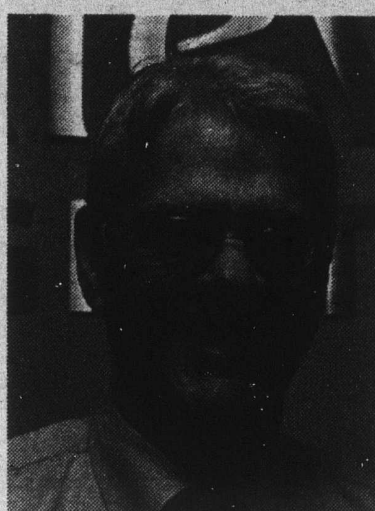
Tips for Safely Shoveling Snow

By DR. JACK CORNWELL
Medical Director
CareWell Urgent Care

There is no denying the beauty of a winter wonderland. However, even the most picturesque winter landscape can't hide the laborious task that lies just outside your door. While many would rather spend their winter days hitting the slopes or sitting cozily beside a fireplace, the fact remains that at some point you will need to venture outside and to do so requires, much to most people's chagrin, shoveling snow. People also fail to realize the inherent dangers that lurk in this dreaded task. According to a report published in the American Journal of Emergency Medicine, there are on average 11,500 emergency room visits that stem from snow shoveling related incidents every year. To avoid sidelining yourself from enjoying the winter activities you love, here are a few helpful tips on how to safely clear your walkway this winter.

Always Stretch

Though at first glance it may seem that shoveling snow is just another menial household chore, it's actually a taxing endeavor that requires a good deal of physical exertion. With this in mind, it's important to focus on stretching thoroughly before you begin. It's important to properly stretch your hamstrings, calves and lower back in particular to avoid pulling or straining muscles and tendons. These injuries, though not immediately threatening, can lead to lasting discomfort, potentially sidelining you from



DR. JACK CORNWELL

enjoying your favorite winter activities.

Choose the Right Equipment

Like selecting the proper work attire, selecting the right snow shovel could not only prevent irritating injuries and muscle strain but could also drastically improve the overall ease and speed of your winter work. First and foremost, you should always choose a snow shovel with a curved handle. The curved handle allows you to shovel while maintaining a straight spine and avoiding putting unnecessary strain on your lower back. When it comes to choosing the size of your shovel, there are certain considerations that must be taken into account. For instance, if you choose to go with a larger shovel, your overall work time will greatly decrease as you're able to move more snow at once. However, this does put you at an increased risk of overdoing it. Conversely, while a smaller shovel will greatly decrease the amount of snow you can shovel at once it does improve the overall level of safety. Ultimately, regardless of which you use, it's important to know your

limits and understand when it's time to take a break.

Push, Don't Lift

All too often, homeowners make the mistake of attempting to lift snow into barrels or containers as a means of clearing their walks and driveways. However, trying to lift the snow is not only dangerous, but it can also become a huge time waster. If you must lift snow, always use a smaller shovel to prevent overexertion.

Dress Appropriately

Dressing in layers is the key to staying warm while shoveling. This means wearing clothing that provides a mix of insulation and ventilation to insure that you stay protected from the elements but do not overheat as a result of your exertion. Additionally, to ensure that you don't end up falling flat on your back, it is important to wear a pair of shoes with slip-resistant soles - work boots are a good choice. Not only will they keep from taking a spill but the added grip could help you more efficiently push that mountain of snow.

Lastly, it is always important to give yourself plenty of time to get the job done. With icy and potentially dangerous conditions inherently tied to snow shoveling, the last thing you want to do is rush to clear your path only to find yourself flying through the air after slipping on a patch of ice. However, despite all the necessary precautions being taken, accidents inevitably occur. If you do experience a fall or accident while snow shoveling, you can always rely on CareWell Urgent care.

Register Of Deeds O'Donnell Promotes Homestead Act

Cont'd From Page 14

es, debts, and encumbrances existing prior to the filing of the Declaration of Homestead, along with probate court executions for spousal and child support, are also exempted from Homestead protection.

Homestead recordings can be filed at the Registry of Deeds for a state-imposed fee of \$36. To find out more about the Homestead law, or to get a free application, go online to the registry's website at www.norfolkdeeds.org.

"It is important to make

clear that a Homestead protects consumers against the forced sale of their primary owned residence to satisfy unsecured debt," O'Donnell said. "While the debt is still owed, homeowners will at least have the comfort of knowing that with a Homestead filed, their primary residence cannot be forcibly sold to satisfy most debts."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds.

The Norfolk County

Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County.

The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center via telephone at (781) 461-6101, or on the web at www.norfolkdeeds.org.

Lisa Cabral Audit Accountant At KAF

KAF, a CPA and business consulting firm in the Boston area, announces Lisa Cabral of Quincy has been named an audit accountant in the practice's Braintree headquarters.

In this role she is responsible for performing standard audit procedures, as well as supervising and assisting staff professional development.

Prior to joining KAF, Cabral was an audit/tax accountant at Leonard, Mulherin & Greene P.C.



LISA CABRAL

She earned both her Bachelor's degree in accounting

and general management and Master's degree in accounting from Bridgewater State University.

Originally from East Bridgewater, Cabral now lives in Quincy. In her spare time she enjoys cooking, baking, running and sports.

"We're happy to welcome Lisa to the team," said Peter Brown, a partner of KAF. "Her industry background and strong work ethic fit in perfectly with our KAF family values."

Cynthia Sierra New CEO At Manet Health Center

The Board of Directors of Manet Community Health Center has appointed Cynthia Sierra as its chief executive officer.

Sierra had been serving as acting CEO since July.

Sierra's appointment comes at a time when Manet continues to expand its primary care, pharmacy, vision, health and wellness, patient navigation, and other services from its five locations in Quincy, Hull, and Taunton.

"This is a watershed moment for Manet, our patients and our community," said Joseph Reardon, president of the Manet Board of Directors. "No one knows more about our organization, our mission, our communities, or our patients than Cynthia Sierra."

As we begin to implement our recently approved



CYNTHIA SIERRA

strategic plan, we are elevating a proven leader who is the right person, at the right time, and in the right position to shepherd Manet's growth," Reardon said.

Sierra, an Abington resident who has served as a member of Manet's senior leadership team since 2008, brings experience in health care, mental health, neurop-

psychology, and social services administration to the CEO position. During her years with the organization, she has played pivotal roles in stimulating growth and improvement in facilities, service expansion, planning, philanthropy, and collaborative relationships.

"This is an exciting and transformative time for Manet, community health centers, and primary care," said Sierra. "We have a top-notch and vital team of providers and staff. With our patients and our community partners as our guides, we will fortify and expand our existing program of service and move forward together with a fresh strategic plan that prioritizes the patient and community experience, organizational quality, and excellence and innovation at the center of all we do."

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School Officials Seek Upgrades At Five Elementary Schools

By MIRIAM JOSEPH

The Quincy School Committee has authorized School Supt. Dr. Superintendent Dr. Richard DeCristofaro to submit to the Massachusetts School Building Authority a 'Statement of Interest Form' regarding deficiencies at five Quincy elementary schools.

In accordance with application guidelines, the —Squantum School, on Huckins Avenue, will be submitted as a Priority 7, which includes "Replacement of or addition to obsolete buildings in order to provide for a full range of programs consistent with the state and approved local requirements."

This application will be a re-submission to the MSBA's core program, as it was not accepted at last year's submission. The MSBA is currently working with Quincy to replace the Sterling Middle School.

The Squantum Elementary School was built in 1919, with an addition constructed in 1971. In nearly 45 years, it has not received any substantial upgrades or improvements to the infrastructure or to the interior/exterior structures.

A large portion of Squantum's mechanical, electrical and plumbing systems were installed during the original construction of the building.

Aside from the improvements needed to the physical plant, educational components crucial for 21st century elementary schools are lacking, specifically classrooms equipped for the integration of educational technology and STEM (Science, Technology, Engineering & Math) concepts.

All are integral needs for standards-based instruction for regular education, Special Education, and English Language Learner students. In addition, Squantum's

nurse's office, student support staff offices, cafeteria/gymnasium and media center are all undersized and under-equipped by modern educational standards.

DeCristofaro spoke of the many recent improvements and upgrades to schools and thanked Mayor Koch, the Building Department, school staffs and all those others involved in the installation of a total of 1,000 new windows and doors at five schools — Wollaston, Merrymount, Parker, Lincoln Hancock, and North Quincy High — all in the summer of 2015.

Mayor Thomas Koch praised the work of the professionals in the building department and engineers and spoke of "the tremendous amount of talent over there."

"When you couple that talent and energy with that of your office (DeCristofaro's) and your leadership, law offices—all the pieces—it creates success. I'd like to express my gratitude to everybody involved...this is a great example of success, really, with the collaboration we have had as a city, really in lock-step, all departments, all bodies."

"We have built relationships at the state level, which is very very important, political relationships which is important, but if you don't have your act together and you don't have the paperwork in order, then those relationships don't matter. So, I want to express my gratitude to the buildings team," the mayor said.

Koch also commended the progress of the Sterling School project which is being used as a model with other communities and expressed pride in Quincy's pro-active approach. "We're staying ahead, we're making great progress...we are

maximizing the taxpayers' dollars."

In what is designated as a Priority 5 category, the school committee has authorized that applications may be submitted to the MSBA for improvements in four other schools. Priority 5 reads: "Replacement, renovation or modernization of school facility systems such as roofs, windows, boilers, heating and ventilation systems, to increase energy conservation and decrease energy-related costs in a school facility."

The Beechwood Knoll Elementary School on Fenno Street was built in 1952 and renovated in 1995; Merrymount Elementary School, on Agawan Road was built in 1928 and renovated in 1977. The Wollaston Elementary School on Beale Street was built in 1912 and renovated in 1987, and the Atherton Hough Elementary School was built in 1911 and renovated in 1950.

To each of these four schools, the following deficiencies are designated: "Given the innovations in HVAC technology since the building renovation was complete, each school's energy efficiency would be substantially improved by the installation of a replacement boiler."

School officials hope new boilers could be installed in the summer of 2017.

DeCristofaro said, "All projects are subject to approval of the City Council, but it does start here, with us."

The committee acknowledges that by submitting a Statement of Interest Form the Massachusetts School Building Authority in no way guarantees the acceptance or approval of an application or the awarding of any grant or other funding commitment.

School Committee Praises Retiring Mary Frederickson

By MIRIAM JOSEPH

The Jan. 27th meeting of the School Committee was packed with people, presentations and praise for achievements, beginning with a warm and personal tribute to 30-year Quincy Public Schools educator Mary Frederickson by Quincy School Supt. Dr. Richard DeCristofaro.

Soon to retire, the dedicated Director of Assessment and Data Analysis received a standing ovation from the entire school committee and the meeting's attendees as Mayor Thomas Koch presented her with a bouquet of flowers.

Committee member Emily Lebo expressed thanks for Frederickson's "always positive and never judgmental" leadership and committee member Anne Mahoney recognized her for "all you taught us...you educated us through your numbers...you never took us backwards, always forward."

In the open forum section of the meeting Quincy residents Paula Reynolds and Dave Blaton proposed to the committee that early foreign language immersion be considered in Quincy schools. Statistics were presented demonstrating the relativity of foreign language study in schools to increased SAT scores and greater cognitive skills.

Acknowledging that this subject has been discussed previously by the school committee, Blaton spoke of the availability of French and Spanish study to 7th and 8th grade students but proposed that this opportunity be expanded to all middle school students.

Examples of positive results from other Massachusetts communities were cited, including Boston, Milton, and the school sys-

tem in Holliston, where full foreign language immersion is practiced, beginning in kindergarten and where significant aptitude scores were noted.

A video highlighting the "Inspiring Quincy" program, which is dedicated to acts of kindness and serving the less fortunate included two Lincoln-Hancock students explaining their school's "Shout-Out Box" policy.

Students can drop into the box examples of kindness which they witnessed during the week. At week's end, one kindness example is drawn from the box and "read over the loud speaker" at school. The program devotes itself particularly to the homeless.

The video also featured a North Quincy High School team of academics who, in November, emerged victorious as one of only 16 schools from the 140 Massachusetts high schools who auditioned for WGBH's High School Quiz Show.

According to Dr. DeCristofaro, who attended the taping of their episode along with some 70 student supporters, their performance was really "something to be really proud of." Because the show has not yet aired, results must be kept secret. High School Quiz Show Season 7 begins on February 6, at 6:00 p.m.

Three Quincy High School choir students, Emily Crosta, Marcus Johnson and Leanne Goff were recognized for their recent musical achievement of acceptance into the Massachusetts Music Educators Eastern District Festival Chorus.

They were then encouraged to move on to statewide auditions and all three were accepted and will perform with the Mass Music Education All-State Music

Festival at Symphony Hall in Boston on March 12, 2016.

In other news, the Merry-mount School is one of only seven Massachusetts schools to be nominated as a Blue Ribbon School. The National Blue Ribbon Schools Program honors schools which have achieved either high levels of performance or have made significant improvements in closing the achievement gap in schools.

Also in the area of achievement, DeCristofaro noted that according to statistics from the Dept. of Education, Quincy schools dropout rate is lower than the state average, while its graduate rate is higher. He offered praise for the creation of a school system "where we make sure our students fit in."

The committee approved the 2016-2017 School Calendar, which includes a change in previous policy. Currently, if inclement weather affects graduation ceremonies for Quincy and North Quincy High, rain dates have been declared. Next year, should weather dampen ceremonies, they will be moved indoors and occur on the scheduled date.

Other school committee items included a recommendation by committee-member Emily Lebo to create an Ad Hoc Subcommittee dedicated to Athletics. Mayor Koch suggested that recommendation be expanded and that a full-form subcommittee be established. The committee agreed that school athletic directors should be included and the motion was approved.

Upcoming school committee meetings are Feb. 10, 10th, March 2nd, and March 16th, all at 7 p.m. at the Coddington Building.

New Boilers, Repairs Sought For City Schools

Cont'd From Page 2

as engineering, new concrete pads, removal of the old boiler system, and installation of new flue pipes would put the project cost over the threshold. The reimbursement rate has yet to be determined, he stated, but would likely be in the range of 68 and 70 percent.

This is the first time the city is seeking MSBA funding for boiler replacements.

Five schools — Lincoln Hancock, Merrymount, Parker and Wollaston Elementary Schools as well as North Quincy High — received new windows and doors through the program in the summer of 2015.

The city is also eyeing the replacement of Merrymount's roof and the roof, windows and doors at the Beechwood Knoll Elementary School this summer. Those projects were invited into the MSBA accelerated repair program last year and a request to borrow up to \$6.75 million for those

projects is pending before the council's finance committee. The finance committee could not vote on the bond authorization Monday night because it was submitted to the council less than two weeks ago on Jan. 19; the body could approve it during its next meeting on Feb. 16.

The MSBA will reimburse the city for 68.96 percent of eligible project costs for the Merrymount and Beechwood Knoll projects, which means the building authority would reimburse the city \$4.66 million for the project and Quincy's cost would come to about \$2.1 million.

Daniel Bass, the architect selected by the MSBA for those two projects, told the finance committee Monday an original portion of Beechwood Knoll from the 1950s is almost entirely without insulation. The wall in that section of the school will be replaced with an insulated system, which Bass said would greatly improve

comfort and energy efficiency inside the building when coupled with the new roof.

"This is going to be a lot better for your students in that school," he stated.

The roof at Merrymount will also be better insulated to improve energy efficiency and comfort.

MacDonald said this would be the last batch of window and roof replacement projects undertaken through the MSBA repair program in the immediate future. Windows must be at least 20 years old to qualify for the program and no other school has windows that old, he explained, while the remaining roofs are in good shape.

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Jorgensen Grabs 1,000th Rebound – And History

Quincy Senior Captain First City High School
Hoop Player With 1,000 Points, 1,000 Rebounds

By BILL GRIFFIN

Boys basketball at Quincy High dates back almost a century. It began at North in the early 1930s. Girls basketball at each school started in the early 1970s.

Allowing for the fog of history and this reporter's uncertain math, it is certain that well over 3,000 boys and girls have played basketball at the city's two high schools. Before Nicole Jorgensen, before her landmark game at Pembroke last week, no player – not a boy, not a girl, not a unicorn – had scored 1,000 points and pulled down 1,000 rebounds in a career.

Jorgensen scored her 1,000th point Jan. 22 against Duxbury. She grabbed her 1,000th rebound Jan. 26 in the third period against Pembroke. The game stopped and the moment was honored. It should have been. Nicole Jorgensen didn't join an exclusive club. She created a club all her own with a membership of one.

It was history. It was one of those unique moments when it was true to say: Nobody has ever done this before.

"I knew I was close at the half, but I didn't know how close," she said. "I was shocked when it happened. It wasn't like the points. I didn't know which rebound was my 1,000th. I couldn't believe I actually did it. I knew it was historic, but I didn't think about it too much at the time. We still had the game to play."

Jorgensen's walk with kings was the defining moment last week as Quincy ran its winning streak to 13 with road wins over Pembroke and Silver Lake.

The boys team qualified for the tourney with an overtime win over Pembroke and fell by two to Silver Lake in the final seconds of the fourth period. It was a run of thrillers for the boys. Their last eight games were decided either in overtime or by three points or less. Quincy was 6-2 in that stretch.

The girls had a two-game

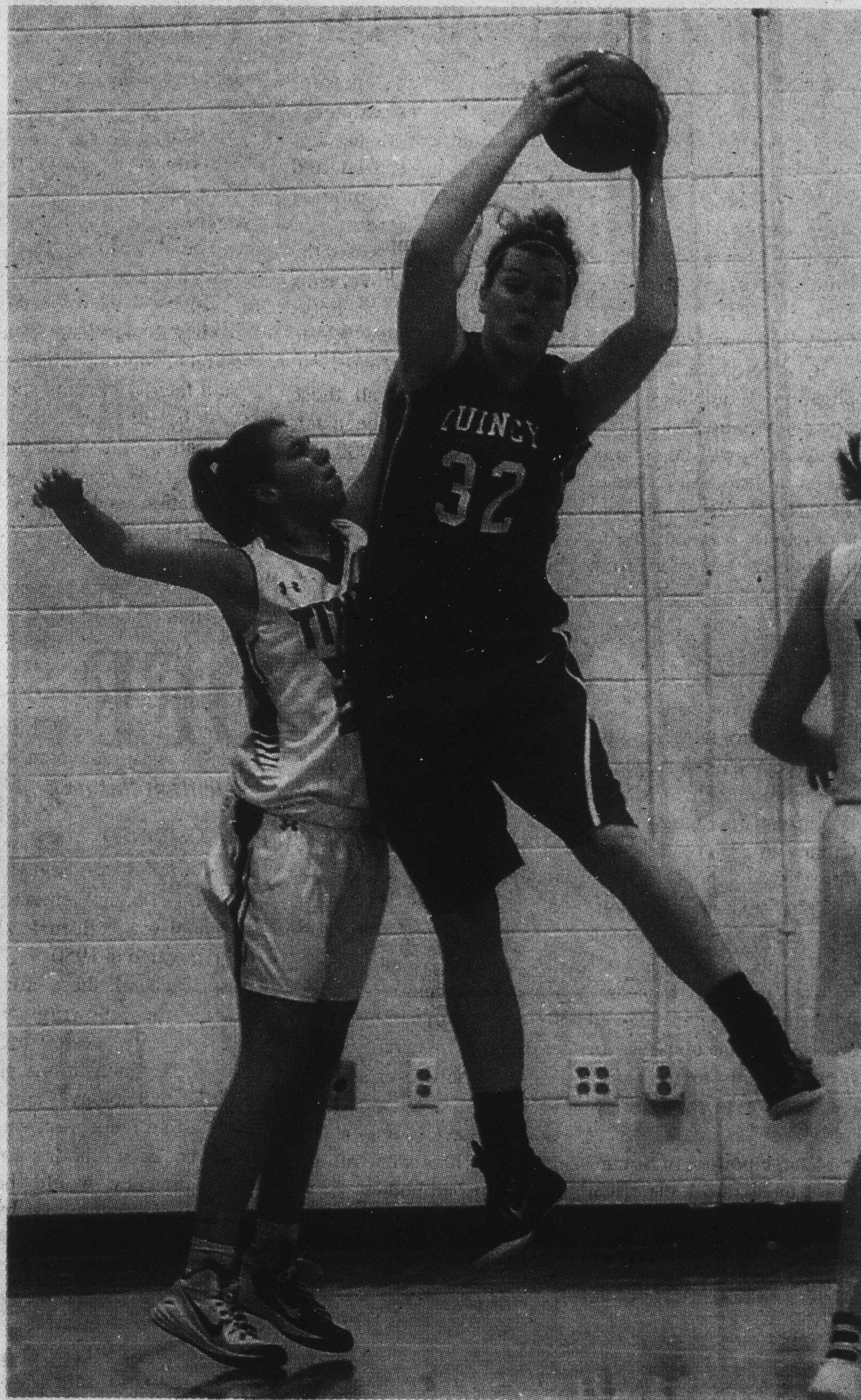


HISTORY MAKER – Quincy senior captain Nicole Jorgensen grabs the 1,000th rebound of her high school career in the Presidents 63-55 win over Pembroke Jan. 26. At RIGHT: Jorgensen surpasses 1,000 rebounds against the Titans. She is the only city basketball player to reach 1,000 points and 1,000 rebounds. Jorgensen also scored a career-high 36 points, blocked four shots to go with her 17 rebounds in Quincy's win. BELOW: teammates congratulate Nicole Jorgensen after collecting her 1,000th rebound. Quincy Sun Photos/Robert Bosworth

lead over Hingham in the race for first place in the Keenan Division of the Patriot League. The boys fell two games behind Whitman-Hanson pending a road showdown with the Panthers this week. At the end of last week, the combined record of the boys and girls teams was 23-5 overall and 20-3 in the league. If you want to watch basketball, come to Quincy.

Jorgensen had a career-high 36 points, grabbed 17 rebounds, and blocked four shots in Quincy's 63-55 win over Pembroke. This was a quality win. Entering the

Cont'd On Page 22



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QUINCY GIRL SCOUT Troop 68282 recently completed their Take Action project from the Brownie Quest Journey. The troop volunteered at Cradles to Crayons and donated toys and winter essentials to help kids in the Boston area keep warm this winter. The troop spent a Saturday afternoon sifting through donations and helping out at the factory. Girl Scouts who participated in the volunteer project were Madelyn Yang, Mya Richardson, Megan Caldwell, Lilliana Catrambone, Kelly Kwan, Alyssa Hopps, Hannah Spratt and Kyrie Blue.



QUINCY GIRL SCOUTS recently volunteered at Cradles to Crayons to complete their Take Action project.
Photos Courtesy Donna Yang

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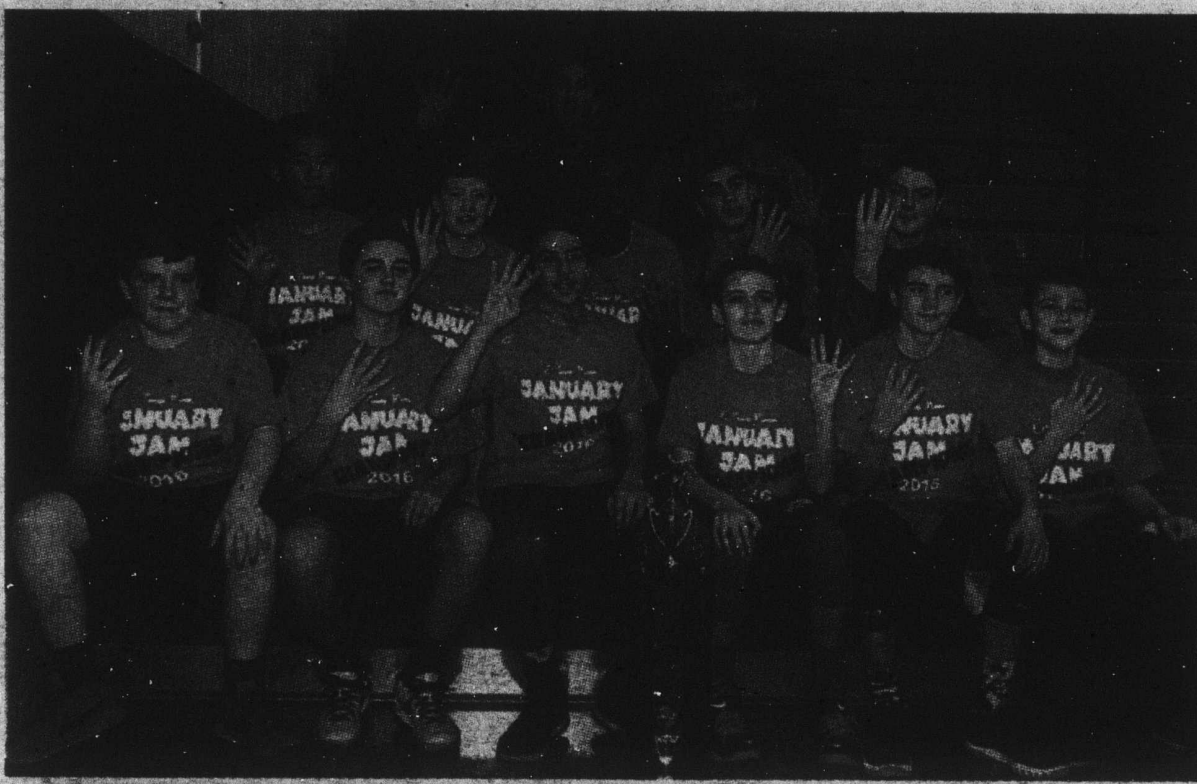
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SACRED HEART BASKETBALL 8th grade boys team won the recent New York City Tournament for the fourth time. Front row (from left to right) Michael Levine, Brendan Kilcommons, Franco Calabro, Eoin Gormley, David Ryan and Johnny Cristiani. Second row: Jordan Feng, Brendan Donovan, Frank Yhomby, Landon Pierron and Declan O'Sullivan. Back row: Coach Frank Calabro and John Cristiani. Missing from photo: Coach Kyle Kosta.

Sacred Heart Hoop Wins 9 Of 10 Championships In NYC Tournament

North Quincy's Sacred Heart Basketball recently competed in an annual basketball tournament titled "January Jam" in New York City.

Teams from around New York City and Connecticut competed in this annual event with teams from Quincy. North Quincy Sacred Heart took home 9 of out 10 championships.

"We're fortunate enough to send 10 of our travel teams to this annual tournament this year. Our kids really worked hard and the kids successes showed on the court," said Dr. Mark Jaehnig, director of NQ Sa-

cred Heart Basketball.

Teams from North Quincy that competed in New York ranged from 4th grade to 8th grade. Teams enjoyed some downtime as well with some sightseeing in New York City and group team building events that had been held.

"NQ Sacred Heart's programs success is the kids, parents and volunteers success. With 900-plus Quincy kids in our basketball program we're playing basketball across the city seven days a week. We're grateful that we can offer as much basketball as possible for all who want it. We couldn't be

happier for all our kids all 900+ in our program and the work that everyone is putting in this year," said Jaehnig.

Teams from New York will travel to Quincy in March to compete in NQ's Sacred Heart annual Tournament "March Madness."

"Our March tournament is a lot of fun we open it up to other south shore teams in addition to teams from out of state. Our kids enjoy the competition from outside the city," said Jaehnig.

North Quincy's Sacred Heart Basketball program runs end of October to mid/end of March.



7TH GRADE BOYS Sacred Heart Basketball Team also won its division in the recent New York City Tournament. Front row (from left) Steve Dalla, Ernie Mealey, Dan Scolaro, Proudley Louis. Second row: Ben Blow, Miguel Gonzalez, Declan Geary, Ryan Tapper, Daniel Feliciano. Third row: Peter Agu, Bobby Jaehnig, Tyler Le, Director Mark Jaehnig. Fourth row: Coach Chris Blow and Coach Jim Jaehnig. Missing from photo: Coach John Scolaro, Ball Boy Logan Le.



SACRED HEART BASKETBALL 8th grade girls was another champion in the New York City Tournament. Front row from left: Allison McMorrow, Jill O'Toole, Julianna Tracey, Grace Hobin. Back row: Coach Steve Mulaney, Alexa Radzic, Lindsey Keenan, Fallon Hobin, Priscilla Bonica, Brenna Tobin, Director & Coach Mark Jaehnig, Sydney Taylor, Abby Hanly, Maddie Farrell, Siobhan O'Sullivan and Coach Bill Farrell.



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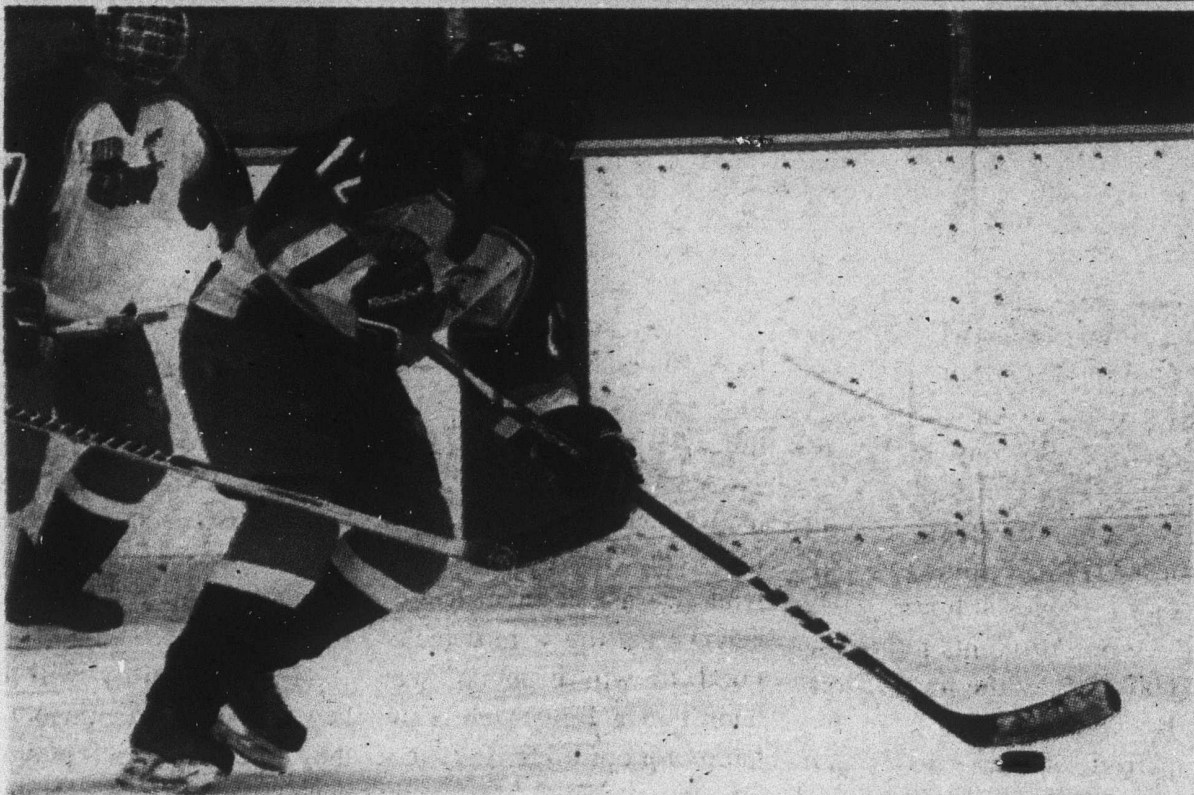
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QUINCY/NORTH QUINCY's Riley McLaughlin scored two goals in the team's 5-2 win over Scituate Jan. 27. Here the Quincy High junior rushes up ice enroute to scoring the first goal of the game in the first period.

Quincy Sun Photos/Larry Carchedi

Q/NQ Ices Scituate, 5-2

By BILL GRIFFIN

The question is not if. The question is when.

The question is not if the Quincy/North Quincy girls hockey team will score goals. The question is when they will score them. They score early or late. They score in sudden bursts, and they spread them evenly throughout the game. They score against hot goalies and into open nets. They score on slap shots, wrist shots, rebounds and deflections.

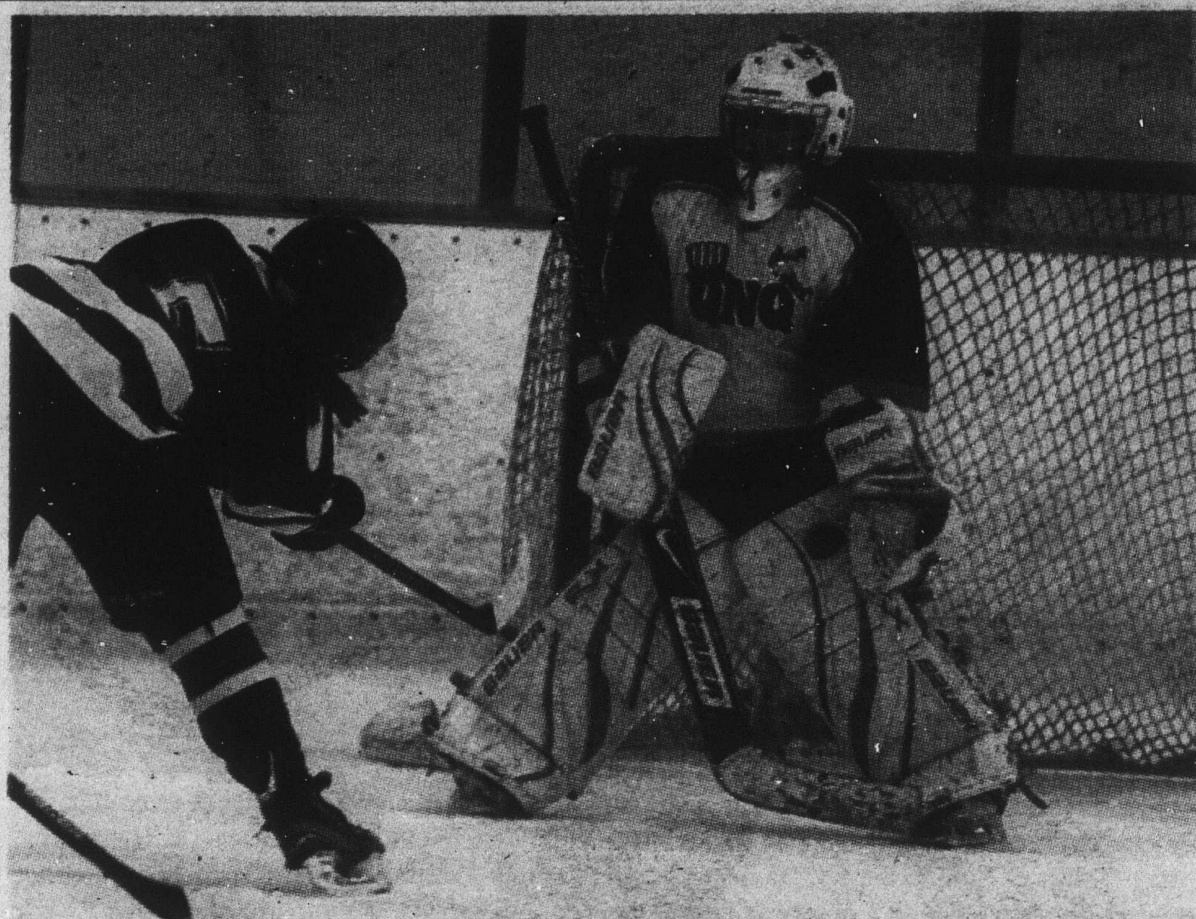
They score from the point, the slot, the goal-mouth and from ridiculous angles. Only one thing is certain. They will score.

Junior winger Riley McLaughlin was the one with the golden touch against Scituate. She scored a pair of picture-perfect goals, including the game-winner with just over eight minutes left in the game, to ignite a four-goal explosion in the third period and carry Q/NQ a 5-2 win over

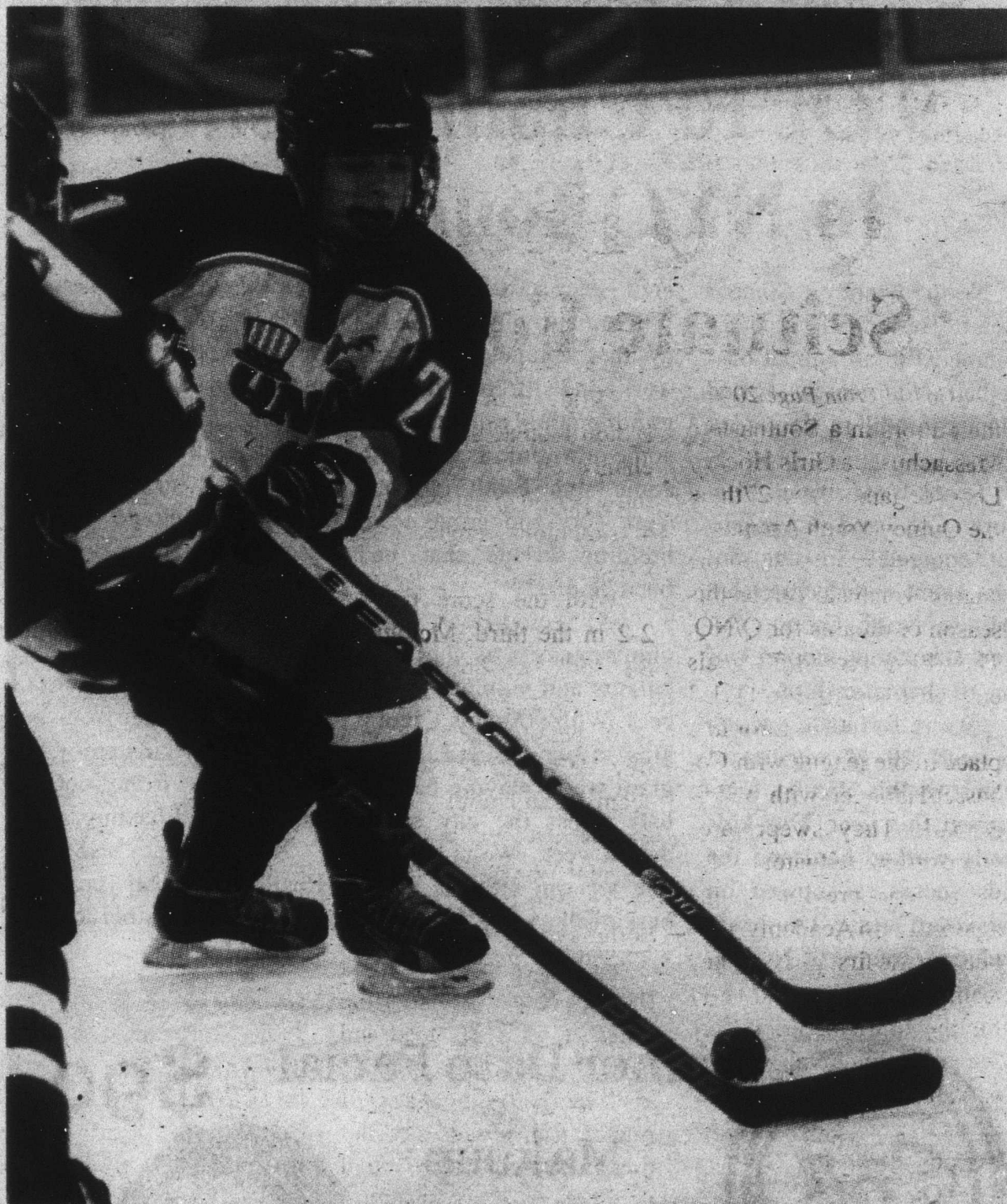
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QUINCY/NORTH QUINCY'S Meghan Greene battles Allison Irish of Scituate in Q/NQ's 5-2 win at the Quincy Youth Arena Jan. 27. Greene, a freshman at North Quincy High School, scored one of four goals in the third period.



GOALTENDER KARISSA BEAL makes a save against Scituate's Allison Irish on a breakaway. Beal, a QHS junior, notched the win stopping all but two shots in a 5-2 victory.

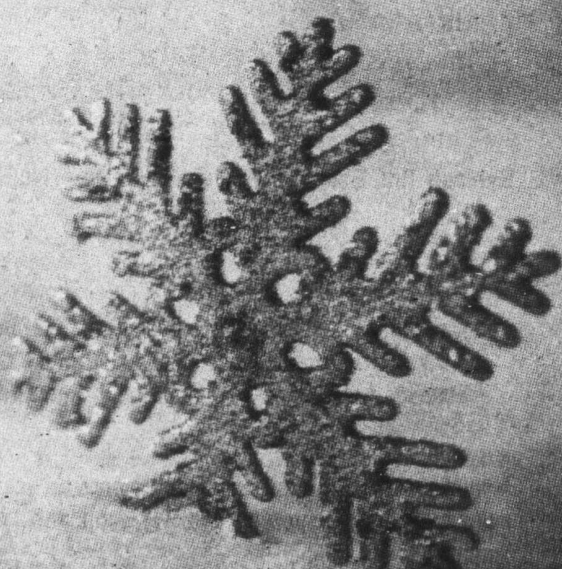


CASSANDRA DAVIS brings the puck up ice in the first period against Scituate High School Jan. 27 at Quincy Youth Arena. Davis, a freshman at Quincy High School, scored a goal in the third period in Quincy/North Quincy's 5-win.



SENIOR CAPTAIN Savannah Flynn looks for an open player to pass to in the first period Flynn, a senior at North Quincy High School, scored a goal in the third period as Q/NQ sent Scituate 5-2 for the team's 11th win of the season.

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CAPTAIN MAURA CRUMP, a senior at Quincy High School, breaks up Scituate's Emma Chisholm at mid ice. QNQ allowed only two goals in a strong defensive outing defeating the Sailors 5-2 Jan. 27 for the team's 11th win of the season. Quincy Sun Photo/Larry Carchedi

Q-NQ Hockey Sinks Scituate For 11th Win

Cont'd From Page 20

the Sailors in a Southeastern Massachusetts Girls Hockey League game Jan. 27th at the Quincy Youth Arena.

The offense has been the engine which has driven this season of dreams for Q/NQ. They have scored 77 goals en route to posting an 11-1-3 record. They are tied for first place in the league with Cohasset/Hanover with a 7-0-2 mark. They swept three games from Scituate.

In their previous game against Latin Academy, they became the first girls hockey team from the city to qualify for the tournament. Before January was finished, they had almost doubled the previous season record (six) for wins by a girls hockey team from Quincy.

"I think offensive confidence has been one of the keys for us this season," said first-year coach Jeff Craig. "We move the puck well. We do a good job at creating space in the scoring area, and we have much more confidence finishing our shots. Shots that were saves last year are going into the net this year."

McLaughlin has the unteachable sense and touch of a natural goal scorer. Where there is no opening, no angle, she finds of sliver of net. She has a quick release and a hard, spot-on wrist shot. She can slip into an empty patch of ice and simply know, without looking, that her linemates Julie Whalen and Kate McGahey will find her. Once the puck hits her stick, it is gone in an instant at the net.

"We have played together for so long that we know where each other is without looking," said McLaughlin.

"Riley is a goal-scorer. I didn't think she had any chance on that goal in the third period. That was from a ridiculous angle," said Craig.

With the score tied at 2-2 in the third, McLaughlin took a through feed from Whalen (a terrific game passing the puck) and flew down the left wing. It seemed she had driven a bit too far, past any decent angle and was almost parallel to the goal line. There was nothing to hit. But she drove a hard riser which caught the far corner just under the crossbar for a 3-2 lead and her 18th goal of the year.

"She had the space of maybe a dime and she put the puck right there," said Craig.

"I looked and saw there was nobody in front of the net, so I shot it. I knew I didn't have a lot of room," said McLaughlin.

She had another beautiful goal in the first period. She stole the puck along wing, deked and stick-handled her way to the slot and fired a low hard backhand. When the rebound popped high, she calmly swatted it out of midair for the goal. There was no rush, no haste, no panic. McLaughlin knew exactly what she was doing.

"I saw the puck well off the rebound and that helped," said McLaughlin.

This was much more than a one-player show. With the score tied at 1-1, senior captain Savannah Flynn put Q/NQ up 2-1 on an unassisted goal. She came clear off the left wing, moved swiftly to the faceoff circle and picked the top corner for a 2-1 lead with 13:06 left.

After Scituate tied it at 2-2, McLaughlin's goal sent off a three-goal spree in 5:20 to put away the game. Freshman Cassandra Davis scored her 21st goal of the year on a low wrist shot from the point on an assist from McGahey. Freshman defenseman Meghan Greene notched her seventh of the year with an assist to Davis on a well-placed wrist shot into the far corner.

The offense was especially impressive because it came against a hot goalie. Scituate's Kathryn Ferguson kept her team close with 18 saves in the first period and 37 for the game. Q/NQ easily could have been up by four or five after the first period, but they did not grow frustrated. The goals would come. They would surely come.

"Scituate's goalie was amazing," said Craig. "I challenged them a little after the second period, and they responded as they have all year. We were getting chances. We just had to keep doing what we were doing, and I felt confident we would score."

Junior goalie Kasrissa Beal was solid and steady with 20 saves in the victory. The defensive corps of Maura Crump, Leila Hovey, Carly McMorro, and Greene played a strong positional game in front of her.

"We had a couple of big wins (10-4, 13-2) in our last two games and sometimes you pick up bad habits in games like that. It was good to see us get back to playing solid hockey tonight against a good team," said Craig who only has four seniors on his roster.

Q/NQ hosts Stoughton Saturday at 8:30 p.m.

Quincy Hockey Downs Plymouth North 4-2

By TOM JOYCE

It had been awhile for the Quincy High School boys' hockey team.

Last Saturday, the Presidents (6-8-2) snapped a seven game winless streak with a 4-2 win over the Plymouth North Eagles at home.

The Presidents fell in the hole, 2-0, in the first period. But with 4:26 left in the period, junior captain and forward Pat Quirk found the net, cutting his team's deficit in half.

Late in the next period, junior captain and defenseman Owen Lynch tied the game up at two apiece which set sophomore forward Steve Montgomery up to get the go ahead goal with 11:42 left in the third period.

Junior forward Shamus McBride gave the team an insurance goal with 1:20 left in the contest on an empty-netter.

Senior goaltender and captain Chris Connolly had 21 saves in 23 opportunities.

Presidents head coach Ted Walsh was happy with the win — and it was a feeling he had almost forgotten.

"I just told the boys it was a character win," he said. "We played a poor first period. But then we got on them a little bit between periods and told them it was a test of their character. Their

character shined through.

"Plymouth North doesn't have a lot of wins, but they're scrappy and don't quit. It's just tough to get something going against a team like that. But our guys just kept working, they did what we asked them to do and we got the win. It feels good to win a game, we hadn't in a long time. I'm happy for our boys. They really earned it."

Walsh said that while the Eagles are a physical team, his team still prepared the same way as usual. Regardless of whatever late hits they may have faced, their intent was on executing the gameplan. And for them, that meant getting two men deep and a keeping a third man high, giving themselves extra support on defense.

"Our whole defensive core played well. They did a nice job of keeping pucks in," Walsh said. "And all of our forwards played well. They battled hard in front of the net. We've been doing a lot of drills where we tip the puck and crash the net. We want to get dirty goals — and it was nice to see them rewarded for doing it the right day."

"We weren't getting the second chances early on. We were getting pushed out of the way and we've just been battling, getting to the net and getting dirty goals. Whether they're pretty or

dirty, they all count the same way."

Prior to that, their last win came on Jan. 2 over Silver Lake at home, 7-1. The win against the Eagles also marked the first time they scored more than two goals in a game since that Silver Lake contest.

Getting healthy will be key for the Presidents as they make their playoff push. Against the Eagles, one player played with pneumonia and another with a thigh contusion.

With the win, the Presidents need six points in the standings in their final four games of the regular season in order to secure a spot in the MIAA Division 2 South Playoff bracket. But they no longer have a regular season mentality.

"We're in a dogfight to make the tournament," Walsh said. "We have to look at all of these games like they're playoff games. And that's the kind of atmosphere we want. Athletes should enjoy pressure, cherish it, want to get out there and play in pressure condition."

One such game that the Presidents will need to take that playoff mentality into is Saturday night when they take on their crosstown rival, the North Quincy Red Raiders. Puck drops at 6:40 p.m.

Amanda Nolan Running Marathon In Memory Of Fallen Firefighter Fundraiser Feb. 27 At Florian Hall

Amanda Nolan of Quincy is running in the 2016 Boston Marathon on April 20 with Team Last Call Foundation in memory of Fallen Firefighter Michael Kennedy.

The mission of the Last Call Foundation (LCF) is to provide funding, education and research to advance the safety needs of the Boston firefighting community. LCF was founded by Kathy Crosby-Bell in honor of her son, fallen Firefighter Michael Ryan Kennedy, who along with Lieutenant Edward Walsh died battling a nine-alarm fire on March 26, 2014 in Boston's Back Bay. This tragedy highlighted the unique challenges facing Boston's firefighters.

Nolan will be holding a benefit event to help raise money for this cause. The event is set for Saturday, Feb. 27 from 7 to 11 p.m. at Florian Hall, 55 Hallett St., Dorchester.

Along with raffle items, a silent auction, and 50/50, there will be food, a cash

bar, and a DJ. Suggested donation is \$20.

To purchase a ticket in advance and be entered into a door prize, contact Amanda

Nolan by email: amandanolan@yahoo.com, or by text: 617-640-3299.

Winner not needed to be present.

VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor

HEADING IN THE RIGHT DIRECTION

The U.S. Soccer Federation bans players under the age of 10 from heading the ball and also forbids heading during practice for young soccer players ages 11 to 13 who play in leagues under its purview. This ban came because of an ongoing class-action lawsuit filed by a group of parents and young players, who pointed out that the U.S. Soccer Federation and other soccer organizations had been negligent in monitoring and treating head injuries. According to the complaint, 46,200 U.S. high school soccer players suffered concussions in 2010, which was more than players in baseball, basketball, softball, and wrestling combined. It is hoped that this

important step will stem the tide of concussions suffered by young soccer players.

At **FAMILY PRACTICE OF CHIROPRACTIC**, we specialize in treating a variety of conditions for all members of your family, including young sports players. We're located at 112 McGrath Hwy., Quincy, where we're currently accepting new patients. Give chiropractic a try! Call 617.472.4220 to schedule an appointment for superior chiropractic care. We offer computerized spinal scans. *P.S. When nerves become permanently damaged as a result of suffering a concussion, "post-concussive syndrome" may result, which involves torturous headaches and pain.*

Quincy Girls Improve To 13-1; Boys Mark 10-4

Cont'd From Page 17

Quincy game, Pembroke had an 8-2 record in the league. Both defeats had come to powerhouse Hanover who handed the Presidents their only loss of the season on opening night.

Friday night at Silver Lake, Quincy's Jorgensen had another monster night with 29 points, 16 rebounds and 12 blocks as Quincy dropped Silver Lake, 54-42 to up its overall record to 13-1 and its league mark 10-1.

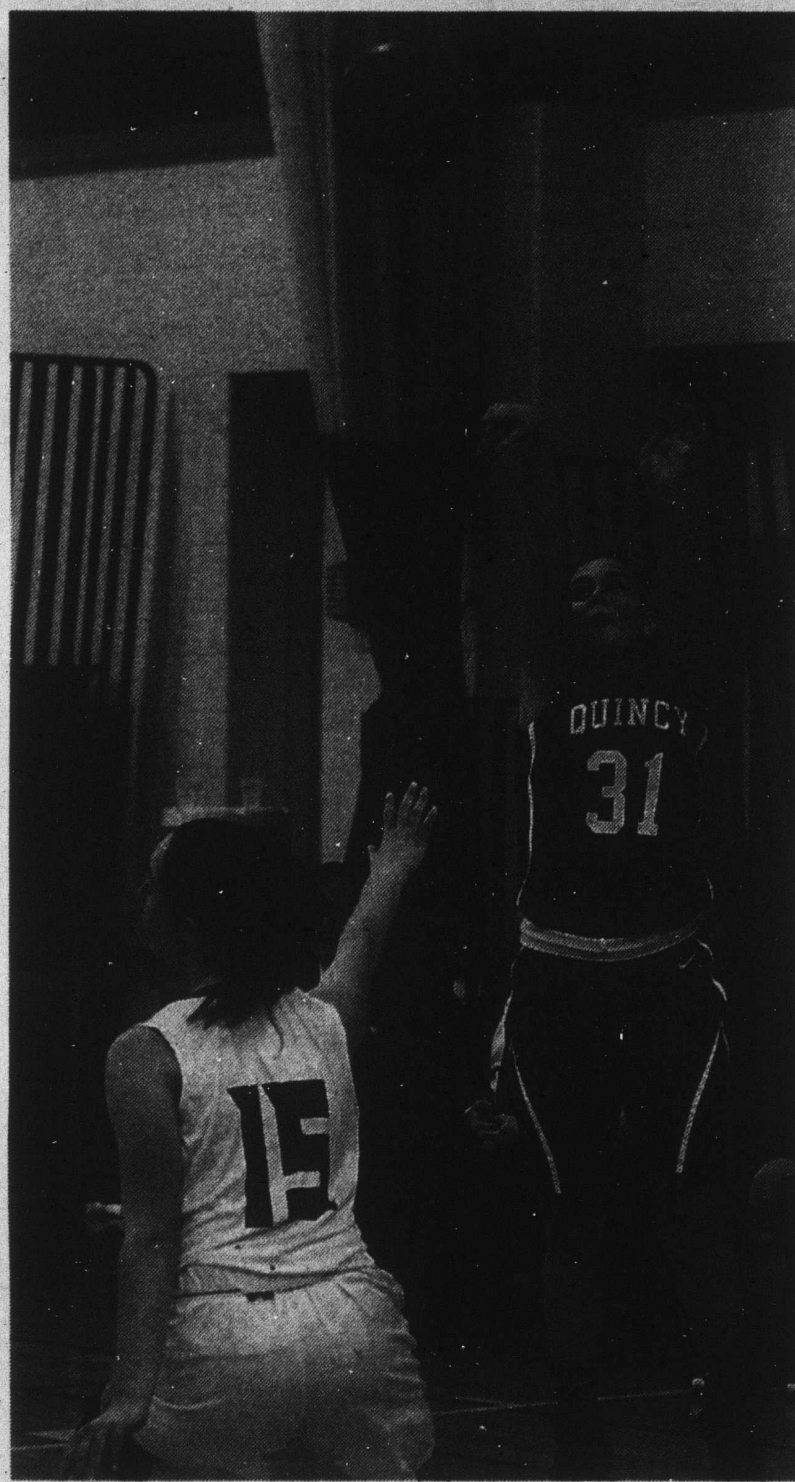
Gabby Jerahian, who had 29 points in two games last week, added 13. Sophomore point guard Liana Cunningham had eight assists.

"We played an excellent game against Pembroke," said coach Jeff Bretsch. "Nicole was unstoppable, and our defense did an excellent job."

Pembroke's strength is its three-point shooting. In the Titans' game before they met Quincy, their guards sank 14 three-pointers. Against Quincy, the Pembroke guards made one.

Cunningham, Jerahian, Alyssa Camara, and Joelle Robinson did a terrific job chasing Pembroke shooters off their marks. Jorgensen wiped the boards clean and Quincy was able to get out in transition where the Presidents love to play.

"We prevented them from getting comfortable



QUINCY SENIOR CAPTAIN Gabriela Jerahian scored 16 points in the Presidents 63-55 win over Pembroke Jan. 26.

shooting the three. We gave up some other things, but we did what we wanted to do on defense which was to shut down the three," said Bretsch.

Jerahian also added 16

points with her outside shooting to keep the Titans' defense honest and open up the middle for Jorgensen.

Jorgensen's 36-point effort against Pembroke included everything from

drives to short jumpers to hooks to hoops off the fast break. It was not only a career high. It was the first time Jorgensen had gone over 30 in a game in her four years at Quincy. She had 65 points and 23 rebounds in two games last week.

She had 168 points in her last six games (28.0 per game) and finished the week with 1,084 for her career. She passed Jack Uhlar and Dan Kelly on Quincy's all-time list in her last two games. She ranked fourth on the all-time school scoring list with a great chance to catch Kerrie Connolly (1,138 points) for third place.

Her rebounding record is, at least, as impressive as her scoring. Scoring is talent and practice. Rebounding is hard work. It is about taking the blows, it is about wanting the ball enough to work through the elbows, the knees, the forearms, the shots to the back. It is the dirty job of basketball. It is far more than height. It is effort and will and intelligence.

"Because I'm tall, most players go low around my knees to box me out. When that happens, I try to move them under the basket," said Jorgensen. "I've also learned how to read the angle the ball is going to take off the rim. I watch the release of the hand on the shot and I have a pretty good idea, most of the time, how

it is going to bounce off the rim. I've played with Gabby so much I can tell if her shot is going long or short, and I just react to it."

Most players who put up two career milestones have weeks, months, years between the events to appreciate their meaning. Jorgensen had four days.

"It's still a little crazy when I think about it," she said. "It takes my breath away. Coach told me when I needed 56 rebounds to reach a thousand. That's when I started thinking about it. Then, I found out nobody had ever had 1,000 points and 1,000 rebounds. It's still unbelievable to me."

Dyroke Johnson had 14 points and scored the game-winner with 14 seconds left in overtime to lift the boys past Pembroke, 67-63. It was Quincy's second overtime win in a span of seven days, and Johnson scored the game-winner in each.

He scored all four of Quincy's overtime points in the win against Plymouth North. He also drained the clinching free throws on the road against Hingham.

Silver Lake scored 18 points in the fourth period to rally past the Presidents, 52-50 at the QHS gym Friday night, and drop Quincy to 10-4 overall and 10-2 in the league.

Ugo Kamalu had 14 points and Darius Setal-

singh added 10 as Quincy built an 11-point lead in the third period thanks to excellent work on the press. Kyle Murphy, who got Quincy a big-time stop against Plymouth North, did a good job on the press for the Presidents.

"We were able to force some turnovers and get out in transition with our press," said coach Dave Parry. "Silver Lake did a better job against the press in the fourth period and hit some big shots."

The Presidents, led by seven entering the fourth, but Silver Lake rallied behind the center Cam Keefe who scored 10 of his 25 points in the fourth period. Joe McDonald hit a key three-point jumper for the Lakers in the final period.

"Keefe is a good player," said Parry. "We had the ball with 12 seconds left with a chance to tie, but our shot was partially blocked."

In the win over Pembroke, Kamalu had a steal and a hoop off a rebound for the Presidents in the OT. Scott Mele had a key bucket off the fast break and Setalsingh had a steal which clinched the game in the final seconds.

Senior forward Mark Munroe chipped in with 11 points in the win for the Presidents.

The boys team hosts Hingham Friday. The girls visit the Harborwomen.

Eagles' 15 Points Lead Red Raiders Over Middleboro

By BILL GRIFFIN

It was a night when hard work translated into a victory.

Everyone around North Quincy's boys basketball team has been impressed with how hard the Red Raiders have worked in every practice and how hard they have competed in every game this season.

Their efforts were rewarded Friday night in Middleboro. Junior forward Matt Eagles scored a career-high 15 points and sparked a 20-point outburst in the second period which carried North past the Sachems, 52-47 in a Patriot League Fisher Division contest.

In other action last week, Dedham stopped North, 60-45 despite a 13-point, 10-rebound effort from senior center Conor Pound.

The girls team also split a pair of games. Junior center Remy Aucoin had 32 points and 34 rebounds in the two games. The Red Raiders defeated Middleboro, 40-31

Friday night after losing to Dedham, 50-37 earlier last week.

In the boys game against Middleboro, the Red Raid-

ers took control in the second and never relinquished the lead. North upped its lead to 14 in the third period before Middleboro made it close in the final minutes.

"This has been a very hard-working group, and it was good to see them get the win," said coach Kevin Barrett. "We did a lot of things well. Matt and Andrew Huang shot the three well. Conor Pound played another strong game inside. Will Ortiz had a productive game, and our defense was solid. It was a good win and, hopefully, we can build from it."

Eagles had three threes in North's offensive burst while Huang added a pair. Eagles not only shot the ball well, he also played a fine all-around floor game.

"His shooting opened things up for us on offense," said Barrett. "He rebounded well. He had a couple of steals, and played good defense. It was a good all-around game for him."

Pound had his second straight strong game in the pivot. He had 16 rebounds and seven blocks. His game has improved steadily over

the course of the season, and against Middleboro, he gave the Red Raiders the presence inside they will need for a good finish for their season.

"He's playing his best basketball right now," said Barrett. "He controlled the glass for us. He rebounded and blocked shots. We were able to limit Middleboro to one shot, and Conor was the big reason. This was the kind of effort we need from him."

Ortiz, a senior forward, had 11 points and seven rebounds for the Red Raiders. He shot the ball well from the outside and combined with Pound to give North a good 1-2 effort off the boards.

"He scored well and he gave us some big rebounds. It was not just his offense, he played a good all-around game," said Barrett.

North has played good defense all year. The Red Raiders used an active 2-3 zone against the Sachems which both closed off the middle and challenged their outside shooters.

"Our defense has been good all season," said Bar-

rett. "We were able to extend it and get out on their shooters. We rebounded well out of it. If we had been a little more consistent with our foul shooting, the margin of victory would have been larger."

Against Dedham, senior point guard Dhaaky Drake had 11 points and five assists, and Tom McLaughlin added a solid all-around game. Mike Soricelli chipped in with a pair of threes. North trailed 32-15 at the half before running off a 20-10 rally to draw within seven entering the fourth period.

Andrew Staley, who led all scorers with 32 points and seven threes, scored all of Hingham's 18 points in the final period to halt North's rally.

"Dhaaky has been steady as a rock all year for us. He's taken care of the ball and sparked our offense," said Barrett. "I've liked the day-to-day improvement we've made. We executed well against Middleboro. We need to keep doing it on a more consistent basis for a strong finish to the season."

Aucoin had 22 points

and 21 rebounds in the victory over Middleboro. Captain Marissa McGue had six points, seven rebounds, and three assists. Sophomore Jessie Caldwell added six points and six rebounds.

Aucoin had 10 points and

13 rebounds against Dedham. McGue added 10 while Karyn McEvoy chipped in with nine.

The girls team hosts Pembroke Friday while the boys are on the road against Pembroke.

High School Track Highlights

Dual Meet vs Plymouth South - Jan. 27

Winners: Devin Hiltunen 300, Abby Murphy 600, Peter Saccoach 600, Jimmy Cannon 1000m & 2mile, Mike Munroe Shotput

MSTCA Last Chance Invitational - Jan. 31

55 meters: Allison Wong 7.90 18th out of 79 competitors

Mia Healy 7.97 26th out of 79 competitors

Aidan Brown 7.25 53rd out of 80 competitors

300 meters: Devin Hiltunen 44.16 8th out of 62 competitors. STATE QUALIFIER

600 meters: Abby Murphy 1:45.28 5th out of 29 competitors. PERSONAL BEST

Peter Saccoach 1:29.06 4th out of 52 competitors

1000 meters: Jimmy Cannon 2:48.93 16th out of 44 competitors. PERSONAL BEST

Shotput: Nick Kelly 45'04.25" 5th out of 31 competitors. STATE QUALIFIER, PERSONAL BEST

Long Jump: Aidan Brown 19'04.5" 5th out of 33 competitors. PERSONAL BEST

4 x 400m Relay: Abby Murphy, Alex Case, Maggie McGoldrick, Devin Hiltunen 4:32.66; 6th out of 12 teams. STATE QUALIFIER, SEASON BEST TIME.

The Harvard Women's Basketball team, with Heidi Banks, Director of Operations, recently traveled to Quincy to conduct a clinic for Quincy Youth Basketball.

Players were divided into stations where they learned ball handling, give and go for a layup, passing, shooting, layups, rebounding and footwork, played dribble relay and shooting line games and generally had a wonderful time.

PHOTO AT RIGHT: Perfecting their dribbling skills under the direction of Harvard player Nani Redford (Class of 2019) are (left to right) Genevieve Reardon, Kayla Larkin-Goldman, Brooke Deady, Jocelyn Saldini, Althea Laci (hidden), Melanie Engren, Alex Gagne, Megan Beck.

QYB Skills Clinic With Harvard Women's Team



JEREMY COSTIGAN practices his shooting skills.



QUINCY YOUTH BASKETBALL players participated in a recent skills clinic with members of the Harvard women's basketball team. From left: Vera Cater, Grace Cody, Harvard player Sarah Leudke (2019), Charlotte McCarthy, Ciara Golden (back), Jacie Tam, Meara Conley (back), Nina Smith, Grace Pickering, Emma Drinkwater, and Harvard player Destiny Nunley (2017).



NINA SMITH gets a lift from Harvard player Ann Marie Healy (2016) while Jacie Tam (partially hidden) looks on.

Quincy Sun Photos/Larry Carchedi



FRONT ROW left to right: Rebecca Barbieri, Alexia Laci, Elizabeth Gonzalez, Sarah McKenna, Vincent Forcucci, and kneeling Evan Devine. Back row: Ty Neal, Harvard players Kirby Porter (2018) and Sydney Skinner (2019) and Jessica Barbieri.

Glynn's Switch To Defense Working For North Quincy

By TOM JOYCE

Even if he is not doing what looks best on the stat sheet, Timmy Glynn is doing his part in helping the North Quincy Red Raiders boys' hockey team (7-6-1) win games.

Growing up, Glynn had been a forward in all but one tournament of his career. But this year, Red Raiders head coach Matt Gibbons thought it would be best to move the four-year letterman and senior captain to defense. And he found his place quickly.

"I didn't like it at first," Glynn admitted. "But it's grown on me. I'm more offensive. But I've finally found my spot as a more offensive defenseman. I've got a good line mate, Ryan Moreschi, so he helps me in the back end."

In the team's 5-1 loss to Pembroke last Saturday at home, Glynn had the team's lone goal.

"That felt great," he said of scoring a goal. "I hadn't scored in a while. To cut the lead in half like that, that was huge. It was a big part of the game. Like I said, I had not scored in a couple of games, so that was definitely a huge confidence boost."

Just one puck in the net does not accurately portray all he contributed though.

"He was the best player on both sides of the ice," Gibbons said of Glynn. "I thought it was one of his best games he's played in a North jersey in four years. In my mind, he was dominant. For him to play like that, it's awesome. I hope it continues. If that happens, we'll be in a good spot. When he's the best player on the ice, we usually win. Tonight just didn't work out for us."

Glynn can best be described as a puck-handling defenseman. And while he might not be scoring as many goals as he would be as a forward, it is where he can contribute most.

"Team-wise, we look at it and see that he's going to help us out a lot more back there," Gibbons said of Glynn. "We've got Kevin Mock leading the team in goals right now. But a lot of that starts with Tim and Matt McDonald on defense."

"He wants the puck on his stick," Gibbons added of Glynn. "I think he's realizing now that he's out there and the puck is always there for him to take. I think it's a good move for the team. And I think he's really cherishing the role a bit. He can control the game back there. The past couple of games, I think that's hit him a bit — and he's been the guy. Our

past couple of games, he's been unbelievable."

With six games left in the regular season, the Red Raiders are right where they want to be. They need five more points in the standings to clinch a spot in the MIAA Division 2 South Playoff bracket. In reality, they could have a losing record in their remaining games and still make the tournament. Of course, that is not their intent.

The Red Raiders have plenty of time to prepare for their upcoming game this Saturday against their crosstown rival, the Quincy Presidents. It might be the game that is selling the most tickets, but Gibbons said he hopes his team can just fo-

cus on the task at hand and not on the noise surrounding it.

"Nothing changes for us," he said on his team's mindset headed into the game. "We still need to get two points and this team wants to play in the tournament. We need five points — and we can get two of them out of the way on Saturday. That's going to be our focus."

"It might be senior night and what not but the fact of the matter is we need those points and can't get caught up in all that rivalry stuff. I understand there will be more people in the stands and the game might mean more to some people, but we have to play like we would against any other team."

DCR Re-Opening Murphy Memorial Rink This Month

The Massachusetts Department of Conservation and Recreation (DCR) will be re-opening the South Boston Murphy Memorial Rink in February.

In recognition of the rink's re-opening, Bay State Skating School will be holding a special Learn-To-Skate Lessons on a new day and time.

Classes will be in the large rink on Saturdays, beginning Feb. 13th at 11 a.m. for five weeks. Get five lessons for the cost of four.

This is the 47th year of Bay State Skating School offering Learn-to-Skate

Classes for children age 4 ½ to 18 at 11 Greater Boston Rinks: Brookline-Larz Anderson, Brookline-Cleveland Circle, Cambridge, Medford-LoConte, Newton/Brighton, Quincy, Somerville, South Boston, Waltham, West Roxbury and Weymouth. Classes are great for beginner, intermediate or advanced skaters. Learn new skills using figure, recreational or hockey skates, join the ice skating classes with Bay State Skating School. For information call: 781-890-8480 or visit www.BayStateSkatingSchool.org

Avoid A Food Safety Penalty This Super Bowl Sunday

Tips From The USDA Food Safety And Inspection Service

The Super Bowl is already the most-watched television program in the United States, and this year's 50th game is sure to take the experience to a whole new level.

The game (or the ads) may be the main event, but the food usually steals the show. With more than 1.3 billion chicken wings and 4 million pizzas expected to be eaten during the big game, there are plenty of opportunities for a food safety penalty to occur.

"This Super Bowl Sunday, sports fans across the U.S. will have a great time watching the game with friends and family, while sharing some of our favorite foods that we are fortunate in this country to enjoy," said Deputy Under Secretary for Food Safety Al Almanza. "A

long game and a big crowd means more opportunities for food poisoning, but some easy precautions can go far in preventing illness."

To keep you and your guest food safe this Super Bowl, USDA's Food Safety and Inspection Service has pulled together the following key food safety plays.

- To escape a delay of game, use effective clock management with your food. Perishable foods should not be kept at room temperature for more than two hours. Switch out these items during half time to prevent the same foods from sitting out the whole game.

- Avoid a holding call by keeping hot food hot and cold food cold. Food should remain at a safe temperature and out of the "Danger Zone." The Danger Zone

NQ Swim Splits With Pembroke

North Quincy (2-7) senior captain Kara Carchedi kicked it into overdrive to lift her 400-yard freestyle relay squad into third for the two crucial points which sealed the 84-82 victory over visiting Pembroke Jan. 28 at the Lincoln-Hancock Pool.

The boys final score was also determined in the final frame with the North Quincy boys swimming and diving team (2-7) coming up short, 77-83, to Pembroke.

Also swimming in that relay were senior captain Gabby Doody, freshman Jenny Tran, and senior Helen Chen who gained a lot of ground to set up Carchedi's spectacular 100 yards where she passed the next Pembroke swimmer to earn third place (5:32.03) by nearly five full seconds. North Quincy's fastest relay including captain Stephanie MacFarland, junior Rebecca Thorne, sophomore Brenna Kirby and junior Danielle O'Driscoll clocked 5:08.37 for second overall.

The meet began on a high

note for North Quincy when senior Grace Anderson, the butterflyer in the 200 medley relay, erased a 10-yard deficit and set the stage for freestyler Brenna Kirby who eventually lengthened the lead to bring it home for the victorious time of 2:22.47. In that race, Danielle O'Driscoll led off with backstroke and freshman Juliana Chieng swam the breaststroke.

The very next race saw Carchedi who trailed for much of the 200 freestyle race pull even in the final lap to eventually earn silver (2:44.41) less than one second off the top time. Grace Anderson won the 200 individual medley (2:52.22) and placed second in the 100 butterfly (1:20.13). Juliana Chieng touched the wall first in the 50 free (26.81) and was second overall in the 100 breaststroke (1:23.09). O'Driscoll earned second (7:52.72) and third (1:29.28) in the 500 freestyle and 100 butterfly races, respectively.

Freshman Anastasia Zygouras was third in the

50 free (32.97) and second in the 100 backstroke (1:30.03).

For the fourth time this season, North Quincy lost a meet in the final event. Against Pembroke, the boys won seven of 11 events including the first one out of the gate, which was a dead heat after the second leg. Sophomore captain Tommy Zhang followed Adam Tlacolal's backstroke and Hou Nam Wong's breaststroke and gave NQ the advantage after the butterfly, which Kenny Ng seized to bring home the victory (2:03.25).

Freshman Adam Tlacolal won both the 200 individual medley (2:45.19) and 100 freestyle (1:02.88), and Tommy Zhang swept the 50 free (23.94) and 100 butterfly (57.32) events. Freshman Aymen Sadaka took top honors in the 100 backstroke swimming 1:20.84 and placed second in the 100 freestyle (1:06.50).

North Quincy hosts Co-hasset today (Thursday) at 4 p.m.

QHS Swim Bows To Duxbury

The Quincy High School swim team had a meet against Duxbury at the Lincoln Hancock Pool Jan. 26.

Despite an overall loss, 95-69 girls and 80-56 boys, the team put up a lot of season best times. Junior Captain Bailee Carey, who has placed first in every meet so far this year, scored an impressive season high of 283.90 in 1 meter diving. This is also the highest Bailee has scored in her impressive three years as QHS's diver.

Senior Haley DiCristofaro who has taken off over

30 seconds in the 500 yard freestyle swim this season also got a season best time of 9:10.50 in her finish in the event tonight. Junior Kayla Ahrens had a season best time of 2:55.60 in her finish in the 200 yard freestyle swim. Sophomore Tammy Ma had a season best time of 1:27.57 in the 100 yard breaststroke race.

For the boys, Junior Antonio Vega made tremendous personal gains by achieving season best times in both the 50 and 100 freestyle races. Freshman Guilherme Eller had a season best time of

7:09.87 in the grueling 500 yard freestyle swim. Freshman Kevin Warner also placed first in the 200 yard freestyle with a season best times of 2:17.76.

Senior Matthew Pham had a season best time in the 100 yard backstroke with a time of 1:24.43. Finally, Freshman Nikollas Natsios had season best times in both the 50 freestyle (34.23) and 100 yard backstroke (1:46.25).

Quincy honored three seniors at its final home meet: Haley DiCristofaro, Captain Olivia Baldino and Matthew Pham.

- Prevent an illegal use of the hands by making sure to thoroughly wash your hands before starting to prepare food, after handling any raw meat or poultry and trash, and after finishing cooking. Thoroughly wash hands by using hot water and soap for at least 20 seconds. "Splashing and dashing" doesn't count.

Don't let foodborne illness intercept your plans for the biggest Super Bowl ever

celebrated.

Learn more about key food safety practices at foodsafety.gov and on Twitter @USDAFoodSafety. Consumers with questions about food safety, can call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854) or chat live with a food safety specialist at AskKaren.gov, available from 10 a.m. to 4 p.m. Eastern Time Monday through Friday.

12 On UNH Dean's List

Twelve students from Quincy are on the Dean's List for the fall semester at the University of New Hampshire in Durham.

They are:
Highest Honors: Lia Bonoli and Jessica Eynatian.

High Honors: Lisamarie Flora, Jackson Lam, Elizabeth Forde and Kathleen Calnan.

Honors: Christopher Keenan, Nkechi Kamalu, Hayley Forbes, Sean Hickey, Aislinn Collins and Anna Splitz.

Health Express Urgent Care Sees 60,000 Patients In 2015

Health Express Urgent Care, with six locations on the South Shore, is setting a trend in medical care delivery on the South Shore and reports that more than 60,000 patients were seen in 2015.

"The urgent care model is not just a new trend, but has become an integral part of medical care delivery across the US, and now on the South Shore, and is a welcomed choice for patients who may otherwise have to spend hours in the Emergency Room," said Health Express Urgent Care owner Dr. Chris Whelan.

"Today's healthcare experience can be time-consuming and frustrating for patients. Health Express offers a well-conceived solution to all residents of the South Shore community facing these challenges."

With the support of the Massachusetts state legislature, and insurance companies, patients can now benefit from urgent care where a patient does not need an appointment, does not need a referral, insurance covers the visit and they are seen in a timely fashion, Dr. Whelan said.

Specifically, Health Ex-

press offers these benefits but is also staffed exclusively by ER trained personnel.

"Our patients are immensely satisfied not only with the short wait time and convenience of walking in, but also the high level of quality medical care we provide by our ER trained providers. The high volume of patients we saw in 2015 indicates that Health Express is making an impact on the health and well-being of consumers on the South Shore. We plan to open additional facilities to ensure all residents can benefit from our services," Dr. Whelan said.

Health Express opened its first location in Weymouth in March 2012. Five additional locations have opened since in Plymouth, Pembroke, Raynham, Abington and Quincy. Health Express is also opening its seventh location in West Roxbury.

Health Express is staffed by ER trained providers with extensive experience in local emergency departments, Dr. Whelan said. There are no appointments necessary, no wait, no referral and all insurance is taken to include Medicaid and Medicare. There is an X-ray and lab on site in each location.

Health Express can treat a wide range of medical ailments to include flu, pneumonia, IV therapy, broken bones, sports injuries, respiratory ailments, and also offers occupational health services, Dr. Whelan said.

Health Express is open Monday to Friday from 9 a.m. to 8 p.m. and Saturday and Sunday from 10 a.m. to 4 p.m.

For additional information contact: Nancy Whelan, 781-248-7246, Jeff Agnew, 617-688-7488 or visit HealthexpressMA.com.

BID Hospital-Milton On Harvard Pilgrim Health Care's Honor Roll

Beth Israel Deaconess Hospital-Milton was recently named to the ninth annual Harvard Pilgrim Health Care Hospital Honor Roll.

The distinction acknowledges adult, acute care hospitals whose performance was among the top 25 percent of those measured nationally on a set of composite quality and patient experience measures as reported by the Centers for Medicare and Medicaid Services (CMS) and the Leapfrog Group.

Harvard Pilgrim's Honor Roll is part of the health insurer's efforts to enable consumers to select hospitals based on quality and safety performance. According to Harvard Pilgrim, hospitals were evaluated on processes of care in four categories: cardiac; pneumonia; surgery - preventing infections; and surgery - preventing complications. The results of patient surveys measuring patient hospital experiences were also considered. Harvard Pilgrim also factored in CMS patient and safety measures, such as healthcare associated infections, and Agency for Healthcare Re-

search and Quality patient safety composite scores.

Honor Roll hospitals are noted in Harvard Pilgrim's printed and online provider directories as well as on the organization's web site (www.harvardpilgrim.org) and its Now iKnow cost and quality transparency tool.

This is the second consecutive year BID-Milton has been named to the Hospital Honor Roll.

"During the last several years, BID-Milton has invested substantial resources in developing robust and organization-wide quality and patient safety as well as patient experience programs," said Ashley Yeats, MD, the hospital's Chief Medical Officer and Vice President of Healthcare Quality. "To be recognized as a Harvard Pilgrim honor roll hospital is testament to the hard work of our staff and physicians in creating a safe, patient-centered model-of-care."

Peter Healy, president and chief executive officer of BID-Milton, added, "Making clinical quality and patient satisfaction data

publically available is vital to helping consumers make informed choices about their healthcare. We strive to be a high-quality and high-value community hospital that provides exceptional care at a low cost. Thank you to our staff and physicians for helping us achieve this goal on a daily basis."

"Harvard Pilgrim is proud to recognize these Honor Roll hospitals that are providing our members with high quality care," said Eric H. Schultz, president and CEO, Harvard Pilgrim Health Care. "In this time of great change in health care, we want to commend these hospitals for their focus and dedication to quality and patient safety."

"Expectations of hospitals to provide quality care at affordable prices are increasingly high," said Michael Sherman, MD, chief medical officer, Harvard Pilgrim Health Care. "These hospitals are notable for their ability to keep patients at the forefront as health care evolves toward a greater outcomes and value orientation."

Preventing Debilitating Diseases Among Women

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

Just about every minute, a woman dies of heart disease. But the majority of these deaths are avoidable. That's why Social Security encourages you to participate in National Wear Red Day on Feb. 5, which aims to raise awareness about preventing heart disease and stroke among women.

Social Security plays an important role in many women's lives - nearly 60 percent of people receiving Social Security benefits are women. Social Security provides important financial assistance to women in times of need, including a sudden illness or an injury leading to disability. While many illnesses and injuries are difficult or impossible to prevent, there are steps that women can take to help prevent some health issues, so that they can live longer and healthier lives.

According to the American Heart Association, "heart disease is the number one killer of women, causing one in three deaths each year." But the American Heart Association reports that this is 80 percent preventable with education and lifestyle changes. Changes in diet and exercise can help prevent these events, along with obtaining preventative healthcare such as cholesterol checks. You can take part in raising awareness about this women's health issue by wearing red on February 5 to show your support. You can also learn more about heart disease and stroke prevention by visiting www.goredforwomen.org.

Raising awareness about women's health issues is important to improving quality of life for all women. Social Security is also committed to addressing the unique concerns that women may face in obtaining Social Security benefits, whether they're seeking benefits for health or other reasons. Women may face different situations than men throughout their lives that can affect their need for benefits. For instance, women are more likely than men to outlive their spouse. Working women earn less on average than men do. Women are more likely to be stay-at-home parents or spouses. All of these circumstances can cause women to have different Social Security needs than men have.

In order to address these concerns in one place, we have a website designed for women that provides pertinent information to women regarding Social Security's services. This website includes information that may be particularly useful to working women, women who receive Social Security benefits, brides, new mothers, wives, divorced women, caregivers, and widows. Our website for women provides information on retirement, survivors, disability, and Supplemental Security Income benefits. Our website also contains links to Social Security publications relevant to women's issues, such as our publications What Every Woman Should Know and Understanding the Benefits. You can visit our website for women at www.socialsecurity.gov/people/women.

We hope that raising awareness on women's health issues and providing women easy access to information about Social Security benefits can enrich your life and the lives of those you love.

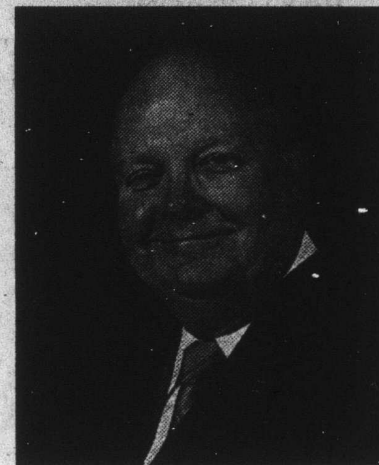


Kevin Malone On Greater Boston YMCA Board

The YMCA of Greater Boston recently added a new member to its general board, Kevin Malone, Market President of Boston Metro South and Rhode Island at TD Bank.

Malone, a Quincy resident, has over 30 years of experience in commercial banking, risk management and bank operations, and joined TD Bank in 2002. He previously worked at Bank of Boston, ABN AMRO and Barclays Capital, where he held key management positions.

Malone earned his undergraduate degree in eco-



KEVIN MALONE

nomics/finance from the University of Massachusetts and attended Anna Maria College's graduate school of business. He will serve the YMCA of Greater Boston board for three years,

helping to govern and lead the more than 160-year-old institution and ensure that the Y delivers on its mission to strengthen the foundations of community through youth development, healthy living and social responsibility.

The YMCA of Greater Boston is a \$65 million social services organization that employs more than 1,500 individuals with over 74 branches, program sites and camps.

Malone lives in Quincy with his wife, Nancy. They have four children and one grandchild.

Sheriff Hosts Video Tech Conference

Norfolk County Sheriff Michael G. Bellotti recently hosted a panel discussion on the issue of increasing the use of video conferencing in the state's criminal courts.

The use of video technology to hold hearings with pretrial detainees while they remain in a jail instead of being driven to court for the day has been in use for a number of years, but in relatively small numbers. The sheriffs' offices around the state still transport a large majority of defendants to court for their hearings.

But with steady improvements in technology and more comfort in using it, there has been a push from officials in courts and corrections to use video confer-

encing more to take advantage of its efficiencies.

Sheriff Bellotti's summit, entitled, "The Future is Now! Video Conferencing and the Massachusetts Judicial System," was held at Curry College on Jan. 14, attracting about 175 staffers and stakeholders from the criminal justice system.

"There are obvious monetary savings that come from vehicles and gasoline not used and man-hours not dedicated," Bellotti said. "And there are security benefits too. Many of our courthouses are older buildings that were not designed to handle the current level of traffic. Their detention areas often are inadequate in size and, sometimes in terms of

security."

But Sheriff Bellotti also acknowledged that defendants' constitutional rights regarding participation in their own defense and right to face their accuser, among others, also must be taken into account.

Public Safety Secretary Daniel Bennett and District Court Chief Justice Paul Dawley delivered keynote addresses at the summit.

Panelists included Superior Court Judges Beverly Cannone and Thomas Connors, District Court Judges Mark Coven and Michael Pomarole, Department of Correction Commissioner Carol Higgins O'Brien, Trial Court Security Director Jeffrey Morrow and Regional

Security Director Jason Dickie and Quincy District Court Chief Court Officer Jeanmarie Turley.

Also on a panel were Norfolk Assistant District Attorney Peggie Krippendorf, Public Safety Undersecretary Thomas Turco and Trial Court Administrators Dana Leavitt and Joseph Jackson Jr.

"I want to thank all those who participated in and attended the summit and made it such a strong exchange of ideas and information," Sheriff Bellotti said. "And I want to thank Curry College and its president, Kenneth Quigley, for making their outstanding facilities available to us for the event."

Used Sedans, Maintenance Intervals, Mobile Hotspots

Ask John Paul: AAA New England's Car Doctor



JOHN PAUL

I have a 2006 Mitsubishi Outlander with 190,252 miles on it. Within the past two years I have replaced the catalytic converters and since then, the car has been burning oil. Recently I had an oil change, then drove 275 miles and the check engine light came on. I checked it and found the engine had no oil. What could be the problem? By the way, what do you think of the latest Mitsubishi Outlander?

The catalytic converter failure is most likely a result of your Mitsubishi burning oil. The first and simplest check would be to ensure the positive crankcase ventilation (PCV) system is operating properly. If the PCV system is not working properly, this can result in increased oil use. Oil consumption can also be a result of higher than normal engine temperatures, worn piston rings and damaged valve seals. At this point, I would have a repair shop perform a complete diagnostic check of the engine. This should also include cylinder leak down and compression tests. Regarding the latest Outlander (2015 model), it's a pretty good vehicle, packed with some great features and an outstanding warranty, but as a complete package I just feel a couple of years behind the competition.

I am a 69 year-old woman who has re-entered the workforce (real estate sales) and I am trying to locate a used sedan, large or midsized, with AWD and regular turn-key ignition. I would also prefer to have comfortable adjustable driver seating with lumbar support and a tilt/telescoping steering wheel without overly complicated electronics.

I would start with a later model Ford Taurus or Toyota Avalon. These cars are dependable, have a great all-wheel-drive system and should satisfy all of your requirements. As with any used car purchase, you should have the carefully inspected by a reputable repair shop.

My 2004 Hyundai XG350L with 78,000 miles has the air bag light on. I took it to the Hyundai garage and was quoted a price of \$1,600 plus labor to have the car fixed. I love the car and would like to keep it but can't decide if I should fix it. I would appreciate your thoughts.

The Hyundai XG350 is a great car but does suffer from some rust issues. Before spending what could easily amount to \$2,000 on your car, I would want a technician to fully inspect the car to look for rust (some repairs were under a recall).

If the car looks good, I don't see any reason not to perform the repair.

I have an older Chevy truck with a 350 engine and spark plugs six and eight get oil fouled. What problems am I looking for?

It is not uncommon on this engine to see valve guide wear. As the valve guides wear, oil is sucked by the valve seals and ends up in the combustion chamber. I would perform a compression test on the engine; if the compression is low in those two cylinders, you may be faced with an engine overhaul. In the short term, you could put in a slightly hotter spark plug or even a spark-plug anti-fouler. The anti-fouler won't solve the oil consumption problem, but will keep the plug clean and the engine from skipping.

I have a 2016 F-150 and I have a problem keeping my interior windshield clean. Neither I nor my passengers smoke in my truck, but within a few days after washing my windshield, there is a film back on it similar to a smoke film. I've tried various cleaning solutions but none keep it clean any longer than a few days. This is the only vehicle I've owned that this happens with. Any suggestions would be appreciated.

This film on the inside of the windshield is from the outgassing of all the plastics and foam in your truck. I have found that there isn't much you can do other than clean the windshield periodically. My favorite glass cleaners (approved by my wife) are ZEP Glass cleaner, Invisible Glass, RainX and Sprayway, with Sprayway getting the slight edge. Once the window is clean, follow up with a microfiber cloth. This should get the windows nice and clean. If the car is parked in a garage, leaving the windows open just a bit will allow quicker outgassing.

I have a 2014 Subaru Crosstrek. The transmission is very slow to engage, especially from reverse to drive; it takes three to four seconds before the car moves. I am afraid that when I back out into traffic, I'll get rear ended because I can't get out of the way fast enough. The

other day on the highway, the car in front of me slammed on their brakes, and when I went to move into the left lane, the car behind me almost hit me because my car just didn't move. The salesman said the car needed to be re-programmed, but then the service manager told me that there was nothing wrong with the car and did nothing. I believe this car is dangerous, what do I do? I called Subaru and opened up a claim. Clearly they know about this. I have two friends with 2013 Subarus and their cars don't have this problem. Help!

I have driven several 2014 Subaru models and haven't experienced this problem but have heard from readers with similar concerns. One reader reports that it can take up to seven seconds for the transmission to shift from reverse to drive. Since not every 2014 Subaru has this problem, it seems to me that it can be fixed. I would continue to work with Subaru-Customer Service, not the dealership, to try to get the matter resolved.

I recently had to call AAA road service to boost my original 2005 Prius battery because of my leaving my headlights on for the second time this year. This is not the easiest battery to find in fact AAA who seems to have batteries for every car didn't have one for the Prius. The technician did jumpstart the car and tested the battery and it looked okay. My question is would you suggest that a 10 year old battery be replaced after my two goofs?

The typical life of a car battery in a non-hybrid vehicle is about five years here in the Northeast. The Prius battery is used to power the computer and accessories and doesn't actually start the car. Although just like any battery, cycling it from completely discharged to fully charged will shorten its life. If this were my Prius I would consider replacing the 10 year old accessory battery just to avoid a problem in the near future.

I have a Honda Accord with nearly 200,000 miles on it and it is time to think about replacing it. My Honda has been a great car but the newest models just seem too big, I am looking at the Mazda 3 between 2011 and 2013. Do you have any information on these models, is one a better than the other?

The Mazda 3 is a great car and the overall quality doesn't really change from

2011-2013. If it is in your budget the 2012 and 2013 models are the best choice due to the availability of Mazda's Sky ACTIVE system. These models will return better fuel economy and overall performance and handling. Buying a car as new as a 2013 still requires a little care and investigation before you purchase it. Have the car checked out by a competent repair shop that can check its overall mechanical condition as well as to look for any prior body damage.

I have a 2014 Ford Focus with only 4,000 miles on it. The owner's manual states that I should change the oil every 7500 miles, the spark plugs and coolant at 100,000 miles and the transmission fluid at 150,000 miles. Do you think these intervals are too long for my driving style?

Maintenance is generally based on time and mileage. Since you don't drive much I would try to base all of your maintenance on time. If there is no actual time schedule think of it this way. The average car today travel about 12-15,000 mile per year. Since your vehicle's manual states to change the engine oil every 7500 miles this would translate into at least once per year. Spark plugs should be changed at 10 years or so. Of course if there is a problem or fluids look dirty it is time to replace them.

I have a 2002 Chrysler PT Cruiser with the original battery the car starts great and runs well. My question is do you think it is time for a new battery?

Having a car with a 14 year old battery that still works is amazing. To be safe it makes sense to replace the battery so you don't have a problem. On the other hand part of me wants to see how long this battery will actually last.

I have 1994 Ford Ranger Splash that is a great little truck that has about 125,000 miles on it. My question is the truck still has the original tires, should I replace them? I don't drive the truck everyday but do rely on it when I need to haul something and even though the tires look fine I don't want a problem.

It is time to replace the tires on your Ford Ranger. Although tires can last a long time, 22 year old tires are likely to fail and blow out with little warning. Some safety experts believe the serviceable life of a tire is as little as six years. I believe how long a tire will last depend more on how it

is used and how it is stored rather than age.

In December we had some heavy rain and I stupidly left the passenger side window open on my truck. The interior carpets and seats were soaked and the check engine light came on. After a few days of wet vacuuming the truck the interior dried out and the check engine light went out. What do you think happened?

Your truck like all vehicles today are rolling computers, more than likely one of the computers got wet, which caused the check engine light. As the computer and its connections dried out, the circuit returned to normal operation. Even though the truck dried out it still may be worth lifting part of the carpet to insure that it isn't damp and growing mold and mildew.

I purchased a used 2013 Buick Enclave from a large used car dealer. This Enclave only has 20,000 miles on it but it was a former lease/rental car. The car only had 23,000 miles on it when I purchased it. When I started to drive it I noticed it had a slight pull to the left. The dealer has since aligned the car, rotated and balanced the tires but now there is a vibration. Any ideas?

It is possible that the tires were not balanced correctly and that would be the first place to look. The second issue is the wheels on this model are very sensitive or over-tightening. If the wheels are not tightened properly there can be a vibration between 58 and 75 miles per hour. The proper method for tighten these wheels (and any wheel in my opinion) is to tighten it by hand using a crisscross pattern and then finish it off with a torque wrench set to the manufacturers specification.

I own a 2002 Lexus SC430 which has only 47,012 miles. It has always been garaged, well-maintained and is in beautiful condition. It is smooth riding, runs very well and I really enjoy driving it in the nice weather with the roof down. My repair shop suggests I consider replacing the timing belt (usually done at 90,000 miles). The water pump and all other belts would also be replaced for a total cost of over \$1000. I'd like to believe that "If it ain't broke, don't fix it." But I do love this car and want to keep it forever! Do you recommend these replacements be made at this time?

Timing belts generally

get replaced based on both time and mileage. Failure to replace a timing belt on some model cars can result in catastrophic engine damage. In your vehicle Lexus recommends replacing the timing belt at 90,000 miles of 72 months whichever comes first. Since your car is nearly 14 years old it is overdue and worth the money to keep the car trouble free.

What do you know about a device that allows you to turn your car into a mobile hotspot? The device that I have seen is called Vinli. Any information would be appreciated.

I have not tried this device yet, but may in the near future. It has some interesting features in addition to the mobile hotspot. You can track mileage, report your car stolen as well as track its location. There are also service related apps that allow you to schedule repairs as well as a novice driver feature to track your teen driver. The device plugs into the on board computer (OBD) port that is in nearly every car and then can link to a smart phone. I would say to date this is the most comprehensive "add-on" device I have seen to date. One minor concern that I have will all of these OBD dongles is that the computer ports were never designed for this type of high-speed two way communication. In the past I have seen some of this type of product cause check-engine light issues and in some cars drivability problems. I plan to try Vinli in the near future.

I've been driving a 2005 Ford Focus wagon with 148,000 miles on it with no major problems except for regular oil changes and replacing the struts. I want to drive the car to Texas and do a big loop around the USA this summer, but my kids are having fits about me doing this in a car that will probably have close to 154,000 miles on it by that time. My regular mechanic sees no problem with my plan-what say you?

Driving an 11 year-old car around the country can present challenges but people do it all the time. Certainly driving long distances can put more stress on any car. Prior to the trip your repair shop needs to fully check over the car and replace any questionable items that could fail on the trip. These items would include; drive belts, hoses, thermostat, possible the battery, radiator and tires. During your trip it is important to perform routine checks of the tires and all the vital fluids.

On Sunday, January 10, 2016, members of the Drug Control Unit (Detectives Cassidy, Duran, Keenan, O'Brien, Powers and Glennon) were dressed in plain clothes and operating unmarked, non-traditional vehicles, focusing on the area of McDonalds located at 275 Hancock Street due to recent increased drug activity. In the past six months, the DCU has made multiple arrests, seizures of drugs and controlled purchases of drugs in this area.

At 5:07 p.m., Detective Powers observed a vehicle with Rhode Island plates parked in the lot of McDonalds. Detective Powers attention was drawn to this vehicle as it was parked close to the restaurant and it was straddling two spots and it was running. At that time Detective Powers broadcast this observation to the other members of the DCU. As Detective Powers observed the vehicle, a male wearing jeans with a black coat and a white hoodie under it, exited the restaurant and made eye contact with the lone occupant/operator of the vehicle. The white male then walked to the vehicle and where Detective Powers observed him enter the passenger's side front door. The male remained inside the car for under one minute and quickly exited the vehicle and proceeded south on Hancock Street.

At this time Detective Powers believed through his training and experience that a drug transaction had just occurred, so he broadcast what he had just observed to the other members of the DCU. He followed the vehicle and requested assistance in having the male on foot stopped for further investigation. As Detective Powers followed the vehicle northbound on Hancock Street, he discovered that the license plate belonged on a different vehicle. Detective Powers, who would soon be joined by Detectives Cassidy and Duran, alerted other members of the DCU to this discovery. While they followed the vehicle over the Neponset Bridge and into Boston, Detective Keenan observed a male matching the description of the male Detective Powers described walking through the Shell Station parking lot (25 yards from McDonalds).

Detective Keenan exited his vehicle with his badge clearly displayed on his chest and stated to the male, "Quincy Police, can I speak to you?" The male looked around, then shoved Detective Keenan and took off running across West Squantum Street. As he fled, the male crashed into an unidentified female, nearly knocking her down. Detective Keenan attempted to grab the male which resulted in both falling to the ground. The suspect got up and continued running across Hancock Street, through the Walgreen's parking lot, through an adjacent apartment complex, jumping over two fences with Detective Keenan in pursuit.

As he approached one of the fences, Detective Keenan observed the suspect place his hand to his mouth. Detec-

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

tive Keenan knew through his training and experience that drug dealers and users will often times swallow drugs in an attempt to destroy evidence and avoid arrest and prosecution. A short time later the suspect ceased running and gave up to Detective Keenan, who walked the suspect back to Walgreen's where he was joined by Detective O'Brien. Detective O'Brien then contacted Detective Powers and informed him that the suspect had been apprehended after a foot pursuit where he put his hand to his mouth.

Detective Keenan gave the suspect his Miranda Warnings and asked him to answer questions to which he stated he would. When asked where he was coming from, the suspect stated that a friend had called out his dealer and arranged a purchase of \$40 worth of heroin for him. He was instructed to meet the party in the parking lot of McDonalds. He entered the vehicle and the lone occupant/operator spit a bag of heroin from his mouth into his hand for the suspect to purchase. He added that the bag appeared to be small and at that point he backed out of the deal and exited the car. Detective O'Brien relayed this information to Detective Powers who was still following the car. After receiving this information, the decision was made to stop the vehicle.

As Detectives Cassidy, Duran and Powers were driving on Morton Street (having followed the vehicle from Quincy onto Gallivan Blvd. and onto Morton St.) Detective Duran made contact with a marked Boston Police cruiser and requested assistance in stopping the Honda. In the area of 724 Morton Street, the vehicle was stopped. Detective Powers then asked the operator to step from the vehicle. After waiving his Miranda rights, the operator was asked where he was coming from and he stated McDonalds in Quincy. When asked what he was doing there, he stated he ate there by himself. The operator, a 34 year old Dorchester resident, had a suspended license and the vehicle was confirmed to have attached plates, thus uninsured and unregistered.

At that time the decision was made to place the operator under arrest for the motor vehicle violations as well as



LT. DAN MINTON

"Possession of Class A with the Intent to Distribute" due to the statements made by the other suspect who was on foot. The operator was found to be in possession of \$784 which was organized in two folds. This money was believed to be proceeds from illegal drug sales and as such, was seized pending civil forfeiture. The operator was transported back to the station by Officer Dan Francis and the vehicle was towed back to the station. The male who fled upon seeing Detective Keenan, a 32 year old Weymouth resident, was charged with "Disorderly Conduct, Resisting Arrest along with an outstanding arrest warrant. Nice Work!"

QUINCY POLICE BLOOD DRIVE FEB 13th at 7-Eleven Adams Street During this time of year, there is a big need for blood donations. Due to winter weather conditions, donors often have difficulty getting to the blood drives. To help alleviate the shortage, the Quincy Police Department and the Glennon Family will be hosting a blood Drive Saturday, February 13th from 8:00 a.m. to 2:00 p.m. at the 7-Eleven Convenience store located at 678 Adams Street. Children's Hospital Boston will have their blood bus there in the parking lot. After donating blood, 7-Eleven Owner Dennis Lane would like to invite donors and their families into the store for free coffee, hot chocolate, soft drinks, pizza and pastry. Although reservations are not required to give blood, it is encouraged. Contact Lieutenant Dan Minton at 617 745 5719 for more information.

QUINCY POLICE TO OFFER SEMINARS TO GROUPS The Quincy Police Crime Prevention Unit will be available to speak to groups on a wide range of topics such as but not limited to personal safety and scams. Each presentation will begin with a brief update of crime in the local area as well as in the city. Public senior housing buildings are already scheduled for a seminar on personal safety. The date and time will be posted in the respective buildings. For more information, contact Lieutenant Dan Minton at 617 745 5719 or at dminton@quincyma.gov

USE DIRECTIONALS BEFORE APPLYING BRAKES: As a driver, by using your directional well before braking, you are letting drivers behind you know that you plan to make a turn. This provides other drivers the time to react to your actions. If you brake first, essentially, you are making a change and the drivers behind you are trying to figure out what you are doing and why you are braking. In addition, you may not be giving the other drivers enough time to react to your movement. Remember, although you know what your plan is, the driver behind you does not and this may result in an accident.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 22 - 29

ARRESTS: 18

TOTAL CALLS: 952

STOLEN MOTOR VEHICLES: 1

FRIDAY, JAN. 22

VANDALISM/PROPERTY, 8:39 a.m., Des Moines Rd. Two tires slashed.

BREAKING AND ENTERING, 9:18 a.m., Liberty St. Back door kicked in. House condemned; possible owner is back in house.

ATTEMPTED LARCENY, 11:48 a.m., 300 block Centre St. Had someone come in to get rid of termites. All guy did was buy a bottle of spray. Upset he paid guy \$200. Civil matter; party advised. No larceny.

LARCENY, 12:14 p.m., 80 Clay St. Past. Has suspect info. Complaint against #1 for forgery, #2 for larceny in a building.

LARCENY, 1:12 p.m., Loring St. Jewelry. Complaints to be filed.

LARCENY, 5:04 p.m., 80 Clay St. Tried to take caller's wallet. Complaint for larceny from a person over 65. Suspect taken into custody on Jan. 23 charged with this offense.

SATURDAY, JAN. 23

VANDALISM/PROPERTY, 12:56 p.m., 200 block Kendrick Ave. Nail in tire.

VANDALISM/PROPERTY, 9:32 p.m., Willard St. Driver's side mirror damaged, possibly with a baseball bat.

MONDAY, JAN. 25

LARCENY, 11:22 a.m., Smile Dental, 235 Quincy Ave. Cellphone. Caller has video and business card of suspect.

LARCENY, 12:43 p.m., Stop & Shop, 495 Southern Arty. Pocketbook. Grey pickup, fled on Southern Arty towards Washington St. Possible 2x. Possibly a white male in black leather coat.

VANDALISM/PROPERTY, 4:30 p.m., 1515 Hancock St. Cellphone.

BREAKING AND ENTERING, 5:34 p.m., Palmer St. Unfounded. Possible mental health issue. Claims that several months ago someone came into apartment and deflated mattress. He believes that someone jacked up his car to do damage underneath.

LARCENY, 7:29 p.m., Walmart, 301 Falls Blvd. Wallet was taken out of shopping cart. Loss prevention unable

to find video showing anyone taking it. Party may have dropped wallet.

LARCENY, 10:08 p.m., Life Health Fitness Center, 150 Parkway. Wallet. May have suspect info.

TUESDAY, JAN. 26

BREAKING AND ENTERING, 12:08 a.m., Commander Shea Blvd. Noticed this morning that VEH had been broken into sometime last night. Door was open but didn't look like it had been forced open. Items were strewn about on the floor. A bag was taken from VEH containing an iPhone, iPhone connector, connector for other personal phone, men's shaver and umbrella.

BREAKING AND ENTERING, 9:41 a.m., Captain's Wk. States cellar was broken into.

LARCENY, 12:26 p.m., Crane Library, 40 Washington St. Books and DVDs.

VANDALISM/PROPERTY, 3:13 p.m., Good Fortune, 230 Quincy Ave. Caller had his car scratched by someone's car door. He has suspect info. Officer clear; parties will work out issues on their own.

LARCENY, 3:55 p.m., West St. Caller states various items stolen from his home.

VANDALISM/PROPERTY, 4:50 p.m., 400 block Newport Ave. Vehicle damaged.

LARCENY, 4:53 p.m., Wash Dry, 236 Washington St. Caller reports his clothes were stolen. Will call back when he sees female return to laundromat.

ATTEMPTED BREAKING AND ENTERING, 5:09 p.m., 200 block Harvard St. Caller reports his son left at 4:20 p.m. Got a call from his daughter that a window had been broken and car had been rolled down the driveway into a tree. Attempted B&E and malicious damage to an MV.

LARCENY, 8:16 p.m., Planet Fitness, 50 Adams St. Wallet stolen out of caller's car.

WEDNESDAY, JAN. 27

BREAKING AND ENTERING, 7:09 a.m., Rockland St. & Spring St. D'Allasandro Construction had equipment stolen last night.

MOTOR VEHICLE LARCENY, 10:47 a.m., Watson Rd. Vehicle last seen at 11 p.m. last night.

VANDALISM/PROPERTY, 1:25 p.m., Prospect St. Car was scratched.

LARCENY, 4:27 p.m., W. Elm Ave. Caller reports a package USPS delivered on Jan. 7 was stolen from her

porch.

THURSDAY, JAN. 28

LARCENY, 12:11 p.m., 700 block Washington St. Plow.

LARCENY, 4:01 p.m., Holmes St. Backpack was stolen while they were in counseling session.

LARCENY, 6:05 p.m., 80 Clay St. Her elderly father's debit card was used by the son to the amount of \$400.

ASSAULT AND BATTERY, 9:00 p.m., Elm St. Past assault.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Watson Road.

CAR BREAKS: Ricciuti Drive.

BREAKS AND ATTEMPTED BREAKS: Rockland Street, Captain's Walk, Commander Shea Boulevard, Liberty Street.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hot-Line at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

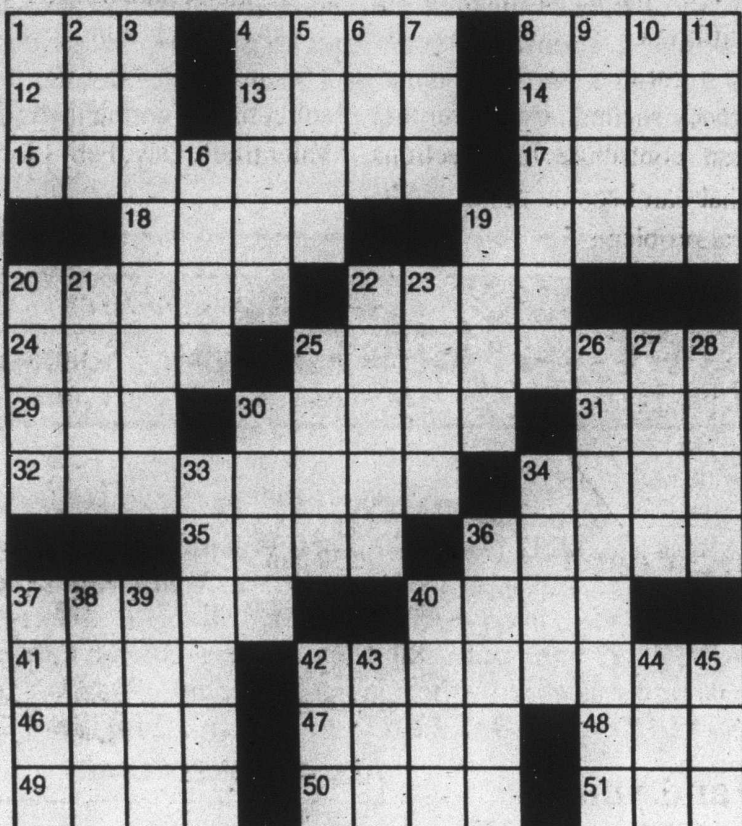
Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Cookie container
4 Acknowledge
8 Work units
12 — Khan
13 Part of N.B.
14 Panorama
15 Acted as a go-between
17 Sicilian volcano
18 Data
19 Armada
20 Propaganda pamphlet
22 Unctuous
24 Solemn pledge
25 Haphazardly
29 Cravat
30 Square dance group
31 Ostrich's cousin
32 Chess climaxes
34 Finished
- 35 Addict
36 Small lizard
37 Characteristic
40 Antitoxins
41 Count
42 Fully filled
46 Regimen
47 N. Mex. neighbor
48 Historic time
49 Do in
50 Electrician's supply
51 Parched
- DOWN**
- 1 Predicament
2 Life time?
3 Shone brightly
4 Sternward
5 Kill a bill
6 Inseparable
7 Marry
8 Novelist
9 Ceremony
10 Actor
11 Hit a fly
16 Foot fraction
19 Level
20 Schlep
21 Reason for a tarp
22 Playful water critter
23 Enrages
25 Pinnacle
26 Strayed
27 Portent
28 Gloom
30 Brewer's oven
33 Culpable
34 Gumbo need
36 Capture
37 Danson and Koppel
38 Bar
39 Geometry calculation
40 Use a teaspoon
42 Witnessed
43 "Entourage" role
44 Mess up
45 Rotation duration



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MAGIC MAZE • TWIN — : U.S. PLACES

Y V R O L S H E B X U R O L I
E B Y V Y E L L A V S Q S N K
H E S B Y T W T S R O L E J G
E B Y R W T U M R G R P G N K
I G D M O U N T A I N B D Z X
V S Q O L B S M D P K I I S I
F G E C A E R Y E W L S R U S
Q A P N N L P A C J S E B P H
F E L I C A K A H Y V K S X S
V U P L S S Q P H I N A A M K
J H F E S K E E R C C L B O Z

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Bridges Buttes Cedars Chapel
Creeks Harbors Lakes Maples
Mountain Oaks Peaks Pines
Rivers Springs Valley

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



4. Hair is different. 5. Heart is missing. 6. Hand is different. 7. Puddle is smaller. 8. Power is missing. 9. Earring is missing. 10. Puddle is smaller.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** Where is the largest desert in the world?
- MOVIES:** Which one of the Seven Dwarfs wears glasses in Disney's "Snow White" animated film?
- HISTORY:** When did Sonia Sotomayor become the first Hispanic member of the U.S. Supreme Court?
- LANGUAGE:** What is a xenophobic person afraid of?
- TECHNOLOGY:** What search engine did Microsoft launch in 2009?
- BUSINESS:** What does the "B.F." stand for in "B.F. Goodrich"?
- FAMOUS QUOTATIONS:** What spiritual leader said, "Love and compassion are necessities, not

luxuries. Without them humanity cannot survive?"

8. **ENTERTAINERS:** Who was the retired pro baseball player who married actress Marilyn Monroe in 1954?

9. **ANIMAL KINGDOM:** The adjective "leonine" describes what type of animal?

10. **GENERAL KNOWLEDGE:** What was the first diet drink that The Coca-Cola Co. introduced?

Answers

1. Antarctica
 2. Doc
 3. 2009
 4. Strangers or foreigners
 5. Bing.com
 6. Benjamin Franklin Goodrich, company founder
 7. Dalai Lama, XIV
 8. Joe DiMaggio
 9. Lion
 10. TaB in 1963
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Wishing Well®

8 3 7 4 6 8 7 4 5 4 6 4 7
P S Y V U R O I C S S I U
4 5 7 2 8 2 7 4 8 7 8 7 2
T A A L O O C O F Q O U V
8 3 2 7 6 4 8 4 5 3 4 7 2
U U E I E R N A R C R R O
5 6 5 4 5 2 3 6 3 4 3 4 2
E C F R O F C A E I S V H
7 6 5 4 7 5 2 3 8 2 8 4 8
E U R E F Y O S D M L S O
2 3 7 6 5 7 8 6 8 3 7 3 5
E U R T O I V I E P E H U
7 3 5 7 5 3 6 7 5 6 5 3 5
N E R D S L O S E N L D F

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) St. Valentine's Day magic rules the entire week for romantic Rams and Ewes. Music, which is the food of love, is also strong. The weekend offers news both unexpected and anticipated.

TAURUS (April 20 to May 20) Your aspects favor the arts — which the Divine Bovine loves, loves, loves. Also, for those looking for romantic love, Cupid is available for requests. After all, his mother, Venus, rules your sign.

GEMINI (May 21 to June 20) Loving commitments continue to grow stronger. Ditto budding relationships. A recent move to help start up a new career-linked direction soon could begin to show signs of progress.

CANCER (June 21 to July 22) Single Moon Children might be eager to take that proverbial chance on love. But your more serious side will feel better if you take things slowly and give your moonstruck self more time.

LEO (July 23 to August 22) It's a love fest for Leos and Leonas this week. Paired Cats might expect to be purr-fectly in sync. And with matchmaking friends, single Simbas searching for romance shouldn't have too far to look.

VIRGO (August 23 to September 22) More understanding on both sides can work miracles in restoring ailing relationships to health. Make the first move, and you'll be closer to your much-wanted reunion.

LIBRA (September 23 to October 22) Accept the fact that you are worthy of being

loved, and you'll find proof in what is revealed to you over the course of the week. Also accept a compliment offered with great sincerity.

SCORPIO (October 23 to November 21) Planning to take a new direction in life is exciting. And so is a new awareness of someone's special affection. Expect a slow and mostly steady development of the situation.

SAGITTARIUS (November 22 to December 21) Although you might still feel you weren't treated quite right in a recent matter, all that will work out in time. Meanwhile, enjoy the week's special qualities and potentials.

CAPRICORN (December 22 to January 19) Deciding not to give up on a troubling romantic situation helps start the healing process. Expect to find some valuable insight into yourself as things move along.

AQUARIUS (January 20 to February 18) The week is filled with positive potentials, but it's up to you to make the right choices. The advice of someone who truly cares for you and your well-being can be priceless.

PISCES (February 19 to March 20) It's a good time to make yourself available to possibilities of the romantic kind. Already paired? Good. In that case, be sure to reassure that special person of your feelings.

BORN THIS WEEK: Your generosity gladdens the hearts of others, and you bask in their joy.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals Q, it will equal Q throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals T

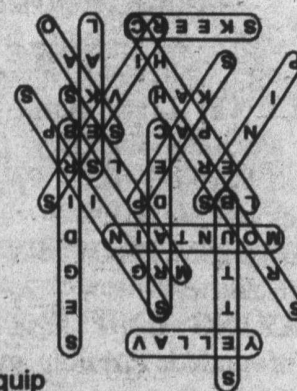
GLF WFEOW OEZFFYFRG'P
PYOWW JZURG TOP PD GURQ, U
PUYJWQ ADBWHR'G ZFOH UG
TUGLDBG YQ ADRGZOAG WFRPFP.

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— King Crossword —
Answers
Solution time: 27 mins.



Magic Maze
ANSWERS:



Cryptoquip
ANSWER:

without my contract lenses
simply couldn't read it
small print was so tiny
The legal agreement's

RELIGION

Bethany Congregational

Bethany Congregational Church will have a Communion Worship Service and Sunday School at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon entitled "We're Human." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany's Services and its

numerous group activities: an active Youth Group and a Missions and Growth Committee doing various charity works. Rev. Preble will lead a weekly adult Bible Study group on Tuesday evenings at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at: www.bethanyconchurch.org.

org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, it is broadcast on QATV at 6 p.m. on Thursdays and Sundays at 10 a.m. on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Houghs Neck Congregational

The Transfiguration Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave., starts at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "From the Cloud." Liturgist, Carol Hallett will call to worship and read the scripture les-

son.

Janice Hughes and Molly Jacobs will serve for the Diaconate. Steve Reed, minister of music will direct the choir.

Following the service during the coffee hour hosted by Nancy and Molly Jacobs the Seaside Sisters will hold the annual Chocolate

Lovers Sunday Sale. Chocolate goodies, Super Bowl snacks and Valentine items will be available.

Preparations are underway for the Valentine Princess Tea Saturday, Feb. 13. For information or to make reservations email hncc@comcast.net or call Sue at 617-479-2311.

Union Congregational Church

Union Congregational Church, corner of Beach Street and Rawson Road, Wollaston will celebrate Holy Communion each Sun-

day during Lent at a special 8:30 a.m. service.

Beginning Sunday morning Feb. 14th, the first Sunday of Lent and running ev-

ery Sunday morning through Easter Sunday March 27th, Communion will be celebrated by the Rev. John C. Swanson.

Winter Bible Camp

Fort Square Presbyterian Church will host a free Winter Bible Camp for children in kindergarten to grade 5 during February school vacation.

It will start on Tuesday,

Feb. 16th and run through Friday, Feb. 19th from 9 a.m. to noon.

Registrations are limited to 30 children. Forms and more information can be found at the Church web-

site fortsquare.org and then click on the Fort Square's Kid's page. For more information call 617-471-6806 or email childrensministry@fortsquare.org



MEMBERS OF THE Youth group and Confirmation Class of Quincy Point Congregational church introduce the "Socks for the Sole" Campaign to collect socks for Father Bill's and MainSpring. From left: Daniel Sweeney, Joseph Suzedell, Angelina Barrett, Emma Suzedell, Hannah Kyller with her Sock Shock Sale giraffe mascot and Anthony Thornhill.

Photo Courtesy Quincy Point Congregational Church

Quincy Point Congregational

Sunday, Feb. 7th is a busy day at Quincy Point Congregational Church, 444 Washington St. The 10 a.m. worship on this Transfiguration Sunday includes Holy Communion, a Baptism and a moment to remember Four Chaplains Sunday.

Peter Johnston will preach and Deanna Van Schagen will be the deacon of the day. Following worship everyone is welcome to coffee hour and a Sock Shock Sale in Social Hall.

The Confirmation class of Quincy Point Congregational Church has accepted a

challenge of collecting 500 pairs of new socks for men and women who are guests of Father Bill's and MainSpring House.

The sale is Sunday, Feb. 7th from 11 a.m. to noon.

There will be Valentine's socks, animal lover's socks and sports team socks.

One pair of clean, dry socks may not change the world, but it can make a big difference to someone who is a guest at one these emergency shelters. Cold, wet feet can contribute to infections that can become major medical problems.

To help:

- Bring a pair of new crew socks for men or women to the church, Monday through Friday, 9 a.m. to 2 p.m. or Sunday, 9 a.m. to noon at the church.

- Make a contribution at the Giraffe table featuring Gigi the Giraffe sporting white tube socks.

- Buy a pair of socks at the Sock Shock Sale Sunday, Feb. 7 between 11 a.m. to noon. The aim is to have the socks collected by and delivered on Valentine's Day, Feb. 14.

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8688 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Transfiguration Sunday Worship Service begins at 10 a.m. Pastor Felix Carrion will lead the service and preach the sermon "From the Cloud" All are welcome to attend	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanyconchurch.org Communion Worship Service and Sunday School at 10AM Rev. William C. Harding will conduct the service and preach the sermon "We're Human" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service	Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 8:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Doan, Lead Pastor Rev. Kenner, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617-472-5888 E-mail: office@wcnaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1st & 3rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	QUINCY POINT CONGREGATIONAL CHURCH 444 Washington St. • 617-773-6424 Worship and Church School 10 am Rev. Ann Suzedell, Pastor email: office@quincypointcong.org	Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
		UNITARIAN UNIVERSALIST United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Dr. Susan Jarek-Glidden, Pastor
			Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

To Advertise in this Directory, Call 617-471-3100

PEACE

OBITUARIES

Nicholas J. Albanese, 94

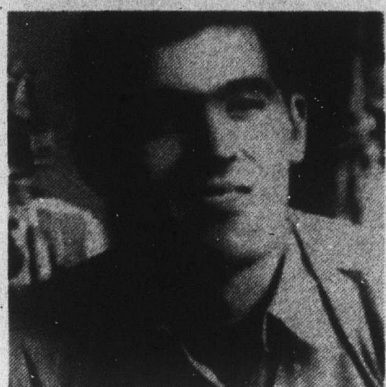
A funeral Mass for Nicholas J. Albanese, 94, was celebrated Jan. 29 in St. John the Baptist Church, Quincy.

Mr. Albanese died peacefully Jan. 23 at home, where he was surrounded by his loving family.

Born Oct. 23, 1921, he grew up during tough times in South Boston with Italian immigrant parents, worked as a precision sheet metal worker for his first career, and served as a marine in WWII. Still ambitious in his 40s, Mr. Albanese earned his master of education degree. He loved kids and taught sheet metal trade in several voc-tech high schools for 20 years, including his own Southie High, until his retirement in 1986.

Mr. Albanese called Quincy home for 53 years where he raised his family on Davis Street. He was an active member of St. John the Baptist Parish in Quincy.

His proudest accomplishment, second only to his beloved family, was his service in World War II. He entered the Marine Corps and served as rifle instructor at Parris Island, S.C., because he was an incredibly talented sharp shooter. He boldly requested transfer to combat and courageously fought with the Sixth Marine Division in the fierce three-month battle on Okinawa Island. His unwavering faith in God and devotion to the Blessed Mother continued during his service



NICHOLAS J. ALBANESE and throughout his long life. His war experiences gave him a strong and grateful spirit for all his days.

Mr. Albanese is survived by his devoted and loving wife, Beverly, and his four adoring daughters, Mary Kay (James) McIntyre of Winchester, Karen Albanese (Joe Vogel) of Quincy, Jeannie (Chris) deMurias of Cohasset, Ann (Doug) Ell of Tewksbury. The light of his life were his ten grandchildren, Theresa Vogel and Brian Daly, Nick, James, Anna and Maria McIntyre, Eric and Nathan Ell, Alexander and Audrey deMurias. He was loved by many dear nieces and nephews. He was preceded in death by his two younger brothers, John and Anthony Albanese.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Navy-Marine Corps Relief Society, 4015 Wilson Blvd, 10th Floor, Arlington, VA 22203.

James McCarthy, 79

A funeral Mass for James "Mike" McCarthy, 79, retired Boston Fire Lieutenant, of Squantum, was celebrated Monday in Sacred Heart Church, Quincy.

Mr. McCarthy died Jan. 27.

Born in Boston, he was raised in Mattapan and graduated from Hyde Park High School. He was an Army veteran of the Vietnam Era. Mr. McCarthy was a proud member of the Boston Fire Department for many years before retiring as a lieutenant.

Beloved husband of Barbara J. (Merrill). Father of Barbara J. Culhane of Littleton and James "Jimmy" M. McCarthy of Dunstable. Grandfather of Kayleigh Culhane, Henry and Charlotte McCarthy and the late Bridgette Culhane. Brother of John "Jack" McCarthy of Milton, William McCarthy of Hyde Park, Geraldine



JAMES MCCARTHY

Boutin of Middleborough and the late Margaret Lang, Eileen Forsyth and Robert McCarthy.

Funeral arrangements were made by Alfred D. Thomas Funeral Home, Milton.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the Boston Fire Department Relief Fund, 115 South Hampton St., Roxbury, MA 02118.

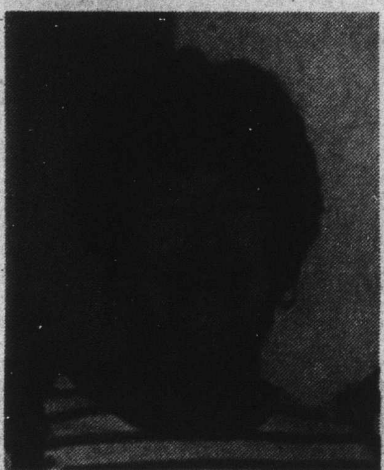
Roberta A. Jackson, 78

Visitation for Roberta Ann Jackson, 78, of Jupiter, Fla., was held Jan. 28 at Aycock-Riverside Funeral and Cremation Center, Jupiter.

Mrs. Jackson died Jan. 25 in West Palm Beach, Fla.

She was born on Nov. 11, 1937, in Jersey City, N.J., the daughter of Jack and Ann Riggs, and resided in Weymouth for more than 30 years. Predeceased by her devoted husband of nearly 50 years, Robert. She is survived by her son, Bill (Robyn); sister, Pat; grandchildren: Branden, Brooke, Brady, and Bryce.

Mrs. Jackson was a wonderful wife, mother, mother-in-law, and grandmother. Her love for children was evident by her 30 year career



ROBERTA A. JACKSON

as a school bus driver. Prior to this, she was secretary to the president of Boston Gear Works.

Interment at South Florida National Cemetery, Lake Worth.

Memorial donations may be made to Hospice of Palm Beach County Hospice.

Robert Levitsky

A funeral service for Robert Levitsky was held Jan. 29 at Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

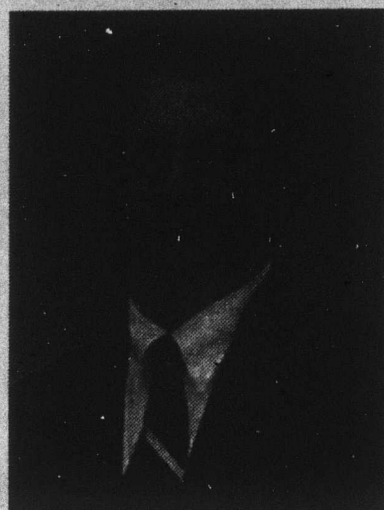
Mr. Levitsky died Jan. 24.

Beloved son of Bernard Levitsky and the late Jan Levitsky, wise older brother and brother-in-law to Andy, Ruth and Hyeseon Levitsky and Edward Reed Smith, uncle to David Levitsky, loyal and devoted friend to many. He was part of many communities in the U.S., the Philippines and Germany.

Born in Newark, N.J., Mr. Levitsky lived in Quincy most of his life. After graduating from Quincy High, he joined the 1st Force Armored Division Band as a trombonist. His bandmate Jerry Woodridge wrote:

"Bob was a musician and a showman who gave of himself without reserve to the many audiences we entertained. There was one particular number we did which featured him which never failed to bring the house down and as many times as I witnessed his performance of it, I enjoyed it just as much every time. No one will EVER play Lassus Trombone the way he did, to the delight of thousands of people in the Federal Republic of Germany."

After the army, Mr. Levitsky studied philosophy and political science, and graduated from the University of



ROBERT LEVITSKY

Massachusetts Boston. He then had a career in the insurance industry, working at John Hancock/Manulife for 30 years. He was a member of the John Hancock company choir. He pursued his lifelong love of music, playing violin, trombone and singing.

A member of Toastmasters International, he served as an area governor. He was a mentor and friend to many of his fellow Toastmasters. He often wrote satirical songs for the outgoing district governors.

Mr. Levitsky will be remembered for his kindness and humor. He will live in the hearts of all who knew him.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Franciscan Friars of Holy Name Province, Office of Development, 144 West 32nd Street, New York, NY 10001-3202, Attn: Fr. David Convertino.

Russell J. Webb, 62

Visiting hours for Russell J. Webb, 62, of Quincy were held Sunday in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Webb died peacefully Jan. 24 at Saint Elizabeth's Medical Center in Boston, surrounded by his loving family.

He was born in Foxborough and had lived in Quincy for most of his life. Mr. Webb had been employed for many years with Quincy Community Action Programs and had been retired several years.

Mr. Webb enjoyed bike riding and fishing. He especially loved spending time with his grandchildren.

Lifelong partner and best friend of the late Susan M.



RUSSELL J. WEBB

Killion. Beloved father of Stephanie A. Webb and her husband Nikolai of Brockton and Cassie M. Webb of Quincy. Loving grandfather of Dante, Brian and Shylee. Brother of Frank Webb of NH. Also survived by Christene Killion and Priscilla Hallahan both of Quincy.

Private interment.

More Obituaries Online at
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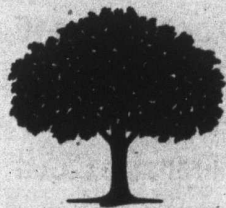
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Karl L. Briggs, 86

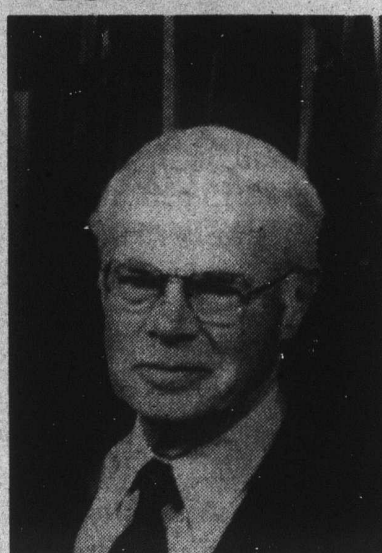
A funeral service for Karl L. Briggs, 86, of Hingham was held Tuesday in St. John the Evangelist Episcopal Church, Hingham.

Mr. Briggs died peacefully after complications of a prolonged illness on Jan. 28.

He was born in Saxtons River, VT, to Karl and Alice (McDonald) Briggs and grew up in Weymouth, graduating from Weymouth High in 1947. He graduated from Tufts University in 1951. Mr. Briggs enlisted in the Army completing Officer's Candidate School at Fort Sill, OK, ultimately achieving the rank of 1st lieutenant. He served in the Korean War Conflict in a MASH unit and was stationed briefly in Japan.

Mr. Briggs began his career at the Quincy Mutual Fire Insurance company in 1954. He was elected president in 1975 and subsequently became the chairman of the board. His career spanned a total of 58 years with the company. He was elected chairman emeritus in 2004 and retired in 2012. He was a member and past president of the Board of Governors of the Mutual Fire Insurance Association of New England.

Mr. Briggs was a passionate supporter of the South Shore YMCA starting as a young camper in 1939 and continuing on to be a member of the board of directors and serving for a time as president. He was selfless and gracious not only to his friends and family but also in the community through his support of numerous



KARL L. BRIGGS

charitable organizations on the South Shore. He was a longtime member of the Quincy Neighborhood Club. He served as president, and was a member of the board of directors for many years. He was a member of the Quincy Kiwanis Club.

Mr. Briggs enjoyed spending time with family, tending to his garden, and restful times on Pleasant Lake in New London, N.H. He will be greatly missed.

Survived by Ruth (MacArthur) Briggs, loving wife for over 64 years, children Douglas and wife Claudia Sorgi of Hingham, Steven of Norwell, Nancy and husband Bill Reynolds of Scituate, cherished grandchildren Nelson Briggs, Cecilia Briggs and husband James Moran, Colin Briggs, Evan Briggs, Katie Reynolds, Sarah Reynolds, and John Reynolds.

Funeral arrangements were made by Pyne Keohane Funeral Home, Hingham.

Memorial donations may be made to the South Shore YMCA, 91 Longwater Circle, Ste. 100, Norwell, MA 02061.

Jenny Nourse, 94

Calling hours for Jenny Nourse, 94, of Canton and formerly Quincy were held Jan. 29 in Pushard Family Funeral Home, Canton.

Mrs. Nourse died peacefully in the comfort of her home Jan. 20.

Devoted wife of the late Richard J. Nourse. Loving mother of Richard M. Nourse, his wife Mary Ann and Jennifer A. Rodman of Canton. Sister of the late Peter Muciarone. Loving grandmother of Michael, Matthew, Amy, David and Edward Nourse, Elizabeth Stasio, and Michael and Molly Rodman.

One of her greatest joys was spending time with her 12 great-grandchildren. Mrs. Nourse was a professional photographer whose career spanned seven decades. She and her late husband, Richard, began their photography business together in the 1940s in Quincy. Her passion and creative eye lead to many awards and a flourishing business that continues today into the third generation with her daughter and granddaughter.

Mrs. Nourse was a master photographer and craftsman awarded by the Professional Photographers of America. She served on many professional photographic boards and was a mentor and role model to many female photographers during her career. Her accomplishments were many. During the 1950s she wrote feature stories on the Red Sox, Celtics and Bruins for The Boston Globe, includ-



JENNY NOURSE

ing several exclusive stories on Ted Williams. Another highlight of her writing career was a feature story on Danny Thomas while he was in Boston raising money for the future St. Jude's Hospital.

In 1955, she won the title of Mrs. Massachusetts. The Boston Gas Company sponsored the contest and Mrs. Nourse had to cook an entire meal in a gas oven from main course to dessert in an hour. After winning the title she traveled to Florida to compete in the Mrs. America pageant.

Mrs. Nourse was the quintessential career woman and a trailblazer. She truly loved photographing people and creating memories that last a lifetime. Her greatest love though was her family.

Private interment.

Memorial donations may be made to Beth Israel Deaconess Medical Center, Attn: Development, 330 Brookline Avenue, Boston, MA 02215. Please make checks payable to "Beth Israel Deaconess Medical Center" and include "lymphoma research" in the memo line.

Francis B. James Jr., 87

A Masonic service for Francis B. James Jr., 87, of Quincy was held Jan. 29 at Peck Funeral Home, Braintree.

Mr. James died peacefully from complications of a stroke Jan. 27 at the Life Care Center of the South Shore in Scituate. He was lovingly surrounded for weeks up to his passing by his children, family, friends, and the excellent staff of the Life Care Center.

He was born in Brockton and raised in Braintree by his parents Frank and Eva James. Mr. James graduated from Braintree High School and then served three years in the U.S. Army during the Korean Period. He later made his home in Rockland with his wife Patricia (Gorham) James and his children. He lived in Rockland for 40 years before moving to Quincy. Mr. James retired as a foreman carpenter for the Thomas O'Connor Company and had worked on many big projects such as hospitals and the Boston Fish Pier. He loved doing projects at home and he built his family a huge built-in pool by hand, which they enjoyed for years.

Mr. James was a past master of the Delta Lodge of Masons, which was very close to his heart. Most recently

he had lived at 1000 Southern Artery, Quincy, where he was always fixing things for people and working endlessly in the workshop building birdhouses and other things to sell at the holiday fair. He donated a huge dollhouse every year to support educational classes for the residents at 1000 Southern Artery.

Mr. James was an avid reader and never missed a Red Sox or Patriots game. He was devoted to his family, especially his grandchildren. He will be greatly missed.

He was the loving father of Linda J. Lamborghini married to Jack of Rockland, Cindy L. Cavanaro married to Bill of Cohasset, and Francis B. James III married to Lindy of WA. He was the grandfather of Stephen, Nick, Alia, Casey, Jeff, Marlon, Emmy, Ruby, and Dylan. He is survived by his brother Donald James and his wife Dorothy of Hingham and his sister Marilyn Long of Rockland. He was the brother of the late Robert James, Evelyn Zeoli, and Barbara Knudson.

Private interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Delta Masonic Lodge of Braintree, 403 Washington Street, Braintree, MA 02184.

Mildred Michael, 97

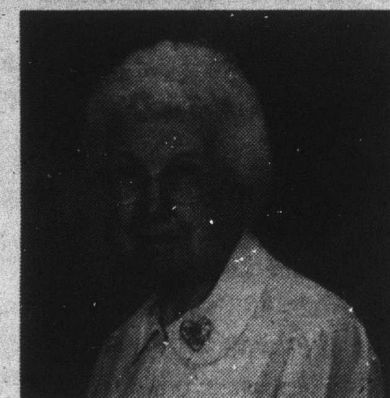
A graveside service for Mildred Michael, 97, of Quincy was held Feb. 1 at Mount Wollaston Cemetery, Quincy.

Ms. Michael died Jan. 26.

Beloved daughter of the late John and Mina (Spratt) Michael. She is survived by her nephews, Thomas Rikkola of OK, Roger Rikkola of AZ and David Rikkola of NJ. Sister of the late Margaret Rikkola.

She was an active member of the First Presbyterian Church of Quincy for many years.

Memorial donations may be made to the First Presbyterian Church, 270 Franklin



MILDRED MICHAEL

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& grandchildren

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Joseph J. McGinley, 94

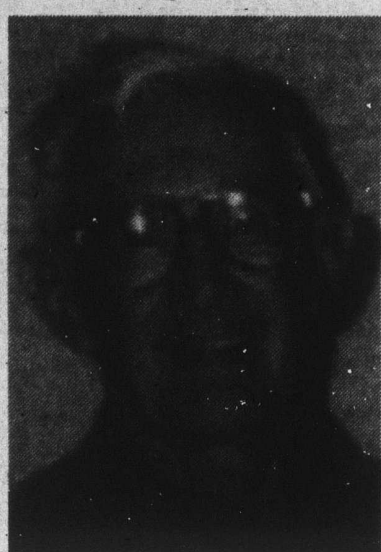
A funeral Mass for Joseph J. McGinley, 94, of Braintree and formerly Quincy was celebrated Monday in St. Francis of Assisi Church, Braintree.

Mr. McGinley died peacefully Jan. 29 at the Harbor House Rehabilitation and Nursing Center in Hingham, surrounded by his loving family.

He was born in Somerville, raised and educated in Medford schools and was a graduate of Medford High School. He had lived in Hingham for two years and previously was a longtime resident of Independence Manor in Braintree and prior had lived in Quincy.

Mr. McGinley was employed as a repairman with the MBTA for 30 years. He was a member of the Carmen's Union and had been retired many years. Mr. McGinley was a World War II veteran. He proudly served in the U.S. Army as a staff sergeant and participated in the battles of Normandy and Northern France. He received the European African Middle Eastern Theater Campaign Ribbon.

He enjoyed playing tennis and spending time with his family, especially with his grandchildren and great-



JOSEPH J. MCGINLEY grandson.

Beloved husband of the late Helen M. "Eleanor" (Kenney) McGinley. Devoted father of Kevin J. McGinley and his wife Mary of Quincy. Loving grandfather of Daniel L. McGinley of Somerville, Joseph K. McGinley and his wife Emily of Braintree and cherished great-grandfather of James Patrick McGinley.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with Military Honors at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Father Bill's Place, 422 Washington Street, Quincy, MA 02169.

Mary Fahey, 82

A funeral Mass for Mary (Lydon) Fahey, 82, of Quincy was held Wednesday in St. Joseph's Church, Quincy.

Mrs. Fahey died Jan. 28. Born in Carna Cara Mara, Galway, Ireland, where she was raised and educated, she lived in Quincy since 1962. For many years Mrs. Fahey ran the kitchen and worked as the housekeeper for St. Joseph's Rectory, Quincy Point.

The beloved wife of the late Michael J. "Joe" Fahey, she was the loving mother of John Fahey of Weymouth, Mary Margaret Dealey and her husband George of Medfield, Margaret Ann Benkart and her husband Peter of

Scituate, Annie Martin and her husband Sean of Braintree and the late James J. Fahey; dear sister of Barbara McCarty of Hyde Park, Margaret Walsh of W. Roxbury and the late Michael, John, Coleman; Patrick and Val Lydon; sister-in-law of Bridget Lydon of Walpole; and is also survived by nine grandchildren and many nieces and nephews.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Joseph's Church, 550 Washington St., Quincy, MA 02169.

Joseph C. Sousa, 74

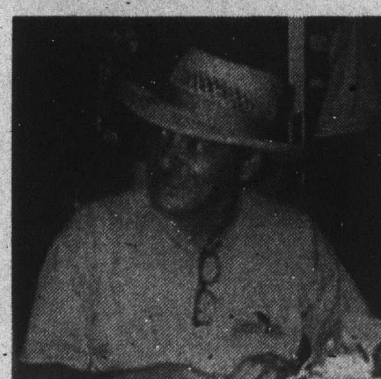
Joseph C. "Sonny" Sousa, 74, of Port St. Lucie, Fla., died unexpectedly on Dec. 22, 2015.

Mr. Sousa was born in the Houghs Neck section of Quincy on June 12, 1941. He was the third child and only son of Joseph and Mary (Gulizia) Sousa. He grew up in Houghs Neck, attending Quincy Public Schools and Northeastern University. Mr. Sousa lived in Quincy most of his life until moving to Port St. Lucie, Fla., where he eventually retired.

He was a self-employed general contractor and when family or friends needed something done in their home they would call Mr. Sousa, a master of all trades.

Facebook was a favorite of his - always filling pages with his political views and social responsibilities. Mr. Sousa was great humanitarian with a remarkable sense of humor and would entertain all with his amusing stories.

Survived by his son Jo-



JOSEPH C. SOUSA

seph Matthew, his grandson Joseph Kenneth, and stepson Jeffrey Knickerson of FL, sisters, Roberta Lewis of FL, Virginia Harlow and brother-in-law Robert of Halifax, and Maria Shapiro of Weymouth, and many nieces, nephews, cousins aunts and uncles.

He was predeceased by his beloved parents Joseph and Mary Sousa of Quincy, his late brother-in-law Donald T. Lewis of FL, brother-in-law Samuel "Sandy" Shapiro, of Quincy, and his stepson Kenneth Nickerson of FL.

There is a celebration of life planned for this summer in Quincy. All are invited to attend.

Alan F. Murphy, 85

A funeral Mass for Alan F. Murphy, 85, of Marshfield, formerly of North Conway, N.H., and North Weymouth, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mr. Murphy died peacefully Jan. 30 surrounded by his loving family.

He was born and raised in Quincy and was a graduate of Quincy High School. He had lived in Marshfield for two years, 10 years in the Intervale section of Conway, N.H., and 40 years in North Weymouth.

Mr. Murphy had been employed in the telephone communications industry for more than 35 years. He began his career with the New England Telephone Company and later worked as a manager at the High Street Boston office for AT&T. After retirement, he founded the M & M Telecom Company, which today is operated by his son, Peter.

He proudly served in the U.S. Marine Corps as a sergeant during the Korean War and received the Korean Service Medal with one star. Mr. Murphy enjoyed the outdoors and was a lifelong avid skier. He was devoted to his fam-

ily and especially to his cherished grandchildren and great grandchildren.

Beloved husband of the late Nancy P. (Nevins) Murphy. Devoted father of Alan F. Murphy, Jr. and his wife Helen of Weymouth, Maryellen Leahy and her husband Joseph of Marshfield, Edward J. Murphy and his wife Pamela of Abington, Peter J. Murphy of Plymouth, Richard T. Murphy and his wife Jennifer of North Attleboro. Cherished grandfather of nine grandchildren and five great-grandchildren. Loving companion of Fran Curtin of North Kingstown, RI.

Mr. Murphy was the youngest and last of seven siblings. He was predeceased by Paul P. Murphy, John C. Murphy, Jr., Edward B. Murphy, Richard W. Murphy, Mary J. Ventura and Harry D. Murphy. He is survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment with Military Honors at Milton Cemetery.

Memorial donations may be made to a veterans' organization of your choice.

Sylvia A. Wilson, 71

A funeral service for Sylvia A. (Myers) Wilson, 71, of Quincy and formerly Braintree was held Tuesday in McMaster Funeral Home, Braintree.

Mrs. Wilson died Jan. 27 at South Shore Hospital.

Beloved wife of David T. Wilson. Loving mother of Kimberly Lawrence and her husband James of NH and Sean Wilson and his wife Nicole of Randolph. Dear

grandmother of Theodore, Gabrielle, Nickolaus, Calysta, Zoey, Samuel, Tobias and Lauren.

Born and raised in Holbrook, Mrs. Wilson had lived in Braintree for 48 years before moving to Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the charity of your choice.

Marian Ciccone, 89

Graveside services for Marian (Rose) Ciccone, age 89, of Braintree, formerly of Quincy, will be conducted Friday at 12:15 p.m. at Blue Hill Cemetery, Braintree.

Those attending the services are asked to gather at the Blue Hill Cemetery Office, 700 West St., Braintree, at noon Friday.

Miss Ciccone died peacefully Jan. 31 at the Alliance Healthcare Center in Braintree from complications of Alzheimer's disease.

She was born in Greenwich Village, NY and raised in Brooklyn. She had lived at her daughter's home in Braintree for five years and previously had lived in Quincy over 50 years.

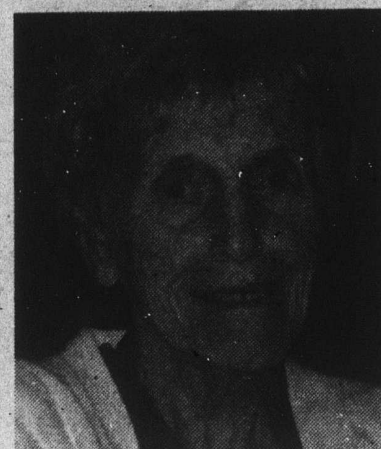
She worked as a union hotel waitress for many years at the Sheraton Hotel in Boston, retiring at the age of 82. As a young woman, she worked as a legal secretary in Manhattan.

In her free time, she loved to read books, travel, knit and crochet. Marian also enjoyed bowling and was a 40-year member of the "Keggleterettes" at Olindy's Bowling in Quincy.

She was devoted to her family and especially to her grandchildren and great granddaughter.

Beloved wife of the late Vincent J. Ciccone.

Devoted mother of Lynn D. Hallahan and her husband Gerald of Fairfield,



MARIAN CICCONE

CA, Robin E. Ciccone of Braintree, Karen J. Kotai and her husband Clay of Brockton, Andrea R. Renz and her husband Fred of Exeter, NH.

Loving grandmother of James Hallahan and his wife Amanda of Fairfield CA, Edward Hallahan of Birmingham, AL, Mary Hallahan of Sioux Falls, SD, Andrea Hallahan of Fairfield, CA, Kendra Ciccone of Atlanta, GA and Anthony Kotai of Brockton. Cherished great grandmother of Sarah.

Marian was the last of four siblings and is also survived by several nieces, nephews and cousins.

Visiting hours are today (Thursday) from 3 to 7 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Marge Crispin Center, ATTN: Adult Social Day Care Services, 74 Pond St., Braintree, MA 02184.

Paul A. LaBrecque, Sr., 97

A funeral Mass for Paul A. "Boppa" LaBrecque, Sr., age 97, a lifelong resident of Quincy, will be celebrated at 11:30 a.m. Thursday in St. Ann's Church, Quincy.

Mr. LaBrecque died peacefully Jan. 30 at South Shore Hospital in Weymouth, surrounded by his loving family.

He was born, raised, and educated in Quincy and was a graduate of Quincy High School. As a young man, Mr. LaBrecque worked at the former Fore River Shipyard in Quincy. He was a proud member of the Pile Drivers Union Local 56 for many years. Following his retirement, Mr. LaBrecque owned and operated Kayweld.

He was devoted to his family, especially his grandchildren and great grandchildren. Mr. LaBrecque enjoyed attending their many activities and supporting them in their pursuits.

Beloved husband of the late Catherine E. (McNamara) LaBrecque. Devoted father of Paul A. LaBrecque, Jr. and his late wife Helen of NH, James R. LaBrecque and his wife Patricia of Weymouth, Corinne LaBrecque of VT, Ann E. LaBrecque and her spouse Jacqui Dary



PAUL A. LABRECQUE, SR.

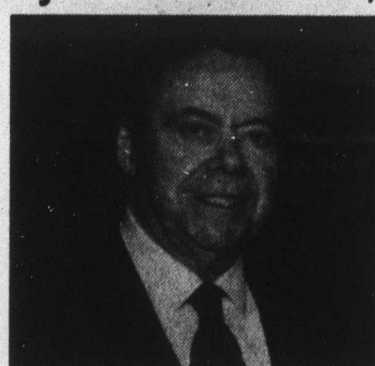
of West Wareham, Deborah C. McMahon and her husband Robert of Plymouth, and the late infant Kathleen LaBrecque. Loving grandfather of eight grandchildren and eleven great grandchildren. Also survived by many nieces and nephews, grand nieces and grand nephews.

Visiting hours were 4-8 p.m. Wednesday at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Funeral from the funeral home at 10:30 a.m. Thursday, prior to the Mass.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Massachusetts Hospital School Foundation, 3 Randolph St., Canton, MA 02021.

In Loving Memory of Henry W. Bosworth, Jr.



7th Year Anniversary

February 7, 2009

*The memory of you
will always be in our hearts.*

Lovingly remembered and
Sadly missed by your family.

OBITUARIES

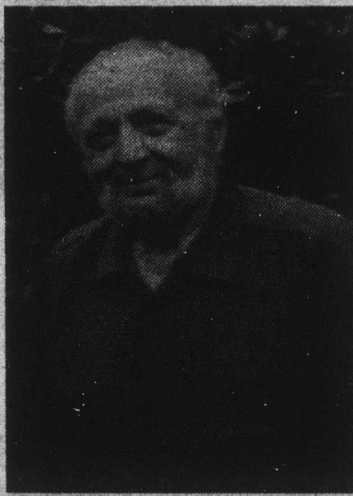
Peter Ricciardi

A funeral service for Peter Ricciardi of Quincy was held Tuesday in McDonald Keohane Funeral Home, South Weymouth.

Mr. Ricciardi died Jan. 27.

He was a jack-of-all-trades. Mr. Ricciardi started his professional life as a granite worker with his father and went on to build ships for the Fore River Shipyard in Quincy, spent time as a plant manager and later built and co-owned a fitness club in Quincy. His passion was building and creating beauty. His skill as a wood craftsman led to many dollhouses for grandchildren and he was able to capture beauty through the art of photography, painting and gardening. He also enjoyed dancing. He will be dearly missed.

Son of the late Costantino and Giovanna Ricciardi. Beloved husband of Brenda (Curry) Ricciardi of Quincy. Devoted father of Peter Ricciardi, Jr. and his wife Louise of Rockland, Deborah Flanagan and her husband



PETER RICCIARDI

Stephen of Weymouth and Michelle Ricciardi Carlin of Holbrook. Cherished Nunu of Heather, Kelsey, Christen, Joe, Tony, Jeffrey, Sabrina, Danielle and great-grandson Marcus. Loving brother of Yolanda "Vi" Savasta of RI, Mary Sherman of Halifax, Artillio Ricciardi of Quincy, Victor Ricciardi of Halifax and the late Paul, Russell, Charles, Carmela, Joseph and Natalie Ricciardi. Also survived by many nieces and nephews.

Memorial donations may be made to Seasons Hospice Foundation, 20 Burlington Mall Rd., Burlington, MA 01803.

John Tamasco, 94

A funeral service for John Tamasco, 94, formerly of Quincy, was held Tuesday at Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Mr. Tamasco died peacefully Jan. 30 in Wrentham.

He was the beloved husband of the late Carmella "Millie" (DiNenna) Tamasco.

Mr. Tamasco was Born and raised in East Boston, proudly served in the U.S. Army during World War II and was a past president and lifetime member of the Quincy Sons of Italy, Lodge #1295. After retiring from a 40-year career as a camera operator in the lithography business, he spent several years working as a greeter at Brookstone. He later moved

from Quincy to the Forge Hill Senior Living Community in Franklin where he resided for nearly a decade before moving to Maples Rehabilitation and Nursing Center in Wrentham.

Mr. Tamasco was the loving father of Nick and his wife Terry of Wrentham. He was the dear grandfather of Lisa Flynn and her husband Peter and Christina Tamasco, all of Marshfield, and Kimberly, Shaun and Mikaela Callahan. Lovingly survived by his two great-grandsons Daniel Reck and Peter Flynn III.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Alzheimer's Association, 480 Pleasant St., Watertown, MA 02472.

Merrymount Association Membership Drive Underway

The 2016 Merrymount Association membership drive is underway.

Residents of Merrymount are invited to join or renew their membership to the neighborhood association.

Events planned this year include a Red Sox baseball game outing, a summer jazz brunch as well as traditional events held throughout the year at the beach.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR TERMINATION OF A GUARDIAN OF AN INCAPACITATED PERSON
Docket No. NO13P2030GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the interests of:
Wing K. Ho
Of: Quincy, MA
RESPONDENT
Incapacitated Person/
Protected Person

To the named Respondent and all other interested persons, a petition has been filed by Joanna L. Ho of Quincy, MA in the above captioned matter requested that the court: Terminate the Guardianship.

The petition asks the court to make a determination that the Guardian and/or Conservator should be allowed to resign, or should be removed for good cause; or that the Guardianship and/or Conservatorship is no longer necessary and therefore should be terminated. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/24/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 21, 2016
PATRICK W. McDERMOTT
Register of Probate

2/4/16

To join the association, download, print and return the membership form from the Merrymount Association website or pay online via PayPal at <http://www.merrymountquincy.com/membership.html>

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405
Docket No. NO16P0168PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Robert Gordon
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Geraldine Gordon of Quincy, MA in the above captioned matter alleging that **Robert Gordon** is in need of a Conservator or other protective order and requesting that Geraldine Shannon of Weymouth, MA (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/24/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 20, 2016
PATRICK W. McDERMOTT
Register of Probate

2/4/16

mountquincy.com/membership.html

The Merrymount Association depends on membership dues in order to maintain and improve the beach facilities and to organize and host events throughout the year. Renew your membership and keep the Merrymount Association running strong.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405
Docket No. NO16P0157PM
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Helen F. Gunning
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Patricia M. Ceurvels of Hanover, MA in the above captioned matter alleging that **Helen F. Gunning** is in need of a Conservator or other protective order and requesting that Patricia M. Ceurvels of Hanover, MA (or some other suitable person) be appointed as Conservator to serve **With Personal Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/17/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 15, 2016
PATRICK W. McDERMOTT
Register of Probate

2/4/16

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304 Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 Docket No. NO16P0156GD In the matter of: Helen F. Gunning Of: Quincy, MA RESPONDENT Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Patricia M. Ceurvels of Hanover, MA in the above captioned matter alleging that **Helen F. Gunning** is in need of a Guardian and requesting that Patricia M. Ceurvels of Hanover, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/17/2016. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 15, 2016
PATRICK W. McDERMOTT
Register of Probate

2/4/16

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-008

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** on the **First Floor Conference Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Noel & Julie McPhillips for a Variance to add dormers to the third floor for extended living space in violation of Title 17 as amended Chapter 4.1.1 (conformance) and Chapter 4.1.2 (notes to table) on the premises numbered 52 WHITNEY ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

CLASSIFIEDS

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-003

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Vincent & Kelly Guarino for a Variance to construct an addition to the existing structure and a driveway to service new garage in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4.1 (driveway/parking facilities) on the premises numbered 103 COLONIAL DRIVE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-004

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Yakup Yokus for a Variance to seek relief for the existing single family home constructed by right with incorrect elevations submitted by the Engineer in violation of Title 17 as amended Chapter 8.1.10 (variances) on the premises numbered 613 SEA STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-005

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of CPI Management LLC for a Special Permit/Flood Plain/Variance to construct a 135-room hotel in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) and Chapter 8.1 (flood plain) on the premises numbered 1-15 ARLINGTON STREET & 22-30 FAYETTE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-006

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Alpha Billings Realty Trust, Hung Yin Wong, Trustee for a Finding to change the use from a dry cleaner/retail to a restaurant in violation of Title 17 as amended Chapter 3.4.2 (nonconforming) on the premises numbered 67 BILLINGS ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-007

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of 77 Suomi Road Realty Trust for a finding and a minor dimensional variance to construct a second floor porch above the existing enclosed porch on the front of the property located at 77 Suomi Road in violation of Title 17, Sections 4.1 (dimensional regulations) and 3.4 (nonconforming uses and structures)

The parcel of land is located at 77 Suomi Road and is shown as Lot 2 on Assessors' plan no. 4005.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

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SIXTEEN HEADSTONES at Mount Wollaston Cemetery were recently toppled and vandalized. The Quincy Police Department is looking for the public's help in identifying the suspect or suspects who desecrated the headstones.

Photo Courtesy Quincy Police Department

16 Cemetery Headstones Overturned

By SCOTT JACKSON

The Quincy Police Department is looking for the public's help in identifying the suspect or suspects who desecrated 16 headstones at Mount Wollaston Cemetery recently.

A groundskeeper reported the 16 headstones had been knocked over when he reported for work the morning of Jan. 27. Some of the headstones desecrated date back to the 1800s.

This was the third such instance of headstones being knocked over in the historic cemetery in recent months. On Nov. 9, a similar incident took place when nine headstones were tipped over. A separate instance was not reported to police.

Park Department Executive Director Chris Cassani believes the person or persons who knocked over the headstones in November also did so last week. He hopes the public can identify those responsible so it

doesn't happen again.

"Hopefully we find out who did this and we don't have to deal with it again. This is not a victimless crime," Cassani said. "It's disrespectful and disgraceful."

The headstones knocked over last week were near the cemetery's Willow Avenue in the vicinity of the Sea Street entrance, according to Cassani. Cemetery workers were able to put each headstone back up the day they were found knocked over. Cassani said a couple of them were chipped but cemetery workers would be able to make the necessary repairs; overall, the damage was fairly negligible.

"The damage does not appear to be at the level we couldn't handle," he said.

Anyone with information related to this incident is asked to contact the Police Department at 617-479-1212 or the Park Department at 617-376-1253.

Quincy Rural Masonic Lodge Donates \$3,000 To QHS Science

The Quincy Rural Masonic Lodge recently made a donation of \$3,000 to the Quincy High School Science Department.

The donation was facilitated by retired QHS science teacher David Smith. Funds will go towards science fair student grants to directly assist students purchasing supplies and equipment, annual scholarships for science students, and classroom science/technology purchases including wireless cameras which allow teachers to project microscope images from anywhere in the class-

room.

This year, QHS will have over 150 students, from grades 9-12, presenting their research at the ninth annual STEM (Science Technology Engineering and Mathematics) Fair on Wednesday Feb. 10. The event will be held on the third and fourth floor of QHS's A-Wing from 5:30-8:30 p.m.

Each year Quincy High School shows a great diversity of projects and the student's enthusiasm carries the evening as they celebrate their accomplishments with the community.



CITY OF QUINCY employees and volunteers from the Mayor's Office, Planning and Development, Clerk's Office, Police Department and the Department of Public Works manned the City's outreach table at the Quincy Asian Resources, Inc. Lunar New Year event at North Quincy High School Jan. 30.

Photo Courtesy John Sullivan/Quincy DPW

Council Wants Update On Police Details

Cont'd From Page 1

was the lead sponsor of the resolution, which was co-sponsored by each of his colleagues except Joseph Finn; Palmucci said Finn, who did not attend Monday's meeting, had also agreed to co-sponsor it.

"[This is] simply to invite the chief up to the council to go over and have a discussion with us on oversight and management of the detail operation program at the Quincy Police Department," Palmucci said Monday.

"There has been some coverage in the media and some issues going on there. I just wanted to present this to the council so we could invite the chief to come up and have a conversation with us at a public hearing [about] ways in which he is working towards improving oversight of that detail program."

Mayor Thomas Koch in December suspended Lt. Thomas Corliss six months without pay and reassigned him from his position as a commander of the Special

Operations Unit following an internal investigation into allegations regarding private details the lieutenant worked.

Keenan at that time said in a statement that an internal investigation found 21 instances of Corliss working city time overlapping with private details and/or other city time. The investigation further revealed Corliss took nine vacation days that were not recorded in department attendance records.

The value of those inci-

dents, according to Keenan, was \$11,000.

Koch handed down Corliss' discipline Dec. 10. In addition to the half-year suspension and reassignment, the lieutenant was also barred from working any detail for a year and forfeited 20 vacation days.

Corliss accepted the discipline and will not appeal, Keenan said then; the lieutenant also signed a "last chance agreement," meaning any further infractions could result in termination.



DEMOLITION OF THE former Woolworth's Department Store Building at the corner of Hancock and Cliveden Streets began last week to make room for the second major redevelopment project in Quincy Center. Galvcon Development will be constructing 56 condominium units and 8,000 square-feet of ground floor retail space at 1545-1563 Hancock St. and 64 Ross Way. This view is from Ross Way looking north. Demolition will continue towards the front of the building on Hancock Street in the coming days. The building was constructed in 1948 and has been a landmark in Quincy Center for 68 years.

Quincy Sun Photo/Robert Bosworth

3,000 Youth Participate In Sheriff's Youth Leader Academy

Nearly 3,000 Norfolk County kids directly benefited from Sheriff Michael G. Bellotti's youth programs last year.

"Our Youth Leader Academy day program in the summer has been extremely popular for a number of years," Sheriff Bellotti said. "But a statistical analysis shows that even more young people took part in our programs during the rest of the year."

The programs center on an aerial ropes course at Sheriff Bellotti's Braintree Public Safety Complex.

Young people learn about team-building, the importance of working together and building trust between one another. The academy emphasizes the concept of mutual respect. Kids learn that people of different backgrounds can reach great heights by working together toward a common goal.

Over the course of nine five-day sessions, in the summer, 1,416 kids ages 10-through-14 took part in the Youth Leadership Academy.

During the rest of the year, smaller groups from

individual schools and organizations took advantage of the rope course program. Ranging in age from fifth-graders to high school students, 1,504 kids tackled the course and achieved in ways they never thought possible.

Because the course is located in Braintree, most of the participants came from schools in nearby towns such as Weymouth, Quincy, Dedham, Holbrook, Stoughton, Canton, Millis and of course, Braintree.

"We'd love to see more young people from the west-

ern sector of the county, and we're working on ways to make that happen. We urge school programs and organizations anywhere in the county to call us soon so we can schedule them while there are openings," Sheriff Bellotti said.

People interested in learning more about Sheriff Bellotti's youth programs should visit his website at www.norfolksheriff.com or call the Norfolk Sheriff's Office Youth Program Director Matt Lowe at 781-751-3509.

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SOURCE: U.S. DEPARTMENT OF EDUCATION COLLEGE SCORECARD

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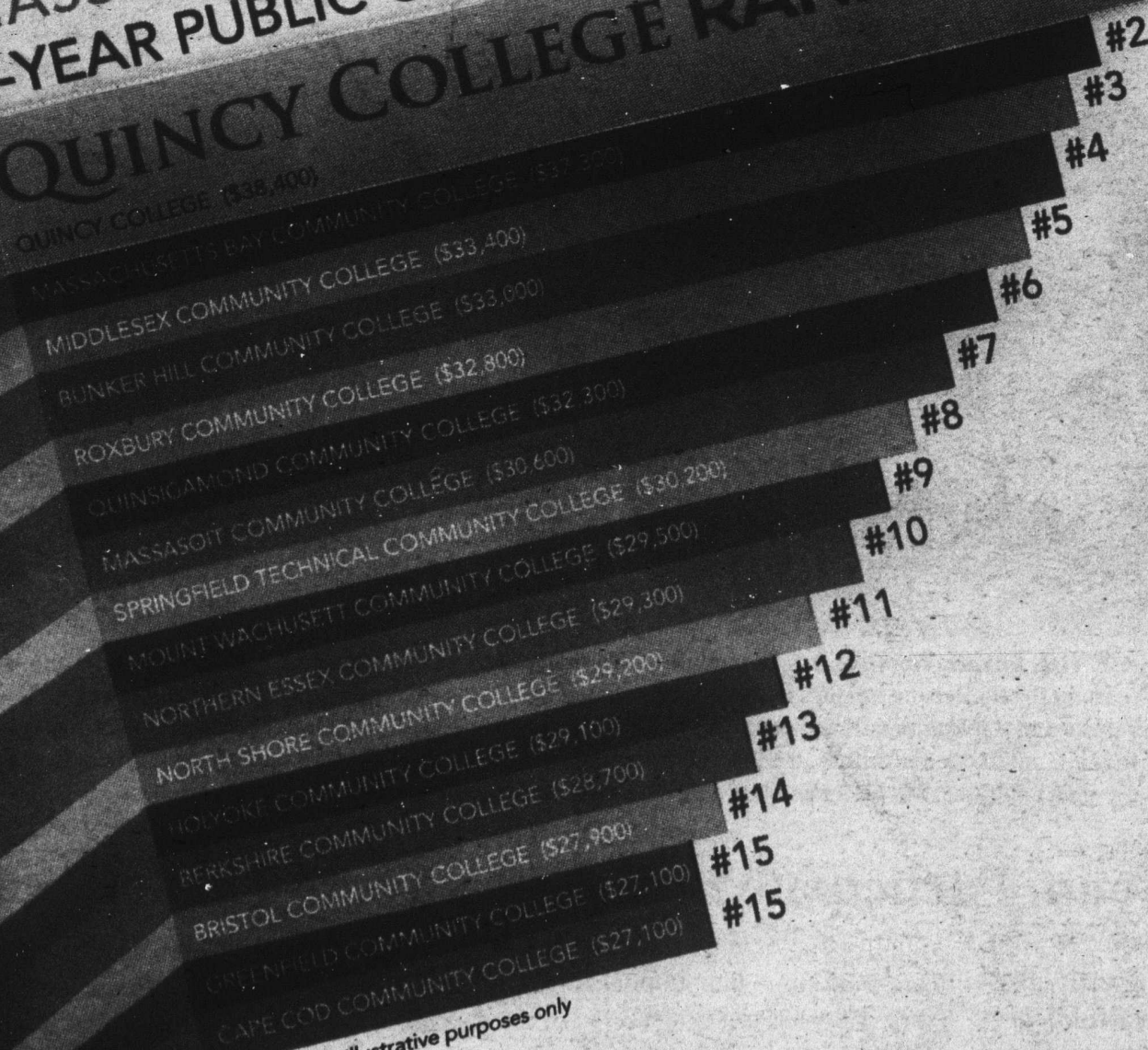
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About the U.S. Department of Education's College Scorecard

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Downtown Projects Making Progress - Page 13

2019 Opening For New Sterling School - Page 3

Connolly, McBride Spark Presidents - Page 20



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The Quincy Sun



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VOL. 43 No. 21

Thursday, February 11, 2016

75c



Winter's Return: Windy, Wet, White



WINTER RETURNED with storms last Friday and Monday. Monday's nor'easter blanketed the city with about six inches of snow and whipped up high wind gusts during astronomically high tides, flooding some coastal areas. Photos clockwise from top: waves crash against the seawall on Post Island Road. Passerby near the James R. McIntyre Government shields the snow with an umbrella. Walkers cover their faces as strong wind gusts whip through Quincy Center. Heavy equipment clears Hancock Street in front of the James R. McIntyre Government Center. Story on Page 2.

Quincy Sun Photos/Robert Bosworth



For more Quincy news, visit:

The Quincy Sun.com



Gov. Baker: City Economic Model For State - Page 14
Quincy's Helping Hands Bring Joy In Haiti - Page 16

City Weathers One-Two Storm Punch

By SCOTT JACKSON

Quincy fared well during two winter storms that struck the Bay State in the span of four days, which dropped more than a foot of snow between them in the city.

The first storm on Feb. 5 left Quincy under about seven inches of snow, according to Mayor Thomas Koch, while a nor'easter on Monday covered the city in another six inches. Monday's storm, however, fell far short of forecasts that predicted up to 12 inches of snow falling in the Metropolitan Boston area. Officials in Quincy had braced themselves for a much more significant storm Monday and were relieved when it didn't come to pass.

"I thought we handled it pretty well," Koch said. "We were prepared for a much worse storm and had plenty of equipment available and the crews were out pre-treating. We were in great shape."

Monday's storm also caused splash over in the Post Island Road neighborhood and sections of Houghs Neck, but no homes were reported flooded and no residents were evacuated.

Cont'd On Page 10



IT WAS SLOW going in the Post Island Road neighborhood of Adams Shore during Monday's nor'easter. Here an SUV pauses while waves crash against the seawall during high tide. The splash over caused some minor coastal flooding in this area as well as in Houghs Neck. Quincy Sun Photo/Robert Bosworth

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LEARN MORE: QUINCYCOLLEGE.EDU/EARNMORE

2019 Opening For New Sterling School

Designed For 430 Students In Grades 5-8; Set Back From Current School On Granite St.

By SCOTT JACKSON

The new Reay E. Sterling Middle School should be ready to open in 2019 and a portion of the current building needs be demolished before construction can begin on site.

The project team planning the new facility, including project manager Tom Kerwin of Joslin Lesser & Associates and Scott Dunlap and Jim Jordan of A13 Architects, met with about 50 residents during a neighborhood meeting Feb. 4 at the Lincoln-Hancock Community School. Additional public meetings will be held as the planning process continues.

The new Sterling will be built on the same site as the current school at 444 Granite St., which first opened in 1927, though it will be set back further from the road and closer to Roberts Street. The building is being designed to accommodate up to 430 students in grades 5-8; 341 students in those grades were enrolled at the beginning of the current school year.

Kerwin said preparation work on site could begin in late 2017 with a majority of the construction happening in 2018. The building would be ready for use in September 2019, or possibly earlier that year. Those dates could be moved up; the construction timeline will come into focus more once a construction manager for the project is brought on board, which Kerwin hopes will happen by the end of this month.

The gymnasium and three classrooms in the northeast corner of the current school would need to be demol-

ished before construction of the new facility could begin, Jordan said.

"That will create an area where we can place a new building," he stated.

Superintendent Dr. Richard DeCristofaro said officials are in the process of working through the challenges posed by the loss of the three classrooms and gymnasium in response to a question from a resident, noting students at Quincy High went through a similar experience while a new school was being built next door. The transition plan will be discussed at a future meeting.

"There will be some disruption," Ward 4 Councillor Brian Palmucci added, "but I think everyone will work toward making that disruption as minimal as possible for the students."

Kerwin said the project team would work with school officials to make the transition a learning experience for students interested in building design, construction or other related fields. That could include lunchtime or afterschool meetings where students have a chance to learn more about the project.

"Students become kind of aware of what's going on and some of them will get involved and start to think about it or have questions of their own," Kerwin said. "We're happy to nurture that if we can do it."

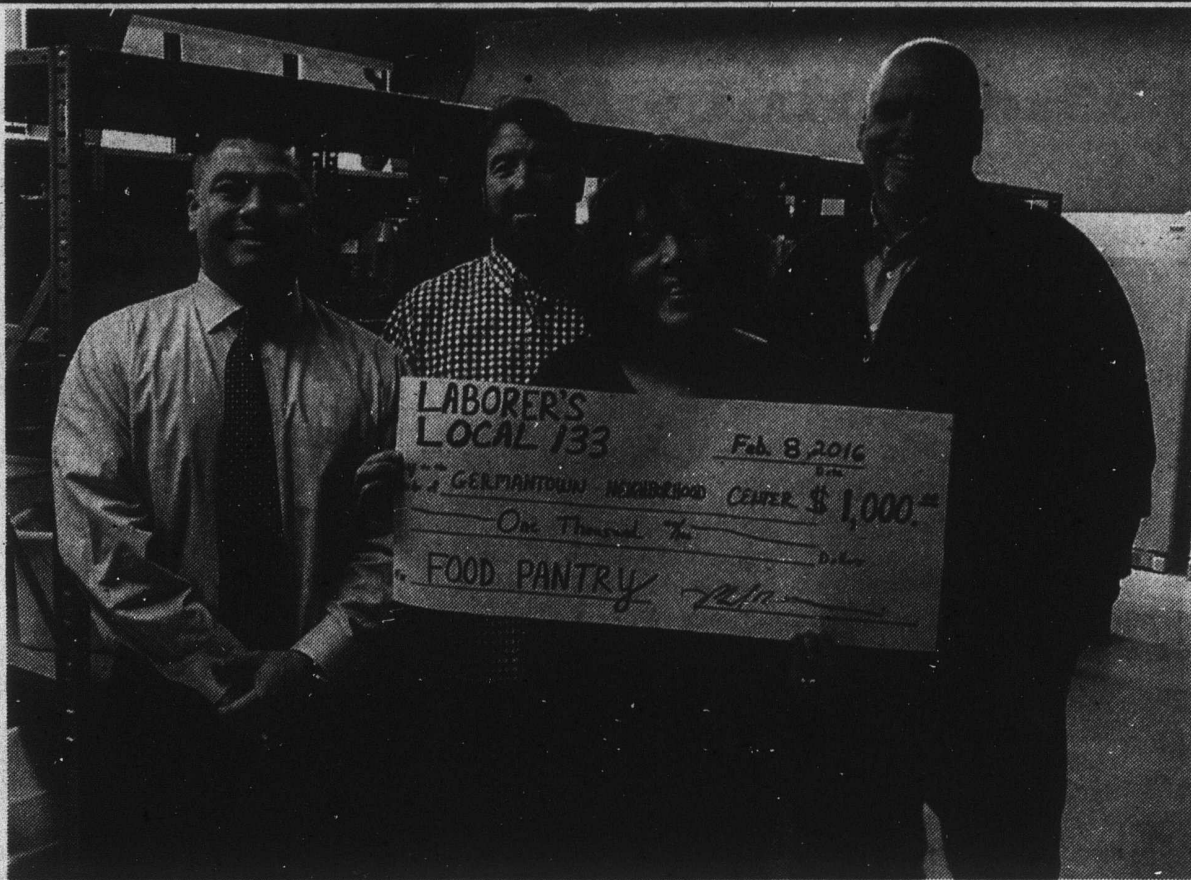
When asked about asbestos abatement in the portion planned for demolition, Kerwin said that would take place at a time when no one was in the buildings, such as the summer. The state

has strict standards for asbestos removal that would be followed as part of the process.

The new facility will stand three stories tall, though only two floors will be visible from Granite Street because of the site's topography. The first floor would house students in grades 5 and 6 with seventh and eighth graders on the second floor. The lower level of the building, accessible from the Roberts Street side, will include the gym, music room and a 280-seat auditorium.

The proposed school would top out at 28 feet in height, according to Jordan, roughly 20 feet shorter than the current building. The minimum setback from Granite Street is 148 feet, compared to present setback

Cont'd On Page 12



LABORERS UNION LOCAL 133 in Quincy recently donated \$1,000 to the food pantry at the Germantown Neighborhood Center. From left to right, Councillor at-Large Noel DiBona, Michael Nevins, president, Local 133; Mark Burns, business manager, Local 133 and Kathy Quigley, executive director of the Germantown Neighborhood Center.

Photo Courtesy Noel DiBona

Knights Of Columbus Meet Raffle Feb. 12

The Knights of Columbus monthly Meat Raffle will be held Friday, Feb. 12 at 7 p.m. at the Council Hall, 5 Hollis Ave. in North Quincy.

The meat raffle had been scheduled for Feb. 5 but was postponed one week due to the weather.

Dinner is served at 6:30 p.m. followed by the raffle.

Proceeds will support the Knight's scholarship fund that helps local students going off to the first year of higher education. This month's raffle is sponsored Norfolk Register of Probate Patrick McDermott. Quincy

High School culinary arts students will cook the dinner.

The KofC is partnering with the Culinary Arts program to endow a scholarship to a student who is continuing on their education in the field.

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Ask the
GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



VINTAGE LOOK

Those looking for something different from the traditional round brilliant-cut diamond may be more interested in a "vintage" diamond cut. These throwback cuts, which include point cuts, single cuts, rose cuts, French cuts, old mine cushion cuts, old European cuts, and Asschers, have become increasingly popular as tastes shift toward antique style. Vintage diamond cuts, which maximize carat weight, were immensely popular in the time of Old Hollywood and are currently staging a strong comeback among today's Hollywood A-listers. One of the most popular of these cuts is the Asscher, which is similar to an emerald cut with more pronounced corners and a typically square

shape. It is designed to emphasize clarity and brilliance.

Our store at 1402 Hancock St. in Quincy Center features a constantly changing assortment of estate and pre-owned jewelry and other items. This category makes unusual treasures available at attractive pricing to the public. Included at any time may be watches or gems from the 1800's along with items as recent as the 1990's. Let us help you find a watch, necklace, bracelet, ring or pair of earrings that will show your special someone how much you care. For the latest trends in jewelry, stop by our store or call us at 617-773-3636.

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Moments in time

THE HISTORY CHANNEL

• On Feb. 22, 1732, George Washington is born in Westmoreland County, Virginia, the second son of a plantation owner. Initially a loyal British subject, Washington eventually led the Continental Army in the American Revolution and became known as the father of the United States.

• On Feb. 27, 1827, a group of masked and costumed students dance through the streets of New Orleans, marking the beginning of the city's Mardi Gras celebrations. Though early French settlers had brought the tradition of Mardi Gras, Spanish governors later banned the celebrations.

• On Feb. 25, 1870, Hiram Rhodes Revels, a Republican from Natchez, Mississippi, is sworn into the U.S. Senate, becoming the first black American ever to sit in Congress. During the Civil War, Revels, a college-educated minister, served as a chaplain for the Union army.

• On Feb. 26, 1935, Nazi leader Adolf Hitler signs a secret decree authorizing the founding of the Reich Luftwaffe as a third German military service. The Versailles Treaty that ended World War I had prohibited military aviation in Germany.

• On Feb. 23, 1958, five-time Formula One champion Juan Manuel Fangio of Argentina is kidnapped in Cuba by a group of Fidel Castro's rebels. Fangio was released the next day after the Cuba Grand Prix ended.

• On Feb. 28, 1964, Thelonious Monk makes the cover of Time magazine. Beatlemania was at its peak, but contemporary jazz music had captured the imagination of a significant number of American music fans.

• On Feb. 24, 1988, the U.S. Supreme Court votes 8-0 to overturn the \$200,000 settlement awarded to the Reverend Jerry Falwell for his emotional distress at being parodied in Hustler magazine. The court ruled that Hustler's parody, although in poor taste, fell within the First Amendment's protection of freedom of speech and the press.

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Jeffrey Nguyen On Regis Dean's List

Jeffrey Nguyen of Quincy, a senior at Regis College in Weston, has been named

to the Dean's List for the fall semester.



Son Beams

By ROBERT BOSWORTH

A Final Salute To A True Survivor

We were saddened to hear the passing of Daniel H. Galvin. The proud Navy veteran was a resident of Hanover but he had a strong connection to Quincy.

Mr. Galvin, who died Jan. 28 at the age of 94, survived the sinking of the heavy cruiser USS Quincy 74 years ago this summer. The ship – commissioned at the Fore River Shipyard in 1936 and named for the city where she was built – was sunk in the Battle of Savo Island on Aug. 9, 1942 by two torpedoes fired by a Japanese cruiser. The vessel sank just 22 minutes after it was struck.

Galvin – who joined the Navy when he was 19 – never forgot his shipmates. Every year on the sinking's anniversary, he'd read the list of Quincy's war dead – 379 sailors – and post colors in his yard. It was a private moment for Galvin. It was a private moment that he never shared with anyone – even members of his own family.

But that changed in August of 2012. Galvin was invited by DPW Commissioner Dan Raymondi to read that list at a public ceremony at the Department of Public Works in Quincy on the 70th anniversary of the Quincy's loss. There is a memorial to the Quincy and its lost sailors at the DPW yard located at 55 Sea Street.

With more than 150 guests seated under shade on that warm Aug. 9th day, Daniel H. Galvin read that list. He was dressed in the same uniform he would have been wearing as a sailor on the Quincy – a chambray shirt, denim pants and a sailor hat. After reading about 30 names, he paused to remember his shipmates as a ship's bell tolled twice during each pause.

Another special moment was Mr. Galvin saluting as he clutched his American flag after it was returned to him by personnel of the Navy Operational Support Center in Quincy. The flag had been raised on the USS Constitution and then at half-staff at the DPW flag pole during the poignant and patriotic ceremony.

"Thank you all very much for this commemoration ceremony," Galvin said holding a microphone after all the names were read. "The whole ceremony has been more than I ever expected."

Daniel H. Galvin was more than an example of the "Greatest Generation" – men and women who answered the call of duty to defend this country's freedom after Pearl Harbor. He also embodied the shipbuilding legacy of the once mighty Fore River shipyard that constructed hundreds of ships that helped win World War II.

The USS Quincy was no exception.

The CA-39 was launched at the Fore River Shipyard on June 19, 1935. It was on peacetime convoy duty between Capetown, South Africa, and the Caribbean island of Trinidad, when the Japanese attacked Pearl Harbor and nearly destroyed America's Pacific Fleet.

Quincy was dispatched to the South Pacific in June of 1942. The next month, she joined forces preparing for the invasion of the southern Solomon Islands. Two days before she was sunk on Aug. 7, 1942, Quincy bombarded Japanese installations on Guadalcanal to offer protection to the Marines who landed there in the first American offensive of World War II.

Just two days later, in the early morning darkness of Aug. 9, 1942, Quincy was on patrol in the South Pacific in the channel of Guadalcanal when she was attacked by Japanese cruisers.

Daniel Galvin, a gunnery officer's talker on the USS

Quincy at the time, had this recollection of that terrible episode in American naval history.

"When the night fighting Navy of Japan attacked our ship and sent two torpedoes in our hull, one forward and one aft, fire enveloped the ship from bow to stern. At my Battle Station, a shower of sparks waist high came streaming through the bulkhead. When I witnessed this, I was overwhelmed with confusion."

He thought he would perish.

"I was brought back to reality when the Gunnery Officer ordered 'Abandon Ship.' The crew at this area found the ladders in the darkness and we all fell in line and followed each other to the lower deck where we went over the side as the ship rolled from a 45-degree list to a full 90-degree roll over and down by the bow.

"From my view neck deep in the ocean, I saw the ship's flag give me a wave as it dipped under the water and the propellers were still rotating."

Twenty-two minutes after she was struck, the 9,375-ton Quincy rolled over and sank bow first at 2:38 a.m. She was the first sunk in the area that later became known as Ironbottom Sound. The final message from the stricken ship was one of defiance: "We're going down between them – give 'em hell."

Before sinking, Quincy managed to fire a few gun salvos, one of which killed or wounded 36 men on a Japanese cruiser.

Besides Quincy, three other ships were sunk at Savo Island including another Quincy-built cruiser, the Vincennes that lost 332 crewmen. In all, the Battle of Savo Island killed 1,270 men and injured 708. The battle lasted about 32 minutes.

Galvin was one of 167 men who survived the Quincy's sinking. Without fate intervening – some might call it luck – Galvin may not have been so fortunate.

Some time before the attack, Galvin had been assigned to fire control in the lower levels of the ship. There area was called PLOT and the compartment was enclosed on six sides with about three inches of armor plate air tight and the internal air was circulated through a carbon filter.

But one day, Galvin asked one of the ship's lieutenants if he could be reassigned somewhere topside. He was surprised to learn that he has been transferred to Control Forward as the Gunnery Officer's Talker.

"This assignment was to wear a telephone headset and transfer orders from the Captain to the Gunnery Officer. Control Forward was located above the Bridge, lightly armored to protect the rotating optical system," he recalled.

As it turned out, neither the men in PLOT nor on the bridge – including the Captain – survived the attack.

After the Quincy sank, the ocean was on fire from all the fuel she had leaked. Galvin, wearing a life jacket, bobbed in the South Pacific for hours. He heard one of his buddies call his name in the darkness but they never found each other.

Sometime after daybreak, Galvin and other survivors were rescued by the destroyed USS Ellett. He was reassigned to the destroyer tender USS Cascade and served in the Navy until 1952.

While in the service, Galvin learned electronics. After his Navy years, he went to work for MIT's Center for Space Research. He had designs on several satellites, including Sunblazer, Trailblazer, Voyager 1 and Voyager 2. His years of service to this country far exceeded his days as a sailor.

Mr. Galvin was laid to rest last week with full military honors at Massachusetts National Cemetery in Bourne. The Sun extends our sincerest condolences to Mr. Galvin's family.



MR. GALVIN

Scenes From Yesterday



THIS IS A 1941 real photo postcard view of Canterbury Hall which is located on the campus of the Eastern Nazarene College (ENC) on East Elm Avenue in Wollaston. The Hall was built in 1901 by the Quincy Mansion School which was established in 1896 on the 12-acre estate of Josiah Quincy, the second of that name to be Mayor of Boston. ENC purchased the Mansion's property in 1919 after the school closed during World War I. Over the years Canterbury Hall has provided the schools

with a number of different uses including a chapel, gymnasium, classrooms, laboratories and currently a large lecture hall. The Hall's portico shown here is reminiscent of the elaborate entryway to the Quincy family's Mansion, the home of the school, which is no longer extant. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1952
64 Years Ago

Deegan To Recommend Changes In City Employees' Salaries

City Manager William J. Deegan, Jr., announced that he expects to make recommendations to the city council about the readjustment of municipal employees' salaries before the Finance Committee concludes its annual chore of cutting the budgets.

Deegan is now assembling data and analyzing the salary increases requested by various city employee groups. Following the completion of this work he will confer with the delegates from each group concerning their respective requests.

Meanwhile Councillor David J. Crowley, chairman of the Finance Committee, announced hearings on the 1952 city budget would start Feb. 12th.

COUNCIL ASKED TO SET TAX RATES, CUT BUDGET TO FIT

Chairman David J. Crowley submitted to the Finance Committee a novel plan of municipal finance in which the council would set the tax rate in advance and then direct the city manager to cut the budget at his own discretion to meet this rate. Crowley suggested that the 1952 tax rate be pegged at \$47 or \$48. The 1951 tax rate is \$46.80.

Under Crowley's plan the council would approve salary increases not in the budget and then turn the budget back to the city manager with orders to make whatever cuts are necessary to hold the tax rate at the pegged figure.

QUINCY-ISMS

Post Commander **James J. Ricciti** and Past Commander **William J. Keefe**, Morrisette Legion Post, are in charge of arrangements for the 25th annual memorial Mass for departed comrades to be held Feb. 22 at St. Mary's Church, West Quincy... **Sgt. Donald W. Loud**, a 20 year old North Quincy soldier, has been awarded the Silver Star for gallantry in action while seriously wounded by enemy fire at Heartbreak Ridge Oct. 10, 1951... **Edward T. Lewis**, a past exalted ruler of the Quincy Lodge of Elks, will participate in the exemplification of the Elks ritual during initiation of a large class of candidates in the main lodge room of the Quincy Elks Home... Atty. **John P. Flavin**, former city councillor, school committee member and state representative, spoke at a meeting of the St. Mary's Holy Name Society. Flavin spoke on changes in the labor movement from 1895 to the present time... **Mary Elizabeth Murdoch**, daughter of Mr. and Mrs. Lester Murdoch, 3 Moreland Rd., Merrymount, graduated recently from Tufts College where she was a dean's list student... The Quincy Cooperative Bank, 1259 Hancock St., Quincy Center, was advertising "Monthly Savings Accounts," paying an annual interest rate of 3 1/2 %... **Sheridans of Quincy** was offering a Wednesday Morning Special. Womens and Misses "Quality Shoes" regularly priced from \$9.95 to \$5.95 for only \$5... Six Boy Scouts from St. Joseph's parish scout troop, were awarded the Ad Altare Dei medal by Archbishop **Richard J. Cushing**. They were **John Nason**, **Paul Rahaim**, **Gino Brucella**, **Louis Gangi**, **Harold Ecklund**, and **Robert Renard**... **Victor Packer**, 13, 113 Atlantic St., was honored by the Parents Club of Boy Scout Troops 27 and 28 of North Quincy, for his bravery in rescuing **Corinne McGarth** of North Quincy from drowning in Teel Pond. Victor was awarded the National Medal for Bravery... The Mohican Market, 29 Chestnut St., Quincy Center, was advertising "Lean Meaty, Shoulder Lamb Chops for \$.75 a lb."... Fore River Shipyard office workers voted 472 to 88 to be represented by the C.I.O. Union over an A.F.L. Union... **James Coady**, contact officer at the Quincy Veterans Dept., spoke on veterans' benefits at the weekly meeting of the Quincy Lions Club held at the Fox and Hounds Restaurant... **Cpl. Paul Comi**, son of Mr. and Mrs. Pierino Comi, 46 Royal St., Quincy, who has been serving in the Far East since June 1950, recently broadcast with his all Japanese orchestra over a Kyoto radio station... **Mrs. George F. O'Brien** was serving on the Quincy Catholic Club committee planning the upcoming Mardi Gras ball to be held at the Neighborhood Club.

Absentee Ballots Available For Presidential Primary

Absentee ballots for the March 1 presidential primary are available in every Massachusetts city and town hall including Quincy, Secretary of the Commonwealth William Galvin announces.

"If you expect to be ab-

sent from your community on March 1 when the polls are open, you can apply in person at your local election office beforehand and cast your absentee ballot there in one visit, but be sure to call the election office beforehand," Galvin said. He

noted that this is the earliest absentee ballots have been available before a presidential primary.

Voters can also ask for an absentee ballot to be mailed to them. Completed ballots must be returned by mail to arrive at the election office

before 8 p.m. on March 1, the time the polls close.

Yesterday - Wednesday, Feb. 10 - was the last day to register to vote for the March 1st Presidential Primary. The Quincy City Clerk's office was open until 8 p.m.

READERS FORUM

Lessons Of Snow Removal

I hope after last year and recent storms south of Boston and Quincy that we have learned a lesson.

Are we ready? Do we have snow farms and equipment for snow REMOVAL?

Or are we just going to do what we have for the last 100 years. Have the plow come down the right side of the street and pile the snow in the intersection. Then

the plow turns around and plows the left side, leaving the snow at the intersection again. At a cost of millions of dollars.

I hope we have learned - look at other cities (New

York, Montreal, etc.) and how they deal efficiently with snow REMOVAL. Can we learn lessons to benefit our city?

Mary Hugh Meighan
Quincy

Saddened By Passing Of Nick Albanese

I was saddened to hear of the passing of Nick Albanese recently.

I remember him and his wife Beverly. It was over 30 years ago when I first called Quincy my home and among the first people I met

on Davis Street in Wollaston were Beverly and Nick who lived just a few doors down. They were very nice neighbors, the kind of neighbors a community needs.

Nick was from South Boston and I had just moved

to Wollaston from Charlestown. I laugh now but back in 1984, I considered both of them an older couple because I was 35 years old. Today, I am about six years older than Nick when I first met him and I still don't

think I am an older person. Age is relative to all of us.

I just wanted to let his family know that I always remembered him no matter where the last 30 plus years have taken me.

Sal Giarratani
East Boston

Seven On Tufts Dean's List

Seven students from Quincy are on the Dean's List for the fall semester at Tufts University in Medford.

They are:

Ursula Biba, class of 2019; Donna Chen, class of 2019; Emily Chen, class of 2019; Alex Huang of Quincy, class of 2016; Dylan Hughes, class of 2018; Johnny Lau, class of 2017; and Christina Ng, class of 2016.

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Arts & Entertainment

Kenneth Gloss To Speak At Library Feb. 16

Value Of Old, Rare Books Topic For Book Shop Owner

Kenneth Gloss, proprietor of the internationally known Brattle Book Shop in Boston's Downtown Crossing section, will give a free and open talk Tuesday, Feb. 16 at 7 p.m. on the value of old and rare books.

The talk will be held at Thomas Crane Public Library, 40 Washington St., Quincy.

Gloss, who is also a frequent guest appraiser on PBS' Antiques Roadshow, will talk in part about the history of his historic bookshop (www.brattlebookshop.com), which goes back to around 1825. He is the second-generation owner.

Gloss will talk about and show some of his favorite finds and describe some of the joys of the "hunt," as well as explain what makes a book go up in value. He has many fascinating anecdotes to share as well as guidelines for what to look for when starting a collection. There is also a question and answer session before the conclusion of his talk.

Following the talk and question-and-answer session, Gloss will give free verbal appraisals of all books that attendees have brought with them or will do so at his shop in Boston.

Yankee Magazine Editor's Choice Award for Best of New England 2015, the Brattle Book Shop is one of America's oldest and largest antiquarian bookstores. This year marks the 67th year of Gloss family ownership. Kenneth Gloss succeeded his late father, George Gloss, a well-known figure both in Boston and



KENNETH GLOSS, proprietor of the internationally known Brattle Book Shop in Boston's Downtown Crossing section, will give a free and open talk Tuesday, Feb. 16 at 7 p.m. on the value of old and rare books. The talk will be held at Thomas Crane Public Library, 40 Washington St., Quincy.

Photo Courtesy Victor Gulotta

national antiquarian circles. He had worked in the store since childhood and chose to go into the book business rather than pursue a doctorate in chemistry. He became the sole proprietor upon his father's death in 1985.

"I found that books were in my blood and that I would never be really happy if I abandoned the business," he says.

Among the many organizations in which Kenneth Gloss is a member is the Antiquarian Booksellers Association of America, the International League of Antiquarian Booksellers, the New England Antiquar-

ian Booksellers of America, the Massachusetts and Rhode Island Antiquarian Booksellers Association, the Committee for the Boston International Antiquarian Book Fair and the Boston Society. He also is a Fel-

Taste Of The South Shore Benefits YMCA Camp Appeal

The South Shore YMCA will hold its 20th annual "Taste of the South Shore" event Thursday, March 24 at Vincent's Night Club at Lombardo's, 6 Billings St., Randolph.

The event will feature some 35 local restaurants,

low of the Massachusetts Historical Society as well as serving on the Board of Overseers of the USS Constitution Museum.

The Brattle Book Shop is proud to have been a contributor to the WGBH Annual Auction each year that the station has held this fund drive. Gloss has appeared as a guest appraiser on PBS' Antiques Roadshow numerous times over the years and has been a popular guest on WBZ Radio as well as other radio, TV, and cable stations numerous times. His bylined articles continue to appear in various antique journals and in print and online consumer publications. The Brattle Book Shop is also the recipient of several "Best of Boston" awards in the categories of Best Book Shop or Best Antiquarian Book Shop. In addition, it has been included in a list as one of North America's best bookstores.

For further information about this talk and more about book-collecting, appraisals, and future free and open talks, call the Brattle Book Shop toll-free at 800-447-9595, or visit their website, www.brattlebookshop.com.

wineries and breweries. Tastings from 6 to 9 p.m. followed by an after party from 9 to 11 p.m.

The Taste of the South Shore is co-chaired by Jonathon Dunn, Owner and Executive Chef at Lavishly Dunn Catering and Event Planning, and Jimmy Liang, Founder/President/Chef at JP Fuji Group.

The Taste of the South Shore is a fundraiser to benefit the YMCA's Send a Kid to Camp appeal, which supports financial assistance opportunities so that all children have the opportunity to enjoy South Shore YMCA summer camps. At camp, children have the opportunity to be part of a community and are in an environment which fosters belonging, acceptance, independence and relationships.

Tickets are \$100 per person when purchased before March 4th and \$125 per person when purchased after. Entry into the After Party is included in Taste of the South Shore ticket purchases. After Party-only tickets are \$25 per person.

For more information and to purchase tickets, visit www.ssymca.org/donations/events.

Ron Della Chiesa To Discuss Book, Sinatra Feb. 25

Public Invited To Program, Dinner At Neighborhood Club

Broadcasting icon Ron Della Chiesa has made music come alive for over 35 years.

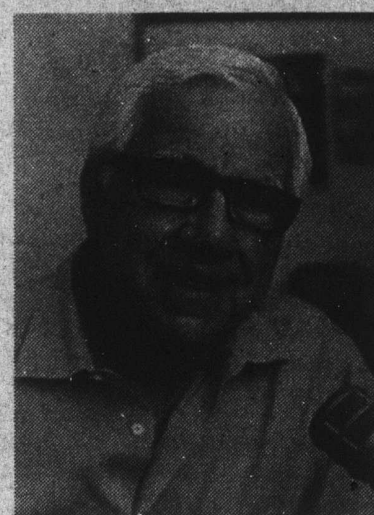
Della Chiesa will speak on his book, "Radio My Way," and Frank Sinatra's 100th Birthday at the Quincy Neighborhood Club on Thursday, Feb. 25.

There will be a cocktail hour at 6 p.m., an Italian buffet dinner with a roast beef carving station (for only \$35, all inclusive) at 7 p.m., and Della Chiesa will speak and sign books at 8 p.m.

The Neighborhood Club is working with the State Sons of Italy Culture Commission on this event that is open to the public.

Della Chiesa grew up in Quincy. His uncle Amelio served as mayor, his father was on the City Council, and there is a Quincy school named for the Della Chiesa family.

His passion for radio and broadcasting began in a Quincy home in the '40s where his father, Aldo, sang arias, and where the voices of the great Italian tenors, Caruso, Lanza, Gigli, were on the radio. After Aldo brought 10-year-old Ron to his first opera, young Ron promptly set up a makeshift radio studio at home, reading news, taping music, and imitating his favorite radio personalities. There was no stopping his love affair with music and broadcasting that



RON DELLA CHIESA

continues to this day.

For close to four decades, we have listened to Ron on WBUR, WBOS, WBCN, WGBH and WPLM. He is a "walking musical encyclopedia," who has hosted shows including "Classics in the Morning," "Morning Pro Musica," the hugely popular "MusicAmerica," "The Jazz Songbook," and "Strictly Sinatra." He is now the host of the Boston Symphony Orchestra at both Boston and Tanglewood.

His book covers over 40 years of broadcasting and includes interviews with Luciano Pavarotti, Placido Domingo, Dizzy Gillespie, Rosemary Clooney, Bobby Short, Andre Previn, and his close friend, musical legend Tony Bennett.

Della Chiesa's book will be available for sale at the Feb. 25th dinner and he will autograph it.

To RSVP, call Dr. Dean Saluti at 617-285-6565 or email to djsaluti@aol.com.

ENC Celebrating Black History Month Caribbean Folk Tale Feb. 18-21 At Cove Fine Arts Center

The Eastern Nazarene College Theatre Department will celebrate Black History Month by presenting *Ti-Jean and His Brothers: A Caribbean Folk Tale* Feb. 18-21 at 7:30 p.m. at the Cove Fine Arts Center on the college's main campus in Wollaston.

Written by Nobel Prize-winning author Derek Walcott, the play explores the age-old struggle between good and evil, God and the devil, and what it means to be human.

The play tells the story of three brothers who live in poverty with their mother

in the rainforest in the West Indies. The family's faith is tested when the devil promises to ease their hardship and give them all they desire: Shall they attempt to outwit the devil through their own wits or make use of the gifts God has given them to defeat him?

Eastern Nazarene College is located at 23 E. Elm Ave. in Quincy. Tickets for *Ti-Jean and His Brothers* are \$10 general admission, \$8 students and seniors.

For tickets or more information, call 617-745-3715 or visit www.brownpaper-tickets.com.



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Public Access Channel 8

Thursday, February 11
8:00pm: QHS vs. Pembroke Girls Basketball
8:55pm: QHS vs. Silver Lake Girls Basketball

Friday, February 12
11:30am: LIVE: Currently in Quincy
10:00pm: The Constitution: Then & Now

Saturday, February 13
12:00pm: AM Quincy: GNC
12:30pm: AM Quincy: Parks Department

Sunday, February 14
10:30am: Terra Santa News
6:30pm: At Your Library: February

Monday, February 15
12:00pm: In the Spotlight: Charlie Baker
12:30pm: Painting at the Kennedy Center

Tuesday, February 16
6:00pm: Eye on Quincy (replay)
7:30pm: Quincy in Focus

Wednesday, February 17
6:00pm: Good News
9:30pm: Sound Advice with Tom Williams

Government Access Channel 11

Thursday, February 11
5:30pm: Quincy in Focus
7:00pm: AM Quincy: Environmental Treasures
7:30pm: In the Spotlight: Gov. Charlie Baker

Friday, February 12
6:00pm: City View with Mayor Koch
8:00pm: QRD: Elks Free Throw

Saturday, February 13
9:00am: City View with Mayor Koch
11:00am: At Your Library: February
2:00pm: AM Quincy: Environmental Treasures
3:00pm: At the Library: Amels Quartet

Monday, February 15
6:30pm: FYI:QHD Arrhythmias
7:00pm: AM Quincy: Environmental Treasures

Tuesday, February 16
6:30pm: FYI:QHD Zika Virus
7:00pm: In the Know: City Election

Wednesday, February 17
12:00pm: City Council 2/16
6:00pm: In the Know: City Census
7:00pm: City Council 2/16

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

Social

Osher Lifelong Learning Institute Salutes Instructors

The Osher Lifelong Learning Institute, a lifelong learning program for adults age 50 and older at UMass Boston, held a salute to its instructors at the Neighborhood Club of Quincy Jan. 21. These instructors are people who share their areas of interest and expertise with OLLI students on a volunteer basis.

Edward Courtney and Evelyn Ryan are two of the members who enjoyed the salute to the OLLI instructors. Courtney commented, "How great it was to gather with about 200 members at the event on Jan. 21," and Ryan added, "Singing along with the Savin Hillbillies was very entertaining."

OLLI at UMass Boston is part of a national network of 119 similar organizations in each of the 50 states. It enriches the intellectual, social and cultural lives of older, non-traditional students, without the pressures of the typical university environment; no academic or other credentials are required and

there are no tests, no papers and no degrees.

Daytime classes meet once a week on Monday through Saturday and run anywhere from four to ten weeks. The 70 spring 2016 on campus offerings range from entry-level courses such as "iPad for Absolute Beginners" to more specialized ones like "War and Peace" and "Wives and Lovers in Picasso's Art." In addition, each semester OLLI offers approximately 40 brown bag presentations; these are 1.5-hour lunchtime lectures.

Nearly 1,200 seniors study at the Harbor Point campus each semester. With 130 members, Quincy ranks first among 80 cities and towns as the one with the most OLLI members. Also, at least 10 Quincy residents will be volunteering this spring as course instructors or brown bag speakers.

Among the veteran Quincy instructors is Alicia Coletti, who continues her Thursday morning "Great Conversation" series. Other

Quincy residents teach popular exercise course. Elisa Ogawa continues her course "Exercise and Aging: It's Never Too Late" and Robert Skjold also continues his course "Tai Chi for Beginners."

Other courses led by Quincy residents include Harry Abraham's "Discover Documentary Films, Series Two" and Greg Davies' "Faith and the Earth," Gerard Leary's "The Art of Caricature," and Diane Rogers' "Unstoppable Information," a course to explore and expand the knowledge of the rich digital content and variety of resources available on the Internet.

At the Jan. 21 affair, course catalogs were distributed so members could register for the OLLI spring semester, which begins in March. To learn more about OLLI, visit the website olli.umb.edu. To request a copy of the catalog, please email olliereg@gmail.com or call 617-287-7312 with any questions.



THE OSHER LIFELONG Learning Institute, a lifelong learning program for adults age 50 and older at UMass Boston, held a salute to its instructors at the Neighborhood Club of Quincy Jan. 21. Among those attending the event were (from left) instructors Alicia Coletti, Judy Panchon, Dan Leclerc and Harvey Cohen. Photo Courtesy Alicia Coletti

Merrymount Park Moonlight Stroll Feb. 20

The Park Department will host a free moonlight stroll Saturday, Feb. 20 through Merrymount Park with Park Department Director Chris Cassani.

The tour will begin at 7 p.m. at the Park Dept. building, One Merrymount Park-

way (on the right as you are heading up to Pageant Field).

The walk will include fun facts about the Department's work. After the walk, Cassani will invite participants back to his office for a fire-side chat, including the fas-

inating story of how a large fireplace came to be there. Participants will have the opportunity to roast marshmallows and make s'mores. For more information and rain/snow date rescheduling, call 617/472-0799.

Mental Health Awareness Fundraiser March 6

Quincy resident Julie Chernicki will host a charity event for Suicide Prevention called A Night to End the Stigma March 6 from 4 to 9:30 p.m. at Ned Devine's, 1 Faneuil Hall Marketplace, Boston.

The fundraiser will feature a silent auction. One of the items is a two-night stay at Ute Lodge in the Rocky Mountains. There will also be food and a cash bar.

Chernicki's goal is to raise \$10,000 for the American Foundation for Suicide Prevention's Out of the Darkness Overnight Walk. Chernicki, who is participating in the walk, says mental health awareness is something that is important to her and that is why she is hosting the fundraiser on March 6.

This will be Chernicki's second year walking in the Out of the Darkness Overnight Walk.

"Last year I was able to raise just over \$2,000," Chernicki said. "For my second walk this year in 2016,

I have made it my goal to raise \$10,000. That is why I came up with A Night to End the Stigma, to help me spread the word that our mental health system needs to change and to raise money for the AFSP.

"I cannot wait for this night and to have friends, family and strangers together to raise money and help others.

For more information or to make a donation, visit anighttoendthestigma.wordpress.com. The donor page is <http://theovernight.donordrive.com/participant/JChernicki16>.

51 Quincy Students On AWHHS Honor Roll

Fifty-one students from Quincy made the second term honor roll at Archbishop Williams High School, Braintree.

PRINCIPAL'S LIST

Grade 9: Griffin Kennedy, Olivia Notarangelo, Eoin Varden.

Grade 10: Caroline Bloomer, Kimberly Dunn, Steven McCormack.

Grade 11: Karan Patel, Timothy Riley.

Grade 12: Kailin Bell, Philip Cheung, Sarah Golden.

FIRST HONORS

Grade 8: John Cristiani Jr.

Grade 9: Katie Peckham, Ella Piroli.

Grade 10: Hannah Bell, Olivia McDonnell, Sydney Shuttleworth, Darnelle Stinfert, Joe-Yee Yip.

Grade 11: Karthikeyan Arumugam, Hannah Cuniff, Connor Hawker, Davis Stewart.

Grade 12: Liyuan Liu, Jaclyn Shuttleworth, Kaylee Tobin, Katryna Veasey.

SECOND HONORS

Grade 7: Madison Stevens.

Grade 9: Madison Ayles, Brandon Sullivan.

Grade 10: Casey Flynn, Julia Galvin, Julia Geary, Shauna Grehan, Hannah Kelley, Shannon Kelley, Sarah McLoughney, Daniel Sherwin, Samantha Strif-

13 Students On Northeastern Dean's List

Thirteen students from Quincy have been named to the Dean's List for the fall semester at Northeastern University in Boston.

They are:

Alec Chan, majoring in pharmacy; Johanna Howley, majoring in nursing; Kelsey McCarthy, majoring in physical therapy; Kimberly Nguyen, majoring in computer science; Hiba Senhaj, majoring in political science; Jun Jie Chen, majoring in mechanical engineering; Andy He, majoring in mechanical engineering; Bill Chan, majoring in mechanical engineering; Cindy Chen, majoring in psychology; Kyi Thwin, majoring

in biology; Jessica Diep, majoring in engineering; Perry Huang, majoring in

Grade 11: Frederico Araujo, Aine Curran, Vanessa Landaverde, Brendan McClelland, Joy Patel.

Grade 12: Jill Babcock, Caroline Donnelly, Bryan McMahon, Casey McPartlin, Ciaran O'Connor, Richard Ryan, Yasmine Sudhu.

Michelle Ramiz Earns High Honors At Philips Exeter Academy

Michelle Ramiz, a grade 11 student from Quincy, has earned High Honors for the fall term at Phillips Exeter Academy, Exeter, N.H.

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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Fish Balls

By MARIE

I have cooked fish in so many ways, whether it be a casserole, sautéed, or with various sauces. While skimming through a cookbook recently, I found today's recipe for Fish Balls. I used Panko seasoned breadcrumbs for the coating but any favorite will do.

FISH BALLS

1 ¼ lbs. fresh cod fillet (You can also use scrod or any favorite fish)
1 lb. potatoes
3 eggs beaten
Salt and pepper to taste
2 teaspoons of fresh parsley – chopped

About ½ cup of milk

Olive oil

Breadcrumbs for coating

Poach the fish in a small amount of water until tender. When cooked chop finely. Boil potatoes with skin on. Peel potatoes and mash until smooth. In a large bowl combine fish, potatoes, eggs, salt, pepper and parsley. Add milk in small amounts to hold this mixture together. Mix slowly until mixture holds together. Form balls. Roll in breadcrumbs and fry in a large skillet with hot oil until golden brown. Drain on paper towel. Serve with lemon slices if you like.

Veggie Chili

By SUZIE

Here is a yummy vegetarian chili recipe that is loaded with vegetables and has a couple of unique ingredients. Raw cacao powder and maple syrup! These 2 ingredients together create a richness in veggie chili that it is many times lacking. Think of mole sauces that use cocoa powder and tomato/spices!!! You won't miss the meat in this recipe. This tastes better made ahead of time because the flavors even get more intense. You may need to add a bit more salt to this, depending on how you like it. ENJOY!!!

VEGGIE CHILI

1 tablespoon cumin
2 tablespoons chili powder
1 tablespoon raw cacao powder
3 tablespoons olive oil
1 chopped onion
4 garlic cloves, minced
1 1/2 cups diced mushrooms (any kind will do, I like baby bella)
1 zucchini, diced
1 diced sweet potato
Two 15-ounce cans of black beans, rinsed

One 15-ounce can of kidney beans, rinsed

One 14-ounce can of crushed tomatoes

2 tablespoon tomato paste

1 red pepper, chopped

3-4 cups veggie broth

2 tablespoons maple syrup

1 teaspoon sea salt

2 cups baby spinach

Chopped Diced avocado (optional)
Fresh cilantro (optional) but makes it so much better!!!

Saute olive oil, onion, pepper, zucchini, and mushrooms over medium heat for about 5 minutes. Add garlic and stir. Now add sea salt, cumin, and chili powder and saute a bit more then throw in 3 cups of broth and paste.

Simmer for a few minutes, then add in everything else except the spinach, cilantro, and avocado. Cover and cook on low, until potato is tender. At this point, You may need to add a bit more broth.

Cook about 30 minutes. Stir in spinach and cook until wilted. Garnish with avocado and cilantro.

Applesauce Brownies

By MARIE

A different ingredient has been added in today's recipe for brownies – applesauce – which gives the brownies a cake-like texture. Instead of the usual walnuts, I have used pecans in this recipe.

½ cup of butter
1 cup of flour
2 squares unsweetened chocolate (2 ounces)
1 cup of sugar
2 eggs well beaten
½ cup applesauce

1 teaspoon vanilla

½ teaspoon baking powder

¼ teaspoon baking soda

¼ teaspoon salt

½ cut nuts chopped.

Heat oven to 350 degrees

Melt butter and chocolate over hot water.

Blend in sugar, eggs, applesauce and vanilla; add dry ingredients and blend into mixture. Grease and flour a square

9 x 9 baking pan. Bake 35 to 40 minutes or until toothpick comes out clean.

Valentine's Day Cabaret Feb. 14

Milton Community Concerts will present Ute Gfrerer, one of the world's most admired and accomplished cabaret singers, in "A Valentine's Day Cabaret" on Sunday, Feb. 14th at 4 p.m. at First Parish Church of Milton, 535 Canton Ave.

The Austrian soprano, teamed with pianist William Merrill, will present an entertaining program featuring music of Bernstein, Weill, Porter, Piaf, and others.

Gfrerer has been performing internationally in concerts, full stage produc-

tions, and on DVD for the past two decades. Today she is considered one of the best interpreters of Kurt Weill's music, having sung and recorded many of his works. In 2012 she made her Salzburg Festival debut in the opera "The Labyrinth" and in 2015 she returned to sing Polly in "The Threepenny Opera."

Gfrerer will be joined by one of Boston's most highly regarded pianists, William Merrill. He has accompanied for numerous eminent singers in concerts at Carn-

egie Hall and virtually every major concert venue in Boston.

Tickets for this special Valentine's Day event are \$20 for the public, \$10 for senior citizens 65 and over, and free for 18 and under. Tickets will be sold at the door on the day of the concert.

In case of heavy snow, an alternate date of Saturday, Feb. 20th at 7 p.m. may be offered. For more information go to miltoncommunityconcerts.com.



BANK OF CANTON'S Margaret Tung (left), Steven Young, and Reeze Loh-Darragh deliver an iPad Mini to Meiqiong Lin (second from right) at her home in Quincy. Ms. Lin was the grand prize winner of Bank of Canton's Lunar New Year Raffle, held Jan. 30 at North Quincy High School as part of Quincy Asian Resources' annual festival. Bank of Canton is a longtime supporter and sponsor of Quincy Asian Resources.

Storytelling, Kids Activities At ANHP Visitors Center

During February School Vacation Week, join Brain-tree Teacher and National Park Service Volunteer Kelly Halin at the Adams National Historical Park Visitor Center for an hour of storytelling and activities to learn some of the lesser-known lives of our American presidents.

The schedule includes:

Tuesday, Feb. 16 from 1:30 p.m. – 2:30 p.m.

George, Paul, John, and Ben by Lane Smith. This picture book tells the story of George Washington, Paul Revere, John Hancock, Benjamin Franklin, and Thomas Jefferson before they became Founding Fathers. Following the story, participants will make candles to bring home.

(Kelly will lead everyone making candles to bring home!)

Wednesday, Feb. 17 from 1:30 p.m. – 2:30 p.m.

Dangerous Crossing: The Revolutionary Voyage of John Quincy Adams by Stephen Krensky. Today, travelers who want to visit France get on an airplane. In 1778 when John Adams brought his 10 year-old son

Johnny they had to survive a dangerous boat ride that took weeks. After story time, everyone can make hand-print ships.

Thursday, Feb. 18 from 1:30 p.m. – 2:30 p.m.

A Black Hole is Not a Hole by Carolyn Cinami DeCrisofano. Budding scientists may be excited to learn that John Quincy Adams loved studying the skies. This book talks about Black Holes and how scientists find them. After, create some constellations of your own in a nifty art project.

Friday, Feb. 19 from 1:30 p.m. – 2:30 p.m.

Wackiest White House Pets by Gibbs Davis. Almost 400 pets have lived in the White House – including John Quincy Adams's pet alligator. What other wacky animals have lived there? This hour will end with everyone making an alligator puppet to take back home.

The National Park Service Visitor Center is located at the Galleria at Presidents Place, 1250 Hancock St. Validated Parking is in the garage in the rear of the building and accessed via Seville Street.

Each story hour is free and geared toward children ages 4 – 7. For more information, contact Jessica Pilkington at 617-773-1177 or Jessica_Pilkington@nps.gov.

Adams National Historical Park includes the birthplaces of the second and sixth presidents of the United States, John Adams and John Quincy Adams, along with the "Old House at Peace field," home to both presidents and four generations of their distinguished family. During the open season, April 19 through Nov. 10, tickets to the historic homes can be purchased at the Visitor Center located at 1250 Hancock St., Quincy.

A free park trolley transports visitors from the Visitor Center to the Birthplaces and the "Old House at Peace field" for a two and a half hour tour. The first tour leaves at 9:15 a.m. and the last tour leaves at 3:15 p.m., seven days a week including federal holidays. Tickets are \$10 for adults (children 15 and under are free) and sold on a first-come, first-served basis.

16 Quincy Students On UMass Lowell Dean's List

Sixteen students from Quincy are on the Dean's List at the University of Massachusetts Lowell for the fall semester.

They are:

Brian Burke, majoring in business administration; Michael Burke, majoring in business administration; Madeline Kamb, majoring

in nursing; Aurelie Lafont, majoring in nursing; Kevin Pillone, majoring in history; Bridget Smiddy, majoring in nursing; Kaiyu Wang, majoring in electrical engineering; Allan Wong, majoring in mechanical engineering; John Mulvey, majoring in English; Alina Ploaie, majoring in biology;

Christopher Ptak, majoring in plastics engineering; Kyle Ptak, majoring in plastics engineering; Jennifer Adduci, majoring in nursing; Emmitt Harrow, majoring in modern languages; Chunlong Huang, majoring in mechanical engineering; and Takyiu Lo, majoring in computer science.

TRASH NOTICE

DUE TO THE PRESIDENTS DAY HOLIDAY

MONDAY, FEBRUARY 15TH

TRASH COLLECTION WILL BE DELAYED ONE DAY

Sunrise Scavenger

Sweets For The Sweet?

A Message From The Quincy Health Department

By RUTH JONES

BSN, RN, BC, CP-FS

Ahh, chocolate! There are few foods that people feel as passionate about.

Good news, next time you devour a piece of chocolate, you may not have to feel ridden with guilt. Despite its evil reputation for causing weight gain, there are a number of health benefits associated with this delectable treat.

Chocolate has gotten an enormous amount of media coverage in recent years because it's believed that it may help protect your cardiovascular system.

Chocolate is made from tropical Theobroma cacao tree seeds. When we contemplate chocolate, many of us envision a big, chunky bar of sweet lusciousness. But initially, chocolate was only consumed as a bitter beverage.

Chocolate, which is made using beans from the cacao tree, native to Central and South America, is estimated to date back as far as 1900 BC, when it was created by pre-Olmec cultures residing in present-day Mexico. The ancient Mesoamericans roasted the cacao beans, or cocoa beans, before pulverizing them into a paste that was mixed with hot water, vanilla, chili and other spices to make a frothy drink.

The Olmec, Aztec and Mayan civilizations found chocolate to be a mood elevating drink and an aphrodisiac, and so they believed the beverage had spiritual qualities. The Mayans even worshipped a cacao God, and the beverage was used for religious and sacred ceremonies, consequently why chocolate is often referred to as the "food of the gods."

It wasn't until 1847 that chocolate developed into the solid edible bar we enjoy today. A British chocolate company called J.S. Fry & Sons fashioned it, using cocoa butter, vegetable fat extracted from the cocoa bean, cocoa powder and sugar.

In the late 1800s and early 1900s, renowned chocolate manufacturers such as Hershey, Mars and Cadbury were formed, and they have been continuing to bring us an array of gratifying treats ever since. However, while we are thankful to these companies for catering to our chocolate needs, they are also responsible for adding potentially unhealthy ingredients to what could be an otherwise healthy food, giving chocolate its reputation as a diet demon.

Chocolate has since be-



RUTH JONES

come an extraordinarily popular food product that millions indulge in every day. With the average American consuming around 10 pounds of chocolate each year, it is prudent to say it is one of the nation's most loved treats. It is not hard to understand why; it tastes yummy and also stimulates the release of endorphins, the "feel-good" hormones. According to numerous studies in recent years, chocolate is amazingly good for our health... or is it?

Cocoa beans, from which chocolate is made, are believed to contain in excess of 300 compounds that are beneficial to health. They are packed full of flavanols and flavanols, such as anthocyanidin and epicatechins. These are antioxidants, which are known to destroy free radicals in the body - chemicals that can cause damage to DNA and other cell components, hastening aging and contributing to heart disease, cancer and other diseases. The darker the chocolate, the more flavanols and flavanols it contains, which explains why most of the chocolate studies have hailed dark chocolate, rather than milk or white, for its health advantages.

You may not be aware, but these plant chemicals aren't only found in chocolate. In fact, a wide variety of foods and beverages are rich in flavonols. These include cranberries, apples, peanuts, onions, tea and red wine. Cocoa beans also contain dopamine, phenylethylamine and serotonin, all of which are compounds that are known to enhance mood and promote feelings of well-being.

So if the main ingredient in chocolate is full of healthy compounds, why shouldn't we eat it by the truckload?

Not necessarily, because the negative health effects of chocolate primarily come from the additional ingredients that are added to it during the commercial manufacturing process. Sugar, full-fat cream and milk are just some of these ingredients, and the quantities in which they are added are

not trivial.

A standard size bar of Hershey's milk chocolate contains 13 g of fat, 24 g of sugar and 210 calories. Consuming this product in large quantities could lead to weight gain, and being overweight can increase the risk of numerous health problems, including hypertension, diabetes and heart disease.

Because of its high sugar content, chocolate may also raise the risk of dental problems, including gum disease and cavities, if consumed in high amounts. Most commercial chocolates appear to be highly processed. Although it was once thought that dark chocolate contained the highest levels of flavanols, recent research indicates that, depending on how it was processed, this may not be accurate.

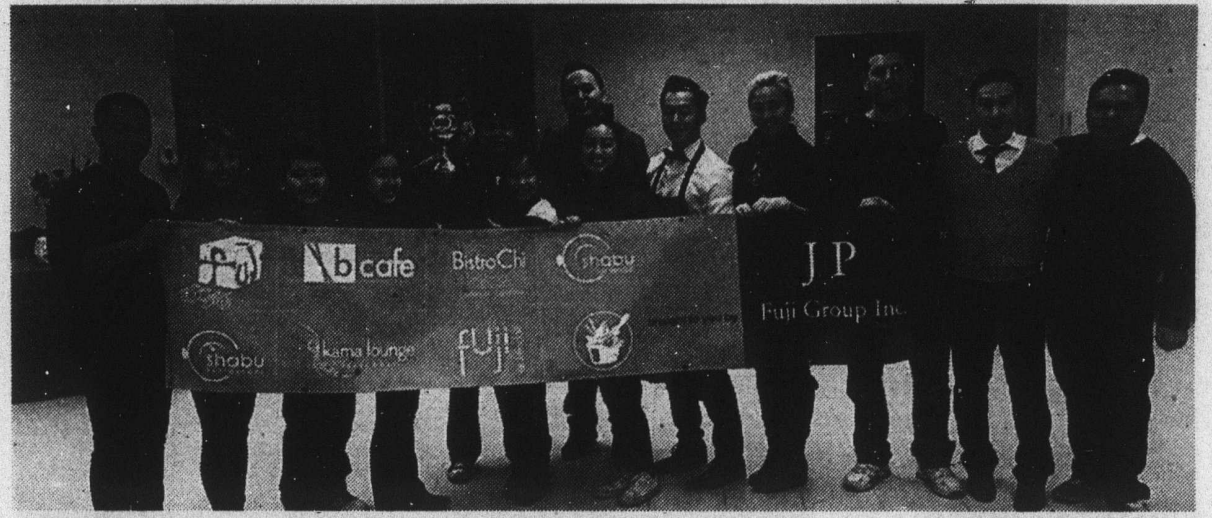
The good news is that most major chocolate manufacturers are searching for ways to keep the flavanols in their processed chocolates. Presently, your best choices are likely dark chocolate over milk chocolate (especially milk chocolate that is loaded with other fats and sugars) and cocoa powder that has not undergone processing with an alkali to neutralize its natural acidity.

It is thought that many studies associating chocolate with health benefits have been poorly conducted, yet many news outlets continue to report their findings. Study after study states that dark chocolate is advantageous for more than curing a broken heart. But before you start annihilating that bag of chocolate kisses consider a few things.

First, be careful about the type of dark chocolate you choose: chewy caramel-marshmallow-coconut-covered dark chocolate is by no means a heart-healthy food option. Watch out for those extra ingredients that can add lots of extra fat and calories.

Second, there is currently no established serving size of chocolate to help you harvest the cardiovascular benefits it may offer, and more research is needed in this area to determine this. So, for now, be sensible, enjoy moderate portions of chocolate (e.g., 1 ounce) a few times per week, and don't forget to include other flavonoid rich foods like apples, red wine, tea, onions and cranberries into your diet.

Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.



LUNAR NEW YEAR food festival winner Fuji 1546 and QARI staff and volunteers gather at this year's event held Jan. 30 at North Quincy High School. More than 10,000 people attended the celebration, a record for the event. Other photos on Page 26.

Photo Courtesy Quincy Asian Resources, Inc.

Over 10,000 Attend Lunar New Year Festival

More than 10,000 people - a record for the event - attended this year's Lunar New Year Market and Food Festival held at North Quincy High School Jan. 30.

Hosted by Quincy Asian Resources, Inc. (QARI), the 28th Annual Quincy Lunar New Year celebration debuted a new format called the QARI New Year Market & Food Festival, which opened with a traditional Lion and Dragon Dance followed by hours of live entertainment, local vendors, a culinary competition and interactive games for people of all backgrounds and cultures to enjoy.

This year's new format featured a food festival and competition between local restaurants. Participating restaurants included Pho Linh, serving traditional Vietnamese street food,

Bon Me, serving traditional Vietnamese cuisine utilizing fresh local ingredients, Chicken and Rice Guys, which served a NYC street-style chicken and rice plate, Bistro Chi, which served east-meets-west style succulent mini char siu tacos, Fuji 1546, which featured award-winning chef, Ming Cao, making sushi on-site, B Cafe, serving authentic Thai style iced tea paired with sweet and tangy seaweed salad, Shabu Lee, which served a selection of Chinese food favorites, YoCha, serving gourmet Japanese-style desserts, Royal, a new local pan-Asian restaurant, served fresh salad, chicken wings, and makimono and McDonalds, which served coffee and tea.

The food festival was a great success and attendees were invited to vote for their

favorite dishes. Award-winning chef, Ming Cao of Fuji 1546 won this year's competition and was awarded a trophy that will be passed on to the next winner at the following year's festival.

The new carnival area with a video-game competition and prizes for all participants was very busy and well received, as was the night-market themed vendor area which featured many local vendors selling traditional goods for New Years as well as crafts, jewelry and clothing from local small businesses.

The entire festival was free to the public thanks to Presenting Sponsor South Cove Community Health Center, along with dozens of other businesses, community organizations, and government and social service agencies.

Your Ears Need TLC!

There are many ways to care for your ears. The best thing you can do is have someone who will guide you and answer your questions without making you feel rushed.

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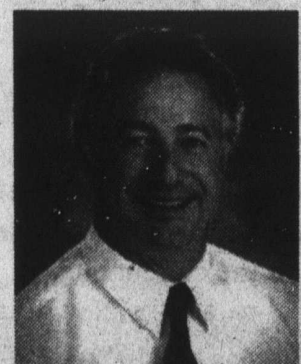
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NEIGHBORHOOD CLUB of Quincy recently held its annual "Night of Thanks and Giving" to benefit local veterans. This year the event was held on Veterans Day and the club donated their \$7,000 in proceeds from the evening to the Fisher House. The funds will be used to help veterans and families staying at the Fisher House. The generosity of the club's veterans, members, guests and staff made this donation possible. Shown here are Club Manager Martin McGovern (center) with Entertainment Committee Co-Chairpeople Roberta Leary (left) and Diane Caledonia (right).

Photo Courtesy Eileen Enos

Quincy Park, Milton Recreation Team Golf Challenge May 13-14

Mayor Thomas Koch and the Quincy Park and Recreation Departments, in collaboration with the Milton Recreation Department, announce the inaugural "Granite Railway Cup," a Quincy versus Milton team golf challenge.

The two-day event will be held on May 13th and 14th at Presidents Golf Course and Granite Links Golf Club, and will feature a day of fourballs and a day of singles play.

The cup derives its name from the Granite Railway, the first commercial railroad in America, which transported granite quarried from what is now Granite Links, down to the Neponset River, very close to Presidents Golf Course.

"There are such rich ties between our two communities, and it's pretty neat how the two courses we're going to play lie in both towns, and were basically the start and end points of that first railway," said Chris Casani, executive director of Quincy's Park, Forestry and Cemetery Departments.

Each team will be comprised of 12-16 golfers. Interested participants must be a resident of Quincy or Milton, respectively, and have a sub-16 handicap. The first day will be dedicated to fourball matches; the second day to singles. Handicaps will be used, and the cost, which will include golf, carts, lunch and team shirts, is \$275 per player.

"The Granite Railway

Cup is a great way to bring two neighboring historic communities together, building friendships through a competitive challenge," said Milton Recreation Director David Perdios.

Registration is open to all golfers in Quincy and Milton. Depending on the number of responses, a lottery system may be put into place to determine the teams.

The winning team will bring home the Granite Railway Cup, and claim inter-city bragging rights for the following year.

Anyone interested in playing should contact Chris Rooney at the Park Department at crooney@quincy-ma.gov, or call the Park Department at 617-376-1251.

City Weathers One-Two Storm Punch

Cont'd From Page 2

Quincy Public Schools were closed on both Feb. 5 and again on Monday; those were the system's first two snow days of the year, which pushes the final day of school for students to June 22. Koch said Superintendent Dr. Richard DeCristofaro was concerned that the height of the storm was forecast for Monday afternoon when students would be headed home for the day.

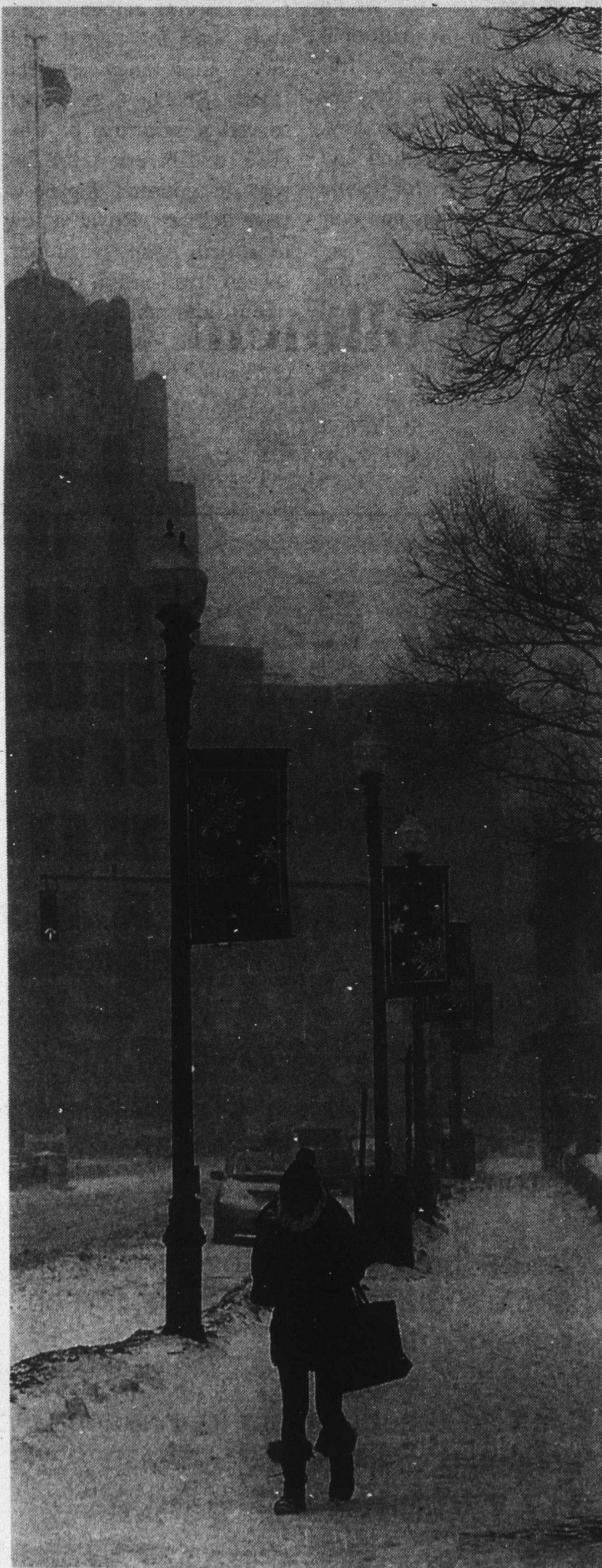
"The superintendent always errs on the side of safety," Koch said.

Blizzard conditions, defined as three hours or more with winds gusting at least 35 miles per hour and visibility of less than one-quarter of a mile, were met Monday at six sites in Plymouth, Cape Cod, Nantucket and Martha's Vineyard, according to the National Weather Service. In Quincy, Koch said Monday's nor'easter and the previous storm both brought down numerous tree limbs citywide, though no other major damage was reported.

Quincy had about 125 pieces of snow removal equipment at the ready for the nor'easter on Monday, including those owned by the city and those operated by private contractors. Koch said Tuesday it was too soon to know how much was spent on snow and ice removal during the two storms, but said the city has not yet exceeded the \$2.01 million set aside for those costs in the current budget.

"We're still well within the budget," the mayor stated.

Police Capt. John Dougan was out in the storm Monday along with Chief Paul Keenan. He said the storm was "kind of a bust."



LONE WALKER has the sidewalk to herself heading north along Hancock Street in Quincy Center during Monday's nor'easter. Partially visible through the falling snow in the background is the Granite Trust Building.

Quincy Sun Photo/Robert Bosworth

"The city fared very well," Dougan said. "The

major roads were down to pavement. It wasn't that big of a storm."

One accident was reported Monday around 9:30 a.m. when a vehicle attempted to stop before entering the intersection of Burgin Parkway and Granite Street but was unable to do so and struck another vehicle. Around 5 a.m. Tuesday, a vehicle at Water Street and Grossman Street hit a patch of slush and slid into a telephone pole.

Three accidents were reported during the Feb. 5 storm. One vehicle rear-

ended another at the Burgin Parkway and Granite Street intersection; a vehicle at the intersection of West Howard Street and Quincy Avenue slid into another that was attempting to make a left-hand turn; and a car spun out at 269 Water St.

With the two storms out of the way, attention has now shifted to the coming weekend. The concern isn't about snowfall, however, as temperatures are expected to drop below freezing Saturday night. Koch said officials will be paying close attention to public buildings

to ensure pipes don't burst in the subzero temperatures.

The mayor is hopeful spring will come early this year and Monday's nor'easter was the last one Quincy would be forced to weather this winter. A year ago at this time, three major storms and two lesser ones had combined to drop more than 72 inches of snow on Quincy in the course of 17 days, with another on the way to push the four-week total past 88.5 inches.

"After last year this is nothing," Koch said. "We deserve a break."

School Vacation Gym Schedule

The Quincy Recreation Department will conduct an expanded schedule of supervised gym programs during the upcoming school vacation period.

Gyms will be supervised from 9 a.m. to 1 p.m. for free activities for boys and girls from age 8 through high school. Nine school gyms will be open in various neighborhoods throughout the city and will feature activities such as basketball, floor hockey, gym games and dodge ball.

Registration is done at each location and those ages 8 through grade 5 will attend from 9 to 11 a.m. Those in grade 6 through 12 will attend from 11 a.m. to 1 p.m.

Participants may attend the program of their choice. Some minor changes in times may occur in some locations to accommodate differences in enrollment. In addition to the weekday schedule the ongoing regularly scheduled Saturday morning programs will be conducted on Saturdays, Feb. 13th and Feb. 20th. Participants are re-

quested to wear sneakers at all locations.

Including the Saturday locations, the department will supervise over 130 hours for free programming and will promote beneficial active lifestyle among Quincy youth.

"Over the vacation week these free programs are also well received by many of Quincy's working parents who are at ease knowing that their child is participating in safe, well supervised, constructive and fun activities," Recreation Director Barry Welch said.

There will be no programs on Monday, President's Day, Feb. 15th. The expanded schedule for the rest of the week is as follows:

The schedule of gyms for Tuesday, Feb. 16th from 9 a.m. to 1 p.m.: Atherton Hough School, Atlantic Middle School, Central Middle School, Montclair School, Point Webster Middle School and Squantum School.

The schedule of gyms

for Wednesday, Feb. 17th from 9 a.m. to 1 p.m.: Atlantic Middle School, Central Middle School, Beechwood Knoll School, Merrymount School, and Point Webster Middle School. Wollaston School will be open from 9 a.m. to noon.

The schedule of gyms for Thursday, Feb. 18th from 9 a.m. to 1 p.m.: Atherton Hough School, Atlantic Middle School, Central Middle School, Montclair School, Point Webster Middle School and Squantum School.

The schedule of gyms for Friday, Feb. 19th from 9 a.m. to 1 p.m.: Atlantic Middle School, Central Middle School, Beechwood Knoll School, Merrymount School, and Point Webster Middle School. Wollaston School will be open from 9 a.m. to noon.

For additional information contact the Quincy Recreation Department at 617-376-1394 or visit the department's website, www.QuincyRec.com.

No Court Date Yet In Ward 6 Election Dispute

By SCOTT JACKSON

A court date has yet to be determined in the legal dispute over how the vacant Ward 6 seat on the City Council should be filled, City Clerk Joseph Shea said before the Sun went to press Tuesday.

William Harris, who unsuccessfully ran for the seat in last year's municipal election, on Jan. 27 filed a petition for declaratory judgment on the controversy. Jay MacRitchie, a former city solicitor, is representing Harris on the matter.

Harris contends he is entitled to serve the remainder of the two-year term created after the Dec. 23 death of incumbent Ward 6 Councillor Brian McNamee because of a 1953 state law that requires the runner-up in a council race be seated if the winner in the race dies before the start of a new legislative term or is otherwise unable to assume the position.

McNamee died before the council's new term began on Jan. 4, when the council's eight other members were sworn in.

City Solicitor Jim Tim-

mins has said, however, that state laws passed in 1984 and 2004 trump the 1953 statute. The 2004 law requires a special election for a ward seat if the vacancy occurs during the first 12 months of a term for any cause.

The City Council, after hearing from Timmins and MacRitchie on Jan. 19, approved the call for the special election. A final election will take place May 3 and a preliminary election will be held April 5 if more than two candidates submit nomination papers.

Harris, a resident of 74 Ashworth St. in Squantum, is one of five candidates to pull papers for the seat as of Tuesday. The other four are Nathan Knowles of 44 Ocean St., North Quincy; Kevin Mock of 76 Alstead

St., North Quincy; Brian Radell, 21 Standish Rd., Squantum; and Herbert "Alie" Shaughnessy of 32 Essex St. in Squantum.

Residents running for the open seat have to return the nomination papers – including the signatures of at least 50 of the ward's registered voters – to the Board of Registrars by Feb. 16 for certification. Officials have two weeks to certify the nomination papers before submitting them to the city clerk by March 1.

Voting in the special election will take place at the same polling places used during the 2015 municipal election. March 16 is the last day to register to vote in the preliminary and April 13 is the deadline to register for the final.

Planned Giving Seminar March 2

"Leaving a Lasting Legacy: Incorporating Charitable Giving in Your Financial, Estate and Tax Planning" will be topic of a seminar Wednesday, March 2 from 6:30 to 8:30 p.m. at Crane Public Library community room, 40 Washington St.,

Quincy.

Speakers include attorneys Mary McNamara and Kathleen Fowler as well as Mary Lou Ruch of Merrill Lynch and Seerena Huxley of MountainOne Bank. The event is free, but RSVP to Nina Liang at 617-657-9837 or nina@ninaliang.org.

Kevin Mock Candidate For Ward 6 Council Seat

Kevin Mock, a third generation lifelong Ward 6 resident, announces he is running for the vacant Ward 6 city council seat in this spring's special election.

"After spending the last several weeks knocking on doors and talking to residents, as well as checking in with small businesses in the community, I feel as though there is an amazing opportunity to serve the community in a new and exciting way," said Mock.

Mock grew up in the Welcome Young neighborhood. He and his wife, Donna Sullivan-Mock, have five children and live on Alstead Street.

Mock spent over 20 years as a coach and board member of Quincy Youth Hockey as well a member of the PTA at Squantum Elementary School.

In a press release, Mock said the foundation of his campaign is built on the principles of communication and advocacy.

"What I have seen firsthand and heard from the countless residents I have spoken to is that there is a concern that the communi-



WARD 6 city council candidate Kevin Mock (right) with his wife, Donna Sullivan-Mock.

ty's voice is not being heard and I want to change that," Mock said. "People care about taxes, public safety, economic development and sustainable growth, all things vital to the success of the community" he said.

"I can relate to their concerns, having raised five boys with my wife Donna. I want to ensure our community remains safe, that taxes are affordable and development happens in a smart and balanced way. If entrusted to serve as the Ward 6 councillor I can promise that there will be no stronger and ef-

fective advocate for Ward 6 than me."

Mock cites his professional career as his strongest attribute. Alongside his wife, Mock has been the owner of Toddler Tech Preschool, a small business here in the city, for almost 30 years.

"We need smart commercial development to add tax revenue to the city and help keep residential property taxes low," Mock said. "Donna and I have been operating Toddler Tech for many years. We understand this."

In addition to his small business ownership Mock has been a proud union member for almost 35 years, spending the last 10 years with the Utility Workers United of America Local 369, where he currently serves as an electrical line-man for a neighboring municipality.

Mock will hold an official campaign kickoff event tonight (Thursday) from 6 to 10 p.m. at The Waterclub in Marina Bay.

For more information on Mock's campaign and his vision for Ward 6 and the City of Quincy visit his website at www.KevinMock.org.

Quincy College Surgery Tech Enrollment Cap Increases

The Accreditation Review Council on Education in Surgical Technology and Surgical Assisting (ARC/STSA) approved Quincy College's request Dec. 29 to increase the enrollment cap on its Surgical Technology program annual cohort from 15 students to 18 students.

This increased enrollment of the annual cohort allows Quincy College to meet the growing need for skilled professionals in the Surgical Technology space. From an accreditation perspective, the granting of a cap increase is a significant action and reflects the accreditor's favorable perspective of program quality.

The ARC/STSA approval process for an increased

enrollment cap is extensive; Quincy College needed to demonstrate an immediate need and justify that their current facility resources like laboratory space, equipment inventories along with faculty resources, the quality of clinical sites, institutional support, and the community at large would benefit from an increase in skilled Surgical Technologists.

Boston Medical Center and Massachusetts General Hospital, frequent sites of Quincy College's Surgical Technology clinicals also offered their commendation and endorsement of the Surgical Technology program as a whole and the increased enrollment cap by providing letters of recommendation.

"The Surgical Technology Department as a whole at Quincy College holds this program to the highest standards, ensuring that we deliver the best possible educational experience for our students," said Nathalie Fulford, Program Director for Surgical Technology at Quincy College.

"We ensure that our students are best prepared to meet the challenges in a clinical setting. We are constantly looking to better ourselves. The increase cohort for 2016 allows Quincy College to meet our clinical partners needs by providing highly skilled professionals that can immediately help in the greater community," Fulford added.

As part of their program accreditation, Quincy College must meet or exceed benchmarks set by the ARC/STSA that assess the program as a whole and the positive outcomes of their students and including retention rate, job placement rate, student satisfaction, and employee satisfaction with Quincy College students' performance in clinical work.

The Surgical Technology program is hardly a new program, having been offered since the early days of the college. However, the program's successful outcomes can be traced to a revitalization effort starting in 2006 continuing to today. In all areas where the Surgi-

cal Technology program has been benchmarked, in the classroom, in clinical placement, and in certification exams, Quincy College has met or exceeded expectations.

Over the last ten years, Quincy College's Surgical Technology program is in high demand as one of the only programs located on the South Shore. The program waitlist has grown year on year for the last 5-years with students benefiting from a 100 percent job placement rate for the 2015 academic year. Additionally, the program had an 100 percent retention rate from the fall to spring semesters in 2015.

Beyond the classroom, Quincy College has also successfully transitioned

students to the workforce as certified professionals. The 2014 graduating cohort from Quincy College had an 85 percent pass rate compared to the National pass rate of 70 percent on the Certified Surgical Technologist Exam (CST).

In its approval letter, the ARC/STSA commended the Quincy College surgical technology program "for your dedication to providing quality education to your students as well as your commitment to maintaining the national standard."

For more information on the Quincy College Surgical Technology program, visit: http://quincycollege.edu/images/uploads/Certificates_HealthSciences.pdf.

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MSIC

Hoopstars Coming To Quincy

By JOHN GALLUZZO
Development Writer
South Shore YMCA

After a first successful season at the Emilson branch of the South Shore YMCA in Hanover, Hoopstars is coming to Quincy.

"I have played basketball at many different levels," said Lesley Perera, who spends her daytime hours working at MIT before commuting home to the South Shore, "including some experience at the collegiate level, and last year was, by far, the most fun I've ever had on the basketball court." Lesley is a player/coach for the Emilson Y Hoopstars unified basketball team in Hanover.

The Hoopstars teams are co-ed, ages 18 and up, and feature members with and without disabilities who learn and practice skills together weekly. Their work is in preparation for an end-of-season tournament against other unified teams from local YMCAs.

For Lesley, the road to Hoopstars began from a place of longing. "I really missed being on a team, and playing basketball," she said. "Two of my good friends, Tony Xypteras and Pete Marotta, told me they were getting involved coaching a

team at the YMCA, where I am a member, and I was pretty much excited to join since the first time I heard about it."

Like any team, a Hoopstars squad needs time to gel. "We had a really great team, and were just a bunch of strangers at the beginning of the season, but became really good friends," she said. "I think that we all looked forward to seeing each other every Tuesday night at practice. It was fun being able to work towards a goal and we ended up doing really well in the tournament as a team. I think that we improved a lot over the course of the 8 to 10 weeks of practice as a team."

The experience of her first year led Lesley to make a decision to up her own personal ante. Having played in the league for a season, she opted to play and coach for her second go-round. "A position opened up for a new coach for the Emilson team, and I was really excited to be asked to help Tony coach at the Y this season. I've had a little bit of coaching experience in the past, mostly volunteer coaching. I helped coach a girls' youth summer league team this past summer and I coached a few sports camps and clinics in

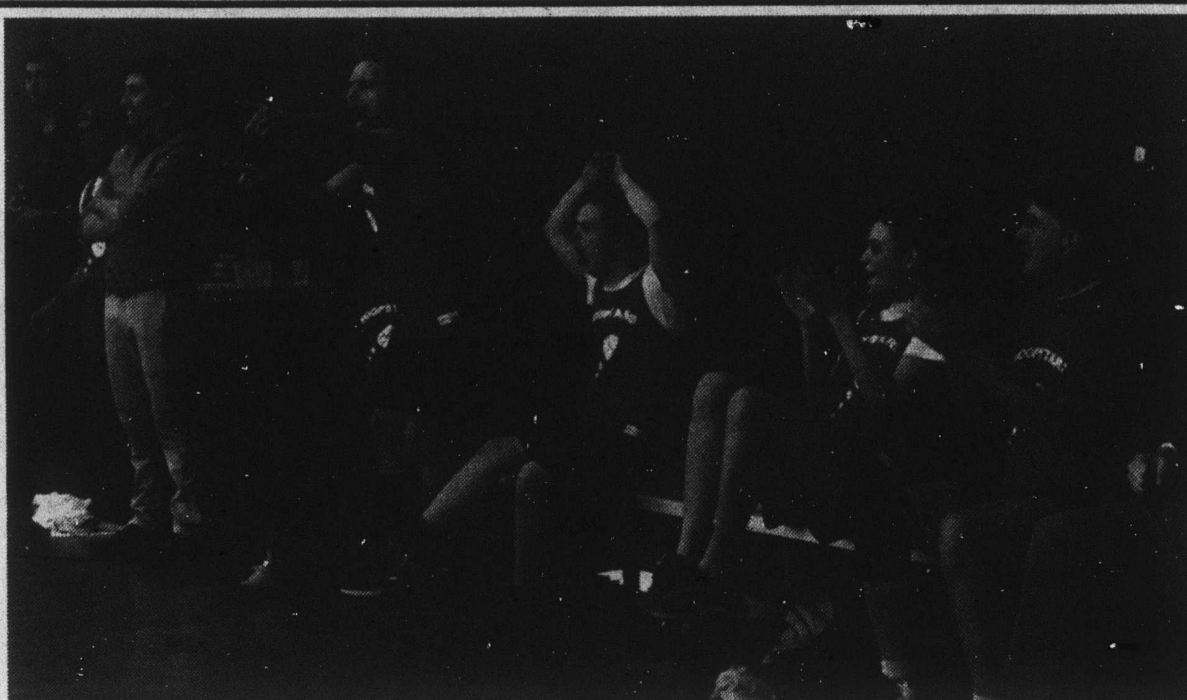
college over the summers."

This year, on March 26, the Quincy Y will hold the regional tournament, the culmination of the 8 weeks of practice. The tournament will feature an opening ceremony, team introductions, 5-on-5 games, an awards ceremony and a player reception with families and friends. This year the South Shore YMCA teams will be joined in the tournament by teams from the Hockomock YMCA. Although details are still to fall into place — the Quincy team is looking for a sponsor, and the tournament needs a backer as well — practices have begun, and the shot clock is ticking down to March 26.

"I had so much fun playing last year," said Lesley, "I definitely wanted to be involved again with the team this year."

The new Quincy Hoopstars team is looking for athletes, both those with disabilities and peer mentors. Practices at the Quincy Y are on Thursday nights from 6:45 to 7:45 pm (contact Tom Healy at thealy@ssymca.org).

The South Shore YMCA is a charity. For information on how to support its work through volunteering or donations, contact Mary Orne



HOOPSTARS, a co-ed, ages 18 and up basketball program sponsored by the South Shore YMCA, is coming to its Quincy branch. Teams feature members with and without disabilities who learn and practice skills together weekly.
Photo Courtesy South Shore YMCA

at morne@ssymca.org or 781-264-9400 ext. 3306.

The South Shore YMCA's 20th annual Taste of the South Shore will be held Thursday, March 24th at Lombardo's in Randolph.

Event co-chairs are Jimmy Liang, Founder/President/Chef, JP Fuji Group, and Jonathan Dunn, Owner and Executive Chef, Lavishly Dunn Catering and Event Planning.

Proceeds from event will support the Y's Send a Kid

to Camp appeal.

Featured will be samplings from the area's top restaurants, wineries and breweries as well as a mix and mingle Taste After Party at Vincent's Night Club, also at Lombardo's. For more information or to purchase tickets visit ssymca.org/donations/events.

Adult Skills Group is part of our Building Bridges Program that provides an environment for adults with developmental disabilities

to socialize and strengthen basic life skills. Participants take an active role in planning out their activities for the entire session. Activities will include, but are not limited to academics, games, healthy snacks, crafts, use of the indoor track, field house, swimming pool and visiting our local library. Monday and Wednesday evenings, Feb. 22 through April 6, in Multipurpose Room B. Contact Amy Drinkwater at 617-479-8500 ext. 4718 or adrinkwater@ssymca.org for more information.

2019 Opening For New Sterling School

Cont'd From Page 3

of 50 feet. The increased setback will allow for the creation of a grass field in front of the school where the students can play.

"One of the goals is to decrease the scale of the building so it's not a massive feature," Jordan explained. "It's not like an urban wall, as we call it in our office, right up on Granite Street so it creates a more inviting atmosphere for students when they arrive at the park, creates a safer environment for students and really responds to the scale and massing of the buildings on Granite Street and also on Roberts Street."

The new building would include 61 parking spaces — 50 for faculty in a parking lot off Roberts Street and 11 for visitors on the Granite Street side. Twenty-nine spaces are available on site now. A drop-off/pick-up lane will also be added in front of the school on Granite Street. As currently planned, students would enter the building from the Granite Street side — with separate entrances for fifth graders and students in grades 6-8 — and faculty from the Roberts Street side.

Several residents at the meeting raised questions about the traffic situation, including the possibility of allowing drop-off/pick-up on the Roberts Street side. Dunlap said that was con-

sidered during the design process and the parking lot planned for the Roberts Street side of the building could be utilized for student drop-off/pick-up if school officials decide to go that route.

A parent asked Palmucci if the City Council would consider making the portion of Granite Street in the vicinity of the middle school a one-way road. Palmucci said he would be open to considering it, but would need to hear from residents living on the street first before he would support it.

The track and basketball court on the Roberts Street side of the property will be eliminated as part of the project. In response to questions about that from residents at the meeting, Palmucci said nearby Kincaide Park is underutilized and the Sterling project provides a good opportunity to consider making improvements to it.

"Losing the active recreational space we're going to lose, it will give us an opportunity to reimagine Kincaide," Palmucci said. "I think it would be the perfect opportunity to fight for some more funding to go towards Kincaide to replace some of what we lost and create an even better space than we have over there."

The project team will submit the schematic design to the Massachusetts School Building Authority on April

5 and meet with the MSBA board in May. The MSBA in November allowed the project to move from the feasibility study to schematic design.

The School Committee in October was presented with a preliminary cost estimate of \$49.67 million for construction of the new school on site and the demolition of the existing building and site landscaping. It was noted then that a minor renovation and addition to the current building would cost up to \$53.32 million and a major renovation and addition up to \$55.78 million.

The city will receive a reimbursement of up to 75 percent of eligible costs for the project from the MSBA.

If the new Sterling were to open in 2019, it would be the third school building to open in Quincy in less than a decade. The city partnered with the MSBA to construct the \$126 million Quincy High School, which opened in 2010, and the \$50 million Central Middle School that opened in 2013.

The 97-year-old Squantum Elementary School is next in line. A statement of interest has been submitted to the MSBA, the first step in the process of working with the state agency on a replacement or overhaul of the facility. The MSBA is unlikely to advance that project until Sterling is further along, according to school officials.

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FEB 19 - MAR 6

Quincy Center Building Projects Making Progress

By SCOTT JACKSON

Redevelopment in Quincy Center continues to progress, with one project featuring 169 apartments and 12,000 square feet of retail space nearing completion as two others get underway.

Construction of the West of Chestnut development, boasting a pair of six-story, mixed-use buildings in the 1400 block of Hancock Street, began in March 2015. Eleven months later, work on the first building on site is nearing completion, according to Kyle Warwick, a principal at Gate Residential, the company that partnered with the Quincy Mutual Group on the project.

"Everything is coming together," Warwick said.

By the middle of April, the first building on site, located along Hancock Street, will be completed. Tenants will be able to move into the 65 luxury apartments located in that building on May 1. Also opening at that time is the onsite fitness cen-

ter, including a cross training room, gym and weight room.

The second of the two buildings, with 104 apartments at the corner of Chestnut Street and Cottage, is set for completion in August. Sitting below that building is a 75-car garage; 30 more spaces will be available at the surface level, 16 of which will be for tenants and the remainder shared by tenants and the public.

Prospective tenants began touring the site this weekend and the developers have a new website, wocquincy.com, with information for those considering a move into the buildings.

"We've had tremendous interest in the residential units," Warwick said.

Both buildings include studio and one- and two-bedroom apartments; the two-bedroom apartments each have two bathrooms. Monthly rents start at \$1,825 for studio units, \$1,942 for

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West Of Chestnut Begins Pre-Leasing

Gate Residential announces the opening of a new marketing center at West of Chestnut, as pre-leasing begins for the 169-unit luxury lifestyle apartment community located in downtown Quincy.

The West of Chestnut marketing center is located across from West of Chestnut at 32 Chestnut St., and is open Monday through Friday from 10 a.m. to 6 p.m., Saturdays from 10 a.m. to 5 p.m. and Sundays noon to 5 p.m. Prospective renters will also have the opportunity to tour a model unit and sign leases for the studio, 1 and 2-bedroom units that are set to open May 1st, 2016.

West of Chestnut features 169 residential units in two six-story urban midrise buildings - including approximately 12,400 square feet of commercial and retail space on the ground level that will feature restaurants and retail stores. Amenities include a fitness center, cross-training studio, a club suite with a lounging media room, a dog-wash room, and an outdoor kitchen, fireplace and courtyard.

"We're excited to announce the opening of our new marketing center and the start of leasing for West of Chestnut, a luxury lifestyle community with outstanding amenities that will attract a new wave of young professionals to Downtown Quincy," said Damian Szary, principal at Gate Residential Properties. "West of Chestnut is set in a prime urban location with easy access to restaurants, shops and just a 3-minute walk to the Red Line and commuter rail service directly into Boston."

West of Chestnut is a joint venture of Gate Residential and Quincy Mutual Fire Insurance Company, which owns the property adjacent to the iconic Granite Trust

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GIANT CRANE on the work site of the West of Chestnut project in Quincy Center was disassembled last week by workers (seen at the top left of the crane.) This view is from Maple Street looking south towards Chestnut Street. The crane was taken apart in sections that measured 15 to 20 feet long. The project's first building located along Hancock Street is expected to be completed in April.

Quincy Sun Photo/Robert Bosworth

Screenings For Pre-K Programs

The Quincy Public Schools Integrated Pre-Kindergarten Programs serve 3- and 4-year old children with special needs and their typically developing peers.

Screenings for entering the Pre-Kindergarten pro-

grams for the 2016-2017 school year will be held on Tuesday, Feb. 23 and Tuesday, March 15. To schedule a screening appointment, call the school listed below which meets your eligibility requirements no later than Friday, Feb. 12.

Classes are half-day sessions held on Mondays, Wednesdays, Thursdays and Fridays. Children must be 3 years old on or before Aug. 31, 2016 to be considered for these programs. Priority is given to 4-year olds, followed by children who are 3 1/2 or older.

Title I Integrated Pre-

Kindergarten Program: Children who reside in the following school districts are eligible for these classes, which are held at the Snug Harbor Pre-School (617-984-8951): Clifford Marshall, Parker, and Snug Harbor. Children who reside in the Lincoln-Hancock and Clifford Marshall districts may attend Pre-Kindergarten classes at the Della Chiesa Early Childhood Center (617-984-8777).

City-Wide Integrated Pre-Kindergarten Program - Children who reside in a non-Title I school district are eligible for this program: Atherton Hough,

Beechwood Knoll, Bernazzani, Merrymount, Montclair, Squantum and Wollaston Schools. There is a tuition fee for this pre-kindergarten program, held at the Della Chiesa Early Childhood Center (617-984-8777).

Special Education Screening - Consistent with the Special Education Act, Quincy Public Schools conducts a screening for three- and four-year old children in order to identify those who have special needs. Call the Snug Harbor Pre-School at 617-984-8951 to make a Special Education screening appointment.

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Baker: Quincy 'Terrific Model' For Economic Growth

Praises City's Progress At Chamber Of Commerce Meeting

By SCOTT JACKSON

Gov. Charlie Baker called Quincy's model for revitalization a terrific example other communities across the Bay State should emulate while also touting his own plan for economic development during a recent appearance in the city.

Baker, a Swampscott Republican, was the keynote speaker at the 575-member Quincy Chamber of Commerce's Annual Meeting and Business Showcase held Feb. 3 at the Boston Marriott Quincy in Crown Colony. More than 430 people attended the event and 98 businesses set up tables and booths to advertise themselves and meet and greet with members of the business community.

In a 17-minute speech before the community's business and civic leaders, the governor noted \$600 million in private investment is being made in Quincy and praised the work done by Mayor Thomas Koch and other elected officials at the state and local level as well as organizations in the city.

"There is a lot of great stuff here," Baker said. "I think the \$600 million in residential and commercial development is terrific, but in addition to that there are a whole series of wonderful organizations big and small across this community that are doing a terrific job on behalf of the people of Quincy every single day. You have a



GOVERNOR CHARLIE BAKER praised Quincy's revitalization efforts and called it a "terrific model" for other Bay State cities during his keynote remarks the Quincy Chamber of Commerce Annual Meeting and Business Showcase Feb. 3 at the Boston Marriott Quincy. Quincy Sun Photo/Lisa Aimola

wonderful leadership team lead by the mayor serving you and your interests."

"What you're doing in Quincy, I wish I could just bottle it and put it in a big container and then helicopter it over a whole bunch of other places and let it out and let it grow," the governor later added.

"You are in many respects a terrific model of what a mid-sized community can do when people work together and are creative and leverage state resources, local resources and private resources to get stuff done."

Baker's administration awarded \$10 million worth of grants to Quincy in 2015, his first year in office, for projects related to the redevelopment of Quincy Center. Of that total, \$5.8 million will go toward the demolition of the Ross Garage and related roadwork near the Parkway and \$4.2 million is for subsurface utility work necessary before the Adams Hancock

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MASSACHUSETTS GOV. Charlie Baker (second from right) greeted elected officials and business leaders after speaking at the Quincy Chamber of Commerce Annual Meeting and Business Showcase Feb. 3. From left: Dean Rizzo, who is stepping down as president of the Quincy Chamber of Commerce; Mayor Thomas Koch and Ed Fleming, chairman, Quincy Chamber of Commerce Board of Directors. Quincy Sun Photo/Tom Gorman



MORE THAN 400 people including business and community leaders attended the Quincy Chamber of Commerce Annual Meeting and Business Showcase Feb. 3 at the Boston Marriott Quincy. From left are: Colonial Federal Savings Bank's James O'Leary, Michael MacFarland, Bill Esselstyn and Angela Blanchard along with Tom MacFarland. At right: photo of some of the special gingerbread creations designed by Ginger Betty's displayed at Quincy Chamber of Commerce Annual Meeting. They include the James R. McIntyre Government Center (old City Hall) and Mayor Thomas Koch and Gov. Charlie Baker gingerbread men. Quincy Sun Photo/Lisa Aimola



Baker: Quincy 'Terrific Model' For Economic Growth

Cont'd From Page 14

Green can be constructed between City Hall and the United First Parish Church.

"We've been pleased and honored to be able to work so closely with the folks here in Quincy," Baker said. "We hope we can continue to be part of the great story you're writing here on the South Shore and we look forward to working with you going forward."

Baker filed his \$918 million economic development bill Jan. 28. The governor told those in attendance Feb. 3 the funding in that bill will make projects possible in municipalities statewide.

"Some of the stuff in there is sort of fundamental to our ability as a commonwealth to do what we can to leverage the private investment a lot of our communities have access to and to leverage a lot of the good work that goes on in local government," the governor said. "I view us as sort of the stitching that makes a lot of projects possible."

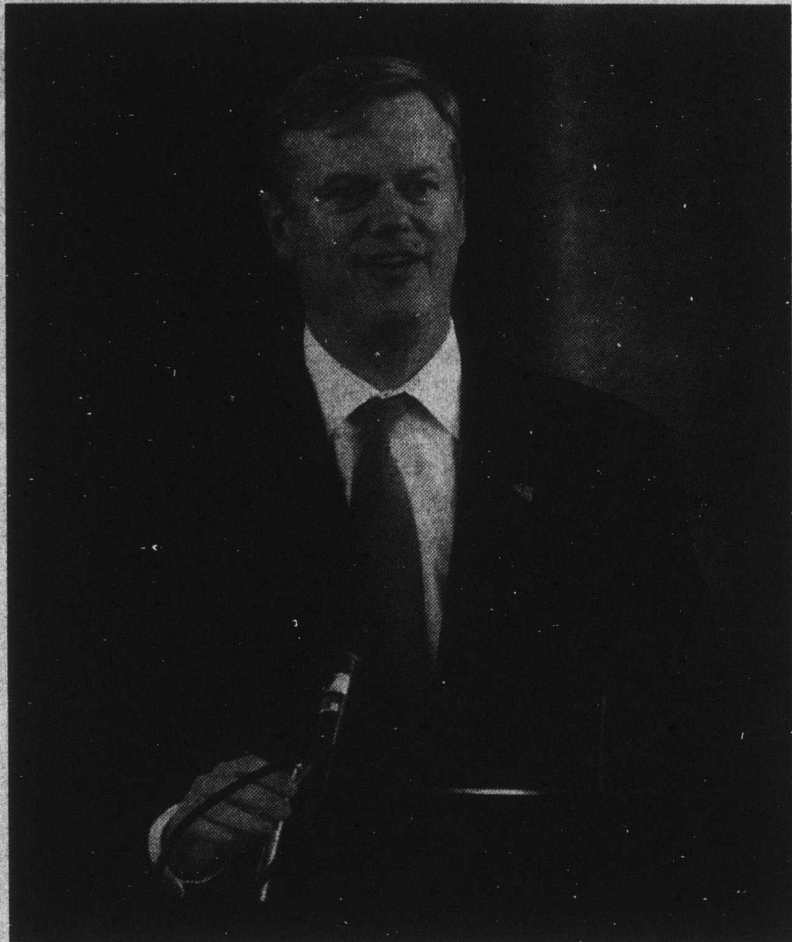
Included in the bill is \$500 million for MassWorks grants, which fund public projects to support economic development. The \$5.8 million grant Quincy received last year to demolish the Ross Garage was from the MassWorks program.

"The MassWorks program is about the most flexible tool we have to help local communities fit housing projects, downtown development projects, economic development projects, park projects — whatever they happen to be — to go do sort of the last mile on whatever it is they're up to," Baker said.

"That program makes projects possible that otherwise would not be able to find a way to get to success. I consider it in some respects to be one of the most important elements of our economic development strategy, especially when you get outside Boston in to a lot of the mid-sized communities throughout the commonwealth."

The bill, if approved by the Legislature, sets aside \$75 million to vocational and technical schools, which would allow them to increase and upgrade equipment and classroom capacity.

"These schools are gems and we almost never spend anytime talking about them," Baker said. "But if you look at the quality of the education they provide and the way they go about creating a link for kids, who may not have seen it on their own, between education and work, and the relationship a lot of these schools have with their local job creators



"WE HOPE WE can continue to be part of the great story you're writing here on the South Shore and we look forward to working with you going forward," Gov. Charlie Baker told more than 400 business and community leaders at the Quincy Chamber of Commerce Annual Meeting and Business Showcase Feb. 3 at the Boston Marriott Quincy.



KERRI MOREY of Morey Law Group and Tracy Branstrom of Compass Furnished Apartments attend the Quincy Chamber of Commerce Annual Meeting and Business Showcase.

and employer community, they are a fabulous asset.

"At a point in time when we spend a lot of time worrying about whether or not people are going to have the skills and the ability to get the kinds of jobs, [those students] will be able to build a life and make a living and raise a family. These schools, we should be in-

vesting in them."

The economic development bill also includes the \$118 million Massachusetts Manufacturing Innovation Initiative, which would provide matching funds to create public-private research institutes focused on emerging manufacturing technology, as well as \$25 million for non-profit collaboratives



DEPARTMENT OF PUBLIC WORKS Program Manager John Sullivan (left), DPW Commissioner Dan Raymond (center) and Success Realty's Deborah Riley display a "Single Stream" recycling bumper sticker and DPW color calendar that were distributed at the DPW booth during Quincy Chamber of Commerce Annual Meeting and Business Showcase.

Quincy Sun Photos/Lisa Aimola

working to commercialize emerging technologies.

"The whole notion of manufacturing is going through an enormous change and as companies like GE, which is coming here for part of this reason, start to think about how to create really smart machines that can generate all kinds of information that can help people think a lot more creatively about not only how they make stuff but how long it takes and what processes they use and all the rest, we have a real opportunity to be a leader in that space," Baker said.

"It's going to require us to play that stitching role I was talking about before, working with research and development organizations, a lot of our colleges and universities, our innovators and our entrepreneurs, and companies like GE and others.

"We have a big footprint in robotics, we have a big footprint in medical technology, we have a big footprint in artificial intelligence and there is just tremendous opportunity here and I want to make sure we don't miss it."



GOV. CHARLIE BAKER takes a moment to pose for a photograph with Lynda Chuckran, director of Community Relations for Welch Healthcare & Retirement Group, at the Annual Meeting and Business Showcase at the Boston Marriott Quincy hotel.

Photo Courtesy Welch Healthcare/Retirement Group

135-Room Hotel Proposed For Vacant NQ Lot

By SCOTT JACKSON

An empty parcel of land in North Quincy could soon be transformed into a 135-room hotel, a proposal that will go before the Planning Board and Conservation Commission for review in the coming months.

CPI Management LLC of Boston has proposed building the six-story, 135-room hotel in the 58,670 square foot parcel of land at 1-15 Arlington St. and 22-30 Fayette St. in North Quincy. The lot is currently vacant after several buildings on site were demolished in the spring of 2011. It is located about a tenth of a mile from the North Quincy MBTA

station.

The project was on the Conservation Commission's agenda for Feb. 3, but the applicant was given a continuance until the board meets again on March 2.

The proposed hotel building, which would also include ground level retail space, would be located in the northeast corner of the lot where West Squantum Street and Arlington Street meet, according to project documents filed with the Conservation Commission. The proposed building would stand 72 feet high with a footprint of 9,317 square feet; its facade would be finished with brick ve-

neer and aluminum composite panel.

A 102-space parking lot with standard, 24-foot driving aisles is proposed for the remainder of the site; the city's zoning code requires hotels to have one parking space for every two sleeping rooms. A 10-foot wide strip of new vegetation would wrap around the perimeter of the parking lot.

The plan also calls for a stormwater treatment system on the site, which is presently entirely impervious. The proposed system would use deep sump catch basins with oil separator hoods for pre-treatment and a water quality unit for treat-

ment. Treated water would be released into the city's drain system.

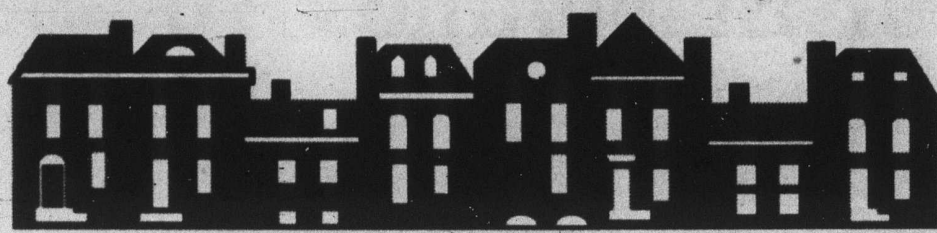
As part of the project, the applicant has proposed creating 13 on-street parking spaces on Arlington Street adjacent to the site as well as a new sidewalk on that side of the road.

The developer estimates that construction off the hotel, parking lot and Arlington Street improvements would take approximately 12 months.

A majority of the project site is located within the limits of the 100-year flood zone as established by the newest FEMA flood maps

approved in June 2014. Approximately 3,700 square feet of the site also falls within the Neponset River Estuary area of critical environmental concern.

Rob Simmons, a project manager for Boston-based real estate firm Cathartes, is the applicant listed in the submittal for the proposed hotel. Cathartes' other projects include Portwalk Place, five-acre, 400,000 square foot mixed-use development in Portsmouth, N.H., as well as the 146-unit Mezzo Design Lofts in Charlestown, a project done in partnership with Magic Johnson's Canyon Johnson Urban Funds.



Real Estate

Quincy Real Estate Transactions Feb. 1 - Feb. 5

Seller	Buyer	Amount	Address
Dario H. Franchetti & Judith A. Heller	Vlado & Tamara Dapic	\$452,500.00	21 Ryden Street Unit 2
Christopher Wong	Yok Yen Lee Revocable Trust	\$205,000.00	500 Washington Street Unit 607
Draicchio Realty Trust	Hong Q. Yang	\$350,000.00	20 Glynn Terrace
LaRaia Family Trust & Joseph J. LaRaia Trust	Thomas J. McCarthy	\$500,000.00	549-553 Washington Street
Robert M. Busby	Courtney A. Mitchell	\$375,000.00	30 Samoset Avenue
Xiao F. Guan; Amy, Wai M., Wei H. Kwan; Kevin & Judy Daley	Zhao Z. Guan	\$330,000.00	411 Newport Avenue
Oranmore Realty Trust	City of Quincy	\$130,000.00	147 Newbury Avenue
Annette T.A. & Ronald P. Clang	Artemistream LLC	\$175,000.00	133 Commander Shea Boulevard Unit 721
Mary Lynagh	Boardwalk Partners LLC	\$565,000.00	303 Beach Street
Ryder Development Corporation	Nicholas A. Tenaglia Revocable Trust	\$439,900.00	37 Wren Terrace Unit 1
James W. Monroe	Jason Y. Huang & Nga S. Chan	\$306,000.00	222 Centre Street
Tammy A. Tobin	Brandon & Britany Y. Balducci	\$230,000.00	48 Kent Street
Leah Keister	Haiming Chen	\$228,000.00	86 East Howard Street Unit 203
31 Lyons Street Realty Trust	Scott A. Kelley	\$299,000.00	31 Lyons Street
Ryder Development Corporation	Candy S.Y. Ho & Lam Mak	\$439,900.00	37 Wren Terrace Unit 3
Michael W. & Barbara A. Maloney	Ricky Chen	\$395,000.00	59 Burns Avenue

Norfolk County January Real Estate Report

Norfolk County Registrar of Deeds William P. O'Donnell reports a mostly positive kick-off to the New Year relative to Norfolk County real estate activity for month of January, but added a few numbers still need to be closely watched throughout the first quarter of 2016.

"I am pleased to report that January 2016 real estate sales activity showed solid gains in both the total of number of real estate transactions and total dollar volume of real estate activity, including commercial and residential sales, compared to the same month in 2015," O'Donnell said.

"The number of real estate sales, both commercial and residential, increased a whopping 28 percent in January. The average sales price during the month was \$680,350, a 4 percent increase compared to January 2015. Total dollar volume of commercial and residen-

tial sales also showed solid gains, increasing an impressive 34 percent to \$514.3 million," he said.

O'Donnell also said the lending market was a "mixed bag" for the month of January.

"The total number of mortgages recorded in January was 1,982, a modest 5 percent increase. However, total mortgage financing actually fell 7 percent coming in at \$764 million. We will need to watch this number closely to see if individuals and business begin to think twice before borrowing money."

On the consumer front, Homestead recordings in January increased by 23 percent year over year. Information regarding the Homestead Act, which provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000, can be found on the Registry's website at

www.norfolkdeeds.org.

Foreclosure activity in Norfolk County continued to be a cause for concern as it does throughout the state.

"The good news in January," O'Donnell said, "was that the number of foreclosure deeds fell by 25 percent year over year. However, when it comes to foreclosures, we are by no means out of the woods."

"What is troubling is the big increase in the amount of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process. In January, 97 Notice to Foreclose Mortgage filings were recorded as compared to 59 in January 2015. This is a clear indication that despite the good economy in eastern Massachusetts, some of our neighbors continue to face economic hardship."

O'Donnell said the Registry of Deeds continues to work with its partners Quincy Community Action Programs and Neighbor Works Southern Mass to help homeowners who have received a Notice to Foreclose Mortgage. Another

option, he noted, is for homeowners who are facing the challenges of meeting their monthly mortgage payment to contact the Attorney General's HomeCorps program for assistance.

"The data clearly shows that the Norfolk County market is on a solid footing," O'Donnell said. "As the next 12 to 18 months progress, it will also be interesting to see how much the General Electric headquarters move to Boston will impact the local housing market."

"However, a story that may have just the opposite effect is the recent decline of the stock market. Individuals who are seeing significant losses in their portfolios may pause before considering a real estate purchase or home improvement."

"Another factor not to be discounted is the real estate inventory, which if remains low, can have a negative impact on real estate sales, particularly for first-time home buyers."

The Norfolk County Registry of Deeds, located at 649 High St., Dedham is the principal office for real property in Norfolk County. For more information, call (781) 461-6101, or visit the Registry's website at www.norfolkdeeds.org.

Ask Barbara Graceffa: 'Secretary Of The Interior'

Dear Secretary of the Interior:

I met you at a craft fair before Christmas and loved your unusual silk floral arrangements. I remember one on a wig frame and others in stylish ladies shoes. How do you think up these things? Paula

My creative process includes looking at objects through a different lens — looking for beauty in unusual, even everyday, objects. I also find inspiration on Etsy and Pinterest, the online marketing venue and e-bulletin board where folks post loads of interesting crafts.

For example, on Pinterest, I found the idea of using shoes, boots, and purses as "vases" for my floral art pieces. There, I also found an old-fashioned, wooden-handled, closed umbrella bursting with silk flowers bound together with a pretty ribbon, to hang on a door or wall—just like you would a wreath... and I've made a few as gifts.

I often see pictures of dining rooms with different chairs around the table. How do I successfully pull this off? Roseanna

The days of "matchy-

matchy" are gone. This is a great example of using variety to add interest to your home. If your home is casual, artsy, or eclectic, you can get all different chairs with the same finish or color. Or try all the same wooden chairs in two or three different colors of the same intensity. If your home is more traditional, try upholstered chairs at the head of the table to complement wooden chairs along the sides. For a modern look, purchase the same chair in different colors or finishes. Metal finishes are still in vogue so try adding them to the heads of the table.

If you are hesitant you might make an expensive mistake, take a baby step and try adding a slipcover or back pillows to two of your chairs.

Do you have a decorating problem needing a professional solution?

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.



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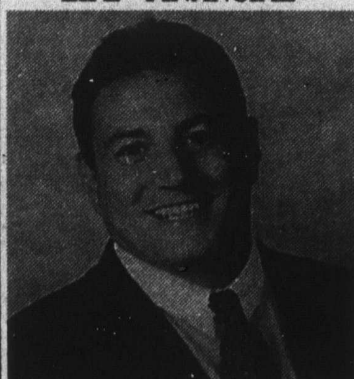
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WORKERS AND CRANES continue progress on the façade of the West of Chestnut building near 1400 Hancock Street in Quincy Center Tuesday. The development featuring a pair of six-story, mixed use buildings, began in March 2015 and is nearing completion. Quincy Sun Photo/Robert Bosworth

Quincy Center Building Projects Making Progress

Cont'd From Page 13

those with one bedroom and \$2,495 for the two bedroom units, according to the West of Chestnut website. The monthly rent for the largest units, with two bedrooms and a den, is \$2,850.

In addition to the 169 high-end apartments, West of Chestnut also includes 12,000 square feet of first floor retail space. Interest in those spaces is high, Warwick said. The developers are looking to include lifestyle retail – retailers focusing on health and fitness – as well as restaurants.

"There is great interest in the retail space," Warwick

said. "We've been trying to attract the best restaurant and lifestyle retailers in the Boston area."

A short distance from the West of Chestnut site, Quincy-based Galvcon Development plans to build two six-story buildings with 56 condominium units and 8,000 square feet of street-level retail space.

The Galvcon Project, known as Cliveden Place, is being undertaken at 1545 Hancock Street and 64 Ross Way. Demolition on site, including the razing of the former Woolworth's, began in late January. Sean Galvin, Galvcon's president,

said the demolition will take another two or three weeks, with another week following that set aside for processing materials on site.

Construction of the building on Ross Way will begin in March and take 12 to 14 months to complete. Work on the second building will start several months later. Galvin said the project would take 18 to 24 complete in its entirety.

The Ross Way building will include 36 parking spaces in a two-level garage. Galvin said that building would be completed first so new residents will have parking spaces available as

construction on the other building continues. The building on Hancock Street includes the 8,000 square feet of ground level retail incorporated into the project.

Work on site has gone smoothly, according to Galvin.

"We've had nothing too surprising as of yet," he said. "There was the typical

remediation we do in buildings this old, but nothing we didn't expect."

The project also benefited from a mild start to the

Cont'd On Page 33

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GAIL MACDONALD of Quincy (standing, center) and Mrs. TITA Fabien with children of the St. Yves School in Port-au-Prince, Haiti. The school was rebuilt after a devastating earthquake in January of 2010. Macdonald and another Quincy resident, Marie-Denise Fabien, help lead the effort to rebuild the school. They returned to Haiti last December for a wonderful Christmas celebration at the Saint Yves School. The celebration was made possible through generous donations of money and gifts from Quincy residents and businesses.



MARIE-DENISE FABIEN of Quincy (right) accepts a thank you gift from the children and students of St. Yves School in Port-au-Prince during a visit to the school in December.

Photos Courtesy Marie-Denise Fabien

Helping Hands From Quincy Bring Joy To Haitian Students

A wonderful Christmas celebration was held at the Saint Yves School in Port-au-Prince, Haiti this past December thanks to the generous donations of money and gifts from Quincy residents and businesses.

The donations were personally distributed to the

students by Quincy residents by Marie-Denise Fabien and Gail Macdonald during a school celebration on Dec. 18. The St. Yves School which originally served 350 children in grades K-12, was completely destroyed on Jan. 12, 2010 in the massive earthquake that struck

the city. Thanks to the fundraising efforts of Fabien and Macdonald, the rebuilding of the school began in earnest a year later. Today, the school welcomes 250 children in two sessions, helping to fill the enormous educational needs of this densely populated neighborhood.

"I would describe the school as a serviceable but bare bones structure," said Macdonald who saw it for the first time during this visit. "Our hope is to eventually replace it with a more modern, anti-seismic two-story structure that will accommodate all the children in one session".

On the morning of the

celebration dozens of excited students - dressed in their crisp pink and blue school uniforms - gathered in the brightly painted red and yellow school yard which had been decorated with colorful balloons and garlands.

The festive atmosphere was further enhanced by Christmas music and the warm Caribbean sunshine. Sandwiches and other treats were provided to the expectant children with the help of Grace L'Or Jean, Marie-Denise's daughter and a third grade student at The Catholic Academy. The children were provided with sandwiches, snacks

and juice. At about 10 a.m., a friendly Haitian Santa Claus surprised the crowd of children who serenaded him with a traditional Haitian Christmas carols. Santa distributed gifts and money to all the children and teachers. The toys and envelopes, filled with enough money for a special Christmas meal, brought a smile to every face.

The event concluded with a prayer for the rebuilding of the school and a moment of remembrance for those who perished at the school when the old building collapsed in the massive quake. Father Lucien, from the nearby Sacred Heart Church in Port-

au-Prince, offered a blessing to the teachers and a prayer for the ongoing rebuilding of the school.

Fabien and Macdonald would like to recognize all the local businesses who have contributed to this most recent effort: Wal-Mart in Quincy (Manager Ed) Walgreens on Quincy Ave (Manager Mike) Meineke on Southern Artery (Manager Bob), North Quincy High School's Interact Club and Mrs. Susan Lynn of the Bernazzani School. Their contributions provided money, toys and school supplies as well as the shipping costs of them for the children of

Cont'd On Page 31

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ENC Choir Valentine's Day Concert

Eastern Nazarene College's A Cappella Choir will present a Valentine's Day-themed benefit concert Thursday, Feb. 25 at 8 p.m. at the South Shore Baptist Church in Hingham.

The public is invited to attend.

Directed by Dr. Timothy Shetler, the concert will feature a wide variety of love songs, including classical, folk and contemporary arrangements. Joining the

A Cappella Choir for this concert will be ENC alumni who sang with the group during their college years.

A free will offering will be taken during the concert, with all proceeds benefiting Friends of the Homeless of the South Shore. Donations may also be made online at www.friendsofthehomeless.org.

ENC's A Cappella Choir tours regularly in the New England and Mid-Atlantic

states. In addition to performing internationally, the choirs have performed at New York City's Carnegie Hall and Lincoln Center, and at Boston's historic Jordan Hall at New England Conservatory.

South Shore Baptist Church is located at 578 Main St., Hingham. For more information, contact the ENC Box Office at 617-745-3715.

Healthy Heart Topic At Kennedy Center

Ruth Jones, Quincy Health Department nurse educator, will be at the Kennedy Center on Friday, Feb. 12th at 11:30 a.m. to discuss heart health.

Topics will be nutrition, exercise and stress as well as other important information relating to heart health. Refreshments will be provided.

Registration is required as space is limited. To register call (617) 376-1506.

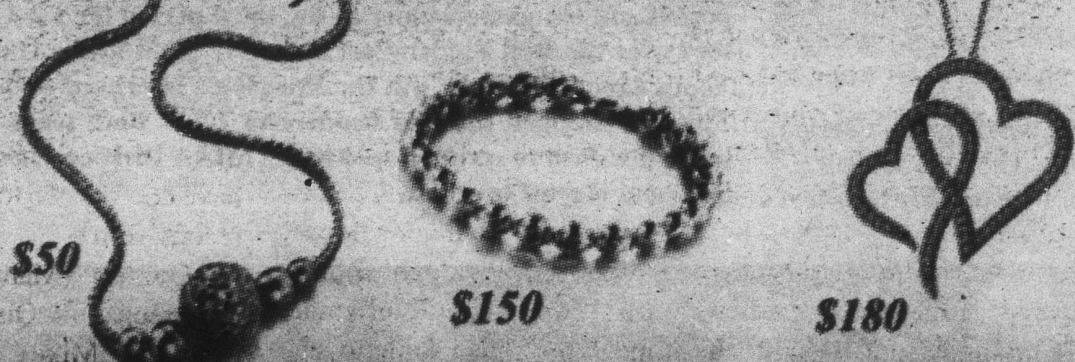
Caregiver Appreciation Day

In recognition of Caregiver Appreciation Day, the Quincy Council on Aging will host a luncheon and afternoon of reflection, relaxation and pampering at the Kennedy Center on Friday,

Feb. 19th from noon to 3 p.m.

The event is for caregivers only. Registration is required. To register, call the Kennedy Center at (617) 376-1506.

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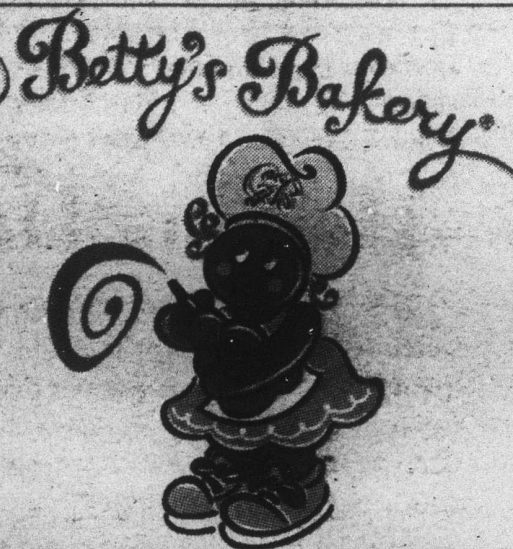
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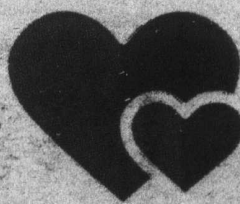
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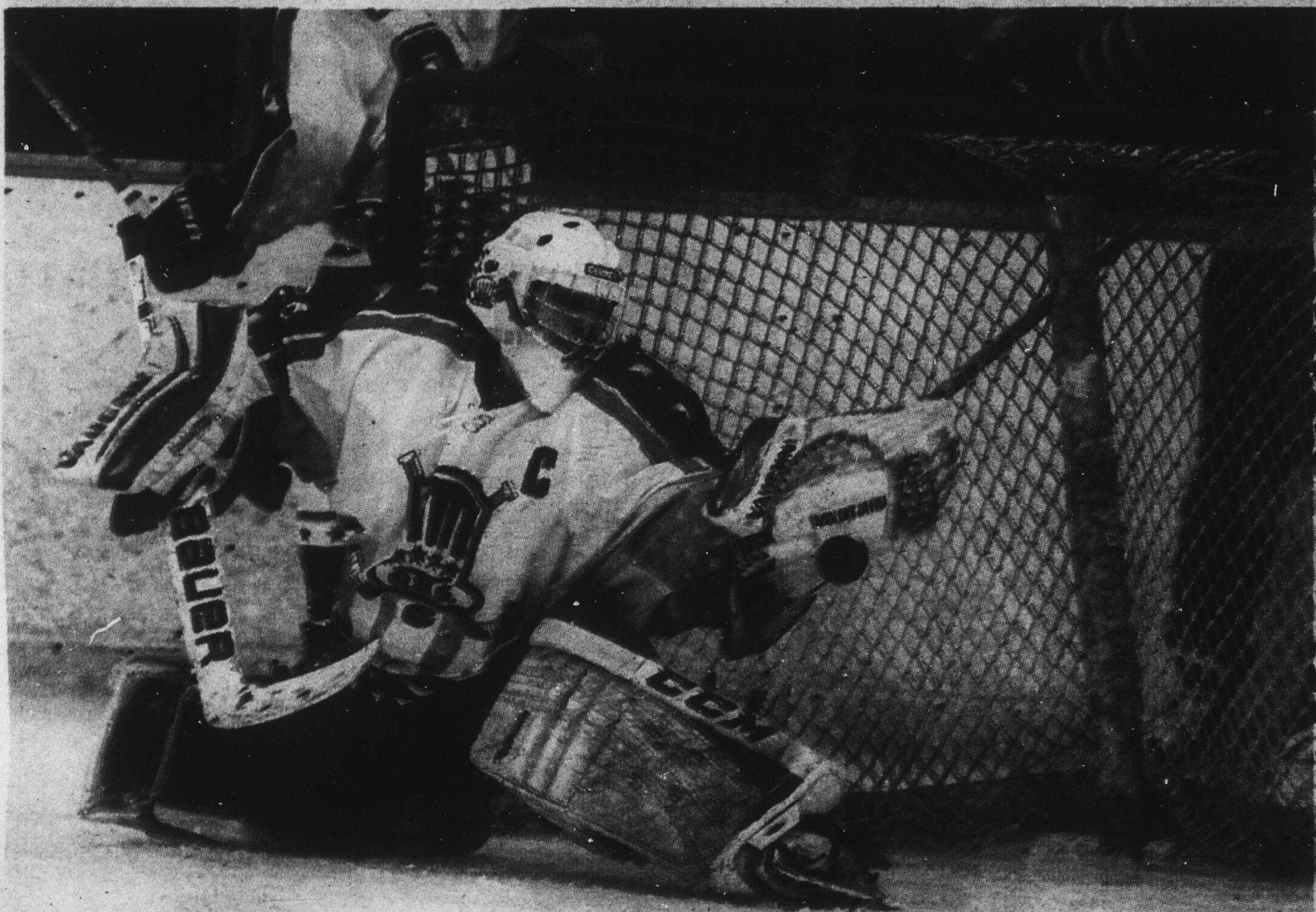
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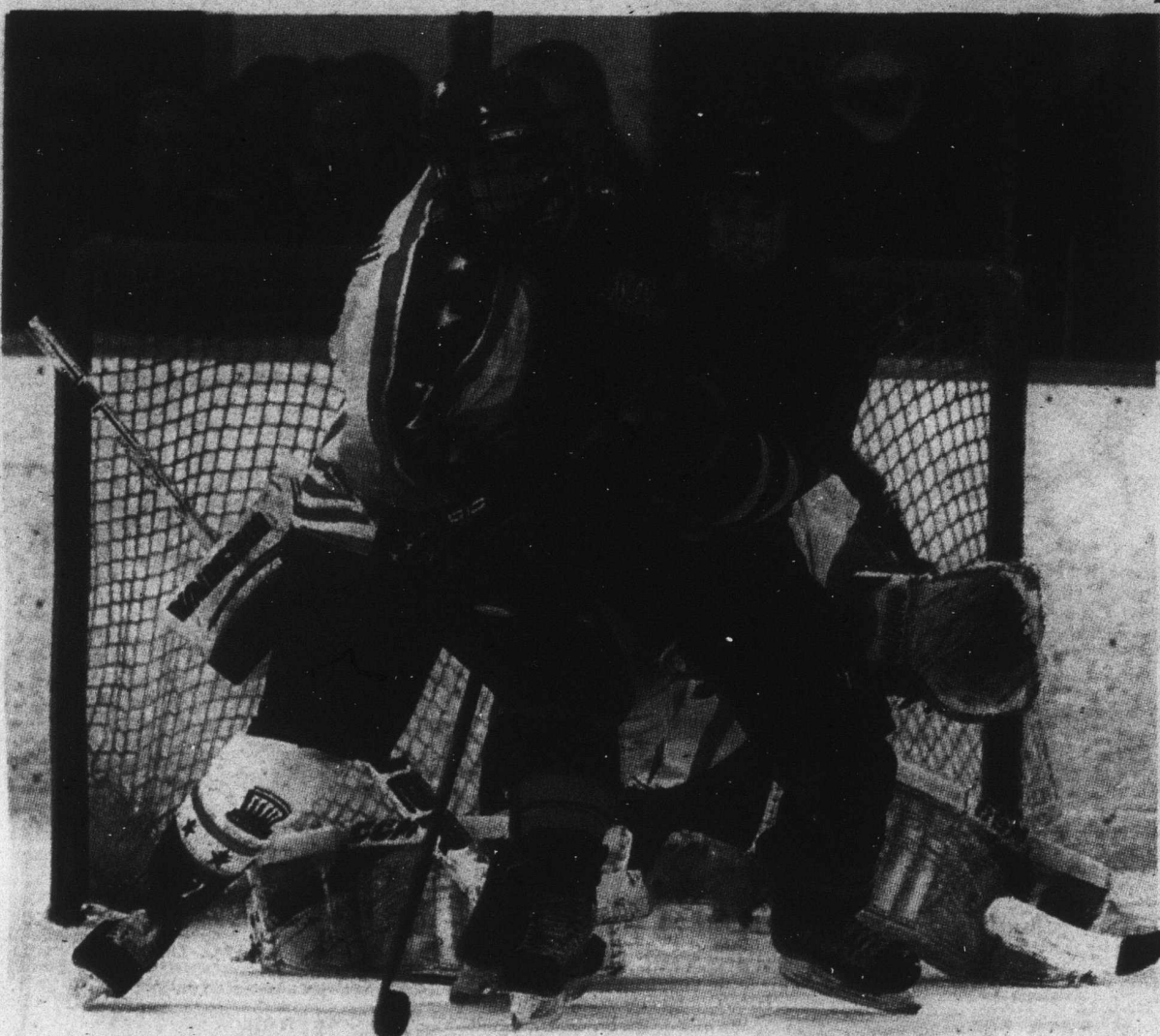


QUINCY HIGH SCHOOL senior captain and goaltender Chris Connolly deflects a North Quincy shot on goal in the first period. Connolly played a solid game in net allowing only one goal on 28 shots in Saturday's match up between the two high schools.

Quincy Sun Photos/Larry Carchedi



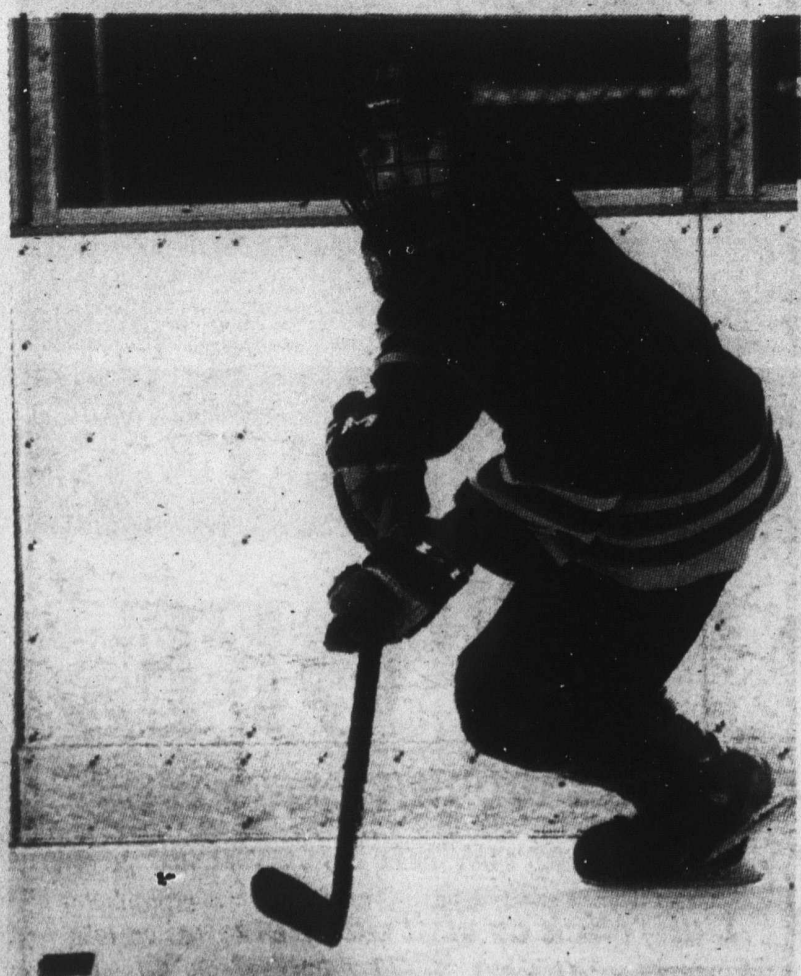
QUINCY'S SHAMUS MCBRIDE scored a goal in the second period and the game-winner in the third period for a 2-1 victory over the Red Raiders last Saturday night at the Quincy Youth Arena. With the win the Presidents improved to 8-8-2. The loss dropped the Red Raiders to 7-7-1. Both teams are making a push to secure a spot in the MIAA Division II South Sectional playoff bracket.



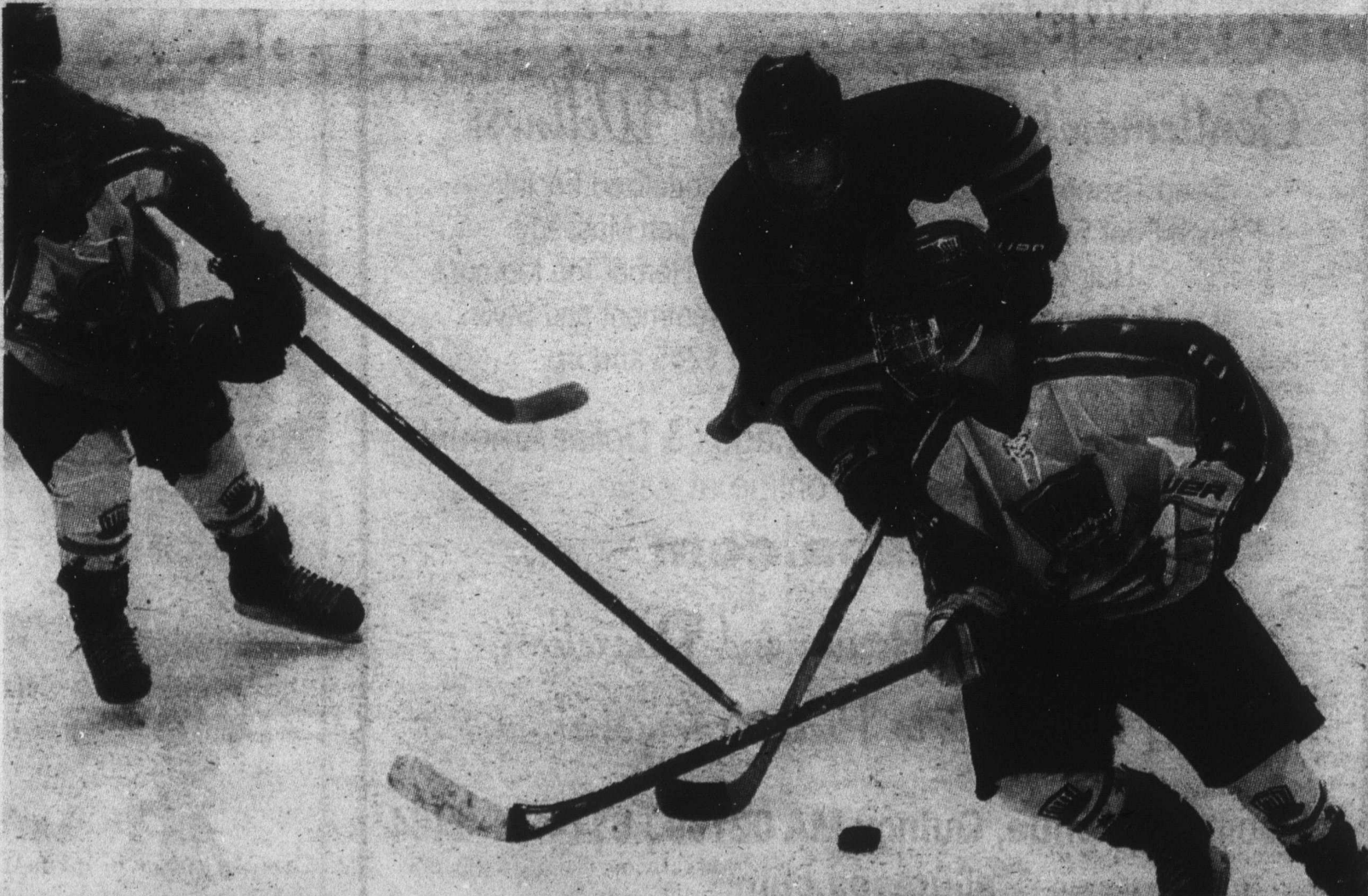
NORTH QUINCY'S Corey Hernandez and Quincy's Owen Lynch battle for position for an on coming shot on goal.



RED RAIDER Cameron White scored the Red Raiders' only goal in the second period.



RED RAIDER Tim Glynn looks up ice to start the offensive rush. Story, other photos on Page 21.



NORTH QUINCY CAPTAIN Kevin Mock tries to split through QHS's Sam McGahey and Paul Blake in the third period.

Quincy, NQ Hockey Teams In Playoff Push

Presidents Edge Red Raiders 2-1

By TOM JOYCE

Both the North Quincy and Quincy High School boys' hockey teams considered last Saturday's game a must win. But only the Quincy Presidents (8-8-2) walked away with one in their 2-1 win over the Red Raiders (7-7-1).

It may have been a rivalry game but on top of that, both teams are making strong cases for spots in the MIAA Division II South Sectional playoff bracket. And at this point, any points either side can muster are crucial.

"It doesn't matter who you put in front of us," Presidents head coach Ted Walsh Jr. said. "We just want to get some points and get in the tournament. We just want to get these guys healthy, and I think we'll be able to surprise a lot of people. We haven't been fully healthy in a while."

For the Presidents, as they make their case for a spot in the tournament, getting fully healthy will be key.

"They never cease to amaze me," Walsh said. "We have two key forwards out with concussions right now. Kids just keep stepping up. I'm just so proud of that."

Walsh said that as nice as it would be to have a few kids back, he wants them to take their time recovering from injury and feel 100 percent before he considers putting them back out on the ice.

With so much experience on defense, the Red Raiders were able to keep themselves on the attack for much of the contest. And when the Presidents got control of the puck, the Red Raiders were able to prevent them from doing much with it. The Red Raiders had a clear advantage in terms of puck handling - and it was evident early on in.

"We've got good coaching," Red Raiders senior captain and defenseman Timmy Glynn said. "We know our spots. Instead of going all out at practice, we take some time to learn our spots. There's some new kids. It's really crucial to get them in position - figuring out where they need to be on the ice."

It was almost as if Presidents senior captain and goaltender Chris Connolly, who had 27 saves on 28 shots, was playing catch with the Red Raiders not only because of how much work he got on Saturday night, but because of how quickly was able to get the puck. Not to mention he had more glove saves than usual.

"He's clearly the MVP of this team," Walsh said. "He's carried us through a lot of tough times. He got

what he deserved. He's just ultra focused right now. The kids appreciate it, they're so thankful. He's just so humble, you'd never expect it. Great kid."

Junior forward Shamus McBride had both of the Presidents goals.

Senior defenseman Cam White had the lone goal for the Red Raiders.

Lately though, the Red Raiders have ran into some scoring woes.

"We just got to find a way to score some goals," Red Raiders head coach Matt Gibbons said. "Early in the year, they were coming easy for us. I don't know if we're holding the sticks tight or if we're getting nervous, but they're just not falling."

In the crosstown rivalry game, Gibbons said White's line, with freshman Kieran O'Driscoll and sophomore Ethan Herman, played particularly well.

For the Red Raiders, however, defense has been the biggest key to success this season. And physically, they refuse to back down - no matter who they face.

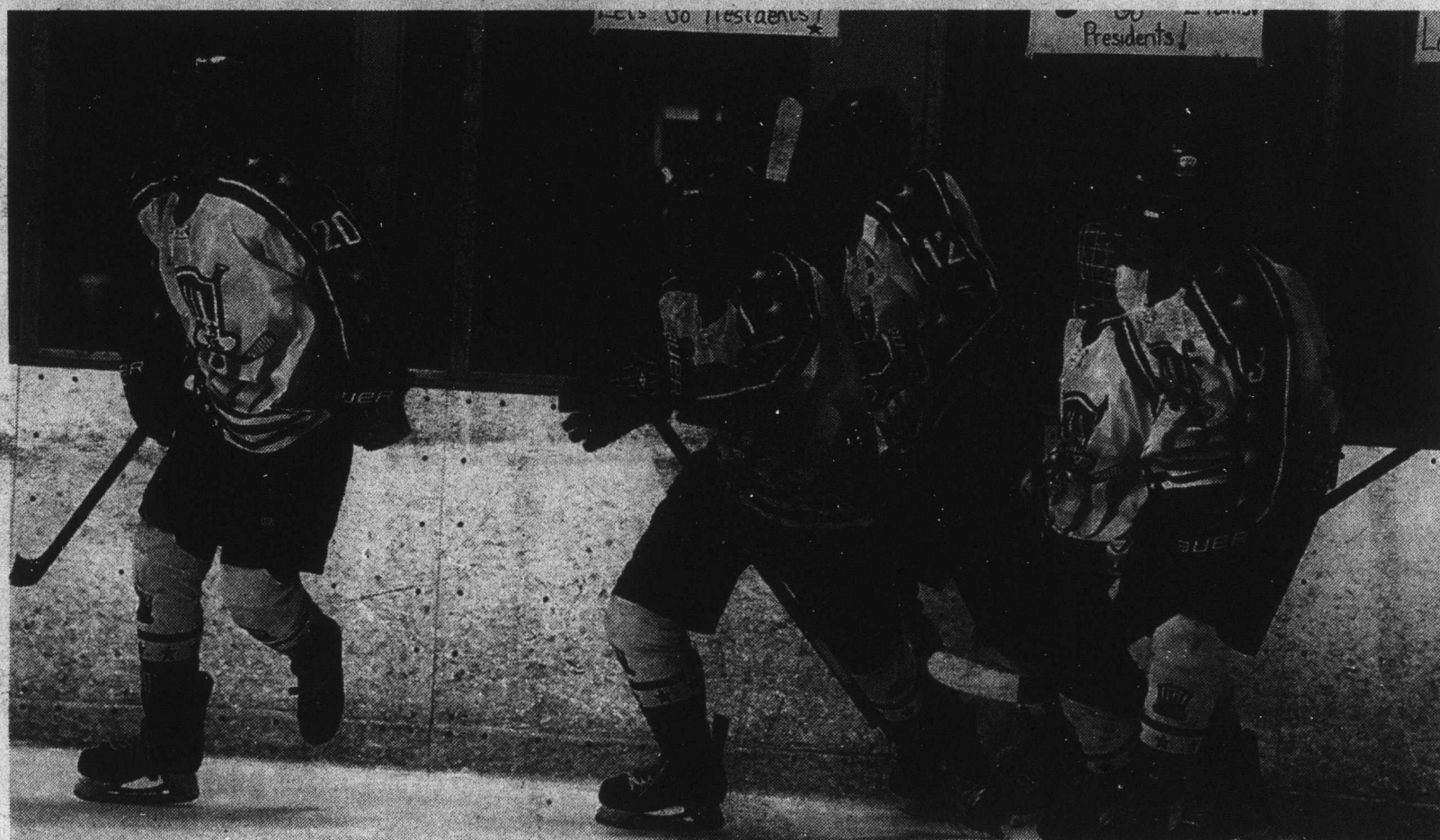
"I think we've definitely got the bodies to play physical hockey," Gibbons said. "Most teams we play are physical. We're in a tough league. I think we're used to it and I think that helps us in the tournament, playing big, tough teams. Some teams aren't used to that. But we are. And that could help us be successful down the road. I just keep telling these guys that if we get there, we can keep going."

Gibbons said senior defenseman Ryan Moreschi, senior forwards Corey Hernandez and Garrett Kulig, White and Glynn have been big helping the team push around their foes this season.

"That's huge in this league - especially in high school hockey," Glynn said



QUINCY PRESIDENTS played a smothering defense all game allowing a single goal in 2-1 win over North Quincy. Here North's Cameron White is surrounded by QHS players in the third period as goaltender Chris Connolly covers the puck up.



QUINCY HIGH SCHOOL varsity hockey players Shamus McBride, Griffin Lynch, Mike Calnan, Sam McGahey and Owen Lynch celebrate the Presidents first goal in the second period over North Quincy.

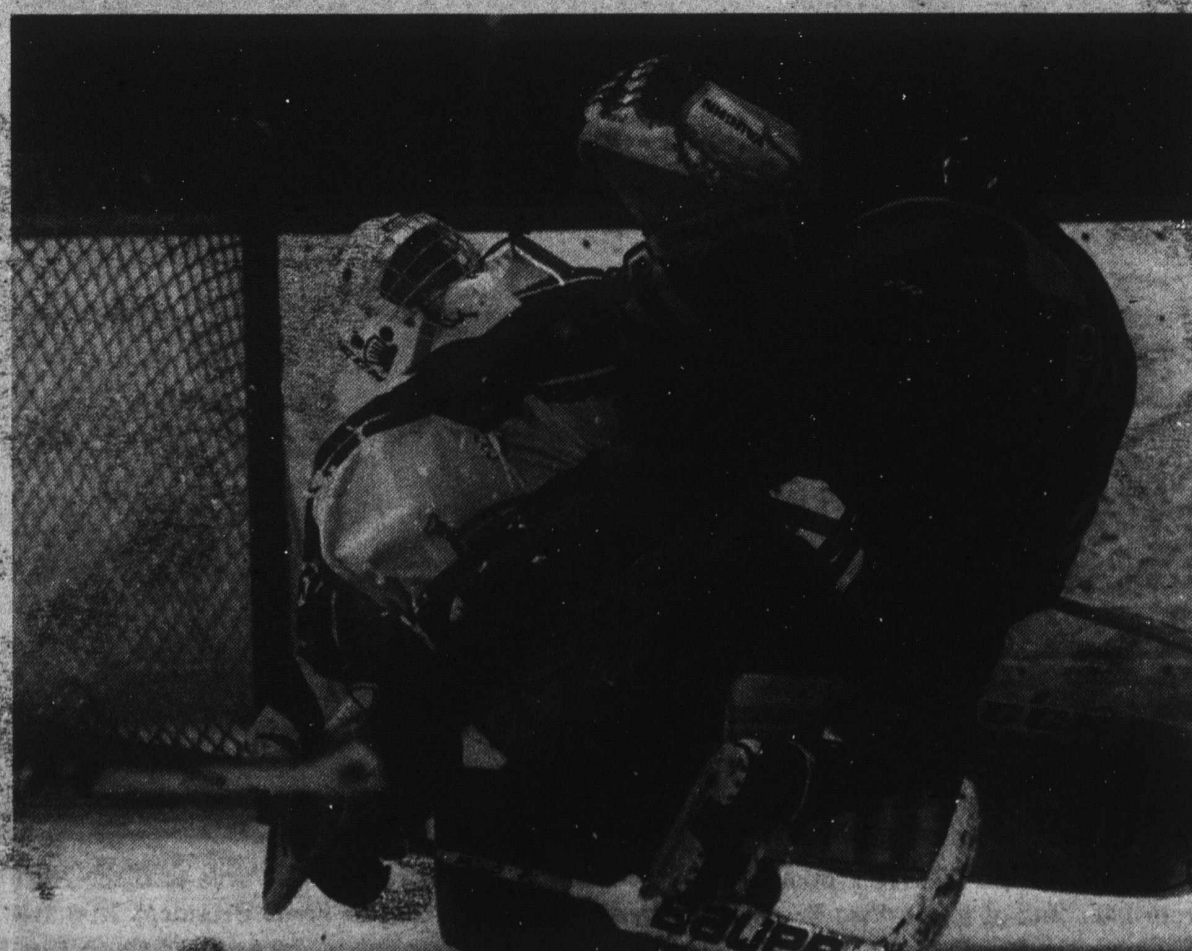
of being physical. "I guess it's just a sense of fear. Every coach seems to say that North Quincy is the hardest team they play. We have a lot of heart and we're pretty physical."

The playoff push is the biggest concern on the Red Raiders' minds.

"It's definitely not over and we're pushing for that last spot," Gibbons said. "I really believe if we can get

there, we'll be a real tough team. The defense is definitely there. I'm hoping to

see the scoring pick up in the next two weeks. But if we get in there, we'll be real dangerous."



NORTH QUINCY'S Kevin Mock and Quincy goaltender Chris Connolly collide in the first period going for the puck.



VOICE FOR HEALTH

by Dr. Gabrielle Freedman
Chiropractor



BUTTOCK PAIN

"Piriformis syndrome" (lack of stretching, weak antagonistic muscles, joint dysfunction, etc.) and treat it. Your doctor of chiropractic is a uniquely trained expert who can help you with your pain problem. At FAMILY PRACTICE OF CHIROPRACTIC, our chiropractic care is a natural, drug-free method of health care, and deciding to begin treatment often means the first step to a healthier, more active life. PH: 617.472.4220. We're located at 112 McGrath Hwy., Quincy. We are able to adjust patients sitting, standing, or lying down to accommodate any level of discomfort. P.S. Perhaps the most common cause of piriformis syndrome is "overpronation," which is an excessive rolling in of the feet as a result of fallen arches.

www.voiceforhealth.com

Scott Mele's Basketball, Baseball Bloodlines Run Deep

Quincy Senior Grandson Of Retired Major League Baseball Player, Manager Sam Mele

By **BILL GRIFFIN**

There is basketball and there is baseball.

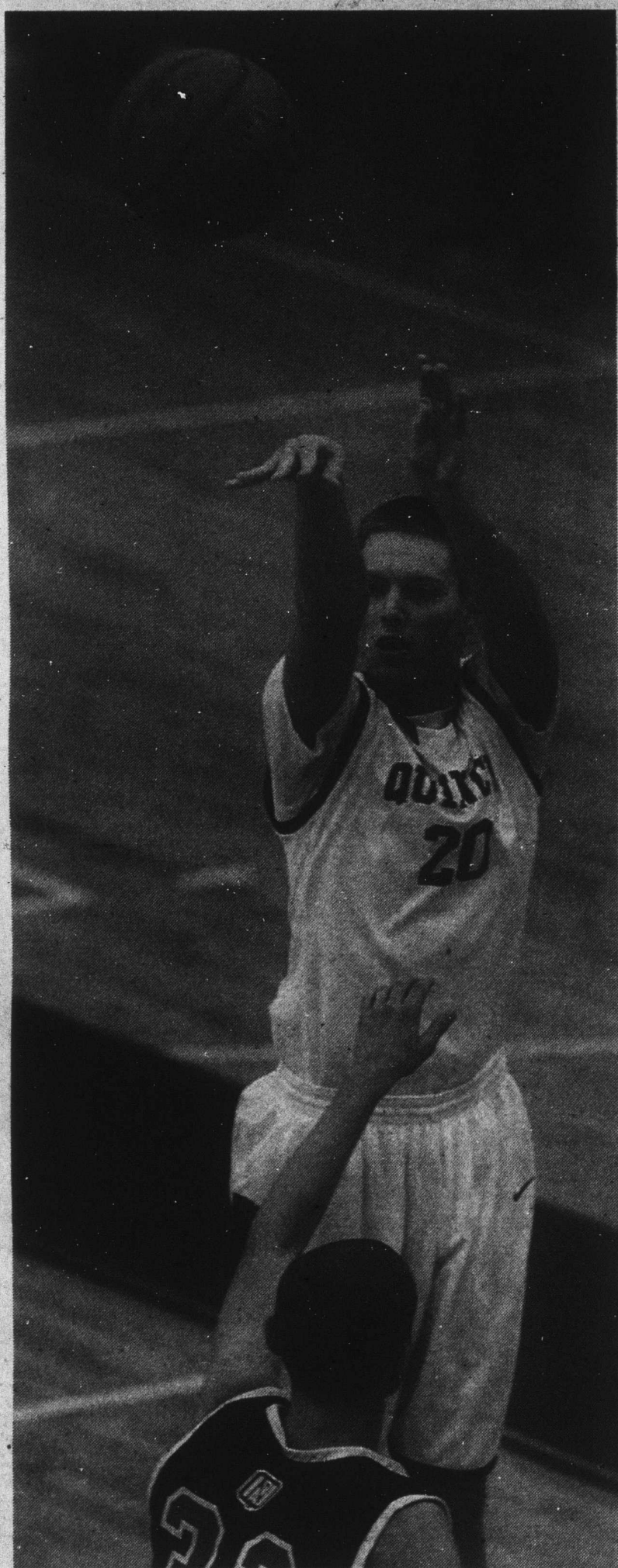
Senior Scott Mele is a terrific basketball player, a coach's-dream-of-a-basketball player for Quincy High. He hits the open jump shot, rebounds, defends the hot scorer, and gives his team exactly what it needs in any situation against any opponent. When the game is decided in the final tense moments – as it has been so many times for the Presidents this season – Quincy wants the ball in Mele's hands.

"He does so many things that don't show up in statistics," said coach Dave Parry. "He's so consistent. Each and every night, he gives us what we need. He has a high basketball IQ, he can shoot and he does the dirty work for us. He's just a solid basketball player, especially in clutch situations. He knows where the basketball should go."

And there is baseball. In baseball, Scott Mele has all the stories. He has the stories that baseball fans would give a treasure of gold to hear just one time. His grandfather is Sam Mele who had a Major League career which covered nearly five decades as a player, manager, and executive. On easy, warm summer days, Scott goes to his grandfather's house, sits by the pool, and listens to the stories. Such stories.

Mele joined the Marines in World War II and played against Joe DiMaggio in an exhibition game. He hit .392 for the Red Sox as a rookie in 1947. His teammates were Ted Williams, Bobby Doerr, Johnny Pesky, and Dom DiMaggio.

As a manager, he took



SCOTT MELE, a senior guard for the Quincy High School boys varsity basketball team, puts up a shot earlier this season in a game against North Quincy High School. The Presidents co-captain is the grandson of retired Major League Baseball player and manager Sam Mele.

Quincy Sun Photo/Robert Bosworth

the Twins to the seventh game of the World Series in 1965 against the Dodgers. If the Dodgers didn't have the greatest left-handed pitcher in the history of the game, Sandy Koufax, to pitch a 2-0 shutout in that seventh game, the words World Series Champion would be forever set before Sam Mele's name.

"I just love to listen to him," said Scott. "We'll be just sitting there and he'll start talking about Ted Williams. He knew Ted Williams. He'll talk about famous people that I just read or heard about, and he really knows them. The stories are great. What makes them so good is he has a funny way of telling them. I always end up laughing. He has mentioned Koufax a few times."

Mele batted .267, hit 80 home runs, and drove in 544 runs in a six-year major league career as an outfielder. He managed the Twins from 1961-1967. He was a special assignment scout for the Red Sox from 1967-1994. If something happened in baseball in baseball between 1942 and 1997, Sam Mele not only knew what happened, he knew the story behind it.

"One night we went to see the PawSox," said Scott. "Jim Rice had retired, and they were having a night for him. My grandfather got us special box seat tickets. Rice came over to see us. Rice gave us plaques, spent some time with my grandfather, and talked with us for awhile. It was a great night."

Sam loved to watch his grandson play baseball. He would sit quietly in the bleachers and make mental

notes. After the game, Sam would talk about baseball. When Sam Mele talked about baseball, his grandson listened.

"He always had tips like open up my stance a little to get a better look at the pitcher. The tips always helped," smiled Scott. "As my grandfather got a little older, my dad would come back from my games and tell him how I did. My grandfather would listen and make suggestions. Even without seeing the game, he could help me."

Always there was basketball and baseball. Scott played both. He made a choice in his freshman year. He wanted to play one sport all year, winter, spring, summer and fall. His first love was basketball. A glance at that family history raises a question. Why not baseball? Look closer. Before World War II, Sam Mele went to NYU to play basketball. His coach Howie Cann called Sam "One of the finest basketball players I have ever coached."

Always there was basketball and baseball.

"Basketball is my passion and I wanted to play one sport year round. I honestly think my grandfather might have been a little disappointed when I chose basketball," smiled Scott who has a 3.6 GPA in the classroom. "He just told me whatever I chose to do my best school and in sports, to keep playing hard and never give up. If I do that, that's all anyone can ask."

It has been quite a run of basketball for Mele. Last year, Mele played meaningful minutes, especially as a shutdown defender, for

a team which won the city, league, Moscardelli titles, and staged an unforgettable tournament thriller against Taunton in the tourney. This year, to the surprise of everyone, Quincy won 10 of its first 13 to make the tourney despite losing its top six players to graduation.

Not only have there been wins, there have been thrills. Quincy went through an eight-game run this season during which every contest was decided either in overtime or by three points or less. The Presidents were 6-2 in that stretch. Mele enjoyed every second of it.

"I like the pressure. I liked the Pembroke game when we were way down, came back and won in overtime," said Mele. "A lot of people were surprised to see us back in the tournament, but I wasn't. The core of our team: Mark (Munroe), Darius (Setalsingh), Quinn (Evans), Dyreke (Johnson) and me have been playing together since freshman year. I knew we had good players, and the kids off the bench have done a great job as well."

It is likely that Mele's sporting life will not end after basketball. He has an idea, a slice of a surprise which will be something to talk about with his grandfather on those lazy, hazy days of summer by the swimming pool.

"I think I've going to make a comeback and go out for the baseball team. I'm a pitcher, and I think I'm going to give it one more try," he said.

Always there is baseball and basketball. The bloodlines run true and deep.

Sports & More

Recreation Programs During School Vacation

The Quincy Recreation Department will offer three Sports & More – "Parent's Night Out" Programs during February School Vacation week.

The program for boys and girls in Grades 3-8 will be held on Wednesday, Feb. 17th, Thursday, Feb. 18th, and Friday, Feb. 19th from 5:30 to 8:30 p.m. in the Central Middle School Gym. The cost of the program is \$5 per session.

The Sports & More - Parent's Night Out Program provides traditional activities under supervision that will include group games and organized play like dodge ball, "Minute to Win It" contest, arts & crafts, sports and more. This recreational

experience will be planned and informal; spontaneous, and organized with plenty of fun. Supervision will be provided by members of the Quincy Recreation Department Staff.

Enrollment will be limited, and on line registration is recommended. Registration taken at the door on the night of the program is on a first come first served space available basis for this increasingly popular activity.

Prior program registration is ongoing and can be done online at www.QuincyRec.com or in person at One Merrymount Parkway from 9 a.m. to 4 p.m.

For additional information call 617-376-1394 or visit www.QuincyRec.com.

Hall Of Fame Honors Three NQHS Football Players



QUINCY/NORTH QUINCY Football Hall of Fame recently presented awards to three North Quincy High football players. From left: Hall of Fame Vice President Richard Lombardi, Hall of Fame President Ron Ivil, Derek Huynh who was named Thanksgiving Day Defensive MVP for the Red Raiders; Conor Pound, recipient of the Kathy Minukas Memorial Award; and Aidan Brown, Thanksgiving Day Offensive MVP and Hall of Fame Scholarship Award recipient; and Joe Minukas, Hall of Fame Treasurer.

Photo Courtesy Joe Minukas

Q/NQ Girls Hockey Racking Up The Wins

Blank Stoughton 5-0 For 12th Victory

By TOM JOYCE

Never has the Quincy-North Quincy girls' hockey team been as competitive as they have been this season.

A program that had never won more than six games, the co-op (12-3-3) has shattered that mark this season and with three games left, their biggest concern will be seeding. They clinched a spot in the MIAA Division One South Sectional playoff bracket in late January.

It could be the coaching that has helped them succeed so much, but first year head coach Jeff Craig would not take the credit for his players' achievements.

"We've got a great group of girls," he said. "They work hard in practice. They listen to what we're telling them to do. They worked hard in the offseason. They've worked hard to get to this point. They've earned our record, their spot in the tournament and they're just a great group of girls."

Last Saturday was senior night for the girls' team and they topped Stoughton High School, 5-0, in a game where the score did not reflect their dominance.

Senior captain and forward Savannah Flynn led the team with two goals while junior forward Riley McGlaughlin, freshman defender Meghan Greene

and senior forward Caitlin Dooley each added a goal. It was Dooley's first career varsity goal and not only was she happy, but the rest of the team as well.

"That was probably the nicest thing all night," Craig said. "To see a senior that works really hard get her first goal. It was really cool."

In net, junior goaltender Karissa Beal shut out the Black Knights.

Craig said that senior captains Maura Crump and Flynn have been big-time leaders for the team while McLaughlin and freshman forward Cassandra Davis have been his top scorers. On the blue line, sophomore Carly McMorrow has played strong defense and the same goes for Greene, who received praise from her coach for playing strong two-way hockey, bringing a spark to the attack.

With just four seniors in the program, the co-op is young. But in terms of experience, as Craig points out, they are not. With that in mind, he is not only optimistic about this season, but the years to follow.

"We're building something here," he said. "It's not just about winning this game, this year. We want to build a program that's strong every year and keep kids

coming to these schools."

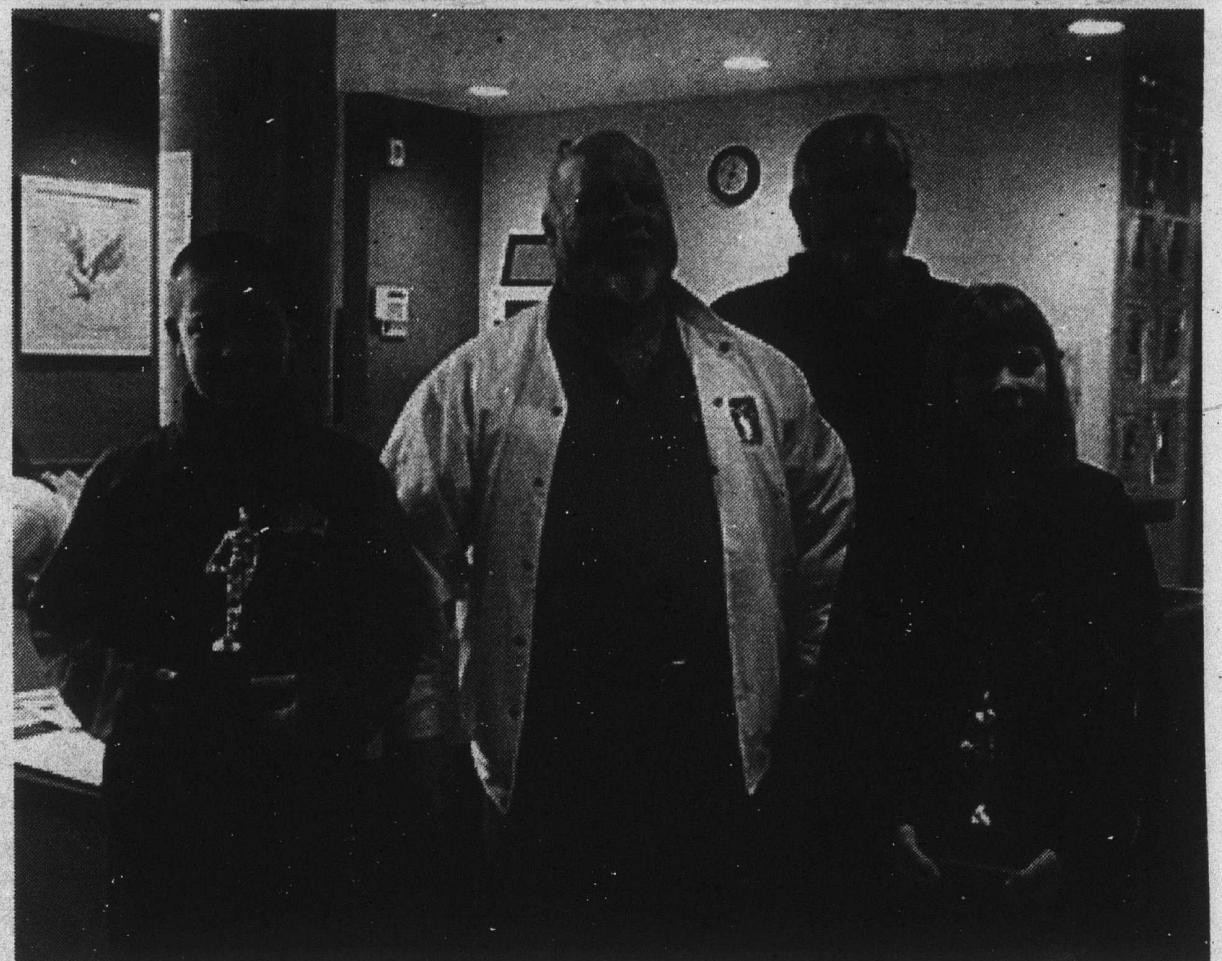
Particularly looking at this season, expectations are high for the program.

"I expect great things from these kids," Craig said. "But we'll see, we'll find out in a couple of weeks."

In most sports, Quincy and North Quincy are usually crosstown rivals -- and that was evident on Saturday night in the boys' game. The two schools may be Thanksgiving Day rivals, but the co-op hockey team meshes together well.

"I never even think of that," Craig said when asked about the co-op being two rival schools. "I mean, it's an obvious thing, but all of these kids have played together in youth hockey. It never crosses my mind because they get along so well. You would think of it as one high school. But I know it's two separate schools. I probably have just about as many girls from each school. But in the locker room or at team dinners, they're a great group of kids."

"We're all the same city. It's not like other co-ops that are two different towns. Once you get past that whole North vs. Quincy thing, we go to the same restaurants, do the same things around here and live in the same city. So that makes it a little bit easier."



TWO QUINCY YOUTH - Kyle Deboer (left) and Adriana Moosick (right) - have advanced to the Massachusetts State Hoop Shoot Free Throw Championship after winning the Circle District Championships held recently in Marshfield. With the winners are Elks State Director for Elks Free Throw Bob Donovan (front row, middle) and Circle District Director Pat Kimmett (back row.)

Photo Courtesy Quincy Recreation Department

Kyle Deboer, Adriana Moosick Advance In Free Throw Contest

Two of the six Quincy Lodge of Elks 943 Hoop Shoot Free Throw Champions have advanced to the Massachusetts State Championship by winning the Circle District Championship held recently in Marshfield.

Adriana Moosick and Kyle Deboer, who both compete in the 10 and 11 division of the national contest, each bested competitors who were champions from Elks Lodges that are south of Boston.

Moosick and Deboer had

advanced to the district level after winning two rounds of shoot offs supervised by the Quincy Recreation Department. Moosick is no stranger to the contest in which boys and girls shoot 25 free throws as she is a past state champion. The participants compete in three age groups, 8/9, 10/11 and 12/13.

Maureen Mesheau, the Exalted Ruler of the Quincy Lodge of Elks, was in attendance as several members of the Quincy lodge volunteered at the regional event. Ed Miller is the Hoop Shoot

Chairman for the Quincy lodge.

Over one million boy and girls take part in the national program which will have the National Finals in Chicago in April.

Also competing in Marshfield representing Quincy were Sean Conroy, Ella Roche, Stephanie Huang and Harris Altaf.

Moosick attends the Broad Meadows Middle School while Deboer attends the Atherton Hough Elementary School.

Quincy, North Quincy Hoop Teams Doubleheader Friday

By BILL GRIFFIN

As Hall of Fame short-stop Ernie Banks said decades ago: Let's play two.

Doubleheaders are always better than single games, and that is certainly true for the basketball community in Quincy. North Quincy and Quincy will offer a rare treat to see the best players from the city -- boys and girls -- in the same gym on the same day in back-to-back games.

North will host the doubleheader. The girls will play Friday at 5:30 p.m. and the boys will meet at 7 p.m. It is not just a chance for the fans to see all the players, it is chance for the players to watch all the players. The boys and girls teams rarely see each other play because their games are almost always scheduled on the same day in different gyms.

"It's a great opportunity for the boys to watch the girls and vice-versa. I also enjoy the sub-varsity game," said Quincy coach Dave Parry. "I don't get a chance to see the girls play very often. I missed Nicole Jor-

gensen's milestones (1,000 points, 1,000 rebounds), and she is a good friend of my daughters. The doubleheader gives me a chance to see her play."

In action last week, Quincy's girls team won its 14th straight with a 49-26 decision over Whitman-Hanson behind 16 points and 12 rebounds from Jorgensen. Alyssa Camara had 14 points and Gabby Jerahian added 12.

Quincy's tourney-bound boys team fell on the road to undefeated Whitman-Hanson, 74-63 despite a late rally which cut the Panthers' 26-point lead to nine. Dyreke Johnson led the Presidents with 19, including 15 in the second half. Jeff Petithomme came off the bench to score 12, including three threes in the Presidents' late rally.

North Quincy fell to Plymouth South, 71-54 despite 19 from sophomore sharpshooter Andrew Huang. Huang went 7-8 from the floor.

Plymouth South edged North's girls, 50-44. Junior

guard Karyn McEvoy had a breakout game for North with 17 points and five rebounds. Junior center Remy Aucoin added six points and 19 rebounds. Captain Marissa McGue had seven points and 11 rebounds for the Red Raiders.

In the first meetings of the season, Quincy won the boys' game, 55-36 and the girls' contest, 57-33. North's boys played Quincy tough for nearly three quarters. The Red Raiders played a disciplined, aggressive 2-3 zone which slowed down the game, limited Quincy's fast-paced offense and gave North a chance. A key in the North defense in the second meeting will be the work of senior center Conor Pound who has played well for the Red Raiders over the past two weeks.

In the first game, Mark Munroe (12 points, eight rebounds) highlighted a powerful inside game for QHS which blocked 14 shots and scored 16 field goals on shots inside five feet.

"We'll have to concentrate on keeping Conor off

the boards. He's a good inside player," said Parry.

The main defensive concern for Quincy is the threat of North point guard Dhaaky Drake who can penetrate, get to the basket and find the open shooter. In the first meeting, Johnson, Darius Setalsingh and Jean Louis Jr. took turns trying to contain Drake who still scored 11 points and handed out eight assists.

"We have to do a good job on Dhaaky again. He can break down a defense and take control of the game," said Parry. "It's the final rivalry game for the seniors and that will be an incentive for both teams. It's in North's gym, so I'm sure that will give them a boost."

The girls game will feature a great battle in the pivot between Aucoin and Jorgensen. Aucoin gives away more than six inches, but still had 12 points and 14 rebounds in the first game. She has consistently strung together double-doubles for North this season, and in one stretch of three recent

games, she had 38 points and 53 rebounds.

Another match up to watch is McGue against Jerahian. McGue has been chasing around Jerahian since youth basketball. McGue is a dangerous all-around threat and Jerahian had 41 points in a recent three-game stretch, mainly on spot-on three-point shooting.

On the boys side, Parry may have found an offensive weapon against Whitman which will serve him well

against North and for the rest of Quincy's schedule. With the Presidents down by 26, he spread the floor, put the ball in Johnson's hands and let the swift senior, who passes so well, break down the defense.

"He leads the team in assists with 55 after the Whitman game," said Parry. "He's an excellent passer. Quinn (Evans), Scott (Mele), and Jeff can spot up for the three pointer if the defense collapses on Dyreke."

Vincent Tran Student Intern In New York City

Vincent H. Tran, son of Tam Ho and Tony Tran of Quincy, and a student at Hamilton College, is studying in New York City for the spring 2016 semester.

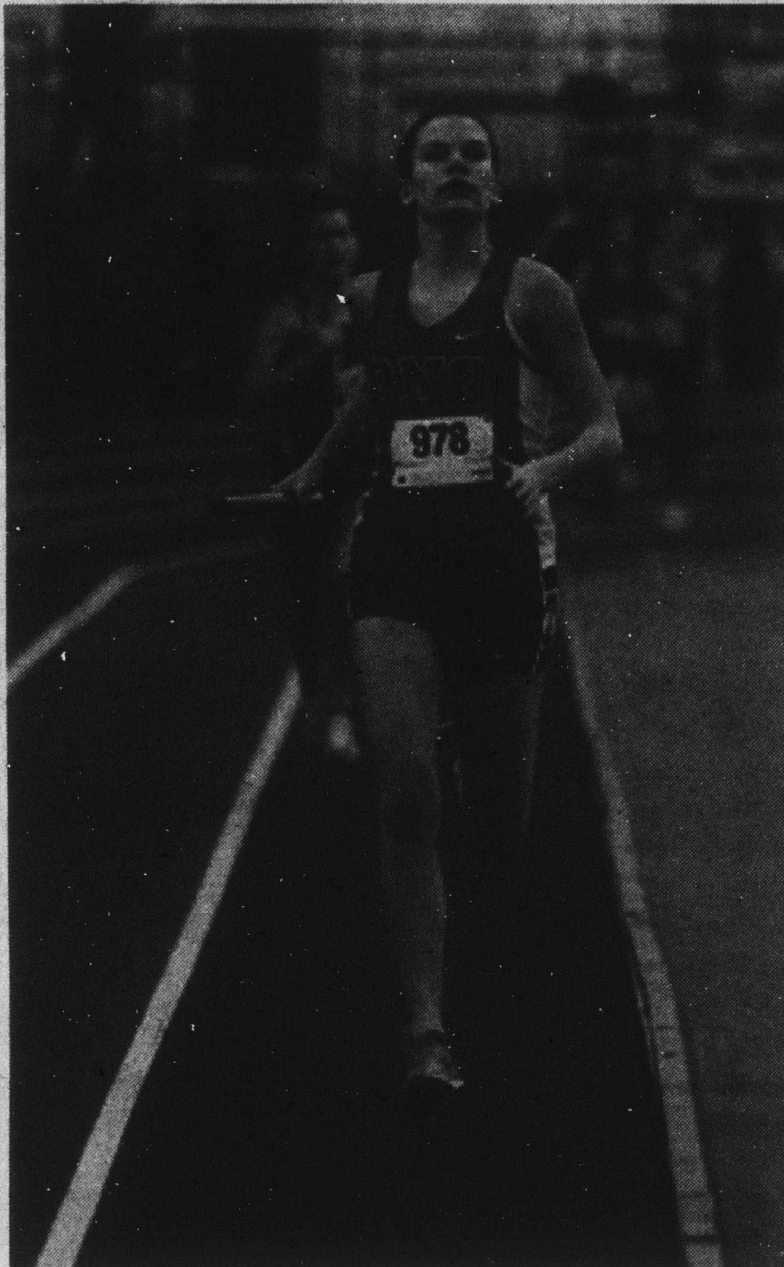
The Hamilton College program is structured so that students spend four days a week as interns in a firm or organization, attend weekly seminars on the semester's topic and do an independent project.

This semester's program, The City as a Global Phenomenon, is directed by Professor of Sociology Dan Chambliss. The program will offer students both a wide-ranging vision of how cities have developed throughout history and across the world, as well as allowing close-up studies of urban life.

Tran, a sophomore, is interning at League Apps.



MAGGIE MCGOLDRICK (left) and **Devin Hiltunen** (right) run a leg in the 4 x 400m relay team that finished sixth out of 12 teams at the recent MSTCA Last Chance Invitational. Other relay runners are Abby Murphy and Alex Case. The team's time of 4:32.66 was a season best and qualified for the MIAA Division 1 Championships Sunday, Feb. 14 at the Reggie Lewis Center.



JIMMY CANNON clocked in at 2:48.93 – a personal best – in the 1,000 meters at the recent MSTCA Last Chance Invitational Track Meet.

Track Highlights

Patriot League Championships

GIRLS

- 55 meters:** 6. Allison Wong 7.90
10. Mia Healy 7.96
19. Shayla Massiah 8.49
- 300 meters:** 3. Alex Case 43.56 PERSONAL BEST
9. Devin Hiltunen 45.50
- 600 meters:** 3. Abby Murphy 1:44.43 PERSONAL BEST

Girls Freshman 1000m: 9. Samantha Smith 3:53.79

4 x 200m Relay: 3. Mia Healy, Allison Wong, Alex Case, Devin Hiltunen 1:54.77

High Jump: 2. Isabelle Flaherty 4'11" TIES SEASON BEST

Team Points 27 6th place out of 10 teams

BOYS

Freshman Boys 55m: 12. Brandon Nguyen 8.17
14. Abdi Khalif 9.89

15. Aidan Murphy 10.02 PERSONAL BEST

600 meters: 5. Peter Saccoach 1:31.59

15. Mike Ladas 1:46.94 PERSONAL BEST

Freshman Boys 1,000m: 11. Alex Ouellette 3:35.69

13. Nick Ouellette 3:39.72

Mile: 4. Jimmy Cannon 4:44.90

2 Miles: 2. Jimmy Cannon 10:25.05 PERSONAL BEST

55m Hurdles: 8. Nathan Sleiman 9.22 PERSONAL BEST

Long Jump: 9. Peter Saccoach 16'10.5"

11. Nathan Sleiman 16'02.5"

Shotput: 1. Mike Munroe 47'11"

4. Nick Kelly 43'01.5"

6. Jhonata Sousa 39'06.25"

Team Points: 29 6th place out of 10 teams

Q/NQ competes in the MIAA Division 1 Championships Sunday, Feb. 14 at the Reggie Lewis Center.

Competing for girls will be Alex Case and Devin Hiltunen in the 300 meters, Isabelle Flaherty in the high jump, the 4 x 200 relay team of Mia Healy, Allison Wong, Case and Hiltunen, and the 4 x 400 relay of Maggie McGoldrick, Abby Murphy, Case and Hiltunen.

For boys Mike Munroe and Nick Kelly compete in the shot, and Aidan Brown in the long jump.

NQ Competes At Patriot League Swim, Dive Championships

Both the North Quincy girls (66) and boys (82) swimming and diving teams placed eighth at the Patriot League Swimming and Diving Championships held Feb. 6 at the Lincoln-Hancock Pool in Quincy.

Duxbury triumphed in both while Hingham took second in the girls competition and Scituate was second in the boys. Quincy girls finished seventh and the boys were ninth.

Sophomore captain Tommy Zhang cruised to second in the 100-yard breaststroke (1:03.81), just one second off the pace, and earned fourth in the 100 butterfly swimming 56.73. Two of his relays placed sixth overall. He teamed with freshmen Adam Tlaxolal, Kenny Ng, and Aymen Sadaka for

2:02.14 in the 200 medley relay. The 200 freestyle relay squad that swam a season low 1:50.68 featured Zhang and Ng with junior Hou Nam Wong and sophomore Daniel Wong.

Freshman Juliana Chieng placed fifth (26.81) in the meet's shortest distance, the 50 free, and was 14th overall in the 100 breaststroke (1:28.72). She too contributed to a pair of relays that finished sixth anchoring the 200 free relay contingent of junior Danielle O'Driscoll, sophomore Brenna Kirby, and senior Grace Anderson who swam 1:58.63. Chieng swam the breaststroke leg of the 200 medley relay (2:18.21) joining Kirby, Anderson and O'Driscoll.

Grace Anderson, a senior, was eighth (2:27.71)

overall in the 200 freestyle, one of three North Quincy swimmers in the top-20 including Danielle O'Driscoll in 11th (2:37.56) and captain Kara Carchedi at no. 20 (2:52.31). In half the distance, O'Driscoll swam 1:08.78 for 15th while captain Stephanie MacFarland produced a season-low time of 1:14.67 for 23rd. Brenna Kirby landed 19th twice clocking 1:11.02 in the very same 100 free and 31.53 in the 50 free. Captain Gabby Doody's 8:39.30 in the 500 freestyle was good enough for 22nd. North Quincy had a strong showing in the 100 backstroke thanks to swims by freshman Anastasia Zygoras in 19th (1:29.77), Carchedi in 20th (1:30.86) and junior Rebecca Thorne in 23rd (1:33.27). Thorne,

MacFarland, Doody and Carchedi swam the final race, the 400 free relay for ninth (5:13.90).

On the boys side, three NQ swimmers broke the top-20 in the 50 free including Kenny Ng who was 10th (26.70). Adam Tlaxolal tied for 14th (27.21) and Hou Nam Wong was 20th (29.19). In twice the distance, four swimmers surged into the top-20 threshold. Kenny Ng and Adam Tlaxolal finished eighth (1:00.49) and 10th (1:01.58), respectively. At nos. 19 and 20 were freshman Aymen Sadaka (1:05.94) and Daniel Wong (1:06.10). Hou Nam Wong earned 12th in the 100 breaststroke (1:22.84) and Alexander Bui placed 17th in the 100 backstroke (1:37.40).

Quincy Competes At League Swim, Dive Championships

The Quincy girls swimming and diving team finished seventh (69) in the Patriot League Swimming and Diving Championships held this past weekend at the Lincoln-Hancock Pool in Quincy.

The Quincy boys were ninth (54).

Duxbury won both the boys and the girls meet, and Scituate was second in the boys competition while Hingham earned the no. 2 spot for the girls.

Bailee Carey accumulated a meet-high 216.40 points to win the one-meter diving competition. The junior captain also placed ninth in the 50-yard freestyle clocking 27.54. Competing with freshmen Kumudini Devalla and Eni Daci and sophomore Julie Hong,

Carey anchored the 200 medley relay that finished seventh (2:20.78). Carey then led off the 200 free relay followed by sophomores Kat Casey and Julie Hong, and Kumudini Devalla which also placed seventh (2:03.32).

Junior captain Thomas Tran earned a bronze medal in the 100 breaststroke

(1:04.63) and placed sixth in the 100 butterfly swimming 1:00.88. He contributed the butterfly leg in the eighth-place 200 medley relay (2:18.57) swimming with senior Matthew Pham, freshmen Guilherme Eller and Kevin Warner. Tran anchored Quincy's 200 free relay contingent of freshmen Nikollas Natsios, Kevin Warner and junior Antonio Vega that placed ninth (2:03.37).

Other stellar finishes included junior Madison Synan who battled to fifth (140.25) in the one-meter

dive. Sophomore Julie Hong swam a season-low time of 7:00.35 for 12th in the 500 freestyle just ahead of teammate Devalla who finished 13th (7:00.67). The 400 free relay unit of Julie Hong, Kayla Ahrens, Kat Casey, and Madison Synan placed eighth clocking 4:57.20.

Freshman Kevin Warner's debut at the league championships included ninth in the 200 freestyle (2:17.38) and 12th in half the distance (1:01.97). Another first time participant was Guilherme Eller who earned 11th in the 500 freestyle

(7:08.68) and anchored the Quincy 400 free relay squad of Matthew Pham, Nikollas Natsios, and Antonio Vega for ninth (5:06.91).

The season continues for junior captains Bailee Carey and Thomas Tran who will compete in the Central-South Sectionals February 13 and 14 at MIT.

3 Residents Earn Academic Honors At Northeastern U.

Three Northeastern University students from Quincy have received academic honors for the fall semester.

They are:
Thomas Nigl, majoring in chemical engineering, and member of the University

Honors Program; Isabelle Schulte, majoring in chemistry, and member of the University Honors Program; and Matthew Lau, majoring in chemical engineering, and member of the University Honors Program.

South Shore YMCA Supports Healthy Heart Behaviors

Monitor Blood Pressure, Reduce Sodium Intake

February is American Heart Month and as a leading community-based network committed to improving the nation's health, the South Shore YMCA urges everyone on the South Shore to help prevent heart disease by lowering your blood pressure.

Two ways to keep the pressure off your heart are by monitoring your blood pressure and reducing sodium intake.

According to the Centers for Disease Control and Prevention (CDC), heart disease is the nation's number one killer, responsible for 1 in 4 deaths each year in the United States. Additionally, 1 in 3 adults have high blood pressure with less than half having it under control. High blood pressure is most prevalent in minority communities, and is often referred to as "The Silent Killer" because there are typically no warning signs or symptoms.

To address the prevalence of heart disease, the Y has made a national commitment to the Million Hearts campaign, an initiative spearheaded by the U.S. Department of Health and Human Services, CDC and Centers for Medicare and Medicaid Services that aims to prevent one million heart attacks and strokes. As part of this commitment, the South Shore YMCA is increasing the availability of the YMCA's Diabetes Prevention Program - which is part of the CDC-led National Diabetes Prevention Program.

The YMCA's Diabetes Prevention Program helps adults at high risk for developing type 2 diabetes adopt and maintain healthy lifestyles to help reduce their chances of developing the disease. Type 2 diabetes is a major risk factor for cardiovascular disease and people with diabetes are twice as likely to have heart disease or suffer a stroke as those who do not have it.

YMCA's Diabetes Prevention Program launched at the Y's Emilson Branch in Hanover in September 2015 and expanded to the Y's Quincy Branch in January 2016. Over the course of the program at our Emilson Branch, the YMCA's Diabetes Prevention Program has served 9 people who have seen great results.

The program provides a supportive environment where participants work together in a small group to learn about eating healthier, increasing their physical activity to 150 minutes per week and making other be-

havior changes with the goal of reducing body weight by 7 percent in order to reduce their risk for developing diabetes. A trained lifestyle coach leads the program over a 12-month period beginning with 16 weekly sessions followed by monthly maintenance sessions. Increased physical activity and moderate weight loss not only reduce diabetes risk, but also have an impact on lowering blood pressure and cholesterol.

Besides monitoring blood pressure, reducing sodium intake is a great way to keep the heart healthy. According to the American Heart Association, too much sodium in your system puts an extra burden on your heart and blood vessels. In some people, this may lead to or raise high blood pressure. Everyone, including kids, should reduce their sodium intake to less than 2,300 milligrams of sodium a day (about 1 teaspoon of salt). Having less sodium in your diet may help you lower or avoid high blood pressure.

In addition to programs and services offered on the South Shore, the Y offers the following tips from the United States Department of Agriculture (USDA) to help reduce sodium in your diet.

1. Think fresh: Most of the sodium Americans eat is found in processed foods. Eat highly processed foods less often and in smaller portions—especially cheesy foods, such as pizza; cured meats, such as bacon, sausage, hot dogs, and deli/luncheon meats; and ready-to-

eat foods, like canned chili, ravioli and soups. Fresh foods are generally lower in sodium.

2. Enjoy home-prepared foods: Cook more often at home—where you are in control of what's in your food. Preparing your own foods allows you to limit the amount of salt in them.

3. Fill up on veggies and fruits—they are naturally low in sodium: Eat plenty of vegetables and fruits—fresh or frozen. Eat a vegetable or fruit at every meal.

4. Adjust your taste buds: Cut back on salt little by little—and pay attention to the natural tastes of various foods. Your taste for salt will lessen over time. Additionally, keep salt off the kitchen counter and the dinner table and substitute spices, herbs, garlic, vinegar or lemon juice to season foods.

5. Boost your potassium intake: Choose foods with potassium, which may help to lower your blood pressure. Potassium is found in vegetables and fruits, such as potatoes, beet greens, tomato juice and sauce, sweet potatoes, beans (white, lima, kidney), and bananas. Other sources of potassium include yogurt, clams, halibut, orange juice and milk.

The South Shore YMCA offers a community of diverse individuals who can support all people in meeting their health and well-being goals. Learn more by visiting ssymca.org or stopping into the Y's Quincy or Emilson Branch.



BETH ISRAEL DEACONESS Hospital-Milton recently donated an automatic external defibrillator (AED) to Fontbonne Academy in Milton. An AED safely delivers an electrical shock to the heart of an individual with a dangerously irregular heartbeat, reestablishing a normal heart rhythm and greatly increasing a victim's chances for survival. Shown here from left to right: Fontbonne student Alana Adams of Quincy; Head of School Susan Degnan; BID-Milton President and CEO Peter Healy and student Caleigh Gillenwater of Pembroke.

Photo Courtesy BID-Milton

BID Hospital-Milton Donates Automatic External Defibrillator To Fontbonne Academy

Beth Israel Deaconess Hospital-Milton (BID-Milton) recently donated an automatic external defibrillator (AED) to Fontbonne Academy in Milton.

An AED is a portable electronic device, designed for use by the layperson, which delivers an electrical shock to the heart of an individual with a dangerously irregular heartbeat, allowing the heart to reestablish an effective rhythm. According to the American Heart Association, use of an AED along with immediate car-

diopulmonary resuscitation can more than double a victim's chance for survival.

Fontbonne Academy's Head of School Susan Degnan said the AED will be placed in the private girls' high school's foyer.

"Fontbonne Academy is grateful to Beth Israel Deaconess Hospital - Milton," Degnan said. "While we hope there is never a situation that warrants the use of an AED, this generous gift is a proactive step toward initiating life-saving treatment in the event of

an emergency. Its presence in our foyer allows for improved safety for both the Fontbonne Academy school community and visitors."

Peter Healy, president/CEO of BID-Milton, added: "Beth Israel Deaconess Hospital-Milton is pleased to donate a new AED to Fontbonne Academy. An important component of the hospital's mission is to support health and wellness initiatives in the community, and this donation certainly advances that cause."

QCAP Homebuyers Workshop Feb. 18, Feb. 20

Quincy Community Action Programs, Inc., 1509 Hancock St., Quincy Center, will host a first-time homebuyers workshop this month.

The two sessions will be held Thursday, Feb. 18 from 6 to 9 p.m. and Sat-

urday, Feb. 20 from 9 a.m. to 3 p.m. in QCAP's fourth floor conference room. Attendance for the entirety of both sessions is required.

The fee to register is \$30 per person. Payment must be received by Feb. 16. To register and payment, go to

www.qcap.org.

Topics include financing options, finding a home, legal issues, home inspection, government loans and home insurance.

For more information, contact Toni Gershon-Stern at 617-657-5315 or visit www.qcap.org.

Quincy College Receives Military Friendly Designation For Fifth Consecutive Year

For the fifth consecutive year, Quincy College has been named a 2016 Military Friendly School by Victory Media, the leader in successfully connecting the military and civilian worlds.

The Military Friendly Schools designation is awarded to the top 15 percent of colleges, universities and trade schools in the country that are doing the most to embrace military students, and to dedicate resources to ensure their success in the classroom and after graduation.

The 2016 Military Friendly designation highlights more than 1,400 Military Friendly Schools and 220 Military Friendly Employers exhibiting best practices in support of military students and employees, respectively. Institutions of higher learning competed for the title

by completing an extensive survey covering ten indicators of success, including: support for student veterans on campus, graduation and employment outcomes, and military spouse policies.

"This award is yet another positive step in our commitment to make Quincy College an institution where we value the sacrifices made by our veterans in serving our country and provide an environment which is both receptive and accommodating to what are often the distinct needs of veterans," said Peter H. Tsaffaras, president of Quincy College.

Quincy College remains committed to continually improving the education experience provided to those students who have sacrificed in service to their country.

"The Military and Veteran's Services Office is hon-

ored to support our veterans. We continually evaluate our programs and assess the needs of our students, providing one-on-one support. Making the transition and college experience as easy and comfortable as possible is our mission. We look forward to continuing to serve the Quincy College community of veterans in 2016 with honor and commitment they deserve," said Chris Breton, Military and Veteran's Services Specialist for Quincy College Military and Veteran's Services Department in Quincy. Veteran students on the Quincy College Plymouth Campus can schedule an appointment to meet with Dawn Mackiewicz, Academic Services Specialist for veteran and dependent support.

Through the Quincy College Veterans Discount Program, veterans may enroll in either Liberal Arts or Professional Programs classes at a

discounted rate. Veterans are eligible for this reduced rate regardless of the number of courses they take in a semester. The veteran discount program is not funded by the state or federal government; therefore veterans who are eligible for education benefits through the VA may also receive the Quincy College discounted rate.

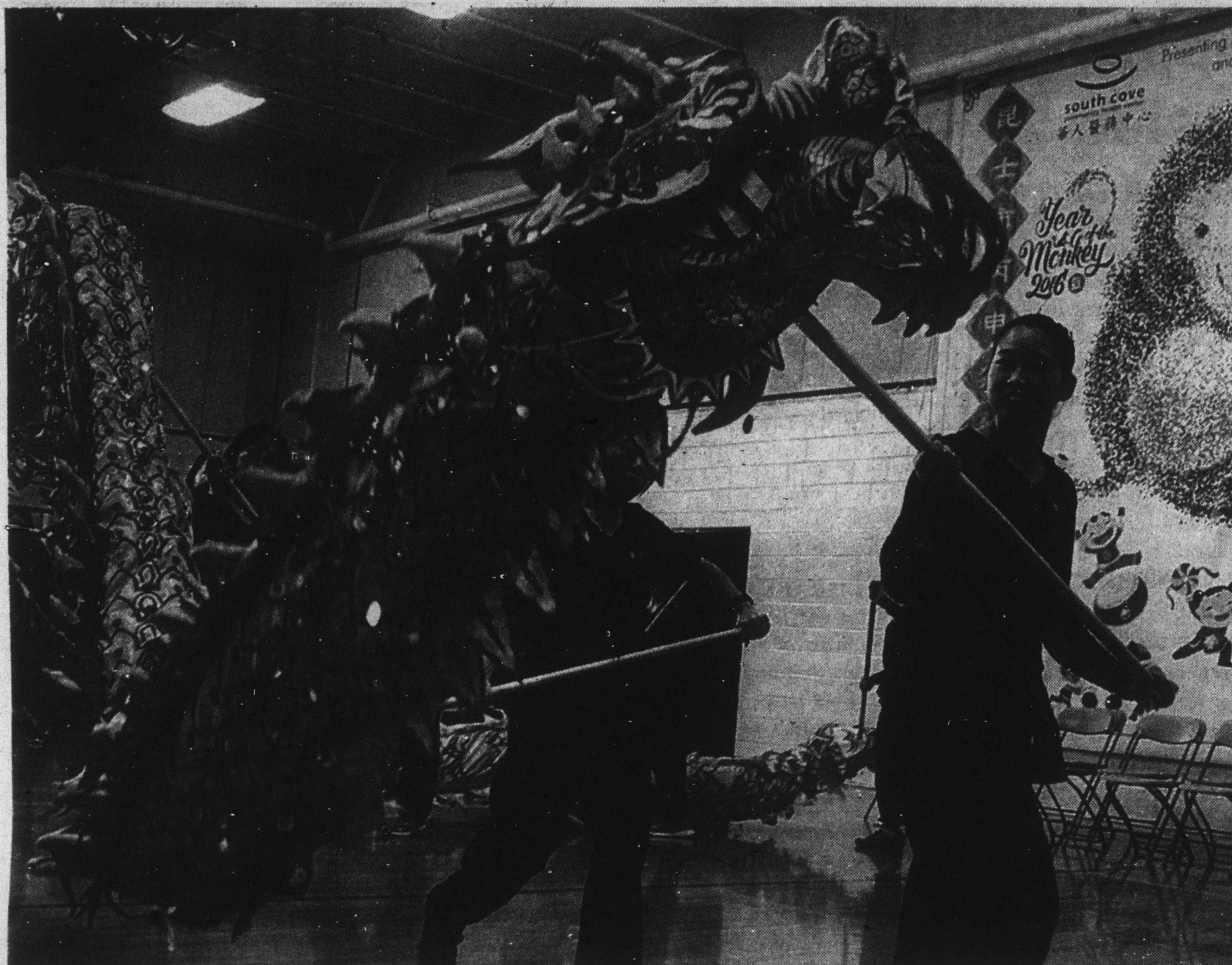
In addition to being a Military Friendly School, Quincy College is a member of the Service Members Opportunity Colleges Consortium (SOC). Quincy College advisers review both military and college transcripts, as well as CLEP and DANTES exam scores, for transfer credit according to American Council of Education (ACE) recommendations.

Veterans, veteran dependents, and active duty service members are able to use their federal education benefits at Quincy College

including: Post 9/11 GI Bill, Montgomery GI Bill, Vocational Rehabilitation, My CAA, VA Work Study and Tuition Assistance at Quincy College.

In the Victory Media press release, Daniel Nichols, Chief Product Officer of Victory Media and Navy Reserve veteran adds: "Those earning the 2016 Military Friendly designation demonstrate a strong connection between classroom learning and career development. They're moving the needle beyond 'why recruit military' to translating military competencies into training and positive employment after graduation."

For more information about Quincy College's commitment to and support of military students, visit Quincy College's website at <http://www.quincycollege.edu/departments/military-veteran-affairs>.

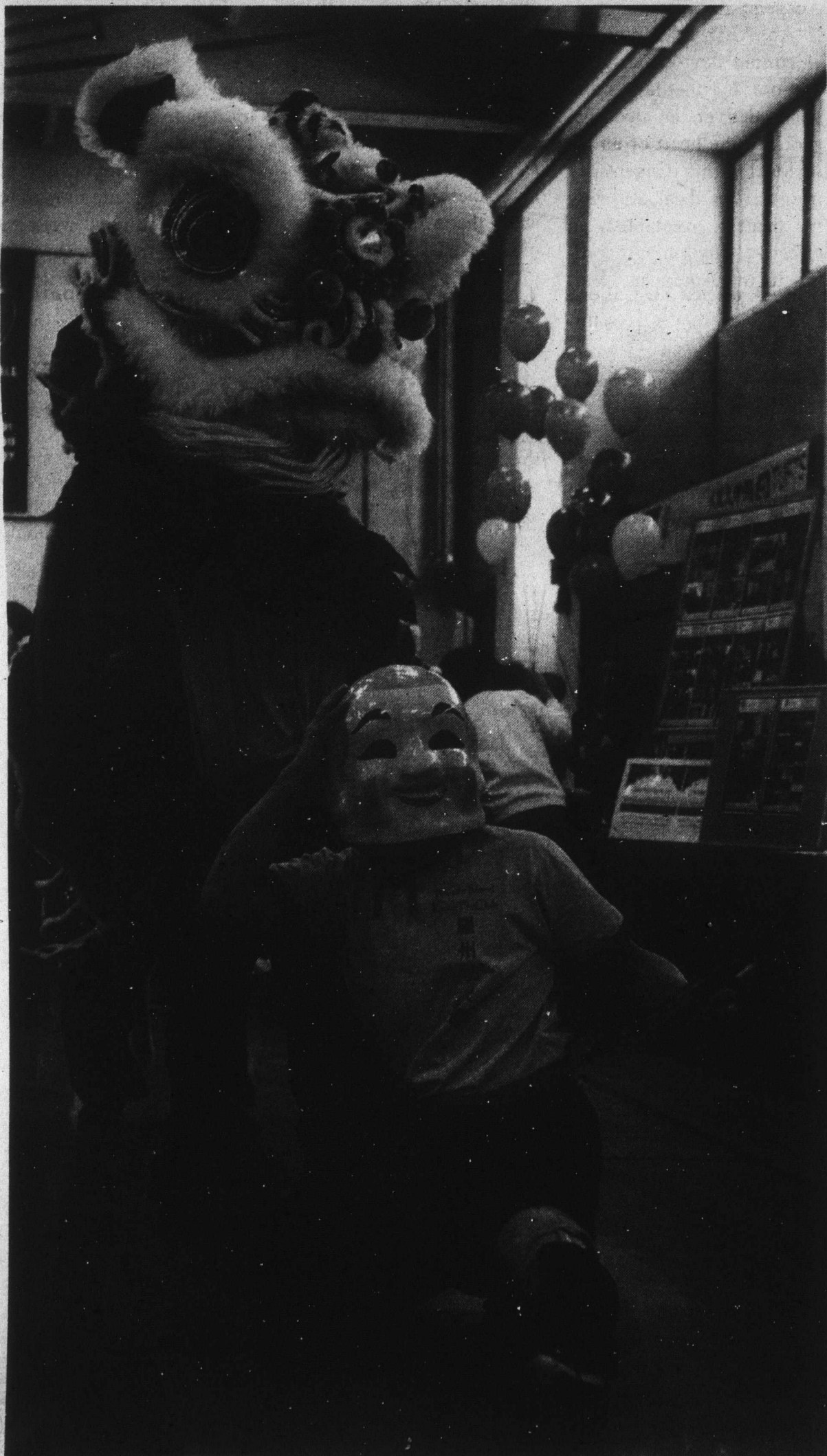


THE DRAGON CEREMONY opens up the 28th annual Quincy Lunar Festival at the North Quincy High School gym Jan. 30. The event celebrated the Year of the Monkey.

Quincy Sun Photos/Lisa Aimola



ISABELLA NGUYEN, 16 months, holds up a balloon at the Quincy Lunar New Year Festival.



ALEX LAM, wearing a Buddha mask, followed by a celebratory lion dance for the crowd to ward off evil and offer good luck and happiness at the Lunar New Year Festival at North Quincy High School. The festival celebrated the Year of the Monkey. Occupying the ninth position in the Chinese Zodiac, the spirit of the monkey symbolizes such character traits as creativity, intelligence, curiosity, mischievousness, and cleverness.

Year Of Monkey Celebrated At 28th Annual Lunar New Year Festival



GARVIN WONG, 5, of Milton, works on a crafts project at the Lunar New Year Festival.



ALICE WU, age 3, of Quincy, learns how to do a craft at the 28th annual Quincy Lunar New Year Festival Jan. 30. The event featured entertainment, a food festival and other family activities.

On Friday, January 29, 2016, at approximately 11:00 a.m., Officer Ryan Donnelly, assigned to the Quincy Police Anti-Crime Unit in a plain clothes capacity, was dispatched by Quincy Police Communications to the Thomas Crane Library for a report of a larceny.

Upon arrival, the Officer made contact with the male victim who said that he put his back pack down on a chair to use the restroom and when he came back out it was gone. Officer Donnelly and library security staff reviewed video of the incident and observed two males sitting about 40 feet away from where the victim left his back pack. As soon as the victim was out of sight, the two males got up and moved towards the bag. Suspect 1, known to Officer Donnelly watched as suspect 2 picked up the bag and walked out of the library with it. Suspect 2 was identified by other members of the Anti-Crime Unit. The names and descriptions of the two suspects were given out to all Police units.

The victim stated that the bag was a black North Face backpack, with all of his clothing and paper work in it. The victim said he is a homeless veteran and was most concerned about his veteran paperwork and his U.S. Passport. Officer Donnelly headed toward the area of the Quincy Center MBTA station, where the two suspects were known to hang around. From a distance, the Officer could see the two suspects standing in the area between McIntyre Mall and the MBTA Station so he requested assistance as he approached. They were with several other people who immediately dispersed as the Officer closed in. ACU-2 Officer Steve DesRoche and Officer Jamie Parisi arrived on scene.

Both suspects were mirandized and waived their right to remain silent. Officer Donnelly asked suspect 2 where the bag was and he said that he gave it to suspect 3, who was one of the males who dispersed. Officer Donnelly notified Officers in the area that suspect 3 had the back

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

pack and was on the move in the square area. Suspect 3, an 18 year old Quincy resident, was not found but the investigation to the whereabouts of the back pack will continue. Suspect 2, who took the back pack, a 17 year old Quincy resident was placed under arrest and charged with, "Larceny from a Building." Suspect 2's mother was notified and she took custody of her son. Nice Work!



LT. DAN MINTON

ANOTHER JOB WELL DONE On Friday, January 29, 2016, at approximately 9:30 a.m., Officer John O'Donnell was dispatched to the area of Hancock Street and Cottage Avenue to assist detail Officer O'Rourke regarding a larceny. Officer O'Rourke was working a detail for Riley Brothers Construction, and was standing with a work crew approximately 30 yards from a parked company pickup truck.

While directing traffic at the location, the Officer observed a male walk past the group of workers and approached the pick up truck. Officer O'Rourke then observed the male look into the front of the vehicle, look around and then open the door. The male then reached in and removed an item from inside the pick up truck and walked away at a fast pace. Officer O'Rourke confirmed with the work crew that the male walking away was not an employee and was not authorized to be inside the vehicle.

Officer O'Rourke caught up to the male at the corner of Hancock Street and Cottage Avenue and found the male to be in possession of a Samsung work tablet belonging to Riley Brothers. He was placed under arrest for "Breaking and Entering to a Motor Vehicle and Larceny Over \$250.00." Officer O'Donnell transported the male, a 28 year old Quincy resident, to the station where he was booked. Nice Work!

QUINCY POLICE BLOOD DRIVE FEB 13th at 7-Eleven Adams Street During this time of year, there is a big need for blood donations. Due to winter weather conditions, donors often have difficulty getting to the blood drives. To help alleviate the shortage, the Quincy Police Department and the Glennon Family will be hosting a blood Drive Saturday, February 13th from 8:00 a.m. to 2:00 p.m. at the 7-Eleven Convenience store located at 678 Adams Street. Children's Hospital Boston will have their blood bus there in the parking lot. After donating blood, 7-Eleven Owner Dennis Lane would like to invite donors and their families into the store for free coffee, hot chocolate, soft drinks, pizza and pastry. Although reservations are not required to give blood, it is encouraged. Contact Lieutenant Dan Minton at 617 745 5719 for more information.

QUINCY POLICE TO OFFER SEMINARS TO GROUPS The Quincy Police Crime Prevention Unit will be available to speak to groups on a wide range of topics such as but not limited to personal safety and scams. Each presentation will begin with a brief update of crime in the local area as well as in the city. Public senior housing buildings are already scheduled for a seminar on personal safety. The date and time will be posted in the respective buildings. For more information, contact Lieutenant Dan Minton at 617 745 5719 or at dminton@quincyma.gov

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Jan. 29 - Feb. 5

ARRESTS: 40

TOTAL CALLS: 995

STOLEN MOTOR VEHICLES: 0

FRIDAY, JAN. 29

LARCENY, 9:20 a.m., Cottage Ave. One under arrest for larceny over.

LARCENY, 10:53 a.m., Crane Library, 40 Washington St. Suspect on camera. Passport was in backpack. Arrest made.

BREAKING AND ENTERING, 2:48 p.m., Rodman St. House had been empty for month or so; on the market. Caller is the owner and comes weekly to check on it.

VANDALISM/PROPERTY, 2:39 p.m., 311 Washington St. Scratch between doors - front passenger to rear passenger. Possible rock thrown at back quarter panel.

LARCENY, 2:56 p.m., 80 Clay St. Computer.

LARCENY, 4:58 p.m., Crane Library, 40 Washington St. States his phone was stolen last night. Went today to see about surveillance video and they told him to file report first.

ATTEMPTED BREAKING AND ENTERING, 5:37 p.m., 500 block South St. To basement.

SATURDAY, JAN. 30

LARCENY, 8:05 a.m., Quincy Car Wash, 459 Southern Arty. Black Jeep. Just happened.

ASSAULT AND BATTERY, 11:48 a.m., Franklin St. & Pearl St. Person covered in blood. One transported to QMC. Units going to Independence Ave. to speak with others involved.

LARCENY, 12:14 p.m., 1000 Southern Arty. Jewelry. **ASSAULT AND BATTERY, 12:52 p.m., 62 Copeland St.** Open line. Can hear argument in background. Car in question possible a blue Rav 4. Suspects fled in vehicle toward Boston.

LARCENY, 7:26 p.m., Auto Matic, 585 Washington St. Person who was sent on way from earlier call stole a set of keys. Unknown if the person took keys. Caller will block in the car for the night.

VANDALISM/PROPERTY, 11:11 p.m., Silver St. Someone shot a BB through caller's car window, shattering it. 2008 Red Dodge Charger.

SUNDAY, JAN. 31

BREAKING AND ENTERING, 9:29 a.m., 300 block Palmer St. Happened last week. Came home to open door but didn't think anything was missing. Caller has

now noticed items missing and would like to file report.

LARCENY, 10:42 a.m., 1100 block of Sea St. Caller's mother requested to speak to officer about a possible larceny that occurred sometime yesterday. Her deceased husband's old band members came by and took instruments from the home. They had keys to the home. Assured me the instruments belonged to her father and should not have been taken from the home. Officer spoke to resident, who stated she did not call he police and nothing was stolen. Call taker asked caller to be present when officer responded, which she refused to do. No crime.

MONDAY, FEB. 1

VANDALISM/PROPERTY, 7:21 a.m., Braewell, 230 Willard St. 2015 Nissan Altima has been plastered with signs saying caller is using a fake handicapped placard. Frequent checks.

LARCENY, 9:57 a.m., Dollar Tree, 215 Quincy Ave. Caller had placed box behind store while shopping and it is now missing.

ATTEMPTED BREAKING AND ENTERING, 4:42 p.m., Goddard St. Caller states she came home to broken glass on her door; afraid it was a B&E.

TUESDAY, FEB. 2

LARCENY, 8:17 a.m., Gilbert St. Copper.

LARCENY, 12:23 p.m., Roxie's Meet Market, 479 Southern Arty. Wallet.

BREAKING AND ENTERING IN PROGRESS, 4:21 p.m., Holbrook Rd. Was climbing into the caller's window. Caller came home and found a person who in a black hoodie who had broken in; suspect exited through the window.

ATTEMPTED BREAKING AND ENTERING, 4:47 p.m., Albion Rd. Caller came home about 10 minutes ago and saw two youths in black hoodies trying to open her bedroom door. One white male, one black male, about 17 years old.

ATTEMPTED BREAKING AND ENTERING, 7:33 p.m., Rawson Rd. Last person to leave house this morning was mother-in-law at 9:30 a.m., and arrived back home at 5:30 p.m.

ATTEMPTED BREAKING AND ENTERING, 7:47 p.m., Cheriton Rd.

WEDNESDAY, FEB. 3

VANDALISM/PROPERTY, 8:57 a.m., Sea St. White spray paint on side of building.

LARCENY, 3:26 p.m., 833 Hancock St. Property.

BREAKING AND ENTERING, 5:02 p.m., Taffrail Rd. Happened two days ago. Other units on property also

broken into previously.

LARCENY, 5:51 p.m., Stop & Shop, 495 Southern Arty. Party had wallet in cart and it was stolen and has since been used.

THURSDAY, FEB. 4

VANDALISM/PROPERTY, 3:02 p.m., 400 block of Washington St. Two females drawing on sign. Parents advised of children's activity.

LARCENY, 8:22 p.m., Walmart, 301 Falls Blvd. Employee stealing from store. One under arrest.

FRIDAY, FEB. 5

LARCENY, 8:13 a.m., Planet Fitness, 50 Adams St. Caller states white male came in, grabbed keys of wall rack. Suspect had dark hair, dressed in all black with black bag. Unknown direction of travel.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: None.

CAR BREAKS: 100 block of South Street, Sumner Street.

BREAKS AND ATTEMPTED BREAKS: Rawson Road, 300 block of Palmer Street, Rodman Street.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

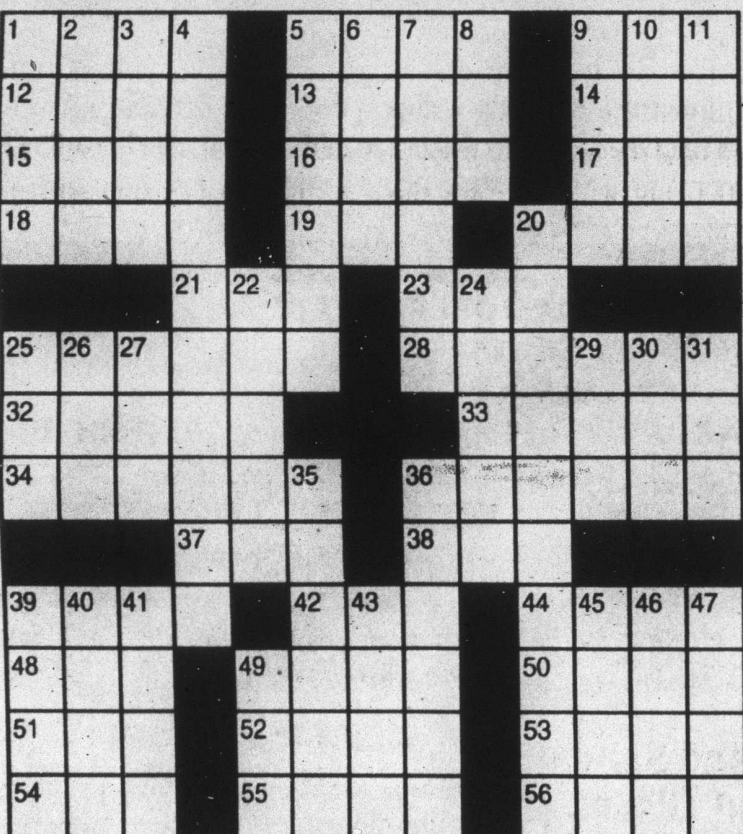
Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Impresses greatly
5 Reverb-erate
9 — out a living
12 Type of pit
13 Got bigger
14 Guacamole, often
15 Roughly
16 Exceptional
17 Born
18 Crystal gazer
19 Swelled head
20 Wash
21 Wearer of a onesie
23 UN work-ers' agcy.
25 Necklace fasteners
28 Have a huddle
32 Hispaniola part
33 Concur
34 Cook-wear?
- 36 Handle the expense
37 Gun the engine
38 Exploit
39 Metropolis
42 Early bird?
44 Chantilly, e.g.
48 Commotion
49 Lotion additive
50 Story teller
51 Cattle call?
52 Luminary
53 Tote board stats
54 Wapiti
55 Favorites
56 Toward the sunset
- DOWN**
- 1 Andy's pal
2 Sported
3 Being, to
4 O. Henry specialty
5 Heron's kin
6 Rugged rock
7 Brave
8 Have bills
9 Author Ferber
10 Chicken —
11 Duel tool
20 "Hiawatha" writer
22 Put your two cents in
24 Ducks work
25 Half a dance?
26 Once around
27 Melody
29 To and —
30 Always, in verse
31 Crimson
35 Slender
36 Boring tools
39 Arrived
40 "American —"
41 Snatched
43 Capricorn
45 Staffer
46 Two-timers
47 Formerly, formerly
49 Cleo's slayer



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MAGIC MAZE • — UP

T O L I F C Z W T Q N K I F C
Z W U R E P M J H N O T T U B
E C Z X U D S Q E N L J G E C
Z X V T G N I T T I L P S R P
N N L J N E H S E R F H E E C
L L E W S G A Y Y R W R V T R
W P N T I G H T E N U L K H I
G O I A T E C B Z J N S C X K
W R R U S A R P N O M U A L R
J T I G G E F O K C O T S E A
S D B B U R C S A T Y X W U M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Conjure Fatten Freshen Grow
Mark Measure Scrub Splitting
Stir Stock Straighten Sunny-side
Swell Tighten Touch

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Jacket is open. 2. Bag is smaller. 3. Body is thinner. 4. Light fixture is missing. 5. Pizza picture is missing. 6. Number is missing.
New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmmail.com

Trivia test

by Fifi Rodriguez

1. MEASUREMENTS: How many seconds are in a day?
2. MOVIES: What comedy of 1980 carried the tagline, "They'll never get caught. They're on a mission from God"?
3. TELEVISION: What are the names of Marge's twin sisters on "The Simpsons"?
4. LANGUAGE: What is a cynophile?
5. GENERAL KNOWLEDGE: What are the small indentations on a golf ball called?
6. MEDICAL: What is the more common term for "somnolency"?
7. GAMES: In chess, what

- are rooks also known as?
8. U.S. STATES: What is the capital of New York state?
9. ANIMAL KINGDOM: What adjective describes animals with hooves?
10. GEOGRAPHY: What was the prior English name of the nation of Sri Lanka?
- Answers
1. 86,400
2. "The Blues Brothers"
3. Selma and Patty
4. Dog lover
5. Dimples
6. Talking in your sleep
7. Castles
8. Albany
9. Ungulate
10. Ceylon

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Wishing Well®

3 6 5 3 2 4 8 5 4 8 3 5 3
Y L B O B W J L A O U I A
4 7 2 4 5 2 8 3 2 4 5 7 3
R F E M S U Y T N F S A T
4 5 4 3 5 3 5 2 4 2 5 6 3
E F E A U I L D L E D I N
7 4 8 6 2 4 8 2 8 4 8 5 6
M I F N R N R S O G M A G
7 4 8 5 3 7 8 2 6 3 2 7 2
I S T Y G L E T E O A Y N
8 7 8 3 2 6 3 7 2 6 2 7 6
E V N A D R L I I A N S W
2 3 7 6 7 8 6 8 6 8 6 7 8
G S I H T A I G L E E S R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Time is on your side in the early part of the week. But anything left undone by midweek will need to be put into rush mode. The weekend offers choices for you and someone special.

TAURUS (April 30 to May 20) Finally getting credit for a contribution is nice for all you idea-generating Ferdinands and Fernandas. But don't sit on your laurels under the cork tree. Use it as a first step to a bigger opportunity.

GEMINI (May 21 to June 20) Despite the progress made, a hint of doubt might set in. That's OK. You need to stop and consider not only what you're doing but also how you are doing. Make adjustments where needed.

CANCER (June 21 to July 22) The dreamer is dominant in the Moon Child's aspect, but a dollop of hardheaded practicality is coming up fast and jockeying for space. The challenge is to make room for both modes.

LEO (July 23 to August 22) It's a good week for Leos and Leonas to start assessing what they've done and what they plan to do. Moving to a new environment -- home or job-related -- is a possibility for some Cats.

VIRGO (August 23 to September 22) The week calls for Virgos to make tough decisions, but in a way that leaves the door open for changes. Ask for advice from someone who has been in the position you're in now.

LIBRA (September 23 to October 22) Disappointments are never easy to take, but you have the ability to

learn from them and go on to success. Meanwhile, continue to build up your contacts. You'll need them soon.

SCORPIO (October 23 to November 21) Things might still be going much too slowly to suit you. But you need the time to make sure they're going in the right direction. It's easier to make a course correction now rather than later.

SAGITTARIUS (November 22 to December 21) Showing some temperament at the way things are going is one way of getting your point across. Just don't overdo it, or you risk turning away more-moderate supporters.

CAPRICORN (December 22 to January 19) Things could change more quickly this week than you like. But don't fret; you'll most likely find that you're up to the challenges. The weekend offers much-needed relaxation.

AQUARIUS (January 20 to February 18) Big challenge coming up? Uncross those fingers and believe that you're going to do well. And keep in mind that so many people have faith in your ability to succeed.

PISCES (February 19 to March 20) Testing the waters is a good way of learning about an opportunity before plunging right in. Ask more questions and be alert to any attempts to avoid giving complete answers.

BORN THIS WEEK: You have a gift for making people -- and animals, too -- feel special and loved.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: O equals Y

ADYU GBPZ CKZLNTYW GNTY
BUC VYLNPY PBWWKYC, LNSGC
ONS ZBO QDYKW QAN DYBWQZ
VGYBQ BZ NUY?

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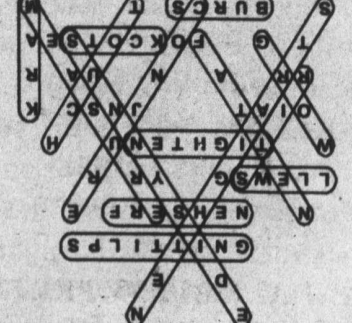
King Crossword

Answers

Solution time: 24 mins.

Magic Maze

ANSWERS:



Cryptoquip

ANSWER:

When lambs discover love
and become married, could
you say their two hearts
beat as one?

OBITUARIES

Joseph G. Vando, Sr., 65

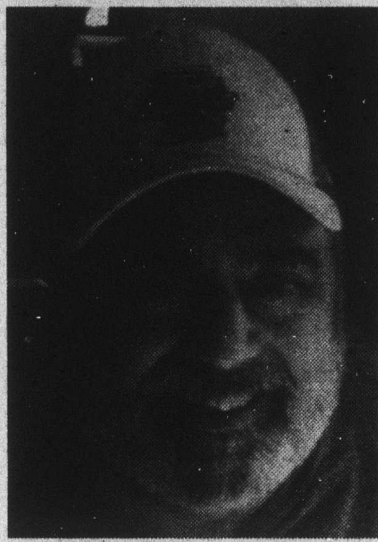
Funeral services for Joseph G. Vando, Sr., 65, of Quincy will be held at 11 a.m. Friday in Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Vando died unexpectedly Sunday at Beth Israel Deaconess Hospital-Milton.

He was born in Somerville where he was raised and educated and he had lived in Quincy for more than 30 years. Mr. Vando was a musician, singer and entertainer for many years. He played with his business partner, Dennis Lopez, in various bands and venues throughout the greater Boston area and beyond.

Mr. Vando loved his grandchildren and was devoted to his family.

Beloved husband of the late Jo-Ann E. "Jo-Jo" (Campbell) Vando. Devoted father of Peter H. Brouwer and his wife Lauren of Holbrook, Stacey M. Vando of NH, Carol M. Brouwer and her fiancé Paul Bates of Quincy, Shaun C. Vando and his wife Michele of NH,



JOSEPH G. VANDO, SR.

Joseph G. Vando, Jr. and his wife Meghan of Quincy. Loving grandfather of 12 cherished grandchildren. Brother of Patricia Nutt of Somerville, Judy Rogers of Tewksbury and the late Roseann Hourihan. Also survived by several nieces and nephew.

Visiting hours are 5-8 p.m. Thursday at the funeral home.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the American Diabetes Association, 10 Speen St., Framingham, MA 01701.

More Obituaries Online at www.thequincysun.com

RELIGION

Bethany Congregational

Bethany Congregational Church will have a Worship Service and Sunday School at 10:00 a.m. Rev. Peter M. Preble will conduct the service and preach the sermon entitled "The Battle with Temptation." Fellowship with light refreshments will follow the worship service.

Ash Wednesday service at 7:00 a.m. and Lent Services Wednesday evenings at 7:00 p.m.

All are welcome to attend Worship Services and its numerous group activities: an active Youth Group and a Missions and Growth Committee doing various

charity works.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at our Web Page: www.bethanycongrchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Glenore Moe, 95

A funeral service for Glenore (Cluff) Moe, 95, of Wellfleet was held Feb. 6 in Magoun-Biggins Funeral Home, Rockland.

Mrs. Moe died Feb. 2, surrounded and cared for by her family.

She was born in Portsmouth, N.H., daughter of the late George and Ella (Thompson) Cluff. Mrs. Moe was raised and educated in Quincy and was a graduate of North Quincy High School. She had been



GLENORE MOE

a Rockland resident for 55 years before moving to Wellfleet three years ago.

Interment at Mount Pleasant Cemetery, Rockland.

Quincy Point Congregational

Sunday, Feb. 14th Worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

The Rev. Ann Suzedell will preach a sermon called, "Be My Valentine." Chris Mendez will be the deacon of the day.

Following worship, everyone is welcome to coffee hour in the social hall.

Ash Wednesday is Feb. 10th and there will be a service held at QPCC in the Baharian Chapel at 7 p.m. The service will have both Communion and the Imposition of Ashes lead by Peter Johnston, the pastoral Assistant. Enter the church through the door closest to Dunkin Donuts on this evening for easiest access to the Chapel.

The Confirmation Class of Quincy Point Congregational Church is collecting 500 pairs of new socks for men and

women who are guests of Father Bill's and MainSpring House. One pair of clean dry socks can make a difference to someone who is struggling with homelessness. Cold, wet feet in the winter can contribute to infections that can become major medical problems, especially for someone who is diabetic.

To help:

- Bring a pair of new crew socks for men or women to the church, Monday through Friday, 9 a.m. to 2 p.m. or Sunday, 9 a.m. to noon at the church.

- Make a contribution at the Giraffe table featuring Gigi the Giraffe sporting white tube socks.

- Buy a pair of socks at the Sock Shock Sale Sunday, Feb. 7 between 11 a.m. to noon. The aim is to have the socks collected by and delivered on Valentine's Day, Feb. 14.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "It Is Written." Steve Reed, Minister of Music, will direct the choir singing the Introit and Anthem.

The children will act as Liturgist and call to worship and read the scripture lesson. Jeff Craig will serve for the

Diaconate.

The nursery and Sunday School starts after Pastor Felix delivers the children's message. Following the service a fellowship coffee hour is hosted by Nancy and Molly Jacobs.

Saturday the Valentine Princess Tea is held in two sessions: 10 a.m. to noon and 2 to 4 p.m. For information or to make reservations call Sue at 617-479-2311 or e-mail hncc@comcast.net.

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic	Catholic	Congregational	Congregational	Christian Science
St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Transfiguration Sunday Worship Service begins at 10 a.m. Pastor Felix Carrion will lead the service and preach the sermon "It Is Written" All are welcome to attend	 Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com UNION CONGREGATIONAL Beach St. & Rawson Rd., Wollaston (617) 479-6661 Rev. John Swanson, Pastor Sunday Worship Service 10 AM	First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME!
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESSIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	 BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanycongrchurch.org Worship Service and Sunday School at 10AM Rev. Peter M. Preble will preach the sermon "The Battle With Temptation" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible	 Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 9:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Bev Kauber, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617-472-5668 E-mail: office@womaz.org www.wollastonnazarene.org	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Dr. Susan Jarek-Glidden, Pastor
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1 st & 3 rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	UNITARIAN UNIVERSALIST United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	

To Advertise in this Directory, Call 617-471-3100

PEACE

OBITUARIES

Anne E. George, 89

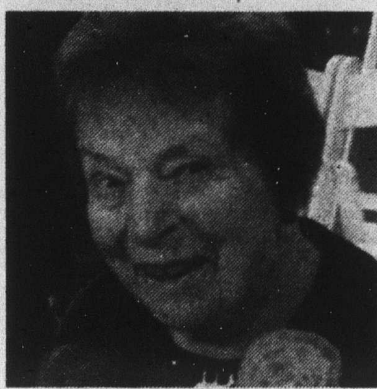
A funeral Mass for Anne Elizabeth (Doyle) George, 89, was celebrated Tuesday in St. Jerome Church, Weymouth.

Mrs. George died Feb. 5 after a brief illness.

She was the daughter of David and Mary (Cummings) Doyle and the widow of Walter Sterling George; they were married for 49 years. She grew up and attended school in Quincy, moving to North Weymouth in 1958. She is survived by two siblings, Mary Sheila Murray and Gregory Doyle and predeceased by two brothers, David and Daniel Doyle.

She is also survived by eight children, Walter Douglas George (Joanne) of Amherst, Anastacia Como (Edward) of CT, Judith O'Shea (Donald) of IL, Patricia Munoz (Jairo) of KY, Stephanie George of Hull, Jennifer MacLellan (David) of Wareham, Christine Smith (Jeffrey) of NH and Marianne Ripin (Peter) of NY. Additionally, she leaves behind 11 adored grandchildren: Jason Keane and Daniel O'Shea, Jessica George Grygorowicz (Adam), Patrick and Samuel Munoz, Jonathan Como, Elizabeth, Ian and Angus MacLellan, Abigail and Isabelle Ripin as well as two great-grandchildren: Charity and Keagan O'Shea. She also leaves numerous nieces and nephews.

Mrs. George was an active parishioner at St. Jerome Church serving as a Eucharistic minister and belonged to the Ladies Guild.



ANNE E. GEORGE

St. Jerome's was an important part of her life. Mrs. and Mr. George participated in many fundraisers and social activities sponsored by the Knights of Columbus as well as volunteering at Father Bill's.

She loved to bowl and play golf and enjoyed celebrating the Fourth of July watching the fireworks at Wessagusset Beach with her family. She was active in the Weymouth Civic Association, TOPS, the Newcomers Club, the Red Hat Society and the Whipple Center. Over the years, Mrs. George developed many cherished friendships within all of these groups that she enjoyed a great deal. When she wasn't raising her eight children, she found time to work for the Quincy District Court and later the South Shore Alarm Co. in North Weymouth.

Funeral arrangements were made by McDonald Keohane Funeral Home, North Weymouth.

Interment at Old North Cemetery, Weymouth.

Memorial donations may be made to St. Joseph's Indian School, PO Box 326, Chamberlain, SD 57326.

Mary L. O'Reilly

A funeral Mass for Mary L. "Mary Lou" O'Reilly of Quincy was celebrated Feb. 5 in St. Ann's Church, Quincy.

Ms. O'Reilly died Feb. 1.

She adored her family, especially her grandchildren. She enjoyed spending time with them, buying gifts for every occasion, and celebrating the holidays together. Ms. O'Reilly was a very social woman who was a friend to everyone with a generous nature and always put others before her self. She enjoyed traveling with her friends to England, taking an Alaskan cruise, and especially their trips to York Beach, Maine.

Ms. O'Reilly was very active in St. Ann's Church and was a devout Catholic; her faith was very important to her. She taught CCD and was a member of the Mary Ann's. She was a funny, outgoing, and thoughtful woman who will be dearly missed by all who knew her. She is reunited with her beloved parents James and Rita and her brother Paul, all to whom she was very close with.

Daughter of the late James and Rita (Waters)



MARY L. O'REILLY

O'Reilly. Devoted mother of Theresa Jones and her partner Fran of Braintree, Carol Brown and her husband William of Quincy, David Jones of Quincy and Christopher Jones and his wife Sarah of Braintree. Loving sister of James O'Reilly of Boston, Rita Mitchell of Braintree, Gerry O'Reilly of Quincy, and the late Paul and Jack O'Reilly. Devoted grandmother of Erin Jones, Joshua Brown, Sarah Brown and Christopher Jones. Also survived by many nieces, nephews, friends, and best friend Pat Cosseboom.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to American Lung Assoc. of MA, 460 Totten Pond Rd., Waltham, MA 02451.

Paul J. Mahoney, 87

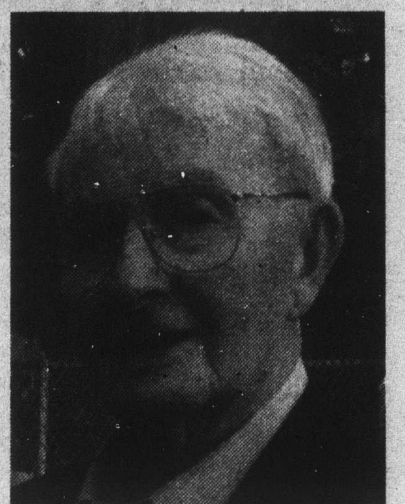
A funeral Mass for Paul J. Mahoney, 87, of Hanover, formerly of Braintree and Quincy, was celebrated Feb. 5 in St. Mary of the Sacred Heart Church, Hanover.

Mr. Mahoney died Feb. 1, surrounded by family.

Beloved husband of Margaret (Flemming). Devoted father of Attorney David P. and his wife Kathryn of Braintree, Richard P. and his wife Lori of Hanover and Tara A. Healy and husband Stephen of Hanover. Loving Papa of Meghan, Caitlin, Connor, Michaela, Caroline and Jenna. Dear brother of the late Edward Mahoney and Marion Broadbent, both of Quincy.

Upon graduation from South Boston High School, Mr. Mahoney joined the Massachusetts Air National Guard where he served as a staff sergeant during the Korean War. He worked at several electronic firms and eventually retired as New England sales manager for Beckman Instruments and TRW. After his retirement he accepted a position at the Massachusetts Archives and retired as a reference archivist.

Mr. Mahoney enjoyed summers in Wolfeboro, N.H., where he would cruise Lake



PAUL J. MAHONEY

Wentworth in his boat, the Kean V. In retirement he enjoyed singing with the Belles and Beaux at nursing homes and senior centers on the South Shore. His greatest love was spending time with his family; he particularly enjoyed attending his grandchildren's plays, concerts and sporting events. He will be remembered as a kind man and loyal friend to those who had the great fortune of knowing him.

Funeral arrangements were made by Sullivan Funeral Home, Hanover.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Norwell VNA and Hospice, 120 Longwater Dr., Norwell, MA 02061.

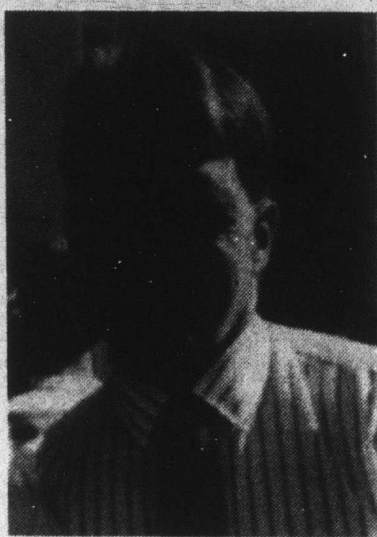
Richard S. Petitti, 64

A funeral Mass for Richard Stephen Petitti, 64, of Greensboro, N.C., and formerly Quincy was celebrated Feb. 6 in St. Mary's Church, Quincy.

Mr. Petitti died after a short illness on Jan. 31.

He graduated from Quincy High School and was inducted to the Quincy/North Quincy Football Hall of Fame. Mr. Petitti served his country in the U.S. Air Force during the Vietnam Era. Following his service he worked for the U.S. Postal Service as a clerk for many years.

Survived by his five children: Eric Petitti of Quincy,



RICHARD S. PETITTI

Mark Petitti of Braintree, Andrew Petitti of Quincy, Lisa Gibbons of Braintree and Jessica Oliva of Braintree. Brother of James E. Petitti of Scituate, Patricia Doyle of Braintree, Jean Petitti of Weymouth and Mary "Betsy" Ballantyne of Quincy. Also survived by eight grandchildren and many nieces and nephews.

Funeral arrangements were made by Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Private interment.

Lorraine A. DiBona, 74

Interment and services for Lorraine Ann (Marchetti) DiBona, 74, of Quincy were privately held.

Mrs. DiBona died Jan. 30 after a long illness.

She was born in Quincy and graduated from Quincy High. She enjoyed Elvis and the Boston Red Sox and was a major supporter of law enforcement.

Beloved mother of Mark

R. DiBona and his wife Gailyn of FL, George DiBona of FL and Gayle Marceline of Quincy. She also leaves two grandchildren and many nieces and nephews.

Funeral arrangements were made by Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Memorial donations may be made to Badge of Life at badgeoflife.com.

William G. Carey

A funeral Mass for William G. "Billy" Carey of Quincy, formerly of Dorchester, was celebrated Tuesday in St. Ann's Church, Quincy.

Mr. Carey died peacefully at his parents' home after a courageous battle with cancer on Feb. 4.

He, above all else, adored his daughters Meghan and Isabella, as well as his entire family. He was always interested in other people and could carry a conversation with all age groups. Mr. Carey was particularly interested in current events, was a frequent

caller and listener of talk radio and had a thirst for knowledge. He will be remembered for his sense of humor, quick wit, and extremely proud of his Dorchester upbringing.

Beloved father of Meghan and Isabella. Cherished son of John Carey and M. Isabel (MacQuarrie) Carey of Hyanis, formerly of Dorchester. Loving brother of Jay and his wife Maureen of Quincy, Paul and his wife Denise of Weymouth, Bob and his wife Judith of Milton, and Eddie and his wife Kyren of Brighton. Also survived by many nieces, nephews, a grand niece, and cousins.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Cedar Grove Cemetery, Boston.

Memorial donations may be made to the Jimmy Fund c/o Dana-Farber Cancer Institute, PO Box 849168, Boston, MA 02284-9168.

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*Price does not include basic services of funeral director and staff, embalming and preparation, casket, funeral ceremony, transportation to place of disposition, 20-gauge metal casket, visitation, interment, and memorial stationery package (a register book, 100 thank you cards, 100 prayer cards).
A Quincy Family Business. AFFS and Service Corporation International, 206 Winter Street, Quincy, MA 02269. Phone: 617-244-2454.

In Loving Memory of
Our Father

William H. O'Donnell

August 14, 1918

February 15, 2015

First Anniversary Mass
St. John the Baptist Church
Friday, February 12th
at 8 AM

The Light of His Spirit
Illuminates Our Hearts

Kathleen, Bill Jr.,
Michael and Paul

Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

Carol A. Sullivan, 58

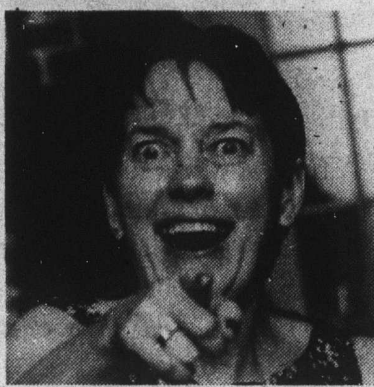
A celebration of life for Carol A. (Davis) Sullivan, 58, of Raymond, N.H., and formerly Stratham, N.H., and Squantum will be held March 20 from noon to 4 p.m. at the Holy Grail Camelot Room, Epping, N.H.

Mrs. Sullivan died peacefully Feb. 5 with loving family by her bedside at the Portsmouth Regional Hospital.

She was born in Cambridge on July 23, 1957, a daughter of the late Frederic G. and Marjorie R. (Walmsley) Davis. Mrs. Sullivan was raised in Squantum and graduated from North Quincy High School with the Class of 1975. Carol married her true love, Daniel P. Sullivan in 1984 and together they had lived in Mansfield, Stratham, N.H., and just recently relocated to Raymond, N.H.

Mrs. Sullivan had worked for State Street Bank of Boston for more than 20 years and in New Hampshire she was employed at Timberland in its credit department. She was very active in Timberland's community service programs and served as its project manager for the Stevens Park Baseball Field project in Stratham. She was also very active in the scouting and baseball programs of Stratham.

Mrs. Sullivan was a devoted wife, mother, daughter and friend of many, with endless energy even in her final days of battling ALS. Always quick to make friends where ever she went, shopping, getting her hair and nails done, even from her hospital bed. She always made the time to stop and talk, especially if you were troubled by something. She will be remembered so fondly by us all as a



CAROL A. SULLIVAN
chatty, silly ray of light.

In addition to Daniel, her husband of nearly 32 years, she is survived by her sons, Daniel R. and Patrick D. Sullivan, both of NH and her sisters, Linda Allen of Byfield and Jeanne Doherty of NH. She also leaves her mother-in-law, Marilyn Sullivan of FL, her nieces and nephews, and her special friend and caregiver, Visiting Angel Julie Rumpfelt, who quickly became one of her best friends. Also the many other dear friends, family and associates who helped with her care and support. She will be sadly missed by all who knew and loved her. She was predeceased by her parents and her sister, Barbara Spear.

Mrs. Sullivan's family would like to thank the entire third floor staff at Portsmouth Hospital for their care, love and support through these last months.

Private interment.

Memorial donations may be made to the Muscular Dystrophy Association at mda.org, to ALS Family Charitable Foundation, Inc., P.O. Box 229, Buzzards Bay, MA 02532, to Compassionate Care ALS, P.O. Box 1052, West Falmouth, MA 02574, or to an ALS Chapter of your choice.

Arrangements by Remick & Gendron Funeral Home, Hampton, N.H.

John C. Savage, 85

A funeral Mass for John Crosby Savage, 85, of Quincy was celebrated Feb. 5 in St. Mary's Church, Quincy.

Mr. Savage died Jan. 31.

A lifelong Quincy resident, he worked as a receiving clerk for Raytheon where he was employed for 38 years.

The beloved husband of the late Elinor M. (Curtin) Savage, he was the loving father of John M. Savage, Local 550, and his wife Arlene of Weymouth, Mary Beth Donnelly and her husband Michael of Brockton and Christopher C. Savage and his wife Laura of Braintree; devoted grandfather of Brittany, Kristyne, Meghan, Nicole, Andrew, Christopher and Matthew and great-grandfather of Christian; brother of Virginia Hawes of Quincy and the late Richard and Paul Savage; and is



JOHN C. SAVAGE
also survived by many nieces and nephews.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen St. Framingham, MA 01701.

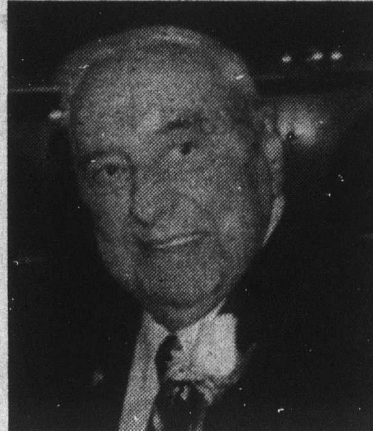
Bartolo Panto, 82

A funeral Mass for Bartolo "Buddy" Panto, 82, of Quincy was celebrated Wednesday at Sacred Heart Church, Quincy.

Mr. Panto died peacefully surrounded by his loving family on Feb. 5 following a six-month battle with pancreatic cancer.

He retired from AA Wills where he worked for many years as a heavy equipment operator and was a proud member of Local 4 for 50 years. Mr. Panto enjoyed gardening, puzzles and was an avid Boston sports fan. He also found enjoyment in carpentry and was always the first one willing to help and fix anything. His main passion in life was his family whom he loved more than anything including his cat, "his baby" Bruschi, whom he loved to the moon. He will be sadly missed.

Beloved husband of 58 years Jean (Thebado) Panto of Quincy. Loving father of Donna Lawrence and her husband Michael of Marshfield, Debbie Connors and her husband Paul of Weymouth and Michael Panto and his wife Wendy of Brockton. Devoted grandfather of Matthew and his wife Tina, Jill, Christopher and his wife Nicole, Jenna, Eric and his wife Colleen, Kristen, Courtney, Sarah, and



BARTOLO PANTO

Michael. Great-grandfather of Arianna, Kayden, Gianna and Riley. Caring brother of Angelo Panto and the late Charles Panto. Predeceased by his mother and father Candeloro and Pauline Panto. Also survived by many nieces and nephews.

A special thank you to Dr. Dasilva and the South Suburban Dialysis Center, along with Dr. Kwak and Dr. Wo in the Oncology Department at MGH for their outstanding care shown to Mr. Panto these past few months.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Panto's family would appreciate blood donations made to the American Red Cross in honor of the blood he received these past six weeks. Memorial donations may also be made to the Mass General Hospital Cancer Center at massgeneral.org/cancer if preferred.

Evelyn Murphy Crim, 91

A funeral Mass for Evelyn Murphy Crim, 91, of Hull and Wollaston was celebrated Feb. 6 in St. Ann's Church of St. Mary of the Assumption Parish, Hull.

Mrs. Crim died Feb. 1.

She was born in Boston, the loving daughter of Jessie McLeod Murphy and Joseph Leo Murphy. After graduating from the Boston School of Practical Arts, she worked as a personal secretary in the Heffenreffer Beer Company until she met and married Naval sailor George Crim during war times. Mrs. Crim traveled to and enjoyed many locations as a Navy wife, while returning to the family's beloved cottage in Hull whenever she could.

Her life always centered around the church and her family. Active in many church and social groups and activities, she was filled with joy by her ministering as a Eucharistic minister. She worked part-time at the Government Printing Office in Washington, D.C., while her children were school-aged. As her children moved on to college, she returned to school to earn a bachelor's degree in accounting. She worked as an accountant for the Naval Research Laboratory in Washington for many years. Upon retirement she beelined her way back up to Hull (summers) and Wol-



EVELYN MURPHY CRIM

laston for the rest of her life. She was active in both parish communities while her health enabled this.

Beloved wife of the late George Norman Crim Sr. Loving mother of George N. Crim Jr. and wife Debby of GA, Richard Arthur Crim and wife Irma of KS, and daughter Evelyn Crim Doyle and husband Bernard of VA. Dear sister of Dorothea Riley Byrnes of Hull, June McInnis of Winchester, the late Jessie Ferguson and husband Earnest of Hingham, the late Arthur Murphy and wife Claire of West Roxbury and the late infant Joseph Leo Murphy. Also survived by sixteen grandchildren, 26 great-grandchildren, and many loving nieces, nephews, cousins, and friends.

Funeral arrangements were made by Pyne Keohane Funeral Home, Hingham.

Interment at St. Paul Cemetery.

Vivian R. Miller, 82

A memorial service for Vivian R. (Larson) Miller, 82, of Quincy was held Feb. 6 at Bethany Congregational Church, Quincy.

Mrs. Miller died Jan. 25 at Care One at Weymouth Health Center.

She was born and educated in Cambridge and a proud member of the Class of 1951 at Cambridge High and Latin. After graduation she worked for Ace Venetian Blind Company in Cambridge.

After raising her family for many years she returned to the work force. Mrs. Miller actually loved taking the Red Line to her job in the Financial District in Boston. She worked tirelessly for the Bethany Congregational Church serving on many committees, assisting the church women with various functions and served as chairwoman of the annual church fair numerous times. Mrs. Miller had a lovely alto voice and was a member of the Church Choir for more than 30 years, and was a long time member of the Laura Howe Team. She performed in many of the Bethany Players productions.

Mrs. Miller also worked for 44 years at the voting polls at the Merrymount Elementary School. She was an enthusiastic Avon representative and earned the coveted Mrs. Albie award many times over.

Beloved daughter of the late Carl and Pauline (Thor-



VIVIAN R. MILLER

son) Larson. Loving wife of the late Paul H. Miller Jr. Adored mother of Corinne (Darryl) Mikami of Braintree, Barbara Ferreira of Braintree, Elizabeth (Lonny) Parrish of Abington and the late Linda Ruth Miller. Cherished grandmother of Kyle, Kendra, and Kaleb Mikami, Jamie Ferreira, Adam, Kristin, and twins Nicole and Lindsey Parrish. Also survived by her devoted twin sister Mildred Dougenik of CT; she was also the sister of the late Arline Hanson and Ronald Larson and is survived by many nieces and nephews.

The family would like to thank the wonderful staff at Care One. Mrs. Miller enjoyed being there and participating in their many activities such as the coffee socials, trivia, bingo, ice cream parties and anything musical.

Memorial donations may be made to the Interfaith Social Services, 105 Adams Street, Quincy, MA 02169

Arrangements by Deware Funeral Home, 576 Hancock St., Quincy.

Marie Maloney, 59

A funeral Mass for Marie (Prendeville) Maloney, 59, of Quincy was celebrated Monday in St. Ann's Church, Quincy.

Mrs. Maloney died Feb. 2, surrounded by her loving family.

She was the beloved wife for 36 years of Thomas M. Maloney, Jr. Cherished mother of Thomas M. Maloney III and his wife Christina, Therese H. Maloney and Patrick P. Maloney, all of Quincy. Loving daughter of the late Lawrence N. and Bridget M. (Healy) Prendeville. Dear sister of Lawrence J. Prendeville and his wife Carol of Quincy, Loretta N. Prendeville of Quincy and the late Eileen Prendeville Yetman. Adored aunt of Michael, Brendan and Andrew Prendeville and Katherine Yetman. Also survived by many dear aunts, cousins and friends.

A lifelong Quincy resident, Mrs. Maloney was a graduate of Archbishop Williams High School and Quincy City Hospital School of Nursing. She was a dedicated nurse at Carney Hospital in Dorchester for 37 years.

Mrs. Maloney was the cornerstone of her family. Together with her husband,



MARIE MALONEY

they built a foundation of faith, love and trust for the true lights of her life, her three children: Thomas, Therese and Patrick. Mrs. Maloney left a lasting impression on everyone she met, making all feel welcomed, loved and truly at home in her presence. She will be sorely missed by all those whose lives she has touched over the years.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to MGH Breast Cancer Research, c/o Barbara Lampkin, Massachusetts General Hospital, 55 Fruit St., Lawrence House, LRH-306, Boston, MA 02114.

OBITUARIES

Sinclair R. MacLeod, 87

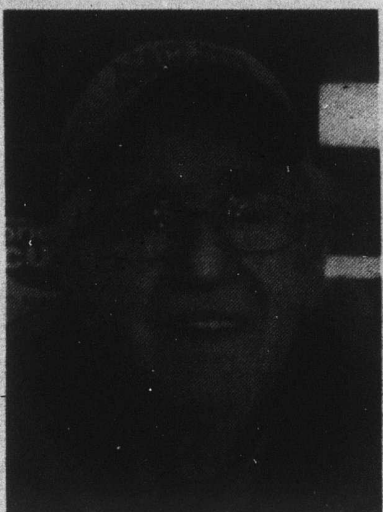
Private graveside services with military honors for Sinclair R. "Red" MacLeod, 87, of Fairfax, VA, and formerly Quincy were held at Mount Wollaston Cemetery.

Mr. MacLeod died peacefully Jan. 11 at the Fair Oaks Hospital in Fairfax, VA.

He was born, raised and educated in Quincy and was a graduate of Quincy High School. He also received a degree from Technical College in Virginia as an electronic engineer. He had lived and worked in Fairfax for many years.

Mr. MacLeod enlisted in the U.S. Air Force and was a Korean War veteran, attaining the rank of staff sergeant. He was assigned to the Pentagon and later was transferred to the U.S. Embassy in Turkey.

After his service in Turkey, he was employed by the U.S. Navy with the Research Laboratory. He later became an aircraft contract officer for the U. S. Navy



SINCLAIR R. MACLEOD in the Defense Department with identification credentials as a lieutenant commander, U.S.N.R.

Beloved father of Jane MacLeod Baz and her husband Mehmet Baz of Turkey. Son of the late Murdoch D. and Isabelle J. (MacLeod) MacLeod. Brother of Earle P. MacLeod of Quincy and also survived by many nieces and nephews.

Arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy.

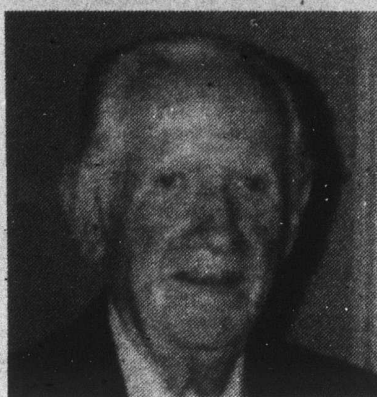
William F. Nicholson Jr., 92

A funeral Mass for William F. "Bill" Nicholson Jr., 92, of Squantum and Oak Bluffs was celebrated Monday in Sacred Heart Church, Quincy.

Mr. Nicholson died Feb. 1 surrounded by his devoted family.

Beloved husband of Barbara (McNeil) for 65 great years. Loving dad of Janet Cronin of Abington, Heather Sexton and husband Jack of CA and William III (deceased). Grandpie to Melissa, Rachel and Greg Cronin and Jackie and Alexandra Sexton. Brother of Anne (Nancy) Nicholson (deceased). Survived by a loving family with many nieces and nephews.

After serving in the Navy during WWII, Mr. Nicholson was an electrical engineer for the New England



WILLIAM F. NICHOLSON JR.

Telephone Company and Verizon for 41 years. After his retirement he traveled to Europe and spent winters in Florida and summers on Martha's Vineyard where his family and grandchildren have summered for many fantastic years.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Louis J. Faiella, 90

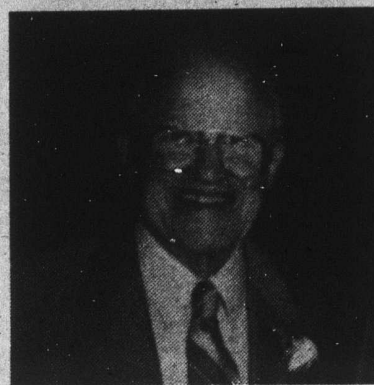
A funeral Mass for Louis J. Faiella, 90, of Quincy was celebrated Feb. 6 at St. Joseph's Church, Quincy.

Mr. Faiella died peacefully at home on Feb. 2, surrounded by his loving family.

He was born in Quincy where he was raised and educated. He was employed with the city of Quincy's Highway Department for forty-five years and retired in 1988 as a foreman. He also worked for the Boston Bowladrome for many years.

Mr. Faiella was a veteran of World War II, serving in the U.S. Army, 264th Anti-Tank Regiment, 66 Black Panther Infantry Division. While serving, he received the Good Conduct Medal, the Army Occupation Medal and the European African Middle Eastern Theater Campaign Ribbon. He was also a member of the DAV; Cyril P. Morrissey Post #294, the American Legion; and the George F. Bryan Post #613, Veterans of Foreign Wars.

Mr. Faiella was a "Jack of All Trades" - there wasn't anything he couldn't build. Whenever any of his family or friends needed help, he was there, without ever being asked. He was a musician and loved playing his guitar. Mr. Faiella was also an accomplished candlepin bowler, with a three string



LOUIS J. FAIELLA

high of 404. He played cribbage every week with his friends, and he was a member of St. Joseph's Parish in Quincy.

Beloved husband for 44 years of his cherished wife, Alice (Grazioso) Faiella. He was the son of the late Americo and Mary (LoDico) Faiella. He was also the brother of Sally Saluti of Weymouth, Frances Andronico of Quincy and the late Norma Proto. Also survived by many loving nieces and nephews, and many great and great-great nieces and nephews.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Interment at Mount Wollaston Cemetery.

Memorial donations may be made to the VNA of Boston, 100 Trade Center, Suite G-500, Woburn, MA 01801; St. Joseph's Church, 550 Washington St., Quincy, MA 02169; or My Brothers' Keeper, PO Box 338, Easton, MA 02356.

LEGAL NOTICE

CITATION ON PETITION FOR ALLOWANCE OF ACCOUNT

Docket No. NO15P0820EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John E. Mann Jr.
Date of Death:
May 29, 2000

To all interested persons:
A petition has been filed by: **Phyllis M. Hersey of Wells, ME** requesting that an Order of Complete Settlement of the estate issue including to approve an accounting, compel or approve a distribution, adjudicate a final settlement, determine heirs and other such relief as may be requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 03/02/2016**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 28, 2016
PATRICK W. McDERMOTT
Register of Probate

2/11/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. NO16P0080EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Michelle Karen Ozer
Also Known As:
Michelle Ozer,
Michelle K. Ozer
Date of Death:
November 24, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Joyce I. Ozer of Newton, MA.**

Joyce I. Ozer of Newton, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/11/16

PUBLIC NOTICE

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 16-008

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** on the **First Floor Conference Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Noel & Julie McPhillips for a Variance to add dormers to the third floor for extended living space in violation of Title 17 as amended Chapter 4.1.1 (conformance) and Chapter 4.1.2 (notes to table) on the premises numbered 52 WHITNEY ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.
Martin Aikens, Chairman

2/4/16, 2/11/16

PUBLIC NOTICE

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the General Laws of Massachusetts that the Board has received an application for a Retail All Alcohol Package Store License from, S&H Tobacco, Inc., d/b/a Hancock Market, 5 Cottage Ave., Minesh Kumar S. Patel, Manager. A hearing will be held in the First Floor Meeting Room, City Hall, 1305 Hancock St., Quincy. **TUESDAY, February 23, 2016 DATE at 4:00 P.M.**

Joseph P. Shea
Chairman

2/11/16

PUBLIC NOTICE

PUBLIC NOTICE
2016-038

Presently pending in the Ordinance Committee of the Quincy City Council to be passes at a later date:
Be it ordained by the City Council of the City of Quincy that Title 17, Zoning Ordinance Section 5.8.3 Specific Types of Signs; Standards, as amended, be further amended as follows:

By deleting Section 5.3.8 Section 12 in its entirety and substituting therein the following revised 5.3.8 Section 12 Political Signs:

12. Political Signs.
 - a) No political sign shall be erected in any residential or PUD district until ten days prior to the date of a primary or preliminary election.
 - b) No political sign shall be erected in any Business or Industrial district until thirty days prior to the date of a primary or preliminary election.
 - c) No political sign may be larger than four feet by four feet.
 - d) All political signs must be removed within seventy-two hours following a final election.
 - e) In no case shall more than one political sign per candidate be erected on any one parcel of property. No more than three political signs shall be erected on any one parcel of property.
 - f) No political signs may be affixed to any public property including utility poles, city trees, bushes, shrubs, fences, lamp posts, mailboxes, or any public street furniture. In the case of such violations, the department of public works or other appropriate city department may remove such violating signs and be held harmless in doing so.
 - g) All political signs located on private property shall be installed only with the permission of the property owner(s).

Joseph P. Shea
Clerk of Council

2/11/16

PUBLIC NOTICE

CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the General Laws of Massachusetts that the Board has received an application for Transfer of the Retail Wine & Malt Package Store License, Pledge to Eastern Bank Alteration of Premise, and change of d/b/a from Suresh Chabria, Inc., d/b/a Chab's Daily Mart, 291 Quincy Ave. to Quincy C Market, Inc. d/b/a Daily Mart, Dinesh Patel, Manager. A hearing will be held in the Meeting Room, First Floor meeting room, 1305 Hancock St., Quincy. **TUESDAY February 23, 2016 4:00 P.M.**

Joseph P. Shea
Chairman

2/11/16

Quincy Center Building Projects Making Progress

Cont'd From Page 17

winter, Galvin added.

A sales office for prospective buyers will open on site this summer. Galvin said interest in the condo units has been high and people have already contacted the company to make requests to reserve condos at Cliveden Place.

The company has also reached out to potential retail tenants, include restaurateurs and those in the professional service industry, a category that includes insurance brokers among others. Galvin anticipates two retail tenants moving into Cliveden Place.

Galycon is behind a third project underway in Quincy Center, the construction of a new three-story office building at 111 Washington St. The site at the corner of Washington Street and McGrath Highway was formerly home to an Inter-

national House of Pancakes that later became a Bickfords and most recently a Brazilian steakhouse. The former restaurant, which was built in 1950, was demolished in January.

The 111 Washington St. project received Planning Board approval on Jan. 27. Galvin anticipates completing the permitting process in about 60 days. Construction would start this summer and take about a year.

The top two floors of the new building will be home to professional office space, with suites ranging from 3,000 to 9,000 square feet. The ground floor will be for retail use, including a bank branch and other professional services. Galvin said there has been an incredible amount of interest in leasing space in the new building.

"I'm very excited about that building," he said.



CLIVEDEN PLACE, two buildings with a combined 56 condominiums and 8,000 square feet of retail space, is being constructed at 1545 Hancock St. and 64 Ross Way. Demolition of the existing Woolworth's building on the site began in late January and will continue through February. The project is expected to take 18 to 24 months to complete in its entirety. Quincy based-Galycon Development is behind the project and another in Quincy Center, a new office building at 111 Washington St.

Rendering Courtesy Galycon Development

West Of Chestnut Begins Pre-Leasing

Cont'd From Page 13

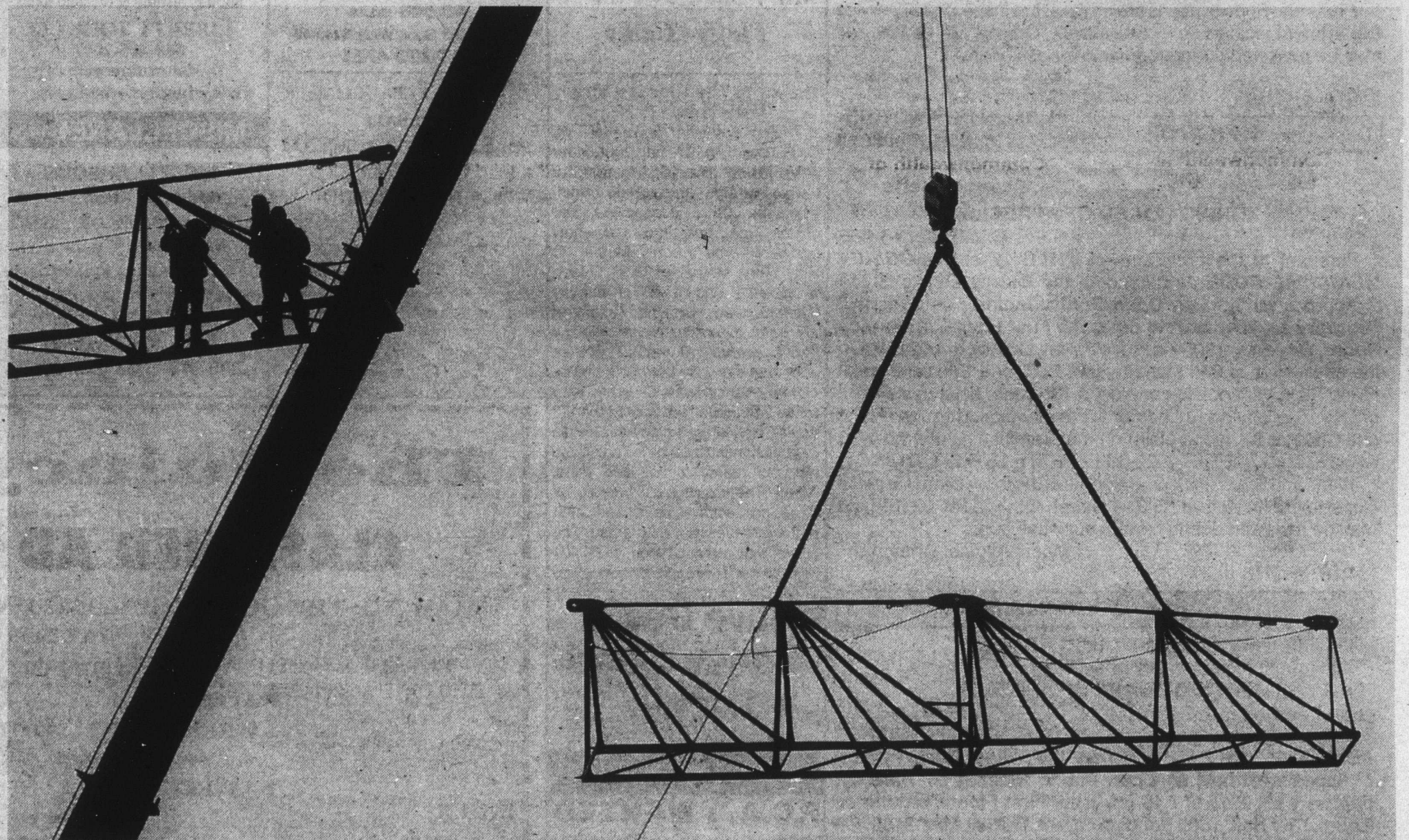
Building between Chestnut Street and Hancock Street. West of Chestnut, which was announced in 2014, has spurred additional development in the city's downtown district.

Quincy Mutual has been in continuous operation in Quincy since it was founded in 1851 and is the majority investor in the downtown redevelopment.

"Our investment in this project is an investment in this city and the people who live and work here," said K. Douglas Briggs, president and CEO of Quincy Mutual. "We are already seeing a new wave of investment by other developers, retailers and restaurants in the downtown who share our vision and faith for this great city."

"West of Chestnut is one of many new developments set for Quincy Center, which will include the renovated Quincy Center MBTA station, the newly-remodeled City Hall, and the expected Adams Green urban park. A second phase of West of Chestnut, called East of Chestnut - featuring 220 units with additional amenity and retail space, is also planned."

As a leading Boston-based developer, Gate Residential creates vibrant apartment communities in targeted urban areas near highly desirable employment and university markets that are easily accessible by public transportation. Founded in 2010, Gate Residential Properties, LLC is the multifamily development and investment arm of Redgate Holdings, LLC.



WORKERS WATCH as a section of the giant crane used in the construction of the West of Chestnut development in Quincy Center is lowered to the ground by another crane.

Quincy Sun Photo/Robert Bosworth

Hearing Sought On Employee Misclassification At Work Sites

By SCOTT JACKSON

Councillor Joseph Finn is pressing for hearings on the extent of possible misclassification of employees at construction sites in Quincy as a way to recommend regulations to limit and discourage the practice in the future.

The council's oversight committee is tentatively scheduled to hold the first such hearing on Feb. 16. Finn introduced an order calling for those hearings at the council's Jan. 19 meet-

ing. He had previously introduced an order on the same issue in October 2015, but the council's term expired before the hearings could be held.

Finn said he was concerned about testimony heard during previous council hearings on planned urban development (PUD) projects concerning the misclassification of construction workers as independent contractors or in some cases workers being paid under the table or not at all.

"Given the fact that there is so much development, particularly residential development, that is occurring within the city, it becomes very important to understand some of the subcontracting types of difficulties that can go on," Finn said.

"We have community values here that are very strong," he added. "The city of Quincy, we are the founding place of the International Laborers Union. We hold certain values and oftentimes are ordinances reflect

those values, but sometimes it's difficult in terms of enforcing some of those things and being able to limit what we consider practices that impact working families and ordinary people."

Finn noted the issue isn't strictly related to labor unions, as the misclassification of employees by contractors can also negatively impact non-union firms who classify their employees correctly.

Organized labor, contractors, development com-

panies and state and local officials will be invited to the hearings to testify about the extent of such practices in Quincy construction projects, both past and present. The hearings would also be held to ascertain the cost and impact of the practices.

Testimony heard at the hearings could then be used to draft recommendations for oversight measures designed to limit the misclassification of employees on job sites.

CLASSIFIEDS

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-003

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Vincent & Kelly Guarino for a Variance to construct an addition to the existing structure and a driveway to service new garage in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4.1 (driveway/parking facilities) on the premises numbered 103 COLONIAL DRIVE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-004

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Yakup Yokus for a Variance to seek relief for the existing single family home constructed by right with incorrect elevations submitted by the Engineer in violation of Title 17 as amended Chapter 8.1.10 (variances) on the premises numbered 643 SEA STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-005

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of CPI Management LLC for a Special Permit/ Flood Plain/Variance to construct a 135-room hotel in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) and Chapter 8.1 (flood plain) on the premises numbered 1-15 ARLINGTON STREET & 22-30 FAYETTE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-006

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Alpha Billings Realty Trust, Hung Yin Wong, Trustee for a Finding to change the use from a dry cleaner/retail to a restaurant in violation of Title 17 as amended Chapter 3.4.2 (nonconforming) on the premises numbered 67 BILLINGS ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-007

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, February 23, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of 77 Suomi Road Realty Trust for a finding and a minor dimensional variance to construct a second floor porch above the existing enclosed porch on the front of the property located at 77 Suomi Road in violation of Title 17, Sections 4.1 (dimensional regulations) and 3.4 (nonconforming uses and structures)

The parcel of land is located at 77 Suomi Road and is shown as Lot 2 on Assessors' plan no. 4005.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/4/16, 2/11/16

PERSONAL

JOE IN TEXAS
HAPPY VALENTINES DAY
- your friends
in quincy

2/11

Happy Valentine's Day
Mary Ellen Birchmore
Fluffy - Cathy

2/11

Prayer to The Blessed Virgin
(Never Known To Fail)
O, most beautiful flower of Mt. Carmel, Fruitful Vine, splendour of Heaven, Blessed mother of the son of God, immaculate Virgin, assist me in this necessity. O, Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in this my necessity (make request). There are none that can withstand your power. O, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. The prayer must be said for three consecutive days and after that the request will be granted. The prayer must be published. J.J.M. 2/11

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CHILDREN OF St. Yves School enjoy the Christmas party.



HAPPY STUDENT of St. Yves School waits for a visit by Santa Claus.

Helping Hands From Quincy Bring Joy To Haitian Students

Cont'd From Page 18

Saint Yves and made their Christmas season a truly joyous one.

"So many Quincy residents and businesses have contributed to the rebuilding of St. Yves over the last 5 years which has had a huge positive impact on the students and teachers of the St. Yves School" stated Fabien. "While they are too numerous to mention all, I would like to express my thanks to

the following:

Attorneys George Burke, Robert Dolbec and James Gavigan; Quincy Walmart, North Quincy High School, CVS Wollaston, Pastor Carol Palmatier of Quincy Covenant Church, Eagle Shipping Line, Tufts Healthcare, Freda Ferro, Jill Reamar, Mr. and Mrs. Helen Cameo, Theresa John, Denise Reneghan, Nancy Thomas, Colleen Stevenson and Mrs. Sandy.

"We are thankful to those

who welcomed us and helped at the School in Haiti: School Principal Professor Jacques Robert Jean-Louis, Tita Jean Fabien, Joseph Jean, Henry Jean, Watson Professor Bertrand and all the school staff," Macdonald and Fabien said.

The Saint-Yves Foundation is a nonprofit organization and all donations are tax deductible. Contributions can be made at any Citizens Bank location, account # 1320715580.



SANTA CLAUS and Marie-Denise Fabien get ready to deliver gifts to the children of St. Yves School in Haiti.



FATHER LUCIEN along with Principal Jacques Robert Jean-Louis, Marie-Denise Fabien and Grace L'Or Jean at the blessing of the St. Yves School in Port-au-Prince, Haiti. The original school was destroyed in an earthquake six years ago.



BARREL OF GIFTS donated by businesses and schools in Quincy are delivered by Marie-Denise Fabien and Gail Macdonald, both of Quincy.



GAIL MACDONALD and Marie-Denise Fabien, both of Quincy, give snacks to the children at the St. Yves School Christmas party.



MARIE-DENISE FABIEN and Grace L'Or Jean along with Principal Jacques Robert Jean-Louis receive an award from a student at St. Yves School.



SUNSET AFTER last Friday's snow storm was colorful with bright yellow and red hues as seen from East Squantum Street. Marina Bay is the background. Quincy Sun Photo/Lisa Aimola

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THE MOST
GOOD



DOVE is excited to share news of a new initiative: In October, we hired a great new team member as our LGBTQ/T Advocacy & Outreach Coordinator. In 2016 we will be working hard to reach more LGBTQ/T survivors and communities.

We thank you for your work with DOVE to grow and nurture strong, healthy communities, and we invite you to join us in this enhanced effort.

Happy Valentine's Day



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 Teacher Curator Of Lizzie Borden House - Page 6



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VOL. 48 No. 22

Thursday, February 18, 2016

75c



VALENTINE PRINCESSES - Alexis Kline, 5, and Emme Conroy, 5, have their picture taken during the Valentines Princess Tea at Houghs Neck Congregational Church on Saturday. More photos on Page 32. Quincy Sun photo/Tom Gorman

Wollaston Station Redesign Underway

By SCOTT JACKSON

The Wollaston MBTA station will receive a major renovation to improve its accessibility and alleviate concerns about flooding, a project that could make the area surrounding the facility more appealing for development.

The station, which first opened in 1971, is the only Red Line station that does not meet requirements for accessibility included in the Americans with Disabilities Act. The entrances to the station, which are both located below grade, are also prone



UPGRADED WOLLASTON MBTA station would include a new head house, which would provide handicapped access to the elevated platform; the head house is located on the parking side of the facility. Wollaston station, which first opened in 1971, is the only Red Line station that is not currently handicapped accessible. Plans for a redesigned station are at the 60 percent stage and will be completed this summer.

to flooding during storms. The plan for the upgrades to address those concerns is at the 60 percent design stage and should reach the 90 percent stage in the coming months, according to Sen. John Keenan.

"They're at 60 percent design on their latest design,

Cont'd On Page 11

New FR Bridge Behind 2 Years

New Span Seen October 2018

By SCOTT JACKSON

Construction of a new bridge over the Fore River and the demolition of the adjacent temporary span is expected to wrap-up in October 2018 with work on the \$244.6 million project run-

ning nearly two years behind schedule, according to state transportation officials.

The project is running approximately 700 days behind schedule, according to a Feb. 11 project briefing by

Cont'd On Page 11

5 File In Ward 6 Race

By SCOTT JACKSON

All five residents who pulled nomination papers to run in this spring's special election to fill the vacant Ward 6 seat on the City Council returned their nominations papers before the

Tuesday deadline to do so.

The five candidates to return their nomination papers to the Board of Registrars are: William Harris of 74 Ashworth St. in Squantum; Nathan Knowles of 44

Cont'd On Page 13

Zika Virus Precautions

By RUTH JONES

BSN, RN, BC, CP-FS

Zika virus is a mosquito-borne flavivirus (in the same family as yellow fever, dengue and West Nile viruses) previously found largely in

Africa and Southeast Asia.

In 2007, it was found initially on the Pacific island of Yap and subsequently in French Polynesia. In May 2015, the World Health Or-

Cont'd On Page 4

SAL Squadron 294 'Bricks For Vets'

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy announces a new initiative called "Bricks for Veterans" program.

The Squadron is selling inscribed bricks for \$50

each. The bricks will line the walkway to the main Flag Pole at Flags for Veterans Island, Fort Square, Quincy. The Squadron maintains the island that is decorated twice a year with more than 300 American flags.

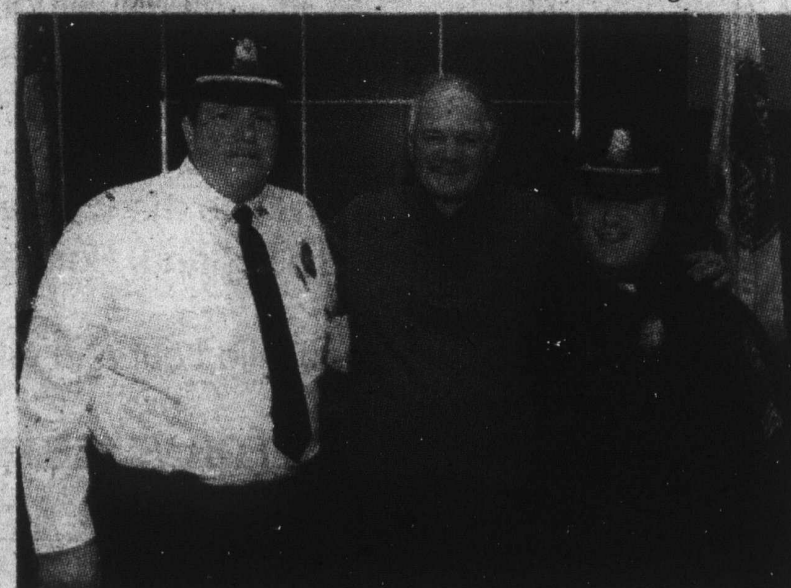
Paul Moody, commander

of Squadron 294 and coordinator of Flags for Veterans Island, said the island is running out of space to accommodate more flags. So, SAL has decided to launch a brick program for those who want to recognize and/or memorialize veterans.

"We have started a Brick for Veterans program. We are putting a border of brick pavers alongside of the walkway going to the Flag Pole," Moody said.

"The pavers will have

Cont'd On Page 2



TWO QUINCY POLICE were promoted last Friday at a ceremony in the Great Hall of the James R. McIntyre Government Center following the retirement of Lt. Jeffrey Burrell (center) who served the department for 31 and a half years. Terence McDonnell (left) was promoted to lieutenant and David Pacino was promoted to sergeant. Story, other photos on Page 2.

Quincy Sun Photo/Robert Bosworth



Downtown Revitalization Amendment Sought - Page 3
 Beacon Hill Working On Opioid Bill - Page 13

For more Quincy news, visit:
TheQuincySun.com

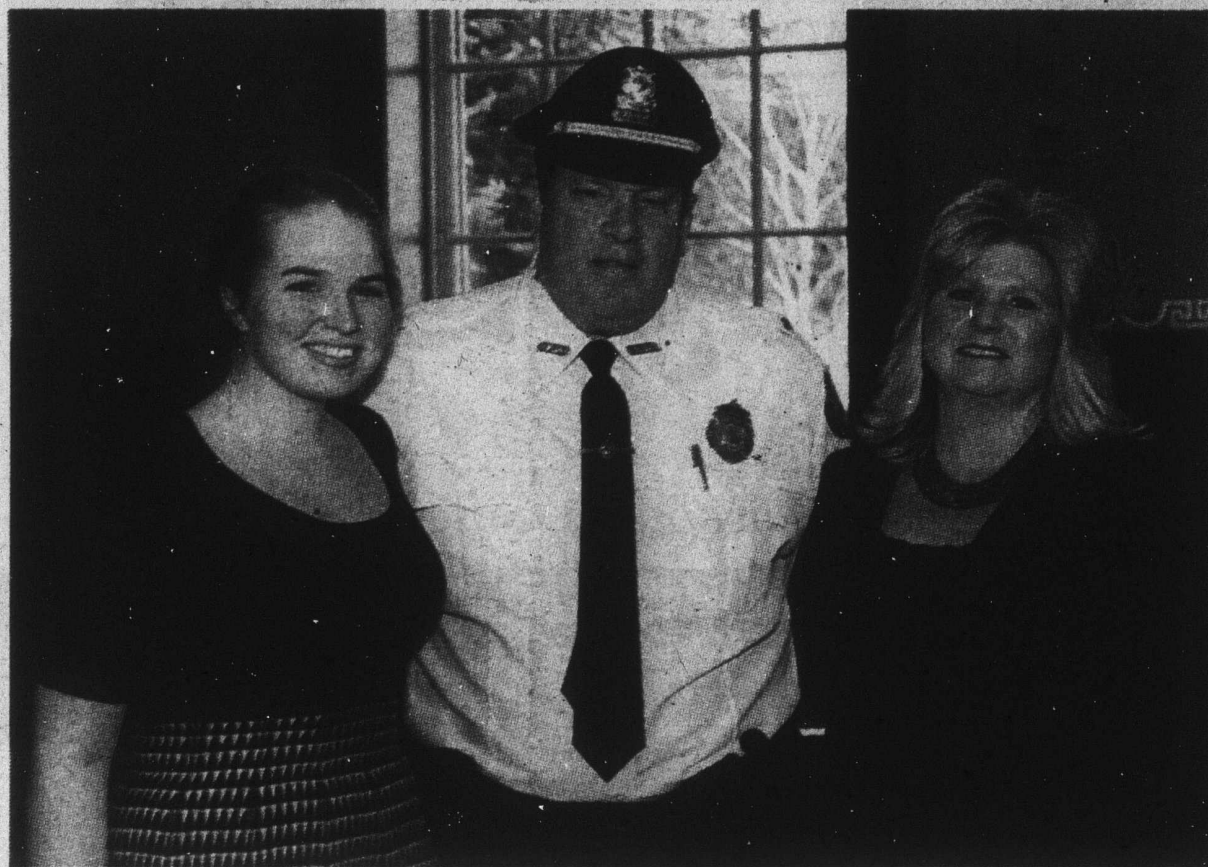
Two QPD Officers Promoted To Lieutenant, Sergeant

By SCOTT JACKSON

Two Quincy police officers were recently promoted during a city hall ceremony before a standing room only crowd of family and fellow officers.

Terence McDonnell was promoted from the rank of sergeant to lieutenant during the ceremony on Feb. 12. He joined the department in September 1995 and obtained the rank of sergeant in February 2003. McDonnell was sworn in by City Clerk Joseph Shea and pinned by his wife Deborah and daughter Caroline.

"He's an indigenous leader," Police Chief Paul Keenan said of McDonnell. "He's been there to mentor his officers. People reach out to him, they trust him, they have faith in him and he's shown true leadership over the years as a patrol officer and as a [sergeant] and I know he's going to be an



TERENCE McDONNELL was promoted to the rank of lieutenant during a city hall ceremony Feb. 12. He joined the Quincy Police Department in September 1995 and was promoted to sergeant in February 2003. With McDonnell are his daughter Caroline (left) and wife Deborah, who pinned him with a lieutenant's badge during the ceremony.

outstanding lieutenant for the Quincy Police Department."

David Pacino was pro-

moted to the rank of sergeant. He has been a member of the department since August 2003. Assistant City



DAVID PACINO, who joined the Quincy Police Department in August 2003, was promoted to the rank of sergeant at the Feb. 12 ceremony in city hall. He is joined by his wife, Siobhán, who pinned him during the ceremony.

Quincy Sun Photos/Robert Bosworth

Clerk Nicole Crispo swore in Pacino, who was pinned by his wife Siobhán.

"I know he's taking a

leadership role in our detective's bureau - he's one of our best detectives," Keenan said of Pacino. "It's good

news and bad news. The good news is he's being promoted; he's going to be an

Cont'd On Page 31

SAL Squadron 294 Begins 'Bricks For Vets' Program

Cont'd From Page 1

the name of the veterans, rank and service branch. If you would like to purchase a brick, the cost is \$50," Moody added.

An order form to purchase a brick appears below in this issue of The Quincy Sun.

Or, call Commander Paul Moody at 617-472-5952 for

more information.

Moody hopes to have at least 120 bricks ordered for installation by Memorial Day this May.

Moody also announced Squadron 294 will host its

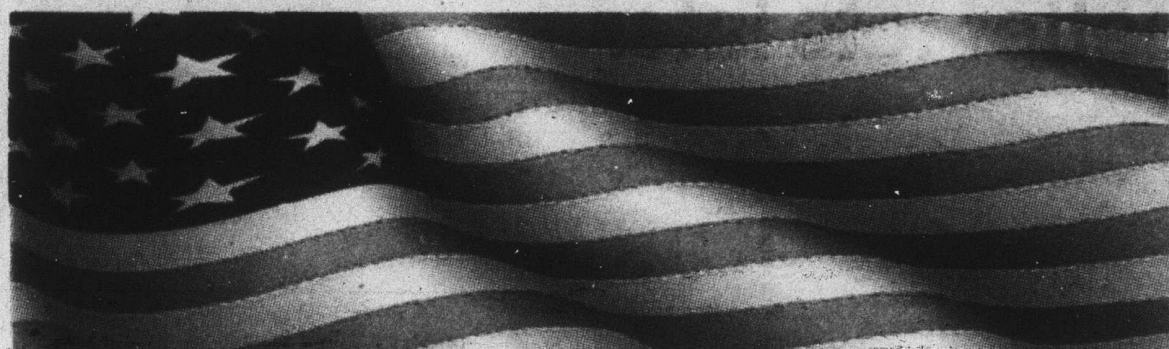
annual Corned Beef and Cabbage Dinner Saturday, March 12 from 3 to 7 p.m. at the Morrisette Legion Post Hall, 81 Liberty St., Quincy.

Along with the din-

ner, there will be music by Squadron DJ Steve Fowles, raffle drawings, and a performance by a group of Irish step dancers.

There will also be a cash bar.

Proceeds from the dinner benefits the upkeep and care of Flags for Veterans Island including flowers, grass cutting and replacing tattered American flags with new ones.



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program

Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy announces its Bricks for Veterans program. The Squadron is selling bricks for \$50 each. The bricks can be inscribed with the name, rank branch of service of a veteran.

The inscribed bricks will line the walkway to the main Flag Pole at Flags for Veterans Island, Fort Square, Quincy.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

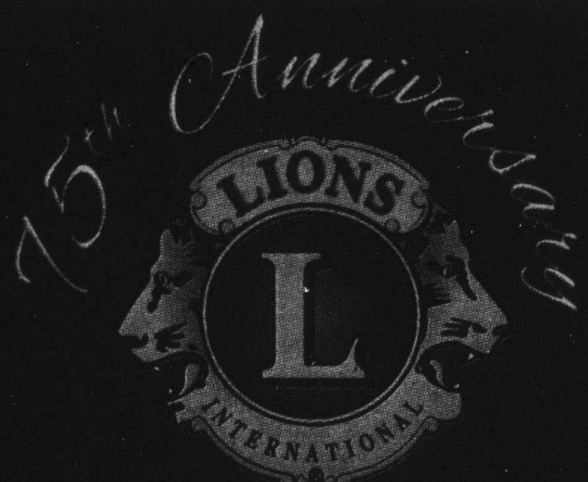
Send this form and check to:
S.A.L. Squadron 294
22 Conant Rd.
North Quincy, MA 02171

For more information, call 617-472-5952

Save The Date and Join Us

To Celebrate
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Thursday, March 31, 2016
Neighborhood Club
6:00 o'clock in the evening



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Dinner

Raffle

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508.498.4304

You can also purchase tickets on our Facebook page



facebook.com/QuincyLionsClub
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Helen Keller's "Knights of the blind in the crusade against darkness."

Revitalization, Development Amendment Sought Would Include Center T Station

By SCOTT JACKSON

City officials hope to amend the Urban Revitalization and Development Plan for the downtown area in order to proceed with the planning of a new Quincy Center train station.

The Planning Board on Feb. 10 voted to support the amendment to the URDP, which extends the urban revitalization district to include the Quincy Center MBTA station. The City Council will need to approve the amendment as well and a public hearing is required as part of that process.

The MBTA shuttered the station's 872-vehicle garage without warning in July 2012, citing concerns over its structural integrity; the Red Line and Commuter Rail platforms were determined to be safe at that time and have remained open. The Quincy Center garage originally opened in 1971 when MBTA service to Quincy began; it is the transit agency's oldest garage still standing.

Quincy has taken the lead on rebuilding the new station and is seeking federal funding for the project. Robert Stevens, the Planning Department's urban renewal planner, said including the station in the URDP is necessary to help receive

funds for the project.

"The permitting has reached a point where it's beneficial for it now to be included. It can't wait another few months," Stevens told the Planning Board. We'd start to lose momentum and lose time."

A mixed-use facility is seen on site, including potentially a new district courthouse.

"The court system has approached the city about updating its Quincy District Courthouse facility. The facility that is currently in operation does not fulfill their capacity needs," Stevens said. "The idea would be anywhere between a 200,000 and a 300,000 square foot justice center positioned on top of the T station. There will be parking for T commuters and then parking for the courthouse as well."

"We're looking for a brand new head house for the train center and a platform. We're also looking at a new busway as well; one of the design criteria is to have the buses come in off of Burgin Parkway versus coming in through its current location (on the Hancock Street side)."

Planning Director James Fatseas said courthouses have been located above a



DEMOLITION CONTINUES at the site of the old Woolworth's Building in the area of 1545 Hancock St. and 64 Ross Way. Quincy-based Galvcon Development plans to build two six-story buildings on the site with 56 condominiums and 8,000 square-foot of street-level retail space. This photo was taken Feb. 11. On Tuesday, the portion of the building in the background where the workmen are standing was leveled.

Quincy Sun Photo/Robert Bosworth

Norfolk County Program Seeks Veteran-Hospice Volunteers

Volunteers are needed in Norfolk County to visit Veterans and non-veterans in their home for friendly visit-

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Receive Hospice training and become a veteran-hospice volunteer. Recognize

our veterans for their service to their country with a certificate of service and hand-

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Cont'd On Page 28

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BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST

WAYS TO WEAR EARRINGS

Earring fashion is constantly evolving, but we can provide you with a snapshot of what is hot right now. Many women are choosing to make a bold statement by wearing one long, dramatic earring. Often combined with a side-swept hairstyle that best showcases this asymmetric look involves wearing two different types of earrings, such as a chandelier in one ear and a boldly colored stud in the other. This mismatched look is super chic. Women are also paying more attention to earring backs that are as decorative as the fronts. These attention-getters are best worn with pulled-back hairstyles such

as ponytails and French twists, buns, and braids.

Most earring styles go with anything, adding style to anything you wear. The wide variety of earring types, sizes, and prices available makes it easy to find the perfect pair. For the latest trends in earrings, stop by our store at 1402 Hancock St. in Quincy Center or call 617-773-3636. Our prices have always been more than competitive with no fake markups in order to offer huge discounts. We also pay top dollar for old unwanted or broken jewelry.

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Moments in time

THE HISTORY CHANNEL

• On March 3, 1887, Anne Sullivan begins teaching 6-year-old Helen Keller, who lost her sight and hearing after a severe illness at the age of 19 months. Under Sullivan's tutelage, the previously uncontrollable Keller flourished, eventually graduating from college and becoming a lecturer and activist.

• On March 6, 1899, the patent office in Berlin registers Aspirin, the brand name for acetylsalicylic acid, on behalf of Friedrich Bayer & Co. Acetylsalicylic acid was originally made from a chemical found in the bark of willow trees.

• On March 2, 1904, Theodor Geisel, better known as Dr. Seuss, the author and illustrator of such beloved children's books as "The Cat in the Hat," is born in Massachusetts. Geisel's first book, "And to Think That I Saw It On Mulberry Street," was rejected by over two dozen publishers before making it into print in 1937.

• On March 5, 1929, David Dunbar Buick, founder of the Buick Motor Company, dies in relative obscurity after years of working menial jobs. By 1906, Buick had lost control of the business and sold his stock, which would later be worth millions of dollars.

• On March 1, 1932, the 20-month-old son of aviator Charles Lindbergh is kidnapped from the family's mansion in New Jersey. Although a ransom note demanding \$50,000 was left in the nursery, the baby had been killed the night of the kidnapping.

• On Feb. 29, 1940, the film "Gone With the Wind" is honored with eight Oscars. The most momentous award went to Hattie McDaniel for her portrayal of "Mammy," a housemaid and former slave. McDaniel was the first black actor ever to win an Oscar.

• On March 4, 1962, a Trans-African DC-7 crashes on takeoff in Cameroon, its 111 passengers and crew doomed by a mechanical failure. It was the first single-airplane disaster in history in which more than 100 people died.

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Zika Virus: Mosquito Prevention Strategies

Cont'd From Page 1

ganization reported the first local transmission of Zika virus in the Western Hemisphere, with locally acquired cases recognized in Brazil.

As of Jan. 15, local transmission had been identified in at least 14 countries or territories in the Americas, including Puerto Rico. Further spread to other countries in the region is probable.

Previously, local transmission of Zika virus had not been documented in the continental United States. However, Zika virus infections had been reported in travelers returning to the United States.

A rare case of the Zika virus being transmitted through sexual contact, not a mosquito bite, was reported in the U.S. on Feb. 2. This patient infected in Dallas, Texas had not traveled to infected areas but their partner had returned from Venezuela. With the recent outbreaks in the Americas, the number of Zika virus disease cases among travelers visiting or returning to the United States will likely continue to increase.

It is estimated that 80 percent of people infected with Zika virus are asymptomatic (have no symptoms). In those who exhibit symptoms of the infection, the incubation period is 3-12 days.

Symptomatic disease is generally mild and characterized by at least two of the following: acute onset of fever, maculopapular rash, arthralgia (joint pain), and/or nonpurulent (not containing pus) conjunctivitis. Symptoms usually last from several days to one week.

Severe disease necessitating hospitalization is uncommon, and fatalities from Zika virus appear to be rare. Guillain-Barre Syndrome (GBS), which is a rare rapid-onset of muscle weakness as a result of damage to the peripheral nervous system, has been reported in some patients following suspected Zika virus infection.

The connection of GBS with Zika virus is still under investigation. Very recently,



RUTH JONES

Brazil has reported an increase in infants with microcephaly or underdeveloped brains occurring over the same time frame as the Zika virus outbreak in that country. While the association is compelling, it is not known if the increase in microcephaly cases is directly instigated by Zika virus infections.

During the first week of infection, Zika virus is found in your blood. If a mosquito bites you, it becomes infected and now has the ability to spread the virus to other people through bites.

Because there is neither a vaccine nor preventative medications available to prevent Zika virus infection, the Centers for Disease Control and Prevention (CDC) and the Massachusetts Department of Public Health (MDPH) recommend that all pregnant women consider postponing travel to areas where Zika virus transmission is ongoing.

If a pregnant woman travels to an area with Zika virus transmission, she should be advised to strictly follow measures to avoid mosquito bites. Mosquitoes that spread Zika virus bite both indoors and outdoors, mostly during the daytime; therefore, it is important to ensure protection from mosquitoes throughout the entire day.

Mosquito prevention strategies, recommended for all travelers to an area with transmission, include:

• When you are outdoors, wear long pants, a long-sleeved shirt and socks. This may be difficult to do when the weather is hot, but it will help keep mosquitoes away from your skin.

• Use a repellent with DEET, permethrin, picaridin, IR3535 or oil of lemon eucalyptus, according to the instructions on the product label.

• When used as directed on the product label, insect repellents containing DEET, picaridin, and IR3535 are safe for pregnant women.

• DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children.

• Oil of lemon eucalyptus should not be used on children under three years of age.

• Permethrin products are intended for use on items such as clothing, shoes, bed nets and camping gear and should not be applied to skin.

• Try to stay in places that use air conditioning or

window and door screens.

• Empty standing water from outdoor containers.

The varieties of mosquitoes that are known to carry Zika virus are generally not found in Massachusetts. At this time, it is extremely unlikely that someone would become infected with Zika virus from a mosquito bite in Massachusetts. However, travelers to affected areas may be bitten by infected mosquitoes during their trip and some of them are being diagnosed with Zika virus disease when they return to the United States.

Because of the potential for proliferation, the World Health Organization (WHO) has declared the disease linked to this virus a global public health emergency.

Ruth Jones is the Public Health Nurse Educator for the Quincy Health Department.

Your Social Security Benefit Statement

By KRISTEN ALBERINO

Social Security Public Affairs Specialist

It's that time of year again: time to start preparing to file your taxes. If you receive Social Security benefits, one of the documents you will need when filing your federal income tax return is your Social Security Benefit Statement (Form SSA-1099).

Your Social Security benefits may be taxable. This includes monthly retirement, survivor, and disability benefits. About one-third of people receiving Social Security benefits must pay taxes on some of these benefits, depending on the amount of their taxable income. This usually happens only if you have other substantial income — such as wages, self-employment, interest, dividends, and other taxable income that must be reported on your tax return — in addition to your Social Security benefits. You will never have to pay taxes on more than 85-percent of your Social Security benefits, based on Internal Revenue Service (IRS) rules.

To find out if you must pay taxes on your benefits, you will need your Social Security Benefit Statement (Form SSA-1099). You should automatically receive your 1099 form each January. It shows the total amount of benefits you received from Social Security in the previous year so you know how much Social Security income to report to the IRS on your tax return. The 1099 form is not available for people who receive Supplemental Security Income (SSI), as SSI payments are not taxable.

Whether you file your taxes early or wait until the deadline, Social Security makes it easy to obtain a replacement 1099 form if you didn't receive one or misplaced yours. You can get an instant replacement quickly and easily by using your secure online my Social Security account. If you don't already have an account, you can create one in minutes. Follow the link to the my Social Security page, and go to "Sign In" or "Create an Account." Once you are logged in, select the "Replacement Documents" tab to obtain your replacement 1099 form. If you create a my Social Security account, you can also use it to keep track of your earnings each year, manage your benefits, and more.

You can also obtain a replacement 1099 form by calling us at 1-800-772-1213 (TTY 1-800-325-0778), Monday through Friday from 7 a.m. to 7 p.m., or by contacting your local Social Security office. If you live outside of the United States, please contact your nearest U.S. Embassy or Consulate.

With a my Social Security account, gathering your Social Security information for tax season has never been easier. Open your own personal my Social Security account today at www.socialsecurity.gov/myaccount.

Spot The Automated External Defibrillator Contest Underway

Quincy Fire Department in collaboration with the City of Quincy, Brewster Ambulance, eSociates, LLC and the PulsePoint Foundation announce the launch of the "Spot an AED Contest."

Participants locate and submit photos of automated external defibrillators (AED) by using either the

PulsePoint AED app, Text Messaging (617 221 6221), Instagram (#spotaed) or on Helpfie.com.

The contest will run from Feb. 15 – March 31 and there are prizes for participants who find the most AEDs in Quincy. The grand prize, an Apple Watch, will go to the top winner.

Members of the com-

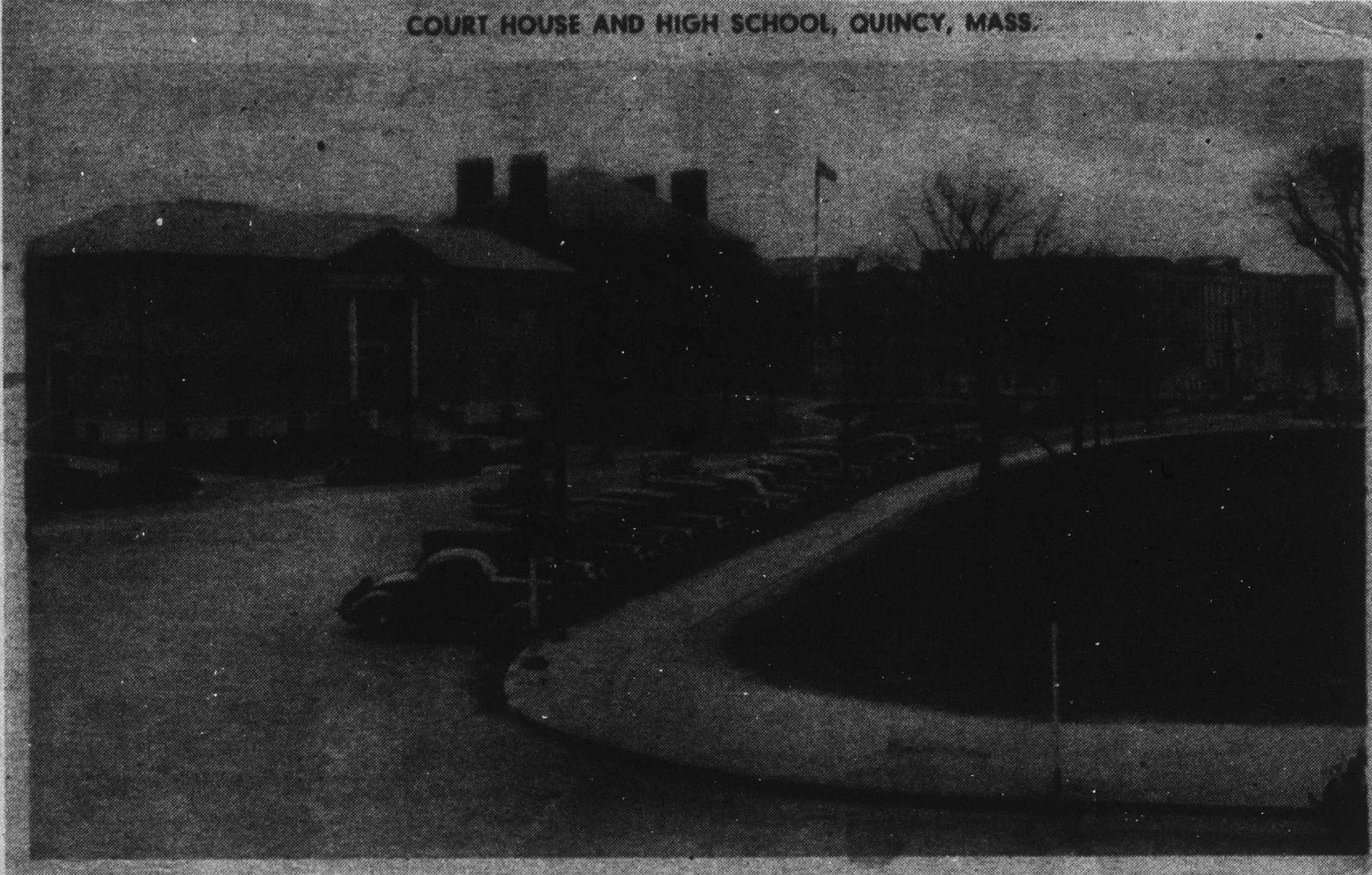
munity can use their smartphone to take photos of AEDs and share the AED's location information. It is important to build an accurate registry to enable professional first responders and citizens responding to an emergency to quickly find and use AEDs during emergencies. This contest will help us build that reg-

istry.

The American Heart Association estimates that immediate cardiopulmonary resuscitation (CPR) and early defibrillation with an AED can more than double a victim's chance of survival. For more information about the contest, visit www.spotaed.org.

Scenes From Yesterday

COURT HOUSE AND HIGH SCHOOL, QUINCY, MASS.



THIS IS A 1939 postcard view of the buildings on Coddington Street from its intersection with Washington Street in Quincy Square. Only the 1908 Coddington School building in the center has escaped the wrecking ball. Completely restored it remains a reminder of this scene that played an important role in Quincy's 20th century. The old 1911 East Norfolk Court House on the left has been replaced with the modern Ten Faxon residential building as part of Presidents Place. The

old 1924 Quincy High School building on the right has been demolished and replaced with a landscaped park for the new high school just beyond it. A temporary return to angle parking as seen here along the library lawn may have provided some relief during the recent reconstruction of downtown roadways. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1973
43 Years Ago

City Concerned Over Nixon's Budget Cuts

Quincy received \$1.8 million from the federal government in 1972, and Jeffrey Davidson, director of the Department of Planning, Programming and Development, says that he is "hopeful" that a similar sum will be forthcoming in 1973 despite budget cuts by President Nixon.

But right now everything is pretty much up in the air.

Davidson said there will be dramatic changes ahead for Quincy in obtaining federal funds as result of policy changes proposed in Washington. Quincy will, in all probability, lose projects such as the Quincy Point Improvement Program.

PROPOSE NAMING NEW SCHOOL IN MEMORY OF DR. CHARLES DJERF

The naming of the new Lincoln-Hancock School in memory of Dr. Charles Djerf loomed as a strong possibility.

"It couldn't be a more fitting memorial to a man who dedicated his life to Quincy's school children and to public service," School Committeeman Daniel G. Raymondi told *The Quincy Sun*.

"Dr. Djerf grew up in that area. He treated, if not delivered, many, many babies there. He served for many years with distinction as a member of the school committee. A good part of his life was devoted to helping children."

Other names suggested included former school committee member and county treasurer Raymond C. Warmington, former mayor Charles A. Ross and President John F. Kennedy. (Editor's note: None of the above won the support of the school committee members. The school was named the Lincoln-Hancock Community School.)

QUINCY-ISMS

Quincy Patrolman **Ralph Bergonzi** received an "Outstanding Quincy Police Officer Award" from the Quincy Jaycees. Bergonzi received the award for rescuing a Germantown woman trapped in her burning fifth floor apartment...

Ernest J. Montilio, well-known owner of Montilio's Pastry Shop, received a citation of honor from the Brotherhood of Beth Israel Synagogue... **Lisa McElaney** of North Quincy High School, an associate member of the Quincy School Committee, recently spoke before the legislature's education committee. She testified in support of a bill that would require state schools to offer a Practical Arts course, which would offer a combination of industrial arts and home economics...

Isadore Zack of Quincy was elected secretary of the Military Intelligence Association of New England. The group consists of former military intelligence and security personnel... **Mario Salvatore** was chairman of a committee planning a "Roaring Twenties Night." The event, sponsored by the Quincy Lodge, Sons of Italy, is scheduled for Feb. 24 at the Sons of Italy Social Center, Quarry Street... The annual St. Patrick's Day Dinner dance sponsored by St. Mary's Parish, West Quincy, was scheduled to be held March 17 at the church hall. **Mrs. Kevin Little** was chairman of the event and **Mrs. Joseph LaRaia**, ticket chairman... **Albert Grahn** of Quincy, noted Swedish baker, was honored at a 75th birthday party held at the Viking Club, East Braintree... **Russell Edwards** Beauty Salon, 27 Cottage Ave., Quincy Center, was offering "Permanents, Regular Price, \$16.50 for Only \$12.50"... Eight students were selected to participate at the All-New England Music Festival in Portsmouth, New Hampshire, April 5-7. They are **Geoffrey Hennessy**, concertmaster, **Burt Bray**, clarinetist, **Jeffrey Dill**, bassist, **Evangeline Dill**, violinist, and violinists **Robert Levitsky**, **Helen Kelly**, **Lynne Myett** and **George Vallatini**... **Maureen Foley**, 64 West Elm Ave., Wollaston, will attend Bridgewater State College and **Timothy O'Leary**, 247 Pine St., Wollaston, will attend the University of Massachusetts-Amherst. Both students will graduate from North Quincy High School in June... **Duggan Bros.**, North Quincy Garage, 133 Hancock St., North Quincy, will hold a "Washington's Birthday Open House" from Feb. 14 thru Feb. 24. **Duggan Bros.** was offering a full line of 1973 Chevrolet autos and trucks... At the request of **Leo J. Kelly**, president of the Houghs Neck Community Council, **Putnam S. Borden**, executive director of the Quincy Council on Aging, will begin an out-reach program at the Houghs Neck branch of the Thomas Crane Public Library. During the hours of 1-3 p.m., Borden will be available to all senior citizens to answer questions and explain services... "The French Connection" starring Gene Hackman and "M.A.S.H." featuring Donald Sutherland were playing at the Wollaston Theater, Beale St., admission, \$1 at all performances.

CPR Course For Healthcare Providers March 1

Health Ed of New England will hold a CPR certification course for healthcare providers Tuesday, March 1

from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is \$50 per per-

son. The course requires pre-registration by Monday, Feb. 29.

For more information,

call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.

READERS FORUM

City Needs Hospital, Not More Buildings

Everywhere you turn around another apartment or condos are going up. Some of them luxury.

It seems on every street corner.

Quincy doesn't need all these buildings. You expect it in Boston. Quincy is not Boston and Quincy is not a luxury city.

What is more important is Quincy needs its hospital back.

A fully staffed, fully functioning, fully operating

hospital.

With all these new condos etc., it makes a person kind of wonder, doesn't it?

B. Ray
Quincy

Questions Ordinance Regulating Political Signs

I just read the article regarding a possible new ordinance regulating political signs. I can understand regulating signs on public property and I can understand regulating signs that might block a view or hinder property access.

I do not, however, understand what business it is of the "City of Quincy" if I put up 1 sign for candidate "A" or 12 signs for that candidate. As long as there is no blocked access or view it is no one's business if I put up say 1 Trump sign or 3 Trump signs - for example.

My next question is why would I be restricted to 3 signs - suppose there are more than 3 different candidates I support? (Again with the blocked view/access understanding.) This seems to be yet another right or freedom that is slowly being strangled.

Are the politicians afraid they will see too many signs against him/her?

We are slowly being put in a box and the cover is slowly being locked in place and folks don't even see it coming.

Linda L. Frattura
Quincy

Yard Signs And Freedom Of Speech

Not surprisingly, I see our Constitutional rights under attack again, this time by local government. This is another pratfall on the slippery slope.

Councillor at-large Joe Finn has proposed a local ordinance to limit the number of political yard signs on a person's property. Apparently, his view of the 1st Amendment is different than mine. I'm not sure who Councillor Finn recognizes as the Constitutional scholar he looks up to, and how that person interprets it, but the scholars I look

up to are individuals such as Fisher Ames of Dedham, James Madison, and Benjamin Rush (who wrote the First Amendment). In fact, Fisher Ames is considered the author of the final wording of the First Amendment.

These three individuals were also members of the First Continental Congress. At this Congress, June 8th, 1789, James Madison said, "The people shall not be deprived or abridged of their right to speak, to write, or to publish their sentiments; and the freedom of the press, one of the great bulwarks of

liberty, shall be inviolable." He also said, "No state shall violate the equal rights of conscience, or of the press."

So, I wonder, Councillor Finn, if you could advise me, that if your ordinance passes, and if I have a friend running for school committee, or if I endorse someone running for councillor at-large, or someone seeking a city councillor position, or possibly, maybe, mayor, president, etc. at the same time that election year: how do I figure out whose to chose to display, because I can only not offend three?

I wonder, if this ordinance passes, and someday they revisit this ordinance, and they add to the list "welcoming home from serving their country overseas," "congratulations, it's a girl," signs, etc. and include those as one of the three signs permitted, will the councillors finally be recognized as having been in their positions too long?

Oh, by the way...the First Amendment is also in the first section of the Bill of Rights.

Don Kusser
Turner Street
Quincy

Arts & Entertainment

Local Teacher Curator Of Lizzie Borden House

By SCOTT JACKSON

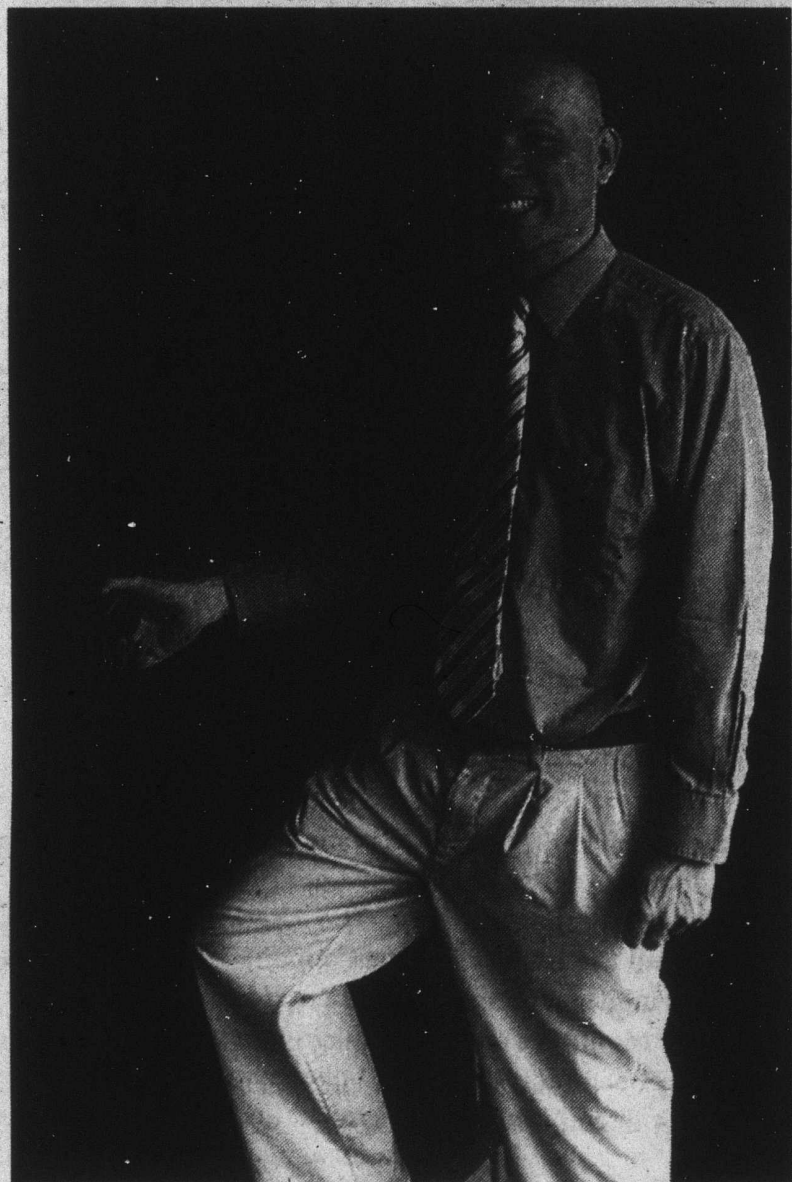
It was the trial of the century.

Lizzie Borden was charged with bludgeoning her father and stepmother to death in their Fall River home with an ax, a crime so well known to this day it has its own nursery rhyme. The trial in June 1893 lasted two weeks and a jury acquitted Borden after deliberating for 90 minutes.

Ostracized by the Fall River community, Borden moved into Mapplecroft, a stately Queen Anne Victorian in the city's Hill District, shortly thereafter with her sister Emma. Lizzie Borden lived there for the rest of her life, dying inside at the age of 66 in 1927. Emma Borden left Mapplecroft in 1905 and reportedly never spoke with her sister again; she died nine days after Lizzie.

Now, nearly 90 years later, Mapplecroft has a new owner who plans on opening the house to the public as a museum on July 19, Borden's birthday. Assisting the owner with those efforts is Bill Pavao, an American history teacher at Quincy's Central Middle School and the curator at Mapplecroft who has long been interested in Borden.

"I watched as a kid the Elizabeth Montgomery movie, 'The Legend of Lizzie Borden,' which is a made for TV movie. I thought it was so enthralling that at the end of the movie, before they run the credits, they actually talk about what happened to Lizzie and her sister after the trial was over. I went 'oh my God, those are real people,'" Pavao recalled in



BILL PAVAO, a history teacher at Central, is also the curator at Mapplecroft, the house where Lizzie Borden lived for more than 30 years after being acquitted of murdering her father and stepmother. The house in Fall River is currently undergoing a restoration, which Pavao is assisting, and is set to open to the public in July. Pavao was previously the curator at the Lizzie Borden Bed & Breakfast, where the murders took place.

a recent interview.

"So I went to the library, took out a book on the Borden case and saw the pictures. Since then I've been really interested in it."

Pavao has taught at Central for 18 years. During part of that time, from 1997 to 2004, he was the curator of the Lizzie Borden Bed & Breakfast, where the murders took place. While working and living at the house, Pavao helped Leonard Rebello research his book, "Lizzie Borden: Past

& Present," which was first published in 1999.

"I've been researching [Borden] since I was a teenager," Pavao said. "As the curator of the Borden house, I was really fortunate I got to work with Leonard Rebello, who wrote a book called 'Lizzie Borden: Past & Present.' I actually got to work with him on the book for a couple of years."

"His book is considered the Borden bible. It's not a whodunit book. It's more a scholarly work. It really



MAPPLECROFT, a Queen Anne Victorian in Fall River's Hill District, is undergoing a restoration and will open to the public in July. Lizzie Borden, the accused ax murderer, lived there after a jury found her not guilty of killing her father and stepmother until her death in 1927. Once the restoration is completed, the house will resemble what it looked like when Borden resided inside. Central Middle School teacher Bill Pavao is the curator at Mapplecroft.

Photos Courtesy Bill Pavao

changed the way people researched Borden because he's all about documentation. You can't just say something; you need to say where that came from. Leonard thought that it was really cool that I was a historian and it just worked. I was really proud of his book, because I really got to work with that a lot."

Kristee Bates, the new owner of Mapplecroft, purchased the estate in November 2014 and began restoration work shortly thereafter. Once completed, the house will resemble what it looked like while Borden was living there.

"Kristee Bates really has done an amazing job," Pavao said. "That house

has 15 rooms. She has gone room to room to room. Every room has been redone as far as wallpaper, carpeting, furnishing, all of the little knick knacks — everything that you could think of that Lizzie might have had has been replaced in that house."

We're very lucky the house is largely original.

Cont'd On Page 8

Quincy's Jaden Hallisey Cast In 'A Wrinkle In Time'

Quincy resident Jaden Hallisey, 13, has a leading role this March in "A Wrinkle in Time," a new production at Riverside Theatre Works, 45 Fairmount Ave., Hyde Park.

Based on the classic novel by Madeleine L'Engle, "A Wrinkle in Time" tells the story of 13-year-old Meg Murry and her quietly brilliant brother Charles Wallace, who travel through space and time to rescue their scientist father. Hallisey plays Calvin O'Keefe, a high school classmate of Meg's who accompanies the siblings on their journey.

Performances are March 5 and 12 at 7 p.m. and March 6 and 13 at 2 p.m. Tickets cost \$10 for children under 12 and \$20 for adults, and are available on www.rtwboston.org or at 1-866-811-4111.

In addition, Riverside will present special school-

day matinees at 10:30 a.m. on March 8 and 10. School-day tickets, available by reservation, are \$5 apiece.

Hallisey, a seventh grader at Central Middle School, appeared last December as Peter Cratchit in Riverside's production of "Scrooge," and will be seen in "Shrek Jr." during April vacation week. He has also appeared in "Cats," "The Love of Three Oranges," and "Hansel and Gretel" at the South Shore School of Theatre and in "Honk" at Eastern Nazarene College.

"We're thrilled that Jaden has joined Riverside's talented community of young

performers," said Toni Ruscio, Riverside's Executive Director, who is also directing the show. "A Wrinkle in Time" is a story of good and evil and the power of the imagination — the perfect show to get families talking, thinking and reading."

"A Wrinkle in Time" is part of a rollicking 2015-16 Riverside season that also includes upcoming productions of "Shrek Jr." and "Guys and Dolls." For more information about performances, summer camps, and the RTW school of the performing arts, go to www.rtwboston.org.

Michael Coffey On B.C. Dean's List

Michael Patrick Coffey of Quincy received academic honors at Boston College by making the University's Dean's List for the first semester.

Coffey is a sophomore at Boston College in the Carroll School of Management, with a double major in finance and information systems. He is also minoring in philosophy.

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Highlights of Local Programming found on

QATV

Quincy Access Television

88 Washington Street

Quincy, MA 02169

617-376-1440

Public Access Channel 8	Government Access Channel 11
Thursday, February 18 6:00am: LIVE: AM Quincy (audio only) 7:00pm: Faces of South Asia Friday, February 19 11:30am: LIVE: Currently in Quincy 10:00pm: The Constitution: Then & Now Saturday, February 20 12:00pm: In the Know: Elections/Census 1:00pm: QHS vs. NQHS Girls Basketball Sunday, February 21 10:30am: Terra Santa News 6:30pm: At Your Library: February Monday, February 22 5:30pm: In the Know: Elections/Census 7:30pm: QHS vs. NQHS Girls Basketball Tuesday, February 23 6:00pm: Eye on Quincy (replay) 7:30pm: Quincy in Focus Wednesday, February 24 6:00pm: Good News 8:30pm: Sound Advice with Tom Williams	Thursday, February 18 12:00pm: City Council/Oversight 2/16 5:30pm: Quincy in Focus 7:00pm: At the Kennedy Center: Bob Farrell Friday, February 19 6:00pm: City View with Mayor Koch 6:30pm: FYI:QHD Arrhythmias 7:00pm: AM Quincy: Environmental Treasures Saturday/Sunday, February 20/21 9:00am: City View with Mayor Koch 12:00pm: City Council/Oversight 2/16 4:30pm: In the Know: Elections/Census 6:30pm: FYI:QHD Zika Virus 7:00pm: City Council/Oversight 2/16 Monday, February 22 6:00pm: Crime Watch: Self Defense 7:00pm: At the Kennedy Center: Alzheimer's Tuesday, February 23 5:30pm: NCP: Prevention Challenges 6:30pm: FYI:QHD Influenza Wednesday, February 24 7:30pm: AM Quincy: QPD Boating Safety

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

Social



MR. and MRS. STEPHEN SPRING

Annemarie Campanale Wed To Stephen Spring

Annemarie Campanale and Stephen Spring were recently married and celebrated the wedding with family and friends at Whitney's Inn, Jackson, N.H.

Annemarie is the daughter of Michael and Pamela Campanale of Wollaston. She is an NICU RN at Tufts New England Medical Center and in May will graduate from the MSN and Family Psychiatric Nurse Practitioner Program at Northeastern University.

Stephen is the son of Kathleen Spring of Kingston and the late Tommy Spring of Squantum. Stephen proudly served in Iraq with the U.S. Marine Corps. He is a fireman for the city of Quincy.

They are both 2006 graduates of North Quincy High School.

After a honeymoon in Antiqua, the newlyweds and their dog "Oldie" are enjoying their home in Squantum.

Merrymount Park Moonlight Stroll Saturday

The Park Department will host a free moonlight stroll Saturday, Feb. 20 through Merrymount Park with Park Department Director Chris Cassani.

The tour will begin at 7 p.m. at the Park Dept. building, One Merrymount Parkway (on the right as you are heading up to Pageant Field).

The walk will include fun facts about the Department's

work. After the walk, Cassani will invite participants back to his office for a fire-side chat, including the fascinating story of how a large fireplace came to be there. Participants will have the opportunity to roast marshmallows and make s'mores.

For more information and rain/snow date rescheduling, call 617/472-0799.



ALFRED AND HELEN (Gavaza) Grazioso of Quincy recently celebrated their 70th wedding anniversary. They were married on Feb. 14, 1946 at Our Lady of Good Counsel Church in Quincy. Photos Courtesy Grazioso Family

Al And Helen Grazioso Celebrate 70th Anniversary

Alfred and Helen (Gavaza) Grazioso recently celebrated their 70th wedding anniversary. They were married on Feb. 14, 1946 at Our Lady of Good Counsel Church in Quincy.

A Mass of Celebration was performed for Al and Helen on their anniversary and attended by family and friends. The Celebrant was the Most Reverend James Hawker, a close family

friend.

Al and Helen were born and raised in Quincy and attended Quincy Public Schools. They resided in Wollaston where they raised their five children - Holly Powers of Norfolk and Naples, FL; Ken Grazioso of Gainesville, FL; Mary-Ellen Schwartz of Carey, NC; Al

Grazioso of Quincy; and Liz Barry of Raleigh, NC. They are also the proud grandparents of nine grandchildren.

In their 70 years of marriage, they have been blessed with a beautiful family and many wonderful friends. Al and Helen are now residents at The William B. Rice Eventide Home in Quincy.

'Misgivings' Comedy Night Quincy K Of C Hall March 5

The Knights of Columbus Boston Chapter will present "Misgivings" - a "Divine" comedy featuring Father Patrick Aloysius Misgivings Saturday, March 5 at 7:30 p.m. at the Quincy Knights of Columbus Hall, 5 Hollis Ave., North Quincy.

Admission is \$20 per

person.

The interactive comedy night will feature stories and one liners about growing up Catholic as well as a collection, raffle and Bingo game.

For more information contact the Boston Chapter at kofcbostonchapter@hotmail.com.

Planned Giving Seminar

"Leaving a Lasting Legacy: Incorporating Charitable Giving in Your Financial, Estate and Tax Planning" will be topic of a seminar Wednesday, March 2 from 6:30 to 8:30 p.m. at Crane Public Library community room, 40 Washington St., Quincy.

Speakers include attorneys Mary McNamara and

Kathleen Fowler as well as Mary Lou Ruch of Merrill Lynch and Serena Huxley of MountainOne Bank. The event is free, but RSVP to Nina Liang at 617-657-9837 or nina@ninaliang.org.

Boy Scout Troop 24 Bottle, Can Drive Saturday

Boy Scout Troop 24 will hold a bottle and can drive at the First Church of Squantum Saturday, Feb. 20 from 8 to 11 a.m.

Proceeds help fund Troop activities including camp-

ing, hiking, service projects and outdoor skill building.

Check out Troop 24's website at sites.google.com/site/troop24quincy for more information about recent activities including ice fishing in Maine.

8 On Merrimack Dean's List

Eight students from Quincy are on the Dean's List for the fall semester at Merrimack College in North Andover.

They are:

Chaislyn Burgio, Madelyn McCarthy, Rosemary Morton, Colleen Cox, Jennifer Griffith, Wesley Mei, Danielle Mullaney and Amanda Brodeur.

Temidayo Adebayo Davenport Grad

Temidayo Adebayo of Quincy has completed degree work and will graduate this spring from Davenport University in Grand Rapids, MI.

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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Banana Spice Cookies

By MARIE

Whenever there are ripe bananas in the house, we usually think of making banana bread. A great alternative to the classic banana bread is this tasty Banana Spiced Cookie recipe and it is a very easy recipe to follow.

BANANA SPICE COOKIES

- ½ cup of butter
- 1 cup of brown sugar
- 2 eggs
- 2 bananas, mashed
- 2 cups of flour
- 2 teaspoons of baking power

- ¼ teaspoon of baking soda
- ¼ teaspoon of salt
- ½ teaspoon of cinnamon
- ¼ teaspoon of cloves
- And ½ cup chopped nuts walnuts (or any other favorite)

Mix butter, sugar and eggs together. Add bananas and mix dry ingredients and blend well. Stir in nuts and chill for about an hour. Preheat oven to 375 degrees and drop tablespoons of dough on a lightly greased baking sheet or (parchment paper)

Bake 8 to 10 minutes. If desired you can frost them with a confectionery sugar icing.

Black Bean Burgers

By SUZIE

Black beans are grown in mainly Brazil and India. They even have a special place on the Brazilian Food Pyramid as they have their own category.

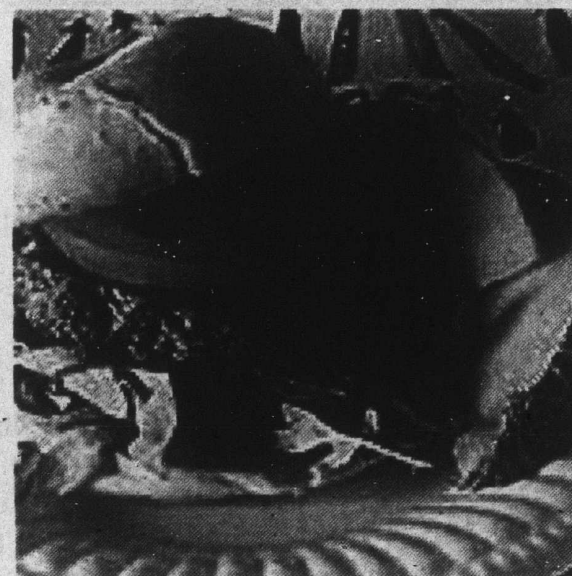
Eating black beans have been linked to lowering the risk of type 2 diabetes, heart disease, and several types of cancer. Black beans help support digestive health (including lowering the risk for colon cancer) due to the IF content in the bean. IF stands for indigestible fraction which helps lower digestion to function properly.

We always think of bright color fruits and vegetables as our best sources of phytonutrients but the seed coat of the black bean it a phenomenal source as well. They are also wonderful sources of fiber, protein, and help regulate blood sugar as well, so they are highly recommended for diabetics.

There are many ways you can eat black beans. Here is a great recipe for a black bean burger. You don't have to be a vegetarian to enjoy burgers made out of beans. It's best for all of us to eat less meat, and increase vegetables and legumes. I use EDEN brand beans out of a can because they do not use the BPA lining and also add a bit of Kombu (seaweed) to help with digestion even further!

SANTA FE STYLE BLACK BEAN BURGERS

- 2 (14-ounce) cans black beans, rinsed and drained, divided



- 3 tablespoons mayonnaise (I use Sir Kennington brand)
- 1/3 cup quick cooking oats
- 2 teaspoons ground cumin
- 1 teaspoon dried oregano, crumbled
- 1 teaspoon sea salt
- 1 clove minced garlic
- Dash of pepper
- 1/4 cup finely chopped cilantro
- About 3 tablespoons olive oil

Pulse 1 can beans in a food processor with mayonnaise, oats, cumin, garlic, oregano, and salt/pepper until a coarse purée forms. Transfer to a bowl and stir/mash in cilantro and remaining can beans. Make into about 4 patties. Fry in olive oil until crisp on both sides. Serve with sour cream and guacamole on a bed of lettuce with tomatoes and peppers if desired. Or on a bun with all the fixings.

Tuna-Potato Chip Casserole

By MARIE

Through the years my children and grandkids would often put potato chips on their tuna-fish sandwiches for a crunchier taste, so you can imagine my surprise when I found today's recipe for a Tuna-Potato Chip Casserole. Although it is a bit different than having a sandwich, the casserole with tuna and chips is a great variation. Start by making the cream sauce, recipe below.

TUNA-POTATO CHIP CASSEROLE

- 2 cans of tuna (any kind)
- 2 tablespoons butter
- 1 cup sliced fresh mushrooms
- ½ green pepper, diced
- 1 teaspoon chopped onion

- 1/2 cup sliced stuffed olives
- 1 3-ounce bag potato chips
- 2 cups of white sauce (see recipe below)
- White Sauce**
- 2 tablespoons Butter
- 2 tablespoons flour
- 2 cups of milk

Melt butter in skillet, stir in flour and form roux. Slowly add milk, blending until smooth, cook until thickened, set aside.

To put casserole together

Melt butter in skillet. Sauté mushrooms, pepper and onion over low heat for 5 minutes. In a greased casserole lightly combine white sauce and all ingredients. Top with crushed potato chips. Bake in a 375-degree oven for 30 minutes.

Mental Health Awareness Fundraiser March 6

Quincy resident Julie Chernicki will host a charity event for Suicide Prevention called A Night to End the Stigma March 6 from 4 to 9:30 p.m. at Ned Devine's, 1 Faneuil Hall Marketplace, Boston.

The fundraiser will fea-

ture a silent auction, food and a cash bar.

Chernicki's goal is to raise \$10,000 for the American Foundation for Suicide Prevention's Out of the Darkness Overnight Walk. This will be Chernicki's second year walking in the Out

of the Darkness Overnight Walk.

For more information or to make a donation, visit tonighttoendthestigma.wordpress.com. The donor page is <http://theovernight.donor-drive.com/participant/JChernicki16>.

Caribbean Folk Tale At ENC

The Eastern Nazarene College Theatre Department will celebrate Black History Month by presenting *Ti-Jean and His Brothers: A Caribbean Folk Tale* Feb. 18-21 at 7:30 p.m. at the Cove Fine Arts Center on the college's main campus in Wollaston.

Written by Nobel Prize-winning author Derek Walcott, the play explores the age-old struggle between good and evil, God and the devil, and what it means to be human.

Eastern Nazarene College is located at 23 E. Elm

Ave. in Quincy. Tickets for *Ti-Jean and His Brothers* are \$10 general admission, \$8 students and seniors.

For tickets or more information, call 617-745-3715 or visit www.brownpapertickets.com.

'Alice In Wonderland' Ballet March 6

In Sync Center of the Arts, Quincy, announces a ballet production of "Alice In Wonderland" on Sunday, March 6th at 2 and 5 p.m. at Milton High School.

Based on the classic children's book and set to a variety of classical music, the performance features In Sync ballet and contemporary dance students ages 7-18 from Milton, Quincy, Weymouth, and the surrounding area.

The ballet follows Alice on her journey down the rabbit hole as she meets the White Rabbit, flowers and butterflies, the March Hare, the Mad Hatter, Tweedle Dum and Tweedle Dee, dancing cards, flamingos, hedgehogs and the Queen of Hearts.

Maggie Crowley, Ballet Program director, has been working to create choreography that blends contemporary and classical ballet

while showcasing her students' skills. "Alice In Wonderland" has inspired creative props, costumes, and surprising touches that will delight audiences.

In Sync's version of the ballet is 1 ½ hours long, perfect for young audience members.

Tickets may be purchased at the door. Call (617) 328-5678 or check the In Sync website - www.insyncarts.com - for more information.

Local Teacher Curator Of Lizzie Borden House

Cont'd From Page 6

The floors are original; they're gorgeous parquet floors inlaid on the first floor. They're just amazing. All of the arch doorways on the first floor are still original. Some of her wallpaper is still there - the dining room still has Lizzie's wallpaper. All of the carved fireplaces are just gorgeous. The house is really beautiful.

The house was open to the public in 1992 on the 100th anniversary of the murders and briefly the same decade as a bed and breakfast, but this will be the first time Mapplecroft will be open on a regular basis for tours.

Pavao was brought on as curator as 2015, with Rebello as the assistant curator. Pavao's primary role is research.

"It's been research. It's been documentation," he said. "We've been going antiquing pretty regularly looking for specific items that we know that Lizzie had. Unfortunately there are no pictures of the inside of Mapplecroft. There isn't a real list of what was in every room. The most we really have is Lizzie's will so we're trying to find items that she had."

"When she said things like I had an inlaid mahogany desk, we don't know what that looked like. So we're trying to find an inlaid mahogany desk that will work with the furniture that we placed in that room and as accurate to the time period as we can get."

"As somebody who studied the murders for so long, it's been very interesting to study this other half of Lizzie's life," Pavao added.

"What was her life like after the trial? How did she live the rest of her life? The Fall River Historical Society a few years ago put out just an amazing work called 'Parallel Lives,' and it's a social history of Lizzie Borden and her Fall River. It is just a tour de force. It is really amazing and a lot of new information came out in that as well."

Mapplecroft, once open, will focus on the life Borden lived inside the house.

"The public is just going to be enthralled," Pavao said. "It's going to be first class. It's not about the murders. It's not about blood and guts. It's going to be a classy establishment. We want this to be a first class operation."

"It's not going to be focusing at all on the murders. Obviously you can't separate the two, but there aren't going to be any crime scene photos in the house. There's not going to be a lot of discussion really of her trial or her time period in prison as she was awaiting trial and during trial. It's really what happened to her afterwards, which is a whole different chapter I think people are really going to enjoy."

Pavao said Borden's life inside Mapplecroft was hard and sad, as she was never able to escape the stigma of being accused of such a violent crime.

"I think that she surrounded herself with her servants. I think her servants became her family. She also had paid companions at different times in her life. I think she was very lonely. I would venture to say she was probably very

depressed at times," Pavao explained. "She was never able to really escape the stigma of being an accused ax murderer, largely ostracized by quite a few people in the city."

"She loved the theater - hosted parties for actors and actresses at Mapplecroft. The most famous one was in 1905 with an actress named Nance O'Neil that Lizzie became quite friendly with. She did travel quite a bit to get out of Fall River. She would go to Washington, D.C. She may travel down there and be there for a month...I just think she had a hard life. I just get the sense that her life was sad."

Pavao does believe Borden was the one who killed her father and stepmother that morning in August 1892.

"I tend to lean toward Lizzie having committed the crimes," he said. "My mind is wide open though...if somebody came up with some new piece of evidence that suggested somebody else did it."

At Central, Pavao's classes focus on American history beginning with colonization through the end of the Civil War. The Borden case isn't part of his classes, though many of his students know about his research into her life.

"I want the kids to see that I really am a historian - I'm not just a history teacher, although that's my primary function by far," Pavao said. "History can be fun and there are different ways to teach history, not just in a classroom but also through a tour, through a building, through artifacts."

NQ Hot Pot Restaurant Proposal Before Zoning Board Feb. 23

The Quincy Zoning Board of Appeals will hear plans on the proposed Hot Pot Restaurant project at 67 Billings Rd. in North Quincy on Tuesday, Feb. 23 at 7:15 p.m.

The meeting will be held in the first floor conference room, James R. McIntyre Government Center (old City Hall), 1305 Hancock

St.

The meeting will be held as a follow up to a public hearing held on Sept. 10, 2015, where residents and officials voiced concern over potential impacts the restaurant would have.

The building, formerly Fashion Quality Cleaners, does not own a parking lot. The proposed new restaurant

caused many concerns over traffic and public safety. The proprietors of the land will appear before the ZBA with their lawyer to present their proposal and discuss these concerns.

Residents are urged to come hear more about the plan and voice their opinions.

O'Donnell Donates Clothing Thanks To Countywide Donations

Norfolk County Register of Deeds William P. O'Donnell recently delivered a sizeable clothing donation to Father Bill's & MainSpring Program in support of the "Suits for Success" program.

"On behalf of the many people throughout Norfolk County and registry staff who contributed clothing through Suits for Success, it is my pleasure to deliver these items," O'Donnell said. Among the donated clothing items were women's suits, blouses, dress pants, dresses and shoes.

Janna Stanke, Development Associate for Father Bill's & MainSpring said, "This clothing is direly needed, and we are so grateful to everyone who contributed."

Suits for Success is a program to help men and women reach economic independence and personal self-fulfillment. The Registry is proud to partner with this worthwhile program.

Those interested in making a donation can drop off new or gently used business



NORFOLK COUNTY REGISTER of Deeds William P. O'Donnell recently delivered a sizeable clothing donation to Father Bill's & MainSpring Program in support of the "Suits for Success" program. With O'Donnell is Janna Stanke, Development Associate, Father Bill's & MainSpring.

Photo Courtesy Norfolk County Registry of Deeds

appropriate clothing, professionally cleaned, during the hours of 8:30 a.m. to 4:30 p.m. at the Registry. For more information regarding donations, call Alicia Gardner at 781-461-6104.

"Having something in your closet that you don't usually wear can make a world of difference to someone else. It just might be the item that helps them get

ahead in life," O'Donnell said.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101, or on the web at www.norfolkdeeds.org.

Quincy College Hosting FAFSA Day Events

In order to apply for federal, state, and institutional financial aid, every high school senior, college student, and adult student who is seeking aid for higher education in 2016-2017 academic year needs to complete the Free Application for Federal Student Aid (FAFSA).

As part of FAFSA Day Massachusetts, Quincy College will provide free guidance, advice, and assistance to students and families looking to complete the FAFSA application.

Quincy College will host FAFSA Day Events on Feb. 27 on the Quincy Campus at 1250 Hancock St. - 5th Floor Computer Laboratory and on March 5 at the Plymouth Campus at 36 Cordage Park - Front Desk.

The 12th annual FAFSA Day Massachusetts events are being held on at over 30

locations statewide. To register for the Quincy College FAFSA events, visit: <http://www.fafsaday.org/registration.php>.

FAFSA Day is staffed by volunteer financial aid and higher education experts available to provide families one-on-one assistance. Quincy College Financial Aid staff will be on hand to answer all FAFSA questions and to provide guidance on the financial aid process, review the differences between grants, scholarships, loans, federal work study, and next steps after filing the FAFSA. By completing a FAFSA application, there is no obligation to apply for or attend any college in particular.

Services are free and available to anyone attending college for the 2016-2017 academic year; low-income, first-generation students are

especially encouraged to attend. Many locations will have services available in various languages.

Families and students are encouraged to visit www.FAFSADay.org to view locations, dates, and times, to register, and to review a list of what to bring. Participants must already have an FSA ID user name and password to participate in FAFSA Day.

FAFSA Day is a non-profit program sponsored by Massachusetts Association of Student Financial Aid Administrators, MEFA, American Student Assistance, and USA Funds. Over 14,000 students have been served during FAFSA Day events.

For more information about Quincy College's FAFSA Day events, visit: http://quincycollege.edu/images/uploads/FAFSA_Day_Brochure_2016.pdf.



Interested in the Health Needs of the Community?

Beth Israel Deaconess Hospital - Milton is conducting a comprehensive Community Health Needs Assessment, which will help determine the hospital's community health priorities for the next three years.

We invite members of the community to attend an open forum. Come and learn about the assessment and offer your comments on the findings.

Refreshments will be served, and a \$20 gift card will be provided to the first 15 registrants who attend.

To RSVP, please call 617-313-1351.

JOIN US

Date: Tuesday, March 1

Time: 6:00 p.m.

Place: North Quincy Library
381 Hancock Street, Quincy

Della Chiesa To Discuss Book, Sinatra

Broadcasting icon Ron Della Chiesa has made music come alive for over 35 years.

Della Chiesa will speak on his book, "Radio My Way," and Frank Sinatra's 100th Birthday at the Quincy Neighborhood Club on Thursday, Feb. 25.

There will be a cocktail hour at 6 p.m., an Italian buffet dinner with a roast beef carving station (for only \$35, all inclusive) at 7 p.m., and Della Chiesa will speak and sign books at 8 p.m.

The Neighborhood Club is working with the State Sons of Italy Culture Commission on this event that is open to the public.

Della Chiesa grew up in Quincy. His uncle Amelio served as mayor, his father was on the City Council, and there is a Quincy school named for the Della Chiesa family.

His passion for radio and broadcasting began in a Quincy home in the '40s where his father, Aldo, sang arias, and where the voices of the great Italian tenors,

Caruso, Lanza, Gigli, were on the radio. After Aldo brought 10-year-old Ron to his first opera, young Ron promptly set up a makeshift radio studio at home, reading news, taping music, and imitating his favorite radio personalities. There was no stopping his love affair with music and broadcasting that continues to this day.

Della Chiesa's book will be available for sale at the Feb. 25th dinner and he will autograph it.

To RSVP, call Dr. Dean Saluti at 617-285-6565 or email to djsaluti@aol.com.

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SAINT PAUL SCHOOL students (from left to right) Ryan Obremski of Hull, Ainsley Kane of Quincy and Claire Sullivan of Hingham help SPS Coats for Kids Team Leader and School Nurse Rosario Trogele collect over 150 coats for sharing with those in need this winter. Saint Paul School was the third placing eligible middle school for the 2015 annual Coats for Kids collection drive with a total of 157 coats, an impressive average of 1.36 coats per students. To reward their hard work, Coats for Kids program hosts, Caring Partners, Inc. will present Saint Paul School with a gift card for \$250 to use towards supplies for their school.

Photo Courtesy Saint Paul School

Register Of Deeds To Speak At Houghs Neck Community Center

Norfolk County Register of Deeds William P. O'Donnell will speak at the Houghs Neck Community Center Tuesday, March 15 at 7 p.m.

The meeting will be held at the Community Center, 1193 Sea St., Quincy.

The short speaking program will touch on the historical nature of the Registry and O'Donnell's efforts to modernize and computerize the vast number of Norfolk County real estate records. Following his remarks, the Register will be available to answer individual questions.

Members of the Register's staff will also be available to assist in providing information about the Mas-

sachusetts Homestead Act. On-site work stations will be available to provide the status of a mortgage discharge, print a copy of your deed or provide a demonstration on how the Registry's On-Line Land Records Database works.

This is a community outreach initiative sponsored by the Norfolk County Registry of Deeds. It is Register O'Donnell's goal to provide a convenient way for residents to learn more about how the Registry serves Norfolk County.

Although Registry staff cannot provide legal advice, they will be able to answer basic questions, provide general information, take a document for recording and

assist in filling out a Declaration of Homestead form.

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter @NorfolkDeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County.

The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can contact the Registry of Deeds Customer Service Center at (781) 461-6101, or email us at registerodonnell@norfolkdeeds.org.

Five Quincy Students On UMass-Dartmouth Dean's List

Five students from Quincy are on the Dean's List for the fall semester at the University of Massachusetts/Dartmouth.

They are:
Ying Qi Wang, Essien Benjamin, Rachael Corbitt, Angela Ng and Anthony Ng.

Four students from Quincy have been named to the Dean's List for the fall semester at Worcester Polytechnic Institute.

They are:
Elio Daci, a member of

the class of 2018 majoring in aerospace engineering.

Tiffany Leung, member of the class of 2017 majoring in computer science.

Dayna Madeiros, mem-

Two Students On Dean's List At Saint Joseph's University

Two students from Quincy are on the Dean's List for the fall semester at Saint Joseph's University in Philadelphia.

They are:

ber of the class of 2016 majoring in actuarial mathematics.

Jonathan Toomey, member of the class of 2019 majoring in mechanical engineering.

Thomas Hobin who is studying finance; and Matthew Poles who is studying family business and entrepreneurship.

QUINCY COUNCIL ON AGING recently held a Virtual Dementia Tour at the Kennedy Center in Quincy. The tour was sponsored by South Shore Elder Services of Braintree. From left to right are: Thomas Clasby, Director of the Quincy Council on Aging; Hallie Lipa, executive assistant of South Shore Elder Services, and Mayor Thomas Koch. Those who completed the tour were given a certificate. The tour was a powerful presentation and the first of several programs that will be offered to educate the public on the challenges Dementia/Alzheimer's patients and caregivers experience.

Photo Courtesy Quincy Council on Aging

South Area Jewish Organizations Social Action Mitzvah Day April 10

The South Area Jewish Community will participate Sunday, April 10 in a joint Social Action Mitzvah Day embraced by temples and other Jewish organizations in the South Area.

CHAI South Area Temple Collaboration represents many of the temples, synagogues, and Jewish organizations in the South Area who have united across denominations for joint social action activities that serve our community. The Hebrew word "mitzvah" means "good deed."

The South Area Jewish Community, individuals, and families are invited to

participate in a variety of activities including working at a lemonade stand to raise funds to fight childhood illnesses, creating and planting flower pots to deliver to senior living facilities, preparing food for Father Bills and homeless shelters, collecting food for disadvantaged families through Family Table, making blankets for donation, landscaping and beautification of a shelter, and more.

Organizations participating in CHAI Social Action Mitzvah Day include: Temple Sinai of Sharon, Temple Israel of Sharon,

Jewish Community Relations Council (JCRC), Temple Beth Abraham/Temple Shaare Tefilah of Canton, Temple Beth David of Canton, Jewish Community Centers of Greater Boston, Temple Chayai Shalom of Easton, and Temple B'nai Shalom of Braintree.

Learn more about the variety of social action mitzvah projects on our Facebook page: <https://www.facebook.com/CHAISouthAreaTempleCollaboration/>

For more information email Debby Stein Sharpe at debbysteinsharpe@gmail.com.

Four Local Students On WPI Dean's List

Four students from Quincy have been named to the Dean's List for the fall semester at Worcester Polytechnic Institute.

They are:
Elio Daci, a member of

the class of 2018 majoring in aerospace engineering.

Tiffany Leung, member of the class of 2017 majoring in computer science.

Dayna Madeiros, mem-

ber of the class of 2016 majoring in actuarial mathematics.

Jonathan Toomey, member of the class of 2019 majoring in mechanical engineering.

DENTISTRY
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by Steven A. Brustin, D.M.D.

THE IMPORTANCE OF A COMPREHENSIVE EXAM

A comprehensive dental exam goes far beyond looking for signs of tooth decay. It's also necessary to take a complete medical history to alert the dentist to health conditions and/or medications that may affect future oral health and dental treatments. The dentist or hygienist will want to assess the health of the gums as well, by measuring the depth of periodontal pockets, plaque/calculus buildup, and inflammation. This is important because gum disease can lead to tooth and bone loss and has been linked to heart disease, diabetes, and other diseases. In addition, it's important to look for signs of mouth and throat cancer, as well as other suspicious growths and cysts that a den-

tist may be the first to spot. We believe that preventive dental care, including regular professional care, daily brushing and flossing, and a well-balanced diet, is key to keeping your teeth and gums in good health well into your later years. Let us help you keep that dazzling smile. Call 617 479-6220 to schedule an appointment. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist.

P.S. A comprehensive dental exam includes assessments of tooth positioning; tooth loss; signs of tooth grinding and jaw clenching (which can lead to headaches, tooth erosion, and TMJ disorders); and signs of how previous dental work is holding up.

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New Fore River Bridge Work Behind 2 Years

Cont'd From Page 1

the Massachusetts Department of Transportation. The project's contract had an original completion date of Jan. 5, 2017, which has now been pushed back to Oct. 28, 2018. MassDOT Communications Director Jacquelyn Goddard said that projection is subject to change.

"Project completion date is [an] estimate since weather related work and other issues unanticipated may occur," she wrote in an email.

The delay was caused because of fabrication issues with the eight sheaves — counterweights that lower and raise the bridge's center span — as well as fabrication and delivery of the tower erection steel, MassDOT said in the project briefing. Six of the sheaves — four on the Quincy side and two on the Weymouth side — have since been installed; they have been raised and pinned in preparation for the connection to the center lift span.

Installation of permanent drainage in utilities on both sides of the bridge is underway and expected to continue for another four or

five months. MassDOT officials expect work on the approach spans continue into this spring. Fabrication and testing of the mechanical and electrical components is ongoing.

As part of the project, traffic on the temporary Fore River Bridge will be reduced from four lanes to two. That lane reduction is anticipated to begin in April 2017 and continue through August 2017.

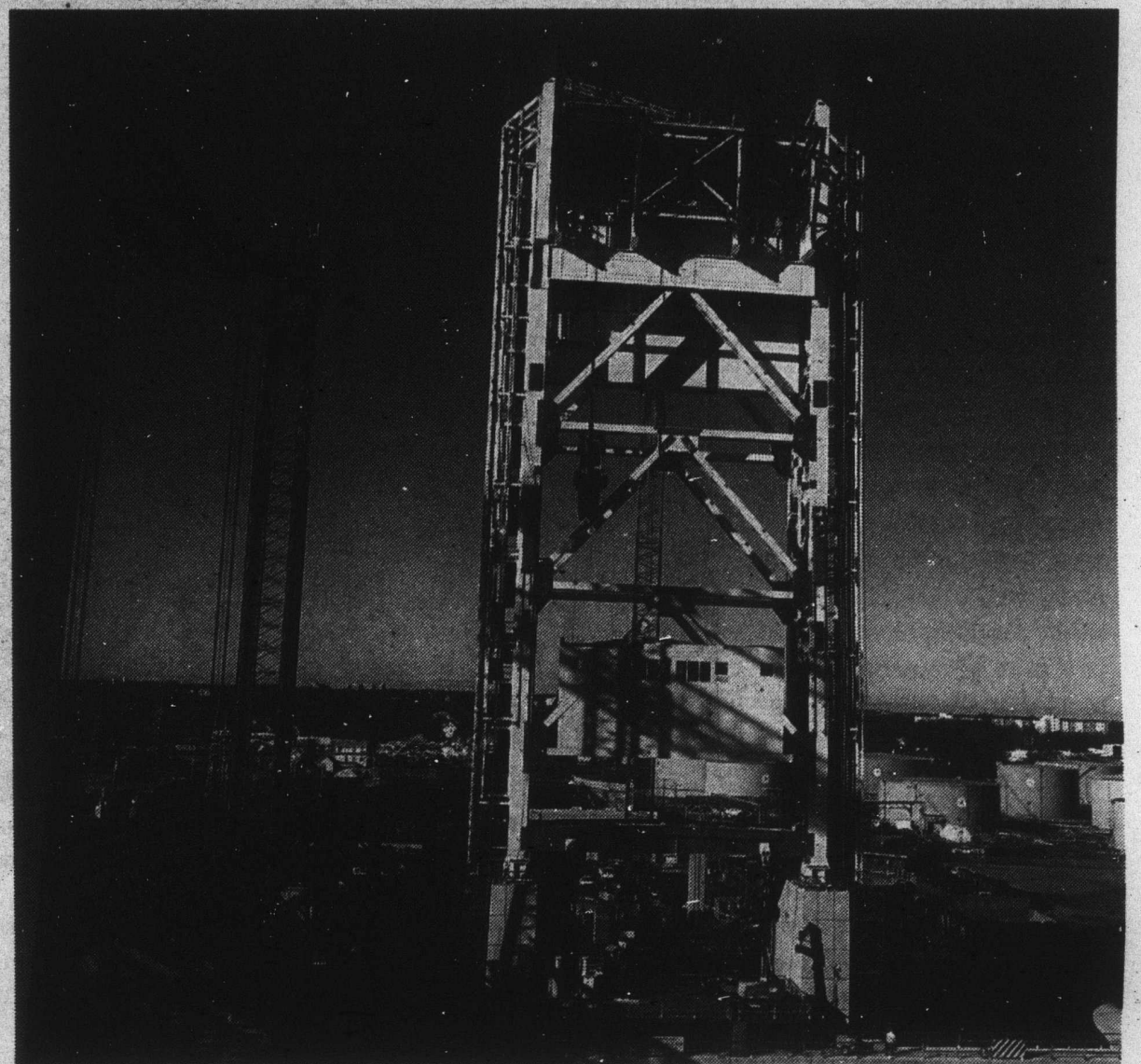
Foundation elements on both the Quincy and Weymouth sides have already been completed, as well as two of the four dolphin and fender systems at water level that protect the bridge from collisions and the lift span, which was assembled in the Fore River Shipyard. The tower steel on the Quincy side has been completely built, with elevators and architectural elements still under construction. The Weymouth tower steel is 85 percent complete. Roadwork on the approach spans is also 85 percent finished.

As of Feb. 11, \$211.7 million, or 83 percent, of the \$244.6 million allocated for the project had been spent.

Work on the new vertical lift bridge began in the fall of 2012. The new bridge will replace a temporary span that first opened to traffic in 2002. Residents on both sides of the Fore River have long derided the temporary span, likening its appearance to a child's erector set.

The temporary bridge was built after the 1936 bascule bridge over the river was found to be badly deteriorated. The center section of that bridge was demolished in 2004; its approaches were retained and will be utilized by the new bridge.

The new bridge is designed to carry the 32,000 vehicles that travel on Route 3A daily and has an estimated life span of at least 75 years, according to MassDOT. The new bridge's vertical clearance of 60 feet over the water is 10 feet higher than the temporary bridge, which officials have said would reduce the number of openings required. The horizontal clearance of the main channel under the new bridge will be 250 feet, compared to the temporary bridge's horizontal clear-



TOWER on the Quincy side of the new \$244.6 million Fore River Bridge is complete, with elevators and architectural features now being added. This picture was taken in December, before four sheaves, counterweights that lower and raise the bridge's center span, were installed. The project is running some 700 days behind schedule because the first set of sheaves arrived cracked and needed to be replaced.

Photo courtesy MassDOT

ance of 175 feet.

The new bridge will have four 12-foot lanes — two in each direction — and five-

foot bike lanes on both sides.

The sidewalks of the bridge — one in each direction — will be six-and-a-half feet

wide on the movable section and nine feet wide on the remainder of the bridge.

Wollaston MBTA Station Redesign Underway

Cont'd From Page 1

which looks really appealing," he said. "They would resolve the flooding issues and handicapped accessibility at that station by doing a pretty substantial renovation that would allow handicapped access from the Newport Ave. side as well as the Chapman Street/Wollaston Center side."

The city, working with the Metropolitan Area Planning Council, released a report in 2013 detailing how to revitalize Wollaston Center district that adjoins the station. Keenan said the station renovation would be beneficial as plans for redevelopment in the area progress.

"Wollaston Center is just ripe for development," Keenan said. "I know there are a few projects proposed and the city is dealing with those, but I think the MBTA is a pretty big component.

When people see the MBTA and they realize it's going to be renovated and be a modern station, I think it just makes Wollaston Center that much more appealing."

The design of the upgraded station includes a new head house located on the parking lot side of the site. A bridge over the inbound Red Line tracks would provide access to the train platform from the new head house, which would be located at ground level. The bridge includes elevators for handicapped access.

The station's platform is currently reached through a lobby under the station, which also serves as a passthrough for pedestrians. Under the MBTA's latest plans for the station, the passthrough and lobby area will be maintained and renovated, with a new elevator for handicapped access from

the lobby to the platform and a new ADA compliant ramp at the Newport Avenue entrance. A previous iteration of the plan did not include access to the platform from the current lobby location; the current stairway would have been used for egress from the platform only.

The MBTA will begin seeking funding for the project once the design is finalized. Keenan said the Wollaston station project would likely receive funding before the proposed construction of a new Quincy Center station, which the city is planning to redevelop into a mixed-use facility that could possibly include a new district courthouse.

"It's the only Red Line station that is not handicapped accessible, so they're under pressure to make it handicapped accessible as soon as they can," Keenan said.

The staging for the station rebuild, including a decision on whether it would remain open during construction or close entirely, has yet to be determined. Keenan noted the MBTA has been able to complete projects faster by completely shutting down a station; the renovated Government Center station will re-open in March after being closed for two years, though that station is located much closer to others than Wollaston is.

"At Government Center you can walk 70 yards and you're at State Street station or you can walk 150-200 yards the other way and you're at the Bowdoin Street station," Keenan said. "There has to be further discussion about how they stage the work."

In the case of Wollaston station, Keenan said shuttle service would be needed if the station were closed for

the duration of the renovation project or at any time during the construction. His main concern is that the project is done as quickly as possible and with as little inconvenience as possible.

The MBTA has held several community meetings on the proposal, including one in June 2015 when the original concept was revealed, one last month at the Wollaston School where revised plans were made public, and one last week at Tobin Towers. The transit agency is accepting public comments or questions on the proposal by email at wollastonstationproject@gmail.com or by phone at 617-222-5472.

Keenan said there is no immediate plan to open up the Wollaston station's 550-space parking lot for redevelopment, though the idea has been floated in the past. The MBTA, however, is targeting the North Quincy

and Quincy Adams stations for developments.

Keenan said the transit agency put out a request for proposals for the 1,200-space lot at the North Quincy station and is in the process of reviewing the plans it received. For that project, a developer would first be required to build a parking garage in the southern portion of the lot on the Hancock Street side before moving ahead with other work. A mixed-use facility with retail and residential space is expected on site.

The development at Quincy Adams would take place in the parking lot adjacent to Burgin Parkway. The MBTA, Keenan said, is proceeding slower there than at North Quincy because the agency is in the process of repairing the garage and is concerned about losing too many parking spaces.

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MSIC

Author Hosts Love Letter Workshop

Local author Kevin V. Symmons recently hosted a workshop on how to write a love letter at the Thomas Crane Public Library in Quincy.

Symmons is currently working on his fifth novel for Wild Rose Press. His novels include "Rite of Passage," "Out of the Storm," "Solo," and "Chrysalis."

"I love the art of writing romantic suspense, though most people do not have time to sit down and write an entire novel," Symmons said. "I thought it would be fun to give people some tools that are slowly disappearing, especially the art of writing a love letter or any personal note."

Those who attended Symmons' presentation learned how to evoke emotion and create a mood as well as other aspects to love



LOCAL AUTHOR Kevin V. Symmons greets Brenda Ryan of Quincy at his recent workshop on writing love letters at the Thomas Crane Public Library in Quincy.

Photo Courtesy Jeanie Flynn Symmons, visit www.ksymmons.com.

letter writing.

For more information on

QPS Robotics Team Marking 21st Year

The Quincy Public Schools Robotics Team HYPER is celebrating its 21st year as an official team of the FIRST Robotics Competition.

The team is designing, fabricating, and assembling every aspect of a robot for the 2016 FRC game, Stronghold.

Consisting of approximately 50 Quincy Public Schools high schoolers, six teachers, and over two dozen volunteers and alumni, the team meets seven days a week in the lower level of the Bethany Congregational Church. Students are encouraged to get involved, try new things, and challenge themselves as there is a variety of team activities each day.

Students interested in engineering work on the robot design and construction through lessons in mechanics, programming, and elec-

trical systems while students with artistic interests help with graphic design, photography, and written award submissions.

FIRST Robotics Team #69 HYPER was founded in 1996 and has been providing a safe learning environment for students with diverse interests for 21 fulfilled years. Programs such as HYPER Robotics create long-lasting communities between teachers, alumni, and students looking to learn. HYPER strives to teach students how to work as a team while simultaneously developing a sense of independence and pride in the work they do. Today they are celebrating 21 years of robotics education and look forward to many, many more.

With their newly designed robot, HYPERDRIVE-21, they will be attending two competitions and hopes to

attend the District Championship, pending results from the first two events. At the first competition, the team will stay overnight in Dartmouth with approximately 25 students and then all team members (approximately 50 students) will travel to the Boston competition as day trips.

Upcoming competitions include:

- Dartmouth District Event, UMass Dartmouth, March 13-20.
- Boston District Event, Boston University, April 1-3.
- N.E. District Championship, Hartford, CT, April 13-16.

Team HYPER 69 (Helping Youth Pursue Engineering & Robotics) was founded to foster interests in science, technology, engineering, and mathematics, as well as personal growth. Team HYPER is the FIRST Robotics Competition Team in Quincy sponsored by Bluefin Robotics, Quincy Public Schools, the HYPER Alumni Association, & other local organizations.

FIRST Robotics Competition (For Inspiration and Recognition of Science and Technology) was founded in 1992 and started with just 28 teams in New Hampshire. Today FRC reaches over 400,000 high schoolers across the nation and also offers additional STEM related programs for children K-8.

Save the Harbor, DCR To Award Over \$200,000 For Free Beach Events, Programs

Save the Harbor/Save the Bay and the Department of Conservation and Recreation (DCR) are now seeking proposals from organizations in area coastal communities including Quincy to be considered for the Better Beaches Program grants.

The grant program will support free beach events and activities at the region's public beaches this year.

Funds for the Better Beaches Program are provided through appropriations made by DCR to support summer programming, and the proceeds of the Harpoon Shamrock Splash, which will be held on Sunday, March 6 at the BCYF (Boston Center for Youths and Families) Curley Community Center at M Street Beach in South Boston. Register by visiting www.shamrocksplash.org.

Last year, Save the Harbor and DCR awarded grants

to 35 organizations in nine waterfront neighborhoods and beachfront communities from Nahant to Nantasket, including Lynn, Nahant, Revere, Winthrop, East Boston, South Boston, Dorchester, Quincy and Hull. The Better Beaches Program leveraged nearly \$650,000 in cash and in-kind support from local businesses and government, including over 8,500 volunteer hours that were utilized to support the 70 free beach events and programs. More than 500,000 people attended the free beach events in 2015.

"All of these great events have one thing in common," said Save the Harbor/Save the Bay's President Patty Foley. "They bring people together to strengthen their communities and enjoy our region's most stunning natural resources, the 19 miles of DCR's public swimming beaches that connect us to each other and to Bos-

ton Harbor, Mass Bay and Broad Sound."

Better Beaches Program Grants range from \$500 - \$10,000, with a typical grant of \$3,500. In rare cases, larger grants may be considered. Past events have included concert series, sand-sculpting competitions, campfires, art festivals, neighborhood beach parties, and family reading and movie nights on the beach.

To learn more about the Better Beaches program or apply for a Better Beaches Grant, visit Save the Harbor/Save the Bay's blog, Sea, Sand & Sky at www.blog.savetheharbor.org or download an application at http://savetheharbor.org/Content/2016_BBP_RFP.docx and return it by email to info@savetheharbor.org by April 15, 2016. The Better Beaches Program Grants Committee will review all proposals and notify you of their decisions in May.

Saint Rock Haiti Foundation Gala At Granite Links Feb. 25

Preparations are underway for the 8th annual Saint Rock Haiti Foundation (SRHF) Gala at Granite Links Golf Club on Feb. 25 at 6 p.m. The theme is Building Hope Together.

The event is sponsored in part by the Saint Agatha Parish Global Outreach Ministry, the parish where many Saint Rock volunteers first heard about the organization. Mary and Stephen Wessling (Wessling Architects) are this year's honorary chairs and major sponsors of the event. The Flatley Foundation will match all funds through a generous grant to SRHF, as they have done for the last several years.

Tickets are \$125 each and include dinner and a chance for the grand raffle. Sponsorship opportunities are available. Tickets can be purchased at www.saintrock.org or from Gala Committee members. Tickets are also available at St. Agatha's Rectory.

Proceeds from this year's gala will be used to continue supporting health care at the Saint Rock Clinic (Centre

de Santé) and community outreach initiatives. This year there will be a special focus on boosting diagnostic capabilities with better lab equipment, training and staff support. According to Jocelyn Bresnahan, President of SRHF, "Our goal is to help to stop the cycle of human suffering by providing quality and dignified health care. Better diagnostics will help us get there."

Dr. Rushika Fernandopulle, co-founder and CEO of Iora Health, will be the keynote speaker. He is a physician who has spent more than ten years involved in efforts to improve the quality of health-care delivered to patients based in a philosophy of patient centered care. Centre de Santé Medical Director, Jean Kenes Eloy, will travel from Haiti as special guest speaker.

Established in 2002, the Saint Rock Haiti Foundation is a 501(c)(3) non-profit agency working to provide health care and social services to the Saint Rock community with 94% of all

funding going directly to the medical clinic and community outreach programs. Several times a year, parishioners from St. Agatha's and others from the greater Boston area arrive in Saint Rock for weeklong stays. These volunteers help the Haitian staff there in a variety of ways, including providing basic health care and supporting community development projects like the Clean Water Initiative.

The event raised over \$200,000 last year. The committee is hoping to surpass that amount this year.

The Gala Committee is offering sponsorship opportunities and soliciting items for the silent auction. For tickets, sponsorship, and auction questions, please contact Mary McLaughlin at (617) 794-9644 or marymgm@comcast.net or Mary Keally at 617-584-0644 or mkeally@saintrock-haitifoundation.org.

For more information about the Saint Rock Haiti Foundation go to www.saintrock.org or find us on Facebook—Saint Rock Haiti Foundation.

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Senate, House Working On Opioid Bill

Would Create First Drug Stewardship Program

By SCOTT JACKSON

Lawmakers on Beacon Hill are in the process of ironing out differences in bills previously approved by the Senate and House of Representatives that both target the Bay State's ongoing opioid epidemic.

The Senate in October gave unanimous approval to a bill that included several provisions aimed at preventing opioid addiction by reducing the number of unused prescription painkillers that are diverted for misuse. The House passed its version of the legislation in a unanimous vote last month.

A conference committee with members of both chambers is working to draft a final bill, which both chambers would need to approve before sending it to Gov. Charlie Baker for approval.

"The House has several ideas. We have several ideas. The governor is being pretty aggressive on this stuff," Sen. John Keenan said in a recent interview. "The goal is to get something out of the conference committee soon and get it to the governor."

Keenan, who is not on the conference committee, sponsored the bill approved by the Senate last fall. He believes a final version of the opioid legislation palatable to both chambers is not far away and is optimistic it will be an amalgamation of both pieces of bills.

"I don't think we're far away," he stated. "I hope it has a lot of things we did in the Senate and a lot of things they did in the House. I hope it's a combination and not something that's watered down because they traded off."

The Senate bill includes a drug stewardship program, which makes pharmaceutical manufacturers responsible for the safe disposal of unused pills. Companies would be responsible for funding and operating collection kiosks and mail back programs, or paying an annual fee that would go towards take back days. The House did not include a similar program in its legislation.

Massachusetts would be the first state to establish a stewardship program if the program is included in the final legislation; Keenan said a county in California has established a similar program that has withstood legal tests.

"We're paying for [opioids] with our insurance, we're paying for it with a co-pay, then when they're unused we're paying for it for those who get addicted to them — we have to have treatment programs — and we're paying to do drug take back days," Keenan said. "A pharmaceutical company has no obligation. They just sell them."

A second part of the Senate bill gives patients the right to have pharmacists fill prescriptions for painkillers with a lesser quantity than prescribed; pharmacists and prescribing doctors would both have to advise patients of their right to receive a smaller number of pills than prescribed. The provision was not included in the House bill.

Keenan said the Senate received some pushback on the partial fill provision because of concerns federal law could preempt it; no other state has approved similar legislation. Members of Massachusetts' congressional delegation have since reached out to federal regulators to allow partial filling of prescriptions; Keenan said regulators are giving the provision serious consideration.

"We were told — I specifically was told — it's preempted by federal law. We pushed back, we ultimately passed it in the Senate with the idea that maybe the feds would latch onto this and they have," Keenan said. "And I think the way it's drafted is still good law at the state level. Even if the feds say 'we're not going to get involved with that issue,' I think we're on solid ground."

The Senate bill also includes a voluntary non-opioid directive, which allows patients to record a legally binding order in their medical records that they should not be administered or of-

fered an opioid painkiller. Keenan compared the directive to a do not resuscitate order a patient can sign as well as a voluntary registry residents can join if they wish to be prohibited from the state's casinos.

"This would give me the opportunity, say I had an addiction problem, to say do not prescribe opiates. At the very least, the doctor or dentist would see it in the file and then say 'we'll have a conversation about this,' rather than 'here's your prescription,'" Keenan said.

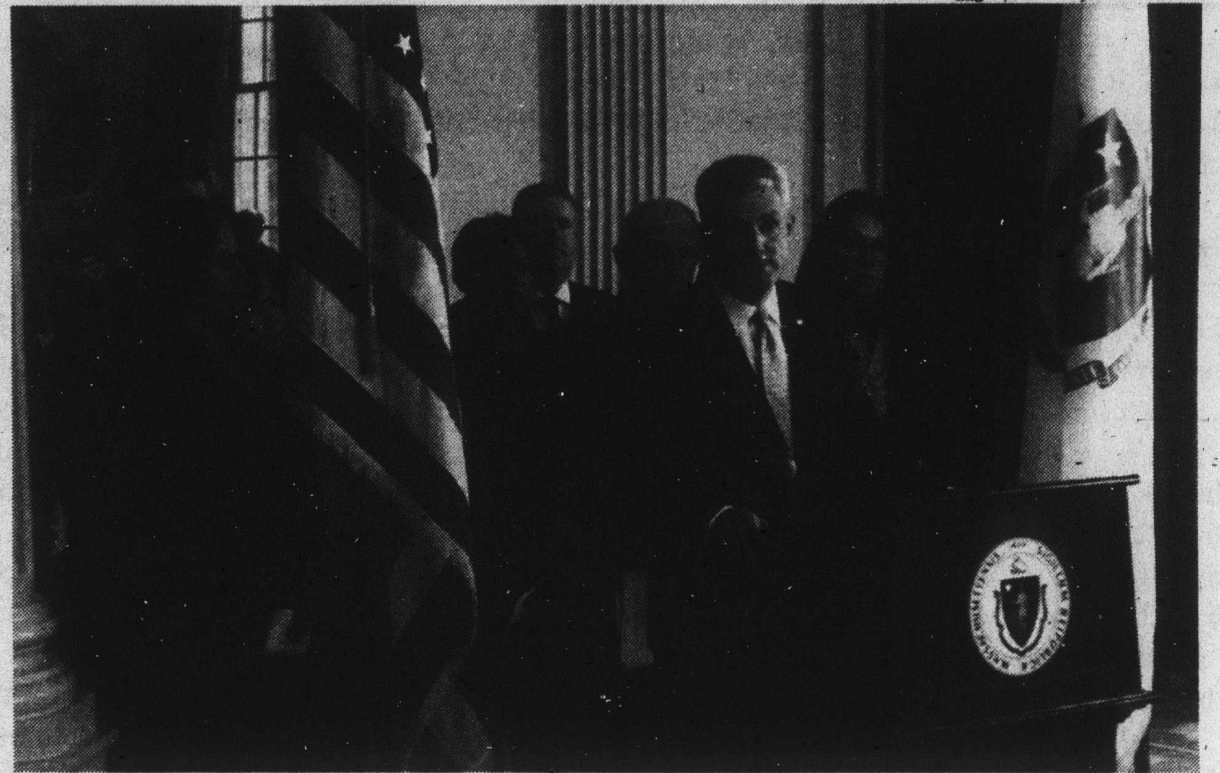
"There is some reason that person doesn't want opioids — they either had addiction problems in the past or they have a family history. It will at least trigger a conversation."

Keenan said no other state has approved similar legislation. The House bill did include a non-opiate directive, though Keenan said the House version would require a physician's approval before a patient's directive could take effect.

The House bill contains several provisions Keenan said he supports. The bill would, for example, limit the number of painkillers an emergency room doctor could prescribe a patient to a three-day supply. The Senate had considered adding the same provision, but it was not included in the final legislation to ensure the bill would pass.

The pending legislation on Beacon Hill is one of several steps legislators have taken in recent years in response to the rise of opioid abuse seen in Massachusetts and elsewhere in the country.

The Legislature in 2012 approved a law requiring prescribers to participate in a prescription-monitoring program, which was established in 1992 as a voluntary system. Ten percent of prescribers were enrolled in the system prior to the 2012 law and upwards of 70 percent are now enrolled. Moving forward, Keenan said he wants the prescription monitoring program to be made more user friendly, for example, by giving prescribers the ability to check



SEN. JOHN KEENAN addresses the media at a press conference in the Senate Reading Room in May of 2014 announcing the passage of a law that guarantees at least 14 days of insurance coverage for addiction treatment. The Quincy state legislator is hopeful the Senate and House of Representatives will pass a new bill that would include new provisions aimed at preventing opioid addiction by reducing the number of unused prescription painkillers that are diverted for misuse.
Photo Courtesy Office of John F. Keenan

it on their smartphones.

The 2012 bill also banned pharmacies in the state from filling prescriptions written from outside New England or New York.

A 2014 bill that took effect last fall requires insurance providers to cover up to 14 days of detox or step-down treatment. Keenan said he would look to increase that coverage to 28 days in the future, which he hopes would lead to an

increase in the number of treatment beds available.

Massachusetts, Keenan said, has become a nationwide leader in the effort to curb the rise in opioid abuse.

"We are recognized across the country as being ahead of the curve," he stated. "We're trying all these new things."

"Partial fill, the feds are now starting to follow what

we did. Mandatory enrollment in the [prescription monitoring program], the other states are following. If we're successful in the drug stewardship program, we'll be the first to implement that on a statewide basis in the country. The non-opiate directive, I don't think anybody has done that... We'd be the first to do some of these things. Some of them are going to work and some of them are not."

5 File In Ward 6 Race

Cont'd From Page 1

Ocean St., North Quincy; Kevin Mock of 76 Alstead St., North Quincy; Brian Radell, 21 Standish Rd., Squantum; and Herbert "Alie" Shaughnessy of 32 Essex St. in Squantum.

Election officials will certify those nomination papers by March 1.

A preliminary election to whittle the field of candidates down to two is set for April 5. The final election will take place May 3. March 16 is the last day to register to vote in the preliminary and April 13 is the deadline to register for the final. Voting in the special election will take place at

the same polling places used during the 2015 municipal election.

Ward 6, which includes Squantum, Marina Bay and parts of North Quincy, was previously represented on the council by Brian McNamee, who died Dec. 23. McNamee was first elected to the council in 2005 and had been re-elected to a sixth term in November.

Harris, who ran against McNamee in the November election, has filed a motion for a declaratory judgment in Norfolk County Superior Court to stop the special election; no court date had been set when The Sun went to press Tuesday evening.

Harris contends he is entitled to the seat per a 1953 state law requiring the runner-up in a council race be seated if the winner in the race dies before the start of a new legislative term or is otherwise unable to assume the position. Jay MacRitchie, a former city solicitor, is representing Harris on the matter.

City Solicitor Jim Timmins has said, however, that state laws passed in 1984 and 2004 trump the 1953 statute. The 2004 law requires a special election for a ward seat if the vacancy occurs during the first 12 months of a term for any cause.

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Debbie, Joe, Esther, Phil

On Friday, February 5, 2016, at approximately 8:15 a.m., Officers David Sansevero and Jamie Parisi were dispatched to Planet Fitness at 50 Adams Street for a larceny of keys from a wall rack.

Upon arrival, Officer Sansevero met with a staff member at the front desk, who said that a male wearing all black with white sneakers carrying a black bag came into Planet Fitness and stated that he was waiting for someone. The unknown male waited until employees were either preoccupied or not looking and then reached over and grabbed a set of keys off the key rack. One male employee believed he saw movement near the key rack so he confronted the male about taking keys, which the male immediately denied and then walked out the door. This was strange behavior because the male initially claimed to be waiting for "someone" and once accused of taking keys, abruptly left the premises.

One employee followed the male suspect as he crossed Adams Street and walked into the parking lot behind 77 Adams Street. The employee again confronted the male and he continued to deny taking keys as he walked toward Hancock Street.

At this time, the victim finished her workout and discovered that it was her car keys that were missing from the key rack. The staff's concern that keys were stolen was verified. As Officer Sansevero gathered information for the report, the employee who followed the suspect returned and gave an update to the last location the suspect was seen. The employee then reviewed the security camera footage which showed the suspect take the keys. A copy of the video was provided to the Officer.

Meanwhile, Anti-Crime Officers Brandolini and DesRoche joined the search. They reviewed the security footage and then conducted surveillance on the victim's car, hoping that the suspect would return for the car. After

A Job Well Done

By QUINCY POLICE LT. DAN MINTON



LT. DAN MINTON

waiting awhile, the Officers decided to check the immediate area where the suspect was last seen. They proceeded down Alleyne Street and then took a right onto Hancock Street. At approximately 10:06 a.m., Officers Brandolini and DesRoche spotted a male fitting the exact description that they saw in the security footage. The suspect was wearing dark clothing, bright white sneakers and carrying a black bag walking south on Hancock Street in front of 1120 Hancock Street, within 200 yards of Planet Fitness. The Officers stopped the suspect at Sullivan Tire and read him his Miranda Rights. The suspect was promptly asked by Officer DesRoche, "What were you doing at Planet Fitness earlier?" Instead of denying he was there, the suspect said, "I was there earlier waiting for a friend and there was a commotion with staff so I left." He added that he was followed by an employee in the parking lot, "but I didn't do nothing and kept walking."

Officer DesRoche then asked the suspect where the keys were and he responded, "I don't have the keys." While Officer Brandolini kept the suspect in custody, Officer DesRoche went to Planet Fitness and brought the employee/witness to the suspect's location. He said that he was "80-90% sure" it was him. The employee added that he saw him earlier and he had the same clothes with white sneakers and tan face. He added that he thought the suspect

was wearing a hood and that was the only reason why he was not 100% sure. Officer Sansevero contacted Detective Carthas, who had a photo of the suspect and he confirmed that the suspect was not wearing a hood in the picture.

With the statements made by the employee and the suspect, the security footage, the physical description and the vicinity to Planet Fitness, the suspect, a 56 year old Roslindale resident with a very-long criminal record, was placed under arrest for "Larceny from a Building." Officer Sansevero noted in his report that the suspect committed the same crime in 2014 when he took keys from Northeast Health and Fitness in Quincy. Nice Work!

BANK "PHISHING": Be wary of a text from the toll free number, "855-277-7177, advising you that your bank account has been locked. In order for you to access your account, the scammer would require your account information/password, which the scammer will use to rob your account. Bank of America is one bank that the text uses, but according to a "Google" search, this number has been used with other financial institutions. This is "phishing", sending out thousands of texts hoping that someone with the specific bank will panic and respond with account numbers. Victims will be asked to verify account information to unlock their account. The scammers do this because it works. I called the number and a female robocall started requesting my 16 digit account number. I guessed a number and she said it was invalid, so these scammers know the difference. As always, when in doubt, do nothing until you have a chance to call your bank to verify there is a problem. If the bank is closed, wait until it opens. If you need additional information or advice, call the Quincy Police at 617 479 1212.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Feb. 5 - 12

ARRESTS: 27

TOTAL CALLS: 1,037

STOLEN MOTOR VEHICLES: 0

FRIDAY, FEB. 5

VANDALISM/PROPERTY, 5:55 p.m., 8 Highpoint Cir. Caller in parking lot requested officer over past vehicle vandalism.

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Dax: 5, male, black & white
Molly: 7, female, gray & white
Egypt: 7 mos., female, gray & white
Tiger: 3, female, tabby

SATURDAY, FEB. 6

VANDALISM/PROPERTY, 8:15 a.m., TD Bank, 516 Adams St. Drive through terminal was hit and severely damaged.

ASSAULT AND BATTERY, 10:40 a.m., Crane Library, 40 Washington St. Person sleeping sent on way; disorder reported on second floor. One under arrest; two warrants Quincy District Court. Also charged with A&B and witness intimidation.

LARCENY, 6:24 p.m., Sukhmani Market, 1229 Hancock St. Wallet was stolen.

VANDALISM/PROPERTY, 6:53 p.m., 75 Palmer St. Caller's Toyota has damage to the hood.

SUNDAY, FEB. 7

LARCENY, 11:38 a.m., 400 E. Squantum St. Medications.

VANDALISM/PROPERTY, 1:10 p.m., Hancock Lot, 50 Revere Rd. Hood and roof damaged as well as front panels. Caller states it looks like something heavy fell on car or someone was rolling around on top.

VANDALISM/PROPERTY, 6:12 p.m., Woodcliff Rd. To vehicles. Caller states he has suspect info.

MONDAY, FEB. 8

LARCENY, 7:58 a.m., 176 Federal Ave. iPhone 5S. Possible suspect is 28 years old, wearing black leather jacket, gray sweatpants. Caller contacted party and phone was returned.

LARCENY, 12:18 a.m., Kam Man Food, 215 Quincy Ave. iPhone.

ATTEMPTED BREAKING AND ENTERING, 11:59 p.m., Snug Harbor Ct. Person dressed all in black at the rear door. Possibly Asian. Unknown by caller. Arrest for attempted burglary.

TUESDAY, FEB. 9

LARCENY, 9:19 a.m., Arlington St. Bikes. Has suspect info.

VANDALISM/PROPERTY, 11:18 a.m., Hough Many, 1094 Sea St. New graffiti on front of business.

VANDALISM/PROPERTY, 3:10 p.m., 522 Hancock St. Rock or something thrown through window.

WEDNESDAY, FEB. 10

VANDALISM/PROPERTY, 8:02 a.m., Shennen St. Broken glass. Just wanted to notify PD.

VANDALISM/PROPERTY, 11:24 a.m., Station St. Tire slashed.

VANDALISM/PROPERTY, 12:31 p.m., Sims Rd. Storm door, railing, flag pole damage. No suspect info.

LARCENY, 12:46 p.m., Alltown Check Cashing, 34 School St. Caller was scammed with check.

LARCENY, 8:21 p.m., Acapulcos, 1388 Hancock St. Three people left without paying. They left in a Marina Bay cab; cab company gave address. Heavyside black female with a black male, mustache or goatee, born in 1990 according to ID shown. Unable to locate parties. Bartender called back and reported the patrons came back in and paid the bill.

THURSDAY, FEB. 11

BREAKING AND ENTERING, 6:49 p.m., 300 block of Water St.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: None.

CAR BREAKS: 599 Burgin Parkway, Winthrop Street, Shennen Street (5), Payne Street.

BREAKS AND ATTEMPTED BREAKS: 62 Copeland Street, 347 Water Street.

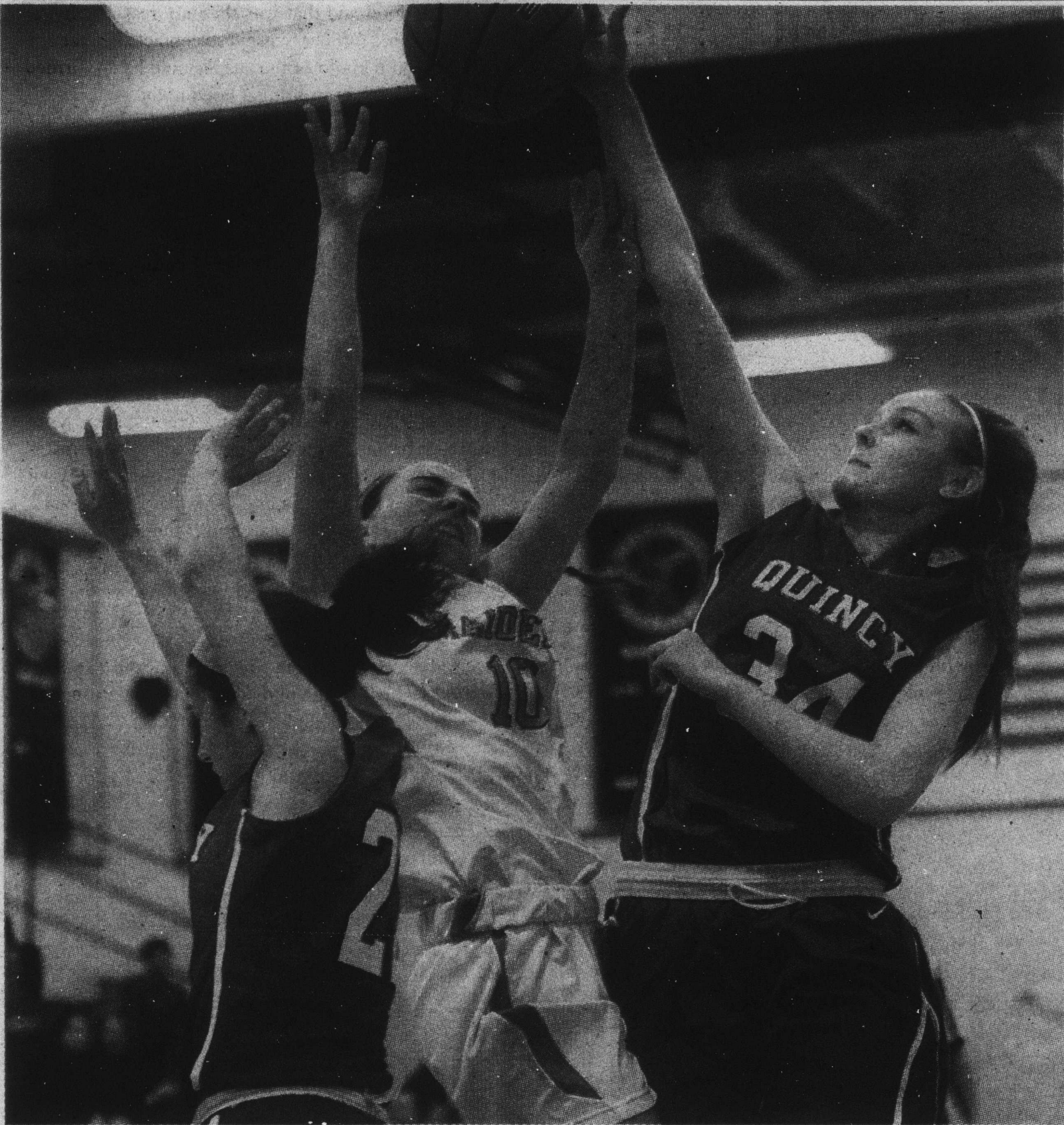
If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

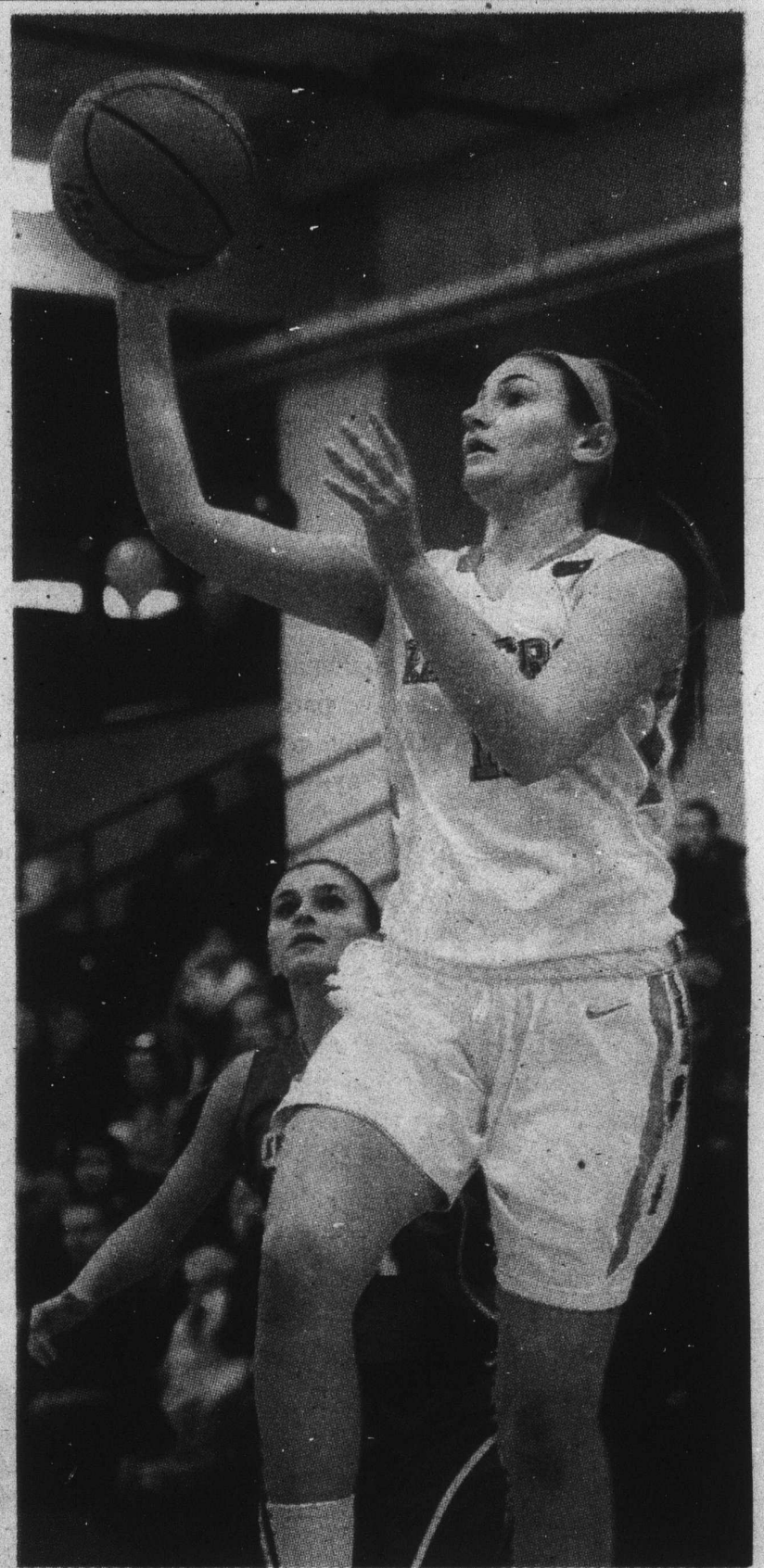
To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Hot Spots are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Hot Spots list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.



QUINCY SENIOR Sarah Gibbons (#34) blocks a shot by North Quincy junior Kerin Coleman as the Presidents' Alyssa Camara also moves in on defense. Quincy defeated North Quincy 48-29 in the first game of a city basketball doubleheader at NQHS Feb. 12. The Quincy boys also downed North Quincy, 78-54. More coverage on Pages 16, 17, 18 and 20.



NORTH QUINCY senior captain Marissa McGue paced the Red Raiders' offense with 11 points against the Presidents.

Quincy Sun Photos/
Robert Bosworth

16 Sweet For Quincy

By BILL GRIFFIN

In a season of records and milestones, the most rewarding one was not a big number. It was a number which belonged not to an individual, but to the team.

The number is 16. Senior Nicole Jorgensen exploded for 17 points in the second half and added 20 rebounds, seven blocks and three steals to lead Quincy to its 16th straight win with a 48-29

decision over North Quincy which assured the Presidents of at least a share of the Patriot League Keenan Division title before a large crowd at the North Quincy

Cont'd On Page 20

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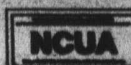


MASS BAY CREDIT UNION

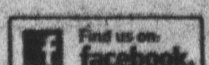
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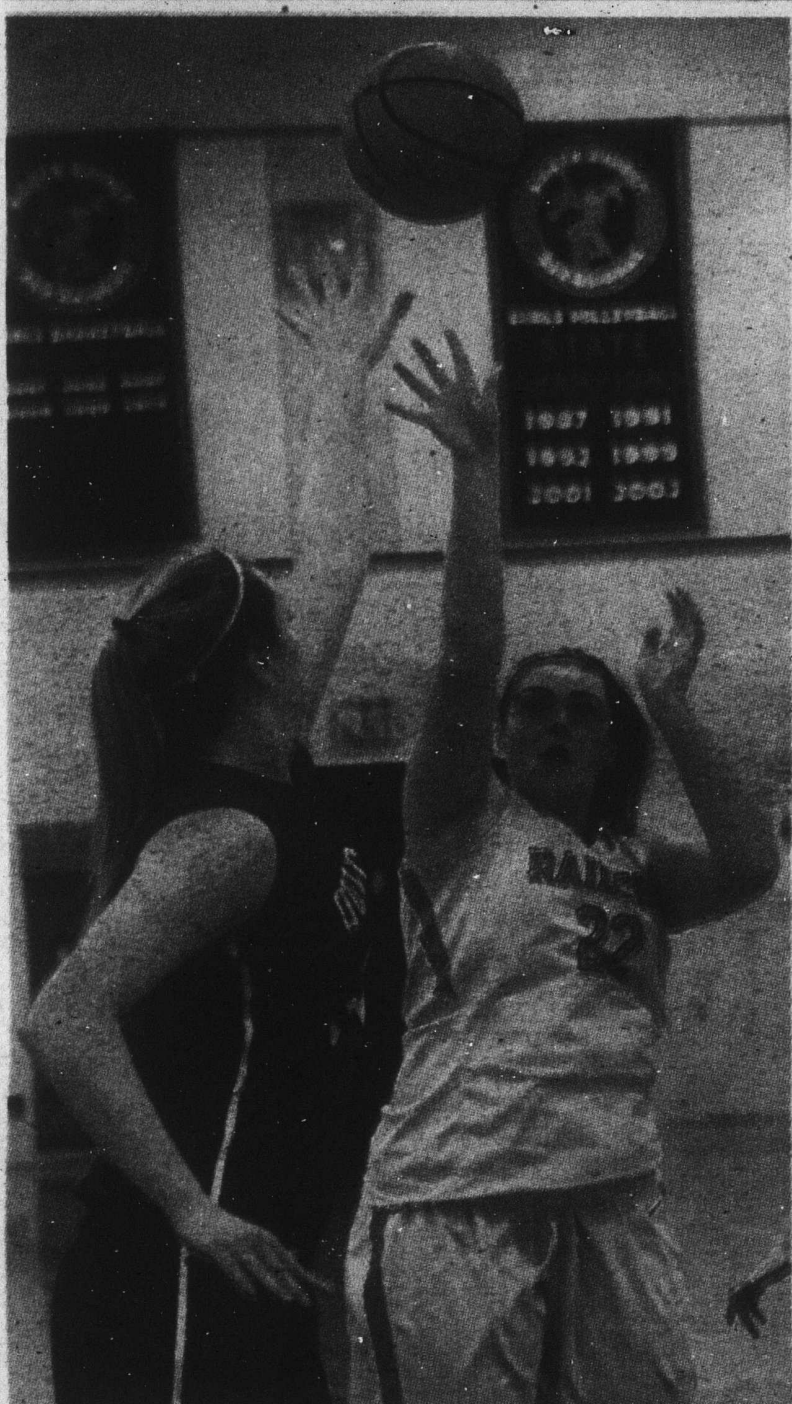
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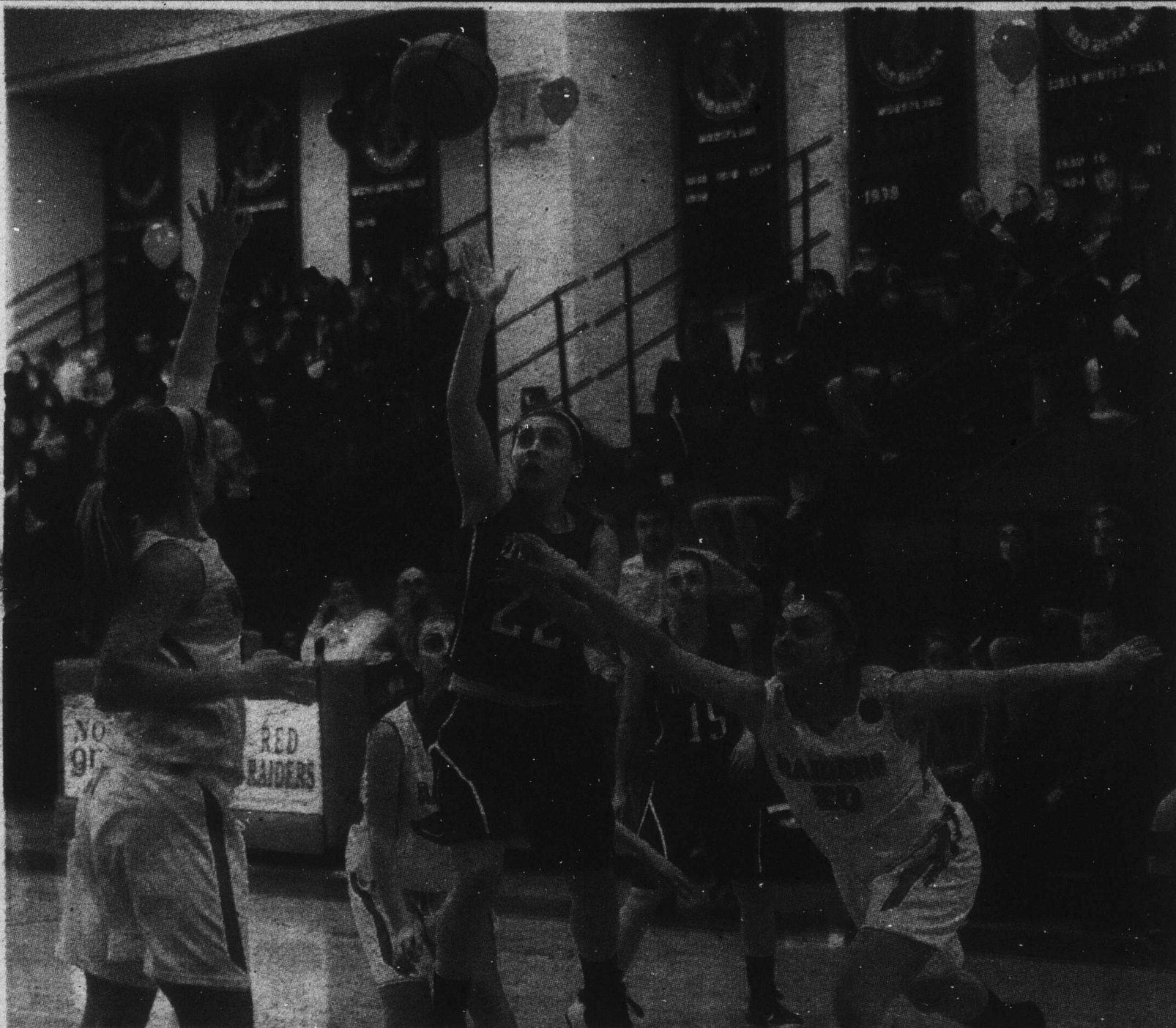


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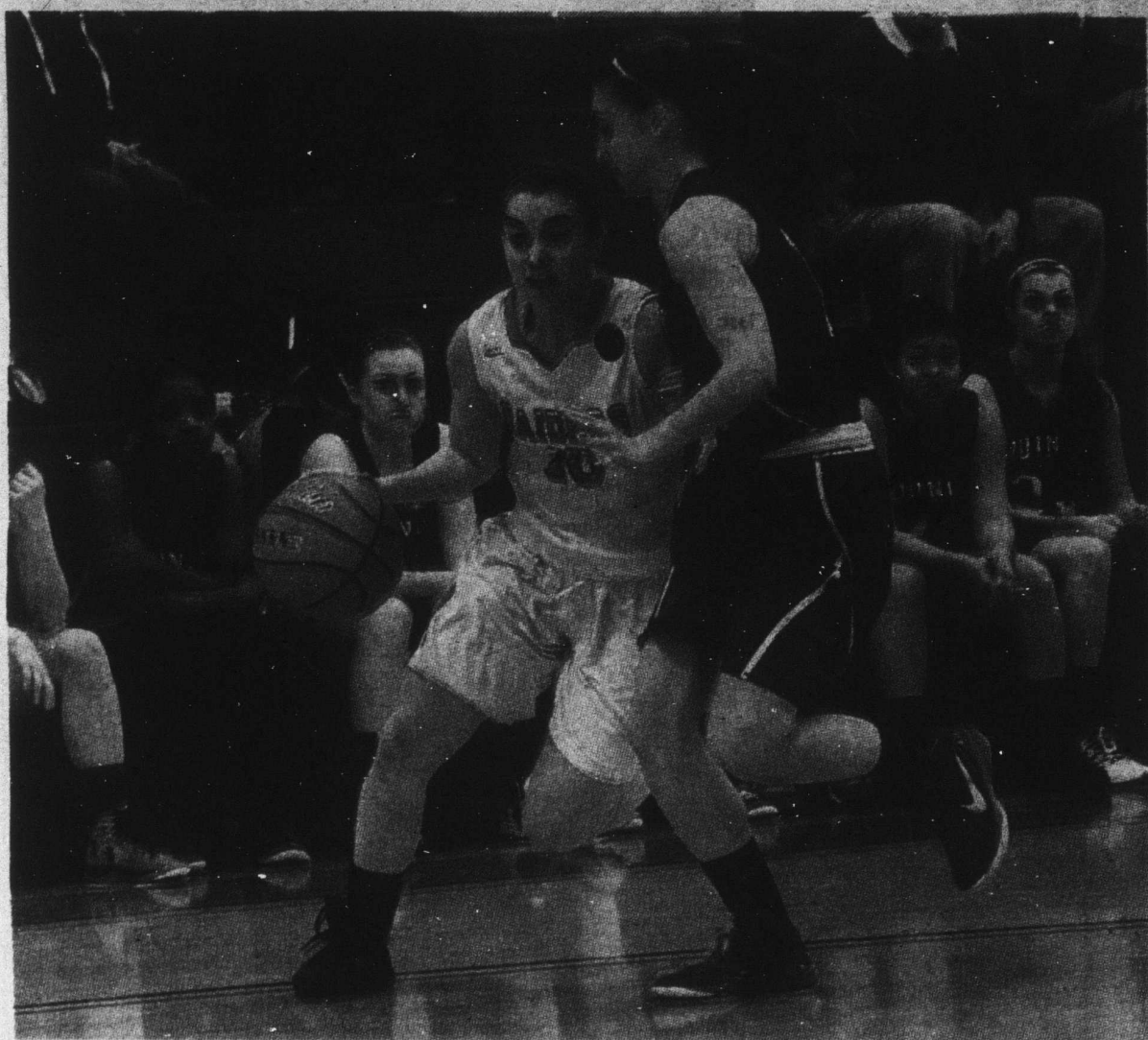




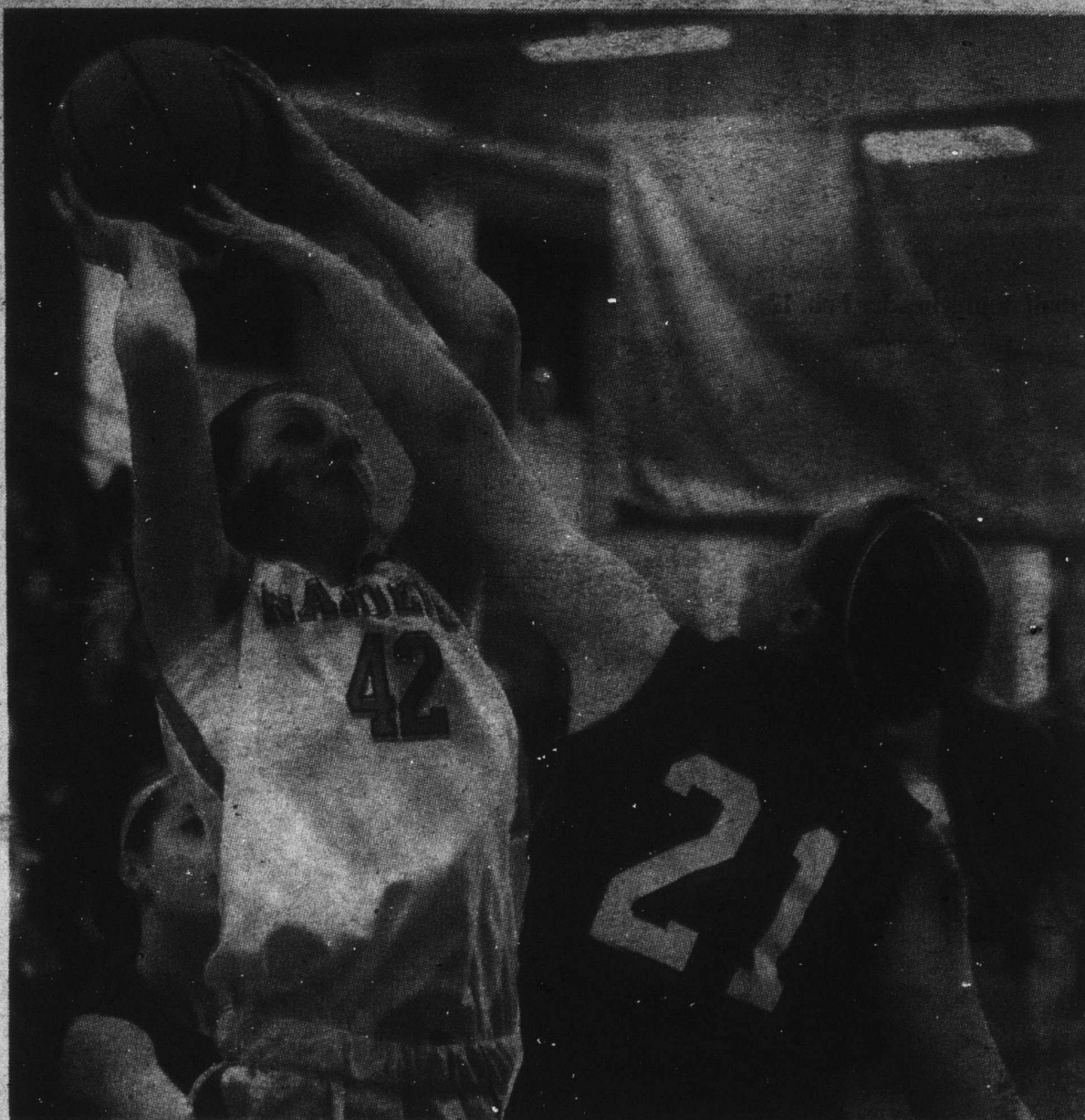
NORTH QUINCY sophomore Jessie Caldwell shoots over Quincy's Nicole Jorgensen for a Red Raider bucket.



QUINCY SENIOR CAPTAIN Alyssa Camara throws up a shot as North Quincy's Marissa McGue (left), Jill Hallisey (center) and Karyn McEvoy (right) defend the Red Raider basket. Camara had nine points in the Presidents' 48-28 win over NQ.



NORTH QUINCY JUNIOR Kerin Coleman drives towards the basket as Quincy sophomore Liana Cunningham defends for the Presidents.



NORTH QUINCY JUNIOR captain Remy Aucoin goes up for a shot against Quincy junior Maeve Hernon. Aucoin scored nine points in a 49-29 loss to the Presidents Feb. 12.

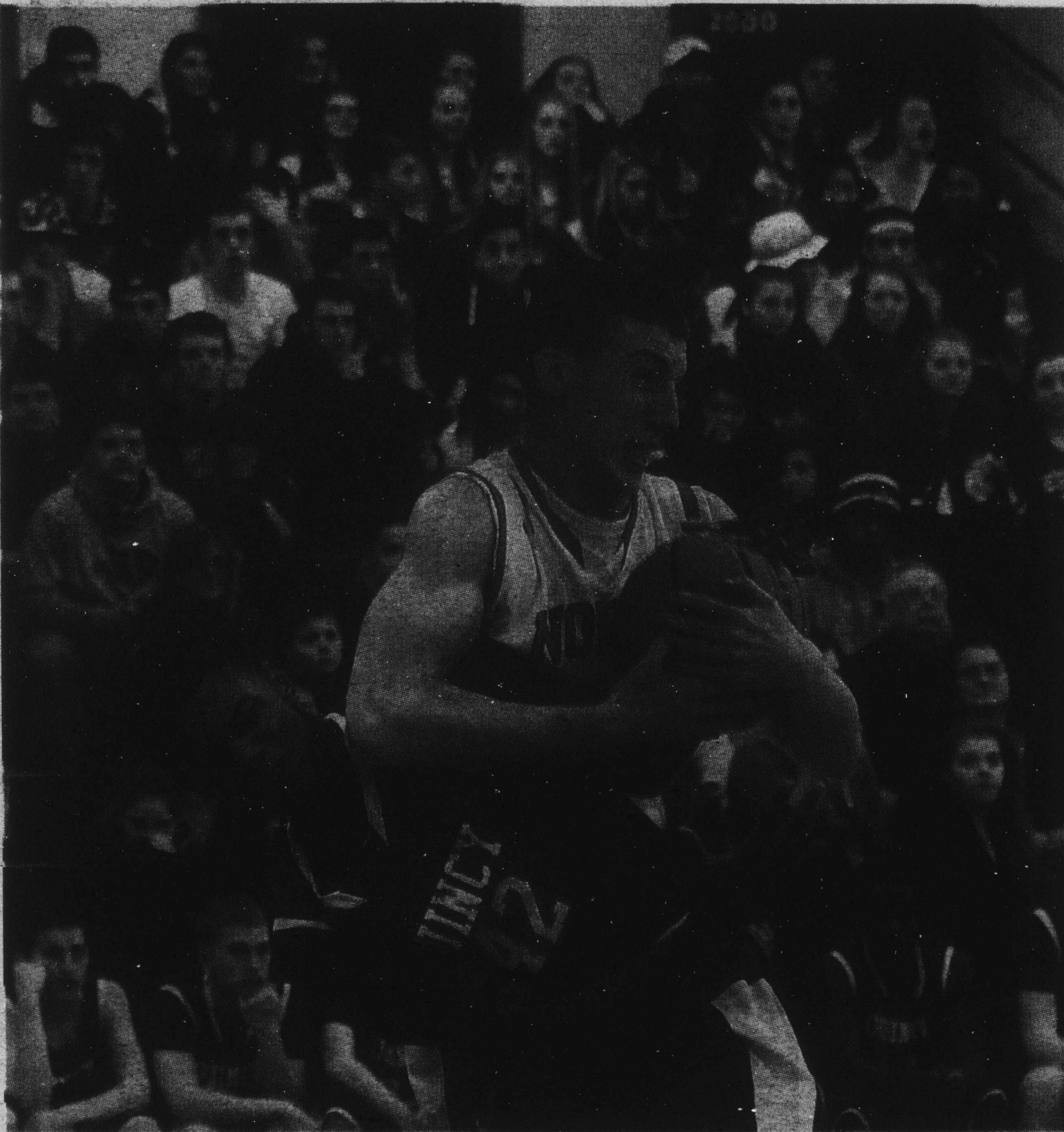


QUINCY JUNIOR Joelle Robinson drives the lane for the Presidents with North Quincy sophomore Jill Hallisey in pursuit.

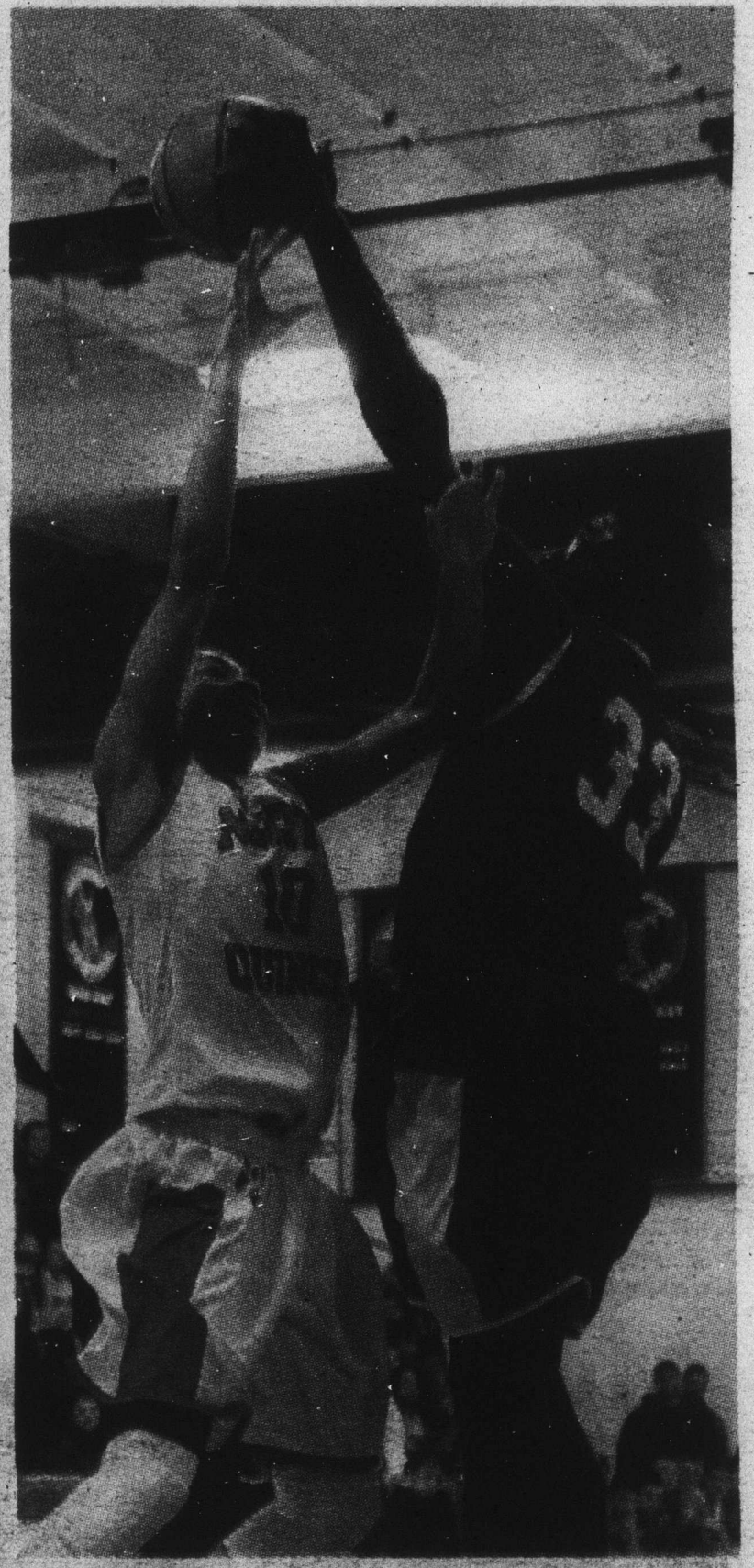


QUINCY SENIOR CAPTAIN Nicole Jorgensen battles for a rebound with North Quincy junior captain Remy Aucoin (left) and senior captain Ali Coleman.

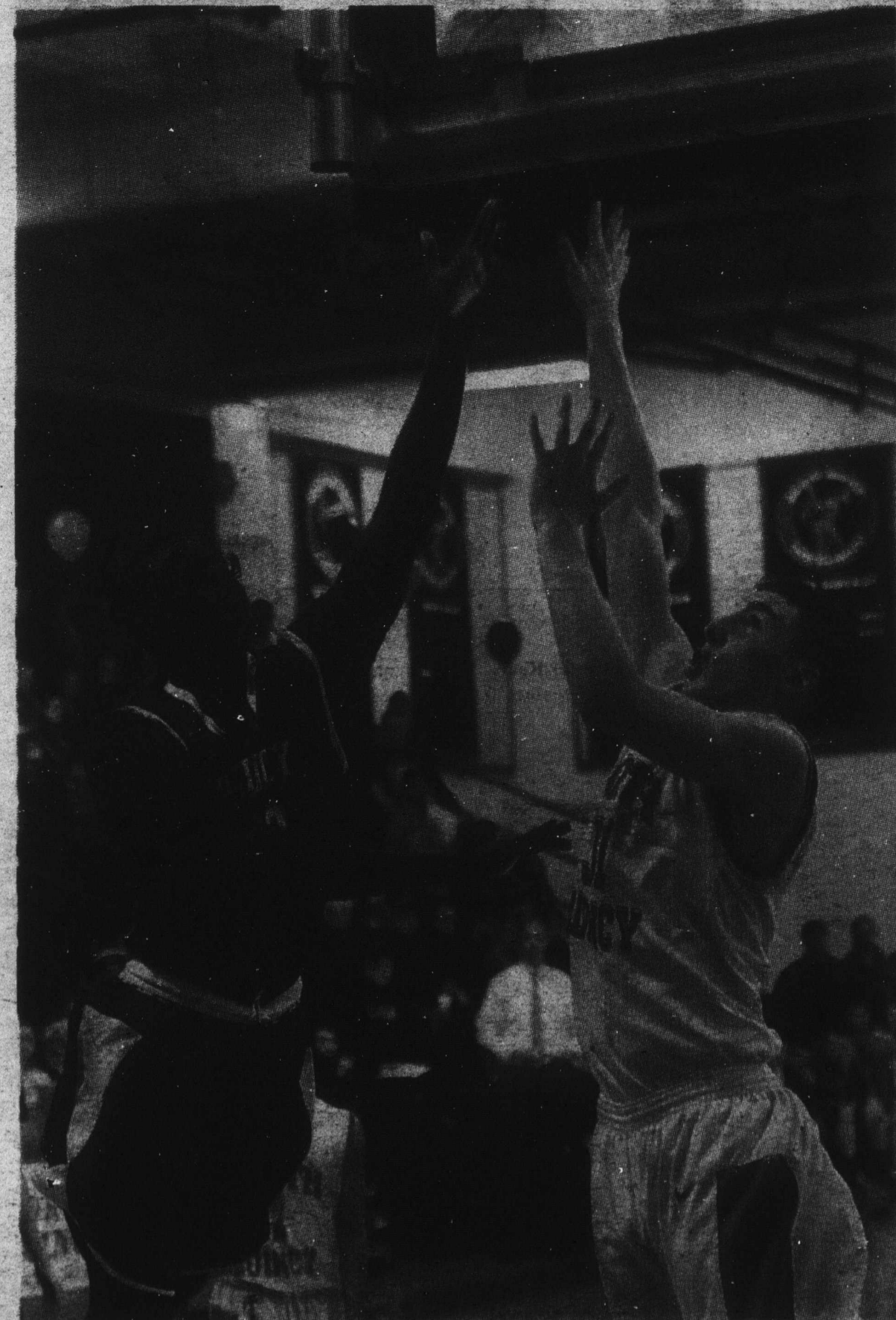
Quincy Sun Photos/Robert Bosworth



NORTH QUINCY SENIOR captain Conor Pound has the upper hand in this loose ball battle with Quincy junior Ugo Kamalu. It was the Presidents, however, who came out on top as Quincy defeated the Red Raiders 78-54 in the second game of a city basketball doubleheader Feb. 12.



QUINCY SENIOR DYREKE JOHNSON blocks a shot by North Quincy senior Will Ortiz. Ortiz scored eight points for the Red Raiders.



QUINCY'S DYREKE JOHNSON goes up for a shot as North Quincy's Conor Pound guards the Red Raider basket.

Munroe Powers Presidents To Parry's 100th Win

Quincy Defeats North Quincy 78-54

By **BILL GRIFFIN**

It was fitting that his team played the kind of basketball he loves in the game

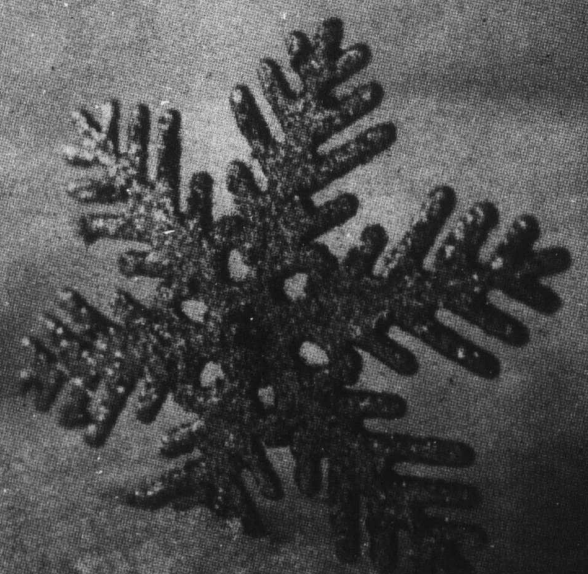
that means the most to him for his 100th career coaching victory.

First, Quincy showed it

could take a shot. The Presidents survived an emotional opening blitz from North

Cont'd On Page 18

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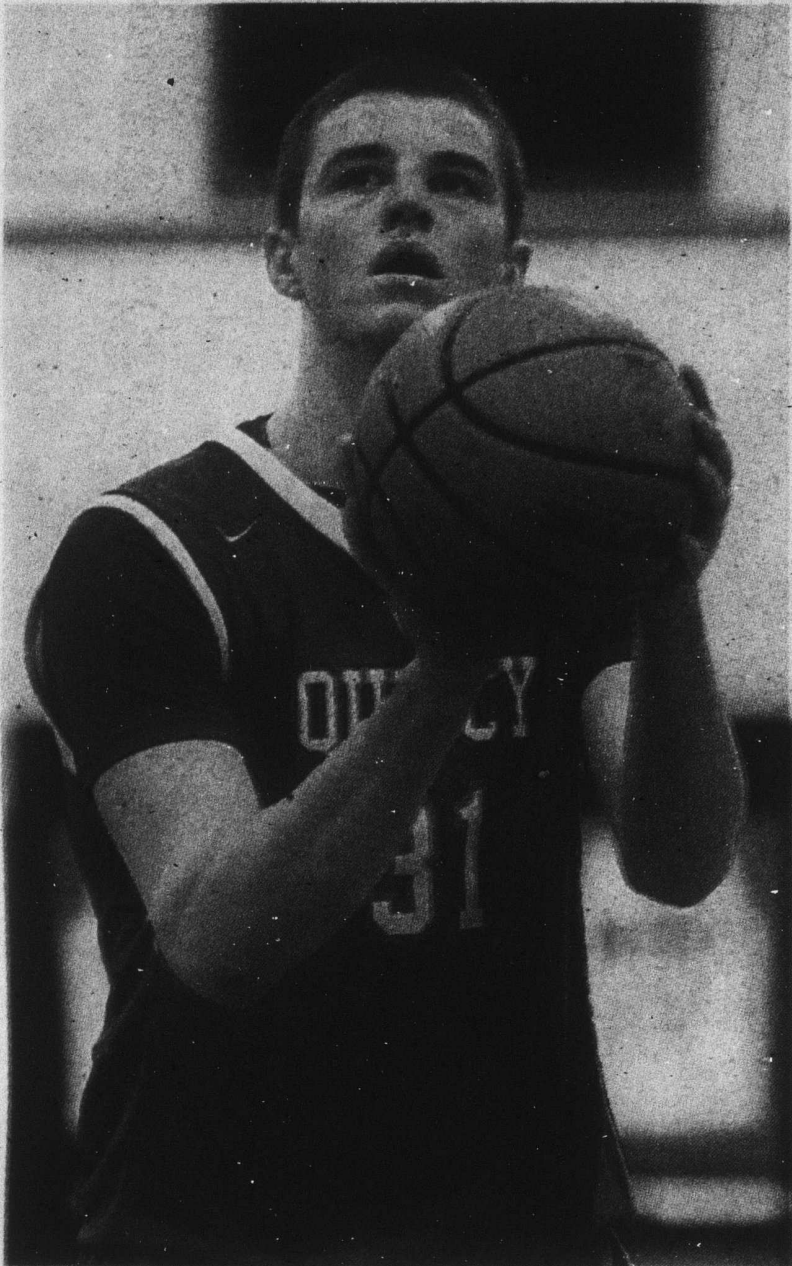
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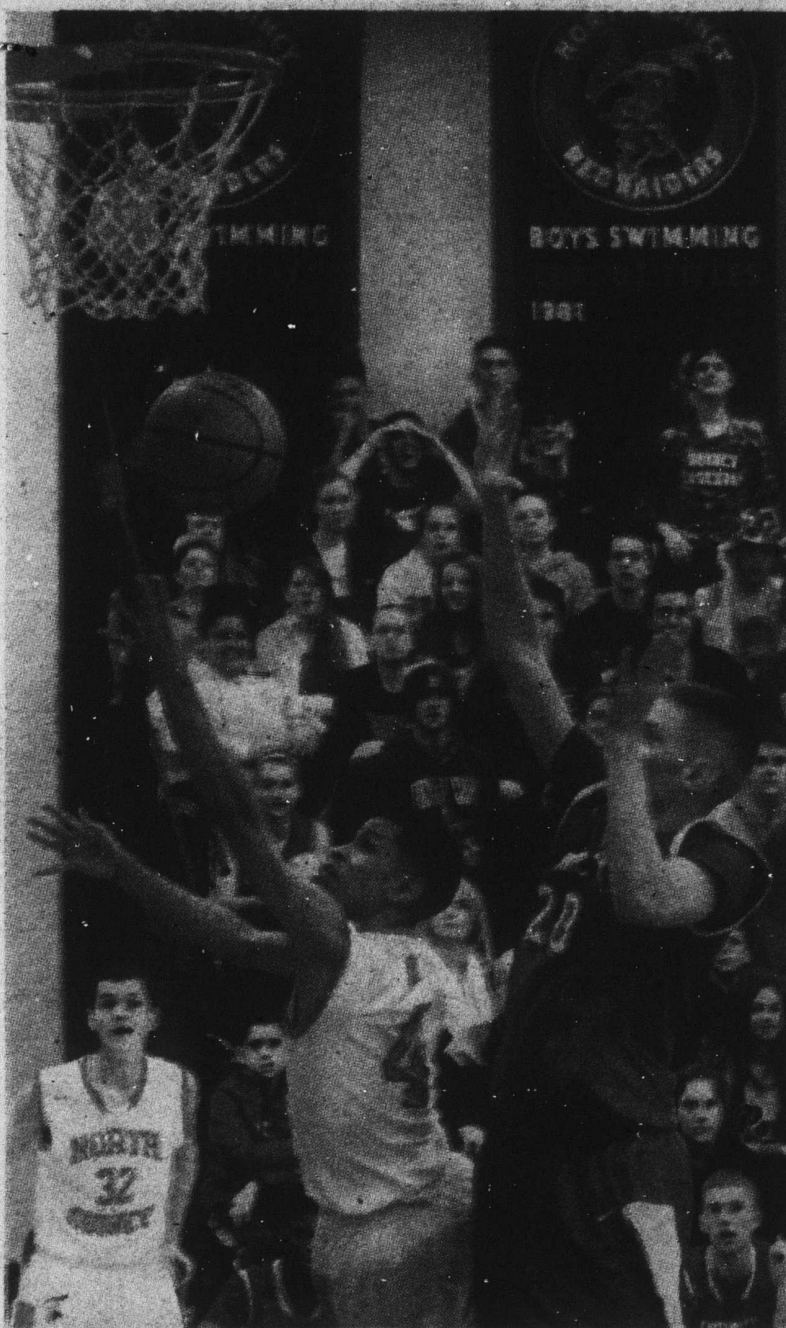
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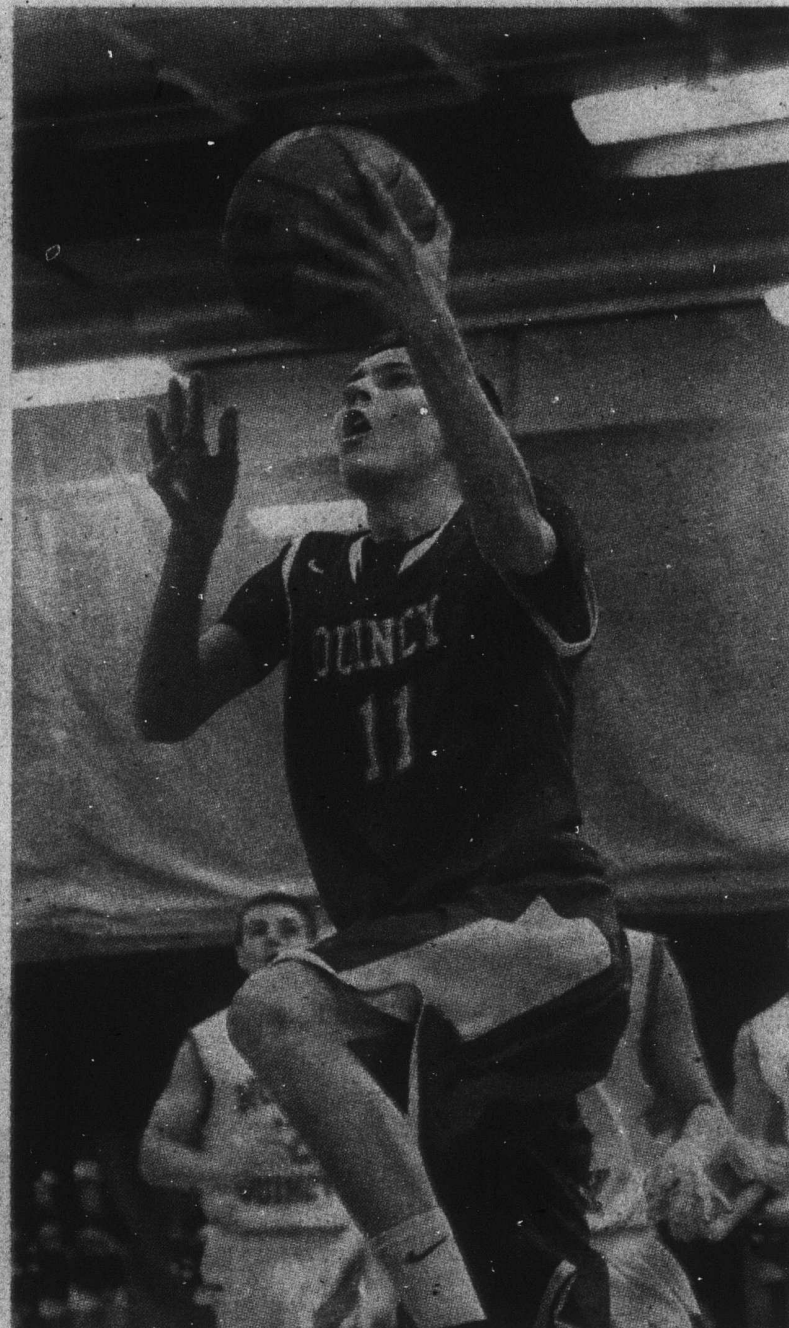
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QUINCY SENIOR Mark Munroe scored a career-high 28 points and grabbed 16 rebounds in the Presidents' 78-54 win over North Quincy Feb. 12. The victory was Coach Dave Parry's 100th career win. Quincy Sun Photos/Robert Bosworth



NORTH QUINCY senior captain Dhaaky Drake scores two of his team-high 13 points against the Quincy Presidents.



QUINCY SENIOR CAPTAIN Quinlan Evans poured in 20 points for the Presidents against the Red Raiders.

Munroe Powers Presidents To Parry's 100th Win

Cont'd From Page 17

before a loud packed crowd in a road gym. Zone-buster Quinlan Evans drained three spotless threes from NBA-land in the first period. The man-to-man defense settled the game.

Quincy passed the ball, sharing it evenly, zipping it crisply around and through the defense, passing up good shots for better shots. Eight different players scored. Mark Munroe ruled the inside with the game of a lifetime.

Show grit on the road, hit the open jumper, clamp

down on defense, be generous with the ball, do not fall in love with the outside shot, and find the big man close to the bucket. It's the basketball that Dave Parry has preached at Quincy for eight years.

Munroe had a career-high 28 points and 16 rebounds. Evans added 20 on five threes in a remarkable shooting performance to lead the Presidents past the Red Raiders, 78-54 for Parry's 100th coaching victory and a sweep of the season series between the two rivals at the North gym Fri-

day night.

"I am proud and happy. But it's not me, it's the kids. I've had some great players at Quincy who have bought in and played the game the right way. That's the reason for the 100 wins," said Parry.

North started the game about three feet off the ground. Conor Pound (eight points, 10 rebounds) blocked six shots in the first half. Senior point guard Dhaaky Drake (13 points, seven assists) sliced through the defense, got to the bucket and set up open jumpers. Mike

Soricelli (six), Aidan Golden (nine) and Will Ortiz (eight) knocked home threes and baseline jumpers.

It was tied at 16-16 after one and a Golden three had North up, 19-16 early in the second. The crowd, reminiscent of those that watched

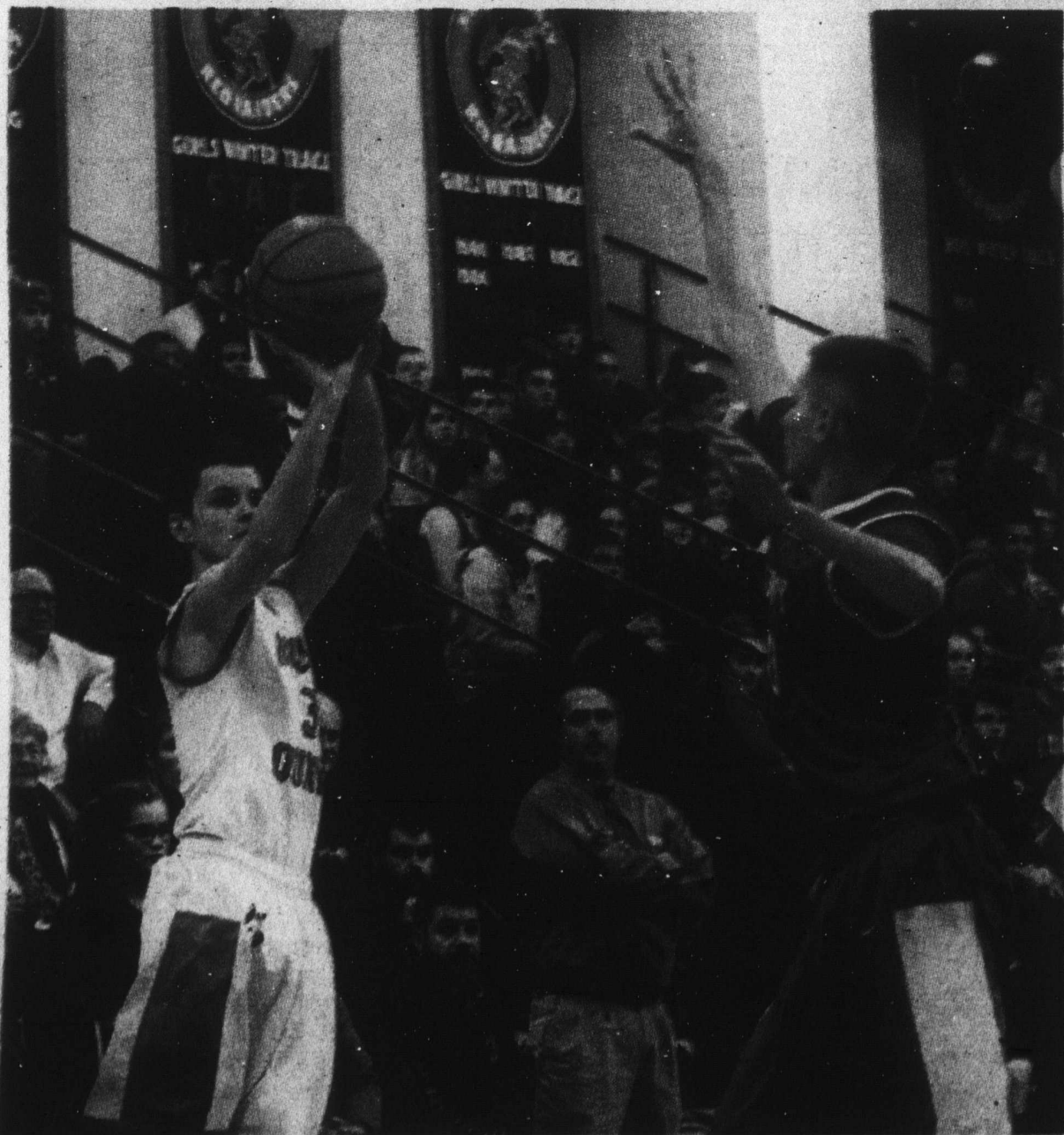
these two in 2014, was alive with sound. Parry expected an early challenge. He got it.

"We knew that they would come out fast and we would have to weather the storm," said Parry.

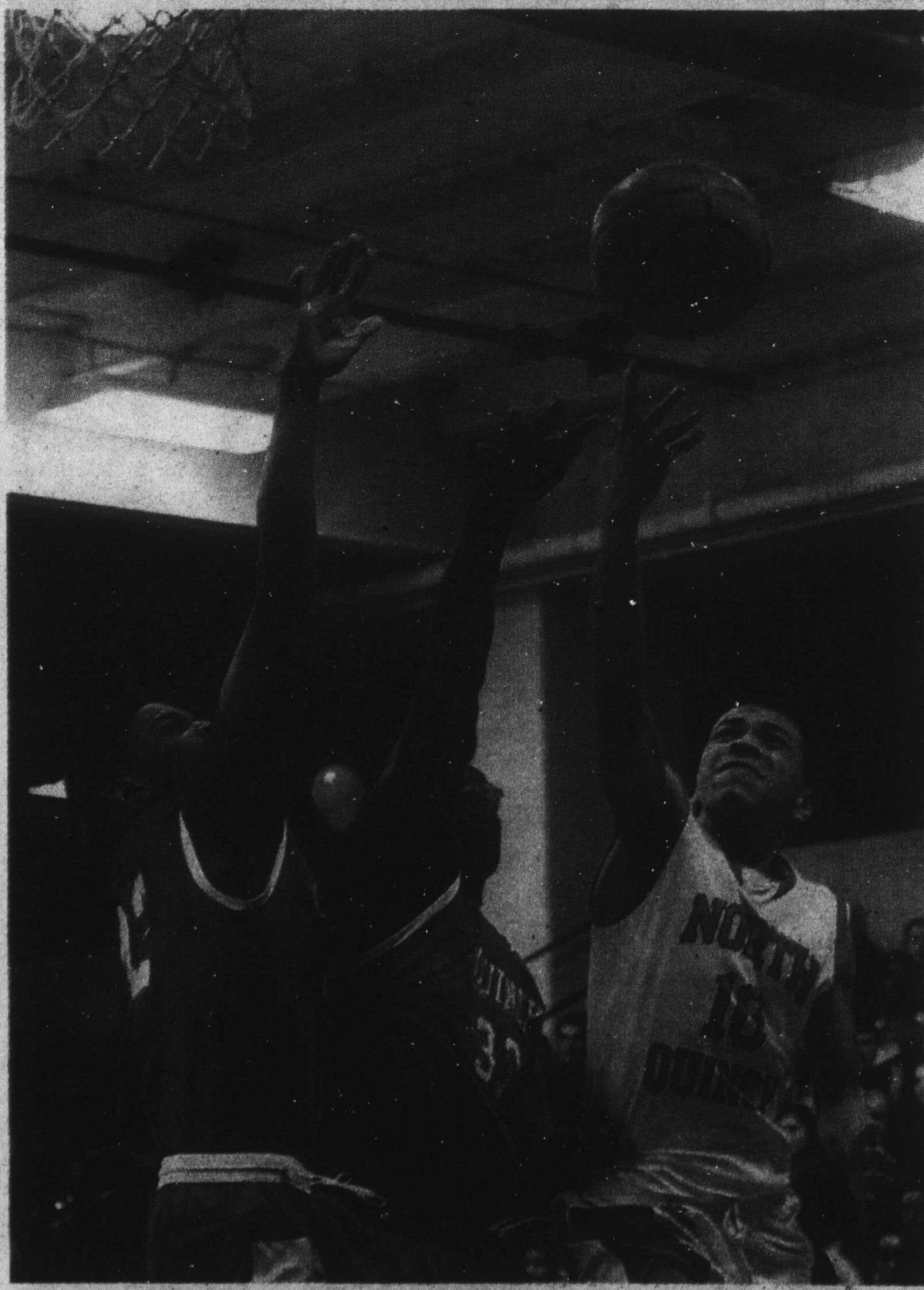
"I thought we played

well in the first period," said North coach Kevin Barrett. "Conor played an excellent game. We always know what we're going to get from him. He anchored the defense and rebounded the ball. He did a great job of

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NORTH QUINCY junior guard Aidan Golden launches a three-pointer against Scott Melis (right) and the Presidents. Golden scored nine points for the Red Raiders.



NORTH QUINCY senior guard Will Ortiz goes up for 2 of his 8 points. Defending for the Presidents are Ugo Kamala (right) and Dyreke Johnson (middle).

Presidents Poised For Postseason

Quincy Boys Tourney-Bound For Third Straight Year

By BILL GRIFFIN

The good news is that Quincy finished its regular season with a quality win. The better news is that Quincy is going to the state tournament for the third straight year. The best news is that Quincy will have almost two weeks to heal its injuries and prepare for what could be an interesting tournament run.

Senior defenseman Mike Calnan scored two goals on whistling wrist shots from the point and senior goalie Chris Connolly pitched a shutout before leaving with 6:00 left in the game to power the Presidents to a 5-2 win over Blue Hills at the Quincy Youth Arena Monday morning.

"I told the kids after the game that it was a good way to end the regular season. Blue Hills gave us all we could handle, but we responded and played well," said coach Ted Walsh whose team finished the season at 9-10-2. The Presidents qualified for the tourney by clinching second place in the Keenan Division of the Patriot League with their 2-1 win over North Quincy

Feb. 6.

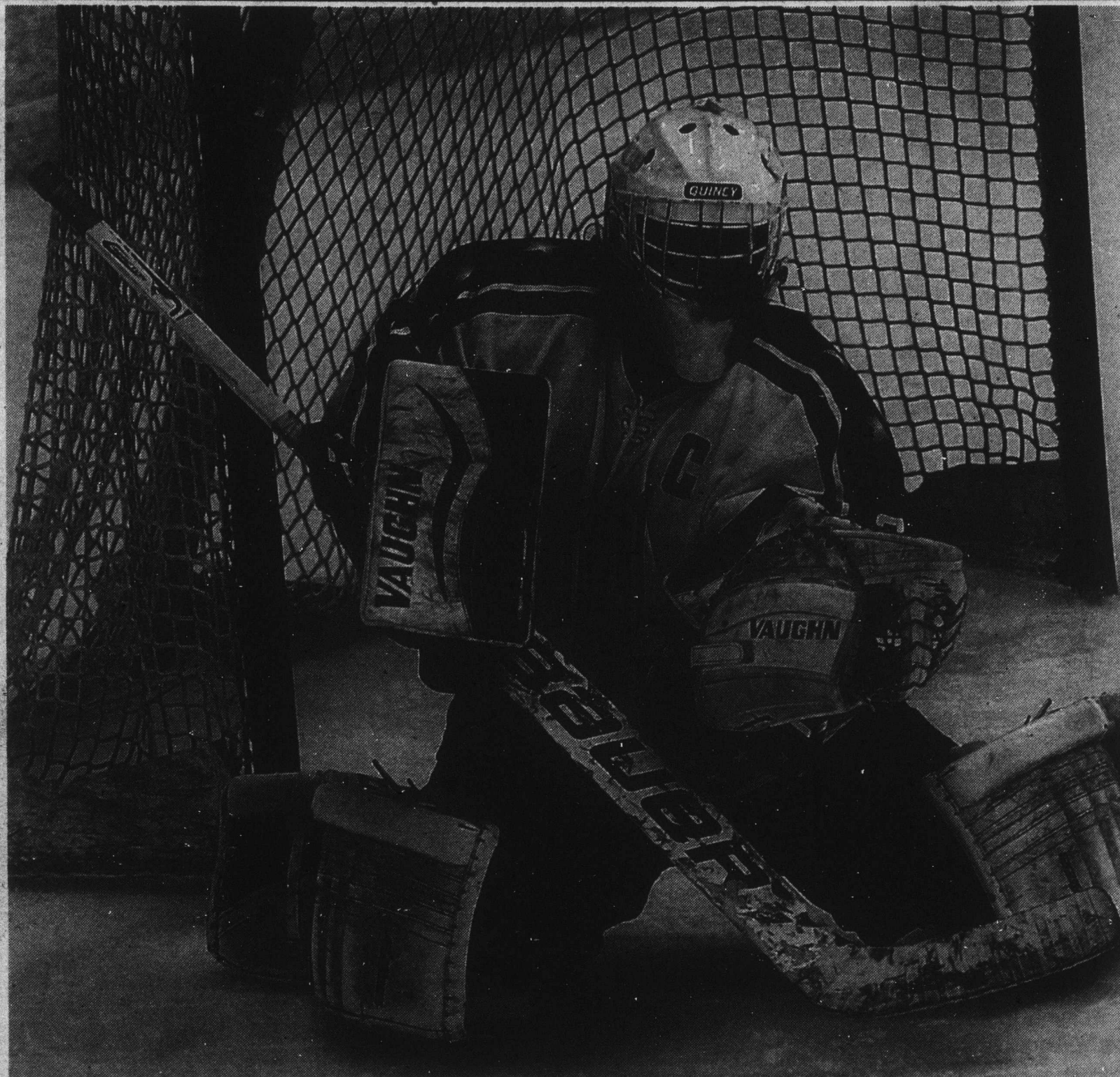
The story of the game and the story of the season was Connolly. He was brilliant twice against North. He saved the tie against Plymouth South with a save on a breakaway in the final seconds. He stopped all 20 shots he faced against Blue Hills. The number of shots was less important than the degree of difficulty of the saves.

Blue Hills tested him. He featured a quicksilver glove hand and stopped deflections, breakaways and point-blank chances from the slot and the doorstep of his crease.

"He had some tough saves. He made game-changing saves today. He's made game-changing and season-changing saves for us all year," said Walsh.

Due to injuries, Walsh went with just four defensemen. Calnan, Owen Lynch (one assist), Griffin Lynch and Josh Campbell were strong in front of Connolly. Griffin Lynch prevented a clean breakaway with a picture-perfect shoulder check. He also deflected home a

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QUINCY SENIOR GOALIE Chris Connolly keeps his eyes on the puck as he makes one of his 20 saves in the Presidents' 5-2 win over Blue Hills Monday at Quincy Youth Arena. Quincy (9-10-2) has earned a berth in the state tournament for the third straight year.



JUNIOR PAT QUIRK buries this shot past Blue Hills goalie Andrew Slack for the Presidents third goal in a 5-2 win over the Warriors Monday. Quincy Sun Photos/Robert Bosworth

ENC Expanding Varsity Sports

Eastern Nazarene College will add men's volleyball, men's outdoor track and field and women's outdoor track and field to its varsity sports offerings beginning in 2016-17, expanding the Eastern Nazarene Athletic Department to 15 varsity programs, Director of Athletics Brad Zarges announces.

"The addition of these sports builds on the strong sense of community that is emblematic of the ENC experience, which allows prospective student-athletes the opportunity to take advantage of our excellent academic offerings while playing a sport they love," Zarges said. "It is truly an exciting time to be a part of Eastern Nazarene College and ENC Athletics."

ENC President Dr. Corlis McGee credited Zarges and his athletic leadership team with having a vision for ENC athletics that maintains a strong focus on shaping students' lives through sports.

"ENC has always be-

lieved in providing a holistic approach to education that nurtures students' physical, intellectual and spiritual development," McGee said. "These new athletics offerings will enable more student-athletes to benefit from an academically strong Christian liberal arts education at Eastern Nazarene College."

The NCAA Division III intercollegiate men's volleyball season stretches from January to April. The Lions will compete at the Lahue Physical Education Center, the hub of Eastern Nazarene College athletics.

The men's and women's outdoor track and field teams will begin competition in the spring of 2017. The Lions will use the City of Quincy's newly renovated Faxon Field as practice space and for future competitions.

A national search will be conducted for a men's and women's track and field head coach as well as a men's and women's volleyball head coach.

Morrisette Legion Baseball Informational Meeting Feb. 24

Morrisette Baseball will hold an informational meeting Wednesday, Feb. 24th at 7 p.m. at the post, 81 Liberty St., Quincy.

This meeting is for any kid who is interested in trying out for Morrisette Junior or Senior Legion teams - whether they are new to

the program or have played in it before. If the player can't make it, then a parent is more than welcome to attend.

Ages for Legion baseball are 13-19. Those seeking more information prior to the meeting can email morrisetteball@aol.com.

North Quincy Boys Finish 41st At South/Central Sectionals

North Quincy sophomore Tommy Zhang placed high at the South/Central Swimming and Diving Championships held Feb. 13-14 at the MIT Campus.

Zhang swam 1:04.31 for 13th place in the 100-yard breaststroke and 56.70 for

15th in the 100 butterfly. North Quincy freshman Juliana Chieng was 37th overall clocking 27.09 in the 50 freestyle.

Both swimmers will compete in the state championships Feb. 19-20 at Boston University.



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by Dr. Gabrielle Freedman
Chiropractor



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Quincy Girls Defeat North For 16th Straight Win

Cont'd From Page 15

gym Friday night.

The Presidents had not lost in nearly two months after falling to undefeated Hanover in the season opener. The win lifted them to 13-1 in the league. The 16-game run was the longest in decades for any girls basketball team from the city. The wonderful ride had its roots not in December, but in July.

"It's been almost magical to be a part of it. I feel like I'm going to wake up some game and realize 16 straight wins is a dream," said senior guard Alyssa Camara who had nine points and played her usual clean floor game. "After last season, we didn't talk about our senior season. We talked about pre-season and all the work we were going to do over the summer. We worked hard on our game and out conditioning, and it's paid off for us."

Quincy participated against an elite field in the Comcast Arbella Tourney at Woburn last weekend. Host Woburn and defending Division 1 state champion Braintree each boasted unbeaten records. In the first game, Woburn snapped the 16-game Quincy win streak by handing the Presidents a heart-breaking 60-58 defeat.

Jorgensen had a monster game with 31 points, 17 rebounds, and five blocks. Gabby Jerahian drained four threes and had 16 for the Presidents.

Jorgensen was dominant again in the consolation game with 29 points and 17 rebounds as Quincy dropped Andover, 63-49. Camara

had 13 and Jerahian added 10 in the victory. In four games last week, Jorgensen had 102 points and 74 rebounds. Quincy finished the week with an overall record of 17-2.

The victory over North had an amazing story line. For the first time in her varsity career, Jorgensen did not score a point in a half of varsity basketball. This is a 1,000-point scorer who moved past Kerrie Connolly into third place on the all-time Quincy High scoring list Friday night. And for a half, North's defense held her without a point.

Despite giving away seven inches, junior center Remy Aucoin played brilliant defense, fighting for position, fronting Jorgensen and denying her the ball. When Quincy did get the ball inside, sophomore Jessie Caldwell switched from the weak side and denied Jorgensen any easy chances.

"Nobody has ever done that before, played that kind of defense on Nicole," said Quincy coach Jeff Brestsch.

"That was the best defense I've ever seen Remy play," said North coach Greg Lannon. "I told her at practice Wednesday that she would guard Jorgensen, and she accepted the challenge. Jorgensen is a great player. We were just trying to limit her, but in that first half, Remy's defense was excellent."

What was equally interesting about it all was the way Jorgensen reacted. She didn't rush, grow frustrated, or force shots. She knew she would get her shots. She

knew she would make them. She knew she was helping her team with rebounding and shot-blocking. Her growth into a mature, complete basketball player in her senior year has been as impressive as any historic numbers, and it served her well against North.

"I was impressed with the way Nicole responded," said Brestsch. "She didn't get discouraged. She stayed under control and played her game. You could see her determination coming out for the second half. She played so well in the second half because she had control of her emotion."

Having a point guard who knows how to get her the ball helps greatly. Sophomore Liana Cunningham had eight assists, five in the third period as Quincy went on an 18-4 run to turn a 17-15 halftime lead into a 35-19 edge entering the fourth. Four of Cunningham's assists in the third, resulted in a Jorgensen bucket. She knows where and when Jorgensen wants the ball, and she gets it there.

"Liana passed the ball well. I thought she was patient and recognized the defense better in the second half," said Brestsch.

Jerahian had eight in a balanced attack which had eight players in the scoring column, but the bedrock of the win over North and the 16-game run was not offense, but defense. In 16 of its first 17 games, Quincy held its opponent under 50 points. In nine of those games, Quincy allowed 40 points or less. Jorgensen protecting the rim surely



NORTH QUINCY'S Marissa McGue is met by Quincy's Nicole Jorgensen as she puts up a shot for the Red Raiders against the Presidents.

Quincy Sun Photo/Robert Bosworth

helps, but defense is work. Quincy did the work.

"We know we have a double offensive threat with Nicole and Gabby, so we practice our defense twice as hard as our offense," said Camara. "I take a lot of pride in my defense. We all feel the same way. I think it's been the key to our season."

Senior captain Marissa McGue had 11 points, 11 re-

bounds, four steals and four assists for North. She played great defense and, as she has for four years, competed hard for every second she was on the court. Aucoin, who had 11 double-doubles entering the game, narrowly missed another with nine points and 10 rebounds.

"In my opinion, Remy is one of the best pivot players in the league. I believe she is second to Jorgensen in rebounding," said Lannon.

Sarah Gibbons (five), Joelle Robinson (three), Taisha Alexandre (two), Jessica Ball (two), and Donata Coletti (two) scored for Quincy. Kerin Coleman had five, and Ali Coleman and Caldwell scored two apiece for North.

Quincy visits Hingham Saturday at 5 p.m. North Quincy travels to Cambridge Rindge & Latin Thursday at 7 p.m.

Munroe Powers Presidents To Parry's 100th Win

Cont'd From Page 18

playing smart with fouls on him. He knows we need him on the floor."

More than anything, it was Evans who took the game back for Quincy. North had to play a zone because of Quincy's quickness and depth. Evans has seen nothing but deny man-to-man defenses with him as the main target over the past three weeks. He found soft spots in the zone and sent home threes which barely disturbed the strings as they sliced through the basket. These were deep threes, shots that would have been threes if Quincy had been playing the Golden State Warriors.

"I've seen a lot of man-to-man lately. I'm able to pick my spots more easily against a zone," he said. "My teammates did a good job finding me. I try not to shoot from too far out, but I've worked a lot on my range. I was comfortable with where I shot from to-

night."

Evans' shooting and Quincy's ball movement opened up the inside and Munroe stepped through with a monster game. Scott Mele (13), Kyle Murphy, Darius Setalsingh, and Evans found him with entry passes. Munroe hit short jumpers, drives to the hoop and put-backs. He ruled the boards at both ends, creating second chances and setting Quincy's running game in motion. It was a dominating performance.

"Once we started hitting our shots, they had to play him with just one man. Mark just took over. That's the best game I've seen him play," said Evans.

"He was a presence underneath. That's what we need from him on a consistent basis. He was dominant," said Parry.

Murphy and Setalsingh combined to at least slow down Drake. Drake still created, still got into the paint, still made a ridiculous

falling-away three despite being flattened in the fourth period, but at least he didn't take over the game as he did in a 20-point effort in a well-played, 52-48 loss to Scituate last week.

"We were able to control him which is what we wanted," said Parry. "We had to be good on defense because he never gave up. North never gives up. Hats off to them for their effort for the whole game."

"They had an answer for everything we did. That's why they are a good team," said Barrett.

Mele drained a pair of threes in the second period as Quincy opened a 42-30 halftime lead. Munroe had 18 of his points in the second half to help the Presidents to a comfortable advantage. Dyreke Johnson (six) and Ugo Kamalu (six) played excellent defense and rebounded well for the Presidents.

Sophomore Andrew Huang, who hit three threes

against Scituate, had eight and made the play of the game in the final seconds of the third period. He knocked the ball loose, gained possession and fired home a one-motion, almost-no-look bomb from deep along the

right wing, 25-30 feet from the hoop. It was A Shot. Johnny He cracked the scoring sheet for North with two.

Quincy (11-5) hosted the Moscardelli Tournament

Monday and Tuesday night. The Presidents are at home against Hingham Thursday at 5 p.m.

North Quincy hosts Whitman-Hanson Tuesday, Feb. 23 at 7 p.m.



QUINCY'S MARK MUNROE (second from right) draws a crowd under the North Quincy basket. From left: North's Conor Pound, Quincy's Ugo Kamalu and North's Jack Meade.

Quincy Sun Photo/Robert Bosworth

Presidents Poised For Postseason

Cont'd From Page 19

drive from the point from his brother for a third-period goal. Calnan added two assists.

"We've used Mike at forward because we've been shorthanded. He's like our Swiss army knife because he can do so many things," said Walsh.

Quincy's forechecking controlled the game. Quincy poured 37 shots on goal. Pat Quirk (goal and an assist), Shamus McBride and freshman Dan O'Leary led a steady assault in the Blue Hills end. It paid off in a shorthanded goal when Quirk drove home a pass from McBride (one assist) from close range while Quincy was killing a major penalty in the second period.

"That was a big goal," said Walsh. "O'Leary has had an excellent season as a freshman. He plays with confidence, like he knows he belongs on the varsity level."

The Presidents, who were missing three starters for the game, skated six freshmen in the victory: O'Leary, Griffin Lynch, Jason Whalen. Matt O'Brien, Nick Murray and Bobby Dunn. Whalen had a goal off a strong finish on a rebound in the first period. Griffin Lynch was one of the best players on the ice. O'Leary buzzed the net for the entire game. The future is bright.

"I thought all the freshman played well. Griffin Lynch, Whalen and O'Leary have skated regular shifts for us all season," said Walsh.

The Presidents were 5-1-2 before they were hit by a series of injuries. The long layoff before the tourney should return them to full strength. They could be a tough out in the tourney. They have a senior goaltender who loves the big games. The defense is deep and solid when healthy. Goaltend-

ing and defense wins many games in the tournament.

"We haven't been healthy for the last 10 games. I'd like to get back the team we had for the first eight games and see how we do in the tourney," said Walsh.

It has not only been a fine season on the ice for Quincy, it has been a season of success in the classroom as well. In the past two years, Quincy won the MIAA Gold Academic Achievement Award which is given to teams who have a team GPA of at least 3.0. There is every indication that the Presidents will win the award for the third straight year this season.

"From what I've seen from progress reports, I feel confident we will do it again," said Walsh. "It's quite an achievement when you consider the number of players on the team. The kids have showed a lot of discipline and effort as players and students."

Quincy has been part of a wonderful winter of hockey in the city. The Presidents are in the tourney. North needed just one point in its last three games to make the tourney. The two played a pair of terrific rivalry games. The girls team had qualified for the tourney before the end of January for the first time in the program's history.

"It's a great thing for the city. We're just proud to be part of it," said Walsh.

Against, Blue Hills, Quincy led, 2-0 after one, 3-0 after two and 5-0 before the Warriors scored twice in the final three minutes.

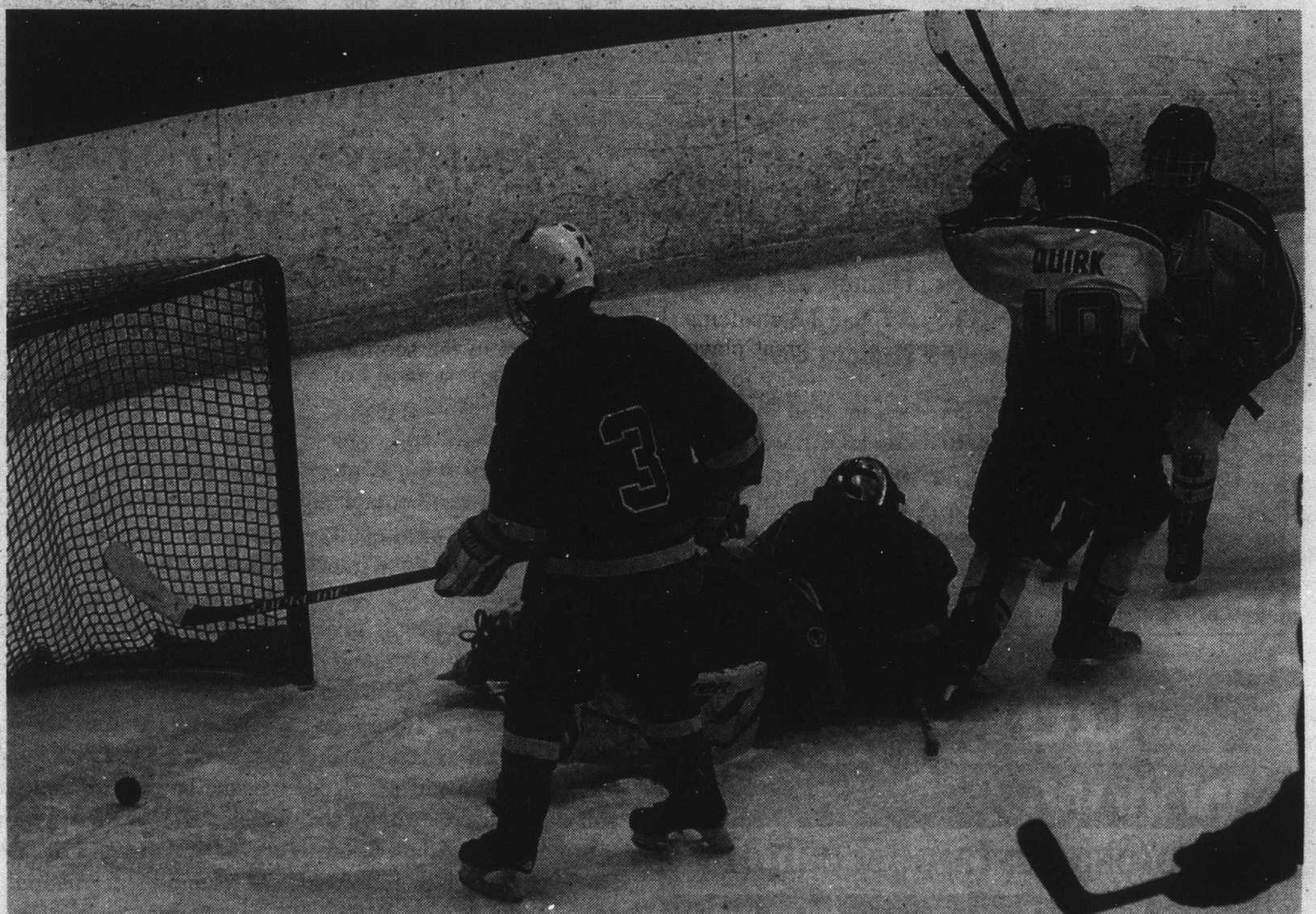
North Quincy posted impressive wins over Whitman-Hanson (5-2) and first-place Hanover (4-1) to improve its record to 9-7-2 and move within one point of qualifying for the tournament last week.

Hunter Phillips (seven goals, 11 assists), Kevin



QUINCY JUNIOR Shamus McBride is upended in front of the Warriors net giving the Presidents a man-advantage opportunity in the second period. McBride later assisted on Pat Quirk's short-handed goal to give Quincy a commanding 3-0 lead.

Quincy Sun Photos/Robert Bosworth



QUINCY FRESHMAN Jason Whalen (far right) celebrates the Presidents second goal of the game with senior Pat Quirk.

Mock (11 goals, nine assists), and Corey Hernandez scored first-period goals and senior goalie Kevin Doherty made 25 saves in the upset win over Hanover. Cam White (eight goals, four as-

sists) also scored for North.

North and W-H were tied, 1-1 after two periods when Mock, Phillips, White and Austin Lee (six goals, seven assists) exploded for goals to break open the game. Junior goalie Derek Bille

had 15 saves and AJ Currie scored his first varsity goal in the win.

Timmy Glynn (five goals, eight assists), Matt McDonald (four goals, 10 assists), and Kieran O'Driscoll

(three goals, eight assists) played well for North. The Red Raiders bowed 4-3 at Nantucket Monday night.

They are at Martha's Vineyard Friday and at Pembroke Feb. 24.

North Quincy Boys Hockey Close To Clinching Playoff Spot

By TOM JOYCE

The North Quincy Red Raiders boys' hockey team is right where they need to be right now.

Just a point away from securing a spot in the MIAA Division 2 South playoff bracket, the Red Raiders (9-8-1) are in position to clinch a playoff spot as soon as Friday. As long as they do not drop both of their next two games, they will be in it again for the fifth time in six seasons.

Need 1 Point In Final 2 Games

On February vacation this week, this would be what many would consider to be the Red Raiders' travel week. On Monday, they fell 4-3 to Nantucket High School in Nantucket and this Friday, they take on Martha's Vineyard Regional High School in Martha's Vineyard.

In their loss to Nantucket, the Red Raiders outshot

their foes, 32-10. Junior forward Austin Lee had a pair of goals and senior captain and defenseman Cam White had the other.

"The trip must have been in the back of the kids' minds," Red Raiders head coach Matt Gibbons said. "But I don't think it really affected us. I thought we played pretty well. I don't think we shot the puck

enough."

Gibbons said that Lee's line of forwards with senior Corey Fernandez and freshman Kieran O'Driscoll played particularly well in the game.

Certainly, such a lengthy trip may have a toll on a team's performance, but they were still able to control the puck for most of the game.

They might not be playing the best team they have

played all year on Friday, a Martha's Vineyard team that is 5-9-4 and has won just two games since the start of the new year. But regardless of record, the Red Raiders understand the significance of the game and are not taking their foes lightly.

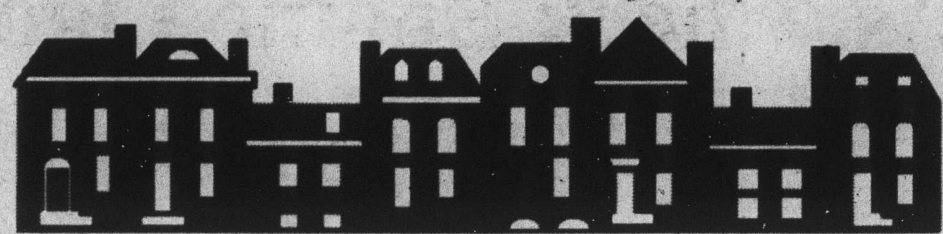
"It's definitely the biggest game of the year," Gibbons said. "We're going to treat it like it's a do-or-die game since you don't want to go into the last game of

the regular season looking for a point or two points.

"It's going to be tough, but hopefully we don't feel any pressure. Hopefully, we can play relaxed. I think the key will be scoring early -- scoring first. If we can do that, we can hold the lead because defensively, we'll be fine."

Of course, coming away with a spot in the tournament in Martha's Vineyard would

Cont'd On Page 29



Real Estate

Quincy Real Estate Transactions Feb. 8 - Feb. 12

Seller	Buyer	Amount	Address
Robert D. & Kim M. Sciascia	Cuong Truong & Diana T.N. Diep	\$400,000.00	252 Franklin Street Unit 252
J. Linda Wilson	Jingyao Ma & Li H. Li	\$380,000.00	223 Centre Street
Joemela Family Nominee Trust	Cheng Yang	\$348,000.00	12 Stanley Circle
Najah Hamdi	Kayla Yang & Hainyee Setow	\$637,000.00	500 South Street
Ursula & Zbigniew Radzko	Sharon L. Gamache	\$335,000.00	215 Thomas Burgin Parkway Unit 45
Shirui Lin	Li P. Chen & Nai Q. Xu	\$450,000.00	29 Russell Street
Paul Cedrone	Robert W. Holland & James Sellers	\$385,000.00	40 Greenleaf Street Unit 606
Xiao L. Lu	Najah Hamdi	\$220,000.00	230 Willard Street Unit 105
M. Shannon Joyce	Shuer Peng	\$192,000.00	133 Commander Shea Blvd. Unit 317
Paul & Elizabeth Sheridan	Linxi Li	\$255,000.00	200 Falls Blvd. Unit 1-305
20-DOS LLC	Phil Better Real Estate LLC	\$325,000.00	32 Papile Lane Unit 4
Ryder Development Corp.	Jeffrey Zilberman & Irina Zelfond	\$441,400.00	37 Wren Terrace Unit 2
Stanley H. Becker	York & Connie Lo	\$429,000.00	247 Arlington Street

First-Time Homebuyer Workshop March 1, March 3

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers, to be held from 5 to 9 p.m. Tuesday, March 1 and Thursday, March 3 at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real

estate brokers, insurance agents, attorneys and loan originators.

Attendees also will have an opportunity to learn about the South Shore Home Consortium's down payment assistance programs, which may provide qualified buyers with up to 9 percent of the purchase price toward their down payment and up to an additional 1 percent to-

ward closing costs on homes purchased in Quincy, Braintree, Weymouth, Holbrook or Milton.

Workshop participants will also be able to speak to a lender about different

mortgage options.

The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

NeighborWorks Homebuyer Workshop March 12, March 19

NeighborWorks Southern Mass. will offer a two-part workshop for first-time homebuyers, to be held from 8:30 a.m. to 12:30 p.m. Saturday, March 12 and Saturday, March 19 at the Winter Gardens apartment complex (lower level community room), located at 45 Winter St. in Quincy.

The workshop will give participants an opportunity to meet and hear from real estate brokers, insurance agents, attorneys and loan originators. Attendees also will have an opportunity to learn about the South Shore Home Consortium's down

payment assistance programs, which may provide qualified buyers with up to 9 percent of the purchase price toward their down payment and up to an additional 1 percent toward closing costs on homes purchased in Quincy, Braintree, Weymouth, Holbrook or Milton.

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The registration fee for the workshops is \$20 per person. To register and pay online, visit www.nwsoma.org or call (617) 770-2227 x34 for more information.

Ask Barbara Graceffa: 'Secretary Of The Interior'

Dear Secretary of the Interior,

Does one use the same design principles outdoors as you have taught us about interior design? Gina

Great question and the answer is "yes!" Choose the right colors, size, shapes, scale, texture, furniture placement, etc. just the same way you would indoors. In fact, these design principles are universal and can be used in floral arranging, garden planning, and many other artistic endeavors.

Here's a great designer tip: exterior furniture, lighting, and accessories are typically less expensive than their interior cousins and many are beautiful enough to use inside your home sweet home. Buy now for deep discounts off season!

What do interior decorators charge? Jeri

The rates vary considerably. Some charge up to \$450/hour, while others charge per project, or earn part of their income through commissions. In fact, many require a minimum of three hours of their service... and that can add up quickly.

I know homeowners would rather spend their money on the tangibles of new cabinets, furniture, rugs, etc. With only a half hour minimum, I charge \$75/hour for décor consultation, choosing colors, drawing scaled room plans, rearranging furniture, pre-sale home staging (with your own furniture), and the like. For home décor sewing or shopping online or in the store with a client, my hourly rate is \$45. When I purchase items with my trade discount (which is sometimes up to 40% off), I split that savings with my client.

Here's another tip: If you sign up for interior decorating classes, you get the best bang for your buck. I'm teaching four classes at Braintree Adult Education beginning in March. Several of my students have also become my clients.

Do you have a decorating problem needing a professional solution?

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decoration company offering creative solutions at reasonable rates. For more information on her services, visit www.sec-interior.com.

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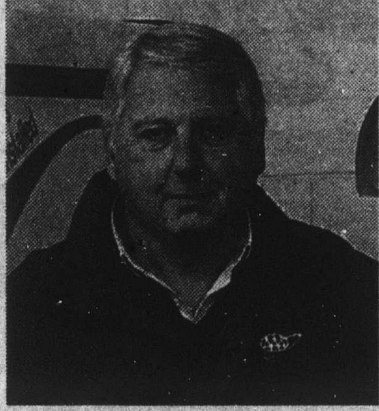
I am considering purchasing a 2016 or 2017 Audi A4. Has Audi finally fixed the oil burning issue in the 2.0 liter turbo engines? My understanding that there is new version of the 2.0 liter engine in the 2017 A4.

The latest 2.0 liter engine is a modified miller-cycle design engine that breathes better, produces more power and should get a little bit better mileage. The previous engine tended to use a quart of oil in 1000 miles and in some cases even more. My guess would be that as part of the redesign, the engineers at Audi/Volkswagen corrected any oil consumption issues.

I took my car into a Subaru dealership to get an oil change. When they were done they told me I needed a rebuilt transmission and the engine needed a head gasket. The total cost was to the tune of almost \$5,000. I am not having issues or see any visible leaks. My car does not overheat. Someone told me to check oil dip stick for any water bubbles and there were none. Also I checked exhaust, put my hand there during running to check for moisture and there was none. There are about 156,000 miles on the car. I have owned it for almost two years. I have only put 5,600 miles on it since I have owned it. How would they know these things, they never took it out for a test drive. Oh yeah they said would I want to put that kind of money into a car that's at the time nine years old or would I rather put it toward a new car. I told them I neither had the money to fix let alone buy a new car. Do you have any advice for me? I spent my savings to buy this car and I really love it and feel they are just trying to take advantage of an older woman.

It would not be unusual for an older Subaru to need a head-gasket; in fact this is a common failure for Subaru models up until 2009. The leak is typically an external leak. My experience is that the gasket can sometimes leak for years before it gets to the point of showing signs of leaking on the ground. The transmission fluid may be badly discolored which could indicate the transmission may be starting to fail. At this point I would get a second opinion. If you are looking for a shop you can trust, check out the Approved Auto Repair section of www.aaa.com

Are car manufacturers planning for the day when many cars on the road, especially the self-driving ones are emitting radar



JOHN PAUL signals, laser pulses, etc., to sense their surroundings? Will these cars be able to navigate in such "noisy" electromagnetic environments? Also how likely is it for "drivers" to be able to put down their smartphones, etc. and take control instantly if the cars behave abnormally? The better and more reassuring the cars become the more dangerous they will be when something goes wrong! Do you have an opinion this?

The car manufacturers I believe are doing a good job of shielding their cars from stray electrical signals. A bigger concern is vehicle hacking, as we see more cars with built in Wi-Fi hot spots the potential is there for hacking. This topic is a high-priority for car manufacturers all over the world. Regarding drivers who may rely on self-driving features, that is always a concern. In fact some aviation experts have warned that airline pilots are becoming so reliant in autopilot systems their skills are getting rusty. I recently had the opportunity to spend a few minutes with Dr. Mark Rosekind the Administrator for NHTSA and he echoed some of the same concerns. To listen to the interview on my radio program go to www.johnfpaul.podomatic.com

I recently purchased a 2016 Honda Accord EX-L, this car gets terrific mileage. Sticker says 27/37. I was on a highway trip and got 38 miles per gallon when I checked. It has a CVT transmission. The Accord has many terrific features including, remote start and rear view camera on the passenger side mirror, both standard. Why has nobody written about this car?

I have to agree the 2016 Honda Accord looks like a great car. I have reviewed the 2015 Accord and found it to be one of the best mid-sized sedans. My impression is that there are few differences between the 2015 and 2016 models and any improvements can only make a good car better. Regarding Honda's Lane-Watch system the New England Motor Press, which I'm a member, gave a technology award to Honda for this potentially life-saving system back in 2013.

I work in a supermar-

ket and as careful as I am it never fails my car gets dings all over it. I'm not sure if it is inconsiderate shoppers or runaway shopping carts but my car looks like it hit everything but the lottery. Is there anything I can do when I buy my next car?

There are a couple of options, you could have extra moldings added that could help prevent some dings. You would have to decide how the moldings change the appearance. The second method is with a removable car door protector. This is a foam strip that temporarily attaches to the doors to protect the car. One company is www.nodoordings.com the product looks like it would work although not very attractive but perhaps better looking than dents.

This past New Year's Eve I heard a noise and thought the muffler had broken. I went to a chain repair shop and they told me I needed a new muffler and catalytic converter. I had the catalytic converter replaced by the same shop three years ago, at a cost of \$1,285.

My question is how a catalytic converter can fail in such a short time when the original lasted 10 years. I had the car repaired and I paid another \$1,285. Later I called their corporate office believing I was taken advantage of and they refunded about half the cost. What do you think happened here should give them more business or look elsewhere?

If the exhaust system was not damaged by outside forces (you drove over something) I would expect it to last much longer. According to the EPA's website: manufacturers of new converters are also required to provide a warranty on the converter shell and end pipes for 5 years or 50,000 miles, whichever comes first, and for 25,000 miles on converter emission performance. Providing you have not exceeded the warranty the replacement of the catalytic converter should have been covered under warranty.

My wife loves her 2010 CRV which recently turned 100,000 miles. I searched the vehicle's owner's manual but cannot find any info about replacing the timing belt. My question, is this a concern or does she just keep driving?

Your wife's Honda CRV like many more cars today have switched back to timing chains. The timing chain should last the life of the ve-

hicle.

I have a 2000 Chrysler Town and Country van and I've discovered the heater/defroster blower motor will only operate in the high position. I have had many problems with this van over the years and the van has less than 70,000 miles on it. I think at this point I'm not ready to buy any more Chrysler vehicles.

Over the years Chrysler vehicles have had their share of quality problems. Today the latest vehicles seem to be much more trouble free. Regarding your van heater fan, this is a likely a simple repair. The symptom is typical of a faulty fan resistor. The part is less than \$15 and the repair shouldn't take more than 30-45 minutes.

My 2008 Chevy Trailblazer has the Check Engine light come on and off sporadically. Car is running great. Dealer did a diagnostic and told me there's a "skip", then took apart the engine and told me there's a leaky valve and the entire cylinder head needs to be replaced for a cost of \$4,700. If their diagnosis is correct, can't they just repair the bad valve?

The cost of the repair is as much about labor as parts. It can take up to 24 hours to remove the cylinder head and resurface/recondition the existing parts, if the front cover needs to be removed and about 10 hours if it doesn't. If the entire cylinder head needs replacing the part is \$800 as compared to an individual valve that may cost \$15-\$20 each. Considering the high cost of estimate I would get a second opinion. Regardless this repair will be expensive and even if just a minimum of work is needed the repair could still be \$2000 with parts and labor.

Readers point out a mistake: In a past column a reader was looking for a large all-wheel-drive sedan and I made a few suggestions, Ford Taurus, Hyundai Genesis and Chrysler 300 are all certainly good choices. I also recommended the Toyota Avalon which is not all-wheel-drive, but with four snow tires can perform very well in wintery weather.

I own a 2012 Buick LaCrosse with a V-6 engine and all-wheel-drive. During a recent standard maintenance visit at the local dealership I was told that my car was overdue for the 30,000 mile transmission fluid and filter change. I rechecked my owner's manual and

found on the 30,000 mile page that I only needed to "inspect" the fluid. It said nothing of changing it on the owner's website either. I hope you can clear up the confusion on which is the correct action (to change or not to change.)

Certainly changing the transmission fluid can't hurt, but unless the fluid shows characteristics of overheating, it isn't necessary. Even if you use the severe service schedule provided by Buick, the transmission fluid is not scheduled for a change until 90,000 miles. I believe this is strictly a recommendation by the servicing dealer and not one of General Motors/Buick.

I have a 2013 Mazda CX-5 and it has about 45,000 miles on its original tires. The all-season tires were okay until this last snow storm and I slipped and slid everywhere. Should I consider a snow tire or will all season tires be okay?

There is nothing better than a winter tire even on an all-wheel-drive vehicle. Only you can decide if the improved traction is worth the extra expense and hassle of switching tires seasonally. For most drivers a quality all-season tire will be fine, but keep in mind an all-season tire is always a bit of a compromise. Even the best all-season tire will not be able to perform as well as a dedicated winter tire.

I have a Chevrolet pick-up and the automatic transmission has started to make a loud noise. This happened after being stuck in the snow. I had it checked at a local garage and was told the entire transmission needs replacing. When I asked about using a part from a junk-yard, they told me the part wouldn't last and suggested only a new or factory rebuilt transmission. What do you think?

I generally have no problem with used parts; but with a transmission it can get tricky. Unlike buying a fender or starter it is harder

to check that the transmission is in good condition. Most good salvage yards will check out and guarantee the parts they sell and will replace the part if it fails. The concern is who pays for the labor if the part fails? Before I would use a salvage transmission I would get the warranty in writing just so there is no question if the part fails and who has to pay.

We have a 1996 Ford 4X4 pickup. We have put in a new positive battery cable, a new alternator and a new battery. If the headlights or heater are on, the truck will start sputtering. The other issue is sometimes it acts just like the battery is weak. What could be wrong?

The output voltage of the alternator should be checked to see exactly what is happening. I would also check for voltage drop on both the new positive and the old negative cable. I have seen many Ford trucks that the negative cable grounds at the frame, but fails between the frame and engine block causing all sorts of starting and charging system problems.

I have a 12-year-old Chevrolet S-10 pickup with about 312,000 miles. The entire truck is starting to rust out, frame included. I use the truck as a second vehicle, to pull a utility trailer and go to the dump. What can be done to delay the rust problem or is it time to replace this otherwise dependable vehicle?

It really depends on the extent of the rust. If the entire frame is becoming structurally compromised, there is little you can do. If there are one or two rusted areas, perhaps it can be welded. If it is just getting rusty, clean up the rust and applying an undercoating or rust inhibitor may slow down the rust. If there is any question that the rusting frame is causing a structural issue that could compromise your safety, it is time to get rid of your truck.

Gas Prices Fall 10th Straight Week

Gasoline prices in Massachusetts have fallen another four cents, the tenth consecutive week of decreases, according to AAA Northeast.

AAA's Feb. 15 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$1.73 per gallon, four cents lower than last week. The Massachusetts price is three cents above the national average for regular unleaded of \$1.70. A year ago at this time, the average price in Massachusetts was

48 cents higher at \$2.21.

The range in prices in the latest AAA survey for unleaded regular is 42 cents, from a low of \$1.57 to a high of \$1.99. AAA advises motorists to shop around for the best prices in their area, and to make sure they and their passengers buckle up — every time.

Find the most up-to-date local gas prices with the AAA Fuel Finder by logging onto AAA.com and clicking on Gas Saving Tips & Tools.

SUN FUN PAGE

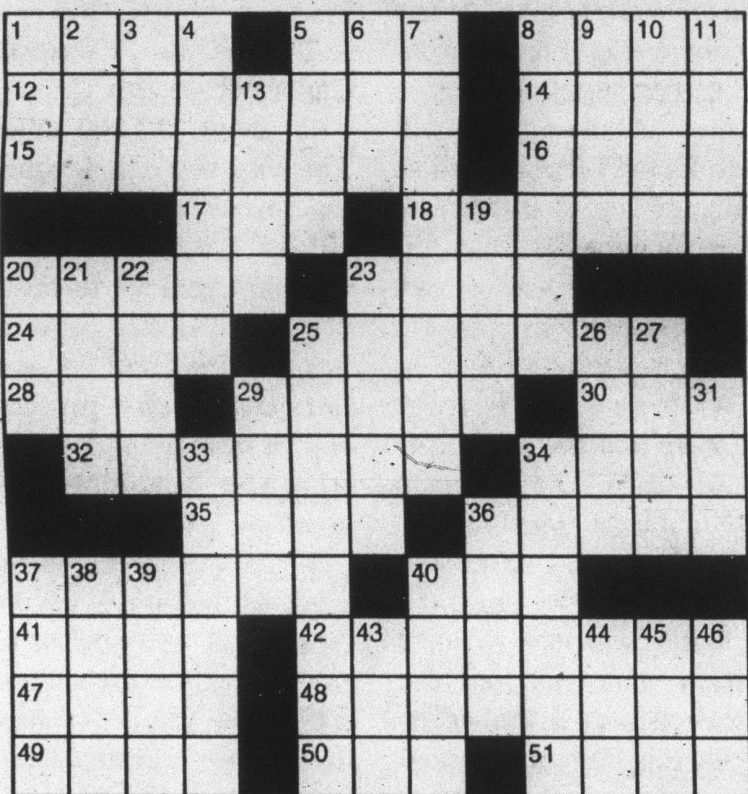
King Crossword

ACROSS

- 1 Grand tale
5 Slight application
8 Big party
12 Netlike structures
14 Desertlike
15 Accelerator
16 Start a garden
17 That man's
18 Bob and Jakob of music
20 Urge on
23 "Scat, gnati!"
24 Close by
25 Baseball legend Casey
28 "Le Coq —"
29 Ritzy violin, for short
30 Do some lawn work
32 Placed a bet
34 Chinese menu staple
35 Acknowledge
36 Prove false
37 Up
40 Nonstick spray name
- 41 "And" or "but" (Abbr.)
42 Bergman/Boyer thriller
47 Horse's neck hair
48 "Hamlet" setting
49 Formerly, formerly
50 On pension (Abbr.)
51 Medicinal amount
- perhaps
"— Cassius has ..."
Third-party abbr.
Cat call?
Brazilian rubber area
Scatter about
More mighty
Old-time actor
Jannings
Centers of activity
Ballesteros of golf
Tiny
Nozzle attached to a Bunsen burner
Jog one's memory
"— Ha'i"
Pinnacle
Bellow
Hostels
"Hey, you!"
Hearty brew
Stickum
Day fractions (Abbr.)
Prop for 29-Down

DOWN

- 1 Work unit
2 Pellet for a certain shooter
3 "— Complicated"
4 Code
5 Clothing
6 Carte lead-in
7 Trademark for Yul or Telly
8 Fireplace fuel
9 Geometry calculation
10 Legal claim
11 Tosses in
13 Overlay with plaster,



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MAGIC MAZE • NICE ABS

Q Q N K H E B Y V V Y S P M J H
E B Y A V T Q O L L I G D B Y
R O H B A W T E R P M K I F D
B Y W A B S T R A C T U S Q O
M K I N A U F D D B Z X W T U
S Q O D L C N T E E L J C Y H
F D C O O A A P T V Y U E W V
T S S N N B Q U A O D B D P N
L B K E E A I R B B B H I F E
A C B D R A O B A A Z B B Y W
V U B R O S B A T U O B A S R

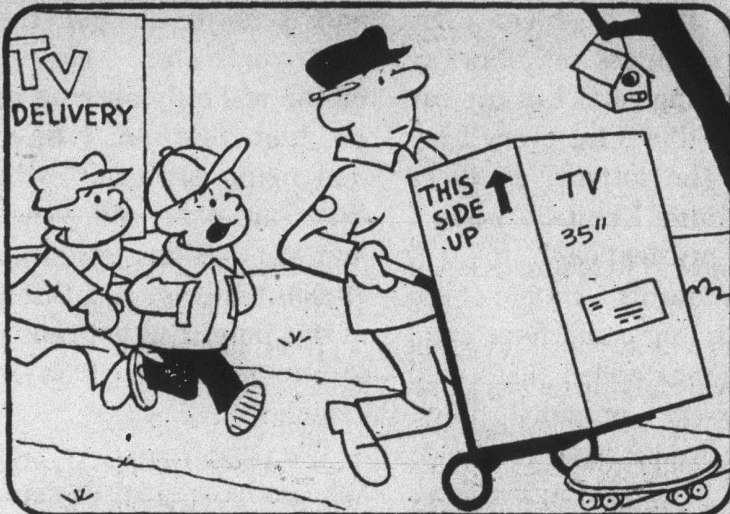
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Abalone Abbot Aboard Absolutely
Abandoned Abduct About Absorb
Abated Abhor Above Abstract
Abbey Abide Abrupt

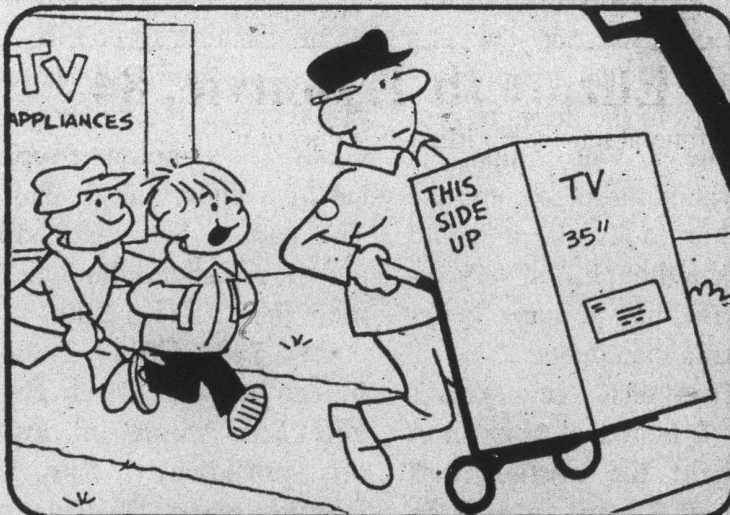
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Truck body word is missing. 2. Cap is missing. 3. Arm is moved. 4. Arrow is missing. 5. Birdhouse is missing. 6. Skateboard is missing.
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Trivia test

1. MUSIC: Who was known as "The Godfather of Soul"?
2. TELEVISION: What was the name of the yellow character on the children's show "Teletubbies"?
3. SPORTS: What competition features activities such as clean, jerk and snatch?
4. FOOD & DRINK: What kind of dried fruit are prunes?
5. FAMOUS QUOTATIONS: What famous playwright once observed, "The course of true love never did run smooth"?
6. MATHEMATICS: What number does the prefix giga- represent?
7. U.S. STATES: Which U.S. state shares only one

- border with another state?
8. GEOGRAPHY: Where is the Suez Canal?
9. PRESIDENTS: Which U.S. president was born with the name Leslie King?
10. MOVIES: In the Disney movie "Aladdin," how long was the genie inside the lamp before Aladdin released him?
- Answers
1. James Brown
2. Laa-Laa
3. Weightlifting
4. Plums
5. William Shakespeare
6. 1 billion
7. Maine
8. Egypt
9. Gerald Ford
10. 10,000 years
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Wishing Well®

2 5 6 4 7 5 4 7 5 7 3 7 8
N E I S B N W E D H C E P
5 6 5 6 8 2 6 2 8 6 8 6 4
U M R P E O O T R R S T E
2 7 8 3 4 5 6 5 4 6 8 4 3
E L O O E I A N T N N V N
2 7 8 3 6 7 3 6 4 5 7 6 4
M P A T T F E P I G U H C
2 5 6 8 4 6 5 8 5 4 5 8 6
P L O L T N O G V O E R E
2 6 4 8 4 7 8 2 6 3 6 2 6
T C R O Y L W A A N L T L
3 8 3 2 3 8 2 3 2 3 2 3 3
T T E I D H O L N I S F E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Whatever decisions you're faced with this week, rely on your strong Aries instincts, and base them on your honest feelings, not necessarily on what others might expect you to do.

TAURUS (April 20 to May 20) Your sensitive Taurean spirit is pained by what you feel is an unwarranted attack by a miffed colleague. But your sensible self should see it as proof that you must be doing something right.

GEMINI (May 21 to June 20) More fine-tuning might be in order before you can be absolutely certain that you're on the right track. Someone close to you might offer to help. The weekend favors family get-togethers.

CANCER (June 21 to July 22) The week continues to be a balancing act 'twixt dreaming and doing. But by week's end, you should have a much better idea of what you actually plan to do and how you plan to do it.

LEO (July 23 to August 22) Changing your plans can be risky, but it can also be a necessary move. Recheck your facts before you act. Tense encounters should ease by midweek, and all should be well by the weekend.

VIRGO (August 23 to September 22) You might still be trying to adjust to recent changes. But things should improve considerably as you get to see some positive results. An uneasy personal matter calls for more patience.

LIBRA (September 23 to October 22) Congratulations. Your good intentions are finally recognized, and long-

overdue appreciation should follow. Keep working toward improvements wherever you think they're necessary.

SCORPIO (October 23 to November 2) Try to look at your options without prejudging any of them. Learn the facts, and then make your assessments. Spend the weekend enjoying films, plays and musical events.

SAGITTARIUS (November 22 to December 21) Someone might want to take advantage of the Sagittarian's sense of fair play. But before you ride off to right what you've been told is a wrong, be sure of your facts.

CAPRICORN (December 22 to January 19) You might be surprised to learn that not everyone agrees with your ideas. But this can prove to be a good thing. Go over them and see where improvements can be made.

AQUARIUS (January 20 to February 18) After taking advice on a number of matters in recent months, expect to be called on to return the gesture. And, by the way, you might be surprised at who makes the request.

PISCES (February 19 to March 20) Reassure everyone concerned that a change of mind isn't necessarily a change of heart. You might still want to pursue a specific goal, but feel a need to change the way you'll get there.

BORN THIS WEEK: You are able to make room in your heart for others, and that makes you a very special person in their lives.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: B equals E

SC ALB CHKEISEV CDALBTN
AHHG IDSFZ UTSNG ODFGN, S
VKBNN ALBZ OHKFI UB XDFFBI
XHENASAKASHEDFN.

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King Crossword

Answers

Solution time: 21 mins



Magic Maze

ANSWERS:

ABSTRACT

ABSTRACT

ABSTRACT

ABSTRACT

ABSTRACT

ABSTRACT

Cryptoquip

ANSWER:

If the Founding Fathers took daily brisk walks, I guess they would be called constitutionalists.

OBITUARIES

Josephine A. Abbott

A funeral Mass for Josephine A. Abbott of Quincy will be celebrated at 10 a.m. Thursday in Sacred Heart Church, Quincy.

Mrs. Abbott died Feb. 13 after a brief illness.

Beloved wife of the late Myles E. Abbott. Loving Godmother of John DiStefano of Quincy and Pamela Cullen of Marshfield. Lifelong and dear friend of Concetta DiStefano of Quincy. Sister-in-law of Loretta Patroia of Marshfield.

Mrs. Abbott worked as a secretary for Sears for many years before her retirement. An avid reader, she also enjoyed traveling and loved to cook. Her faith and her family were the cornerstone of what was truly important to her.

Mary J. Russell

A funeral Mass for Mary J. "Maureen" (Kane) Russell of Quincy will be celebrated at 10 a.m. Saturday in Alfred D. Thomas Funeral Home, Milton.

Mrs. Russell died peacefully in the company of her loving family on Sunday.

Originally from Galway, Ireland, Mrs. Russell came to the United States as a young woman. She resided in Milton for 25 years prior to her move to Quincy almost 20



JOSEPHINE A. ABBOTT

She will be sadly missed.

Visiting hours were 5-8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. Celebration of life service at the funeral home at 9:15 a.m. Thursday, prior to the Mass.

Interment at St. Michael's Cemetery, Boston.

years ago. A supportive wife, mother and grandmother, she was a wonderful cook and was happiest surrounded by her loving family.

The beloved wife of Patrick F. Russell, she was the devoted mother of Caroline Kinsella and her husband Michael of Milton, Elizabeth Russell and her husband Bryan Kearns of Bridgewater, Robert and his wife Desiree, Patrick and his girlfriend Jennifer O'Neill,

RELIGION

Bethany Congregational

Bethany Congregational Church will have a Worship Service and Sunday School at 10:00 a.m. The Rev. William C. Harding will conduct the service and preach the sermon entitled "Awakening." Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Youth Group and a Missions and Growth Committee doing various charity works. Lent Services Wednesday evenings at 7:00 p.m.

The church office is open from 8:30 a.m. to noon - 1 to 4 p.m. Please visit us at our Web Page: www.bethanycongregationalchurch.org for updates and activities. Thanks to the Video Ministry, if you're unable to attend worship service on Sundays, the Bethany Church Service is broadcast on Quincy Access Television at 6:00 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

Childcare will be available for infants and toddlers during worship service on Sundays. The church is wheelchair accessible.

Elizabeth T. Bonvie, 84

A funeral service for Elizabeth T. "Betty" Bonvie, 84, of Quincy was held Wednesday in Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Ms. Bonvie died in Vista, CA, on Feb. 5.

Born in Boston where she was raised and educated, she worked as a secretary for the Massachusetts Department of

Education. Ms. Bonvie was the beloved mother of Mark W. Bonvie and his wife Tara of CA; dear grandmother of Dylan K. Bonvie of CA; and sister of Peter W. Howlett of Worcester.

Interment at Blue Hill Cemetery, Braintree.

and John Russell and his wife Kristen, all of Quincy. Dear sister of Bridget Picard of Waltham, Julie Cacciola of NY, Martin Kane of England, Tina Donoghue, Monica Lydon, Vincent, Joseph, Francis and Patrick Kane, all of Ireland, and the late

Kathleen and Michael Kane. She is also survived by nine cherished grandchildren.

Visiting hours are 8:30 to 9:30 a.m. Saturday in Alfred D. Thomas Funeral Home, Milton.

Interment at Milton Cemetery.

First Baptist Church

Sunday Morning Worship Service on the second Sunday in Lent begins at 10:30 a.m. at the First Baptist Church of Wollaston, 81 Prospect Ave. Interim Pastor Stephen Trimble will conduct a service of dedication in word and song. All are welcome.

Serving the Church will be Greeter: Paul St. John; Announcements; Hannah Mahn; Scripture Reader; Rodney Parisien. The First Baptist Youth Singers will

sing "Children of Our Heavenly Father" and the First Baptist Singers will lead a Congregational "Hymn Sing" of favorite Hymns.

A special part of the service will be the dedication of Michael Bryan Owens, Jr. and a Testimony of Faith by Bill Pudder.

Following the service there will be a coffee hour of light refreshment and fellowship in the Chapel.

All areas of the Church are handicap accessible.

Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Pastor Felix Carrion will lead the service and preach the sermon "What the Soul Knows."

Robert Rheault, liturgist, will call to worship and read the scripture lesson. Nancy Jacobs and Robert Gordon will serve for the Diaconate.

The children stay for the Pastor's children's message and then go the Sunday school classes and Nursery. Steve Reed, minister of music will direct the choir and accompany the congregation singing the hymns.

Following the service a fellowship coffee hour is hosted by Nancy and Molly Jacobs.

This week Hatha Yoga is held on Thursday evening at 7 p.m. with Linda Beck.

Spaghetti Super Saturday At Union Congregational

The Monthly Spaghetti Supper originally scheduled for Feb. 13 will take place this Saturday, Feb. 20 at 6 p.m.

Reservations are not re-

quired but are appreciated and can be made by calling the church at 617-479-6661. The cost for the meal is \$5 for a full Italian spaghetti and meatball dinner.

Quincy Religion Directory		
SERVICES & ACTIVITIES		
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Transfiguration Sunday Worship Service begins at 10 a.m. Pastor Felix Carrion will lead the service and preach the sermon "What the Soul Knows" All are welcome to attend
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses 9am CONFESIONS: Saturday, 3:00-3:30 pm Handicapped accessible & Handicapped parking, side entrance air conditioned	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Worship and Sunday School at 10 a.m. Fred Hayes Interim Pastor 617-773-7432 www.wollastonucc.com UNION CONGREGATIONAL Beach St. & Rawson Rd., Wollaston (617) 479-6661 Rev. John Swanson, Pastor Sunday Worship Service 10 AM
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday 7:30, 9:00, 11:00 AM Sunday night 5:30 PM Weekday Masses Monday - Saturday 8:00 AM Latin Mass 1 st & 3 rd Wednesdays (Lower Chapel) 7:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanycongregationalchurch.org Worship Service and Sunday School at 10AM Rev. William C. Harding will conduct the service and preach the sermon "Awakening" Child Care Available For Infants And Toddlers ALL ARE WELCOME! Fellowship Time following Service The church is wheelchair accessible
		Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service, Church School & Childcare: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
		Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME! Nazarene Wollaston Church of the Nazarene Sunday Worship 8:30 AM Liturgical Worship 9:45 AM Sunday School 11:00 AM Celebration Worship Stephen "Stretch" Dean, Lead Pastor Bev Keuther, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5668 E-mail: office@wcnaz.org www.wollastonnazarene.org
		Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Dr. Susan Jarek-Glidden, Pastor
		Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45 CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY

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PEACE

OBITUARIES

Rodolfo Giannandrea, 78

A funeral Mass for Rodolfo "Rudy" Giannandrea, 78, of Weymouth and formerly Quincy was celebrated Feb. 13 in St. John the Baptist Church, Quincy.

Mr. Giannandrea died peacefully Feb. 9 at home surrounded by his loving family.

He was born in Anversa degli Abruzzi, Italy, where he was raised and educated. He immigrated to the U.S. in 1961 and lived in Quincy for 10 years before moving to Weymouth 45 years ago. Mr. Giannandrea was employed as a machinist for the Vulcan Tool Company of Quincy and Hingham. He retired in 2008 after 43 years of service.

Soccer was his passion and as a young man he played for various teams in Italy. In the U.S., he played professional soccer for the Boston Tigers. He had also served in the Italian Army.

Mr. Giannandrea was devoted to his family and especially to his cherished grandchildren.

Beloved husband for 48 years of Siria L. (Conte) Giannandrea. Devoted father of Rodolfo "Rudy" Giannandrea, Jr. and his wife Jeneen of Braintree, Tina Giannandrea of Weymouth, Lisa M. Brooks and her husband Robert of Pembroke, Linda M. Rodden and her husband Patrick of Weymouth. Cherished grandfather of Gianna, John and Bianca Giannandrea, Robert and Thomas Brooks, Erin, Kristen and Brendan Rod-



RODOLFO GIANNANDREA

den. Loving son of Italia (DelGreco) Giannandrea of Quincy and the late Domenico A. Giannandrea. Dear brother of Panfilo Giannandrea and his wife Franca of Rockland, Guy Giannandrea and his wife Kathy of Braintree, the late Antonio Giannandrea and his wife Nancy of Quincy. Brother-in-law of Antonio and Dina DiCicco of Braintree. Also survived by many nieces, nephews and friends.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Saint Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

The family would like to acknowledge and especially thank Rhonda and Noel for their loving care and support for Mr. Giannandrea during his illness.

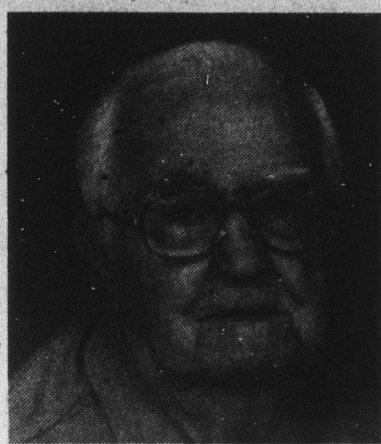
Walter J. Holmes, 94

Visiting hours for Walter J. Holmes, 94, of Quincy, born and raised in South Boston, were held Feb. 13 in O'Brien Funeral Home, South Boston.

Mr. Holmes died peacefully Feb. 6 surrounded by his family.

Beloved husband of 75 years to June (Westhaver) Holmes. Devoted father of Joyce Doucette, her husband Doug of Quincy, Ronald Holmes, his wife Eileen of South Boston, Scott Holmes of Quincy, Patricia Castaneda, her late husband Bob of Quincy, and the late Walter Larry Holmes. Loving son of the late Joseph and Louise (Deardon) Holmes. Dear brother of the late Joseph Holmes Jr., Robert Holmes, Charles Holmes, Ruth Smooth, Evelyn Holmes and Helen Curtis. Cherished grandfather of 12 grandchildren, 10 great-grandchildren and two great-great-grandchildren. Uncle to his special niece "My Rainy."

Mr. Holmes worked for B. R. Gale Co. in Allston for 44 years as a sheet metal worker. He was a veteran of the Second World War as a



WALTER J. HOLMES

marksman rifleman in the Army Air Corps.

He was an avid swimmer at the City Point beach in South Boston and he enjoyed the simple pleasures in life, like going for walks with his wife, for a hotdog at Castle Island, and vacationing at Swift Beach in Wareham where he loved to dig for quahogs.

Mr. Holmes loved his family unconditionally and will be surely missed by many.

Private interment.

Memorial donations may be made to Father Bill's and MainSpring, Development Office, 422 Washington St., Quincy, MA 02169 or the Gavin Foundation, 675 East 4th St., South Boston, MA 02127.

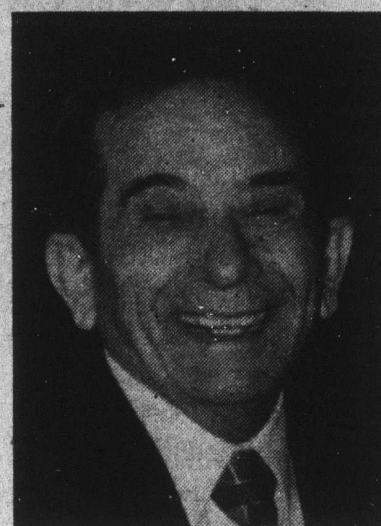
Camillo J. Della Barba, 96

A funeral Mass for Camillo J. "Carmie" Della Barba, 96, of Quincy was celebrated Feb. 13 in St. Joseph's Church, Quincy.

Mr. Della Barba died Feb. 8.

A lifelong resident of Quincy, he was a graduate of the Quincy Trade School, Class of 1938. He served in the Army Air Corps during WWII in the 386th Bomber Group in England, France and Belgium, earning a Distinguished Soldier's Medal for Heroism, which was awarded in May 1944, as well as other medals and awards. His favorite airplane was the B26 Marauder Thunder. Mr. Della Barba was proud to have served his country including service during the Korean War and retired from the Air Force after 20 years. He then worked as a quality control supervisor for General Dynamics before retirement in 1983.

The beloved husband of the late Marguerite C. "Peggy" (Toal) Della Barba, he was the loving father of



CAMILLO J. DELLA BARBA

Pamela M. of Quincy and Robert F. of Weymouth; dear grandfather of Melissa, Allison and Shannon; brother of the late Maria, Rocco, Salvatore, Dominic and Arthur; and is also survived by many nieces and nephews.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Interment with Military Honors at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Quincy Animal Shelter, 56 Broad St., Quincy, MA 02169.

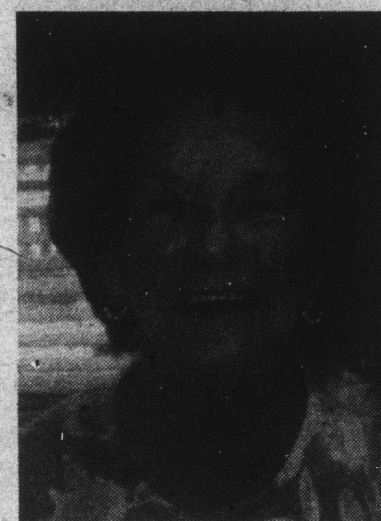
Celina M. Cullen, 77

A funeral Mass for Celina M. (McLaughlin) Cullen, 77, of Quincy was celebrated Monday in Sacred Heart Church, Weymouth.

Mrs. Cullen died peacefully Feb. 9 at the Pope Nursing Home in Weymouth, surrounded by her loving family.

Mrs. Cullen was born, and raised in Quincy. She attended Quincy High School and had lived in Quincy for most of her life. She had worked at the former Quincy City Hospital for many years but was primarily a homemaker who was devoted to her family, especially her grandchildren and great-grandchildren.

Beloved wife of the late Joseph E. Cullen, Jr. Devoted mother of Teresa A. Cassidy of Gloucester, Michelle L. Garland and her husband Jack of Quincy, Patricia M. Keeley and her husband John of Weymouth, Pamela J. Toland and her husband John of Weymouth, Karen E. Cullen of Plymouth, Joseph M. Cullen and his wife Andrea of FL and Susan M. Cullen and her partner, Ve-



CELINA M. CULLEN

ronica Bertrand of Quincy. Loving grandmother of 14 grandchildren and 11 great-grandchildren. Dear sister of Patricia Gomez of Weymouth, William McLaughlin of Weymouth and the late Dorothy Connelly. Also survived by many nieces and nephews.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Alzheimer's Association, 480 Pleasant St., Watertown, MA 02472.

June E. Sullivan

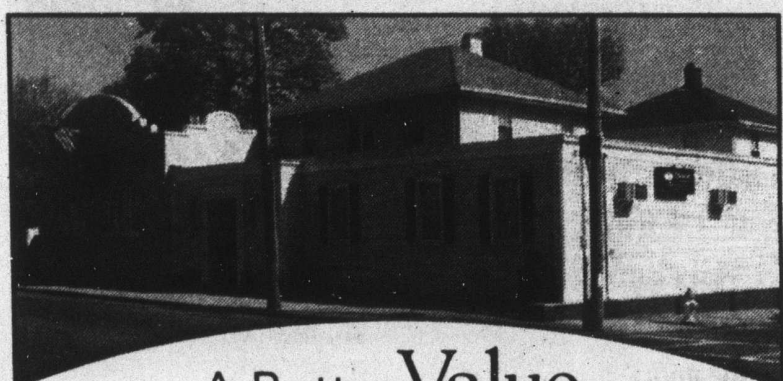
June E. (Buckley) Sullivan of Quincy died at home peacefully on Feb. 9 with her family by her side.

A homemaker, she was originally from Dorchester where she was raised and educated, living in Quincy for the past 30 years. Mrs. Sullivan enjoyed bingo and going to Foxwoods, but her family was most important to her.

The beloved wife of Daniel T. Sullivan, she was the loving mother of Robert E. Sullivan of Marshfield, De-

nise McGee of Quincy, Daniel T. Sullivan of MO, Karen A. Celata of Quincy, Kevin Sullivan of Rockland and the late Janet Savage; dear sister of William Buckley of Quincy, Eleanor Patterson of Quincy and Patricia Trainer of FL; and is also survived by 19 grandchildren, four great-grandchildren and many nieces and nephews.

Services omitted. Arrangements by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.



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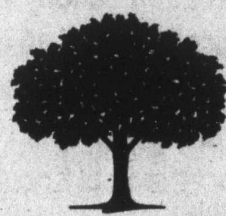


For more information visit

www.dewarefuneralhome.com

*\$5,995 includes services of funeral director and staff, embalming and preparation, casket, transportation to place of disposition, 20-gauge metal casket, Dignity Memorial stationery package (a register book, 100 thank you cards, and a memorial service booklet).

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Bernice Mader

A funeral service for Bernice Mader of Quincy was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Ms. Mader died Feb. 12.

She was dedicated to her city and was passionate about being involved. Ms. Mader was active in politics, working as Mayor James Sheets' executive assistant, a member of the Democratic State Committee, Citizens Against Airport Noise and founder of Red Tape Limited, which helped women's businesses get certified, just to name a few. She was an advocate for citizens and volunteered for many things in Quincy. She also helped bring in many new restaurants and Ocean State Job Lot to the area. She was a driven, organized, and highly motivated woman.

Ms. Mader also loved to sing and was a member of the choir, sang at veterans' hospitals around the holidays, and at local piano bars. She taught at North Quincy High School and put on many productions in the drama department. For her family, she was the one to arrange the family reunions



BERNICE MADER

and made sure everyone kept in touch. Keeping up with the times, she got involved with Facebook to be updated on everyone's lives. Ms. Mader was a wonderful woman who will be greatly missed by all who knew her.

Daughter of the late Ray and Jean (Fischer) Mader. Beloved sister of Suzan Mader and her spouse Debbie Davis of RI and Sandra Mader of Quincy. Also survived by many cousins, friends and neighbors.

Private interment.

Memorial donations may be made to the Lymphoma and Leukemia Society, Mass General Hospital, 55 Fruit St., Boston, MA 02114.

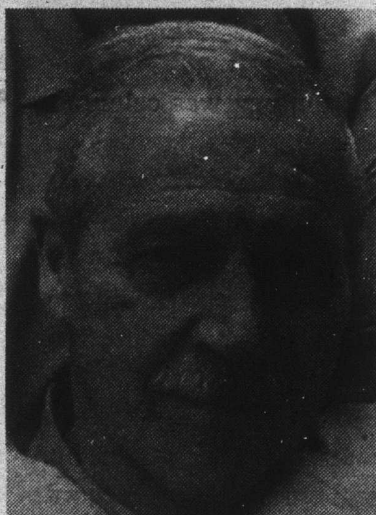
David Mortberg, 80

A funeral service for David Mortberg, 80, of Braintree and formerly Quincy was held Feb. 13 in Cartwright-Venuti Funeral Home, Braintree.

Mr. Mortberg died peacefully surrounded by his loving family on Feb. 6.

Husband of the late Janet (Laing) Mortberg. Loving father of Cheryl McPherson of Braintree and David Mortberg Jr. and his late wife Tracy of TX. Dear grandfather of Melissa McPherson of Braintree, Sarah Ricketson and her husband Brian of Rockland, Kyle McPherson of Braintree, Charlene Herceg and her husband Eric of FL, Jeff Mortberg of FL, Jonathan Mortberg and his wife Amanda of FL, Christopher Mortberg of FL, and Jeremy Mortberg and his wife Courtney of FL, and his 13 great-grandchildren. Devoted brother of Arnold Mortberg of Abington, Alice Cowden of AL, Bernard Mortberg of TX and the late Edward Mortberg. Also survived by many nieces and nephews.

Mr. Mortberg was born in Quincy and attended Quincy Trade School and numerous others for motor vehicle and fire truck repairs. He was a service manager for Woodward Springs Shop in Quincy where he worked for 32 years. He went on to work for Middlesex Truck and Coach as a heavy equipment appraiser. He retired after 20 years in 2009. He



DAVID MORTBERG

was a member of N.E. Fire Mechanic Association as well as Fleet Supervisor Association.

Mr. Mortberg was a Korean Conflict veteran of the U.S. Air Force. He enjoyed traveling with his family, camping, building furniture and updating his home. He was devoted to his beautiful yard and garden. He also enjoyed meaningful time with his family and close friends.

Interment at Braintree Plain Street Cemetery.

Sheila A. Trabucco, 69

A funeral Mass for Sheila Anne (Pringle) Trabucco, 69, formerly of Quincy and Pembroke, was celebrated Feb. 12 in St. Francis of Assisi Church, Braintree.

Mrs. Trabucco died peacefully at home surrounded by her loving family on Feb. 9.

Beloved wife for 42 years of the late Howard "Buddy" Trabucco. Devoted mother of Daniel W. Trabucco and his wife Linda of Pembroke, Tammy A. (Trabucco) Heran and her husband Frank of Braintree, Timothy J. Trabucco and his wife Mary of Abington, Nicole M. (Trabucco) Clark and her husband Michael of East Bridgewater. Beloved "Nonnie" of Christina, Ryan and Brendan Trabucco, Sean, Patrick and Riley Heran, Jared Trabucco, Layla and Michael Clark. Cherished daughter of the late John and Julia Pringle. Loving sister of Sharon Deitsch her late husband James, Dornae Steele and Phil, Jack Pringle and his wife Jennifer, Dana Pringle and his wife Donna, Rob Pringle and his wife Pam; sister-in-law of Barbara (Trabucco) Civitarese and her late husband Louis, the late Joanne (Trabucco) Spano, James Trabucco and his wife Joyce.

Mrs. Trabucco was raised and educated in Quincy and a member of the Quincy High School class of 1964. She married Buddy in 1965 and together they raised their four children and her broth-



SHEILA A. TRABUCCO

ers, Dana and Robbie, in the Germantown and Quincy Point sections of Quincy. She worked as a medical records specialist at Quincy Medical Center and at Harvard Vanguard in Braintree.

Mrs. Trabucco was devoted to helping others and made sacrifices in any way that she was able. She cherished being "Nonnie" to her grandchildren and their friends. Her enjoyments included loving Christmas year round, shoes and matching outfits, apples and the color red in her home decor, Winstons, watching Little House on the Prairie and Columbo. She is grateful for having met so many friends at her last residence, Independence Manor.

Funeral arrangements were made by Peck Funeral Home, Braintree.

Interment at Braintree Cemetery.

The family would like to thank the Hospice of the South Shore for their wonderful care. Memorial donations may be made to the hospice at 30 Reservoir Park Dr., Rockland, MA 02370.

Brantizio J. Marini, 91

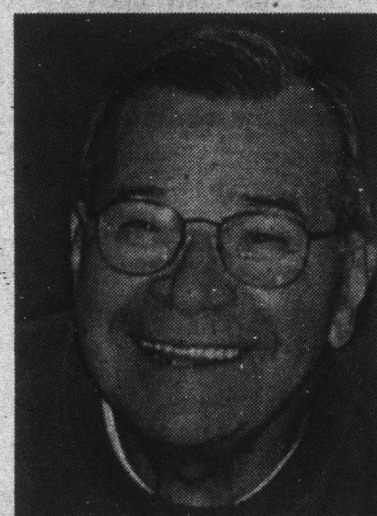
A funeral Mass for Brantizio J. "Brandi" Marini, 91, was celebrated Feb. 13 in St. Mary's Church, Quincy.

Mr. Marini died Feb. 9.

A lifelong Quincy resident, he served in the Coast Guard in WWII and worked as a machinist for Townsend Co., formerly Tubular Rivet.

He was the loving husband of Rose J. (Agathopoulos) Marini, to whom he was married for 64 years, beloved father of Amarjit Khalsa and her husband Gurujot; father-in-law of Douglas Sears; and is also survived by many nieces and nephews.

Funeral arrangements were made by Dennis Sweeney Funeral Home, 74



BRANTIZIO J. MARINI

Elm St., Quincy.

Interment with Military Honors at Mount Wollaston Cemetery.

Memorial donations may be made to the charity of your choice.

Rose Cherubini

A funeral Mass for Rose (Santeusano) Cherubini, 102.5, formerly of Quincy, was celebrated Feb. 11 in St. John the Baptist Church, Quincy.

Mrs. Cherubini died Feb. 9.

She was, for more than 50 years, a leading bridal, cocktail and evening wear designer in Quincy and Boston. As designer and retailer, she opened her first atelier/boutique in 1950, Rose Cherubini's, at 1246 Hancock St., Quincy. This included a wide range of jewelry, accessories, ready to wear, cocktail, evening wear and original designs. Adjacent to her store she opened La Bottega, which sold imported household décor items. A decade later in 1960 she relocated from Quincy to 121 Newbury St. in Boston, with her originally designed wedding and evening gowns.

After 10 years she decided she wanted to "take it easy" so to speak, and closed her shop and became the buyer and the bridal salon manager for Hurwich Brothers, Worth's and Bon Wit Teller's. At age 63 she decided that it made more sense to work for herself again, and opened Rose Cherubini Bridal on 234 Clarendon St. in Boston.

Among her many couturier successes, Mrs. Cherubini originated formal gowns in shocking pink bur-lap, for which she received commendation from the Pakistani ambassador which was to stimulate commerce between the U.S. and Pakistan. She created an "orbit gown" for the wife of John Glenn, the first U.S. astronaut to circle the earth and the evening wear for many pageants (Miss and Mrs. Massachusetts, Rhode Island, Connecticut and Miss America Pageants to name a few).

During her career, she was repeatedly interviewed on Boston area television. In fact she designed, cut and sewed a formal dress



ROSE CHERUBINI

during a two-hour morning news show, a predecessor to today's "Project Runway." She conducted numerous fashion shows in the Massachusetts area and New York City. She also opened a boutique in Wareham, following her retirement there 25 years ago. Her last fashion show was in 1990 at age 90 in Bourne.

In August 2013, at 100 years of age, there was a solo exhibition and retrospective of her original designs at the Samson Projects Gallery in Boston. Many of her original creations can be found on Etsy and eBay. These include her signature beaded and hand painted dresses.

During her career she was an icon on the East Coast and designed for multiple generations. Often designing customers' prom dresses, cotillions, bride's maid and then their wedding dress. What followed was then the daughter of the original bride, and then the granddaughter.

Mrs. Cherubini leaves two sons, Julian H. Cherubini of Boston and Jon C. Cherubini of NJ; four granddaughters, Janice Rose Cherubini-Lamartine, Stephanie Schwartz, Nicole Cherubini and Alexandra Cherubini; four great-grandchildren, Jason and Andrew Schwartz, and Malachi and Roma Cherubini; and one great great-granddaughter, Amelia Schwartz.

Funeral arrangements by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Private interment.

More Obituaries Online at
www.thequincysun.com

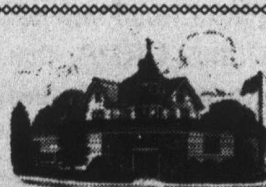
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OBITUARIES

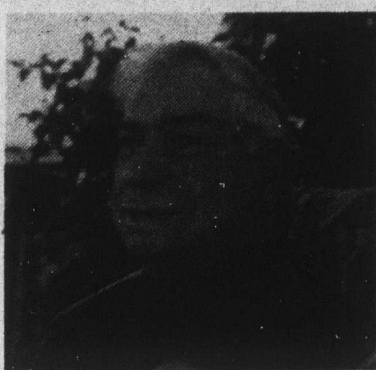
Robert J. Wilson, 82

A funeral Mass for Robert J. "Bob" Wilson, 82, of Quincy and formerly South Boston was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mr. Wilson died unexpectedly Feb. 9.

Beloved fiancé of Hazel Carras of Quincy. Brother of Eleanor Medonis of Marshfield and the late Mildred Baker. Uncle of Paul Baker of Medfield, Kerrie Studley of Plymouth, Patricia Pagel of Holbrook, Linda Hayner of Marshfield and the late Joyce Albanese. Stepfather of Louise Burns of OH, Barbara Robbins and Louie Swank both of Quincy, Christina Bythrow of Braintree and the late Bill Carras. He is also survived by many grandchildren, great-grandchildren, nieces, nephews and great-nieces and great-nephews.

Mr. Wilson was born and raised in South Boston. He proudly served his country



ROBERT J. WILSON

in the U.S. Army during the Korean War. He had a strong work ethic and worked as a driver for the U.S. Postal Service for many years retiring back in 1999.

Mr. Wilson enjoyed traveling and trying new restaurants. He found great pleasure in the simple things in life. What made him the happiest was being around those he loved. They were the foundation of all that was important to him. He will be remembered as a gentleman with a great heart who cherished his family. He will be sadly missed. Friend of Bill W.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to American Cancer Society, 30 Speen St., Framingham, MA 01701.

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING
Docket No. NO15D1422DR
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Heebngoen, Lamai vs. Houatchathara, Dave
To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for **irretrievable breakdown**. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Barry R. Lewis, Esq., Law Offices of Barry R. Lewis, 16 Lanewood Avenue, Framingham, MA 01701** your answer, if any, on or before **04/28/2016**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: February 9, 2016
PATRICK W. McDERMOTT
Register of Probate

2/18/16

Gregory N. Bagen, 61

A celebration of life for Gregory N. Bagen, 61, of Front Royal, Va., and formerly Quincy will be held at 2 p.m. Sunday, Feb. 21, at the Weymouth Sons of Italy Lodge, 54 Whitman St., Weymouth.

Mr. Bagen died Feb. 6 at home.

He was born and raised in Quincy where he attended Quincy schools. He was employed as a heavy equipment operator for Demolition Services of Manassas, Va. Mr. Bagen was a founder of the "Helltown Cruisers" of Front Royal, Va., a "hot rod club," raising money for many worthy local causes and charities.

Fiancé of Wilma Owens Flintstone. Father of Gregory W. Bagen of Boston, Jack J. Bagen of Weymouth

and Sabrina Nasios of Holliston. Grandfather of James MacIntyre, William Nasios, Bradley Nasios and Gage Bagen. Son of John N. and Phyllis (Paluzzi) Bagen of Quincy. Brother of John F. Bagen and his wife Linda of Quincy, Richard J. Bagen and his wife Kathleen of Weymouth, Patricia Finocchio and her husband Nicholas of Raynham, Lisa E. Sears and her husband Donald of South Yarmouth. Greg is also survived by many aunts, uncles, nieces and nephews.

Funeral services were conducted in Front Royal.

Memorial donations may be made to the Doug Flutie Jr. Foundation for Autism, Inc., 1001 Worcester Road, Framingham, MA 01701.

Revitalization, Development Amendment Sought

Cont'd From Page 3

on analyzing the best redevelopment strategy moving forward. We expect a little bit later this winter hopefully [or] early spring to submit an additional amendment to this urban renewal plan," Stevens said.

"It will include a lot of updated redevelopment strategies as well as financing strategies."

In other action Feb. 10, the Planning Board also:

Welcomed new member Maureen Glynn, a Quincy resident and attorney. She is a partner at the Boston-based lobbying firm Murphy Donoghue Partners. Glynn is also the second vice chair of the Quincy College Board of Governors. Mayor Thomas Koch appointed Glynn to the board to replace William Geary, who resigned in January to become the administration's point person for downtown redevelopment.

Continued to April 13 public hearings on two projects. The first was the proposal by Haocheng Trading USA to convert the existing office building at 1073 Hancock St. into the 36-room Kendon Hotel. The second was the proposal from Anton Cela to build a 32-unit condominium building at 151 Granite St.

In the coming months the Planning Department will unveil an additional amendment to the URDP that would address those issues the amendment proposed in 2015 would have addressed.

"We continue to work with interested developers and our consultant teams

Brian Cantor On Xaverian Honor Roll

Brian Cantor of Quincy made the first term honor roll at Xaverian Brothers High School in Westwood.

A sophomore at Xaverian, he is the son of Joann Sullivan-Cantor. He made second honors.

What's Happening At The Quincy Y

Building Bridges At The South Shore YMCA

By JOHN GALLUZZO
Development Writer
South Shore YMCA

Kids with Autism Spectrum Disorder (ASD) can struggle with different aspects of their lives, depending on the severity of their personal case (each individual is unique). Similar frustrations may hold true for kids diagnosed with ADD/ADHD. They may face barriers that impede the way they communicate or socialize, or perhaps hinder their progress toward optimum physical health. For others, the biggest challenges may lay in finding acceptance from their peers, respect from classmates, and others.

The U.S. Centers for Disease Control and Prevention tabulate that approximately 1 in 68 American children are on the Autism spectrum, and that the number is growing. Eleven percent of children in the United States deal with ADD/ADHD. For many families, finding a community that can help these kids build self-esteem, as well as important life skills, can be a difficult proposition.

The South Shore YMCA, under its mission to "strengthen our communities by nurturing the potential of kids," is such a community. The Y currently offers 10 different "Building Bridges" groups between its Quincy and Hanover branches with the purpose of working on basic social skills and applying these skills as needed to successfully navigate the age-appropriate areas of the YMCA. The programs are available for children as young as 4, and run all the way through adulthood.

Building Bridges instructors use games and cooperative play to promote independence and socialization, while also reviewing expected and unexpected behaviors. Instructor Jackie Mullen has been leading a Building Bridges group since the fall of 2014 under the direction of Behavior Specialist Emmy Casagrande, the South Shore YMCA's Inclusion Coordinator. "I enjoy teaching Building Bridges," said Jackie, "because I get to help create an environment where participants feel comfortable to learn and take social risks when trying something new or challeng-

ing. The best part is seeing lifelong friendships develop between participants. When a child has a playdate with another participant or is invited to a friend's birthday party, it reminds me why I love teaching the program!"

The formation of friendships can be one of the most important outcomes of a social skills program for kids, not to mention those who already love them. Stacy Horatidis, who has a son in the South Shore YMCA's Building Bridges program, knows that firsthand. "He has friends," she said, "which is one thing I always wanted for him."

For many kids, interactions with the Inclusion staff go beyond the basics. For Stacy and her son, the relationships they have shared with them have led to other positive changes. "They have also helped me find the resources to help him through some challenges he is going through," she said.

The Building Bridges social skills groups are an important piece of the Inclusion puzzle at the South Shore YMCA, where the goal is to provide an inclusive environment where all members are equally a part of our community. As the association grows, so, too, does the programming to better serve members with disabilities. "We are thrilled to provide this opportunity of support through structured groups for our members who can benefit from social skills instruction, to help them more effectively access all that the Y has to offer," said Lisa Drennan, Association Director of Inclusion.

Two Building Bridges groups at the Quincy Y (79 Coddington St.) meet on Saturday mornings, at 9:30 and 11 am. The program is ideal for kids 7 to 12 years old with Autism Spectrum Disorder, ADD/ADHD or any child who could benefit from social skills coaching. Children should be able to successfully participate in a 1:4 ratio. If more supports are needed, inclusion staff will work with families to identify a support plan. For more information, contact Emmy Casagrande at 781-829-8585 x 8349 or ecasa-grande@ssymca.org.

More Obituaries On
Pages 25-27, and 29
and Online at
www.thequincysun.com

ELEMENTARY LUNCH MENU

Monday, Feb. 22

Pizza Sticks, Marinara Dipping Sauce, Baby Carrots, Fresh Seasonal Fruit, Honey Soy Nuts.

Tuesday, Feb. 23

Early Release Day - no lunch served.

Wednesday, Feb. 24

Grilled Hot Dog on a Bun, Baked Beans, Mixed Fruit Cup.

Thursday, Feb. 25

Broccoli with Cheese Sauce over Baked Potato Wedges, Chicken Tender, Dinner Roll.

Friday, Feb. 26

French Toast Sticks, Maple Syrup, Cheese Stick, Potato Puffs, Applesauce Cup.

SECONDARY LUNCH MENU

Monday, Feb. 22

Toasted Cheese Sandwich, Cup of Tomato Soup, Carrot and Celery Sticks, Spicy Bean Dip.

Tuesday, Feb. 23

Early Release MS-Grilled Hot Dog on a Bun, Baked Beans, Cabbage/carrot Slaw.

Wednesday, Feb. 24

Chicken with Gravy, Mashed Potatoes, Green Beans, Dinner Roll.

Thursday, Feb. 25

Pasta with Chicken and Broccoli in a Italian Cheese Sauce, Carrot Coins, WG Bread Stick.

Friday, Feb. 26

Colby Cheese Omelet, WW Croissant, Potato Puffs, Spinach Salad w/ Strawberries.

NQ Boys Hockey Close To Playoff Spot

Cont'd From Page 21

make for a memorable ferry ride home -- especially for the ten seniors on the team this season.

"I think it's so difficult to get there," Gibbons said of making the playoffs. "And it's such an accomplishment when you do it. You have to win those games, get those 20 points and it's so tough to do."

"Once you get to that tournament, you never know what's going to happen either. We've had a tough

schedule. If we can make it there, that would be huge for our guys and I think we could be pretty dangerous."

One place the Red Raiders should have a leg up on their foes in tournament play is experience.

"We've got a good chunk of guys who have gotten a taste of it," Gibbons said. "And those are the guys who really understand the significance and are making the push for it. When the younger guys get there, they'll definitely understand

it.

"I really hope we can clinch a spot in the tournament so that these guys can get a chance to play in it."

Two seasons ago when the Red Raiders last made

the tournament, a handful of players saw time including senior defensemen and captains Timmy Glynn, Matt McDonald, Cam White, senior captain and forward

Kevin Mock and junior defenseman Kevin McDonald.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING.
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-013

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 8, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**, on the application of Faxon Development LLC for dimensional variances to construct a 17 unit, three story residential development in the Residence C zoning district in violation of Title 17, Sections 4.0 (dimensional regulations) and 5.1 (off street parking).

The parcels of land are located at 150 AND 154 QUINCY AVENUE, and are shown as Lots 5 and 6 on Assessors' plan no. 20850.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/18/16, 2/25/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO15P3390EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
William T. Scanlon, Jr.
Date of Death:
November 22, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Sean M. Scanlon of Brighton, MA.**

a Will has been admitted to informal probate.

Sean M. Scanlon of Brighton, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/18/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO16P0288EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
David Stanley Player
Date of Death:
November 5, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Maureen Player of Quincy, MA.**

a Will has been admitted to informal probate.

Maureen Player of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/18/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO16P0224EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John M. Karassas
Date of Death:
January 7, 2016

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Dina Pepjonovich of Quincy, MA.**

a Will has been admitted to informal probate.

Dina Pepjonovich of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/18/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO16P0241EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Brian McNamee
Date of Death:
December 23, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **John J. Russell of West Quincy, MA.**

a Will has been admitted to informal probate.

John J. Russell of West Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/18/16

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO16P0227EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Alice M. Cogliano
Date of Death:
December 25, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Kathleen A. Cogliano of Quincy, MA.**

a Will has been admitted to informal probate.

Kathleen A. Cogliano of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/18/16

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT OF ESTATE

Docket No. NO15P0820EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
John E. Mann Jr.
Date of Death:
May 29, 2000

To all interested persons: A petition has been filed by: **Phyllis M. Hersey of Wells, ME** requesting that an Order of Complete Settlement of the estate issue including to approve an accounting, compel or approve a distribution, adjudicate a final settlement, determine heirs and other such relief as may be requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on 03/02/2016.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. John D. Casey, First Justice of this Court.

Date: January 28, 2016
PATRICK W. McDERMOTT
Register of Probate

2/18/16

INVITATION TO BID

**CITY OF QUINCY, MASSACHUSETTS
DEPARTMENT OF PUBLIC WORKS**

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **North Quincy High School Public Works Improvement Project** until **11:00 a.m.** local time **Thursday, March 10, 2016** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of, but is not limited to, the construction of an athletic complex and associated project roadway and utility improvements. Project Work includes, but is not limited to: site preparation, demolition of select site features, excavation, backfilling, grading; construction of parking facilities, multi-purpose synthetic turf field, drainage infrastructure, storm water mitigation facilities, water infrastructure, sewer infrastructure, electrical infrastructure, athletic equipment, fencing, retaining walls, concrete, bituminous asphalt, curb removal and installation, structural foundations, temporary bypass and pumping, plugging of flows and associated appurtenances and all materials, equipment, services and associated appurtenance to complete the construction inherent to the Work.

All Work under this Contract shall be completed within 215 calendar days.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM for a refundable printing charge of \$100.00 if returned 10 days within Bid opening and in unused condition. Specifications will be available February 17, 2016.

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check. Note- Refundable deposits is optional for MAC30 preference is to use non-refundable purchase price in standard invitation. Handling refundable deposits incur additional admin cost and potential risk.

Bidders requesting delivery of hardcopy may provide a Federal Express or UPS account number for delivery.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch
Mayor

Christopher Cassani
Executive Director of Parks & Forestry

2/18/16

CLASSIFIEDS

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-009

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 8, 2016 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Olivia Chamberland for a Variance to change the use from business use to personal fitness training in violation of Title 17 as amended Chapter 3.4 (nonconforming) and Chapter 5.1 (off street parking) on the premises numbered 222 SEA STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/18/16, 2/25/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-010

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 8, 2016 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Vo Hung Ngo for a Variance/Finding to demolish the existing structure and construct a new single family home on the existing foundation in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 74 WALNUT STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/18/16, 2/25/16

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-011

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 8, 2016 at 7:15 pm** in the **First Floor Conference Room, City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of 60 Cleverly Court LLC for dimensional variances to construct a four unit, three story residential building in violation of Title 17, Sections 4.0 (dimensional regulations) and Section 5.1.4 (paving of yards).

The parcel of land is located at 60 Cleverly Court, and is shown as Lot 22 on Assessors' plan no. 2067A.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/18/16, 2/25/16

HELP WANTED

HELP WANTED

COUNTER HELP - RESPONSIBLE FOR CASHIERING, ORDER TAKING FOR PHONE ORDERS, WALK INS AND CATERING EVENTS

Gennaro's Eatery in Quincy is looking for dependable, hard-working individuals to oversee their robust take out & Catering business. Applicants should be detail-oriented, self-motivated, honest, punctual and personable with strong customer service skills and the ability to multi-task in a fast paced environment. The position requires duties like taking and fulfilling orders for walk in customers, phone orders, and Catering Events. Some industry experience and general food knowledge is ideal. Gennaro's Eatery uses only quality foods and takes pride in their product.

** If you are a candidate with managerial experience, please let us know!

- Weekends Required
- Must be 21 yrs or older in-order to serve beer & wine.
- Must be clean & neat in appearance, no facial jewelry, no large jewelry or accessories, no earrings larger than a dime.
- Must have good customer service skills.
- All positions require lifting up to 50 lbs.
- Seeking for all positions, mature, responsible, reliable, honest, hard working individuals.
- Valid Social Security or green card.
- Please provide resume & references.
- Random Drug Testing

email Gennaro's Eatery at: gennaroseatery@gmail.com

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2/18

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. 16-012

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, March 8, 2016 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Laney Clevenger for Jean Tuttle for a Finding to legalize the home as a two family home in violation of Title 17 as amended Chapter 5.0 and 5.1 (off street parking) on the premises numbered 51 PARKER STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

2/18/16, 2/25/16

PERSONAL

HAPPY BIRTHDAY DAD,
I AM SO HAPPY WE ARE GOING
ON VACATION TO NASHVILLE
AND THE VILLAGES.
LOVE, GREGORY

2/18

Prayer to The Blessed Virgin
(Never Known To Fail)

O, most beautiful flower of Mt. Carmel, Fruitful Vine, splendour of Heaven. Blessed mother of the son of God, immaculate Virgin, assist me in this necessity. O, Star of the Sea, help me and show me herein you are my Mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in this my necessity (make request). There are none that can withstand your power. O, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Thank you for your mercy to me and mine. Amen. The prayer must be said for three consecutive days and after that the request will be granted. The prayer must be published. M.F. 2/18

FOR SALE

**2011 BLUE CHEVY
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FIBERGLASS CAP, SHORTBED,
EXCELLENT CONDITION
53,000 MILES
\$17,500 BOOK VALUE \$24,000
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2/25

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AND AFTERNOONS
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3/24

HELP WANTED

P.C.A.'s WANTED

**HINGHAM MALE QUAD.
MORNING/EVENINGS
WILL TRAIN. DEPENDABLE
PLEASE CALL CLAIRE!
781-740-1214**

2/18

PRESCHOOL ASSISTANT

**Morning Position for School
Year, starting in September
Letter of Interest & Resume to:
info@wollastonhillmontessori.com**

3/3

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www.deliverthephonebook.com**

3/17

WANTED

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KENNEDY CENTER KNITTERS recently made their annual donation of hand made items such as hats, sweaters and blankets as well as diapers and new clothing for infants to the Friends of the Unborn. This is just one of the many charitable projects the group takes on during the year. This past fall the group donated 70 hand made lap afghans to disabled veterans through the Norfolk County RSVP Program. The group meets every Wednesday from 10 a.m. to noon at the Kennedy Center in Quincy. Anyone who would like to donate yarn to the group can call the Kennedy Center at (617) 376-1506.

Photo Courtesy Linda Bowes/Council on Aging

Two QPD Officers Promoted To Lieutenant, Sergeant

Cont'd From Page 2

outstanding sergeant. The bad news is we're going to lose him as a detective."

Keenan said both officers have excellent careers ahead of them, and wished them well in the future. He also thanked the officers' families for their support.

"The families are the ones that really put up with the challenges of being married to a police officer. Fathers, daughters, brothers, sisters — they're the ones that truly support us," the chief said. "It wouldn't be possible for these officers to

be here without the support of their families."

Keenan began his remarks at the swearing in ceremony by holding a moment of silence in memory of the seven law enforcement officers killed nationwide during the week.

"This has been difficult for law enforcement," he said.

Mayor Thomas Koch congratulated the two officers and praised the Police Department for the work it does in the city.

"We see in the news almost every night incidents

around our country, incidents around the region, things that happen out there. Police are under more scrutiny today than they ever have been and I'm so proud of this department, the work that each of you, the skills that you bring, the talent you bring, the demeanor, how you deal with the public on a regular basis makes all the difference in the world," Koch said.

"We're a great city and we're a great city for a lot of reasons. When people talk about moving to Quincy they look at the school sys-

tem, they look at the safety of the city, they look at our parks and open spaces and we have high marks in all those areas. We have high marks in the area of public safety because of the work

you do each and every day serving the public. I'm grateful for that."

McDonnell was promoted to the rank of lieutenant following the retirement of Lt. Jeffrey Burrell earlier in

the week. He served in the Quincy Police Department for 31-and-a-half years.

"I had a good career," Burrell said. "It's time to move on, try something new and let the younger guys have a chance."

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TOP PHOTO: New Quincy Police Lieutenant Terence McDonnell shakes hands with Police Chief Paul Keenan (left) after being sworn in following his promotion from sergeant at a ceremony Feb. 12 in the Great Hall, James R. McIntyre Government Center. Looking on is Mayor Thomas Koch. BOTTOM LEFT: New Quincy Police Sergeant David Pacino is sworn in to his new rank by Assistant City Clerk Nicole Crispo. McDonnell, a 21-year police veteran, joined the department in 1995. Pacino - a 13-year police veteran - joined the department in 2003.

Quincy Sun Photos/
Robert Bosworth



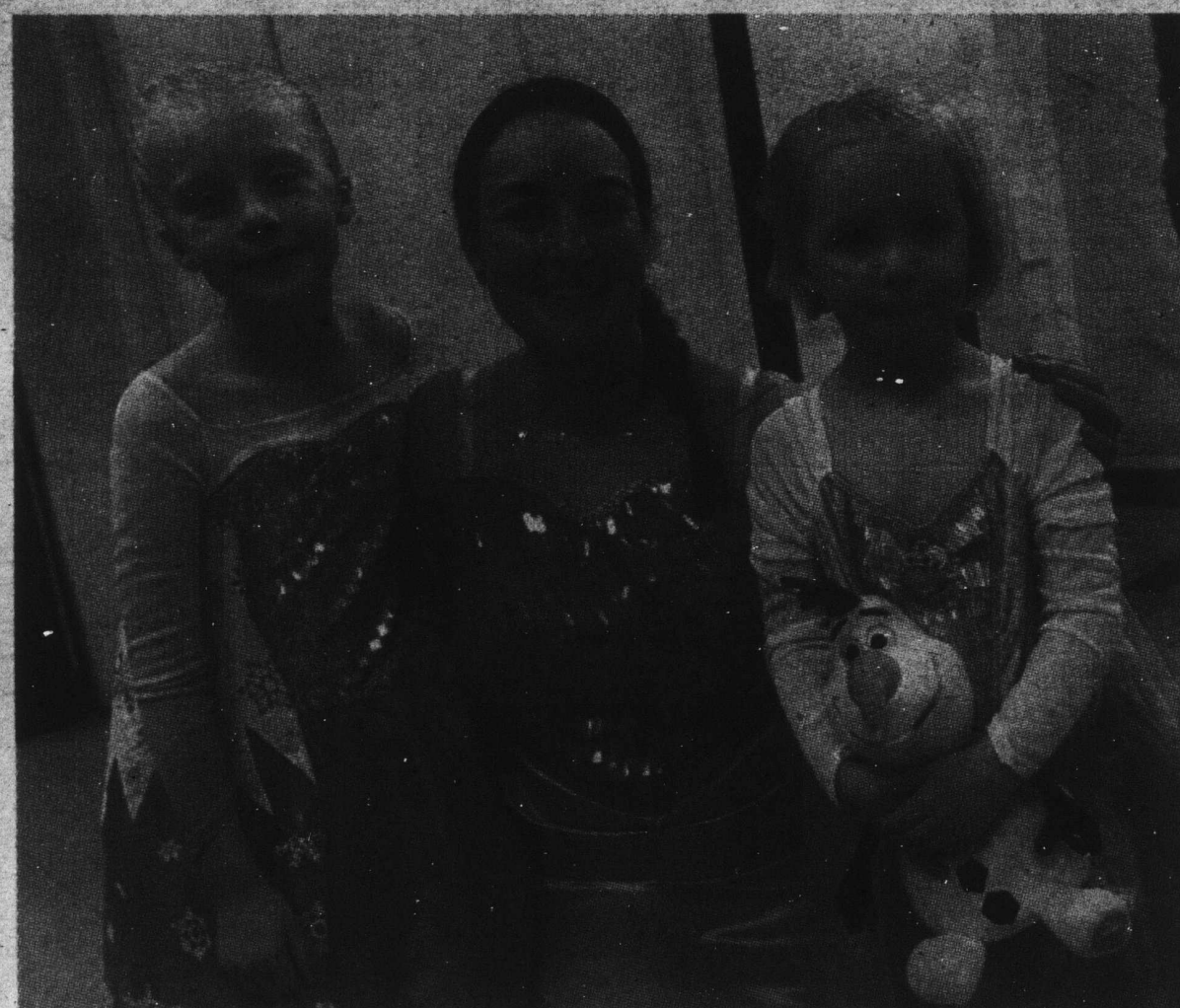
HOUGHS NECK CONGREGATIONAL Church pastor, the Rev. Felix Carrion, gives Ella Kelsch, 7, a prize from the treasure chest at Saturday's Valentine Princess Tea.



MAGGIE MCGINNESS, 2, has her hand sketched by Sue Rheault at Saturday's Valentine Princess Tea at Houghs Neck Congregational Church.



GRACIE FAHY, 5, holds one of the Valentines Day decorations.



JILL HOCKNEY, center, is joined by Susan Leichte, age 8, and her sister, Mary, 3, in their princess outfits.
Quincy Sun photos/Tom Gorman



KENNEDY HUGHES, age 2, dances with her sister, Kylee, 4, at the Valentine Princess Tea.

QUINCY COLLEGE RANKED #1 IN SALARIES AFTER ATTENDING

According to data from the U.S. Department of Education's College Scorecard, Quincy College students ranked #1 as top salary earners in Massachusetts and New England across two-year public colleges. Quincy College students ranked #5 in Massachusetts and #9 in New England for top salary earners among all two-year public and private colleges.

LEARN MORE: QUINCYCOLLEGE.EDU/EARNMORE

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First W Of C Building Nearing Completion - Page 18
 Broad Meadows, Atlantic Volleyball Champs - Page 20
 Munroe, Flaherty Compete At MA Track Meet - Page 23



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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 48 No. 23

Thursday, February 25, 2016

75c



LANDMARK LEVELED - Excavator topples the front facade of the old Woolworth's Department Store building at Cliveden and Hancock Streets Monday morning. This photo was taken around 9:25 a.m. Woolworth's - a landmark in the square for generations - moved into the building in 1949 and closed its doors in 1997. The building is being razed to pave the way for the second major redevelopment project in Quincy Center. Quincy-based Galveon Development will be constructing 56 condominium units and 8,000 square feet of ground floor retail space at 1543-1563 Hancock St. and 64 Ross Way. Clearing the site continues and the owners of the property hope to start construction site preparation in April. Other photos on Pages 14 and 36.

Quincy Sun Photo/Robert Bosworth

New Center Station Cost \$52M

By SCOTT JACKSON

A replacement for the aging Quincy Center MBTA station is projected to cost \$52 million, which the city hopes to finance with a

combination of federal and state transportation dollars as well as a public-private partnership.

The city has taken the lead on building a new sta-

tion to replace the current 45-year-old facility. A transportation bond bill approved by the state in 2014 designated Quincy as the developer for the project and also

set aside \$10 million for a new station; that money has yet to be released.

City officials in June 2015 applied for a \$20 mil-

Cont'd On Page 25

\$2.9M In DPW Projects OK'd

By SCOTT JACKSON

The City Council approved \$2.87 million worth of water, sewer and drain

system projects in North Quincy and Quincy Center in a series of unanimous votes Feb. 16.

The funding for the projects is being drawn from three sources: \$436,000 from the free cash in the wa-

ter enterprise fund, which had \$1.6 million in free cash available before the coun-

Cont'd On Page 15

41% Turnout Seen Here For 'Super Tuesday'

By ROBERT BOSWORTH

About 41 percent of the city's electorate is expected to cast ballots in next Tuesday's Presidential Primaries in Massachusetts - one of 13 states where voters will help shape the race for the Democratic and Republican Presidential nominations.

City Clerk Joseph Shea is forecasting 22,962 of the city's 56,007 registered voters will go to the polls in what has become a tight two-candidate race for the Democratic nomination and a three-way battle for the GOP nomination.

Cont'd On Page 9

56,007 Voters Here; About Half Unenrolled

There are 56,007 registered voters in Quincy with about half of them not belonging to a major political party or political affiliation.

The latest registration statistics from the city's

Election Department show the biggest block of voters are unenrolled with 28,249. The number of registered Democrats is second with 22,218 and the number of

Cont'd On Page 16



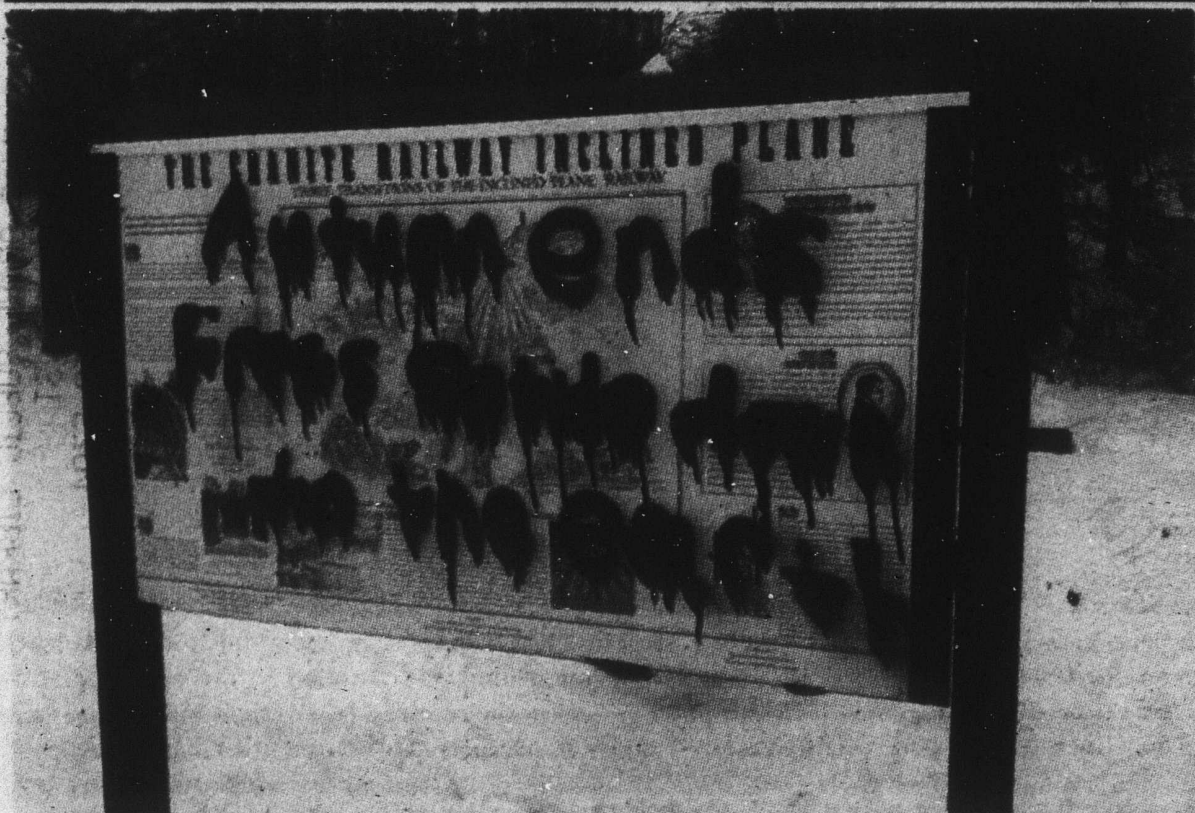
HISTORIC RESTORATION - Brian Morrill, a welder with DeAngelis Iron Works, welds a piece of steel as part of the restoration of fencing, gates and arches at historic Hancock Cemetery. Other photo page 3. Quincy Sun Photo/Robert Bosworth



Vandals Strike Historic Site Again - Page 2
 The Heart Of Arrhythmias - Page 15

For more Quincy news, visit:

The Quincy Sun.com



GRAFFITI VANDALS have struck again at the Granite Railway's Inclined Plane on Mullen Avenue in West Quincy. Anyone with information about the incident is asked to call Quincy Police at 617-479-1212. Photo Courtesy Quincy Quarry & Granite Workers Museum

Graffiti Vandals Strike Granite Railway Historic Site

Graffiti vandals have struck again at the Granite Railway's Inclined Plane on Mullen Avenue in West Quincy.

Last week — for the second time in the past six months — vandals spray-painted the interpretive signage erected by the Quincy Quarry & Granite Workers Museum which tells the story of Gridley Bryant's 1826 engineering marvel to transport granite from the Pine Hill Ledge down to the Granite Railway First Commercial railroad in America.

Spray paint on the signage was the first incident of vandalism and was removed with little damage to the interpretive signage. The vandals also spray-painted the granite obelisk at the base of the Inclined Plane and also the civil engineering monument adjacent to the railway. This was removed by the City of Quincy's graffiti removal personnel.

However, a better quality spray paint was used in the latest incident and could not be removed without damaging the signage, museum

officials said. Vandals again did not stop with the signage, they spray-painted the granite obelisk again and also the base granite on the historic compressor house adjacent to the Inclined Plane Railway.

The museum is considering several alternatives to the signage that will still tell visitors and tourists the history of the railway.

Anyone with information regarding the vandalism is asked to call the Quincy Police at 617-479-1212.

Quincy Center MBTA Station Redevelopment Community Meeting

Residents will have their first chance to discuss potential redevelopment of the Quincy Center MBTA station at a community meeting at 6:30 p.m. on Thursday, March 10, in the lower level

community meeting room in the renovated McIntyre Government Center.

The meeting will be hosted by Ward Councillors Kirsten Hughes and Margaret Laforest.

An engineering team working on behalf of the city has been studying the site, and is now prepared to discuss preliminary concepts directly with the community, listen to opinions

and begin to answer questions.

The concepts include the potential of a new courthouse and additional office space that could be built over the tracks. Any plan would include a rebuilt station and parking garage.

On a related subject, the City Council will hold a formal public hearing at 6:30 p.m. on March 7 in the Council Chamber on a request from Mayor Thomas Koch to extend the boundaries to include the T station of what is called the "Urban Revitalization and Development Plan."

This proposal does not relate to any specific proposal for the station, and rather reflects a technical change to the geographic borders of precisely where the City expects to see redevelopment in Quincy Center in the coming years.

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Date: Thursday, March 17
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Two Pedestrians Struck By Vehicles

By SCOTT JACKSON

The 91-year-old man struck by a motor vehicle Monday morning near Quincy Center is expected to survive, the Quincy Police Department said Tuesday afternoon.

The pedestrian was struck around 8:50 a.m. Monday at the intersection of Granite Street and Presidents Lane, according to Capt. John Dougan. The 91-year-old was rushed to Boston Medical Center and Dougan said he was "coherent and talking to doctors" Tuesday and was expected to survive.

The driver of the 2008 Subaru that struck the pe-

destrian, identified as a 60-year-old Quincy resident, had not been cited by police as of noon on Tuesday. Dougan said the incident was still under investigation by the accident reconstruction team at the time.

The 91-year-old was the second of two pedestrians struck by vehicles Monday morning.

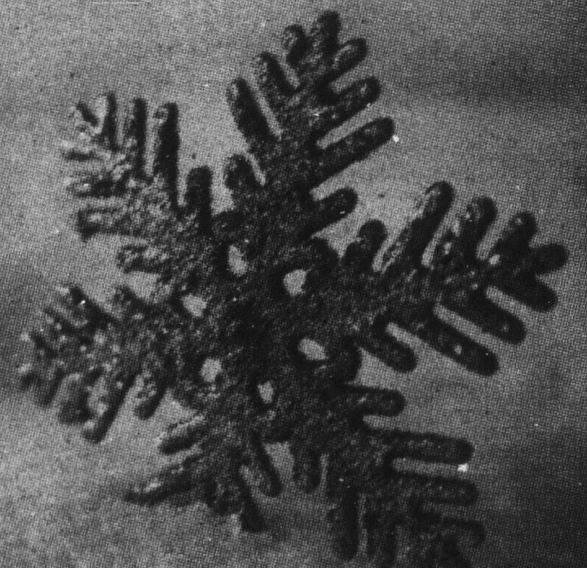
The first collision took place around 7:10 a.m. at the intersection of Hancock Street and West Squantum Street. The driver told officers she was stopped at a red light in the northbound lane of Hancock Street, Dougan

said; when the light turned green she began driving forward before she saw the pedestrian and attempted to stop but was unable to do so before striking the pedestrian on his left side.

The pedestrian, who Dougan identified as a juvenile Quincy High student, told officers he was crossing against the signal. He was struck at a low rate of speed and taken to Quincy Medical Center for non-life threatening injuries after complaining of pain in his arm.

The driver in that collision will not be cited, Dougan said.

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Changes Coming To Police Detail Operations

By SCOTT JACKSON

The Quincy Police Department will spend nearly \$39,000 to purchase payroll software meant to flag any potential abuse, replacing a system Police Chief Paul Keenan referred to as both "antiquated" and "cumbersome," and plans to implement new rules for officers working details.

Keenan appeared before the City Council Feb. 16 to address concerns members of the body had following the six-month suspension of Lt. Thomas Corliss, who was disciplined by Mayor Thomas Koch in December after an internal police investigation found 21 instances where Corliss worked city time overlapping with private details and/or other city time. The investigation further revealed Corliss took nine vacation days that were not recorded in department attendance records.

"This situation is unfortunate," Keenan told the council. "It should never happen. We will never allow it to happen [again]."

Keenan said he was not aware of any other instances of an officer double dipping, referring to the situation as an "isolated incident."

In response to the situation, the department will purchase software meant to catch any issues in the hours officers put in for, including regular time, overtime and details. Keenan, Quincy's police chief for eight years, said the new software is replacing the current system, which is primarily handwritten, that was in place since for details before he joined the department 32 years ago.

"The detail system is

kind of 'cumbersome,' he stated.

The council unanimously approved spending \$38,922 on the software, which is offered by Texas-based JivaSoft. The company was one of three vendors the department considered using.

The implementation of the new software is expected to take between a month and a month-and-a-half.

As that software is rolled out, Keenan hopes to implement changes to rules for details to ensure officers are only being paid for one detail at a time. There are four- and eight-hour minimums for details, and currently an officer could legally work on one detail for an hour then leave and work another detail and be paid four hours for both. Under the new rules, an officer could not work another detail until the first four hours are up.

The chief said Quincy would be one of the few police departments with such a rule in a place once the new procedures for details are implemented.

Keenan spoke with councillors for more than an hour about the procedures.

Councillor Joseph Finn said Corliss' actions amounted to "theft," and people who commit such infractions must be held immediately accountable.

"The impression out there oftentimes in terms of how harsh this particular discipline is or not, I'm not in a position to gauge, but there are many out there who don't think it was particularly harsh," Finn said.

Keenan, who recommended the punishment Koch imposed on Corliss,

Cont'd On Page 16



BRIAN MORRILL, a welder with DeAngelis Iron Works, welds a piece of steel that will help serve as a template for the Hancock Cemetery arch that is being restored. Restored iron fencing at the hallowed burial ground was installed Feb. 17. The cemetery gates are expected to return soon and the arches in May. Visible in this photo is part of the restored fence (right foreground) and in the background the City Hall glass annex (center) and recently restored James R. McIntyre Government Center (right).

Quincy Sun Photo/Robert Bosworth

Restoration Resumes At Hancock Cemetery

The second phase of restoration work at historic Hancock Cemetery resumed last week with the reinstallation of restored iron fencing along the hallowed burial grounds adjacent to City Hall and the James R. McIntyre Government Center on Hancock Street.

The fencing was replaced Feb. 17 and on Feb. 18 iron workers also welded a template to one of the cemetery openings where refurbished gates will be installed soon.

The arches that span the

top of the gate openings are expected to return to the cemetery in May. "That work is more involved because new letters and new parts of the existing oak and leaf pattern have to cast," said Kara Chisholm, assistant planner for the City of Quincy.

Phase two also includes the tomb restoration (to be completed this summer), tree removal and pruning (completed last December), replacing the chain link fence along the MBTA train tracks

with a steel picket fence resembling the front fence, and replacing the pathways with concrete ones that meet ADA standards.

Phase two is being funded by a \$190,000 grant from the Massachusetts Cultural Council's Cultural Facilities Fund and from a \$310,000 allocation from the Quincy Community Preservation Committee, which administers the Community Preservation Act funds.

This work follows phase 1 that included restoring 260

grave markers two years ago.

The fence, gates, and arches date from either about 1844, when there was a fundraiser by the ladies of the Unitarian Society for the cemetery enclosure, or about 1917, when sidewalks were first installed on Hancock Street in front of the cemetery and at which time an earlier fence may have been replaced. City officials have been unable to identify the true date of the fence, gates and arches.

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March's birthstone aquamarine, is often referred to as "the poor man's diamond" because it is beautiful yet affordable. This gemstone, whose name comes from the Latin "aqua marinus" ("water of the sea"), belongs to the same mineral group (beryl) as emerald. While both gemstones are composed of beryllium aluminum silicate, emerald is colored by trace amounts of chromium and/or vanadium and aquamarine is colored by iron. Emeralds also tend to be hazy, whereas aquamarines typically have excellent clarity and transparency. When evaluating aquamarine, the intensity of the color and the clarity of the gemstone are the most important factors. However, even the deepest

blue aquamarine is only pastel by most standards, and many prefer the more crystal clear lighter gemstones.

The gentle color of this stone lends itself to unique shapes, making aquamarine jewelry a great gift for yourself or a loved one. Aquamarine looks spectacular with diamonds and is stunning in a jewelry setting of sterling silver or white gold. For more information, please call Rogers Jewelry at 617-773-3636. Our prices have always been more than competitive with no fake markups in order to offer huge discounts. We welcome you to stop by our store at 1402 Hancock St. in Quincy Center.

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• On March 11, 1861, delegates from South Carolina, Mississippi, Florida, Alabama, Georgia, Louisiana and Texas adopt the Permanent Constitution of the Confederate States of America. It provided for six-year terms for the president, who was ineligible for successive terms.

• On March 10, 1876, the first discernible speech is transmitted over a telephone system when inventor Alexander Graham Bell summons his assistant in another room by saying, "Mr. Watson, come here; I want you." Bell had received a telephone patent three days before, filing just hours before another inventor, Elisha Gray.

• On March 12, 1888, agreeing to cooperate with a policy adopted by Congress, China approves a treaty forbidding Chinese laborers to enter the United States for 20 years. The Chinese Exclusion Act of 1882 barred immigrants based on race and nationality for the first time.

• On March 7, 1923, The New Republic publishes Robert Frost's poem "Stopping By Woods on a Snowy Evening." The poem, beginning with the famous line "Whose woods these are, I think I know," has introduced millions of American students to poetry.

• On March 13, 1942, the Quartermaster Corps of the United States Army begins training dogs for the new War Dog Program, or K-9 Corps. Tens of thousands of dogs had served during World War I, the most famous being Rin Tin Tin.

• On March 8, 1951, the Lonely Hearts Killers, Martha Beck and Raymond Martinez Fernandez, are executed in the electric chair in New York. The couple had schemed to seduce, rob and murder women who placed personal ads in newspapers.

• On March 9, 1981, a nuclear accident at a Japanese power plant dumps 16 tons of radioactive waste into Wakasa Bay. Despite the risk to people eating contaminated fish, the public was not told of the spill for more than a month. Fish in the area displayed mutations for several years afterward.

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Coddington Hall, Library Tour

The public is invited to take part in a walking tour of two local architectural treasures at 10:30 a.m. on Saturday, March 5: Coddington Hall and the Thomas Crane Library, including La Farge windows, a Romanesque masterpiece, an Olmsted-designed landscape and a charming bird's eye view of downtown.

The tour will be led by Stephen Wessling and Bob Cala, the architects responsible for the Coddington Hall renovation; Mary Clark, retired librarian; and Tony Ricci, Chairman of the

Quincy Historical Commission.

The Crane Library Bookstore will be open for those who would like to shop or browse at the end of the tour.

Optional lunch at a local restaurant after the tour.

Meet in the parking lot in front of Coddington Hall, 34 Coddington St.

Rain date is Saturday, March 12 at 10:30 a.m.

For more information call 617-472-0799. The program is sponsored by the Quincy Park Department's Environmental Treasures program.



Son Beams

By ROBERT BOSWORTH

Wanted: Presidential Candidate

I'm wondering how many other voters out there are in the same boat as me.

Undecided about who to vote for in the Presidential Primaries next Tuesday.

I should first acknowledge that I am a registered unenrolled voter. Have been since the day I registered nearly 33 years ago.

Sometimes I vote Democratic, sometimes I vote Republican. And to tell you the truth, the year's crop of hopefuls on the Republican and Democratic ballots just don't seem to resonate or inspire me.

I've watched the debates — for both parties — and I'm just not thrilled with the contenders.

I'm beginning to think I should publish a classified ad hoping to find a trustworthy and credible Presidential candidate.

Something like this:

"Wanted: Presidential candidate from either major party. Must have real answers — with specifics — on solving a host of issues including job growth, Social Security, national defense among others. Intelligence, leadership and experience in the public and/or private sector(s) as well as level-headedness and a willingness to work with Congress mandatory. Must put the nation first — at all times — and not be swayed by partisan politics. Act like a President and respect the office. No political egos, please."

I am sure I will be casting a ballot next Tuesday. But no one has my vote — yet. There are a few contenders who may earn my ballot but I have not made up my mind.

The debates have been somewhat helpful in paring down my choices.

But it seems I get frustrated watching them — and the candidates aren't entirely to blame.

I think the moderators and panelists have to do a better job at asking questions. And they should also not let those candidates off the hook if they don't answer the question directly.

It's happened especially with the Republicans. A question will be tossed to say Donald Trump about national security or immigration. And then a few of the other candidates jump in because they have been mentioned directly by name by Trump.

But this same question should be asked to the other candidates as well. Have everyone answer the same question. Only then do you get to see the differences — if there are any — among all of the candidates.

And don't you just love it when a question is posed and the candidate responsible for answering it ducks it. And they go into some spiel of talking points that really doesn't answer the question. The moderator should stop them in their tracks and say "we didn't ask that question. Please answer the question as it was posed."

It happens every debate — Democratic or Republican.

Sure, some of the debate drama makes good theater. The exchanges between Donald Trump and Jeb Bush, for example, were entertaining on one side of the coin but on the other they aren't solving any problems and enlightening voters. And of course these are the sound bites the national media use in their debate coverage.

You'll get a chuckle . . . but you won't get an answer.

And that's unfortunate.

The American people deserve better.

They deserve to know what positions their candidates are taking on a host of important issues.

They deserve to know why those candidates hold those positions.

And they deserve to know exactly how they would address those issues if they become the next president of the United States.

And telling us to go to your website for an answer is arrogant and lazy.

Can't you explain it in plain English?

Or are you hoping voters who go to those websites will also see an appeal to make a campaign donation?

And you wonder why folks are disenfranchised with politics.

I haven't reached that point yet.

There's still time to think about who gets my vote next Tuesday.

I just wish I had more choices.

Of at least one them could earn my vote.

There's still time.

POLITICS CAN BE serious business but it can also make you smile.

Take for example voter registration in Quincy.

While most of the 57,006 voters here are registered unenrolled, Democratic or Republican, there are a handful of voters who prefer a different designation.

For instance, did you know that four Quincy voters belong to the "Pizza Party?"

And there are three local voters who call themselves members of the "Pirate" party?

In all, there are 25 political designations in Quincy. People who register to vote are given the option of enrolling in a major political party, being unenrolled, or can choose a political designation or make one up.

Some of the other affiliations include American Independent (13 voters), Conservative (9 voters), Constitution Party (2 voters), Natural Law Party (2 voters) and Timesizing Not Down (2 voters).

Other political designations with Quincy voters include Working Families (6 voters), Veteran Party American (1 voter) and We the People (1 voter.)

In all, there are 220 voters in Quincy who belong to a designation other than Democratic, Republican, unenrolled, Green-Rainbow or United Independent Party. More than half of that number — 124 — are registered Libertarians.

Free Movies At The Crane Library

On Wednesday, March 2, attend a free matinee screening of the 1962 classic "To Kill a Mockingbird" at 2 p.m. the North Quincy Branch Library, 381 Hancock St., Quincy.

Based on Harper Lee's Pulitzer Prize-winning novel and set in a small Alabama town in the 1930s, the story focuses on scrupulously honest, highly respected lawyer Atticus Finch, who puts his career on the line when he agrees to represent

a black man accused of rape. The film won Academy Awards for Best Actor, Best Adapted Screenplay, and Best Art Direction. Directed by Robert Mulligan; starring Gregory Peck, Mary Badham, Phillip Alford, John Megna, Frank Overton and Rosemary Murphy; 109 Minutes; not rated.

On Thursday, March 3, attend a matinee screening (1 p.m.) or an evening screening (7 p.m.) of the 2015 comedy "Grandma" at the Main

Library, 40 Washington St., Quincy. Elle Reid has just gotten through breaking up with her girlfriend when Elle's granddaughter Sage unexpectedly shows up needing \$600 bucks before sundown. Temporarily broke, Grandma Elle and Sage spend the day trying to get their hands on the cash as their unannounced visits to old friends and flames end up rattling skeletons and digging up secrets. Lily Tomlin was nominated for a

Golden Globe for her performance in this movie. Directed by Paul Weitz; starring Elizabeth Peña, Judy Greer, Julia Garner, Laverne Cox, Lily Tomlin, Marcia Gay Harden, and Nat Wolff; 79 Minutes; rated R for language and some drug use.

Sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1316 or visit thomascranelibrary.org.

Scenes From Yesterday



Appleton St. Atlantic.

THIS IS A 1922 real photo postcard view of Appleton Street in Atlantic looking from East Squantum Street towards the beach. This is one of the oldest streets in the area. It was one of only two streets that provided access to what was known as Atlantic Beach in the 19th century. At the time of this picture houses were only recently being built here. There were no zoning regulations so a mix of single and multiple family houses including one

six-family building were erected side-by-side. The street as originally laid out has some of the largest house lots in Atlantic. The next street over, Bayfield Road, also had large house lots until a developer decided to make it into two streets - North and South Bayfield - and divided those lots into some of the smallest in the city. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1980
36 Years Ago

Garage Bond Issue Faces Struggle

By FRANK McCAULEY

The \$1 million bond issue sought by Mayor Arthur Tobin to add two floors to a downtown-parking garage faced tough sledding at a special meeting of the City Council.

The proposal required a two-thirds vote of the council or six votes to pass, and a Quincy Sun survey prior to the meeting showed two councillors against it, one not voting, one undecided and one unavailable for comment.

"I can't see bonding city money for construction of the garage," said Council President Leo J. Kelly, who said he planned to vote against the bond. "It just opens us up to other problems." Councillor Stephen McGrath also said he planned to vote "no" on the bond proposal.

Councillor Francis X. McCauley, who is president of the Presidential Cooperative Bank, said that he would not vote on the issue for fear of conflict of interest since his bank is on land that figures in another phase of the project.

PRESIDENTIAL PRIMARIES NEXT TUESDAY, 35% TO 40% TURNOUT PREDICTED

A high vote turnout of 35% is expected for Tuesday's presidential primary that features contests on every ballot including rival slates for the Democratic Committee in Ward 2.

City Clerk John Gillis predicted a 35% turnout and he added it could go much higher if Sen. Edward M. Kennedy were to make a good showing against President Carter in New Hampshire.

Major candidates for the Republican nomination for president included Cong. John Anderson, Sen. Howard Baker, George H.W. Bush, former Gov. John Connelly, former Gov. Ronald Reagan and Sen. Bob Dole.

The Democratic ballot contains the names of President Jimmy Carter, Edmund Brown, Jr., and Sen. Kennedy.

QUINCYSIMS

Ruth Johnson, Girl Scout service cookie manager for Quincy, is coordinating the cookie distribution for troop cookie managers of the city's 38 Girl Scout troops... Brenda Morrison, daughter of Mrs. Meredith Morrison, 16 Doyle Terrace, Germantown, was named to Dean's List for the first semester at Nason College, Maine... Marshfield Stove, 138 Washington St., Quincy Point, was advertising "Wood Stoves 50% Off on Selected Models." The ad warned that the per gallon cost for oil could reach \$2 by September 1980... The Quincy Sun Sunbeams Column noted that Ward 5 Councillor Stephen McGrath had his eye on the Second Norfolk Representative District seat presently held by Rep. Thomas F. Brownell... Little opposition was expressed at a public hearing on the proposed Burgin Parkway Extension held by the Massachusetts DPW at the Lincoln-Hancock School. Target date for the completion of the project was the spring of 1983. (Editor's note: The groundbreaking for the project was held until July 1984 and the road opened for traffic the day before Thanksgiving 1985.)... Rev. James L. Kimmell, pastor of Faith Lutheran Church, attended a two-week orientation clinic of the Bethel Series, an international Bible study program in Madison, Wisconsin... Old Colony Bank and Trust Company, 1449 Hancock St., Quincy Center, was advertising "Six Month Certificates of Deposits, \$10,000 Minimum With An Interest Rate of 13.629%"... Mayor Tobin received an eight month-old German shepherd named "Snoopy," a gift of the Sons of Italy Quincy Lodge. The dog is trained to sniff for hidden drugs and was assigned to the Quincy Police Department... Melissa McCauley, daughter of Councillor and Mrs. Francis X. McCauley, 210 Manet Ave, Houghs Neck, was named to the Dean's List, with high honors, at Northeastern University. Miss McCauley, a 1979 graduate of Quincy High School, was majoring in physical therapy... Two Quincy women were seeking re-election to their respective State Committee posts. Miss Kathleen O'Donnell was running for re-election as the Democratic State Committeewoman in the Norfolk Senate District. Mrs. Kathryn Roberts was seeking re-election as the Republican State Committeewoman in the same Senate district... Uses for three Quincy elementary schools scheduled to close this year (1980) included: A marine center for the Great Hill School in Houghs Neck; a warehouse for the Myles Standish School in North Quincy and the C.E.T.A. Headquarters for the Cranch School on Hospital Hill. (Editor's note: The Great Hill School was torn down after a fire and the land converted to parkland; the Myles Standish School was utilized over the years by the Quincy Lodge of Elks and the Beechwood Community Life Center and is now home to the Council on Aging's Kennedy Center. The Cranch School was converted to condominiums.)

READERS FORUM

Raider Pride Is What's Inside

North Quincy Raider pride is alive.

There has been talk about combining the North Quincy boys hockey team with Quincy due to a lack of participation. A tear came to my eyes as I read how North beat an undefeated Hanover High School and only lost by a goal to a strong Quincy team.

People who thought that the spark was gone at North better take another look because from a spark comes a flame and then an inferno.

When times are good it is easy to swagger but when you face hard times that is when the spirit comes alive

and the swagger is back and it is real.

The north end of the city felt they were second class citizens and fought to get a high school, in the north end of the city an addition was built onto the junior high and until 1961 North students attended junior and senior high in the one building for six years. North Quincy parents, teachers and students carried on with a chip on their shoulders. Their teams played hard until the final whistle win or lose. North beat the much larger Quincy High the first six years the Thanksgiving football game

was played.

I feel that the spark of the hockey team will ignite the pride and spirit of a great school. The entire city should be proud of both of our high schools.

I am now telling one and I have placed a chip on my shoulder and hope others do the same in support of a great academic and athletic high school. We have always played shorthanded; that is not new but I believe it is time we throw our shoulders back and hold our heads up and swagger again. Opponents always knew that when they had to play North

it would be a hard fought game.

It was unsettling to hear all the remarks about North hockey and this team under Coach Matt Gibbons made a statement that we are not done. They had a chip on their shoulder and I have never taken my chip off.

Congratulations to my North Quincy Red Raiders hockey team. You are not front runners and carry our banner high and are true champions.

Thank you.

Allan Yacubian
NQHS Class of 1958
The Year of the "Yakoo"

Apache Nation And Gerry Coletta

I recently attended the Apache Football League dinner at the Sons of Italy. On this night Paul Coletta was honored for his past heroics in playing for the Apaches many years ago.

During his speech he mentioned that the Apaches got its name from his brother Gerry Coletta many decades ago. Gerry Coletta ran the Norfolk District Attorney's office for me when

I was District Attorney and he did an outstanding job. He passed away and I miss him every day.

My grandson Clayton has played for the Apaches for the last three years and he absolutely loves playing football for the Apaches.

It brought tears to my eyes when I realized that the Apache team was named by my good friend Gerry Coletta. Gerry Coletta served many decades for the Park and Recreation board to which I had him appointed as a City Council member.

It is one of the reasons we have such good parks in this city.

Thanks to people like Gerry Coletta we have the team Apache name.

George Burke
Former City Councillor
Former District Attorney

Two On Quinnipiac Dean's List

Two students from Quincy are on the Dean's List for the fall semester at Quinnipiac University in Hamden, CT.

They are: Alexandra Fareri and Patrick Pitts.

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Arts & Entertainment

Brattle Book Shop Is Ken Gloss's Life Passion

'People Still Buy Books . . . I Don't Feel Threatened By The Internet'

By MIRIAM JOSEPH

When Kenneth Gloss stepped into his ailing father's shoes in 1973 and assumed responsibilities of running the now-famed Brattle Book Shop in Downtown Boston, he had no inkling that move would become his life's passion.

Then on the path to spending his days in a chemistry lab, that family-driven decision has sent Gloss on a most interesting career-journey in discovering and assessing the value of some of the most interesting examples of literature in the world.

In his recent appearance at the Crane Library, the majority of the standing-room-only crowd held some old and dear books in their arms, waiting for the moment when Gloss could examine, then declare each either a rare and valuable find, or a \$5 item.

"I do a lot of talks at libraries and one of the reasons I do them is it's a way of keeping my name out, keeping people aware of the store...there are some people who don't come into Boston the way they used to. I also do WGBH's Antiques Roadshow, which is a great way to see the country."

Gloss says one of the traits carried over from his Dad was his enthusiasm for news, and getting others interested in books. "You know, there aren't that many bookstores anymore, especially there aren't that many large, open, general and

used bookstores."

Two factors in the reduction of used bookstore numbers Gloss attributes to rising property values (he owns his building) and the Internet. "eBooks, I don't think has affected us much...I will say there are no used eBooks. If everybody went to eBooks totally, 20 years from now the used book dealer would be in big trouble."

It is a fact that people turn to the Internet for timely information, but when it comes to reading for pleasure, Gloss feels books are still a popular choice. "I have a Kindle, and an iPad, but I much prefer reading a book when I am sitting at the beach or on a plane...I would much rather have a book...I love the feel of the book, the illustrations are better, etc. People still buy books...I do not feel threatened by the Internet."

One way the Internet has affected business at Brattle Book Shop is by enhancing the ability to search for particular items. Also, he says, when one has the ability to "click, click, and find 50 copies of something, the price comes down on any search item."

In his 43 years at the store, Gloss has met all kinds of people, and visited many homes where an estate is being liquidated, or empty nesters are downsizing. "Just this morning I bought 3,000 books in Brookline. One might think that a potential seller would first wish to discuss my offer, but instead



KENNETH GLOSS, proprietor of the internationally known Brattle Book Shop in Boston's Downtown Crossing section, was the featured speaker at the Thomas Crane Public Library Feb. 16. The popular store has become a life passion for Gloss who succeeded his father as store owner and manager 43 years ago. Photo Courtesy Victor Gulotta

the first question they generally ask me is 'Are you going to take it all?'"

Brattle is not visited just by poets, artists and avid readers and collectors, but by an occasional movie star or two. For example, recently a man browsing through the \$3 section of the store turned out to be John Cleese of Monty Python fame, who Gloss says had to limit his purchases "because he could not fit any more in his luggage. And Johnny Depp also bought a number of books - he was with his fiancée (Amber Heard) who is now his wife--he bought some things for her."

When asked about any extremely rare finds, Gloss

related a story which occurred in 2001 when he was going through an estate just outside Boston where an old trunk in an attic was eventually opened and at the bottom of the trunk was an envelope.

"In the envelope were 10 letters from Thomas Jefferson, John Adams, John Quincy Adams, Madison, Monroe, all written to this one person. In one of the letters in particular (and this was just after 9-11) Jefferson was talking about what to do about traitors and terrorists. He actually used those words--he was talking about the War of 1812."

During one of his guest appearances on the Antiques Roadshow, Gloss reviewed a letter from a Civil War soldier. "At the very bottom of this nicely hand-written, four-page letter, there was a little parenthesis that said 'Written by his friend, Walt Whitman.' During the war, one of things Whitman did on his own time was he would write for soldiers who either couldn't write or were too ill to write."

Gloss described another thrill in his career when he was asked, by a Boston museum to appraise a four page hand written description of Paul Revere's famous ride, written by Paul Revere!

"I couldn't believe I was sitting there holding that. At the time it was valued at five or six hundred thousand dollars...it would be more than that now...it was the Mass. Historical Society and they were loaning it to another museum for a display so it needed to be insured."

The shop doesn't deal in sports memorabilia, and reference books don't sell as they once did, since electronics have made books available which used to be hard to find, and that, too, has affected suggested prices. Gloss estimates a retail price and emphasizes that everything he says is subjective, so he encourages 2nd or 3rd opinions.

Factors which can affect the value of a book vary, with the book's condition at the top of the list. Other details include whether the book is signed by the author or by someone famous, whether there is a dust jack-

et, (which became popular during WWII), and many other nuances.

According to Gloss, the most commonly printed book is The Bible, followed by anything dealing with Shakespeare. He evaluated several Bibles after his lecture, but very few of the books presented him turned out to be of value beyond a few dollars.

The shop stocks over 250,000 used, rare and out-of-print books. Gloss even evaluates books through photographs which can be submitted on-line. Web Address is: www.brattlebookshop.com.

Couple Celebrates 35th Anniversary



MARINE VETERAN Mike Welch and his wife Connie of Quincy were treated to a day of shopping on Valentine's Day at South Shore Plaza, while celebrating their 35th wedding anniversary. They experienced the #truelove photo booth, and celebrated with a special lunch after at California Pizza Kitchen. Photo Courtesy South Shore Plaza

CPR Course March 1

Health Ed of New England will hold a CPR certification course for healthcare providers Tuesday, March 1 from 6 to 10 p.m. at Christ Church, 12 Quincy Ave., Quincy.

The cost is \$50 per person. The course requires pre-registration by Monday, Feb. 29.

For more information, call 781-582-1440 or 800-434-6000, or visit www.healthednewengland.com.

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QATV

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Public Access Channel 8

Thursday, February 25
7:00pm: QHS vs. NQHS Girls Basketball
8:30pm: QHS vs. NQHS Boys Basketball

Friday, February 26
11:30am: LIVE: Currently in Quincy
5:30pm: Sound Advice with Tom Williams

Saturday, February 27
12:00pm: Faces of South Asia
6:30pm: At Your Library: March

Sunday, February 28
10:00am: Bethany Congregational Church
10:00pm: The Constitution: Then & Now

Monday, February 29
11:30am: LIVE: Currently in Quincy
5:30pm: Real Estate Focus

Tuesday, March 1
6:00pm: Eye on Quincy (replay)
7:30pm: Quincy in Focus

Wednesday, March 2
6:00am: LIVE: AM Quincy (audio only)
6:00pm: Good News

Government Access Channel 11

Thursday, February 25
5:30pm: Quincy in Focus
6:00pm: Update DPW: Winter
6:30pm: FYI:QHD Arrhythmias

Friday, February 26
6:00pm: City View with Mayor Koch
6:30pm: FYI:QHD Enlarged Heart
7:30pm: AM Quincy: Boating Safety
8:30pm: NCPC: Prevention Challenges
9:30pm: At Your Library: March

Saturday/Sunday, February 27/28
9:00am: City View with Mayor Koch
2:00pm: AM Quincy: Boating Safety
3:00pm: At the Library: Andy & Judy Daigle
7:00pm: In the Know: Elections/Census
9:30pm: At Your Library: March

Monday, February 29
6:00pm: Crime Watch: 911/Pedestrian Safety

Tuesday, March 1
11:00am: In the Know: Elections/Census

Wednesday, March 2
6:30pm: FYI:QHD Zika Virus

Programming is subject to change. For a complete list of programs, please consult our website at www.qatv.org

Social

Quincy Lions Club 75th Anniversary Gala March 31

The Quincy Lions Club is celebrating its 75th anniversary serving the community of Quincy.

As part of the anniversary celebration, The Quincy Lions will host two major community events: A 75th Anniversary Gala on March 31 and the Annual Pancake Breakfast in late October. All proceeds from the two community events will help support Lions Club charities to aid the visually impaired in our community.

The Anniversary Celebration at the Quincy Neighborhood Club March 31 will highlight the 75 years of civic contributions that the Quincy Lions have provided to Quincy, as well as display the continued commitment and fellowship to the community of Quincy through future leadership and initiatives. The Lions Club name stands not only for fraternity, good fellowship, strength of character and purpose, but above all, its combination of L-I-O-N-

S heralds to the country the true meaning of citizenship: Liberty, Intellion, Our Nation's Safety, and the Quincy Lions Club is proud to have served Quincy for 75 years, while keeping these values in mind.

For 75 years, The Quincy Lions have devoted themselves to helping the blind and visually impaired, answering Helen Keller's call for them to become "Knights of the Blind" in the crusade against darkness. This has been a commitment of the Quincy Lions Club with approximately \$175,000 donated to Massachusetts Lions Eye Research, thousands of recycled eyeglasses collected for future use, free eye screenings to area residents, and hundreds of free eyeglasses for children without financial resources.

For more information about the 75th Anniversary Gala, including sponsorship, attendance and membership please visit www.quincylions.org.

Quincy Quarry, Granite Workers Museum Meeting March 2

The Quincy Quarry and Granite Workers Museum will meet Wednesday, March 2 at 7 p.m. at the Ward 4 Community Center, 100 Brooks Ave., South Quincy.

The public is invited to attend the open meeting.

The meeting program will feature a presentation by Paul McCarthy. McCarthy is an amateur maritime archaeologist who has a deep curiosity about archaeological puzzles coupled with a penchant for local history. The presentation is entitled "A Journey to Establish the

Identity of a Granite Carrying Vessel Wrecked Within the Stellwagen Bank National Marine Sanctuary."

The lecture is an illustrated presentation of one man's investigative quest to identify an archaic maritime wreck sunk deep in the Gulf of Maine and bring to light the story of two important 19th-century New England industries, granite quarrying and commercial sailing.

For weather-related information on meeting or any additional information call the museum at 617-472-1322.

Comedy Night March 5

The Knights of Columbus Boston Chapter will present "Misgivings" - a "Divine" comedy featuring Father Patrick Aloysius Misgivings Saturday, March 5 at 7:30 p.m. at the Quincy Knights of Columbus Hall, 5 Hollis Ave., North Quincy.

Admission is \$20 per person.

The interactive comedy night will feature stories and

one liners about growing up Catholic as well as a collection, raffle and Bingo game.

For more information contact the Boston Chapter at kofcbostonchapter@hotmail.com.

Marjorie O'Leary Celebrates 100th Birthday

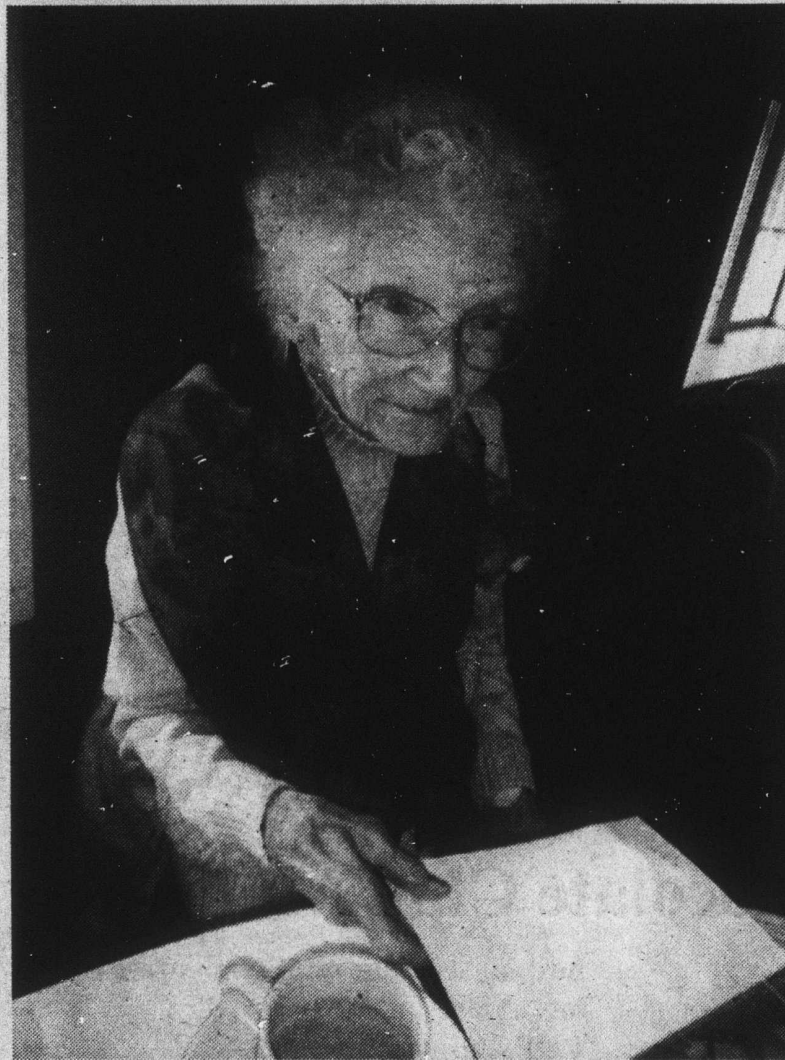
Marjorie Irene (Smollett) O'Leary - a lifelong Quincy resident - recently celebrated her 100th birthday with 50 relatives and friends at the Common Market Restaurant, Quincy.

Marjorie was born Feb. 12, 1916 at home on Bryant Avenue in West Quincy. Her parents were Robert and Catherine (Corcoran) Smollett. She was the fifth of seven children.

Marjorie attended the Gridley Bryant School in West Quincy, South Quincy Junior High School, and Quincy High School. She graduated in 1934 and is believed to be the last surviving member of her high school class.

She married James O'Leary of Milton on Aug. 21, 1943 at Saint Mary's Church in West Quincy. They had met while ice skating on one of the ponds at Cunningham Park in Milton. They were married for 60 years. During that time, they raised six children. She currently has 11 grandchildren and eight great-grandchildren.

Marjorie's first job out of high school was a telephone operator. She worked for New England Telephone Company in Quincy. As an operator, she sat a big table with wires coming out of it. When someone wanted to make a call, she would pick up the lighted wire, ask for and get the number from the person wanting to make the call and plug the wire into the correctly numbered hole in a big board on the wall in front of her to make the caller's desired phone-line connection. Today's cell phones have really changed making a call to someone.



100 YEARS YOUNG - Marjorie Irene (Smollett) O'Leary recently celebrated her 100th birthday with 50 relatives (including her children shown below) and friends at The Common Market Restaurant in Quincy.

Marjorie was a founding member of The Emerald

Photos Courtesy O'Leary Family Nuts, a Ladies Social Club

of mothers living in West Quincy. They met on Friday afternoons for over 40 years. She is the last surviving member.

Marjorie recently learned from one of her sons who has been researching the family genealogy that one of her great-great-grandfathers, Friedrich Ludwig Kempffer actually fought in the Revolutionary War.

Marjorie celebrated her 100th birthday on Feb. 13. She received a certificate recognizing her milestone signed by Gov. Charlie Baker and Lt. Gov. Karyn Polito.

Quincy Public Schools Supt. Dr. Richard DeCristofaro presented her with a mounted brick from the old Quincy High, and a second recognition certificate from Mayor Koch and the Quincy School Committee.

Marjorie also received a packet of dirt from the infield at Fenway Park from the Boston Red Sox.



Black History Celebration Friday At Germantown Center

The second annual "Legends Night" celebrating Black History will be held Friday, Feb. 26 from 6 to 8 p.m. at the Germantown Neighborhood Center, 366 Palmer St., Quincy.

The celebration will feature food, dancing and live musical performances as well as prize raffles.

The event is sponsored by the Germantown Neighborhood Center/South Shore YMCA, Eastern Nazarene College, City of Quincy's Community Development Block Grant Program, Norfolk County District Attorney's Office and other funding sources.

Nine Quincy Students On Fitchburg State Dean's List

Nine students from Quincy are on the Dean's List for the fall semester at Fitchburg State University.

They are:

Ashley M. Daniels,

Kathryn E. McGroarty, Andrew E. Minton, Hailey M. Naistadt, Timothy M. Nazaro, Michael W. Nurmi Jr., Stephen Smiddy, John A. Pino and Yoki S. Weng.

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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Ham Loaf

By MARIE

Most of us have made meatloaf with all kinds of meats. I know that I have certainly used beef, turkey, pork and a mixture of some.

Today's recipe is for a ham and beef loaf, two ingredients that I have never put together to make a meatloaf. The recipe called for ground ham but I used a ham slice and chopped it finely and it worked out fine.

HAM LOAF

2 ½ cups of soft bread crumbs
1 cup of milk

1 pound of ground ham (or finely chopped ham)

1 pound of ground beef

2 eggs

½ green pepper, chopped

2 tablespoons of chopped onion

1 teaspoon salt

½ teaspoon pepper

Soak bread crumbs in milk. Add to meat and mix well. Add remaining ingredients and mix thoroughly.

Pack in a greased loaf pan. Bake at 350 degrees for 1½ hours.

Banana Chocolate Chip Muffins

By SUZIE

These muffins are amazing! And the great thing is you most likely have everything in order to make them already in your kitchen!

These take about 15 minutes from the time you make them until they are done! When we make them, they are all gone within a few minutes so we haven't even been able to freeze them, but the recipe says you can freeze for up to four months! Enjoy!!

FLOURLESS MINI BANANA CHOCOLATE CHIP MUFFINS

1 medium ripe banana, peeled
1 large egg
heaping 1/2 cup creamy peanut butter
3 tablespoons honey
1 tablespoon vanilla extract
1/4 teaspoon baking soda
pinch salt,

heaping 1/2 cup mini semi-sweet chocolate chips

Directions:

Preheat oven to 400F. Prepare mini muffin pans by spraying very well with cooking spray or just rub in some oil.

Add everything but the chips into blender. Blend well. (I used my nutria bullet!)

Add chocolate chips and stir in by hand; don't use the blender because it will pulverize them.

Using a tablespoon fill mini muffin cups that have been greased about 3/4 of the way.

Bake for 8 to 9 minutes, or until the tops are set, domed, springy to the touch, and a toothpick inserted into the center comes out clean, or with a few moist crumbs, but no batter.

DO NOT BURN!!! Let cool and enjoy!!!

Broccoli Parmesan

By MARIE

Most of us who like broccoli have probably prepared it in many ways. Today's recipe is for a broccoli Parmesan and a delicious way to prepare this versatile vegetable.

BROCCOLI PARMESAN

1 bunch fresh broccoli
2 tablespoons of vegetable oil
2 tablespoons of minced onion
¼ teaspoon pepper
½ teaspoon of yellow mustard
½ cup grated Parmesan Cheese
½ teaspoon salt
3 tablespoons flour
1 teaspoon of "Better than Bullion" or

one chicken bouillon cube

2 ½ cups milk

2 tablespoons grated Parmesan Cheese (for topping)

1 teaspoon paprika.

Cook broccoli until tender. Drain. Arrange broccoli in a shallow greased baking dish. In hot oil, sauté the onion over low heat until tender. Blend in seasonings and flour. Add bouillon cube and milk. Cook over medium heat, stirring constantly until mixture thickens and comes to a boil. Add the cheese and stir well, until melted. Pour sauce over broccoli. Sprinkle with paprika and additional Parmesan cheese. Bake in a 375-degree oven for 20 to 25 minutes or until browned.

Ice Creamsmith Celebrating 40th Anniversary This Spring

The Ice Creamsmith, a small but well-known homemade ice cream parlor in Dorchester Lower Mills, celebrates its 40th Anniversary this spring as it opens for the season on March 1st.

There will be promotions and prizes throughout the season to celebrate the anniversary, starting with "door-opening" free mini-ice cream cones from noon to 2 p.m. on Tuesday, March 1st.

Other promotions during this season will include free ice cream on your 40th birthday, a daily drawing in March for a free ice cream sundae, a \$40 gift certificate raffle in April and other raffles through the summer, and a "create your own fla-

vor" contest all season with a winner chosen in October.

Fans can keep up with the events on the web at www.theicecreamsmith.com and on Facebook.

The ice cream parlor at 2295 Dorchester Ave. near the Milton line is a family business, owned and operated by Sarah Mabel-Skillin and her husband Chris Skillin. All of the ice cream, frozen yogurt and sorbet sold at the shop is made on the premises, and ice cream cakes, pies and pizzas are also available.

Besides the 13 flavors on the menu, including special monthly flavors, there are also a number of "mixin's" that can be hand-mixed into an ice cream portion to cre-

ate a special flavor. There are also the usual ice cream concoctions, such as sundaes, frappes, banana splits, and the giant "Belt Buster" sundae.

The Skillins thank their

Fundraiser April 8 Benefits Special Education Department

A fundraiser to benefit the Quincy Public Schools Special Education Department will be held Friday, April 8 from 7 to 11 p.m. at the Quincy Sons of Italy Social Center, 120 Quarry St., Quincy.

The evening will feature live music by Ronnie Lewis and the Expeditions, a disc jockey, dancing and prizes. Admission is a donation

of \$20 per person. Prices of admission includes five free raffle tickets.

Tables of 10 are also being sold in advance for \$200.

All proceeds will benefit QPS teacher grants for student enrichment materials.

To donate a raffle prize or baked good or for tickets call Kelli or Vinny Guarino at 617-272-5433.

Children Events In March At Crane Public Library

By JULIE RINES

Thomas Crane
Public Library

The Thomas Crane Public Library has scheduled the following events and activities for children during March.

Winter Storytimes

Weekday storytimes for children ages 4 months through 5 years old continue through March 10th. The library offers several programs by age. Stop by the library or check our website thomascranelibrary.org for details.

Homework Help

Students in grades 1-6 can stop by the main Library children's room from 3 to 5 p.m. to get assistance with their homework from high school tutors. Students must be able to communicate with tutors in English.

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler any time between 10 and 11:30 a.m. on Thursday, March 3rd to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month come in and learn about animals! Look at paw prints, sort some animals and find out what keeps animals warm in cold water!

Dr. Seuss Birthday Party

It is Dr. Seuss' birthday and we are having a Cat in the Hat birthday bonanza on Saturday, March 5th. Stop by the Main Library children's room from 10 to noon to meet the Cat in the Hat. Make Dr. Seuss themed crafts (while supplies last). Watch a Dr. Seuss movie, play pin the hat on the Cat or Dr. Seuss Tic Tac Toe and more.

Please note this special celebration is happening in

place of our regularly scheduled Music and Movement with Rubi program.

Book Clubs for Kids

Do you like to read? Would you like to talk to others about books? Then you will like our book discussion groups. Join us each month to discuss all kinds of books.

The Phoenix Book Club for children in grades 5-8 meets on the second Tuesday of each month to discuss a variety of books. The Club will meet on Tuesday, March 8th at 7 p.m. at the Main Library.

This month we'll be discussing Winter. Snow, ice, short days, long nights, ice skating, hockey, sledding, sled dogs, winter magic, winter mysteries. So long as it takes place in winter it's fair game for this month.

The Night Owls Book Club for children in grades 3 and 4 meets on the second Thursday of each month. This month we will be meeting on Thursday, March 10th at 7 p.m.

This month we will be reading Lulu and the Duck in the Park by Hilary McKay. Lulu loves animals, all kinds of animals. When Lulu finds a duck egg that has rolled out of its nest, she takes it to class to keep it safe. Lulu isn't allowed to bring pets to school. But she's not really breaking the rules because it's just an egg. Surely nothing bad will happen...

Please stop by the main library children's room library any time to pick up a copy of the book to read before our meeting. Any questions? Call 617-376-2411 and ask to speak with Ms. Cronin.

Saturday Storytime @ North Quincy

Join children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch, on Saturday, March 12th at 10 a.m. for a lively family storytime full of stories and songs about Spring. This program is for children ages 2-5 accompanied by an adult. No registration required.

Spring Storytimes

Weekday storytimes for children ages 4 months through 5 years old begin on Friday, March 25th. The library offers several programs by age. Stop by the library or check our website thomascranelibrary.org for details.

Due to overcrowding advance registration is required for Mother Goose on the Loose and Just for Twos storytimes.

Registration will begin at 9 a.m. Tuesday, March 15th. Register online, by phone at

617-376-2411 or in person in the Main Library Children's Room. Registration is limited to Quincy residents.

Registration for Spring Explorers

Beginning Tuesday, March 15th register for the Afternoon Explorers online, by phone at 617-376-1330 or in person at the Wollaston Branch. Registration is required and limited to Quincy residents

Junior Explorers for ages 3-5

Mondays, March 28, April 4, 11 and May 2, 9
3:00 - 4:00 p.m.

Pirates: Let's weigh anchor and set sail with some pirate stories and crafts. We'll read about pirate dogs, pirate mothers, when pirates come to visit and when we're done we'll go hunting for some hidden treasure!

Explorers for ages 6 to 8
Wednesdays, March 30, April 6, 13, 27 and May 4
3 - 4 p.m.

Superheroes: It's a bird, it's a plane, it's a storytime! Join us for some superhero stories, design your own superhero costume and create your own comic book pages!

Saturday Storytime

Join Diana Kane on Saturday, March 19th at 10 a.m. for a family storytime full of stories, songs and rhymes for children ages 2-5 accompanied by an adult. No registration required.

Full STEAM Ahead with Science Saturday—Squishy Circuits

Join an educator from the Children's Museum of Easton on Saturday March 26th at 2 p.m. for technology fun with Squishy Circuits.

Squishy Circuits are a great way to introduce electronics by using basic wiring and play doughs as circuit building materials. Suitable for all ages, the children will be creating and engineering through special homemade dough while learning about conductors and insulators. And of course, having lots of hands-on fun!

This program is suggested for families with children preschool and older. Younger children will make a simple project and older children are encouraged to try out more complex projects.

No registration is required.

Throughout the school year Full STEAM Ahead will explore the areas of Science, Technology, Engineering, Art and Math on the fourth Saturday of each month.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library

41% Voter Turnout Seen Here 'Super Tuesday'

Cont'd From Page 1

Shea sees interest in this year's nomination contests building and points to a high number of absentee ballots and a surge in voter registration days before the deadline for the March 1 primary.

"The number of absentee voters and new registered voters has been steady but it's not off the charts," Shea said in gauging local interest in next Tuesday's primaries. That turnout figure is a few points lower than 43 percent of Quincy voters who cast ballots in 2008 — the last year there were competitive races for both party nominations.

The 56,007 registered voters as of Feb. 10 — the last day to register for the Presidential Primaries — is an increase of 1,339 new voters since last Oct. 14, according to the Quincy Election Department. That bump includes about 600 new voters who registered online the final two days before the cut-off two weeks ago.

The number of absentee ballots cast also continues to climb heading into next Tuesday's primaries. As of Monday, nearly 800 absentee ballots had been cast. The last day to vote by absentee ballot is next Monday, Feb. 29, at noon.

By comparison, 863 Quincy voters cast absentee ballots in the 2008 Presidential Primaries.

The Bay State is one of 13 states holding contests — either primaries or caucuses — on "Super Tuesday" March 1. The name has been commonly used since 1976 to describe the one day in the election calendar that the most delegates are up for grabs. About a quarter of the delegates needed for nomination are at stake next Tuesday.

Candidates who win a majority of the contests on "Super Tuesday" historically have gone on to win their party's nomination for president.

On the Democratic ballot, polls show a tight two-way race between Vermont Sen. Bernie Sanders and former New York Sen. and Secretary of State Hillary Clinton. Clinton narrowly defeated Sanders in the Iowa Caucus and the Nevada Caucus but Sanders won handily in the first-in-the-nation primary in New Hampshire. One survey shows the Sanders-Clinton race a toss up in Massachusetts.

Eight years ago, Clinton defeated Barack Obama in Massachusetts and in Quincy. The vote here was 63 percent or 11,292 for Clinton and 29 percent or 5,190 for Obama who eventually won the Democratic nomination.

In the Republican primary

in 2008, former Bay State Gov. Mitt Romney defeated Arizona Gov. John McCain here 48 percent to 43 percent — 2,466 votes to 2,716 votes. McCain later won the nomination but lost to Obama in the general election.

Obama was re-elected to a second term in 2012. His successor will be elected

this November and be sworn in next Jan. 20.

This year on the Republican side a three-way race is shaping up with real estate developer Donald Trump the frontrunner after winning the New Hampshire and South Carolina primaries. Battling for second place is Texas Sen. Ted Cruz and Florida

Sen. Marco Rubio. A survey released earlier this week

showed Trump with a commanding 34-point lead over

his Republican rivals head-

Cont'd On Page 13

Free Rides To Polls For Disabled Voters

State Rep. Bruce Ayers will provide transportation to and from the polls for the Presidential Primary Election on Tuesday, March 1st for disabled voters in wheel-

chair-accessible vans.

"With election day upon us, residents confined to a wheelchair who are looking for transportation to the polls are urged to call 617-

328-0102 to schedule an appointment to be picked up", Ayers said.

This service is free to all registered voters in the city of Quincy.

CITY OF QUINCY PRESIDENTIAL PRIMARIES

City Clerk's Office



January 18, 2016

Notice is hereby given to the voters of the City, qualified to vote in Primaries, to assemble at the voting places in their respective Wards and Precincts, designated below

TUESDAY, MARCH 1, 2016

then and there to give in their votes for the election of candidates of political parties for the following offices:

Presidential Primary—

DEMOCRATIC, REPUBLICAN, GREEN-RAINBOW,

AND UNITED INDEPENDENT PARTY

State Committee Man—Norfolk/Plymouth Senatorial District

State Committee Woman—Norfolk/Plymouth Senatorial District

Ward Committee—each of the Wards in the City for the Democratic, Republican, Green-Rainbow, and United Independent Party.

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening.

Polling places have been designated as follows:

WARD 1, PRECINCT 1	— MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2	— GERMANTOWN NEIGHBORHOOD CENTER, 366 PALMER STREET
WARD 1, PRECINCT 3	— THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
WARD 1, PRECINCT 4	— ADAMS SHORE LIBRARY, 519 SEA STREET
WARD 1, PRECINCT 5	— SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1	— FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2	— SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD 2, PRECINCT 3	— MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 3A	— SENIOR CITIZEN'S HOUSING, 1000 SOUTHERN ARTERY (LIBRARY)
WARD 2, PRECINCT 4	— SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5	— SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1	— COVENANT CONGREGATIONAL CHURCH, 315 WHITWELL STREET
WARD 3, PRECINCT 2	— FIRST BAPTIST CHURCH, 81 PROSPECT STREET
WARD 3, PRECINCT 3	— MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4	— WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5	— WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1	— LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
WARD 4, PRECINCT 2	— QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3	— QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4	— LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5	— MORRISSETTE POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1	— QUINCY CAREER CTR., 152 PARKINGWAY (MAYOR WALTER J. HANNON PKWY)
WARD 5, PRECINCT 2	— QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3	— ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET ENTRANCE)
WARD 5, PRECINCT 4	— BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5	— BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1	— NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2	— KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
WARD 6, PRECINCT 3	— KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4	— ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5	— SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7 A.M.

POLLS CLOSE AT 8 P.M.

**Attest:- JOSEPH P. SHEA
City Clerk**



BREWSTER AMBULANCE SERVICE, as a Quincy School Community Partnership partner, recently held CPR training in the middle schools to eighth grade students as a part of Quincy Public Schools' "It's a Matter of Heart" National Heart Month initiative. Some 660 eighth graders received basic CPR training culminating with a 3 1/2 hour CPR AED certification class at Central Middle School. Approximately 80 students, siblings, parents, and guardians attended and received CPR AED full certification. This initiative began last year at the request of School Supt. Dr. Richard DeCristofaro who set the goal that in four years every student attending both high schools will have received CPR training of some level.

Photos Courtesy Quincy Public Schools



Quincy Public Schools 'Credit For Life' Fair March 24

Quincy Public Schools Career and Technical Education Educators will host the 8th annual "Credit for Life" Fair Thursday, March 24 from 9 a.m. to 12:30 p.m. at The Tirrell Room, 254 Quarry St. in Quincy.

The goal of the "Credit for Life" Fair is to provide high school seniors with the ability to be independent adult consumers and have the knowledge of personal finance to survive in today's global economy.

Approximately 200 students from Quincy and North Quincy High School will participate in the fair. Fifteen booths will be set up throughout The Tirrell Room and students will have to

spend from a budget based on the future jobs they foresee themselves employed in. Students will make decisions on how much money they want to spend on transportation, housing, food, clothing, savings, education, and insurance.

Quincy's Credit for Life Fair is being implemented with the assistance and generosity of numerous Quincy School Community Partners and local business volunteers from the across the South Shore, including Quincy Credit Union, Harvard Pilgrim Health Care, Eastern Bank, Quincy College, South Shore Workforce Investment Board, Coastal Heritage Bank, Century

21~Abigail Adams, Quincy Rotary Club, South Shore YMCA, Donaghue Insurance, State Street Corporation, MetLife Insurance, AXA Equitable, Bank of Canton, Prime Auto Group, and many others.

Several distinguished guests will be attending the event and offer their support for such a worthwhile initiative. Mayor P Thomas Koch, School Supt. Dr. Richard DeCristofaro, and other community leaders are excited to assist students increase their knowledge about budgeting and managing their money after high school.

For questions or additional information, contact John Fagerlund, Coordinator, Quincy School ~ Community Partnership, (617) 984-8888.

Grace Bulger Earns Academic Honors

Sister Barbara Rogers, Headmistress of Newton Country Day School of the Sacred Heart, announces Quincy freshman Grace

Bulger has earned Silver Distinction for achieving a first semester grade average of a B+ with no grade below a B-.

Emma Will Nominated For Appointment To United States Naval Academy

Cong. Stephen F. Lynch (D-Boston) has nominated Emma Will of Squantum for appointment to the United States Naval Academy.

Will, the daughter of Hannah and Peter Will, is a student at Rochester Institute of Technology and a graduate of the Woodward School for Girls.

As part of his congressional duties, Cong. Lynch nominates exemplary candidates to the service academies each year.

"These candidates are the best of the best, and I am proud of their desire to serve our country. The academies graduate leaders who will guide our nation into the future and the men and women who attend the academies are entrusted with the greatest responsibility: to serve and protect the United States of America," Cong.

Lynch said.

"Emma was highly recommended by her teachers at the Rochester Institute of Technology and the Woodward School for Girls. She is a remarkable young woman, and we are fortunate that young people like Emma are willing to serve our nation," he added.

Cong. Lynch and his congressional liaison to the United States Service Academies, Bob Fowkes, examined each candidate's record of academic, athletic, and service achievements in addition to evaluating letters of recommendation. After an extensive review process and a personal interview, Emma was selected as someone whose scholastic record and community con-

tributions elevated her to the top of a list of well-qualified candidates.

Cong. Lynch added: "There were many impressive candidates this year for the United States Naval Academy. Emma stood out as a young woman of keen intelligence and strong character. She is a wonderful reflection of her parents, Hannah and Peter."

"The Will family, the city of Quincy, and the entire Commonwealth of Massachusetts should be proud of Emma in this achievement."

Students interested in attending one of the United States Service Academies should contact Bob Fowkes in Congressman Lynch's Boston office at (617) 428-2000.

VNA Seeking Hospice Volunteers

VNA Care Network & Hospice, a nonprofit home health and hospice organization, needs volunteers to provide companionship to patients and respite for family members in eastern and

central Massachusetts. Training, supervision, and support are provided. Call 781-569-2811 for more information about becoming a hospice volunteer or visit www.vnacarenetwork.org.

15 Residents On Simmons Dean's List

Fifteen students from Quincy are on the Dean's List for the fall semester at Simmons College in Boston.

They are:
Aiza Humayun Kaber, economics major; Lisa Maureen Nault, finance and economics major; Paige Elizabeth Lewis, major undeclared; Vivian Wu, exercise science major; Alexis Nicole Casey, health informatics and computer science major; Carson Elizabeth Norwood, major

undeclared; Celine Fabre Sanborn, major undeclared.

Also, Meghan Elizabeth Carter, biochemistry major; Micah Hudson, psychology major; Samantha Rose Rondeau, major undeclared; Sydnie-Grace Kiser Merlino, major undeclared; Jamie Shalene Fleming major undeclared; Mia Deluccia, major undeclared; Nisat Naila Chowdhury, nursing major; and Raelissa Michele Glennon, major undeclared.

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Quincy: 617-786-8888

247 Atlantic Street
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SECONDARY LUNCH MENU

Monday, Feb. 29

Cheese Quesadilla, Cowboy Salsa, Romaine Tossed Salad.

Tuesday, March 1

School Baked Lasagna with Beef and Tomato Sauce, Green Beans, WG Bread Stick.

Wednesday, March 2

Deli Turkey Gobbler on a WG Bun, Stuffing and Roasted Sweet Potatoes, Corn Niblets.

Thursday, March 3

Beef Meatballs with Tomato Sauce on a Jr Sub Roll, Potato Puffs, Broccoli Florets.

Friday, March 4

North End Style Pizza, Romaine Tossed Salad with Tomato/Cukes and Kidney Beans.

ELEMENTARY LUNCH MENU

Monday, Feb. 29

Tony's Round Pizza, Baby Carrots, Fresh Seasonal Fruit, Honey Soy Nuts.

Tuesday, March 1

Early Release Day - no lunch served.

Wednesday, March 2

Spanish Rice, Popcorn Chicken, Peas and Carrots, Dinner Roll.

Thursday, March 3

Make your own Sub Beef Meatballs with Tomato Sauce on a JR Submarine Roll, Green Beans.

Friday, March 4

Macaroni and Cheese, Fish Shapes, Broccoli Florets, Heart-Shaped Pretzels.

Health, Wellness Fair At YMCA

The South Shore Chamber of Commerce will hold its fourth annual South Shore Health & Wellness Fair from 9 a.m. to 1 p.m. on Friday, March 25th at the South Shore YMCA, 79 Coddington St. in Quincy.

Exhibitors and sponsors are encouraged to participate in this fair and be recognized as a Health and Wellness Thought Leader on the South Shore. No sales pitches will be allowed; instead each exhibitor must provide a community service in the form of a screening, education or demonstration.

This year's Health & Wellness Fair will offer category exclusivity; as such exhibitors are urged to reserve their space early for the greatest impact and location selection. The fair is expected to draw more than 1,000 health and wellness minded South Shore residents, students and families.

Areas of focus at the March 25th event are Life Cycle; Healthy From Head to Toe; Specialized Areas; and Focus on Wellness. Sought are exhibitors who specialize in a wide-range of health and wellness fields, including infant and toddler care, geriatric care, ear and eye health, strength training,

emotional health, autism, obesity, addiction, allergies, nutrition, physical therapy, chiropractic, massage and environmental health.

Also sought are event sponsors.

To learn about participating in the event or sponsorship opportunities, contact legankenny@southshore-chamber.org

Kids Walk To Cure Diabetes May 14

The sixth annual JDRF Kids' Walk to Cure Diabetes, a partnership with the Juvenile Diabetes Research Foundation and many of Quincy Public School students, friends, and family, will be held Saturday, May 14.

The 2.7 mile walk will kick off at 10 a.m. (arrival at 9:30 a.m.) from the Beech-

wood Knoll Elementary School and wrap up approximately 45 minutes later with fun and refreshments.

Money raised will go toward funding for research, treatments, and eventually a cure for Type 1 Diabetes, a disease that affects more than 18 million Americans, with 15,000 children diagnosed each year. Funds will

also be raised through the sale of Quincy Kids Walk T-shirts and bracelets that will be available in the coming months for purchase at participating schools. More details will be posted as the date nears.

For more information or to volunteer contact Jennifer or Stephen Golden 617-786-8738.



ROSALIND CUSCHERA

Local Author To Speak Sunday In Wellesley

Rosalind Cuschera, author of 'Journey from San Rocco' will speak at the Wellesley Free Library at 530 Washington St. in Wellesley on Sunday, Feb. 28 at 2 p.m. in the Wakelin Room.

This is a free event sponsored by the World of Wellesley and Wellesley Free Library.

Cuschera, a Quincy resident, will discuss her novel which is based on her family history from 1918 to 2006. The story set in Italy and Quincy explores the dynamics of a family's search for the American dream through separations, wars, and the blendings of language, culture, family and work to actualize their dreams and build a new life in America.

An additional program offered by Cuschera is based on her research and suggestions for researching family history for all ethnic groups. She will be offering this talk at both UMASS Boston and UMASS extension at Hingham Library in April.

For more information, contact Cuschera at cusrozzanne@comcast.net.

CITY OF QUINCY

昆士市 - 總統初選

市府書記辦公室

2016年1月18日

根據法律規定，謹此通知昆士市公民，所有合格選民，市選舉事務投票日將定於：



星期二，2016年3月1日



請所有合格投票的公民於投票日，在昆士市議會所指定的數個投票地點，在您所屬的選區為下列各黨派候選人作出投票

總統初選：

民主黨，共和黨，綠-彩虹黨和聯合獨立黨

州各黨內男代表 - 諾福克郡/普令茅斯參議員區

州各黨內女代表 - 諾福克郡/普令茅斯參議員區

區代表 - 本市各區的民主黨，共和黨，綠-彩虹和聯合獨立黨代表

投票服務由早上七點開始，直到晚八點結束。投票站地點已指定如下：

- WARD 1 第一選區, PRECINCT 1 (第一投票站) - MERRYMOUNT 學校, 4 AGAWAM ROAD
- WARD 1 第一選區, PRECINCT 2 (第二投票站) - GERMANTOWN 鄰里中心, 366 PALMER STREET
- WARD 1 第一選區, PRECINCT 3 (第三投票站) - THOMAS CRANE 圖書館會議室, 40 WASHINGTON STREET
- WARD 1 第一選區, PRECINCT 4 (第四投票站) - ADAMS SHORE 圖書館, 519 SEA STREET
- WARD 1 第一選區, PRECINCT 5 (第五投票站) - SAINT THOMAS AQUINAS HALL 禮堂, DARROW STREET
- WARD 2 第二選區, PRECINCT 1 (第一投票站) - FORE RIVER CLUB HOUSE 社區中心, 16 NEVADA ROAD
- WARD 2 第二選區, PRECINCT 2 (第二投票站) - SENIOR CITIZENS HOUSING 老人屋, 1000 SOUTHERN ARTERY
- WARD 2 第二選區, PRECINCT 3 (第三投票站) - MARTENSEN STREET HOUSING 老人屋, 95 MARTENSEN STREET
- WARD 2 第二選區, PRECINCT 3A (第三A投票站) - SENIOR CITIZEN'S HOUSING 老人屋, 1000 SOUTHERN ARTERY (LIBRARY)
- WARD 2 第二選區, PRECINCT 4 (第四投票站) - SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
- WARD 2 第二選區, PRECINCT 5 (第五投票站) - SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
- WARD 3 第三選區, PRECINCT 1 (第一投票站) - COVENANT CONGREGATIONAL 教堂, 315 WHITWELL STREET
- WARD 3 第三選區, PRECINCT 2 (第二投票站) - FIRST BAPTIST 教堂, 81 PROSPECT STREET
- WARD 3 第三選區, PRECINCT 3 (第三投票站) - MONTCLAIR 學校, 8 BEALE STREET
- WARD 3 第三選區, PRECINCT 4 (第四投票站) - WOLLASTON 學校, 205 BEALE STREET
- WARD 3 第三選區, PRECINCT 5 (第五投票站) - WOLLASTON 學校, 205 BEALE STREET
- WARD 4 第四選區, PRECINCT 1 (第一投票站) - LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET ENTRANCE
- WARD 4 第四選區, PRECINCT 2 (第二投票站) - QUINCY LODGE OF ELKS 鄰里會所, 254 QUARRY STREET
- WARD 4 第四選區, PRECINCT 3 (第三投票站) - QUINCY LODGE OF ELKS 鄰里會所, 254 QUARRY STREET
- WARD 4 第四選區, PRECINCT 4 (第四投票站) - LINCOLN-HANCOCK COMMUNITY 學校, WATER STREET
- WARD 4 第四選區, PRECINCT 5 (第五投票站) - MORRISETTE POST 會所, 81 LIBERTY STREET
- WARD 5 第五選區, PRECINCT 1 (第一投票站) - QUINCY CAREER CTR. 職業中心, 152 PARKINGWAY (MAYOR WALTER J. HANNON PKWY)
- WARD 5 第五選區, PRECINCT 2 (第二投票站) - QUINCY COMMUNITY UNITED METHODIST CHURCH 教堂, 40 BEALE STREET
- WARD 5 第五選區, PRECINCT 3 (第三投票站) - ADAMS ACADEMY 學校, 8 ADAMS STREET (由 DIMMOCK STREET 進入)
- WARD 5 第五選區, PRECINCT 4 (第四投票站) - BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
- WARD 5 第五選區, PRECINCT 5 (第五投票站) - BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
- WARD 6 第六選區, PRECINCT 1 (第一投票站) - NORTH QUINCY HIGH SCHOOL 北昆士高中, 318 HANCOCK STREET
- WARD 6 第六選區, PRECINCT 2 (第二投票站) - K of C HALL 禮堂, 5 HOLLIS AVENUE AT HANCOCK STREET
- WARD 6 第六選區, PRECINCT 3 (第三投票站) - KENNEDY CENTER GYM 社區中心體育室, 440 EAST SQUANTUM STREET
- WARD 6 第六選區, PRECINCT 4 (第四投票站) - ATLANTIC MIDDLE SCHOOL 大西洋初中, 86 HOLLIS AVENUE
- WARD 6 第六選區, PRECINCT 5 (第五投票站) - SQUANTUM SCHOOL 史蘭屯學校, 50 HUCKINS AVENUE

投票站由早上七點開始，直到晚八點結束。



City Clerk 市府書記 Attest - JOSEPH P. SHEA 監証